

# Morning

## PLUS elements feed & repair

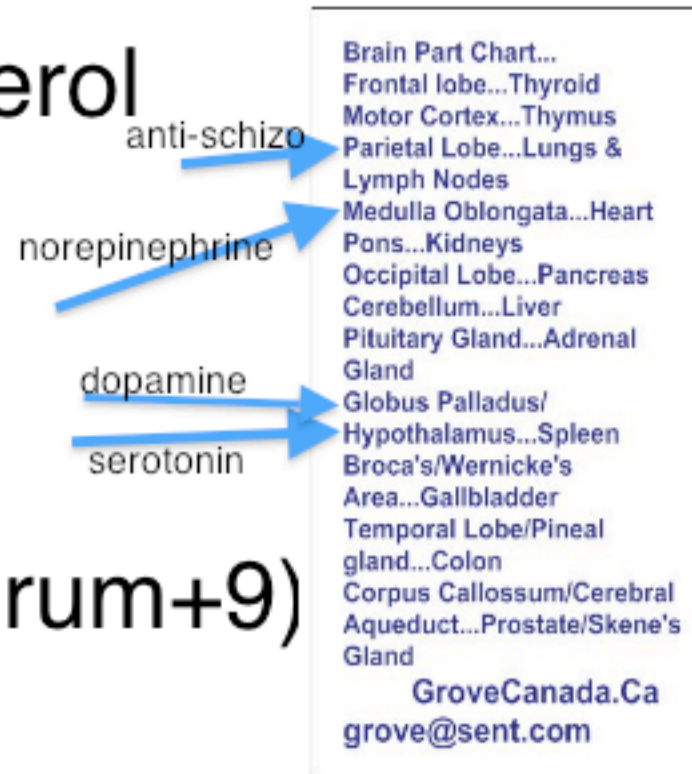
Order: TOP of Body first  
Before bottom of Body

• addressing schizo affective disorder from an orthomolecular perspective

example: <sup>1</sup>gingko biloba(aluminum+10)

memory cholesterol  
anti-schizo

# NOON



\* using Pasciflor(passion flower), Taurine Powder, Focus Formula(gingko biloba & cofactors)

\* Mimicking Abilify aripiprazole drug

<sup>2</sup>Taurine powder(Aurum+9)

norepinephrine

raise blood pressure energy

# Night

<sup>3</sup>Pasciflor(passion flower extract)

## Phosphorus+4

serotonin

sleep calm anti-panic

Body Part	Minus	Plus
Thyroid	Zinc -1	Lead+12
Thymus	Manganese -2	Iron+11
Lungs & Lymph Nodes	Titanium -3	Aluminum +10
Heart	Potassium -4	Aurum +9
Kidneys	Carbon-5	Nitrogen+8
Pancreas	Selenium-6	Sugar+7
Liver	Oxygen-7	Hydrogen+6
Adrenal Gland	Iodine-8	Calcium+5
Spleen	Copper-9	Phosphorus +4
Gallbladder	Magnesium -10	Mercury+3
Colon	Fluorine-11	Bismuth+2
Skene's/ Prostate	Boron-12	Molybdenum +1

cholesterol anti-schizo

norepinephrine

serotonin

dopamine

Note: dopamine is found in dietary caffeine products, no supplementation needed

Joseph & Sari Grove  
Artists in Medicine  
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