

Gypsum combination(Bor  
Huu Tang):

rhizoma anemarrhena=zhi  
mu=evergreen=saponins=titanium family(like aspirin or  
hemp or thc)...

Gypsum fibrosum=shi  
gao=calcium  
sulfate=Calcium & Selenium  
family...Note:sulfite crystals  
are same-so predominantly  
selenium family(not  
calcium)...

Glycyrrhizae-licorice  
root=Copper family...

Semen Oryzae=Geng  
Mi=asian rice=Nitrogen?

Pueraria Combination(Ger  
Gen Tang)...

Radiz puerariae

lobatae=gegen=kudzu

root=arrowroot=(tapioca?)

=Aluminum(cholesterol  
family)...

Herba

Ephedra=Mahuang=Copper  
family...

Ramulus

Cinnamomi=cinnamon

twig=aluminum  
(cholesterol)...

Radix Paeoniae Alba=bai  
shao=buttercup=white  
Peony root=Fluorine  
family...

glycyrrhizae=licorice root-  
Copper...

Rhizoma Zingiberis recens-  
Ginger root-Zinc...

Fructus Jujube=date=Sugar  
family

**herb powder formula from Xiaolan  
institute:titanium,selenium,copper,  
nitrogen,aluminum, copper,  
aluminum,fluorine, copper, zinc, sugar...**