
GroveCanada: The art of healing

Do It Yourself Medicine by artists Joseph & Sari
Grove

PDF generated September 10, 2016XX

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by Sari - Tuesday, August 30, 2016

<http://grovecanada.ca/?p=3834>

<http://www.wikihow.com/Use-Epsom-Salt-as-a-Laxative>

by Sari - Sunday, March 08, 2015

<http://grovecanada.ca/?p=728>

<iframe id="vp1O4bvC" title="Video Player" width="432" height="243" frameborder="0" src="https://s3.amazonaws.com/embed.animoto.com/play.html?w=swf/production/vp1&e=1425822510&f=O4bvCwvhgIXxvROJlwW4Hw&d=0&m=b&r=360p&volume=100&start_res=360p&i=m&asset_domain=s3-p.animoto.com&animoto_domain=animoto.com&options=" allowfullscreen"></iframe><p>A Mother's Love...</p>

" suicide is painless it brings on many changes and I can take or leave it if I please..." lyric Mike Altman

by Sari - Sunday, March 08, 2015

<http://grovecanada.ca/suicide-is-painless-it-brings-on-many-changes-and-i-can-take-or-leave-it-if-i-please-lyric-mike-altman/>

This is a 30 second video I made using Animoto's free online software for #InspireNigeriaProject...Inspire Nigeria Project welcomes your own videos about how to convince someone not to commit suicide...Just put in the hashtag #InspireNigeriaProject next to the link to your film short, in Twitter comment...

Mine is called "A Mother's Love" (which is the title of the music in the background also...)

[A Mother's Love...](#)

"How were you diagnosed & how did you know when your breast cancer lump was benign?"

by Sari - Sunday, August 28, 2016

<http://grovecanada.ca/how-were-you-diagnosed-how-did-you-know-when-your-breast-cancer-lump-was-benign/>

My Answer from [my Facebook group: DIY Cancer Repair Manual-join!](#)

"I have answered these questions on my blog & in my books, but, considering how wordy I am, I can understand not wanting to sift through 9 books & an overly long blog...Ok, so...A lump appeared around Easter 2014...

I mean, I could feel it happen...I could hear a whish sound, from maybe my Adrenal gland that morning-whish, then a surge of something, then all of a sudden a lump...It was fast...Immediately I decided to pretend it was cancer & just try to get rid of it...I made an appointment with a lady Chinese doctor, & went & had Moxibustion, Blood cupping, Acupuncture, & she gave me 5 bags of herbs to simmer for 30 minutes on the stove, several times...I also started ordering every single supplement I could find...(The Whole Get-It Girl program-which is now no longer...Invented by a lady in Montana)...

I also starting taking a bunch of antiparasitics...A month later, & I told my mother...Who made me get a mammogram...I went for a mammogram & they tore tissue in 3 places...Badly...I had to postpone the biopsy 2 weeks later because I still had inner bleeding damage from the mammo...The biopsy proved no better...The doctor pierced my chest wall, & for 2 months I was drinking liquid & it was going into my lungs...(Pneumothorax it is called-small breasts, lump close to chest wall-I think it happens more often than they say-pneumonia is what you get from this...If you were wondering why you had pneumonia)...

Anyways...Bad experiences...To say the least...Got a lady oncologist...Made a BIG deal that it had to be a lady...Went to the appt...Got a male assistant who did all the preliminary stuff including an exam...Great...The oncologist spent total 5 minutes & had another patient going at the same time...Mid-sentence she walked out & left to see the other patient...It was not a good time for me...

(never is I guess, but anyway...My Dad was a neuro-ophthalmological surgeon who also taught medicine to doctors, & wrote textbooks...I expected a little more maybe than most people do...)She was trying to book me in for lumpectomy-she's checking her calendar for June 2014...I was thinking I was NEVER coming back to her or this place ever again...

I was as polite as possible...I mean, my husband said the bathrooms were filthy...This was the Princess Margaret Cancer centre in Toronto...Filthy bathrooms? No way they were touching me...Not to mention my spate of bad luck(on the other hand, had they been nice, we wouldn't be having this conversation...)Anyways...I decided I was going rogue...To be continued after I go for a health walk, be back later!

Ok, back from health walking with the husband...I should mention, even though it is out of order,

that I had an ultrasound right after the mammogram...But then a year later I had another ultrasound without anything else(You have to have a long talk with the lab people explaining how bad the mamogram was for you-in my case the mammo gave me new nodes in the healthy breast where the tissue had been torn)...The year later ultrasound was a sham too...They contacted the GP in hysterics & he became hysterical too...Apparently they had seen two new "tails" ...God forbid anybody had a brain except me...It was like dealing with an army of scarecrows(no brain)...I had to calmly explain to GP that the two tails were from the biopsy...They had neglected to notice that the first ultrasound was pre-biopsy, & the second was post...Apparently they also did not know that the biopsy needle grabs twice, & pulls back a straw of tumour material that leaves a trail, two tails exactly...Anyways...So much for using ultrasound to monitor myself for later...

Like I needed THAT kind of help!Ok so...Soon after deciding to go rogue I realized I needed some way to track what I was doing...I was writing my third book, which oddly enough, was about avoiding surgery...It became a way to monitor all the new things & theories I was having...Anyways...I started taking pictures & fooling around with them in iPhoto, the editor on the Mac computer I had...(Snow leopard version)...(iMac, Desktop)...Wow! Almost immediately I could see stuff under the skin...Just by changing the tint to all blue, oversaturating it, I could see the lump under the skin...I started doing this several times a day...Noticing colour changes every time I ate something...I figured out the difference between benign & malignant(read a master thesis on the subject online-a young man used SLIM spectral light interference microscopy)...I learned what that difference looked like...

Phosphorus...It looked like purple ants...Then I compared that to my edited photos...Purple ants! AHHH! I could SEE cancer! Once I knew what cancer looked like & what it was made of, I knew what to do...Copper antagonizes Phosphorus...I knew that...from my chart (Grove body Part chart-my original medical theory, & my first book subject)...All I needed was a decent Copper source...(Regular Copper pills don't absorb that well...)Ok, so I won't go too far with this line, I have explained the rest of that on my blogs & in my books-the punchline is Licorice root...For Copper...I was then able to see the purple ants disappearing as I took the Licorice root...My goal was no purple ants...The other photo edits came from requests-people started asking if I could translate the edits to something they could use-not everyone had a mac...Healbreastcancernaturally.com wrote about me, & I was motivated to go further...Attention helps me to move...I developed the Fotoflexer edit after that...

Then T. K. kept pressing me about how to distinguish between malignant & benign...It was too subtle in the Fotoflexer editor...I was staying at my mum's house & couldn't run back to use the iPhoto program which was better...In Fotoflexer it was a choice between light green & dark green-subtle...so I developed the Lunapic edit, JUST to see Cancer...I made it come up as purple...Easier to see...If purple was present, Phosphorus was present...More recently, I think it was C. A. S. who wanted to track size...Or was it A. H. P. who needed better size definition? Anyways...J. M. was pushing me too...Lots of love coming in...

I figured out the Pixlr edit then, to follow size change...The red edges denoted a mass or tumour or congestion-I could track that...Pixlr is so new I am not entirely certain what that red colour is showing-I actually think it is showing Hydrogen(Her2+)...(my recent comparisons with the Fotoflexer point that red colour to be Hydrogen-Liver-cerebellum)...Another lady was in danger(I cannot say her name she is quite private sorry)...But I couldn't understand why no purple was showing up for late stages...Turns out, that estrogen positive(purple present), can FLIP to estrogen negative(no purple in Lunapic), because the parasite we call cancer EATS all the estrogen, grows, & starts eating Mercury, the next element on my

chart...

So I figured out that in some Lunapic edits, the purple would disappear & a key lime colour would replace it, & that was Mercury...Mercury indicated that the cancer was progressing, growing, & now you need Magnesium in very high doses to kill that...All the way along, I was keeping track on my blog(older blogs too have much earlier work on this subject), & writing books(free on the site)...I was also "helping" people all the way along too...The more I "helped", the more I could compare my diagnostics with so called "real" diagnostics...Over time, sometimes I felt my answers were better...I could track size changes daily, cancer presence too, biochemistry depending on what you ate that night...I got bolder...

More body parts-a lung with fluid...a Liver...I could see a smoker's esophagus...Filled with lead smoke...I could edit a brain scan after someone did cannabis oil therapy(to show that even after a tumour had shrank that cancer was still present- a very important warning that tumour shrinkage is very different from killing a parasite)...Ok, I will continue in the next comment...with a picture maybe...

Here is one of the posts I wrote, back when I only had two editors to work with...The picture is from May 2015...It shows a lump with just some Hydrogen (the peach colour)on top of Yellow which is calcium...I think the Hydrogen was just some liquid I had had just before taking the picture-pretty temporary...

The lump was basically just Calcium...<http://grovecanada.ca/knowning-when-your-breast-lump-is.../> I knew at that point I just needed more Iodines to shrink it down...(unfortunately Iodines are hard on the body, make you tired, get your period all the time & eventually put you into early menopause-which I did do...I knew this was a risk...)

Afternote: I should mention...

When I thought I was all clear, I was thinking mainly all clear at the lump site...

However...After a few days of eating the Two Feathers black salve, something weird came out of my cervix area in the bathtub while I was bathing...

A small thing, not necessarily cancer, but still it was something in my body that should not have been there...(possibly a tiny semi fertilized egg?)...

When I black salved with various other black salves(Zenith Herbals, Amazon deep tissue black salve), I was NOT able to get a reaction to the entire lump to remove it...

However...There were teeny tiny bits on the surface of my skin that did react a little...So I was glad to make those bits inert too...

I had thought I was completely all clear, but there were microscopic bits that were rendered dead by the black salving...

I was basically benign at that point & I don't think those bits were doing anything at all...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

But the black salve(NOT the Two feathers one)killed absolutely anything on the site..."margins"
probably...

So what I am saying is yes I was benign, but there was still some things in my body that needed dealing
with...

"If there is a fatal error, we will automatically deactivate the plug-in" ...(ok, you know what to do!)

by Sari - Friday, March 06, 2015

<http://grovecanada.ca/if-there-is-a-fatal-error-we-will-automatically-deactivate-the-plug-in-ok-you-know-what-to-do/>

"If there is a fatal error, we will automatically deactivate the plug-in" ...

Finally...

A way out...

I had downloaded this Wordpress plug-in called "Exopin" ...

Exopin's plug-in promised to help me monetize blog posts by putting in a buy button...

The buy button led to a transaction with PayPal, & the post itself is shipped off without you having to lift a finger...

Ok, sounds great!

But it doesn't work...Sigh...When I click on the set up PayPal account details, the page comes up saying, exopin.com doesn't exist or something more businesslike...

Ok, fine...So I try to deactivate this plug-in so I can delete it...

Won't deactivate or delete or update or anything...

Finally, I go into the Code editor section of the plug-in, where all the code is laid out & you can edit it...

I wonder if I can somehow delete this Exopin thing by deleting pages of code or something, I don't know...

Then I see it...

"If there is a fatal error, we will automatically deactivate the plug-in" ...

Aha...

If I edit this code of this plug-in & I do something weird to it, which really screws it up, it is called a Fatal Error, & it will all just self-destruct...

So I on purpose deleted the whole first page of code, pressed Update, & waited...

Oh Thank God, Fatal error, the bloody thing deleted itself!!! Yay Fatal error...(apparently not having a heading page for a plug-in is fatal! Good to know how to kill these things when we have to)!

I started thinking about what I had done...

Sabotaged something in order to get it to self-destruct...

When a person who has been diagnosed with an illness, chooses to use Alternative medicine to treat their condition, the public screams: "blasphemy, there is no such medicine but THIS MEDICINE that is sanctioned by tradition, blessed by doctors, & kissed by Big Money" ...

When friends & family & neighbours & business associates, all sabotage your choice to use Alternative medicine, to say, treat your Cancer, they are planting seeds of the fatal error, the fatal error that will cause the plug-in, that person's life, to automatically self-destruct...

If you sabotage a program, enough to cause a fatal error, the program self-destructs...

Same with people...

If you sabotage a person long enough,

enough to cause a fatal error, some flaw in that program,

a flaw a person feels is so great the whole program, the whole life needs to end...

Yet that is what people do...

A person died recently after making some choices about her own medical care several years ago...

This person, over the course of those years, had to endure a steady barrage of the haters telling her she was going to die if she didn't go back to Traditional medicine...

And so on...

Sabotage...

Eventually the person being sabotaged feels they are indeed flawed...They see an error...Why error? Because if you are one person with one opinion, & there are many many many other people with an entirely different opinion than yours, then one dark day, you may start believing the voice of the many instead of your own voice...

The idea that one vote is not as good as 35 votes says to your inner mind that maybe they are right if rep. by pop. (representation by population)

So if for one second you believe the haters, then you now have an Error...

Conflict...

"The Needs of the Many outweigh the needs of the few" ...(R.I.P. Mr. Spock)

So if the needs of the many say Traditional Medicine, & I say Alternative medicine, but I am the few, then, logically, the many are right, I am wrong, I am in Fatal Error...

Now I self-destruct...

*because the program self-destructs when it discovers a fatal error...

The beautiful young woman who died recently had been sabotaged by the traditional medicine bullies, for so long,

did she stop believing her own message?

Did she find herself in Error?

When someone is climbing a mountain, you don't interrupt their concentration with insults or other noise, because, they are doing something dangerous that requires their full attention & they maybe even need some help doing it...

...& yet this is what we do to people who have chosen to use other forms of medicine to try to heal their wounds?

We are causing them to make errors...

I'm climbing a mountain, you insult me, I miss a step, now I have broken my ankle...

Could cost me my life if I am near the top of that mountain with no way down...

The next time someone dies of Cancer or some other disease you can spell,

& it was after the newspaper says: " a 7 year fight with this or that ..."

but highlights words like: " BUT SHE CHOSE not to do anymore insert word like chemo or radiation or tamoxifen or & so on..."

& then they say a list of dumb sounding vitamins: "her protocol was gummy bear vitamin c & chewing gum made from beeswax" ...

So the person who just died sounds like an idiot...

Then there is a statement from someone important because they have so many Initials or something from schools or Associations that they must be smarter than you the reader." Saying, if she JUST DID WHAT WE TOLD HER TO DO, she would be alive today" ...

Badam bump...

the mental subtext:"All Alternative medicine is idiocy, those who use it are idiots, & they will all die because, I got no money kickback from Big Pharma, 'cause they healed their Cancer with CBD Oil instead..."

Anyways...

The next time someone with Cancer says they are going rogue to the Alternative side,

tell them: "that's great and how can I help?"

G'Night Sweet Princess...

p.s. (R.I.P.)Jessica Ainscough, The Wellness Warrior, was a popular Aussie blogger, who fought with Cancer for 7 years after being diagnosed at the tender age of 22...

"They were behind me when I passed them..."

by Sari - Thursday, August 20, 2015

<http://grovecanada.ca/they-were-behind-me-when-i-passed-them/>

before I lost the 50 lbs.

I walk on the Moore Park Ravine which tucks into the Rosedale area of Toronto, just above the new Brickworks development, by the eco-pond there, with its giant snapping turtle & the Blue Heron I saw the other day...

From my home, to the ravine trail, up to Moore road, then I turn around & return on the same trail, it is about 12 kilometres...

I began last Easter 2014 when I found a lump in my breast, & didn't want to have any surgery...

When I began I was 50 lbs heavier than I am now, & the walk was shorter(I didn't double back), & it took me forever, & I'd be exhausted afterwards...

Yesterday as I came back on the return portion of my journey, a little girl sailed past me on her bicycle, energetically pushing at the pedals to go even faster...

A ways to go, & maybe 10 minutes later, I saw her, turned the other way, & crying...

I turned down the volume all the way down on my music(I listen to Rock My Run music playlists), & asked:

"What's wrong? Why are you crying?"

The little girl answered:" I don't know where my group is, I cannot find them!"

I said:"Well, where was the last time you saw your group?"

She said:"They were behind me when I passed them..."

So I said:"Well, if they were behind you when you passed them, just wait a little, & they will catch up..."

She stopped crying & felt better at this logic...

Sure enough, just as we both watched & waited momentarily, 2 more little girls approached on bicycles with an older person who was obviously in charge...

There were a few moments where we explained what had happened (I explained to the group leader that the little girl had sped ahead of the group), & then the little girl got on her bike & started to ride...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

The group leader turned to me & said: "Thank you so much..." He didn't know what else to say, how appreciative he was that I had calmed her down & helped her to reunite with the group & so on...

I put my music back on, & continued my daily walk back home, feeling enlightened by being useful...

I also thought that this was a bit of a metaphor for my life right now...

Last year, when I declined surgery, I knew I was going to have to come up with some greatness in my research if I was going to live...

I wrote 5 books after that, documenting my ideas & practices, so I'd have a record & be able to look back on my notes later...

Also for other people...

I think possibly I sped so far ahead of the group that I lost my bearings a bit...

I've been feeling lonely...

I think maybe God was telling me, with the real life example of the little girl who sped ahead, that I should just wait a little bit until the rest of the group catches up...

Then I won't feel so lonely...

[You can download small versions of all 8 books for free here on NoiseTrade](#) (who just recently offered me a space on their new site, which made me feel a bit like the group is starting to catch up to me, & me a little less lonely for the invitation)...

"Who are you?" (Sari Grove...Blog Author at GroveCanada.ca)

by Sari - Sunday, July 24, 2016

<http://grovecanada.ca/who-are-you-sari-grove-blog-author-at-grovecanada-ca/>

Sari Grove long weekend...Monday August 1st, 2016

I'm an artist...I developed some new ideas in medicine...So I wrote a book about that...Amazon said I should let people read it for free because I needed word of mouth authenticity...So I did & thousands showed up to read...Encouraged...I continued & now have 9 books...They are on Amazon, but I leave them free on my blog...In the middle of book 3, I got a lump in my breast...Book 3 was supposed to be about how to avoid surgery if you absolutely possibly could...Then I got the lump & wow...Decided this was some sort of a test...Anyways, the book became about me trying to cure cancer...At the end, I did make a huge discovery...But I did end up writing 5 more books, as I progressed in my knowledge...After being abused & mistreated by a mammogram, an ultrasound, a biopsy, & a rude oncologist, I went rogue Easter 2014...I spent my full time trying to solve this problem...No surgery, no chemo, no radiation, no tamoxifen...Hmm...So I developed my own DIY Diagnostic Imaging so I could track what all the supplements I was taking did...Over time, I refined the process...Started sharing with others...Started doing edits for people who couldn't do the editing themselves...Now people send me pictures & I edit them to see size, chemistry & presence or not of cancer...But you can do that yourself too...The pop-up window on my blog has links to instructions & more info about anticancer...(background:My Dad was a neuro-ophthalmological surgeon who taught doctors as well & wrote textbooks...My mum came from religious leaders/intellectuals/artists-It is my mum's fierce charitable ethic that gives me morality...My husband is the grandson of an Oxford educated soldier/scholarship war time physician...His mum was the highest paid computer programmer in Canada...His family are kind of famous for adopting 6 severely disabled children-they were the first here to adopt a child with Down's syndrome...This was all after they had their own biological children...Anyways...I am sort of a hybrid...Joseph helps me-mostly by doing laundry, litter boxes, housework & listening to me bounce new ideas...Our newest favorite tv program is Bondi Vet(you wouldn't believe what they are doing in Cancer treatment with animals in Australia! The dolphin who got the Nitric Oxide shot to ablate the mouth tumour, the horse who got chemotherapy beads inserted after eye tumour removal! Dr. Chris Brown is the vet's name-SASH is the small animal specialist hospital...Must see!)...Oh here <http://www.grovecanada.ca> (Message me a picture if you want me to edit for you)...

#SteveJobs #LindaMcCartney Eastman Kodak...

by Sari - Wednesday, February 04, 2015

<http://grovecanada.ca/?p=487>

Diagnosis:

Jobs- right kidney block

mccartney- left kidney block

cause- GMO grains

cure - Carbon family

the chart now shows which metals are the lightest(hint start at the bottom right)...

Male remedy - baking soda

Female remedy- olive oil

Credit- the chicken in the freezer with whipple surgery half done not by me...found block in kidneys right & left

Kidney became by association...then descent into pancreas, became impossible due to GMO grain seed assumptions made by GroveCanada team bossy gals # dot com

After Geelong, Australia consult with Brian Allen scientist...

If you have a cancer...

It is a sphere...

Heaviest metal in the middle...

Lightest metal on the outside...

So...

To dissolve the sphere, one must use the corresponding appropriate, female detoxifier...

Since we have added a 12 row to the grovebodypartchart, to account for 23 chromosomes (or 24), then we now have 12 body parts or organs, times two is 24 chromosomes, with each chromosome having a donation from the mother (minus element), & the father (plus element)...

So row 12 is called "Gender" & Minus element is Boron , Plus element Molybdenum ...

Molybdenum is an edible...

Boron is also edible...

Both are found on the shiny skin of green beans, albumen, Amniotic sac of a horse(Robert Vavra), & that shiny

Foggy coloured Sac you find lining the inside of an egg...

So if the lightest metal is molybdenum then dissolve that skin with something Boron first...

Continue with...

The lightest metal is at the Bottom of the chart...

The strongest female is at the bottom of the chart(think Stevie Nicks as Boron, or Wonder Woman as Boron)...

Then work your way Up the list/ chart, from bottom to top...

Then you are attacking the sphere/lump/cancer in the correct order...

The reason starting with IV Vitamin d didn't work exactly is because you are sending in your weakest female Zinc to attack your strongest male Lead Plomb Pb who is sitting in the middle of the prison, in the middle of the sphere, with guards all around...

Send your strongest female first, Your Boron, to attack the weakest male Molybdenum (the guy who played the lawyer on LA law Corbin Berenson)...

In marriage opposites attract...

A good marriage will cherish oppositeness...

The Valence of an element is whether it is Plus or Minus, Male or Female...

So begin your Cancer detox in this order...

Take or use or get or apply:

Boron 1

Fluorine 2

Magnesium 3

Copper 4

Iodine 5

Oxygen 6

Selenium 7

Carbon 8

Potassium 9

Titanium 10

Manganese 11

Zinc 12

Triplicates on the Periodic Table:

For example;

*(Salt)bismuth, mercury, silicon...

* salt is not one element actually it is made of Na salt +element & Chlorine Cl which is a minus - that rhymes with Fluorine & is a higher titration of such meaning same family but stronger...Like a son & a father...

Boron is found in borax(rhymes with the Lorax)! Also

Boric acid which I have heard you can drink in Geelong Australia but Should be diluted, like a lot ...(have not tried it need elf)? Sorry spell correct need elf should be "myself" ...

Hydrogen Peroxide(oxygen),

Carbon salt(Carbon & NaCl salt chlorine) ,

Essential oil in (nice smell)

Liquid dish soap (something normal)

Do It! Poulson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

All 3 together maybe equals Boron cause that is bleach & that is what people use a lot to clean clothes!
So theoretically Boron is bleach which is pretty dangerous to drink but people accidentally do all the time from overdoing it on laundry soap in the machine or dishwasher soap in the dishwasher(run a load with Tang to " heal" the burnt frayed rubber - Tang has Sulphur sugar which heals overuse of Bleach Boron)...
If you have ingested bleach too much drink Tang...I like orange flavour best!

Note: In all detox there can be overdoing it...In that case, seek the Plus element of the Minus you overdid...

Overdosing licorice root copper causes severe emotional swings-Kefir is a Phosphate that counterbalances that...I needed 4 large hugs/jugs...(it's liquid yogurt)

Botox is calcium & phosphate & it sounds like the word buttocks...

(from Sari) Please Do NOT take progesterone if you have cancer...

by Sari - Friday, July 10, 2015

<http://grovecanada.ca/from-sari-please-do-not-take-progesterone-if-you-have-cancer/>

TRUTHS:

Progesterone is the primary ingredient in all birth control drugs...

Progesterone from birth control drugs is the primary correlative to Cancer...Progesterone in foods is found in all dairy products as Calcium...

Tamoxifen is an Iodine based drug based on an herb that produces Vinpocetine, a traditional base for certain chemo drugs...

What the Bad Clinical trial said that is wrong:Advocating the use of progesterone is like telling people to drink milk every day while they have cancer...

The only reason the doctors are finding results is because they overdose people on the tamoxifen, iodine, creating lesions that need to be repaired...

If they just lowered the dose of tamoxifen to more tolerable levels it might not have so many side effects...

Confusion: But please do not get confused about the actions of progesterone regarding cancer growth...This is ONLY for people who are getting toxic doses of iodine who need that resolved...

The bad clinical trial tries to argue that progesterone could kill cancers...in layperson's terms:This article is just so misleading...Two people who have had cancer already forwarded it to me not understanding it...

Clarity: Progesterone & estrogen are not opposites...You have to lower both to attack cancer...Estrogen lives in Phosphorus things like cheese, yogurt, salmonella typhi bacterium, the rock turquoise...To lower estrogen you need Coppers...To lower progesterone you need Iodine...

But Natural progesterone & Artificial progesterone are different?

Yes they are different...But so is honey & refined sugar...But they will both screw up a diabetic's blood sugar levels in the pancreas...Natural anything is always better, I think...But progesterone raises Phosphorus levels in the Spleen either way...But yes, yogurt & kefir won't screw you up royally like birth control will...

To sum up:Do not take progesterone if you have any kind of cancer...Please ignore the new clinical

trials saying you should...They are wrong...Possibly evil...(It could happen!)

Oh but you want to send me more links saying progesterone kills cancer in this government study or this trial?

Do as you please...It's a load of bunk...But it's a free world...There are clinical trials saying licorice root, the mainstay of chinese anticancer medicine, is estrogenic...Licorice root eats estrogen...nevertheless the studies are rampant...same with ginkgo biloba...progesterone feeds cancer faster than anything I have seen...Just to irritate people further, you should see what cottage cheese does to a breast lump...It grows so fast you can see the cottage cheese on the lump...But I ain't going to antagonize the Budwig people who have been eating cottage cheese like there is no tomorrow...Flaxseed are great...Manganese...But cottage cheese...More Phosphorus than you can imagine...You are welcome to take any form of progesterone you want...But I promise you from the bottom of my heart & from my studies & the 8 books I have written, that this is the wrong thing to do...

More:

Progesterone think of as Calcium...Lives in the Adrenal Gland...Its opposite is Iodine...Also lives there...

Calcium feeds the Adrenal Gland, repairs it, helps it to work...Iodine cleans it, detoxifies it, removes gunk...

You need both in balance for health...

Cancer begins originally from an excess of calcium...Usually in women from taking progesterone based birth control drugs...Calcium...

All benign & malignant lumps have a calcium base as a start...(there are exceptions to the rule in that certain deposits in the body can be just cholesterol, or some other thing, but for the sake of clarity, let's look at the vast majority...)

So from the most broad perspective, you need to lower calcium levels in the Adrenal gland to reset the balance...

You can also lower Calcium by raising Iodine...

So, restrain dairy, & increase seaweed for example...

So from a purely theoretical basis without knowing anything personal about you, progesterone cream raises Calcium, & since you want to be lowering calcium to regain hormonal balance in the Adrenal gland, assuming you have Cancer & the diagnosis is not incorrect...

Estrogen is Phosphorus...Spleen...Copper lowers Phosphorus...

Melatonin feeds the Pineal gland in the brain...Melatonin is a stronger family member of the Bismuth family that lives in the Colon...Bismuth(think like charcoal) feeds the Colon, & Fluorine , its opposite

cleans the Colon...

Which is why Fluorine is in our water supply in cities...It cleans out coal, Bismuth...Cleans the water...Charcoal filters trap fluorine...They are opposites...

So melatonin is in the bismuth family just way stronger...It helps feed & repair & heal the Colon & in the brain the Pineal gland...Fluorine is an opposite...Chlorine is a higher strength element that is related to fluorine just stronger...

So if you swim in a chlorinated pool daily, you get chlorine in your system...That cleans out your Colon & Pineal...

Maybe you got too much chlorine, so you cannot sleep well...So you take some melatonin & sleep better...

Depends on your habits...

But Cancer tends to be a disease of excess...Too much of the feeding repair healing elements, not enough of the detox elements...

I call them Plus elements or Minus elements...

(There is so much false information about Licorice Root on the web...)Truth:Licorice root ANTAGONIZES estrogens for those who have been misled...

by Sari - Monday, July 06, 2015

<http://grovecanada.ca/there-is-so-much-false-information-about-licorice-root-on-the-web-truthlicorice-root-antagonizes-estrogens-for-those-who-have-been-misled/>

<http://complete-health-and-happiness.com/licorice-inhibits-92-breast-cancer-cells-slows-growth-83-vivo/>

(Not only does Licorice root Lower estrogen, the link above cites a study where Licorice Root antagonized breast cancer in 92 % of cases including both estrogen positives & triple negatives...)

Ok so I don't know how the false licorice root information got published...

I was looking for sources & came to a site that basically discredited all the good Chinese anticancer herbs...

The Chinese herbs are cheap, easy to get & use, & effective...

Could someone be so jealous or competitive to discredit them?

I don't know the why...

I found a bad clinical trial in Isreal & wrote to them...

Ok so anyways...

Licorice root is a Copper...

They use Coppers often in chemotherapy...

Copper antagonizes Phosphorus...

Phosphorus is like mold & is what makes a lump malignant...

Coppers kill & reverse mold...

Phosphorus is what they call estrogen...

Yogurt & cheese are also Phosphorus...

So Licorice root, Copper, kills mold, Phosphorus, estrogen...

It is the exact opposite of these false informatives...

Licorice root is the first thing I took,& most important...

Iodines second...I noticed a foreign doctor mistranslating Phytoestrogen to estrogen...

But the misinformation about it is rampant...

It is the cornerstone of Chinese anticancer treatment, though I came to it on my own from my own research into chemistry...**You will see on the Grove brain Body Part Chart that Copper(licorice root) lives in the Spleen & its opposite is Phosphorus(estrogen)...**

In the middle of writing my 3rd book is when I embarked on the journey to discover what a breast cancer lump was made of...

At the end of the book, I make my discovery (well I used a heavy duty source who had taken the time to show slides of benign breast lump under slim microscopy versus malignant-so I could compare to my own pictures)...

Once I had the theory, it was a matter of finding a source of Copper that would absorb easily & work at eradicating the Phosphorus that differentiates malignant from benign...One day my brother grabbed a black licorice candy stick, & I flashed back to my father who ate black licorice too...My Dad had Parkinson's disease which is JUST excess Phosphorus in the Spleen & Hypothalamus...

On a hunch, I wondered if licorice had something Copper in it & they both were self-medicating...(assuming my brother took after my Dad a bit)...Went to a health food store...Manager helped me...Went home with St. Francis Licorice root tincture...

Took a before picture...Drank 4 large dropperfuls of the stuff...Took a picture the next day...Lo & behold the Phosphorus in my pictures had cleared up significantly already...

(Ok I took way too much tincture & it was strong)...For the next year I took all sorts of forms of Licorice root, capsules, the herb raw, the herb boiled as tea, a syrup, the tincture, premade tea...My lump kept getting cleaner & cleaner looking in my pictures...

(It doesn't shrink things what it does is change the chemistry-Phenotypic reversion)...I now had a way to buy myself time to do my research & postpone surgical excision...

Phew! That was when everything was going to be alright for me...(Book 3 of the series is free on my site to read or download, as are all the rest of them...Paperbacks no because Amazon has to cut a tree down & a squid has to make ink, but I make no profit-though they are expensive cause of all

Do It Yourself Medicine by artists Joseph & Sam Grove <http://grovecanada.ca/>

the pictures...)

I also by the way researched all the effects & side effects of licorice root before trying it...So, short answer licorice root...Longer answer, Ginkgo Biloba, gree tea, cold brewed coffee(it's stronger), black tea, Diet colas(the artificial sweeteners are just one molecule sugar with 4 potassium-only dangerous is you are low blood pressure), Matcha tea, catechins in supplements, wheatgrass, cocaine, crack cocaine(ok just ignore the illegal stuff) ...I'll stop now...

Catechins are the things in Green tea...

Sometimes people extract them & stick them in gelatin capsules & sell them for more money because people like to take pills or cannot boil water to make green tea themselves...

Really just a fancy word for caffeine that sounds safer...Tumors shrink from Iodines...Iodine eats calcium...Iodoral pills are fine 12.5 mg a day...Stop if you feel you are taking too much...

There are other things that make them smaller in size but changing chemistry from malignant to benign is actually more important in a way because a tiny thing that is malignant is very dangerous but a giant thing that is benign you can live with...Apricot kernels will dehydrate lumps making them smaller too...

Frankincense oil even just applied topically(usually you put it in a carrier oil like grapeseed oil before rubbing it on but some people don't bother)helps too...Lots of oils in your diet helps you to poop out blockages that interfere with your efforts...Vegetables raw are great for energy & help to fill you up a bit so maybe you can forgo meat that day...

this is harder to do long term & not always advisable cause you get too low in B12)...Ginger root boiled & drunk is helpful to dissolve lead(Vitamin A not the heavy metal)...

Nuts are Manganese & lower iron which makes lumps hard...Mugwort Artemisinin is also Manganese as are bloodroot capsules...Bloodroot without the Zinc chloride is safe internally-but do the research when you feel up to it...

(Bloodroot capsules from Zenith herbals in Australia I have ordered myself)...My site is a bit of a hodge podge like me, but when you feel up to it there seems to be some good information there...

(i lay my ideas down on my blog, not all of them are cogent...)

1 Corinthians 13:2 ..."If I have not love..."

by Sari - Saturday, August 22, 2015

<http://grovecanada.ca/?p=1716>

Bible > 1 Corinthians > Chapter 13 > Verse 2

? 1 Corinthians 13:2 ?

New International Version

If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing.

I was a new member of a group called NotaDoc on Facebook...

They had a neat anti-cancer protocol that someone had mentioned in a comment in another group...

Someone asked about what they had been doing to help a child with a benign brain tumour..

In the course of the conversation, I mentioned, after someone else asked, that Tamara St. John in her book Defeat Cancer Now, had used apricot kernels(an Oxygen food), as part of many things she had done to successfully eradicate breast cancer tumours...

That she felt the apricot kernels were a significant part of her success...

That evening the administrator for the NotaDoc group started answering comments in a flurry...

I read his pronouncements with interest, since most people don't use the word "never" as in he said:"never take the Vitamin called C"...

I thought this was curious...

But some of his other bits of advice were correct...

Melatonin is not a detox element...

Poly MVA might not be right either...

Probiotics were maybe a no...

I quickly forgot the odd comment about Vitamin C...

But then there it was...He referred to my comment about apricot kernels as being humorous ...

He mentioned the song "Feelings", that he liked it too, but he wouldn't stake his life on feelings...

He made fun of Tamara St. John using her feelings to feel whether something like eating 20 apricot kernels, every morning, ground in a coffee grinder, & mixed into unsweetened applesauce for taste, had a significant effect on removing her breast cancer tumours...

My comment was humorous?

No...I understood...He was saying my comment was idiotic, that Tamara St. John was idiotic, & that he was the only smart person in this particular room...

I penned a reply...

Looked at my reply...

Didn't post it...

Thought about it...

Thought about the Bible passage where Jesus explains that no matter how smart you are, even if you can speak in the language of men & of angels, you are so smart,

that,

if you don't have love,

you are like a clanging gong,

or banging cymbals...

Just a noisy & annoying thing...

I decided this NotaDoc person was that...

Feelings, the thing they sometimes call placebo affect, accounts for more cures on this planet than so called scientific cure...

Feelings are very powerful medicine...

To mock me, then to mock the powerful Oxygenating Apricot Kernels, then to mock a breast cancer survivor who had bothered to share her success in a book, then to mock the concept of using feelings to decide whether something is good for you or not...

this was not love...

...as smart as the new ideas I was seeing were, I couldn't bear to allow this type of person to have access to my brain...

It is dangerous to yoke oneself with the wrong type of person...(yoke! I am getting Biblical here!)

I quietly unjoined the group...

the program they were using involved:

selenium, chromium, silica, & a tea called Can-gest tea which contained Boldo leaf(another Oxygen) & a few other interesting herbs...

It was the chromium that interested me...

Chromium is a powerful Copper...It was an interesting choice to me...

I also hadn't seen anyone choose Silica...I wondered about silica...

Boldo Leaf was a new Oxygen plant to me...

The Can-Gest tea had a few other herbs that would be useful in an anti cancer treatment...

It was smart...

except for there was no Iodine...

When I brought up the lack of Iodine, he said there was no need...

But he had hurt my feelings...

& when someone hurts your feelings you can be sure you aren't the only one who has had their feelings hurt...

Feelings are very important...

no matter how much science you throw at someone, hurting their feelings can undo all that good...

& if the science is bad, feelings can patch up a world of bad...

I walk away wistfully as I always do, when I leave a smart person who is mean...

I guess that is why this person is "Not a Doc"...

Perhaps the group name should be "Not very nice"...

or " Not with Feeling"...

or " not with heart"...

sigh...

I wonder if he thinks he has won the argument about feelings since I didn't bother to defend my honour...

Oh well...

Sous le Pont Mirabeau, coule La Seine et nos amours...Le Temps passe...

from the French poem le Pont Mirabeau by Guillaume Apollinaire...

it is about how the river flows under the bridge like the passing of time, the bridge unmoveable, the river always flowing like time & our loves...

as Carlyn Moulton of Oeno Gallery in Prince Edward County, Ontario, Canada would say:" Moving on" ...

Sad Note:A lady named Marian Nuzzi Scott died in June of this year...I knew her briefly, from a few Facebook groups we were both in...

Ovarian cancer is tough...I recall reading some older patient notes written to Dr. Christopher about how it was referred to as a spider cancer...Spiders are tough little creatures...

The Cancer seemed to be spreading to other parts of her body, & at one point in time, Marian wrote to me...

The answer I gave was the one & only answer I had at that time...The thing I had discovered that worked to stop & reverse spread, the thing I had worked so feverishly to discover, to find something affordable & easily absorbable & easy to find in a store...

It was also the thing that I began using myself, as soon as I figured out how it worked & that it did indeed work...

It sounds simple, but that thing was Licorice Root...My discovery began while using Licorice Root tincture made by St. Francis...I bought it for the first time at The Health Shoppe which sits South of St. Clair, East side of Yonge, about two blocks down from the main intersection there...

Jane was the employee at that store who showed me what real Licorice root looks like-a stick or twig look, told me I could chew it raw for the medicine, & then introduced me to the tincture which cost about \$18.99 I think...

Book 3 of the Grove health Science series is where I figured out biochemistry of malignancies & the presence of Phosphorus, how Copper eats Phosphorus, & that licorice root was an excellent source of Copper that absorbs well...They call it Glycyrrhizin if you want to investigate clinical trials about licorice...

Unfortunately there is a great deal of MISINFORMATION on the internet...

When Marian asked me what she could do & I told her Licorice Root, she answered back right away: "No...Licorice root is estrogenic..."

I told Marian: "That is NOT true..." In fact Coppers(think green tea)fight cancer in a beautiful way, by eating Phosphorus(think yogurt or mold or candida or salmonella)...

Licorice Root was just a good source of Copper...

I could have added more to the list: Gingko Biloba(Copper), Green tea(Copper), Coffee(Copper), tea(Copper), Copper supplements, Chromium is a very strong element that acts like Copper just much stronger, Wheatgrass(Copper)...

But she was gone...Convinced of the false information about licorice root that is rampant on the web, Marian disappeared from my reach...

Had I been more experienced, trained maybe, I might have known just what to say to convince her...But I was furious...Furious that I had offered a helping hand when someone might have needed it most, & my hand was rejected...

Anyone who wonders about estrogenic things should know that the word estrogen will indicate presence of Phosphorus...Things with Copper in them can halt the spreading nature of Phosphorus...Phosphorus is what makes a tumor malignant...The Salmonella Typhi(Typhus) bacterium gives off a Phosphorus signature when you image it/them...

You can actually see these bacterium in the DIY pictures I teach people how to do themselves...See the sticky post at the first page of my website for the how to see your own lumps, under the skin, in colour, with chemistry notes & size & more...I explain how using an online free program called Fotoflexer but also the Mac iPhoto program can edit photos too...Both have their own unique value...

I was not able to help Marian & I was sad for that...I did try again later...But some dumb wrong study online had convinced her & that was that...

Later, I saw a comment where Marian reiterated that she felt that Cannabis oil was estrogenic too...

I think what was happening was things were spreading despite the good that various medicines were doing...Ovarian cancer, Spider Cancer, is tough...

Think how strong spiders are...We marvel at their ingenuity...Dr. Christopher used to recommend vaginal boluses for a long period of time for spider cancer...A Bolus is something you fill with medicine & insert vaginally like a tampon...

After 6 months of using a vaginal bolus, one of his lady patients with spider cancer had success...Something came out in the toilet one morning...Apparently it was doing the backstroke in the water!(I am embellishing)...

I am sorry this beautiful lady died...I am sure she went to heaven & is resting a bit after her valiant struggle...

Comes to mind that story: <http://epistle.us/inspiration/godwillsaveme.html>

God Will Save Me

A terrible storm came into a town and local officials sent out an emergency warning that the riverbanks would soon overflow and flood the nearby homes. They ordered everyone in the town to evacuate immediately.

"A faithful Christian man heard the warning and decided to stay, saying to himself, "I will trust God and if I am in danger, then God will send a divine miracle to save me."

The neighbors came by his house and said to him, "We're leaving and there is room for you in our car, please come with us!" But the man declined. "I have faith that God will save me."

As the man stood on his porch watching the water rise up the steps, a man in a canoe paddled by and called to him, "Hurry and come into my canoe, the waters are rising quickly!" But the man again said, "No thanks, God will save me."

The floodwaters rose higher pouring water into his living room and the man had to retreat to the second floor. A police motorboat came by and saw him at the window. "We will come up and rescue you!" they shouted. But the man refused, waving them off saying, "Use your time to save someone else! I have faith that God will save me!"

The flood waters rose higher and higher and the man had to climb up to his rooftop.

A helicopter spotted him and dropped a rope ladder. A rescue officer came down the ladder and pleaded with the man, "Grab my hand and I will pull you up!" But the man STILL refused, folding his arms tightly to his body. "No thank you! God will save me!"

Shortly after, the house broke up and the floodwaters swept the man away and he drowned.

When in Heaven, the man stood before God and asked, "I put all of my faith in You. Why didn't You come and save me?"

And God said, "Son, I sent you a warning. I sent you a car. I sent you a canoe. I sent you a motorboat. I sent you a helicopter. What more were you looking for?"

1)Detox 2)Repair 3)Heal 4)Normalize...Which PHASE are you in right now?

by Sari - Tuesday, July 21, 2015

<http://grovecanada.ca/1detox-2repair-3heal-4normalize-which-phase-are-you-in-right-now/>

Which PHASE are you in right now?

1)Detox: Get rid of all the gunk clogging up your system

2)Repair:Fix any damage in all your body parts

3)Heal:Heal from all wounds

4)Normalize:Get back to a "Normal" lifestyle

Do It! Foulson Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

1)I am a moron...2)Ginkgo Biloba is NOT in the Copper family...3)I'm very sorry...

by Sari - Monday, August 22, 2016

<http://grovecanada.ca/1i-am-a-moron-2ginkgo-biloba-is-not-in-the-copper-family-3im-very-sorry/>

"Did I answer this already?

I feel like this is deja vu...

Remind me to edit my books...Lord I need an editor!

I am sorry...

I am a moron...

I have been studying Ginkgo Biloba for years & have gotten it wrong several times...

I couldn't get a handle on it, because it turns out it is a Plus element...

I couldn't understand how people could say it was a detox thing, but it is actually a repair type thing...

Screw up...

Mine...

I am wrong...Not a Copper...

It won't kill you, but it isn't Copper...

I swear I am an idiot sometimes...Seriously...

It will boost memory, give energy, act a bit as a laxative, but...

Is not a Copper...

Won't kill cancer...Total mistake...

Sue me...Really...

I'm sorry...

Making sure to put this comment into a post...

now..."

p.s.It is actually in the Aluminum family...Duh...No wonder I couldn't figure it out...Memory booster...

17 min. talk by Sari Grove about N.I.D.I. Non Invasive Diagnostic Imaging...

by Sari - Thursday, July 28, 2016

<http://grovecanada.ca/17-min-talk-by-sari-grove-about-n-i-d-i-non-invasive-diagnostic-imaging/>

[tiny Talk \(17 min\)-"N.I.D.I." by Sari Grove\(Non Invasive Diagnostic Imaging\)](#)

[More about N.I.D.I. \(How to Page\)](#)

4 things to do now if you have Cancer...

by Sari - Sunday, February 14, 2016

<http://grovecanada.ca/4-things-to-do-now-if-you-have-cancer/>

I was writing to someone today, someone who has Cancer, & decided to share my 4 quick tips here too..

1)Take large amounts of Licorice root(extract, capsules, tea, simmer the herb & drink)...This kills the creature called Cancer...Really...

2)Read My raw food diet secrets & cure by Helen Hecker...Then go on a raw plant based diet...

3)Do the Humaworm 30 day antiparasitic cleanse...

4)Get a decent Liquid Kelp supplement locally & drink copious amounts of it daily...Iodines shrink tumours & kick start Adrenal Gland...

These 4 things, if done seriously, & for a long time, may just be enough to kick your Cancer to the curb...

There are more things you can do...But let's keep it simple for now...

Do It Yourself Medicine by artists Joseph & Sari Grove <http://grovecanada.ca/>

4 types of chemotherapy & their alternative...(breast cancer protocol)

by Sari - Wednesday, June 08, 2016

<http://grovecanada.ca/4-types-of-chemotherapy-their-alternative-breast-cancer-protocol/>

Note: I have added a few more chemo types to make this post more comprehensive...

This 4 type chemo program was offered to someone recently with breast cancer...

4 chemo offer at princess margaret in toronto

Fluorouracil - Fluorine:Colon(Pineal Gland(, antagonizes Bismuth...Alternative Moringa Oleifera powder...

Epirubicin- Zinc that lowers Lead in Frontal lobe & Thyroid gland...Alternative high dose 50,000 iu per week Vitamin D 3, liposomal vitamin C megadose...Citrus fruits like pink grapefruit, lemon, orange juice

Cyclophosphamide - mustard- Another Selenium that lowers blood sugar in Pancreas...(occipital lobe) Alternative Pancreatic enzymes Wobenzym, garlic, cayenne pepper, l- lysine

Docetaxel /Taxotere-Iodine: antagonizes Calcium, Adrenal Gland(Pituitary gland)...Alternative - Iodines Iodoral , Liquid Kelp or kelp pills in high dose, Seaweed extracts & powders, seaweed salads & sea vegetables

Adding to this list:

Abraxane is in the Taxane class of chemo drugs:hence it acts like Iodine(& Vinpocetine) if you are looking to duplicate it alternatively...

Carboplatin & Cisplatin:Act like antibiotics-they lower blood sugar in the Pancreas...Alternatively use Pancreatic enzymes, raw garlic, hot peppers, black pepper, mustards, cruciferous vegetables like cabbage & broccoli & bok choy...

Cisplatin/Taxol/herceptin: Combo for triple negative or inflammatory breast cancers...So if you want to mimic a winning chemo combo, Cisplatin is in the Selenium family on our chart, Taxol is an Iodine, & Herceptin is an Oxygen-so an alternative combo might look like-Pancreatic Enzymes(Wobenzym),Vinpocetine (Pure Encapsulations)Note:Vinpocetine is in the Iodine family & is used in real chemo too, & B17(FightingTogether.org store 20 mg per 10 lbs of body weight)B17 is an Oxygen that is also in apricot kernels 1 per 10 lbs of body weight...

More types of Chemotherapy:

Methotroxate

Methotroxate inhibits Folic acid(which is Aurum B12 on the chart), so it is a POTASSIUM chemo...(lowers blood pressure, good for those with MTHFR gene mutation)...

Vincristine chemo is an Iodine:

Vincristine

You can mimic Vincristine chemo with Madagascar Periwinkle herb...Also Vinpocetine supplements are very similar...Seaweed supplements powders & liquids are close too...Kelp things too...Algae as well...

Etoposide:Is an Oxygen class chemo drug that cleans out the Liver...

etoposide oxygen

methotroxate, cyclophosphamide, cisplatin, etoposide, vincristine

(example of a chemo strategy used for a medulloblastoma)...

<http://cancercompassalternateroute.com/testimonials/brain-cancer-healed-with-natural-therapies/>

COMMENT by Sari Grove(explaining the chart):

"Ok, so the chart is called the Grove Body Part Chart...It shows 12 body parts...The last row called Gender is the prostate gland in men & skene's gland in women...Ok...So Each body part has 2 elements...They live in balance...for health...They are opposites...The Minus element detoxes or cleans the body part...(some people say "methylates")...The Plus element feeds or repairs...So for an anticancer protocol you need one of each of the Minus elements...To clean each body part...There is also a brain part chart that connects...I will add that...Ok...Now the elements on the chart are representatives of families of things in the real world...For example-Copper could mean coffee or tea or licorice root or coriander...Magnesium could mean epsom salts or exercise which raises magnesium too...Fluorine is in Moringa Oleifera...Boron is in small flowered Willowherb but also in Borax...Titanium is in white willow bark or hulled hemp seeds or hemp oil or mint or oregano or holy basil or basil or aspirin even...Manganese is in nuts & sees & Flaxseed oil & bloodroot tincture & mugwort herb & nutmeg...Zinc is in vitamin c & fruits & sunshine & infrared lightbulbs & saunas...I do explain this on my blog & in my books, so this is the Cole's notes form...Your chemo regime covered the 4 areas I circled...Potassium/methotroxate, Selenium/cyclophosphamide & cisplatin, Oxygen/etoposide, & Iodine/vincristine...By arranging strange words like the chemo names or herb names into categories it is much easier to know what they do & what body part they help..."

Vinorelbine is made from Rosy Periwinkle...You can buy the herb Periwinkle & just simmer in water & drink...That was a facet of my DIY chemo...Vinorelbine is in the Iodine family...

Perjeta (used for Her2+ in combination with Herceptin); is made from antibodies produced in Hamster Ovaries...(one might guess that it produces a Copper type effect-since the ovaries contain both Phosphorus & Copper, & the active medicine would be the Copper family...but that is a guess for now, sorry...)

[SUBSCRIBE to get New Blog Posts](#)

by Sari - Saturday, April 04, 2015

<http://grovecanada.ca/subscribe-for-new-blog-posts/>

A better way to look at acidity & alkalinity...

by Sari - Tuesday, May 19, 2015

<http://grovecanada.ca/a-better-way-to-look-at-acidity-alkalinity/>

So, there has been alot of talk in the Alternative Treatment Cancer groups on Facebook about acidity & alkalinity...

It seems that the published menus are very counterintuitive...People are having problems sorting out what is what...

I am, going to offer some clarity to this situation...(in my egotism)!

The MINUS elements on the Grove Body Part Chart(& the Grove Brain Part Chart) are DETOXIFYING elements...(Choose those for your alternative anticancer treatments)...

The PLUS elements are nutrifying elements, but also might feed the Cancer...So be sparing in the Plus elements...

If you want to use the terminology acidic or alkaline, then according to MY charts above, the Minus elements are all acidic, & the PLUS elements are all Alkaline...

This makes better sense than what I am seeing in the online discussions...

For example, Coppers are acidic-think coffee...Yes, it's a detox element...Minus on the chart...

Nitrogen is Alkaline, feeds the body, think vegetables...Plus element on the Chart...(however, switching out meat for vegetables means you are getting LESS of a Plus element because as you go down the Grove Body or Brain Part Charts, the Plus elements get weaker...)

& so on...

I have seen so many people scratching their heads on this acidity alkaline question-mainly because the list given is just so counterintuitive...

If you want to learn more about my DIY Medicine ideas (based on the Grove Body Part Chart), you can take a course(of the same name) provided by GinkgoTree, our kind hosts...

[DIY medicine Course on GinkoTree is \\$20\(goes directly to GinkgoTree for providing the hosting-we get zero\)...](#)

thanks, Sari Grove(& Joseph Grove my mate)

Hope this post clears up a few things for you...

UPDATE:I had some clarity on the alkaline acid idea as it relates to the Grove Body & brain Part Charts, this morning...(fri may 29 2015)

here it is...

"If you eat a minus Element it takes out a plus-eat acid you pee out an alkaline..."

Which supports my own theory that Minus elements LOWER Plus elements, & vice versa...

My theory is that each body part(& corresponding brain part) has 2 elements inside that live together as opposites...

A Minus element...& a Plus element...

Eat a Minus element & it lowers the Plus element, its opposite...

Eat a Plus element & it lowers its opposite partner, the Minus element...

SO...

If you eat a LEMON which is acidic, & a Minus element on our chart(Zinc family), THEN, you remove its partner, Lead(think potatoes or Vitamin A or carrots or bonemeal or bones), its corresponding opposite, in the Thyroid body part...

So you will pee out potatoes if you eat a lemon(in theory)...So your pee will be more Alkaline...Eat a potato & you will pee out your lemons-your pee will be more acidic(ok that is harder to get your head around)...

Try this one...If you eat alot of glutens(Nitrogen on the chart), you will pee out Carbons...Ok, still a little harder to visualize than I had hoped...

But anyways...

That is why I think I could not get my head around this whole Alkaline diet thing...They lost me at lemons...

But now I see why...

Their diet in fact echoes my own ideas...

Minus elements, lemons for instance, cause a LOWERING of Plus elements, so you pee out Plus elements, which are Alkaline...

Thus your pee will be more alkaline if you eat acidic lemons...

However...

It brings up a conundrum...

If you eat an acidic lemon, which makes you pee out alkaline things, then your pee is more alkaline, BUT IS YOUR BODY ACTUALLY MORE ACIDIC???

If I throw out a lot of luggage, & you measure my garbage & say there is a lot of luggage there, it would be false to assume I HAVE a lot of luggage...Why? I have just thrown it all out...I now have ZERO luggage...

So judging someone's body by what is in their pee may be false...

If I eat a lot of lemons, my gut says my body will be more acidic...However my pee will show on PH tests to be more alkaline because I am excreting all my alkalinity...

I am also possibly upsetting my homeostasis, that nesting place where my body is balanced...

Balance is key...Imbalance is disease...

Which I guess is why many cancer patients starve themselves to death...Cachexia...because they are told to eat so many theoretical lemons, & are not told when to stop...But too many lemons causes endless breaking down of your Plus elements to the point that you are now so imbalanced that your body shuts down...

Like taking too many baths...Ruins your natural oils & your hair is frizzy & dry...Bathing like everything else has to be done with rest breaks in between...

I am not running out to buy PH strips to measure the Ph of my pee or of my saliva...

But it is an interesting idea, & I will return to this topic again...I do like the idea that people are exploring chemistry though...

Sari Grove

A comment about Triple negative cancer & Lyme disease...

by Sari - Friday, July 08, 2016

<http://grovecanada.ca/a-comment-about-triple-negative-cancer-lyme-disease/>

"It is the sulphur in cruciferous vegetables that is the active ingredient...Sulphur is also in antibiotics, garlic, mustard, horseradish...Colloidal silver works the same way...Hot peppers, sriracha sauce, wasabi, cayenne pepper, black pepper, ginkgo biloba- also all work the same way...They all lower blood sugar in the Pancreas & Occipital lobe...For Lyme, of course, all of these could be taken at different times- standard treatment starts with mega antibiotics so best to go whole hog with alternatives...This is superhumaworm, their natural antibiotic, their Lyme recipe...There is a strong correlation between Lyme & Triple Negative, & I think that they may at times be mistaken for each other...Treat the Lyme with everything you got & you may help to reverse the triple negative...Lyme hits the body parts gallbladder down...Which many anticancer protocols miss...So...Magnesium, Moringa Oleifera, Small flowered Willowherb...That covers the gallbladder, the colon, & Skenes gland...The picture attached covers the other body parts that usually people remember...Just remember - herbs are weak- they are not drugs...So you have to overdo everything if you go alternative...Triple negative needs to be nipped in the bud fast...No wait & see- hit it hard & fast...Raw plant based diet, daily very far long walks...Sunshine like crazy for the D...Don't mess around with ideas that are risky- no dairy no sugar no gluten no meat no messing around...Humaworm antiparasitic for sure...Humana tea too...Consider the Two Feathers black salve internally(\$125 a jar so be prepared)...Bloodroot capsules from Zenith herbals are a cheaper route...(the doublestrength ones)...Also don't forget that the doctors can make mistakes with diagnosis- don't hold on to everything they say- it could be worse, it could be better... Anticancer chart by Sari Grove

A different perspective on GcMaf & why all those holistic doctors are dying...

by Sari - Sunday, May 15, 2016

<http://grovecanada.ca/a-different-perspective-on-gcmf-why-all-those-holistic-doctors-are-dying/>

Some background on that...Different perspective so hold your horses...GcMaf was based on colostrum...Which is a milk product...Warning signs should go up now...A bunch of Swiss cancer patients all died on it...I know a lady who bought some of it- 7 thousand dollars! Waste of money she had a histamine reaction...She is broke now...Autistic children got worse...They took a whole pile of money from a whole pile of people & children who got very much sicker...Feds shut them down...A bunch of holistic doctors profited on the deaths...Dead people don't speak...Many others recommended it...I bet one of the family members of the dead people is going around killing those who recommended this scam...

A few extra snippets that I am doing to help prevent DCIS(a pre-Cancer stage) from becoming anything worse...

by Sari - Thursday, April 23, 2015

<http://grovecanada.ca/a-few-extra-snippets-that-i-am-doing-to-help-prevent-dcisa-pre-cancer-stage-from-becoming-anything-worse/>

A few little extra snippets that I am doing in my fight against DCIS...(It's a sort of pre-stage before Cancer, in the breast)...

I am taking an Apple Cider Vinegar (zinc family)supplement that also contains Potassium & Boron...

I am taking Grape seed Extract...(oxygen family)

I am happy to be reading articles such as the one linked below, that confirm my own theory that caffeine is very useful in fighting anything related to breast Cancer & DCIS...

<http://www.lunduniversity.lu.se/article/more-detailed-findings-confirm-that-coffee-protects-against-breast-cancer-recurrence>

Sea Vegetables like Kombu contain tons of Iodine! (Iodine shrinks the calcium aspect of breast lumps, malignant or benign...)

iodine-<http://www.onegreenplanet.org/foodandhealth/iodine-in-a-vegan-diet/>

Apricot kernels are a rich source of oxygen that dehydrates lumps & tumours...

Butcher's broom is also Oxygen family...

Boron is like the Copper family but way stronger...

Ginkgo biloba is Copper family too...

Do It! Pearsen Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

A lot of *** Oxygen...Beau! Blioblastoma...BORON! Cerbral Aqueduct!

by Sari - Sunday, June 07, 2015

<http://grovecanada.ca/?p=1293>

Montreal:Beacoup du' Oxygene. '

Chandelier; Eglise'_ Colonme Dorix cIonic Asrerisk & et Obeliske_

Corinthinaian' nez _

nature morte still life kurt vonnegut ibsaen ibsen_

voltaitre taises z toi el dorado the citry of city urnbain urbain saint of gold_ ayurm aurum

ayurvedict _ ayerveddah_ aveda_

titanium tea'

keith jarrett piano mo kaufmannn flute f;autist l_ ; '

treble clef base bass clef fishing en pechantnt en pechant pecher z la p'eche_

jaune calcium

violet phosphorus

rouge feemme femme Pbheat map_ chaude carte (la chauve souris)

/bleu male Pb Color Rotate _Couleur Rotations __plombum plumbum Pb Louis Armstrong Arm n'
Hammer_

(Kurt Weill Die FlederMaus :)

rouge Leader Lead

alcools guillaume appolinaire l -pl_

punct!

lp-

recording disc cd player n learn'

Verte vert humaine bonne sante'

transparent verdi gris Hydrogene' H comme les nuages aspect ratio settings ___-

Blanche neige Iron Fre Fe ferre ferrogamo

Ferdinand leger' Brancusi Constantin Botero Dog Chien Bobo P;a Planeteriaum terre nova terrerium
ROM CD-Rom DVD NTSC_check oui!

Texas, Austin

rip NGI eingo eingo eingo and bingo was his name _o G. (GIGI)

g lioblastoma corpus callosum Gladiator blue tint lead Pb, b lioblastoma_ 'boy gender cerebral aqueduct b
prostate aeroplane fly red hot chili peppers 'cest mon avion' it's my airoplane aero bars chocolate is
aluminum for the senes s senekot cocoa cacao bean calabar bean \$\$\$

A massive scam...GcMaf...

by Sari - Monday, August 22, 2016

<http://grovecanada.ca/a-massive-scam-gcmf/>

I am gathering information about the GcMaf scam here & will update this post as I get more info...

Messages about: "GcMaf is a useless dangerous expensive scam...The children with autism got much worse...The people with cancer died...The doctor suicided when he knew they were on to him...The stories on Facebook are paranoid rumours...The Washington Post had Woodward & Bernstein who caught Nixon...(regarding people slamming the Washington Post story outing the scam)"

There is not one clinical trial concerning GcMaf...

All the literature comes from people who sell it...

"Feeling better" after taking this product does not mean cancer is gone, or tumours have shrunk...

What I know is that a group of Swiss cancer patients died after taking GcMaf...

The company was shut down due to unhygienic practices...

One lady I know, her tumours doubled in size in 6 months...

Another spent 7 thousand dollars only to have an immediate histamine reaction-which is classical of something that is made of cow breast milk extract...

Most sane people know not to use dairy when they have cancer, yet this company has brainwashed people into believing this will help...

Sure if you drink cow breast milk you will "feel better", "have more energy", but what is it doing to cancer & tumours??? I think thousands of people got scammed for large sums of money & knew it-& that is when these "doctors" started dying...

If there was murder involved, it would be the families of those people who spent all their money then died...I think GcMaf is a massive scam...

Massive...

Yogurt, dairy, cow breast milk-nobody with cancer should be touching these things...

It is a known...

More(the cream):The cream has the GcMaf colostrum extract in it too...caused the same histamine

reaction (hives) in someone I know...(as the injections did in someone else)...Histamine reactions indicate also that the extract in Gcmaf is not only high in Calcium & Phosphorus(classical for colostrum), but cholesterol...GcMaf is like drinking milk, eating cheese, & having eggs for breakfast...Sure you will feel great...But wow, watch those tumours grow! (as you watch your bank account shrink)...

More: "I have not thought about it at all...The notion that people with cancer want to inject themselves with cow breast milk extract is insane enough...That they want to spend 7K each, more insane...That there are no trials at all or anything scientific besides the people selling it making stuff up is worse...That GcMaf was actually designed to be sold to children with autism, & when these children got very very much worse, that they decided to remarket their product to cancer patients...They were shut down due to the fact that they were doing illegal things in their factory-like one of the workers was using his own blood to make product...or they were using things labelled not for use on humans...That kind of thing...They were not shut down because they were curing autism or cancer...When one of the "doctors" was found out, how much money they had taken from people, how much of a scam this was, how long he was going to jail for, he apparently suicided...Then the whole conspiracy thing began...The linkage between ll these doctors dying is pure facebook mythology...There is absolutely no necessity to say that these deaths are even related...if they are, it is not because they were curing cancer that is for sure...It was clear early on when cancer patients started dying very quickly after taking the product...It is a load of bunk...That people with cancer want to take milk or cottage cheese or cow breast milk or whatever dairy product, is pure idiocy...The people I have seen eating cottage cheese daily are ulcerating or have metastasis...No clinical trials on cottage cheese either, despite it being a very old theory..."

<http://www.snopes.com/2015/07/21/five-holistic-doctors-dead/>An article going through the facts about the so called deaths of holistic doctors, separating truth from rumour, & explaining that this, is, of myth, & hype...

A new idea vis a vis the shots that babies have to get...(or could get)...

by Sari - Monday, July 13, 2015

<http://grovecanada.ca/a-new-idea-vis-a-vis-the-shots-that-babies-have-to-get-or-could-get/>

swanee is a 5 foot long concrete sculpture

Instead of giving all the shots at once which might trigger a reaction,

Why Not,

Give one shot...

Let the baby recover...

Go back to the Doctor,

get the next shot,

recover,

then when the baby is fully recovered from the second shot,

go back to the Doctor,

for the third shot...

& recover...

It seems to me that getting three shots, or two shots, at once, causes a drain on the system that is unnecessary,

not to mention, if the baby does have a reaction,

how do you know which shot was which when you give more than one shot at a time?

yes, it is a pain in the a-s to go back to the Doctor's office three times or two times...

but isn't it worth it in the long run?

re:Just spent the afternoon watching a 12 month old baby try to recover from 2 shots at one time...neighbour's baby...



A powerful anticancer combo!

by Sari - Sunday, June 19, 2016

<http://grovecanada.ca/a-powerful-anticancer-combo/>

Ok...So you have to pick two things that you are going to take right now for your anticancer regime...You are starting out & have to choose because you are on a tight budget...Or you are stuck & are in trouble...These two things provide the most bang for your buck...

Humaworm antiparasitic ...

<https://www.humaworm.com/humaworm-formula---dosing.html>

Contains:" HUMAWORM For ADULTS

Black Walnut 200mg

Wormwood 100mg

Cloves 100mg

Thyme 100mg

Garlic 200mg

Fennel 100mg

Cayenne 100mg

Ginger 100mg

Gentian 100mg

Hyssop 100mg

Milk Thistle 100mg

Marshmallow root 100mg

Pau D' Arco 200mg

Burdock 100mg

Elecampane 100mg

Fenugreek 100mg

Licorice 100mg

Barberry 200mg

Cascara Sagrada 25mg

Senna 25mg

Sage 100mg

Psyllium 200mg

Yellow Dock 100mg

Cramp Bark 100mg

Peppermint 200mg

TOTAL 2,950 mg per daily serving. Dosage is 2 capsules in the morning and 2 more capsules 12 hours later. EXAMPLE: Take 2 capsules at 7am then 2 more at 7pm. Take your HUMAWORM at least 30 minutes before meals - this will ensure that the parasites will get a good belly full of parasite killing herbs instead of your good nutrition!"

Zenith Herbals bloodroot capsules...

<http://www.bloodrootsalve.com>

Here are the capsules <https://www.zenithherbal.com/product/bloodroot-capsules/>

A quick anti-cancer protocol based on my own experience...

by Sari - Friday, February 27, 2015

<http://grovecanada.ca/?p=623>

A raw plant based diet beats fasting...

by Sari - Saturday, May 28, 2016

<http://grovecanada.ca/a-raw-plant-based-diet-beats-fasting/>

A short post about that Candida Thrush icky feeling in your mouth...

by Sari - Monday, May 11, 2015

<http://grovecanada.ca/a-short-post-about-that-candida-thrush-icky-feeling-in-your-mouth/>

Every once in a while I'd get that Thrushy Candida slimy feeling on my tongue...

I didn't know what was causing it...

Anyways...

I've been living with my mother while she [was getting through shingles pain...](#)

One day we went to an Italian deli for a quick lunch...

I let my Mum choose, while I went to the bathroom...

My mum chose cheese cannelloni, & boconcini cheese salad with tomatoes...

It was a cheesy lunch...

Soon after, I got the weird feeling in my mouth...

For the first time, I was able to identify the guilty instigator...

Cheese is in the Phosphorus family, like yogurt, & liquid yogurts like Kefir, & probiotics...

Its opposite in the Spleen is Copper...

So to deal with thrush candida, you need Coppers...

These include, Licorice root, Coffee, Tea, Boron supplements(really strong copper), Gingko Biloba...

Also, reduce your Phosphorus intake...

Later that week I had the same reaction from Tzatziki, which is a yogurt base with chives & other spices...

But now I knew why...

a tumour looks like this...Mb+1 Bi+2 Hg+3 & so on...

by Sari - Wednesday, June 17, 2015

<http://grovecanada.ca/a-tumour-looks-like-this-mb1-bi2-hg3-so-on/>

reSo antagonize it with first Bo-12 then F-11 then Mg-10 & so on...

Why? because the outside of a tumour is a very thin translucent skin made of beans...

As you go inside the tumour you get to harder & harder & stronger & stronger parts...

At the very inside you have the strongest part which is Pb Lead+12 on the [GroveBodyBrainRepair Chart...](#)

***re:breast cancer...**"The most important thing I took to stop spread was **Licorice root**...I started with St. Francis licorice root tincture then added tea, the herb, capsules...For over a year...The Copper inside attacks Phosphorus...Phosphorus is what makes tumours spread...Phosphorus is what defines the difference between malignant & benign...I have seen misinformation about Licorice root online that says it is estrogenic...It is not estrogenic in fact it is the opposite...Chinese medicine uses licorice root to treat cancer & there are many clinical trials supporting its use for cancer in the Western world too...When I discovered this & starting taking licorice root, my fear of spread left me...That is the worst fear...Once you know you can stop & reverse spread you buy yourself time & power..."*

***re:brain Tumour...**"Iodoral 12.5 mg/day...Boswellia(frankincense)capsules/day...Licorice root tincture daily...Camu Camu powder daily for the Vitamin C...Apple cider vinegar with Potassium & Boron supplement daily...Lots of olive oil in raw plant based salads daily...Lots of nuts like almonds daily...Walk very far on a trail if you can daily...Take rest breaks from the diet & supplements every week..."*

About

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/about/>

Research Interests:International medical education, problem based learning, arts and humanities in medical education

About: **Art proved to be the only way to stay on the edges of knowledge...**

To maintain the possibility of originality...I have drifted nomadically through the arts, finding my path...My path...

As a child I wanted to research the brain, but avoided medical school for fear it might stifle the chance of new ideas...

Ironically, as an artist I was able to go so much further down that road...

Lots of sleep, being self-employed, good health, a good marriage, have allowed me to innovate & study at my own pace...The pace of a snail...

But it all came together in my medical theory explained in my book Grove Body Part Chart...

I have elegantly explained the human body parts & how they work in such a way as to allow most anybody to understand imbalance & how to correct that...

Yes I am proud & hope this work will move medical students & doctors forward in their march to ensure everyone has a healthy life...

Advisors:Joseph Grove

Sari Grove. V.A.S.E. (a Vase is a 'visual artist self-employed').

A short story about how I am now doing sculpture again instead of painting:

It began when I stopped painting...This has happened to me before...My eyes start to "telescope", which is a painter's syndrome...

It means that each eye starts acting independently...You look left & only one eye goes that way...Some people used to think that telescoping was a gift, that it helped you to see your subject better...Either way my Dad was a neuro-ophthalmologist & eye health was & is an important way for me to honour him... So I decided to take a long sabbatical...

Then, of course, this Virgo workaholic got bored... So I started feeding Trumpeter Swans...They were the only waterbird that I was allowed to feed with impunity...I joined the Trumpeter Swan Society because I found out that members fed these black-billed-indigenous-to-North-America winter-loving swans who make trumpet sounds, from November to April(our winter), & this was totally legal...I feed Red Ribbon wild bird seed from Canadian Tire & honestly, if I don't feed the smaller waterbirds first, the Trumpeter swans often won't eat...Very polite giants...

Anyhow...I noticed the swans weren't nesting...They didn't have nests...They were sitting on the ice...I thought that must be cold...So I decided to make them a nice nest that they could sit upon in the winter months so their bums wouldn't get cold...From my years & years of downhill skiing, which began at the tender age of 2 & a half, I felt tremendous sympathy for those who had a cold bum...As a child, sitting on those metal ski lift chairs, often in a windy icy cold climb, sometimes alone, sometimes with a kindly skier, sometimes with my brother, a cold bum was the only common denominator...

Most of the time when I skied I actually had no sense of bum at all- it's like it wasn't there, it was so numb... So I started weaving artificial Trumpeter swan nests...Took me 8 prototypes, & probably a year off & on, including help from kindly animal lovers who supported me in a grant request (from Pepsi)...Asking for money publicly online is a great way to get support & also people's opinions on your design...Once my prototype was public, I started scrutinizing it more closely than before...This led to a major design change... At some point, maybe halfway along the way, I asked for permission from TRCA to put a nest out on their land...TRCA is Toronto region Conservation Authority...They said yes but no goose could sit upon the nest...I was required to harass a goose off should that situation occur...Now I am old school & happen to know that it is federally illegal to harass a Canada Goose...So I said no...

I said I would build a giant sculpture of a Trumpeter swan & that would indicate to all waterfowl that this was Trumpeter swan territory & that geese would have to go elsewhere to nest... So then what happened is I didn't know how to build a giant outdoor worthy public sculpture that could survive Canada's winter & being near to a marina...So that is how I embarked upon another year long journey to learn how to work in Ferrocement... Ferrocement is basically ferro- or metal, with cement, actually concrete on top...It is actually a pretty-very-totally complicated thing to learn...

I loved it...So that is how I came around to working in sculpture again...(It seems to go in cycles...I

burn out my painting eyes & then I end up sculpting...The last cycle I was carving alabaster stone with a hammer & chisel...As a potato dumpling child I spent an extensive period of time learning clay & patinas & firing in a kiln at our local highly equipped 'Y' ...My mother came from a very serious couple of artist people, Grandpa's work is the founding collection at the Hockey Hall of Fame-see The Turofsky Collection at hhof.com, - & Grandma was a pianist...I inherited her long fingers...I think my brother got her toes...(His walk is that of a musician)...So my whole life I have been funded & encouraged & supported by my family...

My husband, Joseph Grove is also an artist...I say "VASE" ...VASE stands for Visual Artist Self Employed...neat eh? (I invented that acronym, but you are free to use it...) Our intact lady bengal cats are also very artistic...Bengals are both very good with their hands/paws & are naturally very helpful...So they make perfect artist assistants...They especially help in areas I might forget, like smell...If something doesn't smell right they pooh pooh it...Like the nest...To be honest, the nest design I am on now, number eight, is made of very very lasting material...But the cats aren't crazy about it...They prefer the earlier version made of cheap Sisal rope...It smells better than the polypropylene stuff...The Sisal biodegrades...The poly doesn't...

I chose the poly...But I think I am wrong & the cats are right...The cats will sit on the Sisal one...The Poly nest they didn't go for... In the end, the Sisal rope nest is like a million dollars cheaper to make...Harder work for me, but the material is way cheaper...So Joseph will be happier if I make another...It's like 45 dollars compared to 300 dollars...Or 60 to 600, depending on how well I fill in gaps...I need about 750 feet of rope...For one nest...Like a 4 foot diameter that I weave by hand on my hula hoop...I may try using 3/4 inch Sisal rope next time if I can find it...But the cats are right...Biodegradeable is a better choice...Number eight nest ended up as a base for the giant "Swanee" sculpture which sits upon a giant rock near a pond on a 45 acre property which lies on a Trumpeter swan flight path...The public permission process was too much for me, I went private...

Funny thing...As soon as the Trumpeter swan sculpture got installed, guess who showed up? The geese...Geese geese & more geese...With goslings...Omigosh goslings are so cute! So much for the territorial thing idea...Wonder when the swans will show up? At any rate, the people love love love the sculpture!!! (& I got about 12 thousand dollars, not including the cost of the nest & installation & all)... Now I am experimenting with making my own cultured marble...You will see some of the early works in the album... Sari Grove July 4th, 2012...

Joseph Grove, Sari's impossible husband...(looking angelic here, but don't be fooled)...

Sari Grove, supporting the November-men-growing-facial-hair movement...

Trivia: Sari was invited to join International Top Models at the age of 14...

One summer, in between university, Sari worked for Grolier selling encyclopedias door to door in rural country sub-divisions of Ontario...

As an adult, Sari finally got to play harps, from Remenyi House of Music in Toronto...

[Sari's Author Page on Amazon](#)

[WAMSOC Women's Art Museum](#)

About GroveCanada.Ca

by Sari - Friday, March 04, 2016

<http://grovecanada.ca/about-grovecanada-ca/>

Hi...I'm Sari Grove...(Sari sounds like Mary)...My husband is the "WE" if I refer to we...

Our field is out of the box thinking as it applies to medicine...Sort of artists plunk in the middle of a field of square boxes that need roundness...WE love to tinker with new ways to apply theories-actually building applications that will help people...The hard work is the cognitive research-the why...The fun work is making the why into a how...We welcome people who will help with the how part which often involves outsourcing experts in materials or sculptural or design...We also consult people with the why they have something, & how to fix that...Our 9 books & innovations in health are very useful to the Do it Yourselfers but also to physicians & such...I tend to give away my ideas for free mostly because I can...

Daily ANTICANCER DRINK Green smoothie recipe: <http://grovecanada.ca/anticancer-drink/>

If you have a lump or tumour or odd mole or you did have cancer & had it removed but want to see if that area is clear & safe or just want to see if you are at risk, I have developed 2 free ways to see what is happening under your skin...

One looks at biochemistry, the other malignancy...

[This post on this blog \(two ways to see a lump under the skin & more...\)explains how to do these two free editing processes...](#)

(The link at the end of the ("how to see a lump & more post above") explains what your results are in depth...)

Message Sari Grove on Facebook if you need help...(you can upload a picture to Facebook messages & I can edit for you to get you started)...

Our [9th book DIY Cancer Repair Manual](#)(our books are all [FREE on this website](#) by the way, over 25,000 people have read our books so far!) explains the processes & has an Alternative anticancer protocol that I used myself(to reverse a malignant breast lump back to benign)!

<http://grovecanada.ca/about-grovecanada-ca/> ABOUT post

[toxins...4 most likely places forgotten anticancer...PDF](#)

Miami Art Basel cell...

MP3 SNORING...



About Joseph & Sari Grove

by Sari - Monday, September 07, 2015

<http://grovecanada.ca/about-joseph-sari-grove/>

Artists innovating in the Medical Arts-warning:you can die of a typo!

1 Corinthians 13:2 If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have faith that can move mountains, but do not have love, I am nothing...

Hi...My name is Sari Grove...Sari sounds like Mary...I'm an artist...

Medicine has been my hobby for many years...As a child I wanted to be a brain researcher, but thought that if I went to medical school, that I would not have enough creative energy left afterwards to pioneer some new ideas...

So I have been puttering along, exploring life as an artist, with all the freedom that entails...

Long story short, I invented a way to see the body, that could explain imbalances & their fix, in an easy to read chart...

I called this: "The Grove Body Part Chart" ...

So I made a short 3d animated film about that, then I used the still images from that to write a book-which was a far easier way to explain things than the movie(3d animation took me about a year to learn)...

I allowed people to read the first book for free from my website, & thousands did...

Empowered, I wrote 7 more books, & called them "Grove Health Science"...

My husband, Joseph Grove, is also an artist, & helps me with just about everything...

His grandfather was a soldier who got a military scholarship from Oxford to become a Physician, & later served as a Physician in Nova Scotia during World War 2...

My Dad was a neuro-ophthalmological surgeon, who also taught interns, & wrote textbooks...

So we both had a healthy knack for medicine, despite choosing the artist's path...

We are now working on Book 9...Grove Health Science(8 books) is still available as a free read on our website at www.grovecanada.ca

These days we are straddling art & medicine...

Our "How to see a lump..." sticky post on our blog gets alot of attention, as it is a way for people for example to see what a lump under the skin say in your breast looks like, in colour, with different colours representing different elements that we identify...It is a way to take pictures of a lump, edit them yourself using a free online photo edit program, then evaluate how your alternative medicines are doing...

Of course, Sari created the 'Do It Yourself editing method' in order to see a lump in her own breast...It was how she was able to devise a protocol to stop & reverse spread, as well as to revert malignant back to benign...

The path of helping others became a more selfish path of helping herself...But as that journey is coming to an end, the lump has been basically dealt with, detox has been done, & a type of stability is establishing itself, the direction is turning back outward again...

In the course of this journey into "Cancer" (in quotes because it felt more like a journey into "Parasites"), so much more medical knowledge has been gained...

Knowing about Serrapeptase(from lung cancer applications) enabled a quick answer when speaking to someone with Cystic Fibrosis...

Having the Grove Body Part Chart(& now the Grove Brain Part Chart) as an easy reference enabled the answer of Phosphatidyl choline for Trigeminal Neuralgia...

So far, being artists, who are bridging the gap between art & medicine, is still a grey area...

Out of the box thinking when it applies to medical needs is so desperately needed, & yet we are still shy to monetize because paying an artist for a painting is conventionally acceptable, but paying an artist to help you find ways to Do It Yourself out of a medical trap might seem like lunacy...

So we have been helping people for free & continuing our research in the helping...

It is very gratifying & luckily we have enough funds to support ourselves...

Perhaps, organically, in the future, it will be natural to ask an artist to consult on medical problems that have stumped the regular crowd...

Or perhaps, the future is here...

Thanks for reading,

Feel free to write to Sari Grove directly at grove@sent.com if you have any questions about the Chart, our website, or the How to see a lump editing process...

We are also members of many Facebook groups where we get to see firsthand how people respond to certain treatments or ideas...For instance, people love the idea of cannabis for Cancer, & yet the most elegant of things, Licorice root for cancer seems much harder for people to embrace...It is not just what is right for an imbalance, there are also politics, economics, & the art of it that one has to consider...

Joseph himself should be taking melatonin to help him sleep, but he still prefers alcohol-despite his own admission that it is a clumsy help...So even when self-medicating we are our own worst doctors...

& therein lies the rub...A form of Iatrogenic effect from the doctor who self medicates...

Sari Grove

p.s.Please use the SEARCH tool at the top of the page...Type in a word you are looking for, & any articles we have written about that word will come up...

About Joseph & Sari Grove...(& a bit about an antiestrogenic herb)

by Sari - Thursday, November 19, 2015

<http://grovecanada.ca/about-joseph-sari-grove-a-bit-about-an-antiestrogenic-herb/>

(we got asked a question recently about our backgrounds...so here is that answer...)

I'm an artist...

My husband is too...

We developed a medical theory together called [The Grove Body Part Chart & wrote a book about it...](#)

Thousands of people went & read it after Amazon told us to let people read it for free at the beginning...

So we continued, & there are 9 books now...

[Free digitally on our site...](#)

(The paperbacks & Kindle versions we can't make free-but they are at the bottom number Amazon allows...)

Anyways...

We got pretty good at medicine along the way...

We are artists in medicine...

Bridging the gap between art & medicine...

It's a pretty big gap...

All this stuff we all are doing here...There's alot of art to it...

Being creative...

Thinking outside the box...

My Dad was a neuro-ophthalmological surgeon who taught doctors & wrote textbooks...

Joseph's grandpa was a soldier who got a scholarship to Oxford(military) after serving & became a

physician...

Later served in Nova Scotia, Canada, as a wartime physician...

My mum's side were religious leader types & intellectuals & her dad was a famous sports photographer...

His mum was a computer programmer back when nobody had computers...

So we both sort of have a knack for medicine combined with ethics & art...

Hybrid people...It feels like we are creating a new field...Anyways...

Feel free to message me(using Facebook messaging service)...

We are both self-employed, we have time, & for 6 months of the year here in Toronto it is cold...

(Licorice root is very antiestrogenic)...

Many ways to handle the Licorice root herb...

You can just put a bit(in a tea ball if you like) in some boiled water & let it steep, for a pleasant tea...

Medicinally, if you want to pack a punch, put more, a good chunk, into some boiled water on the stove, & let it simmer for a while until you feel the herb has given up its stuff, then drink the dark strong liquid...

It doesn't taste that good so strong, but if you are melting down & want to assuage the fear(of cancer), drink back a wicked strong dose of it...

Nothing lowers estrogen like this dark liquid & it will also fire up your energy & boost your mood...

Big anti-depressant...

I swigged it back dark strong & pungent daily as part of my DIY chemo routine...

About...Sari Grove...(a little bit...)

by Sari - Wednesday, March 30, 2016

<http://grovecanada.ca/about-sari-grove-a-little-bit/>

- Sari Grove(yes, I am growing my hair in!)

I do not work for money...I am an artist who developed an invention in the field of medicine(with my husband)which simplifies the understanding of the human body parts...(It's called The Grove Body Part Chart)...We wrote a book to explain the chart better & let people read it for free online...We got thousands of readers, & encouragement from people who were able to understand the chart...Encouraged, we have now 9 books(Grove Health Science) that build upon the first premise...In 2014, I was diagnosed with invasive ductal carcinoma left breast, & didn't want lumpectomy or anything else...So I set out to figure out how to solve for Cancer, my own...I was writing a book about how to avoid surgery at the time, so I changed the tack of that book to cancer...At the end of that book, I discovered how to handle the spread factor & reverse it...To change the chemistry of a lump rather than having a goal to shrink it...I used that discovery in my own treatment...While evaluating what I was doing, I developed 2 ways to see the lump under the skin using a regular camera & online free photo editors...I could see biochemistry & malignancy...I shared online the instructions so people could do these techniques themselves...(currently in licensing talks with an App company to make this a one stop process)...People started writing to me to edit pictures for them...So I started doing that, & using my Grove Body Part Chart, I'd often explain the biochemistry of the lump, then explain what elements on the chart to use as "opposites", to solve the imbalance...Again, I was just trying to be helpful, since I had spent 2 years full time, just researching Cancer, basically for myself...Plus my husband helped with everything along the way...So we got good at this, unfortunately...My father was a neuro-ophthalmological surgeon who taught doctors & wrote medical textbooks...Joseph's grandfather was an Oxford trained physician who served here in Canada as a war time physician...I chose not to go to medical school, because my desire was purely research, not practice at all, & I felt that if I was going to pioneer new ideas, that by the time I finished medical school, my brain would just be filled up with what people already know, & that I would be too used up to innovate...So I became an artist instead, because I felt that with that label, I was free to do anything I wanted with my life...My goal was actually brain research, not oncology, & I have been able to develop some new ideas regarding the brain already...I am an artist...My husband is an artist...We invent & think out of the box...My breast lump is benign now, happily...(though I am experimenting with black salve right now to remove what is left of it...I have switched to the Two feathers black salve, both internally & externally, & if people are interested in the coming month, I will of course post progress notes on my blog, as I always do...) People who know my work, know that I am a proof is in the pudding type of person...My credentials are in my work...My life experience dealing with cancer & eradicating it from my own body is probably more important than all my intellectual theories...

- Personal:3.5 cm lump, left breast, IDC, Easter 2014...Mammo, ultrasound, core needle biopsy...Declined all treatment...Raw plant based diet(based on Helen Hecker's book My raw food diet secrets & cure)...Daily 2-3 hour long slow walking...DIY Chemo: Licorice root herb, Madagascar Periwinkle herb, Mugwort herb- simmer in pot with water, drink brew...I also took one from each category on the Minus column of this chart...(not literally- These are families of things in the real world- ie: Titaniums are like Boswellia or hulled hemp seeds, Carbons are oils,)...I got the lump down to benign after about 6 months of hard work...Currently experimenting with black salve internally & topically to remove what is left...(Two Feathers Black Salve)...Here is the Chart I used...
-

About...The Facebook Group called : " DIY Cancer Repair Manual" ...

by Sari - Sunday, February 28, 2016

<http://grovecanada.ca/about-the-facebook-group-called-diy-cancer-repair-manual/>

<http://grovecanada.ca/my-favorite-thingslinks/>

RT

Correction:BETWEEN the time the laboratory diagnosed IDC & the Oncologist appointment 2 weeks later, my diagnosis changed from IDC to DCIS ductal carcinoma in situ...This is because it took 3 weeks after the core needle biopsy for the lab report to get to a doctor at a medical clinic who was so busy he could not answer the phone himself, & I could not be bothered going in to get my results...So I had time to continue working on the problem, which I had already begun working on BEFORE anyone else had looked at it besides me...So I had maybe 5 weeks between biopsy & onc appointment to eradicate as best I could...Which is why at the Onc appt., the assistant doctor didn't want to tell me the lab results...They were already WRONG! Yay!

Hi, I'm Sari Grove...In 2014, I had a large invasive Ductal carcinoma lump
In my left breast(diagnosed by core needle biopsy, mammogram, & ultrasound & oncologist)
...I declined traditional treatment including lumpectomy & set about to save my own life...
Crucial to that was discovering how to reverse the chemistry of the lump back from malignant to benign(spoiler alert: I used Licorice root)...
I also developed two ways to see your own lump with a camera & a computer...
I teach how to do that easily yourself on my site(see the first two posts st <http://www.grovecanada.ca>)...
But I also have been editing pictures for those who need help doing this kind of stuff...
If you need help getting started, feel free to upload a very close up picture of where you want to look at to my Facebook messages box...I can edit the picture from there & reupload the results with a few comments...
I don't charge & I am a friendly type so don't be scared...

Another update Dec. 20, 2015-Well, went back to the original title "DIY Cancer Repair Manual" due to the relative silence of this group on the update...Here's a free version in PDF of the manuscript that is on Amazon as a Kindle book...So far...(they still get edited even after appearing on Amazon)...next is a paperback version...Happy Holiday season to all! I am spending the Christmas season working on this manuscript-thank you everyone in our group for helping to make it possible! <http://grovecanada.ca/diy-diagnostic-imaging-free-book/>

Update:I ended up titling the 9th book "DIY Diagnostic Imaging", because people seemed to be more interested in diagnostic imaging than repair...Or maybe, people know about repair, & needed help with the diagnostic imaging part? Anyways...There are free versions of this book & all the others on our website at <http://www.grovecanada.ca> (there are pay for versions in paperback or Kindle on Amazon, but why pay if you don't have to? well, it is nice to have a hard copy version...But wait...I am re-editing all

manuscripts this Christmas & New year's so the hard copies will get better in 2016!)Sari Grove
DIY Cancer Repair Manual, is the title of the 9th book I am writing...Please join me in contributing your
success stories! Maybe we shall make this a book of short stories? Each one written by a different person?
This group could be the work in progress place where we share links to what we are writing...(on our blog
or wherever)...Ideas? I'm Sari by the way sounds like Mary...
p.s. make sure to go to the Files section & get the 'how to see a lump in your breast' file with links to our
free ebooks as well...

About:Sari Grove(just a bit)

by Sari - Sunday, May 17, 2015

<http://grovecanada.ca/aboutsari-grovejust-a-bit/>

Today someone asked me in an email a little about myself...I answered, then realized maybe other people would like to read some of that too...So here is an excerpt from that email response...

Sari & Joseph Grove at the Manse Inn Picton, Ontario, May 14, 2015

About age-I think that people just are who they are, that their personality just is a certain age group & they stay pretty much the same no matter what the clock of chronology says...

My mum is a 16 year old...Still have to force her to eat her vegetables...

A girlfriend of mine growing up was so mature early on-she got married & had children & a mortgage & a job, & I was still deciding which ice cream flavour I liked best...

I'm a child...Emotionally very immature...I see myself a bit in Sheldon from the Big bang Theory...very stupid about people but very smart about things...

My Dad was a baby too...Very smart but a baby when it came to relationship wisdom...

My Mum & my brother have great social wisdom, love entertaining, friends...

Joseph comes from military people...Hid grandfather served in WW1, then went to Oxford on a military scholarship, became a doctor, then served in WW2 in Nova Scotia here as a physician...Later opened up a bicycle shop(Grove Cycle & Sport)...

My credentials?

I went to a pile of universities, just enjoying learning things-I was very good at school...

Ended up calling myself an artist because I saw I'd have the most freedom there in that path...

You can do almost anything if you call it art...

I did more traditional art forms for many years, but always had a knack for medicine cause of my Dad...

It was a hobby...

I started developing a theory about how the body worked, which became the thing called the Grove Body Part Chart...

Do It Yourself Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

I showed the work to my art business coach in Colorado who encouraged me in that direction-though I was a maverick-an artist in medicine...

My first book got written to explain the chart...Createspace encouraged me to give it away for free online to get authority, an audience, word of mouth credentials...

I did thousands of people read it...

Encouraged & empowered, I wrote 7 more books, all free to read online...

Each book went further...

Book 5 gets into the brain, linking the brain parts to the body parts...

That was my ultimate goal when I was a child-brain research...

I have a new brain part chart(see attached) which links better to the body part chart-for people with concussions & other head trauma or other brain problems...

The art actually formed my skillset to be ready for this...

Art is so intense, so detail oriented, so difficult to succeed in, in causes you to work harder at things than usual...

Most artists are pretty intense about what they do...They have to be to succeed...

Joseph helps me alot...He gets medicine, but his opinions are often opposite to mine...So he provides balance...

I am a yes person, he is a no person...Which is healthy...Balanced opinions...

Which is why he gets credit on all my work...Without him I'd be too kooky...I embrace all sorts of kooky stuff...he says no...

Advice to someone just diagnosed with Cancer...

by Sari - Thursday, May 12, 2016

<http://grovecanada.ca/advice-to-someone-just-diagnosed-with-cancer/>

<http://grovecanada.ca> Come to my site...Read DIY Cancer Repair Manual(free), also RepoWoman(on free books page)...You can learn how to do your own imaging too, or upload a close up picture here & I will do it for you...After I do your picture, I can tell you better what is your biochemistry & how much(if any) cancer there is & give you some specific tips for you...Start the raw plant based diet(free book link is in the pop up when you go to the site), & start walking very far every day...Those two things change your outcome by 50%! (just diet & exercise)...To stop spread & reverse cancer, the first thing I recommend is taking a healthy gulp of Licorice root extract daily...Most important thing...You can also add in Licorice root capsules, tea, & drink the herb after simmering in water for a while...This solution was based on a theory I developed in my 3rd book(yes they are all on the site free), & it worked...

After tonsilectomy, teeth cleanings, overflossing, throat/tongue surgery to remove cancer...

by Sari - Wednesday, August 26, 2015

<http://grovecanada.ca/after-tonsilectomy-teeth-cleanings-overflossing-throattongue-surgery-to-remove-cancer/>

homemade marble concrete recipe designed by sari

Cutting into the throat(tonsilectomy)can open the body up to a whole host of bacterium who otherwise wouldn't have gotten in...

besides doing detox, it is important that all those holes from surgeries be closed up...

I found Arnica Montana (they are little white pills that dissolve under the tongue & come in small blue tubes-homeopathic I think made by Boiron, you can get different strengths...

Or pay a homeopath to help you get them...& monitor & advise...German medicine is all in with homeopathy & it is very very good...

Speaking from experience...-Dr. Reckeweg)...

To stop spread I use Amazing Grass Greens Energy drink powder with added Yerba Mate & Matcha-they are plant caffeine which is an easier source of Copper...

Coppers kill salmonella typhi bacteria which give off a Phosphorus signature in slim microscopy...(spectral light interference microscope slim)...

After using Lifewave Patches (all patches from Gold variety pack, used twice)...

by Sari - Wednesday, July 22, 2015

<http://grovecanada.ca/?p=1553>

Fig 1 shows Left mammary Gland lump AFTER using Lifewave patches twice...Edited in Fotoflexer...

Notes;What is unusual is that the "lump" has moved closer to the skin's surface & farther away from my heart...(Which is good)...

This means that when you apply the Lifewave Patch to the area on the skin where your "lump" is, that the lump will move closer to the skin's surface...This means it will be easier to get at with Botanical Surgery like, say, a Modified Moh's Patisson Naiman microsurgery...

(Frederick Moh's uses Black Paste, Patisson uses Goldenseal escharotic salve, Ingrid Naiman mentions a Modified Patisson which is Black Salve mixed in with Goldenseal salve)...

Lifewave in Fotoflexer

Fig2 Lifewave Patches edited in iPhoto...(same picture as the Fotoflexer one just edited in a different photo editing program...)

Lifewave in iPhoto Fig2

Fig 3 shows left mammary gland lump Before using Lifewave Patches...Date is on picture...July 12, 2015...Obviously this is a different picture than the first two, however change is enough to be very pleasantly surprised...

2015-07-12 11.32.29 Fig3

<http://www.lifewave.com> Look for "Patches" in the dropdown menu...

If you need to put a "number" in if you order, my "number" is 588144...

July 27th, 2015:

Manganese(to offset the chicken pieces I ate before walking), Carbon(to offset the crackers I ate in the store), Selenium(to offset the lemonade I drank before the party), Zinc(to offset the roastbeef party sandwich I ate as leftovers after the shower); this is the order of Lifewave Patches I put on today, so far...

Updated opinion:Thursday August 6th, 2015: While I do think that transdermal medicine is a wonderful new frontier, & that the Lifewave patches are surfing this wave, I feel at the moment, that the \$500.00 I spent on the package went far too quickly...I am almost done with my patches...They were fun & indeed

useful, but I just cannot afford that kind of expense on a regular basis...great idea! I am sure in the future these patches will come down in price...



Alcohol has Lead in it...

by Sari - Saturday, September 19, 2015

<http://grovecanada.ca/alcohol-has-lead-in-it/>

Sari Grove

When I take my pictures & edit them, alcohol comes up as Lead, just like red meat does...It was surprising to me so I researched & found indeed alcohol does have a high Lead content...You can offset that with things like Vitamin D3, Vitamin C, Ginger root tea, Sunshine...The other thing that comes up from alcohol is Hydrogen...You can offset that with Oxygens like Apricot kernels, Goji berries, Milk thistle...Some people burn those things off quickly though, so they can drink...Depends on the person & how active they are...Insomniacs tend to burn off alcohol fast, athletes too...The sugar is another issue...Offset with Lysine, garlic, selenium, pancreatic enzymes...

Sari Grove

I found this study which says that actually wine has more Lead...(wonder if organic wine has less though)...

<http://www.ncbi.nlm.nih.gov/m/punnet/2920666/>

High blood lead level in alcoholics: wine vs. beer. - PubMed - NCBI
Drug Alcohol Depend. 1989 Jan;23(1):45-8. Comparative Study
ncbi.nlm.nih.gov ·

All Coppers are Anti-Parkinson's!

by Sari - Tuesday, May 10, 2016

<http://grovecanada.ca/all-coppers-are-anti-parkinsons/>

For Parkinson's disease:

Licorice root (extract is great), is in the Copper family...Other Coppers are, Copper pills, coffee & tea & green tea, Gingko biloba, spirulina ,chlorella, wheatgrass, cilantro (& coriander & it's essential oil)...Do all...

Aloe...Surprising find in the shrinking a breast lump game...

by Sari - Saturday, September 19, 2015

<http://grovecanada.ca/aloe-surprising-find-in-the-shrinking-a-breast-lump-game/>

So the core needle biopsy pierced my pleura & I was getting fluid going in there...

I needed to heal it up...

I started drinking Aloe Vera juice, the strong stuff...

Funny thing happened...

Possibly because Aloe is such a strong laxative...

The breast lump shrunk quite a bit...

This was quite unexpected...

(The lump is basically for all intents & purposes benign...So at this point, I can now examine ways to actually eradicate it completely...Aloe might be an easy way...Neat!)

while usually tear shaped the lump shrunk down to a round shape

Sidenote:The Vega One All-In-One Nutritional powder (Natural flavour)seems to have a good amount of Kelp inside, which also carved a respectable chunk out of the breast lump...I would not have expected this- as I was taking the powder just for some extra energy & not as a detox...But the Iodine content is high & it helped! Another interesting find...

Alternative AntiCancer Help at GroveCanada.ca

by Sari - Saturday, November 28, 2015

<http://grovecanada.ca/alternative-anticancer-help-at-grovecanada-ca/>

Alternative DCIS Breast Lump removal, DIY Mammogram, & Prince Edward County artist notes...

by Sari - Saturday, May 16, 2015

<http://grovecanada.ca/alternative-dcis-breast-lump-removal-diy-mammogram-prince-edward-county-artist-notes/>

Sunday May 16, 2015 10:38 am

This first picture is edited in iPhoto(DIY Thermogram)...[Instructions are here...](#)

edited in Fotoflexer.com

This second photo is edited in Fotoflexer(online free program accessible to anybody)...[Instructions are here...](#)

before-(May 11)

This **third photo** is from a post I wrote on May 11, 2015...The two photos above are from May 16, 2015(today)...Notice that the lump is much smaller in the more recent pictures...It is now round, as opposed to tear shaped...(the dot is a scar from a Moxibustion treatment I had way at the beginning...Interestingly, that scar has been very useful to me when evaluating my DIY Mammogram pictures...It provides size reference...It is hard to get exact size when shooting on Macro, because your distance varies a little in each photo, making your lump look much bigger or smaller, with even a tiny bit of difference...But where that scar mark is, is on my skin...So I can see in reference to that mark, if the lump is bigger or smaller...(I also cowboy it, or intuit, or whatever it is called when you eyeball a measurement...)I will look for apps or programs to help with true measure, & will post when I find a better way!

Also Notice:In the second photo(as compared to the third photo), the chemistry of the lump is far more simple...Fewer colours...Most noticeably, the most white(very light pink area) is almost gone in photo 2...I had called that very light area "Iron"...I have noticed that when I exercise alot, I burn off Iron...May 14 was a giant birthday extravaganza for my mother...It was a huge success but alot of work & getting up very early(5:30 am)...I got so much **exercise that I must have burned off all that Iron** in my lump...Great!

More noticing:In **Photo 2**, I still see that darker pink colour, which I call Hydrogen...Hydrogen is a sign of many things including necrosis, Pneumonia, the common cold, could be Herpes, Shingles, Chronic Fatigue syndrome, Liver wetness...Hydrogen is found in water & alcohol(more) & other liquids...You antidote Hydrogen with Oxygen...**Oxygens are Goji berries, Milk thistle, dandelion greens, Apricot kernels(the inner hulled nut of an apricot, you can buy bags of these at health stores-eat up to 30 a day max for anticancer treatment), Arsenicum Album 200c homeopathic is also an Oxygen...**

****('i've been chewing & swallowing Apricot kernels because they shrink my lump always!)**

A Comment about the Shingles vaccine:People with compromised immune systems can be more likely to get Shingles which is in the herpes, Chicken pox, Epstein-Barr virus, mononucleosis family...It is WILDLY painful...Starts with severe pain then 3 days later you get a weird rash that is in a roof shingles type pattern, hence maybe the name...I am not a huge proponent of vaccines, having gotten sick from a flu shot, having gotten very sick from a tetanus shot at Harvard which sent me home & dropping out of university for a while, BUT...I DID get the Shingles vaccine, & it made me feel Better, not worse...I got this shot because I was caring for someone who had very very painful Shingles, & after about 3 weeks I was starting to have on & off symptoms...Lethargy...Pain that came & went...I was scared...

To get this one in a lifetime shot, I went to the Rexall store at Eglinton near Bathurst in Toronto...Went into the walk-in clinic, saw the lady doctor(she's there on Fridays), & got the prescription...Then went to the pharmacy counter where they filled the prescription(15 minutes)...It cost \$224.00 Canadian currency...(yeah, a whole lot!)...Then, went back to the lady doctor who gave me the shot(very tiny needle)...5 minutes later, I could feel it in my system, & I actually started to feel better...You are NOT supposed to get the shot if you already have shingles...I did NOT have shingles, but I had been feeling weird...So getting it at that point worked for me...(I also did NOT mention to the doctor, I had been feeling weird...They might refuse you if you tell them you feel sick...They refused someone else who tried to get the shot because he said he was feeling sick already...)

Ideas about that:I feel Shingles lives in the Liver...I feel antidotes to Shingles will be the Liver cleansing family...When the person who had Shingles took the Arsenicum Album pills (200C dosage homeopathic made by Boron), she felt better...Arsenic is just an Oxygen...Which tells me that my hunch was right...because Oxygen things clean the Liver...By the way, the seeds of apples & grapefruits & oranges all contain Oxygen too, if you chew them & swallow...Lemon seeds too! (no need to buy supplements, just chew your seeds!)

Corrections maybe:Now that I look at the DIY Thermogram picture, I think I may re-evaluate the colour Yellow...

fotoflexer.com adjust hue saturation then heat map then color rotate

I had written in the picture above that yellow was an Aluminum...(Cholesterol)...But when I compare my newer Fotoflexer pictures, with my newer iPhoto pictures, I feel the Yellow looks more like **CALCIUM**...(Antagonize calcium with Iodine things like **Kelp tincture, Vinpocetine pills, Iodoral tablets**)...

What are other reasons why my lump shrunk between May 11, 2015 & May 16, 2015?

*before I start, I'd like to mention that this dumb DCIS lump has shrunk & gotten bigger back & forth, depending on what I eat & how much I exercise I get & what supplements & herbs I take...

Anyways...

I've been taking Amazing Foods greens Energy powder that has alot of plant caffeine in it...(Caffeines

are Anticancer because they are Coppers which antagonize Phosphorus which is like mold & makes lumps malignant spreadable)...

I took **2 x 50,000 IU Vitamin D3 pills** because I was afraid I would not be able to stay awake for my Mum's birthday celebration which involved a long bus ride, many stops, work, & a car ride home, plus stress...You are only supposed to take ONE 50,000 IU Vitamin D3 per week...I took one on Tuesday & one on Wednesday...This could have been dangerous because too much Vitamin D3 can make you sort of manic or Bipolar...Antidote that kookyness by eating potatoes-they contain Lead(plombiumPb)which rebuilds bones...(I had a dish that included Poutine on Friday night-Poutine is a Quebec thing which is just potatoes with gravy & cheese curds...)

I had a **very strong shot of espresso coffee** on the morning of May 14...Made at Hotel Gelato on Eglinton(just east of the big Shopper's Drug Mart store, on the North side)...Espresso contains miles of Copper...

I've also been taking a Life brand supplement with **apple cider vinegar(Zinc family), potassium & Boron(Copper family)** inside...

Finished off my **Butcher's broom** supplements...(Oxygen family)...

Finished off my **Grape seed extract** supplements...Also Oxygen family...

Had been taking **Frankincense(Boswellia extract)** off & on...That's Titanium family on the [Grove Body Part Chart...](#)

I'd also been taking longer breaks between eating...Sort of **short fasting**...Not on purpose, it was just that where I was living, getting groceries was a little farther than just a walk...(you mostly had to drive)...

I had also taken a whole bunch of Wobenzym which contains what they **Pancreatic enzymes**...From chewing one of those tablets one day, I am pretty sure Pancreatic enzymes are **mostly garlic mixed in with Papaya**...Garlic is in the Selenium family which lowers blood sulphur/sugar levels in the Pancreas...Papaya would have Vitamin D & Vitamin C(Zinc family which lowers lead)...

But what do I really think was the driving force this week in the lump shrinkage & chemistry change?

Probably the extra high dose of the Vitamin D3...(you can get the 50,000 iu ones on Amazon)...

Another bonus of Vitamin D3 is I have found that it **gets rid of toenail fungus**...Toenail fungus is a sign of lead poisoning...Lithium drugs are in the Lead family, so if you take those as anti-psychotics, you may get toenail fungus...(which is why Vitamin D3 or even too much sunshine can make you Bipolar-Lead like in Bonemeal, potatoes or Lithium drugs, is opposite)...

New product that I think is the cat's pyjamas:My mum's friend's grandson has launched [Two Bears Cold Brewed Coffee...](#)Cold brewed coffee means they put the coffee beans into filtered water & let it steep for 12 or more hours...It makes a very very strong cold coffee that tastes naturally a little sweeter

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

than the hot stuff...Strong coffee means more COPPER which means MORE ANTICANCER effects...Yay! (many new clinical trials about caffeine being anticancer)...Also-Cold coffee means your teeth don't stain as easily as they do with hot brewed coffee...Also, you can bring a cold brewed coffee anywhere in your bag & drink it whenever you feel sluggish...Us Canadians NEED our Coffee!!!

Art note: [OENO Gallery in Prince Edward County is a destination gallery...](#)That means you SHOULD drive to Prince Edward County from Toronto...It is possibly my new favorite gallery in Ontario...Their Sculpture Garden is magnificent...

([Cosmo Barranca](#) of La Parete Gallery recently sold his gallery & his mailing list, so that gallery can no longer be my favorite, because Cosmo was sort of integral to that...Though the new owner, David Douse is showing promise-it is just too soon to tell whether the new La Parete will be great or not...)

Anyways...Prince Edward County is about 2-3 hours drive from Toronto & you absolutely should go there! (2 hours if you drive fast, 3 if you meander or get lost)...

[Eat at the new DRAKE Devonshire hotel restaurant](#), the Cobb salad is marvellous as are the fish & chips...

We stayed at the [MANSE boutique hotel which is exquisite...](#)

(I have heard [Isaiah & Tubs hotel](#) in Picton is good too-& cheaper-plus you can have a wedding there!!!)...

*My friend, a geologist, stayed there & did Sand Dune Boarding which is like snowboarding but on sand dunes...The sandbanks in Prince Edward are famous...

Visit the [Norman Hardie winery for a GREAT](#) wine tasting & BUY wine to bring home, or make notes to buy that wine from your local LCBO Vintages store...I thought their Riesling was fantastic...Joseph likes their Pinot Noir which I would not kick out of bed for eating crumbs either...

Off topic:A new idea in the treatment of Chronic Fatigue Syndrome was discussed at lunch...Apparently though many are bed ridden, they aren't really sleeping deeply enough...Adding a sleeping pill, even an over the counter one, or something like a marijuana joint puff or two which is in the same family as sleeping pills-you can also get marijuana in a pill(Titanium family) helps the chronic fatigued body to actually sleep & repair & restore itself...This is an out of the box idea that actually helped someone turn the corner back to health...

Sari & Joseph Grove at the Manse Boutique Inn Picton Ontario May 14, 2015

Fashion Notes:In the picture, & earlier that day, I wore fabulous stretchy outfits from [Designs by Naomi](#) on Cumberland street...Naomi is moving so everything in her store is 40% off, which is why I got 3

outfits FAST...

My shoes were from the **NAOT** store on Eglinton, in their basement everything is at least HALF price!!! (Naots are designed for Cobblestone roads, so they have awesome soles, but also stylish so you can walk to your fancy event...Plus mine had Velcro closures because I don't like buckles or laces...(cost \$100 CDN)...

ParPar on St. Clair Avenue west of Bathurst, south side sells Hanky Panky thong underwear(comfy & because it is thong you don't get thigh red marks or yeast infections-**it all down there breathes better when you wear thongs daily**)...Plus, ParPar sells deconstructed bras which are just pull on, one size fits all, no underwire or anything constricting, plus they come with padded inserts so the unconstructed bra doesn't make you look flat!(\$25 thong panties, \$25 excellent bras that don't constrict your chest but look good)...

Hair note:I cut & colour my hair myself...I cut with a shearer/clipper-sides & back get sheared shorter than the top(thanks to **Voulez** salon's Voula for that tip)...I get my colour from **Cosmetic World** at Yonge & Bloor-south, east side...You buy a tube of colour, then buy a bottle of hydrogen peroxide...With a plastic paint brush & plastic bowl, mix equal portions...Touch up roots whenever...No more wasted product for root touch up & costs like \$10 every 3 months...(I know it is WAY cheaper than going to a salon colour)...

love Sari

p.s.this post might get updated or edited if I find any mistakes in it...All my Blog posts do...So be sure to reread posts in the future...

Saturday, May 16, 2015:

I have some leftover **Iodoral tablets, Kelp tincture, & Vinpocetine pills**-so I took all of them today because I have been neglecting my Iodine supplementation recently...Iodine is SO IMPORTANT to weight loss, breast cancer & other cancer detox, & birth control drug & heavy metal detoxification(which are similar protocols actually)...The reason I get slack about Iodine is because I was afraid it would throw me into early menopause...But recently(I am 48 years old now), my periods stopped...So it looks like that whole menopause thing has begun anyway...I am not sorry about that!(Still cannot understand how women can work that 3 days of the month?)...(Thank GOD I am self-employed)...So I can go back to taking Iodine more, which is great, because it really shrinks tumours well...

Anyone who attended my Mum's birthday or who has great pictures of my Mum & them together: Please send me all digital photo files so I can add them to the birthday movie... Send them to grove@sent.com (I'm Sari Grove, my married name, cause I married the best guy ever named Joseph Grove)...

Am looking into a great new supplement called **MIRROR EPF**...It is for parasite cleansing I am looking at it...(many people who have pre-cancer situations actually have parasites & some people including myself believe that cancer is in fact a parasite...(Mine look like Salmonella parasites-Typhus)...I will post about Mirror EPF when I try it...(has Clove oil, mint oil, thyme oil, rosemary oil & other great anti-parasitic

things inside-plus it is in tincture form which is usually the strongest way to get something in you & have it be absorbed well)...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Aluminum (good cholesterol)=yogurt P + sugar S + coffee Cu...

by Sari - Tuesday, July 28, 2015

<http://grovecanada.ca/?p=1587>

Aluminum (good cholesterol)=yogurt P + sugar S + coffee Cu...

why?

Ok so find Aluminum on our chart below...

See that it is +10

So...

Aluminum+10

= equals

Now let's look for P Phosphorus yogurt...

Ok that is +4

So P Phosphorus is +4

Now let's look for Sulphur Sugar...

+7...

So S Sulphur Sugar is +7...

Now what is Coffee Copper Cu?

Copper is -9...(Cu is the abbreviation on the Periodic Table of Elements for Copper)

The numbers beside each element are what I call "valences" or what strength the element is...

So... +10 Aluminum cholesterol=+4 Phosphorus yogurt +7 Sulphur Sugar -9 Copper Coffee

Well, it doesn't seem to work out because +10=+4 +7 -9 comes out to +10=+2 (if you add or subtract all the numbers on the right of the equation...

But I only put a few grains of coffee into the yogurt...

An anticancer herb cocktail...

by Sari - Thursday, September 17, 2015

<http://grovecanada.ca/an-anticancer-herb-cocktail/>

The following is an herb cocktail that was used as a successful anticancer protocol...

I have labelled each herb to show where they sit on our Chart above, so you know what body part they work on...

The link below lists the original recipe & story of how Jim cured his Cancer...

<http://cancercompassalternateroute.com/testimonials/kidney-cancer-metastasized-to-the-adrenal-gland-and-lung-healed-with-a-variety-of-herbs-jim-gordon/>

The following is the revised recipe:

Wormwood -Zinc
Cats claw -Oxygen
Pau d'arco -iodine(interferes
with vitamin k calcium)
Turmeric- zinc
Bitter melon- vitamin c -zinc
Anamu -selenium
Graviola -potassium

The person who designed this herb cocktail & cured his own Cancer is...

Gordon Skimboards

J.GORDON PROTOCOL TO BOOST YOUR IMMUNE SYSTEM TO FIGHT VIRUSES & CANCER!

Please find & friend him on Facebook in order to see pictures of the herbs, how much to take, how much they cost, & where to buy them & of course his personal testimonial & advice...

Please visit J-Gordon Skimboards Facebook page to find out what kinds of Cancer he cured & more...

<https://m.facebook.com/jgordon.skimboards?fref=nf>

Here is where J-Gordon Skimboards(the Facebook moniker to search for) sources his herbs:

<http://m.pipingrock.com/company/manufacturing>

& here is his J-Gordon skimboards website! Awesome!

<http://www.jgordonskimboards.com>

Where J-Gordon Skimboards gets his herbs from:

www.pipingrock.com Call 1-800-544-1925

(HERBS)

Brand, piping, Wormwood order# 5822 @ \$7.99

Brand, Mason, Anamu order# 40095 @ \$5.99

Brand, piping, cats claw order# 3062 @ \$5.59

Brand, piping, graviola order# 6071 @ \$5.29

Brand, piping, bitter melon, order# 39069 @ \$4.29

Brand, piping, turmeric/curcumin, order# 2911 @ \$14.99

Brand, piping, paud'arco, order# 3621 @ \$4.99

An athlete & an intellectual: Two men's protocols

by Sari - Saturday, December 19, 2015

<http://grovecanada.ca/auto-draft-3/>

Two men's protocols, translated into elements from the Grove Body Part Chart...

Grove Body Part Chart

Protocol One:

Taurine:Aurum(boosts blood pressure)

Fish Oil:Aurum in Carbon(helps digest GMO glutens)

Carnitine:Aluminum(heals wounds, makes you look younger, makes you poop)

Green Tea:Copper(kills Salmonella Typhi bacterium Typhus) in Hydrogen(flushes out toxins)

Protocol Two:

Gingko Biloba:Copper

Multivitamin:Lead(builds eyesight & bone)

Lutein:Aluminum

Cod Liver Oil:Aurum in Carbon

An example of real lab work results & what they mean on the Grove Body Part Chart...

by Sari - Thursday, August 11, 2016

<http://grovecanada.ca/an-example-of-real-lab-work-results-what-they-mean-on-the-grove-body-part-chart/>

So...

with these results we need to:

For high aluminum(also lower cholesterol intake):add Titanium (say Mint, or hulled hemp seeds, or Vanilla beans, or Boswellia, or Tea tree oil)...

for high sugar(also lower sugar intake):add Selenium(say Pancreatic enzymes from Wobenzym, or Garlic, or Lysine, or Cayenne pepper, or spicy spices or cruciferous vegetables)...

for low Manganese(also lower Iron intake):add Manganese(like Mugwort herb or Nutmeg or Bloodroot or Nuts or sesame seeds or flaxseed oil or poppy seeds)...

High carbon & Fluorine are actually good if you are doing an anticancer protocol, however...if you are worried...You can **cautiously** add:

for high Carbon-add Nitrogens like mushrooms & beets...

for high Fluorine:add Bismuth like Melatonin...

This is a PDF of suggestions based on someone else's lab results...Only the things that were high or low are mentioned...It should be noted that just because something shows up as "normal" does not necessarily mean it is...Bloodwork only shows circulating problems...Photographic Imaging like NIDI(the non invasive diagnostic imaging explained on this blog), shows things where they are- LEAD for example will sit in bones & tumours & organs, but may not show up at all in bloodwork- it sinks down fast...So you can have Lead poisoning but show low Lead Levels in the Bloodstream...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump... (Grove Health Science Series Book 8)

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/44/>

An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump...eBOOK\$1.13 <http://t.co/JSGTITZkbV>

— Sari Grove (@GroveCanada) [December 15, 2014](#)

[An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump... \(Grove Health Science Series Book 8\)](#)

This ebook is short & sweet...It contains two very important tutorials...The first, explains Sari Grove's medical theory, "The Grove Body Part Chart" which supposes that each body part has 2 opposing elements inside that must live in balance for health...One you "get" the chart, your DIY Medicine life will be so much simpler! The 2nd tutorial is a protocol Sari developed for herself to get rid of a breast cancer lump! **This ebook is FREE starting Wed. Dec. 10-Sunday Dec. 14, 2014! (the rest of the time it's \$0.99 cents!)**

[ORDER NOW!](#)

BOOK TRAILER VIDEO

[YouTube Video](#)

ABOUT THE BOOK

An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump...by Sari Grove

Sari Grove came up with a theory of how the body parts work...It became the Grove Body Part Chart...This short book explains the basics of that chart...

While writing Book 3 of the Grove health Science series, which ironically was about how to avoid surgery, Sari discovered a breast lump...Which of course turned out to be a dangerous one...Afraid of being a hypocrite, Sari decided to figure out how to get rid of this breast cancer lump & somehow dodge the surgery bullet...

It did take her Book 3, Book 4, Book 5 & finally Book 6, of research, trial & error, & alot of work, to figure out a solution...This short book contains a sort of tutorial format of the solution...

The 7 books of the Grove Health Science series get into topics mentioned in this book in depth & detail...This book was made as sort of a promotional book, shorter & sweeter...

Sari Grove also has a few blogs & websites online where you can read more about her & some of her newer ideas...

Be forewarned, this is an ARTIST who innovates in the Medical Arts...(At the time, it seemed like the only way one could think outside of the medicine box, was to BE outside of that box...)

"An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump...by Sari Grove," also includes some of the preliminary work on mapping the brain parts & positing how the brain parts control one element each, in the body parts...

The Grove Body Part Chart & the Brain Parts theory have gotten alot of attention already(about 18,000 people have read the series so far), & conversations about the theories have been very supportive by peers in the Biology academic community...

[PURCHASE NOW](#)

ABOUT THE AUTHOR

Sari Grove

My Pedagogic Creed by John Dewey (1897) "I believe that when science and art thus join hands the most commanding motive for human action will be reached;

<http://www.grovecanada.ca>

Analyzing biochemistry of inhaled pathogen that came in a corporate Xmas gift basket this year...

by Sari - Thursday, December 24, 2015

<http://grovecanada.ca/analyzing-biochemistry-of-inhaled-pathogen-that-came-in-a-corporate-xmas-gift-basket-this-year/>

I opened a gift basket that had been sent to my mother while she was out of town...

She said it was ok...

When I opened it, immediately I noticed a chemical smell...

I pulled out the food items(mostly chocolates & caramel popcorn), & dumped the styrofoam noodles into the garbage...

I thought it was the styrofoam giving off the chemical scent...

That's when I noticed I was feeling ill, my lymph nodes swelled up, & when I went later to wash my face, I noticed a rash developing...

I took a picture of the rash which had begun at the corner of my lips...(second photo)...

From my symptoms, & from the manner in which this pathogen had been delivered, & the speed of onset of symptoms, I deduced that the package had been laced with traces of anthrax...

Not enough to kill me, just enough to make me feel ill...

I did take the gift basket the next day to Division 13 police station, & explained what had happened...

I also edited my photograph in Fotoflexer to see the biochemistry of the thing on my face...([I explain how to do this in this post](#))...

I then took a stock photograph from the internet of someone's face which had been infected with anthrax, & did the exact same edit, to compare biochemistry of both photos...

The first picture below is the stock photo of anthrax on someone's face...The second picture is my own photo...

You can see the similarities...

The colours by the way, each represent elements...

The whitish pink is Aluminum, found in cholesterol, eggs, styptic pencils, cement...That sort of

Do It! Foulson Medicine by artists Joseph & Sam GROVE - <http://grovecanada.ca/>

thing...That corresponds directly with Anthrax biochemistry...Aluminum substances can be quite dangerous in biological poisons...(Antidote with things like Benadryl, or chew Vanilla beans(if you don't do Pharmaceutical drugs) which contain the same substance, which is similar to the Diphenhydramine Hydrochloride in the Benadryl...)

Around that, is a peachy colour which is Hydrogen...Hydrogen is found in alcohol, water, & would cause Lymph nodes to swell up...(antidote this aspect with Oxygens like Milk thistle, dandelion greens, burdock root, apricot kernels, B17, or even eating apple seeds or the seeds of lemons or oranges will bring Oxygen to your system)...

Then there is the yellow colour, which is Calcium...Calcium might be the binder, or delivery substance...Calcium can cause lumps & bumps, hence the raised bumps of the rash...(antidote with Iodines like seaweed crisps, Liquid Iodines, Kelp, Iodine supplement pills)...

Stock picture of Anthrax on face

Picture I took of myself after exposure to inhaled powder from Xmas gift basket...

Why?

The gift basket came from a Financial Investment company...

Why was it tampered with?

I am not sure, but this basket was corporate, so it must have gone out to hundreds of clients...

Where was it tampered?

The gift basket company was a big company, so it could be any employee there, all the way down to the packing noodle person or even the delivery man...

Is it because it was a Christmas gift basket?

Maybe...

The police officer, not only did not follow up with this matter, he was rude & impatient, as if he had more important things to do than to bother with local acts of terrorism...It crossed my mind as I left the police station that he could easily have been on the wrong side of goodness, considering how unbelievably hostile & unhelpful he was...I guess that it was it is called Division 13...A police station for Judas...Should have sought out Division number 7-might have gotten luckier!

Afterwords:I am fine...My face was a bit swollen & rashy & my Lymph nodes were too, in the weeks after, but I have been self-medicating gently, & am not worried...

Animal Rights...

by Sari - Tuesday, July 14, 2015

<http://grovecanada.ca/animal-rights/>

Jadzia puked up a giant amount of thick Whiskas dry & canned food filled peanut butter-like paste just orange with bits of

fur & pieces of shaped cooked prepared commercial food,

all over the book that sat on my bedside table,

because I kept putting it down every time the author mentioned another Clinical trial where animals were involved...

So I had left it there, waiting perhaps a month in between short bursts of reading,

to soothe my pissed off mind,

each time a success story followed some cruel trick,

on animals that were rather highly capable mentally,

like an ape...

Her vomit covered over the name of the author (Dr. Norman Doidge, M.D.) & oozed backwards over the commentary the

publisher had written at the top mentioning a previous bestselling New York Times book by the same author

(The brain that changes)...

The surprise of the sudden outpouring of regurgitation was a cause for pause...

or a cause for Paws, as some would say...

When I evaluated Jadzia's work

(Jadzia is a bengal cat, intact with her ovaries untouched by scalpel, snow leopard class gold

type in the

F6 domestic hybrid class, registered as being born April 16, 2005)

, (as is her roommate also intact, B'elanna born

Dec. 1, 2004,

a snow leopard class silver type bengal cat)...

When I evaluated the choice of locations of where this smart cat had chosen to regurgitate a cheap & fast food type possibly

high in all the wrong things but tastes so good, 'cause Whiskas knows cats(it is really hard to resist & they had been eating

"health" food for so long Joseph, my benevolent husband, took it upon himself to release them from the health nut furor...

I applauded her decision, & was delighted & just so proud as any cat mother might be...

B'Elanna seconded the excellent location scouting & of course the quantity of grossness that emanated from our precious

little spotted cat's mouth...

I promised myself I would write about this event, & this is that...

The book is called The Brain's Way of Healing & looks at Neuroplasticity...

Dr. Doidge would be delighted to know that cats can now read, & are up to date on current use of apes & other species in

Clinical Trials in the field of cognitive & behavioural aspects of neurosurgery...

On page 12 when the clinician amputates the third finger of the ape in order to discover something that most commonfolk

already knew, that everything, even the brain grows back eventually...

I should have vomited as well, at Indigo Chapters, at the book signing, while sitting in a visible row beside Dennis

Kucherawy, a friend of mine & possibly the best writer on the planet, who fell asleep during the interview portion because

he got bored(a euphemism for I had told him about page 12 before the sit down)...

My friend [Dennis Kucherawy](#) was hit by a car while crossing Bay street south of Bloor street in Toronto, & as head of

communications for a massive film company, he was slowly, oh so slowly, let go...

Brain damage from getting hit by a car can do that to your job...Lose it...

Yes, unfortunately, large companies, even those run by somewhat artistic peoples, get rid of their own, for becoming

disabled...

So he rehabilitated himself with the money he got after suing them for years, ran a Marine type marathon, picked up his

wife who is becoming a Homeopath now later in life, & writes now with even more flair than before the accident...

You would not know there was any damage unless he told you...

Yes the brain grows back, new neural pathways can be formed, frontal lobe injuries can be reversed, & great people can

return to greatness...

Are there not enough accidents in this world for us to study carefully without having to cause harm on purpose?

Anthocyanin & Saponin drug PNC 27, The Order of Things, Identifying elements by their side effects...

by Sari - Monday, December 21, 2015

<http://grovecanada.ca/anthocyanin-saponin-drug-pnc-27-the-order-of-things-identifying-elements-by-their-side-effects/>

Pnc27 what is it? (new alternative anticancer drug being promoted)...

Update:recently, literature on how PNC27 works has changed...here are my notes on the new phrasing:

sat. April 2, 2016 update: <http://www.canceractive.com/cancer-active-page-link.aspx?n=3762>
Going to have to update my post...this link explains PNC27 differently...It says it can bypass the faulty P53 gene & deals with the overexpression of HDM2...What that means in English is they are saying it can lower Lead poisoning basically which is causing alot of environmental cancers, mainly melanoma type...P53 is like a Zinc gene-when you block it you don't get its Lead reducing quality...HDM2 overexpression is like too much Lead(the bad kind)...So they are saying this is good for that sort of thing, of which melanomas are a big part...Though I have seen Lead as a common denominator in all the women I have seen who have very aggressive types of cancers...(one woman mold, one lead paint, one radiator fluid, one roundup weed killer)...

(Note:<http://grovecanada.ca/inflammatory-breast-cancer-lets-solve-ithave-already-begun-lets-see-if-we-can-all-band-together-to-help-heres-my-first-bit-looking-at-what-over-expresses-in-inflammatory-there-is-gene-pt/>This post is where I started looking at the P53 gene...

Ok, so on closer look...PNC 27 is made of fruit fly & moth...The fruit fly is biochemically similar to anthocyanin...The moth is similar to saponins...Anthocyanins are like Oxygens, like what you find in things that clean the liver-Milk thistle, dandelion, apricot kernels, goji berries, berries, sundried tomatoes, fresh air...Saponins are like Titaniums-found in Vanilla Beans, Comfrey, Frankincense, chamomile, thyme...Saponins clean out the Lungs & lymph nodes & lower cholesterol...So PNC 27 might be especially effective for people with Liver problems & high cholesterol...

the order of things:if you eat a zinc(Like Vitamin D3 or a Fruit) & a beta carotene(some carrot juice) at the same time(Lead), the Zinc hits you first...Take a look at the Grove Body Part Chart below...Zinc comes first...Then Lead...The next item in the flow of the body parts is Manganese...Then iron...Then Titanium, then Aluminum, & so on...Zig Zagging its way down the body...In a spiral actually(a DNA strand)...

The Order of Things

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side effects: You can know which family a thing belongs to by its side effects...If you take way too much...for example...

tremors, bipolar habits, Vitamin d3(Zinc family)...

Copper: panic attacks, anxiety

Calcium: Tumors & lumps

Iodine: bulging eyes, too skinny

Anti-Epilepsy

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/anti-epilepsy/>

The following are links to my research blog...

syringomyelia, epilepsy, lou gehrig's als, crohn's, fabry, hearing loss

Nov 24, 2013 ... Gosh...I am a Visual Artist Self-Employed, A "Vase"...I've been digging into art in medicine...I have started mapping out the organs in the human ...

<http://www.grovecanada.com/blog/syringomyelia-epilepsy-lou-gehrigs-als-crohns-fabry-hearing-loss/>

The Temporal Lobe The Ears & the Colon - The Grove Body Part ...

Oct 14, 2013 ... The reason we know now directly of the correlation between fluorine & epilepsy is because Gulf War veterans exposed to Sarin gas, a fluorine ...

<http://www.grovecanada.com/blog/2013/10/the-temporal-lobe-the-ears-the-colon.html>

How to really remove fluoride from your drinking water if you are ...

Oct 19, 2013 ... Fluorine EXCESS can cause diarrhea, hearing loss, Crohn's disease, seizures, Epilepsy, Lou Gehrig's disease(technically called ALS ...

<http://www.grovecanada.com/blog/2013/10/how-to-really-remove-fluoride-from-your-drinking-water-if-you-are-epileptic-or-have-lou-gehrigs-an-e.html>

(about the picture)The necklace is a leather cord with a clasp(\$12)...The Indium metal was bought on ebay.ca(\$5)...I put the holes in with a hammer & nail & smoothed down the edges of the holes with a rounded stick...(manicure tool)...The research into Indium metal is mine...

I was trying to help a girl in Ottawa who had severe epilepsy...She died...

But in my efforts to help, I came up with some pretty new solutions for epilepsy...Including the Indium anti-epilepsy necklace idea above! (Wild Indigo Root, which also contains Indium, made into a tea, is my other discovery)...Indium acts like Bismuth but just way stronger!

ANTICANCER DRINK...

by Sari - Saturday, February 20, 2016

<http://grovecanada.ca/anticancer-drink/>

Updated recipe anticancer green smoothie:

<http://www.heavymetalsdefense.com> Heavy Metals Defense Powder can be added...

I have been making an anticancer green smoothie for my husband daily which includes a brand new very powerful supplement that acts like C but is more comprehensive...Now before I add the link, I should mention this-Pranin B contains Guava, Lemon, Spirulina, & Holy Basil...The Guava & the Lemon provide the very high dose of Vitamin C...Holy Basil acts like Titaniums(think CBD oil), & Spirulina acts like Coppers(which lower estrogen, kill cancer, lower Phosphorus in the Spleen)...HOWEVER...The product is called "B" because it advertises it has lots of B vitamins...This is not really true...The lady who represented the company at Whole Foods told me that the Spirulina provides B12...That is a load of hooey...But people with cancer do not benefit from B12, it can make things much worse...So it is GOOD that the company is not really right when they explain what is in the product...The ingredients are all super DETOX...Very anticancer...You sort of have to ignore the label...Or just duplicate the ingredients using real guava, real lemon, real spirulina, & real holy basil...Cheaper & better way to go...Anyways-the anticancer smoothie I make for my husband is: banana, orange juice(Note:My husband would NOT drink the Coconut water version of this smoothie-but coconut water has less sugar than orange juice so just a heads up!), 4 scoops Pranin B powder, 4 dropperfuls Licorice root extract saint francis, 4 dropperfuls liquid kelp Natural factors, ice...(blender stick blend with electrolux stick-yes, finally got a way to blend things!)...here's the supplement powder-it ain't cheap! <http://www.pranin.com/purefood/purefood-b>

ANTICANCER DRINK...

Take 4 dropperfuls of the [St Francis Licorice root tincture \(The Copper family kills Cancer\)](#)

Same amount of the [Natural Factors Fresh Kelp extract...\(the Iodine family shrink tumours\)](#)

[Pranin Purefood B powder](#) contains Guava, Spirulina, Holy Basil, Lemon-put 4 scoops(Guava & Lemon are Zinc family which lower Lead, Holy Basil is Titanium which lowers Aluminum cholesterol, Spirulina is a Copper which removes Phosphorus)

One banana(potassium lowers blood pressure which basal cell cancers can feed on)

Some coconut water with pineapple juice(pineapple juice non-essential)(coconut water is Carbon which lowers Nitrogen in the Kidneys, & Potassium which lowers Blood pressure)

Some fresh squeezed orange & blood orange juice(any juice is fine)(fruits lower lead)

Blend with your Blender stick(I use Electrolux)(easier to clean than a regular blender)

Drink daily...(costs less than having cancer! I write that because these ingredients all together though fairly priced, will cost more than just a veggie smoothie...But it is a very powerful mix...totally worth it!)

Grove on Iodine- excerpt...

"I was speaking from my own research & experience...Many women have taken a birth control drug at least once in their lives...It doesn't excrete well, even 25 years later...It is progesterone which acts like Calcium in the Adrenals...Excess Calcium causes huge weight gain, & of course the food cravings that get you there...Excess Calcium also predisposes one to Cancers & Gender dysphoria & more...Iodine lowers Calcium...An excellent easy to get Iodine is Liquid Kelp...Take 4 dropperfuls daily in some coconut water (just cause it is excellent for the kidneys), & all the diet & exercise finally pays off... My site is grovecanada.ca but there are ample sources of Iodine online found by Googling randomly...There are Iodine groups here on Facebook..There are two books, the Iodine crisis by Lynne farrow & another by dr brownstein on the subject...One doctor says 90% of his patients were Iodine deficient when he randomly tested..."

Hello to the newly diagnosed:I know you are confused & fearful right now...been there...I recommend you begin now by getting supplies to make this drink...Then drink it at least once every day...(The Pralin B powder might be hard for you to obtain-not sure...If you can substitute the ingredients in it individually that works too...)...Until then the two CRUCIAL things you need RIGHT now are the Licorice Root tincture(4 dropperfuls a day) & the Liquid kelp extract(also 4 dropperfuls a day)...Start those two NOW now now now...(I used St Francis licorice root tincture by the way)(the liquid kelp I use Natural Factors...)The Pralin B ingredients are lemon, Holy Basil, Guava & Spirulina...They are excellent...If you can get that product do...If you cannot, try to knock it off by getting something similar...Throw it all into some coconut water with a banana & some cie & blend with a decent Blender stick...(I use Electrolux cause it breaks up ice too & comes with a container to do it in)...Ok...

Comment recently about Vitamin C(in the form of Camu Camu powder)...in relation to estrogen receptor positive breast cancer...(by Sari Grove)...

:Er+ means estrogen positive as you know...Estrogen is in the Phosphorus family...Phosphorus is processed in the Spleen...The other element that is processed in the Spleen is Copper...It is opposite to Phosphorus...The two work together, Copper cleans the Spleen & Phosphorus feeds it...The Spleen produces ejaculate in the male, & a similar substance from the female...When Phosphorus is in excess, in the Spleen, it can cause several different diseases...Cancer is a parasite type of disease, where the parasite(usually) loves to eat Phosphorus...One of those common parasites on the planet is the Salmonella Typhi bacteria(that causes Typhus-the Black Plague)...Salmonella are just everywhere in the environment...If your Phosphorus levels are very high, they hop in...They give off a Phosphorus visual signature too when you look at them in photographs...You can see them in edited pictures...(I do these edits myself)...Camu Camu powder is a detox type of element that activates in a whole other part of the body...It also has its opposite-things with Vitamin A for example, that help to build bone are opposite to C...Detox things in general LOWER all elements that repair or feed a body part...Even in different organs...Vitamin A, as a repairer feeder type thing, would down the line, raise estrogen levels...But a detox thing will not...Vinegar cleans many things, but it does not usually create mold & dirt...It is a detox

Do It! Toulson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

type thing...That is a metaphor to illustrate...Tofu on the other hand is a directly Phosphorus food, a repair feeder food, that will raise Phosphorus & thus estrogen levels in the Spleen...For all cancers it might be dangerous...Generally speaking all cancers need detox...Like generally speaking anorexics need more food...Usually someone with Cancer does not need sugar...Even if we are not dealing with Pancreatic cancer...These are universal truths...We need to simplify everything...Doctors & hospitals & pharmaceutical companies love complexity because they can sell more on doubt...If we can all start to agree on things, more people will have clarity about what protocol to follow...I think we are approaching that time...We know-no gluten, no sugar, no meat, no dairy...We know that...That is a good start...I think we know across the board that Vitamin C, any source, is a Detox element that is beneficial to ANY anticancer protocol...We know that...There is more...But I don't want to get into a debate about things I name...I hope this is a bit helpful...Certainly long!!! Sorry! (smile)

About CBD oil: " to be fair, I stopped the CBD oil before I even finished 3 grams of it...I had too many side effects ...Memory loss, lethargy, hunger for heavy meat foods, couldn't exercise- the change in my breast lump in regards to how much you have to take wasn't significant enough for me to want to continue...My brain was highly affected & I wouldn't touch the stuff again...I was using it to shrink the lump, & I would not use it now to alleviate pain...It severely messed with my thoughts- I was not able to edit my own book manuscripts...My mind is who I am...My memories...It might have anticancer effects for certain people whose Cancer feeds on cholesterol(CBD oil acts like a Statin drug), but for me who is already too low cholesterol , it didn't have anything to attack except the fatty myelin in my brain..."

Anxiety?

by Sari - Saturday, June 18, 2016

<http://grovecanada.ca/anxiety/>

I take Mutant BCAA 9.7 daily...BCAA s are branch chain amino acids...You can get different brands...They are powder drinks...They work by hydrating like crazy...Totally relieves anxiety...Bodybuilding supplement stores...

P.s. After a heavy duty anticancer protocol, anxiety emotions can be a new obstacle...Please be aware that taking BCAAs is for After your anticancer protocol is done & you are all clear...They can be taken prior, but very very carefully...Make sure to do [NIDI](#) to see that they are not making anything worse...

Archives

by Sari - Tuesday, September 08, 2015

<http://grovecanada.ca/archives/>

Are you "Putting out the fire with gasoline" ? (what elements of your anticancer protocol are making you worse?)

by Sari - Wednesday, August 31, 2016

<http://grovecanada.ca/are-you-putting-out-the-fire-with-gasoline-what-elements-of-your-anticancer-protocol-are-making-you-worse/>

[YouTube Video](#)

<https://m.youtube.com/watch?v=VpdHMaccjw4>

Are you " putting out the fire with gasoline"? If you are doing any Trojan horse theory programs, (maple syrup with baking soda, artemisinin with iron) or a program that suggests foods "change composition" when added to others(flaxseed oil mixed into cottage cheese), or have bought into eating or injecting or rubbing a cream made of a dairy product that is masked by sciencey words(ie: colostrum), or think that the words " grass fed" mean that it isn't meat anymore, or that spreading honey on an open tumour isn't sugar, then are you " putting out the fire with gasoline"? Ps.What drugs & supplements are you taking that may be making things worse? Huge amounts of liquid(juicing) can feed liver flukes, as can low dose naltrexone...Probiotics are only for excessive antibiotic use - alone they can do damage...Has someone told you not to exercise because you should rest? This could send you backwards...Putting out the fire with gasoline...

Additional notes:

The notion that to be healthy one must force down 8 glasses of water a day whether one is thirsty or not, whether one had Liver problems or not, whether one is Her2+ or not...("huge amounts of liquids")...The extensive liquids on Gerson (the juicing) can cause problems with people who are already dealing with "wet" Liver conditions...

Statistically, pathologists have found on autopsy of people killed in vehicular accidents, that many(sorry, I think it was something like 50%, it was a long time ago, maybe that number needs to be refreshed) of them have undiagnosed cancers...Which means that many "healthy" people are actually walking around with cancer...Which means that not knowing may be one path to choose...

I mention the honey because Manuka honey does have applications for open wound healing...HOWEVER...It is contraindicated for those with sugar allergy or any other condition that is sensitive to sugar(read "cancer")...People with ulcerating wounds due to cancer migrating or growing out of the skin can be found applying honey happily to those wounds...Yes the wound may close...But applying sugar to a parasite is very generously putting fire out with gasoline...

Yes...When it costs \$10,000.00 American dollars a week (usually for a 3 or 4 week stay), (which is much more in Canadian currency-our dollar is low), to go to an "alternative" clinic in Mexico for treatment, this

Do It! Poulson Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

is no longer a bunch of hippies drinking chamomile tea in tie dye headbands & ripped jeans with sandals...This is big business...

I probably should have added "Mushroom extracts" to the list of things that can add gasoline to the fire...But I get tired of explaining the why after a while...Mushroom extracts were used by Paul Stamets' mother WHILE she was doing chemo...That is something that gets missed when people listen to him evangelize about mushroom extracts...We need to be reading the fine print...Mushroom extracts, in his mother's context, were being used like probiotics are used after antibiotic overuse...Mushroom extracts bind & lessen the effect of the too strong chemo...But people are thinking that mushrooms work on their own, like chemo...No...They are immune builders, stamina builders, neuron & nervous system builders...But for those with Mycoplasma type co-infections(Nitrogen based), mushroom extracts will make things bloom & spread...Like glutens, carbs, ebola, Zika...

Are you hampering your own anticancer program by taking things that are not actually detox items?

by Sari - Friday, August 19, 2016

<http://grovecanada.ca/are-you-hampering-your-own-anticancer-program-by-taking-things-that-are-not-actually-detox-items/>

actually detox items?

[Posts about melatonin...](#)

[Posts about mushrooms...](#)

[Posts about Probiotics...](#)

[Posts about B12...](#)

[Posts about juicing...](#)

[Posts about bentonite clay](#)

[Posts about Zeolites...](#)

as a for example, the list of things to do to Detox from cancer...(or pre-cancer like DCIS)

by Sari - Saturday, May 16, 2015

<http://grovecanada.ca/as-a-for-example-the-list-of-things-to-do-to-detox-from-cancer-or-pre-cancer-like-dcis/>

For detox, I try to cover each body part on my chart, the detox ones are the entire MINUS element column...

For example-

Zinc-Vitamin D3 50,000 iu /week (or Ginger root daily, or Papaya Pineapple & other fruits like pink grapefruit-or tons of sun sauna heat, or Apple cider vinegar)

Thymus-Manganese pills daily (or Mugwort or Nuts or Flaxseed oil a shot of)

Lungs & Lymphs-Frankincense oil(drops under tongue), or Boswellia capsules, or CBD oil (low THC) or baby aspirin or chamomile or comfrey cream or tea tree oil or oregano oil

Heart-Stevia is high in Potassium or hawthorn the spice eat it, sugar free chocolate is high in potassium too

Kidneys-lots of olive oil or any oil you prefer(in your vegetable salads daily)

Pancreas-garlic, garlic pills, pancreatic enzymes, cayenne pepper, sriarcha sauce, hot chili peppers, pepper

Liver-(symptoms of flu with no fever is a sign of wet Liver)-Apricot kernels, Goji berries, dandelion, milk thistle, Arsenicum album 200 c homeopathic, fresh mountain air, cardiovascular exercise or yoga breathing(Oxygens)

Adrenal Gland_Iodines are Vinpocetine, Kelp tincture, Iodoral tablets, seaweeds, sea vegetables, Iodine

Spleen-Coppers are Gingko Biloba, Licorice root tincture, Caffeine like espresso or tea, gree tea , matcha tea

Gallbladder-Magnesium is in Epsom Salts both bath & oral, Lavender oil, exercise

Colon-Fluorine is in water plus can be found in certain geological areas-islands, places near water(Florida), toothpaste, mouthwash gender-this refers to the male prostate or the female prostate also called Skene's Gland-Boron can be found in supplements easily...Bleach is a Boron(but I am not a fan of bleach drinking, sigh)...

ok, so that is an example list...

I did not include parasite cleanse ingredients...

Those are

Clove oil or powder, Black walnut hull tincture or pills, Wormwood(hops)pills or tincture or the herb...

Very important to do parasite cleanses if you are worried about cancer or have it already...

[The Lymph Detox deodorant salve](#) was very helpful to me...Both the [ones I bought](#) & [the ones I did myself](#)...

**The one I mixed in the Vitamin D3
50,000 Iu capsules into was very very good...**

**You can also just rub
essential oils mixed in with a carrier oil(like grapeseed oil or coconut
oil) directly into Lymph nodes...**

[The CBd oil cleaned out my brain](#)...My neck a bit too...I did not do the
full 60 gram protocol...Maybe one day...

Comments: Yes, I have 50,000 Iu Vitamin D3 for once a week...

Yes...too much Vitamin D3 can make you feel Bipolar...(not sleeping enough, manic, feel like spending money, can't sleep)...

D & D3 are slightly different...D3 tends to absorb better...But I think they are pretty close...(if you are taking only the D)

The Licorice root is to prevent & reverse spread...Copper...It stops Phosphorus mold, it stops Salmonella parasites, it reverses malignancy...I took it in various forms for a whole year...

***If you start to feel panicky or anxiety attacks, (I did after a whole year of taking very strong Licorice root daily), then stop...To reverse the panic you have to take a Phosphorus-drink Kefir to reverse panic, but judiciously...Kefir like cheeses & yogurt is Phosphorus, which can promote spread...

You can also put drops of Frankincense under your tongue(essential oil)-they say use the ones called therapeutic grade but some say all are fine...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Sari Grove ·

Author/ Writer at Do It Yourself Medicine: A Repair Manual

My research into Tamoxifen brought me to 2 sources...The herb Dong Quai, & the herb Madagascar Periwinkle, which is a vinpocetine...Both act in a similar fashion to the Iodine family by attacking Calciums...Which in drug form is called progesterone, or birth control drugs...

The mustard family which you mention, the first type of chemo historically, acts by lowering blood sugar in the pancreas...

The Flaxseed group acts as a Manganese, by lowering iron in the blood, the Thymus...

Estrogen , that word, is a Phosphorus element that lives in the Spleen, & is antagonized by the whole Copper family-things like Ginkgo Biloba are Coppers...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Atelectasis...Asthma...Cystic Fibrosis...COPD...Pneumonia...Lungs...Hemoptysis...

by Sari - Wednesday, October 07, 2015

<http://grovecanada.ca/atelectasis-pneumonia-lungs-hemoptysis/>

Atelectasis can occur after abdominal surgery...It means a part of the lung may have collapsed a little...Sometimes you get infection in that area...Like pneumonia...It is a common myth that you have to have fever to indicate this...A chest x-Ray can show if there is atelectasis...They treat it by treating the underlying cause...Sometimes Oxygen & other breathing techniques & things to deal with the infection...Coughing up a little blood may be caused by this...Perhaps you could check this...

<https://en.m.wikipedia.org/wiki/Atelectasis>

Hemoptysis means coughing up blood from the Lungs...If it is bright red, it is from the lungs...Coffee colour blood is coming from the stomach...

A lung infection can cause Hemoptysis...

I will update this post with treatment ideas for Lung tumours, tomorrow...

But start with eating small slices of Fresh Ginger root, many times a day...

Licorice root tea, tincture, capsules, the fresh herb, very often also, & a lot...

Any form of Iodine you prefer, but enough, & daily...

Ginkgo Biloba...

Vinpocetine...

Butcher's Broom...

Apricot kernels mixed in with unsweetened applesauce & trail mix for breakfast...

Flaxseed, Buckwheat, Chia seed, Hulled hemp seed, also for breakfast cereal...Hot or cold...

Boswellia...

Frankincense essential oil mixed with apricot kernel oil & applied topically to lungs, armpits, soles of feet, spine...

Baking soda in water...

Raw plant based diet...

no gluten

no sugar

no dairy

no probiotics

no melatonin

no Calcium based supplements

Epsom Salt baths

Exercise...Walk very far daily for 1-3 hours

Green tea

Fish oil,

Flaxseed oil

Hemp oil

Saffron raw

Nuts

Sesame seeds

Pumpkin seeds

Goji Berries

Carrot juice

Aloe Vera juice

Wormwood

Black Walnut Hull

Clove powder

Kelp, seaweed, sea vegetables

Graviola, Hawthorn, Stevia

Chamomile, Mint

No deodorant or antiperspirant unless it is a Lymph detox deodorant

Magnesium(careful- if you feel joint pain or jaw pain, stop)

Short program:

At the least, Bloodroot capsules(the Zenith herbal ones), Iodoral, & Apricot kernels...That handles Lead, Iron, Sugar, Aurum(high blood pressure), Calcium, Hydrogen(necrosis from hypoxia)...Throw in a raw plant based diet(try 6 days worth as a start), & daily long far walks on a trail or less urban type place...No sugar, no gluten, no alcohol, no dairy...Licorice root tea, tincture, capsules, raw herb- will handle Salmonella typhi bacterium if present...

Licorice root, tincture, tea, capsules, raw herb, will ensure no Salmonella Typhi bacterium will survive if present(ie: malignancies)...A round of the 3 part Dr. Hulda Clark antiparasitic treatment might be nice too...

Diagnostic Imaging Decisions:

A chest X-Ray can see lung tumours of half an inch...A CT scan is just many chest X-rays from different directions that get assembled by a computer into a 3 dimensional image...A sputum test of the mucus & blood coughed up can be done to ascertain if there are cancer cells present...I will link to a list of some of the options...But I'd like to say this...Looking to diagnostic imaging for answers is not the first way to know you are getting better or doing the right things...Look inside yourself, look at the theories behind all the herbs & supplements you take to make sure they are sound theoretically, look at all the diet & exercise you do & the progress you have made, evaluate how you feel, look at pictures of yourself then & now...Do you feel better? Are you better? Do you look better? Ask God if you are getting better...Before you go in for tests or imaging, you should know inside yourself that you are better...These tests are not healing tests, they are just diagnostic tests that can really stress you out & set you back emotionally...Are you going to go in & be told negative things because these tests always focus on the negative? Will testing hurt you emotionally? Also...On the other side of things- if radiation is used to cure cancer, then is more radiation always bad, or could it actually be beneficial to your progress? We do know the injection dyes have side effects...Is it worth it to take the dye if you get a more accurate diagnostic ? Diffusion weighted MRI DW-MRI is noninvasive & has better diagnostic rates than PET-CT...Is DW-MRI (no dye either) available in Buenos Aires? Is there a rush to do

Imaging now or could you wait to decide? Either they say the tumours are all gone or they say it is unchanged or they say they have grown..Are you far enough in your Alternative therapy progress that you think they are all gone? Will they possibly over diagnose & give you a bad answer even if things are actually slightly better? If you get a bad answer, how will that affect your Alternative protocol? Will it

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

push you to try harder or will depression set you backwards ? If you trust your Naturopath & he says MRI, why are you listening to people in a Facebook group including me, instead of listening to the one person who is really helping you the most? Does he know something more than we do ? Probably...I am just thinking out loud...

<http://www.triadpublishing.com/lungcancerex.shtml>

Sidetracking to skin cancers for a moment:

If there are surface moles or basal cell carcinoma or melanoma or anything suspicious on the skin-

People usually start with the bloodroot capsules(Zenith Herbals) before jumping in to the black salve...Systemic detox with diet change & exercise comes first...The idea is by the time you get to the black salve, everything will be smaller & easier to come out... Try to get all over healthier first...Pancreatic enzymes or garlic & papaya (food or pills) for the high blood sugar too...

The patient is the best doctor...?

Back to the Lungs(& COPD chronic obstructive pulmonary disease & also Cystic Fibrosis)...

Mycoplasma: Mycoplasma are tiny parasitic things that can cause pneumonia or worse...They show up in gastric cancer, lung cancer, breast cancer, gliomas(brain) ...They love to feed on cholesterol & Arginine...Sometimes called choline & glutamate...In English cholesterol & glutens...

Get rid of mycoplasma then with Titaniums like Boswellia & Carbons like Flaxseed oil...

http://www.rain-tree.com/myco.htm#.VhbsC1Ws_CR

Mycoplasmal Pneumonia can appear in premature babies...In adults, coughing up blood Hemoptysis, & chest pain, can also occur from this infection...These parasitic creatures can take over healthy cells & change their DNA as they ingest them..This activity might be Cancer...

On a personal note:

In the group Solitarius.org we are discussing Mycoplasma infections which occur often in premature babies...Mycoplasma can cause pneumonia , loves to feed on cholesterol & glutens...So it could be treated with aspirins & Oils...If that was what we all got(I am sick in bed right now), then things like Advil Cold & Sinus, & plenty of olive oil on the next salad or vegetable dish would help...The Ginger did help, but I went through it all really fast..Now I'm back to thinking asthma meds were maybe the right answer the first time...Or maybe both or all..Probably all...?

Back to Diagnostic Imaging of Lung cancer tumours:

Some loose comments from our discussion over at Solitarius.org a Facebook group ...(I have replaced

names with just initials if I mention people in my comments...)

"First, I'd like to go back over the original question:

I think the general conclusion is that MRI will not be able to see the chemistry within the tumours to ascertain whether they have changed chemically, reverted to benign, or are 'dying'...

Theoretically you may get some size analysis from MRI, which theoretically could be compared to the size analysis from the CT scan...

But you have more than one to look at, & that may be challenging to find the exact one from MRI & compare size change to the exact one in the CT scan...

Furthermore you don't want any dye injection, as you said, & they said they won't do MRI otherwise...So MRI is pretty much out...

You don't want anymore CT scans due to fear of excess radiation causing weakness to healthy tissue...

A PET scan usually involves both injection & radiation so I am guessing that is out too...

Your blood tests include carcinoma embryonic antigen (CEA), so if you retest the blood & that is lower, that would indicate that Cancer is dying...

Next,

I'd like to clarify that I was interested in the raw eggs & shells

in order to heal up a hole that was created by the biopsy needle puncturing my chest wall by accident...

I was not recommending raw eggs & shells as part of an anticancer protocol...

Just to be clear on that point because I have noticed new posts recently in other groups about eating eggs & honestly I wouldn't have even thought people were considering that as anticancer, due to the fact that eggs are builders not detoxers, & cancer programs usually need detoxers, UNLESS someone has surgical damage, cachexia or is too skinny & cannot gain, or there is memory loss from excess detoxing (ie:CBD oil use in excess)...

D.W. & on that point, I'd like to add-if you have had Mycoplasma infection that loves to feed on cholesterol & arginine(call it gluten for those who don't know, or Nitrogens), then why would you be doing a raw egg diet specifically?

Sorry, I don't get it...

It would seem like you are feeding the parasite?

Do It! Poulson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Last, I'd like to say thank you to D.W., for bringing us so much rich information about Mycoplasma, in particular its implication in forming lung cancer...

Brilliant! That provides excellent clarity into the progress of acquiring a parasite,

to developing pneumonia infection, to perhaps feeding it with cholesterol or glutens unknowingly, tumours forming in lungs, those tumours being parasitized, & so

on to coughing up blood & mucus, chest pain, weakness, & obstructed breathing...So smart thank you D.W.!"

Attack Cancer

by Sari - Friday, April 03, 2015

<http://grovecanada.ca/the-grove-health-science-book-series/shop/>

For Under a \$1.50 (Canadian currencies change slightly daily) buy Book 8 of the Grove Health science series of books, for your desktop or iPhone or Kindle device...Can be read with the free Kindle app which you get fromAmazon!

It's a short book explaining the main medical theory for DIYselfers, &

,a short version of how to turn a Cancer lump into a benign lump, & then get rid of it,on your own time...

by Sari Grove

[Kindle Book by Sari Grove:Introduction to how the human machine works & how to change a Malignant lump to benign...short ebook Canadian](#)

Audio that can alter your brain waves to make them healthier!

by Sari - Wednesday, October 14, 2015

<http://grovecanada.ca/?p=2057>

<https://www.centerpointe.com/v2/>

Audiobook

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/audiobook/>

Please Note:I just re-listened to the Audiobook, which is now slightly dated, & realize that my thoughts on the brain today are far more developed & accurate, than they are in this mp3 speech/lecture...The lecture is great, but for example, I had to stop the listen & post this update because back then I thought the Globus Pallidus had two sides or two parts...Now today my theory is that the Globus Pallidus is PAIRED with the Hypothalamus, & together they operate the Spleen...Each one handling one element of the Spleen's day to day operation...Copper & Phosphorus production respectively...Also handling the NOSE...(snot is a Phosphorus Copper thing)...So I KNEW back then that there were two brain parts, but I didn't know they had different names & were paired...Anyways, I am leaving the MP3 file here, because it shows my progress of thinking...I was not wrong in the mp3 file, it was just I hadn't thought of it yet...Smile...

Ok, this AUDIO file is a TRANSLATION from VISUALs to AUDIO, for people who cannot see or who like to hear things & imagine the visuals...

[Grove Body Part Chart:A Medical Arts innovation](#) mp3 file Explains the basic medical theory, the CHART...

<https://app.box.com/s/zo5q4nwojz8nnolxs02> *duplicate mp3 file of above*

Our second book, with significant moral support help from Gallery Owner Trevor Allan, who owns <http://www.gallery36.ca/>

in Hazelton Lanes in Toronto...

Avalanche Buffalo, featured song on Album...Listen!

by Sari - Tuesday, April 19, 2016

<http://grovecanada.ca/avalanche-buffalo-featured-song-on-album-listen/>

<http://www.last.fm/music/grovecanada>

B'elanna...

by Sari - Monday, February 22, 2016

<http://grovecanada.ca/belanna/>

<http://grovecanada.magix.net/website> Please enjoy a look back to the past...This is our older Magix website...(Great Flash animations & an album of some sold paintings from that era...albeit blurry...But isn't the past always a bit blurry?)

B12 & Potassium live together as opposites...(&MTHFR gene shows high B12)

by Sari - Monday, July 18, 2016

<http://grovecanada.ca/b12-potassium-live-together-as-opposites-mthfr-gene-shows-high-b12/>

Note:The MTHFR gene interferes with Potassium, causing very high B12 levels...

Explanation:Potassium & B12(Aurum on the Chart) live together in balance in the heart as opposites...B12 raises blood pressure, Potassium lowers blood pressure...They are in balance when someone is healthy...When B12 is too high, you get heart palpitations, increased systolic & diastolic blood pressure, which can become uncomfortable-like you are always drinking coffee, your heart pounds...Potassium is used to lower blood pressure...It does so by lowering B12...Potassium helps to break down B12...It is a see saw...The other elements on the chart work the same...The Minus ones detox, the Plus column feeds & repairs...

You can add Potassium to your life via supplements, Hawthorne spice, stevia, Xylitol, even artificial sweeteners contain potassium...Bananas, & coconut water too...Graviola...

Basic ANTICancer things to do NOW!

by Sari - Wednesday, March 16, 2016

<http://grovecanada.ca/basic-anticancer-things-to-do-now/>

Hi...This post was supposed to be a basic starter post, but has become much much more...Sorry about that...I will write a newer post that has fewer ideas in it to think about...

The Philosophy...You want at least One thing from EACH of the MINUS elements on this chart...

CHECK your protocol:

Here is an example of a full protocol...

Zinc-Camu Camu powder (or Prandin B powder is good)(or megadose Vitamin C)(or sunshine/tanning bed-yes tanning beds are great too for sunshine in winter-it is Do it Yourself Radiotherapy actually!!!Note:Especially good for pleural effusion, Ulcerating fungating tumours, pneumonia type symptoms...)****

Manganese-Bloodroot capsules(Zenith herbals)(or Black walnut hull)(or nuts, sesame seeds, flaxseeds, flaxseed oil)

Comment Thursday April 7th, 2016: *"I have started using Two Feathers black salve internally...I take 1/8 of a teaspoon morning & night...From a jar...No zinc chloride...It is the original 18 ingredients recipe from the Indians...They used it on those big things on horses legs...Recipe still secret...Robert Roy guides you over the phone while doing treatment...He is the owner...Nevada...Excellent...After 7 days I can start using it topically...Reference book Susan Liberty Hall, "Ha, I laugh in the Face of Cancer"...p.s. Have gentle Iron pills on hand while doing internal or external black salve...If dizzy or nauseous, Iron is too low...Pop a few & things go back to normal..."*

Titanium-hulled hemp seeds(giant bowl of), Holy Basil, Boswellia...new Titanium idea:RED YEAST RICE-it's a chinese statin which means it lowers cholesterol/Aluminum on our chart from the Lung & Lymph Node area...Cannabis is a statin too...Pine needles...My suggestion is to use red yeast rice as your titanium choice...(Note: This has NOTHING to do with any other type of yeast which I do NOT recommend eating or taking while doing an anticancer diet)...<http://www.drweil.com/drw/u/QAA400589/Red-Rice-Yeast-Instead-of-Statins.html>,

Potassium-Graviola, Hawthorne, stevia

Selenium-garlic pills or raw garlic, cayenne pepper, pancreatic enzymes, lysine

Carbon-oils, olive oil(put tons on your salads), baking soda (Kidney cleanse-all oils lower uric acid levels & help to dissolve stones-shot glass of hemp oil, flaxseed oil, olive oil, castor oil-add squeeze half a lemon juice for taste-drink 3x per day...will make you poop more...)

<http://natureworksbest.com/dr-tullio-simoncini-sodium-bicarbonate-cancer-treatment/>You can pack an ulcerating fungating tumour with baking soda, there is also a treatment that injects baking soda directly into the tumour site...See link for details(Dr. Tullio Simoncini)

EYES:Tumors behind the eyes-"organic hexane free coldpressed CASTOR OIL internally thickens hair", "1 drop in eyes at night to get rid of cataracts it releases toxin build up castor oils is amazing..." The quotes about Castor Oil are from a friend who messaged me on Facebook about

this...I will post a name if the person wants a name posted...

*****By the way, if anyone who has helped wants their credentials mentioned, just email me grove@sent.com & I will add a name & a link...**

Oxygen-apricot kernels, milk thistle, burdock, raw saffron(heavy metals defense product from mike adams the health ranger is a great heavy metal chelator) Hyperbaric Oxygen Chamber therapy, compressed Oxygen, eucalyptus & eucalyptus essential oil(add apricot kernel oil/grapeseed oil to dilute before applying), Rosemary, <http://www.flordis.com.au/product/legalon> Legalon is a concentrated Milk Thistle supplement...It was recommended by a Naturopath to another friend of mine...Who passed the information on to me...I would use this for Shingles, Hodgkin's lymphoma, Liver Cancer, hepatitis, cirrhosis, & impotence due to alcoholism...Also for pneumonia, pleural effusion, & bloat...Diuretic...Makes you pee more...Restrain all fluids while doing Milk thistle...This helps it to work better...

Iodine-liquid kelp, iodoral pills, seaweed(sealologica is a good product

Copper-Copper pills(yes Copper is the MOST anticancer thing you can do-use the search function on this site to find out why...The MOST...), Licorice root extract(st. Francis is the one I used), chlorella, spirulina, green tea, green tea & its extract (egcg is the acronym for the extract), cilantro

Magnesium-Epsom salt baths(use alot...the scented ones are nice too), magnesium supplements, daily 2 hour long slow walks(yes exercise increases magnesium), glutathione is the fancy word for magnesium, oral epsom salts...(Do Andrea Moritz's Natural Gallbladder cleanse-oral epsom salts/olive oil/optional grapefruit juice)

Fluorine-Moringa Leaf, parsley(yes, fluorine is ANTICancer-do not beleive everything you read about fluoride...yes it kills things-that's why you want it...They use fluorine in chemo very often-fluorouracil...So yes gargle with mouthwash & use fluoridated toothpaste(please don't be angry about this...fluoride kills things...in a good way!(hold fluoridated mouthwash in mouth for 20 minutes daily for absorption)

Boron-a teaspoon of plain old Borax in a litre of water, Boron supplements, a herb called **HOARY WILLOWHERB-famous for this use**(or Fireweed-cleans out male & female prostate area , in female it is called SKENE's GLAND-note: If you are feeling weird sexual fantasies that can mean your cerebral aqueduct/male or corpus callosum/female is clogged-use BORON herbs to correct this-it will also clear out your prostate gland or skene's gland in the ladies)...

There! Now you have one thing from each thing in the MINUS column...

Also do a round of HUMAWORM...antiparasitic...(includes wormwood, black walnut hull, & cloves)...<http://www.humaworm.com>

<https://www.facebook.com/australianreferendum>**Note:For consultations concerning what kind of parasite your Cancer comes from, please consult with Marnie Newton on Facebook...She is glad to help & has done extensive research into the cause of Cancer...Marnie Newton is also the source for the Humaworm product(Marnie found it & recommends it as an antiparasitic)...**

Note: In this post, beside any ingredient I mention, I put in brackets what element that ingredient belongs to on our Grove Body Part Chart...The MINUS column are all DETOX elements, so that is what you want for an anticancer protocol...One of each...The PLUS column are all feed repair healing type elements-but not useful for anticancer...(scroll down for a picture of the chart)...

Do It For Your Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

Walk for 2 hours at least daily...Exercise is crucial for mind & body health...Really...(You may not be able to do it daily...But make that your goal...You will become an athlete!)

Go on a raw plant based diet...(How to do that, read this book- <http://rawfooddietscure.com/> My raw food diet cure & secret, by nurse Helen Hecker, who **cured her breast cancer just by going raw**)...

[Heavy Metals Defense powder](#) In your morning smoothie, put some of this powder, & your other supplements, with orange juice, ice, a banana...(Blend with a Blender stick)(Contains: **Ingredients:** A combination of a dehydrated seaweed powder(iodine), a unique seawater extract(more Iodine), grape seed powder(Oxygen), Clean Chlorella(copper) and Hawaiian Spirulina(more Copper).)

[Pranin B has guava\(Zinc\), holy basil\(Titanium\), lemon\(Zinc\), spirulina\(Copper\)](#)...A tiny scoop in your smoothie daily packs a punch...

[Zenith Herbals Bloodroot capsules](#) contain Bloodroot/Manganese, Graviola/Potassium, Chaparall/Selenium, & Galangal/Zinc...Double strength...

[Humaworm antiparasitic is really comprehensive](#)...Anyone with Cancer needs to take it...Adult 30 day course...

[St. Francis Licorice root extract](#)...4 dropperfuls daily or more! Crucial! (stops & reverse spread!) (Add Licorice root capsules & tea to ensure no spread & reversing malignant to benign)!

(Picture shows Grove Body Part Chart-I highlighted silicone to show where breast implants lie on the chart)...

Comment: Yes...This was my big discovery...I found out that the differential between a benign lump & a malignant lump was the presence of Phosphorus...I knew from my studies in Parkinson's disease that Copper antagonizes Phosphorus...I researched the best forms of Copper to take, & came across Licorice root...Safe, easy to get, & not many side effects...I had developed a way to see the lump under the skin using just a camera & a photo edit program, & I could see what Phosphorus looked like...I took pictures before & after taking 4 dropperfuls of St. Francis Licorice root extract, to see if it did indeed clear out Phosphorus...To my great joy, it cleared out the Phosphorus visibly in my photo edits...(one day later)...So I knew my theory worked in practice too...So I used various forms of Licorice root to reverse malignant to benign...The extract but also took capsules & tea & simmered the herb on the stove & drank the liquid...It is actually difficult to overdose on licorice root, so I took alot...(though you know you have taken too much if you start to have panic emotions)...Anyways...This was how I got my lump to benign...I did the other basic things one should do with a Cancer diagnosis, but this was the main thrust to reverse the chemistry...You can live with a benign lump forever...But the tiniest malignant one can kill you...Which is why the goal of shrinking a lump is much harder to accomplish & can be a dangerous goal...Better to render it inert...Buys you time...Later you can still remove it surgically or black salve it or whatever...Licorice root...(The St. Francis extract was the strongest way I found to take it)...

[Natural Factors Liquid Kelp...For the Iodine...](#) Also take Iodoral for the Iodine...

[Check your biochemistry & malignancy status using these two editing methods...](#)

Boswellia capsules, (this is Frankincense in capsule form)...(Titanium)

Apricot Kernels(oxygen)...(stick them in unsweetened applesauce to hide the taste)...15 daily...

Have a giant bowl of Hulled hemp seeds in the morning...(titanium)

Boron supplement...For Prostate in men, & Skene's gland in women(ovaries & personal areas)...Note: Hoary Willowherb is an excellent source of Boron...

Citation:

"Research Update:Willow Herb,epilobium parviflorum ...

www.mdidea.com > products > new

Phytochemicals and Constituents of Hoary willowherb,Epilobium parviflorum. Boron concentrations in plant tissues were high, with some species even showing levels of more than 100 microg/g ..."

Moringa Oleifera...For the Colon...(Fluorine)

Take a shot of Flaxseed oil(Carbon & Manganese) mixed with a little Apple Cider vinegar(Zinc) (for taste) & some Hemp oil(Titanium & Carbon) & some Castor oil(Carbon)...

Hawthorne(potassium)...For blood pressure lowering & aggressive cancers that ulcerate...(Basal cell)

Garlic pills/Lysine/Cayenne pepper-these are all natural antibiotics that lower blood sugar levels...Do all 3!(for squamous cell)(selenium)

Bathe in Epsom Salts for the magnesium, & take Magnesium too...(for Lyme disease)

Liquid Milk thistle...(for the Liver)(oxygen)

The Grove Body Part Chart:

The Chart was created by me...My books, can be read free on my site, build on it...(there are 9 now)...The elements are from the Periodic table of elements...Each one represents families of things in the real world...Aluminum in the real world is found in cholesterol like eggs...It is in the Plus column, so is a repair healer type element...For breast cancer choose elements in the Minus column...Graviola is a Potassium...Milk thistle is an Oxygen...Vitamin C is a Zinc...Oils are Carbons...Garlic, Lysine, Cayenne Pepper are Seleniums...Bloodroot is a Manganese...Epsom Salts are Magnesium...You can see if you choose one of each Minus element, you are building an excellent anticancer protocol...Licorice root is a Copper...So things in the Plus column you generally avoid if you have any type of Cancer...Lead represents red meat...Chicken is an Iron...Dairy is Calcium...Cheese is Phosphorus...

Today someone asked me for examples of the PLUS elements...So that she could avoid them...

Here is a short list...Starting from the top of the Chart working down the Plus column...

Lead=Red Meat

Iron=Chicken

Aluminum=Eggs

Aurum(think B12)=Fish & Seafood

Nitrogen=Glutens like bread & pasta & grains

Sugar=well, Sugar(but honey & maple syrup count too & fruit has sugar too so be careful)

Hydrogen:water & Alcohol which has more

Calcium=Milk

Phosphorus=Yogurt, kefir, Cheese, Cottage cheese, Probiotics too

Mercury=Pork, Salt too, silicone like the coating on breast implants too

Bismuth=Ash, charcoal, soot, burnt things, Melatonin is also in this category(yes, really)

Molybdenum=Beans

Now the numbers on the Chart indicate strength...

So Lead is Plus 12 the strongest Plus element...Beans are only Plus 1, the weakest plus element...So when choosing what to eat while you have cancer, you might want to choose things with lower numbers...You need some protein, but fish is slightly lower than red meat...or maybe just have a bean salad? Also...if you do "cheat" on your diet, add its "opposite" later on in the day...Say you drink Milk for instance...Later on have some Liquid kelp or a seaweed salad(iodine) to lower your calcium levels...

Each Minus & Plus element is a paired opposite...One lowers the other...But if you eat alot of red meat +12, you will need a whole lot of Zinc(Vitamin C) which is only a Minus 1 to compensate...Vitamin C is great but not very strong...hence the need to megadose it...The strongest Minus element is -12 Boron...

More ANTICANCER detox resources to consider:(the following three sections were used by one woman who cured her breast cancer with metastases using just this protocol)...

Basic Summary List(these are from DoTerra-it is a brand name)

The Women's Vitality Pack

DDR Prime(capsules)

On Guard (pill form)
Deep blue (pills)
Bone nutrient
Frankincense oil(on feet, chest, neck, armpits, tumour areas)
kelp for the iodine
CoQ10

Note:I did not take this List myself...However, I was impressed by the story & I think essential oils are magnificent...They are a little pricey for me in Canada, but it is a well worth it luxury...This is the first time I have heard a comprehensive list that successfully eradicated tumours so I couldn't resist posting it...

(There were a few other things this lady did take that I am not going to recommend...About that:I do NOT recommend melatonin(bismuth on our chart), nor probiotics(Phosphorus), nor colostrum products(Calcium & Phosphorus), nor B12(Aurum on our Chart), nor Zeolites(aluminum), nor Aloe for anticancer purpose(also aluminum-though I do like aloe for wound healing or after surgery healing), nor Iron(I do not recommend it using it "synergistically"), nor anything cottage cheese or quark(Phosphorus)...

1)http://www.doterratools.com/documents/vitality_booklet.pdf TheWomen's Vitality Pack from Doterra...

Vitality pack & you can add the DDR Prime...

2)Add to the above Doterra [with their DDR prime](#)(it's all the essential oils you want in one capsule!)...Also add Deep Blue(to relax)...Also add their Frankincense oil(rub on chest & soles of feet at night)...

3) the above Doterra products with Isagenix Greens powder daily... <http://www.isagenix.com/en-US/products/categories/individual-items/greens-antioxidant-dietary-supplement>

More ideas: <http://drjockers.com/top-12-cancer-stem-cell-killing-nutrients/> This article lists 12 excellent ideas...

picture from the article...

Rosemary...Oxygen...Antiviral...

EMERGENCYMessage to someone who is about to go in for a Mammogram, Ultrasound & maybe Biopsy of a lump...What can she do in a hurry to try to avoid surgery & everything else???

Ok the Licorice root will kill the cancer...yes, get any brand you can get your hands on...Buy several bottles & just bloody drink them...Grab a bottle of Copper pills & throw a pile of them down your throat too...Its the Copper family that kills the cancer...Now for size...if you want to make it shrink fast you need Iodines...Lots of Iodines...Fastest way is grab like 10 bottles of Liquid kelp, doesn't matter what brand...Again, drink a bottle a day...That makes it shrink like crazy...The apricot seeds dehydrate the lump which will make it even smaller...Take 15-30 a day(you can't take more

than 30)-buy several jars of unsweetened applesauce because you will have to stick them in to eat them-they taste too bitter to eat them straight...Ok those three things...Focus on those three...Megadose on them...You do better by megadosing on three things than taking 15 things but just a little...

17:27

Sari Grove

(i guess that was 4)

17:30

Sari Grove

if you throw in a raw plant based diet, no sugar, no dairy, no gluten, no meat, no phosphorus foods(that means no cheese, no cottage cheese, no yogurt, no kefir, no probiotics)...Then throw in some sort of very very long slow exercise-walking or-if you could swim...Exercise-not crazy cardio-long slow for extended period of time...Sauna, steam, essential oil massage, go to a tanning salon & do 9 minutes of tanning to stimulate your body & it is do it yourself radiotherapy(use their lotion & ask for the stronger machine)...

Go a little crazy...Overdo things...Don't play it safe...By the way-stress before the appointment makes it swell up-so if you can be very very relaxed at the appointment your results will be better...The day of your appointment, you could pop a couple of Boswellia capsules to relax you...or eat a very large bowl of hulled hemp seeds...The hemp will relax you too...

Put tons of oils on your salads...Whatever oil you use...The oil will make you poop like crazy...

Chat conversation end

Seen 17:48

http://www.altcancer.com/ct3_new.htmAmazon 111 Tonic...This is a powerful tonic if you are in a hurry, or your cancer is ulcerating, or aggressive...

Vega One Sugar Free Energizer powder contains Ginger & Turmeric which helps to remove lead from the Thyroid...Also gives tons of energy...Buy the single serve packs first to see if you like its effects!

PNC27: sat. April 2, 2016 update: <http://www.canceractive.com/cancer-active-page-link.aspx?n=3762>

Going to have to update my post...this link explains PNC27 differently...It says it can bypass the faulty P53 gene & deals with the overexpression of HDM2...What that means in English is they are saying it can lower Lead poisoning basically which is causing alot of environmental cancers, mainly melanoma type...P53 is like a Zinc gene-when you block it you don't get its Lead reducing quality...HDM2 overexpression is like too much Lead(the bad kind)...So they are saying this is good for that sort of thing, of which melanomas are a big part...Though I have seen Lead as a common denominator in all the women I have seen who have very aggressive types of cancers...(one woman mold, one lead paint, one radiator fluid, one roundup weed killer)...

(Note:<http://grovecanada.ca/inflammatory-breast-cancer-lets-solve-ithave-already-begun-lets-see-if-we-can-all-band-together-to-help-heres-my-first-bit-looking-at-what-over-expresses-in-inflammatory-there-is-gene-pt/>This post is where I started looking at the P53 gene...

Tattoo Inks are showing up as Lead Pb poisoning when I edit pictures...Melanoma skin cancers are related to Lead...Coppers can be applied **transdermally as Patches or even just by using liquid Colloidal Silver**...

Triple Leaf Tea company has an excellent Dong Quai tea...Dong Quai is in the Iodine family that helps to shrink a Calcium lump...(by the way, the tea is called Sugar balance tea, but the ingredients are amazing as an anticancer tea...There is much more than just the Dong Quai inside!)

http://www.amazon.com/Triple-Leaf-Tea-Sugar-Balance/dp/B000LKZTOQ/ref=cm_cr_ar_p_d_product_top?ie=UTF8

Spray Colloidal Silver on ulcerating tumours as an antibiotic...(selenium family on our chart)

Pancreatic Enzymes are basically garlic & papaya mixed together...But it is a good mix!(lowers blood sugar & lowers Lead levels)

Vinpocetine is what they use in chemo usually...It is based on the herb Madagascar periwinkle which you can simmer in water & drink the tea...Vinpocetine acts like Iodine, absorbs a little better than something like Liquid Lugol's Iodine...

Hepa Plus by Usana is an excellent Liver cleanse in a pill...(oxygen family)

CancerCrackdown.org sells an excellent 8 ingredient version of ESSIAC tea by nurse Rene Caisse...Drink 3 times a day for anyone with Cancer...(yes, it does NOT matter what type)

<https://shop.cancercrackdown.org/Product/essiac-tea>

Cancer Crackdown store also carries B17 which is from Apricot kernels(Oxygen family)...

<https://shop.cancercrackdown.org/Product/apricot-power-b17>

You can also get Lypo-spheric Vitamin C at the Cancer crackdown store...(Zinc family)

<https://shop.cancercrackdown.org/Product/super-selenium-complex> While you are there you might as well pick up some Selenium too...(lowers blood sugar in Pancreas)

Sari's Dad(Comment from the Black Salve Discussion group):

My father was a neuro-ophthalmological surgeon who also taught medicine...He passed away in 2002, November 10(day before Remembrance day)...But he is still alive & teaching me medicine...The site is here <http://www.grovecanada.ca> & use the Search bar to look up the word Copper to find various posts...There is a huge amount of misinformation about Copper that made my job so much harder to explain...They confuse it with the word Ceruloplasmin which is a Copper Binder...Binder means opposite...But most people aren't reading the clinical trials...Just the headline...& somebody forgot the word Binder...So it got repeated that Copper was bad...The Licorice root information has been corrupted in a different way...I found a bias against all the Chinese herbs-Licorice root(Ga Cao its called in Chinese), Gingko Biloba(another great Copper), Ginseng, Dong Quai(a fabulous Iodine-Triple Lead tea compnay does an awesome Dong Quai tea called Sugar balance which is cheap & potent & has a bunch of other anticancer herbs inside-easy to find)...

[YouTube Video](#)

Notes: You mention Tamoxifen? "Oh...I just wanted to explain to women who are on it what they are taking...If you take several layers of Iodine daily & get it in your food, then you can avoid Tamoxifen which I recommend..."

"Iodoral 12.5 mg a day minimum...Liquid kelp-giant gulp...The heavy Metals Defense powder has seaweed in it & seawater extract...If you eat Arame & roasted Kelp & seaweed salads...There are sea vegetable powders too...Sealogica is one but I couldn't get them to ship to me..."

The herb Madagascar periwinkle is Vinpocetine which can be gotten in pill form too...It is the same as chemo-but at a dosage that won't kill people instead...

Essiac Tea, the 8 ingredient formula(had some today because of you-it was sitting in my cupboard), has Iodines in it..."

"A Gallbladder cleanse is not a bad idea either...Google the grapefruit juice, epsom salt, olive oil, gallbladder cleanse...It helps things to clear out as you are detoxifying so they don't get trapped there... The Vinpocetine is excellent...It absorbs in a much gentler way than the straight Iodines..."

"Top 3 heavy metal chelators are 1)Vinpocetine, 3)Butcher's Broom & 2)Gingko Biloba...I think I got the order wrong..."

[%22My Raw Food Diet Cure%22](#)PDF file of the book, it is how to go raw(& heal)downloadable...

[marinedrugs-14-00060](#)Seaweed is the New Food!(a study on seaweed, pretty intense)downloadable...

<http://www.adipogen.com/ag-cn2-0459/isoliquiritigenin.html> **You can buy a very concentrated form of Licorice root here...(\$130 worth minimum-you then have to mix a tiny bit of the crystal into DMSO...)(for DIY chemists)**

<https://www.caymanchem.com/product/10739>You can buy \$30 of the licorice extract here...still has to be mixed with something like DMSO...tiny quantities...for do it yourself pharmacists really...(My idea is that you would use this in really dire cases where cancer has progressed really far already)...

Notes on the link above(from their site)...: "Product Description

Anticancer. Apoptosis inducer and cell proliferation inhibitor. Autophagy inducer.

Anti-angiogenic. VEGF/VEGFR-2 signaling inhibitor.

Antioxidant and antibacterial.

AMPK-mediated GSK3? inhibitor.

Anti-inflammatory. Inhibits translocation and activation of NF- κ B by blocking phosphorylation and subsequent degradation of I κ B?.

Downregulates TRIF-dependent signaling pathways of TLRs by inhibiting TBK1 kinase activity. Blocks LPS-induced TLR4/MD2 complex signaling.

NLRP3 inflammasome activation inhibitor. Inhibits NLRP3-activated ASC oligomerization.

Can block the NLRP3 inflammasome at both the priming step and the activation step.

H(2) histamine receptor signaling inhibitor.

Anti-diabetic. Antihyperglycemic.

Aldose reductase inhibitor.

Vasorelaxant. Soluble guanylyl cyclase activator.

GABAA receptor positive allosteric modulator.

Potent cystic fibrosis transmembrane conductance regulator (CFTR) inhibitor.

Shown to inhibit breast cancer stem cells through WIF1 demethylation.

Shows outstanding matrix properties for MALDI-TOF-MS analysis of oligosaccharides.

Product References

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Isoliquiritigenin suppresses the Toll-interleukin-1 receptor domain-containing adapter inducing interferon-beta (TRIF)-dependent signaling pathway of Toll-like receptors by targeting TBK1: S.J. Park & H.S. Youn; *J. Agric. Food Chem.* 58, 4701 (2010)

Isoliquiritigenin, a chalcone compound, is a positive allosteric modulator of GABAA receptors and shows hypnotic effects: S. Cho, et al.; *BBRC* 413, 637 (2011)

Isoliquiritigenin (4,2',4'-trihydroxychalcone): a new matrix-assisted laser desorption/ionization matrix with outstanding properties for the analysis of neutral oligosaccharides: H. Yang, et al.; *Anal. Chim. Acta* 70, 45 (2011)

Novel action of the chalcone isoliquiritigenin as a cystic fibrosis transmembrane conductance regulator (CFTR) inhibitor: potential therapy for cholera and polycystic kidney disease: C. Muanprasat, et al.; *J. Pharmacol. Sci.* 118, 82 (2012)

Dietary compound isoliquiritigenin inhibits breast cancer neoangiogenesis via VEGF/VEGFR-2 signaling pathway: Z. Wang, et al.; *PLoS One* 8, e68566 (2013)

In vivo anti-diabetic activity of derivatives of isoliquiritigenin and liquiritigenin: T. Gaur, et al.; *Phytomedicine* 21, 415 (2014)

MicroRNA-25 regulates chemoresistance-associated autophagy in breast cancer cells, a process modulated by the natural autophagy inducer isoliquiritigenin: Z. Wang, et al.; *Oncotarget* 5, 7013 (2014)

Isoliquiritigenin is a potent inhibitor of NLRP3 inflammasome activation and diet-induced adipose tissue

inflammation: H. Honda, et al.; J. Leukoc. Biol. 96, 1087 (2014)

Dietary compound isoliquiritigenin prevents mammary carcinogenesis by inhibiting breast cancer stem cells through WIF1 demethylation: N. Wang, et al.; Oncotarget 6, 9854 (2015)

A Review: The Pharmacology of Isoliquiritigenin: F. Peng, et al.; Phytother. Res. (Epub ahead of print) (2015)" end of notes from the linked site...

<http://www.healbreastcancernaturally.com/mirror-epf-product-for-the-ultimate-detox-take-for-healing-and-disease-prevention/>**Mirror EPF is a tiny powerful bottle containing very concentrated drops of clove, thyme, rosemary, eugenol, plant esters, mint-basically Titanium family & Oxygen family on our Chart...Cleans out Lungs Lymph Nodes & Liver...**

<http://www.drmorsesherbalhealthclub.com/> I have been told that Dr. Morse's Lymph recipe cleared up someone's chronic sinus problem...His Bladder formula cured someone's incontinence issues too...

<https://store.digestaquire.com/>This product is based on the Aloe plant...It is for healing wounds, holes, tears, surgical recovery, scar repair, burns, that sort of thing...This is not an anticancer type thing...It is a wound repair type thing...Also for after radiation...

<http://thriveology.com/is-comfort-killing-you/>**Dr. Lee Baucom helps save marriages...This Dr. know that marriage therapy often ends in divorce...His audio blog talks about marriage issues & how to solve them...He is brilliant & an amazing resource if your marriage is in trouble...I linked the blog post from today-it is random...Follow his blog or more if your marriage is having pains...When a spouse gets Cancer it can really put a strain on the marriage...In so many ways...You know what I mean...Dr. Baucom's small book & audio package is inexpensive & well worth the kick-start...Not like any marriage help you will ever get...**

Cachexia:70% of people who die from Cancer do not die from Cancer, they die from cachexia...It starts with being too skinny, then slowly being unable to gain weight...Then weight loss continues...Anyways...Many who do anticancer programs find they have overdone things & are now too skinny & cannot gain weight back...Dan Webb (find him on Facebook), taught me how to do raw egg smoothies...Raw egg(1-4), banana, ice, orange juice or coconut water or some liquid you like-blend with a decent Blender stick, drink daily...Finally you will gain some weight back...Thanks Dan Webb!!! Lifesaver!!! (I lost 50 lbs & kept dropping weight...Thanks to raw egg smoothies I am back to a stable weight...)

Pleural Effusion/Fluid in Lungs:A lady who had fluid in her lungs for 3 years started the Livestrong program at her local Y...She began with only chair exercise...Eventually she was able to do more...She credits the exercising with clearing all the fluid from her lungs...She says there were others with Oxygen machines & other paraphernalia exercising there at the same time...

Also for Pleural Effusion:RESTRAIN all fluids...Yes...Don't drink...Number 2...OXYGENS...Milk thistle, apricot seeds, go crazy...

For just before an appointment & you want no traces of cancer to show up:An ounce of licorice root tincture...8 capsules licorice root strongest you can find...

<https://www.youtube.com/watch?v=PhJnpbicLnk>The Greenback Boogie, theme song to the tv show called SUITS...We got a Blu Ray player that could receive Netflix, attached it to our tv set, & wow, we have Netflix on our tv set...I streamed through episodes of Suits & every other show I could find...This was after daily 2 hour walks I was too exhausted to do anything else...I'd eat my giant vegetable salads while watching, & gulp my DIY chemo potion tea...Thank you Netflix...You are/were my good friend when I was in need...

<http://www.healbreastcancer Naturally.com>Heal Breast Cancer Naturally is a blog run by a friend of mine...You can buy Miror EPF(thyme titanium, clove titanium, rosemary oxygen, eugenols oxyegn,mint titanium, plant esters) there at a discount...You can also buy resveratol(oxygen)directly from the blog owner...excellent products anticancer...

Ulcerating Fungating Tumours:<http://www.naturalhealthyconcepts.com/dms0-cream-aloe...> Black Salve leaves a giant crevasse in the skin when the eschar comes out...Many of us salvers use this DMSO cream with Aloe to heal the skin back up again after salving...It is quite incredible...You put it on one night & the next morning you are healed up!(that was my experience)...Zenith Herbals a company that makes black salve has just come out with this new formulation for after salve skin healing...It is a coconut oil, shea butter, frankincense, myrrh, goldenseal, beeswax formulation, with vitamin e...<https://www.zenithherbal.com/product/zen-healing-balm-and-after-care/#tab-reviews>

Comment on Ulcerating Tumours(to someone who was scared): "When the tumour dies, it rots...Parts can fall off...That is good...Yes, the Essiac tea can make pieces fall off...A carrier oil like apricot oil or grapeseed oil can help the essential oils penetrate better...Plus, all oils, in & of themselves, get rid of any gluten/nitrogen/uric type blocks...You can mix your essentials with a carrier & rub all over your body too-lymph nodes, soles of feet, back of neck where spine meets head...Sitting under an infrared light or infrared sauna will help the ulceration problem...Traditional therapy for ulcerating is radiotherapy-infrared mimics that...Don't worry...You are doing fine..."

Note:Clove oil(also available at pharmacies for cheap) can be rubbed directly on an ulcerating tumour...Essential oils like Frankincense/Titanium, Myrrh/Selenium(opoponax is a strong Myrrh family), Lavender/Magnesium, Lemon/Zinc, Pink Grapefruit/Zinc, Rosemary/Oxygen, Thyme/Titanium, Thieves oil(a blend you can ask for), Tea Tree Oil(available at your local pharmacy usually)...

Yes it really does work:Ulcerating tumours are normally dealt with using radiotherapy...A local tanning salon can serve as your Do it Yourself base...8-10 minutes on a tanning bed will dry up the ulcerating wound...The rays will boost your immune system...It is an excellent private easy to access treatment that is cost efficient...

*****For those who think skin cancer is caused by tanning beds, I should explain that sunshine or tanning rays merely detoxify major organs which causes toxins to rise to the surface of your skin as your body rejects the foreign bodies...What appears on your skin was buried deep in your body...The sun or the tanning bed ray merely brought that out & up...It is far safer to have cancer on the surface of your body than deep inside wreaking havoc...Radiation, sunshine, tanning bed rays, are very useful anticancer tools...Please understand that & do not disparage those who use these things as part of their treatment plan...*

Hodgkin's disease is EBV Epstein Barr Virus which is a Liver fluke...Dehydrate the Liver by restraining all fluids...Milk thistle megadose...Apricot kernels 1 per every 10 lb of body weight, daily...Same for Shingles, chicken pox, Herpes...

Marnie Newton specializes in the cause of cancer vis a vis which parasite is causing which type of Cancer...I can put you in touch with Marnie to inquire about which parasite is causing your cancer...Parasite identification leads to appropriate treatment...Message me on Facebook, message Marnie Newton on Facebook, or write me at grove@sent.com ...Write me again if you don't get an answer...Sifting through spam seems to be a new age passtime...

From Pam Pinney(Facebook) of Bethel Church California

From Pam Pinney(Facebook) of Bethel Church California

Comment about Vitamin K2 & more:

<https://www.facebook.com/groups/NaturallyShrinkingIt/?fref=ts> Naturally Shrinking it...Which is about shrinking lumps & or trying to reverse the chemistry from malignant to benign, & more...(name withheld by request for now), with her huge photography background, helped me to figure out the how to see if a lump is malignant or benign using Phosphorus as the visual signature to isolate...This easy to do, free, 15 step editing process is changing the face of self diagnostics already...Currently in pre-development stage with an Inventions company called Davison in Pittsburgh, Pennsylvania, to build an App to make both self diagnostics even easier to do yourself, today I was downtown(Toronto) at the Uber head office as part of a pitch your idea to get investors promotion they had...Apps cost money to develop is the why...Anyways, long story short I always say yes to Vitamin D 3, & no to K2...I don't believe in synergistic remedies...Like the people who are taking iron with Wormwood...Or the people doing Flaxseed oil with cottage cheese...When I do their pictures, it comes up as high Iron...or high Phosphorus(the cottage cheese)...Which tells me that the body is seeing two ingredients as two ingredients...I know that sounds idiotic...What I mean is that I think you have to look at each & every thing you put in your mouth & ask if it is a detox item or a repair item...If you are in the detox phase of your journey then stick to that...If you are done detoxing, you have killed all cancer cells in your body, & are now too skinny & depleted from probably overdoing things, then it is time for the repair phase...Repair is when you start putting back things in...While repairing you may feel some random activity...Then you have to stop & throw back in a detox item again...K2 is a repair thing...I am not referring here to normal people or children or families or multivitamins for health...This whole comment is just for people in this Breast cancer Alternatives group-so none of this is applicable elsewhere...or people with deficiencies like Shindler's disease or other cognitive deficit disorders which do require K2 for rebuild & repair...MK-7, by the way, is from Natto...For those who don't know what Natto is, it comes from soybeans...p.p.s.Personally I don't encourage any soybean products while in detox stage...

Last edit:I should be clear that by taking Vitamin D3, you are trying to dissolve your tumour, lower Lead levels, & help speed up your thyroid which is usually sluggish...Taking Vitamin D3 in this way is very different from taking it just for general health...There is a parasite in your body that you are trying to kill if you do have Cancer...Killing something is quite different than just taking supplements for health...Which is why a decent antiparasitic like Humaworm (add dot com to see their site), which includes Dr. Hulda Clark's 3 part protocol & more, to be thorough, is critical for everybody with any

Cancer...Vitamin D however it is taken is not sufficient to fixate on...A multi-pronged attack wins..."

Sari Grove, Friday April, 8, 2016 1:23 am, Toronto...Canada...Last entry(this post was updated about 40 times since March 16, 2016...

This is the diet I followed..."My raw food diet cure & secrets" by Helen Hecker(nurse) Don't do a diet that includes dairy(ie:Budwig)...Small is like a shot glass full(we are talking about CASTOR OIL)...Add some Apple Cider vinegar to it so it tastes better & you don't gag...Also the apple cider vinegar is medicinal itself...removes lead...Like 3 tablespoons of that...It is strong*Braggs)...

"I did licorice root extract to avoid tumorectomy...Find a brand that is at least 1:4 ratio or 1:4 ratio...I used St Francis 1:4...Someone else used orange Naturals which is 1:5 & got even faster results...Swanson has a very weak brand which is alcohol free-it is only about 1:1 but without alcohol the dilution doesn't matter...Someone is doing half a bottle day of the St Francis brand(1:4) right now...She had amazing results after 10 days...This does not shrink tumours-it changes their chemistry which is different-jus kills the cancer part...You will be left with an inert tumour...A lump...Other things make it smaller...But small is still very dangerous if cancer is still present...Inert & big is better than small & active..." Sari

Bengal Cats

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/181-2/>

Sunday February 28, 2016: Turkey is a Phosphorus element on the Grove Brain Part Chart-Wernicke's area...Rabbit is a Aurum Gold Cobalt Cobalamin element (Taurine) on the Grove Brain Part Chart-Medulla Oblongata...Photographic development fluids should be noted to have CALCIUM chloride in them which will muck up the ADRENAL GLAND, the Calcium part...Also will muck up the Pituitary Gland on the LEFT hand side of the brain on the INSIDE...The right hand side of the adrenal gland will be pus filled pus-"ee"...

B'Elanna Grove born Dec. 1st, 2004

Jadzia Grove born April 16, 2005

Felis Bengalensis is the Latin root for both the Tiger & the Leopard...

Bengals are descended from the Asian leopard cat...

A geneticist at University of California Davis was able to breed an Asian Leopard Cat with a feral male black cat who hung out at a zoo...

She then bred the next 3 generations with Abyssinians & Oicats(it is a little more complicated than I am letting on),

to get a stable domestic hybrid called the Bengal Cat...It is the 5th generation that is stable enough to live with humans...

The whole thing happened because they wanted to study why the Asian leopard cat didn't get feline leukemia, but they were too wild to study...Turns out 2 reasons...

1)They hide when confronted or ill, instead of attacking (which is why Asian leopard cats didn't work at the zoo-they hid too well)

2)They have a shorter bowel tract so they poop alot(the less domestic an animal is, the more able it is to poop whenever it has to)...

The pictures are a little old, because frankly, since both cats are still intact, we can no longer get them to sit still long enough for a decent picture...

Yes, these bengal ladies still have their ovaries...

Do It Folsen Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Every day for 8 years now(update:B'elanna turned 10 on Dec. 1st, 2014), [they get 15 drops of Balance from Phytobet in their wet food...](#)

We order 12 x 100 ml bottles from [Swallow Healthy Diet in England once a year,](#)

which costs us about 12 dollars per month...As long as they both eat their food, they stay out of heat...

They both live indoors, & since they are both female, a breeding accident will not occur...

They also get a barbeque chicken from Longo's, chopped tiny, when it is on sale on Wednesday nights...A can of dolphin friendly tuna or salmon sometimes...

New:Sunday March 16, 2014: PetSmart is making their own food now...It is called Simply Nourish, it is grain free, we are feeding the chicken & turkey Adult cat food dry flavour, & our ladies love it! (I think PetSmart used the Innova recipe as a model, after last year's debacle when Innova food had salmonella in it-so PetSmart decided to use the recipe but make sure it was fresh by making it in house...Anyway it is GREAT!)...(update:it was a little too organic & they poohed too much from it...)

We sprinkle some of ZiwiPeak's dry food(it's like beef jerky in little squares) on top of the Simply Nourish cat food dry Adult, for extra nutritional value & interest...

Update Dec. 17, 2013: Now they are eating ZIWIPEAK canned food (from Whole Foods market...made in New Zealand)...

They also get some chicken wings(no bones Mummy peels of the chicken for them) from the Crown & Dragon restaurant(Joseph's neighbourhood bar) & enjoy the occasional steak(Mum supplied the last one)...

We use Red Ribbon wild bird seed as cat litter...It is sold at Canadian Tire stores...It has no smell, is flushable, & is cheaper than cat litters...It also means that once we clean it out, we can reuse it to feed our neighbourhood pigeons, who have been getting fed once a week for many years now...By reusing the seed, we cut down significantly on garbage & plastic bags as well...

Kidneys: One of the first signs of kidney blockage is lack of poohing...Inappropriate peeing will happen too...This is your cat telling you she is not feeling well...This is what you can do right away...Pour some of your home olive oil or canola oil or whatever cooking oil you use on the palm of your hand...Then go to your cat & rub your hand along her or his back...They will lick it off...The oil will lubricate their chassy & help them to pooh...You can save their kidneys this way...Plus a trip to the emergency room...

Fleas or ticks or other bugs: Take a bare garlic clove & pierce it in several places with your fingernail, so the juices can flow out...Then pat your cat with the garlic clove in your hand...Rubbing the garlic juices into their fur gets bugs to leave quickly...(well, this sort of works but once they figure it out you cannot catch them again)...

Zodiak Flea spray for cats & dogs...We get ours at Wooftown in Toronto...You can spray it on your bed, you can spray it on your hand then rub it on your cat...It seems to be less dangerous than the other brands...(sprays are not my favorite thing though FEBREZE is a lifesaver-spray a pee area & all the smell goes away!)

Life brand lice shampoo from Shoppers Drug Mart (ask the pharmacist for it)...This shampoo is good for yourself, but also it works if you just put some on your hand then pat your cat with it...You can leave it on, or wash it off...You can rub some on your pillows or wherever too(without washing it out)...

Human Roundworm, Pinworms, bedbugs, etc. : This stuff is SERIOUS...If you think you have fleas or bedbugs but they are still driving you crazy after two years or some other ridiculous amount of time, you may have RINGWORM or ROUNDWORM...

The product is called (oral)COMBANTRIN the drug inside is pyrethrel pamoate (same as all the other stuff but this is oral), get it from the pharmacist at Shopper's Drug Mart at Yonge & Davenport (RAVI)...

[or easier get Combantrin or pyrantel pamoate the drug name from WELL.ca online & they deliver to you fast...](#)

1 pill for every 25 lbs of your human body weight...Yes you need to take this yourself...Buy a pill splitter...Cut a pill in half...Half a pill is for 12.5 lbs of body weight...Crush that on a plate with the back of a spoon...Mix in some delicious wet cat food...(oh yeah, pyrantel is indicated for roundworms but it totally works for lice for HUMANS & animals too-off label so be careful)...

Let your cat eat it(only for expert cat people by the way)...I am assuming your female cat weighs around 12.5 lbs...If your dog weighs 50 lbs. then two pills crushed in food...Do this to get your pet cleaned out...Worms are gross, painful, dangerous & can be fatal to both humans & pets...

Human Roundworm is a CDC parasitic infection (emergency to the centre for disease control people)-people died in 2003 in NY & in 2009(Ny as well I think)...Often raccoons will have ringworm (the topical form) or Roundworm(the inside your stomach form)...

They can take Combantrin too...(This is your vet won't prescribe stuff without you bringing your sick pet in in person & you don't want to stress them out further...) Dr. Paul McCutcheon is the HOLISTICPETVET.com (The Stress-Health connection is the book!)

ALSO:You can take Combantrin pills if you have lice or bedbugs or something driving you crazy & the topical stuff isn't working...These are pills & you will FINALLY get rid of whatever is biting you...(You can take more than the two rounds they say on the box-I did...My body weight was too high for the two rounds to work alone...I ordered mine from Well.ca because my phamracist wouldn't sell me more...)

[New: MOZI-Q at Mozi-q.com](#) makes a pill that is homeopathic that makes lice hate you & your cats...You can give 1 pill for say like a 12.5 lb cat, or take like 8 pills a day yourself...(I get mine

from www.WELL.CA)

Dec. 2014(they are now eating ZiwiPeak canned food from Whole Foods market & Wysong Feline Uretic dry from Wooftown)...(Plus snacks like barbecue chicken from Longo's on Wednesday nights...)

Baths: A cat allergy is just an allergy to dirt...You'd be allergic to humans if they never took a bath! Our ladies get a bath every once in a while-if their dander is too fluffy, if they smell, if their bums are dirty & so on...

This is how we do it...Fill a bath about one third up with warm water & some sort of gentle shampoo...Ours get Paul Mitchell Special Tea Tree Oil shampoo because that is what mum uses...When bath is ready, approach cat with nothing in your mind...(They can read minds)...Pick up cat on either side of torso in a way they cannot scratch nor bite you...

Walk quickly to bathtub & put cat in...Holding cat now by scruff of the neck with one hand, as quickly as possible scrub bum, crotch, & do a once over of everything else...Face & ears are last...The entire thing should be faster than making toast...

You lose points if you get scratched or bitten...Wearing a tank top ensures there are no sleeves for cat to grab onto...Drying with a towel may not be possible as cat may just jump out soaking wet & run to hide under the bed...Later cat will tell you what a good idea a bath was...Don't worry, scratches heal pretty fast...

Homemade Dry Food-We've used the one called "Kitty Biscuits at the link below...Though I skipped the bran...My variation was just one pound of ground chicken, one box of baby oatmeal, & some (1/4 cup)olive oil...brown the meat then mix with the oatmeal & oil...Form that into tiny shapes then put on cookie sheets in a preheated oven at 250 degrees for 3 hours...Let cool & air dry for 24 hours...

<http://www.nocans.com/cat-meat-treats.html>

Nails: Our cats bite their own nails...No trimming necessary by humans...

Better cat food:We have found that the Wysong feline Uretic dry food is amazing, & they also really like(Thank God for goodness!)the Wysong feline/canine canned food in the turkey & beef flavours & we get both from Wooftown which is across the street from the Summerhill LCBO on Yonge, but tucked in a little bit on that sidestreet at the back of a parking lot in warehouse type(really nice place & people)store...(first time it's a journey, 2nd time you know where it is-they now offer grooming, dogs I think only for now, about \$70 & I saw a "client" pooch come up happy & unstressed & flowing hair!)

Other stuff:There is a technique with a thermometer that takes a cat out of heat...We learned from a Youtube video...It works...We do use it if they haven't been eating their Balance & have gone into heat...Again, only for serious cat people...

Biochemistry & presence of Phosphorus(malignancy) in Clogged Lymph Node(armpit)

by Sari - Tuesday, January 05, 2016

<http://grovecanada.ca/biochemistry-presence-of-phosphorusmalignancy-in-clogged-lymph-nodearmpit/>

[DIY Cancer Repair Manual.](#)

is our 9th book...

It explains 2 methods of editing a picture yourself...

The first method, in Fotoflexer looks at the biochemistry of the area...(see the first picture below)

The second method, in Lunapic, looks for the presence of Phosphorus(which indicates malignancy AS LONG AS you are NOT eating Phosphorus foods like cottage cheese, cream cheese, cheese, kefir, yogurt or anything else in that category like Probiotics, Valerian root, 5HTO 1 Tryptophan, Kava Kava, or GABA...)Note: Phosphorus appears as PURPLE in these edits...

The pictures below show a clogged lymph node in an armpit...The person HAS been eating dairy & Phosphorus foods...

Things to notice:

In picture 1 the biochemistry is as follows:

Dark green is Phosphorus-**needs Coppers**(Licorice root-St. Francis extract is good, ginkgo biloba, spirulina, Chicory(Caf Lib coffee)

Light green is normal tissue

Yellow is calcium(**needs Iodines** like liquid kelp)

Peach is Hydrogen(**needs Oxygens** like Liquid Milk thistle)

The whitish pink is Aluminum(cholesterol)-**needs Titaniums** (like Vanilla Beans-eat them)

The 2dn picture does show purple Phosphorus, but this is probably due to ingestion of Phosphorus foods...The way to check if this is true is to have the person stop all Phosphorus foods for at the very least 3 days then reshoot the photographs & check for purple...

[Read the book to find out more...](#)

Do It Foursen Medicine by artists Joseph & San GROVE <http://grovecanada.ca/>

Fotoflexer photo of clogged Lymph node in armpit

Lunapic clogged lymph node in armpit

Here is my chart...

It is called the Grove Body Part Chart...

12 body parts(Gender is prostate in men & scene's gland in women-the female prostate)...

Ok, so each body part has 2 elements...a Minus element that cleans the part, & a Plus element that feeds it...

They work together...

if you look at the Thymus, where blood is made, you see the Minus is Manganese & the Plus is Iron...

So if you have high iron levels, which is characteristic of tumour situations, you can stop ingesting Iron foods or supplements, but you can also add its opposite Manganese to lower Iron...It is like a seesaw...

The words represent large families of elements-for example Manganese things include:nuts, flaxseeds, mugwort herb, bloodroot capsules, black walnut hull, opium, sesame seeds, poppy seeds, nutmeg...

Ok, that is the short version...You can read our books for free on our site(the manuscripts)...

[There are 9 now...called Grove Health Science...](#)

When choosing an anticancer protocol, choose one of each Minus element, then you will be sure that you are detoxing each body part...The actual things you choose are flexible...

Biochemistry of an entranceway to a police station...

by Sari - Saturday, December 05, 2015

<http://grovecanada.ca/biochemistry-of-an-entranceway-to-a-police-station/>

13 division police station toronto canada

Legend(what the colours in the picture represent as families of elements on the periodic table...Each family of elements represents many things in the real world...For example, Phosphorus could be mold...Aluminum could be human cholesterol...Or concrete...Lead could be red meat or the heavy metal...)

blue is lead

almost white is aluminum

peach is hydrogen

yellow is calcium

dark green is phosphorus

Notice: the green garbage bag in the photograph...It contains a gift basket with styrofoam noodles that may have been laced with Anthrax...Swollen lymph nodes are an early sign of anthrax inhalation...

MSM Massage Rub is a lovely way to antidote from anthrax exposure...**MethylSulfonylMethate** is a Selenium family holistic antibiotic cream...Combine with eating Vanilla beans, a Titanium & you have a natural antihistamine...

Grove Body Part Chart

bird brain...

by Sari - Monday, February 29, 2016

<http://grovecanada.ca/bird-brain/>

http://www.news2news.com/news/iris/2001/10/a_4_5.htm Dr. Bernard Jensen went to the rainbow bridge in February of 2001...That made me cry...& my Irises got wet...

Note:The SCLERA(white part) around the Iris(coloured part) is RED with Broken Blood Vessels in this picture because the Subject got **punched in the eye...Credit Dr. Bernard Jensen for the Iridology chart used to establish where things are in the Iris...(Gelatin powder is another source of Aurum...)**

On the Iridology chart, the Pituitary gland is on a 33 degree angle from centre as you face the picture on your computer...NNW North North West...From the centre of the eye where the Black PUPIL is, radiating outward...

The Pituitary Gland (closest to the pupil on the 33 degree angle), the Hypothalamus(on the same angle but further outward towards edge of Iris), The Corpus Callosum(at the edge of the Iris on the same 33 degree angle NW North West)...

This ORDER represents the flow of the brain from inner to outer, like the shape of a shrimp...

<http://bernardjenseniridology.com/>

Legend:(colours in centre of circles)

The male pupil is made of Lead...grey

The male Iris is made of Aurum...blue

The male Sclera is made of Mercury...white

Lyme disease...Mercury in excess too!

Caution:Wound healing if there is Cancer present..If there is Cancer, & a wound, then traditional wound healing methods may be dangerous...Wound healing requires one approach, anticancer requires its

opposite...If one focusses on closing a wound, by applying something topically, be aware that whatever topical used will later systemic biochemistry as well...Adding honey raises blood sugar levels in the pancreas, not just superficially...Which means that your wound may heal, but under the surface, you are actually feeding a parasite...Cosmetics aside, the parasite(s) must be eradicated...Once eradicated the pain & wound should heal up naturally...Remove the scorpion & it stops biting...Probiotics raise Phosphorus levels in the Spleen-even topically...If wound healing is a priority, then consider that removing or killing the parasite will stop the wound...Feeding the skin may cause it to "look" like it is healing, but underneath, it could be very very dangerous...Traditional wound healing methods are for wounds created by cuts, scrapes, surgeries, trauma...When ticks or other bugs are present (like in Lyme disease), eradicating the tick eggs/sperm is how to get the wound to stop hurting...It hurts because they bite/are eating...Apologies for this comment...Really...Sari Grove

...CBD oil works for high cholesterol situations...Goldenseal salve works for Lead poisoning...Myrrh works for squamous cell Pancreas...Salt Spring Island where the algae blooms are toxic from the Phosphorus overload in the water-too many people dumping their sexual bodily fluids directly into the lake from their boats instead of emptying out the boat toilet manually & delivering to the water filtration taken at the Marina where they are supposed to by law deliver...It is harder to do, but possible...If they need help(older or tired), volunteers could offer to clean out boat septic tank every Christmas & deliver to marina septic tank for water filtration...If they don't, you get Phosphorus in lake directly untreated which leads to Algae blooms...Salmonella Typhi Bacterium love to eat algae blooms of this nature...It's like mayonnaise that has spoiled but worse! Cleaning up the habits of the boat people, cleaning up the lake, infusing the Lake (St. Mary's Lake on Salt spring island)with Coppers, will save the lake & the wildlife aka fish...By proxy the people too...

Birth control drugs? Zeolites to clean produce?

by Sari - Thursday, May 12, 2016

<http://grovecanada.ca/birth-control-drugs-zeolites-to-clean-produce/>

Copper is actually a great choice because today people are actually quite Copper deficient...Copper eats away at Phosphorus which is cancer's favorite food, so a Copper device is actually anticancer...However...You have taken the birth control pill...This is a progesterone which acts like excess calcium in the Adrenal Gland...It MUST be removed because it does not excrete naturally...Birth control drugs are probably the number one reason for female cancers today...To remove birth control drugs, use the same things as those that remove heavy metals...The top 3 are: Gingko Biloba, Vinpocetine, & Butcher's Broom...Get & take all three for at least 6 months in decent dosages...preferable continue to take them for a few years to completely remove all traces of birth control drugs from your system & lessen your risk of developing tumours...

(this was about a zeolite cleaner in fruit & vegetable section of store)In terms of the Zeolite? It will/might remove surface problems-but deeper toxins, if you are worried, will probably remain-a truly organic vegetable or fruit will be organic all the way down to the core...The zeolite will just clean off the surface...Mike Adams the Health Ranger found that many Zeolite products are themselves tainted...He did a whole laboratory report in his own lab...You could read about that...Though it is pretty negative about zeolites...Listen, the main thing is that you are eating fruits & vegetables-a raw plant based diet, whether it be based on organic or non-organic will still bring you out a winner...There are other ways to clean your fruits & vegetables...Of course, proof is in the pudding...Try the zeolite thing & compare it to a few items you didn't wash...Have someone else do a taste test too...See if you can tell the difference!

Black Salve on Breast Lump...Ongoing post...Part 1

by Sari - Monday, February 08, 2016

<http://grovecanada.ca/black-salve-on-breast-lump-ongoing-post/>

After much deliberation, I finally applied Black Salve(made by Zenith Herbals)today...I then covered it with a gauze bandage & taped that on...I will post again in 24 hours...

Day 1

Zenith Herbals Black Salve Day 1

Day 1...Beginner mistake...I put gauze & tape over the salve, & realized that the gauze probably absorbed all the salve, preventing a reaction from happening...Oops...So I reapplied the salve later today, & this time criss crossed some waterproof bandages over, that were far less absorbent than gauze...But nice to know I wasn't in abject pain or anything from my very first try...This was what I was worried about...The lack of pain on this first try makes me feel more hopeful about this whole process...

Day 2

So...I cut out a piece from a plastic baggie & taped that over the salve...Even the bandaid seemed to dry it out too much...The plastic worked better...

day 3

<https://herbhealers.com/salves-and-tonics/product/3-amazon-salve-deep-tissue-22g-formerly-sold-as-cansema> I am feeling like the Zenith Herbal salve is not very strong...So today I ordered this Amazon black Salve for deep tissue tumors from Herb healers...

<http://emfrefugee.blogspot.ca/2014/10/amazing-woman-cures-breast-cancer-with.html> Here's a story of a woman using Black Salve to remove a breast tumor...

Day 4

I feel like the reaction is not deep enough...Today I pricked the skin with a needle to get the salve to react better...

Monday February 22, 2016:

Notes on the Monday February 22nd pictures above: Today the Amazon deep tissue salve arrived from Ecuador...(Herb Healers sold it to me online)(formerly Cansema salve by the way)...I decided that maybe the deep tissue salve would be able to go deeper & faster than the Zenith Herbals Salve...I may be wrong...

I was told to get Tegaderm to cover the salve but the drugstore nearby didn't have it...I will go on a Tegaderm hunt when I can, but for the time being I am still using a circle of plastic taped down with sensitive skin tape...It works fine...(but I was told that plastic is full of all wrong chemicals, of which I do not doubt)...

The Amazon deep tissue salve comes out much thicker than the Zenith black salve...I also am feeling sensation right away, so I may be right about this stuff being stronger...Let's hope...I do not have the patience to salve for months at a time...

The coloured picture shows a Lunapic edit of the area before salving this time...I have been eating & drinking like "normal" person with very little restraint...There are some mauvey purple areas which are warning & danger signs...I took 4 dropperfuls of licorice root extract today to clean that up...I have been very sloppy in my diet...Personal problems in my marriage have made me careless about food...Now I have some Phosphorus trails showing in what should be a totally inert neutral benign lump...The Licorice root extract should clear that up pretty quick & I will stop eating whatever I feel to make sure I am clear to benign once again...

I am not saying the lump is not benign right now-just that the Phosphorus foods I am eating are throwing out a false positive...False or not, it is scary...Thank God I know how to deal with that fast!

It does maybe make me want the lump out after all though...Living with a benign lump may be throwing the dice if you are eating too casually...I hope this black salve works better!

after amazon deep tissue salve alpha and omega labs one application 10 hours

Deep tissue salve Amazon alpha & omega labs

Running out of picture space...will continue this post as PART 2 ongoing saga of black salving a breast lump by Sari Grove...

here <http://grovecanada.ca/part-2-ongoing-saga-of-black-salving-a-breast-lump-by-sari-grove/>

Black Salve...PART 4!

by Sari - Friday, April 01, 2016

<http://grovecanada.ca/black-salve-part-4/>

<http://grovecanada.ca/part-3-bloodroot-salving-notes-removing-a-lump-from-your-body-using-bio-surgery/> This link takes you backwards to PART 3 of Black Salving!

From Sari Grove:

Yes...I waited until two years after diagnosis, after all my detox, diet, exercise, was done...Lump was inert...I also spent a very long time in the Black Salve discussion group, the Bloodroot discussion group(their names have changed slightly recently but you can still find both), read Ingrid Naiman's book on salves, & participated vigorously in the groups so I could make some friends, & get over some of my fears...I began with the bloodroot capsules from Zenith herbals...Everyone says to start internally first to prepare...Then I started salving with the Zenith herbals black salve...I got a very small response, & it was not very painful...I did have Mersyndol on hand just in case(strongest over the counter pain reliever-get from pharmacist)...This was a good first try & got over my fear of the pain...I salved several times after...Still just a superficial response...I wasn't getting at the whole lump...I applied DMSO cream with Aloe, & ordered the Amazon deep tissue salve to see if I could do better...This time, it started to hurt so I popped a Mersyndol...The next day, I applied a little clove oil after washing off the salve & the area started leaking out dissolved tumour! That was so cool! Encouraged, I repeated the salving...Turns out applying salve on a wound is not a good idea...Hurts too much! Washed it off & applied DMSO cream with aloe again(wonder cream)...Let it heal, salved again after...Same sort of leakage thing, but still not getting the whole lump really...Ordered Two feathers Black salve which is the Rolls Royce of salves...This is the original Indian recipe...The owner only sells it if you call him & speak to him personally...He will consult the whole way through...Totally worth it conversation! This black salve you eat 1/8 of a teaspoon of it twice a day for 6 weeks-you apply it topically on day 7...This salve is in a book called "Ha, I laugh in the face of Cancer" where the author tells how her breast tumours dissolve initially with the internal salve...Then she does it topically & like a whole bunch come out...I am waiting on the shipment from Nevada to start this...It cost something like \$125 a jar, so it is twice as much as the other salves...But it is rumoured to be worth it...The consult ability over the phone during the salve process is worth the price...I do track what I have done on my site in pictures...But there isn't that much to see yet...If you join the groups the pictures will blow your mind...A lady just removed a 5 cm lump!!!!

.Join these two groups if you are considering Black Salve & Bloodroot capsules...

<https://www.facebook.com/groups/blacksalve/?ref=bookmarks>

&

<https://www.facebook.com/groups/BlackSalve.BloodrootCapsuleUsersHealingCancer/>

Below is what it all looks like now...This after several salves(Zenith Herbals black salve & Amazon deep

tissue black salve)...The area is still healing...I use DMSO cream with Aloe(it's rose scented!), which is kind of a miracle healing cream-except I ran out!!! I have started taking the Two Feathers Black salve internally today, 1/8 of a teaspoon twice a day after breakfast & dinner...For 6 weeks...I am not going to do any more topical salving until all the skin has healed up there...I don't want to scar myself permanently there...So I am taking this slow...

Mon.April 4th, 2016

Question someone asked:After starting the Bloodroot capsules my progesterone level readings seemed to be much higher? I am not sure if it is the bloodroot or not?

Ok, I am going to explain a few things...Bloodroot is a Manganese...Look at the Chart...It's opposite element is Iron...These two elements live as opposites in the Thymus which makes blood...On the Chart, the Minus elements are detox type items...The Plus elements are repair type items...Bloodroot lowers Iron...When you lower Iron, if there is a cyst or tumour, it causes them to detach...Now on to the hormones...Progesterone acts like Calcium...You are way down in the Adrenal Gland...Calcium & Iodine are opposites...To lower Calcium you use Iodines...Estrogen is in the Spleen & is a Phosphorus...To lower Phosphorus you use Coppers...Though I know you will have read this a thousand times, Estrogen(Phosphorus), & Calcium(Progesterone) are not opposites in any way, shape, or form...When you drink milk(calcium), it does not lower your cheese levels(phosphorus)...The paradigm is wrong...Back to the start...Bloodroot is a Minus element, that in no way shape or form could possibly increase progesterone Calcium...Bloodroot on the other hand, can lower Iron levels so much that you feel dizzy, nauseous, vomity, & feel like your heart is weak...In that case, keep some gentle Iron pills on hand to antidote the overdoing of the detox...**p.s. Shoot...I just realized what may have happened...If you take a Manganese like bloodroot, it causes a large detox effect...if you had very high Iron levels to begin with, the Iron cascade will flow down into the next body part down the chart...As it gets processed by the body, each body part will get filled up with the discarded toxic gunk...Eventually as it makes its way down to the Adrenal gland, that toxic gunk could gum up the adrenals causing a high progesterone Calcium reading...Possibly...Just theorizing...So the bloodroot is not increasing calcium levels(progesterone), it is just moving gunk from your blood(thymus gland) all the way down the body...That may be why your readings were high...I think that makes sense...A detox reaction...Which re-emphasizes the point that you have to slowly detox each body part while doing salve & bloodroot capsules...**

More:(SUMMARY)

...In the interest of science, I thought I'd see how other salves work, so we could get an idea of the differences...The Zenith Herbal salve was so gentle I did not need a painkiller...Eschars came up as described...It was textbook safe & predictable with none of the terror...The Amazon deep tissue salve began to feel painful, & I did take a Mersyndol before it became worse...It was night & I felt like sleeping instead of waiting to see if it got unbearable...The next morning a portion of the lump which was closest to the skin had become liquid under the skin...I applied pharmacy Clove oil after washing off the salve with just water...When I applied the Clove oil, a corner of the , um, area, started to leak...I pressed it & stuff oozed out...It was some dissolved tumour...The liquid was clear, then dead blood like dead burgundy colour, then white stuff, then there was harder stuff at the end...It was really cool & I was thrilled...But still I was not grabbing at the lump deeper down...Just the top part...DMSO with Aloe cream, let it heal up...Tried again...Same sort of reaction, the

Do It! Herbal Medicine by Artists Joseph & Sari Grove - <http://grovecanada.ca/>

liquification, but still not getting under the lump, or the whole thing at all...Let it heal, dmsso with aloe cream...salved a few more times, got frustrated...Was making a mess on the surface & not getting more stuff...Stopped, let it heal...Ran out of cream...Called Rob Roy at Two Feathers after reading Susan Liberty Hall's book "Ha, I laugh in the face of Cancer" ...ordered two jars of two feathers black salve...Started taking this salve orally 1/8 teaspoon twice a day after breakfast & dinner...Am to do that for 6 weeks...On day 7 I can start topical salving if I want...This salve has no zinc chloride in it...It has a recipe with 18 ingredients that was an old Indian recipe designed to remove those things on horses legs...The big circle growths they get...It does have bloodroot...Don't know what else it is proprietary...Started taking it...It is far less strong than the Zenith bloodroot capsules(which are double strength)...But I am tolerating it better because I tend to be iron anemic & after losing 50 lbs on raw plant based diet in 2014(6 months), plus all the Mugwort I drank(DUY chemo recipe-my 6th book-see my site to read that for free-it is called RepoWoman), & all the nuts & manganese, I can't really tolerate the high strength of a strong capsule...Even with this stuff, I had to throw in some gentle Iron pills one day when I worked too hard & my iron levels went way too low...(my iron drops when I think too much-which is always-husband says he can see smoke coming out of my ears)...I have not begun a topical assay with the two feathers-though I wonder how it could possibly work considering it has no Zinc Chloride? I is also very much more expensive than anything else on the market...I did enjoy chatting with Robert Roy, he is a lovely kind man...As are the Zenith people too who have to endure me talking about other companies' products on their own group page...I have tracked my progress on my site in posts, but there is not much to look at-especially comparing to that 5 cm thing that came out!!! (I am awed...)

Editor's note: avocados #1 eggs #2 thiocyanate (Sari's remember to eat order)

http://www.amazon.com/Matrix-Bloodroot-skin-salve-ounce/dp/B014S8Q1OI/ref=sr_1_8_s_it?s=hpc&ie=UTF8&qid=1460254652&sr=1-8&keywords=black+salve

*Excerpt from the Amazon page about Matrix Bloodroot salve...Please consult with Janina Ward about use...(certified professional) "This hand blended formula is blended from pure organic herbs and certified pure therapeutic grade essential oils and contains: **Bloodroot (Sanguinaria Canadensis)/Manganese, Zinc Chloride/Zinc & Fluorine, Chaparral/Selenium, Burdock Root/Oxygen, Graviola Root/Potassium, Poke root/Iodine, Goldenseal/Zinc, Echinacea/Aluminum, Thyme/Titanium, thyme essential oil/Titanium & Carbon, and pure frankincense oil/Titanium & Carbon, Tumeric/Zinc, Neem Oil/Fluorine or Titanium-not sure, Castor Oil/Aluminum maybe & Carbon-not sure, olive oil/Nitrogen & Carbon, grapeseed oil/Oxygen & Carbon and hemp oil/Titanium & Carbon; DMSO/Selenium. 85 ounce glass jar/Silicon Sand Fire Mercury & Oxygen. It is imperative that these ingredients be stored in glass, not metal, tin or plastic. Beware of other products sold in inappropriate containers. If product becomes dry you may add olive oil to re-hydrate, do not use metal to stir. Average of 75 applications per jar."***

http://www.bloodrootsalves.com/store/p25/FrankinThyme_herbal_black_salve_skin_formula_bloodroot%2C_zinc_chloride%2C_chaparral.html

<http://grovecanada.ca/blood-root-salve-part-5/>Please continue reading in this post PART 5 bloodroot salve...

Blogs

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/blogs/>

[SariGrove.com Blog](#)

[Women's Art Museum Society Showing Sari](#)

[GroveCanada.com blog medical](#)

[GroveCanada.net blog artist's life](#)

[GroveBodyPartChart blog](#)

[groveBodyPartChart.wordpress.com](#) blog

[donate to the toronto wildlife centre](#)

[Time Converter](#)

Blood root Salve Part 5...

by Sari - Monday, April 11, 2016

<http://grovecanada.ca/blood-root-salve-part-5/>

<http://grovecanada.ca/black-salve-part-4/>

After 2 days of Aches-Away Copper Transdermal Patch

iPhone 5S camera picture HDR on...

Two Feathers Black Salve does not contain Zinc Chloride

Sony DSC T100 camera with auto Flash on & Macro lens on...

Have been taking Two Feathers black salve internally, 1/8 teaspoon after breakfast & dinner...Did require some gentle Iron pills because my Iron levels dipped too low & I felt dizzy from the Manganese in the Bloodroot...

I added some organic vegetable Glycerin to the Two Feathers black salve because it was kinda dry in the jar...I mixed it with a see thru long plastic sword stir stick that probably came from a gifted flower bouquet...Applied the salve with my fingers...

Am sitting under a Ruby Lux infrared 500 watt light bulb topless typing on the computer...Letting the salve soak in...I can feel tingling...

Will add to this post as more things start to happen...Not sure how I am going to cover the salve, since I applied it so thickly...

When I cover it, the salve squishes down & out of whatever cover I use...Maybe I should dig up that giant bra I mistakenly bought from Victoria's Secret...The fake cups might keep the salve from squishing all over the place...A plastic lined bra might be useful here...

Two Feathers black salve

Two Feathers black salve (green is Tea tree oil used to clean wounds)

Spoiler alert gross;Note:In the bathtub, a blood coloured spermatazoa attached to a clear to yellow cord with an eggy jelly fish looking thing, was floating around...I captured it & inspected it...Looked like a fertilized egg & sperm with blood...As I pushed it around it looked a little more like a liver fluke...with a moth ball attached or something...(Note:No picture cause it went down the drain before I returned with my camera...Sometimes you should let the baby out with the bathwater!!)

The Mutability of the Species...Is a theory I once had...That things change depending on their

environment...The same creature can take on many appearances depending on where it is in the body...Like people, but a microcosm of that...(Michael Crichton's book about mini creatures one can only see under a microscope, personifies them, well, more like animalizes them, to reveal features...That the bugs in our environment are really from us? Is it a Liver fluke with egg as food source, or is it a human egg & sperm which is radically underdeveloped?

In any case, the Two Feathers black salve taken internally at 1/8 teaspoon a day for 7 days...The Two Feathers Black salve applied topically to a benign breast lump...For at least a 24 hour period...An Aches-Away Copper transdermal patch worn for 2 days...Apple Cider vinegar in some Natural spring water (Life brand)...a Raw plant based diet based on Helen Hecker's book 'My raw food diet secrets & cure'...& my husband's love, as well as the love & attention from many good friends all over this tiny green planet...DID manage to eject this disgusting creature from my uterus!!!

PLUS-The Two Feathers black salve, DID PULL up the LUMP to the surface of the skin...Did not hurt! No pain pills required!!!

I have to go to St. Joseph's Hospital in Toronto tomorrow at 3 pm (April 13th)in order to have a psychiatrist appointment to handle the trauma of the Division 13 policeman punching me in the eye this January 2016...Two cords behind my eye got detached which have to grow back...Also I have had a slight concussion-dizziness, walking into the right wall of my bedroom in the morning...That is better thank you UBER EATS!

What did I do to get the policeman to punch me? I reversed my car when I saw them waiting to trap me for doing nothing wrong...You know how policepeople can randomly pull over whoever they just FEEL like pulling over, to "spot" check them for whatever because they feel like harassing them or just seeing how pretty they are up close? I decided that I didn't feel like being visually molested that morning...

Random spot checking is like random acts of terror...You don't know when they are going to do it, or where they are going to be...But if I see a random guy with a badge & a weapon & a vehicle trying to pull me over for no good reason, I reverse my car & get the heck out of there...

Which is what all women should do...Come join me in stopping the random harassment of women by male policemen...You know what I mean-how the good looking women in the nice car always get pulled over...Then they give you a ticket so they can see you in court again, or get your personal details, or maybe just milk you for money, because your car looks nicer than theirs...

I got punched in the eye because I had the gall to be legal...To be a woman...To NOT obey a crazy man...because terrorism by policemen has got to stop...because Jian Ghomeshi(real person, recent court case) beats women up then pretends to love them then chokes them then apologizes...& the courts in Canada are an old boys club...So they let him get off, because that's how they get off too...Pun intended...

Sorry I am off topic...Black salve worked, yay! More later, as more happens!

Bloodroot capsules for ladies' internal tumours & cancer (private parts)...But also good generally for both genders & all types of cancers...

by Sari - Friday, June 10, 2016

<http://grovecanada.ca/bloodroot-capsules-for-ladies-internal-tumours-cancer-private-parts-but-also-good-generally-for-both-genders-all-types-of-cancers/>

Manganese lowers iron in the Thymus gland which produces red & white blood cells...

All tumours have an iron component, whether benign or malignant...

Bloodroot capsules are manganese & are fabulous anticancer...[\(Zenith Herbals sells double strength Bloodroot capsules which are effective on all types of cancer, but interesting to note are especially helpful for hard to reach ovarian & cervical & other female private area cancers & tumours...\)](#)

Flaxseeds are manganese...

Nuts & sesame seeds & poppy seeds are manganese...

Homeopathic opium, nutmeg & Moxa which moxibustion is based on are manganese...

Bloodroot salve:Part 6 (Frankinthyme bloodroot skin salve!)

by Sari - Wednesday, April 27, 2016

<http://grovecanada.ca/bloodroot-salvepart-6-frankinthyme-bloodroot-skin-salve/>

<http://grovecanada.ca/blood-root-salve-part-5/>

Frankinthyme bloodroot skin salve

<http://www.bloodrootsalves.com/index.html> I got the Frankinthyme Bloodroot skin salve here...

So...Nothing happened! No reaction to the Frankinthyme salve! Oh well...

So I salved again using the Two Feathers black salve...Still getting small bits on the surface, it is pulling the lump to the surface, but it won't cause the lump to break the surface at all...Sigh...

I may go back to the Amazon Deep Tissue salve...Most painful, but it dissolved parts of the lump into liquid...

Right now...Just put on a big swath of Amazon Deep Tissue black salve...I've tried several different brands already...This one is the strongest...I took 2 Mersyndol (strongest over the counter painkiller-from pharmacist)...This salve dissolves the lump into a liquid...Getting to a lump under the skin can be tricky though...I use a rose scented aloe with dms0 cream to heal afterwards- amazing...(after 24 hours you can wash the salve off...I put clove oil on then & that's when liquid lump starts to ooze out...Gross but very cool)...

<http://herbhealers.com/salves-and-tonics> Part 7 will be me trying the Amazon regular strength black salve...It is sold at Herbhealers.com ...The page link is to a selection of their products...Their Tonic, their Oleander(titanium) Graviola(potassium) drink, their deep tissue salve(more painful , you need "mersyndol" or stronger for painkilling)...

Bloodroot, Graviola, Chaparral, Galangal, all in one capsule...(it's an anticancer thing)!

by Sari - Tuesday, July 07, 2015

<http://grovecanada.ca/bloodroot-graviola-chaparral-galangal-all-in-one-capsule-its-an-anticancer-thing/>

So, I am referring to the Bloodroot capsules from Zenith herbals...

<http://www.zenithherbal.com/product/usa-bloodroot-capsules-double-strength-250mg/>

They contain Bloodroot, Graviola, Chaparral, & Galangal...

But what do these words mean in reference to our Grove Brain Body Part Chart?

Well, Bloodroot is a Manganese that lowers iron in the Thymus(the blood)...Also helps cysts & tumours to detach, softens hard lumps...

Graviola is a Potassium that lowers Aurum(think B12) in the heart(lowers blood pressure)...

Chaparral is a Selenium that lowers Sulphur(Sugar) in the Pancreas...

Galangal is in the Ginger family & as such fits into the Zinc family that lowers lead in the Thyroid gland...

Bone Marrow Cancer? Bloodroot capsules...

by Sari - Monday, May 16, 2016

<http://grovecanada.ca/bone-marrow-cancer-bloodroot-capsules/>

Bloodroot capsules, the double strength ones, from Zenith herbals...Bone marrow cancer is characterized by high Iron...Bloodroot is a manganese that lowers Iron...Order them, take them, & join the Bloodroot salve discussion group to learn more...Peace...

<http://www.bloodrootsalve.com/bloodroot-capsules/>

Book 1-Grove Body Part Chart:A Medical Arts Innovation(each organ contains 2 opposing elements)

by Sari - Tuesday, February 17, 2015

<http://grovecanada.ca/book-1-grove-body-part-chart-a-medical-arts-innovationeach-organ-contains-2-opposing-elements-2/>

Book 1

<https://www.scribd.com/doc/149491639/Grove-Body-Part-Chart-A-Medical-Arts-Innovation-each-organ-contains-2-opposing-elements>

Book 2

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/book-2/>

[Grove Body Part Chart is on a Blog that also has TRANSLATE function...](#)

[Click Here!](#)

[BOOK 1 on SCRIBD](#)

[book 1 as FlipBook](#)

Take the Quizzes(oh see Quiz page)

[Book 2 on Scribd](#)

[book 2 as flipbook](#)

[How the Grove Body Part Chart Works! \(a new & simpler way to look at medicine\).mp3](#)

[DO IT YOURSELF MEDICINE:A REPAIR MANUAL](#) by [GroveCanada:Joseph & Sari Grove](#)

Book 2-DO IT YOURSELF MEDICINE:A REPAIR MANUAL

by Sari - Tuesday, February 17, 2015

<http://grovecanada.ca/book-2-do-it-yourself-medicinea-repair-manual/>

<https://www.scribd.com/doc/190348340/DO-IT-YOURSELF-MEDICINE-A-REPAIR-MANUAL>

Book 3-Algae+Rhythm, Algae-Rhyme:Apt Surgical Rotation App

by Sari - Tuesday, February 17, 2015

<http://grovecanada.ca/book-3-algaerhythm-algae-rhymeapt-surgical-rotation-app/>

<https://www.scribd.com/doc/207388609/Algae-Rhythm-Algae-Rhyme-Apt-Surgical-Rotation-App>

Book 4-The Grove Health Science Series Book 4...

by Sari - Tuesday, February 17, 2015

<http://grovecanada.ca/book-4-the-grove-health-science-series-book-4/>

<https://www.scribd.com/doc/230605070/The-Grove-Health-Science-Series-Book-4>

Book 5-Book V:The Brain

by Sari - Tuesday, February 17, 2015

<http://grovecanada.ca/book-5-book-vthe-brain/>

<https://www.scribd.com/doc/238792073/Book-V-The-Brain>

Book 6-RepoWoman;Book VI

by Sari - Tuesday, February 17, 2015

<http://grovecanada.ca/book-6-repowomanbook-vi/>

<https://www.scribd.com/doc/242999160/RepoWoman-Book-VI>

Book 7-Lucky Book 7-Homework Textbook for the Keen Medical Mind

by Sari - Tuesday, February 17, 2015

<http://grovecanada.ca/book-7-lucky-book-7-homework-textbook-for-the-keen-medical-mind/>

<https://www.scribd.com/doc/246184521/Lucky-Book-7-Homework-Textbook-for-the-Keen-Medical-Mind>

Book 8- Tutorials-Human Machine Works, & Rolling With the Tides, Breast Cancer Lump...8

by Sari - Tuesday, February 17, 2015

<http://grovecanada.ca/book-8-tutorials-human-machine-works-rolling-with-the-tides-breast-cancer-lump-8/>

Sorry, this book was embedded here but Smashwords' machine found another copy of this book on another publishers site & shut it down thinking it was copyright infringement...It is my own book on both sites- but their machine sees any duplicates as frauds...So here is a link to the free download for now while I clear this up...(all 8 books are there too- go to my profile page there to see them all, Sari Grove)...

<http://www.smashwords.com/books/view/509160>

Or here...

Boron first...The Order of Things in an Anticancer regime...

by Sari - Thursday, July 14, 2016

<http://grovecanada.ca/boron-first-the-order-of-things-in-an-anticancer-regime/>

Update:"In fact, there are several other body parts not seen by the three editors...In this chart, there are 12 body parts...Gender is the prostate in men & skene's gland in women by the way...The MINUS column is how you detox each body part one by one...Each element in the Minus column represents all sorts of things in the real world...If M. starts at the bottom, with Boron, & works her way up, she will be able to make sure each body part is covered..." Sari Grove ps. You start at the bottom & go backwardsbecause a lump mimics the human body in structure:The human body begins with Lead the bone skeleton, & then blood Iron, & all the way down the PLUS elements on the chart, to Bismuth the under skin, & Molybdenum the upper layer that sits on the very surface of the body...So when trying to dissolve a lump, you have to attack the outer layer first...Start with Boron, which dissolves the Molybdenum...Work your way UP the Minus elements, so that the last thing you do is to dissolve the innermost part of a lump, the Lead skeleton...(Note:Not all lumps are this complicated-but if you follow the process, you will make sure to hit the right spots in the right order...Trying to dissolve the inner Lead with Zincs like Vitamin C right at the beginning might not work...Why? because the outer layer has to be removed first...)

Comment(about the pdf):"Boron, or Small flowered Willowherb, or Borax diluted in water, is an excellent way to clean Skene's Gland the female prostate...It is an anticancer element...It will not make cancer worse...On the contrary, it will improve the odds...The link is complex that is for sure...It is theory that I have been developing, but it is not fully formed yet as to how to apply it...It is a work in progress still...I often publish things early because people are in a rush...If you ask me what you don't understand, I could maybe explain that part...Essentially, it is an analysis of what a lump might be made of, in terms of the order of elements...Like the human body, bone in the middle, skin on the outside...So if you want to get rid of a lump, you might have to approach it in a sensible order...If the lump is like the human body, then you might want to start with things that dissolve skin first...Like Boron...If you start with things that dissolve bone first, then maybe your plan won't work as well...because bone is in the middle...Many people begin with Vitamin C (intravenous or oral)...Which does dissolve bone theoretically...But that medicine might be obstructed by skin at the outer layer, which doesn't respond to that class of drug/herb...So maybe the Vitamin C should be last not first...That is the thrust of the post...But in practice how to apply the idea? How to take the medicine? One day this, the next day that? or one week this, the next week that...& so on for 12 weeks? Maybe...That is the next step...Figuring how to apply the theory...Feel free to contribute..."

Breast Lump

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/sample-page/>

How to get rid of a breast lump

[YouTube Video](#)

[YouTube Video](#)

Our books were professionally edited & rewritten [by Justin Wood](https://twitter.com/stagenames)...This tremendous energy helped me to break through into my brain to body part connection map...(about that:**I should explain a bit what happened during the professional writing process...When someone rewrites your work, the rewrite contains new ideas put forth by the rewriter...This was very interesting to me as an author...It shed some light on my own work, it gave me confidence that my work was understandable, & it gave me some new ideas from a different perspective...So it was a very useful process...HOWEVER, I did not actually USE the rewritten manuscripts in the final edition of the books...I went back to my own original hokey pokey manuscripts...Why? because the "voice" was changed...It was no longer my voice, it was somebody else's voice...Also, it was no longer authentic...It was no longer 'straight from the horse's mouth'-the best way to get information, if you know horses, & listen to them speak...So I did not use the rewritten work...But I did benefit from the process of paying someone else to do a rewrite...My brain to body parts a-ha moment came soon after reading the rewrite...So I had a content breakthrough even though I was trying for technical corrections...Also, I still gave credit & say the books were professionally edited & rewritten...They were...It's just you're not seeing that pdf...You're getting mine...)**

My credentials:(Sari Grove) *beyond my genetics, culture, education, family history, I have also put in my "10,000" hours(& more) in medical research, writing & thinking...It has been said it takes about 10,000 hours to become an expert in just about anything...That is about 10 years of working at something...(Truth is, medicine has been my hobby, since about 1987 when I subscribed to Hippocrates magazine while attending McGill University in Montreal...)

[How our Medical Chart works instructional video](#)

[RepoWoman-nonsurgical breast cancer lump removal](#)

***free printable nonsurgical breast cancer lump removal pdf file above click file to get free [FREE our Mobile App ONLINE\(You can use it like an APP on your desktop computer\)](#)

[or type h.bwell.mobi/grove into your desktop](http://h.bwell.mobi/grove)

Gallbladder Healthline.com(They asked me if I would put a link in for them & whilst I don't usually say yes, I thought their pictures of where a Gallbladder is were pretty cool & informative...)

Bringing malignant back to benign...

by Sari - Saturday, August 15, 2015

<http://grovecanada.ca/bringing-malignant-back-to-benign/>

Sari Grove

A benign lump begins as calcium & iron- they call it Calcium Oxalate...A malignant lump begins as Calcium Iron & Phosphorus(they call them Calcium Phosphate)...So the key difference between a benign lump & a malignant lump is Phosphorus...Phosphorus does not give it size, it is what makes it spread...To lower Phosphorus, you need Copper...Coppers include; green tea, wheatgrass, chromium, licorice root, ginkgo biloba, plant caffeines, regular caffeines like coffee & tea, copper supplements...These Copper things can prevent spread, reverse spread, & cause cancer cells to revert back to normal cells...It doesn't remove lumps, but does make them benign...

In answer to questions about how I got in this boat?

I took Depo Provera injections when I got married because my husband wanted me to & I wanted to be married to my husband, so I agreed... That is how I ended up with problems... The most powerful thing I did for a whole year was take licorice root to stop & reverse spread, to make malignant benign...You can live with benign forever...Licorice root tincture, tea, capsules, or the cheapest was buy the loose herb & just swallow bits of it raw with liquid...The next most important thing was Iodine...I used two things-the herb Madagascar periwinkle(you can also simmer all the herbs on the stove & drink the liquid with some stevia for taste)...I also took Iodoral 12.5 mg a day...Iodine does shrink lumps by eating away at the Calcium...The next two crucial things were: raw vegetable diet(handfuls of almonds & raisins for snacks), & walking daily for 2 hours on a trail in the city... The walking was the therapy for me...It is almost impossible to be depressed while walking very far on a trail...I also find that a good source of upbeat music while walking helps my mood & helps me to finish the walk(it is hard to walk far & for so long, it is a full time job)... Yes, I am clear now... For you, dear Reader, I'd suggest, though you haven't asked me, but I'd suggest you join me(spiritually not literally), in the walking far...I walk around 12 kilometres now(6-7 miles), which a year & a half ago seemed like forever & took me 3 hours & I was exhausted...Now I do it & am not conked out right away after...People comment on how fit I look...I lost 50 lbs since Easter 2014...(the raw vegetable diet was possibly the main reason, the licorice root gave me energy, & the Iodine cured my adrenal gland imbalance, but the walking is for your brain...)

Please join our group DIY Cancer Repair Manual on Facebook, & or feel free to write to me, Sari Grove at grove@sent.com ...I can also help with editing & evaluating your first DIY lump pictures if you need help once in a while...Or just chatting about some of the ideas in my books or blogs that need explaining...

Lump arrived around Easter 2014...No surgery or other treatment...My goal was to change the chemistry from malignant to benign...Size was not the bigger issue...Once I learned that it was Phosphorus that causes spread, I looked for an absorbable Copper that I could get easily, that was affordable...I used licorice root tincture as that Copper, & was able to turn this thing benign...Sorry this is long story short, I did other things too of course, but the thing that bought me the time to avoid the surgery was the licorice root which I took in many forms for over a year...

(in response to a question)...Try my 'how to see a lump' instructions...That was how I monitored size, chemistry, & any other changes over time or as I tried new things...It was very soothing for me to be able to see it... But no, in answer to your question- I got a pneumothorax during my first & only biopsy last year...If the lump is close to the chest wall & you are small breasted , sometimes they pierce the pleura by accident...For 2 months I was drinking liquid & it was going into my lungs...I hugged a semi-stranger, probably an angel, one evening & the hole finally healed...Didn't know at the time what had happened...This year had a vigorous breast massage to try & erode the lump & she opened up that hole...This time I found the word " pneumothorax" ...Anyways...I don't think I could ever have a biopsy again...So I am stuck with my own DIY pictures that show me the lump is just Calcium now...I have God in my ear who kept telling me not to have surgery, & who recently told me I was cancer free...I live here in Toronto Canada which is just so primitive in terms of what kind of diagnostic tests I could get...There is the Kelley Metabolic centre in Arizona who will do a Cancer profile for \$446.00 ...My first & only mammogram tore tissue in both breasts which left me with nodes 3 months later...So I am at odds as to what diagnostic testing I could do to make sure I am right...I am however, healthy as a horse...50 lbs lighter, walk 12 km almost daily, my skin glows & people ask if I am an athlete...Had I had surgery I would have been the overweight unhappy person with a giant debt or worse where my left breast was...It was the right choice for me...I tracked much of my research in my books (free on my site) & in my blog...

Sari Grove

Oh oops here is the link to how to see your own lump instructions <http://grovecanada.ca/how-to-see-a-lump-in-your-breast-by-sari-grove/>

How to see a lump in your breast(or anywhere else)...by Sari Grove

Please be very careful what you say or read on the internet...You can find conflicting articles all over the web...Copper is very important to Fighting Cancer & has been a component of chemo for decades...It is crucial in antagonizing Phosphorus which is the defining feature of malignancy...Please be very careful about saying something like that...This is life or death stuff...You can also read that flaxseed is a phytoestrogen...That is also false...It says also licorice root is estrogenic...False...There is much information saying birth control drugs get rid of breast lumps...False...You really have to understand things before buying into them...I apologize for perhaps being harsh, but I researched Copper extensively, & have been telling people about my success with it & now you just throw in a comment that possibly could waste the whole thing just like that...Coppers cause phenotypic reversion-that means cancer cells can revert back to normal cells...It is a beautiful beautiful thing & I have seen it work...I was able to avoid lumpectomy because of Copper...It's a big deal...It doesn't shrink tumours like iodine does, it changes their chemistry...

(But blah blah blah said copper something or other is wrong for cancer?)

Sari Grove

Do as you please...I don't feel like arguing...Or having a contest to see who has more credentials...Or whatever...All I will say is this:Phosphorus is what you get in yogurt...Copper is what you get in green tea...If you want to tell people with any sort of Cancer they should stop drinking green tea & eat more yogurt, then fine...But I think you will be killing them...Copper & Phosphorus are opposites by the way...

Bumpy, textured, hardness...Pea mush!

by Sari - Saturday, July 18, 2015

<http://grovecanada.ca/bumpy-textured-hardness-pea-mush/>

Lumps in the Body or Brain...

By feel:

Bumpy=Iron

Textured=Bismuth

Hardness=Lead

In lumps...

Map Directions(hint:everything Crosses over when it goes from the brain to the body because when ropes cross the hold is stronger & more secure plus you can get a nice knot at the site of the ropes crossing which is how neurons are formed-like a chain link fence...):

Brain right=Body left:for example; Frontal Lobe right Lead Pb Plumbum equals Thyroid side Left

brain left=body right:Motor Cortex Left equals Right side of Thymus gland blood Iron Fe

brain top=body bottom:If a brain part sits in a Vertical way ie: Top to Bottom , then the Top part is the female or Minus part that sits to the bottom of the body or to the left side of the body or to the back of the body...

brain bottom=body top:In a similar fashion, if a brain part is vertical, then the male part in the brain sits at the bottom end whilst in the body the male brain part **CROSSES** over(for strength)& sits either on the right side of the body, at the top of a vertical body part, or at the front of the body part...

brain front=body back:The front of the Cerebral Cortex is called the Corpus Callosum & controls the rear or back side of the Gender body part or organ that is called Skene's Gland

brain back=body front:The back of the cerebral cortex is called the Cerebral Aqueduct & controls the Gender part called the Prostate gland which sits to the front of the Gender part within the private part area or room...

Grove Body Part Chart

Can artists innovate in medicine???

by Sari - Wednesday, August 17, 2016

<http://grovecanada.ca/can-artists-innovate-in-medicine/>

***Someone named J. Carpenter wrote a brilliant review of a book([Breaking The Habit of Being Yourself: How to Lose Your Mind and Create a New One, by Dr. Joe Dispenza](#)), which included the following excerpt: " **the Wright Brothers were bicycle repairmen who were also printers and that they never took a single university-level (or any formal) course on aerodynamics; Hedy Lamarr was an Austrian actress, who with George Antheil, a composer, developed a "Secret Communications System" to help combat the Nazis in World War II.**

Michael Faraday, a man who with no formal education worked in a bookshop and yet revolutionized our understanding of electricity; William Herschel was a German musician who discovered Uranus and several moons with a home-made telescope ridiculed by scientists; Donald G. Harden was a high-school teacher, not a cryptologist or criminologist, who cracked the code of the Zodiac Killer--an unknown murderer who terrorized the San Francisco area in the 70's, attacking couples in secluded areas, and George Mendel was an uneducated monk who discovered how genetics work." I add this excerpt, to remind people that yes indeed, artists can innovate in medicine...& so on...

p.s. Dear J. Carpenter on Amazon...Thank you for writing your splendid review...I have borrowed your defence...Please write me if I have overstepped my boundaries by republishing the excerpt from your review...It was just too good to leave hidden in the pile...

Joseph & Sari Grove are a married Canadian couple who also happen to work together...They are both artists who have focused their attention on innovating in Medicine...Their 9 book series is called Grove Health Science, & it is based on an idea called The Grove Body Part Chart...The Chart simplifies the body into 12 body parts, & identifies the 2 elements in each part that live together, detoxifying or repairing...This groundbreaking theory serves as the basis for unravelling the tangled web that medicine & pharmaceuticals & nutraceuticals have become, into a single comprehensible thread...The books build one upon the other, leading up to the 9th book, DIY Cancer Repair Manual, which serves DIYselfers & practitioners alike...Highlights include DIY diagnostic imaging at home to look for malignancies, tumour size & biochemistry-all just with a camera & a computer & an internet connection...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Can you hear what your cat your human your swan is thinking? You may have had a concussion...

by Sari - Monday, December 15, 2014

<http://grovecanada.ca/can-you-hear-what-your-cat-your-human-your-swan-is-thinking-you-may-have-had-a-concussion/>

- **Soundwaves are large...**
 -
 - **Thoughtwaves are smaller...**
 -
 - **Our brains are designed to hear soundwaves...**
 -
 - **When you get a concussion, your brain swells up...**
 -
 - **Sometimes you end up with a permanent swelling, edema, that stays that way...**
 -
 - **The swelling makes your brain smaller...**
 -
 - **If it makes your brain smaller anywhere near the hearing area, it affects what kind of waves you can hear...Because a concussed brain is now smaller, sometimes only the smaller thoughtwaves get through, where they did not before...**
 -
 - **So when you are very close to a person or an animal(people are animals but anyways), the smaller concussed brain can hear the tiny thoughtwaves in the other creature...**
 -
 - **if the brain heals & goes back to normal size, the larger waves come through again, & the brain is no longer able to process the tiny thought waves...Many people who were once concussed can hear the smaller thoughtwaves, but don't admit it because they think it's crazy...**
 -
 - **It's actually scientific...**
-

Cancer & Birth Control Drugs...Inextricably linked...

by Sari - Tuesday, August 18, 2015

<http://grovecanada.ca/cancer-birth-control-drugs-inextricably-linked/>

Almost every woman I have heard talk about breast cancer mentions birth control at some point, even if it was only for 30 days...

But it is also a massive correlator to female obesity & gender dysphoria...

But chemically it follows logic too-birth control drugs raise calcium excessively in the adrenal gland, & the vast majority of tumours whether benign or malignant start with calcium...

Nowadays it is so in our water supply(from women on birth control drugs peeing into it), that people in high birth control drug use areas(Manhattan for example)are displaying symptoms & disease...

One study showed male fish producing eggs just from swimming in water that had the pee of women on birth control in it...

The study sprang because naturalists had observed this gender dysphoria in nature & wanted to observe it closer...

(but don't all women use birth control drugs?)Actually no...There are clusters of people, sometimes based on religion who all use them, then there are other clusters of different religions who have been taught not to touch them...(for example:In a Jewish community, birth control drugs may be widely acceptable to use...In a Catholic community it may be widely frowned upon...Which is why I question this jewish gene thing-I think birth control drugs are altering genes...)

(but wouldn't everyone get cancer if it is in the water supply?)No...The birth control is only at high saturations in certain water supplies...For those who never took them, it is a possible answer as to how the calcium excess began in the Adrenal gland...What we know for sure is birth control drugs raise calcium levels, & the vast majority of tumours are made of calcium at their core...It is a rather startling similarity...But of course there will be exceptions to every rule...But that doesn't mean we are wrong to notice this parallel...Japan has blocked the sale of birth control drugs for the past 50 years...That is a very strong thing, considering the incredibly low levels of cancer there...

Cancer is a parasite?

by Sari - Monday, August 01, 2016

<http://grovecanada.ca/cancer-is-a-parasite/>

I will give a short form summary of my take...

You take a birth control drug, or are exposed to some environmental element...Lead in radiator fluid or formaldehyde in the tiles you lay or in your old water pipes...Your natural farm water is high in Calcium...You use weed killer...The lake you swim in has toxic algae blooms(Phosphorus)...This imbalance may plague you for decades- you are sleepy, overweight, out of shape, low sex drive...Not yourself...Then maybe a new catalyst arrives to throw your hormones off even further...Affair, divorce, remarriage, children, grieving, loss, financial, work related chemicals or pollutants...Something happens to push your body over the edge...You are now a walking hazard...Problems may already be surfacing...At this point you become very attractive to a parasite...Salmonella typhi bacteria love someone with excess Phosphorus- & your hormone induced dairy & cheese cravings arent helping matters...So a parasite hops in...You think you may have bed bugs...But this is worse...Now, many will not start taking antiparasitics at this point..So the parasites start growing...They will be eating what is inside of you...Now a parasite may have entered through your mouth..Maybe gone down the digestive tract...Maybe down your air pipes- you inhaled it while sleeping...Lets say it settled into a chest wall...However it got there...One day, that parasite takes a giant bite out of your inner chest wall...This creates a hole...Your body responds by sending in a rescue patch...This will be a giant flood of all that excess Phosphorus say...To patch that hole...The existing high Calcium(progesterone, maybe from prior birth control drug use or your high calcium water) will grab that Phosphorus surge & make a hard lump...Now what you have is a parasite, living under a giant lump...Unfortunately, this parasite will start to feed on that repair lump...Now you have a palpable lump, & a parasite eating away at it...When they look under ultrasound they will see these living creatures- they give off life signs...The parts of the lump they have already eaten will show up as abnormal cells...Biopsy will attempt to grab at the head parasites, the couple that sit at the head of a tumour, reproducing...Kill the parasites & you are left with a benign lump...Shrinking a tumour does not necessarily kill them all...So the goal should be antiparasitics...As a first line of defense...Identifying your parasites favorite foods & where it is located gives clues on how to starve & kill it...There are ways to tell which parasite is associated with what species of cancer...For instance Hodgkins Lymphoma we associated to Epstein Barr disease which is associated to Liver flukes...Hydrogen in excess is what they feed on, so B17, the Oxygen family is a great start there. (Your Oxygen rich papaya seeds work too!)

ps.Marnie Newton on Facebook can tell you which parasite is associated to which Cancer...(Marnie is also in the DIY Cancer repair manual group)...

Cannabidiol(CBD oil) lowers cholesterol, which aggressive Cancers feed on...

by Sari - Thursday, September 17, 2015

<http://grovecanada.ca/cannabidiolcbd-oil-lowers-cholesterol-which-aggressive-cancers-feed-on/>

Update Monday Dec. 28, 2015:

All I am going to say is: CBD oil works by lowering cholesterol which mesenchymal cells feed on...Several types of aggressive cancers are fuelled by cholesterol, which lives in the Lung & Lymph node areas...

It is illogical to put Butane or any other weird solvent into your body(so get something high quality with ingredients that sound natural)...For people who have naturally low cholesterol, the side effects of CBD might outweigh the slight benefits...I do not believe that CBD oil ever makes cancers grow, just that they are ineffective in people who have low cholesterol already, so their cancer will just continue to grow because it is being fed by something else...Side effects for those people are: Constipation, Lethargy & thus lack of exercise & fresh air, memory loss, fatigue, & intense hunger pangs for foods you should not be eating...

That said CBD oils have helped many to overcome their Cancers...For those who are daunted by the legality of & or getting stoned or the high price of CBD oil, Frankincense capsules or chewing the gum(& spitting it out later) has similar effect & also crosses the blood brain barrier...

Vanilla Beans have similar effect too-they can be chewed & swallowed...

Typos: Cure not cute...

More typos: "homeopathic"...

Cannabidiol, removes Lead, Iron, Aluminum...But does not remove, Hydrogen, Calcium, Phosphorus...

by Sari - Tuesday, April 12, 2016

<http://grovecanada.ca/cannabidiol-removes-lead-iron-aluminum-but-does-not-remove-hydrogen-calcium-phosphorus/>

Please see the Comment at the bottom of this post which summarizes the thesis in an easier way...(sometimes I am hard to understand)...Apologies...

Fotoflexer Top before, Bottom After 6 months (MRI)

Cannabidiol, removes Lead, Iron, Aluminum...But does not remove, Hydrogen, Calcium, Phosphorus...

The flow of things is:(The flow down the body flows from the top of the chart down to the bottom of the chart zigzagging its way down...or spiraling down...From Minus to Plus to Minus to Plus to Minus to Plus...

We can see in the Fotoflexer picture that Blue Lead is gone, Pink Iron is gone, Whitish pink Aluminum has cleared up very much...

Zinc.
Lead.
Manganese.
Iron.
Titanium.
Aluminum.

However, there is still Peachy Hydrogen present, Yellow Calcium present...

Potassium.
Aurum.
Carbon.
Nitrogen.
Selenium.
Sugar.
Oxygen.
Hydrogen.
Iodine.
Calcium.
Copper.

Do It! Pearson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Most significantly in the LUNAPIC edit, the presence of PURPLE Phosphorus SEEMS to be MORE(in the second picture on the right hand side, as the AFTER canabidiol picture)...That is the CANCER...

Lunapic, Left before, After 6 mos...MRI

Why? because Phosphorus(Cancer creatures) is/are removed with COPPER...

Phosphorus.
Magnesium.
Mercury.
Fluorine.
Bismuth.
Boron.
Molybdenum.

Conclusion:A Minus element like Titanium(Cannabidiol) will take out all elements prior to or above it on the chart...

In order to remove a Phosphorus element(like cancer), one must use a STRONGER element(COPPER)...

This is why Cannabidiol is insufficient to remove cancer...because it is not strong enough...Notice the numbers beside each element on the chart...The larger the MINUS number, the stronger the MINUS element...

-9 to -3 ...

Copper is -9 while Titanium is -3 ...

That means you have to use 3 times as much cannabidiol to do the same job as one amount of Copper...

Theoretically if you did 3 times more of CBD oil, ie: 6 months times 3=18 mponents of the CBD oil protocol, you might get a Copper strength & kill the Cancer...

But why not use Copper? Far more efficient & targeted...Plus you avoid brain damage...A multifaceted approach is far safer than a crude one ingredient solution...

Don't put all your eggs in one basket & don't put all your weapons in one basket neither...

Note:white blood cells are Minus items & red blood cells are Plus elements...

Also note:The Grove brain part chart indicates that the tumour in the left side of the head is a Pituitary tumour which controls the Adrenal Gland on the right side...Calcium is in excess as is similar to Von Hippel Lindau syndrome...Lynne Farrow's The Iodine Crisis would be a good read for that purpose...

SUMMARY:

Update:**I studied someone else's before & after pictures, MRI, of her brain, after she used 3 months**

of cannabidiol...

The cannabis did shrink the tumour, but it did not get rid of the cancer...My post is a little hard to understand(as are many of my writings-I sometimes assume people know what is in my head)...But what I observed is the cannabis takes out Aluminum, Iron, & Lead...

Aluminum is cholesterol in the real world...Iron is in chicken, Lead is in beef...Though all can be the heavy metal too...However...

Cannabidiol did not take anything else out...On my chart, the Minus column are all detox items...As you go from the top of the chart down, the Minus items get stronger...Cancer is down in the Phosphorus category, Plus column in the Spleen...

So to take out Cancer, you need a Copper-hence the licorice root which is a great Copper...Continued use of the cannabidiol in this young woman's case, did not target the cancer...Nor the calcium , which is removed with Iodines...It just kept removing aluminum, iron & lead...Her brain showed reduced activity in those areas-Parietal lobe, Motor Cortex, & frontal lobe...

& the cancer was still present...So cannabidiol does work on 3 main aspects of a tumour-however, it should not be relied upon to kill cancer, or lower calcium, or even hydrogen levels...

A more varied approach, that targets the cancer would be more successful...Her continued use of the cannabidiol as her main thrust, will only erase memory, energy levels & higher brain activity such as ethics & decision making...

In summary, I am just saying don't make cannabidiol the thing you depend on to kill the cancer-& be careful with it when memory loss, lethargy, lack of decision-making skills become apparent in conversations...One lady did so much cbd oil that when I mentioned she might have Lyme disease, undiagnosed for 2 years, she did not act on that emergency problem...Lyme disease can be fatal untreated...Especially when attached to a breast lump...

More:(response to people saying cannabis cures cancer)"I have known people who have done the full cannabidiol protocol who have died of cancer...I'd be very careful about overstating things...Cannabidiol helps yes, but people have to know that it is not a one shot treatment, that they have to do other interventions as well...Stating that it cures cancer may cause people do stop doing other treatments, which is dangerous...I am sorry for raining on this parade, but I do not think that cannabis is sufficient by itself...I have brain MRIs that show cancer present after cannabidiol treatment, despite tumours being shrunk...Shrinking a tumour & killing the parasite called cancer are not the same thing at all...You can shrink or dissolve a tumour & still have cancer...Beware!!!Conversely, you can have a giant tumour but have killed the parasite called cancer!"

Casual observation: Who is doing better at fighting cancer & why?

by Sari - Sunday, May 15, 2016

<http://grovecanada.ca/casual-observation-who-is-doing-better-at-fighting-cancer-why/>

I have noticed that the people who are outspoken about their faith & go to church & pray & believe, do much better than those who don't...I have noticed that people doing the cottage cheese thing (Budwig diet) do worse than those just doing a regular raw plant based diet...Careful spending of money seems to be better than blowing it all on expensive untried solutions...When money is spent unwisely, it strains the marriage which causes further health problems...Those who just swallow pills & juice, don't do as well as those who get tons of daily exercise...Juicing can be the wrong diet plan for those with liver flukes, Her2+, or any Liver problems like shingles, Epstein- Barr...People with aggressive cancers need to be far more aggressive with their herbals & they have to move fast...Everyone with cancer needs to do an antiparasitic round(like Humaworm)...People who take the bloodroot capsules & do the black salve seem to be doing much better than those in the other groups...Colostrum products seem to make everyone with cancer much worse(ie: GcMaf stuff)...Things that don't seem to be helping people with Cancer: melatonin, soy, iron, b12, gluten, meat, sugar, dairy, k2(calciums)...Triple negative, inflammatory, & aggressive breast cancers, seem to go hand in hand with higher blood pressure- Beta Blockers or natural forms of potassium like Hawthorne & Graviola help here...When people do the Licorice root extract (like a quarter bottle a day), I can see the cancer dying fast in pictures...People who take tons of supplements but just a bit of each seem to do less well than people who take high doses of a few targeted things...

Cat

by Sari - Saturday, April 04, 2015

<http://grovecanada.ca/cat/>

Cation, chitin, Molybdenum, Boron, chromosome 23, 12 item on grove body part chart

by Sari - Sunday, January 25, 2015

<http://grovecanada.ca/cation-chitin-molybdenum-boron-chromosome-23-12-item-on-grove-body-part-chart/>

[Cation, chitin, Molybdenum, Boron, chromosome 23, 12 item on grove body part chart](#) (PDF file of my thought process to discover the 12 item on our grove body part chart...Currently I only have 11 body parts on the chart, but there should be 12...the 12th will be the Gender Organs...The chromosome pair that decides XX or XY, female or male...

So the 12th column of our chart(which I will have to add)will look something like:

Gender Parts:Molybdenum Mo (Plus element):Boron B (Minus element)

Molybdenum would sync with testosterone, & Boron would sync with Androgen(in hormone discussions)

like Calcium is a Progesterone,

& Estrogen is a Phosphorus...

The combination of Molybdenum & Boron together would be something like human growth hormone, the thing that makes you grow & be able to reproduce, the thing that brings life to that protozoa stuff on Mars, the thing in shrimp shells, green beans, avocado,-the shiny coating on a green beans, that organic edible plasticky stuff God's wrapping...

<https://www.flickr.com/photos/sarigrove/> Our photo stream on Flickr...

Notably in Turner's syndrome, the 23 chromosome is missing one element of the pair...

So in Turner's you see XO with the o implying Zero, instead of what it should be XX or XY...

Typically in Turner's syndrome, the X that is there is from the Mother(chromosome pairs are one from MOM & one from DAD)...So in the syndrome, mom donates the X, but Dad either donates nothing or the X or Y from the Dad is damaged...

Physically Turner's syndrome can be seen as a webbed neck(very thick & attached well to the shoulders almost more like a lizard)...Webbed toes in babies...It seen mostly in females & they are usually born sterile(not able to reproduce)...HUman growth hormone is one thing they may give to someone with Turner's...

On our [Grove Body Part Chart](#), chromosome 23 will be represented as the 12th body part on our chart...

I will have to draw up a new version...Stay tuned!

Update:Here is the new improved Grove Body Part Chart business card(front & back sides)...

I get mine printed at Vistaprint.ca & I lay out the grid there too...

Rough background notes(how I got to the ideas above sort of...):

Gingko biloba (St. John's wort) Copper...

Vinpocetine Iodine madagascar periwinkle

Hulled hemp seeds

No breads please

Butcher's broom sparteine Potassium

Chickweed for lipoma(it moves under the skin)
similar to dandelion, parsley
-Oxygen diuretic saffron

Broccoli walnuts raisins

Water lemon juice honey cayenne pepper

749 Dovercourt rd west of ossington north off
Bloor 3.9 km frankincense nuggets

Plumbagin Venus flytrap copper Carnivora
product...

Ginger root make sure!!! Vega one sugar free
energizer ginger turmeric

Learn feldenkraist!!

Flaxseed is manganese

chant

"nam myoho renge kyo," (I am a
lotus flower is sort of what it
means-it means

more than that but I prefer to ignore the religious meaning...)

I would say diet makes a great deal of difference. More veggies and fruits.

Rosemary oil wine salt balm of don Quixote
Hungary water for paralysis
rosemary is mint titanium
wine red is hydrogen some oxygen
Forskolin is. CHO molecule
Toluene is a CH molecule

From Wikipedia entry on Rosemary
<http://en.wikipedia.org/wiki/Rosemary>
"Hungary water was first prepared for the Queen of Hungary Elisabeth of Poland to "... renovate vitality of paralyzed limbs ... " and to treat gout.
It was used externally and prepared by mixing fresh rosemary tops into spirits of wine.
Don Quixote mixes it in his recipe of the miraculous balm of Fierabras."

In Chronic myeloid leukemia,
9 Carbon
22 fluorine
Are both damaged
(Baking soda and water with fluorine in it is a real world substitute for chromosome 9 & chromosome 22)...
(47 is the new chromosome formed from the 9 & 22 fragments joining, carbofluorine)
only supposed to be 23 pairs of chromosomes or 46...so 47 is wrong!

9 Carbon 22 fluorine forms

extra chromosome carbon fluorine

In transverse myelitis
(are they really just mermaids)
Mermaid sirens song
to the siren this mortal coil Ear wax (war)
smash ships on the
rocks...Ulysses story...

Topaz citrine is
aluminum fluorine
Memory Thin skinned Kind
thin skinned sensitive

CF Turner syndrome 23
chromosome Is missing
the Y So just X From
mother Dad was sick
no y sex donation
You get a girl who
was supposed
to be a boy...
Dad's excess Phosphorus
also implies a lack somewhere
else-23rd chromosome ...
Sex male gene...
(Human growth hormone is
missing-accident at 8 years old) 12...
paralysis below knees both
mermaid syndrome...
Cannot have children...
Excess fluorine polio
(descending & amplifying
into BORON B)
leads to degradation of
23rd chromosome sex
reproduction impossible...
Water fluoride Scottish
alcohol drinking Winnipeg...

Girl first Then
boy Implies female dominance...
(the order of children)
Cadmium vs. Antimony//

Barium vs. Plutonium
Uranium bismuth
indium charcoal vs. Fluorine
chlorine water(fluoridated)

Testosterone Androgen
Both = avocado, saw palmetto,
toluene, coleus forskolin,
molecules that are
CHO Carbon AND Hydrogen & Oxygen
-give LIFE

Sent from my iPhone

end of rough notes...

Cats...B'elanna & Jadzia Grove...

by Sari - Monday, January 26, 2015

<http://grovecanada.ca/?p=447>

Causes of simple mind problems & ballpark solution ideas...

by Sari - Monday, March 30, 2015

<http://grovecanada.ca/causes-of-simple-mind-problems-ballpark-solution-ideas/>

Caustic Burning Drawing Salves...Black salve...Eritrea...medicine in Africa...medicine in Japan...

by Sari - Wednesday, August 26, 2015

<http://grovecanada.ca/caustic-burning-drawing-salves-black-salve-eritrea-medicine-in-africa-medicine-in-japan/>

handknotted rope by Sari Grove for trumpeter swan winter nest

It is the Zinc Chloride in the real drawing salves that are the caustic...if you have burned the area on your breast where the lump is, in fact, an interesting thing will happen due to the burn...The lump will move up closer to the surface of the skin...Don't freak out when this happens...It is not growing, just moving to where the burn was...I learned this from two sisters from Eritrea who live here in Canada now(Shoppers Drug Mart)...The burn itself draws the lump upwards...It is actually illegal to do this in many parts of Africa, they actually use coal for the burn, but everyone still does it anyways I am told...In Japan they use Moxa(moxibustion) to burn...Moxa is like bloodroot, a manganese family like Nutmeg...I'd leave the area alone topically for a while to heal up from the burn...Aloe cream(with DMSO-smells like garlic) is useful for healing...

CBD Oil does NOT make you high, but does have medical properties for attacking a breast cancer lump!

by Sari - Tuesday, March 03, 2015

<http://grovecanada.ca/cbd-oil-does-not-make-you-high-but-does-have-medical-properties-for-attacking-a-breast-cancer-lump/>

CBD oil does NOT make you high...

It is also called Cannabidiol...

I learned this after joining this website <http://buyweedonline.ca/> from the owner of the company, who called me minutes after signing up to see who I was, why I was ordering, & what I needed...

Before I go further, I just want to say that this was the most professional, polite, informative conversation & that this person & his company is just UNBELIEVABLE...

& THANK YOU! (if you happen to read this blog post)...

I ordered just under 3 grams of CBD oil, & I promised to track my progress with it here on my site, so we could all have a record of how this works...

I said I'd use my [DIY Mammogram](#) technique(go to the link to learn how for yourself), to track size & chemistry changes in the lump after using CBD oil...

& I will...

Payment by the way was very easily done using the e-transfer function of my online bank account service...

Price was terrific...

I even got help with my website...1)How to fix my menu problems so that it could look neater 2)that I need a subscribe button from Mailchimp on my front page 3)I need to consider monetizing my coaching as related to what I am doing right now

This company is a Class Act...

Regarding how to take the CBD oil, I discussed melting some peanut butter (& Maybe a little honey) in the microwave, then stirring in a half a grain size of rice of the CBD oil...(the CBD oil needs a fat to help it absorb into your body)...

& so the Journey begins...

I will keep you posted as things happen...

p.s. I am going to wait until the CBD oil arrives before I take my first pre-CBD oil picture...(Why? because when you have your period, your lump always swells up to huge, so if I take a picture now it will look really huge & maybe scare you...In a few days when it shrinks back down again...Don't want to freak anybody out!)

CEA, CA27.29, Blood PH, Thermograms ...

by Sari - Friday, November 13, 2015

<http://grovecanada.ca/cea-ca27-29-ca-153-blood-markerscancer/>

CEA is a level often used for colorectal cancer...It is also elevated in smokers...It looks at levels in the endothelium(skin)...Which points to the idea that it is measuring Bismuth levels(think ash, or soot)...

CA27.29 just by its numbers, points to maybe it is looking at a Ceruloplasmin level, since 28 is a normal...That would be Phosphorus if I am guessing right...(sorry, haven't looked too deeply into this yet)...So it is entirely possible someone could have high Bismuth & low Phosphorus...(CA15-3 measures almost the same thing as CA27.29...)

Hypothetically...They are different markers...That would give clues on how to treat...They use Fluorine drugs for colorectal cancers...If that level is high, you might want to be brushing with fluoride toothpaste, or eating lots of fluorine filled parsley...

Blood PH:

"Blood pH

The acidity or alkalinity of your blood affects your phosphorus level. Medical conditions that cause your blood to be too acidic can lead to hyperphosphatemia. If your blood becomes too alkaline, your phosphorus level may fall to an abnormally low level."... <http://www.livestrong.com/article/450745-what-is-wrong-when-your-phosphorus-is-low-or-high/> Comment:I feel high Phosphorus indicates a problem...Really elevated Phosphorus, malignancy...

Thermograms:Yellow is Iron, Red is Lead...If you take your thermogram photos & upload them to Fotoflexer.com, then choose Color Rotate in Effects, you will be able to use my charts to understand what the colours mean...I rotated the thermal colours because the pink & purple tones spoke to me, while the primary Red & Blues of thermograms did not...Probably a gender thing...

Yellow in your Thermogram is Iron on my chart...Red is Lead...

Irons respond to Manganese...

Leads respond to what I call Zinc family(includes mega dosing Vitamin C)...

"Translating colours from my own work, to the colours in the Thermograms- Yellow would indicate Iron(antagonize with Manganese family like bloodroot, Mugwort, Moxibustion, nuts, flaxseeds), Red would indicate Lead(use Zinc family like megadose Vitamin C, D3, ginger root, Camu Camu powder)"

Chairliftgrove mp3 published by GroveCanada

by Sari - Tuesday, April 19, 2016

<http://grovecanada.ca/chairliftgrove-mp3-published-by-grovecanada/>

Changes in Hormone receptor status, namely Er+ becomes Er-...

by Sari - Saturday, July 23, 2016

<http://grovecanada.ca/changes-in-hormone-receptor-status-namely-er-becomes-er/>

<http://www.ascopost.com/issues/january-15-2012/changes-in-receptor-status-during-breast-cancer-progression-warrant-rebiopsies-at-relapse.aspx>

So the article linked above talks about how hormone receptor status can change with disease progression...

This is important, because NIDI , the Non Invasive Diagnostic Imaging, uses Phosphorus as a marker for Cancer...

Phosphorus is estrogen, as a marker...

It is a very good marker for seeing if Cancer is present or not & how much & where it is...

However...When Cancer goes untreated or mistreated(an alternative program that is not strong enough or not targeted enough), the cancer changes shape & chemistry...Imagine a larvae or egg or maggot becoming a worm...The worm becomes much harder to kill...

I have noticed that when people come to me with ulcerating tumours, that sometimes, my editing process, is not showing cancer in their pictures...

I have been trying to understand this...

On my chart, cancer is a Phosphorus...

Cancer/Phosphorus

But if the cancer is left to grow & evolve & change, it descends downwards on the chart...

The next organ down from the Spleen, where Phosphorus lives is the Gallbladder...Then the Colon...Then the Prostate gland in men & Skene's gland in women...

So...

An ulcerating tumour indicates disease progression...

Which means you need those three stronger MINUS detox elements more!

Gallbladder you need Magnesium...(glutathione is magnesium as are epsom salts...You can bathe in epsom salts but there are also oral epsom salts you can get from a pharmacist)

Colon you need Fluorine...(Moringa Oleifera is a Fluorine...If you cannot get that start gargling with a fluorine mouthwash for 20 minutes/or just hold in mouth so it absorbs...)

Prostate or Skene's gland you need Boron...(small flowered willowherb is a Boron, Borax in water is a cheap Boron...Boron supplements exist too)...

If the tumour is ulcerating you need a strong antiparasitic...Humaworm is the best I know on the market...They also have extensive other recipes to clean all the other body parts...Consider investing in Humaworm products...These can save your life...

Also for ulcerating tumours-Bloodroot capsules from Zenith herbals...These can take a while to ship so order them now instead of deciding for weeks whether or not to get them...

If your tumour is ulcerating, please, whatever you do have on hand please take it at drug strength...Alternative supplements are not very strong...So recommended dosages are low...This is not a time to take supplements like they are vitamins...You have to go a little crazy with what you have...Hit it very very hard...

For example: Vitamin D3 at least 50,000 iu per week...

Vitamin C you can take 2 grams per hour...You just keep taking it until you get diarrhea...Once you get diarrhea that is your dose...Oral tolerance...

Licorice root 5 grams per day...Grams...Not milligrams...

Iodine 50 mg per day...50...Not 5...

Drinking something as a tea is not going to be strong enough...Take your herb, take lots of it, like 1/3 of a cup, simmer in some water, 3 cups say, & let it simmer for 15 minutes...Then drink that liquid...It may not taste so good...But this is medicine...DIY Chemo...Let it cool a bit & chug it fast if the herb is unpleasant...

Please do not play a conservative game if your tumours are ulcerating...Ulcerating tumours mean later stages...These are not to be taken lightly...This is all or nothing...Life or death...Diet & exercise are also crucial...That means daily not weekly...2 hours a day exercise, not half an hour on a rebounder...You have to become an athlete...

Alcohol, sugar, meat, glutens, dairy, cheese, these are all things of the past for now...A raw plant based diet is key...Try walking 2 hours a day, a long slow walk...Bring a friend who walks if you can...

More about hormone receptor status flipping on & off(estrogen for instance):

Ok, so Er+ means there is estrogen present...Estrogen lives in the Spleen...Phosphorus is the chemical word from the Periodic Table of Elements that stands for estrogen...Ok, so the vast majority of cancers show the presence of estrogen...Phosphorus...Now the creature, that is most commonly found in cancer, likes to eat Phosphorus...It also gives off a Phosphorus visual

signature...When I look for cancer in people's pictures, I look for that Phosphorus...That is how I see them...Salmonella Typhi bacteria which are just everywhere, show up as Phosphorus...I suspect they may be common to many cancer diagnoses...Typhus, the Black Plague it used to be called...Perhaps what we call cancer today is the old Black Plague...But when the cancer progresses, to later stages, it seems that you do not see the estrogen anymore...Has it perhaps eaten all the estrogen? Perhaps if the creature keeps feeding & feeding off all the estrogen, that eventually it eats it all up...Now there is no more estrogen visible...So it progresses downward to the next organ...The Gallbladder...It starts feeding on Mercury...Cartilage, tendons...This might start being painful...Like arthritis symptoms...So now, if you biopsy, it doesn't show estrogen anymore...It is now estrogen negative...The article linked in the post talks about that...How an estrogen positive cancer can become estrogen negative...Maybe it eats all the estrogen, then grows, & moves to the next nutrient it can find...If I could calibrate an editing method that could see mercury, I could see it...Mercury is also what Lyme disease likes to feed on...The tick...They have trouble diagnosing Lyme too...It would be a matter of seeing Mercury...One way to see mercury in photo imaging would be to eat pork & to see the changes in the picture...Pork is a mercury...You would have to take a picture, edit it, then eat a bunch of pork, take another picture the next day, try & see the difference in the picture...Whatever that difference, would be the Mercury...Then you could test for Lyme...& later stage cancers...(Just a theory here...Anyone want to eat pork to see what happens? Thought not!)

Conversations about this...(From the DIY Cancer Repair Manual group on Facebook...

When it ulcerates, you just see it...In the original picture...In real life...But when I edit the picture, I don't see the cancer very well...It seems to change...To become its own creature...It goes off the cancer radar...It becomes a new thing...Like if another person was in the picture-they don't read as cancer...

It seems to change stages when it gets to ulceration...Goes from ER positive to ER negative...

...Ok, so Er+ means there is estrogen present...Estrogen lives in the Spleen...Phosphorus is the chemical word from the Periodic Table of Elements that stands for estrogen...Ok, so the vast majority of cancers show the presence of estrogen...Phosphorus...Now the creature, that is most commonly found in cancer, likes to eat Phosphorus...It also gives off a Phosphorus visual signature...When I look for cancer in people's pictures, I look for that Phosphorus...That is how I see them...Salmonella Typhi bacteria which are just everywhere, show up as Phosphorus...I suspect they may be common to many cancer diagnoses...Typhus, the Black Plague it used to be called...Perhaps what we call cancer today is the old Black Plague...But when the cancer progresses, to later stages, it seems that you do not see the estrogen anymore...Has it perhaps eaten all the estrogen? Perhaps if the creature keeps feeding & feeding off all the estrogen, that eventually it eats it all up...Now there is no more estrogen visible...So it progresses downward to the next organ...The Gallbladder...It starts feeding on Mercury...Cartilage, tendons...This might start being painful...Like arthritis symptoms...So now, if you biopsy, it doesn't show estrogen anymore...It is now estrogen negative...The article linked in the post talks about that...How an estrogen positive cancer can become estrogen negative...Maybe it eats all the estrogen, then grows, & moves to the next nutrient it can find...If I could calibrate an editing method that could see mercury, I could see it...Mercury is also what Lyme disease likes to feed on...The tick...They have trouble diagnosing Lyme too...It would be a matter of seeing Mercury...One way to see mercury in photo imaging would be to eat pork & to see the changes in the picture...Pork is a mercury...You would have to take a picture, edit it,

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then eat a bunch of pork, take another picture the next day, try & see the difference in the picture...Whatever that difference, would be the Mercury...Then you could test for Lyme...& later stage cancers...(Just a theory here...Anyone want to eat pork to see what happens? Thought not!)

Doing the Lunapic edit, ONLY on ulcerating tumours...I notice that there is a key lime colour that seems to be appearing in the areas of ulceration...Perhaps this Key Lime colour is our Mercury element? (ironically Lyme disease is quite similar to ulcerating tumours...I think they both feed off of Mercury...)

Along that same theory, I find the Key lime colour again in inflammatory breast cancer that is ulcerating...That key lime colour is present in the ulcerations...(lunapic edit)...Perhaps this will be a way to see ulcerations...Identify what they are feeding on(mercury)...But also this could help see Lyme disease as well...(next step is to look at pics of people with Lyme disease...)

Well, an early look at a Lyme disease picture is showing the key lime colour that shows up in Lunapic edits...is this an indication of Lyme disease? Is this Mercury? The same element that seems to be present in the ulcerations in tumours? Will re-look at pictures that I have to check this...

triple negative ulcerating tumour...The key lime colour comes up again in the ulcerations...I think this may be the element called Mercury...(also present in Lyme disease)...

Another Ulcerating tumour showing key lime areas in Lunapic editor...I think this is a Mercury marker indicating later stage cancers & also a Lyme disease marker...(treat with Magnesiums)...

Message from Sari(mon July 25, 2016): It appears that when C progresses, it can go from being estrogen positive to estrogen negative...The Lunapic editor is calibrated to see estrogen-it is the most common sign of cancer-cancer usually has an estrogen visual signature...But I think when the C gets to a later stage, it eats all the estrogen, & progresses to an Er negative form...It becomes more similar to a triple negative diagnosis...There is a lime colour that shows the presence of Mercury, which I think is the sign of the later stages...I have just completed some work to get to this point about that...

Charlie Teo, neurosurgeon, challenges Traditional Cancer Treatment...

by Sari - Sunday, April 03, 2016

<http://grovecanada.ca/charlie-teo-neurosurgeon-challenges-traditional-cancer-treatment/>

<http://www.theconversationtv.com.au/episodes/charlie-teo-episode-eight>

CHAT

by Sari - Monday, June 13, 2016

<http://grovecanada.ca/chat/>

[sac_happens]

Checking only for malignancy(Phosphorus) AFTER looking at a lump or where a lump was or just checking under the skin somewhere...

by Sari - Sunday, November 01, 2015

<http://grovecanada.ca/checking-only-for-malignancyphosphorus-after-looking-at-a-lump-or-where-a-lump-was-or-just-checking-under-the-skin-somewhere/>

Video shows how to do DIY Diagnostic Imaging in Lunapic to check for malignancy...photo in video taken with iphone 5s camera...

The purple Phosphorus indicates malignancy

After you try [the How to see a lump or anything else, like what is going on under your skin systematically, instructions...](#) You may want to take a closer look to see if there is any Phosphorus present...

Phosphorus indicates malignancy...(Use Coppers like licorice root extract, Spirulina, green tea, Cilantro, Yerba Mate, Copper, Plant caffeines, coffee, tea, chromium, St. John's wort, wheatgrass, barley grass, to clear that up...

So...if you want to do the intense checking yourself...Here is how to do ONLY that...

picture shows breast cancer metastasis to brain, edited from CT scan, purple areas indicate malignancy (Phosphorus)...

This is just to see Phosphorus only...nothing else...

Using LunaPic <http://www.lunapic.com>

These are the new instructions for that...(for people who don't have the iPhoto program...but also, it seems to see it better than iPhoto a bit actually)...

Go to Lunapic.com & Browse for your picture

In ADJUST, Adaptive equalize, then Sharpen(all the way to right), then Color Saturation(slider all the way to 100), then Contrast(5 times /click + sign 5 times)...don't forget to hit Apply on each one! (Note: You have to do step 5 & 6, before you can do steps 7 & 8)...

In FILTERS choose Thermal Effect, then HDR Lighting(steps 5 & 6)

In Adjust, Adjust light levels, slide all 3 sliders to the LEFT then Apply! (Step 7)

SWAP all 3 colour choices in Adjust Colors(In ADJUST)...then APPLY (Step 8)

Last step! In ADJUST choose NORMALIZE...Purple indicates presence of Phosphorus Malignancy...

Ok, here goes...It is not hard, just step by step slow...(wait till each page loads before going to next step...)

****In Lunapic.com <http://www.lunapic.com>

IF YOU REALLY WANT TO CHECK FOR PHOSPHORUS(malignancy) up close:

Follow these steps...

Browse, Upload

Browse(for picture), Upload...

**In Adjust:
click adaptive equalize, apply**

Adaptive Equalize, Apply(in ADJUST)

**click sharpen, slider all the way to right(100%), apply
click color saturation, slider all the way to right, apply
contrast-5x (click this 5 times slowly, wait in between for it to fully load), apply**

IN Filters:

thermal effect, apply

HDR lighting, apply

back In Adjust:

adjust light levels—contrast slider to left,

highlights slider to left,

shadows sliders to left

(all down(to left)), apply

adjust colors:

click the swap red green button

click swap green blue button

click swap blue red button,apply

Normalize, apply,

this lump is pretty much all clear of purple

DONE! (in this edit in Lunapic you are looking for purple Phosphorus only...Any purple is Phosphorus, malignancy...(Treat with Coppers like licorice root tincture/extract)

Sari

Video notes for video below:This person has been eating alot of yogurt, kefir, cottage cheese, products & that is showing up temporarily as purple Phosphorus...True malignancy purple has an organic irregular cell shaped creature ant look to it...(Salmonella Typhi bacteria are what we are looking for when we say malignancy...They have a Phosphorus visual signature because that is their favorite food...)

Also note:Before your period your natural body Phosphorus levels rise-don't freak out...Try to take your pictures after your period when things look better so you don't scare yourself!

Malignant Purple looks like creatures

In the Video, go to Settings(its a little circle in the bottom right hand corner of the video frame, & TURN ON ANNOTATIONS...I have written some messages on the video that are important...)

(If you edit a regular Thermogram picture that you already have, in Lunapic for malignancy, just SKIP the THERMAL effect step-that has already been done...Also SKIP the ADJUST light levels...)

Reminder:Salmonella typhi bacteria show up as Phosphorus purple but they also like to eat Phosphorus purple...In your check for malignancy picture, the salmonella typhi bacteria will look odd shaped, organic, alive, like ants-they will be irregular...Phosphorus that you have just eaten will show up as flat purple, regular, abstract, not alive looking, no cells, in a constrained area...Lowering your overall Phosphorus levels gets rid of salmonella typhi bacteria, malignancy, but don't freak out if you eat cottage cheese one day or yogurt & your Phosphorus levels show as being really alot...This is probably only temporary...Wait a day, two days, three days, & take another picture...try not to scare yourself...

Differentiating Malignancy from Cottage cheese, yoghurt, kefir, or natural body Phosphorus visual signatures...

Inflammatory Breast Cancer-Purple at far left (arrow) is irregular, notice "wormy" texture on chest, some purple tones there too...

Lunapic edit (still from first video of this post) this person has been drinking soy milk, cow milk, eating cheese, & taking Chaste tree, wild yams, & soy isoflavones

same picture in fotoflexer edit

Question: How much licorice root did you take?

Answer:

I didn't have a system...

For how much I would take...

I just took pictures every day, to see if the Phosphorus was gone...

I dosed according to how I felt, how it made me feel, how much money I wanted to spend that week, how afraid I was...

If you can keep track of it once in a while in pictures, it will help you to know how you are doing...

What I did find was that when you order a mega-bottle of extract, you get way too much alcohol & not a

whole lot of extract...

My husband says that is normal-they get sloppy & sell you dilute stuff...

So I went back to the small bottles...

Also layered in tea, capsules, the herb simmered on stove then drink liquid, also just swallowed herb raw...

I was trying to make it all cheaper...

Possibly I should not have done that...

The cheaper you spend maybe the less strong it is...

The extract really made me feel the burn...

I did get that feeling from the other stuff but not as much...

There are other things in the same category (Copper) that give you a buzz too...

Gingko biloba, copper supplements, spirulina, chlorella, coffee, tea, matcha, chromium, boron, yerba mate, plant caffeines, really anything caffeinated(energy drinks), st. john's wort...cocaine(no I did not do this, but it is a copper, as is crack cocaine), gotu kola, kola nut, um...I am probably repeating myself, I forget sometimes how many times I have said the same thing...

http://www.amazon.com/Diagnostic-Imaging-Grove-Health-Science-ebook/dp/B017HH1RV4/ref=sr_1_1?ie=UTF8&qid=1446676018&sr=8-1&keywords=diy+diagnostic+imaging

I stuck what we did into a short Kindle book for the time being...It probably needs to be edited, but I put it up fast(literally stuck it together on my iphone from blog posts)...Just in case people need this now...

With the Saint Francis Licorice root extract I took 4 dropperfuls a day to start...

I basically gulped the whole bottle in 3 days...

Hence me trying to find a cheaper way...

I think ideally, people might just stick with that if they can...

I like your 3 times a day idea...

That would be faster...

I took some sort of licorice root for a year...(9 capsules of licorice root daily)

After a year, I started to overdose...

You get a panicky emotion if you overdose...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

That is when you know you are overdosing...

If it gets really bad you have to actually ADD back a Phosphorus, like Kefir(liquid yogurt)...It is dangerous to do that, but the panic emotion is tough...It is fun to drink Kefir though after a year of no dairy allowed!

Sari

see the purple in the top right hand corner?

same subject but this edited in fotoflexer the green spots at top right

Note:Malignancy, Phosphorus, Salmonella Typhi bacterium, & Yogurt or other Phosphorus foods, will all show up as purple(In the Lunapic edit)...It is definitely a sign that your Phosphorus levels are too high, but don't freak out-it may just be excessive yogurt eating...Until we make this process even more specific, please be aware that it is not perfect...Sorry...This takes time to figure out & we need the right people & the right picture to be able to discern things...

How to differentiate between an active malignancy or just temporary presence of Phosphorus due to eating cottage cheese, cheese, yogurt, Kefir, milk, soy, tofu or other Phosphorus items...

First of all- if you have not eaten any Phosphorus containing foods or supplements(probiotics, 5HTP tryptophan, valerian root, GABA, Kav Kava, may all show up as Phosphorus), & your picture shows purple, then your purple is probably indicating malignancy...

If you have been eating any Phosphorus foods or supplements, then the purple in your picture may be temporary food Phosphorus...Stop eating those foods or supplements for 3 days then take another picture...If the purple clears up, it was nothing to worry about...

photo in video taken with camera+ app from itunes store with lens reversed, macro, stabilizer, flash on...

Chemo drugs for Hodgkin's Lymphoma...

by Sari - Friday, December 04, 2015

<http://grovecanada.ca/chemo-drugs-for-hodgkins-lymphoma/>

ABDV=selenium, manganese, iodine, zinc...see our chart for reference as to what body part they detox, & which elements repair if the chemo was too strong...

Grove Body Part Chart

note which brain parts are affected by these drugs...here

Grove Brain Part Chart

this older chart looks at sidedness-which side of body or brain is affected...it is more complicated to read...needs an update...volunteers to make an easier to read chart? anybody?

(adriamycin, bleomycin, vinblastine, dacarbazine)ABDV (by the way)

I will parse the following recipes soon-(let me go make some dinner first hang on!)

ESHAP...

MINE...

BEAM...

Chew your Frankincense! Lymph detox deodorant! Opoponax(Myrrh family)! Pink grapefruit essential oil!

by Sari - Wednesday, May 18, 2016

<http://grovecanada.ca/chew-your-frankincense-lymph-detox-deodorant-opoponaxmyrrh-family-pink-grapefruit-essential-oil/>

(answer:how did you take frankincense?)"I chewed the **Frankincense nuggets** into a gum then spat them out when the medicine was gone...It was a pleasant way to take medicine & I had good lump shrinkage doing this combined with the **madagascar periwinkle herb** tea I would make by simmering the herb on the stove for 15 minutes...p.s. **Opoponax is a variety of Myrrh** that is strong-it lowers blood sugar & you can use it topically or internally...**Pink grapefruit essential oil** mixed with a carrier like apricot seed oil is good to rub into lymph nodes at armpits...I also used a **lymph detox deodorant** But you can copy the recipe & make some yourself ...(I did)"

<http://www.anarreshealth.ca/product/deodorant-detoxifying-cream>

More explanation: Frankincense is pretty expensive as essential oil...I found out that in Oman they chew it like gum...So I bought some nuggets called Frankincense Tears & chewed them & sure enough they make a minty gum...The medicine comes out in your mouth when you chew them...Then you spit it out when it is flavourless...You can also burn these tears as incense, to make your air medicinal...Some put the tears in a pitcher of water at night in the fridge & the next day drink the water...You can add lemon & stevia if you want...These are other ways to take frankincense...Or you can take boswellia capsules which is frank too...

Chew, chew, chewing...Then drink something...Then swallow & drink some more...

by Sari - Wednesday, December 31, 2014

<http://grovecanada.ca/chew-chew-chewing-then-drink-something-then-swallow-drink-some-more/>

This is an early version of what our 8th Book cover is going to look like...

I have been chewing:

Madagascar Periwinkle, the **Iodine** herb...

You sort of grab a pinch with your index finger & your thumb, stick it in your mouth, throw some liquid down in there to make it wet, chew it a little, throw some more liquid down there, then swallow it, then throw some more liquid down there to make it all go down...

I've been using Diet Pepsi **Hydrogen + Copper + Potassium** ...

You could also pick up the herb with a teaspoon, then you don't get the rest of the herb dirty with your hands...I find when you just take the herb straight without making it into a tea, it is faster & works stronger...

But you do have to use your swallowing muscles, so if you gag alot or are afraid of choking, then you could take an even tinier pinch, so tiny it is like a little bit of spinach, make it wet in your mouth & try to swallow that just like food...

I have been chewing:

Licorice root the herb, which comes in bigger pieces & is a little harder to chew & swallow but sure is stronger than when I cook it to make it into a tea...That makes it cheaper money wise...

Ginger Root **Zinc**, you can just break off a piece of the root, just a little round branch of the root, & put it into your mouth & chew that & swallow that with some liquid...I am still using Diet Pepsi for my liquid so far...(Though I cheat a bit & drink some juice for the sweet taste, just a quick sneaky gulp that's all)...

Garlic raw **Selenium** but it has been sitting in my fridge for a little while so it doesn't taste as strong...I took a bite of a garlic clove raw & chewed that, & added some liquid to my mouth, then put the rest of the clove into my mouth & chewed that fast & swallowed that fast to avoid the mouth burn...

Now I am drinking instant coffee **Copper** with boiled water **Hydrogen + Oxygen** with 3 Splenda **Potassium** & a Hot Straw **Silicon(it is in the Salt & Mercury family on our Chart)** & a little cheating again Homogenized milk **Calcium**...

I put two slow squirts of President's Choice Organics Honey **Sulphur** into my coffee to make myself feel

Do It! Foulson Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

better after all that hard work of chewing & swallowing difficult to eat things...

Then I put half a teaspoon-ish of Cayenne pepper **Selenium family** into my coffee to make me feel less guilty about the honey **Sulphur**...

I am pasting the first comment to this post into this post because it is so good!

"re:Human Machine works & rolling with the Tides, breast cancer lump...Book 8 in paperback version(has a Google translate in french version at the back of the book)..."

In answer to the question:" Do the female Minus elements all come first from top to bottom in the universe in the order of things from first to last, or did the world begin with first Minus element female then Plus element male, then female then male & so on? "

I would say, or I say, that, the universe is a macrocosm of the human body, or the human machine is a microcosm of the universe, so , knowing that in the body you need first a female element, like Zinc radiation sunshine, then a male element Lead Plomb Pb the boney skeleton, then in the universe in the Order of time, the Order of things, it should be the same..."

So if you Zig Zag down the Grove Body Part Chart you get the order of Elements through time, from the beginning of time...

So the beginning of time began with Zinc sunshine the Sun, then next the Male Plus element Lead Plomb like rocks or the human skeleton, then Zag back to the Minus female element Manganese then to Iron...

AS you ZIGZAG down our GroveBody Part Chart, you can see the Order of elements from the beginning of time too!



Choose your poison wisely...

by Sari - Thursday, March 12, 2015

<http://grovecanada.ca/choose-your-poison-wisely/>

What I have found is that the potion(the apple) does not fall from the tree...

If a person creates a potion or diet to cure Cancer, that potion or diet reflects **WHAT THAT PARTICULAR PERSON NEEDS THEMSELVES...**

Explanation by example:

Get-it Girl: The Get-It Girl product line is Wonderful...Wonderful...The owner of the company had an idea & created a product line including boost you up for that darn appointment powders(my words), women's regulatory system balancing powders(my words again), cool fish oil capsules with smartly chosen fish, Maca powder with an awesome bamboo whisk to whisk your Maca powder into the hot water(owner thought of everything here), & just more-all packaged so incredibly that you will want to frame the pamphlets they are just so darn beautiful & happy looking...(owner's daughter is a Graphic Artist expert-my words)...

But...The owner's own personal(which is why I won't go into detail) path included some surgery...A powder that helps you get through surgery, or helps you recover after surgery is **VERY** different than a powder for someone who doesn't want to have surgery...

Why? Because if you don't want to have any surgery, you have a lump that needs to be dissolved...**ANY** boosting type of nutrient possibly could adhere to your lump...If you have **ALREADY** had surgery, then you **NEED** a **BOOST** because you are so bloody vulnerable physically...You need all sorts of nutrients that the Get-It Girl program contains...

I took the Get-it Girl powders which you make into smoothies & I **LOVED** them...They made me strong enough to fight all the bad people I encountered in the medical Technician & Doctor & Physician profession...They made me strong enough just to **GET** to these dumb boring boring awful appointments...

However I got scared...

1)I had already loaded up on Magnesium prior to starting the Get-it girl program...My fault not theirs...(or my credit not sure)...

Get-it girl is long on magnesium...Which is great...But if you have already loaded on magnesium & you take more, which I was getting from several daily Get-It Girl smoothies, then you can overdo the magnesium...

Symptoms of overdoing magnesium are jaw pain, neck pain, ankle pain, arthritic pain, joint pain, cartilage pain...

Ok so I was starting to have neck pain & I knew why because I had had an email chat with Get-It Girls's creator, (a truly wonderful soul), & I got the lowdown on what the powder was based on...

So I knew I was overloading on magnesium...

2)As I became more educated about detoxing to dissolve the lump, I realized that there were so many ingredients in the powder, it would be hard for me to know which ones were nutrifying & which ones were detoxifying...

For example on many multi-vitamin products there is tons of Vitamin A...On our Grove Body Part Chart, Vitamin A falls into the Lead category, which nutrifies, at a Valence of Plus Twelve, +12...

So Vitamin A like what you get in carrot juice is a nutrifying thing...Water is also nutrifying by a valence of PLUS 6...

So if I was accidentally nutrifying my lump, it could grow & become more complicated to dissolve...(The more complex the food you put in that feeds the lump the more complex & difficult the lump becomes to dissolve...So a simple diet can be easier to attack because you know the route of attack better-clearer pathway...)

The Get-it Girl program really makes a woman feel strong & invincible, like a warrior...However...I think it might be better suited POST-surgery...To rebuild your body after the traumatic stress of a scalpel attack by strangers...

It could be something you take before having surgery too-to build up that strength beforehand so you handle surgery better...

I DID take the get-It girl powders before my first mammogram, Ultrasound, Core needle Biopsy, & Oncologist Appointment...I DID take the Get-It Girl powder program IMMEDIATELY after discovering a lump in my breast, & getting a General Practitioner at a Walk-In clinic to poke at it...

But, I stopped taking the Get-It Girl program when I BEGAN my DIY Chemo program...See [Book 8 of the Grove Health Science](#) series of Books for that, or [Book 6 also was the beginning](#) of that idea...(books 3-8 were written After discovering the Cyst/Lump/DCIS/whatever you want to call these things)...

I stopped the Get-It Girl's smoothies because when I began my DIY chemo program I wanted to JUST be detoxing...ONLY MINUS elements...MINUS VALENCES detox...I was worried that I might accidentally be nutrifying the lump with Get-It Girl...Wasn't sure...

But more importantly, because I knew the owner & creator of Get-It Girl HAD had surgery, & I DID NOT WANT SURGERY, that I had to be a little careful...

Buddhist thought: Once you have crossed the lake, leave the canoe at the shore...

Move on to the next stage of your program is what I mean...

I fed my strength first to FIGHT the people who might hurt me(& did)...

Then I began my detox...But you cannot detox if you are under attack by medical professionals...

So plan your timing...Detox when you are being left alone...

Feed your body when you have to fight for your rights...

It is an important distinction...

Also: be careful with powders that have 140 different things inside...How do you know what they ALL do?

Choose; What stage you are in, FEED or DETOX...

Are you going to alternate between feeding your body & detoxing? How often? By months, days or hours?

PLAN, like a business plan...Plan...

After DIY or even regular chemo, you may need to switch to a FEED or Nutfy plan...

I really like the Get-It Girl program for that...

But for a strict DETOX DIY Chemo type of thing, you need to be careful...I honestly don't know what all the ingredients in Get-It girl smoothies do...Too many to know or understand...So I did not use it when I was doing the [DIY Chemo herbs...](#)

[Total Wellness Cleanse](#):From the Hippocrates Institute-I bought their digital detox diet books online yesterday...What I immediately get is the story of the person who wrote this detox diet book...

Which is very important...Once again, I am going to be able to prepare myself for bias...Not bias in a bad way, but which direction this protocol goes or is sourced from or is designed to cure...

What I learn is that the author had childhood alopecia, which means you lose your hair quickly or entirely...Like when the Iodine in chemotherapy causes your hair to fall out, similarly, an Iodine excess or conversely a lack of Calcium, will also cause that condition...

So what we have here is someone who is naturally or culturally completely the opposite of most Cancer patients, helping them...& that makes sense...Someone who has Iodine excess CAN work with people who have Calcium excess...If Cancer is rooted in the tumor format, which is mainly Calcium, whether malignant or benign, then someone with a predisposition to have Iodine excess is perfect to work at The Hippocrates Institute...

However...Will the diet plan be designed for "others" the Cancer patient? Or will the diet plan subtextually reflect the needs of the person with Iodine excess alopecia, who NEEDS MORE Calcium to allow his hair to grow back...Hard to say, it looks like the Institute has a bit of a symbiotic relationship going with its clients...

After all, Calcium & Iodine are friends...They live together as opposites in the Adrenal Gland...

I notice Keri is on the menu & considerable time has been given to explain how Kefir is made...What I find odd about this initially is that Kefir relies on Calcium...Calcium is a no-no for people with Cancer who are already suffering from too much Calcium...So, on second thought, I realize that the kefir is there because the author of this Total Wellness Cleanse needs the extra Calcium himself...

But the rest of the diet plan seems solid...Just the Kefir sticks out like an anomaly...Is this important?

Well, I got kicked out of a group I was in because I protested the use of Kefir...Not only is Kefir a Calcium product, BUT it also has a good dose of Phosphorus inside...

Had you read my earlier post, which mentions that Phosphorus aligns with Estrogen, & Progesterone lines up with Calcium, then you would know that Kefir is both estrogenic & progesteronic(if that's a word)...

Of course the other thing is the liquidity of things...That things people take in on an anti-cancer diet must be liquid...This is quite common...Vegetables & fruit are juiced & everything must be blended into a smoothie if it can be...

The problem is with Hydrogen...Hydrogen is a Plus valence element that nourishes the Liver...Oxygen is its Detox opposite...If Oxygen is the detox one in the pair, then Hydrogen is something you do Not want to necessarily increase if you have Cancer...

...& yet I see people encouraging copious drinking of water...Not all, some instinctively know that this might be unusual...The thing is, that water or any Hydrogen based liquid(that includes ALCOHOL) does FLUSH out impurities through your body by just the Physical pressure of the stream...It gathers & helps move the flow along...

So flushing with liquids, any liquids might be smart...

But...Oxygen is the element the Liver needs to detox...Oxygen O...Minus valence on our chart...

Apricot Kernels, Butcher's Broom, Iris Root Powder, Goji berries, Dandelion greens, Milk Thistle, Fresh Mountain or Forested ravine air-these are all OXYGEN things that DETOXify the Liver...(Hint:The common cold is a Hydrogen excess in the liver...Treat that with Oxygen things, & that will solve your wet Liver problems)

So, I like the Total Wellness Cleanse program from the Hippocrates Institute, but I don't like Kefir in any anti-cancer program...

Well, IF you take too much Licorice root(a Cu -Copper) which is ANTI-estrogenic, THEN you need Kefir to repair...Probiotics like Kefir fix stomach acidity, ulcer problems, problems with the valve in your stomach not closing properly...if you take too many Coppers to detox from estrogen, you can take too much by accident...The other symptom of Copper overdose is a deeply emotional fear, panic, anxiety type feeling...The Phosphorus in Kefir can ameliorate that...

But NO, Kefir does NOT help you to detox from cancer...Estrogens are Phosphorus & liquid yogurt contains plenty...So that alone was a dealbreaker for me...It's a pretty important problem...The fact that women are drinking Kefir & thinking they are curing Cancer...

"A little leavening leavens up the lump..." (New Testament) (Ie: a perfectly good detox diet marred by one ingredient that could foul up the whole thing)...

Budwig Diet:Have mentioned this one before, but do have a few things to say still...

The creator or author of the Budwig diet did not have Cancer herself...

That is a pretty big statement unto itself...

So I take the recommendation to eat Flaxseed oil with cottage cheese lightly...

I know cottage cheese is a Phosphorus like kefir & that Phosphorus & estrogens are in the same family...

I think it is a dangerous thing to use Trojan horse cures...

Does the Budwig diet work against Cancer or not? Who know? I know many people doing it & I still have not seen any hard statistics...The people doing Budwig are doing so many other Integrative or Alternative or Conventional treatments, it has been impossible for me to evaluate the Budwig diet...

All I know is that when I had plain cottage cheese without the flaxseed oil, the lump in my breast grew almost right away-it's like the cottage cheese just applied itself to the outside...Significantly enough that I am now terrified of cottage cheese...

I gather that if I mix the Flaxseed oil with the cottage cheese, that potion turns into a Detox potion...To be honest, chemically it sort of makes sense...Theoretically...

But after my experience with bachelorette cottage cheese, as a single item, I cannot try Budwig myself...It seems too dangerous...

I will update here if I can find any clinical trials involving the Budwig diet...

I did find this commentary on the Budwig diet by Dr. Weil who I respect... <http://www.drweil.com/drw/u/QAA400906/Budwig-Cure-for-Cancer.html> (he prefers ground flaxseeds to the oil, but doesn't like the cottage cheese either)...

Coarse hair, kinky hair, thinning hair, hair loss, shock, blurred vision...

by Sari - Wednesday, December 09, 2015

<http://grovecanada.ca/coarse-hair-kinky-hair-thinning-hair-hair-loss-shock-blurred-vision/>

- **Excess Hydrogen causes Coarse Hair...**
- **excess Phosphorus causes Kinky hair...**
- **Excess Iodine causes thinning hair or hair loss...**
- **Nutrient depletion causes shock, anaphylaxis, high manganese low Iron...**
- **Infrared lights in excess can cause blurred vision, stroke...**

F Fluorine epilepsy flashing light SpotLit for dog Global Pet Foods behind counter, theory:

If, (Daniel Amen Spect scans),

if flashing light induces epilepsy,

then to increase Fluorine levels in body,

on purpose,

as replacement for 5FU chemo,

flashing light therapy...

(reasoning:Fluorine lowers charcoal Bismuth levels in Colon,

in Temporal Lobe,

in the Pineal Gland...

which is good because charcoal/mascara/coal catches bugs in its grottness...which is a bad thing-catches means attracts!)

Grove Brain Part Chart

cancer malignant cells creatures ants...edges wounds holes find...tumour lump is a fix good from body...sending repair...hole causes by drill in tooth bone thyroid frontal lobe...repair with LEAD Lithium potato Vitamin A Beta Carotene Carrot Juice Olanzapine Zyprexa Clarke Institute CAMH Centre for addiction & mental health...

Theory:damage to bone tooth, bugs get trapped, live there in nest holes in mouth, reproduce, eat...holes

they make cause body to send in repair soldiers(ie:doctors without borders msf)...repair soldier comes in form of a lump to repair holes...lump is repair soldier...however, creatures may learn to feed on lump...or not...trick is to remove or kill creatures...then patch up holes they made...

Hydrogen anthrax causes coarse then kinky hair...Hydrogen excess first...if not treated with Milk thistle(like) or Oxygen (truth), then progresses to kinky hair syndrome(menkes disease) high Phosphorus...Coarse hair chinese(asian)-high hydrogen levels...Breaks down to kinky hair phosphorus if sufficient(apricot kernels b17 laetrile present) present...

Anthrax:First line of treatment benadryl diphenhydramine Hydrochloride(Titanium on Grove body Part Chart)

Grove Body Part Chart

Titanium first:vanilla beans chew swallow=Titanium antidote for anthrax(allergy rash first)reduces lymph node size-reduces swollen lymph nodes...)

2)next line of defense: Antibiotics/Cypro-alternative medicine like MSM methylsulonylmethate MSM Massage Rub cream made by...Flora Soothing Massage Rub (MSM cream)...Selenium

3)third line of defense against anthrax...Liquid Iodine by Genestra(includes Kelp & Alfalfa)

4)Lower B12 Aurum -Gold, by adding Stevia to your water supply(Potassium)

5)eat Cilantro for Copper (or optionally add Chicory coffee substitute to hot water-Caf Lib is good-Le Commensal Quebec Montreal McGill University 1986-1989 B.A. Bachelor of Arts Drama & Theatre, Sari Grove)...

6) reality is more important than theories-L'Art du Possible, the art of the possible...For example do not touch a man while telling a joke...The joke becomes lost in the touch...or do not tell wise story by prefacing scenario occurred in a Chinese restaurant, if listener cannot eat Chinese food for religious reasons...Context is more important than conclusion here...

The mutability of species...a salmonella typhi bacteria when faced with the loneliness of a hydrogen filled liver changes shape & becomes a liver fluke...

Attention:the thing people want...The thing that makes people confess to a crime they did not commit...Lack of attention...Separation anxiety...Loneliness...That drives to desperation...False confessions...Look for reasonable doubt when a lonely man confesses to a crime...They are lying to get attention...('There is no such thing as bad publicity' was written by an attention seeker...Of course there is such a thing as bad publicity...But the attention seeker just wants to play chess with you, even if they lose...Truth is, it is not about win or lose, but touching you while you play, your company & attention)...

Do It Fearsen Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

That Vitamin C megadosing long term causes retinitis pigmentosa...But prevents Cancer...

That blind people with retinitis pigmentosa have higher levels of vitamin c in their bodies, which causes lower lead levels, lower bone density, greater sunshine levels, which prevents cancer from being attracted to them...That cancer likes to eat bonemeal, bone, Lead...Which refutes the theory that the lowered cancer rate in blind people is do to high melatonin levels...No, it is due to higher vitamin c levels...In fact, one should not say "Blind people" because blindness can be caused by injury, excess sugar eating or macular degeneration due to excess vitamin c megadosing(leading to diarrhea which forces nutrient loss & cartilage decay as well as sciatica & osteoporosis)...

Postulate:Balancing nutrients Plus or Minus is more important than all over lowering of nutrients when a parasite is present? Why? yes or No?

*If fluorine is high & bismuth is low, then will raising bismuth & lowering fluorine work better at killing a parasite than continuing to lower bismuth & continuing to raise fluorine? Even if bismuth feeds parasites & fluorine kills them? Because fluorine kills people too(the host), & bismuth gives the host life? **That killing the parasite is not a win if you kill the host too...***

Flashing Light Therapy as a remedy for Colon Cancer:Based on the theory that if flashing lights induce epilepsy which is a sign of high fluorine levels, that something in lights flashing causes the body to receive large amounts of fluorine, or to process or use up large amounts of bismuth(fluorine's opposite)...

Beans, molybdenum, pasta faggiola soup(beans & pasta) is not good for cancer patients really...You need Boron...Not molybdenum to fight cancer...Prostate cancer or skene's gland cancer...Boron...

Coffee is indeed anticancer...

by Sari - Wednesday, July 13, 2016

<http://grovecanada.ca/coffee-is-indeed-anticancer/>

<http://coffeeandhealth.org/topic-overview/coffee-consumption-and-breast-ovary-and-endometrial-cancers>

/ Besides the personality defects, coffee is in fact anticancer...It lowers estrogen in the Spleen, it actually raises magnesium (causing laxation- that's why it makes you pooh)...But it does cause annoying personalities...But at more than 6 cups a day, it reduces prostate cancer risk in men tremendously...

Fused instant Coffee by Rain contains added antioxidants to make your coffee even more healthy...I drop the raw instant coffee into a morning smoothie, that is one way of getting your caffeine without the milk & sweetener!

More:The thing about caffeine including all plant caffeines like Yerba mate, is that caffeine, as a Copper, lowers Phosphorus...Phosphorus is what cancer creatures feed on & what they are made of too...So Coppers kill them! My favorite Copper is licorice root, but coffee & tea are daily staples as well...Green powders often contain plant caffeines which are very useful as well...Coffee & tea & Licorice root are not the strongest medicines, which is why you have to take much more than usual...The studies where coffee worked showed more than 6 cups a day...Now if you throw the raw instant Fused coffee into a morning smoothie, you get rid of the extra milk & water, making it much stronger...

P.s.Tea works too...if you get Matcha tea powder, that can be thrown into a smoothie too...They call them "catechins" in the tea...Coppers too...

Colon Cancer...Humaworm antiparasitic...Liver flukes...Enemas...Success!

by Sari - Monday, November 30, 2015

<http://grovecanada.ca/colon-cancer-humaworm-antiparasitic-liver-flukes-enemas-success/>

A lady in Buenos Aires had colon cancer, had surgery, the surgery went south as she got sepsis & her stitches burst-she ended up in hospital for a year & a half...Then they discovered the colon cancer had metastasized to her lungs...She declined chemo & the doctors told her there was nothing more they could do...She went vegan & began Iscador injections(with ginkgo biloba & micronutrients)...She took licorice root, & pau d'arco, & wormwood, & black walnut hull, & vitamin d3, & manganese, & did rebounding, & rife machine, consulted with a Naturopath several times a week, went to church, prayed, fellowshiped, & continued to take many many more supplements & herbs that she carefully ordered in large shipments from the States...Recently after 2 days of prayer, she was led to a man who did magnetic therapy...He told her she had parasites...She started Humaworm (30 day cycle), & continued with her coffee enemas & super Dr. Clark enemas(turmeric, cq10, fennel, iodine)...Remarkably she coughed up a Liver fluke from her lungs...(identified in the photo by a parasitologist)...From the enemas, came out even more...Later she coughed up another worm...These were her lung tumours...It turns out her colon cancer was this...Liver flukes...This is the site for the Humaworm antiparasitic she used <http://www.humaworm.com> I hope everybody gets well!

Comments about dairy, colostrum, cottage cheese, yogurt...While trying to cure cancer...

by Sari - Thursday, July 07, 2016

<http://grovecanada.ca/comments-about-dairy-colostrum-cottage-cheese-yogurt-while-trying-to-cure-cancer/>

"I am just speaking from doing imaging for people, what I have seen...Those who do dairy have the worst pictures of everybody...Progression...Ulceration...Metastases...I am well aware of all these therapies that advocate dairy...Unfortunately there are absolutely no clinical trials about the Budwig diet or Gerson therapy that would contradict what I have been seeing in real life...The statements that any of these dairy promoting therapies have cured thousands are completely unavailable in terms of any sort of proof that I have been able to find...Many people use these therapies After doing chemo , radiation, tamoxifen, & surgery-which means they are replenishing what has been lost...Since the vast majority of people who get cancer are Not avoiding cut, poison, burn, & drug, it should be noted that those who do avoid cut, poison, burn, drug, are in a totally different category...A large group of Swiss patients died while injecting colostrum, which led to the company being shut down in England...Most people ignore that news, instead offering the opinion that the colostrum facility was shut down due to some government conspiracy...Both Budwig & Gerson have their pluses, but dairy is not one of them...I won't argue this point further, I was just warning against this practice from what I have seen...It should be a given to anyone with cancer that dairy is a no...Like sugar, like gluten, like meat...Like cheese...It doesn't really matter what you mix it with...Sorry to disappoint...It is your path to choose...Choose wisely..."

Adding in a comment response so others can read it here:

"
Sari
grovecanada.ca
grove@sent.com
174.116.176.105
In reply to....

Hi...

Gerson allows yogurt & cottage cheese...

I am familiar with Budwig, no need to send me a copy...

This was not an article really- it was just a comment I made in a Facebook group that I copied & pasted into a post because I keep seeing people getting worse while they are consuming cottage cheese daily...

When I say worse, I mean like they could die worse...Very bad serious stuff...

Usually people who have done Budwig for a year or more...

People who are all alternative need heavy detox...

People who have done any or all of surgery, radiation, chemotherapy, or tamoxifen, will need repair...

Repair & detox are opposites...

Things that repair include: melatonin, mushrooms, hydrating, probiotics, calcium, phosphorus, iron, B12, folic acid, beta carotene & vitamin A...None of that list is detox..."

Adding my newer responses here too:

I have not seen any good results from anybody doing dairy or cheese daily...On the contrary, I have seen metastases, ulcerations, & the presence of cancer in other parts of the body very far away(like the leg)...This has shocked me enough to get anyone doing dairy daily to stop immediately...I had spoken out about dairy early on in this blog when I read the Budwig diet, but I have revisited the topic since I started getting people sending me pictures who were doing it & had done so for at least a year...

One of the other things I have noticed besides the terrible results, is that people who consume dairy twice daily as part of the Budwig are vociferously against stopping it...The arguments about it...One person keeps reminding me how terrible it was to hear that there was a problem with the Budwig diet-instead of thanking me for helping her to get better...

I also have people who are taking soy based supplements who refuse to go off of them...Those who continue to do dairy or soy daily, tend to disappear from the radar...I feel like some part of them knows what I am saying is true, but another part just wants to eat dairy daily...Like it is an addiction of sorts...Very unusual...

I have not seen any good results from people doing cottage cheese...I cannot endorse it...I cannot tell you how scary it is when a person has a tumour that has begun ulcerating...When this is the result of a year on Budwig, I cannot in any good conscience tell anyone it is ok...Colostrum product the same...Terrible results...

I always recommend a raw plant based diet & I always tell people to read Helen Hecker's raw food diet secrets & cure book, which is a free download from the pop-up on the first page of this site when you open it...It is a safe diet with nothing controversial...It works...It is easy to follow & to do & not expensive...It gives results that are solid...

Everyone knows cheese & dairy are dangerous, so the rationalization that adding flaxseed oil to it to change the chemistry is such a stretch...People doing maple syrup with baking soda also have mediocre results-because maple syrup is a sugar not a Trojan horse as it is described...When the explanation is a little too complicated for logic, you know there is a problem...

Anyways, proof is in the pudding...Dump the organic/grass fed/dairy/cheese & see how much better you do...Your answers will come quickly...I try everything myself...Take pictures before & after doing something & edit both...If you want to send me a picture I can do the edits for you...Or figure out how to do them yourself from my hopefully now simpler instructions...It is such a great way to see if you are making progress or going backwards...If you message me on Facebook it is easier for me to do the pictures from there & send them back to you, & compare over time, because they store them all...But you

can email me grove@sent.com...It is just my email box is getting so full these days...

More: "Oh shoot...I'm sorry...I didn't realize we were talking about a GcMaf cream...I thought it was just a Frankincense based cream...Sorry...I don't support any colostrum, dairy, breast milk, cheese, any of that products or anything dietwise either for people with cancers...I especially don't like the GcMaf company, the fact that so many Swiss cancer patients died, how they charged a friend \$7K for injections that gave an immediate histamine reaction, that people have had tumopurs double in 6 months, the whole yogurt thing...I'm sorry if this upsets people, but I think colostrum products are wildly dangerous a rip-off...I apologize for sounding like I thought this cream was good-I checked quickly-saw the Frankincense & love that...GcMaf products or colostrum-I hate...(I don't want to argue this point, just want to make sure I correct my earlier comment...so I don't screw someone up)...(Seriously...I DON'T want to argue about GcMaf...Please...)" (from a facebook group comment by Sari Grove)

Concussion soup...(Zuppa di Pesce)

by Sari - Thursday, July 07, 2016

<http://grovecanada.ca/concussion-soup-zuppa-di-pesce/>

What to eat lots of if you have had a concussion...(Note:Quantities are up to you...)

Line the bottom of a generous sized pot with olive oil...

Pour in some lemon juice...

Drop in some Apple Cider Vinegar...(Braggs)

Add a really generous amount of Clam juice...(good grocery stores have little glass bottles of it)

Puree some really ripe tomatoes with a whole head of garlic...

Put in a large amount of saffron...Like two tablespoons...or more...(you can find 1 ounce tins of Spanish Saffron on Ebay or Amazon)

Let that all simmer for a little while so the flavours blend together...

Taste it to make sure it is incredibly delicious...

Now put in your seafood: Giant Fresh Sea scallops are incredible...(put whatever you feel-this list is not a requirement)Shrimps, Clams, Mussels, Monkfish, Lobster, Squid...Choose what you like & drop them in...These do not need to cook for long, so watch everything so nothing gets rubbery from overcooking...

Eat...

Reasoning behind this soup:B12 is in seafood...B12 gets incredibly low after concussion...Swelling is Hydrogens/liquid gathering at trauma site, so Saffron, as an Oxygen, removes the swelling...Olive oil is a Carbon that removes Nitrogen blockages & helps kidneys & digestion & pooping...Lemon juice cleans out Lead...Garlic is a natural antibiotic that lowers blood sugar & prevents infection...Tomatoes are also Oxygens that help reduce swelling...

I had a bowl of Zuppa di Pesce(fish soup) at Doppio Zero in Toronto(on Eglinton, between Avenue road & Bathurst North side)...It was so good I decided to do my own simpler version...But you can go there in person or order from UberEats if you'd like...It is a \$30 (Canadian currency)bowl of soup & well worth it...Though if you get the 1 ounce tin of Spanish Saffron on ebay or Amazon, you can put a medicinal dose in your soup...Most restaurants won't be using two to three tablespoons of Saffron in one bowl...

Congenital Disorders of Glycosylation...(including retinitis pigmentosa)Hint:Take Oral Mannose!

by Sari - Wednesday, September 09, 2015

<http://grovecanada.ca/congenital-disorders-of-glycosylation-including-retinitis-pigmentosahinttake-oral-mannose/>

<http://www.amazon.com/Human-Phosphomannomutase-PMM2-ELISA-Kit/dp/B00XAV2W2U> This Elisa kit tests for human phosphomannomutase deficiency which is associated with retinitis pigmentosa, & the condition can be ameliorated by taking Oral mannose...(they used to call it D-Mannose)

<http://jmg.bmj.com/content/38/1/14.full> Successful treatment of patients with CDg (including retinitis pigmentosa) with oral mannose...

Interestingly, there is a class of disorders called CDG or Congenital Disorders of Glycosylation...

One of the possible effects of this disorder is Retinitis Pigmentosa...

It involves the lack of a substance...

This substance can be replaced orally by taking Mannose...

So one might conclude that oral Mannose might be something to take if one has retinitis pigmentosa...

<http://littl ladybughugs.com/what-is-cdg/> (a little bit about CDG conditons)...

More insight:

<https://www.wikigenes.org/e/gene/e/6101.html>

So, I noticed that retinitis pigmentosa

& Down's syndrome share the same symptom of degenerated peripheral vision...

Knowing that Down's is a Carbon excess with lack of Nitrogen in the Kidneys & Pons area of the brain, I knew that an Arginine(beet powder) supplement helps that...

So theoretically Arginine should also help with retinitis pigmentosa...

Interestingly I was right...When I Googled Arginine & retinitis pigmentosa, I found several studies referring to Arginine deletion(lack of Arginine)...

So I'd add Arginine powder(Popeyes bodybuilding supplement store carries it) to the fight to restore sight

in retinitis pigmentosa...?

Things NOT to do if you have retinitis pigmentosa: Vitamin C is opposite to Vitamin A...Vitamin A in high doses is great for retinitis pigmentosa, as is beta carotene & carrot juice megadosing...Vitamin C will ruin that build...Stop the Vitamin C if you have retinitis pigmentosa...

Contact

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/contact/>

Grove@sent.com is Sari Grove's email address...

HOSTAWESOME link to sign up...(they host wordpress.org sites like this one & help you do it & everything & are awesome!)

Our web host is called "HOSTAWESOME" & if you click on the little Mascot it takes you to their website, where you can find out more information about Wordpress.

Grove@sent.com

is our eMail address...

If you want to write to us personally...

Please don't send us advertising or solicitations or mass stuff because then the real people's emails get lost in the pile & now you're hurting someone...

Thanks, Sari

Sari Grove Contact places & Info...(we use the web like we use galleries, we are nomadic...So as we grew as artists we moved blog sites...so you will notice it's like a historical resume-if you visit some of the older sites)...

Oh...The site you are on is hosted by HOSTAWESOME & it is located at grovecanada.ca in case you forgot...This is a WORDPRESS.ORG site...(the plug-in kind)

<http://h.bwell.mobi/grove>This is an ONLINE APP(HTML5)fully active

<http://sarigrove.wix.com/library> This is the website on Wix we moved FROM to this one!

[Blog sarigrove.com](http://Blog.sarigrove.com)(2014)

[Sari on Typepad](#)(2103)

[Sari on Weebly](#)(2012)

[Sari on Blogger](#)(2011)

[Sari on Wordpress](#)(2010)

[Sari on a different Wordpress blog](#)(2009)

[Sari on Webs](#)(I forget when-in between somewhere)

[Sari on Nabble](#)(maybe 2007-ish?)

In Toronto:snail mail...(it is nice to get real mail...so go ahead)...

Sari Grove(or Joseph Grove)or both ie:Joseph & Sari Grove(don't say "Joe" he hates that)...

#306-15 McMurrich st.

Toronto, Ontario

M5R 3M6

Canada

phone:(Please don't call us if you can email instead, it really disrupts our work when the phone rings...)

416-924-9725

email:(if for some reason you think we didn't get your email, try grovecanada@fastmail.fm)

(but use this one first)

grove@sent.com

"It is easier to meet people when you are going in the opposite direction" ...Sari Grove

Contact Us

by Sari - Saturday, March 07, 2015

<http://grovecanada.ca/our-business-card/>

This is the newer Book Cover look for [Book 8 of the Grove health Science series of books](#) which are free to read from this site(or download tiny versions free on Smashwords-see [the Books page](#))

Continuing to track the effect of CBD oil(non-psychoactive), on a DCIS breast lump...

by Sari - Friday, March 20, 2015

<http://grovecanada.ca/continuing-to-track-the-effect-of-cbd-oilnon-psychoactive-on-a-dcis-breast-lump/>

So this post is the continued tracking, of the effects of CBD oil, (from <http://www.buyweedonline.ca>), on a DCIS breast lump...(DCIS is sometimes referred to as a pre-cancer stage)...

The picture below is 10 days after the LAST picture [in the post that began this tracking...](#)

You will notice the edges are starting to dissolve inwards...

Friday March 20, 2015 10:08 am Toronto time

Now I have been doing a few things to help the CBD oil along...

At night I am taking a swig of **Poke-Iris tincture from Blue Boy herbs**...(Poke root is an Iodine on our chart, & Iris is an Oxygen)

In the morning, at at night, I am taking a swig of **Flaxseed(Flaxseeds are a Manganese) oil**(oils are Carbons) mixed with some Apple Cider Vinegar just for taste...

I made a homemade detox salve that I apply generously on my armpits & on both of my breasts...

So far, my **detox salve contains these ingredients:**

1 tablespoon organic corn starch

1 tablespoon baking soda

1 tablespoon organic vegetable glycerin

Mix that together & you get a basic deodorant/salve...

To that paste, I added many drops of **Clove(clove is a Titanium) essential oil**...

I then broke open **several 50,000 IU capsules of Vitamin D3**(it's a Zinc family element)(buy them on Amazon), & spilled them into the paste...

So this deodorant/salve detoxes my Lymph Nodes, & helps to shrink the lump too...

The CBD Oil: I am not taking a gram a day yet...More like a tiny grain of rice size...I was kind of hoping I could get away with less CBD oil, seeing as how 3 grams can cost \$150 dollars Canadian...

Milkman's Run is part of Moore Park Ravine in Rosedale...

Coffee & tea: Are both Coppers...I found when I quit drinking caffeine products that it did NOT help with my lump reduction...Which makes sense because caffeine products are in the Copper family which also help to detox the Lymph Nodes by lowering Phosphorus levels in the Spleen...So I am back to drinking coffee & tea & though my teeth are not as white, I am happier...Plus I have enough energy to go for my giant Nature walks which are crucial...

Butcher's broom: Is an Oxygen...(put some of this powder into my morning tea)

Please Note: [My DIY Thermogram instructions are here...](#)

But they are for people with a Mac computer...If you do not have a Mac, you can still get a picture of your "lump" ...Take a picture of your lump or whatever, with a Digital camera(mine is 8 megapixels) set to Macro with Flash ON...About 4 inches away from your skin, maximum...Do a Google search for "Photo editor heat map" or "photo editor thermal effect" ...Upload your picture to one of the free online services, choose the heat map or Thermal effect, & watch how you get an instant thermogram-YES YOU CAN SEE YOUR LUMP UNDER THE SKIN...

Hint:After choosing Thermal Effect on LunaPic (it's in the dropdown menu called FILTERS), DO IT AGAIN...Yes, run the thermal effect more than once...It becomes more accurate if you do it twice...

Here is a link to Lunapic editor free with thermal effect in Filters...<http://www190.lunapic.com/editor/>

Here is my result after running it **twice** through the thermal effect...

LumaPic.com Thermal effect (2x)

Conversations about Copper & Cancer...

by Sari - Sunday, October 25, 2015

<http://grovecanada.ca/conversations-about-copper-cancer/>

Me: No surgery or anything else conventional...Easter 2014 IDC...Focused on changing the chemistry from malignant to benign, as opposed to obsessing about size...Am very healthy now...Still have a lump, but from my own diagnostics(the best that I can do), seems to be inert...Taking a break from detoxing...I am hitting menopause I think & anything detox I do right now is triggering panic emotions...Am thankful I didn't have any surgery...

How: I studied the chemistry of malignant versus benign...Found the differential was Phosphorus...I knew already from my studies that Copper antagonizes Phosphorus...So then it was just a matter of finding a Copper that worked...My brother helped me find Licorice root for that...As an artist, had already devised a method to see my own lump under the skin...Took before picture...Took 4 droppers of Licorice root tincture(St. Francis)...Next day another picture...I knew from comparing my pics to slim spatial light interference microscopy pics what Phosphorus looked like...I could see immediately the Licorice root tincture had cleared a swath out...I celebrated, my fear was gone, & took various forms of lots of Licorice root for an entire year...Then later, I found studies confirming my own theories...That Licorice root can cause phenotypic reversion, malignant back to benign...(studies are listed under glycyrrhiza the Latin name for Licorice)...Also- for those who have read misleading studies about Copper, know this- they are referring to Ceruloplasmin which is a Copper binder- which is not Copper but it's opposite...Phosphorus...Those anti-Copper studies could kill people...For those who read misleading studies about Licorice root being estrogenic- those are completely wrong too...This is how I survived...Licorice root is a brilliant medicine...Coppers in general are most beneficial to all types of Cancer...In fact, probably the most important thing you can take, even more so than Iodine...I have researched this extensively, & wrote 5 books while solving for my own life(free on my website if you like)...

Where: You can also get Copper from Yerba Mate, Matcha, Green tea, St. John's Wort, Copper supplements, Chromium, Boron can help with Copper though is much stronger...Gingko Biloba...Coffee & tea also...(Diet coke & Diet Pepsi too- artificial sweeteners are just one molecule sugar & four molecules potassium- main danger is they lower blood pressure too much-but that is your own decision)...

Those false studies:When you read the studies, notice they are trying to lower Ceruloplasmin...Ceruloplasmin is not Copper, it is a Copper binder...It is a massive & common mistake I see doctors or their internet tech student writers make...High Ceruloplasmin means low Copper...In

Wilson's disease they have very high copper & low Ceruloplasmin levels...Older studies are correct-citing high Ceruloplasmin as a marker for cancers...This new study coming out of Weil Cornell is full of misleading factoids...(give me a moment to read your link specifically - am in a car)...

Watch what you believe on the Internet: Ugh...It is so unfortunate...Copper has been known to eradicate Cancers, change chemistries back to normals, has been a main component of anticancer Chinese medicine for a century & is used in almost every regular chemo protocol...It is vital...Then this one hackneyed study came out of Weil Cornell & now everyone is just repeating this information or building on a bad theory...Either that or they are just trying to kill people on purpose...Vilifying Copper, Licorice root, & Gingko Biloba will kill people faster...The water study doesn't really get into much depth...I mean, water by itself can cause tumours to grow...Lead in water too...Who knows? not a lot of controls on these studies anymore...

In essence: Just to simplify things a bit...Phosphorus & Copper are opposites...They live in the Spleen...Estrogen is a Phosphorus...So Copper antagonizes estrogen...So when I saw this new study, I already knew something was very wrong ...Lowering Copper just allows Estrogen to proliferate more...Raising Copper stifles it...It is just basic chemistry...But wow it has screwed up a lot of alternative people...

Reasons I went Alternative: I was so disappointed with the answers I got, I opted out of everything...After the dumb biopsy where they punched a hole in my chest(literally), when I drank liquids, they went into my lungs...So when I go to the oncologist for my first & only appointment, I ask:" So what is it made of?(the lump)" The assistant kid Doctor (who did all the groundwork) answers:" abnormal cells"...I was like, Omigosh,I have a hole in my chest from this dumb biopsy, & chemically this is all they can tell me, abnormal cells? I went home & started to research what these things were actually made of...Made this my full time job...& decided nobody was going to touch me further...This year I had an ultrasound & they said they saw : " two new trails" ...I told my hysterical GP that the two trails were from the biopsy needle pulling out twice...But the lab was all like " I've got to see an oncologist in a hurry" ...They didn't even realize the two straws were from their own biopsy work...It made me very scared to trust anyone...But it really irks me when bad research gets repeated all over the Internet...A lady came to me & asked what should she do...I told her, do this one thing...Take the Licorice root tincture...She says" Nooo...The Internet says Licorice root is estrogenic" ...And that was that...I spent a lot of time disproving & writing about & explaining...After that...

Sad: She died...& in heaven she probably asked God about it...& He probably said, I sent you this lifeboat & that canoe & that rescue team & that girl who told you to take Licorice root tincture & you said that you were waiting for God to rescue you...

To clarify: ...In answer to your question...Ceruloplasmin is not Copper...It is a Copper Binder...Something that binds is its opposite...This is the common mistake I have found in the reporting of these studies...Phosphorus will bind Copper, & vice versa...Ceruloplasmin or Phosphorus is extra high when Cancer is present...One study said above 383 mg/ l is unhealthy...Average of 404 mg/ l was breast cancer...456 mg/ l was lung cancer...These were levels from real women...(However one woman here said her Ceruloplasmin levels were not elevated- so there are anomalies)...But generally speaking Ceruloplasmin is high in Cancer...But that is not Copper...It is the thing that grabs or binds it...It is opposite to Copper...But the study reports that they are trying to lower Copper levels...Then when you read it they say they got the women's Ceruloplasmin levels to lower...So they contradict themselves...Then they say they are using the same drug they use for Wilson's disease- tetrathiomolybdenate...(a molybdenum drug)(molybdenum is in beans)...But Wilson's disease is opposite to Cancer...Wilson's is high Copper low Ceruloplasmin...Exact opposite disease...So why would the same drug work for Wilson's as it would for Cancer? It is just ludicrous...The whole study is filled with mistakes & half truths...& yet I keep hearing people cite it as gospel & people saying no don't take Copper if you have Cancer...But the study all the other links are copying, the original study, is gibberish, doesn't make any sense...Not to mention they cite one woman...& maybe 29 total people...Maybe...It is so tiny, & anecdotal...Maybe because it comes from Weil Cornell...? Anyways...I have no idea what they were trying to do or not...The drug tetrothiomolybdenate failed so many clinical trials for cancer before this one, the manufacturer won't allow anymore...But someone keeps trying to milk this drug...Its got to be a money grab try...The science isn't there...But they sure are trying to make people think it is there...

Just checked the original abstract of the study: They say they maintained Ceruloplasmin levels between 5-18 mg/dl ...(which is low)...(when you lower Ceruloplasmin you raise Copper)...They also say they did this using TM tetrathiomolybdenate...Which is a drug that Raises Ceruloplasmin...So they are full of ----...(expletive deleted)...You can't lower Ceruloplasmin with this drug...The whole study is just, like, made up...

Here is the completely misleading bad no good dubious please do not believe very wrong wrong study that I am mentioning parts of in this post...Again, I am only linking to it here so you can try to understand how this study is impossible...<http://www.cancernetwork.com/asco-2015-breast-cancer/drug-creates-inhospitable-environment-breast-cancer-progression>

How do you take Licorice root tincture(I used St. Francis):

Sari Grove

I took 4 droppers a day...(not drops, dropperfuls)...Just stuck it in my mouth & swallowed...It is really the strongest that way...I got cheap later, & was simmering the herb on the stove & drinking the liquid...About a third of a cup of Licorice root herb to maybe 3 cups water...I then tried Licorice root capsules to see if they worked...Pretty good...But it turns out the tincture really was the strongest way to take it & worth the money(it is about 15-18 dollars here for those little bottles)...When you take the 4 dropperfuls, you will feel it working...If you have any lumps, they get hot...It just goes right where it is supposed to...First time I felt it was a little freaky...It really works...

Note:Please visit the sticky post at the top of this blog, if you have not already...Watch the very short

video...Whether you have a lump or not, take a picture of the area of your body in question...A close up picture...Stay still in good light Macro on if you have it...Then edit it according to my instructions...What you see will be what is the state of your body's chemistry right now...Read the rest of the post to find out what your picture means & how to correct things if you need to...Take pictures once in a while to see how things are changing...Ask me for help if you need it...Sari Grove on Facebook (message me)...

Questions about lump size change?

When I discovered that my Licorice root theory could cause phenotypic reversion, turning malignant back to benign, reversing cancer cells back to normal cells, I shifted my priority from shrinking & dissolving to just changing chemistry...That became my first priority...I reasoned that I could live with a benign tumour, but that a tiny malignant one might kill me...The Iodine things I took, Madagascar Periwinkle herb, Iodoral, Poke root, Kelp, Seaweed salads, sea Vegetables like Arame, Japanese food in general, I knew would shrink it & eat away at the Calcium aspect, which it did...I did in fact shrink it down to much smaller, sort of at the peak of my journey...But I slowed down on the Iodines after about 6 months, because I kept getting my period all the time...I was afraid I was throwing myself into early menopause...I continued with the Licorice root, but cut back on Iodine...I found then that the size would fluctuate back & forth depending on what I ate...If I cheated & ate a gluten, it would be bigger the next day...The day after one of my extra long walks, it would be smaller again(15 km)...I started back on some Iodine after a while & threw myself into a pre- menopausal state of sweatiness, & a new panic emotion thing...The emotion was too much for me...I dropped my mum off at the airport & started crying at her leaving...Me, the cerebral nerd...I couldn't handle the emotions...So I stopped the Iodine again...The lump changing size up or down didn't bother me anymore...It wasn't growing, it was just reflecting what I put I put in my mouth...I had also read about other women who hadn't had any surgery...Many of them still have something there...These lumps are hard bone like things...To actually get rid of them non- surgically you would have to take loads of Calcium burning Iodine...You also need Iron burning Manganese(I used the herb Mugwort for Manganese & later Bloodroot capsules from Zenith herbals which also contain Graviola/Potassium, Chaparral/Selenium, Galangal/Zinc)...Since the core of every malignant tumour is Calcium Iron & Phosphorus (a benign tumour is Calcium & Iron only), the three things you need to dissolve that are Iodine for the calcium, Manganese for the Iron, & Copper for the Phosphorus...At the moment I have been on a vacation so to speak...I am trying to patch up the emotional deficiency I created, as well as the biopsy hole which reopened after a vigorous massage this summer...So I am eating repair foods...(I shouldn't list them here, I don't want to confuse people- they are not detox foods or things)...So lump is not much smaller really right now...I'd have to get another ultrasound to check exact size...It swells up when I am stressed, so of course it measures bigger during an ultrasound session...I think it varies from 3.5 cm to 2.5 cm right now, while I am eating like a normal human being...It can drop to 1.5 cm if I am doing a better diet...I have all the supplies to black salve it out, & learned how to do that, but backed out of that idea much more after speaking to someone else who had backed out...I may just leave it there...It isn't doing anything...Calcium Phosphate is like what teeth are made of...So dissolving that material is actually pretty difficult...Once you understand that, you are less likely to have eradication or size shrinkage as your main goal...Though women have done that too...The panic emotion has stopped me from going further for the moment...If I can figure out how to just get Iodine to the lump without it going anywhere else...Like DIY limb perfusion! Anyways...Sorry...Long answer...Sorry also that I can't say I dissolved it completely...I know that is what people want to hear...

Ceruloplasmin level goals:I did mention to rescue a useful tidbit from the flawed study:

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Goal levels of Ceruloplasmin for women were between 5-17 ...(mg/dl)...

Which means that your " normal" level of 28, might be high if you are trying to beat breast or any other kind of cancer...

Explained again more simply:

If you examine the "Copper" study, you will find that it is not Copper at all that they are lowering, but Ceruloplasmin which is a Copper binder...A Copper binder is exactly opposite to Copper...For instance, a Phosphorus like yogurt will bind a Copper like green tea...So yogurt is a Copper binder...High Ceruloplasmin levels are a marker for Cancer, which means in simpler terms that high yogurt levels are a marker...The study is written poorly & only had 29 people & they only mention one woman specifically...They talk about lowering Ceruloplasmin levels to between 8-17 mg/ dl , which is interesting, because that is far below normals...But they say they did it with the drug tetrathiomolybdenate, which is a molybdenum thing, in English it is similar to eating a lot of navy beans...But that drug is used for Wilson's disease which is opposite to Cancer...In Wilson's , they have low Ceruloplasmin, & high copper...Cancer is high Ceruloplasmin, & low Copper...So the study that everybody has been repeating recently is really flawed...Long story short, Coppers like green tea are anticancer, & yogurts, it's opposite in the Phosphorus family, really not so much(not at all)...ps.Cilantro is a neat Copper to eat!



Conversations on Facebook about Molybdenum & cancer...

by Sari - Sunday, November 29, 2015

<http://grovecanada.ca/conversations-on-facebook-about-molybdenum-cancer/>

[Sari Grove](#) Molybdenum is found specifically in navy beans...But it is also found in farming fertilizers...If you grew up on our near a farm, your Molybdenum levels may be high from that...

Molybdenum will gunk up Skene's gland in women & the Prostate gland in men...The antidote or opposite is Boron...Boron is found in a supplement or in Borax...The people I have met with excess Molybdenum lived near farms...They were not eating huge amounts of navy beans...

I would add Boron to the supplements you take(I did)...Some people choose Borax- that requires dilution & measuring & some self-control...

GcMaf can be mimicked using high doses of Vitamin D3 (poor woman's version)...

But also mega dosing Vitamin C & eating lots of Ginger root...An infrared bulb is a nice thing too- specially while on the computer...Specially if you live in a cold country...Sunshine & even tanning beds will boost that vitamin too(beware of wrinkles!)

I'm a big believer in L'Art du Possible...The art of the possible...Which means, do the best you can with your local health supplement stores...When you walk in to one of these stores locally, you get to talk to knowledgeable people who will often help you for free because you are buying product from them...This can lead to much bonus help along the way & new friends...

For Vitamin D3, the fastest absorbing method is the Liquid D3 drops...Ok, I did buy 50,000 IU Vitamin D3 on Amazon that you take once a week...

Of course I started to go a little bipolar from them cause they were way strong!(side effect of excess Vitamin D3 is bipolar type symptoms-if you find yourself talking too much or spending too much money too quickly, cut back on the D3!)...Ginger root is a great source...Way cheaper...Peel it a bit & put chunks in boiling water to make tea, then eat the chunks whole after...

If you can get a supplement from food always choose the food source first...

[Sari Grove](#) No...Just plain old fashioned megadosing Vitamin C like the good old days when you took it as a powder...I'm not crazy about needles or intravenous lines myself...If you can get away with it orally, do...Yes, Boron neutralizes Molybdenum...

They are exact opposites that work together...But the sources listed really don't have much...

Oatmeal for example-traces maybe...I am not a huge fan of oatmeal for other reasons-mainly cause the ones I try seem to be tainted by GMO grains...Also I went mostly gluten free...Also, there are other breakfast grains that pack a bigger nutritional punch...

Like mix Chia seeds, with Flaxseeds, with Hulled Hemp seeds, & some trail mix, & sesame seeds, throw in some poppy seeds, & whatever else you got...I don't know...Oatmeal maybe only once in a while-it can really clog up the kidneys...(maybe if it is really high grade organic steel cut oats)...

Vitamin D is mainly opposed by Lead, like if your water pipes are old & the galvanization is eroded, your water can have Lead in it which causes fungusy toenails...

Nagalese is more of a sugar, which is opposed by Lysine, garlic, selenium, pancreatic enzymes, cayenne pepper, black pepper, & wow had some sauerkraut today & boy did it lower my blood sugar! (all cruciferous vegetables do like cauliflower brussel sprouts broccoli but it is one thing in theory & another to feel it happening!!!)

p.s. I am addicted to my RubyLux infrared light bulb...I sit beside it when I am on the computer-sometimes I just shine it on my face to make me feel happy...I'd carry it around with me all day if I could get a portable electricity source!!! (It is so cold here now we need 2 pairs of gloves on!)

[Sari Grove http://www.rawfooddietcure.com/](http://www.rawfooddietcure.com/) I used this diet as a guide...Helen Hecker is a nurse who cured her breast cancer just by going raw...It is a great book that got me started on how to go raw...Beans, lentils peas, chickpeas, they are in the pulse family-yes, they do have Molybdenum...

But like I said before-it is Molybdenum in fertilizers on farms you have to worry about, not the stuff you get in your hummus...

It's like this-soy in soybeans is not the estrogen that is going to get you even a fraction of like the estrogen that you got from taking the birth control pill 25 years ago that didn't excrete...Or the estrogen in the BPA from your decades of acrylic nail polish salon visits...Or the toxic byproducts from your breast implants...

Beans ain't going to hurt you much...Plus studies have found that communities with centenarians all have in common that they all eat alot of beans...I'm not a big fan of very expensive complicated sounding new alternative products anyways- so I'd take this recommendation about diet with a grain of sea salt...I'm pretty sure we can cure cancer without going broke...

[Raw Food Diet Cure](#)

I'm a nurse- How I cured myself with a raw food diet of breast cancer, fibromyalgia, arthritis, acid reflux,...

RAWFOODDIETCURE.COM

Corpus Callosum, Hair shaft, Chromosomes...

by Sari - Monday, April 13, 2015

<http://grovecanada.ca/corpus-collosum-hair-shaft-chromosomes/>

Corpus Callosum sits above & in front of the Cerebral Aqueduct, north West of...connects to Prostate gland...Both are part of Cerebral Cortex...In the body, Corpus Callosum connects to lower part of Prostate gland (Minus female part)...Cerebral Aqueduct connects to Plus element dominant male upper prostate gland ...

Hair shafts are spiral...start at Zinc, to Lead at right, descend to Manganese, the curve is Clockwise to Iron, spiral down to Titanium, to right to Aluminum, & so on spiralling downward , down the Grove Body Part Chart, or down the Grove Brain Part chart, ending at Molybdenum ...

Chromosomes are numbered in that same spiral order, 1 is Zinc, 2 Lead, 3 manganese , 4 Iron, 5 Titanium, 6 Aluminum, 7 potassium, 8 Aurum, 9 Carbon, 10 Nitrogen, & so on...(until Boron 23, & Molybdenum 24)...

Corrections...

by Sari - Thursday, December 10, 2015

<http://grovecanada.ca/auto-draft-2/>

Fluorine: Flashing lights, Holosync "The Dive"...

Fotoflexer: Whitish pink is Aluminium not Iron...Iron is the first ring after Lead Blue, & is Pink...

Sulphur: is in the Selenium family...The Plus element opposite to Selenium is Sugar...There is no element on the Periodic Table of elements for Sugar...

Calcium: Precedes Copper on the Grove Body Part Chart...Thus it blocks panic attacks...

Anthrax: Starts as Aluminum, & breaks down if you supply it with the correct medicine....The next element on the Grove Body Part Chart after Aluminum is Potassium (K)...

Humaworm: Is useful for Chronic Fatigue Syndrome...

Hives: Are excess Phosphorus

Pneumonia: Is excess Bismuth Bi Charcoal in the Lungs & Lymph Nodes & Parietal Lobe...

Fish: Is Aurum B12 & increases generosity of spirit & blood pressure...

Iron Fe: is Chicken

Eggs: Contain Aluminum cholesterol

Toothpaste: Contains Fluorine as do Flashing Lights...

Vitamin C: Is Zinc family & can cause Macular Degeneration of the Cornea...Treat with Vitamin A, Lutein, Beta Carotene, Carrot Juice...(Greeniche Multivitamin for women)...

ASA Daily low dose: tastes like baby aspirin & is a Titanium...

Acetylsalicylic Acid is ASA...

Retinitis Pigmentosa: Is Excess Magnesium in retina...

Olanzapine Zyprexa: is Lead family, builds bone teeth, & is Lithium like Lepidolite rock jewellery... Lithium is a stronger form of Lead...

Chicory: is in Caf Lib & is Copper like Coppersnakes...



Cottage cheese, quark, yogurt, kefir...are all estrogens...

by Sari - Thursday, August 11, 2016

<http://grovecanada.ca/cottage-cheese-quark-yogurt-kefir-are-all-estrogens/>

Createspace eStore: NumberNine...Grove health Science

by Sari - Saturday, July 25, 2015

<http://grovecanada.ca/?p=1578>

<https://www.createspace.com/5632984> NumberNine Grove Health Science Grove Canada

Cytomegalovirus(& medulloblastoma), Ferrets(& adrenal cancer), SV40(from Polio Vaccine)...

by Sari - Saturday, August 20, 2016

<http://grovecanada.ca/cytomegalovirus-medulloblastoma-ferrets-adrenal-cancer-sv40from-polio-vaccine/>

cytomegalovirus & medulloblastoma

Ferrets & adrenal cancer

SV40 from polio vaccine

Thanks to Marnie Newton of the [Facebook Group "DIY Cancer Repair Manual"](#) for the stunning information correlating viruses to cancer types...(To pick Marnie Newton's brain join the group!)

*I linked the viruses to where they are on the brain & body part charts...(Use their Opposite element to kill the virus...Ie:if the virus eats Hydrogens, use Oxygens to kill it)...

Cytomegalovirus, Medulloblastoma, Liver, Hydrogen Excess, Oxygen lack...

by Sari - Tuesday, August 16, 2016

<http://grovecanada.ca/cytomegalovirus-medulloblastoma-liver-hydrogen-excess-oxygen-lack/>

*(from the [DIY Cancer Repair Manual Facebook group](#))**(you are welcome to join)...

Cytomegalovirus is in the Herpes family...So, the response needs to be in the Oxygen family...

(excess Hydrogen affects the Liver)...

So herbal response is: B17 (fightingtogether.org sells it), apricot kernels, milk thistle, dandelion root, berries, grape seed extract, modified citrus pectin (peel & seeds of citrus fruit if you want to go cheap), fresh air exercise, eucalyptus, rosemary & their essential oils...

Thanks Marnie Newton(if you need to know what parasite is involved with which cancer, ask Marnie Newton!Find Marnie in the DIY Cancer Repair Manual Group) for confirming...

Medulloblastoma occurs in the cerebellum which is the brain centre that controls the Liver...The pictures I edited showed high Hydrogen levels as well...So this confirms that treatment should begin with something like B17 pills...(oxygens)...

Dangerous...Danger Zone

by Sari - Monday, July 20, 2015

<http://grovecanada.ca/?p=1537>

Black Salve

Moh's Microsurgery (women's College Hospital in Toronto)

Black paste(doesn't use beeswax)

Escharotics (Patisson method uses Goldenseal)

Golden Myrrhical evokes Patisson but no Zinc Chloride(Zinc family & Chlorine family-chlorine similar to Fluorine)

Bleach=usually hydrogen peroxide & sodium bicarbonate

Ice cubes at Dogfish Bar Bluffer's Park marina(they clean with bleach all ice cube trays)

Ingrid Naiman of Botanical Salves book recommends modified Patisson which is Golden Myrrhical (I think) & add a little Black Salve escharotic...

Myrrh is a Se Selenium family, like Opoponax (Anarres health like Opoponax species of Myrrh, stronger antibiotic)

Women's College Hospital in Toronto might use Zenith Herbal Black Salve mixed into Golden Myrrhical made by Saxcred medicine Sanctuary in Washington on west coast of United States...

But I think most probably (probabilities, opposite to process of elimination), WCH (WCH is women's college hospital)uses black paste like Moh's uses to use due to speed of entry of paste versus salve...

Paste does not use beeswax usually...(ie:Save the Bees)!

So...

I will have Black Salve(Zenith) & Golden Myrrhical(Sacred) on hand...I already have Aloe with DMSO(Natural)...In the refrigerator...

DMSO is just Se Selenium family like Myrrh Opoponax...

Book V:The Brain
Grove Health Science 5

Dangers of PNC 27...(They could come back to life!)

by Sari - Tuesday, January 12, 2016

<http://grovecanada.ca/dangers-of-pnc-27-they-could-come-back-to-life/>

male Silkworm=Calcium Phosphorus(Japan)...Male fruit fly=Lead Hydrogen(California)...Female silkworm(Switzerland) =Iodine Copper ...Female Fruit Fly(Zimbabwe)=Zinc Oxygen...

& on a lighter note:

De-Worm yourself, your family, your children, your pets!

by Sari - Saturday, December 19, 2015

<http://grovecanada.ca/de-worm-yourself-your-family-your-children-your-pets/>

*[https://humaworm.com/Herbal Pet Wormer.html](https://humaworm.com/Herbal_Pet_Wormer.html) Humaworm herbal pet dewormer...

Here is the breakdown of the Humaworm pet dewormer in relation to the Grove Body Part Chart...This chart also corresponds to the Grove Brain part chart, incase there are brain parts also affected...

Grove Body Part Chart

Grove Brain Part Chart

HUMAWORM HERBAL PET DEWORMER as the ingredients correspond to Grove Body Part Chart & Grove Brain part chart...(about \$9.95 which covers a 100 pound animal)-They recommend about a pinch to every 5 pounds of weight x 3 times per day-but you could get away with much less if you are worried about overdosing your pet or your pet has already had other shots or anti parasitic treatments already...(or if your pet has a diet & exercise program that accounts for exposure to parasites & worms & bugs...)

Black Walnut:MANGANESE

Cloves:TITANIUM

Wormwood:ZINC

Ginger:ZINC

Cayenne:SELENIUM

Senna:CARBON

Garlic:SELENIUM

***Humaworm for people:(30 day Adult formula)...(about \$39.95)-You are supposed to take 2 capsules morning & 2 capsules evening-but you could take less if you have already detoxed or had other treatments(like chemo or radiation or surgery)...**

Here are the ingredients as explained by the Grove Body & brain part charts...(the charts show what the ingredients represent, & which ingredient will antidote the other, if too much is taken...Also, which body part or brain part that ingredient affects...)

*I am not an affiliate for any of these products...

Ok, so here are the ingredients in the Humaworm formula for adults...I am listing beside each ingredient, which element they correspond to on the Grove Brain & Body Part Charts...

Black Walnut 200mg :MANGANESE

Wormwood 100mg :ZINC

Cloves 100mg:TITANIUM

Do It Yourself Medicine by Artists Joseph & Sam Grove - <http://grovecanada.ca/>

Thyme 100mg:TITANIUM
Garlic 200mg:SELENIUM
Fennel 100mg:COPPER
Cayenne 100mg:SELENIUM
Ginger 100mg:ZINC
Gentian 100mg:MANGANESE
Hyssop 100mg:OXYGEN
Milk Thistle 100mg:OXYGEN
Marshmallow root 100mg:CARBON
Pau D' Arco 200mg:IODINE
Burdock 100mg:OXYGEN
Elecampane 100mg:SELENIUM
Fenugreek 100mg:SELENIUM
Liquorice 100mg:COPPER
Barberry 200mg:OXYGEN
Cascara Sagrada 25mg:CARBON
Senna 25mg:CARBON
Sage 100mg:ALUMINUM
Psyllium 200mg:CARBON
Yellow Dock 100mg:MAGNESIUM
Cramp Bark 100mg:OXYGEN
Peppermint 200mg:TITANIUM

I recommend HUMAWORM products for anybody or their pets or children who think they may have been exposed to parasites or worms or bugs or creatures...**Also for anyone with any type of Cancer...Cancer is really just a disease created by parasites...Get rid of them & you have solved most of the problem...**

I do NOT have any affiliate linkage to Humaworm, nor do I know any of the people involved at all...(Though I have purchased from them, for both myself, my husband & my mother's dog, & my bengal cats)...

Please note that all MINUS ingredients on the Grove Body Part Chart are detoxifying...You will notice that Humaworm does not contain a few of those, like POTASSIUM for instance...

If yourself or your pet suffer from high blood pressure which is High AURUM on our chart, then you need a POTASSIUM to lower that...Stevia in your pet's water is an easy way to give potassium...Same with yourself...Bugs are attracted to people with high Aurum(B12), so by lowering Aurum you will lower the amount your pet scratches or you scratch...

Dealing with an ulcerating or fungating tumour...

by Sari - Thursday, May 26, 2016

<http://grovecanada.ca/dealing-with-an-ulcerating-or-fungating-tumour/>

I have had three people dealing with ulcerating wounds...You have to be very careful in understanding what is happening...

The wound is the tumour...

The tumour has grown...

Your main priority is to kill the cancer...

Both internally & externally...

To stop the cancer, kill it, you can use a high dose of Licorice root extract internally...

Something with at least 1:4 or 1:5 dilution...

Orange Naturals has licorice root extract at 1:5 dilution...

You drink half a bottle day for 10 days...

This kills the cancer aspect...

Two Feathers black salve is taken internally & after 7 days is applied topically...

This pulls the tumour upwards...The internal salve helps to dissolve it...It costs about \$125 dollars plus express shipping...

You have to consult with Robert Roy over the phone when ordering...He has treated over 80,000 people...He is lovely...

If you want to do cheaper methods due to budget constraints, you can do bloodroot capsules...

Zenith herbals runs the Bloodroot salve discussion group & has a store...

Best on Earth products has milder capsules...

Sarracenia Purpurea (Purple Pitcher plant) is effective as an anti-fungal-you will have to search a bit for extracts or pills...

You can also get the plant, leaves, roots, & simmer in hot water & drink...For the fung-ating aspect...

Humaworm antiparasitic is another option...

CBD oil is actually helping to kill the parasite...

CBD as a statin is killing the aspect that feeds on cholesterol...

The wound is closing because you are killing the worm...

This is different than just healing a wound in the lung...

Killing cancer & wound healing without cancer are two different things...

I hope this makes sense...Possibly need some caffeine...(both of us!)(Caffeine kills cancer too by the way)

Clove oil is a poor women's version of CBD & also kills parasites...

Links:

<https://pluscbdoil.com/cbd-products/cbd-oil-balm/pluscbd-oil-balm/>The CBD oil balm & capsules from this company called "PLUS CBD oil", come recommended...

<http://www.healingformula.net/> Two Feathers black salve...internal & topical(from same jar) (No zinc chloride)!

http://secure.herbies-herbs.com/index.php?option=com_virtuemart&page=shop.product_details&flypage=flypage.mi.tpl&category_id=23&product_id=1334&Itemid=3 Herbies herbs carries PITCHER PLANT ROOT (sarracenia purpurea)...**Pitcher Plant root has applications for smallpox & melanoma which is similar...Also staphylococcus & streptococcus..(all similar)**

I recommend the root & simmer in hot water & drink...Herbies extracts are dilute-I do not recommend getting their extracts-too much alcohol ratio to dilution-get a better extract, stronger, somewhere else...Herbies usually does a 1:1 dilution which is not strong enough...But their herbs are amazing...(Correction: A later post finds that mushroom extracts makes tumours Bigger!!! -----/They also sell Turkey Tail mushrooms for breast cancer/--...High in Tannins, Oxygens)...

<http://www.humaworm.com> Humaworm should be taken by anybody with cancer...If it is too strong, just slow down the dosing...As you please...

Update:

Since Lyme disease is so similar to Ulcerating tumours, sarcomas, & staphylococcus infections, smallpox & melanoma- I am going to suggest a Lyme protocol for all:

Thus: 30 day Humaworm antiparasitic , followed by the Hunaworm 15 Natural Antibiotic treatment, followed by the 15 day Lyme disease treatment, also from Humaworm, with the Humanatea they sell as well...

Deciding about taking Tamoxifen, or Heparin, or some other hormone suppressing drug your Onc is recommending...

by Sari - Friday, May 20, 2016

<http://grovecanada.ca/deciding-about-taking-tamoxifen-or-heparin-or-some-other-hormone-suppressing-drug-your-onc-is-recommending/>

Tamoxifen acts like Iodine in the body...

Heparin acts like Oxygens-ie Milk Thistle, Apricot Kernels, Dandelion, all Liver cleans products...You can duplicate both by taking way too many Iodine things in layers...

Like tons of Liquid kelp for Iodine...or Periwinkle herb for Iodine...

Or POke root, or red clover for iodine...Or vinpocetine pills for iodine...Taking several different ones ensure good absorption...

Iodines reduce tumour size by dissolving calcium...Oxygens like apricot kernels & milk thistle make tumours smaller by dehydrating them-providing Oxygen...

Oxygens also prevent liver flukes from travelling inside the body-metastasis...Oxygens also help eradicate bone pain which is often caused by these flukes munching on bone...

Estrogen is a Phosphorus which is directly antagonized by the Copper family(yes, please learn to ignore dumb & opposite studies saying false things about the Copper family...I write alot bout this misinformation on my site...)

I have had great success (with myself & others) using Licorice root extract as a highly absorbable Copper to kill the Phosphorus creature called cancer...Recently a woman took half a bottle a day for 10 days(she used a product that was 1:4 strength-it will say that on the bottle how strong it is...1 is the alcohol 4 is the licorice root...

The higher the second number the better...Like 1:5...1:2 is not very good-ie Herb Pharm is 1:2 that means way too much alcohol to herb...)

After 10 days her MRI results caused them to change her diagnosis downwards...In NIDI(the non invasive diagnostic imaging I designed), her pictures now show pretty clear of cancer...Her first pictures there was much to see...

Ok...sorry this is quick...I am rushing a bit...Good luck, God Bless, & hugs!

Depression is a wet soaked Hydrogen filled Liver...Here's how to get out of that muck...

by Sari - Wednesday, July 08, 2015

<http://grovecanada.ca/depression-is-a-wet-soaked-hydrogen-filled-liver-heres-how-to-get-out-of-that-muck/>

I feel Depression lives in the Liver...

A wet Hydrogen soaked Liver...

It needs OXYGEN...

A great way to get Oxygen is from Apricot kernels...

Get a bag for under \$20 at a local health food store...

Eat 7 a day...

If you don't like the bitter taste, grind them in a coffee grinder & put in some unsweetened applesauce & eat every morning...(that gem is from Tamara St. John who cured her Cancer using Apricot kernels & a bunch of other protocols)...

Cyanide in foods is just a whole lotta Oxygen...

Apricot kernels are strong & can really have a powerful medicinal effect...

To support my own theory, I Googled my idea to the world & found this story...

<http://www.markmason.net/theories.htm> A story about Apricot kernels & Depression & Weight Gain...(if you don't feel like going to the link, basically it tells of how someone got out of depression by eating Apricot Kernels-& lost weight!)

If you are depressed, go get some Apricot kernels & start eating them...

Then write to me at grove@sent.com & tell me how great you feel!

Hugs & love, *Sari Grove*

p.s.panic & anxiety & insecurity are not depression...Panic is a high Copper low Phosphorus Spleen...Get the best probiotic you can afford & start eating Greek yogurt...Take a lot of both...

Depression lives in the Liver...A wet soaked unhappy Liver...Here's an idea...

by Sari - Sunday, July 05, 2015

<http://grovecanada.ca/1410/>

I feel Depression lives in the Liver...

A wet Hydrogen soaked Liver...

It needs OXYGEN...

A great way to get Oxygen is from Apricot kernels...

Get a bag for under \$20 at a local health food store...

Eat 7 a day...

If you don't like the bitter taste, grind them in a coffee grinder & put in some unsweetened applesauce & eat every morning...(that gem is from Tamara St. John who cured her Cancer using Apricot kernels & a bunch of other protocols)...

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p.s.panic & anxiety & insecurity are not depression...Panic is a high Copper low Phosphorus Spleen...Get the best probiotic you can afford & start eating Greek yogurt...Take a lot of both...

Direction of Attack: The order of things in an anticancer regime

by Sari - Monday, March 14, 2016

<http://grovecanada.ca/direction-of-attackthe-order-of-things-in-an-anticancer-regime/>

Comment: Ok...So instead of writing it out in text, I drew a picture to explain the Order of Attack...You want to start at the outside & move in...Many people begin with say Vitamin C Iv infusions(a Zinc), but you can see that if a tumour has Lead at its very centre, then a Zinc family thing(opposite to Lead)will not be effective because the Vitamin C will not be able to penetrate the outside of the lump...If you instead begin your anticancer regime with a Boron thing like say Diatomaceous earth (or the Heavy Metals Defense powder from Mike Adams the health Ranger, which contains Boron), then you are first attacking the OUTSIDE of the lump, the Molybdenum part...This would be a good way to start...Then slowly work your way in...(Choose the pink words to detox each concentric ring)...This was what I was trying to explain before, but in text it got befuddled, sorry...

<http://grovecanada.ca/starting-an-anticancer-regime/> More detail & links to further posts & explanations...

with types of cancer & body part...

with ER+, Pr+. Her2+ shown

Disclaimer

by Sari - Wednesday, June 29, 2016

<http://grovecanada.ca/disclaimer/>

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DIY Cancer Repair Manual

by Sari - Thursday, November 12, 2015

<http://grovecanada.ca/diy-diagnostic-imaging-free-book/>

[DIY Medicine...](#)December 20th version of the manuscript...Free! 2015...PDF file...yes, you can download it...Please don't sell it though!

Have retitled it: **DIY Cancer Repair Manual**...(check out the Facebook group of the same name to get in touch with the founders...)

NEWS:January 1st-January 5th, DIY Cancer Repair Manual is FREE on Amazon Kindle...(all countries)...See link below, or go to your country's Amazon Kindle page & search DIY Cancer Repair Manual! Happy New Year!

So this is a free copy of our book DIY Diagnostic Imaging(title changed now-see above)...(it's a pdf file)

You get the How to see a lump or anything else under your skin instructions...

The How to check for malignancy instructions...

& the How to start an Alternative Anticancer protocol guide...

This book is a Kindle book on Amazon...The copy you are getting may get edited & updated over time...

But I thought you'd might like a free copy of the manuscript right now...

Thanks for visiting,

Sari Grove

Re:How do I know what the colours are?

Big question...

Ok...So right at the beginning, I was obsessed with seeing what this lump looked like ...

I didn't believe anybody...

I wanted to see for myself...

I actually was convinced it was over diagnosis & it was just a fibroadenoma...

Anyways...

I started taking pictures...

Then editing them to see if I could get a heat map or something...

Early on, I could...

I became better & better at seeing things, fooling around with tints & temperature in the iPhoto program...

Put it all aside...

Came back to it with new ideas...

Finally got a really good look at it...

Saw there were different colours...

Started reading about benign versus malignant chemistry...

Realized the differential was Phosphorus after reading someone's thesis...

Looked at microscope pictures online of what Phosphorus should look like...

Many...

Looked at my own pictures, & saw Phosphorus...

Now I knew what colour it was in iPhoto & what shapes it took...

That was my first element...

As I tried foods & alternative medicines, I always went one at a time...

Took before & after pictures...

Noticed differences...

Like if I ate eggs, (this was before I went raw vegetable diet- Helen Hecker's book My raw food diet secret & cure), more blue showed up...

I learned that blue in iPhoto was cholesterol (Aluminum in my chart)

Iron in iPhoto reflects ...It comes up as shiny white...If I ate a protein like chicken, there'd be shiny white

the next day...It was logical too...Iron is shiny...

I am simplifying the story a bit...

But it was really trial & error...

Logic...

A lot of time & an artist brain...

My husband is an artist too, so the two of us are a bit intense...

He lets me go down paths much further than a normal person would...

Mostly it is about how long you are willing to spend on something...

In my case, my life was on the line...

So I was motivated...

Months later, maybe longer, a lady wrote a giant post about me & my method...

Big confidence boost for me...

But many did not have a Mac computer...

I got motivated to try harder to find a way for everybody to edit...

Because of her support (her blog is heal breast cancer naturally.com)

I developed the Fotoflexer method...

I was staying at my mum's house(7 weeks - she got shingles very badly)...

Using her Dell computer...So I had to figure it out- even for myself to do check ups...

Though all the colours were different, I knew where they were supposed to be already from using iPhoto for so long...

So it was just translating...

Turned out Fotoflexer saw more...

Started relying on it even more...

But discerning between the dark green spots & the healthy light green tissue was hard...

Fast forward to you...

Back at my mum's house, didn't want to come back downtown to edit in iPhoto...

The malignant vs benign question was getting to be a problem...

I knew in iPhoto it looked purple , in Fotoflexer it looked dark green, & I knew its shape(like ants)...

When you sent me your picture, you had a tiny edge of spots...

It was a perfect opportunity to see if I could get another program just to see those spots...

After fooling around with photo edit programs for months, I knew Lunapic was worth a try again...

I compared the Lunapic edit with Fotoflexer edit & iPhoto edit, to make sure I was just focussing on those spots...

That's how I got to the Lunapic method- from using the first two methods & just editing for what I wanted to see...

Long process...

But I am still motivated...

Every time I help someone, they end up helping me more...

Ok...That's the short version(smile),

Hugs,

Sari

P.s. The giant link below is to the Kindle version of our book DIY Diagnostic Imaging on Amazon...It is listed at \$2.99 U.S. Dollars(the lowest number they would let us list for)!

Even if you read it for free from the PDF, please feel free to leave a glowing positive review of it on Amazon so other people might try their own Diagnostic Imaging...Plus it makes me feel good to get a compliment!

Thank you, Sari Grove

http://www.amazon.com/gp/aw/d/B017HH1RV4/ref=redir_mdp_mobile_siteViewPreference/189-854041-8-6056862?ie=UTF8&redirectFromSS=1&pc_redir=T1&noEncodingTag=1&fp=1

DIY Cancer Repair Manual is Book 9 of Grove Health Science...

by Sari - Monday, April 04, 2016

<http://grovecanada.ca/diy-cancer-repair-manual-is-book-9-of-grove-health-science/>

Book 9 of Grove Health Science teaches two do it yourself diagnostic imaging methods to check for biochemistry & malignancy/benign status after finding a lump in your body... It also offers a starter paradigm for doing an Alternative anticancer regime...

The author was able to change a malignant tumour into a benign tumour...This was the big discovery during the course of writing Book 3 in the Grove Health Science series...

5 books later, the anticancer protocol became more algorithmic...The Diagnostic Imaging methods became more specific...

Artists wreak change in all fields, medicine is just the last bastion of the old boys club...

(well, maybe professional sports-baseball season is just around the corner & not one woman will benefit from the million dollar salaries)...

There are huge gaps in medicine, especially in oncology where instant surgery & fear tactics to force you into hasty surgery are the norm...

Cut or die it feels like...

Diagnostic Imaging is done by "experts" & you never really know or understand the pictures not to mention the humiliation of having to get naked in front of strangers especially opposite sex strangers...

DIY Cancer Repair Manual is not the end game here-it is merely a short doorway into L'Art du Possible, the art of the possible...Things you can do today if you have a cancer diagnosis...

It's short...

Just a beginning...It's not commercial or edited to sell or marketed in a slick way...Just some ideas to get you going, raw & unpolished, from someone who has been there...Medicine needs artists like athletes need education...There is a lack...Let's fill the gap...

DIY Cancer Repair Manual...

by Sari - Tuesday, December 22, 2015

<http://grovecanada.ca/diy-cancer-repair-manual/>

January 1st to January 5th, 2016, DIY Cancer repair Manual is FREE on ALL Amazon Kindle sites...Go to your country's Amazon Kindle site, & search DIY Cancer Repair Manual to get it...

Here is access to a raw PDF manuscript on our site for free...[DIY Cancer Repair Manual](#)(January 1st version, 2016-Happy New Year!)

here it is-in paperback...(on Amazon)http://www.amazon.com/DIY-Cancer-Repair-Manual-Diagnostic/dp/1522861726/ref=tmm_pap_swatch_0?encoding=UTF8&qid=1451257986&sr=8-1

Book Cover for paperback(both sides)preview

<https://wwwcreatespace.com/5952839> Createspace has it too...

DIY Cancer Repair Manual, Including:DIY Diagnostic Imaging on Amazon Kindle books

http://www.amazon.ca/gp/product/B017HH1RV4?*Version*=1&*entries*=0 FREE JANUARY 1ST TO JANUARY 5TH, 2016 HAPPY NEW YEAR!

DIY Cancer Repair Manual...(You are welcome to join this Facebook group!)

by Sari - Sunday, July 05, 2015

<http://grovecanada.ca/diy-cancer-repair-manual-you-are-welcome-to-join-this-facebook-group/>

<https://www.facebook.com/groups/DIYCancerRepairManual/>

I have a Facebook group...You are welcome to join...It is called "DIY Cancer Repair Manual"...

It is for people who are trying to take their health back into their own hands...Directing traffic...It doesn't mean not using experts...It just means that YOU are the BOSS of them...CEO...Head Honcho...

Here is my most recent post...

"So it has been a while...

After a year of raw vegetable diet,

10 kilometre walking,

licorice root,

madagascar periwinkle,

mugwort,

vitamin d3 50,000 iu,

lots of oil, apple cider vinegar

, potassium,

Boron,

green tea

, hemp oil,

CBD oil,

hulled hemp seeds,

sesame seeds,

cabbage,

broccoli,

carrots,

green apples,

nuts,

wheatgrass juice,

baking soda,

garlic pills & raw garlic,

apricot kernels,

goji berries,

organic food,

iodoral tablets,

kelp,

poke root,

blue flag iris,

matcha tea,

cold brewed coffee,

gingko biloba,

vinpocetine,

Unda 17(for parasites),

Mirror EPF(also for parasites),

black walnut hull,

wormwood,

clove,

(those 3 also for parasites),

Frankincense resin chewed,

Frankincense water,

Boswellia capsules,

Frankincense topically,

Lymph Detox deodorant,

Ginger root boiled,

Epsom Salt baths,

magnesium,

& keeping track of the lump with my [DIY Thermogram process-](#)

I pretty much feel said lump is benign...

It seems mostly to be a hunk of Calcium now...

At this point I am taking a detox vacation...

Also I can't do anything more right now...

I've been getting this panicky emotion feeling, which seems to come on when I detox more...

So I cannot do any more biotherapy right now...

My next step will be to decide whether or not to get rid of said lump...

I joined the Black Salve discussion group...

Learned about how to extricate a lump using it...

Ordered some of their bloodroot capsules(no zinc chloride in this Zenith herbal blend)to take internally(let's hope panic doesn't begin with these)...

Also just ordered some of their Black Salve...

This doesn't mean I am doing this for sure...

But the capsules ship from Malaysia, the Black Salve from Australia, & I just want to have them on hand, if & when I am ready to decide...

Dr. Veronique Desaulniers extracted her breast lump with Black salve, & the results from this type of botanical surgery seem a million times better than regular lumpectomy results which seem to come with recurrence...

The Black Salve extracts a lump but doesn't touch any healthy skin around it, at all...

The only problem is, well, is that it is painful...

& I am a baby...

Scared of the pain...

Plus I don't know if my family doctor would be willing to go along & prescribe me some real painkillers if I need them...

Anyways...

This is where I am at...

Love & Hugs & prayers for you all in this tiny little group & thank you for being there for me too..."

Come join us at <https://www.facebook.com/groups/DIYCancerRepairManual/>

Sari Grove in July 2015...

Sari on fatigue & cancer...

"If you aren't taking any Iodine yet, start...You can get Iodoral tablets easily on Amazon...Start with 12.5 mg a day...It will release you from the fatigue...I also took some form of Licorice root for over a year...The Copper is great for preventing & reversing spread & it will boost energy levels as well...Vitamin D3 50,000 iu per week is also great...Or you can boil ginger root & drink that throughout the day...It's medicinal but also pops up the energy levels...If you keep walking, it gets easier over time...Just keep doing it...Eventually you get less tired...I find at the beginning of a season that music help my walks go easier...But that is if you are walking alone..."

DIY Cancer Repair Manual:Emergency(a recent Facebook message conversation)

by Sari - Thursday, May 12, 2016

<http://grovecanada.ca/diy-cancer-repair-manualemergencya-recent-facebook-message-conversation/>

DIY Diagnostic Imaging, our Kindle book on Amazon, freebie here...

by Sari - Friday, November 06, 2015

<http://grovecanada.ca/diy-diagnostic-imaging-our-kindle-book-on-amazon-freebie-here/>

[DIY Cancer Diagnostics-pdfiller](#)

Here is a copy of the manuscript, we are actually still working on it, even though it is already up as a Kindle book on Amazon...

We thought it was too important to wait...

So we will be editing on the fly...

Please leave positive reviews on its Amazon page...

Here...(big link below)

http://www.amazon.ca/Diagnostic-Imaging-Grove-Health-Science-ebook/dp/B017HH1RV4/ref=sr_1_1?ie=UTF8&qid=1446854678&sr=8-1&keywords=diy+diagnostic+imaging

thanks, Sari

DIY Mammogram/MRI...

by Sari - Saturday, January 10, 2015

<http://grovecanada.ca/diy-mammogram/>

I hold the camera about 3 inches away from my breast, turned around, & press the button-it is a guess...You get better at guessing where your lump is after several tries...

*[Biopsy-1](#) DOCX file of this blog post to download for yourself to keep...

**[Grove-DIY Mammogram:MRI:Biopsy](#) PDF file format of this post, download free...

You need a Mac Computer with iPhoto & a Digital camera for this tutorial(I used an 8 megapixel point & shoot)...

Take a picture of your breast where the lump is, close-up, in good light, with Flash On, & set to MACRO...It may take a few tries to get the whole area into the picture...Hold camera about 2-3 inches away from side of breast...(I have cropped the nipple out of this picture for modesty)... Upload your pictures to your Mac iPhoto program, pick the best one, & Click ENHANCE...

In EFFECTS, BOOST your picture as much as possible...(For me this is 9 times)... In ADJUST, SLIDE THE BLUE SLIDER ALL THE WAY TO BLUEST...

In ADJUST make SHARPNESS all the way to Sharpest...

In Adjust make SHADOWS all the way to brightest...

In Adjust Make HIGHLIGHTS all the way to brightest as well...

IN ADJUST MAKE DEFINITION all the way to sharpest as well...

In ADJUST make SATURATION all the way to most saturated...

In Adjust make CONTRAST all the way to most...

How to analyze...

If the lump is mainly all white, then it is just Calcium Oxalate which means it is made of calcium & Iron & it pretty benign...(iron shows up in the centre & is shiny reflective white looking...calcium comes up as the green area in my edits- most lumps benign or malignant have a vast area of calcium...this is because birth control drugs are based on calcium & are the predominant reason why people today have calcium excess in their system...when calcium breaks down it becomes phosphorus- like mold...dangerous & malignant...

The tiny dark spots in the lump indicate the presence of Phosphorus...The more dark spots there are the more Phosphorus there is & the more Phosphorus there is the more malignant the lump is...

If there is Phosphorus, know that Coppers like Licorice root antagonize that...If you start taking Licorice root capsules, tincture, teas, or even just chew & swallow Licorice root herb straight, this will lower your Phosphorus count immediately...Once you eradicate Phosphorus, all you are left with is a benign lump made of calcium & iron...

To get rid of the benign lump, take Madagascar Periwinkle herb(chew & swallow with some liquid), which is a great form of absorbable iodine...Iodine antagonizes Calcium...

To help to soften the lump you need to antagonize iron...Mugwort is an herb that is a Manganese herb which antagonizes Iron...This will soften the lump & help to shrink it...

a foggy hazy grey area indicates excess hydrogen-Apricot kernels are an Oxygen that antagonize hydrogen excess...

Diet:

Herbs work best while you are on a raw plant based diet...Cut out glutens & dairy as well...

Exercise:

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Walk 10 kilometres(6 miles a day) if you can...Exercise keeps your spirits up & help herbs to work their best & help your body to circulate & Oxygen is so important...

Additional supplements:

Vitamin D3 will speed up all processes...

Caffeine is fine as are artificial sweeteners...

Update:I added this picture to show how to take the measure...(Hint:Hold a measuring tape in your picture when you take it...)

Make sure to set the Video resolution to 720p HD so you can actually READ the WORDS in the video...(it's a tiny wheel icon at the bottom right of the video screen-choose 720p when the little menu appears)

[YouTube Video](#)

P.S. If you are not having success with your pictures, GET CLOSER TO YOUR BREAST WITH YOUR CAMERA...You don't have to see the whole breast & nipple in the picture, just exactly where your lump is...Try again!

DIY Medicine course \$20 on GinkgoTree

by Sari - Tuesday, May 19, 2015

<http://grovecanada.ca/diy-medicine-course-20-on-ginkgotree/>

Take the DIY Medicine course based on the Grove Body Part Chart, on GinkgoTree \$20(goes to GinkgoTree to support educational programs like this one...)

[DIY Medicine on GinkgoTree \\$20](#)(takes you to sign up for GinkgoTree page-free, then you pay \$20 to take the course-goes to them for hosting, not to us)...

[FAQ for students & instructors on GinkgoTree](#)(link)

Here's a PDF on how GinkgoTree works...[New to Ginkgotree – GroveCanada](#)

Do it yourself Diagnostic Imaging on an iPhone...

by Sari - Thursday, October 08, 2015

<http://grovecanada.ca/do-it-yourself-diagnostic-imaging-on-an-iphone/>

So...

You have an iPhone...

Download the Camera+ App from the iTunes store...

Take your picture with the app, set to Macro, Stabilizer, Flash off- in good light, very very close up to what you want to examine...

The picture below is of an armpit!

Now...Save the picture...

Go get the Puffin app(flash browser)...

Open Puffin...

Navigate to Fotoflexer.com

Press Upload to get your picture up...

Click ADJUST

Move the HUE slider all the way to the left(gently tap where you want the balk to go, it will do it, but may take you several tries)...

Move the SATURATION slider all the way to the right(also tricky- tap gently- don't slide it cause the whole screen moves)

Apply...

Now last 2 steps...

Choose EFFECTS...

At the far right click MORE to see more choices, find HEAT MAP choose it...Click APPLY

Last step...

Find COLOR ROTATE, choose it & click APPLY...

Now Save your picture...

<http://grovecanada.ca/how-to-see-a-lump-in-your-breast-by-sari-grove/> See this Blog post to understand what the colours mean...

Do It Yourself Mammogram/Thermogram/MRI/Core Biopsy...

by Sari - Sunday, May 17, 2015

<http://grovecanada.ca/do-it-yourself-mammogramthermogrammicore-biopsy/>

So I found an online free photo edit program where anybody can do their own

Do It Yourself Mammogram/Thermogram/MRI/Core Biopsy...

It's called Fotoflexer & it's here at Fotoflexer.com

Step 1)Take a picture of where your lump is, about 3-4 inches away, camera set to MACRO, FLASH ON...(I use a sony dsc-t100 8 megapixel point & shoot little camera-they are selling now for something ridiculous like \$50 on Amazon-I paid about \$300 a decade ago)...I take my picture by the kitchen stove where the light is good...

Step 2)Upload to Fotoflexer.com(ignore & close the ad boxes that pop up)

Step 3)In BASIC, choose ADJUST, SLIDE the HUE slider all the way to the LEFT, slide the SATURATION slider all the way to the RIGHT (click apply or done)

Step 4)In EFFECTS, choose HEAT MAP (click MORE at the far right top to see the full list of effects)then click Apply or Done

Step 5)still in EFFECTS choose COLOR ROTATE (then click Apply or Done)

Step 6)SAVE to your computer

This Do It Yourself Mammogram/Thermogram/MRI/Core Biopsy, picture shows size & chemistry of your lump...

After a while you will get to know what colours mean what elements are present in your lump...This tells you what it is made of, & then you will know how to get rid of it, by systematically attacking each element that is present...

I am still adjusting to this new program(Fotoflexer) as it has different colours than my iPhoto program where I developed this idea...

So far, I have some ballpark ideas of which colour means which element(On my Grove Body Part Chart)...**Yellow- Calcium (milk)**

Darker Pink -Hydrogen (you drank alcohol or water)

Lighter Pink-Iron (you ate meat like chicken)

Blue- Lead(Lead like you ate potatoes)

so if you take a look at the Chart above, you will see that those 4 elements are all PLUS elements on the chart...

look for their opposite MINUS elements to detoxify...

so, to detoxify yellow, calcium, you need Iodine

to detoxify darker pink hydrogen, you need Oxygen

to detoxify lighter pink Iron you need Manganese

to detoxify Blue Lead you need Zinc...

If you read our books, you can figure out where to find Elements from our Chart in real world things...

Our books are FREE to read online & you can also download(in many different formats including Kindle for iPhone) less than 10 mb versions from our publisher Smashwords...

You can buy paperback versions & full size Kindle versions on Amazon...

[Free Books](#)

Note:When editing the photo in Fotoflexer, if you just stop after HEAT MAP, you get the picture below(I grabbed it from the movie)...The colours will be different, than if you go forward & continue your editing by doing the COLOR ROTATE function...

However, the colours in just the heat Map might be these elements-

The lighter red-Lead (antidote with Zinc family, like Vitamin D3 50,000 iu per week)

darker red-Hydrogen(antidote with Oxygen like Apricot Kernels 30 per day)

the yellow-Calcium(antidote with Iodines like Iodorol tablets 12.5 mg per day, vinpocetine 10 mg per day, Kelp tincture giant swig per day)

UPDATE: Good News!

I took a picture of my left breast lump using my mother's new iPhone 6...The digital camera is 8 megapixel...I set it to FLASH ON...& also set it to HDR AUTO...Took the picture...uploaded it to Fotoflexer.com ...Followed the steps to edit...Worked just FINE...YAY!

More good news: Someone just sent me pictures using the iPhone 5S, edited in Fotoflexer, & it also TOTALLY works...

Here are some of my edited comments about what colours people find in their edited DIY Mammogram/Thermogram/Biopsy/MRI pictures:

"1)**DARK SPOTS are Phosphorus(they are going to look like ants, maybe black or dark green or even dark purple-look for spots or specks)**, attack that with Copper family-start with Licorice tea to get used to it, then diversify with Licorice root tincture, capsules, the herb boiled as tea, or even eat it raw-it's a great absorbable Copper...Boron is a much stronger way to get Copper-you can get a plain Boron supplement, not expensive...Cold brewed coffee contains lots of Copper...Ginkgo Biloba too is excellent...Copper stops spread & reverses malignancy back to benign-take it for a long time(me over a year)-stop if you feel panic or anxiety-you are done...(please Note that when you edit in iPhoto on a Mac, Phosphorus comes up more obviously as dark purple ants or specks-in Fotoflexer these specks are NOT as obvious-be very very careful about this-PHOSPHORUS is what makes a lump or tumour malignant-so even if you don't see dark specks in your Fotoflexer picture, you may want to be extra careful & take a licorice root tincture anyway-it stops & reverses spread & turns malignant to benign-I cannot stress this enough(or licorice root tea, or boil the herb, or eat the herb raw, or take licorice root capsules)...

2)**Light pink is Iron**-take Manganese pills to lower iron, or the herb Mugwort lowers iron, nuts lower iron eat alot...

3)**Darker pink is Hydrogen**-use Oxygens to clean that out-like Goji berries, apricot kernels, dandelion greens, milk thistle, arsenicum album 200c homeopathic pills-anything that cleans Liver is usually Oxygen family...

p.s.-**BLUE is LEAD...**(not the same as purple, so be careful...)Antagonize Blue Lead with the Zinc family-examples of Zinc family things are VitaminD3 50,000 iu per week, Lymph Detox deodorant contains tons of Zinc family essential oils(you can make it yourself or buy it from Anarres health .ca (they are on Bloor st west, just a bit north on Dovercourt on the east side-\$10) or Crawford Street Lemon Creme deodorant at Whole Foods Hazelton lanes-\$14.99)...Sunshine...Pink Grapefruits...

Sat. May 23, 2015: What I've noticed between editing in iPhoto & editing in Fotoflexer...

in iPhoto:dark spots come up a bit better-those are spots of Phosphorus, very important to see & note & get rid of...

in Fotoflexer:Phosphorus does come up as dark spots, more like dark green or very dark green, but can get buried in the green miasma of Calcium green so be careful to look for dark spots...Phosphorus shapewise is usually specks or spots or dark ants-you will learn to see that by shape too...

in iPhoto:Light Blue is Aluminum(Aluminum refers to cholesterol-like the skin on Popeye's chicken, the herb Sage, Aloe juice, Zeolite rocks, Bentonite clay, Alum powder, Marigold, Cinnamon, Chai)

in Fotoflexer:I am not seeing Aluminum...

in iPhoto: Hydrogen (water or ice for example) comes up as a grey milky area-foggy cloudy shape, slightly transparent hazy(not so easy to see)

in Fotoflexer: Hydrogen comes up as pink-pretty easy to see...a slightly peachy pink...Quite clear to recognize...(after having an ice filled smoothie the day before, I see a lot of Hydrogen pink in my picture...Antidote Hydrogen with Oxygen by the way...(see our Grove Body & Brain Part Charts to know which elements antidote-hint, their opposite or Minus element)...

in iPhoto: Lead doesn't come up as a colour

in Fotoflexer: Lead comes up as Blue, dark blue...Easy to see...I have noticed that after drinking alcohol, Blue/Lead comes up...This has been confirmed by someone else, whose pictures came after several drinks the night before...

Conclusion: Each program has its pros & cons...If you are using one & not the other, be aware what you are not seeing...The elements I mentioned: Phosphorus, Aluminum, Hydrogen, & Lead are quite common aspects to a Cancer lump...So even if you are not seeing them in your DIY pictures, you still want to treat them...Treat them, in the same order, with, Copper, Titanium, Oxygen, & Zinc...(these are families from the Periodic Table-not to be taken literally-[I put together a "course" with all our books in order if you want to brush up & become a DIY Medicine pro-it costs \\$20 which goes to our kind hosts GinkgoTree directly for allowing me \(& you\) to use their service...](#))

New: Fotoflexer with iPhone 4S HDR On Flash On 2 inches away...

So I have an older iPhone, but was able to take a picture & get results with Fotoflexer...Interestingly enough, I am seeing better subtlety of colour now...I am seeing ALUMINUM now in the picture! As a PINK tone(that rim around the blue)...But a different pink than the slightly lighter pink of Iron...The Hydrogen I am now seeing is more of a PEACH tone...Lead is still blue...Calcium is still yellow...Green is normal skin flesh...(The darker blue in the middle is probably because the colours are layered over each other-ie the Lead is sitting on top of the Iron maybe)...

Note: Aluminum shows up if you eat cholesterol food-in my case, I ate greasy fried chicken on purpose because I had a cut in my mouth that was killing me, & it wasn't healing because my cholesterol levels were so low from taking Boswellia(Frankincense)...

Lead shows up after you drink alcohol...

Iron after you eat protein like tuna fish...

Calcium from milk...

Hydrogen from ice or water...

Phosphorus shows up if you eat frozen yogurt, cheese, kefir or any probiotic, or even Nexium...

Look Inside Your MOUTH:Using the same DIY Thermogram technique(I have been using both iPhoto & Fotoflexer, just to compare), I took a picture of the inside of the bottom of my mouth...

To take a picture of the bottom of your mouth, open your mouth in front of your bathroom mirror...(set to Macro, Flash On, for digital cameras, or if using an iPhone set to HDR auto, flash on)...Point the camera inside your mouth, & in the reflection in the mirror you can see if you are in focus or are in the right place...Pull your tongue back a bit so you can see your whole lower palate, behind the teeth...

DIY Thermogram inside the mouth!

Omigosh! Look! At the right side of my lower palate, there is a "hotspot" ...What is it made up of? Well, I see Blue-Lead(alcohol usually), Very light pink-Iron(meat), Slightly darker pink-Aluminum(cholesterol), Peachy-Hydrogen(excess water or ice in Liver-a smoothie I had probably, lack of Oxygen), Yellow-Calcium(antagonize with Iodines)...

Now what I am not seeing is the colour for Sulphur(Sugar in normal words), but I do have some pain & inflammation, which indicates infection...So I am taking Kyolic Garlic pills 1,000 mg each(I took 4), which are a powerful antibiotic...

Background:A "side effect" of taking Boswellia(Frankincense) is sometimes you lower your cholesterol(Aluminum on the Grove Body Part Chart), so much that it makes you more vulnerable to cuts...I went to get a hygienist teeth cleaning, while still taking Boswellia, & a few days later, cut my mouth chewing a harder Goji berry...

The problem apparently with teeth cleanings is that not only does it make your gums more sensitive for a few weeks after, it also opens your body up to infection...I guess some of the Sulphur sugar plaque gunk goes either down your throat or into the tiny cuts in your gums or wherever that happen when the hygienist cleans & flosses...

Maybe people should start taking Garlic Before going in for teeth cleanings, to prevent later infection?

At any rate, a friend mentioned that his father, after a tooth cleaning, got a cut in his mouth, that got infected, & led to a heart infection! (Which is why I then RAN to get garlic pills)...

Do It Yourself Thermogram (a video by Sari Grove at www.grovecanada.ca)

by Sari - Sunday, March 29, 2015

<http://grovecanada.ca/do-it-yourself-thermogram-a-video-by-sari-grove-at-www-grovecanada-ca/>

[YouTube Video](#)

<http://grovecanada.ca/so-you-want-to-try-my-diy-thermogram-method-but-you-dont-have-a-mac-iphoto-program/#comment-1281> So you want to try my DIY Thermogram method but you don't have a Mac...

Do tanning beds cause Cancer?

by Sari - Wednesday, May 11, 2016

<http://grovecanada.ca/do-tanning-beds-cause-cancer/>

No...The sun, Vitamin D, infrared lights, & other forms that mimic the sun, do not cause cancer...What they do is bring things that are deep in organs up to the surface...It is a myth that the sun causes cancer...It is just causing stuff to come to the surface...Tanning beds act like the sun...They can be very useful as do it yourself radiotherapy, especially with ulcerative fungating tumours...It helps dry them up...A visit to a tanning salon cleaned up a pneumonia I had that had become chronic...It can speed up the metabolism, boost mood...Very useful in colder climates(we are in Canada)...Another tool in the do it yourselfers arsenal- radiation...

Do you have lead poisoning?

by Sari - Saturday, April 09, 2016

<http://grovecanada.ca/do-you-have-lead-poisoning/>

New Lead poisoning source electrical wiring:

<http://www.cancer.org/cancer/cancercauses/othercarcinogens/athome/cancer-warning-labels-based-on-californias-proposition-65> (it's from the stuff that coats the wires...)

Do you have Lead poisoning From:

RoundUp weed killer...

Radiator Fluid leak...

Old house Lead paint...

House had weird smell, mold, dead animal rotted, something weird...

Laminate wood flooring contains Urea Formaldehyde(in the glue that holds the wood particles together inside the pre-fabricated laminate wood floor pieces)-ask for UREA-Formaldehyde FREE Laminate wood flooring to avoid this problem...

Tattoo inks...Tattoo inks...Tattoo inks...Even if they are the best organic, vegan(Eternal Inks for instance), still, Tattoo inks...(it is the pigment they use, not the additive...When they say organic or vegan that doesn't mean much-Lead is organic & vegan by the way...)

Alcohol...yes, alcohol contains Lead...From dirt...In the water...From water pipes...

Hospitals & Imaging labs often have Lead levels which are off the charts...They use Lead in those things to protect you when they radiate you...Lead is in their water pipes-doctors wash their hands 4,000 times a day(embellishing here to make a point)...Imaging labs are filthy...Photography equipment & machines contain Lead...Photography chemicals contain high levels of Calcium chemicals by the way which can cause giant tumours...

*(Note:I have seen Phosphorus poisoning from swimming in a lake with Toxic Algae Blooms...This is different than Lead poisoning...)

Dog days...au naturel antiparasitic...ideas...

by Sari - Thursday, December 03, 2015

<http://grovecanada.ca/dog-days-au-naturel-antiparasitic-ideas/>

Dog:Antiparasitic routine au Naturel...Spleen, Heart, Liver, Adrenal Gland...(theory:parasite enters body through mouth, goes to spleen first(where cheese is), gets pumped through blood to heart, gets pushed out and lands in Liver gathers water(eggs)matures, then fully formed sits in adrenal gland multiplying...or something like that...

Grove Brain Part Chart

Grove Body Part Chart

First day:I put licorice root tea in his food...(steep in hot water, let kibble soak up steeped tea, serve)(watch for reactions-do for both meals if fine)**Element:Copper Body Part:Spleen Brain Part:Globus Palladus**

Two days later:I put espresso coffee on his fur...(let it cool down...if he gets "panty" fast breathing, give him white cheddar old cheese until panting stops(accelerated heart rate)**Element:Copper Body Part:Spleen Brain Part:Globus Palladus**

Third day:I put stevia in his water & on his private parts...(stevia lowers blood pressure & b12 which creatures feed on)**Element:Potassium Body Part:Heart Brain Part:Medulla Oblongata(top of)(Note:intial effect of an antiparasitic thing is it stirs them up...Wait a day or two to see real effects...)**

I put 3 apricot kernels in his dry food...(kills liver flukes by starving them of water)**Element:Oxygen Body Part:Liver Brain Part:Cerebellum**

next I put Genestra liquid Iodine mix on his head...(lowers calcium)**Element:Iodine Body Part:Adrenal Gland Brain Part:Pituitary Gland(note;Iodines can cause hair thinning or loss)**

Food:Dry raw dehydrated kibble Grand Cru fish(based on herring) flavour made by Canisource in Quebec Canada sold by Global Pet Foods Eglinton Avenue road Toronto Canada...Filtered water from tap(filter on tap)

Final step:<http://www.humaworm.com> Humaworm is a natural antiparasitic recipe that has protocols for humans & for dogs...(& for children, who may be human too)...

Deep thought:Cancer is just worms...A malignant tumour is just a worm on a lump of food, eating away happily...See our DIY Diagnostic Imaging book for tips on how to self-diagnose malignancy(worms)...

Photograph taken by My Mum at Art Basel Miami(preview free outdoor art)

Photo taken by Sari's Mum in Miami Art Basel outdoors free preview night

At Global pet foods today I bought:(avenue road & Eglinton in Toronto)...

Homeopet WRM Clear (\$16.99 canadian currency)a internal anti-worm medication:containing goodies like Sulphur(lowers blood sugar-selenium family on our chart), Arsenicum album(Oxygen on our chart), Thymol(Titanium on our chart), & more...At 55 lbs. Austin needs 10 drops 3x daily for 14 days...

Dr. Maggie Skin care ointment for pets with natural anti-itch antibacterial healing agents...contains great things like plantain to heal, neem oil to cleanse...lickable though not tasty...

I also got a SPOTLIT Led light(push button light goes on function)for nighttime walks...It clips onto your dog's collar & turns on just by squeezing it...Squeeze again & you get a flashing light...get one for yourself too, if you are walking at night...

Download all 8 of our Grove Health Science books for free on Smashwords...

by Sari - Tuesday, May 12, 2015

<http://grovecanada.ca/download-all-8-of-our-grove-health-science-books-for-free-on-smashwords/>

The link takes you to the Grove Health Science series of Books on Smashwords where you can then download all or just one book to any format you need for free!

(they are much smaller than the pay for Kindle versions or Paperback versions on Amazon but just perfect for your iPhone Kindle app reading or other less than 10 megabyte is great place...

<https://www.smashwords.com/books/byseries/12515>

Be sure to read our Blog at grovecanada.ca for new ideas & research not yet in a book!

"I recently figured out a way for people to do their own thermogram/mammogram using a free online program & a digital camera...Here's the blog post explaining the how...I'm guessing I am going to start Book 9 of my art/health books with that in it & some of my other new ideas about getting rid of breast lumps & more-ish...I hope this is in keeping with the egg theme you are asking for...<http://grovecanada.ca/so-you-want-to-try-my-diy.../> (p.s. my other 8 books are free to read on my site)! [Sari Grove](#)"

"I got a breast lump last Easter 2014...I was in the middle of writing Book 3 of my series, & it was all about how to avoid surgery, if you possibly could...All of a sudden this was about me...Determined to not be a hypocrite, I changed the book to be about all the things I was doing to avoid conventional treatment...Turns out there is alot of trial & error in alternative treating yourself...At the end of Book 3, I figure out how to change the chemistry of the lump from malignant to benign...Not get rid of it, but make it safe...You can live with a benign lump...This took the whole surgery pressure off my back...But the biggest part of me figuring that out, like what exactly worked or didn't work, was figuring out how to do my own mammogram...If I could see the lump myself, what it looked like, the size & the chemistry, I could then evaluate each day what treatments I was trying worked or didn't work...After a long time of just tooling around with my camera & iPhoto editing program, I started to be able to see the lump under the skin, by changing the tint it turned out like a heat map! I ended up writing Book 3, 4, 5, 6, 7 & 8, after that, because the whole terror of Cancer (mine is really pre-cancer, they call it DCIS)makes one actually very productive...It's over a year later now, & I am fine...I have made my lump chemically benign, but I am still working on eradicating the whole thing without having a lumpectomy...I know how to do it, sort of, but sticking to a raw vegetable diet is hard for me, & taking enough Iodine to shrink it totally is a little hard on my system(I have a DIY Chemo program in Book 8)...love Sari :)"



Dragonfly

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/89-2/>

Cool Wall Dragonfly, also stands up on its four legs if you want it free-standing...Wings & legs all move...Hand-knotted with Mason's line which is basically a strong nylon thread you find at hardware stores...It's like 3 feet long by 3 feet wide-ish...Sits about a foot off the wall, but that is adjustable depending on wear you put your L shaped wall hooks...(I invented the way to join steel rod to steel rod using copper strapping...& bolts...)

["Dragonfly" has been accepted into "CHILDSIGHT" \(a juried show that looks at how children see things\) March 13-March 24, 2013 Public reception: Thursday March 21st, 2013 See map for location \(Papermill Gallery\)](#)

[10/11](#)

Dragonfly flew in PaperMill Gallery

Link to a page all about Dragonflies!

NO-WELD ARMATURE DESIGN BY SARI GROVE

Drugs, worms, & melatonin(music by Micro Audi waves:Escape to Albania)

by Sari - Sunday, January 10, 2016

<http://grovecanada.ca/drugs-worms-melatoninmusic-by-micro-audi-wavesescape-to-albania/>

Update to this post added Thursday February 25,2016

still thinking about those insomnia studies...Here's what I am thinking...Women with insomnia are awake at night...Night owls...Women who work at night, "women of the night", include all sex trade workers including exotic dancers, lapdancers, prostitutes & other illegal activities...Just bear with me here...The more a woman is awake at night, the more likely she is to be doing something...Working at night, the night shift, sex trade worker, having sex, being in night clubs, being around other people who also don't sleep at night...Does this mean that women with insomnia have more exposure to environmental toxins, sexually transmitted disease, criminal activity(which often happens at night), than women who are in bed at home asleep every night? You see the melatonin studies all say that women who sleep more(from taking melatonin) get less breast cancer...Maybe...But they don't explain why & the why of it is paradoxical biochemically...(fluorine is known to be anticancer & is used extensively to fight cancer...Fluorine is biochemically opposite to melatonin...So logically, from a chemistry set point of view, melatonin should cause cancer, or something like that...)However...If cancer is a parasite that is nocturnal, like most parasites are(just catch lice & see how bad it gets at night! Much worse!), then cancer's parasites should be more contagious so to speak at night, more transmissible between humans or animals & environments...So are the people in the melatonin studies sleeping more & avoiding all the normal toxins they don't usually avoid due to insomnia? Or are the melatonin studies so badly flawed, poorly written, or completely made up that they are lies? Personally, I know that melatonin made my lump much worse, & that fluorine made my lump much better...(leaving the how & why for questions since I have already discussed this in depth & am getting boring)...So here's the thing...I know many people fighting cancers are still taking melatonin...Are your lumps worse or better? Do you know? If anyone wants to see what is happening with a lump they are monitoring, please feel free to upload an image to my facebook messages box, & I will happily edit it to see...If you want to see the difference between before & after using melatonin, you can also just palpate the lump before using melatonin & after...If you have used melatonin & want to reverse its effects, use fluorine things like Fluorine mouthwash, Moringa Oleifera plant, Parsley, & fluoridated toothpaste & water...I would still like to have more solid thoughts on this subject, but for the time being, thanks for reading...p.s.The Zinc Chloride in Black Salve)bloodroot paste)acts like Fluorine...heroin the drug acts like fluorine...Ecstasy the street drug acts like fluorine...Propofyl anaesthetics act like fluorine too...GHB the date rape drug acts like fluorine...(fluorine is antidoted with melatonin by the way, also with activated charcoal, Indium drops & or the Indium metal worn close up against the skin)...

raw manuscript of blog post for Sunday...2016...January...Toronto...10th day...

Drugs, image:what element to take before (being exposed passive-aggressively)/taking a drug...(Neuro-emotional synchronization therapy)

Filmores "girls" are held under ecstasy & cocaine(sexual slaves)

To keep a "girl" as a sexual slave, typically Filmores club in Toronto uses Ecstasy & Cocaine...In order to prepare yourself for this possibility, before attending the "interview" "audition" where you think you are going to dance naked for the first time(not knowing you are going to have sex with the auditioned too), here is what to take in massive doses PRIOR...

Bunny rabbit on Chart CALCIUM +5 will protect you from AIRBORNE Cocaine(yes they pump it into the air so it goes into your lungs when you inhale)...

Easter Egg on Chart BISMUTH+2 will protect you from Ecstasy (also airborne)...

Where to get Calcium & Bismuth:Calcium is found in MILK...Chasteberry Vitex pills...Bismuth is found in Activated Charcoal...Melatonin Pills...If you have no many for Charcoal or Melatonin, **eat BURNT TOAST...For at least a week before the audition...It MUST BE BURNT...The Ash will protect your brain from the airborne drug ecstasy which is BORON-12 on our chart above...The strongest drug you can take...It causes a woman or man to become a sexual slave...To whoever is present when the drug is given...(Ie: the Auditioner at your dance audition...)**

worms, **the mutability of worms** in space, in your body, **from body part to body part**, along streams up to your brain, to die to sleep, in your toilet in paired couples, or coughing them up from HCL Hydrochloric acid therapy nebulize (I Mist You-product mention that includes a very mild amount of hydrochloric acid, that can be successfully nebulize/inhaled up your nose, in order to dislodge worms in your lungs that have crawled up your as-, from your sheets in bed, to your Colon, up to your Liver, then primary up to your Lungs, which later can travel up to your brain, into the Parietal lobe, which is at the top centre of your head...Exacerbated by the Kefir you have drink(en) for a week, because you were suicidal, & wanted to kill yourself, i.e.: death by yogurt liquid...Phosphorus food...**image**

& melatonin:**You took melatonin because you did not believe me that it was NOT anticancer...Then your tumours got worse...Now do you believe me?**

(music by **Micro Audio waves:Escape to Albania**)embed or link here Youtube app...

To lower testosterone back to normal levels-detox, use Carbons like any oils you like...To lower Sugar, sauerkraut seems to work well(plus I love it)...To lower Androgens use liquid Milk thistle is nice, or Viagra is an out of the box idea, it works like other Oxygens to drain the Liver of Hydrogen(booze), but it does it so fast the impotence thing(from alcoholism)reverses almost instantly(half an hour)...It floats the boat so to speak so has tremendous temporary implications for cancer(for drinkers)...Hawthorn the potassium spice lower basal cell type in the heart...Vanilla Beans lower Aluminum mesenchymal cells in the lungs & lymph nodes...just eat them they taste good...A decent liquid multivitamin drink with Vitamin D added lowers Lead levels in the Thyroid bones like crazy fast...Health food store has them...

Viagra (sildenafil) Oxygen

Easier to understand Grove Brain Part Chart...see how it links to the Body Part Chart!

by Sari - Monday, August 24, 2015

<http://grovecanada.ca/easier-to-understand-grove-brain-part-chart-see-how-it-links-to-the-body-part-chart/>

Grove Brain Part Chart

Grove Body Part Chart

Cool New idea I heard about today at Popeye's BodyBuilding Supplement store at Yonge & Bloor(south of Bloor, eas side several blocks down, you'll see it...)

It is called BioSignature Hormone testing...They squeeze the fat on various parts of your body & tell you based on the ocation of the fat, what your body is storing too much of...Interesting diagnostic...The link below shows charts of where is what & what it means...For DIY selfers...You can also find people who will train you or do it for you...That costs more money though...

<http://bayesianbodybuilding.com/biosignature-reviewed-hormones-key-weight-loss/>

Ecstasy: Is a street drug in a pill form that acts like BORON in the brain & body...

by Sari - Saturday, December 19, 2015

<http://grovecanada.ca/ecstasyis-a-street-drug-in-a-pill-form-that-acts-like-boron-in-the-brain-body/>

BORON is -12 on the grove Body Part Chart...

BORON affects the CORPUS CALLOSUM, this is where Boron is processed in the Brain (see the Brain part chart)...

The Corpus Callosum controls SKENE'S GLAND in the female... (it is called the Prostate gland in men)...

Ecstasy the street drug that comes in a pill is the strongest drug you can take, in the MINUS element category (those that detox the body, those that lower nutrient levels)...

MINUS 12 means it is the strongest Minus element you can take...

Thus it can be quite dangerous...

The OPPOSITE substance to Ecstasy -12, is MOLYBDENUM +1...

Molybdenum +1 is found in Beans...

If you have taken Ecstasy by accident or on purpose & want to get off of it, eat something with lots of beans inside... A good choice is a Black Bean Burrito... You can find excellent Black Bean Burrito's in the freezer section of [Qi Natural Foods](#) (or any Health food store with freezer foods)...

The Cerebral Aqueduct processes Molybdenum in the brain... If your levels become too high, you could get Prostate Cancer or Cancer of Skene's gland... A radical idea would be to take the street drug called Ecstasy (once) to see if it corrects your Molybdenum levels by lowering them... This drug is illegal I think as a street drug, however, possibly, with medical permission, might be accessible... An Alternative option to going illegal (if it is illegal) is to take a BORON supplement... Personally, I prefer legal alternatives because they tend to be safer... Safer means they are in lower doses however, so you would have to take more Boron to get effect... Better safe than sorry however...

Women with a clogged Skene's gland might suffer from Ovarian cancer, Cervical cancer, Fibroids, Vaginal cancer, & other personal genital area Cancers... Boron supplementation is advised for these particular cases in my opinion... Ecstasy might be an answer to those who need something fast, & very strong, because they did not know they were sick & it is almost too late... When trying a street drug for the very first time as a medical intervention, please consult with an experienced expert who can warn you about side effects... All jokes aside, keep a fridge full of Black Bean burritos on hand if you are trying to get rid of cancer using Boron or its street counterpart Ecstasy... The Molybdenum in the Black beans will

bring you back to reality if you overdose...

I am not recommending street drugs for recreational use at all...

However, in the case of Prostate Cancer or Skene's Gland Cancer(Ovarian etc), I think it might be beneficial...

Strip clubs(Adult Entertainment Clubs)tend to dose their women, their clients, & your drinks with Ecstasy...You can also sometimes buy it or get it given to you there...It is highly addictive like Heroin, well in fact it is a heroin copycat in a pill(MDMA they call it technically)...It causes extreme types of behavioural paralysis & addictive behaviours...Sweating profusely...Dry mouth...It can also make a human extremely submissive to sexual subjugation or other subjugation like causing you to drain all your finances & give them away to someone...Sexual slaves(strippers, lap dancers, prostitutes) tend to be kept on the drug Ecstasy to keep them tame & unable to run away...A Molybdenum drug or supplement is advised if you have been subjugated by this drug-at the very least, begin an all bean & pulse(like chick peas) diet to try to counteract & bind the drug from your system...

Grove Brain Part Chart

Grove Body Part Chart

Brain & Body Part Charts together

Put 1/4 cup of Borax into your bath water to safely absorb Boron into your skin...(From the laundry aisle in your grocery or drugstore)...A microscopic pinch in your pet's water too...

You can also get an all Boron supplement pill, crush it, & put it on your pet's dog food...Or cat food...Or human food(lol)...

Epilepsy & other seizure disorders...

by Sari - Monday, February 15, 2016

<http://grovecanada.ca/epilepsy-other-seizure-disorders/>

(Was answering questions in facebook group & decided to repost them here...)

Basic info about Natural ways to treat seizure disorders?

For seizure disorders, there is high dose melatonin (Circadin made in Israel) which replaces that lost nutrient in the Pineal gland...Over time, as it loads, it corrects the deficiency...Interestingly, activated charcoal also works in that same place- which is why a daily black smoothie which would include a generous dose of activated charcoal would significantly ease the seizing over time...As a nutritional bonus to the daily smoothies, (thank you Dan Webb), add several raw eggs(& a banana for taste)...The raw eggs will help repair frayed brain

Pathways from previous seizing...Indium drops (from Germany) also replace lost pineal nutrients & are used in Germany for epilepsy...Salt, a very simple thing(though choose the best one), is a quite basic necessity for those who seize...Add salt to the diet...(The pink Himalayan kind is usually the one)...Restricted diets often cause more seizing, so allow the person to eat freely as they please...Let their body decide what they feel to eat...The stress of diets & restrictions make seizing frequency worse...

More about the biochemistry of epilepsy?

Seizure disorders affect the Pineal gland...Often vaccinations contain substances in the Fluorine family that do prevent some major diseases, but sometimes cause deficits in children who are already predisposed...Fluorine & Bismuth(charcoal) are opposites...Which is why supplementing with charcoal helps these children...It replaces the lost nutrient...It helps with the insomnia, the diarrhea, & especially the seizures long term...Charcoal is a mild medicine however, so it must be taken daily long term...Melatonin & Indium are in the same family but stronger...Layer those in...Salt is a precursor to Fluorine- so by adding salt, it prevents the Fluorine from activating into a seizure...Of course all Fluoridated water & toothpastes must be avoided...Detox type supplements as well...Epilepsy is a syndrome of lack- these are people who need more...Which is why restraining on any food is dangerous...(even so called junk or fast foods- they do better if they gain weight actually- let them eat as they please...)

But how to get my child to drink a Black smoothie?

Oh Lord it is so Goth! Every girl wants a black smoothie! Along with black lipstick & black nails...Of course the whole family will have to all drink one too...Get a decent Blender stick...Get any activated charcoal powder...(It is really all the same, I mean you can get picky over time, but just get Some now)...Banana...Maybe some dates...Orange juice...Start with 1/2 a tablespoon, more if you can sneak it in...Some ice...Throw in a couple of raw eggs...Blend...Now drink this yourself...It will be pretty delicious...If everyone drinks it at the table it will be a family thing...By the way, the everyone does it thing works very well here...Everyone takes melatonin...Everyone takes Indium drops...The reason is that

everyone in your family probably has similar predispositions...So by everyone participating it not only makes it a family effort, it helps biochemically too...It will also help you to know what things feel like to take...

Excerpt of 3 letters about breast implants & nutraceuticals...

by Sari - Thursday, November 05, 2015

<http://grovecanada.ca/excerpt-of-a-letter-about-breast-implants-nutraceuticals/>

<http://breastcancerconqueror.com/are-implants-worth-the-risk/> *An article about breast implants by Dr. Veronique Desaulniers...*

I had written to ask for help...

I explained a story...Told some details...

Got a response with a linked article slamming antioxidants...

Started to answer in my usual fury...

Here is an excerpt of what I wrote...

We were talking about breast implants & how they cause women to get sick, even if they don't rupture...

The subject of antioxidants was peripheral to me, but seemingly a reason to attack...

Excerpt:

"What I am concerned with is not that the implants have ruptured but that the implants themselves are a foreign body that her body has reacted to..."

Also that the implants have blocked the natural flow & detoxification of her system...

In a healthy person, maybe...

But she had worked for 20 years in acrylic nails...

By getting the implants, she created a new foreign body that her already taxed system had to deal with...

The additional load impeded normal detoxification from the chemicals that were most probably already there...

By blocking things, she was unable to cleanse from prior chemical exposure & got sick...

The implants pulled the trigger, but the gun was already loaded by someone else...

In terms of the studies, I find the term antioxidant to be rather generalistic...

If you know any of those studies or the chemistry of things they speak of, it is Vitamin A also very similar to beta carotene which is the recurrent factor...

That is a known, a given...The Vitamin A Beta carotene family is known not to excrete well & has been flagged for a century already by any physician worth their salt...

It is not new information...Most anticancer protocols don't endorse either...(There are the carrot juice

people, but those are mostly people who had surgery & are recovering ...)

N acetyl Cysteine is more for bodybuilders, like Carnitine, or Choline...Also not a commonly used anticancer element...

Vitamin C does increase laxation which would cause allopathic meds to be pooped out undigested...Diarrhea would cause that...But this is also a known...

The doctors didn't offer her surgery on her lung tumours...

They already cut her up for the colon surgery & maimed her enough...

She lost her husband while in hospital for a year & a half...Sepsis isn't sexy...

So they offered her chemo...

But that is such a targeted longshot with severe side effects that would probably lead to her death or further personal ruin-she could not bear it...

There are many forums with women with perfectly unruptured breast implants who are very sick...Who got better when they were removed...

70% of the women in one study had all their symptoms disappear after explantation(removal of breast implants)...

The study with the Vitamin E & the beta Carotene together is flawed...They blame the Vitamin E after the

Beta Carotene was discontinued, but Beta Carotene doesn't excrete...

They have cherry picked these studies for blame...

Vitamin E has far more supportive studies than blame studies...

The conclusion is rather telling...

Looks like it was written by a pharmaceutical company...

That prescription medicines & over the counter medicines are better because...

They don't mention that Iatrogenic effect from prescription & over the counter meds is the current plague today,

nor that most cancers might have been prevented by simply avoiding prescription birth control drugs...

Which is a known...

The thing about nutraceuticals is they don't harm...

First do no harm...

The thing that is violated every day with over diagnosis, excessive surgery, chemo worship, &

my God, breast implants???

God only knows(sorry to invoke God twice but...)why people would ever recommend breast implants...

It has got to be the most disgusting sign of our times...

Beautiful young women having balloons inserted into their bodies...

Such a travesty...

I digress...

My feeling is the implants are what has made her sick...

Without rupture...

She has no other option but to fight with the fire of Mother Nature & God...(I guess 3 times is ok)...

I am a huge fan of natural foods, exercise, sunshine, love, prayer, & very specific supplements that are known to kill cancer cells...

We are not beginners here...

My father was a neuro-ophthalmological surgeon who..."

& then I realized that the person I was writing to, was working for a big

profitable cancer moneymaking machine...

& that my words or my credentials or my father's credentials or my

mother's credentials or my husband's or my brother's or whatever

else I could say...

Was not important really...

The article slamming antioxidants which had been linked to me in the

response I was responding to...Was so written by Big Pharma...

Why waste my breath with the arguing?

let me just carry on...

Surgery causes new activity in the scar area & that activity can travel beyond to other organs...

Commentary:

You work in a nail salon...

BPA is Phosphorus...

Estrogenic...

From acrylic nails...

Your Spleen is all filled up with Phosphorus...

So much your hair goes kinky(Kinky hair syndrome/Menkes syndrome, induced by exposure to acrylic nails, glues etc in nail salon , from nail polish)...

20 years later you get silicone breast implants...

To look prettier because you don't look so healthy after all those years in artificial nails...

The silicone in your body, gunks up your Gallbladder, as silicone will do...

Now your Gallbladder is blocked up too...

You move to a cheaper country, because nail work doesn't pay so well...

Only richer women get their nails done but you cannot afford to live where they live really...

Now that you aren't working anymore really...

But the water in the poorer country has Giardia in it...

A parasite that decides it likes living in your Colon...

After all, it is being fed a steady diet of Phosphorus & Silicone, not to mention all the other regular food that sits there due to the blocks...

You get colon cancer & have surgery & they cut out parts of your colon...

But you are sick inside, so you get sepsis in the hospital, maybe from all that GMO bread you have been eating or the GMO pasta that is so cheap...

The stitches burst one day...From the sepsis...

A mess...

You stay in the hospital for a year & a half...

Your fiancée leaves you for another woman...

You emerge...

A little while later they discover you now have tumours in your lungs...

After the surgery & the sepsis & the stitches bursting, the Giardia has crawled around now up to your lungs & settled in maybe...

You refuse further surgery or chemo...

You go home & start fighting back...

You maybe take every alternative medicine known to womankind...

You hire a naturopath who once cured someone of pancreatic cancer...

A naturopath who was once a regular doctor, who decided naturopathy was a better way...A better way...

Who cured one person of pancreatic cancer when nobody else had...

You have your breast implants removed...

You live...

You live to tell the story...

You thrive...

You win...

Another email I started to write:

"Beta Carotene & Vitamin A are not usually on any anticancer protocol that is sound...

Any physician worth their salt knew 50 years ago that they don't excrete...

Vitamin E on the other hand gets a bad rap from that flawed study where they gave Beta carotene & Vitamin E...

Since the Beta carotene doesn't excrete, those patients would still have that in their system, even as they discontinued it & continued with the Vitamin E...

The 2012 review was just reviewing the same flawed studies...You get one flawed study & everybody just repeats, copy & paste...

It becomes a little meaningless...

N Acetyl cysteine is for bodybuilders, like Carnitine & Choline...

It is another thing not common to a sound anticancer protocol...

The catchphrase antioxidants is a little meaningless when it supposedly encompasses so many items...

Vitamin C of course causes diarrhea in high doses which would cause any allopathic medicine to excrete unabsorbed...

But people doing anticancer protocols know these things...

The conclusion that prescription medications & over the counter medications are safer, is naive in ignoring the massive harm of Iatrogenic effect...

Without birth control drugs, millions of women might still be alive today...

Without aspirin being deregulated, millions of men might not have Alzheimer's disease...

Chemo & its cachexia kill cancer patients faster than cancer can...

70% of people with cancer actually just die of chemo cachexia...

Not to mention the cure rate for chemo is a little sparse...

Her chances are good considering her Naturopath was a physician who left, to embrace Naturopathy & who once cured someone of pancreatic cancer...

This is where he learned of these injections I mentioned...

My question was about explantation specifically...

That she got colon cancer & now lung tumours from the breast implants is a strong possibility...

Though the chain of events is more complex than an email can honour...

I was wondering if she can survive if the implants stay in...

Or will removing them kill her faster..."

But I didn't send this one either...My tone was too hostile...

This is the email I actually sent...(number 3 try)

"Will she die if she does not remove the implants or will she die if she does remove the implants?"

That is my question...

Sari"

Excruciating Shingles...(related to Epstein-Barr, chicken pox, Herpes)

by Sari - Tuesday, April 21, 2015

<http://grovecanada.ca/after-much-pain-we-have-decided-on-the-best-treatment-for-excruciating-shingles/>

Arsenicum Album 200 potency 5 pills 3 times a day...why? Because shingles is excess hydrogen in the liver & oxygen things like arsenic clean that up...

(Note:If you can't or won't go to a doctor, we found that Calamine lotion is actually very soothing-use tons of it all over...It's a quinine type Selenium thing on the Grove Body Part Chart)A Lidocaine based topical ointment...why? Because Lidocaine is a fluorine based anaesthetic that numbs the pain & cleans up any excess Bismuth in the Colon...(has to be a prescription from a doctor)

More on shingles:Shingles is related to Epstein Barr virus, which we know is Hydrogen excess in the Liver...This means to attack shingles we need to clean out the Liver...A great way of Oxygenating a wet liver is with Apricot Kernels-take a handful, chew them then swallow with some juice...This helps with the bitter taste...You can chew up to 30 a day...

Other ways to bring Oxygen to a Shingles herpes infested Liver:Milk Thistle, Dandelion, Goji berries, Iris Powder or Iris tincture...(Also Butcher's Broom herb is an Oxygen, & Grape seed extract)...

High doses of Vitamin C help with Shingles alot...(Zinc family on the Grove Body Part Chart)

Plenty of sunshine...

Eucalyptus in any format is a strong antiviral Oxygen...A diffuser is a neat way of breathing it in...

Arnica album 1M Boiron homeopathic heals cuts in mouth from excess flossing

How to test for shingles...Eat some M & Ms...If you get a rash...yes

Background Story:

"Hello...This is my first time posting so bear with me..."

Recently my mother had severe, I mean excruciating pain on her right side-top of right thigh & backside slightly to right near tailbone...

After one week of doctor visits , emergency room visits, colonoscopy oral purges & backdoor purges, a misdiagnosis of a Kidney stone, a Cystoscopy by a specialist, massive amounts of various painkillers including morphine which was not labelled as such so when she passed out my brother called the paramedics with an ambulance but ended up giving her IV painkiller antidote to revive her...

At the emerg. they thought she might have muscular pain after somehow seeing blood in her urine(not sure if this was fictional or not or just the wrong urine sample they were so busy-5 hour wait each time)...

Anyways...Long story short, her friend an aesthetician came over on the Saturday night & my Mum shows her a small rash on her tailbone & asks her what she thinks it might be...Her friend diagnosed shingles on the spot...

Of course with shingles if you wait too long the drugs they have available don't work very well...

Once we knew what the incredible pain was, I started investigating what organ might be the source problem...

Turns out Shingles is in the same family as Chicken Pox & Epstein-Barr virus...

Having had some experience with Epstein-Barr(our dogwalker had it), I knew we were looking at the Liver...

We have a good Health food store nearby which carries Homeopathic pills...

I got a small tube of Arsenicum Album 200C...You take 5 pills 3 times per day...Cost \$6.79 ...

Arsenic is an Oxygen type thing which cleans out a wet Liver...

I had gotten my Mum Apricot Kernels to take, which follow the same principle as the Arsenic, but she didn't like the bitter taste, & since she was not familiar wit Apricot Kernels as a curative medicine, I couldn't get her to eat more than the few she tried initially...

But the Arsenicum Album was relatively tasteless & the tiny white pill form was acceptable...

It started to relieve her pain...

I could not get her to take more than the recommended dosage, because she was afraid of the word Arsenic...

But it did help her to turn the corner away from the pain...

Our neighbour gave her a joint to smoke(just 2-3 puffs over 2-3 nights) which helped her to finally get some sleep, which was greatly needed...

The final turning point towards betterment was the giant birthday party she had organized which involved many many friends & a trip to somewhere with very fresh air(Oxygen)...

Anyways...I am trying to reply to the question of undiagnosed pain that LeAnn had asked...

It seems that the Liver can create that kind of sensation...

So if by process of elimination all other pain causes have been ruled out, maybe consider the Liver...

I found that anything in the Liver cleanse category seemed to help...

The standards are Milk Thistle, Dandelion greens, Goji berries, Arsenicum Album, Apricot Kernels...That I know...(I like apricot kernels because I was told to always choose a food source if there is an option, over a supplement or pill)...

We also found warm & dry weather helped, & cold & wet weather, made the pain worse...

I do hope this is helpful...It was a very difficult time & diagnosis was tricky...

Shingles is something to be aware of if you are immune compromised or are going through stress that puts you into that category of compromise...(lack of sleep, worry, unhappiness, familial problems etc.)

But even if it is not actually Shingles, that kind of pain can emanate from the Liver...

One way I found to check for Shingles is to force the rash to appear by eating something sugary like a bunch of M & M's...

Even though Shingles is in the Liver, the excess sugar will force the Pancreas to present a rash...The rash is the Liver clogging up to the Pancreas...

So if you can induce the signature rash(looks like poison ivy rash), then you possibly have a Liver blockage problem...

That's my own theory...Most of this post...So I don't think you will be able to Google what I have said to confirm...(well, you may get my own website)..." written by Sari Grove

Herpes, shingles, chicken pox, epstein-barr-all related, all live in the liver...Anything in the Liver cleansing family helps tremendously for these conditions...Milk thistle, dandelion greens, goji berries, apricot kernels, there is an all in one called hepa Plus from Usana that is very good, Arsenicum Album Boiron homeopathic pills excellent...A tiny puff of marijuana will help her to sleep & to get her mind off things...

Eyes...

by Sari - Saturday, July 18, 2015

<http://grovecanada.ca/eyes/>

Retinitis Pigmentosa=is a degen'rative disease=caused by excess Boron Bo=& lack of Mo Molybdenium, cure idea=increase Mo Molybdenium, reduce Bo Boron bleach use topical...

Glaucoma smoke gets in your eye is caused by, excess Bismuth, lack of Fluorine, recommend topical washing with lightly fluoridated water-toothpaste has fluoride in it too...(philosophy:it takes a one armed man to kill another one armed man)...

More about glaucoma:

Glaucoma is a pressure build-up in the optic nerve...So it is a problem of excess not lack...So anything in the detox family(as opposed to repair, heal, rebuilders) will help relieve the pressure...The bloodroot capsules are made up of all detox ingredients...The manganese of the blood root will clean the Thymus(blood)...The chaparral will clean the Pancreas...The galangal will clean the Thyroid...The graviola will clean the heart...It is a very good start...Specifically also, glaucoma is exacerbated by Bismuth, like what I mean is if you are exposed to coal burning, wood fires, if you smoke anything with paper(as opposed to ecigarettes which don't burn paper so you don't inhale ash), a fireplace, or any other daily exposure to smoke like cooking will bother make glaucoma worse...Interestingly, things with fluorine clean out Bismuth-they are opposites...So in fact your fluoridated toothpaste is fine to use, & foods such as parsley which are high in natural fluorine are good too...Taking a vacation near to water is useful too as fluorine occurs naturally in large bodies of water & will be cleansing...(yes, I know everybody thinks fluorine is a bad thing, but in the good old days it was truly a new & good hygienic idea for many cultures)...

Cataracts foggy eyes cataract Niagara Falls, excess Hydrogen lack of Oxygen, drowning necrosis...needs Apricot kernels Oxygen, arsenicum album 200c homeopathic Boiron, Qi Natural Foods Allen road...(if the buildup in the Pancreas of S Sulphur sugar is so extreme it can cause a clog then you get cloggy eyes due to the fact that now also water ice Hydrogen is stuck too, or maybe frozen, (magnetic attraction to the sugar molecules)?The heat person's eyes or whole body slowly-maybe chest X-ray?

Generally eye problems stem in the Occipital lobe via food entering mouth like sulphur S sugars & clogging up back of head when you sleep...(people who lie on back of head when they sleep...)so too much S Sulphur sugar, not enough Se selenium...Can be caused by homeopathic medicine which is give the person some of the CAUSE to help them figure out what is wrong with them themselves ie Physican heal thyself quote...citation...

eyes are the window to the soul, Daddy...

left eye female dominance, right eye male dominance...

right back of head is female occipital lobe side...

left side back of head is male occipital lobe side...

F-11

by Sari - Tuesday, June 09, 2015

<http://grovecanada.ca/?p=1312>

Pufferfish

Facebook conversation about the 36 lbs. I lost recently on the raw plant based diet...

by Sari - Sunday, December 14, 2014

<http://grovecanada.ca/facebook-conversation-about-the-36-lbs-i-lost-recently-on-the-raw-plant-based-diet/>

So...

If you ever wondered why women are spending so much time on Facebook, & what all they are talking about, here is an excerpt of something I wrote when asked about the 36 lbs. of weight that seemed to have just fallen off my body when I began the raw plant based diet thing...

I should note, I WAS NOT TRYING TO LOSE WEIGHT...

It was just a side effect, an accident...

I did not restrict calories AT ALL...

So anyways...People want to know WHAT exactly I ate...Here that is...

"Giant bowl...

Shredded cabbage, shredded broccoli, shredded carrots, avocados, green apples, trail mix nuts with dried cranberries, sesame seeds, cherry tomatoes, really everything on the planet in the salad vegetable section, sprouts like those little sprouted mung beans I think they call them come in a package already sprouted for you , beans...

For salad dressing-olive canola oil a lot with some apple cider vinegar & horseradish mustard...

During the day, handfuls of nuts & raisins for snacks...

Absolutely no quantity restrictions, just no meat, no breads, no sugars, no dairy...

But I did it for health not weight loss-but the weight just fell off like wow fast...The raw stuff gives tons of energy, cooked vegetables not enough...

After 6 months, I stopped though...

I started grinding my teeth at night-apparently lack of B12 can do that...So your husband is right...It can be dangerous...

Didn't quit coffee or tea-THAT would be crazy!(smile)"

Herbs, stale & antibiotics...

When you eat the herbal form of a medicine, like you take a pinch of Madagascar Periwinkle, the herb, it's like bits of dark grass pieces, you chew it a bit then swallow with some liquid-when you eat the herb straight like this, it travels all through your body gathering gunk it doesn't like, spreading its joy & beauty around, having an altogether good time & you get so healthy with the Iodine rush...

When you take a Vinpocetine PILL, which is the medicine derived from the herb Madagascar periwinkle, the Iodine thing, it travels PLOP down into your belly & sits there carving a hole there with its intensity & the pill maybe contains the BOTTOM parts of the herb like the stems & such which have a tendency to hit your ovaries very directly instead of gently like the herb format, so your ovaries get hit hard & you can feel that...

Now when you take TAMOXIFEN, which is the highest drug form of Madagascar Periwinkle, the prescription form of the Vinpocetine which you get over the counter, the tamoxifen hits your UTERUS like full force & can cause UTERINE lesions cause the Iodine is just so strong there...

Now women are taking Tamoxifen because they are in a CRISIS & need something in a big whole rush...So it is helping very much...Women are getting uterine lesions though cause it is a drug & it is an Iodine drug & that is so strong on your body...

Now if you go the herb route, you have to do this every day, like for a very long time...You have to buy the herb, & you have to chew it & swallow it & chewing is work & so is swallowing...Or you could boil it & make a tea & drink that...But boiling is work & waiting for it to boil is work & drinking it doesn't taste great plus drinking is work plus the waiting time of letting it cool off...

So this is why women(& men) opt for drugs...Because it's FASTER...

This is also why I am a supporter of the SLOW FOOD MOVEMENT...

I happen to be the slowest eater on the planet, so when the Slow Food movement began in Italy was an early adopter...(I was at VINITALY in Verona like in the early 1990s one summer with my mother for her wine agency business...She was scouting for new wine suppliers & I was dicking(cannot think of a better word forgive me) around wondering how she worked so hard cause I was exhausted...)

About staleness...In Canada things sit o the shelf for a long time...Drugs...Shipping times are extraordinary because it's cold & things are far...So drugs are often stale...(Probably good/safer when it comes to Tamoxifen though)...

So you could take a full round of antibiotics in Canada & still be chronically sick with a lung infection...

Stick some Cayenne pepper into your tea by the way, it works like antibiotics...

Do It! Poulson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Antibiotics are basically garlic...Garlic gets stale fast...In fact you can eat raw garlic instead of antibiotics & you will get almost exactly the same results sometimes better with the garlic...Eat it with plain yogurt if you do cause wow it is hard to eat alone...

On our chart, garlic, antibiotics, Insulin, Cayenne pepper are ALL in the same SELENIUM family...

Se Selenium is in the Pancreas, a Minus element...(It's opposite is SULPHUR think Sugar)...

Faith...God...The Narrow path...Cancer choices...

by Sari - Thursday, October 29, 2015

<http://grovecanada.ca/faith-god-the-narrow-path-cancer-choices/>

At the very beginning, when I knew nothing, except for I didn't want surgery, or anything else, I was pretty alone in this opinion...

God consistently reassured me not to have surgery...This kept me strong all along the narrow path...

After an ultrasound appointment, I was stressed & discouraged, & happened to walk by a sign that said Lymphatic detox massage...I thought a massage would feel nice, since diagnostic or doctors appointments always get me down...

I realized later that massage is just a version of 'laying on of hands'...There is a transmission of energy from the masseuse to your body, an exchange that occurs...

Later, I indulged in a foot massage with hot stones on my calves, which got blood flowing & my foot size shrank a size from the new lack of bloat & swelling...

I got a facial massage which extended to my arms, upper neck, lymphs...

I had lost 50 lbs from the raw plant based diet & the Iodines & everything else, but I was still carrying excess skin etc....

Each time someone touched me I was aware of the exchange of energy between us...

Laying on of hands in a church is very similar in principle...

I used to chew Frankincense Tears, for the medicine, then spit out the gum-like they do in Oman where there is no cancer...

I was reinforced to use this because of the 3 wise men's gifts...

I also took Opoponax essential oil orally(a Myrrh species), which lowers blood sugar in the Pancreas...

I became a Christian at the age of 21, while attending McGill University in Montreal, Quebec...

I was brought up Jewish...

While I don't talk too much about that, unless asked, I will say that it is the best thing that I decided to do in my whole life...

For those who are wondering-adding Christianity to Judaism is like putting icing on a cake...You don't

Do It! Fearless Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

have to delete or ignore or erase your past at all...You are just adding another level to your education...It is an enhancement...

Like an update to the Old Testament...

For instance in the Old Testament they talk about an eye for an eye...

In the New Testament, Jesus says, hey maybe we can do this better...He advises if someone wrongs you, to now just turn the other cheek & be the better person...Take the high road...It is an upgrade from an eye for an eye...

There is also a closer up focus on the whole issue of sex...This for me was pretty important...Casual sex & divorce really scared me...Mostly because I am a wildly sensitive creature & easily hurt...

The New Testament got more into the casual sex issue for me...I felt a little more protected...

Um...Ok...This post was not supposed to be about the Bible...

Anyways...

If you have Cancer, I recommend seeing God as your first Doctor...

Sari Grove

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca>

Fashion, Cancer, Cysts, IBS-diarrhea, Dizzy with dark circles, Not Celiac, & weight loss...(chatting with the ladies today)!

by Sari - Tuesday, March 31, 2015

<http://grovecanada.ca/fashion-cancer-cysts-ibs-diarrhea-dizzy-with-dark-circles-not-celiac-weight-loss-chatting-with-the-ladies-today/>

<http://www.designsbynaomi.net/> Designs by Naomi has been having a Clearance sale because they are moving from their Cumberland street location...I mention this because I bought the most AWESOME outfit to wear for my Mum's birthday extravaganza in May...(I was shuddering in worry over what I possibly could wear that might delight my Mum...)

Suffice it to say I got, like, stretchy comfy black pants with the words "Peace, Love" tangled down only one shin & smatterings of red heart shapes, with sort of knee cap faux leather cuffs as a detail, with a matching stretchy black top with more peace love & a giant glorious heart at the back of it...So I am going to be comfy, but look skinny & sexy, but also cool & hippie beatnik sort of, with excellent messages of love & peace & hearts to make everyone feel happy...All at a clearance price! (Basically pyjamas in terms of comfort but splashy enough to look dressy & chic...)Plus I was given a "loot" bag, which had an excellent over the bikini summer dress & another excellent pareo wrap skirt also for over a bikini!

While I was at Naomi, just standing there deciding if I was ready to buy or not(clearance sales are usually final sale so there's no taking it back later), 3 lovely ladies(customers) were eating free chocolate covered ice cream stick thingies, giant ones, which were part of the promotion...They offered me one & I declined...

But why they asked? Oh, mumble mumble, words like detox diet came out of my mouth...

But you are too skinny! Have one!

No, I just lost 36 lbs...(actually it is now officially 40 lbs since I hit 156 lbs)...

So...[Now the ladies wanted to know how I did that...](#)(check the link for a post about that)-long story short it was the raw plant based diet combined with the far walking...

Then they wanted to know more...[About getting rid of Cancer & all that...](#)(another post amongst many here)-I took a whole bunch of different herbs & stuff, which I mention all along the way [in my books](#) & blog posts here...

How did I do the [DIY Thermogram thing?](#)Here's a link to that video...

Then we spoke about particulars...

[How do you change a malignant lump into a benign lump?](#)That I figured out in Book 3 of my

journey...-long story short is you attack the Phosphorus with some sort of Copper...I used Licorice root for my Copper...

What if a lump in your breast was atypical? Well, what I mean to say is, NOT Cancer as one typically expects a Cancerous lump to be made of (because everyone seems to assume cancer when they find a lump but many cysts & lumps & bumps are just totally NOT cancer at all...)

Well...You have to figure out what that lump might be made of considering your own personal biology...

For example...

Case in point:Say for example a woman has a fatty liver...She knows this for sure...Well, that means that the lump will have excess Hydrogen...Why? because look at our Chart...

Hydrogen is the Plus element in the Liver...That is the thing in excess...(so you need something Oxygen to fix that imbalance...)

Say the very same lady has also high blood pressure...That is in the heart...Looking at the heart on our chart, that means the Plus element, Aurum(Gold) is in excess...So we need to lower the blood pressure by adding its opposite, Potassium, on the chart...

So we are now further along at discerning what treatments might be appropriate to attack whatever the cyst is made of...

The cyst will probably contain what is in excess in that woman's body...

The two things we are going to assume is that there is Hydrogen & Aurum in the cyst...

So our herbal or whatever we choose, treatment, should include Oxygen things & Potassium things...

It is entirely possible that we could get rid of the cyst with just those two things...It happens...

For Oxygen things we have many choices:Dandelion greens, Milk thistle, Apricot kernels(b17-yes Cyanide is an Oxygen), even the Arsenic in Perrier water is an Oxygen too, Goji berries are very high in Oxygen, fresh mountain air, compressed Oxygen of course, Butcher's Broom, Iris powder, berries in general...

For Potassium:Number one is the spice called Hawthorn...First line thing for lowering blood pressure...Stevia, the sweetener happens to have a lot of Potassium too...Bananas are famous...Coconut water also...

One big thing that comes to mind right now for me is this: **NOT EVERYTHING THAT IS A LUMP IN YOUR BREAST IS CANCER**...This may seem obvious, but when you have been looking at just one tree for a long time it can be hard to remember you are in a forest...

[Here's a link to Book 1 of our series](#)(Grove Health Science series), that begins the journey in explaining

our chart...If you want to know more...

Then I spoke a little to the lady who was so helpful, working at the store...We spoke about how to deal with someone **who had constant diarrhea...**

First thing to do is add a **little activated charcoal** to your morning ritual...It's **Bismuth** on our chart...You'll notice *its opposite to Fluorine...*

Fluorine causes diarrhea in excess, so get water that is **non-fluoridated**, drink beer from countries where they don't fluoridate(**Stella Artois** is a good choice), & switch to **non-fluoridated toothpaste...**

People with **diarrhea also tend to have insomnia...**Another element in the Bismuth family, but much stronger(it is in *the Indium family* actually which is related to Bismuth just more intense) is **Melatonin...**Every night, the person with diarrhea should take at least one(sometimes you need 2 or 3)Melatonin pills...They not only help you to sleep but they provide missing nutrients to **your Pineal gland...In the brain...**

Finally...Someone who has had constant diarrhea problems for a few years needs to **REPLENISH** with nutrients...Food is the best way...But sometimes you need help...**Popeye's Bodybuilding supplement store (at Bloor & Yonge)** has a good selection of powders that are just chock full of nutrients...*Skip the ones with chromium picolinate or caffeine...*Just get one with tons of nutrition...Drink a daily smoothie of that powder to replenish what you have poohed out...

Ah another question came up...**What if you feel dizzy & have dark circles under your eyes?**

Easy answer here...*Floradix makes an excellent iron supplement* that sells at **Whole Foods in Hazelton Lanes** or also at **Noah's Natural Foods**(Spadina & Bloor or Yonge & Bloor)...*It has Iron & some Vitamin C which helps absorption...*A warning was given to **STOP** taking the supplement once you feel better & the dark circles disappear...Why? Because parasites **LOVE** iron...You take too much Iron & it's like an invitation to parasites to come in & invade your body...**So STOP the Iron after a little while...**Really...(Don't ask me how I know this...You don't want parasites is all I can say about that...Phew!)

Last but not least was a worry question about sugar in white wine...Yes but are your gums receding? No...Does it hurt when you brush your teeth in the morning? No...Do you have any other health problems? No...Then don't worry about the white wine...A little sugar in the wine is obviously not affecting you(no thrush in the mouth or any signs of Candida), so go ahead & drink...Wine is pretty good for you & I hate to tell people to stop drinking it unless they really have an addiction problem or are borderline diabetic or have Cancer or something else that requires a stricter restraint on sugars...

Oh yeah...A short mention that **Valerian root is excellent for treating panic attacks & anxiety...**It's in the Phosphorus family like yogurts & kefir & cheeses which are not good for an anticancer diet, but are good if there is nothing else going on healthwise to worry about...(Oh...If you are lactose intolerant, you may not be able to self-medicate with the yogurt, Kefir, cheese family of foods...

On the other hand, maybe that is how the anxiety began-because you haven't been ingesting Calcium or

Phosphorus, it caused the lack that is causing the panic...

If that is the case, maybe you need to **RE-EXAMINE** the whole concept of lactose intolerance...Many people decide they are lactose intolerant because it makes them farty or bloated or whatever...truth is, is that Milk products make everyone a bit farty & bloated or whatever & that is just normal...Babies who fart after drinking milk are **NORMAL** babies...That does **NOT** mean they are lactose intolerant...All these big words & terminologies only serve to stigmatize us...

It's like Celiac...**EVERYONE** who eats **GMO** grains gets constipated, feels heart attack feelings pressures & so on...That doesn't mean you have Celiac disease...It means your bread is crappy...(excuse my french)...Go to an Asian restaurant like **Aji Sai Plus**(all you can eat sushi & dim sum type of thing) & eat their food...You will notice the rice flour on the dumplings does not give you a stomachache like the Subway sandwich bread that did...This tells you that you **CAN** digest glutes, just glutes that are not **GMO**...So that means you are **NOT** celiac...It means there is *something wrong in your environment, not inside yourself*...

By the way-a **teaspoon of baking soda in some water clears out a GMO block**...Carbons clean out Nitrogens which is what **GMO** blocks tend to be...In the Kidneys...

Fearing toothpaste? Fluorine is actually anticancer...

by Sari - Wednesday, November 11, 2015

<http://grovecanada.ca/fearing-toothpaste-fluorine-is-actually-anticancer/>

I am not sure that people are aware that fluorine (the element that makes fluorine) is a key component of a drug that targets colon cancer...(Fluorouracil is also used for a variety of other cancers, including breast cancer...)

It is used in chemo for colon cancer...It was also first introduced because fluorine kills certain bacteria that are harmful...

I am aware of the dangers of fluorine, but I am not sure that people are remembering its benefits...Nor that it is actually useful in an Arsenal against cancer...

Aluminum, like what is found in antiperspirants, may be harmful to people with Cancer, but it certainly does not cause memory loss like this quote implies...(I am not republishing the quote, so you don't get the wrong message)...

The memory loss & the Aluminum in the brains of Alzheimer's patients is far more likely to be caused by the drugs they take for the buildup- asthma drugs, marijuana, aspirin, sleeping pills...

The pre-existing condition may have been Aluminum, but memory loss is caused by the treatment of that...

Either way, the benefits of fluoride to someone with cancer should not be overlooked...

CBD oil is far more dangerous if people fear memory loss, than toothpaste...(my apologies to those for whom this is all new information- please don't shoot the messenger...)

Feline Distemper, Canine Distemper(in racoons), Measles, & Paget's disease of the bone...

by Sari - Saturday, September 05, 2015

<http://grovecanada.ca/feline-distemper-canine-distemperin-racoons-measles-pagets-disease-of-the-bone/>

<http://blog.vitamindcouncil.org/2011/10/25/successful-treatment-for-feline-distemper/#> This is an interesting article about giving Vitamin D to cats in order to successfully treat Feline Distemper...

One might theorize that if Vitamin D is successful in treating feline distemper that it could also be useful in canine distemper...

Raccoons in Toronto have been experiencing Canine distemper...

We could theoretically put out high dose Vitamin D chews for them to eat liberally to help them fight off this disease that resembles measles...

Paget's disease of the bone is similar to measles & canine distemper virus...On our Grove Body Part Chart, Vitamin D falls into the Zinc family, Lead excess would be the disease, the body part affected is the Thyroid which makes Bone, & the brain part is the Frontal lobe...

Feline Distemper

canine distemper

Measles is associated with Canine Distemper...As is Paget's disease of the Bone...

So Vitamin D in high doses should work for either...Or all...

<https://youtu.be/RVxzkhBn1Xc>

[YouTube Video](#)

*vitamin d also treats staphylococcus aureus, which is also a Lead excess on our chart...

Note:Feline Greenies Pill Pockets are available at many pet food stores in Toronto...If you find a raccoon who is walking too slowly, is too docile, doesn't hide when you approach, you could get some Feline Greenies pill pockets & insert a high dose Vitamin D 3 capsule inside to help medicate the

raccoon...Canine distemper in a raccoon is not contagious to humans, but it is to dogs...Keep pets away...

Fibroid...

by Sari - Tuesday, January 12, 2016

<http://grovecanada.ca/fibroid/>

Awei Gao 19-Dec-2105

Ingredients for Fibroid:From your doctor...**Qianghuo, Duhuo, Yuanshen, Rougui, Chishao, Shengdihuang, Liangtoujian, Dahuang, Baizhi, Tianma, Honghua, Mubiezi, Mangxiao, Awei, Ruxiang, Moyao, castor oil, bee wax, cream maker, potassium sorbate...**

Canadian Gynecology Institute of Chinese Medicine

416-644-1937

www.cgicm.ca

For fibroid & breast mass

External use only

Apply on local area with massage (i.e.:tummy if Fibroid in Uterus)

Keep in refrigerator.

Expiry date 18-Jun-2016

Fibromyalgia...

by Sari - Thursday, July 30, 2015

<http://grovecanada.ca/fibromyalgia/>

So Fibromyalgia basically means there has been some degradation "myalgia" in the fibers "fibro"...

Sometimes this is due to being overweight, & the weight causes strain on the joints in the body, & this can be remedied by losing weight, & reducing the direct pressure on those joints...

But othertimes, it is a whole 'nother thing...It is caused by exercising too much, stress, not eating enough, or not eating enough of the "right" foods...In this case, you have to slow down, de-stress, lessen your work load, & try to eat things that will help rebuild those damaged joints, tendons, cartilage, fibers...

So it is important to try to distinguish which type of arthritic pain you are having...

Are you an overexerciser , vegan, who is high stress?

Are you heavy, & there is a physical strain on your knees & back or other joints just due to the excess weight?

You can also induce fibromyalgia which used to be called some form of arthritis, by taking too much magnesium...One of the first signs of magnesium overdose is jaw pain, but it can also affect other joints in the body...Magnesium makes you pooh, which can be addictive, & later you end up poohing out too many nutrients & degrading your joints...

So the overexerciser vegan type is going to have LOW bilirubin levels which means that in your Gallbladder your Mercury levels are low...yes I said mercury...

Mercury helps to build cartilage, repairs damage, heals tendons & joints, & feeds the joints...

Magnesium, its opposite, cleans, detoxes, & helps with excretion...

They live together in balance as opposites in the Gallbladder...

So if your joints need to be fed, repaired or healed up, you need to raise your bilirubin levels by adding good Mercury to your diet...

Mercury is found in pork, salt, rudhraksha beads, but also in shrimp, & even if you live near sewage treatment plants(which may sound awful), the air & water near to sewage treatment plants is usually very high in Mercury-which is not altogether bad if you suffer from Fibromyalgia...

For example if you take a walk in Bluffer's Park in Toronto, you will notice that your joints feel pretty pliable & well...The area seems to be much higher in Mercury-maybe all the boats & the water treatment

plant nearby...Poop, yes, fecal coliform units, is actually useful for people who have joint problems...

You can also take supplements- the top two are glucosamine, & MSM chondroitin-take both for at least several months...

Salty foods will also help...The skinny over exerciser who may not eat much meat, needs the extra salt...

If you are stuck in overweight land & that is why your joints are hurting, you need to take that burden off...The very first thing to do is get more Iodine in your diet if you have weight that won't come off...This is not for the skinny people...This is for people with joint pain caused by weight problems...Get onto Amazon & order Iodoral pills & take 12.5 mg a day...You will be amazed at how weight that you thought was just stuck there will come off now...

Add Iodine things to your food life too...learn to eat sushi, sashimi, & seaweed salad...Learn how to cook with sea vegetables like Arame...Dried kelp can be rehydrated & mixed with sesame oil & vinegar for an iodine rich salad...

While adding Iodine things, drop Calcium & Phosphorus things like Milk & Yogurt & cheeses...

Calcium & Phosphorus will make that weight stay...

Notice on the chart below that calcium & Iodine are opposites...

Copper & Phosphorus are also opposites so feel free to add coppers like lots of real strong green tea, licorice root tea, & even regular coffee & tea contain Copper...

But the most important first step in dealing with Fibromyalgia is determining which type you have...

The too much exercise not enough food type, or the I'm really really heavy & my joints ache type...These are opposite types really, so make sure you know why you have pain & then go from there...

I will update this post as I learn more about Fibromyalgia...

Sari Grove

Notice mercury lives in the Gallbladder

Figuring out what exactly is in the novel chemo drug Ibrutinib & how to DIY alternatively & what does it address exactly?

by Sari - Tuesday, March 10, 2015

<http://grovecanada.ca/figuring-out-what-exactly-is-in-the-novel-chemo-drug-ibrutinib-how-to-diy-alternatively-what-does-it-address-exactly/>

Someone mentioned a chemo drug Ibrutinib so I thought I'd investigate what it does exactly...

I like to see what is in "real" chemo then figure out what element that corresponds to on my Grove Body Part Chart, so I can mimic the process just with something I can do & buy myself...

So I see it is a unique chemo drug that selectively acts on the B class...

Immediately I think of B12, which I know is also Cobalt, or Copal Amber beads, or Taurine & I call it AURUM(the word from the Periodic table)...

Aurum is in the Heart, helps to make seals & valves, & its opposite is POTASSIUM...

I check which "THING" this chemo drug is supposed to attack...

Then I check disorders of that thing-this might hold a confirmation clues...Yes...When the thing that this chemo drug is attacking is in lack, it causes something called "X-linked agammaglobulinemia"...

Ok that means I am in the right body part...The heart...

X linked means it comes from your mother...

GammaGlobulin refers to your Aurum or B12 or Cobalt levels, pick your word...

-INEMIA, the ending of the word means that the B12 is MISSING...

So your Mom didn't eat enough B12 & you were born deficient in B12...

The chemo drug Ibrutinib attacks Cancer in the heart by LOWERING B12 (AURUM) which is in excess...Those people whose Mom maybe ONLY ate red meat...Or they themselves did...

I know Potassium antagonizes Aurum excess...

So I think Ibrutinib is a Potassium drug...

I am getting new business cards made...I use Vistaprint to design my cards online & they ship them to me...This is how I introduce people to [my free books online...](#)

On this card in the picture I have decided to try numbering the elements...I started with Zinc number one, then Lead number 2 & so on...

This allows for 24 chromosomes...I know the human body supposedly has only 23 chromosomes...But I'm a baker's dozen kind of girl so let's add one for fun...

Plus 24 looks better on a binary chart...

Notice Minus elements are Odd numbers...Plus elements are EVEN numbers?

That is neat...Works for my art brain buds...(brain buds are my new term for neurons)...

The picture shows my "GRAB" from my Createspace cover design edit page...I couldn't copy & paste my own words so I had to use the Grab program to get my text back...

I decided the text was off topic a bit for the back of a book cover, so I wanted to delete it...But I wanted to save the text before doing so...

The text is a bit of free form thinking about the chemistry of coffee with sugar in it...or coffee with milk in it...Sugar is Sulphur on our chart by the way...

The second idea is about the beginning of time...An ongoing project of mine...Trying to figure out which elements came first in the world in the beginning of time if the human body & my chart are a microcosm of the progression of things...

Anyways...

Short answer...Hawthorn is a spice that is a Potassium spice...Eat it straight for Potassium...There...You have an alternative to Ibrutinib(I think)...I bet Ibrutinib is made of Hawthorn but really concentrated...Did you know they kill people in jail by injecting them with Potassium? It's a pretty dangerous substance...Hawthorn lowers blood pressure...

It also lowers B12 cobalt Aurum taurine & could cause HCM Hypertrophiccardiomyopathy which means large weak distended heart lowest blood pressure could die of the weakness of it...Which is why raw plant based diet people need sublingual B12 or some real protein once in a while...You will know you are B12 low if you start grinding your teeth...A sign of tooth grinding is sort of receding gums & stains from your tea where the gums receded...

(stupid thing I do:I have a tiny piece of sandpaper attached to a squishy thingy & I can "sand" lightly if I have tea stains on my teeth near to the gum line-saves me trips to the dentist for cleanings though quitting caffeine products works faster BUT I WAS SO TIRED without my tea & coffee...White teeth or energy for long walk? Hmmm?)

Oh...Stevia...The artificial sweetener...Loads of Potassium...Use it in your tea or coffee...Done...

Files...

by Sari - Tuesday, March 08, 2016

http://grovecanada.ca/?page_id=2781

Files...Downloadable...PDF...New research

by Sari - Tuesday, March 08, 2016

<http://grovecanada.ca/files/>

[savethecats](#)This file "savethecats" is a PDF file that can be downloaded to the computer...It opens usually on a Macintosh computer...I am on snow leopard 10.6.8 iMac desktop...But using Firefox to publish this Page...This is a post from the DIY Cancer repair Manual Facebook group...I have been told it is "utterly incomprehensible" ...LOL...I will do my best to ameliorate that! Sorry in advance! Research & thinking can be hard to translate into words! I will maybe use pictures when I update this file to be better understood...(Thanks for the critique!) Sari

[toxins...](#)This file "toxins" is about MTHFR (mother f-cker gene) that blocks absorption of potassium...It is a Basal cell, heart blocker, that eats B12 Aurum Au *from Periodic table of Elements* gold methyl(breathed in)-cobalamin, aspirated into the lungs, not eaten?

Miami Art Basel cell...

melanoma, basal, squamous, LYME

<http://grovecanada.ca/the-grove-health-science-book-series/> Here is where the Grove Health Science Books are available in paperback format for money...I, We, GroveCanada, does not make a profit on the sale of these books, however, it is really nice to have a copy of these books in paper & ink format 'cause it feels nice in your hands & sometimes you do not have internet connection or wifi or your cat or husband/wife spilled coffee or tea or water on your keyboard or something...

Film

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/film/>

[Vimeo Video](#)

THE AWARD WINNING FILM BASED ON THE BESTSELLING BOOK...

[Film Review by musician Helen Davey...](#)

Film Review by Build Media...

[@GroveCanada](#) 60s feel! Great work

— Build Media (@buildmediauk) [December 16, 2014](#)

[Build Media](#)

[@buildmediauk](#)

Thought about #video then seen the cost! Our prices start from £99. Our team of #socialmedia experts can help you from day one and we can make #websites to

Manchester, UK 0161 914 5893 · buildmediamanchester.co.uk

FilmWerk

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/filmwerk/>

Happy Canada Day!
July 1st, 2013! from Sari & Joseph Grove & the cats

[Vimeo Video](#)

Grove Body Part Chart from Sari Grove on Vimeo.

Each organ has 2 elements that live together as opposites, in balance...This is sari Grove's theory of the body...The film touches upon 11 major body organs, the 2 elements in each, & some examples of substances that the elements exist in as well as diseases of imbalance...Anime, sound recording, editing & thoughts are by Sari Grove...2013...March 23rd...

this movie shows some of our methods & processes...Sari

April 1st, 2013, this short anime is the result of my first week, this week, of learning 3d anime in Blender...Blender is a free 3d animation software...I'm Sari Grove...Joseph Grove (the husband) is helping me...Mostly by bringing food & saying things like: "That's cool"...

<http://cgcookie.com/blender/> **Images in our books made with shareware Blender 3d animation software**, Sari grove took a year to learn the Blender software & made the animated films herself...On the sarigrove.com blog she documents the steep learning curve & there are some how to videos & process type discussions as well as theoretical & emotional feelings while doing this very hard task...

First look at Poly MVA (a new anticancer supplement)

by Sari - Friday, August 28, 2015

<http://grovecanada.ca/first-look-at-poly-mva-a-new-anticancer-supplement/>

Grove Brain Part Chart

Grove Body Part Chart

Ok, so I took a look at the ingredients & can give a quick rundown of what they are in simpler terms if that is helpful...(I use my chart to sort complex things into "families" of elements that all do similar things)...I will start at the first ingredient on their list & work down...1)Alpha Lipoic Acid-this is an Oxygen family that cleans out the Liver, lowers Hydrogen type necrosis excellent...like apricot kernels in nature 2)Palladium-this is actually similar to the Selenium family-like garlic or pancreatic enzymes but stronger-lowers Sulphur sugar levels in the Pancreas-excellent... 3)N-Acetyl Cysteine-I'd put this in the Zinc family like high dose Vitamin C, Vitamin D3, Ginger root, Ginseng...excellent-lowers Lead levels in the bone, Thyroid... 4)Formyl methionine-that's a magnesium that lowers mercury levels in the gallbladder...excellent... 5)Rhodium-is Selenium family too...good 6)Ruthenium, like Silver is another Selenium, good... 7)water, fine 8)sodium chloride-salt negligible amount 9)B1-that's a Titanium that lowers cholesterol, good... 10)Hydrochloride-it's a Fluorine that lowers Bismuth-excellent... 11)B12-Aurum family cobalt, good cause so many are B12 deficient while doing vegan diets, helpful 12)B2-a little bit helps patch up wounds, cuts, biopsy damage, useful 13)Molybdenum-it's like what you get from navy beans, the pulse family, a little bit of nutrition, good for Skene's gland(the female prostate)...So that's a quick look at Poly MVA...It looks pretty good...There are things it does not contain, so be sure not to put all your eggs in one basket...But it certainly is a very good start...Obviously diet & exercise can make or break any supplement cocktail...Ok, I hope this helps...

Fish oils & Lycopene(think tomatoes) inhibit "Myc" protein which is a Cancer tumour marker...

by Sari - Friday, September 04, 2015

<http://grovecanada.ca/fish-oils-lycopene-think-tomatoes-inhibit-myc-protein-which-is-a-cancer-tumour-marker/>

<https://med.stanford.edu/news/all-news/2008/07/cancer-cells-revert-to-normal-when-signal-goes-below-threshold-study-finds.html>

Cancer cells revert to normal when signal goes below threshold, study finds

Cancer starts when key cellular signals run amok, driving uncontrolled cell growth. But scientists at the School of Medicine report that lowering levels of one cancer signal under a specific threshold reverses this process in mice, returning tumor cells to their normal, healthy state. The finding co...

med.stanford.edu ·

Sari Grove

"Interesting...In the article they talk about " Myc" as something you want to inhibit...So I looked up Myc...Says the BET inhibitors inhibit Myc...So read about BET inhibitors...Says they can reverse sepsis...I know sepsis can be reversed by things like Fish oils...So I Googled Myc & fish oils & sure enough a bunch of clinical trials come up saying fish oil & lycopene(like from tomatoes) inhibit this Myc protein we want to get rid of..."

Note: On the Grove Body Part Chart, fish oil is a Carbon, & Lycopene is an Oxygen...This "Myc" protein would fall into the Nitrogen family most likely since sepsis is usually a Nitrogen (think GMO gluten) problem these days...Another reason to cut bread, especially non-organic bread, from your anticancer detox diet...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

For Alzheimer's(or any memory loss), Retinitis Pigmentosa(loss of eyesight due to deficit condition), or Cachexia(or any too skinny can't gain weight condition)

by Sari - Tuesday, August 30, 2016

<http://grovecanada.ca/for-alzheimersor-any-memory-loss-retinitis-pigmentosaloss-of-eyesight-due-to-deficit-condition-or-cachexiaor-any-too-skinny-cant-gain-weight-condition/>

Easy delicious answer...

2-4 raw eggs, banana(s)(organic if you can),

fresh squeezed orange juice(or not),

ice(make sure your ice cubes are filtered water),

Blend(I use a blender stick-faster, easier to clean)...

drink daily (at least once)...

The results are amazing...

Start now & tell me how you do...

(do some simple memory tests now, & later so you can check your memory changes)...

(do some simple eye checks now at home, & check later, after smoothies...)

(weigh yourself now, & later after raw egg smoothies...)

These three conditions are low cholesterol conditions...

For Trigeminal Neuralgia...

by Sari - Monday, September 07, 2015

<http://grovecanada.ca/for-trigeminal-neuralgia/>

Phosphatidylcholine, L-Carnitine, Maca root powder, Cacao powder, Cinnamon powder, Korean beef bone broth, eggs, lecithin...Also B12, Taurine powder, Arnica Montana homeopathic 1M...Raising cholesterol levels help...Painkillers will make it worse...

(on our chart, neuralgia is excess Titanium, not enough Aluminum...Which means not enough cholesterol, & too many painkillers, aspirin or sleeping pills...Pot also lowers cholesterol...)

Grove Body Part Chart

Found a person, Delroy Apple, in distress today, on the way home from my nature/exercise/zen walk...

by Sari - Monday, August 31, 2015

<http://grovecanada.ca/?p=1816>

As I turned the corner the man was shouting at people & seemed to be in distress...These are some of the things I learned about him this evening as I tried to assist...

Obsessive Compulsive Disorder OCD=Schizophrenia typology=Titanium excess=Thiamine excess=Aluminum deficiency=Low Cholesterol=not eating enough, starving, homeless...Could use a Carnitine supplement

Crystal Meth High=Excess Copper=Low Phosphorus=Anxiety=Panic=Not enough cheese, yogurt, probiotics, could use a GABA supplement(gamma aminobutyric acid)...

Displaying masturbation tendencies in public=Inappropriate behaviours=Oxygen Excess=Hydrogen deficiency=Give the person a bottle of water to drink immediately-Note:Deficiency of water(hydrogen family) can cause overtly sexual behaviours...Simply providing adequate amounts of good fresh or bottled water will remedy some of this behaviour...(These behaviours can also indicate an underlying deficit issue like a Bismuth deficit/Fluorine excess, which can be triggered by fluoridated water(People from Guyana may or may not be used to artificial water fluoridation/not sure...**))**

Seroquel has been given to this person which addresses Bipolar disorder specifically manic phases...Bipolar is Lead deficiency(Bone deficiency) but also Zinc excess(too much cigarettes or sunshine or heat or radiation)...Seroquel acts by building Bone-Thyroid gland & Frontal Lobe...Left side of frontal lobe responds to bone builders like seroquel/quetiapine)...

Person also said he has ADD attention deficit disorder which indicates high Mercury(**on our chart this is not a heavy metal but indicates exposure to sewage treatment plant air quality or possibly dirty water due to water filtration plant or marina boats dumping toilet poop into Lake Ontario... low Magnesium...Can be treated with exercise, epsom salt baths, lavender essential oil, Magnesium supplement pills...**

Knees with large wounds, left arm, **forearm also wounded**-wounds seem clean & scabbing over...Hydrogen Peroxide poured on from Rexall to clean wounds again just to be sure...(antibiotic bandages purchased but person refused bandages)...

Person **had been in emergency briefly at Joseph Brandt hospital(the day before, so Sunday August 30th,2015**-this was confirmed by a phone call to the hospital-Debbie an ER clerk also confirmed what the switchboard said from records) in Burlington, Ontario, one hour away from Toronto...

Person had been **there several times before in emergency...**

Person's name is **Delroy Apple**, came to Toronto in **2003 from Guyana**, was **beaten up by 3 men recently**, reasons unknown...

Highly intelligent, believes in God, was carrying some sort of prayer guide book...

Had a **black knapsack, seemed healthy & in relatively good physical shape, independent spirit, Gemini** astrological sign(he told me this voluntarily, I did not ask), was talking to several women at Bloor & Sherbourne street, **was a customer of the TD bank & had a debit card though apparently not many funds in the account...**

Departed on the Yonge Bloor TTC subway...I did not pursue...Delroy **did not want to go to CAMH Centre for Addiction & Mental health**, though I did speak to them & they had recommended I call **911 to get an ambulance to take him in...**I did not choose to call an ambulance because this person did not seem a harm to himself nor to others...

It is possible the Crystal meth use(a Copper that acts on the Spleen) was a self-medicating response to the Seroquel?

It is possible the initial **Seroquel was given as a response to marijuana use...**

It is possible the marijuana use was a result of self-medicating for the mercury excess caused by being homeless & living in dirty sewage air or near to marinas with dirty water or living in substandard housing or situations...This person, Delroy Apple, sat on a garbage pail as a chair...(I made him get off)...

If the Seroquel was too strong, the escalation to Crystal meth would have been a way to cut through the dopiness & hypnotic effect of longer term use of the seroquel...

Conclusion:Time of writing this 8:55 pm on a Monday night August 31st, 2015...by Sari Grove (I did not know this person before this evening)...

I wrote a report on what information I could get from Delroy Apple, who was discharged from Joseph Brant hospital yesterday after a visit to emergency...

Please feel free to use the information so we can prevent future visits to emergency...

This person needs social services, welfare, family, attention, & possibly some Naturopathic/Homeopathic or other Alternative type care as it seems the psychiatric medications he has are not helping him with his street addiction problems nor peer pressure issues, or money troubles...

Feel free to use the resources on my website or contact me directly if you need some new ideas... grove@sent.com I do have a friend who is a social worker-it might be useful for Delroy to have a home...As he is homeless it looks like the only place he goes to with any certainty is Joseph Brant emerg....

Perhaps someone could be on the lookout for him if he wanders in again???

Something more needs to be done to help this person...

He has been in Canada since 2003...(from Guyana)

Or possibly he belongs back in Guyana where there could be family & friends to take care of him better?

Don't know, just speculating here...

Thanks for helping Debbie...

Feel free to email...(my cell is 416-271-3327 but I do prefer email...)

[Delroy Apple](#) pdf file...

Frankincense resin, Opoponax(Myrrh), & Lymph Node Detox deodorant:More weapons in the fight against a breast lump...

by Sari - Wednesday, March 04, 2015

<http://grovecanada.ca/frankincense-resin-opoponax-lymph-node-detox-deodorantmore-weapons-in-the-fight-against-a-breast-lump/>

(but first a short digression for the artist in you...)

On my walk today, I was stopped by Suzy Sprott, who has written 3 new books...I bought them on the street, on the spot...

Suzy Sprott sold my Mum a silk scarf, handpainted, when I was 14 years old...On the scarf was the portrait of a pretty young woman who I thought looked like me...I still have that scarf & it still is in perfectly good condition...That was 34 years ago...So pretty much anything Suzy Sprott ever sells, I buy...

I'm not sure if these books are in stores or will be...Suzy is an artist who has always liked to sell directly to the public...You will have to take a stroll on Cumberland street or Yorkville avenue in Toronto & look for a very pretty woman who is selling handpainted scarves, or I guess now, her books...

Suzy Scott's 3 books...

Tales of the Scarf Lady of Yorkville

Doing the Hamster Wheel of Life

Starchild:The Girl who lived in the Attic and Flew on the Wings of a Swan

<http://www.abcra.ca/news/2014/10/14/yorkville-suzy> Here is an article that someone called BritGirl wrote about Suzy...The picture does not do Suzy justice...

The second part of my walk happened at <http://www.anarreshealth.ca/> Anarres Health(647-827-6968), where I met Tracey Tief, the Certified Natural Health Practitioner(which is not the same thing as a Naturopath by the way)...

This is what I got there...(It is located at 749 Dovercourt Road just a twitch North of Bloor on the East side-it is a tiny unassuming place, don't be put off, this place is the REAL deal...)

So in the picture, those chunks are **Frankincense resin**, which you can chew for a while then spit out the gum when it becomes flavourless...(I see Frankincense as a statin type thing in the Titanium category on my Chart, which lowers Aluminum levels like cholesterol...)You can also put a chunk of your Frankincense into some water overnight, then drink the infused water in the morning...

The little jar is [**DETOX deodorant to detox your LYMPH nodes**](#)...It is a cream Tracey makes herself

Do It! Fearless Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

that you just dab on each armpit...The ingredient list on this detox deodorant is sort of incredible & it smells incredible too...Here are some of the things inside:essential oils of-lemon, pink grapefruit, geranium, key lime, cypress, clove bud, coriander, oregano-all organic by the way...(*in a base of baking soda, corn starch & glycerin-also organic)...

Update:Lymph Detox Deodorant review:

I have been using this Lymph Detox deodorant for a week...I sort of fell in love with the smell & my husband was very happy about the smell to, so I "disobeyed" & used a whole bunch, just because I so enjoyed the essential oils smell as I took my walks...

Anyways, last night, after sashimi dinner with my husband, we came home & I noticed my left armpit was sweaty...

But it was sweaty IN THE MIDDLE of the armpit...

Tracey said my Lymph Nodes were blocked...I guess they really were...I realized last night that I had not perspired from the middle of my armpit in years...

I hadn't realized that...Until I felt what a normal armpit sweats like...

The deodorant has already declogged the armpit above where I have a DCIS lump in my left breast...That is awesome!

It is also significant for anyone who has a breast lump...

My blog where I track my progress with getting rid of this thing myself(with help from smart & kind people) is at grovecanada.ca

Thanks Tracey!

**Sari Grove
GroveCanada**

The teeny bottle contains about 5 ml of **Opoponax** which is in the Myrrh family(The Myrrh family falls into the Selenium Category of our [Grove Body Part Chart](#) & as such lowers sugar/sulphur levels in the Pancreas)...I am to put a drop at night on my breast where the lump is to help shrink it...My feeling is that Myrrh lowers blood sugar, & that is how it helps shrinkage, & attacking Cancers which feed on Sugar...(Note:though I was told NOT to take this orally, you Can take this orally...But you will get punished by the lady who told you not to take this orally...I am not a very obedient patient...)

If you have to do just a few thing to fight your Cancer...

Read this...

"The bulk of a tumour, benign or malignant is made of Calcium Oxalate...A malignant one is Calcium Phosphate..."

But the common thing is Calcium...The thing that eradicates calcium is **Iodines**...

Anything in the Iodine category, choose your poison...Kelp, seaweed, the herb Madagascar Periwinkle(my favorite), Iodoral pills, Iodine topically or orally-to shrink a benign or malignant lump you need something in the Iodine family...

It is a component of chemo...

To stop spread you have to address the Phosphorus...Phosphorus spreads like mold...

Coppers hit the Phosphorus & can reverse it...I like Licorice root for my Copper because it is affordable & you can get it easily & it comes in many different formats-tincture is strongest, but you can boil the herb for tea too...Those two things are my top two things...Iodine & Copper...

(regular copper pills don't absorb very well)...

I also put Frankincense tears(the resin nuggets) into a pitcher of water & drink it as my daily water the next day...Frankincense(is a **Titanium**) will enhance the effects of the CBD oil...

It is much cheaper to buy the resin than the oil as you have seen...You can also chew the resin & spit out the gum when the essence is gone...

Frankincense & CBD oil work like statins in a way-they lower cholesterol, which helps to shrink size too...Butcher's broom(is an **Oxygen**) comes in capsules & works like the Apricot kernels to bring Oxygen in...

This shrinks lumps by dehydrating them...Useful...I'd like to add that after a 2 hour walk-yes it is very far like 6 miles, my lump is always very much smaller...Exercising, but over a very long time, can have a significant effect of lumps...

Plus the fresh air is important...The CBD oil can make life very lazy, plus it can make you hungrier...Be careful...Exercise & diet are just so crucial..."

You can buy CBD oil in Canada from Ronald McChronald of <http://www.buyweedonline.ca> His CBD oil is high CBD but low THC so it will not have psychoaffective effects...(It does make you feel very relaxed though so only take about the size of half a grain of rice at a time-microwave some peanut butter & stir your CBD oil in that then eat...You need the fat to absorb the oil)...

<http://www.crawfordskincare.com/products/lemon-deodorant-cream> This natural deodorant has a whole bunch of beautiful detox essential oils inside...You can get it at a few retailers in «Toronto, including Whole Foods market, but also online directly from the maker...

Free Books

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/grovecanada-hostawesome-com/>

[Update:Our 9th book DIY Cancer Repair Manual can be found for free here...\(on our site secretly\)](#)

Correction: In every instance where you see the word "Sulphur" in any of our books or writings, please substitute the word " Sugar" ... YES...THERE ARE MISTAKES IN OUR BOOKS...If you find a mistake, contact me & I will clarify...It is hard for me to re-edit each book constantly as I discover new things...Instead I have just been writing new books...Some of my manuscripts have been republished over a 100 times...

<http://www.smashwords.com/profile/view/grove> (**THESE VERSIONS CAN BE DOWNLOADED-Book 9 is not here because we did a deal with Amazon Kindle Select & cannot show the book elsewhere**)...Here are our books in tiny digital formats (less than 10 megabytes so you can read them on an iPhone free Kindle app if you want, I do)...Published on Smashwords...I have them all on Smashwords for Free!

*(if you enjoy them, then later if you want a real nice paperback book to keep, or give as a gift, you can invest in that on Amazon(not free but priced at non-profit to us-but are pricier because of all the pictures-so it costs the printer for the paper & the ink & stuff)...(Just type in Sari Grove on Amazon & a bunch will come up...

There are Kindle versions there too-about \$1.99 each around-they are bigger versions than the free ones on Smashwords-so maybe the pictures might look better)...

[Free tiny downloads of our 8 Grove Health Science books \(pdf, kindle, epub\) on NoiseTrade](#)(NoiseTrade lets you download our books for free too-they do ask for a donation, but you don't have to if you don't want to)...

You can read ALL of our books for free, right now...(here on the website)

Here are links to the free books...(It's called **Grove Health Science**)...

Note:The first 8 links below take you to a page On this Site where each book is embedded (from Scribd) & you can just read them right now...

[Book 1 Grove Body Part Chart:A Medical Arts Innovation](#)

[Book 2 Do it Yourself medicine:A repair Manual](#)

[Book 3Algae+Rhythm, Algae-Rhyme:Apt surgical rotation App](#)

[Book 4Grove Health Science series:Book 4](#)

[Book 5Book V:The brain](#)

[Book 6RepoWoman:Book 6](#)

[Book 7Lucky Book 7:Homework textbook for the Keen medical Mind](#)

[Book 8An introduction to how the human machine works & how to get rid of a breast cancer lump](#)

[Here's a link to 8 of our books on Amazon...](#)(not free because Amazon provides paper & ink...No profit for us by the way...)

This is called the [Grove Health Science series of books...](#)

Hi, I'm Sari Grove...I'm an artist...With a knack for Medical ideas...

My husband Joseph has it too...Probably why we got married...Anyways...Below you will see 8 book covers...

This is the Grove health Science series...

If you click on the covers below, it takes you to Smashwords, a book publisher, & there, for FREE,

you can download a book in the format that you need,

like Kindle for desktop(that's the one I use-you can get the Kindle for desktop for free on Amazon by the way...)

The books are in order, so start with the one at the far left, Grove Body Part Chart:A Medical Arts Innovation...

Thanks for reading! Sari(sounds like Mary)...

Blog at <http://www.sarigrove.com>

The Grove Health Science Series of Books, by Joseph & Sari Grove of GroveCanada...

1)Grove Body Part Chart:A Medical Arts Innovation(explains the body parts in a simple & elegant way that brings it all down to 11 parts, with each part containing 2 OPPOSING elements that must live in

balance for health...Once you "get" the chart, your DIY medicine path is just so much easier!)
See our Tildee Tutorial for a quick understanding of how our Chart for the body works...

<http://www.tildee.com/2Zg96i>

A new way to understand how the human machine works...(& thus be able to repair it when things go wrong!)

2)Do it Yourself medicine:A repair Manual(builds on the first book, & gets into some more complex diseases of imbalance, including for instance scleroderma, lupus, Alzheimer's...)

3)Algae+Rhythm, Algae-Rhyme:Apt surgical rotation App(how to get out of surgery became a book about how the author herself explored how to get out of the breast cancer protocol...At the end of this book she succeeds in figuring out how to turn a malignant lump benign...)

4)Grove Health Science series:Book 4(includes work completed for a Clinical trial patient engagement app-in fact the author leans against clinical trials in general, so this is not what you expect...A look into some unusual stories such as the construction worker who got "blood cupping" & cleaned his blood of the gunk he had absorbed thorough working with toxic materials...)

5)Book V:The brain(Well, inevitably the body parts would need a brain part mapping to go along...The theory of 22 brain parts that pair to control the 11 body parts...So each brain part handles the manufacture of ONE specific element in each body part...)

6)RepoWoman:Book 6(Sari Grove's nonsurgical approach to getting rid of a breast cancer lump...Yes, this was the protocol she used...One addition to note is the one teaspoon of hulled hemp seeds, a Titanium element, to help rid the Lung Lymph Node area of parasites...)

Comment:(anti-cancer)

See our short tutorial "Getting rid of a breast cancer lump" on Tildee...

<http://www.tildee.com/UyAWQk>

7)Lucky Book 7:Homework textbook for the Keen medical Mind(a summary of the salient points of the first 6 books of the Grove health Science series with a push forward in the brain areas, nailing down

sidedness & gender, & how that works both in the brain parts & the body parts...)

8)An introduction to how the human machine works & how to get rid of a breast cancer lump...News! So, until Sunday Dec. 14, 2014, our #EBook is #Free on Amazon , it has the 2 tutorials-Chart the body, & Breast Lump Removal!

<http://amzn.to/1weXqYs>

For Sari, March 14th, 2016-Mon. <https://www.dropbox.com/home/books%20manuscripts%20sari> Our 9 Books in manuscript format at DropBox...These may be getting edited & reformatted...But free for now! Happy Year of the Monkey!

Front Loader washing machines (LG in this case)...

by Sari - Thursday, December 25, 2014

<http://grovecanada.ca/front-loader-washing-machines-lg-in-this-case/>

So...

1) Look closely at the HANDLES of your water pressure on/off switches (ours are like handles)...Or take a picture & make it bigger on your computer...Or use your iPhone flashlight to see better...Or get a young person with big eyes to look & see which was on & off is...In the case in the picture, ON was to the LEFT at 9:00 pm...OFF was UP at Midnight...

2) Why? Because our handles (there are two), were both set to Full water pressure ON...9:00 pm on a clock...The water pressure in our building is so good that the water flowed very hard & fast & broke the Solenoid inside the plastic intake valve on the Cold water inflow...The Solenoid is a little door that keeps water from running into the machine when it doesn't want water...If the little door breaks you get leakage INSIDE the washing machine...(Front Loader Lg in this case)...

3) So...In Conclusion...The LG repairman (C. from Nova Scotia), set our (both) on off water handles to 5 minutes to midnight, where On is 9 pm & off is midnight...This means less noise & less likelihood of the Solenoid doorway inside the intake valve on the cold water intake place, less likelihood of it breaking & you get interior washing machine leakage...

4) What happens if your Solenoid is broken inside that plastic intake valve on the cold water intake (the one closest to the middle of the back of the washing machine on the LG model we have...) They have to unstack the dryer off the washer...Two people (preferably three)...They have to remove the top lid of the washing machine...Unplug some wires...Remove the broken intake valve & replace it with a new one...Put everything back together & restack the dryer onto the washer...(note: Unstacking & stacking is dangerous with one person because once a dryer fell on the one technician while attempting a solo lift)...(The whole job would have been far easier with 3 people who are technicians, or a homeowner with some savvy-that was me in this case...)

5) When the Installers install the washing machine, if they set the water pressure (using the on off handles) to 5 minutes to midnight they could avoid a broken solenoid doorway component inside the intake valve assembly (plastic)...

6) The installers (sent from Tasco where we buy our appliances mostly, & the Hudson's Bay company too, but not this time...), the installers upgraded the LG rubber hoses for cold & hot water going in to the washing machine to metal hoses...The problem with that is the heavier hoses, when the washing machine moves, UNSCREW themselves & cause an external leak onto your floor...In our case the kitchen...(Condo)...

Do It Yourself Medicine by Artists Joseph & Sam Grove - <http://grovecanada.ca/>

7)Not intuitive or is it? So the 2 technicians(also I. from Fresno, California), removed the upgraded metal hoses by the retailer & put in new rubber LG from the manufacturer rubber hoses...The rubber hoses marry better to the plastic male valve that inserts itself in a threaded way into the female hoses who have just a thin metal head & the rest is light rubber...We were told to replace them every three years...

8) it was mandated in 2011 that all buildings in Ontario have to have a ONE WAY VALVE to prevent water from coming in to our building from other buildings...When people in our building leave to go to warmer climate, or to their cottage, the very high water pressure demand of daily jobs becomes a very very low water pressure demand...The change in gravity causes a suck, it sucks the water outtake from other buildings(in our case from 890 Yonge street where the dental clinic is)...So we get fluoride in our tap water, our drinking water, FROM the outspew of Fluoride that the dental clinic dumps down their sinks...This happens every holiday, & includes Sundays, when people in our building rest & don't wash as much for work(or cook & clean)...This is why the teeth of people in our building look thinner, why people have insomnia & or Crohn's disease & their breath smells inordinately minty fresh during what was supposed to be a holiday when you can let your breath go...

9)On the upside...Fluorine is an antidote to excess Bismuth caused by too smokey air caused by too much woodburning fires caused by excessive coldness in winter caused by living in Toronto or any other cold climate...(Our ceiling has a thin layer of soot on it from the fumes of our neighbour's fireplaces rising upwards)...

10)On a similar topic, of loving thy neighbour by not having washing machine leaks by lowering your water pressure handles on your cold & hot water on off switch handles...Please consider also loving thy neighbour by not making noise above 45 decibels during 9 am & 5 pm hours...Those who go above that decibel limit are breaking the law & can be prosecuted...

In this picture, the handles have the on off directions printed right on the handle in white writing on the red background...If you click on the picture you will be able to see the directions better...Notice that the on off directions on the cold & hot are different...So in this case, 5 minutes to midnight is in different directions...So THINK & LOOK BEFORE you touch...We use Park Lane Plumbing in Toronto who also does the plumbing work for George Brown College in Toronto, Ontario, Canada(& they also have a fashion design division & an ESL English as a Second Language division)...So, remember the ANGLE of 5 minutes to midnight & apply it to whatever direction you need to turn the handles...For example, mostly OFF except for a slice or wedge of cheese appropriate for one person...This reduces your water pressure so you don't bust your solenoid door & need an expensive or difficult repair...!

11)Task: Design a doorknob for a front loader washing machine that if the doorknob breaks off in your hand all you have to do is screw in a new doorknob or click in a new doorknob without having to replace the whole glass door & metal stainless steel silver colour frame! (We know this because when the plastic door handle of our front loading LG washer machine broke off in Joseph's hand, they could not repair the handle itself, they had to give us a whole new door, free labour, & free delivery, which cost LG about \$300 Canadian currency or more, plus they had to outsource the job to Tras appliance technicians, an authorized LG repairer but not the LG repairpeople, because the Lg people were so darn busy over this Christmas season...Way overbooked with these kind of repairs...Plus the poor call centre in Panama(for us that is where they were) had to use 3 different people to handle our call plus the manager had to get in on things, I mean the Supervisor...(to Comp the job)...(Tras had offered to comp us 15% on the door part,

then 15% on the visit plus the labour, but that only took care of HST 13% plus 2% off the job, which is why we had to call back & say the design flaw of replacing a whole door when just a doorknob(so to speak) was broken) was not so good...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Fused Instant Coffee by Rain is soo good for you(they added antioxidants & more!)

by Sari - Friday, June 24, 2016

<http://grovecanada.ca/3424-2/>

Black cumin seed- manganese

grapefruit seed-oxygen

pomegranate seed- oxygen

& more...

<http://www.countryhealthstore.com/rain-fused.html>

the taste is a bit acquired, add a spot of milk & some fake sugar...

but once you feel how good you feel you will be addicted!

Note: If you don't want to cheat by adding milk, then do what I've been doing & add it raw to your morning smoothie!!! Tons of energy, caffeine is a Copper that is so anticancer, grapefruit seeds are Oxygens for your liver, pomegranate seeds are Oxygens too, black cumin seed is a Manganese that lowers Iron(also anticancer)...The ganoderma mushrooms are in a tiny enough quantity that they won't mess with an anticancer program & will give you a tiny boost of Nitrogen(Nitrogen boosts stamina & smarts, but is not anticancer actually- I think it is minimal enough here to be safe though)...

Been putting the Rain Fused Coffee into our morning smoothies! (just the raw instant powder!)

Hello Grove Canada,

Thank you for your order of (1) Rain Fused Coffee for \$37.00.(Canadian dollars-it is cheaper for American customers)

Intl. shipping can be 9 to 14 working days, we have seen faster times .

Blessings & Best regards,

<http://www.AdrianMathews.com> - 503-353-8968

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Country Health Store:

<http://www.CountryHealthStore.com>

Gaining weight back after cancer...

by Sari - Monday, May 23, 2016

<http://grovecanada.ca/gaining-weight-back-after-cancer/>

(credit:Dan Webb who is the expert on raw eggs)...

I did raw egg smoothies...2-4 raw eggs, banana, orange juice, ice, blend (blender stick)...

I started to gain right away, it was delicious, inexpensive & easy to do, & I started looking younger & all stretch marks & scars healed up-warning addictive! I didn't find the ingredients aggravated anything...

I do add stuff to the smoothie sometimes-

Orange Naturals vitamin powder(Orange Naturals Naturopathic company),

Pranin B powder(pranin B company),

Heavy Metals Detox powder(Health Ranger store),

licorice root extract(St Francis 1:4 ratio),

Liquid Kelp(natural factors)...

But it is the basic recipe that gets you going-the raw eggs...The rest is just optional...

Gallium, Ginkgo Biloba, Zeolites...Are they anticancer or not?

by Sari - Tuesday, July 12, 2016

<http://grovecanada.ca/gallium-ginkgo-biloba-zeolites-are-they-anticancer-or-not/>

I was recently asked to weigh in about Gallium...What did I think about the recent Gallium anticancer studies?

This is a start at looking at Gallium's properties...

" Getting my head around Gallium feels like getting my head around Ginkgo Biloba...In fact, they may be similar...Looking for clues about Gallium, we know it is found in Bauxite...Bauxite is an Aluminum which would raise cholesterol, boost memory, heal wounds...I also checked & yes, cholesterol enhances the delivery of Gallium into the body...Aluminums are close to Iron but not exactly- which seems to fit what they say Gallium does...Interestingly, Ginkgo Biloba also boosts memory & has the ability to fix tinnitus(ringing in the ears), which is usually caused by overuse of Titaniums like aspirin or other statins...Something that fixes tinnitus is also an Aluminum family...Zeolites are aluminums too...Aloe, raw eggs, Arnica...I feel like Gallium might fit into that family...I spent the day looking at Gallium, & this is how far I have gotten...I don't think it appears explicitly anticancer...More of a wound healer...This probably requires more time...My early instinct is no...Of course, you could order some(gallium maltolate is what they propose), take a picture, send it to me for editing, then send an after picture to see what it does...But the research seems to all repeat the same information which tells me it is all coming from one source- namely the person trying to sell it...I wouldn't try it..."

Game(Clean your Condo)

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/gameclean-your-condo/>

You hafta download it to your computer to play...It is stored on Box.net in our grovecanada account...Free

[It's a really simple Game I made \(free download\)](#)

made in Blender Game Engine(cannot be sold or anything like that-Blender rules not mine so be aware cause they bite)!

1. **It's a really simple Game I made (free download)**
"Clean Your Condo" ...

Game...

To move: Press W or D or S or A or Space bar...

This moves your pink Gnarly creature forward, to the right, backwards, to the left, or makes it jump...

The object is to push all the Tires off the edge of the table using your pink gnarly creature, but not falling off yourself...

If you fall off yourself, the game ends...

25 megabyte download, free, made using Blender Game Engine...

by Sari & Joseph Grove with instruction from Blender Cookie website via Jonathan Williamson...

Game:created by Sari Grove using 3d animation "Blender" shareware & a snow Leopard Mac

by Sari - Monday, July 13, 2015

<http://grovecanada.ca/gamecreated-by-sari-grove-using-3d-animation-blender-shareware-a-snow-leopard-mac/>

3d animation game Blender clean your condo by sari grove 2014

<https://app.box.com/s/pzynraxrrsx1gtpabjda> Clicking Link takes you to the Grovecanada account on Box.com with a free ZIP file you download...Inside the Zip file is the game..."Clean your Condo"

Game:Clean your Condo

by GroveCanada

You hafta download it to your computer to play...It is stored on Box.net in our grovecanada account...Free

It's a really simple Game I made (free download)

"Clean Your Condo" ...

Game...

To move: Press W or D or S or A or Space bar...(on your keyboard)

This moves your pink Gnarly creature forward, to the right, backwards, to the left, or makes it jump...

The object is to push all the Tires off the edge of the table using your pink gnarly creature, but not falling off yourself...

If you fall off yourself, the game ends...

25 megabyte download, free, made using Blender Game Engine...

by Sari & Joseph Grove with instruction from Blender Cookie website via Jonathan Williamson... GroveCanada | August 15, 2014 at 5:06 pm | Categories: Painting | URL: <http://wp.me/p2YYDL-rN>

GcMaf...And the death of a doctor...

by Sari - Friday, April 01, 2016

<http://grovecanada.ca/gcmaf-and-the-death-of-a-doctor/>

<https://www.gov.uk/government/news/regulator-warns-against-gcmaf-made-in-unlicensed-facility-in-cambridgeshire> Turns out the ingredients for making GcMaf were labelled not to be used in humans...They were closed down by the government of England for violating that law...

<https://www.washingtonpost.com/news/morning-mix/wp/2015/07/16/the-mysterious-death-of-a-doctor-who-peddled-autism-cures-to-thousands/>From the Washington Post...bout GcMaf products & the Dr involved...& his associates...

This is what I know:

Wed. April 6th, 2016:One lady's tumours doubled while doing GcMaf injections for 6 months...Another lady spent 7K to have it shipped from Japan to Canada & immediately had a histamine reaction from it...The children with autism who were given GcMaf had violent reactions & got much worse...Several Swiss people with cancer died...Finally the plant was investigated by the government & shut down...One of the doctors committed suicide shortly after the shutdown when the extent of the frauds were revealed by the government investigation...All the studies were done internally & had no scientific validation by anyone not selling it...The company has continued to sell GcMaf despite it being illegal to do so...Colostrum is bovine breast milk & though it may have more minerals inside, is still a high calcium, high phosphorus, high riboflavin product...Raw milk also is another Calcium product, raw or pasteurized, does not change that...Phosphorus is what differentiates malignant from benign tumours...Calcium gives all tumours regardless of chemistry, size...Riboflavin is what would give a histamine effect...Yogurt is also a Calcium Phosphorus product...I do not support GcMaf in the least, I do not support any claims about it, I do not support the practice of drinking any milk while doing an anticancer detox, raw or pasteurized...I also consider the use of probiotics while doing an anticancer protocol highly dangerous...Ok...That is what I know so far about GcMaf...Since last week...A year ago I was told it was high dose Vitamin D...Recently I was told it was based on colostrum...The reason for this confusion was because they apparently changed what they were selling...Which is why the literature changed too & the confusion about what was in it went further...This is what I know so far...

Sari Grove

<https://www.sciencebasedmedicine.org/gcmaf-and-the-life-and-death-of-an-autism-quack/> While taking a closer look at GcMaf this morning, I found this...Now be prepared, this site is highly critical, & I don't necessarily endorse what they say...But off the topic of colostrum & its benefits, the article explains why one of the doctors involved with GcMaf might have committed suicide...Since so many people involved with GcMaf have died apparently, this mystery was troubling...It appears they set out to use GcMaf injections for autistic children, & were not successful...Then some people with Cancer died...I do not know more than this article, nor if it is true, however, I thought it was better than not posting the link...

<http://scienceblogs.com/insolence/2015/09/28/gcmaf-and-an-unscrupulous-quack-profiled-by-the-bbc/>this

link goes even further into the GcMaf story & the people behind it...

More:

Ok...So Nagalase deficiency could be seen in something like Wilson's disease which is excess Copper...Copper lowers Phosphorus...

Phosphorus is Cancer's favorite food...Indeed, when I do the photo editing, I look for Phosphorus to determine if there is malignancy present...

It is the visual signature of the creature...

GcMaf purports to lower Nagalase...Which would be nice...

However, since Colostrum, contains a generous amount of both Calcium & Phosphorus as well as Riboflavin(or cholesterol-hence the histamine reaction the lady had-ANTihistamines lower cholesterol)...

Anyways...Long story short, cow breast milk would raise Nagalase...

Which would explain the symptoms people have reported...To lower nagalase, or phosphorus, or estrogen-these are all in the Spleen, you need something OPPOSITE to breast milk/colostrum...Which is why you use Coppers...

Even a simple Copper pill will work...

Coppers kill the nagalase loving phosphorus loving estrogen feeding creatures...

Which is common knowledge...Copper has always been useful that way...

A Copper pill is pretty cheap to buy too...

Their "claims" are a load of cr-p...As are the ridiculous studies that say people with cancer should avoid Copper...

It's like the terrorists are writing these filthy false statements online just to kill people on purpose...I would not be surprised about this...Considering the state of our world today...(sorry about the negativity...Go back to the intention video...At least they have good intentions...)

Background;GcMaf is based on colostrum...The link below is a Master's thesis on the components of colostrum...(bovine breast milk)... It contains high Amounts of Calcium, Phosphorus, & Riboflavin...Which would raise Nagalase/Estrogen/

[Http://www.healthydifferencecalf.com/PDF/ColostrumLowMolecularWeightFraction.pdf](http://www.healthydifferencecalf.com/PDF/ColostrumLowMolecularWeightFraction.pdf)

REASONING:

Shindler's disease is characterized by deficiency of Nagalase...Glycolipids, which are present in Colostrum, are used to attempt to raise Nagalase levels, in people with Shindler's disease...This very long, very complicated sounding study is doing that...Raising Nagalase in these people using Glycolipids...<http://www.jlr.org/content/43/7/1096.full> So it would stand to reason that the glycolipids in colostrum would indeed raise nagalase levels...However...If you say you took colostrum & your nagalase levels got lower, then that is a paradoxical effect...Unfortunately every study using the words nagalase or colostrum have been bombarded onto the net search engines by this gcmf company, so it is quite difficult to find anything not written by people who have a vested interest...Forgetting about this discussion, it is lovely you are well & that is just great...My grandfather smoked a pack of cigarettes a day & a fifth of whiskey & worked, up till he died at 90...Go figure...

Gee...Doesn't everybody know high progesterone & estrogen predispose to cancer?

by Sari - Wednesday, September 30, 2015

<http://grovecanada.ca/gee-doesnt-everybody-know-high-progesterone-estrogen-predispose-to-cancer/>

- Regarding progesterone & cancer..Will update this post as I add thoughts...(some of my Facebook comments about this...)

Wow...Um...Progesterone levels are similar to Calcium levels...Progesterone is also found in birth control drugs...It raises Calcium levels in the Adrenal Gland...Raising Calcium & Progesterone predisposes to Cancers...There is much bad information out there about this...I'm sorry...Progesterone positive is one of the hormone markers in breast cancer...You lower progesterone with the whole Iodine family...Iodines oppose progesterone...Iodines are crucial to shrink tumour size...

- [Sari Grove](#) Ok so...Progesterone & estrogen are not opposites...Iodine opposes progesterone...Coppers oppose estrogen...It doesn't matter the type of cancer...Estrogen does not lower progesterone nor vice versa..Obviously there is much bad information out there...I thought
-

this all was common knowledge...I really don't feel like fighting about this...Just wanted to inform...

- [Sari Grove](#) I could find links until the cows come home...But it appears I could also find links for the completely wrong & contradictory argument...Birth control drugs are Calcium Phosphate which means Progesterone & Estrogen...Both...So you get an excess of both...Which need to be lowered in many cases of cancer...Teratogenic as well...I sense anger, so I am going to back off rather than starting an argument...These drugs are dangerous is all I wanted to say...Pharmaceutical companies love to sell them & they know links on the internet will sell them better...The real research gets buried...

[Sari Grove](#) Please do your own research...I have done mine...I was sharing what I know...

<http://www.hindawi.com/journals/bmri/2014/393174/>

The link is to a study showing how progesterone causes proliferation of cancer in a brain cancer model...

Malignant at its most basic chemistry begins with Calcium Phosphate...Iodines eat Calcium...Coppers eat Phosphorus...Iodines include Kelp, Lugol's or Nascent Iodine drops, Iodoral, Cleavers tea, Spirulina Chlorella(Prairie Naturals makes caps with both), Pokeroor, Madagascar Periwinkle, Vinpocetine, Dong Quai...Coppers are Gingko Biloba, Wheatgrass, Green tea, Licorice root tincture tea or caps, Chromium, St John's Wort...

*****Unusual exception story where cysts/tumours were caused by lack of progesterone (very rare exception)**

"Just ran into someone whose dog had had terrible cysts/tumours...Veterinarian spent 2 months puzzled...Tried a few things...Anyways...Turned out it was opposite to Cancer...Initially she thought fatty lipomas...But they didn't respond to that treatment protocol...Anyways...She went for the opposite, gave the dog the drug prednisone(which is sort of like progesterone or Calcium), & all the lumps cleared up...It was a deficiency situation, unlike Cancer or most other tumours, which is excess...Unusual story...??"

Tooth problems & Cancer...How did get cancer get there in the first place? Sidedness theory...

I think there is a chemical imbalance in the body...Usually excess Calcium Phosphate from birth control use 20 years before or more...

Though there are exceptions, most women I ask have taken birth control drugs at some point in their life...

It doesn't excrete unless you force it out with Iodine & other specific elements-some are the same as you use for heavy metal chelation(ie:Gingko Biloba, Butcher's Broom, Vinpocetine)...

Later you get mouth, gum & teeth problems...

I see those coming up first...I think the mouth is the harbinger of what could arrive if you don't start detoxing...Then later, finally, the imbalance, if not addressed, attracts bacterium, parasites, viruses...

Many women seem to have parasites before a Cancer diagnosis...

I was watching the one woman docu-movie with Tig Notaro, the comedienne who chose to use her

Cancer as material for her routine(in a very brave way), & she had been in hospital for C. Difcila, a parasite, before her breast cancer problem appeared...

I think the combination of a parasite, sitting on top of all that excess calcium phosphate for food(salmonella typhi bacterium love Phosphorus) is the thing they call malignancy or cancer...

Tooth problems are just a warning sign from your body saying Hey You wake up you have an imbalance you need to get healthier now or worse could happen!

Breast lumps tend to lean to the left in women-personally I think that is specific to our biology as women...

My theory is that women tend to be right brained, which leads to left side body dominance...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

GENDER 12+ Bo 1- (bobo)

by Sari - Saturday, January 31, 2015

<http://grovecanada.ca/?p=483>

whether F H M Al Ti O C Bo = Cu

11 6 10 10 3 7 5 12 9

- + - + - - - - -

frankincense tears, zeolite rock(seal neck), cement black base, fire lighter bic (flint, grate, spit, whistle, *blood sweat & tears*), water hot boiled cold was flow clean taps hudson's bay

Ti B F H O Al

3 12 11 6 7 10

- - - + - +

snow, pine, resin, glue, blood of tree is nitrogen, sap, carve, willow, let, pot glass silicate sand salt Hg Nacl (*Cl is chlorine rhymes with fluorine is just stronger fluorine*)

Team Bossy Gals # hashtag hash=tree sap snow=owl turtles John McCain raccoons babies bears wolverine Detroit Michigan tree hug nose y 3 nests in trees ... ellipsis... mobius strip smile...reincarnation, i hate reincarnations... why not? do it now...just do it nike. skiing. cross country feldenkris pilates 8 fridays, saturday morning...

have i ever seen the rain coming down on a sunday day sunny day rainbow= burlington.

yes! grace. sunday's child is full of grace. malsiah. nurse. high fructose corn syrpu. cake.

silicone=salt=mercury=cartilage-tendon=joint(s) ### bike...hands grease thak's bye

the chart now shows which metals are the lightest(hint start at he bottom right)...

Gender Parts: Prostate Gland & Skene's Gland... Cerebral Cortex & Cerebral Aqueduct!

by Sari - Saturday, June 06, 2015

<http://grovecanada.ca/gender-partsprostate-gland-skenes-gland-cerebral-cortex-cerebral-aqueduct/>

We are mirroring the body...

Liver is on your right side true...

Gallbladder is on your left side true...

So, the column liver, adrenal gland, spleen, is on the right side of your body...

The column, Gallbladder, colon, gender, is to the left side of your body...

Liver

Adrenal Gland

Spleen

Gallbladder

Colon

Gender

Remember, Gender refers to the Prostate for men, & Skene's gland for women...

These Gender Body Parts sit behind the Penis & the Vagina...

The Colon receives from the stomach... In front of the Colon, is a Wall... If you press on the Wall, you can strike the Gender Parts...

From inside the Vagina, you can press on the "G" spot, which is called Skene's Gland, also sometimes "the Female Prostate Gland"...

The Clitoris is attached to Skene's Gland, which is also attached to the Corpus Callosum (Coliseum)...

The Cerebral Aqueduct is attached to the Male Prostate Gland...

Which is harder to get to because the Penis is an "Outie"...

Which is why they go in from behind the bum...

Adult Content...Gender Parts:Prostate Gland(male "M") & Skene's Gland(Female "F")...

Corpus Callosum(female Minus brain part- more to the *front)

& Cerebral Aqueduct(Male Plus brain part+ more to the *back)!

*comparatively!

Gender: Boron(Female Minus element), Molybdenum(male Plus element)

Get another tetanus shot? Excess Aurum, excess Iron? Kidneys to Bladder? 2015...

by Sari - Monday, February 09, 2015

<http://grovecanada.ca/?p=495>

These are the days...my firend, I thought they's ne'er end, those are the days, da da da da t a da...piano

Edith Bunker,

Tetanus shot should kill tentanus, salmonella typhi...

Potassium should kill excess Aurum,

Kindeys should , candies, should kill, GMO grains in candy should kill Bladder...

*I am low iron, low carbon...he is high iron, high nitrogen...perfect fit...

too much Aluminum they call we measles...antidote Titanium...

left rudder, right tailspin, , correct course . right right left. right. stop.

lead plomb fingernails chitin.

olanzapine zyprexa (Oz). 10 mg. x 4 = 4 days.

analysis. copper. lithium. lead plombPb.

(drug grade Cu powder St. John's Wort.

head. cilantro. coriander. anise, a niece,

tomato=oxygen berry=oxygen

salmon=iodine+nitrogen+life skel<e>t'e(De/ion Sanders)on=calcium + lead Pb

Molybdenum=shiny clear clean

ca vacuum=cleaning/clearing the air suck magnetic iron reverse decision hoops H basketball suck

for <every>ecery(ececery) c vacuum

Do it! Fearless Medicine by artists Joseph & Sam GROVE - <http://grovecanada.ca/>

there is an equal & n opposite re-vacuum

push shove aggression hostility class Nitrogen...

thus vacuum tends manganese, brother tends nitrogen...

it is a swirl

,

from left to the right , from rear to the front, regurgitate is an option...

Oh that!

Ugh!

tail on a piglet! Giving thanks on Thanksgiving 2016...

[Untitled1](#) is a pdf of this

Get the heck out of that hospital, cancer centre, doctor's office!!!

by Sari - Tuesday, June 28, 2016

<http://grovecanada.ca/get-the-heck-out-of-that-hospital-cancer-centre-doctors-office/>

"Hospitals are places where diseases live...

You walk in & end up with 4 new things that weren't there before...

First thing you have to do is get the heck out of the hospital...

Second thing is to forget everything you have been told about how negative things are...

Go for a really really long walk...

Clear your inner air, inhale some fresh Oxygen, talk to God a bit, listen to music, look at healthy people, & trees & dogs & squirrels & flowers, & breathe in Mother Nature's beauty & fragility...

Go home exhausted & have a long soaking epsom salt bath with some essential oils...

Do this every day...

The walking...

To clear your brain & to get your body moving...

Build some muscles...

Come to my website when you are bored & read a bit what is there...

<http://www.grovecanada.ca> There may be some new ideas that you have not thought of yet...

Maybe not...

[Message me if you want help with NIDI\(the DIY diagnostic imaging thing I explain how to do on my site\)....](#)

*& Stay away from hospitals!

Every time you get examined by a doctor, you are being touched by every other sick person they have touched earlier...

Idk!

[Do It! Poulson Medicine by artists Joseph & Sam Grove - http://grovecanada.ca](http://grovecanada.ca)

I am pretty sure the reason straddling alternative with conventional can fail is because the alternative is no match for constantly being re-exposed to new diseases at cancer centres, hospitals & doctor's offices..."

Getting financial compensation for medical bodily harm from people who have had contact with your spouse...

by Sari - Thursday, August 11, 2016

<http://grovecanada.ca/getting-financial-compensation-for-medical-bodily-harm-from-people-who-have-had-contact-with-your-spouse/>

Lapdancers, strippers, prostitutes, women of the night, mistresses, affair partners, women who sleep with married men, & so on...

Tend to be on birth control drugs...(They REALLY don't want to get pregnant)

The Contraceptive pills that are most effective & are chosen by this type of woman, will be a combination of estrogen & progesterone...

On the Grove Body Part Chart, estrogen is Phosphorus, & progesterone is Calcium...

You should know that the typical Cancerous tumour is made of both Calcium & Phosphorus...

You should also know that the typical parasite, Salmonella Typhi bacteria(Typhus), loves to eat Phosphorus...

So if you are a wife, & you have parasites, & or, now have a cancerous tumour, & your husband has been going for lapdances, or has been frequenting stripclubs or has been conducting an affair, you should be able to sue both the "Adult Entertainment Club", the "lapdancer", the "stripper", the "prostitute", or the "affair partner" for medical damages incurred by you, the wife, for causing bodily harm to yourself, the "wife"...

This of course goes both ways & vice versa, if you are a man, a husband, whose wife has endangered your life & health by being unfaithful to any degree...

ps.Yes...Your husband can go for one lapdance, & come home & crawl into bed with you the wife...He will now be transmitting very high levels of estrogen & progesterone to your body by osmosis...You, the wife, will now have elevated levels of estrogen & progesterone too...All three of you, the lapdancer, your husband, & you the wife, will now be much more susceptible to parasites, & cancerous tumours...One lapdance...One bachelor party at a strip club...Once...Yes...If you were asking...

Ginseng for Ovarian Cancer! (found in the Lung...)

by Sari - Friday, September 09, 2016

<http://grovecanada.ca/ginseng-for-ovarian-cancer-found-in-the-lung/>

A Root of a Ginger...

Pierced the chest wall & entered "la poitrine" ... (the breast area)

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Green Eggs & Ham is a lyric by Dr. Seuss (pronounce Ssss not ZZZz)

by Sari - Saturday, July 18, 2015

<http://grovecanada.ca/?p=1522>

The fly likes Nitrogen...However the fly is female, thus Carbon dominant...

Proof:Peas with Olive oil(N + C)=Kidney Left, Pons Top...

The horse like Molybdenum or some say Molybdenium...

The horse is male thus Prostate Gland dominant (not Skene's gland) & Cerebral Aqueduct dominant...

size=comes from Cerebral aqueduct in the brain (bottom)

fluid outpouring amniotic fluid amniotic sac horses Robert vavra photographer seminal fluid vas deferens egg white stuff comes from clear fluid Corpus Callosum...

Together the Corpus callosum & the cerebral aqueduct form the Cerebral Cortex(Cortez)...

Gabriel Garcia Marquez(rhymes with it)...

The pair in the brain that control the pair in the personal private front area sort of the Skene's gland in the female & the prostate gland in the male...

Horses eat a lot of pulses...chick peas peas beans lentils kidney beans sugar snap peas snow peas broccoli heads Gai Lan flowers the buds or bean sprouts alfalafa aflac insurance ducks in a row lab stool sample:

Culture = salmonella bacterium typhi (Spleen-estrogen)

parasite= gallbladder (for Lyme disease-have you been near a deer recently Victoria's secret?)

c. difcil (clostridium difciles) is = colon , Public Health gets the hard stuff...

Signs of excess Molybdenum=you take baking soda & nothing really comes out well, or inflammation of the Skene's gland, or could be distention due to excess Boron bleach in your natural environment...

TRCA Toronto Region Conservation Authority-they weren't planning on oiling Mute swans eggs when they signed up for this job...

Veterinarians: The Holistic Pet Vet (book) Dr. Paul McCutcheon, East York Animal Clinic- "The stress health connection" in cats & dogs...They weren't planning on spay & neuter when they took the job either...

Do it Poulson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Sigh...To kill or not to kill...Whether it is nobler in the mind to suffer the slings & arrows of outrageous fortune or to die to sleep(he wasn't talking about himself)...

Omelette...I mean Hamlette...Ophelia...

The quality of mercy is not strain'd(neither is my pea soup), UTS...

Hamlet was not suicidal, however injury can cause empathy with those who are...

Fix the break & then the transposition decreases & slowly fades away like an old rock star(Aerosmith or Run DMC)...

Independence Day July 4th a movie with a catchy title...

Sass, Seuss, Zeus, Dr. Seuss "Green eggs & ham" (I do not like green eggs & ham..." "Sam I am "...

MSF medecins sans frontiers, DWB doctors without borders...

UHN United \health Network?

seuss in german phonetics means to taste...(not to know which is konnen)...kunstwerk means art...

Gesamtkunstwerk means all together knowing art...Gustav Klimt & his buddies ie: friends (dog)

Conclusion:The female fly left the house via the back screen door left open due to harassment by a dust mop & a lady...

Notice in the below picture (copyright grovecanada.ca) the duck face? looks like mickey mouse backwards or a baby duck canard? Modelling fees apply here...ie:if you are the model

Green tea, Frankincense Essential Oil, Vitamin D3/Clove oil Salve...More anticancer ideas!

by Sari - Sunday, March 29, 2015

<http://grovecanada.ca/green-tea-frankincense-essential-oil-vitamin-d3clove-oil-salve-more-anticancer-ideas/>

Green tea: Excellent source of Copper...Antagonizes Phosphorus...Lump chemistry changes from 'with dark spots' to 'almost totally clear' after several cups of good (loose leafs in the teapot)green tea...Conclusion: Green tea contains caffeine & since it works so well to clean up excess Phosphorus, I will say that caffeine in a good thing when it comes to fighting Cancers, especially the 'spread factor' that excess Phosphorus causes...(The green tea was drunk at **Dim Sum King on Dundas street just west of the Art Gallery of Ontario**, a couple of blocks & UPSTAIRS like 3 flights)...p.s.at **Pet Valu**(the one at Yonge & St. Clair west side north side) Pet supplies today, the cashier(who also works at a Starbucks) mentioned that **Green Coffee beans extract(comes in pills)** is another way to get your **Copper(Coppers whatever you choose are most important to take to prevent & reverse Cancer spreading)**...**Gingko Biloba is another Copper...**

before & after applying Frankincense salve

Frankincense Essential Oil:I put at least 15 good sized drops of **Aromaforce**(bought from **the Health Shoppe at Yonge & St. Clair**-east side, south side, down two blocks,) Frankincense oil into a homemade salve & spread that over my breast & nipple areas, to wear under my tops all day long as a medicinal detox salve(**Make the basic salve with 1 teaspoon baking soda, 1 teaspoon organic corn starch, & 1 -2 teaspoons organic vegetable glycerin**)...I have had excellent shrinkage results from taking Frankincense internally(I chew the resin nuggets, they are called 'Frankincense Tears', then spit out the gum when the flavour goes)...But applying your medicine topically to a lump means your whole system is not necessarily affected, just the lump itself...

Vitamin D3 capsules(50,000 Iu-find on Amazon): Split open these capsules, drop into your homemade salve((**Make the basic salve with 1 teaspoon baking soda, 1 teaspoon organic corn starch, & 1 -2 teaspoons organic vegetable glycerin**) & put that under your armpits & on your breasts...I also added some Clove Essential Oil to the salve because it is an anti-parasitic...Results:Just from applying this Vitamin D3/Clove oil salve to my armpits & breasts one day, the next day, my 'lump' was significantly deteriorated looking, shrunken, to know this was powerful! (seems maybe even a better way to take the Vitamin D3 than orally!)

Comment:

"**3 new things I have been doing myself: 1)Frankincense essential oil 2)Green tea 3)Vitamin D3 50,000 iu ...But here's the new part- I make a salve/deodorant paste base by mixing 1 tsp. baking soda, 1 tsp. organic corn starch 1-2 tsps. vegetable glycerin...that makes a basic paste/deodorant base...Then you can make different batches...One batch I mixed in 3 good pours of Frankincense essential oil...One batch I emptied the 50,000 iu capsules(3) of Vitamin D3 into it(I added some**

Clove essential oil too cause it's an anti-parasitic)...Anyways...You put that under your armpits instead of your regular deodorant & it cleans out your lymph nodes...You can also apply the salve anywhere on your body where your "lumps" are, or in a targeted place...It turns out that topical really does get under your skin well...I have had tremendous 'shrinkage' (DCIS left breast lump) using both the Frankincense batch, & the Vitamin D3 Clove oil batch...It really cleans out Lymph nodes there too! (Also, you can put anything into the salve you want-it is a fun way to take medicine instead of always in your mouth)...(Plus you smell great)..."

Chewing Frankincense tears:I got the nuggets by going to Google Maps, typing in my home address, then using the "search nearby" feature, & typing in Frankincense tears(that's what they call them)...A bunch of listings came up of health food stores, then I went to their websites & checked if it was incense grade or better...

Usually the incense grade has dark bits in it & the chunks are bigger...The food grade Frankincense tears is yellow, smaller pieces, & when you chew it, it tastes sort of minty-that's the medicine...

It should chew into a gum texture-if its crumbly it's old or stale & not so good...But I see many providers on Amazon & there seem to be several websites offering different grades that look great...I switched to Frankincense essential oil orally for a while 'cause I thought it would be easier(the source where I got the tears from didn't have much)...Then I switched to Boswellia capsules which worked pretty good too...

But the chewing was very effective actually...I just got tired of ordering things online at that point...Frankincense like CBD oil is really good at lowering cholesterol levels, which aggressive cancers like to feed on...

It is also useful as part of an antiparasitic protocol...But if you don't have high cholesterol, both the Frank & the CBD as well as simple things like eating Mint leafs, will not do much...Also be aware that overly lowering cholesterol can impede healing from things like biopsies, surgeries, or overly violent mammograms...Some people ingest it, rub it on lumps & bumps, & rub on soles of the feet at night...In Oman everyone chews it...You can also drop the tears in a pitcher of water & the next morning you have Frankincense water all day long-it is nice-you can sweeten with a little stevia, add lemon juice, whatever...But be aware the resin part is not what you want-it is the essence-hence why you spit it out after chewing it...The chewy part does the opposite of the medicine part...I think this is why people report growth instead of shrinkage with CBD oil-I bet the batch they got was higher in resin than the medicine part...

Iodine for weight loss in an Herbal Format & reducing Calcium lumps & bumps & detox from birth control drugs:The Madagascar Periwinkle I get as a raw herb from Herbies Herbs online-they are also a real store here, but deliver great fresh herbs for cheap...A half pound bag is like \$25 & lasts forever-really like a year...It is a lovely way to get Iodine-Vinca drugs are also a chemo therapy-vincamine/vinpocetine-they are based on this herb...

I used the herb as part of a DIY chemo protocol for myself last year...Very effective until winter came(6 mos of the year here) & I had trouble sticking to my raw plant based diet...



Grove Body Part Chart & Brain Part Chart & ChromosomeChart

by Sari - Friday, June 19, 2015

<http://grovecanada.ca/grovechromosomechart/>

Brain parts connect to body part chart The thyroid is operated by the frontal lobe(which handles bones the skeleton teeth etc)

Corrected for Sugar

24 chromosomes(one extra for the Baker)

The squiggly line shows the order of things...Minus is before Plus...So if you drink Copper coffee & chase that with Phosphorus cheese, the cheese comes after the coffee, so it doesn't sooth well...Better to chase the coffee copper with Calcium which precedes the Copper coffee to avoid the ulcerated stomach lining...

grovebrainbodychromosomesagrovebrainbodychromosomesa

Grove Brain Part Chart

Grove Brain Part Chart...(I think)

by Sari - Saturday, April 04, 2015

<http://grovecanada.ca/grove-brain-part-chart-i-think/>

VistaPrint.ca is where I did the grid layout, the digital design, & the printing onto business cardstock...(brain squeeze is a promotional squeeze item to de-stress with our Grove Brain Part Chart printed on the top so you can remember what brain part is hurting & what to do about it!)

The Grove Brain Part Chart accounts for 24 chromosomes...(one extra for good luck! :)
Bismuth in the "real world" is labelled CHROMSOME 22...

Which is in the same position as my Bismuth position...Number 22...

So I must be on to something! (smile) :)

That would make Fluorine chromosome 21 on the Grove Brain or Body Part Chart...

The third version of the Grove Body part Chart shows the elements as chromosomes with which one would be labelled number one, then two, & so on...See there are 24 chromosomes...(the human body usually has 23 chromosomes but sometimes it can have an extra one, so 24...)

The chart that refers to the strength of each element or chromosome, has them labelled Minus 1, & Plus 1 all the way up to Minus Twelve & Plus Twelve...This is the strength of that element or chromosome...

Minus 12 is the strongest minus element, or female element, Boron...

Plus 12 is the strongest Male element, Plus chromosome, Lead(plomb Pb)(plumbum in Latin)...

Grove DIY AntiCancer Manual...(free pdf)!

by Sari - Thursday, July 07, 2016

<http://grovecanada.ca/grove-diy-anticancer-manual-free-pdf/>

About the DIY Diagnostic Imaging:

You can do all the imaging yourself if you want...Instructions are all over my site & in my free books...But yes...If you send me a picture of where the problem is or was, I upload the picture to either Fotoflexer.com or Lunapic.com or to [Pixlr.com/editor...There](http://Pixlr.com/editor...) are 4 steps in Fotoflexer...15 steps in Lunapic...& about 5 steps in Pixlr(Pixlr there are a few different ways to do it if you cannot see anything the first time)...Fotoflexer is able to see 5 different chemical elements including Her2 & Pr+...Lunapic just looks for Cancer (Er+ Phosphorus)...Pixlr can see the edges if it is a really good picture so it can help to track size changes...Even with a decent picture it can see areas of congestion & inflammation...None of these methods use an infrared camera or any specialized machine...Which is why they can be done yourself, for free, with a camera, & an internet connection...

What kind of pictures?

If there is a lump, people send me a close up of where the lump is...if it has been removed, people send me a close up of that area, because they want to make sure there is nothing new happening at the site, or that the site is indeed clear...Sometimes people send me pictures of where their Liver is, or their Lungs, to see what is happening-ie: fluid in the lungs(what it is made of), or is their Liver involvement...I have edited a Thyroid picture...Melanoma on someone's back...various Lymph nodes for Hodgkin's disease tracking...Brain scans can be edited to see chemistry better(ie: a lady was doing cannabis for 3 months & her tumour had shrunk in her brain MRI but there was still Cancer present that the MRI didn't show)...

Here are before & after edits of someone with a Pituitary brain tumour, after 3 months of cannabis oil use...The MRI showed tumour shrinkage...But the Lunapic edit shows cancer is still present(in purple)...Fotoflexer shows what elements the cannabis oil was able to dissolve...& what it did not reach...Pixlr shows the inflammation is definitely down...What this means is that people with brain tumours can indeed achieve great results in getting rid of tumours with cannabis oil-however, the cancer itself may still be present, so other modalities should also be included, to kill the parasite itself...That tumour shrinkage & killing cancer are two separate goals...

<https://shebelievedbangle.com/>(link to 'she believed she could so she did' bangle for yourself or a friend)...

Explanation: NIDi (non invasive diagnostic imaging) is not a machine...It is just a way of editing a picture to see under the skin...What each colour means was laboriously compiled by me, by taking one supplement or food at a time, taking pictures, editing them, noting how the colours changed, then registering a certain colour as being responsible for a certain element...For example, Aluminum in the real world is cholesterol...if your picture shows more of a whitish colour when you eat a bunch of eggs, you know that that colour is a cholesterol marker...Chicken shows up as Iron, a pink colour...Lead is in red

meat but also in other things too & shows up as more Blue...Calcium shows up as yellow if you drink milk or any other dairy...I figured this all out for myself...I could not do any imaging...My biopsy pierced my chest wall & left a hole there...The mammogram tore tissue & caused nodes in the perfectly fine breast that they insisted on doing...The ultrasound showed the trails that the biopsy had caused but the radiologist thought they were new growths...Ridiculous...I had no options...So I invented the solution...This is all hand done by me...Documented in my books & blog in various places as I developed it...It has been 2 & a half years...Long time & lots of time to check with real people against real diagnoses...Anyways...It's very cool...When you digest this, send me something & I will show you...Many people are doing their own editing now...

What can you see with NIDI? (non invasive diagnostic imaging):"If you sent me a picture, we both could see...The edges of the tumour in red usually in PIXlr.com/editor ...5 different biochemistry elements in the tumour & surrounding areas in Fotoflexer.com (so Lead in Blue, Iron in Pink, Whitish Aluminum cholesterol, Peach Hydrogen, Yellow calcium)...That gives clues to how to get rid of it...In Lunapic it shows just where the cancer is & how much-in purple...If there is mauve it is usually a pre-cancer stage like DCIS(though many call that cancer...Dr Laura Esserman does not-so I go with pre)...Estrogen is PHosphorus on the Periodic table by the way...Calcium is progesterone...People usually send a new picture once in a while, which is very useful to track progress...Yes, you can still see stuff while on chemo...Yes you can monitor after bilateral mastectomy...I am free, & so is everything on my blog..."

I usually recommend Licorice root for Cancer:(Comment...taste, side effects, effects...)

You will like Licorice a lot better when you see what it does to cancer! Yes...Licorice root can raise systolic blood pressure like coffee does...It is a bit of a stimulant, gives energy...Also you will feel it burning away at any cancer areas...Don't freak out...It is a good thing...

<http://grovecanada.ca/wp-content/uploads/2016/07/Grove-DIY-Anticancer-Manual-1-1.pdf>

Grove Health Science Book Series...

by Sari - Saturday, April 04, 2015

<http://grovecanada.ca/grove-health-science-book-series/>

[Grove Health Science Book Series](#)

These versions cost money...

Grove Health Science Book Series...All on one page with little clips & thumbnail pictures & stuff!

by Sari - Saturday, April 04, 2015

<http://grovecanada.ca/the-grove-health-science-book-series/>

Grove Health Science Book Series...All on one page with little clips & thumbnail pictures & stuff!

<http://www.amazon.com/gp/bookseries/B00VNB84O4/>

<http://www.amazon.com/gp/bookseries/B00VNB84O4/>

GrovebrainBodyChromosomes...

by Sari - Friday, June 19, 2015

<http://grovecanada.ca/grovebrainbodychromosomes/>

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3918415/> The chromosome called 16q is lower as breast cancer for instance becomes more invasive...

What does this mean?

Well, when I looked up chromosome 16q deletion, I came upon a disorder that had hearing loss as one of its common features...

I happen to know that lack of Bismuth can cause hearing loss...

Bismuth is a feature that helps to make skin...

Now why would 16q be LOWER if a cancer is MORE invasive?

Well...

If you have parasites, they like to eat B12...

B12 is delicious food for a parasite...On our chart B12, cobalt, is called AURUM, the Latin word for Gold...

So as the parasite we call cancer starts eating, it eats your Aurum...YourB12...

The more the parasite eats, the lower your B12 levels...The lower your Aurum levels...

The lower your 16q chromosome...The more invasive your parasite/cancer is...

Does this mean you should raise your 16q Bismuth levels to have less invasive cancer???

Absolutely NOT...

Do not feed the parasites more of what they like...

If 16q Bismuth is involved you need to lower it to starve out the parasite, starve them, starve the cancer...

So choose its opposite on our Grove Body Part Chart...

On the first chart below, we are looking at the Temporal Lobe at the Pineal gland...

This helps to make skin...In our body we are looking at our COLON...

The Minus element(detox) is Fluorine...The Plus element is Bismuth...(Melatonin is Bismuth family too by the way, as is Indium)...

So, to lower Bismuth you need Fluorine...

For example, Parsley is a natural food that is high in natural Fluorine...Eat alot of parsley...

& so on...

Grove Brain Part Chart

Grove Body Part Chart

GrovebrainBodyChromosomes...The squiggly line starts at Zinc then goes to Lead then curves back to Manganese then on top Iron then curves around to Titanium then around to Aluminum...This is actually a slowly looping spiral like the ringlet on a young girls's hair spiralling downward...This long loopy spiral from Minus chromosome to Plus chromosome is what they call DNA...This spiral also represents the ORDER of things of Elements from the Beginning of Time to the present...They call this spiral a Fibonacci spiral & everything in Nature has this spiral at its core...When you compress the Spiral you can get a Planet...Or a snail an escargot in the French language...Or a pancake...or a mushroom...Mother Nature loves the spiral...A sphere is actually made of a spiral...Curved space...Not rectangles like you would think from looking at Tall New Buildings...

Note:There are 24 chromosomes listed on my chart...Within those 24, there are actually 2 contributions-one from Mom & one from Dad...

So say we are talking about Magnesium on our chart...In reality there is a Magnesium contribution from Mom & one from Dad...

Which is why people talk about 46 chromosomes...They are talking about 23 items but each item is actually a pair of items...

On my chart I have 24 items, which means in reality 48 items, with 24 from Mom & 24 from Dad...

My chart has one extra item, or an extra pair of items...

Baker's dozen...

It was just easier for me to work with 12 body parts, 24 elements, & 48 total if you say each item is a pair of items...

Even number...

Just a heads up incase you are comparing the Grove Brain or Body Part chart with what is out there now...

It is slightly different...

But mine is easier to understand...More intuitive...That's why I invented it...

GroveBrainBodyRepair Chart:Clogs Clots Scar Tissue & Weight gain or Loss...

by Sari - Thursday, June 18, 2015

<http://grovecanada.ca/grovebrainbodyrepair-chartclogs-clots-scar-tissue-weight-gain-or-loss/>

GroveBrainBodyRepair Chart with 24 chromosomes...

The artery that leads AWAY from the Heart (artery away, vein towards),

leads TO the KIDNEYS...

If you eat GMO glutes that artery can become blocked...

A shot of **Olive oil with some Apple Cider Vinegar in the morning** is a great way to **unclog clogs...**

Clots, unlike clogs, arise from excess Iron in the Thymus gland which leads to excess Iron in the Bloodstream...

If you eat chicken for example that could raise your iron levels...Or if you visit Ironland Ireland where the ground is geologically rich in Iron as are the people & the water & the air...

To **unclot a clot** you need something in the Manganese family like nuts...Almonds are a wonderful nut to eat & a handful of those will help to unclot clots in the blood...

Scar tissue is a different animal unto itself...High Aurum levels in the Heart can lead to high blood pressure...Like gold the Aurum can form new seals & valves...To stop the formation of new seals & valves in the Heart that you don't need, you can add a Potassium source to your diet...Many people don't know that Stevia contains Potassium...Hawthorn the spice as well...Bananas & coconut water too...Potassium lowers blood pressure...

Iodoral is a tablet made by Optimox Corporation in California where seaweed can be easily harvested & extracted...You can buy 180 Iodoral tablets at 12.5 mg each per day for 6 months(cost me about \$70.00 Canadian currency) to help you **if you are female to lose weight...If you are male & want to gain weight this will help you...**Excess calcium from birth control drugs make women gain weight & men lose weight...This is a function of the fact that Calcium in excess can awaken the NON-Dominant side of your gender...When a woman awakens her male side she gains weight...When a man awakens his female side he loses weight...

GroveBrainPartChart:Book 9!

by Sari - Thursday, June 11, 2015

<http://grovecanada.ca/grovebrainpartchartbook-9/>

GroveBrainPartChart

Treble Clef Female
Bass Clef Male

Gender=

Skene's Gland & Prostate Gland=

Corpus Calossum female Minus Treble clef & Cerebral Aqueduct male Plus element Bass Clef=

Boron Bo -12 & Mb Molybdenum +1

Start small with Zinc, then loop to the right with Lead, then squeeze in tiny to Manganese, follow with a LARGE loop to Iron, & so on to form your Fibonacci Spiral...Like a snail only bigger, like a 3dimensional object...

The Code:

12 Body Parts

12 Brain Parts

12 Minus Elements

12 Plus Elements

Each Body Part contains 2 elements a Minus Element & a Plus element

Elements are from the Periodic Table of elements

Right side of the Body is Male Plus element dominant

Left side of the body is Female Minus element dominant

The Treble Clef in Music is for women

The Bass clef in Music is for Men

The Brain Parts Criss Cross to the Body Parts...

That means that for strength the ropes are crossed...

So the Left side of the Brain tends to be male & Plus dominant in a Man

The right side of the brain tends to be female & Minus dominant in a Woman

The front of the brain tends to be female dominant in brain parts that are front to back.

The back of the brain tends to be male Plus element dominant in brain parts that are front to back.

If a brain part is side to side like horizontal the right left rule applies.

Right side of the brain part controls the LEFT side of the body.

Left side of the brain part controls the RIGHT side of the body.

Front end of a brain part controls the BACK of the body.

Back end of a brain part controls the FRONT of a body part.

The stomach for example sits both to the front of the body & the back of the body.

The front of the stomach is a male dominant part & the back of the stomach is a female dominant part.

The strongest Plus element is Plus Twelve +12 & that is Lead Plom Pb.

The strongest Minus element is Boron Minus Twelve -12 & that is at the bottom of the chart.

The weakest Plus element is called Molybdenum & its sign is Mb.

You can find Molybdenum in Navy Beans...

If an element is in the same FAMILY but is stronger you could make it like this:

Pb Lead +12 Plumbum then you see Li Lithium is in the same family but just stronger so you could call Lithium +12.1 (see I called it +12 but since it is stronger than Lead Pb but similar I made it +12.1)

Lead in Latin is Plumbum hence the abbreviation Pb for Lead...

All the original elements come from Latin(actualy the word ALL is a little strong)...

Aurum is Au but that means Gold like it has an aura...

THE CODE CONTINUED:

Titration means dosing or measure or measurement...

If you have 2 of something you might write or type 2 x

x stands for times...

So like if I took 5 Manganese pills 2 times a day I might write that like this;

5 Mn 2 x/day

or if I wanted to be more specific I might say;

5 Manganese pills which are -2 Minus 2 on the GroveBrainPartChart & theGroveBodyPartChart two times per day & a day means maybe 24 hours not just 12 hrs like you would think...

The Minus elements tend to be Acidic.

The Plus elements tend to be Alkaline.

The human body needs all 24 chromosomes in order to be healthy.

Those 24 chromosomes need to be in Balance as well to be well.

Bwell.mobi/grove is the url address of one of our mobile applications with much great help from the team at Infinite Monkeys & the Monkey Market which does not involve the sale of monkeys at all...

The order of the chromosomes is Zinc Lead Manganese Iron Titanium Aluminum Potassium Gold Carbon Nitrogen Selenium Sulphur Oxygen Hydrogen Iodine Calcium Copper Phosphorus Magnesium Mercury Boron Molybdenum...

It should spiral outward...

That means that you start from the center & spiral outward...

Then you make a planet or a person or a dog!

The Trinity is the Head the Body & the Limbs.

or the Brain Parts then the Body Parts then the Limbs.

The Limbs include the arms & the legs.

The arms & the legs include the hands & the feet.

The arms & the legs also include the elbows & the Knees...

See Book 5 The Brain for some background on the Code... Book V: The Brain by Joseph & Sari Grove edited by the GroveCanada Team...which includes Austin the Portuguese Water Dog

THE CODE: In the Brain Part Chart you may see two words or more to describe brain parts...

The first word is the MINUS element.

The second word is the PLUS element.

MAKER.

for example in the Cerebral Cortex there exists the Corpus Calossum & the Cerebral Aqueduct.

The Corpus Calossum makes the Minus element Boron & the Cerebral Aqueduct makes the Plus element Molybdenum.

On the Grove Body Part Chart that area is called **Gendern & refers to the Skene's Gland & to the Prostate Gland...**

Skene's gland also makes Boron...The Prostate Gland also makes Molybdenum...

In the Limbs Boron & Molybdenum can be seen as a thin sheen coating on top of your skin...

Like the thin shiny coating on Soya Beans...Shiny translucent skin you also see on or inside eggs like the Amniotic sac that holds a horse baby called a foal or filly together inside the mommy horses stomach called the Mare...

A colt is usually a boy horse...

Hydrogen peroxide is an Oxygen that cleans out Water scabs...Then you can sometimes pull off a scab because you have dehydrated it...

Baking soda is a Carbon that lowers the bulk of Nitrogen glutens...

Apple Cider Vinegar is a Zinc family that removes Lead like what you find commonly in all alcohols because dirt often contains Lead & when you stew water in dirt long enough the Lead dissolves into the water & you drink Lead Pb Plumbum...Plomb!

When you mix apple cider vinegar (Zinc) with baking soda (sodium bicarbonate)Carbon...

Zinc plus Carbon=?

When you mix Hydrogen Peroxide with Baking Soda you get Bleach otherwise known as BORON...

If Zinc is -1 and Carbon is -5(*please note on the grove brain part chart carbon should be minus 5 not plus 5 that's a typo mistake!*)

Then Zn-1 and C-5 = a total of -6 (so -6 theoretically refers to Selenium which lowers Sulphur levels which usually refer to Sugar levels in this day & age)!

So Zinc + Carbon= Selenium

Oxygen added to Zinc and Carbon would be;

O-7 Zn-1 C -5 = Minus Seven Minus One Minus 5 Equals Minus 13 ...

Minus 13 refers to? well Boron is Minus 12 so Minus 13 would be a very strong Boron...

You could call Minus 13 Minus 12.1 if you want to stick with the Chart...

*a lady cured penile squamous cell carcinoma using Oxygen Zinc & Carbon...That means that she basically cured Prostate cancer in a horse...The lady also gave the horse to drink a quarter cup of apple cider vinegar & a quarter cup baking soda well in its mash which means food...She also lowered intake of sweet grass which comes up in the early spring & the late fall...The hydrogen peroxide was applied to visible areas & then the scabs were picked off...Cotton balls were used to hold the HO₂...By hand...The ACV mixed with the Sodium Bicarb was applied after, topically...This took daily work & 6 months of total time...I asked if the water was made hot? Hot & dry...Cold & wet...These are also opposites...The Cerebral Aqueduct rules the Prostate in a horse... <http://tamarastjohn.com/healing-a-horse-of-cancer/> (Tamara St. John convinced me to try apricot kernels, the lady who cured the horse Paches is "Renee Richetto Grul – the creative cancer killer" ...I am grateful to both...**From Sari: "Horses have been there for me, when nobody else was talking, & now that I am old, horses are there for me again, when nobody is listening..."**)

CODE: The Top of a Brain part that is VERTICAL in orientation controls the bottom of a LIMB...

For example the top of a brain part controls the bottom of the feet, the sole...

The bottom of a brain part that is vertical controls say the top of the feet...

This is the third dimension which includes the LIMBS...

So you have 3 directions:

or 3 choices...

when deciding...

Front or Back

Top or Bottom

Left side or Right side...

If you have brain parts that are left & right you know the left one is controlling the right side of the body & the right one is controlling the left side of the body...

If you have brain parts which are to the Front or to the Back of the brain LIKE THEY ARE PAIRED one is in front & one is in back then you know the one that is more to the FRONT in a pair controls the BACK of the body & the one that is more to the Back of the brain controls the Front of the body...

If you have brain parts that are vertical in orientation one is to the top of the pair & one is to the bottom of the pair then you know that the one that is on top of the pair controls the bottom of the body like the sole of the foot...

The one that is on the bottom of the paired brain part controls the top of the foot...

Like the Medulla Oblongata which controls the Heart Body Part is a Vertical Brain Part...

So the top of the medulla oblongata controls the bottom of the heart & the bottom of the medulla oblongata controls the top of the heart...

The heart makes seals & valves...Like on a clarinet...Seals & Valves...

Guestbook

by Sari - Wednesday, August 12, 2015

<http://grovecanada.ca/guestbook/>

[comment-guestbook]

H Pylori bacteria associated with stomach Cancers...Some answers...

by Sari - Sunday, September 13, 2015

<http://grovecanada.ca/h-pylori-bacteria-associated-with-stomach-cancers-some-answers/>

Iron, cholesterol, B12 and urea nitrogen these are thing h pylori like to feed on...

So an anti h pylori regime might include a manganese to lower iron(mugwort or bloodroot or black walnut hulls),

a Titanium to lower cholesterol (Frankincense/Boswellia, Mint leafs),

a potassium to lower B12(graviola or hawthorn),

& a carbon to lower urea(oils or baking soda)...

Happy that I didn't have a lumpectomy, especially when wearing a bikini...

by Sari - Monday, August 01, 2016

<http://grovecanada.ca/happy-that-i-didnt-have-a-lumpectomy-especially-when-wearing-a-bikini/>

Sari Grove long weekend...Monday August 1st, 2016

Hardness in lumps is not desirable...

by Sari - Tuesday, June 02, 2015

<http://grovecanada.ca/hardness-in-lumps-is-not-desirable/>

Dr. Junzo Kokubo...

Medical Doctor of Oriental Medicine...

Also Paramedic certified through SunLife Financial...

Listening & Ideas with Problem solving, Diagnosis through Palpation, Japanese Acupuncture(shorter needles, hollow tubes to insert with mallet), Moxibustion(Mugwort into cone then burned & removed before it touches skin), Shiatsu(removal of stress blockages through manipulation)...

Focus:Mugwort is similar to Nutmeg in that it is a Manganese element that lowers iron...Iron makes lumps hard...Manganese makes lumps soft...

Hardness in Lumps is NOT desirable...

Great success after one hour appointment June 1st, 2015...

Thank God!

Origato (Thank you in Japanese phonetic)

Note: Iron lives in the Thymus gland that produces blood...Iron makes red blood cells...In the brain, we are talking about the Motor Cortex...

Iron would prefer the right side of the body...

Hence Iron would prefer the left side of the brain...

Iron would prefer the front of the body...

Hence Iron would prefer the back of the Motor Cortex...

Iron is Yang or male...Plus element on our charts...

Manganese is Yin or female...Minus element on our charts...

Has anyone avoided surgery with breast cancer & succeeded?

by Sari - Wednesday, May 11, 2016

<http://grovecanada.ca/has-anyone-avoided-surgery-with-breast-cancer-succeeded/>

(Answer from Sari Grove):I didn't do lumpectomy...Raw plant based diet, walking 2 hours daily, those were the big changes...My goal was to turn the lump benign...Shrinking it is a different goal...My theory was that if Phosphorus was the differential between malignant & benign, & if Coppers antagonize Phosphorus, I just needed a good absorbable Copper herb to eat the Cancer & render lump benign...I used Licorice root (extract at first) to act as my Copper(it is like caffeine in practice, another Copper)...I developed my own diagnostic imaging to see the phosphorus, so I could determine if it was working...It did...Later I combined Licorice root herb, Madagascar periwinkle herb(Vinpocetine which acts like iodine), & Mugwort herb(Manganese lowers Iron), to address the main components of a tumour...1/3 cup each with enough water to cover, simmer 15 minutes, drink...That was my inexpensive DIY Chemo...It worked, & I am now the proud owner of a benign lump...Still trying to figure out how to get rid of it, as the black salving doesn't work on benign...More on my site- my free books are there- DIY Cancer repair manual, also RepoWoman, & more...Here <http://www.grovecanada.ca> (eventually it will get organized better, sorry...)

Here is the raw diet I did...[%22My Raw Food Diet Cure%22](#)

Headaches...Bad & really bad...What to do...

by Sari - Saturday, July 04, 2015

<http://grovecanada.ca/headaches-bad-really-bad-what-to-do/>

Roses in My Mum's garden...

As an artist, I used to get headaches from working with different paints &/or glues...

The first try would be raw garlic cloves & you mix that with plain yogurt to tolerate the burn...

That works very well...(recipe courtesy of Christo & Jeanne-Claude-artists know about headaches)!

The glue headaches were more severe though...

For those, anything in the Liver cleansing family applied...

I chose Goji berries, since they were the most palatable...

Goji berries can be pricey, like \$18.99 for a big bag...

Get a big bag, then eat the whole bag...

Goji are full of Oxygen & clean out the liver...

If you have any other liver cleansing herbs on hand, use those...

Of course, very fresh air brings in Oxygen, so go for a long bike ride-that helps very well too...

Heal Breast Cancer Naturally

by Sari - Sunday, May 17, 2015

<http://grovecanada.ca/heal-breast-cancer-naturally/>

Naturally Shrinking It...Is a new facebook group...

<http://www.healbreastcancernaturally.com/> *I like & wholeheartedly recommend this site...love & hugs, Sari Grove*

Notes:The author talks about many different ways to heal your breast cancer naturally...

Of note, experience taking **Blood Root, orally**...The remarks about the red rash appearing around the neck are reminiscent of the same red rash appearing around the neck of another healer who was also detoxing naturally...(Tamara St. John)...

(Apricot Kernels Kill Cancer Cells - YouTube

<http://www.youtube.com/watch?v=Qi4xXdBxDSs>

By iHealthTube.com · 2 min · 64,840 views · Added 2013-10-24

http://www.ihealthtube.com Tamara St. John treated her own breast cancer. One of the therapies she used was consuming apricot kernels. Here she talks about ...)

Blood root is a MANGANESE element in the Thymus...Taking this will lower IRON levels...I am assuming the red rash around the neck is excess Iron, in the form of extra red blood cells, appearing around the neck, as a detoxification reaction...

Exercising, or not eating proteins, like meat, or fish, also deplete iron...

Tamara St. John notes in her video that after the red rash was finished, the process was over...

This is interesting, because it alerts us to a stopping place...If you are taking bloodroot orally to treat high iron levels that can be consistent with cancer in the blood(Thymus gland), then possibly you should **STOP the protocol once the red rash appears** on your neck, & it clears up...

The danger with bloodroot is taking too much...So stop after the red rash on your neck happens...You did good & are done...In my opinion!

Also:On the [Heal Breast cancer Naturally dot com site](#), a product called MIROR EPF is described...

I have started taking this product...It comes in a tiny bottle & costs around \$50...

It is a very very powerful antiparasitic...You take about 3 drops 3 times per day, then later 2 drops 2 times per day for maintenance...

I like it! Parasites are a HUGE component of cancer or maybe the PRIME component of Cancer...

get rid of them...

p.s.If you are confused because there is a book called Heal breast cancer Naturally by Dr. V, & the site I am sending you to is not Dr. V's site, it is because the site I am sending you to CAME FIRST...

Dr. V. wrote her book AFTER, & named it the exact same name as the site written by someone else...

Heal Breast Cancer Naturally!

by Sari - Saturday, May 02, 2015

<http://grovecanada.ca/heal-breast-cancer-naturally/>

<http://www.healbreastcancernaturally.com/determine-if-a-breast-lump-is-malignant-or-benign-at-home/#comment-41236>

Recently, another Blog chose to write about my DIY Thermogram method & what to do when you see your pictures & figure out the chemistry of whatever lump it is you are looking at...

I was thrilled & still am just thrilled!

The post explains things in a way that makes it all much simpler than how I write...

Just great!

I urge you to go over to Heal Breast Cancer Naturally, & not only read the linked post, but just enjoy the vast amount of research, knowledge & sensitivity to the subject...

I have also made a new friend! Which is just the cat's pyjamas for me...(it is cold for 6 months of the year here in Toronto, & I get lonely for friends in the winter months)...

Here is the link again

<http://www.healbreastcancernaturally.com/determine-if-a-breast-lump-is-malignant-or-benign-at-home/#comment-41236>

If anyone successfully does their own DIY Thermogram please write to me about it...I am eager to hear of success stories...

UPDATE: If you don't have a Mac computer, I figured out another way to do a DIY Thermogram Mammogram using a free online program called Fotoflexer...[Here is the post with instructions for Windows people...](#)

Plus, if you need any help interpreting the pictures, I will do my best to help...

I'm at grove@sent.com , I'm Sari Grove...(below is my Grove Body Part Chart-which is the basis for my books...see the [Free Books page](#) to read all 8)

The Grove Body Part Chart has an extra row now...I called it Gender...In the male, it refers to the Prostate gland...In the female it refers to the female form of the Prostate gland which is called Skene's gland...The Plus element which feeds this area is called Molybdenum on my chart...The Minus element is called Boron...

The numbers on the Chart refer to the strength of that element...The Plus elements are strongest at the top of the chart...The Minus elements are strongest at the bottom of the Chart...So Boron is the strongest detoxifying element...Lead is the strongest nutrifying element...

Elements live in pairs as opposites in each body part...Imbalance is disease...

If you want to detoxify, choose all the Minus elements...If you need to feed your body, to replenish & repair, choose all the Plus elements...

Cancer is a disease of excess, so you need Minus elements to correct this...

Question:Someone asked me a question about a breast lump that was growing fast & I have decided to post my short answer here for anyone who wants a quickie response to such a problem...

Answer:Ok, so , no I did not get my Cannabis oil from Dr Robert Lowson...

I got mine from a website called buyweedonline dot ca which is based in British Columbia Canada where they grow it very fresh there...\$150 for 3 grams...Myself, I took it for 2 weeks then stopped...The side effects I was having was sleepiness during the day so I could not exercise at all, Hungryiness so I was breaking my diet, & constipation which can be dangerous...Plus it was too expensive for me to do the high dosages you require for the full treatment...I was also having memory loss...

I switched to Boswellia Serrata capsules(Frankincense) which have a similar effect to cannabis oil, but is legal & easier to get in many different formats...

For addressing a scary lump I recommend some ideas in my Book 6 & my Book 8, which are both free on my site grovecanada dot ca (look for the [Free Books page](#))...

But off the top of my head here are the big ones: To stop all spread which is the dangerous thing, take Licorice root in any form you prefer & keep taking it for a very long time(me a year)-Licorice root reverses Phosphorus which is what makes lumps malignant-it doesn't shrink them but makes them benign...Tincture, capsules, tea, or raw herb straight into mouth & swallow a pinch-I took all...Licorice is a Copper which cleans the Spleen...

Next is Iodine herb which is Madagascar Periwinkle herb-this does cause shrinkage by attacking Calcium...You can boil the herb or just swallow it raw straight which is cheaper & stronger...Apricot Kernels do shrinkage too by dehydrating the lump...They are made of Oxygen...Chew quickly then swallow some juice because they taste so bitter...

The two other things that significantly helped me with shrinkage are: raw plant based diet(Google helen hecker nurse for her book about eating raw for cancer)...

Second thing is I walked like 10 km 3 times per week...It is far so go slow...

In the mornings a shot of flaxseed oil with some apple cider vinegar provides Manganese & Carbon...

50,000 iu of Vitamin D3 once a week is important to lower Lead levels...Ok, those are the big things...

The cannabis oil seemed to act very much on my brain-if I had a brain tumour I am sure it would be perfect...I may go back to it in the future, but since I had my lump under control I wasn't panicky enough to go whole hog on it...

But my source, buyweedonline dot ca was wonderful-he calls himself Ronald mcChronald...But I think you have to be in Canada to buy from his site...

Please feel free to email me at grove@sent.com with questions or whatever about what I am mentioning...

There is more on my blog & site...

The [DIY Thermogram](#) thing is really neat & has just been written about on Healing Breast cancer Naturally blog...

*while I am mentioning things-also add a parasite cleanse to your routine...Get one that has black walnut hull, wormwood & clove oil...Those 3 things are what you need...It seems everyone has parasites & doesn't know...Better safe than sorry...Sari

[Also check out the DIY deodorant lymph node detoxification salve ideas...](#)(you take corn starch, baking soda, vegetable glycerin-then mix in clove oil, or frankincense oil, or grapefruit oil, some 50,000 iu vitamin d3 caspule powder & you have a lymph detox deodorant-put essential oils in that you like!

- Today

- [14:28](#)

More:

Hi(if you don't have a iPhoto editing program)...Take a picture about 4 inches away, lens set to Macro, flash on...Send it to me(grove@sent.com) & I will edit it on my Mac iPhoto program & send it back...If you want, crop out the nipple before sending for modesty...

The licorice root, whatever form you can get, stops all spread & reverses the cancer...It changes the chemistry to benign...

Take 50 mg pill of Iodoral daily...

50,000 iu vitamin d3 a week(get on amazon)...

Apricot kernels are amazing for shrinkage-stick them in juice if they taste too bitter...(grind them first)...

Frankincense(Boswellia) works just like the cannabis oil but is legal-start some now while you are waiting to source the CBD oil...Get the strongest & take way more than recommended dosage...

Just started something called Wobenzym N(it is made of pancreatic enzymes)...Will post when I know more...

Book 8 is how to get rid of a breast cancer lump...

Love & hugs, Sari Grove

p.s.take Amazing Grass Greens wheatgrass powder(or another Greens powder you can find) 3x a day (it has alot of plant caffeine)-the Copper is medicinal & it will make you feel great!

- [14:44](#)

[Sari Grove](#)

Get a Green wheatgrass powder(copper) which has plenty of plant based caffeine...You & Mum

drink this 3x day-it's medicinal but also makes you feel like a million bucks!

Myrrh oil (Opoponax version is strong) lowers blood sugar...Take that orally...

You can chew Frankincense Tears(the resin)...Spit it out when it loses flavour...



Healing Prayer by Padre Pio...

by Sari - Sunday, May 15, 2016

<http://grovecanada.ca/healing-prayer-by-padre-pio/>

HEALING AND KEEPING PRAYER by Padre Pio

Heavenly Father, I thank you for loving me.

I thank you for sending your Son, Our Lord Jesus Christ,
to the world to save and to set me free.

I trust in your power and grace that sustain and restore me.

Loving Father, touch me now with your healing hands,
for I believe that your will is for me to be well in mind, body,
soul and spirit.

Cover me with the most precious blood of your Son, our Lord
Jesus Christ from the top of my head to the soles of my feet.

Cast anything that should not be in me.

Root out any unhealthy and abnormal cells.

Open any blocked arteries or veins and rebuild and replenish
any damaged areas.

Remove all inflammation and cleanse any infection by the
power of Jesus' precious blood.

Let the fire of your healing love pass through my entire body
to heal and make new any diseased areas so that my body
will function the way you created it to function.

Touch also my mind and my emotion, even the deepest
recesses of my heart.

Saturate my entire being with your presence, love, joy, and
peace and draw me ever closer to you every moment of my life.

And Father, fill me with your Holy Spirit and empower me to
do your works so that my life will bring glory and honor to
your holy name. I ask this in the name of the Lord Jesus Christ. Amen

(thank you to John McGreevy in Ireland for this beautiful prayer)...

Helen's Raw Recipes...

by Sari - Sunday, August 21, 2016

<http://grovecanada.ca/helens-raw-recipes/>

<http://www.recipesraw.com/custom-2/Heljyui3906781'sEahiuke8946782awhjuioefdip593jel3894klwmUUNK901knxeilw1680hnw1klh5286mxvwlk382jnw509.pdf> Online link to same pdf Helen's Raw recipes...

Hemlock, also known as Conium Maculatum as a homeopathic remedy

by Sari - Thursday, July 30, 2015

<http://grovecanada.ca/hemlock-also-known-as-conium-maculatum-as-a-homeopathic-remedy/>

http://www.herbs2000.com/herbs/herbs_hemlock.htm

So, somebody mentioned they were taking Conium Maculatum as a homeopathic remedy in part of a protocol to fight a breast cancer...

The pills are not too expensive, & seem to be effective...

So what is this & how is it helping?

Ok, so my first clue as to what Conium Maculatum was, was that it is also called Hemlock...

That made it easier...

Then after reading many articles about Hemlock I found the one linked above where they mention that the Ancient Greek Physician Pedanius Dioscorides used hemlock topically to treat herpes...

Ahh finally...

I know that Herpes is an excess of Hydrogen in the Liver that responds very well to the Oxygen family...

So Hemlock should be the same...

An Oxygen...

In breast cancer, there is often an issue of Necrosis, or Hypoxia, which means a lack of Oxygen & too much Hydrogen...

Hydrogen is found in water & ice & many liquids...

Oxygenating a tumour area is excellent for dehydrating the thing, plus cleaning up Hypoxia induced necrosis, & also generally bringing Oxygen to the body which acts as a diuretic...

Oxygen things are also an aphrodisiac-Saffron is an Oxygen thing which you can also take medicinally to get extra Oxygen into your body...

Actually Colchicine is a medicine made from a plant in the saffron family, just a much stronger floral relative...(they use it for gout which is actually a Nitrogen excess/high uric acid, in the Kidneys, but Oxygen medicines do help...Baking soda a Carbon also is helpful for gout)...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Anyways...

Apricot kernels are also Oxygens...

Milk thistle, dandelion greens, Goji berries, cherries, & most berries & tomatoes have lots of extra Oxygen if you are scared of the "poison" hemlock thing...

By the way, the homeopathic preparations do not contain the toxic poison aspect of the hemlock species- they really dilute them down significantly!(hydrogen peroxide is also an Oxygen family thing by the way)...

Anyways...Thank you to the lady who posted about success with Conium Maculatum homeopathic pills...(I won't name names because I have not asked for permission yet)...

But also for those who have Shingles, Chicken pox, Chronic fatigue Syndrome, or Herpes, you should know Oxygen things are very useful...

Another homeopathic pill formulation that is an Oxygen but less strong than hemlock, is Arsenicum Album 200C homeopathic Boiron-I get it at Qi Natural Foods at Allen Road & Eglinton in Toronto...It is very useful in dealing with Shingles, another Hydrogen excess, Oxygen deficit, problem in the Liver...

p.s. Tamara St. John used Apricot kernels ground up in a coffee grinder & snuck into unsweetened applesauce to get her Oxygen while fighting breast cancer...

p.p.s. Personally, I am trying out the Lifewave Patches right now...Very interesting...Not cheap, but a really nice addition to a post-detox recovery & balancing out stage...(you have done most of the heavy lifting already & need to rebalance a bit from all those detox type things you have taken...)

Oxygen works in the Liver

Her2+ Breast Cancer...Natural things you can do(instead of Herceptin)

by Sari - Monday, October 26, 2015

<http://grovecanada.ca/her2-breast-cancer-natural-things-you-can-do-instead-of-herceptin/>

Update 2016:Her2 feeds on Hydrogen...(we are in the)Liver...It responds to Liver cleanse type things...Which include the whole Oxygen family...Apricot Kernels, a powerful Oxygen, are a lovely & wonderful way to address Her2 positive...Milk thistle is another lovely Oxygen...Burdock root is as well...Dandelion greens...Oxygen itself in the form of fresh air walks...Goji berries are Oxygens, as is raw Saffron, sundried tomatoes, all berries...Hydrogen Peroxide & Ozone therapies too...Butcher's broom is a powerful Oxygen too...Humaworm 30 day antiparasitic addresses all parasites including the very hard to reach Liver fluke...Highly recommended for all people with cancer but especially Her2 sensitive...

Herceptin works by addressing the liver...

There are plenty of natural things you can do that mimic this drug...

Anything that oxygenates the liver will help Her2+ Breast cancers...

Oxygen things include:

Apricot kernels, Apple seeds, milk thistle, dandelion greens, Butcher's Broom, Goji Berries, Burdock root, Ozone injections, Eucalyptus oil(topical & nebulize), berries, sundried tomatoes...

Longer explanation:

...Ok, so each marker represents a different element which works within a specific body part...

Each person with cancer has a thing that is feeding on specific markers...

The 3 main markers are Her2, Progesterone, & estrogen...Each one is a food for the cancer...

Each of these foods is produced by a specific body part...

Her2 is produced by the Liver, & I call that Hydrogen(using elements from the Periodic table since that is a commonly understood chart)...

Progesterone is produced by the Adrenal Gland, & I call that Calcium...

Estrogen is produced by the Spleen, & I call that Phosphorus...

(My work attempts to take medicine & simplify it a bit)...

Ok, so Hydrogen is produced by the Liver...

It is antagonized by Oxygen...

Herceptin is a Her2 specific drug, which means it targets Hydrogen in the Liver...

If it does what it should, it should Oxygenate the Liver, reducing Necrosis induced by Hypoxia, & shrinking & dehydrating tumours anywhere in the body including the breast...

The Her2 receptors on the breast cancer cells would be hydrogen based, so an oxygenating anti-viral type drug would work there...

If you took Iodine, that would work by addressing the Calcium in the Adrenal Gland, but also any Calcium receptors(they call that progesterone) in a breast cancer or any other type of tumour...

If you drank Green tea for instance, that would address the estrogen or phosphorus in your Spleen but also any circulating phosphorus in the body including in a breast cancer or other tumour...

This is why it can be problematic if a drug is lowering a marker in an organ but not necessarily lowering the marker as much in the hard tumour itself...

Then they do things like limb perfusion where they isolate the limb so the drug only goes to the tumour & doesn't wreak havoc everywhere else...Or you start applying things topically-in hopes of it only getting at the tumour area...

Here are two charts...

The first are brain parts & which body part they control...

The second is body parts & which two elements live as opposites in balance inside...

Minus elements detox, Plus elements feed...

Grove Brain Part Chart

Grove Body Part Chart

Herxheimer, Skull back right Parietal lobe is front left lung & lymphs...(switchy)

by Sari - Friday, July 17, 2015

<http://grovecanada.ca/herxheimer-skull-back-right-parietal-lobe-is-front-left-lung-lymphs-switchy/>

Herxheimer, Skull back right Parietal lobe is front left lung & lymphs...(switchy)

Bugs are dead but will still magnetically gather by property to Phosphorus P centre

Light green is healthy tissue in Fotoflexer, Dark green is Phosphorus in Fotoflexer...

Skull right back side back top of head is female Occipital lobe sugar sulphur S dominant...female symbology Circle with traditional cross (longer stem at bottom)...

When you see a flare of hair at back left side of head occipital lobe area top, that means the lady has been with a man...

Correction Sue at Salon \$45 a haircut plus HST 13% = 55 dollars about, minus change for tip =50 bucks

A buck for a f---, a f--- for a buck, & fifty bucks for a f-cked, up duck...! (my cousin said that not me!)

KMH laboratory Edward

97.3 fm radio Hamilton,

Hi Stranger! Thanks for dropping by!

by Sari - Thursday, April 14, 2016

<http://grovecanada.ca/416-342-0807-fax-to-our-email-as-pdf-if-you-need-to/>

Hi...Welcome to our site...We are Joseph & Sari Grove(Sari sounds like mary) & we are Canadian artists who have developed some new ideas in the field of medicine...Do It Yourself Diagnostic Imaging is one of those innovations...

[For example: see under the skin at a lump...2 edits-1 for biochemistry, the other if it malignant or not\)](#)

How to see a lump under the skin, or check for Cancer in an operated area, or investigate a suspicious mole, or track your Alternative anticancer progress... ?

PLEASE JOIN DIY CANCER REPAIR MANUAL on

Facebook<https://www.facebook.com/groups/DIYCancerRepairManual/> **Post: Basic ANTICancer things to do now!(beginners protocol ideas) Look for the Free Books page on this site grovecanada.ca (Smashwords versions are downloadable) Funny video:Duet, Husky Imam Xmas !**

<https://youtu.be/Vogp-n1-JPA> (A husky sings Christmas Carols in response to the call to prayer...)

*use "grovecanada" for password protected posts

High B12 is linked to cancer...

by Sari - Sunday, May 01, 2016

<http://grovecanada.ca/high-b12-is-linked-to-cancer/>

<http://jnci.oxfordjournals.org/content/early/2013/11/11/jnci.djt315.full>Cancer & high B12

Basal cells like to eat B12...

Those with the MTHFR gene have problems processing B12, which can lead to aggressive cancers that feed on the excess...

Potassiums eat B12...

Graviola is a Potassium...

Hawthorn berries are a Potassium...

Stevia is a Potassium too...(actually, even artificial sweeteners contain large amounts of potassium...)

<http://www.ascopost.com/News/10830> High B12 & triple negative cancer...

Anyone with an aggressive type of cancer should be taking a Potassium...

Notes:

"I forget if I mentioned...Will say again just to be sure...triple negative is related to basal cell cancers & MTHFR gene mutations...This is related to high B12 counts & often hypertension...So Potassiums lower that very well...Like graviola & hawthorne berries...Stevia is also high in potassium as are all artificial sweeteners...You can also just take potassium...I think you can get potassium salts & dissolve them in water...But I think it would be really useful to slow down the aggression of triple negative..." Sari Grove

Some links to read about B12 & Cancer

<http://m.jnci.oxfordjournals.org/content/early/2013/11/11/jnci.djt315.full>

<http://www.m.webmd.com/a-to-z-guides/news/20091117/folic-acid-b12-may-increase-cancer-risk>

<http://www.everydayhealth.com/cancer/study-vitaminb-correlated-with-higher-cancer-risk.aspx>

Further Commentary:

There are two different issues here to discuss...One is that on a raw plant based diet, one can become very

low in B12...At that point, you may need to supplement, out of need...The other issue is- is B12 anticancer in & of itself? By itself, my answer would be no...B12 raises blood pressure, Basal cells feed on B12, & those with the MTHFR gene mutation have excessively high B12, which could be why they are more prone to Cancers...Several studies have correlated high B12 with predisposition to Cancer...The reason programs like Gerson give B12 is because of the deficiency the diet creates...(I would assume)...I do not think in & of itself it is a detox type supplement, & I don't recommend it when people ask me...I do recommend its opposite however, which is Potassium...Potassium is found in Graviola, Hawthorne berries, & even just potassium salts or pills...Stevia has tons of Potassium too...Potassiums lower blood pressure & I think, lower risk of Cancer & alleviate current Cancers too...I feel B12 feeds Cancer...But Gerson has people taking potassium salts & with the strict diet, it probably balances out to even...But taking it to detox? No, it's a feed a repair food...Not really a detox food...

High Lead levels...Neck/collarbone inflammation...Thyroid...

by Sari - Tuesday, August 23, 2016

<http://grovecanada.ca/high-lead-levels-neckcollarbone-inflammation-thyroid/>

Re:Inflammation in Neck/collarbone area...

Neck, collarbone area is the Thyroid...

So this can indicate high Lead levels-possibly from old water pipes, but can be from other exposure...

A diffuser in your bedroom at night, with Lemon & Rosemary essential oils(diluted into another oil like jojoba or apricot kernel oil), can help your night time breathing air...(I got mine from [Escents](#)-they also have essential oils...)

Use that same oil mix topically in your armpits, breast area, neck & collarbone area, chest, back of neck, soles of feet at night...

Internally Heavy Metals defense (heavymetalsdefense.com) removes heavy metals...

I use it in powder form mixed into a liquid in the mornings...They do have capsules too...

If you have evergreen trees nearby, grab some of their needles fronds & simmer in water, & drink the tea...High in Vitamin C(which removes lead) & also Thiamine(which lowers cholesterol)...

Homemade marble

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/homemade-marble/>

Process Photos of making the homemade marble sculpture...This was a breakthrough try for me...I used plumber's pipes & coupling pipes to couple the pipe into a hard solid armature, it is awkward but it was still a leap forward in no-weld armatures...Later, I developed the more esoteric bendable rod design...But I had to get to here in order to get to there...(See the [Daffodil for the newer ideas in no-weld armatures...](#))

Note:The FINISHED sculpture is covered in (not real ones)flowers...I cannot find the right picture...Messy artist syndrome...

the recipe for Sari's homemade marble(her personal invention):

**"Circa 1850" powdered waterproof marine glue (resin)...1 part
Aragonite Sand (marble) 2 parts
3/4 inch alkaline resistant glass fibres 1 part
water 1 part
optional: gold powder, or mineral silicate paint (for cement)...to taste**

(Truth is, it was an all brown raccoon with a very long & big nose, I think it was a different species than the grey & black & white bandit ones we see usually in Toronto...)

whiskers are of fibre optic fibre

taped to keep them clean while working...the aluminum screen mesh keeps them more separate from each other...

12/13

This No-Weld armature was made by cutting pieces of copper pipe, then using copper couplings to join them together...Then I ran wire through the whole thing to make sure it held together well...This was all wrapped in a large amount of chicken wire...It is a very stable form...My newer armatures are built using threaded steel rods bolted together using copper strapping as attachment device...The newer design allows for more curves, since the copper pipe design, well, it is hard to bend pipe easily...A ferrocement teacher named Nick Nickolson inspired my newer curvier design for a no-weld armature...He was welding, but his lines are very elegant & slim, which led me to ponder how I could make concrete more elegant & less boxy...Which forced me to think harder about the how part...

A question about making marble from India

"But Sari, it doesn't look like a raccoon..."Well, the raccoon died, it had been hit by a car...The jaw bone

protruded...I don't work from photographs...I didn't have a model anymore to work from...(Though a long nosed baby raccoon did some later modelling work for me)...Austin, a Portuguese Water Dog helped me fill in some of the blanks...I am an abstract artist, & that is how stories by me get told...

- ***A question about making marble...***

Hi...We live in Canada, which is very cold for 6 months of the year & wet because we are in Toronto near to lake Ontario...So my recipes for marble & concrete were designed by me for this particular climate...Also, based on what kind of supplies were readily available... Each artisan has their own recipe, that they have devised themselves for their own needs & tastes...

-

- *You can't really just borrow someone else`s because it won`t suit you... The important thing is to try to understand the essence of what you are trying to do, then devise your own way of doing it...To suit your budget, climate, & abilities...It took me a year to understand concrete-by reading books online & asking other artisans, by being a member of forums like the artconcrete Google group forum...There is no easy fix nor answer... But it can be very rewarding...*

-

- *Once I understood cement, which is the basis for concrete, I was able to understand marble & porcelain...Very very basically, for cement sculpture, we needed 4 parts white cement to two parts aggregate...That aggregate was in 4 parts itself...Aggregate: white silicon sand for strength, perlite for lightness, calcium carbonate sand for malleability (also called marble sand or aragonite sand), & most importantly alkaline resistant glass fibres in 1/2 inch or 3/4 inch length at least...Plus 1 part water...To that water we added \"Milk\" also called latex adhesive (liquid) which makes it all more waterproof...Colour needs to be special cement paint, not regular paint...It comes in a powder & needs to be added into the mix, not on...You can also mix in cement paint in small amounts, the liquid kind...*

-

- *But only special for cement paint...Ok so that is concrete, for concrete sculpture...It must lie on top of an armature...I explain a very ingenious way of making a steel armature without welding on my site...*

-

- *Look for No-Weld armature how to...On top of the armature, you need a mesh or chicken wire for the material to grab to...I am not doing casting here...These are one at a time...Casting molds is different...The mix is more liquidy...Once you understand concrete, you can start to experiment with marble mixes...My concrete mix incorporates marble as Aragonite sand (marble sand or calcium carbonate sand)...Using cement in your marble mix can be very strong...Stronger than all marble...*

-

- *So you may want to change your ideas about what you want to do...A concrete marble mixed recipe may be much better for doing what you are trying to do...For all marble, essentially you need:Some sort of marble sand, Aragonite sand, calcium carbonate sand...Find out what is easily available in your area...Anything in that category...(I used aragonite sand because I can buy it from pet stores easily-it is a kind of marble)...Each kind of marble has different hardnesses...I found I needed the alkaline resistant glass fibres...*

-

- *I used 3/4 inch length & bought from a specialized cement supplier...These provide much needed strength...Very important! You may think it is expensive, but the work will last...Use*

them!"Milk"-latex adhesive liquid...This is a gluey liquid...25% of it instead of water, then add your water...water is minimal or your mix falls apart...

-
- *Err on less with water...Add more milk to water if you need it to be more waterproof...Milk will make it more pliable, less cracking, but can make it softer...Glue...*
-
- *Yes, this was your question...You need some sort of glue...I tried many different types of glues & they all work...I settled on Circa 1850 powdered marine glue in a can because it was very strong & waterproof...*
- *You need to always wear a respirator when working with glue...Not a dust mask, a respirator...With the two canisters at each side...Glue will give you a headache...*
-
- *It is what makes the process uncomfortable...because of the need for some sort of glue, it makes the concrete mix more attractive...because when you use cement it acts as your glue...*
- *It is still dangerous, but in some ways less annoying than straight glue...I used Eco-House\'s cement sealers...They made me a special mix that is graffiti resistant & no VOCs... eco-house.com (they can maybe advise you about eco-friendly cement sealers in India?)*
-
- *You can put gold powder into the eco-sealer & brush that into the wet material to give a gold finish...Or any colour...You need to find out what is available in your country, in your town, easily...*
-
- *You need to experiment with mixes to see what you like...Find out what glues (you used the word "gels", they often call glue "resin"), are available in your town...You will have to use what is available locally to you...*
-
- *Use ECO-FRIENDLY materials if you possibly can...*
- *This will save you many many headaches later...You should know that making multiples is not a money making business because these days so many companies are doing this already for very cheap...If the work is truly great & original you may have a chance...But this is a labour of love...*
- *It is complicated...It must be done by a skilled person...*
- *Do not go into this as a money maker...You`d be better off studying accounting...*
-
- *It is difficult...Understand also that when you cook marble it becomes porcelain...But in India, in the hot sun, your marble may do that without needing an oven...This makes it harder but in some ways more fragile, like a dish...Sanding the marble also makes it shinier...This is a bonus thing to do...*
- *The glue part is the problem...Sorry I don` t know the names of what glues are in India...Look for the word "resin" when you search companies in your area...Then try out small batches...Make a small mix & see how it survives...You will have to invent something just for your little company...Part of what you are selling is your own genius...You can` t just copy another company`s genius & expect to make a profit...I hope this helps!Sari Grove(Sari created some of her infographics on Infogr.am)(the text above is from one of those infographics...)*

Hormone replacement therapy & birth control drugs...Strikingly similar to the composite material of malignant tumours...

by Sari - Thursday, August 25, 2016

<http://grovecanada.ca/hormone-replacement-therapy-birth-control-drugs-strikingly-similar-to-the-composite-material-of-malignant-tumours/>

The vast majority of malignant tumours contain Calcium Phosphate...

Calcium & Phosphorus...

It is no coincidence that birth control drugs are Calcium & Phosphorus(called Progesterone & Estrogen), & that hormone replacement therapy is too...

Note:Nitrogens called testosterone, act like glutens in the body...

How did you learn all of this? (Facebook question this evening...)

by Sari - Tuesday, June 07, 2016

<http://grovecanada.ca/how-did-you-learn-all-of-this-facebook-question-this-evening/>

The short answer: My father was a neuro-ophthalmological surgeon who also wrote textbooks & taught medicine... My husband's grandfather was an Oxford scholarship trained war time physician here in Canada... My mother's side were religious leaders... Intellectual types... I am an artist which means I am self-employed... Which means I have a great deal of time to read, research, study, be creative... I developed a theory for medicine years ago & wrote a book to explain it... [That became 9 books](#)... When I got cancer, I spent all my time studying it & writing about it & reading everyone's books... I developed the imaging for myself... Then started to share that... As people wrote to me for help with imaging, I got to learn what they were doing & what worked & what didn't... Of course, I participate in many Facebook groups, which allows me to learn the newest things... The more you participate, the more you learn...

[DIY Cancer repair Manual is not on Smashwords because I have a deal with Amazon... But you can get a free version here...](#)

How To

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/how-to/>

[Book of How Tos...](#)

<https://app.box.com/shared/xtn334dy9x1oqbqppouz> **7 awesome HOW To lessons from Sari...(online)**

Hosted on Box.net is Sari's account there...

ferrocement

Do it yourself medicine

prosthetic left hand

knot a nest for a swan

armature no-weld

ferrocement sculpture

Grove Chart HOW

[How to...by Sari Grove \(7 things\)](#) *Here are those 7 awesome lessons as a cool PDF file you can download here...*

(I am so nice!)

How to do a Gallbladder/Liver Cleanse...

by Sari - Sunday, May 15, 2016

<http://grovecanada.ca/how-to-do-a-liver-cleanse/>

For those who want to skip all this: drink an ounce of lemon juice mixed with an ounce of extra virgin olive oil daily for two weeks...

Ok...More serious stuff:

For three days leading up to the cleanse, drink a glass of apple juice every two hours.

INGREDIENTS:

1/2 Cup Olive Oil Extra Virgin

1 Big grapefruit - squeezed or 100% grapefruit juice (canned is fine)

4 tablespoon EPSOM salts

3 cups water You can substitute 3 cups water (that is used in this recipe to dissolve Epsom salt) with 3 cups freshly pressed grapefruit juice, or apple juice - that way you will not feel unpleasant taste of Magnesium Sulphate (epsom salts)

Choose a day like Saturday for the cleanse, since you will be able to rest the next day.

Take no medicines, vitamins or pills that you can do without; they could prevent success.

Eat a no-fat breakfast and lunch such as cooked cereal with fruit, fruit juice, bread and preserves or honey (no butter or milk), baked potato or other vegetables with salt only. This allows the bile to build up and develop pressure in the liver. Higher pressure pushes out more stones.

2:00 PM. Do not eat or drink anything heavy (water or tea is fine to drink) after 2 o'clock. If you break this rule you could feel quite ill later. Get your Epsom salts ready. Mix 4 tbs. in 3 cups water (or juice) and pour this into a jar. This makes four servings, 3/4 (three fourths) cup each. Set the jar in the refrigerator to get ice cold (this is for convenience and taste only). [You can substitute 3 cups water with 3 cups freshly pressed grapefruit juice, or apple juice, it tastes better .]

6:00 PM. Drink one serving 3/4 (three fourths cup) of the ice cold Epsom salts. (goes down faster and easier through a drinking straw) If you did not prepare this ahead of time, mix 1 tbs. in 3/4 (three fourth) cup water now. You may add 1/8 (one eighth) tsp. vitamin C powder to improve the taste. You may also drink a few mouthfuls of water afterwards or rinse your mouth. Get the olive oil and grapefruit out to warm up.

8:00 PM. Repeat by drinking another 3/4 (three fourths) cup of Epsom salts. You haven't eaten since two o'clock, but you won't feel hungry. Get your bedtime chores done. The timing is critical for success.

9:45 PM. Pour 1/2 (half) cup (measured) olive oil into the pint jar add 3/4 cup grapefruit juice. Add this to the olive oil. Close the jar tightly with the lid and shake hard until watery (only grapefruit juice does this). Now visit the bathroom one or more time, even if it makes you late for your ten o'clock drink. Don't be more than 15 minutes late. You will get fewer stones.

10:00 PM. Drink the olive oli/grapefruit potion you have mixed. Drinking through a large plastic straw helps it go down easier. Drink it standing up. Get it down within 5 minutes. Lie down immediately. You might fail to get stones out if you don't. The sooner you lie down the more stones you will get out. Be ready for bed ahead of time. Don't clean up the kitchen.

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

As soon as the drink is down walk to your bed and lie down flat on your back with your head up high on the pillow. Try to think about what is happening in the liver. Try to keep perfectly still for at least 20 minutes. You may feel a train of stones traveling along the bile ducts like marbles. There is no pain because the bile duct valves are open (thank you Epsom salts!).

Go to sleep, you may fail to get stones out if you don't.

Upon awakening take your third dose of Epsom salts. If you have indigestion or nausea wait until it is gone before drinking the Epsom salts. You may go back to bed. Don't take this potion before 6:00 am.

Expect diarrhea in the morning.

2 Hours Later. Take your fourth (the last) dose of Epsom salts. You may go back to bed again. After 2 More Hours you may eat. Start with fruit juice. Half an hour later eat fruit. One hour later you may eat regular food but keep it light. By supper you should feel recovered.

(Note: get Oral Epsom Salts from your pharmacist)...

how to fix Alzheimer's disease...by Sari Grove

by Sari - Thursday, August 20, 2015

<http://grovecanada.ca/a-very-short-speech-about-how-to-fix-alheimes-disease-by-sari-grove/>

1. By boosting cholesterol levels you can feed the Alzheimer's brain what it needs to develop new pathways for memory...
In the same way, by lowering cholesterol levels through the use of statins you can induce memory loss...
-

How to get rid of toenail fungus...

by Sari - Friday, June 03, 2016

<http://grovecanada.ca/?p=3293>

How to make your breasts look bigger without doing anything stupid like getting implants...

by Sari - Thursday, December 17, 2015

<http://grovecanada.ca/how-to-make-your-breasts-look-bigger-without-doing-anything-stupid-like-getting-implants/>

Raise your Blood pressure...

By raising your B12 levels...

Fish raise B12...

On the Grove Body Part Chart, B12 is Aurum...

If you don't want bigger breasts, **but just want to correct sag, stretch marks, wounds, scars, then you need to raise Cholesterol**(Aluminum on the Grove Body Part Chart), & Lower Titanium(no marijuana, no lipitor or crestor or cholesterol lowering drugs, no aspirin, no sleeping pills or painkillers...)

A great way to Raise cholesterol to correct saggy-ness of flesh, is to blend a raw egg with a banana-smoothie...blend the egg shell in too for extra nutrition...Add some ice if you like & anything else...More eggs means faster results...Tastes good, don't worry!

How to see a lump in your breast & our free ebooks:Free PDF file you can download & share with someone who needs it)

by Sari - Sunday, August 09, 2015

<http://grovecanada.ca/how-to-see-a-lump-in-your-breast-our-free-ebooksfree-pdf-file-you-can-download-share-with-someone-who-needs-it/>

<http://grovecanada.ca/grovecanada-hostawesome-com/>FREE BOOKS ACCESS as well! (more places)

This is a PDF file you can download for free & share with someone who might need it...

You get the link to the 'How to see a lump in your breast(or anywhere else)post,

& links to our 8 free eBooks either on Smashwords(under 10 megabyte size for your Kindle app on an Iphone or Android device or smartphone),

as well as links to full size versions online of our eBooks(On Scribd-bigger files but pictures are btter)

Here is the pdf... [How to see a lump in your breast & our free ebooks](#)

Note: I created this file for our **DIY Cancer Repair Manual** Facebook group & you are welcome to join & I'd love you to!

Sari Grove (Join our Group here!)<https://www.facebook.com/groups/DIYCancerRepairManual/>

How to see a lump in your breast(or anywhere else)...by Sari Grove

by Sari - Monday, June 22, 2015

<http://grovecanada.ca/how-to-see-a-lump-in-your-breast-by-sari-grove/>

Before word:There are 2 main Editing techniques mentioned here...One is the Fotoflexer edit that looks at biochemistry...This will tell you what some of your imbalances are, & will help you to focus on what exactly to correct for health...The second is a Lunapic edit that ONLY looks for malignancy...Here is the link to the full instructions for the Lunapic edit...<http://grovecanada.ca/checking-only-for-malignancyphosphorus-after-looking-at-a-lump-or-where-a-lump-was-or-just-checking-under-the-skin-somewhere/> Note:If you are eating lots of Phosphorus foods including cottage cheese, Kefir, Yogurt, or cheeses, then you could get a false positive for malignancy in Lunapic...Cease eating all those foods for 3 days & see how your pictures look then...

An example of a Fotoflexer edit to see chemistry of a lump...

<https://humaworm.com/ordernow.0.html.0.html> *Humaworm is an antiparasitic that you take for 30 days...2 capsules morning, 2 capsules evening...If you have Cancer take it...Also give to your pets...And anyone else you have been in contact with...This is not an affiliate link at all...Sari Grove

*(please say thank you to Marnie Newton on Facebook for introducing us to Humaworm...Without her research, we would still be having to buy single supplements to make up our recipes...Not to mention, forgetting to add Marshmallow, a demulcent, a Carbon on the Grove Body Part Chart, that softens & helps excrete GMO glutens that can cause physical blockages in the Kidneys, preventing traditional antiparasitics from doing their job)...

Instructions for how to see a lump under your skin in your body:

How to do it...(Basic Instructions)

Take a picture with your camera set to Macro Flash on about 4 inches away(with iPhone camera set to HDR on, iPad cameras & even pretty crummy cameras WILL work!)...

Too close & the flash will be too strong(so get close, then back off so the Flash doesn't ruin the picture-4-5 inches-take a few shots at different distances)...

Camera notes:if you use an iPhone or other Mobile camera, they are set to brighter because most mobile shots are in dark rooms-so your final picture will be brighter-**so you don't necessarily need Flash, & you might not need Macro setting either**...(play with settings to see which pictures give best results...)

Regular Digital Cameras: Do better with **Flash setting On**, & if you can **set the LENS to MACRO** which means it can see detail close-up very well...

*You can Message Sari Grove on Facebook & upload a test picture there & discuss results there with Sari if you want help...(philosophically GroveCanada.ca is a Do It Yourself site, & our books encourage Do It Yourselfing as much as possible...So please do not consider Sari or anyone else to be a replacement for your own expertise...You are the Doctor of your own body, do not give that power away!)

<http://grovecanada.ca/so-you-want-to-go-alternative-with-your-cancer-treatment-but-you-dont-know-where-to-start/> When you know your results, see this post to understand what things you can do to correct any imbalances you see or malignancies...

Upload to Fotoflexer.com then in Basic choose Adjust

Move HUE all the way to left, Move Saturation all the way to right...

In EFFECTS choose Heat Map (click MORE at top to see Heat map as a choice)

After Applying Heat map, go to COLOR ROTATE, click APPLY as well, then SAVE you are DONE!

4 Easy steps:

1) Upload to <http://www.Fotoflexer.com...>

2) In Basics adjust Hue (all the way to the left, the slider) & Saturation (move this slider all the way to the right)...

3) In Effects choose Heat Map...

4) Then choose Color Rotate...

(Second editing method)****In Lunapic.com Best Method for checking for Malignancy!

<http://www.lunapic.com> IF YOU REALLY WANT TO CHECK FOR PHOSPHORUS (malignancy) up close:

Follow these steps...

In Adjust:

click adaptive equalize, apply

click sharpen, slider all the way to right (100%), apply

click color saturation, slider all the way to right, apply

contrast-5x (click this 5 times slowly, wait in between for it to fully load), apply

IN Filters:

thermal effect, apply

HDR lighting, apply

back In Adjust:

adjust light levels---contrast slider to left, highlights slider to left, shadows sliders to left (all down(to left)), apply

adjust colors:

click the swap red green button

click swap green blue button

click swap blue red button,apply

Normalize, apply,

DONE! (in this edit in Lunapic you are looking for purple Phosphorus only...Any purple is Phosphorus, malignancy...(Treat with Coppers like licorice root tincture/extract)

[Here is the blog post that explains the malignancy edit in Lunapic with a video & more...](#)

Here is what the look for malignancy edit looks like in Lunapic, see blog post for more how to...

Ok, back to basics...(The Fotoflexer edit)

What did you see in your edited picture?

Blue is lead(You will get Blue after drinking alcohol the night before or eating red meat)(Note: I have also seen Blue Lead from: Radiator fluid spill, RoundupWeed Killer exposure, Mold in house, Old house Lead Paint, Tattoo Ink- Heavy Metals Defense powder from Mike Adams the Health Ranger store chelates heavy metals)...-antagonize with Zinc family like Camu Camu powder for Vitamin C...

Pink(this ring will be right around the Blue Lead) is Iron(you will see Iron after eating chicken) antagonize with a Manganese supplement...

White(it is also slightly pinkish) is Aluminum(Aluminum is cholesterol in the real world)...Antagonize with with Titanium like Boswellia capsules(Frankincense)...

Peach is Hydrogen(you drank ice or water-Necrosis which is characterized by Hypoxia is also excess Hydrogen))...Antagonize with Oxygens like Apricot Kernels...

Dark spots are Phosphorus(You will see Phosphorus after eating cheese, yogurt, Kefir, cottage cheese)(Phosphorus looks like tiny ants-I have also seen heavy Phosphorus exposure from living near a lake with Toxic Algae Blooms)...Antagonize with Licorice root tincture & Colloidal Copper & even transdermal Copper patches-(a Copper)...

Yellow is Calcium...antagonize with Iodine like Iodoral pills 12.5 mg a day...

Green is normal tissue Yay!

Warning:DARK GREEN spots or blobs is Phosphorus...Phosphorus is what makes a lump

malignant...You want to clear your lump picture of all those dark green spots...COPPER cleans out Phosphorus...Use the search feature on the website to find out more about how things work, the grove body part chart, our free books, how to download them from Smashwords, & just anything else I might have written about...

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3702614/> This complicated sounding study basically supports what I have been saying, which is that licorice root is great at getting at breast cancer(& other cancers)...I took licorice tincture first...(later, capsules, the tea, boiled the herb, then just swallowed the herb raw)...Licorice root is a COPPER...(like Ginkgo Biloba, caffeine, green tea, Matcha tea, wheatgrass)...

How the Grove Body Part Chart relates to your lump pictures:The PLUS elements start at LEAD, then IRON, then ALUMINUM, then AURUM, then Nitrogen, Sugar, Hydrogen, Calcium, Phosphorus, Mercury, Bismuth, Molybdenum...

So...When you look at your FOTOFLEXER edited lump picture, the elements will start in the MIDDLE of the LUMP, & work outwards in CONCENTRIC circles...

So Lead(blue in Fotoflexer) should be in the middle, then Pink Iron, then Whitish pink Aluminum, then...Calcium, Phosphorus...NOT all elements can be seen easily in Fotoflexer...

Aurum(B12 which attracts bugs & raises blood pressure), Nitrogen(all glutens & GMO glutens & breads & pastas will block up Kidneys causing physical blockages to getting rid of parasites-Marshmallow helps unblock those blocks since it is a Carbon), Sugar, Mercury & Molybdenum are not easily seen in Fotoflexer...

Phosphorus is also a bit hard to distinguish, [which is why we came up with the LUNAPIC editing process which ONLY looks for Phosphorus which indicates malignancy\(an alien life form in your body\)](#)

...Phosphorus can also indicate high consumption of Phosphorus foods, so please cease eating Phosphorus foods for at least 3 days prior to checking your photographs if you don't want to freak out too much at all the Phosphorus purple you will see...If you have been on the Budwig diet(which includes Phosphorus based cottage cheese), you will have to refrain from the cottage cheese for a longer time in order to avoid false positives...

Corrected for Sugar

(*write to me directly if you are scared or need help or want to chat or argue... grove@sent.com Sari Grove...My husband Joseph Grove helps me in everything I do, but if you send me pictures or emails I don't share that with him...I often lose or delete things people send me so I don't have your personal information in my computer...so don't rely on me to store your pictures or anything...I am just here to help...)

**Just to compare with a normal Mammogram picture, here is one from my own Mammogram CD...If you have your CD, the file is called the DICOM file there...Open it until you get to black looking slide pictures...Those are your pictures... <http://www.dicomlibrary.com/> This service Dicom Library will allow you to anonymously upload your pictures & view them immediately for free online...Anyways, here is one...You cannot really see very much!*

Compare that to my DIY Thermogram process images...You can see both size & chemistry in COLOUR! You can take the photos yourself with no squashing or other people touching you...You can do this every day to see how certain foods or supplements affect size & chemistry...

Blue=Lead(like from alcohol or potatoes or Vitamin A things-antagonize with Vitamin D3 or Ginger root tea)

Light Pink around the Blue=Iron(like from chicken-antagonize with Manganese like Mugwort, Moxa, Moxibustion, bloodroot, or nuts or just Manganese pills)

Almost white around that pink=Aluminum(like cholesterol from eggs type of things-antagonize with Titaniums like Frankincense topically or orally)

The peachy colour around that is Hydrogen=like from water(necrosis is too much Hydrogen not enough Oxygen-hence apricot kernels because they are Oxygen rich)

Yellow is calcium=from Milk(antagonize with Iodines like Iodoral daily 12.5 mg)

Green=Normal flesh

Dark spots=can be Phosphorus(dangerous)(antagonize with a Copper like Licorice root which chases away estrogen Phosphorus fast)

edited at fotoflexer.com

Here is how my picture looks as edited in iPhoto(below)...Here the shiny reflective area is Iron...The foggy grey stuff is Hydrogen...The Blue is Aluminum(cholesterol)...The green is normal tissue...Dark Spots are Phosphorus(which is actually dangerous-antagonize with Licorice root a great Copper that is anti-estrogenic...)[How to edit in iPhoto instructions are here...](#)

NOTE:in iPhoto I can see Cholesterol(aluminum) very well-it shows up BLUE...

In iPhoto, if there is a lot of Phosphorus, it shows up as PURPLE...

These two are important to see & do not come up very well in the Fotoflexer.com picture edits...(Sorry!

Macintosh discontinued the iPhoto program so I cannot do this for you easily anymore...)If you want me to edit a picture for you in iPhoto(or in Fotoflexer.com) please send me a pic to grove@sent.com & I will do my best to do it quickly...Plus I will probably tell you what I think is there to help...

iphoto edit

Note:You can see stuff in other parts of your body too!

When my husband & I were both sick, we wanted to see if it was maybe pneumonia...

I took a picture close-up of Joseph's lung from the back, & I also did a selfie of my own lung taken from my back...(just hold the camera sort of where you think your lung is at your back area)...

I uploaded & edited the photos & compared them to a study that has close up pictures of mouse lungs who had pneumonia...I could see the grey foggy cloudy patches in the lungs of the mice with pneumonia...(grey foggy cloudy patches indicate Hydrogen if you edit in iPhoto...In Fotoflexer, Hydrogen comes out a peachy colour)...

When I looked at our pictures I could also see the same cloudy grey foggy patches...

We did indeed both have pneumonia!

This was important because we stepped up our home treatments...

1000 mg garlic pills(Kyolic), Cayenne pepper in everything including coffee tea & soup...

I also did a 9 minute session at an intermediate(stronger than normal) grade machine at a sun tanning salon...This was key & \$25 dollars later,(I also paid for & used the lotion they sell...)my lungs were actually clear...(In winter, a suntanning bed can really boost your system out of a chronic illness, especially in Canada)...

For Joseph, turns out the cayenne pepper in everything was key to his recovery...

A letter I wrote to somebody recently:(with personal stuff removed)

Most lumps or tumours are not made up of cancer cells...

A small fraction may be cancerous, the rest is just Calcium & iron...

A benign lump is calcium Oxalate(oxalate means iron)...

a malignant lump is Calcium phosphate...

So the difference between the two is the Phosphorus...

To prevent & reverse the spread of Phosphorus you use Coppers...Anything in the Copper family

will antagonize the Phosphorus & reverse...

Its called Phenotypic reversion when cancer cells return back to normal cells...

I used Licorice root for my Copper because it absorbs well...Tincture, tea, capsules, the raw herb, the herb boiled, even a strong syrup thing...

Ginkgo Biloba is another Copper...

Green tea contains alot of Copper & some people have extracted the catechins from green tea into pills...

Once you have stopped any & all Phosphorus & gotten rid of it, you basically just have a benign lump...

Getting rid of Calcium you need Iodine...Iodoral 12.5 mg daily is fine...The herb Madagascar periwinkle is great too...Poke root too...Kelp too...Vinpocetine is a pill that is also an Iodine-great...eat seaweed & sea vegetables...Fucoidan is a new Iodine...

Iodines shrink the Calcium...

Iron is what makes tumours hard...Anything Manganese softens Iron...Bloodroot is a Manganese...So are nuts...Mugwort (Artemisinin) is a manganese...Manganese pills too...

Other elements are particular to what you eat & drink usually...

If you see alot of Hydrogen then you need Oxygen things...I like apricot kernels for Oxygen because they are so strong & pretty easy to buy...Tamara st. John grinds them in a coffee grinder then eats them in the morning in unsweetened applesauce...They taste bitter so this is a great way to stick with eating alot of them...

I walk 10 km almost daily...It can take 1-1/2 hours...It used to take 3 hours I was so slow...Walking is almost a full time job...

Vitamin D3 50,000 iu a week is a great booster & helps to dissolve Lead...Lead comes from drinking alcohol usually(shows Blue in the Fotoflexer edited pictures)...(this was a new fact to me too actually-that alcohol contains Lead)...

Green is normal tissue yes...

The rest that is not green is not necessarily Cancer, it's just not exactly what should be there...

What I look for is the Phosphorus...In the iPhoto program Phosphorus shows up as tiny purple ants, or dark spots...

In the Fotoflexer program Phosphorus is harder to see...

It can show up as very dark spots...

I am trying to find a program that could maybe show Phosphorus better, because that is an important one to know about...

Phosphorus is the scary one...

Cholesterol(shows Blue in iPhoto edits, or shows pink in Fotoflexer-usually right after the Blue) responds well to Frankincense/Boswellia...

Things that I am not seeing yet in pictures(but would love to be able to in the future if I can find better editing programs)are:

Sugar(though if I ate sugar by accident- a poppyseed salad dressing was spiked as were the dried cranberries in some innocent looking trail mix- the lump shows increased activity, like more spots on it in pictures)...

Nitrogen(like glutens)

But you can feel things get bigger from glutens...

& most people know to avoid sugars...(though fruit sugars people sneak in often)...

I ordered the Ingrid Naiman book about black salve today...(in Canadian currency cause the dollar is low here, plus shipping, it cost me \$75...!)Update: read it!

But I guess if I am going to black salve I've gotta read the black salve Bible on it..."(turns out the Facebook group Black Salve discussion is pretty darn good for learning)...

Resource: <http://testingcancer.com/index.html> Kelley Metabolic Centre will mail you tubes for blood & urine samples...You get the samples, mail them back(priority shipping less than 7 days!), & they send you back a full profile that includes Cancer spectrum profiling...It costs less than \$500, but if you want to know how you are doing, this might be the way to go...I have not done the cancer profile yet...But I am thinking about it...(update: didn't go for it...Instead spent that money on a topical patch system called Lifewave...)(I'd rather spend on medicines than diagnostics)...

Question I see often: *What could I do if I have cancer & want to detox & rebalance my biochemistry?*

Answer: (from Sari Grove) Here's a recent list I wrote as a comment somewhere else... If you have any questions about anything, feel free to ask... grove@sent.com "After a year of raw vegetable diet,

10 kilometre walking,

licorice root,

madagascar periwinkle,

mugwort,

vitamin d3 50,000 iu,

lots of oil, apple cider vinegar

, potassium,

Boron,

green tea

, hemp oil,

CBD oil,

hulled hemp seeds,

sesame seeds,

cabbage,

broccoli,

carrots,

green apples,

nuts,

wheatgrass juice,

baking soda,

garlic pills & raw garlic,

apricot kernels,

goji berries,

organic food,

iodoral tablets,

kelp,

poke root,

blue flag iris,

matcha tea,

cold brewed coffee,

gingko biloba,

vinpocetine,

Unda 17(for parasites),

Mirror EPF(also for parasites),

black walnut hull,

wormwood,

clove,

(those 3 also for parasites),

Frankincense resin chewed,

Frankincense water,

Boswellia capsules,

Frankincense topically,

Lymph Detox deodorant,

Ginger root boiled,

Epsom Salt baths,

Myrrh oil drops(Opoponax was the species of Myrrh)

magnesium," (I also took Dr. Reckeweg R38, & R39, which gets rid of Ovarian Cysts)...(I also used the Get-ITGirl(get-it girl.com) smoothie powder & Matcha tea powder at the very

beginning)(VegaOne Sugar Free Energizer with ginger & turmeric helped at the beginning too!)
(Cayenne pepper in everything & ginger root boiled to make tea)...(You can chew Frankincense resin, then spit out the gum later-good medicine!)...I cheated on the raw vegetable diet with fish if I needed proteins...

What about Cancers or Polyps in other parts of the body?

My feeling is that generally speaking with these type of things, the list of things I did would be helpful...It's a systemic thing...Topical salves get rid of lumps & bumps but you really have to detox & rebalance the whole system so nothing comes back & everything is reversed back to normal...The most important ones if you think it's Cancer are:**Licorice Root(for the Copper-alternatively you can get Copper from Ginkgo Biloba & Green Tea), Iodoral or another Iodine but strong & daily...Manganese acts like Bloodroot-you can get Manganese from the herb Mugwort...Boron is very useful in the lower body regions like the Bladder...**

Things I am planning on doing soon...

Bloodroot capsules internally from ZENITH HERBALS...(update: got them & started taking them!)

Black Salve topically on lump to remove it from Zenith herbals...(maybe)(update: still a maybe Nov. 2015)...

Please join the Black Salve Discussion Group on Facebook if you are considering Black Salve or the Bloodroot capsules...You will need them...

24 chromosomes(one extra for the Baker)

Explanation:

"Each body part has two elements that live together as opposites in balance...Disease is an imbalance of these two elements...Find out which body part or corresponding brain part your disease is affecting...Find out if you have an excess or a lack...Lower the correct element if there is excess...Raise the correct element if there is lack...Since they are opposites, by raising one element, you will naturally also lower the other element...It is like a scale or a see-saw...Minus elements detoxify, Plus elements feed...The strongest Minus element is Boron...The strongest Plus element is lead...The numbers indicate how strong an element is...Boron is -12 very strong detoxifier...Lead is +12 very strong feeder..."

Sari Grove

you can do fotoflexer or iphoto edits with ultrasound pictures too

At the end of writing my 3rd book, I discover that Coppers are able to prevent & reverse spread...They don't remove a lump, but can make it revert back to benign...It is called Phenotypic reversion when cancer cells revert back to benign...With my brother's help, I landed on Licorice root as the Copper I would predominantly use...I tracked its effect with my DIY thermogram photo editing-almost daily...Started

with St. Francis Licorice root tincture...Once I saw that it was working, my fear about the whole spread thing went away...You can live with a benign lump indefinitely...People forget that...As long as you neuter it, you don't necessarily have to shrink it or take it out-which can be difficult because a benign lump is usually Calcium Oxalate(oxalate means iron) which is almost as hard as a tooth...

Why I had to invent my own imaging program...

...My first & only mammogram tore tissue at the top of both breasts & under the lump...3 months later at my first & only oncologist appt. she said she felt nodes in my non- lump breast...I said yes I know, that was from the mammogram...As a small breasted woman, I have always feared getting up on that table- now I know my fears were warranted...I also had the joy of my pleura being pierced during the core needle biopsy...That means for 2 months when I drank water it went into my lungs...Turns put once again, small breasts plus lump near chest wall can result in accidental piercing called a pneumothorax...This year I tried ultrasound alone(if you try hard enough they let you do this)...So this time they say there are 2 new trails...I say, yes, because you are seeing the trails from the core needle biopsy- they leave 2 straw like trails...So long story short-I was motivated to do my own diagnostic imaging...

papillomavirus-notice it is dark green(phosphorus signature), whereas the rest of the skin is light green(yellow is calcium)

Alcohol:When I take my pictures & edit them, alcohol comes up as Lead, just like red meat does...It was surprising to me so I researched & found indeed alcohol does have a high Lead content...You can offset that with things like Vitamin D3, Vitamin C, Ginger root tea, Sunshine...The other thing that comes up from alcohol is Hydrogen...You can offset that with Oxygens like Apricot kernels, Goji berries, Milk thistle...Some people burn those things off quickly though, so they can drink...Depends on the person & how active they are...Insomniacs tend to burn off alcohol fast, athletes too...The sugar is another issue...Offset with Lysine, garlic, selenium, pancreatic enzymes...

Note:if you already have Thermogram images, just upload them to Fotoflexer & choose Color Rotate in Effects...(In regular thermograms the red is Lead(blue) on our chart, & the yellow is Iron(light pink)...

If you already have ultrasound images, mammogram images, brain scan images, CT scans, just edit them the same way you would a normal picture, using our steps...)

If you edit a regular Thermogram picture in Lunapic for malignancy, just SKIP the THERMAL effect step-that has already been done...Also SKIP the ADJUST light levels... Here are the full check for malignancy only instructions...<http://grovecanada.ca/checking-only-for-malignancyphosphorus-after-looking-at-a-lump-or-where-a-lump-was-or-just-checking-under-the-skin-somewhere/>

Lungs:

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Do you know where exactly in your lungs those nodules were? If you have a digital camera, you could try taking a picture exactly where you think they are...Set to Macro, flash on, about 4-5 inches away...Maybe we could see them? Just a thought...

There is a camera app in the iTunes Store called Camera+ ...It turns the iPhone camera into a camera that can be set to Macro, Flash on, & Stabilizer...To take better pictures...Just an idea if you only have an iPhone...

<http://grovecanada.ca/so-you-want-to-go-alternative-with-your-cancer-treatment-but-you-dont-know-where-to-start/> If you are starting an Alternative anticancer program & need some guidance, or are already doing one & feel confused, check out my blog post about all that...

*(from Sari Grove-& Joseph Grove too)*****I put together a short Kindle book on Amazon, for those who want a copy of these free instructions on Kindle...It is \$2.99 American currency)...The book is called DIY Diagnostic Imaging, & contains the short pdf file with just 4 pictures of what to do in Fotoflexer, the written notes on how to just look for malignancy in Lunapic.com, & the so you want to start an alternative anticancer protocol but don't know where to start, blogpost...here is the link*

http://www.amazon.ca/gp/product/B017HH1RV4?keywords=diy%20diagnostic%20imaging&qid=1446641370&ref=ssr_1_1&sr=8-1

This post is ONLY the UP CLOSE instructions to check for Phosphorus malignancy...That is ALL it sees, nothing else... <http://grovecanada.ca/checking-only-for-malignancyphosphorus-after-looking-at-a-lump-or-where-a-lump-was-or-just-checking-under-the-skin-somewhere/>

(here's a free PDF file of the instructions in step by step pictures you can download now...[how to see a lump yourself...](#))PDF file 899 kb(small file)

*If you are stuck with these instructions, message me on Facebook (Sari Grove), with your picture & I will edit it for you & walk you through how to again...Or write at grove@sent.com if you don't have Facebook...

- ** asterisk marked comments are all optional, so skim through them...*

**<http://h.theapp.mobi/diythermogram> This is a Free Mobile App that has all these instructions, the video, the short pdf, conveniently in a place you can bookmark on your Mobile Phone & or share with a friend...

***Note: If you are on a laptop, go to the iTunes store & download a Flash browser like Puffin...The free photo editor works on Flash, so you need a Flash browser app to edit your photos there from an iPad...

****Also: The Camera+ App for iPhone has Macro, automatic flash, & Stabilizer- to take better pictures with your iPhone...I usually use my Sony Dsc-T100 point & shoot digital camera set to Macro, Flash on, close up but not so close the flash ruins the picture 3 inches away about...But I have successfully taken photos with an iPad & an iPhone- take your time, good light, close up don't try to get the whole body part, just the place where there is trouble...If there is no lump, you can still see what is happening systemically-

very useful for Cancer prevention...You can also take pictures inside your mouth- teeth have problems years before tumours appear- check your mouth now!

****If you only have an iPhone...Download the Puffin App from the iTunes store...Or any other Flash Browser app you like there...Then when you go to Fotoflexer.com it will work...When you have to move the Hue & Saturation sliders, switch to Fullscreen so the page doesn't move...It is doable...Then exit fullscreen to get the Heat Map & Color Rotate functions...You have to click the More button at the top far right to see them...If your iPhone camera picture is mediocre, download the Camera+ App too...Take your picture with Macro, Stabilizer, (not necessarily flash on because it may be too close & ruin the colours)...You can enhance that picture in the Edit mode if you want it even better before you upload to Fotoflexer...((clarity, sharpen, saturation etc)...

How to do it...(Basic Instructions, again!!!)

Take a picture with your camera set to Macro Flash on about 4 inches away(with iPhone camera set to HDR on, iPad cameras & even pretty crummy cameras WILL work!)...

Too close & the flash will be too strong(so get close, then back off so the Flash doesn't ruin the picture-4-5 inches-take a few shots at different distances)...

Upload to <http://www.Fotoflexer.com>...

In Basics adjust Hue(all the way to the left, the slider) & Saturation(move this slider all the way to the right)...

In Effects choose Heat Map...Then choose Color Rotate...

***(after editing in Fotoflexer)Bonus: If you really want to see if there is Phosphorus (malignancy) present, here is an extra step you can take to make sure...Not hard to do...Go to the free photo editor called BeFunky at <http://www.Befunky.com>...Upload the ALREADY edited picture you edited already in Fotoflexer...The third icon at the far left of the page once you upload is the EDIT button...When you CLICK that button, a bunch of choices come up...The first one to choose is COLOR...When you select that you will see Hue slider, Saturation slider & Temperature slider...MOVE the SATURATION slider all the way to the RIGHT...Click on the checkmark to save that choice...Last step-Choose SHARPEN...Move that SLIDER all the way to the right too! Click the checkmark to save...At the top of the page you can SAVE your picture...The Dark Green spots of Phosphorus will be much more apparent now...**

Other editing ideas(non-essential to know/optional):If you want to see just the Phosphorus parts up close(Phosphorus indicates malignancy so it is an important marker, if not the most important) I have a way to see it better...AFTER doing the regular Fotoflexer edit, that that finished edited picture, & save it to your iPhone(sorry this is the way I have done it so far- will try to figure out the online way soon...)

ok...Import the photo into the Camera+ app for iPhone...Choose Edit...In the LAB pro functions...Choose Clarity pro & slide both sliders all the way to the right...Sharpen all the way...Saturation all the way...In Brightness & Contrast- Only slide the Contrast slider all the way to the right...Ok, Done & Save your picture...The dark green spots of Phosphorus will be much easier to see & track...(will add when I find

another way to do this)...

Apologies: My brother is at times a bit dyslexic, & when I am around him, sometimes it rubs off... I have reversed Sulphur & Sugar on my Grove Body Part Chart previously, & more recently, discovered a reversal of Aluminum & Iron in my images here... I am so sorry... I do correct mistakes as I find them, but am aware that I may have screwed up your protocols a bit... Please inform me when things are reversed- I am re-editing all 9 manuscripts on Amazon this Christmas season, so this is the time to write to me to tell me new things I may have missed... grove@sent.com or find me on Facebook! Sari Grove p.s. Seasons greetings by the way... If you need help with anything, write... (For those who have been treating themselves for high Iron instead of high Aluminum, rest assured you have not screwed yourself up... Manganese is just a little lighter than Titanium as a medicine, so you just may have under-dosed a bit... Not a fatal mistake, promise!)

Here is an example of a man who went to a strip club to see what it was like... These are two edits of the same photograph... The first is in Fotoflexer, which looks for size & chemistry changes... The second is in LunaPic which looks for (purple) malignancy (foreign creatures)...

This is the same photo, taken of the man, close up of his face... The green area central in the Fotoflexer picture is what the man thought was a "pimple", which had not healed... The photo shows that much more than a pimple occurred after being exposed to the filthy air in the strip club atmosphere, where lap dances are common... The first photo should be all light green if the man had not gone into the strip club at all... This is an example of the type of chemistry your facial skin is exposed to in these adult entertainment clubs...

The Lunapic photo looks for malignancy, or foreign bodies or creatures... They show up as purple... One can see just the beginnings of purple at the bottom edge where the pink ends... So there has been exposure to dangerous foreign parasites... However, for the time being, one would say that the man is relatively cancer free... For now... Let's hope these pictures serve as a warning... Brothels, strip clubs, lap dance parlours, adult entertainment clubs, are rife with disgusting people, odours, drugs, & sexually transmitted diseases... For the amount of money people spend in these places, one should be able to sue for health violations...

Lunapic

Fotoflexer

Video shows how to do DIY Diagnostic Imaging in Lunapic to check for malignancy... photo in video taken with iPhone 5s camera...

The purple Phosphorus indicates malignancy

After you try [the How to see a lump or anything else, like what is going on under your skin systematically, instructions...](#) You may want to take a closer look to see if there is any Phosphorus present...

Phosphorus indicates malignancy... (Use Coppers like licorice root extract, Spirulina, green tea, Cilantro,

Yerba Mate, Copper, Plant caffeines, coffee, tea, chromium, St. John's wort, wheatgrass, barley grass, to clear that up...

So...if you want to do the intense checking yourself...Here is how to do ONLY that...

picture shows breast cancer metastasis to brain, edited from CT scan, purple areas indicate malignancy (Phosphorus)...

This is just to see Phosphorus only...nothing else...

Using LunaPic <http://www.lunapic.com>

These are the new instructions for that...(for people who don't have the iPhoto program...but also, it seems to see it better than iPhoto a bit actually)...

Go to Lunapic.com & Browse for your picture

In ADJUST, Adaptive equalize, then Sharpen(all the way to right), then Color Saturation(slider all the way to 100), then Contrast(5 times /click + sign 5 times)...don't forget to hit Apply on each one!
(Note: You have to do step 5 & 6, before you can do steps 7 & 8)...

In FILTERS choose Thermal Effect, then HDR Lighting(steps 5 & 6)

In Adjust, Adjust light levels, slide all 3 sliders to the LEFT then Apply! (Step 7)

SWAP all 3 colour choices in Adjust Colors(In ADJUST)...then APPLY (Step 8)

Last step! In ADJUST choose NORMALIZE...Purple indicates presence of Phosphorus Malignancy...

Ok, here goes...It is not hard, just step by step slow...(wait till each page loads before going to next step...)

****In Lunapic.com <http://www.lunapic.com>

IF YOU REALLY WANT TO CHECK
FOR PHOSPHORUS(malignancy) up close:

Follow these steps...

Browse, Upload

Browse(for picture), Upload...

In Adjust:

click adaptive equalize, apply

Adaptive Equalize, Apply(in ADJUST)

click sharpen, slider all the way to right(100%), apply

click color saturation, slider all the way to right, apply

contrast-5x (click this 5 times slowly, wait in between for it to fully load), apply

IN Filters:

thermal effect, apply

HDR lighting, apply

back In Adjust:

adjust light levels—contrast slider to left,

highlights slider to left,

shadows sliders to left

(all down(to left)), apply

adjust colors:

click the swap red green button

click swap green blue button

click swap blue red button,apply

Normalize, apply,

this lump is pretty much all clear of purple

DONE! (in this edit in Lunapic you are looking for purple Phosphorus only...Any purple is Phosphorus, malignancy...(Treat with Coppers like licorice root tincture/extract)

Sari

Video notes for video below:This person has been eating alot of yogurt, kefir, cottage cheese, products & that is showing up temporarily as purple Phosphorus...True malignancy purple has an organic irregular cell shaped creature ant look to it...(Salmonella Typhi bacteria are what we are looking for when we say malignancy...They have a Phosphorus visual signature because that is their favorite food...)

Also note:Before your period your natural body Phosphorus levels rise-don't freak out...Try to take your pictures after your period when things look better so you don't scare yourself!

Malignant Purple looks like creatures

In the Video, go to Settings(its a little circle in the bottom right hand corner of the video frame, & TURN ON ANNOTATIONS...I have written some messages on the video that are important...)

(If you edit a regular Thermogram picture that you already have, in Lunapic for malignancy, just SKIP the THERMAL effect step-that has already been done...Also SKIP the ADJUST light levels...)

Reminder:Salmonella typhi bacteria show up as Phosphorus purple but they also like to eat Phosphorus purple...In your check for malignancy picture, the salmonella typhi bacteria will look odd shaped, organic, alive, like ants-they will be irregular...Phosphorus that you have just eaten will show up as flat purple, regular, abstract, not alive looking, no cells, in a constrained area...Lowering your overall Phosphorus levels gets rid of salmonella typhi bacteria, malignancy, but don't freak out if you eat cottage cheese one day or yogurt & your Phosphorus levels show as being really alot...This is probably only temporary...Wait a day, two days, three days, & take another picture...try not to scare yourself...

Differentiating Malignancy from Cottage cheese, yoghurt, kefir, or natural body Phosphorus visual signatures...

Inflammatory Breast Cancer-Purple at far left(arrow) is irregular, notice "wormy" texture on chest, some purple tones there too...

Lunapic edit (still from first video of this post)this person has been drinking soy milk, cow milk, eating cheese, & taking Chaste tree, wild yams, & soy isoflavones

same picture in fotoflexer edit

Question: How much licorice root did you take?

Do It! Pearson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Answer:

I didn't have a system...

For how much I would take...

I just took pictures every day, to see if the Phosphorus was gone...

I dosed according to how I felt, how it made me feel, how much money I wanted to spend that week, how afraid I was...

If you can keep track of it once in a while in pictures, it will help you to know how you are doing...

What I did find was that when you order a mega-bottle of extract, you get way too much alcohol & not a whole lot of extract...

My husband says that is normal-they get sloppy & sell you dilute stuff...

So I went back to the small bottles...

Also layered in tea, capsules, the herb simmered on stove then drink liquid, also just swallowed herb raw...

I was trying to make it all cheaper...

Possibly I should not have done that...

The cheaper you spend maybe the less strong it is...

The extract really made me feel the burn...

I did get that feeling from the other stuff but not as much...

There are other things in the same category (Copper) that give you a buzz too...

Gingko biloba, copper supplements, spirulina, chlorella, coffee, tea, matcha, chromium, boron, yerba mate, plant caffeines, really anything caffeinated(energy drinks), st. john's wort...cocaine(no I did not do this, but it is a copper, as is crack cocaine), gotu kola, kola nut, um...I am probably repeating myself, I forget sometimes how many times I have said the same thing...

http://www.amazon.com/Diagnostic-Imaging-Grove-Health-Science-ebook/dp/B017HH1RV4/ref=sr_1_1?ie=UTF8&qid=1446676018&sr=8-1&keywords=diy+diagnostic+imaging

I stuck what we did into a short Kindle book for the time being...It probably needs to be edited, but I put it up fast(literally stuck it together on my iphone from blog posts)...Just in case people need this now...

With the Saint Francis Licorice root extract I took 4 dropperfuls a day to start...

I basically gulped the whole bottle in 3 days...

Hence me trying to find a cheaper way...

I think ideally, people might just stick with that if they can...

I like your 3 times a day idea...

That would be faster...

I took some sort of licorice root for a year...(9 capsules of licorice root daily)

After a year, I started to overdose...

You get a panicky emotion if you overdose...

That is when you know you are overdosing...

If it gets really bad you have to actually ADD back a Phosphorus, like Kefir(liquid yogurt)...It is dangerous to do that, but the panic emotion is tough...It is fun to drink Kefir though after a year of no dairy allowed!

Sari

see the purple in the top right hand corner?

same subject but this edited in fotoflexer the green spots at top right

Note:Malignancy, Phosphorus, Salmonella Typhi bacterium, & Yogurt or other Phosphorus foods, will all show up as purple(In the Lunapic edit)...It is definitely a sign that your Phosphorus levels

are too high, but don't freak out-it may just be excessive yogurt eating...Until we make this process even more specific, please be aware that it is not perfect...Sorry...This takes time to figure out & we need the right people & the right picture to be able to discern things...

How to differentiate between an active malignancy or just temporary presence of Phosphorus due to eating cottage cheese, cheese, yogurt, Kefir, milk, soy, tofu or other Phosphorus items...

First of all- if you have not eaten any Phosphorus containing foods or supplements(probiotics, 5HTP tryptophan, valerian root, GABA, Kav Kava, may all show up as Phosphorus), & your picture shows purple, then your purple is probably indicating malignancy...

If you have been eating any Phosphorus foods or supplements, then the purple in your picture may be temporary food Phosphorus...Stop eating those foods or supplements for 3 days then take another picture...If the purple clears up, it was nothing to worry about...

photo in video taken with camera+ app from itunes store with lens reversed, macro, stabilizer, flash on...

How to track size change of tumours, lumps, masses, congestion, while doing your anticancer protocol! (in the free Pixlr.com/editor)

by Sari - Thursday, June 23, 2016

<http://grovecanada.ca/how-to-track-size-change-of-tumours-lumps-masses-congestion-while-doing-your-anticancer-protocol/>

How to track size change of tumours, lumps, masses, congestion, while doing your anticancer protocol!

This method uses the Free [Pixlr.com/editor](http://pixlr.com/editor) which anyone with an internet connection can use...

If you are on an iPhone, first download the Free Puffin browser, then go to the site from there...Puffin allows you to access a Flash website from your iPhone...

When saving your results to an iPhone, simply hold down the on/off button at the top of your iPhone...While holding that down, press & release the big round button at the lower end of the front of your phone...You will hear a click sound & the screenshot will download to your Photos library...(Make sure to line up your picture nicely before taking the screenshot-only what you see on the screen will be in the picture)...

1 Browse & Upload your Picture in Pixlr.com/editor

2 in ADJUSTMENT:INVERT

3 in Adjustment:Solarize

4 in Adjust:CROSS PROCESS

5 In Adjust:Color Look Up

In Adjust, while in Color Look up, Choose the red blue white with diagonal lines square (2nd row far right corner)...

The picture you get from this method in Pixlr.com/editor will show the edges of a lump in red...Red also indicates areas of congestion, even if there is no defined lump...

Ok, so now that you have done that method in Pixlr.com/editor, Try another method to get a different look...This will help you to define the size better...

Here are the steps to do a second size check in Pixlr.com/editor...

1 Browse for picture, then in FILTER:MIMIC HDR

2 in FILTER:Sharpen

3 in Filter:HEAT MAP

In FILTER-in HEAT MAP, SLIDE slider all the way to the LEFT !

Ok, so that is the end of the 2nd Pixlr.com/editor method to see size change...You will get a green blob where your lump is...If you are not seeing the lump or mass too well, take another, better, picture...

Light is REALLY important, so the brighter the light when you take the picture, the better the picture will be...Holding still so the picture is in FOCUS is important...Those with fancier cameras can set the Lens to MACRO...

If you have a flashlight, point it at the area you are photographing to increase the light where you want to see better...

If you have Flash on your camera or mobile phone, you can use it-make sure to be around 5 inches away so the flash does not flare & ruin your ability to see anything because you made a big giant white spot with its light...

This is not like a thermogram where you take far away pictures of your whole body...This is a method that looks under the skin, so the closer you are the more you will see...You can also do brain scans, Mammograms, MRI pictures, Ultrasound pictures, & any other pictures that other people have done for you already...

This is a great way to track how well you are doing in shrinking a tumour...Please note that shrinking a tumour & getting rid of cancer are two very different things...You can shrink a tumour, & still have cancer...You can get rid of cancer, & still have a tumour(albeit benign)...Please do not confuse size changes with malignancy changes...

[The Lunapic.com editor method checks for cancer presence...](#)

<http://www.instructables.com/id/How-to-make-a-Trumpeter-Swan-Outdoor-Sculpture-wit/>

by Sari - Saturday, July 25, 2015

<http://grovecanada.ca/httpwww-instructables-comidhow-to-make-a-trumpeter-swan-outdoor-sculpture-wit/>

<http://www.instructables.com/id/How-to-make-a-Trumpeter-Swan-Outdoor-Sculpture-wit/>

Hulled Hemp Seeds & Serrapeptase for Cystic Fibrosis...(& a raw plant based diet)

by Sari - Wednesday, August 26, 2015

<http://grovecanada.ca/hulled-hemp-seeds-serrapeptase-for-cystic-fibrosis/>

Threaded rods with bolts screwed through copper wire plumbing strapping covered in mesh screen tied on with copper wire:War Toy

Similar things:(In the Lung & Lymph Node region)

Thiamine Deficiency...Otherwise known as Titanium deficiency on our chart, see below...

Cystic Fibrosis...An "Aluminum" excess on the Grove Body Part Chart...In the Parietal Lobe of the Grove Brain Part Chart...

Beri Beri...(means sheep-the fluffy look)

Papillomatosis...(refers to the butterfly's cocoon)

Tuberculosis

Lung Cancer

Asthma

"Allergies"(to pollen usually which is an Aluminum by the way on the Grove Body Part Chart)

note: people in this " similar" category have excellent memory retention...

Opposite things(antidotes, remedies, things you could take to correct a Thiamine deficiency)...

Hulled hemp seeds...

Serrapeptase...

Out of the Box option:There is a tanning salon at Yonge & St. Clair in the Mall at the North East corner, in the basement level...They have "Intermediate" machines, which means they are stronger...

You need to pay a little extra for a small cup of lotion, because the rays penetrate much better when you apply this lotion to your body before getting into the bed...9 minutes...9 minutes is all you need...

Put on the eye googles...

If you have mucus in your lungs, a lung infection, pneumonia, or any of the other extra side effects associated with a lung imbalance disorder, the rays from the tanning bed will dry those out very quickly...You will emerge from your cocoon feeling much better, with luck, your lungs will dry out & your breathing & energy levels will improve almost immediately...

Cost is about \$25 Canadian including the lotion & tax...

You do have to fill out an extensive consent form before going in & you will be interviewed by one of the owners as to what your goals are & any other possible contraindication...

They are friendly & professional & probably the most experienced experts I have met in this field...

The light tan you get is just an added bonus...Plus the emotional boost the sunshine vitamin gives you...

[RAW Vegetable Juices...RAW plant based diet...Raw...Read on WDDTY \(what doctor's don't tell you...\)](#)Read about the Gerson diet's history...Raw plant based diets curing tuberculosis...

Hepa Plus by Usana is available in small pill form at H & H Health food store at Yonge & Wellesley in Toronto...It's a Liver cleanse & will clean out mucus from the whole body including the lungs, fast...3 a day...

<http://www.naturalhealthresearch.org/magnesium-mucus-cystic-fibrosis/> Magnesium has shown to be very beneficial in improving lung capacity in patients with CFS (cystic fibrosis)...it lowers sodium levels which help to reduce mucus...Similar to magnesium & glutathione is N Acetyl Cysteine which acts in the same way to lower mucus- magnesemia is common in Cystic fibrosis...(low magnesium levels)...

For the brain:If you even do a casual search online you will come across a sufficient number of stories of good brain tumour shrinkage using apricot kernels & many also take several B17 pills concurrently to help it along...But I'd also be sure to throw in some fish oil, some green tea, some Iodine, some far walking daily, a plant based raw diet, prayer, love & maybe some bloodroot capsules(Zenith herbals has some), & ginger root & turmeric...Boswellia capsules too...

Our charts:

Grove Brain Part Chart

Grove Body Part Chart

Humaworm...On the Grove Body Part Chart...

by Sari - Tuesday, August 02, 2016

<http://grovecanada.ca/humaworm-on-the-grove-body-part-chart/>

Where do these herbal remedies fit on the Grove Body Part Chart???

I will write beside each one, what that herb is...Note:Several of these herbs have multiple functions-I have tried to identify the prime function...

HUMAWORM For ADULTS

Black Walnut 200mg - MANGANESE
Wormwood 100mg - ZINC
Cloves 100mg- TITANIUM
Thyme 100mg- TITANIUM
Garlic 200mg- SELENIUM
Fennel 100mg-COPPER
Cayenne 100mg-SELENIUM
Ginger 100mg-ZINC
Gentian 100mg-POTASSIUM
Hyssop 100mg-TITANIUM
Milk Thistle 100mg-OXYGEN
Marshmallow root 100mg-CARBON
Pau D' Arco 200mg-IODINE
Burdock 100mg- OXYGEN
Elecampane 100mg-MANGANESE
Fenugreek 100mg-SELENIUM
Licorice 100mg-COPPER
Barberry 200mg-OXYGEN
Cascara Sagrada 25mg-CARBON
Senna 25mg-CARBON
Sage 100mg-ALUMINUM
Psyllium 200mg-CARBON
Yellow Dock 100mg-MAGNESIUM
Cramp Bark 100mg-MAGNESIUM
Peppermint 200mg-TITANIUM

So [Humaworm covers 10 of the 12 body parts!!!!](#)

The two parts Humaworm does NOT cover are:

COLON

Do It Yourself Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

Gender, which means the Prostate Gland in men, & Skene's Gland in women(the female prostate)...

To add those to your protocol, you need FLUORINE & BORON...

Fluorine is found in Moringa Oleifera...

Boron is found in small flowered Willowherb...

You can also find fluorine in toothpastes & mouthwashes...Also in your water supply, or even naturally if you live near a body of water where fluorine is in the rocks naturally...(yes, I know...Fluorine is Bad for people with ALS, diarrhea, Crohn's disease, some hearing loss problems, the orphan illness fabry...Fluorine is Good for people with cancer(especially colon but not limited to), glaucoma, & sarcoma tumours...Please Know the Difference between when fluorine is bad & when fluorine is good...For those who think all fluorine is bad...)

Boron is found in 2 Mule team Borax(yes the laundry detergent)...Yes, you can drop a tablespoon into water (measures vary depending on what you need, & bathe in it...Some of the bold drink it very diluted in water...Note the words "very diluted" ...)

Hydrogen

by Sari - Friday, July 17, 2015

<http://grovecanada.ca/hydrogen/>

shingles
epstein barr virus
common cold
malaria
west nile virus
herceptin
hydrogen
herpetic
snake herpetology
venom poison hydrogen heavy water
h3 h4 h5 weight
density plutonium pluto dog
river keanu reeves christopher reeves spinal cord injury horses
horsebackriding you can lead a horse to water but you cannot make her drink
inflammatory rash rosacea edema fluid
oxygen...

molybdenum molybdenium alternate spelling
boron bo Bo
Boron Skene's gland prostate gland...

||Cerebral cortex corpus callosum coliseum gladiator cerebral aqueduct,
circle of willis arteries away from heart
veinous insufficiency beans wings tv show cat named "beans" boy Sajo
Sari JOSEPH

bleach, boron is copper family but way way stronger...

ok maybe excess molybdenum, not enough Boron...

beans + spray hydrogen peroxide & baking soda = Bo

topical...

Hypolipidemia causing degeneration of the retinas in the eye...

by Sari - Monday, August 08, 2016

<http://grovecanada.ca/hypolipidemia-causing-degeneration-of-the-retinas-in-the-eye/>

Hypolipidemia means Low Lipid levels...

Lipids are indicators of cholesterol...

Hypo means less than normal...

It is well known that very low levels of cholesterol can cause degeneration of the retinas in the eye...

Retinitis Pigmentosa is a condition characterized by degeneration of the retinas in the eye...

Retinitis pigmentosa Can be reversed...

How?

If cholesterol(aluminum on the chart) is LOW, then Titanium levels are too high...(Titanium is a Minus or detox element in the body that lowers cholesterol)...

High Titanium levels can be caused by many factors including large intake of statin drugs including cholesterol lowering Crestor, Lipitor, & even Cannabis lowers cholesterol levels in significant amount...Aspirin also lowers cholesterol...

Diets that avoid eggs & all cholesterol containing foods, will of course lower cholesterol levels...

Symptoms of low cholesterol include: Eye problems(especially night vision), Memory Loss, sagging skin or wrinkles, Constipation, Lethargy & or lack of desire to exercise, hunger pangs for high cholesterol foods (food bingeing), skinny body with less muscle tone than normal...

Cholesterol

The Grove Body Part Chart shows Cholesterol(ALUMINUM)...

So the first thing to do is to cut out cholesterol lowering drugs...(If any are being taken)...

The second thing to do is to increase cholesterol...(Aluminum family)

Best: Increasing cholesterol can be as simple as blending 2-4 raw eggs into a banana, fresh squeezed orange juice, ice, smoothie...Daily at least...(don't worry about salmonella or the taste-it tastes delicious & you don't get salmonella from commercially bought raw eggs anymore-especially in Canada)...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

You can also increase cholesterol with; Ginkgo Biloba & Aloe Vera...

The pre-cursor to Titanium is Iron...(remember that Titaniums lower Cholesterol)...So to raise the pre-cursor to Titanium you need iron...

Iron can be found in chicken & kale for example...or Iron supplements...

Pyrite stone beads are Irons too...You can wear a Pyrite bracelet or choker against your skin to raise Iron too...Your body will absorb what it needs from the beads...

The flow is Iron to Titanium to Aluminum(zig zags down the body/spirals DNA)

Picture shows:"The flow is Iron to Titanium to Aluminum(zig zags down the body/spirals DNA)"

<http://emedicine.medscape.com/article/121975-clinical> The correlation between low cholesterol & retinitis pigmentosa...

I am guessing Book 9 of the Grove Health Science series will not be available for free...(I could be wrong)

by Sari - Saturday, May 23, 2015

<http://grovecanada.ca/i-am-guessing-book-9-of-the-grove-health-science-series-will-not-be-available-for-free-i-could-be-wrong/>

When I started writing the Grove Health Science series, I would embed free versions of the books using Scribd's service, on this website... <http://sarigrove.wix.com/library>

...so the following picture shows how many people viewed each book(& some other documents of mine that were on Scribd)...

Then, I decided that maybe some people were on mobile devices & wanted smaller versions of the books, again for free...So I linked book cover images to Smashwords, where I had under 10 mb versions, also for free...

...this next picture shows how many people downloaded those smaller size books...

Now the Scribd numbers & the Smashword numbers are only 2 places that track activity...

When I made Book 8 free on Amazon for 3 days, over a 100 people(who I mentioned it to) rushed to download the Kindle version(slightly bigger & higher resolution than the always free Smashwords versions)...

Now one of the reasons I made the books free in the first place is to develop word of mouth authority...This is what Createspace, Amazon's self-publishing arm told me to do...

Another reason is that because you can edit manuscripts, even after publishing them, & I do, I wanted to make sure each book was sort of perfect before getting big publicity or selling...

Turns out that was smart because I now feel I need to go back & correct one or two glitches in each of the books...Not really glitches, but things I know now that I didn't know then...Like for example, melatonin is in the Bismuth/Indium family, NOT in the Phosphorus family as I mention casually in Book 4...

When writing & researching & thinking, I still work like an abstract expressionist painter...Broad strokes first, work quickly for freshness, tidy it up last...

I have a whole new book really in this new Wordpress Blog that I started here Christmas of 2014...Book 9...

But maybe, instead of doing that, the shiny new thing, I should buckle down & go over each of my already published manuscripts & re-edit them...

Do It Yourself Medicine by artists Joseph & Sari GROVE <http://grovecanada.ca/>

You can see & study what I am doing(& have done) [in this new course I put together on GinkgoTree...](#) If you do come across a glitch in one of the books, please write to me at grove@sent.com Sari Grove, so I can make sure to stick in the correct info while I am re-editing...

Once each manuscript is corrected for glitches, I can re-upload them to Scribd & Smashwords & Amazon paperback & Amazon Kindle...

This might take a whole year, 2015, possibly...

If not, I will then be able to move on to doing Book 9...I am guessing Book 9 will not be made available for free...(My mother & a caring drug dealer who sold me CBD oil when I could not get it legally in Canada, feel I need to monetize...)

I got shingles from the shingles vaccine!

by Sari - Saturday, May 14, 2016

<http://grovecanada.ca/i-got-shingles-from-the-shingles-vaccine/>

Yes...I got shingles from the shingles vaccine ...My mum had shingles last year...It was so bad, & the rash didn't appear for a week, so she just had pain, horrible pain, & in & out of emerg & doctors & no diagnosis...A week of pain & her aesthetician comes over & my mum shows her a new rash & Lola says: You've got shingles! Back to emerg to get the drug...But it's too late...Has to be taken right away...Mum still in agony...Finally neighbour teaches her how to smoke a few puffs of a joint, & she gets some sleep...I'm there 6 weeks, & I start feeling weird...My mum has been talking to heads of shingles organizations & they brainwash her into thinking this all could have been prevented if she had just agreed to getting the vaccine..(She had refused)...So she takes me to a clinic in a drugstore & pays the \$230 to get the vaccine for me, cause she's afraid I will get it too...(Two people close to her got it around the same time)...A week later, I'm in pain, in the back of my mouth, of all places...Now I'm running around to doctors & getting drugs...I self medicate with milk thistle & arsenicum album & arnica Montana (all Boiron pills) & get better...Later something appears in my armpit...Shyte! I realize I got shingles from the bloody vaccine...I take Hepa Plus from Usana(Liver pills work for shingles)& it clears up...Anyways...My stupid vaccination story...My name should be sorry not Sari for all the mistakes I make!

I like Melatonin for syringomyelia, epilepsy, Chiari, ALS & Crohn's...Here's why...

by Sari - Monday, July 06, 2015

<http://grovecanada.ca/i-like-melatonin-for-syringomyelia-epilepsy-chiari-als-crohns-heres-why/>

My mother in law has syringomyelia which seems to be related to a polio outbreak where she grew up in Winnipeg...My study of what could help ended up with **Melatonin**...Nightly...Not just to mask symptoms but to replace a key missing element...

Chiari & Syringomyelia are related to ALS...

There are several studies showing high dose melatonin to be beneficial to ALS longevity(& so by proxy, Chiari & Syringomyelia)...

Here is one <http://www.ncbi.nlm.nih.gov/m/pubmed/17014688/>

On the Grove brain Body Part Chart, syringomyelia is in the Colon & is an excess of Fluorine...Its PLUS element then is BISMUTH...Melatonin is just a much stronger version of Bismuth, similar family but stronger...Which is why I feel melatonin can be so useful to syringomyelia, Ciari, ALS, & other Polio-like problems, as well as epilepsy & seizure disorders, which are also in the same category...

For Crohn's disease:

Start taking activated charcoal right away...Capsules or powder in water, get that into your system...Crohn's is a fluorine excess...Bismuth(charcoal) is its opposite...It doesn't just stop the constant poohing, it replaces a nutrient that you need...It is a cheap & easy thing to do that can be powerful if you do it every day...On a stronger level, Melatonin is also in the Bismuth family on the periodic table of elements...It is the same principle as Bismuth, just much stronger...It not only helps your symptoms, but it rebuilds your pineal gland which is missing nutrients...Melatonin works very well & will also give you the restful deep sleep you are not getting...Those two things alone could bring you a lifetime of relief if taken faithfully...You will need more than the recommended dosage of each when you are loading them at the beginning...Last, & this is for later-Indium is quite strong & is also in that same family...Harder to source...Indium drops...Or Indium supplements...That is something you can look into...I saw some Indium supplements on Amazon...Also you need to avoid all fluorine...In toothpaste, water anything that might have fluorine in it avoid...Fluorine is your problem...Tetanus shots have fluorine...Large bodies of water have natural fluorine...Fluorine makes you pooh, makes you an insomniac, can lead to seizures...Ok...That is the most specific for Crohns...There are other things you can do, but those are the targeted things...

Ideas Lyme Hg...

by Sari - Monday, July 20, 2015

<http://grovecanada.ca/ideas-lyme-hg/>

[ideaslymeHg](#) This is a pdf picture you can download of testosterone hydrogen, progesterone calcium, estrogen phosphorus, & androgen mercury...

Ideas on how to get rid of cancer...(Frankincense & Noni)

by Sari - Monday, May 09, 2016

<http://grovecanada.ca/ideas-on-how-to-get-rid-of-cancer-frankincense-noni/>

<http://www.dgaryyoung.com/blog/2010/part-seven---the-journey-to-sacred-frankincense/>

The country of Oman enjoys some of the lowest cancer rates in the world, usually attributed to the habit of chewing Frankincense Tears(the raw nuggets), as gum...(Frankincense is a Titanium that lowers Aluminum in the Lungs & Lymph Nodes)...

<http://www.greenmedinfo.com/blog/traditional-food-puts-chemotherapy-shame-new-study-reveals?page=2>

Noni is in the Coffee family, & studies have shown it works better than chemo...(Noni is a Copper that lowers Phosphorus(estrogen) in the Spleen...)

If Cancer is Salmonella Typhi, which is tetanus, then why not a Tetanus shot as cure?

by Sari - Thursday, February 12, 2015

<http://grovecanada.ca/?p=514>

If salmonella Typhi is Cancer & Tetanus is its new name then a Tetanus shot should be a form of cure?

by Sari - Thursday, February 12, 2015

<http://grovecanada.ca/if-salmonella-typhi-is-cancer-tetanus-is-its-new-name-then-a-tetanus-shot-should-be-a-form-of-cure/>

If salmonella Typhi is Cancer & Tetanus is its new name then a Tetanus shot should be a form of cure?

[grovebodypartchart more](#) PDF

good new image file of chart

MRI(not) at suntanning salon intermediate heat 9 minutes (radiation)...

anus, rectum(edited-what rhymes with rectum, hint 'dam':'darn' near killed him), Gender bits, molybdenum/Boron...Bo is bleach...M is like the shiny plastic thing that is around intestines...(see Kishka for reference at Yitz's deli)...It is a breaded dish which is stuffed into an intestine casing...

Nitrogen is stamina but also hostility class...

If we were to use serum Ceruloplasmin as a diagnostic marker for Cancer...

by Sari - Tuesday, October 13, 2015

<http://grovecanada.ca/if-we-were-to-use-serum-ceruloplasmin-as-a-diagnostic-marker-for-cancer/>

http://www.researchgate.net/publication/13710849_Serum_ceruloplasmin_as_a_diagnostic_marker_of_cancer

(the link above explains a study where they did...)

Here are some of the Ceruloplasmin levels they found(you could ask your doctor for a ceruloplasmin blood test & compare your levels...)

Healthy Controls Male= 296 mg/l

healthy Controls Female = 346 mg/l

Patients male =460 mg/l

patients female = 440 mg/l

Cut off levels in men =358 mg/l (above that unhealthy)

cut off levels women= 383 mg/l (above that unhealthy)

lung cancer=469 mg/l

breast cancer= 407 mg/l

larynx cancer=466 mg/l

gastrointestinal cancer=546 mg/l

tumor grade= class 1= 404 mg/l

tumor grade class 2=423 mg/l

tumor grade class 3=581 mg/l

The study mentions that ceruloplasmin levels tend to be more markedly elevated in more advanced or aggressive cancers, but that even in moderate cancers or smaller tumors, ceruloplasmin levels will be elevated enough to notice...

Do It! Personal Medicine by artists Joseph & Sam Groves - <http://grovescanada.ca/>

Since Ceruloplasmin level blood tests are routine for Wilson's disease(it is opposite to cancer, low ceruloplasmin with high circulating copper levels in the body), your health insurance should cover this blood test for you-just explain it is a cancer marker-Higher than normal ceruloplasmin indicates possibly cancer...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

If you were dumb enough(like me) to suffer a mammogram, & now want to see the pictures on the CD they gave you...

by Sari - Monday, July 06, 2015

<http://grovecanada.ca/if-you-were-dumb-enoughlike-me-to-suffer-a-mammogram-now-want-to-see-the-pictures-on-the-cd-they-gave-you/>

So, I have a Mac computer that cannot read the DICOM file that the mammogram pictures come in on the CD they will give you if you ask at the Imaging lab when your mammogram pictures are done...

You may have a Windows computer that cannot read DICOM files either...

In any case, I found a FREE ONLINE service called Dicom Library Online, where you can upload a whole bunch of Dicom file pictures at one time...

Then they process them, & send you an email when they are ready to be viewed...

Don't sit around waiting, the email can come 2 hours after you uploaded the files...

But once the pictures are ready, you can easily view them right there online...

<http://www.dicomlibrary.com/> Dicom Library Online...

Once you realize how lame mammogram pictures are, [come visit this link on my site & learn how to take your own "Mammogram" pictures & edit them...](#)

If you need help with doing that, write to me at grove@sent.com & I can help...Sari Grove

edited at fotoflexer.com

If your mail has been tampered with:LSD dissolved in Printer Inks...

by Sari - Sunday, January 04, 2015

<http://grovecanada.ca/?p=338>

Gingerbread Liquid hand soap 7 squirts in closed sink with tap water hot...

So, fill your sink with hot water & squirt 7 good squirts of a delicious smelling Liquid Hand soap like Gingerbread Latte from Scentuals...

As you look through your mail, notice if the ink on some of your mail or freebie magazines looks different at all...

You can wear disposable surgical gloves while doing this...

Why?

Because LSD is a very potent form of Titanium that can be dissolved into printer inks...

Later when you handle paper that has that ink printed on it, the Titanium will reverse osmote into your skin...

This is called a "contact High" ...

Now the effect of Titanium on the human mind is such that what you read will become more "suggestible" to you...

For example, if the NDP distributed political postcards with those inks, the reader would be more suggested to vote NDP...

Now is this bad or good or just ho hum?

Well, if you have high cholesterol levels, tuberculosis, an overly retentive memory, are a chocolate-oholic, or suffer from asthma, or eat way too many eggs, then maybe you will like this free gift of excess Titanium in your mail or political pamphlets...

If you have Alzheimer's disease, memory loss already, low cholesterol, cracked heels, don't eat eggs, you may not want extra Titanium in your diet because you are getting enough...

Now Titanium does help to get rid of parasites that cling to cholesterol/Aluminum...

Titaniums like LSD or marijuana can help a cement worker's lungs to breathe because Titaniums antagonize cement which is an Aluminum...

Anyways...

To find out if your mail has been "doctored" or not, fill your sink with soapy hot water & wash your hands frequently after touching your mail...

Or wash the gloves you are wearing, while wearing them...You can use regular dish gloves too...

If the water turns black pretty quickly, you may have some interesting inks...

Inks that have been changed with a suggestible drug like a Titanium will come off in a different way than regular inks...

Also you will notice memory loss & a weird "high" feeling...

Maybe you like this, maybe you do not...Either way, it can be useful to be aware of this phenomenon...

Immunotherapy to treat Cancer:in your own home

by Sari - Friday, May 29, 2015

<http://grovecanada.ca/immunotherapy-to-treat-cancerin-your-own-home/>

Immunotherapy is dangerous because there tend to be many side effects...

it's a massive trade off...

Basically you insert a donor group into your own cells that need help & the donor group retrains that body part back to normal functioning...

the side effects are because donors are different from you...

anyways...how to do this yourself(home immunotherapy)...

Say your kidneys are not working too well...

When you eat bread, they won't process it...You get pain & bloat & constipation & maybe worse...

ok...

Get or make some steak & kidney pie...

Long on healthy kidneys...

eat it...

there...

you have just done home immunotherapy

The healthy cow kidney will retrain your unhealthy one to perform normally...

you will have side effects...

usually excess Calcium because that is how they feed cows today...

can be dangerous to Cancer fighting...

But your kidneys should function better...

It is a massive trade off , but all immunotherapy is...

Improving our Diagnostic Imaging abilities with Camera+ app & LunaPic

by Sari - Monday, September 28, 2015

<http://grovecanada.ca/improving-our-diagnostic-imaging-abilities-with-camera-app-lunapic/>

Camera+ picture taken with iPhone camera then edited with LunaPic online free

final edit in Fotoflexer.com desktop(taken on iPhone with Camera+ app-set to Macro, Flash, Stabilizer, before taking photo)

Camera+, also edited in Camera+ (clarity, saturation, sharpen), edited then in Lunapic.com from iPhone just Thermal Effect in Filters!

So I have been trying to expand the world of diagnostic imaging...

I can now edit photos in iPhoto, & in Fotoflexer, to see under the skin...

*Colour Translation Notes so far....Fotoflexer whitish pink Iron=Red in LunaPic, Yellow Calcium seems to be yellow in both programs...

If you have a lump or tumour this is an essential way to see how your alternative or regular therapies are doing...

You can see chemistry & size changes...

If you don't have any lumps, you can still see how your system is doing chemically-take a picture close up to your skin (about 4 inches away, flash on, macro on), & you will see your own chemistry...(like if you have too much Calcium in your system, or Lead for example)...(try your chest area where your lungs are for a starter picture)...

[Here are the instructions...\(You also get links to my books\(free\) & a hello from me-it's a PDF file...\)](#)

[Or here are the instructions too...\(Just the instructions, no book links or message\)](#)

But I'd like to go further with this...

See if I can see more things...

Been trying for months...

Here are some new things I am working on...

There is an iPhone App called Camera+ ...It's free...

It allows you to zoom in on a subject, add a Macro Lens, a stabilizer, & flash, to your basic iPhone camera...So your pictures will be better before you start editing, if you only have an iPhone camera to work with...So take a good picture using Camera+ iPhone app (iTunes store free) then save that...

Big piece of Information:I got the Puffin app from the iTunes store, & put it on my Mum's iPad, & also on my iPhone...It is a Flash web browser, free, & it means you can now edit your photos on Fotoflexer from an iPhone or iPad...(iPhones & iPads don't normally handle flash websites, like Fotoflexer, so without this, you are stuck if you don't have access to a desktop computer...)

*(You can also edit your photo in Camera+ to make it even better-sharpen it, use the Clarity setting-these will all give you better results when you go to Lunapic)

Another note:I am still trying to figure out Lunapic photo editor...I have now learned if you sharpen, boost color saturation, then do thermal effect, you get something- then change colours using the change colour function in adjust- swap red green, swap blue red & so on...You get something better...Lunapic is seeing new things...Just have to figure out what exactly they are!!!(will add info to this post as I figure stuff out...Feel free to mess around yourself, & tell me what you discover- Sari Grove on Facebook, or DIY Cancer Repair Manual is my group on Facebook- search groups to join...)(you can write me directly at grove@sent.com)

There is another free photo editing program called LunaPic...

In Lunapic...The photo at the beginning of this post went through these steps...

Upload to Lunapic.com

In Adjust: Sharpen all the way, Saturate all the way, Click Adaptive Equalizer...

Then in Filters:Choose Thermal Effects...

Voila! You get the picture results that I got...

Only thing is, I don't know how to interpret the colours yet...

I will have to compare the results from the other programs, & get back to you on that...(will update here)...

But I think I am getting a better look at Phosphorus here, which is how you can differentiate between malignant & benign...(benign doesn't show Phosphorus)...

Do It Yourself Medicine by artists Joseph & Sam Grove <http://grovecanada.ca/>

Note: If you take the picture with Camera+ using Macro, Stabilizer & Flash, then EDIT it in Camera+ too, using Clarity, Saturation all the way, Sharpen all the way...Then upload from your iPhone to LunaPic.com online-you can just choose Thermal Effect in Filters & get a good result...

Still have to interpret the new colour range...But it is a start!

More Better:

Open Camera+

Set to Macro, Stabilizer...

Hold camera 3-4 inches from where lump is on breast(or wherever)...

Take picture

save to iPhone Photos

Now in Camera+ Go to Edit

In Lab pro settings choose Highlights & Shadows...

Move Highlight slider all the way to the right

Move Shadow slider all the way to the left

Save to Photos...(Might require \$1.19 payment for pro editing tools now)...

Open Safari...

Go to Lunapic.com

Go to Filters, Thermal Effects...

Browse &...

Upload your edited picture from your Photos library on your iPhone...(You are doing all of this on your iPhone)...

The Thermal Effects filter will happen right away,

Save your Photo...

Better than the above now:(Wednesday's tries)

Open Camera+ App on iPhone

Set to Macro, Stabilizer, Flash OFF...Zoom all the way in with onscreen slider...

Take picture...

Edit picture in Camera+ App too...

Just choose SCREEN EFFECTS, Clarity...Save...

Upload to Lunapic.com from your iPhone(it works!),

choose

ADJUST-Adaptive Equalizer,

then FILTER, Thermal Effect, Save...

Camera+(Macro, stabilizer, flash off, zoomed in) edited camera+ screen effects-clarity, then upload to lunapic.com choose adjust-adaptive equalizer, then filter-thermal effects, save...

Note:I will keep doing trials...When I get the ultimate method, I may erase all the others from this post, just for clarity's sake...Sari

If you don't Zoom in when taking the picture using Camera+ you get this look

More better than...Update...

So I took the picture using my iPhone & the Camera+ App from iTunes...I set the camera app to Macro, Stabilizer, Flash Off...Emailed the picture to my desktop computer, where I then edited it in Fotoflexer...Instructions how to edit using Fotoflexer.com's free online photo editor & your pictures are at the link below...

<http://grovecanada.ca/how-to-see-a-lump-in-your-breast-by-sari-grove/>

No Zoom, Macro, Stabilizer, Camera+App, No Flash

Same picture edited in Fotoflexer

sharpened, color saturated, adaptive equalizer, thermal effect-LunaPic

Photo taken in Camera+ then edited in iPhoto

The third picture from above, is edited online using LunaPic.com's free service...

I sharpened(in Adjust it all the way, the color saturated(Adjust) it all the way, then Adaptive Equalizer

Do It Yourself Medicine by artist Joseph & Sam Grove - <http://grovecanada.ca/>

function(Adjust), then Thermal Effect(Filters)...Interesting, in LunaPic as compared to Fotoflexer, I am seeing three different colours instead of shades of green...

So at the edge of the lump, in LunaPic it shows pink, then light blue then dark blue...

The same edge area in Fotoflexer shows Green spots, then light green, then Dark green...

So, knowing that the green areas could be either healthy tissue or very unhealthy Phosphorus, the Lunapic might be showing something new...

Is the light pink in Lunapic edits showing presence of Phosphorus? Not sure...Will need further checking...

Am going to edit same Photo now in Iphoto...Ok, so the 4th picture(the mostly green one) is the iPhoto edit(photo taken on Iphone with camera+ set to Macro, Flash Off, Stabilizer)...That pinkish edge in the Lunapic edit is showing up in iPhoto as a rusty red orange splotchy type thing...Not sure, that Could be Phosphorus...(Dangerous/Malignancy or problematic stuff)...Needs to be doublechecked with my regular digital camera I guess...

In Defence of someone with Cerebral Aqueduct Clogging causing deviant sexual conversations & behaviours...

by Sari - Sunday, January 10, 2016

<http://grovecanada.ca/in-defence-of-someone-with-cerebral-aqueduct-clogging-causing-deviant-sexual-conversations-behaviours/>

"Statement:I'd like to make a statement about a disturbing post that appeared here a little while ago...I had not seen it, but someone I had been chatting with alerted me to events that I had not noticed...
When someone has, or has had Prostate cancer, it affects the Prostate gland...This is located at the back of the genital area...In women it is called Skene's gland, the female prostate...
Now the brain part that connects to the male Prostate gland is called the cerebral aqueduct...In women the brain part that connects to Skene's gland is called the Corpus Callosum...The Corpus Callosum & the Cerebral Aqueduct work in tandem to control the Prostate gland/Skene's gland...
The Corpus Callosum handles BORON, which cleans & detoxes the Prostate/Skene's...The Cerebral Aqueduct handles MOLYBDENUM which repairs & feeds the Prostate/Skene's gland...
In the event of a clog or tumour or cancer in the prostate/skene's gland, the brain part can also have been affected...Sometimes it begins in the brain part, sometimes it begins in the prostate/skene's & travels upwards after many decades to the brain parts...It depends on the trauma...
Brain trauma in childhood can cause the brain injury to appear first...Body trauma can cause the lower body to have wounds first...Either way, the brain & body part can be affected...
Now:IF the Brain part in the MALE has been affected, the Cerebral Aqueduct, you MAY notice PERSONALITY changes in that person...
This can include unusual conversations, behaviours, & habits or attitudes or language that is ATYPICAL of that person...
IF you NOTICE strange conversations or other symptoms of Cerebral Aqueduct clogging in that specific person, I suggest you tell them that they are acting weird...Then tell them to have a brain scan...If they do not WANT to have a brain scan, I suggest you tell them to begin a regimen of BORON supplementation, in order to clear the clog in their brain...
PLEASE remember that Cancer can affect the personality...Do NOT condemn people who have or who have had cancer if their behaviour gets weird...Understand that this may be a symptom of new growth in the brain...
Please be sympathetic & NON-judgemental if people in this group or any other anticancer group start acting weird...It could be a sign of new growth in the brain...
This includes any sexual conversations, which are quite common when brain involvement happens in the Cerebral Cortex, the area that governs with the Corpus Callosum in women & the cerebral Aqueduct in men...
If you yourself have been acting "sexually weird" or having "sexually weird thoughts" & you have cancer or have had cancer, please try to NOT self-judge...
This is a biochemical problem that needs to be dealt with...Not judged & dismissed as deviant behaviour...(well, it is deviant behaviour, but it may not be the fault of the person displaying it...)
Women with clogged Corpus callossums can also take a Boron supplement...The drug called Ecstasy(a street drug) is also in the Boron family-though quite dangerous...MDMA is the old name for this street drug...However, it may have some therapeutic value for brain involvement subsequent to Skene's gland or

Prostate cancer...

Thank you for listening,

& No, I am not going to unjoin this group because of the offending post I am referring to...Instead I am going to stick around & help...(For those who do not know what I am referring to, then that is fine, & no I am not going to bring it up or explain further...Suffice it to say it was damaging to someone in particular...)"

More:The Cerebral Aqueduct controls Skene's gland in women & Prostate in men which controls orgasm...

So a clog there can cause sexual addiction behaviour & thoughts...

Change your brain, Change your life...Is a new book by Daniel Amen MD...

About SPECT scans to look for brain activity in certain regions that might be clogged, causing weird thought or behaviour...Or more...

Leiomyosarcoma has been associated with sexual addiction in the brain...

Sexual addiction is actually caused by lack of completion, a clog...

The clog prevents release...

So the so called sexual addict has to keep trying to release...

But cannot, due to the clog...

It becomes chronic...

If the person then gets kicked while they are down(stigmatic), the clog can become worse...

To unclog the clog, excess Molybdenum, use the Boron family...

I Mist You is a HCL product that can be nebulized safely...(Ask Mary Agnes on Facebook how)...

Or boil some water, then drop to simmer, add Hydrogen Peroxide(drugstore brand), one bottle, then add 2 bits of baking soda(tiny small amount), then put a towel over your head(big one), & inhale for an hour...

Note; Peroxide baking soda mixing might be better done before adding to boiled water to avoid overflow...

Uterine, Ovarian, Fibroid, Cysts, all down there private part Cancers & whatnot, are associated with Molybdenum excess & Boron deficiency...So watch your bean intake(Molybdenum), & avoid farm living if there is Molybdenum fertilizer used nearby...

General Advice:

Dear friend,

Its a parasite...You might have caught it...

Humaworm.com 30 day antiparasitic for adults...there is one for pets too...

If it is just a cyst or biochemical imbalance, you know how to deal with it...

Read my new book DIY Cancer Repair Manual...

Send me a picture close up of your trouble spot...I will take a look...

Start drinking Licorice root tea now...

Start drinking Liquid Kelp now...

Start eating almonds now...

Start eating Vanilla beans now...

Use Stevia in your tea...

Take a shot of apple cider vinegar with flaxseed oil every morning...

No meat no gluten no sugar no dairy...

You will be fine...

Orange juice unsweetened with pulp...

Garlic raw...Cayenne pepper...Sauerkraut...

Liquid Milk thistle...

Caf Lib chicory coffee

Bath in Epsom Salts...

Listerine fluoride mouthwash gargle...

20 minutes...

3x per day...

Mix hydrogen peroxide with baking soda ...Boil some water...Add this bleach to that...Simmer ...Put

[Do it! Poulson Medicine by artists Joseph & Sari Grove - http://grovecanada.ca/](http://grovecanada.ca/)

towel on head & breathe in fumes steam...This is Boron, for Skene's gland...

Rubylux 250 watt infrared bulb- get one & use while on computer...

Sari

Sent from my iPhone

In reply to a question I received late this evening on this blog...

by Sari - Saturday, January 02, 2016

<http://grovecanada.ca/in-reply-to-a-question-i-received-late-this-evening-on-this-blog/>

In reply to someone who wrote me late this evening...I thought I should share my answer in case someone else had similar questions...

<http://grovecanada.ca/diy-cancer-repair-manual/> Dear B., this page has links to the free book on Amazon Kindle (free until January 5th so hurry) but there also is a free pdf file there of the new manuscript...

My earlier books are all free on this site too...There are links here to those

<http://grovecanada.ca/grovecanada-hostawesome-com/>

I did not have metastasis with my invasive ductal carcinoma, mainly because when I discovered the chemistry of cancer, I knew what could directly oppose that chemically...Coppers...I used Licorice root for over a year as that Copper...It kills cancer & prevents metastasis & reverses malignant back to benign...It was the most important thing I did...Capsules, extract, tea, the herb-a lot...

Yes...The Licorice root will stop & reverse metastasis...The new book mentions all the other things you could be doing too...It is not a long book...The other part of the book is about how to do your own diagnostic imaging...

You can friend & message me on Facebook if you want to chat faster than email or commenting, if you like... You can also upload a picture that I can edit for you, to help you get started with your own editing...

Hugs, & God Bless, & Happy New year... You will be fine, love Sari Grove

In response to a question about Esophageal Cancer:

by Sari - Sunday, November 15, 2015

<http://grovecanada.ca/in-response-to-a-question-about-esophageal-cancer/>

In response to a question about esophageal cancer:

Here's a blog post I wrote a while ago just with some basic ideas for any kind of cancer...(just to cover some bases) <http://grovecanada.ca/so-you-want-to-go-alternative-with.../> ...

I have some knowledge of tongue cancer, tonsil cancer, & a man who is friend's with my mother has esophageal cancer right now...He is being treated with neo-adjuvant chemo & radiation to try to address it prior to any surgical decisions...

All 3 had in common the HPV virus, which responds in particular to Gallbladder cleansing type protocols including oral Epsom salts(get from the pharmacist) & other magnesium sources...

(Exercise also boosts magnesium naturally, so make that your daily job!)...Cruciferous vegetables need to become your best friend(cabbage, brussel sprouts, broccoli, bok choy)...Typically the chemo is cisplatin & fluorouracil-which respectively, lower your blood sugar & fluorouracil is a fluorine drug that cleans out the colon...

So, to mimic those 2 holistically would be raw garlic, cayenne pepper, sriarcha sauce, lysine pills, garlic pills, MSM-which all lower blood sugar...

For Fluorine family, parsley is high in fluorine, but also, this would be a place where the anti-fluoride people need to be ignored...Fluorine is your friend here...(at one point in history it was a miracle-people have forgotten its ability to kill bacteria, & remove soot, bismuth, exhaust, charcoal from the body...)

Anyways...You want to be gargling with your friend fluorine...Functional medicine would say:"What caused this to happen?"

So go through the list: acid reflux?, tobacco? alcohol?obesity? diet? predispositions? workplace fumes? injury? HPV? Once you figure out what caused it, you obviously want to remove that cause, but also that will give you clues as to how to treat it...

Last for now, but feel free to message me further lest we hijack this post, I have some DIY editing methods that look under the skin...

if you could take a picture close up of where the problem is, we might be able to see under the skin at what is happening biochemically, which would help you to know what holistic treatments will work...p.s. I type this as I sit under a infrared bulb(150 watt with 150 watt light fixture) I got from Petsmart's lizard reptile section...

Rubylux has 250 watt infrared bulbs that will go in any fixture...get one for while you are on the computer or wherever...

Wonderful lovely thing...The infrared will feel nice especially if you point it at your throat area...!

[So you want to go “alternative” with your cancer treatment but you...](#)

GROVECANADA.CA

Inflammatory Breast Cancer, the Polio vaccine, & SV40 Virus causing Cancer...

by Sari - Tuesday, February 16, 2016

<http://grovecanada.ca/inflammatory-breast-cancer-lets-solve-ithave-already-begun-lets-see-if-we-can-all-band-together-to-help-heres-my-first-bit-looking-at-what-over-expresses-in-inflammatory-there-is-gene-pt/>

1. So I am going to add posts here as I can...

This will be an aggregate place to put all research about inflammatory breast cancer in one post...

1)Have already begun...Lets see if we can all band together to help...Here's my first bit...Looking at what over expresses in inflammatory, there is gene PT53 on chromosome 17, there is similarity to pancreatic cancer(so sugar is a problem- use natural antibiotics like garlic pills, & so on...), but also the over expression of the cholesterol genes, which led me to look into that further- in the middle of thi study they mention Statins are useful for inflammatory breast cancer for sure (due to lowering cholesterol (...)) but also means CBD oil will work because THC is a statin drug too...here's that study <http://foodforbreastcancer.com/news/high-cholesterol-promotes-metastasis-in-animal-model-of-breast-cancer>

conclusion: lower blood sugar, lower cholesterol...Use garlic pills, use CBD oil...

Next:<http://www.medicalnewstoday.com/articles/235349.php> Beta Blockers to stop Breast Cancer...Note: On a hunch, I looked at the relationship between high blood pressure & breast cancer...Went further & indeed, saw that Beta Blockers(blood pressure lowering drugs) can inhibit breast cancer...Beta Blockers are potassium, so in the natural world, Hawthorn, Stevia, & Graviola, are good Potassium choices for your anticancer protocol...

New(This is a comment I wrote early this morning to someone whose son may have brain cancer due to getting a polio vaccine- SV40 is the virus associated with this polio vaccine tainted cancer):"Just yesterday, I was studying Inflammatory Breast Cancer(very rare, very aggressive), & it also affects the P53 gene(when this gene is suppressed, Cancer appears)...SV40 suppresses this gene too...Anyways, after editing a photograph of the inflammatory breast cancer, what we saw immediately was Lead poisoning...If SV40 & inflammatory breast cancer both suppress the same P53 gene (on the 17th chromosome), & we know that it manifests in the body as Lead poisoning in the case of this rare inflammatory breast cancer, then it would be very logical to assume that an SV40 Cancer would manifest in a similar way...Perhaps you could present your doctor with this, & pursue a treatment that removes Lead from the body...This is not contraindicative with any Cancer treatment, but may remove the contributing factor...Please feel free to message me directly if you'd like to chat further at any time...Also if you'd like, I can edit any brain scan you have to look for the presence of Lead...It only takes a moment to do this from a photograph...My love to you & yours...Sari Grove"

MORE(**IV chelation is the best choice**):I've been kicking around for the past 72 hours trying to choose between EDTA &DMP & DMSA suppositories & oral & any possible way to avoid the whole IV thing,

but to be honest, I think that the IV method may be the only true method to get rid of a serious heavy metal poisoning...I have had 3 ladies in the past 3 days come to me with serious heavy metal poisoning issues(that we found from taking a picture & editing for biochemistry), & all 3 ladies got some form of Cancer from the heavy metal exposure...It would be wonderful to find a way to chelate without having to pay all that money & go through the whole IV thing needles & all, but so far I don't have any better answers...If anyone else knows of any success stories using oral or suppository methods that have worked, please comment here...I should also mention that in all 3 cases, Lead was the metal that came up in the pictures-despite each lady having been exposed to a different environmental poison...We also have been able to make a link between alteration of the P53 gene on the 17th chromosome, Lead poisoning, & several of these cancers...Which means that if you happen to have a Cancer that affects the P53 gene you should know that it manifests in the body as Lead so you should be seeking chelation to remove Lead immediately...

Toxins(ways you can get LEAD poisoning that can cause Cancer):Glyphosate from RoundUp Weed Killer, Radiator Fluid exposure like a leak(antifreeze/ethylene glycol), Living in a 200 year old house(lead paint)...

The more aggressive Cancers like this tend to be an interruption of the P53 gene which manifests in the body similar to Lead poisoning...Heavy metal IV chelation is recommended to remove the causal factor here...Oral or suppository chelation is a second choice...A naturopath skilled in parenteral therapy (IV) needs to be called...Doctors will not know how to do this...She needs heavy metal IV chelation with a specific target of removing Lead poisoning...This accounts for several common poisons that could be in her tissues from environmental exposure...(Weed killer, radiator fluid, lead paint, leaded water, gasoline)...

Camu Camu powder removes Lead from the body...The most aggressive cancers like to feed on Lead...Lead can come from many environmental sources as well from diet...Glyphosate from Roundup weed killer, radiator fluid leaks, old water pipes where the galvanization the zinc has come off & the Lead is exposed(very common), older houses that still have Lead paint...These are some of the contributing factors I have seen myself recently...Lead interferes with gene P53 on the 17th chromosome...When P53 is interfered with, Cancers develop...A boy has braincancer now from they think a corrupted Polio vaccine that had the SV40 monkey virus in it...Sv40 monkey virus also interrupts the P53 gene...Which manifests as Lead poisoning when you look at the imbalance...Which causes the Cancer...(causes is maybe the wrong term-more like "attracts", because the parasite gets "attracted" to the body that has lots of Lead inside)...Camu Camu powder lowers Lead levels...Which frees up P53 to get back to work...This will help anyone with Cancer...I feel that people have been segregated too long by "unique" diagnoses...Divide & conquer...Pretty much I see that what works for Cancer works for Cancer...Camu Camu would help with both estrogen positive & estrogen negative as well as metastatic & inflammatory & so on...I feel dividing people up just lends to more confusion...(not always, but often enough)...

Infrared Light bulbs...Clip one near your computer...Tumour shrinkage or just all around feel good!

by Sari - Monday, November 23, 2015

<http://grovecanada.ca/infrared-light-bulbs-clip-one-near-your-computer-tumour-shrinkage-or-just-all-around-feel-good/>

The 250 watt RubyLux infrared bulb in the Petsmart 150 watt fixture that clips...

So a lady in one of my Facebook groups posted that she had been using an infrared bulb near to her breast lump & after 2 weeks it had shrunk a good amount...

So I thought that was a neat idea, & found that infrared bulbs can easily be found at Petsmart in the reptile lizard department...

Took the bus over to Laird & Eglinton in Toronto, where our nearest Petsmart store is, & got a 150 watt infrared bulb for about \$19.99, & for another \$19.99 got a ceramic 150 watt light fixture with desk clamp...

Came home & clamped it near my computer, & sat there doing my normal computer stuff, topless...

Well, of course I was overzealous on my first day, with the infrared light too close, too long, & soon I discovered a fluid filled boil from overdoing it on my first day...Ooops!

So, the next day, I just moved the light, so now it was just shining on my face...

Well, turns out that was a great idea! I had some swelling around my jaw from the time when they removed my mercury fillings, & wow, that whole area of inflammation really improved from the infrared...

I then noticed that my mood was much better...Just sitting doing my normal computer thing with that infrared bulb on my face really lifted my whole mood...

It is cold in Toronto between November & April, so our moods really change for that cold part of the year...

I got so addicted to the infrared I ordered another bulb, this time a 250 watt infrared bulb from RubyLux (but I got it on ebay.ca)...The RubyLux infrared bulb is 250 watts but can go into any regular light fixture!

I am now sitting in the RubyLux glow right now...Imagining if I could put infrared bulbs just everywhere in my home...Maybe wire one to sit on top of my head all day long...It just feels so nice...

Insomnia & the Pineal Gland...

by Sari - Wednesday, February 24, 2016

<http://grovecanada.ca/insomnia-the-pineal-gland/>

<http://www.shivayoga.net/shivayoga-and-pineal-gland-ii/> Pineal Gland...

People with insomnia tend to have Fluorine excess, Bismuth in lack, in the Pineal gland area of the brain...

Touch behind your ears, near the top of each ear, on your head...Press in, put pressure...

This should make you feel a little sleepy...

Things in the Bismuth family include: Melatonin, Activated charcoal, Indium metal(wear topically near to the head or actually on the spots at the head where the top of your ears are-you can buy small pieces of Indium metal on ebay.ca-sew circle pouch into a hat with a hole in it & insert the piece of Indium-this way you can wear your winter hat or summer cap with the Indium metal touching your head & giving you a steady stream of Indium that will allow you to sleep later on...), Indium drops...You need these if you have insomnia...

Fluorine things include:Many toothpastes, mouthwashes, much tap water(depends), beer(unless from a non-fluoride water source spring), spirits(not the Holy kind, the alcohol kind), geological areas(Winnipeg is very rich in Fluorine as is Florida), island nations(near to water), being on a boat

Instant Concrete Buildings, Bacteria that eat Shale & poop out metals, & ZooPoo(heat our Zoo with Poo!)

by Sari - Sunday, May 24, 2015

<http://grovecanada.ca/instant-concrete-buildings-bacteria-that-eat-shale-poop-out-metals-zoopooheat-our-zoo-with-poo/>

First cool idea:

As some of you may know, I spent over a year learning concrete technology, specifically so I could make a [5 foot outdoor swan sculpture](#) that would live 45 minutes North & West of Toronto, in a rather cold climate...Later I got into making [my own marble sculptures](#), & [reinvented the steel armatures you needed to support these outdoor concepts using a no-weld bolting technique](#)...

Anyways, the following is a short video about a new concrete material that you just add water to & well, you get a whole building, sort of...It's pretty neat...

<http://theshrug.net/this-cool-technology-will-blow-you-away-wait-till-you-see-what-this-thing-can-do/>

Next cool idea:

Thiobacillus ferrooxidans is the name for a type of bacteria that is probably living in the dirt in your garden...It likes to eat Iron & Sulphur(think Sugar)...

The cool idea is that in Finland they introduced **Thio into their mines to eat the shale** there...Thio, our friendly bacteria, eats up the Shale waste from the mine, & poops out things that are useful to make metals out of...

In Alberta we have a vast expanse of Shale...If we introduced little Thio into this muck, Thio could eat it & poop out some useful materials that us Canadians could make a whole bunch of neat metals out of...

Canada could have a whole new industry making useful clean tech metals out of Thio's poop...

p.s. If you have several million dollars & a desire to invest in Thio, please write to me at grove@sent.com & I will forward your email to someone who knows more about this than me...

A cool idea that still hasn't happened at the Zoo:

Years ago I wrote about an idea for ZooPoo...That if we took all the animal dung at the **Metro Toronto Zoo**, & put it in a cooker, we could heat the Zoo on ZooPoo...

People in other countries are already using Poo to heat their homes & even to cook with!(not as gross as you might think)...

Do It! Poulson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Anyways...If someone with vision & maybe a few more million dollars thinks this is a worthy eco-friendly idea, then maybe we can work together to help ZooPoo become a reality...

Or feel free to go it alone if you like...I think it is a great idea, & you are free to use it...

Do It Yourself Medicine by artists Joseph & Sari Grove <http://grovecanada.ca/>

Iodoral left side female Minus element -8 ...Adrenal Gland Pituitary right side temple cheekbones!

by Sari - Friday, June 12, 2015

<http://grovecanada.ca/?p=1327>

Iodoral left side female Minus element -8 ...Adrenal Gland Pituitary right side temple cheekbones!

Apple Cider Vinegar with Boron & Potassium capsules x 3 500 mg. comprised of 4 micrograms Boron
Bo...

TwoBears.ca cold brewed coffee with filtered water 1 bottle...nuked in a porcelain cup defrost 30 seconds
for Copper Cu-9 ...

2 Aroma coffee brewed in Georg jensen brita coffee filter nespresso chase manhattan bank melitta tea
press with hot boiled water from tap thru galvanized steel pipe Zn -1 ...Cu-9 Cu-9

why? last night's cheese cheddar stuck in gut...White cheddar is Phosphorus +4 ...How many #? 4 pieces
equals= +4 +4 +4 +4 =P Phosphorus +4 times x 15= +60 of cheese Phosphorus P+4

Hummus last night with sesame seeds Mn-2 ...Hummus is chick peas which is Molybdenum hence beans
so like Navy Beans+1 ...

How much Hummus? #? Costco from Sammy's about 4 x as much as last week... So $4 \times +1 = +4$... or $+1$
 $+1 +1 +1 = +4$...

That is why I had 4 mcg micrograms of Bo Boron -12 ... $\times 3 = -36$ mcgs. of Bo-12 Boron...

Does -36 mcgs. of Bo-12 even out with +60 of Phosphorus+4?

trick question silly rabbit Westinbghouse joke insert twicks are for kids...

Does -36 mcgs. of Bo-12 even out to or equal= how many chick peas I had last night of Molybdenum? I
had one giant scoop of chick peas so that is Mb+1 x about 15 chick peas so $Mb+1 \times 15 = +15$ which is like
Lead potato or Alcohol which contains Lead Pb+12 Plumbum Plombe but like +12.3 so like a lot of
Lead...

Theory: If you eat alot of chick peas it becomes like Lead in your stomach or mortar or paste...

Reverse theory; if you eat alot of a Minus substance it breaks the Lead down back to a chick pea!

Ha!LOL!

Unspoken of things...Water Hydrogen H+6

Porcelain cup=marble plus heat=Calcium Carbonate Bones plus Heat equals Fire is Oxygen-7...Calcium is +5...



Iron anemia & the concept of muscle testing...

by Sari - Saturday, November 14, 2015

<http://grovecanada.ca/iron-anemia-the-concept-of-muscle-testing/>

I received a shipment of Zeolite rocks from Great South who sell them by the case at decent prices...(I use them in my art studio to absorb odours & also beside cat litter boxes & in the bathrooms...They sent me a free gift...A tiny bag containing some Pyrite stones...

I held them in my hand & I could feel energy, something...Not knowing what Pyrite was, I looked it up...Iron...I started wearing pyrite jewellery against my skin because it felt so right...It turns out I was very Iron deficient...

The pyrite was correcting this...This was after a decade of having problems, misdiagnosis etc...Iron anemia can cause brain dysfunction...This was a powerful lesson to me...At the Earth Rocks store in Toronto, the daughter of the owner queried me:" is this like when you buy a rock because you are attracted to it?"...

...because something in your body needs it? Wise words from a child...There are all sorts of ways your body tells you it wants something...

I have not had muscle testing by an outside practitioner...But I do not think it should be disqualified as being unscientific...

Ever notice how the first thing you see on a menu in a restaurant is the thing you end up choosing? & it turns out it is what you really needed to eat? I think our brain selects too, in the same way our muscles do...

p.s.Muscle Testing is a practice involving holding a substance in one's hand, & having someone apply pressure to the other arm, which is extended...If you can resist, the substance is useful for you...If you do not resist well, the substance is not for you...(this is an oversimplification of the process, but basically true...It is a way to check what herbs or supplements you could take for whatever ails you...Or as preventive medicine...)

My response to someone(who mocks muscle testing, & also Rife machine- another story):

What I understand is that there is illness...The person in question does not agree with muscle testing nor rife machine, despite having not tried either...That the only way to discern useful things is by having mass clinical trials & animal testing...& that there is a fair bit of hostility & anger present...Also that because a treatment costs money that gives power to discrediting it further...My recommendation is that all those so called natural & quack therapies might be very useful to explore...The gentleness & emotional healing & release one gets from the more sensitive treatments that have been disqualified have centred many of us who have anger issues that arose from ill treatment in allopathic settings...The very treatments being discredited might bring tremendous understanding...That there is more to healing than statistics &

Do It! Pearson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

science...Considering those of us who have used some of these questionable practices, the health levels & general contentment levels & quality of life appear to be far superior to those who mock them...You will notice the alternative groups are filled with healthy looking, interested, loving people...Enter the more generalized community & the depression, suffering, & maiming are so pervasive you have to leave the virtual group room...With placebo effect accounting for over 50% of cure, one should not ever discount that effect...Faith, hope, charity, God, Mother Nature or hocus pocus- these things are powerful...Stomping your feet at things that have not undergone clinical trials will not move the mountain that faith will...

Is Rooibos tea AntiCancer?

by Sari - Friday, January 08, 2016

<http://grovecanada.ca/is-rooibos-tea-anticancer/>

<http://examine.com/supplements/rooibos/>

Ok...So to explain how to read the link...Look for consistency results of VERY HIGH amongst the studies...(in the chart)...

The very first instance of Very High Consistency amongst many studies is for Lipid per oxidation...

.What it says is that in many many studies, Rooibos tea Lowered Lipids...That means that Rooibos tea, Mainly, lowers cholesterol levels in the lungs & lymph nodes...The other correlations from studies that were also very high in consistency state no significant effect...

So in conclusion, the active ingredient, or element, in Rooibos, would be a "Titanium" element, that lowers "Aluminum"...

Translation...

Like Hemp oil, Mint Leafs, Saponins, chamomile tea, Vanilla Beans & CBD oil, Rooibos lowers cholesterol...So I say IS anticancer...

Drink away...(should be a painkiller if this is true, also make you a little sleepy, & slight blood thinner...)

Is the lump Cancer or Not? Step by Step visual instructions using free online Lunapic.com photo editor...by Sari Grove

by Sari - Monday, June 20, 2016

<http://grovecanada.ca/is-the-lump-cancer-or-not-step-by-step-visual-instructions-using-free-online-lunapic-com-photo-editor-by-sari-grove/>

Grove Brain Body Chart

*This post as a PDF file(& the NIDI post is there too with the Fotoflexer edit for chemistry(see pr+ & her2+ as well) & the Pixlr edit for size change tracking...)

The better the picture, the better the results...The brighter the light where you take the picture, the better the picture...The closer you take the picture, the better you see under the skin...Settings like Macro & Flash can help(there are Apps that do that for smartphones)...You can see into many organs, lungs, liver, breast, armpit lymph nodes...You can have a friend take a picture from your back to see into lungs & other organs if you have breast implants...Pneumonia in lungs can be seen from back pictures too...You can edit from MRI, CT scans, Ultrasound pictures, Mammograms...This method uses the free Lunapic.com online photo editor...The process was developed by artist Sari Grove...Purple indicates the presence of cancer & where it is located...Cancer is only a tiny fraction of a lump & is often found at the edges...Mauve is a Pre-Cancer state, though many doctors will also call Mauve Cancer...Cancer has a visual signature of Phosphorus-this method looks for Phosphorus...This method can be used to track progress...Do before & after pictures when trying a new supplement or intervention...The presence of cancer is not defined by the size of a tumour...Shrinking a tumour does not mean you are eradicating the cancer...Know the difference...Phosphorus is antagonized by the Copper family which includes the highly effective & affordable & absorbable Licorice root...Ingesting Phosphorus foods will make the purple areas grow & spread-Phosphorus foods include cottage cheese, kefir, yogurt, all cheeses...Other Phosphorus things are Mold & Toxic Algae Blooms in small lakes...Apologies for having to mention this:Adult entertainment facilities (strip & lapdance clubs or places where sexual trade workers frequent)have very high ambient Phosphorus levels-if one spouse visits one of these clubs(or has contact with a sex trade worker) they can transmit the high phosphorus to the other spouse-this can be detrimental to an anticancer protocol...Parasites & worms also give off a Phosphorus visual signature...Cancer is a parasite...So this makes sense...

Lunapic.com 1 Browse for your picture

Lunapic 2 Adjustments:Adaptive Equalize

3 Adjustments:Sharpen

4 Sharpen slider to RIGHT, Apply

5 adjustments:color Saturation

6 saturation all the way to right(or change number to 100), Then set saturation button

Do It Yourself Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

7 Adjustments: Contrast

8 Contrast Push the + button slowly 5 times(wait in between pushing for it to reload)

9 in FILTERS:Choose Thermal Effect

10 In Filters:Choose HDR Lighting

11 In Adjust:Choose Adjust LIGHT LEVELS

13 MOVE CONTRAST, HIGHLIGHTS, SHADOWS:ALL TO THE LEFT! (then click apply)

14 in Adjust: Adjust COLORS

15 In Adjust:Adjust Colors, Click all THREE swap Buttons...So Red & Green, Green & Blue, Blue & Red...Don't forget to click APPLY!

16 in Adjust:NORMALIZE (This is the LAST Step!!!)

The purple Phosphorus indicates malignancy

Mauve or light mauve is a Pre-Cancer elevated Phosphorus situation(some doctors will call this cancer or DCIS in breast...early-adopter drs. call this Pre-Cancer (Dr. Laura Esserman)

Hormone Receptor Status:estrogen is purple in Lunapic(Do Fotoflexer edit for progesterone calcium & hydrogen Her2+or-)

Is the verbally abusive husband hiding an affair? Did the wife get cancer from cross-transmission of chemistry from the mistress?

by Sari - Thursday, July 14, 2016

<http://grovecanada.ca/is-the-verbally-abusive-husband-hiding-an-affair-did-the-wife-get-cancer-from-cross-transmission-of-chemistry-from-the-mistress/>

[\(Dr. Daniel Amen explains other reasons why a spouse may be displaying hostility\)](#)

Is the verbally abusive husband hiding an affair? Did the wife get cancer from cross-transmission of chemistry from the mistress?

Someone recently commented on this: "I have found that when the husband is an ass-hole, there may be more going on than just biochemistry of what he is ingesting..."

A daughter of my mum's friend, her husband started acting all hostile, picking fights...

So she & her girlfriend went on to his facebook account & found a whole bunch of private message booty calls to a woman...

he was having an affair for the past 6 months...

(sorry to mention this, it is just on my mind lately...

How many men ditch their wives when the wife gets sick...

or how many men were having affairs that caused the wife to get sick...

(the opposite happens too obviously)..."

This subject is a large & dangerous topic that will have to be revisited in further detail once some research is done...

At this point, suffice it to say, there are some early correlations between a spouse getting sick & the other spouse conducting an affair...

In particular if the one spouse is visiting "professional" sex trade workers (lapdancers, strippers, prostitutes)...The other spouse gets all sorts of new ills...

More theory:

Sex trade workers, lapdancers, prostitutes, work in very high Phosphorus environments...

Phosphorus is in ejaculate, both male & female...

So if you are having lots of sex or are present in a place where people are copulating lots, you get a high Phosphorus environment...

Now, compound that with the wife already having high Calcium levels from probably being on birth control drugs...(they raise calcium)...

This causes the wife to be fat, lazy, hungry all the time, & generally not interested in sex...Her immune system is also compromised...

The husband goes say for a few lapdances one night...Justifies it because it was a bachelor party or maybe that there is no actual penetration...(not that that is ok by the way-the contact level is intense & the girl gets naked & is rubbing on his privates)...

The very high Phosphorus level the professional girl carries with her is transmitted to the husband...Sometimes they touch their breasts(which are almost always fake implants)...

The fake implants cause other problems in these girls/women...Artificial implants cause a blockage in the Gallbladder which raises mercury levels...Once Mercury is raised, it can block up all the other systems above it...The first system above the gallbladder is the Spleen, which is where Phosphorus & Copper are processed...So now you have high Mercury levels being transmitted, along with even higher estrogen Phosphorus...

The wife gets slept with afterwards...The husband feels guilty maybe...Now we have transmission of chemistry...

The wife's already compromised immune system is now inundated with excess estrogen Phosphorus...

Now she goes out into the world...A world filled with viruses & bacteria & parasites etc...They are everywhere...usually harmless...

But parasites like Salmonella Typhi bacteria(very common) just love high Phosphorus levels...

They jump on, & now the wife has a new parasite to deal with...

If the husband decided to continue his little habit, & go back for more, the wife will continually be exposed to new estrogen Phosphorus...

So she cannot get rid of the parasites that have jumped in...

Fast forward a year or two maybe & the wife still has parasites...Now they are bigger...

When a parasite, that is larger, bites into the flesh, the body sends out a repair team to fill the hole...

That repair involves sending out Calcium as well...& iron...

So a tumour appears...The tumour is actually a repair attempt on the part of the body, to seal up a hole...

However...

That repair is more food for the parasite...

Now it has a giant lump to feed off of...

Now you go to a doctor because you feel a lump & you have that parasite there feeding off the lump now too, & you get diagnosed with Cancer...

Husband seems to be distant...Not so helpful...Verbally abusive or more...

Why? He is continuing his habit...Or now, affair...

Money is going out the window, & he seems to be gone for long hours doing something or other, you are not quite sure what...

But you cannot pursue this because you are now fighting cancer...

Somewhere along this timeline the couple may break up, the affair may come out into the open, or not...

The couple may stay together...

if the wife finds out, she may choose to forgive...

If not, she may choose to stay married anyway, even though husband is distant...

This is a theoretical way that a wife gets cancer from a husband's affair...or even casual one time lapdance...

What is unbelievable, is that almost any man you ask, will say yes to have you ever had a lapdance...

What is also unbelievable, is how many men leave their wives when the wife gets cancer...

Last, how many men were having affairs BEFORE the wife got cancer...

The correlation is there...It is just that people don't want to talk about it...

If you choose to stay together, you don't want to open up the wound...

if you split up, it no longer becomes relevant to the conversation, you have moved on...

This is not limited to husbands, wives have affairs too...

Wives often have extensive pre-marital experience that the husband did not have because he was so busy

trying to get a job or training or making money or something like that...

So the affair of the husband after marriage can be an "evening up of the score"...

So we cannot always lay blame...

When a woman marries someone & she has extensive pre-marital experience, that can also affect the husband's health...

Psychologically especially...They can become depressed...Moody...Eventually it leads to them seeking revenge of sorts...

Either that or "karma" plays its role...You reap what you sow...

So we are all guilty probably when an affair happens...

Dr. Lee Baucom is excellent with relationship issues...Online...His free audio mp3 newsletter...

Couples can all benefit from Dr Baucom's expertise...

Of course, correcting all these imbalances is key too...

DreamCatcherBotanicals.com has LOVE DROPS which both members of the couple take-they enhance communication & love feelings...Biochemically...Make your husband a morning smoothie & pour much into it...Drink some yourself...It works!

Janina Ward, FrankinThyme bloodroot salve recipes...

by Sari - Monday, April 11, 2016

<http://grovecanada.ca/?p=3058>

Matrix of Holistic Health's bloodroot salve...

Thank you...

In the Bloodroot salve discussion group on Facebook, they suggest using 35% Hydrogen peroxide to rough up the skin...

Can your FrankinThyme salve grab at a now benign tumour?

I made my tumour benign-

*(2014 invasive ductal carcinoma diagnosis by core needle biopsy, mammogram, ultrasound, oncologist, reports & images-which became obsolete 3 weeks later at the appointment because I was already doing a laundry list of care even before diagnosis & mammogram were performed...)

-using large amounts of licorice root(a Copper family herb)...

I do explain all my research & theories in books which are all free to read on the website...

All can be downloaded in smaller format(not the Scribd versions which are full size manuscripts)...

I am wearing an Aches-Away transdermal patch(from England)at the moment to keep my Copper levels high & Ceruloplasmin low...(it shrinks/kills tumours transdermally applied directly to site)

Coppers lower Phosphorus which is the malignant portion of a cancerous tumour...Research on the net cites Copper instead of Ceruloplasmin, which is a fatal mistake...

Be aware of this common mistake...Ceruloplasmin is a Copper Binder, which means it is a Phosphorus item...

(think salmonella typhi bacterium, Typhus , the Black Plague)

The studies about Copper if anyone cares to read the original clinical trial are about lowering ceruloplasmin...

Not copper...Licorice root is not estrogenic in the least...

Another internet mistake killing people...

Thanks so much for your help,I do hope electronically signing that document was sufficient?

I do not own a fax machine & hand signing creates uploading difficulties-still looking for the slot in my computer that accepts paper...Sari

--

GroveCanada.Ca

DIY Diagnostic Imaging

Sari Grove

<http://www.grovecanada.ca>

frankinthyme bloodroot salve recipes

Joseph calls me "Moron" ...(in this case, he might actually be right!)

by Sari - Monday, October 05, 2015

<http://grovecanada.ca/joseph-calls-me-moron-in-this-case-he-might-actually-be-right/>

Correction Notice:I found a mistake that runs through all my books!!! Here it is...Anywhere you see the word "SULPHUR" please substitute the word "SUGAR"...This is not a typographical error...This was me, looking for a molecule that represented sugar on the Periodic Table, & choosing to use Sulphur, because I knew it involved blood sugar, but somehow was blinded in my rush to build the chart, in my excitement, neglected to remember that Sulphur lowers blood sugar-exactly the opposite of what I said it does, in all my books...This is why Joseph's pet name for me is "Moron"...It happens...I am, apparently, human...Please forgive me...(Someone once said: "Be careful of health books, you could die of a typo...")

Joseph & Sari Grove

Just a quick hello from Jadzia & B'elanna Grove our intact lady bengal cats...

by Sari - Monday, January 26, 2015

<http://grovecanada.ca/?p=449>

Jadzia likes the warm pizza box under her bum...She also enjoys pizza as well...

Food choices happening right now still...

barbecue chicken whole from Longo's in Toronto

Wysong uretic feline Dry Food from Wooftown in Toronto

Ziwipeak canned cat food from new Zealand

Balance from Phytomet 1 drop per lb of weight in all wet food from SwallowhealthyDiet.com in England

Water from tap

Notes: Jadzia recently ate 4 pieces of pineapple off the top of a Hawaiian pizza...She also enjoys the milk in your cereal, & pepperoni...Ice cream vanilla flavour once in a blue moon...

B'elanna is not a fan of milk...B'elanna is not a fan of chicken liver...B'elanna is not a fan of carrots & Jadzia agrees on this one...neither really like Beet pulp & even as kittens found Beets not worth discussing...

Both snows appreciate a good finely chopped up steak once in a while but do not try to pass off cheap cold cuts as food...Sardines are interesting but honestly mummy a little gross looking...Sushi is a definite yes, though sashimi is better but could you chop it up a little bit...Organic food makes us cr-p too much, but helpful if we are having constipation issues due to GMO grains hidden in our foods...Taurine powder makes us purr louder...McDonald's hamburger patties are a yes, as are Wendy's, & Popeye's fried chicken is awesome we love the crispy fried breaded crust too...The breaded fried shrimp was a fun diversion...Shrimpo cocktail is a pretty definite yes, no sauce for us...

Reasons why my husband has to sleep on the couch...(hint:safety first)

#TeamBossyGals twitter words

TeamBossyGals.com website

Good Ozone versus bad Ozone, Fireman fire station rosedale

Clouds should be Up there not down here...my interpretation

That theory where if you have icky Phosphorus & good Phosphorus, the body will select to process the good Phosphorus & theoretically excrete the icky Phosphorus...longshot

More likely is on 88...a nicely parallel number that connotes snakes & ladders...That the body will select the Good Phosphorus, & the bad Phosphorus will remain stuck in limbo, like The Walking Dead...(horror genre)

For example...

If you eat a lump of black disgusting moldy cheese by accident & it goes down & makes a home in your Spleen, then now you have a lump of black moldy cheese sitting in your spleen, nesting...

Now if you go to Sobey's & buy some extra delicious yummy strawberry flavoured yogurt Kefir (pronounced KAY-FUR), then that KEFIR will go down into your spleen & your spleen will say THAT is delicious!

At that point, since your Spleen is competitive, it will CHOOSE the Kefir as the thing it wants to work on, to digest...

It is an easy choice for the spleen, the kefir is delicious & travels well, the moldy cheese is stuck & hard & lump & gross who would want to eat that eh? gross-en-nating...

*So...(by the way you can eat blue cheese if it is SUPPOSED to be that way ask your daily grocer at the whole foods market. they have a good cheese lady)...Seinfeld refers...tv show reference

So now your body gets Kefir energy & the lump stays put...

You now have energy to walk, to work, to carry on, but you ALSO have a cold dark lump of mold (scarily growing maybe NOT) in your spleen...**

A better decision

Instead of drinking the Phosphorus filled Kefir, & causing your spleen to choose that to digest OVER the lump in your spleen, why not choose something that GETS rid of the Lump first?

THEN AFTER you can have your Phosphorus GOOD Kafir...

For everything there is a time & season...All the season turn turn turn...On the merry go round of

life...Turn turn turn...

Caliope...What goes up must come down spinning wheels turing all around you got no money you got no time ride a painted pony let the spinning wheels spin...

Did ya need...(male voice)

Ok music break over for now sorry get back to work, but music IS work, ok get back to music...

So the better choice is to remove the bullet first then eat a potato pancake...

They gave us Lead bullets Pb, we asked for Bismuth bullets Bi, we got Copper bullets Cu...

On our chart the Plus elements are male(dominant), the Minus elements are female(dominant)...

Disease have Gender dominance too...Multiple sclerosis is Lead poisoning which is excess Lead from tap water running too hot maybe through older once galvanized Lead with Zinc pipes...Men like potatoes which are Lead...Pb Plomb...

Women prefer coconut water which has some Zinc...(also has Carbon & Potassium female elements)(low on the water part which is Hydrogen so nice low male)

BIG PICTURE...If you have a lump of coal in your body, take it out first...Then, celebrate afterward!!!

DON'T celebrate first by drinking Kefir, then & only then, decide to try to remove the coal...It will be harder to see, because it will be coated in white pink yogurty stuff & now you are just making matters worse because the body will SELECT to digest the Kefir & just BYPASS the lump of coal...

Now you have made the lump of coal or whatever the lump is actually made of under a microscope (you have to look btw and thank you for that Zhang Zhuo...), anyways all thank yous aside, you have made the situation worse, not better...

since Better or worse is a rule, worse is not better, better is not worse, then worse is worse & don't do that to yourself...

so if you are NOT trying to remove your lump of coal or whatever, moldy in a bad way cheese, then you are doing worse to yourself & that is not good I don't like that because you are MY friend...

+if you are my enemy & you do worse I don't care because I don't care & goodbye sayonara to you not my problem...

Now how to get rid of the icky lump? Have a small cup of black coffee with sweetener & chat with a friend about it...

Then go watch the Australian men's Open Tennis championship in GeeLong Australia...with Rod laver!

Team Bossy Gals .com

1960s reference.time warp.mercury in retrograde...pluto...secret ancient chinese secret(how to do laundry with Borax)spit is a paralytic, scorpions in mouth will go tame from the spit which is Fluorine...Survivor

The new improved RECIPE for how to get rid of a lump that is stuck somewhere in your body or your brain which is part of your body but anyways, is...

In the hands of a neuro-scientist in GeeLong, Australia...Initials B. E. (think beryllium Be)

Go ask him he won't bite...(warning you could die of a typographical error)...snakes

When detoxifying from heavy metals like birth control, start with the lightest metals first, which are at the BOTTOM of the Grove Body Part Chart...

Since the lightest metal on the chart is Molybdenum, Plus element, gender organ(s)(2), You need to start removing that excess element first, which is like the plastic natural skin on green beans...

Boron dissolves Molybdenum...Boric acid is the STRONGEST Minus element on our Chart(by the way did you know the new improved chart has 12 body parts/organs instead of 11? Yes , it's true...The new body part is called "gender" ...It refers to those nasty bits that define whether we 'look' like a boy or a girl...A girl will have Boron dominance, a boy will have Molybdenum dominance...Nigella Sativa Black Cumin seed has both male & female parts...Interestingly enough, Toluene also has male & female parts...Mo or B...

Coelus Forskolin also has both male & female nasty bits...Gender...Gonads & Ovaries...

Theoretically the body will select which one it needs & discard the rest...

This is called competition...

The brain is also competitive...if I order a small coffee at Tim Horton's with skim milk & sweeter, I will get a small black coffee with sweetener in it...No skim milk...Why? Because the brain is competitive...The lady at the cash register's brain registered sweetener which is an unusual choice for this Canadian company...The brain selected that flavour as the winning flavour...Despite the fact that skim milk is an Awesome choice, it was discarded & ignored...It is still in the Milk family, which is white in colour...The cashier was closer to coffee in colour than she was, like me, to milk, so she was HAPPIER to give me something she was familiar with...I was also happy NOT to get milk, because though I had ordered milk, it was only because my companion ordered a small coffee with double creme...I am not really supposed to ingest dairy on my diet plan, regime more like, but when in mixed company, ie:boy girl, I tend to compromise a bit for the sake of the group...

"The needs of the many outweigh the needs of the few..." Vulcan saying Mr. Spock

Concussion: Con-Cush-ion (pr.)

with-pillow(breast)-ions (colloq.)

stuff-on-my-cat.com (Jap.)

right frontal lobe hit=excess zinc production due to stimulation of right frontal lobe(not collapse or failure of organ)

*thus control of left side of body, ier:hand is increased

visible mark=hill on right forehead

other effects=at left side of brain there seems to be a slight lack as the more zinc of the right side depletes the Lead Pb Plomb of the/de le/la cote (little hat sign), (ou(little backwards hay sign), (et(round hat sign), le accent aigue(on the u upside down smile sign, I mean right side up smile sign concave/convex to those who look)...

Top down in French...Let's start again with the introductions...

Bundling Bill Gates...synapses...

unlink zoo with sadness

link parenting with cleaning

reverse order...Happify.com

Zoo Steve Jobs, Linda McCartney, John Lennon, Yoko Ono...One legged female(hop-along)Blossom.=all in common, lowest common denominator-John McCain=they all eat frozen food dinners?

Save the Seals...Children's Miracle Foundation...Easter Seals/Mama's izza...(leaning tower of pisa)free association

Je suis Charlie...Je suis un sheepdog...Je suis un chien c'est quoi un sheep en fran-c-cedille-? ais, et?Automatistes Quebec

Old York New York Old France new France...The Big Smoke...

Alors le "fix" c'est que le main gauche et maintenant meilleure (n)! Dans les yeux(l'oeuil) du femme...

Gst 5%, PST 8%, HST 13%=5+8+13=26 dollars accidental damages typo(s) , chaques 'typo' coutes(accent hay house balboa press)treize dollars, 50%=26 divisees par 2 est 13...aigu iguille Brazil...cepalapod asterisk et obelisk

David Lash et David Chernos...Sunatanning Salon...Tal & short...Goodlite fitness...

Frank...20=autobus, 5=cafe aigu...petit noi at interressante (r, ait) Somali...e.

Parce que vous etes indifel, indifelle, infidelleious, Mark Rowlands=Olivar Sacks- Aemon Callahana, bneirama, Benihana, Phillipino, Phillipines, Vientiana, Catherine Deneuve, Are animals Moral? of course they are honey, just not you...

Don't joke with him...

William Faulkner the sound & the fury...

Lemon, lamon, the flaw is Kim Cattrall asked if Viagra was good for women? The suggestion is that it is...It is NOT good for women...

Why NOT? because Saw Palmetto or Coelus Forskolin or Molybdenum is a MALE dominant vegetable plant like Nigella sativa Black Cumin Black seed & with the HULLS ON it ALSO has a hard exterior layer like Bull's Balls or Colorado KooLaid, which are "prairie Oysters" ...LJSB...LYndon Johnson sucks Balls...plays tennis...Vera. Alice doesn't live here anymore...Waitress...Busboy. Garcon, grenouille jambe de grenouille? NON...Je dit non...Nancy reagan dit non...Ronald reagan a dit oui...?? (reverse question mark espanol n avec le horizontal s dessus)

Accent aigu...accent grave...umlaut...I am ranking emoticons...the character palette in fonts...emotions...the flood...licorice root floods my emotions with depth...like new york is the best & the worst, toronto is less so in range but now the highs are so much higher & the lows are so much lower, with depth comes breadth, no...not sexual innuendo now nor euphemism...THAT

That, the bigger the fish(horizontal measure) the bigger the danger(risk)...

Don't scratch the surface it is merely the tip of the Titnic titanic tobermpory tobermory oil oil the fish is still alive charlie, tokuda tokuda Tokuda High park, Central Park zoo, parallels, parralels are not so much, they are two snakes

so your left hadn si enahnce & your right frontal brain is enhanced & now you look like a girl...(hand)

dyslexia poop sorry air is bad heare farted...River street Humane society...

cats Sajo...Boy...Spotty. Chkotay...Chakotay...Balls down...balls are down...balls are down, horses have a retractable penis...

did you know? Sake it off...Shake it off...(ewe eeewe ewe ugh ewe ewe hippo birdie two eswes wes ewes.Mo...Satcho..Satchmo Louis Armstorng Dad Frank Sinatra the Brat Pack, Dean Dean KJames dean, rebel witout a cause...without. drunk & shriunk...

drubkn drunk & shrunk...means fire wire linkage...

injruy injury reheals itself with "lump", fire wire bonding at reheal on injury point...

i said oopse upside your head i said oops upside your head i said opps upside your head i said oopse upside your head i said oops up side your head is said oops upside your head soccer...

"I said, Opps, Up, Side, Your, Head, I said , Ooiops, oops, upside your head..."

=Hoops...dentist...Pierre?charlotte? francois, ...furniture refinsiher...aix en provence...arkashon...dauphin...finisher finit...Hat...accent...blue eyes dad's blue eye colour love...my hat is the same colour as the way my dad's blue eye colour is supposed to be at the cottage...on his head, the picture of my me sitting on his shoulders...please keep...blonde...on the cottage with the white shabby dfenche fence crying behind it behind it the white horixzontal fence painted by hand hwhi wide slats...with nails...and yeye eye...withnail & eye...and dirt with grass & hayseed mom in hat with picket fence i was normal m normamm norman mailer...hat hair hay hair hat hair hay hair hat broom hilda...

You gotto get up every morning with a smile on your face & show the world what a, video fee, two ladies, on rocking horses...

the horse rocks...paint job nice blue sheen metallic.props. blowfish. props. yes. hi...married...grove. euphemism. i am fine thank you how are you

fine. i

song lyric. beebop. muhammed ali again. ben johnson. steroids. calcium. food enhancers. nitrogen. hostility class.

vagina village. VV (VW)...drove...driven snow...as smooth as driven snow, antifreeze is BORON B. boring. BOrom boroom lm malloon walloon willy belge. snow sheperd tango sheba shandy sheba 's date is a boy!

Phew finally border collie? woops. big ballzac honre de balzac...honore, an d all night long it was honour and offer...

on her and off her.

ugh.

cunnininnnm cunninglingus, nunnalingus, cunna-lingus. oral sex. gaps...The Gap.Tiffany the Hive & grove...NLP neuro-linguistic programming, for. advertising. Team Bossy Gals...

Six degrees of separation...Kencin, Kevin Back, & cheese, burger. Burgher.

done! how would you like your fires? I would like fries with that wid dat. roll me one. no rolling papaers. stuck e-cigarettes have less fume but still pure nicotine but less paper stuff bismuth but more drug but less MOLYbDenum, how do you pronounce that word?

BOOOOOOO-ROn...Boron. chocolate.

Molly-Bdenum, denimum, levi's red tab jeans(tag) lsd) Tom Hanks movie boots Footbalss

Sidways...Boost s is my cat...

Boots...beans...SAJO=Sari plus Joseph love each other & are getting marreid to each other what year, .
1 994.

1993" studio 2007.

2 shows.

Dover E.

sale. tax?

16K x 4 years = capital gains...4 per year...no over. tax 13%so...13% of 16K equals. 25 dollars...16K
karats carrots, rabbits?

rarebit they eat moneky in africa. monkey. mexico almost too idiots i steal their moneky from them in a
cage.

the organ grinder stephanie & roland and romaine is not black really just caramel coloured club waiter
guy bartender. better job more music clubbling sister...roxanna. roxanne... we'r e black sari.

what you see is just illusion your surrounded by confusion teah your parents well doctor of sociapathology
social worker mike silverman old prof grey advertsisisng fill you barry brown max webber webber paul
webbers thrill yout olicvvia b newton john nails are long manicure oj og oh oh i wanna know I wann a ...i
hear his voicces in his head, i hear his voice in my head i hear i wanna feel you oh i wanna touch you,
please near nerm, can you hear what I am saying what I hope...

translating for hy husband...Why cant hear him? smell deaf...hit in the head concussion soccer...

fuorine...BOron windshield washer fluid rampant at moore park ravine is Boron blue my lips are blue
england oxord rowing tea blue lips jordan blue lips are cold is blue windshield washer fluid they gave hin
blue winshield washer fluid in england at the boardinh school to drink...why? short pants...to
KILLLLLLLLL HIM...

or my b maybe to save him from himself...Molybdenum...Perfromamcne enhanicng drugs are ghb growth
hormone giraffe the f giraffe has a long neck...smile. mom looks good now almosy the same as before but
better! new improved version of MOMMMMY! t

Madeleine is a book about the nuns and two by two the nusn nuns nones get thee to a nunnery!

Our Lady of perpetual Elegance at St Clair & West of Mount Pleasant is NICE SCULPTURES!!!
Magbnfica is a book with picture AND a defribbilator!!!

I wenst skating on ice with SHOES on...just shoes no skates...it was OK!

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>
anf and the cemetary has a PLOT for me it is a little tiny head space with a number 6 & joseph got a number 7 liucky socks samuel taylor coleridge.! I am Sira! sirrah siren...no i forget...green tourmaline reserved at my box in the snow on the ledge i left it there for safe keeping how do i put it inside my box?

safety deposit boxy for crremeated remains? oh gross it's not a drawer at leadt frozen food! corppp copse...

Periods. period. dot do t dot dot o tot ot t. anemia...dot. lblue eyes. borwn . brown . brown eyes blue. brown. are you srrious? and your eyes are nrbbrown.

my teeth are blonde. her teeth are ered. your teeth are brown. his teeth are black raven haired beauty. her tethh have lauren hutton . raisins. gap. hurceptin her ceptin leptin rabbit plastick coating on green beans is her lrabbit snowbll happy new year curly hair lilith lilith fair, lesbianism,. tennis martinia navratilova vavavavv ...Zoolander...mining. coal. Bi.

Anthracite...

and her hair was perfect... warren zevon...trader vic's.

News: Firwire firewire. ballsy.curly hair stays stuck better than straight hair...ugh perm. vidal ssassoon...4 hours long..she ran. to get help. parking lot attendant. pantyhose is yours. shirt. hawaiian. noula. oula. st marin. martin. school capatain. mason. blond. e . nurse. long story. madame butterfly. M england. violin. classical. piano. ugh. kicked out. F. deaf. flat. breathy. effy.

low. erkle. Chopin. chppy waves. hacking thru it. chopin. esque. mark hammer ishm mc hammer stoned. high voice nasal. sex.

eek. yuck. fired. no paying him for that.

Karmic Balance, & staying married after an affair...

by Sari - Tuesday, January 05, 2016

<http://grovecanada.ca/karmic-balance-staying-married-after-an-affair/>

Biochemistry of Loss of Affection: Male/Female?

Side effects:Niacin in Erectzan product can cause Niacin rash burning sensation hotness if 8 capsules 200 milligrams are taken at once in a smoothie drink...

(You LOSE OXYGEN when you FREEZE things)Oxygen is released from Carbonated beverages if you put them in the Freezer(Freon is Fluorine category of grove body and brain part chart but stronger)...

Indium drops(melatonin in high dose) relieves epilepsy seizure disorders & prevent them however in larger doses they can attract soot, Bismuth, & traditional skin cancers, black flies...

Venom based painkillers are related to HEROIN/BORON on the grove brain part chart...Eat Beans before entering any establishment that uses Heroin airborne/sprayed/powder format...Heroin makes you feel like vomiting...Cocaine makes you rush your decisions...Pot makes you paranoid...DO NOT ENTER A JOB INTERVIEW OR AUDITION(ie: modelling or dancing job)IF YOU THINK THERE MAY BE AIRBORNE DRUGS PRESENT TO SEDATE YOU...*

Note:For men ONLY, Erectzan can be added to any smoothie to restore Prostate function...

Dream Catcher Botanicals sells LOVE DROPS for women to make their NETHER REGIONS wake up!

Indium drops are available on Ebay.ca & are useful to keep on hand if you are using Venom based painkillers while Black Salving...or if you have already black salved...

Remarks: http://ingridnaiman.com/contact/contact_ingrid.php Ingrid Naiman wrote the Bible on Salves & one of her websites is here where she can be contacted directly...Golden Myrrical*** is a salve designed to be used in between the Eschar popping out & resalving further...It stops the reaction...After stopping the reaction, Aloe with MSM cream can be applied...That is a product...MSM is a natural garlic based antibiotic...Once upon a time on the Periodic Table the word Sulphur referred to Sugar & its letter was S...These days we just call Sugar Sugar & its theoretic acronym might be Su...Or SuG...Garlic does have some sweetness to its taste, especially if you roast it...But it is mostly Selenium Se in type...Sources of SuG Sugar include fresh sugar cane stalks in Jamaica...However the workers get their legs cut sometimes when they slash it, so please cut down on your Sugar intake now, to save their legs!

*LSD in INKS in paper products like cash register receipts can make you forgetful (like forgetting who your spouse is) BEWARE!

**Erectzan is the TOP rated by Men's Health NATURAL way to restore erectile dysfunction...(this is not an affiliate link)...It does work, & it seems to be made of maybe GOAT thyroid (right handed, male goat) I think, maybe!

***Golden Myrrical salve contains Goldenseal(a Zinc on our chart), & Myrrh(a selenium on our chart

like Opoponax a sub-species of Myrrh), but also other things that STOP a Black Salve Bloodroot salve reaction from progressing! If your Amazon black salve is progressing too quickly, have Golden Myrrical salve on hand to STOP the reaction...

http://www.huffingtonpost.ca/2012/04/09/stay-married-after-affair_n_1413369.html This is a debate about whether or not to stay married after an affair...The statistics FOR staying married are eye opening...(for the hurt spouse)

Neuro-Emotional Synchronization Therapy Dr. Allan Bortnick...<http://bortnickhealth.com> To release emotional trauma feelings...(for the hurt spouse)

Acupuncture for the pain that is manifesting physically(pain in neck, back, etc) from the stress you are feeling emotionally...<http://cgicm.ca/clinic/doctors/lily-zhong-bei-r-ac-r-tcmp/> (also for the hurt spouse)

Philosophical Outlook:**Karmic Balance**

Here's a thought...

Before you got married did you have many many boyfriends? Did your husband have but few girlfriends?

So, the Karmic Balance was skewed...if there were scales, your side would be heavy & his would be so light?

Years & years later, your dear innocent husband has an affair...

Should you leave?

Well, consider this thought...

If there is such a thing as karmic balance, then his affair has maybe evened up the scales...

Metaphorically before the two of you were married, you ate a whole turkey all by yourself...

He had no turkey...

Years later, somebody brings him a turkey & he eats the whole thing himself...

Is this fair to you?

Well...In the very big picture, you have both now had one turkey...

It would seem fair...

Very painful for you, but karmically fair...

If this is the case, that you were karmically unbalanced when you got hitched, then an affair by the lightweight might just be God evening up the scales...

If this is true, then maybe dumping him might be a little hypocritical...

This might be a time to use a little wisdom, & stay...

If fair is fair...

The Bible might say "you reap what you sow"...Which is a nice way of explaining karma...

In the Old days, people tended to stay married more...

Update:a Comment I posted at Crosswalk.com <http://www.crosswalk.com/family/marriage/divorce-and-remarriage/have-you-forgiven-each-other-for-premarital-sex.html> Here...

[Sari Grove](#) ·

[Author/ Writer](#) at [Do It Yourself Medicine: A Repair Manual](#)

What I have found is that if one spouse had premarital sex, & the other did not, that later in the marriage, God evens up the karmic balance...The one who did not steps out of the marriage briefly, evens up the score, then steps back in...This phenomenon "looks" like an affair", however it is really God balancing out the score...When this happens, the spouse who did have premarital sex should understand that...This complexity is an opportunity for the couple to save the marriage...When all the cards are laid out on the table, both partners can see that they are now even & can move forward with the marriage...Just because God forgives one spouse for having premarital sex does not mean that the other spouse has to live as a hurt doormat...Forgiveness on the human level is not really enough to patch up hurtness & feelings of subjugation...This is my take on it...

<http://www.Affairrecovery.com> Resources if you or your husband has been unfaithful...Buy the Recovery Library package to have access to all the resources...

<https://couplestherapyexposed.com> brilliant site...buy the package...

Erectzan is the highest rated product for men...To regain their erection naturally & all their sexual health...If your husband has been a heavy drinker & has quit drinking alcohol but is still impotent, get Erectzan...It is not a boner pill like Viagra that will screw up his head & heart...It is a long term supplement like a vitamin...Tip:Empty capsule out into a smoothie & let him drink this daily...Instead of making him swallow these capsules...

Love Drops are made by DreamCatcher Botanicals & they work...Both partners can take them to bring back sexual feeling to your genital area...delicious liquid formula that can be added to morning tea...

Gingko Biloba & Ginseng are Libido enhancers but even better if they are in an all inclusive Libido supplement for women...As a complement to taking a Libido nutrient pill, add raw egg smoothies to your diet-raw egg, banana, orange juice, ice, blender stick(electrolux blender stick churns through ice & comes with its own smoothie glass)...Raw eggs patch up stretch marks , make your hair shiny & thick, & are tremendous antiagers...Tremendous-eat many...

RESOURCES:

<http://www.couplestherapyexposed.com/> Dr. Lee Baucom helps matching,married, male, & female, couples, overcome marital counsel...**RECOMMENDED!!!!**

<http://www.affairrecovery.com> Affair recovery dot com ...How to recover & save your marriage after an affair has occurred...! heart (love)

Keeping a cat or dog or human out of heat...(also tames aggression)

by Sari - Monday, August 10, 2015

<http://grovecanada.ca/keeping-a-cat-or-dog-or-human-out-of-heat-also-tames-aggression/>

Swallow Healthy Diet

<http://www.swallowhealthydiet.com>

Our cats get Balance from Phytomet daily in wet food about 15 drops...We order 12 bottles from swallowhealthydiet.com in England...Costs about \$12/month...It contains:Vitus Agnus Castus, Dandelion, Sepia & Passion Flower...Keeps them out of heat...Been using it for 10 years...Works for other animals too, even humans...You could also mix those tinctures up yourself...Works for both genders...It is a commitment but at least in our case, was worth it...

Yes...It keeps them out of heat...Reduces sexual obsession...Reduces aggressiveness...It is herbal so they do need to get it every day-though after a while it loads up & if you get lazy you do have a grace period...The monks used to take Vitex to keep them celibate...They called it Monk's salt...You could probably mix it yourself...If you don't want to order it from England...Or become a North American distributor & change the way people deal with their pets...(:)

More: "I had time when I got married & so did my husband, so we were willing to explore if you could keep a bengal cat unspayed with other methods & not go crazy...We spent a long time researching & came up with some solutions based on what we were able to afford & do here in Canada...We also got a breeder's license & joined several associations & got certifications so that we would know how to handle things intelligently...We are both self-employed which is key...There are things you can do if a cat goes into heat because they didn't eat food that day with the herbal in it...(The other cat was eating both plates)...It has been very rewarding though...Intact bengal cats are highly intelligent, vivacious, they vocalize, play fetch, take baths & like water, & help around the house...They are not fat or dopey or lazy, instead quite lean & still look very young...It has been work but worth the trip...Each to his or her own however..."

Kidney Cancer?

by Sari - Tuesday, October 27, 2015

<http://grovecanada.ca/kidney-cancer/>

Off the top of my head:

Castor oil, baking soda therapy, Flaxseed oil, really large amounts of oils (Carbons), clean out Kidneys...

Vitamin E...

Selenium...

Raw plant based diet...

3 hour daily walks(slow)...

.Licorice root tincture...

Liquid Iodine lots...

Vitamin D3...

Mega Vitamin C...

What is Carbon?

Carbon is the element on the Periodic Table that all oils contain...

Kidneys get blocked, especially from GMO foods & glutens, & that whole Carbon family addresses the blocks...

So choose any oils you like: Grapeseed oil, Flaxseed oil, Hemp oil, & so on... The oil part is the Carbon...

Baking soda is sodium biCarbonate- another Carbon(just powdered oil)...

Here is my chart...

The chart shows 12 body parts...

In each body part there are 2 elements that live as opposites in balance for health...

The Minus ones detox...

The Plus ones repair...

Since Cancer is a disease of excess, choose all the Minus elements to detox each body part...

Each word represents whole families of things ...

Like for example, magnesium is in Epsom salts...

Manganese is in nuts & seeds...

Grove Body Part Chart

Kidneys...

by Sari - Wednesday, November 18, 2015

<http://grovecanada.ca/kidneys/>

Grove Brain Part Chart

There is one main thing I'd like to mention to begin...

GMO glutes have blocked many Kidneys since they came into the marketplace...

But they also mask nutritional deficiencies which can precipitate mental illness...

You need to go gluten free to give your Kidneys a break...

To clean the gunk already there use Carbons/Oils- a cup of your favourite oil(Grapeseed, Olive, Flaxseed is good, Hemp) mixed with either some Apple Cider Vinegar for taste or squeeze a lemon into it- drink in the mornings...

This will help clean out your Kidneys...

Are your tumours benign or malignant?

If benign, then add Iodine to your diet-liquid Iodine is fine- dilute with water...

Or Iodoral pills...

Kelp tincture...

Eat seaweed salads...

To lower your Iron levels eat large amounts of nuts & seeds- almonds, pumpkin seeds, flaxseeds, sesame seeds, nut butters are fine too...

If your tumours are malignant add: spirulina, chlorella, liquid chlorophyll, Licorice root extract, plant caffeines, Yerba mate, chromium, Boron, matcha, green tea...

A raw plant based diet & plenty of exercise...You can do this...

You don't need to break the bank...Just target your therapies intelligently...

Diet & exercise alone can move mountains...(not dieting, just rearranging food choices)...

Do it! Pearson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Japanese food is a great place to go- most of their food is rather safe...

Be careful not to get too skinny- keep your weight up for your brain...

Knife painting Magnolia

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/knife-painting-magnolia/>

Magnolia

Can you see the Husky Puppy named Sky eating the Amaryllis flower in the foreground? He was in my arms as he leaned forward to munch on the floral delight...Sky works at Toose Art Supply if you are hankering to pat a friendly dog today...

The Magnolia tree bloomed & I caught it that evening, as I stood on the sidewalk, with my giant stretched linen canvas resting its crossbars on the construction cone's flat top...I stood & sketched each bloom in oil pastel...

Later, moving to a private garden, where I began laying down memory with walnut oil paint & painting knife, allowing my mind to drift a little so a happy accident might occur...Can you see the Husky Puppy named Sky eating the Amaryllis flower in the foreground?

He was in my arms as he leaned forward to munch on the floral delight...Sky works at Toose Art Supply if you are hankering to pat a friendly dog today...

My way of painting: Start with Plein Air...Oil pastels...Later use a knife & oils...Eco-dammar after 6 monthsI take a prepped linen canvas, already stretched...I like to prep with Liquitex clear gesso...Clear interferes less with colours...3 coats...

Then I bring along good oil pastels, Sennelier is nice...Lay your sketch down in oil pastels-you can use different colours (buy the big box)...Then later, in oils & knife(outside in a garden with sunlight), I lay down colour in paint...What this does is it separates the image ever so slightly from reality-your colour memory will be different than true...

This liberates the subject a bit, so it is not quite real...It allows for some imagination to come through...The marriage of real & imagined is my hybrid style...Ya I'm totally into making things easier but still classy...if you learn to paint with a knife you don't need solvents at all, plus you save huge because brushes are pricy... (Also animal hair brushes have politics attached to them-depending on country & animal, so you get to feel self-righteous about the knife too)...

With the oil pastels you can lay down a really fresh well done sketch with your colour choices...Later, you can use oils with a knife (try this), & instead of using a palette that gets filled up with paint (messy & wasteful), just lay down your oils straight from the tube onto your pastel lines, all colours down first, then you can smush them in with the knife, which gives a wonderful marbly blend in places where colours touch & mingle...Then you get a thick painting with lots of texture...Ok the waiting to dry is way longer, but you get a total masterpiece...

You can photograph it fresh & post it on your Facebook or website & by the time it sells (maybe 6 months later), or goes to a show, you can lay on a coat of eco-dammar varnish...(I smear my eco-dammar on with disposable surgical gloves...Mine is from Eco-House.com)...I don't use solvents, or turpentine at all...How to paint my way...by Sari Grove

Knowing when your breast lump is basically benign, while just using our 2 DIY editing methods to gauge progress...

by Sari - Wednesday, January 06, 2016

<http://grovecanada.ca/knowning-when-your-breast-lump-is-basically-benign-while-just-using-our-2-diy-editing-methods-to-gauge-progress/>

Here is my answer to a question about whether we should worry about radiation from Fukushima in a kelp supplement(called Sealogica)...

I also address the subject of Diagnostic Imaging...Using Fotoflexer & Lunapic-[The two methods I teach here on this site & in the book DIY Cancer repair Manual...](#)

Answer...(from Sari Grove)

"With the two editing methods you know how to do already, you will be able to tell when you are clear...

In Fotoflexer, clear will be when it just shows up as Yellow calcium...

That means you have basically done all your homework & all that is left to do is to shrink it down to size, which you can take your time doing with any sort of Iodine you like...

The more Iodine you take, the faster it will shrink...

But at that point you won't be in a hurry...

It will be benign...You can live with a giant benign lump indefinitely...

In Lunapic, it will show up with no purple...if you are taking enough Licorice root, that can happen pretty quickly...

In the meantime, new advances are being made in medicine...

Eventually, if we wait long enough, you might be able then to go into a doctor's office for a radio frequency ablation session where they basically electrolyse the lump...

Insert a needle(with in a straw so the outside skin does not get burnt), then send a pulse into centre of tumour...

Dissolving it...You walk out 20 minutes later...(maybe longer, but still fast)...

Very little damage, scarring etc...

There are other options, like Bloodroot salve, but the pain threshold is a problem...It removes lumps

beautifully but it hurts...Better surgery than surgery...Quite amazing...But the pain has kept me from trying it...

But anyways...

You can live with a benign lump for a long time while you are throwing Iodine at it to shrink it...

I am attaching a pic from May 2015 from Fotoflexer...

It shows my lump is just Calcium(yellow) & Hydrogen(peach)...It was basically benign at that point, though I continued to work on it after that...

Once you get to that point, you really just need to work on the Iodines for shrinkage...Also Milk thistle, Apricot kernels, Burdock root, Hepa Plus by Usana(liver cleanse supplement) will remove the Hydrogen-I think my husband was screwing up my Hydrogen levels a bit by drinking alcohol so much-if you are in proximity to people who are eating & drinking things you shouldn't , it affects you too...

Honestly, the whole fukushima radiation thing with kelp doesn't trouble me...

Kind of like I still eat peanuts despite the fact people keep publishing articles that they are all moldy & evil...I just chose non-moldy peanuts...

I also will eat tuna from a can despite mercury warnings...

I enjoy Japanese food despite mercury warnings about seafood & sushi too...

I also drink plenty of diet soft drinks because I believe the Potassium in the artificial sweetener is very anti-cancer-despite the fact that everyone seems to think artificial sweeteners are killers...(they are not, but they will lower blood pressure significantly, so children maybe shouldn't drink them while they are trying to grow up)...

I think melatonin is dangerous & is not anticancer at all-quite the opposite...Despite the copious well paid for science articles promoting melatonin as anticancer, despite the fact they cannot seem to explain the chemistry or the why at all...(fluoride on the other hand is Anticancer & is definitely Opposite to melatonin, which is why the melatonin story is deceiving...)

I know that Coppers are the best way to beat cancer, Licorice root, Ginkgo bilboa, spirulina, wheatgrass, coffee, tea, Chicory(Caf Lib), cilantro-yet there are a huge amount of bad scientific type studies that say the exact opposite...(even going so far as to say Licorice root is estrogenic which is a total lie & is opposite to the truth exactly)...

Also, Shannon Sayers, uses the Sealogica Liquid 7 seaweed formulation, & I think she is the cat's pyjamas...(she also mentioned the Chicory, which is such a delicious drink, the Caf Lib stuff!)

I am pretty sure the Sealogica people would be tuned into the radiation worries...

However I will say I haven't tried it yet, so maybe I will eat my words soon!

Last but not least, Humaworm anti parasitic recipe is a nice bundle of love for Cancer patients to take-so many people seem to forget that Cancer is a parasite...Not arguing the point, just noticing the huge omission in the forums...(except Dr. Hulda Clark who knew it only too well!)"

Sari

Fotoflexer edit May 16, 2015 (Black spot is just a burn mark from a Moxibustion session)

Lead poisoning, Breast cancer, from the Glyphosate in RoundUp weed killer...

by Sari - Saturday, February 13, 2016

<http://grovecanada.ca/lead-poisoning-breast-cancer-from-the-glyphosate-in-roundup-weed-killer/>

Today, I edited photographs for a lady...

[I teach how to edit your own photos to look at biochemistry & malignancy.](#) but often I do them for people to show them how pictures are supposed to look...

This woman had extremely High lead levels...

Never seen this before...

She took pictures of her water(in a white bowl), her walls(to look for Lead paint), but we couldn't find any lead there...

Her soil had already been tested...

So I asked:"Is there anything at all that you did 2-1/2 years ago when you were diagnosed with breast cancer that may have raised your lead levels?"

So she said:" The only thing I can think of is I was using RoundUp weed killer"...

I did a fast search...

Glyphosate is the active ingredient in RoundUp...

Typed in the words Glyphosate & Lead poisoning into Google...

Seconds later, the first search result was titled "Glyphosate causing Lead poisoning in pregnant women"...

Yes, it was 9 months after starting to use RoundUp Weed Killer that this lady got a lump in her breast...Breast cancer...

We edited pictures of her 3 daughters, & all 3 showed up with very high Lead levels as well...

http://www.naturalnews.com/046658_lead_poisoning_pregnant_women_pesticides.html#

https://ov208.infusionsoft.com/app/hostedEmail/5376707/2a8011a5b6af0d15?inf_contact_key=8fb57cd5d9fa7b523d3dafd3ed1a5aa0ff7940b97fbff9e99ddf5429dfeaf87b

Link talks about Glyphosate in feminine care products....(Swirch to the Diva cup!!!!)

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Let's sort out what those hormone receptors actually mean...(androgen, progesterone, estrogen, testosterone etc)...

by Sari - Saturday, October 17, 2015

<http://grovecanada.ca/lets-sort-out-what-those-hormone-receptors-actually-mean-androgen-progesterone-estrogen-testosterone-etc/>

I am going to list body parts first,

then a hormone name,

then the element on the Periodic table that that hormone represents,

last I will tell its antagonist or opposite...

For example...

Kidneys, Testosterone, Nitrogen, Carbon...

Liver, Androgen, Hydrogen, Oxygen...(think Her2+)

Adrenal Gland, Progesterone, Calcium, Iodine...

Spleen, Estrogen, Phosphorus, Copper...

Note: The drug Tamoxifen is called "anti-estrogen" ...But in fact, as an Iodine drug, Tamoxifen antagonizes Calcium which is a progesterone...Iodines shrink the calcium portion of tumours, while progesterones will cause the calcium portion to grow...They are indeed opposites...This study explores that...<http://cancerres.aacrjournals.org/content/47/20/5386.full.pdf>

A true anti-estrogen will antagonize Phosphorus...The entire Copper family does that very well...Which is why Copper is a part of a normal chemo routine...Phosphorus makes a lump malignant...So Copper is rather important to change the chemistry back to benign...Iodines don't do that...Tamoxifen doesn't do that...Shrinking a tumour & changing its chemistry are two different things...Iodines shrink, Coppers change chemistry to benign...

Mushrooms, Carrots, Aloe Vera:

Some philosophies only include actual detox foods...Others include foods that boost the whole person, & with a boosted system, the system self-cleans...Mushrooms boost Nitrogen...Testosterone...They give

stamina & help neurons to function better...(make you smarter)...They have applications for Down's Syndrome...By boosting the whole body, they help it to do its own self-cleaning work better...They may contain glutamine, a marker of more aggressive cancers, but also they may contain Oxygens, & Sulfurs, which are detox elements...Carrots are a Beta Carotene, which is not specifically detox either...Carrots feed & repair bone...Vitamin A...But in repairing & feeding, carrots also seem to have a bit of a paradoxical effect...Aloe Vera is also more about repair...But seems to help with detox too, while repairing...I'm guessing by repairing damage , the system works more smoothly...

Sari Grove(more notes about mushrooms)

"Panic attacks can mean you are overdoing the detoxing...It means the Wormwood is indeed detoxing, but that you don't need anymore...Mushrooms are high in Nitrogen, higher than most vegetables like celery, but Beets are pretty high too...They give piles of energy raw...Chinese medicine is a little obsessed sometimes with stamina & sexuality & testosterone, so they tend to rave about their gigantic mushrooms...The increased energy makes you feel great & go for long walks & feel smart...This is very helpful...If you are worried about glutamine levels , know that concurrently taking lots of oils or baking soda(any Carbon), will lower glutamine levels back down again...Those on a maintenance diet may want both Nitrogens & Carbons...Depends on where you are- are you repairing after surgery? Are you doing a hard early detox? Are you done & just want balance? If you are starting an exercise plan, Nitrogens (called Arginine in bodybuilding supplements) will kickstart that...But choline & glutamate are indeed things to watch for- but more like crummy cholesterol or gmo glutens...Depends on where the glutamate is coming from..."

Licorice root extract: Which brand to buy?

by Sari - Wednesday, May 18, 2016

<http://grovecanada.ca/licorice-root-extract-which-brand-to-buy/>

Update on Monday July 25, 2016: **For licorice root extract, the answers are paradoxical...I have used a 1:4 ratio from St Francis...Excellent! Another used a 1:5 ratio from Orange Naturals-even stronger!...Someone used a 1:1 ratio from herb Pharm-terrible...So...The problem is that the ratios are what part root there is to what part menstruum(menstruum is alcohol or whatever they put it in)...So...Logically a 1:1 ratio would be stronger than a 1:4 ratio...But so far the reverse has been true...The 1:5 should have been the weakest, but it was the strongest...if in doubt, you can get the raw licorice root herb, simmer in water, & drink...It is the cheapest that way...With the extracts-if it is working, you will FEEL it BURNING away at the tumour-killing cancer...If it is a terrible brand, you will taste alcohol, it may be sweet, & it will do nothing at all...MOST people FEEL the licorice root extract working...Tumour sites get hot & active feeling...**

p.s. Mountain Rose herbs has a 1:4 extract(in the States), which I have not tried yet, but the company is good...

As many of you know, I recommend Licorice root extract as a first step in an anticancer protocol...(after raw plant based diet & walking 2-3 hours daily)...But it has come to my attention that not all licorice root extracts are equal...The brand I used called St. Francis has a 1:4 ratio...That means for every one part of alcohol there are 4 parts of licorice root herb...Recently, someone else who was in a real hurry bought a brand from the store shelf because she didn't have time to order it online & wait for shipping...She bought a brand called "Orange" ...Turns out Orange has a 1:5 ratio, even stronger than the one I took...This must be why she had such fabulous results! Unfortunately I got overconfident, & the next person who asked, I said get what your local health food store has on its shelf(thinking that I had had such luck with randomness recently, that maybe I shouldn't mention brand names)...So this next person bought a brand called "Herb Pharm" ...After two weeks she was not happy with her results...I just checked the dilution of the Herb Pharm brand...Herb Pharm is 1:2...This means for every one part alcohol, there are two parts licorice root...Turns out this is not a good enough ratio...So...Please check the ratio of your extracts & tinctures, if you are taking licorice root, & make sure it is at least 1:4...1:5 is even better...& 1:2 is not good enough! (I find that extracts absorb much better than capsules or tea...Despite the tiny bit of alcohol...They are very powerful...)Most extracts cost under \$20 a bottle...You can see them actually working if you take before & after pictures & edit them yourself...<http://grovecanada.ca/nidinon-invasive-diagnostic-imaging/> Here is how to do NIDI (non invasive diagnostic imaging)

Licorice root lowers estrogen, serotonin & phosphorus levels causing cancer cells to revert back to normal cells... p

by Sari - Wednesday, June 22, 2016

<http://grovecanada.ca/licorice-root-lowers-estrogen-serotonin-phosphorus-levels-causing-cancer-cells-to-revert-back-to-normal-cells-p/>

Licorice root inhibits serotonin...

Serotonin & estrogen are quite similar...

Estrogen is also similar to Phosphorus...

Licorice root is a Copper family herb that lowers Phosphorus...

Licorice root also acts as an SSRI (selective serotonin reuptake inhibitor)-which means it lowers serotonin...By lowering serotonin you get anti-depressant effects...

But most importantly, since estrogen, serotonin, & phosphorus, are all related to cancer-by taking Licorice root you can lower those levels...

Note:The difference between a benign tumour Calcium Oxalate, & a malignant tumour, Calcium Phosphate, is by the presence of the Phosphorus...[That is how NIDI can "see" cancer-by looking for Phosphorus...](#)

So, by lowering Phosphorus, estrogen, & serotonin, which are all inextricably entwined, you lower the spread of cancer, you lower the food cancer feeds on, & you can reverse cancerous tumours back to benign-phenotypic reversion is the act of turning a cancerous tumour into a benign tumour...

Phenotypic reversion using licorice root, anti-tumour effects...

<http://link.springer.com/article/10.1385/JMN:20:2:135> (Licorice root lowers serotonin)...

<http://www.mediherb.com/media/276953/prno10.pdf> anti-tumour effects of licorice root, phenotypic reversion using licorice root...

Lifewave.com makes Homeopathic patches for horse pain...

by Sari - Tuesday, July 14, 2015

<http://grovecanada.ca/?p=1497>

<http://www.Lifewave.com>

Lifewave.com makes Homeopathic patches for horse pain...

Dr. Quila Rider was part of the team who created these patches...

Lifewave.com Patches:I like!

by Sari - Monday, July 20, 2015

<http://grovecanada.ca/?p=1546>

From Sari Grove:I was able to identify each Patch from Lifewave.com by smell...However, there was some discrepancy in the names on each envelope & what was inside...Some of the envelopes had 3 names on it, which is why I was trying to sort out which was which, as related to the Grove Body Part Chart...

In the course of applying each patch (on the first night, I applied one of each Patch-which was one small transparent looking ball with medicine inside, then you stick that onto the middle of a circular bandaid type thing & apply it)...

So while that was happening, Jadzia, one of our intact female bengal cats strolled over, & was VERY interested in the bags of balls...

Which made me think that perhaps mice were used in the creation of these patches...(either that or just that tiny balls that smell good were interesting)...

This was my first impression on "First Night"...

p.s.One of the bags of balls has gone missing...I suspect Jadzia or my husband...(My husband's family in Ottawa had a pet rat the first time I met them...So I am guessing they have a fondness for the mouse family too...)

Squirrel Moore Park Ravine

Lifewave.com:Patches;I like!

Here are my first impressions by smell:

energy enhancer Ca Calcium (milk progesterone smells like) Creme Fraiche/sour milk but not sour...fresh milk de Normandy check

energy enhancer Al Aluminum (cinnamon smells like) check (same label as the Calcium one beware) checked

Icewave O2 Oxygen (eucalyptus like) check

Icewave Au Aurum Gold (Clam juice like) same label as Oxygen one checked

Silent nights Bi (melatonin) **Bismuth** family charcoal (check)

Y age Aeon huile(oil) **C carbon** (*this one is labelled glutathione carnosine aeon-be careful...*)check

Y age Aeon *Se Selenium* (garlic hot chili pepper) (same label as carbon check)

Silent Nights *N Nitrogen* (wood fibre smell) same label as Bismuth check

Meat *Fe* chicken (*Iron*) **Y age** carnosine (**Y age** same label as **Selenium-chicken is in fact a meat check**)

Sp6 complete=*Zn* family *Zinc* (Vitamin C) smell (same label as Fe iron check-Zinc is in fact the opposite to Lead Pb Plumbum which is Red Meat beef check)

Envelope says on it: Ti "Y age" **glutathione carnosine Y Aeon**- Cloves smell *Titanium* Thiamine(I feel they are calling Titanium "Carnosine") same label as Zinc, Titanium is like in Cloves , this does smell like Cloves, like "Miror EPF"(see healbreastcancernaturally.com blog) another antiparasitic, Aluminum cholesterol is its opposite found in Eggs)

Iodine "Y age" **glutathione carnosine Y Aeon** smell Lugol's Iodine (nurses UTS) *Io* Iago(I feel they are calling Iodine Glutathione)this has the same label as the Titanium, the Aeon seems to point to Iodine Io...check

Manganese: SP6 Complete is a green package booklet folder-Green does connote the green of nuts or peanuts growing on a plant...check

Comment((here is where I got a little confused):

Ok, so there is some confusion on the naming of these Patches...

Glutathione Should be a Magnesium...(or Mercury, & in the Gallbladder)

Carnosine which refers to meat, which usually refers to red meat or Beef should be either Zinc or Lead...

Y Aeon seems to be Iodine which makes sense the AEO beginning etymologically speaking reminds of Iodine...(but also relates to calcium in the Adrenal Gland)...

Lifewave has Calcium as an Energy Enhancer which is true...

Lifewave also has Aluminum as an Energy Enhancer(like cinnamon) which is also true...-Aluminum like cinnamon also heal muscle tissue...

Let's recheck from scratch(from smelling the balls in the bags, the medicine directly):

Red envelope Calcium Ca energy enhancer smells like buttermilk

Yellow envelope Titanium says Y-age Glutathione smells like Cloves

Yellow envelope Iodine says Y-age Glutathione smells like Iodine

Green envelope says SP6 Complete smells like Manganese almonds marzipan

Baby blue envelope says Y-age carnosine smells like Zn Zinc ginger

Baby Blue envelope says Y-age carnosine smells like meat Fe Iron (chicken usually)

Red envelope says energy enhancer smells like Aluminum cholesterol (eggs usually)

Silver envelope grey says icewave smells like eucalyptus (Oxygen usually)

Silver envelope says icewave smells like Au Aurum (fish usually)(clam juice)

Purple envelope says silent night smells like Bi Bismuth(charcoal usually)

Purple envelope says silent night smells like N Nitrogen (Beets usually)

Blue envelope darker says Y-age Aeon smells like C carbon (olive oil usually)

Blue envelope darker says Y-age Aeon smells like Garlic Se Selenium usually...

Ok here is what is missing from the Patches...

Lead Pb Beef

Potassium K Hawthorn

Sulphur sugar cane plant Jamaica georgia

Hydrogen ice water H

Copper Cu Licorice root Ginkgo Biloba Coffee bean tea herb green black

Phosphorus P cheese probiotics Kefir yogurt

Magnesium Mg epsom salts exercise

Mercury Pork Salt Hg Na sodium

F Fluorine toothpaste Winnipeg geology rocks there Canada red tide Florida

Boron Bo Bleach (ie: hydrogen peroxide + baking soda) or Boron naturally occurring

Mo Molybdenum beans peas

korsakoff Titanium Thiamine excess

I am 588144...(this is the affiliate link Dr. Quila Rider gave me so I could get a wholesale price on the patches...I think maybe you have to input my number in order for them at the Patches at Lifewave.com to know who referred you to them...)

Gold variety Pack...This is the one that was recommended to me By DrQ...

lifewave.com direct link

Other:

Glucosamine (Beef, Lead Pb Plumbum on our chart)

MSM Chondroitin-(Shrimp, Aurum Au Gold on our Chart)...

Please note: The newer Grove Body Part Chart has 24 chromosomes(12 rows instead of only 11 pairs)...

LINKS

by Sari - Monday, March 09, 2015

<http://grovecanada.ca/my-favorite-thingslinks/>

<http://eft.mercola.com/>EMOTIONAL FREEDOM TECHNIQUE for people with attachment disorders...(it is tapping on body parts to release emotions physically & mentally)...

People with attachment disorders were often neglected in some way during childhood...This causes them to bond in desperate ways...Correct the attachment disorder, & they can bond normally...These people need security, safety & emotional sensitivity...When those things fall away, the person can fall back to old desperate patterns...

Lyme disease...Mercury in excess too!

Paws r Purrs cattery

dreamcatcherbotanicals.com Love drops female expands brain tissue like aloe))

naturalhealthyconcepts.com Aloe with MsM cream to Toronto

Pranin B-with Borax!

Heavy Metals Defense also with Borax=diatomaceous earth!!! Mike Adams, the Health Ranger, Natural news

(Anarres health Tracey Tief Thieves oil Falconer certified aromatherapist)

Diva Cup

From Sari Grove:Dr. Kruse is a Male neurosurgeon...Lead, Aurum, Sugar, are the excess elements most commonly associated with Mercury/Bilirubin left abdominal bullet target shaped bite mark from Tick Deer camping experiences...Lyme disease affects these brain regions...Frontal lobe left side, Medulla Oblongata Top, Occipital Lobe left side, Wernicke's Area...Treat with Zinc, Potassium, Selenium, Magnesium...

From "Skin Cancer Patient Education Read about Melanoma-LEAD, basal cell-AURUM and squamous-SUGAR cell carcinoma types in our skin cancer patient education guide. LYME DISEASE=MERCURY Hg

Before Visiting Dr. Kruse Learn More

http://www.vitals.com/doctors/Dr_John_J_Kruse.html#ixzz41Tz6cnHP "

<https://examine.com/supplements/vitamin-b6/> Vitamin B6-Do NOT take this if you have Cancer...

<http://grovegrove.1083874.n5.nabble.com/> The articles we wrote to save a heritage building from destruction...

<http://dansz.com/> Dan does great website design or redesign...(things I am thinking of getting done...)

Breast Cancer

Decisions <http://www.wddty.com/the-one-in-five-cases-of-breast-cancer-that-aren-t-there.html>

Want a long life for your pets? Do

this! <http://us2.campaign->

archive1.com/?u=3559b6f74a08b67d4c9de5fba&id=9cc92d851e&e=149e340e6b

Holistic & Integrative & Standard Pet

Vet <http://www.eastyorkanimalclinic.com/content/integrative-services>

Heal breast cancer Naturally <http://healbreastcancernaturally.com>

Map your Trail walk <https://jog.fm/maps>

Raw Food Diet Cure <http://www.rawfooddietcure.com>

Online Holistic Health <http://www.onlineholistichealth.com/>

medicine in MEXICO! <http://www.drcastillo.com/testimonials.html>

Chemo sensitivity

testing <http://www.vitalitymagazine.com/article/integrative-medicine-update-complementary-and-alternative-therapies-for-can/>

Track your Walks <https://www.moves-app.com/>

Music for Walking <http://www.rockmyrun.com/>

ArtBizCoach Alyson B.

Stanfield http://www.artbizblog.com/2015/05/rainmaker-insights.html?inf_contact_key=1260db0b3878cb2df68474882a158dc52c36d966fca0efc87b878164c45e4ab

Coach Christine Kane(the business of art,music

etc.)<http://christinekane.com/the-easiest-fatal-mistake-we-make-when-writing-content/>

Story Bistro(Philosophy of writing)help for authors & artists & more...<http://storybistro.com/>"Slow down to speed up" ...

Lymph Detox Deodorant...Anarres health...Certified health practitioner Tracey Tief...<http://www.anarreshealth.ca/>

Get-It Girl Smoothies, Powders, Vitamin rich, Women designed for women nutrition!<http://getit-girl.com/>

Dr. V. on breast cancer...(significant -in her book Dr. Veronique Desaulniers uses black salve(bloodroot) to remove a breast cancer lump...)Pioneering! <http://www.breastcancerconqueror.com>

"My Raw Food Diet Cure & Secrets", by Helen Hecker R.N. (**A Nurse cures her breast cancer with Just a raw food diet!**) <http://www.rawfooddietchure.com>

<http://www.qinaturalfoods.com/> Qi Natural Foods (Also owns herbs & Nutrition at Bloor & Bathurst street in Toronto-just west of bathurst, North side, huge store)...Qi Natural At Eglinton & Allen Road , Qi Natural at Bayview south of Eglinton west side-carries Arnica Montana 1 M for post-biopsy healing, Arsenicum Album 200C for shingles, & several other good things like the breakfast cereals, organic strawberries, & really good people help...

<http://www.TCManticancer.ca> On Spadina, near to Dundas...There is now a certified lady doctor there who can work with a regular team of Doctors, doing complementary therapy to deal with conventional therapy...This clinic is Traditional Chinese Medicine but only works as a secondary team not as a primary team...If you are doing conventional treatments & need help coping with that...This is NOT for Primary treatment...But they are very good...(stopped the melatonin after I learned it made lumps bumpy & smoothness was the goal)...

Blackmore's Online Naturopath(Lesley Bailey was amazing!) <http://www.blackmores.com.au/>

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC526387/> nutrition and cancer a review of the evidence for an anti-cancer diet by michael donaldson *source recommended from Blackmores' Naturopathy in Australia! note:the vegetable diet was better than the fasting diet...!

<http://www.healthpalace.ca/unda-17-20-ml-0-7-fl-oz/> Unda 17 is now available in Canada at Smith's Pharmacy on Yonge street North of Lawrence (Lawrence subway station then walk a bit...)It addresses **parasites & skin disorders**...You will need 5 bottles to fully complete the cycle of eradication...(cost about \$100 total or more depending on currency & taxes & shipping or tokens)...Contains Cu Cu K O P Se Io Ag ...I think!

Doctor recommendation from Sari Grove, (in Toronto, Ontario, Canada)

Dr. Junzo Kokubo <jkokubo@gmail.com> Most incredible doctor...Using Japanese medicine, Dr. Junzo Kokubo quickly addresses underlying physical issues & treats them in a way that is both pleasing & effective...Sensitive, affordable, & genius...The best...Corrects problems you may not even know existed...

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3223513/> **Tissue refractive index as a marker for disease**...This is the original article where I sourced the information about the biochemistry of lumps & the spatial light interference microscopy SLIM pictures that I could compare to my own pictures...

I am so excited for you to try my [DIY Thermogram method](#)...It really is quite easy once you do it once...It gives you back control!

Thank you for being there for me...It seems that I am just starting to go through menopause right now, & the emotions are just so strong right now-I really needed a friend just exactly right now...Your encouragement is just so right, right now...Thanks..."(re:**difference between malignant & benign**)

<http://www.advancedcelltraining.com> So this is a thing you can do online...You sign up, & tell them what your ailment is...They program a code into their audio tape that is the soundwave code for healing that part of your body or brain part...When you listen to their training session online, you hear the sounds, & the soundwaves they have programmed in affect the correct part of your body or brain part, which helps your body or brain part to heal itself or to attack an enemy...It is called Advanced cell Training, & they are based in Rhode Island, where Brown university is(a friend from high school went there), & a few other good schools...This training has been particularly successful with correcting **LYME disease...(which is usually in the Gallbladder-Wernicke's area clogged, Broca's area underproductive)**...This is a new form of medicine, so be careful...Experimental!!!(also not free if you actually try it...)

<http://www.drwaynedyer.com/> Dr. Wayne Dyer is an expert in educational counselling, motivational speaking & books, & just basically supporting you in whatever you are trying to do in this life...I find his words to be very spiritual & uplifting & very helpful to me in my career path as well...Excellent resource...

<http://my.happify.com/hd/why-mindfulness-is-the-new-superpower/> Happify is an online place to get happier...I was a Beta tester for the Happify program & it works...It is supported by many Harvard studies, a school that I attended as did my father...Radcliffe, the female counterpart to Harvard migrated karmically to Sarah Lawrence College, which became the beginning of something called "The Seven Sisters" ...I went there too...

[THE GROVE HEALTH SCIENCE BOOK SERIES](#) this link takes you to "real" versions of our books on Amazon...Paperbacks & Kindle editions with higher resolution pictures than the free versions...Plus descriptions, book cover photos, see inside features, & all that goey nice stuff Amazon does that makes books friendlier to read & buy & own & invest in & have...We don't make a profit from you buying these books from Amazon, but you get excellent value, an artist book that is a collector item, & we get blessings & good feelings from knowing that...Which sort of is a profit isn't it?

[Gerson Therapy](#):so it's like 13 vegetable juices a day, coffee enemas, a bunch of detox type supplements, some supplements that nutrify the body so you don't starve to death(cachexia is a cause of death amongst cancer patients:maybe 70% of the time they die of just starvation, either caused by organs shutting down from too much chemo, or doing it to themselves in an effort to heal themselves or rid themselves of this parasite)...Cautions:Juices can get expensive if you get someone else to make juice for you, juices can have too much sugar in them from fruit, pneumonia(an often undiagnosed factor in cancer) can get worse from drinking too much water, it's a little wasteful to dump a vegetable & just take its liquid, it's also

slightly lazy to not bother just chewing a raw vegetable-but if you have trouble chewing or eating sometimes this is the only way to get some plant based nutrition inside you...

<http://cosmobarranca.com/> Cosmo Barranca has the best taste in art in Toronto...

I love to look through his collection to see what he has chosen & why & sometimes we chat about how the art was made or just about how artists are doing & sometimes about the weather or what new health thing we are doing...

Cosmo is a good good gallery owner who has supported artists financially & emotionally for possibly half a century at least...

Cosmo actually BOUGHT art from artists all the way along, thus helping them to continue, as opposed to those galleries who get the free consignment art & then don't buy anything...

Please support Cosmo in his newer venture which is different from the bricks & mortar gallery that La Parete was for so long...(He sold it a year ago)...

<https://www.artsy.net/artist/richard-serra> Many of you will know Richard Serra's work in Toronto...Large curving sculptural rust coloured walls that create & delineate a warm space for outdoor nest type gathering amongst the hollowness of the office buildings that make up the brokerage & bank office buildings...

[Oeno Gallery](#) Probably the best art gallery in Ontario...You have to drive to Prince Edward County(2-3 hours depending on traffic & how fast you drive from Toronto)...

[Two Bears Cold Brew Coffee Co](#) The venture of the grandson of my Mum's friend-Cold brew coffee has more caffeine in it because it is steeped in cold water for 12-16 hours-no hot water to steal precious caffeine & other nutrients...Caffeine is a Copper, & Coppers are very anticancer(they are in real chemo did you know that?)...Also drinking cold brew coffee doesn't stain your teeth the way hot coffee does...Yay! This stuff knocks your socks off & will drive away any lingering lethargy...My cold symptoms disappeared fast after drinking one bottle!

Norman Hardie Winery...Best wines from Prince Edward County! try the Riesling...

[ParPar](#)-soft deconstructed bras one size fits all with pads...South side of St. Clair avenue west of Bathurst in Toronto...Bras & lack of circulation have been linked to Lymph clogging & breast lumps-which is why a comfy bra is important...(get the Hanky Panky thong underwear Parpar sells too-to match...Thong underwear breathes better than regular-which is great if you tend to yeast infections or those red rings on your thighs from too tight elastic underwears...

[The Manse Boutique Inn](#)-Picton, Ontario...For a honeymoon you will never forget...Amazing trout served with the skin you can eat...Breakfast was 2 poached eggs on grainy toast with yummy salted bacon, 2 exquisite coffees, & more! Heated whirlpool outdoors & adjoining pool...Awesome shower with multiple

jets to clean all your parts thoroughly!!! Private!!!

[The Drake Devonshire](#)-we had the most delicious lunch there...Also in prince Edward County...Perfect for a group of 35! (we had a whole room to ourselves!)...Cobb salad delightful...Fish & chips looked amazing...Instead of birthday cake, each guest got a tiny cupcake with a candle in it to wish for & blow out...Not too sweet...!(most cupcakes suffer from sweetness problems)

[Designs by Naomi](#) on Cumberland street...She is moving soon so catch the 40% off sale NOW...Stretch comfy clothing you can wear to work out in, yoga, then go to the opera...Very original...Makes Lululemon look dull...

[Healthy Oil Summit](#)-all about Essential Oils-how to use them & what to use them for & more...(Great for Lymph Node Detox if you use them in a mix as a salve deodorant, [you can make that yourself or buy...](#) [Also see more here...](#) (you can take essential oils orally-Clove oil for parasites, Frankincense oil for anticancer properties...lemon oil in your washer or dryer...In vinegar with water to clean countertops(lavender, grapefruit, melaleuca tea tree oil)...*"here is a comment excerpt answer about essential oils for chronic fatigue syndrome & fibromyalgia- 'lavender, neroli (very uplifting and energizing), frankincense (strong anti-inflammatory), wintergreen for the muscle relief and then I also added a feminine support oil because of some cramping/cycle difficulties which I believe was ylang ylang.'* comment was by retired massage therapist Angela England after an interview on the site...

Links

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/links/>

Links:

Amazing people in the art world who have helped me & are brilliant, & nice...

?<https://twitter.com/Iliteratepoet> Gwylm Owen (I innovated the prosthetic left hand during several conversations with this poet, who just inspired me with his wild ideas...had he had his way I'd be doing robotics by now, but the push was useful...I went with magnets...Small is beautiful...His poetry is very moving...)...

http://plcolabs.blogspot.co.uk/2011/11/nihon-rising_07.html

...

Listen to an incredible voice, our very own @Iliteratepoet Someone to follow, support, hire & love...Sheer Brilliance

<http://hwphenn.wordpress.com/>

Hanno Phenn... Unbelievable Digital artist & more...(Hanno helped me to move the Grove Body Part Chart forward into the future...First, I learned how to make a pop-up map for the chart...Then, I learned Anime, & made the Grove Body Part Chart movie using the animation skills I learned...I am now on the brink of going forward into Anime, with thanks from this wonderful person...)

www.nicholsonsculpture.com

Nick Nicholson...So I was stuck in thinking that concrete sculpture had to be thick & lumpy looking...Until I met this Ferrocement teacher whose work was elegant & graceful...I learned about sanding the work, about using wax to make it polished, & then I was able to invent my newer No-WELD model for armatures, where instead of using copper pipes & coupling, I use now steel rods & a unique way of connecting them using copper strapping that can bend...Forever grateful to this most generous Ferrocement instructor...

<http://alphaomega.software.free.fr/contents.php>

Pascal helps to administer a wonderful piece of software called CPU SPEED

ACCELERATOR...You can download it for free to see how it works...If you are doing 3d animation, like I am, in Blender 3d animation software, you will find that while Sculpting in Sculpt Mode, the program may crash due to increased processor needs...Once I downloaded cpu speed accelerator I was able to sculpt without Blender crashing...But this program works in the background for any application you use by streaming 100% of the enrgy to the app you are on, so it

won't crash...When I needed help, support, Pascal, answered me almost right away with a friendly & thorough answer...So they get a link here!

Jim Plaxco: http://www.artsnova.com/art_mars_sands.html

His Martian Sand Ripples...

I was struck by how the sand on Mars came into 5 side nests...It reminded me of a trumpeter swan nest...That a circle is really sides attached together...So to make a circle shape for a nest for a swan, you could use 5 sides, instead of only trying to make that spherical shape which is tough...This is an ongoing environmental design project to make more permanent spaces for the swans & other waterbirds at Bluffer's Park & maybe of course elsewhere in the world...Our shores & islands are all bunked up, we need to make some on purpose spaces for our waterbirds...Jim Plaxco helped to broaden my brain about this...Thank you!

High Park Zoo Please support with prayers...

<https://soundcloud.com/helen-davey-1/the-bridge-at-mirabeau>

Oh unbelievably good sound "painting" this means it is an instrumental musical piece that was inspired by another work of art in this case the classic great poem by Guillaume Apollinaire close friend to Pablo Picasso & inventor of the word "surrealism" ...By Musician Helen Davey...feel your heart strings pull when you listen...Stunning!

MOZI-Q at www.mozi-q.com

Gets rid of LICE...

It is pills that you can chew & they taste good...Homeopathic, the herbs inside contain the equivalent of these elements-Zinc, Iodine, Titanium, Manganese, & Magnesium, but in specific herbals that are all targeted to drive bugs away...If you or your children or your pets have been tormented by LICE try these pills...I ordered mine from Well.ca ...

I am a beta tester for Happify.com If you or someone you know needs to be happier, go & request an invite...

Review of the Grove Body Part Chart:

"Sari, this is fascinating. And the structural, visual, theoretical framework around the balancing of the elements is elegant and beautiful. I'm awed at the amount of work and research involved. In all honesty, I don't think I will ever absorb more than a fraction of the information, but I love the presentation of the whole as a vision, a scientific work of art, or an artistic, scientific exploration. I appreciate how your access point to so much of what you do is your curiosity, empathy, problem-solving, engagement ... in the immediate world around you and the challenges it puts forth - as with the swans. I'd be interested to know more about the images: how they are formed, titles if any,

particular point of inspiration... And I love the part about you being the yes person, and Joseph mostly just saying no. Sounds something like my relationship (I'm the one whose role it is to say no)."

Kirby Obsidian

ObsidianBlooms.blogspot.com

[Happify](#)(yes it's here twice! if you know someone who is sad or depressed, get them a free account at Happify...It is wonderful & it is scientific & it works!)

List: Things to do...

by Sari - Monday, July 13, 2015

<http://grovecanada.ca/listthings-to-do/>

Grove Body Part Chart

Apricot kernels, buy some, buy a coffee grinder, buy some unsweetened applesauce, start eating 6 kernels ground in some applesauce for breakfast daily...

Why?

*because a lady said her 4.2 cm disappeared & another lady who wrote a book had a similar response & I am inclined to believe them because I only took the kernels a couple of times but I had great effect each time...I just didn't stick with it because of two things 1)the taste was a little bitter 2)I was detoxing with several other things & the apricot kernels came at a time when I was already feeling emotionally panicky & anxiety from all the detox stuff, so I couldn't start an apricot kernel protocol then...

Vist the <http://www.Lifewave.com> website...

Why? because a lady doctor invented a new form of medicine that seems to be pioneering in the field of neurology, & she took the trouble to write to me, & she spoke to me on the telephone, & I feel this is a sincere gesture to help as opposed to an effort to make a profit or take advantage of me...I must remember to choose the Energy patch & the glutathione patch if I only choose two patches, but really it would be better to get the Gold pack which has a variety of patches, because if I register as a wholesaler, the quantity I need to get well will cost less in the long run...

I am booked for another Lymph Drainage Massage, with Tuina, Reflexology, Swedish massage, Shiatsu, & essential oils for Thursday at 14:00 or 2:00 pm...With Vanessa at the Foot Spa location above Noah's Natural Foods at Bathurst & Spadina...

Why?

Because Vanessa was able to massage away a breast lump 2 years ago, & that is a pretty good story for me to hear...Plus it was only a dollar a minute, which seemed inexpensive considering all the work she had to do...

Consider getting a CT scan or a chest X-ray to see what the pneumothorax looks like...(slightly collapsed lung or damage to chest wall from core needle breast biopsy needle piercing my chest wall by accident because left breast lump sits close to chest wall in small breasted women like me with big lungs...

Why?

Because I am pissed off that they ruptured into my lung area & there is a rift or weak spot there now that I

Do It! Painless Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

sensed when I had the massage last week, & I feel like getting proof of the damage publicly so I can blame people for being so casual about recommending & advocating breast biopsy/core needle whatever methodology instead of something more humane like just treating what you already know...

Ok...That's enough of a list for now...

Lithium causing depression...

by Sari - Tuesday, August 18, 2015

<http://grovecanada.ca/lithium-causing-depression/>

It happens when we enter university usually...

That age...

Maybe we aren't eating enough...

Maybe we are smoking too many cigarettes...

Stress, new people, new classes-we end up a little nuts...

Some people are more vulnerable than others...

So maybe we end up in a psychiatrists office, maybe we end up in a psychiatric ward...

If you are a little too zippy, they call it manic, not sleeping, talking too much, doing kooky things, or even risky things, usually you will get Lithium...

This will slow all of that down...

Later you will stop taking the Lithium...

And you will get the rebound effect...

You will rebound & be even zippier than before...

You end up with psychiatrists again & now you decide you are mentally ill & decide to stay on the Lithium...

The problem is, is that there is no end usually when you decide this...

You will get continued prescriptions for Lithium for the rest of your life...

Now you start to slur your words a bit...

You may tremble at times, your hands...

Your emotions are flat...

Your creativity, sexuality, bounce are gone...

You can't work...

You may be able to graduate university, but you cannot seem to make it out of your parent's house...

Life is too much for you...

Then you start getting depressed...

Many people don't realize that the downer effect of Lithium that was so good at bringing down the excess Zippiness, eventually causes depression...

This depression is called Iatrogenic effect...It is an effect of a drug...It is not your depression...It is chemically induced...

Recently I bought access to the [Mental Wellness Summit](#), where I easily downloaded 30 interview transcripts-interviews with leading experts (including ones with how to get off psychiatric medications gently & what to do instead of taking these drug cocktails...)

The Summit is partly run by a Naturopath who I had visited, [Dr. John Dempster of the Dempster Clinic in Toronto](#)...

But back to our story...

The depression induced by the use of Lithium now causes the person to think they have a depressive disorder...

So now an anti-depressant is prescribed...

Instead of weaning someone off the Lithium, another drug gets added to the mix...

The antidepressant drug now messes with sleep...

So a third drug, sleeping pills, are prescribed to help with sleeping...

We now have someone who was stressed out by first year university tensions, who was probably nutritionally deficient, who was partying in so many ways that students do-we now have that person on 3 major drugs...

We have now produced a Zombie...

A zombie who feels they have severe mental health issues & who needs all these drugs...

If this is you, I urge you to find a better way...

In Toronto, Dr. John Dempster is experienced in this regard, weaning people off of psychiatric medication(who don't need to be on them), & the story of how he helped Ross Mckenzie(another Mental

Wellness Summit organizer)come off of Lithium is making history right now in the film Bipolarized...

Also:Gwen Olsen wrote the book [Confessions of an RX drug pusher...](#) It is worth the read...

Looking at a Drug "cocktail" that might be given to a psychiatric patient...

by Sari - Wednesday, August 26, 2015

<http://grovecanada.ca/looking-at-a-drug-cocktail-that-might-be-given-to-a-psychiatric-patient/>

<http://www.wddty.com/psychiatric-drugs-are-third-major-killer-after-heart-disease-and-cancer.html>

Doctor estimates that psychiatric drugs are the third major killer after heart disease & cancer...

Drug Cocktail

Ok, so a drug "cocktail" these days, can come in pairs...One drug to patch someone up after maybe an addiction to something "street"...Then its paired opposite to counter any side effects of the first drug...Drug pairing is newer thinking in the field of psychiatry...It tries to account for Iatrogenic effect-which means, doctor or drug induced problems...Unfortunately, the drug that you take to counteract any side effects of the first drug can carry its own signature side effects too...Which makes the cocktail into a rather complex drink...

Here are some classical drug pairs(opposites)...With where they stand on the Grove Body Part Chart & the Grove Brain Part Chart...

You might see one person take **all 5 of the drugs mentioned below**...This is a drug cocktail...

Xylac(treats schizophrenia):Aluminum (street drug this patches is marijuana)...**Alternative medicines that are similar to Xylac in action:Maca Powder, Cacao Powder(Cocoa), Cinnamon Powder**(these three when mixed together a teaspoon each in a mug of boiled water make a delicious morning drink to start your every day off right-have a Mug full every day)...**In pill form you can get L-Carnitine which is stronger**(but also stronger means be more careful)...

Trazadone:Titanium(this corrects the Xylac if it causes sleeplessness)...**Alternatives to Trazadone:Include Mint leafs in boiled water to make a tea-steep for a while or simmer Mint leafs or just eat them straight, Chamomile tea, Frankincense water**(put Frankincense tears into a pitcher of water & drink the next day), **Boswellia capsules**(just another name for Frankincense)...

Zopiclone(treats panic & anxiety):Phosphorus(the street drug this patches is caffeine)...**Alternative to Zopiclone:GABA powder-gamma butyric acid (GABA) is just so wonderful for treating panic & anxiety-a teaspoon is like 2,000 mg so don't take too much at one time-when you take GABA it causes all your acidity to rise up briefly & you may feel a "tingling" sensation briefly & then the CALM begins...But for that brief moment as it meets the acidity you may feel the panic emotion increase, just for a few seconds, & then it subsides quickly as it soothes & removes the**

problem...Because of this sensation, go easy on the GABA dosing wise...better small amounts spread out, than a large amount at once-really!!!

Effexor:Copper(if the Zopiclone is causing "hypnotic" effects like being in a trance, the Effexor wakes you up)...**Alternative to Effexor...Licorice Root-St. Francis makes licorice root tincture, Triple Lead tea company makes Licorice root tea...or just buy the herb, simmer & drink...You can even just swallow bits of the herb raw with any liquid...Yerba mate also...Matcha tea also...Green tea also...Ginkgo Biloba also...Copper supplements also...Black tea & coffee also(though can be harsh on the stomach)...**

Lithium(mainly treats manic phase of bipolar):**Lead**(the street drug Lithium deals with is cigarettes)**Alternative to Lithium...Beta Carotene-fabulous-you can get a red Algae sourced beta Carotene 25,000 mg supplement at Nutrition House in the Eaton centre in Toronto lower level where the food court is ask for Fernando who seems to know just so much about nutrition & supplements & the language of all that...But you cannot take beta carotene AND Lithium together-one or the other or you will be doubling up...Beta carotene is lovely for quelling manic type emotions...Summertime crazy feelings...**

Note:If the habit ie: smoking cigarettes has not been stopped, then possibly a drug pair opposite will not be given...The reasoning is that the smoking will be sufficient to handle the side effects of the Lithium...Ironic though since quitting smoking is often the goal of getting addiction help...But if you take Lithium, it may indeed be very difficult to quit nicotine...Without it you may feel SAD & dopey, heavy boned & lethargic...A Naturopathic replacement for cigarettes might be Vitamin C, Vitamin D3, plenty of sunshine, Ginger root(slice bits of the ginger root & simmer in water to make tea)...

Other notes:

Depression lives in a cold, wet, Liver...

On our Chart, it is a Hydrogen excess...

Treat it with an Oxygen like apricot kernels...3 a day long term...(also stop drinking so much... a cold, wet Liver wants to be dry & warm, so flooding it with liquids isn't helping...)

Here are our charts...The brain chart connects to the body part chart...Just find the appropriate body part...

Grove Brain Part Chart

Grove Body Part Chart

While you detox from the Xylac, eat eggs...Just to replace the drug with something similar that is natural so you don't go into withdrawal...Risks of going off Xylac & not replacing it with something natural

instead:schizophrenia

The Zopiclone is a hypnotic which increases roadside accidents...Wean slowly...Eat tons of yogurt (Greek high fat low sugar) if you start weaning from that...Risks of going off Zopiclone without replacing with something natural:panic anxiety

Lithium is another to wean very very slowly off...Large amounts of carrot juice, organic carrots & potatoes will help while doing that...Potato salad...Risks of going off Lithium without replacing with something natural:manic phase bipolar

Effexor can be replaced with the herb called St. John's Wort...They are similar...You could start St. John's Wort while cutting back on Effexor...Go slow...A pill splitter costs \$1.00 & can save your life...(cut pills in half or quarters to wean slow)...Amazing Grass Energy Greens powder(for example) has tons of plant caffeine(coppers) inside that you can take instead of St. John's Wort...Risks of going off Effexor without replacing with something natural:lack of energy laziness out of work syndrome

Ok last one is Trazadone...Its a Titanium on my chart...You can replace it with eating Mint leaves- a lot daily...Or a supplement called boswellia serrata(frankincense in a capsule form)...You can just eat Hulled Hemp seeds for the Titanium...Risks of going off Trazadone without replacing with something natural:Can't sleep, high cholesterol

Looking at a Lipoma in Fotoflexer & Lunapic...

by Sari - Friday, March 25, 2016

<http://grovecanada.ca/looking-at-a-lipoma-in-fotoflexer-lunapic/>

So, I have these two ways to look at lumps on your body...Fotoflexer looks at biochemistry...Lunapic looks for malignancy...

I thought I'd take a look at what a Lipoma looks like in these two edits...

The first picture shows biochemistry: The vast yellow area means tons of calcium (Adrenal Gland)...The whitish splotch means Aluminum which is cholesterol in the real world (Lungs & Lymph Nodes)...The darker peachy colour is Hydrogen (lack of Oxygen in the Liver)...

So from this edit in Fotoflexer I'd recommend, Iodine (to lower calcium), like Iodoral pills & liquid kelp daily...I'd add a Titanium like Boswellia capsules (Frankincense in capsule form)...& Milk thistle to Oxygenate the Liver...

in Fotoflexer (lipoma)

In Lunapic (lipoma)

The second picture ONLY looks for malignancy...It would show up as PURPLE...But no, I don't see any purple in this picture...I mean, there is a touch of mauve tone...Which means some Phosphorus present...To be on the safe side, add some Licorice root extract (St. Francis is good), & or some licorice root capsules & tea...Licorice root is a Copper that removes Phosphorus...This will ensure nothing becomes malignant...(malignancy is Phosphorus)...

Looking at Iron in a lump...Just that differential in photography!

by Sari - Friday, October 30, 2015

<http://grovecanada.ca/?p=2110>

On your iPhone...(steps with asterisks are all optional)

You also can do all of this on any computer, iPad, or whatever...

*Download Photoshop Express from the App Store...

Take your picture...Stay still for several seconds for good focus...Close up...Where lump or area of concern is...In good light...

*For even better pictures, download Camera+ app from the App Store & take your picture using that app & save it to Photos for later editing...

*Make it better: Open Photoshop Express & let's edit the picture a bit to make it better...

*If not...Open Safari (or use your downloaded Puffin app to browse), & navigate to Lunapic.com

*Upload the best picture you have(either taken with iPhone, taken using Camera+ app, or also edited in Photoshop Express)...

Ok, let's pretend you just did the simplest thing & took a picture with your iPhone...

Go to Lunapic.com

Browse for the picture in your iPhone (or wherever) & upload it...

Go to:

Filters-Choose Thermal Effect, Apply

Then go to...

Adjust-adjust Light Levels, move Shadows slider all the way to the Right, Apply

that's it...

Go to File, Save, & save however you like...

If there is Phosphorus present(malignancy), it will appear as an orangey-red vomity colour, & it will look cellular or alive or organic- like bugs or parasites or something icky...

I will post a picture when I get some permissions from people...



Looking for Iron in a DIY picture...

by Sari - Tuesday, December 01, 2015

<http://grovecanada.ca/looking-for-cholesterol-in-a-diy-picture/>

<https://pixlr.com/editor/>

open image,

In ADJUSTMENT...

brightness and contrast, (boost contrast only-slide to left)

hue and saturation, (hue to left, saturation to right)

color balance, (blue, green, red-all to left)

color vibrance, (all the way to right)

invert,

GO TO FILTER...

sharpen,

mimic hdr...

look for blue iron

iPhoto to Fotoflexer conversion...

Looking for where the Rainbow trout are hiding in our pond...(Using NIDI non invasive diagnostic imaging)

by Sari - Monday, August 15, 2016

<http://grovecanada.ca/looking-for-where-the-rainbow-trout-are-hiding-in-our-pond-using-nidi-non-invasive-diagnostic-imaging/>

So first I took a stock photo of a rainbow trout...

Then I edited it in Pixlr.com/editor...I noticed a thin red line inside the trout, maybe the spine?

Anyways...I would look for thin red lines in the Pond picture...

When I looked at the rainbow trout in Fotoflexer, I noticed a large amount of the whitish Aluminum cholesterol colour...I would look for that in the Pond picture too...

So that is how I found where our new Rainbow trout were hiding...

In the deepest part of our pond, sort of in the middle, I could see a large swath of that whitish pink colour...The cholesterol(aluminum on the grove body part chart)

To confirm, I also saw thin lines of the red...In Pixlr...

rainbow trout stock photo Getty Images

Rainbow trout edited in Pixlr

Rainbow trout in Fotoflexer

Our pond

our pond in Pixlr

Pond...in Fotoflexer...

Here are some notes on how to do NIDI yourself...(non invasive diagnostic imaging)

Low dose Naltrexone & Alpha Lipoic Acid(Pancreatic Cancer)

by Sari - Friday, October 09, 2015

<http://grovecanada.ca/low-dose-naltrexone-alpha-lipoic-acidpancreatic-cancer/>

LDN otherwise known as low dose naltrexone acts on the Liver, but not in the way you would want it to with Cancer...It is used for many ailments, but specifically for those that are in deficit...It would be like drinking alcohol- very useful for some but not really something you'd want to add to an anticancer protocol, albeit in low doses...

ALA Alpha Lipoic Acid on the other hand lowers blood sugar so much it is used for Diabetes & thus is tremendously anticancer especially in regards to Pancreatic cancer...The LDN must be part of his program to ensure patients don't overdose on the ALA- which happens...

But I'd be careful with both, understanding what they do before adding them...Still, that is only one body part, the Pancreas...

I believe each body part needs to be detoxed individually just to make sure you are head to toe clear...

LDN doesn't work for cancer- it has failed many trials...It is not a plot...It just doesn't work in that way...But it will help to protect from overdosing on the ALA...

Lump removal 101 & why surgery can screw that up...

by Sari - Wednesday, May 20, 2015

<http://grovecanada.ca/lump-removal-101-why-surgery-can-screw-that-up/>

In the previous post I discuss which elements of the Chart detox & which elements feed...

When trying to get rid of a lump in your body, you need detox elements...

When you are injured, you need elements that feed & repair...

For example: I have been taking detoxifying elements to eradicate a DCIS lump in my left breast that showed up Easter 2014...

I recently cut the inside of my mouth while chewing an extra hard Goji berry...

Because I continued for the next few days on my detox program, the cut didn't heal...

So I have pain inside my mouth...

I was forced to stop taking my detox supplements, & ate a steak for dinner last night...

The night before I had steak & Kidney pie...

I have been on a raw plant based diet, so this type of eating is not normal for me...

But my mouth hurts, & I need to repair the damage...

Late last night my mother offered me a Nexium tablet...

Nexium is a Phosphorus type thing, like probiotics, Kefir, yogurt, cheese-the thing I avoid continually in my detox...

But I had had a cold brewed coffee ([Two Bears cold brewed coffee is wonderful](#)), & the Copper from the caffeine was so strong, the acid was killing my mouth cut...

The Nexium worked, & my mouth is not radiating pain this morning...

Had a banana & a mini almond croissant leftover from my mum's birthday bash (from Hotel Gelato at Eglinton way west of Avenue road North side-Toronto)...Croissants are not on my diet either, no gluten, but I still need to patch my mouth up...

So here's the thing...

If you have surgery to remove a lump in your body, you cannot really detox can you???

Most lumps today begin in the Adrenal Gland...High Calcium from taking birth control drugs, or your Mum took them before you were born, so you were born with excess Calcium...Or you work or live or spend time in proximity with people on massive amounts of birth control drugs(lap dancers, porn workers, prostitutes)...Or it's in the water supply where you study, since most first year university students start taking birth control drugs then...

Back to the main point...

If you remove a lump surgically, you are cutting into the body...a SIGNIFICANTLY MORE MAJOR CUT THAN THE TINY THING IN MY MOUTH...

Your body will crave the PLUS elements on the Grove Body Part Chart (& the Grove Brain Part Chart if your lump was in the brain)...

So you will need repair type elements, foods, herbs etc...

But in order to DETOX your body from all calcifications, to cleanse your Adrenal gland, to purify your biochemistry & rebalance it, to avoid Cancer later, you need MINUS elements...

It's a paradox, a dilemma, a contradiction...

So people have surgery, say a lumpectomy, then feed their body with repair elements, to repair the damage of the cutting...

But they get recurrences...Why? It's obvious now isn't it?

They haven't been able to detox really...Their body is injured & it needs repair...

Now...Me...

I did not have a lumpectomy to remove my lump...Yes, I am a maverick...

However...After a year & a half o detoxing, my [DIY chemo program](#), eating [raw vegetables](#), taking every [MINUS element herb & supplement](#) I could find & sorting out which ones worked & which didn't using my [DIY Mammogram/Thermogram](#) technique almost daily-well...

My engine is pretty clean...My Adrenal Gland is pretty clean...I have made my lump BENIGN([see Book 8](#))...

I have detoxed so much that I am slowly eradicating all extra Calcium from my body...This will protect me from recurrences in the future...

Because I did not have surgery, I was able to avoid the long repair protocol needed to repair my body from the cut & injury of surgery...

That repair protocol can in & of itself be dangerous...You can't really be eating steak to repair damage & expect to be detoxifying...

It's an opposite idea...

I'm not saying everyone should do what I did...What I am saying is that there are reasons why people who have surgery have recurrences...A lump in your breast came from your Adrenal Gland...So cutting out the lump doesn't correct the imbalance in the Adrenals...

Not to mention that injury, the cutting itself, causes the body to rush in & do its own hasty repair job, which often involves creating scar tissue on the site of injury...Now you have a cloggy area, where more stuff can clump & gather...

There are new techniques called Ablation, where they stick a hot needle into the lump & basically dissolve it...It looks & sounds to be less invasive than the scalpel...To me it sounds like old fashioned electrolysis would do the trick...

Electrolysis technicians(Aestheticians) often zap lumps & bumps they find while zapping hairs from women's chins...The lump or pimple spurts, stinks like cheese, & it's gone...

Sometimes they will zap bigger lumps-especially if they are zapping hairs on someone's back...That cheese stink is the Phosphorus...When Calcium breaks down it becomes Phosphorus, like mold...

I am betting that in the future, you will be able to go to your local electrolysis aesthetician, & she will zap your breast lump with her needle, & it will ablate, & you will give her a thousand dollars for her trouble, & go home...

Maybe she will rub on a topical anaesthetic...She will definitely wear a mask because of the smell...

It will all be easier...

Maybe then, I will go...

But until then, I will continue detoxing my body, & monitoring size & chemistry change in pictures...

I recently put together a "COURSE" of sorts on a host called GinkgoTree...

*if you take the course it costs \$20 which goes all to them for the trouble of the hosting, & to continue making new e3ducational programs available...

The course is called DIY medicine(based on the Grove Body Part Chart)...

It's basically all my books, in order, a video, a summary pdf of this Blog up until May 2015-all the stuff on my website, but in some sort of order, plus you can discuss stuff on the site with me or other people if you have specific questions-which is maybe the most important thing for you if you actually have a health problem right now...

Or you could give the course as a gift to a person who needs help...

[Here is the link to the post about the course...on GinkgoTree...](#)

Lupus with Cardiac Tamponade...

by Sari - Sunday, April 03, 2016

<http://grovecanada.ca/lupus-with-cardiac-tamponade/>

Heavy Metals Defense powder will remove heavy metals that may be blocking up organs(cardiac tamponade)...You can put some every day into a smoothie... <http://www.heavymetalsdefense.com>

For the Lupus there is an excellent Canadian company that makes a powder(put in smoothie too) [called Pranin B-it contains guava, lemon, spirulina, & Holy Basil](#)...Your morning smoothie could be pineapple, banana, coconut water, ginger root, turmeric, ice...A raw plant based diet can correct some many root problems, just so quickly...

[The book My raw food diet secrets & cure by Nurse Helen Hecker](#) is a digital download & going raw will change your life...Start today! (You can cheat & you can do say 3-6 months, & go back to normal eating later if you want...) ...

An antiparasitic cleanse will rule out parasites as contributing factor- Humaworm does an excellent comprehensive recipe, the 30 day on for adults <http://www.humaworm.com>

Megadosing Vitamin C is useful for Lupus too...(cancer crackdown store has it-see link below)

B17(apricot seeds) will deal with the Shingles which can recur...

Selenium will lower blood sugar & acts as an antibiotic for pneumonia infection if there is any lingering...

(The Cancer Crackdown store has B17, selenium & you might want to consider their Essiac tea just to clean out your Adrenal Gland as well in case there is a hormonal component...<http://www.CancerCrackdown.org>

M.B. , A... Dispelling myths to a convert who needs to be unconverted...

by Sari - Thursday, April 14, 2016

<http://grovecanada.ca/?p=3088>

M.B. ...A soy bean is in a pod...You steam them lightly, then serve them fresh in a bamboo steamer with a cover usually...You lick them up with your fingers, & squeeze them out at one end...You eat them one by one, you can squeeze the pod, & the bean will go directly into your mouth...Choking hazard for babies so they will mush them up for babies...Which is how & why you get bean cured or tofu for short...A bean is usually a Molybdenum element...A soy bean is an unusual creature in that it does contain healthy Phosphorus...Green things are usually in the Nitrogen category that build stamina, especially for men, testosterone, & mushrooms do the same...Mycoplasma however can feed on Nitrogens if they have evolved from plant to moving creature through the addition of a ligand...If one chooses to ignore this concept or idea or paradigm, one can have greater peace of mind, however, ignorance is not always bliss...Especially when we seem to be still at war...Generally speaking, I do not endorse the use of soy products as an anticancer methodology-however, I do encourage independence in thinking, and originality of spirit, however, I will not tolerate the insinuation that soy or sage is anti-estrogenic, unless one explains that it is the pod itself that should not be eaten...In the case of sage, the fibers can be dangerous, which is why tend "they" (inverse relation),to extract it in various solutions...The subject of alcohol in extracts should not be a problem for those who cannot drink alcohol, as such, because the content ratio should be so low & undiluted, that the ratio of sage to alcohol or organic plant based/vegetable oil, should not anger the Imam or whoever it is that forbids alcohol while keeping stills in their basement...As such however, I do not generally encourage alcohol consumption, & I assume we are in agreement on this subject vis a vis anticancer protocols? If you are allowing some soy or some sage products, I think we can allow extracts in a tiny bit of alcohol? I am assuming you are writing to me in regards to the person who was forbidden to drink licorice root extract due to the alcohol? I would suggest that the "church" in Saudi Arabia examine their own basement full of alcohol stills that they consume privately, while stating publicly that they are dry...If one is to judge a young lady with cancer who came to me for help & was prevented from getting my help due to religious obstructions that are archaic & hypocritical misogyny, then one is to get judged back...From me...I do appreciate your suggestion of 10 days of cucumber juice to remove Lead poisoning, & hope you will continue to participate in this group more fully...I am in a highly bad mood due to picking up a Staph infection for a Health Centre yesterday, again, due to a cell group of medical students(first year), implanting the food with such on purpose...The fact that they had pre-immunized themselves with Thyroxine speaks to the fact that these religious sorts don't find using Big Pharma's prescription drugs a religious conflict of interest...Nor does it mention that their frontal lobe damage due to their obvious head injury as part of the cult, shows up easily in CT scans...The lack of Frontal lobe action speaks wildly,to, for their erratic & disruptive behaviours...

Macular Degeneration...

by Sari - Saturday, December 19, 2015

<http://grovecanada.ca/macular-degeneration/>

Macular Degeneration...

Affects the Cornea...

Can occur after Cholecystectomy(Gallbladder removal)...

Requires "Lead" family of elements which include: Vitamin A (usually comes in high doses in most multivitamins)...If you take a multivitamin with Vitamin A for your Macular Degeneration, take 3 a day instead of the recommended 1 a day...This will help rebuild your eyesight faster...

Greeniche makes multivitamins for both men & women specifically...Both contain large amounts of Beta carotene & Vitamin A, which are good for restoring vision, especially in those exposed to radiation, tv sets, radio, micro audio waves, microwaves, sunshine, etc...

<http://greeniche.com/products/mens-multivitamin>

Can be made worse by " Zinc" family of elements which include: Vitamin C...

Nutri Bone Liquid Bone care

formula <http://www.vitasprings.com/nutri-bone-tropical-berry-500-ml-naka.html> The key ingredient to this bone formula for eyes, is actually the COLLAGEN...Collagen is an ALUMINUM element on the GROVE BODY PART CHART, which means it RAISES cholesterol levels in the Lungs & lymph Nodes, Builds MUSCLE, & repairs memory & heals wounds...Alternatively you can just quit smoking pot & your eyes may return to normal...(if you are a pot smoker)...

Manuka Honey & Bee Pollen...Are they anticancer or not???

by Sari - Monday, August 08, 2016

<http://grovecanada.ca/manuka-honey-bee-pollen-are-they-anticancer-or-not/>

Essence of Bee by Sari Grove (marble concrete hybrid mix)

<http://grovecanada.ca/no-weld-essence-of-bee/>See Sari's essence of bee sculpture pictures!

<http://sarigrove.weebly.com/blog-weebly/step-by-step-how-i-am-making-essence-of-bee>The making of Essence of Bee...(from our Weebly blog)

Manuka honey is in the Sugar section of the Grove Body Part Chart...

Sugar helps bind tissue together...It is like a body glue...So Manuka honey can be excellent for closing wounds...HOWEVER! The use of Manuka Honey or MediHoney is CONTRAindicated in those with sugar allergies or other conditions which ARE AFFECTED by SUGAR...

I capitalize those words because: Cancer is a condition where sugar is a real problem...

There are people with active cancers who are using or have used Medihoney or Manuka honey to close wounds...The problem with this is that the honey raises blood sugar levels in the body...

The other problem is that parasites like to eat honey...When a tumour begins to ulcerate it is often a sign that the parasites have gotten bigger & are further along in their development-ie: from larval egg stage to worm stage...Putting honey on a tumour that is ulcerating, is putting sugar potentially right on top of a worm...

(Please forgive this graphic explanation & feel free to ignore this comment completely)...

So...I am not crazy about people using Manuka Honey on ulcerating tumours...I also know of someone who boasted in a Facebook group about the wonders of Manuka honey closing her ulceration, with pictures, & despite my warnings about using sugar when parasites are present, continued to use it...What people in that group do not know is that she went into hospice later...

Several people used Manuka honey after that on their own ulcerations-one of them also passed away earlier this year...

I do not blame the honey-because there are so many other things happening during ulceration-but I feel the focus with ulceration should be to kill the parasite...

Humaworm antiparasitics (the 30 day protocol), their Colon Cleanse, their Humana tea-combined with Bloodroot capsules(Zenith Herbals doublestrength ones)has proved to be a powerful knock their socks off combination...

Do It! Poulson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Those who have Black salved topically (Cansema deep tissue salve, Best on earth Salve, Two feathers black salve, Zenith herbals black salve with DMSO, Amazon black salve) have also achieved tremendous success in rendering tumour sites inert, if not eradicating the whole mass entirely... Though most black salve sites will say NOT to attempt black salve topically if the wound has opened...

(This is an new field-black salving an ulcerating wound-which remains to be explored...)

Bee pollen is a pretty complex thing... I attached a picture with the constituents of bee pollen & what they are on the Grove Body Part Chart... (Note: Aluminum is cholesterol in the real world...

& all the other elements mentioned are also representative of families of things in the real world-these are Not all heavy metals!)

p.s. If you are FREE of Cancer, then you can use Manuka honey to heal close wounds... Manuka honey is higher in Manganese than regular honey-Manganese lowers iron-which is an anticancer property-but it is not the main component...

Mathematics & working with the Grove Body Part Chart in inventive ways:Brouillon/sketch pad/grisaille/raw

by Sari - Saturday, December 27, 2014

<http://grovecanada.ca/mathematics-working-with-the-grove-body-part-chart-in-inventive-waysbrouillonsketch-padgrisailleraw/>

Mathematics & working with the Grove Body Part Chart in inventive ways:Brouillon/sketch pad/grisaille/raw

If you take Coffee & mix some Sugar into it you get a slight milk froth look on top of the hot liquid...More from Espresso Coffee & real Sugar...

We know that Coffee is a Copper...We know Sugar is a Sulphur...We know Froth is a Calcium...We know Water is a Hydrogen...We know Fire is an Oxygen...

So, then...

Using the symbols from the Periodic Table of Elements, we are going to write the coffee plus sugar mixture in symbols...

$Cu + S + H + O = Ca$ or in English, Copper plus Sulphur plus Hydrogen plus Oxygen equals Calcium

The Calcium is the fine layer of Froth you see on top of your Espresso Coffee when you add some real granulated sugar to it...

(We are ignoring everything but the Froth for the sake of argument)!

So...If you get Calcium Froth when you add Sugar/Sulphur to Copper/Cu/Coffee then...

Let's go backwards & see how to get Sugar/Sulphur...

Let's simplify...

In Math, if several things add up to something, then ...

Let's do this...

$Ca - H - Cu - O = S$

or

Calcium minus Hydrogen minus Copper minus Oxygen equals Sulphur...

So to get Sulphur/Sugar you need to subtract the water/hydrogen from the Calcium/milk froth

So like if you subtract the water from a glass of milk you are left with Sugar...

Um, but we have forgotten to account for the Copper & the Oxygen...

Ok, let's get into it...

Copper is a Minus element on our chart...Oxygen is also a Minus element on our chart...

If you ADD a Minus element to something you are really just subtracting...

So if you subtract a Minus element, then you are really ADDING...

Because a "+" & a "-" in Mathematics equals a Minus...

But two minuses in mathematics equals a plus... $"-" + "-" = +$

This is how Math differs from ethics, or Philosophy of Law...(McGill 1988)

In ethics, two wrongs don't make a right...

But in religion (McGill summer Theology 1988), An eye for an eye can be considered fair, though turning the other cheek if slapped again can be considered decent...(now in early Theology(McGill 1987 New Testament, King James Version), the person who hits first is wrong...

So back to the Chemistry of Math...Or the Math in Chemistry, whichever you choose...

If an orange is made of Zinc & Sulphur then an Orange has Minus element Zinc & Plus element S...

So you get Sunshine/Zinc/VitaminD3/VitaminC & you also get S/Sulphur/Sugar/Fructose/Sweetness...

If you pour boiling hot water through a stainless steel tap, the tap is made of Zinc heavy metal & Plomb Lead heavy metal...

The boiling hot water is made of Fire/Oxygen & also Water Hydrogen...Fire/Oxygen is a Minus element & Hydrogen is a Plus element...

Now on our ©GroveBodyPartChart2014-present, The Minus elements get STRONGER as you go DOWN the chart from Top to Bottom...

The Plus elements are STRONGEST a the top of the Chart, & get weaker as you go down the body parts...

(there are 11 body parts on the Chart & 22 brain parts that PAIR because 22 pairs makes 11 teams, like 22 people who are paired, like married, make 11 teams...

Each Team in the brain handles a body part or organ in common parlance...

So like in the Spleen there are 2 brain parts controlling each SIDE of the Spleen...

Each side of the Spleen makes one thing or element...

1)In the female the Left side of the body is dominant, & the right side of the brain...

2)In the female the back side of the body is dominant & the front side of the brain...

3)In the female the bottom of the brain is dominant & the top of the body parts, like the topside of the feet, or the top of the foot, where the pretty toenails are...

In the male, of the species, human, the dominance is reversed in all 3 cases...

Now both male & female have all their parts, but the dominant side should be appropriate to gender...

Could the human animal be totally ambidextrous?

Possibly, if gender is also ambidextrous, ambivalent, hermaphroditic(presenting with both male & female organs), bisexual(preference for both sexes), Androgynous...

Please note the Castrati, the castrated ones, people who have had their testicles removed, does not necessarily make them Androgynous because merely removing one male part does not trigger necessarily a cascade of all male parts or male dominance being removed...

Is it better to be fully ambidextrous or is it better to have sidedness dominance in Gender?

One would assume that sidedness dominance in Gender is better because it offers gender clarity between male & Female...

If one ingests Zinc heavy metal due to over-stripping the Zinc metal off a stainless steel galvanized pipe tap, then that gritty feel in your mouth is actually Zinc heavy metal...

Since Zinc is antagonized by Plomb Lead on our Chart, then ingesting something gentle & edible with Lead Plomb Pb in it should remove that Zinc heavy metal from your body...

For example eating a Lead Plomb Pb based Potato Pancake(latke in Yiddish/german), should GRAB the Zinc heavy metal particle from your body & you should be able to pooh it out!

Then you will see a shiny piece of your sink tap metal Zinc in your poop...

Conversely if you are drinking water that has a high Lead Plomb Pb heavy metal content in it & you have sluggish feel MS Multiple Sclerosis, then eating a Zinc filled Orange should remove the Lead Pb from your system...

Do It! Poulson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

But be careful...Oranges have Sulphur sugar in them too, so you may be raising your Sugar S Sulphur fructose levels in your Pancreas...

Cayenne Pepper is a Selenium...

Ginger root can be chewed & swallowed & is a Zinc...

Cottage Cheese, Nexium, Probiotics, Botox, Yogurt are all in the Phosphorus P family as is Mold

Mb =+1 Molybdenum (male) -non-dominant female side right...

by Sari - Tuesday, June 09, 2015

<http://grovecanada.ca/?p=1306>

Navy beans+1 Molybdenum+1 Gadolinium +1.1 Soy Beans +1

Boats "Bird on a Wire" version Jennifer Warnes a lady singer who sometimes sings with** on Spotify written by Leonard Cohen -of Famous Blue Raincoat fame - Montreal Mtl. (Canadiens hockey television')

Music

Crystal Meth -12(inhaled smoked crack cocaine copper- but you added oxygen fire 800 degrees Fahrenheit) to it which makes boron -12) refer to Cu Copper -9 is Boron but street grade Heroine -12.2(injected usually surgically like acupuncture))-propofyle(inhaled by anaestheologi-gyst-sist -12.1) **titrate the dosages!!! very important! dr. paul mccutcheon east york animal clinic the holisticpetvet.com also BJ on MASH!!!**

(rhymes with pedophile)very effective for removing Prostate cancer but also Cancer of the Skene's Gland which occurs in the private parts specifically up the vagina inside the uterus on the other side of the the(tall new buildings is the name of a band as is 'Fishbone' "we all everybody" series on tv Lost) wall where the padding is that they call the 'G' spot the pillow at the back of the uterus where people sometimes find a spider cancer up there which Dr. Christopher had referred to as "spider cancer" & recommended a vaginal bolus which is a thing you stick up your vagina with medicine embedded in it it because there is a spider living up there which you gotta kill...takes 6 months...

I learned at **McGill first year Medicine 1989 that if a spider is on your territory re:inside your home that you are allowed to kill it-hence the principle of private property ie for example: your own body is private property despite the fact that the vagina is like a valley your airspace is your own... !

credits: Scar Trek the BPYC electricity mink TWC cat-o-holics \$500 Cdn Curr. & the Swans - **referred pain Dr. Spano-Greco** *The Museum Tavern above the medical dental building on Bloor street beside where the McDonald's was...*

Medical Honey contraindications...

by Sari - Monday, April 18, 2016

<http://grovecanada.ca/medical-honey-contraindications/>

Medical Honey is contraindicated in those individuals who are allergic to honey...An allergy means you have overdosed already on a subject...Eat too many pineapples & eventually, you will develop a pineapple allergy-rash around your mouth type symptoms...Eat too much honey, & you may get a sugar type allergy...I use the term sugar loosely...Fructose are fruit sugars...Honey sugars...Are honey sugars...Anyways...People with or who had cancers, may have had sugar in excess in their Pancreas...Though Manuka honey may be the best honey to get (we got ours fresh from the beekeeper & it was not called anything in particular & was not a brand or label by the way)...Honey does still contain a form of sugar...So...If one assumes that Cancer can feed on sugar, then using honey, any kind of honey, would be dangerous...If one has a wound, like an ulcerating or fungating tumour, then one might be tempted to use honey to close the wound...However...If honey including all medical honey, is contraindicated with those with honey allergies or sensitivities, then one might assume someone who has or had cancer would fit into the contraindicative category...Which means, no medical honey for those healing wounds, which are due to cancer or parasites or wound healing...If cancer is gone, then yes & or maybe...That is my opinion (IMO), & I am very sorry to say, my observation...

Melatonin...Anticancer? No, I do not think so...

by Sari - Thursday, June 09, 2016

<http://grovecanada.ca/melatonin-anticancer-no-i-do-not-think-so/>

When I tracked my own melatonin usage in pictures & by palpation, the lump in my breast became very textured & uneven...

I went to a Chinese medicine doctor who specialized in cancer, & she told me that a desirable lump is smooth, even & non-textured...

I immediately stopped the melatonin & when I did, the lump indeed became much smoother & even, to palpate...

I looked into melatonin closer...Melatonin & Fluorine are opposites...In the Pineal gland, & they also work in the colon...

It is well known that Fluorine is used anticancer as it is in chemo drugs such as Fluorouracil, which is used for colon, breast & lung cancers commonly...

So here is the paradox:They use Fluorine to kill cancers, but they are saying that melatonin, its opposite, also kills cancers? My experience of melatonin was negative...

My understanding of the chemistry is that fluorine based drugs do work in an anticancer way...That melatonin & fluorine are opposites...

So I find these studies on melatonin to be questionable...

I don't doubt that melatonin works as a "complement" to chemo-when things are used in a complementary way, they are opposite to chemo...

Mushrooms are used complementary as well(The man who sells all the mushroom extracts states he got into the business- because his mother used mushrooms While doing Chemo!)...

A study that lumps people doing chemo with people not doing chemo is already flawed...

These are two wildly different groups...Complementary therapies are designed to alleviate the harshness of the chemo...

But they are not the same as therapies designed to mimic chemo...I think this is the flaw in the melatonin thesis...

Melatonin by the way is also chemically similar to ash, soot , charcoal-which are not anticancer either...Like the stuff you get when you barbecue food...

More: I have not heard one person say that melatonin shrunk their tumour or anything like that... Though I have read a copious amount of studies... I know a myriad of people on various forms of mushrooms & have not heard report of any successes there either... Considering my own experience with both melatonin & mushrooms, I have become highly sceptical of "studies"... The studies on colostrum are all highly dubious too- especially since I know that many Swiss cancer patients died while being injected with colostrum... My feeling is that there is huge money in alternative & it is becoming as corrupt as big pharma drug sales... All the good cheap Chinese anticancer herbs have been discredited- I notice even seaweed is considered dangerous- which I think is ludicrous... Ginseng, Ginkgo Biloba, Licorice root, all have been discredited & I notice not many people are mentioning these anticancer staples... I notice that none of the melatonin studies are human trials & results have not been replicated in humans...

Members

by Sari - Saturday, July 04, 2015

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GroveCanada:The art of healing

Do It Yourself Medicine by artists Joseph & Sari Grove

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