
GroveCanada: The art of healing

Do It Yourself Medicine by artists Joseph & Sari
Grove

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Mesenchymal, Basal cell, Squamous cell-types of Cancer cells...

by Sari - Wednesday, November 18, 2015

<http://grovecanada.ca/mesenchymal-basal-cell-squamous-cell-types-of-cancer-cells/>

Grove Body Part Chart

On our Grove Body Part Chart...

Mesenchymal Cells like to feed on what we call Aluminum which in the real world(our chart uses Periodic Table elements mostly), is called Cholesterol & is called Cancer marker EGFR epidermal growth factor receptor...To lower growth of these cells use its opposite on our chart- Titanium family which represents the Hemp oil, Vanilla bean, frankincense, chamomile, comfrey, mint, aspirin, willow bark, family of medicines...Visually Mesenchymal cells are bigger than normal cells & look like the shape of an eye with eyeliner at each end...

Basal cells feed on what we call Aurum which in the real world occurs in Taurine, B12, Cobalt- all of which help drive higher blood pressures...Treat with its opposite on our chart, Potassium family, found in Stevia & artificial sweeteners, Hawthorn, Beta Blockers, & foods high in Potassium like Graviola...Visually Basal cells look a bit like almonds...

Squamous cells like to feed on Glucose, Sugar on our chart(there is no one molecule called Sugar, so this is an exception on our chart naming)...Opposite to Sugar is Selenium family which include cayenne pepper, sriracha sauce, hot peppers, garlic, selenium, lysine, MSM & MSM cream topically, Pancreatic enzymes...Visually Squamous cells are round...Spotty looking if there are many...

Comment:

Mesenchymal cells feed on cholesterol which Cannabis addresses well...Basal cells feed on B12-like things which fuel high blood pressure-Potassium things like Graviola or even Stevia help with that...

Squamous cells like to eat Glucose like Sugar-so seleniums like garlic, cayenne pepper, pancreatic enzymes deal with those...

The trick is to figure out what exactly your tumour is made of...or what are you eating or drinking or supplementing with that may be feeding instead of starving it...

I used a [DIY editing method to see the chemistry of my lump & addressed it that way](#)...But I also used a

systematic theoretical model to make sure I addressed & detoxed each body part

<http://grovecanada.ca/so-you-want-to-go-alternative-with-your-cancer-treatment-but-you-dont-know-where-to-start/...>

Those people who are high cholesterol would have great results just from using Cannabis products...

Remember, a cancerous tumour is mostly not cancerous-just really the tip of the iceberg is malignant usually...

So those people with high cholesterol might have had a giant fatty lipoma type thing with just a tiny cancer portion-they took a Cannabis product & the whole thing disappears...

The more typical Calcium Oxalate Phosphorus combo, then those need the heavy Iodine supplementation, the Manganese to lower the Oxalate Iron(like bloodroot capsules), & the Coppers like spirulina, wheatgrass, green tea, licorice root extract, matcha, yerba mate, liquid chlorophyll, family...

I find many people taking a little bit of everything, but not a whole lot of targeted things...A lot of gelatin capsule swallowing...

In the brain, our body part chart connects to our brain part chart...

Grove Brain Part Chart

Messages

by Sari - Thursday, November 05, 2015

<http://grovecanada.ca/messages/>

[wpc-messages]

Minus elements erase Up the chart, Plus elements feed Down the chart...

by Sari - Monday, September 05, 2016

<http://grovecanada.ca/minus-elements-erase-up-the-chart-plus-elements-feed-down-the-chart/>

The Minus items flow upwards...

The Plus items flow downwards...

So if you take a Titanium like cannabis oil for instance, then the flow of Minus erases all the Plus items above it on the chart(the grove body part chart)...

But the flow of Minus will not erase Plus items BELOW Titanium on the chart...

The shape of the cord is snakelike...What I mean by cord is the connector between each element...Or you can think of the shape as a swirl...A soft vanilla ice cream cone with a swirl that causes its shape...(The Fibonacci spiral they call it, or DNA strands some...DE(e) Oxy Ribo Nucleic Acid)...

When you eat a food group like Phosphorus cottage cheese for instance estrogenic, then that food traverses DOWN the snakelike cord...Yummy cottage cheese phosphorus estrogen gives you magnesium energy to exercise & salty mercury to grow your cartilage & tendons...Down the chart...

But smoke some pot Titanium & it erases your Aluminum memory, & then it crawls up & erases your Iron-clad loyalty...Then you cannot see cause it erased your carrotty Lead (plomb Pb) eyesight...(Not mentioning the good things it does for the moment by the way)!

Misleading studies: Beware of the anti-Copper philosophy...

by Sari - Tuesday, September 15, 2015

<http://grovecanada.ca/misleading-studiesbeware-of-the-anti-copper-philosophy/>

Summary: (If you get bored with reading long proofs!) Tuesday Dec. 15, 2015...

"Let me explain...Ceruloplasmin is a Copper BINDER...Ceruloplasmin is high in Cancer, ALL cancer...A BINDER means it binds the substance...Which means it is OPPOSITE to the substance...The studies that say Copper is high in Cancer, if you ACTUALLY read the whole study (clinical trial) refer to Ceruloplasmin...On the web, commonly, Ceruloplasmin is referred to as Copper...This is a MISTAKE...It is opposite...The substance that binds Copper is Phosphorus...Like in yogurt, birth control drugs, kefir, cheese salmonella type bacterium, ejaculate, & is a sign of parasites living in the body...Phosphorus is the differential between malignant & benign...It is also in cottage cheese...It is a huge mistake not to have Copper in your diet or supplements or both if you have Cancer...Because it is probably the ONE thing that will kill off a parasite...Whoever is writing these studies that tells you to avoid Copper if you have Cancer probably wants you dead...I can think of no other reason...I am sorry for saying this, but recently someone delivered a Christmas gift basket to our family home that contained traces of anthrax...We are all fine, but it occurs to me that when you see online studies & clinical trials that say the complete opposite of the truth, that nefarious activity must be considered...Be forewarned & do your homework...Copper kills Cancer...Phosphorus promotes it...Know the difference!!!"

Update to this article: I have found a serious mistake in the interpretation of the word ceruloplasmin in online literature...Ceruloplasmin is the thing that binds Copper...It is Not Copper, it is its opposite...Ceruloplasmin is Low in high Copper diseases like Wilson's disease...Ceruloplasmin is High in disease of low Copper like Breast Cancer & other Cancers...How this word became misinterpreted I do not know...However, I do know that Ceruloplasmin is high in Cancer, which means Copper levels are Low there, Including Triple Negative Cancers, which are not opposite in nature to other Cancers...This mistake is huge...People with Cancer need to understand that high Ceruloplasmin means Low Copper...

To add insult to injury, this supposed "new" drug tetrathiomolybdebate, has failed several Cancer trials already...For good reason...It lowers Copper...Cancer patients need to raise Copper...It has failed cancer trials so many times the Swedish company refuses to let it go for any new trials...For good reason...It is absolutely wrong for Cancer...& yet people are reading this anti-copper garbage & believing it...This is just so wrong & dangerous...Read Ethan Evers book The Eden Prescription to understand how far pharmaceutical companies will go to push a drug & mask a clinical trial...It is medical fiction but it might as well be non-fiction...

Another update:"

Sari Grove

I should add, in the Weil Cornell study, they speak of Lowering Ceruloplasmin levels...That means, in the course of the study, their goal was to Lower Ceruloplasmin levels...Ceruloplasmin as I have said earlier is not Copper...It is a Copper binder, it's opposite...Whoever wrote the study is also misinterpreting the word Ceruloplasmin for Copper...If anyone bothers to check, Ceruloplasmin is always higher in Cancer...Which is why they were trying to lower it...But it is not Copper...Ceruloplasmin as a Copper binder means Phosphorus, it's opposite in the Spleen...It is easy to check this because Wilson's disease is Low Ceruloplasmin which means very high Copper levels...(opposite to Cancer)...If everyone checks the triple negative breast cancer study which refers to Copper, their goal was to Lower Ceruloplasmin levels, which they did...But lowering Ceruloplasmin levels means raising Copper...The study is misleading...They are lowering Ceruloplasmin which is Phosphorus not Copper...The Weil Cornell institute has done this before- they have good hearts but sometimes the facts are a little messy...It happens & people should know that before adopting advice into their own alternative programs...Check...?Love & hugs, Sari"

Note:Another puzzling " fact" about the Weil Cornell study- they say they lowered Ceruloplasmin levels with the Molybdenum drug...But Molybdenum drugs are used for Wilson's disease which is opposite to Cancer...This makes no sense...If molybdenum lowers Copper to treat Wilson's, then how could it lower Ceruloplasmin levels if Ceruloplasmin is a Copper BINDER (which means Phosphorus or Estrogen or cheese soy yogurt & Salmonella typhi bacterium in the real world???) Lowering Ceruloplasmin means raising Copper...The study has so many flaws in it, please be advised...

Article:Sari Grove(in response to a new study about Copper & cancers...)

I wouldn't jump on the anti-Copper bandwagon too quickly...Copper has been a mainstay of regular chemo in allopathic medicine...Copper has been an integral part of Chinese medicine anticancer protocols in the form of Licorice root & Ginkgo Biloba...Coffee enemas, another Copper are a huge part of Gerson therapy...Wheatgrass, Chromium, & Green tea, are all big parts of Alternative medicine's Copper arsenal...Copper antagonizes Phosphorus which is the key differential between malignant & benign tumours...Also, the supposed " anti-Copper" drug they are using is not really a true Copper antagonist...Molybdenum is what you find in Navy beans & other pulses, that is what the drug is extracted from...Adding a Molybdenum drug is more like eating piles of beans...Which has been shown to increase longevity in cultures where people live to over 100 years of age...So the Molybdenum may be providing a different benefit...They use Molybdenum in cases of excess Copper like Wilson's disease, but it is not chemically really anti-Copper...This whole anti-Copper thing is very misleading...I'd be careful...

Sari Grove

My own research breakthrough was to take Copper...I chose Licorice root for my Copper because it absorbs well, is easy to get, is affordable, & side effects were already documented...Plus there was a long history of its use in anticancer medicine in China...My research showed that the Licorice root causes phenotypic reversion, reverting cancer cells back to normal cells...I could see it happening as malignant Phosphorus cells retreated in my pictures...I based my life on this theory...I avoided lumpectomy & all other conventional treatment because of my discovery... I took Licorice root(Copper) for over a year...I did other things too, but my fear of spread stopped when I understood its mechanism...It saved my life...I am now stable with a lump that is stable &

am healthier than I have ever been...That's why I am so scared of these new anti-copper studies coming from a few people in Arizona...Copper can save lives from malignancy & spread...Not to mention, isolating certain Cancers ' saying those people should do the opposite just created more fear & confusion...The whole triple negative versus triple positive should not be an opposing game...I feel confusion & contradictory studies only serve to sell more things that don't work & yet doctors, hospitals, pharmaceutical companies & even alternative practitioners & supplement sellers still get paid...I keep finding studies saying Licorice root & dong quai & Ginkgo biloba are all estrogenic which is completely the opposite of true...It's like they want to discredit all of Chinese medicine specifically...Is it because Chinese medicine is so cheap? I remind people that coffee enemas are full of Copper & that is great medicine...Salmonella typhi bacterium which feed on Phosphorus die from Copper...If you look at malignant breast tumours under a powerful microscope & compare them to salmonella images you will notice a startling similarity...They die from Coppers...It is very pervasive...?

<http://www.sciencedaily.com/releases/2015/03/150302071134.htm> A Copper molecule that binds Phosphates is stopping Cancer spread in Germany...

If you type in the words: "glycyrrhizin phenotypic reversion" , you will see a myriad of studies showing how Licorice root(glycyrrhizin is its chemical name) induces " phenotypic reversion"(cancer cells revert back to normal cells)...

Question: "But I read Licorice was estrogenic?"

Yes, I have seen the newer press about Licorice root...Very unusual actually because of the copious studies & clinical trials saying Glycyrrhizin (the active ingredient in Licorice root) is not only anti-estrogenic but extremely anti-cancer...Chinese medicine uses Licorice root extensively against cancer & has for centuries...It is interesting to me to see how both Licorice root & Ginkgo Biloba, both very inexpensive Chinese herbal medicines, have been casually vilified, when they are so incredibly useful & powerful against cancer...New studies are also vilifying Copper, which has been a very successful component of chemo...I posted this because these are subjects that have been the subject of confusing internet articles, & my own research has shown bias in favour of this entire Copper family(green tea is also a Copper)...If you Google glycyrrhizin breast cancer for example, there is some better clarity about Licorice root, though it seems unfortunately also some bad information...The Copper family is all anti-estrogenic...Despite what you may read...Estrogens are Phosphorus...Like mold, yogurt, kefir & even the salmonella typhi bacteria gives a Phosphorus signature & loves to eat it too...Birth control drugs are a mix of Calcium & Phosphorus which these bugs love to feed on...In the old days, you put a Copper penny into your flower water to kill mold(Phosphorus)...People knew instinctively Copper killed mold...The new studies that say Coppers are bad, are by association saying Phosphorus then is good, that estrogens are good...It is so illogical but I see people are buying into it...Which is why I write about it copiously...I have been trying to provide some clarity into some of these tougher issues...Especially because I believe this

group has such powerful anti-spread abilities...Glycyrrhizin has been shown to induce phenotypic reversion where Cancer cells revert back to normal cells, benign...It is very powerful & I bet my life on it...In my pictures, I could see Phosphorus retreating as I took a Licorice root tincture...Phosphorous is the differential between benign & malignant, so this was important...I have seen the opposite studies on coffee, Licorice root, & Gingko biloba- but when I google more using their chemical or Latin names, I get the real studies...I am not sure, because I am not a conspiracy theorist, but it seems the whole list of Chinese medicines has been targeted...I notice in all my Facebook groups none of the Chinese herbs get mentioned...it is very very odd...Licorice root is Anti-estrogen...Anti...

Decaf coffee has a little bit of caffeine...The alkaline/acid recommendations while they are useful because they push people into eating healthier & get them interacting(the PH strips), are also at times contradictory...Common sense tells us that lemon juice is acidic, like coffee or green tea, but the alkaline diets recommends it...

Sari Grove

Yes, your delicious decaf coffee is helpful too...

Sari Grove

To add, for the Triple Negative people, Triple negative means that their problem is not **predominantly** influenced by estrogen, progesterone, or hydrogens- so Phosphorus(spleen), Calcium(adrenal gland, & well, Hydrogen(Liver)...But that doesn't mean they need to do the opposite of what the triple positive people do...The anti-Copper studies imply the triple negatives(or other aggressives), should be restraining Copper...Restraining Copper allows Phosphorus to bloom...That is like telling a Triple negative to eat cheese daily, to lower Copper...It is ludicrous when you put it in plain terms...When you hide it in clinical language though , people seem to buy it...I feel the segregation of Cancers into tiny unique sub- groups makes it so much easier to sell piles of drugs & supplements...It seems that all Cancers seem to respond to some very basic large categories...The obfuscation today in medicine & pharmacology seems a little nefarious...

From CancerTutor.com

"

* Copper

One of the colloidal minerals that has great potential for treating cancer. "In 1930, work in France indicated that injections of colloidal copper mobilized and expelled tumor tissue. Recent work with mice in the U.S. has shown that treatment of solid tumors with non-toxic doses of various organic complexes of copper markedly decreased tumor growth and metastasis and thus increased survival rate. **These copper complexes did not kill cancer cells but caused them to revert to normal cells.** Based on work in the treatment of cancers using copper complexes, researchers have found that these same complexes may prevent or retard the development of cancers in mice under conditions where cancers are expected to be induced."

Read More http://www.cancertutor.com/big_list/

My own books are free to download in many different formats from the publisher Smaswords...There are 8 so far...My specific journey into exploring breast cancer started about midway through Book 3 & at the end of Book 3, I discover how important Copper is(using Licorice root as my Copper choice)...Here are all the books <https://www.smashwords.com/profile/view/grove>

Sari Grove is an artist who developed something called The Grove Body Part Chart, in order to help Do It Yourselfers understand medicine better...The theory behind the chart is that each body part contains two elements that live together as opposites...One is called the Minus element which detoxes & cleanses, the other is called the Plus element that feeds & repairs...The strongest Plus element is Lead at +12...The strongest Minus element is Boron at -12...Gender refers to the Prostate Gland in men, & Skene's gland in women(the female prostate)...The Grove Health Science series of books(8 so far, 9 is in the works) are free to download from Smashwords(in several tiny formats), NoiseTrade, & from the GroveCanada.ca website...The new Grove Brain Part chart connects to the Body Part Chart...(Sari's dad was a neuro-ophthalmological surgeon, & Joseph Grove, also an artist & Sari's partner, is the grandson of an Oxford (military scholarship)war time physician)...

Corrected for Sugar

Grove Brain Part Chart connects to Body Part Chart

How to stop SPREAD(of Cancer)...

Are you taking anything in this family? Gingko biloba, green tea, Licorice root, Matcha, Yerba Mate, chromium, wheatgrass? This category specifically stops spread & can reduce the pressure...Green tea extract supplements work too...

Phosphorus signature in Visual Imaging...

Well the Salmonella Typhi bacterium likes to feed on Phosphorus, & also gives off a Phosphorus signature under SLIM microscopy(spectral light interference microscope)...So the mouse mammary tumour virus(seen in aggressive cancers like the triple negative types) giving off a choline(cholesterol), glutamate(gluten) signature would indicate that is its favorite foods...Since choline & glutamate overexpression(excess) occurs in the more aggressive cancers, lowering those 2 areas should be a priority, it seems...(to lower cholesterol/choline you need Titaniums like Boswellia...To lower Glutamates you need Carbons like coconut oil, or other oils like Flaxseed oil, or hemp oil, or baking soda-sodium biCARBONate...)

How do systemic imbalances occur? (It starts with a systemic imbalance, then you attract parasites/viruses/bacteria which like to feed on the excesses occurring in your body...The combination of excesses plus the parasite, is what we call cancer today...Which is why antiparasitics are key to eradicating cancer...)

Often imbalances occur decades earlier when someone took birth control pills briefly...They simmer as Calcium excess in the Adrenal Gland, & surface later as lumps & bumps as the Calcium biodegrades

Do It! Fearsome Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

down to Phosphorus in the Spleen...Truth is the appearance of lumps is usually the inner organs purging & pushing stuff to the surface...Nine times out of ten it seems there were birth control drugs early in life...They don't excrete...You have to do a heavy metal detox to get them out-ie: ginkgo biloba, vinpocetine, butcher's broom...The other contributing factor if no birth control drugs were taken seems to be high Calcium levels in the well water, or farm water supply...

Saponins:

Ah interesting...So the drug they use in the study about Copper is made from Molybdenum...Molybdenum is found in Navy Beans...Now Navy Beans also happen to be very high in Saponins...Saponins lower cholesterol...Cholesterol/ choline is implicated in excess in Triple negative & other aggressive breast cancers...So the true action of the Molybdenum drug may be to lower cholesterol...It is not really an anti-Copper drug per se, though they use it as such...Sort of like charcoal is used for poisoning but is not necessarily specifically That anti poison...True anti-Coppers are probiotics, cheese, yogurt, GABA, mold...

Other considerations:

Sari Grove(if you are sneaking milk)...

Throw in a sea vegetable dish like Arame(you get it dry, soak in water, pour off the liquid, sauté with some Braggs, some corn niblets, & some onions)...The high Iodine in the Arame will eat up the Calcium from the milk...

Sari Grove

Cilantro has massive Copper...In raw salad or something...

Sari Grove

Sesame seeds & cashews are very high in Manganese which lowers Iron...Iron is a basic component of both benign & malignant...They call it Oxalate...Flaxseeds too...

For those who think that Coffee enemas are the only way to go(as opposed to drinking it the regular way), here is an opposing viewpoint...(I'm not saying I agree, but just that I don't think drinking your coffee is wrong)...

<http://www.thepaleomom.com/2015/06/coffee-enemas-what-the-science-says-versus-what-you've-heard.html>

Corrected for Sugar

question:"But I heard Copper takes out Zinc?"

No...When I say no, I mean to explain my no with my Chart...There are 12 body parts on the Chart...(Gender is prostate gland in man or Skene's gland in woman)...

The entire vertical Minus element column Detoxes...The entire vertical Plus element column Feeds or

repairs...The Minuses reinforce each other...The Pluses reinforce each other...As you can see on the chart, both Copper & Zinc are Minus detox elements...One will enhance the other...

Only a Plus element will lower a Minus element & vice versa...In the Copper studies they are using a Molybdenum drug, a Plus element...It is not a true anti-Copper...But a Plus element will oppose a Minus element, though in that case not specifically...

To lower Copper you need a Phosphorus like Kefir, probiotics, mold, Salmonella bacteria-which is why I think the anti-Copper studies are ludicrous & anecdotal compared with the huge body of research that came before which has put Copper into almost every chemo drug on the planet...

Copper kills salmonella & other Phosphorus malignancy, which is at the root of almost every cancer...

It is a big deal...The Copper Zinc relationship you mention is something that also doesn't make sense if you put it into English...What it is saying is that if you drink orange Juice(Zinc) with a cup of Coffee(copper, that the orange juice will cancel out the coffee...That is just not true...The orange juice will perk you up & detox & the coffee will just intensify that & you may start to feel jittery from the actions of both detoxing at the same time...

If you want to lower Zinc you need a Lead like Vitamin A, Beta carotene, Carrot juice...They are true opposites...

Just like when people say CBD oil has no side effects, I keep my mouth shut...Because people don't want to hear that & I can't take the grief of their reactions...The point about Copper is really important though...Copper can save people's lives...Which is why the anti-Copper thing is really very very dangerous...

To add: About Copper & Zinc...Studies have shown that grapefruit (Zinc) extends caffeine effects(Copper)...Which confirms that Zinc enhanced Copper...(as opposed to some comments that Zinc interferes with Copper, which just doesn't make any sense...)

<http://news.bio-medicine.org/biology-news-2/Researchers-study-metabolic--cardiovascular-effects-of-caffeine-consumed-with-naringin-5114-1/>

Sari Grove

For example, a common Copper, Coffee, is found to reduce likelihood of having a " negative receptor type aggressive breast cancer"... So adding More Copper lowers your type from aggressive to normal...

<http://m.livescience.com/35682-coffee-protects-against-breast-cancer.html>

Coffee Protects Against Type of Breast Cancer

Women who drink five cups of coffee a day are 57 percent less likely to develop the cancer than women who drink less than a cup of coffee a day.

livescience.com ·

Sari Grove

Another Copper, Ginkgo Biloba, has also shown excellent anticancer properties for estrogen negative cancers ...Here is one study... Sari Grove

Another Copper, Ginkgo Biloba, has also shown excellent anticancer properties for estrogen negative cancers ...Here is one study...

http://www.researchgate.net/publication/234703043_Chemopreventive_effects_of_Ginkgo_biloba_extract_in_estrogen-negative_human_breast_cancer_cells

Chemopreventive effects of Ginkgo biloba extract in estrogen-negative human breast cancer cells

Excessive level of estrogen is considered as a main cause of breast cancer, therefore, many studies have focused on estrogen receptor (ER)-positive breast cancer, even though ER-negative cancer...

researchgate.net ·

Like · More · Just now_extract_in_estrogen-negative_human_breast_cancer_cells

Chemopreventive effects of Ginkgo biloba extract in estrogen-negative human breast cancer cells

Excessive level of estrogen is considered as a main cause of breast cancer, therefore, many studies have focused on estrogen receptor (ER)-positive breast cancer, even though ER-negative cancer...

researchgate.net ·

Just to add... Studies of Triple Negative cancers in African American women show that Tryptophan is over expressed in triple negative, much more than in triple positive less aggressive cancers... Tryptophan is an antagonist to Copper, meaning high Tryptophan will eat up all your Copper...Now in this same study they find that nicotinamide levels are also high? What does That mean? It means that you have to be careful when evaluating levels of things...Nicotinamide like Vitamin C or D3 antagonizes Lead & is anticancer...So high levels are contradictory...Unless we are seeing high activity which means there is very high Lead And very high Nicotinamide...The Lead is eating it...High Copper in triple negative might be indicating even Higher levels of Tryptophan, which eats Copper...

<http://cgj.iiarjournals.org/content/11/6/279.full>

Sari Grove

Triple Negatives have higher sugar, higher cholesterol, & higher blood pressure, as well as higher gluten levels...It's not that they are opposite to the Triple positives, it is just that when the traditional 3 foods are removed from the parasite's plate, the parasite still has sugar, cholesterol, gluten, & B12(raises blood pressure if in excess) to feed on... Triple negative does not actually mean zero estrogen progesterone or hydrogen, it just means Not Only...It is a case of where words are not explaining enough...

<http://www.hindawi.com/journals/ijbc/2012/809291/>

Metabolic Syndrome and Triple-Negative Breast Cancer: A New Paradigm

International Journal of Breast Cancer is a peer-reviewed, open access journal that publishes original research articles, review articles, and clinical studies related to all aspects of breast cancer.

hindawi.com ·

Sari Grove

Not to be a bore, but checking over the basics of this conversation , there is a basic premise that seems to be in question for me now more than ever...When looking through studies of Triple Negative cancer

chemistry, (I will link one of them at the end), I see Tryptophan S being over expressed in the Triple Negatives...Tryptophan, like Serotonin, is opposite to Dopamine which relates to Copper...Translation: High Tryptophan should mean low Copper...Which calls into question the studies that are asserting high Copper...It is paradoxical...How can you have one study say high tryptophan & another say high Copper? They are opposites...Or is it that both are high? Like saying someone who ate 14 hot dogs & 3 burgers & 5 pineapples had a high fruit diet? But neglected to mention the high B12 levels from the meat? I am saying that these new " triple negatives are high in copper & must have that restrained" studies are just that- studies...Not to mention that restraining Coppers could be life threatening...Considering in Germany they are coming out with a very high Copper drug for Triple negatives, this is all really just mud... Here's the high tryptophan (& more) study again...?Ok, I'm done...Sleep well! Hugs, Sari

<http://cgjournals.org/content/11/6/279.full>

My story:(Note, Licorice Root is a Copper)...

"...I studied SLIM pictures of benign & malignant(slim is spatial light interference microscopy)...The benign lumps are Calcium Oxalate (Oxalate means Iron)...Malignant are Calcium Phosphate...In the pictures I could see what Phosphate(Phosphorus- what they call Estrogen) look like...It looks like purple ants...In my own pictures, I could see purple ants too...(that was when I actually believed maybe what they were saying about me was true- up till then I thought I was misdiagnosed- that mine was benign)...The very first day after gulping 4 dropperfulls of the Licorice root tincture, I saw the purple ants were clearing- the centre was clearing & the edges still had some...It was then I knew I was going to be ok...3 days in, the lump was significantly clearer...But I continued taking various forms of Licorice root for over a year...To make sure I had eradicated every inch of Phosphorus purple ants from my body...My whole body, not just the lump...?"

My facebook post post in the Solitarius.org group...

"I found the mistake...Ceruloplasmin is high in Cancer...Which is a Copper binding agent...Which means that Ceruloplasmin is the Opposite of Copper...Which means that Copper levels are too low in Cancer patients...It is a massive mistake...Ceruloplasmin is low in Wilson's disease which is high Copper & opposite to Cancer patients...To add- the drug tetrathiomolybdenate failed several Cancer trials already...So many failures, the Swedish company won't release it further...It is a dud for Cancer, & the anti-Copper literature is all tied to promoting this dud drug...Including the material that says Cancer patients have high Copper levels...They have high Ceruloplasmin levels-I found the misinterpretation of the term Ceruloplasmin on the Jessica's Hope Facebook page...God knows where this mistake began...I recommend Ethan Evers book The Eden Prescription for all who need a great read about medical fiction that is becoming reality vis a vis what pharmaceutical companies will do to get better results from a clinical trial...To reiterate, Cancer including Triple Negative is characterized by High Ceruloplasmin levels, which means Low Copper...Which means, like I have said before, that people with Cancer need to raise Copper levels...The misinformation & misinterpretation of the word Ceruloplasmin seems to be key to the problem here...Or it is deliberate obfuscation to promote a dud drug that doesn't work...Either way, this is important to understand clearly..."

http://www.researchgate.net/publication/13710849_Serum_ceruloplasmin_as_a_diagnostic_marker_of_cancer

If we were to use serum Ceruloplasmin as a diagnostic marker for Cancer...(the link above explains a study where they did...)

Here are some of the Ceruloplasmin levels they found(you could ask your doctor for a ceruloplasmin blood test & compare your levels...)

Healthy Controls Male= 296 mg/l

healthy Controls Female = 346 mg/l

Patients male =460 mg/l

patients female = 440 mg/l

Cut off levels in men =358 mg/l (above that unhealthy)

cut off levels women= 383 mg/l (above that unhealthy)

lung cancer=469 mg/l

breast cancer= 407 mg/l

larynx cancer=466 mg/l

gastrointestinal cancer=546 mg/l

tumor grade= class 1= 404 mg/l

tumor grade class 2=423 mg/l

tumor grade class 3=581 mg/l

The study mentions that ceruloplasmin levels tend to be more markedly elevated in more advanced or aggressive cancers, but that even in moderate cancers or smaller tumors, ceruloplasmin levels will be elevated enough to notice...

Since Ceruloplasmin level blood tests are routine for Wilson's disease(it is opposite to cancer, low ceruloplasmin with high circulating copper levels in the body), your health insurance should cover this blood test for you-just explain it is a cancer marker-Higher than normal ceruloplasmin indicates possibly cancer...

Missing Parts: Where do body parts like the stomach, figure in on the Grove Body Part Chart? (ie: stomach tumour?)

by Sari - Monday, January 05, 2015

<http://grovecanada.ca/missing-parts-where-do-body-parts-like-the-stomach-figure-in-on-the-grove-body-part-chart-iestomach-tumour/>

The recent Mayor of Toronto, Rob Ford, has a tumour in his stomach...But where is the stomach on the Grove Body Part Chart?

Well, the stomach is a bag type area that processes stuff, food usually, down into your Colon...Like a sink, if the pipe below is blocked, the sink won't drain...If the pipe below the stomach isn't draining, a lump may show up in the stomach...But I would put a stomach lump into the Colon area of our Chart...

Meaning the excess Element is Bismuth(think charcoal), the element in lack is Fluorine(think Fluoride), & that handles the particulars of the location...

Since the lump has been deemed cancerous, then it also follows the rules particular to that chemistry...Cancers begin as a Calcium excess in the Adrenal Gland, & then progress to being a Phosphorus excess in the Spleen...

How did these excesses happen?

Well a Bismuth excess in the Colon could be triggered by eating a lot of barbecued foods with the charred black stuff gunking up your Colon...This could be exacerbated by flying in airplanes a lot, because the microwave type effect of sitting in an airplane causes whatever is in your stomach to cook into a hard lump of coal that is hard to pooh out...It gets stuck...

The excess Calcium in the Adrenal Gland can be caused by exposure to environments where that element is in excess...Strip clubs for instance have workers who are on high levels of birth control drugs which chemically are massive doses of Calcium...So strip clubs are a lair for Calcium excess, as are strippers & other prostitutes & sex trade workers...If the police or Mayor or other military personnel have to frequent these clubs as part of their job, this can cause an excess of Calcium biochemically...

Phosphorus excess can be triggered by Salmonella Typhi bacteria, which are a parasite that live on spoiled meat & other spoiled stuff...Phosphorus is also found in human ejaculate, cottage cheese, Probiotics, yogurt, drugs like Nexium for acid reflux, the snot that is up your nose, mold like the mold that lives in the grotto between your toilet tank & your toilet, mold on old yucky food...

What about in your brain?

In your brain, the Bismuth excess (of a stomach cancer) will make your Pineal Gland sleepy all the time...The excess calcium will make you slightly gender dysphoric affecting the Pituitary gland...The excess Phosphorus will make your Hypothalamus overfilled with Phosphorus which makes mold & can cause Parkinsonian symptoms, but also an overabundance of ejaculate(not in a good way)...

So what do you do?

[Human Machine works, & Rolling with the Tides, Breast Cancer Lump...](#) by Joseph & Sari Grove, Grove Canada, is our new Paperback book...

You get a step by step tutorial on how the Grove Body Part Chart works, & you get the How to get rid of a Breast Cancer lump protocol...Plus at the end of the book is a Google translate version of the book into French...

Now you may think that a Breast Cancer lump removal protocol is wrong for a stomach cancer lump...Not really...

The basic protocol for getting rid of Cancer is the same throughout the body....The main difference is that you target the body part involved directly...

So in the Stomach, add some Fluorine in your diet to attack the excess Bismuth...(see our Chart above to see which element antagonizes what in each body part...)

In the Breast, that falls into the Lung Lymph Node section, so you are adding Titaniums to your diet...

Now what about something on your knee? Like the stomach, it doesn't seem to be on the map...

Well the Knee is dominated by joints, tendons, things that are made in the Gallbladder...So a lump on your knee is related to an excess of Mercury in your Gallbladder, so add some Magnesium to your diet to antagonize that...Same as for Gallstones...Lavender contains Magnesium...Exercise increases Magnesium & decreases Mercury...Mercury builds tendons & joints so don't go crazy...Too much Magnesium & you get arthritis...

Our books have been published through Amazon Createspace, Amazon Kindle Direct Publishing, Smashwords, BookBaby, iTunes, Academia.edu, Infinite Monkeys-& on our SariGrove.com blog, our GroveCanada.com blog & a few other places...Some versions are free & some are not...We do not make a profit from any of our books, though making the world a better place to live is profit unto itself...

Mistakes I have found in my books...

by Sari - Sunday, April 05, 2015

<http://grovecanada.ca/mistakes-i-have-found-in-my-books/>

Correction Notice:I found a mistake that runs through all my books!!! Here it is...Anywhere you see the word "SULPHUR" please substitute the word "SUGAR" ...This is not a typographical error...This was me, looking for a molecule that represented sugar on the Periodic Table, & choosing to use Sulphur, because I knew it involved blood sugar, but somehow was blinded in my rush to build the chart, in my excitement, neglected to remember that Sulphur lowers blood sugar- exactly the opposite of what I said it does, in all my books...This is why Joseph's pet name for me is "Moron" ...It happens...I am, apparently, human...Please forgive me...(Someone once said: "Be careful of health books, you could die of a typo...")

what's in your flower pot dirt?

extreme close-up macro setting sony dsc-t100 Henrys Camera

Book 2 of the Grove Health Science series:

DIY Medicine:a Repair Manual...

The mistake is I said heroin was a Titanium drug...

Heroin is a Fluorine drug...Big difference...My bad, sorry...

I will update this Blog post as I find things that need to be corrected in the series, & then later, I will update the manuscripts in all the various places, one by one...

This could take some time...

In the meantime...Antidote Heroin with Indium, Melatonin, Bismuth, Ash, Charcoal things...(like a wood burning fire, coal...)

Ok corrected Book 2-Easter Sunday April 5th, 2015 6:42 pm...

In my book RepoWoman Book 6, I say Myrrh(Opoponax) is an Oxygen...It is actually a Selenium that lowers blood sulphur sugar levels in the PANCREAS...Oops my bad...

mogulgrove mp3 published by GroveCanada

by Sari - Tuesday, April 19, 2016

<http://grovecanada.ca/mogulgrove-mp3-published-by-grovecanada/>

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Molybdenum excess is a Syphillis type disease antidote with Boron like *Heroin...**

by Sari - Tuesday, April 19, 2016

<http://grovecanada.ca/?p=3105>

***Heroin is found airborne in strip clubs...

Boron is found in Borax like Borax 20 Mule Team (at Canadian Tire store on shelf at Yonge & Davenport location)

Radioactive seed localization, inserts radioactive seeds into Lymph nodes to check them (4)for malignancy (North York General is doing that now, first in the world maybe...or Canada at least)...p.s.reduces need for Lymphaedema! (swollen edema fluid gelly jelly in lymph nodes causes by High B12 reading MTHFR gene-formely called BRACA gene BRCA (challah borough haddah adonaoyi)r

Cher is Cherokee Indian type

Choksawa is crossbreed female Teep wigmwam joke insert here...

insert dad's song here..."i got syphillis"

snort Life brand sweetener art. up right nostril to right frontal lobe...left side of body...removes inhaled parasite crawled up my nose & died dormant went to sleep...

eucalyptus smell now...

Matrix of Holotsic Health Janina ward--holistic

Life...

More comprehensive Grove Body Part Chart, Blog in order of beginning to end...(2 pdf files)!

by Sari - Wednesday, February 11, 2015

<http://grovecanada.ca/more-comprehensive-grove-body-part-chart-blog-in-order-of-beginning-to-end-2-pdf-files/>

[grovebodypartchart more](#) this one is the chart with brain parts & valences(minus or plus)...

[book 9 manuscript 9, 22, 47](#) this is a blog book of grovecanada.ca here in not reverse order (of time) so first to last post...

If you have a cancer...(credit to scientist Brian Allen, Geelong, Australia)

Sari Grove

Date:

Wed, 4 Feb 2015 12:12 AM

If you have a cancer...

It is a sphere...

Heaviest metal in the middle...

Lightest metal on the outside...

So...

To dissolve the sphere, one must use the corresponding appropriate, female detoxifier...

Since we have added a 12 row to the grovebodypartchart, to account for 23 chromosomes (or 24), then we now have 12 body parts or organs, times two is 24 chromosomes, with each chromosome having a donation from the mother (minus element), & the father (plus element)...

So row 12 is called "Gender" & Minus element is Boron , Plus element Molybdenum ...

Molybdenum is an edible...

Boron is also edible...

Both are found on the shiny skin of green beans, albumen, Amniotic sac of a horse(Robert Vavra), & that shiny

Foggy coloured Sac you find lining the inside of an egg...

So if the lightest metal is molybdenum then dissolve that skin with something Boron first...

Continue with...

The lightest metal is at the Bottom of the chart...

The strongest female is at the bottom of the chart(think Stevie Nicks as Boron, or Wonder Woman as Boron)...

Then work your way Up the list/ chart, from bottom to top...

Then you are attacking the sphere/lump/cancer in the correct order...

The reason starting with IV Vitamin d didn't work exactly is because you are sending in your weakest female Zinc to attack your strongest male Lead Plomb Pb who is sitting in the middle of the prison, in the middle of the sphere, with guards all around...

Send your strongest female first, Your Boron, to attack the weakest male Molybdenum (the guy who played the lawyer on LA law Corbin Berenson)...

In marriage opposites attract...

A good marriage will cherish oppositeness...

The Valence of an element is whether it is Plus or Minus, Male or Female...

So begin your Cancer detox in this order...

Take or use or get or apply:

Boron 1

Fluorine 2

Magnesium 3

Copper 4

Iodine 5

Oxygen 6

Selenium 7

Carbon 8

Potassium 9

Titanium 10

Manganese 11

Zinc 12

Triplicates on the Periodic Table:

For example;

*(Salt)bismuth, mercury, silicon...

* salt is not one element actually it is made of Na salt +element & Chlorine Cl which is a minus - that rhymes with Fluorine & is a higher titration of such meaning same family but stronger...Like a son & a father...

Boron is found in borax(rhymes with the Lorax)! Also

Boric acid which I have heard you can drink in Geelong Australia but Should be diluted, like a lot ...(have not tried it need elf)? Sorry spell correct need elf should be "myself" ...

Hydrogen Peroxide(oxygen),

Carbon salt(Carbon & NaCl salt chlorine) ,

Essential oil in (nice smell)

Liquid dish soap (something normal)

All 3 together maybe equals Boron cause that is bleach & that is what people use a lot to clean clothes!

So theoretically Boron is bleach which is pretty dangerous to drink but people accidentally do all the time from overdoing it on laundry soap in the machine or dishwasher soap in the dishwasher(run a load with Tang to " heal" the burnt frayed rubber - Tang has Sulphur sugar which heals overuse of Bleach Boron)... If you have ingested bleach too much drink Tang...I like orange flavour best!

Note: In all detox there can be overdoing it...In that case, seek the Plus element of the Minus you overdid...

Overdosing licorice root copper causes severe emotional swings-Kefir is a Phosphate that counterbalances that...I needed 4 large hugs/jugs...(it's liquid yogurt)

Botox is calcium & phosphate & it sounds like the word buttocks...

More ways to dumb down a contemporary chemo French protocol in a natural way...IBC ideas

by Sari - Monday, July 13, 2015

<http://grovecanada.ca/more-ways-to-dumb-down-a-contemporary-chemo-french-protocol-in-a-natural-way-ibc-ideas/>

Apple cider vinegar for bones thyroid

Potassium hawthorn for heart medulla oblongata

Boron for Skene's gland corpus callosum

Sent from my iPhone

Begin forwarded message:

From: Sari Grove <sari@fastmail.fm>

Date: July 13, 2015 at 7:18:44 AM EDT

To: Joseph Grove <sari@fastmail.fm>

Subject: From the idea of :Yew plant taxus bush calcium cha

From the idea of :Yew plant taxus bush calcium channel blocker phytotherapy (more Iodine now internal)-use the herb, Madagascar Periwinkle

Cinchona bark quinine (selenium)-use pancreatic enzymes(garlic & papaya extracts in pill tablet form)

St. John's Wort (for Copper) for brain globus palladus

Licorice root (also for Copper body)-*tincture by St. Francis is good

Ginkgo Biloba for Copper as well

Apricot kernels derivative for Cyanidins Oxygen

Arsenicum Album 200C homeopathic Boron

Milk Thistle for Oxygen

For Herxheimer reaction to clear bug shells & anti-parasitic * Knowledge products Artemisia Combination or the ingredients therein...

(<https://knowledgeproducts.ca/store/Artemisia-Wormwood-Combination-200-Caps.html>)Wormwood, Quassia, Elecampane, Thyme, Selfheal, Blue Vervain, Tansy, Century, Black Walnut Leaves,

African Birdseye Pepper

For topical application to lump area: Saje <http://saje.ca/peppermint-halo-4314.html> Peppermint Halo (yes it is a headache remedy, yes, put it on the back of the spine at the top of the neck, but also directly on breast area & even over liver area topically-lovely sensation(also may be applied to any Lymph Nodes in body)...Eucalyptus is an Oxygen that cleans out the Liver...(tea tree oil & mint oil are Titaniums that clean out the Lungs & Lymph Nodes...) costs about \$30 including tax & is a small bottle & is worth every penny-get a friend to massage your neck after applying it...Or Franklin at Saje will oblige! (thanks Franklin)!

Eat your giant salad bowl for breakfast lunch & dinner: Get a giant family sized serving bowl, fill with Gai Lan(looks like leafs or Bok Choi), shredded broccoli carrot cabbage, apple cider vinegar careful it is strong, choose your favourite oil & use too much, 3 exotic mushroom species like shitake oyster & chanterelles, trail mix with dried cranberries, many many sundried dry tomatoes, snap peas, green apple sliced up more than one is nice, avocado avocado avocado...*For B12 you may need to add something like a tin of smoked mussels from the canned fish section(or you can take a B12 pill)...They are a bit weird(smoked mussels) so go for something more normal if that is too out there for you...Oh I forgot-add 3 types of beans no salt...

Morning picture of lump...Evening picture(after the delicious buffet at Whole Foods)!

by Sari - Saturday, July 04, 2015

<http://grovecanada.ca/morning-picture-of-lump-evening-pictureafter-the-delicious-buffet-at-whole-foods/>

[I have a way of taking pictures of the breast lump that shows chemistry & size...](#) Here is this morning's picture...

before the buffet

Later in the day, I was at Whole Foods market in Hazelton lanes & decided to get the lunch buffet...Joseph loves their brisket so I loaded up a carton with that & some mashed potatoes & some guacamole & some corn niblets & some green & black pitted olives & then a hunk of some sort of pasta with chicken in tomato sauce...Just a whole lotta delicious organic food...Came home & ate half of it myself...

So here's my lump picture for this evening...Notice the increased complexity of the chemistry...

In the morning it was just Calcium & Hydrogen with traces of iron...

This evening, there is Lead(could be from the mashed potatoes), Aluminum(cholesterol), Iron(from brisket), much more Hydrogen(from water)...Big difference! & I even went for a 10 km walk later!

Sigh...Well ok...Now that I look closer...The lump IS more complex due to all the food I ate...However...

Overall size is slightly **smaller** due to the 10 kilometre walk...(vertically the whole thing has less length to it)...

So exercise can reduce size, & food restraint can reduce complexity...

Here's what it looks like the next day after another 10 km walk & no food yet...

Moth Larvae as seen using NIDI (non Invasive Diagnostic Imaging)

by Sari - Monday, August 08, 2016

<http://grovecanada.ca/moth-larvae-as-seen-using-nidi-non-invasive-diagnostic-imaging/>

Here is 1)Left top-Moth Larvae 2)Top right-Moth Larvae in Pixlr.com/editor 3)Bottom left-Moth Larvae in Fotoflexer.com 4)Bottom right-Moth Larvae in Lunapic.com (These edit methods are called NIDI for non invasive diagnostic imaging-all use free online photo editors...The methods were designed by me, Sari Grove, to do my own diagnostic imaging...I began actually in iPhoto on a Mac computer (iMac snow leopard), & modified the methods to be more open source so others could do them too...

[See the NIDI page for more about NIDI...](#)

[More links to Nidi\(instructions\)](#)

[& here \(NIDI\) 17 minute Talk by Sari Grove](#)

MTHFR gene...BRCA gene...Aurum excess...Dormant but still alive...

by Sari - Tuesday, April 19, 2016

<http://grovecanada.ca/mthfr-gene-brca-gene-aurum-excess-dormant-but-still-alive/>

MTHFR gene...BRCA gene...Aurum excess...Dormant but still alive...

Up nose...

Inhaled...

Crawls up nose...

Can eat through Blood Brain Barrier in nose, like a Nose hymen(piece of skin up there...)

right nostril, to right brain, above right eyebrow, controls LEFT side of BODY...

Excess B12 Aurum GOLD COBALT Taurine powder "LOVE DROPS", Damiana herb gets to(travels along or grows) frontal lobe right side, Bach rescue remedy lozenges the "Star of Bethlehem" ingredient, fish, seafood(Uber Eats, SeaWitch, & others in seafood department-older fish restaurants have more B12)...

Antidote with Potassium family, since potassium based ART.Sweeteners KILL things, this is how you KILL an INTRUDER in your RIGHT FRONTAL lobe(LEAD side pronounced 'LED', not L.E.D. which is a lightbulb type with probable Led in it Pb Plomb on periodic table of elements)...

BUT, However...

The POTASSIUM based Life brand art. sweetener(I am an artists notwithstanding-hence "ART".), the , if, you, I, snorted the art. sweetener Life brand , up your right nostril, then...

It MOVED the B12 feeding basal cell thing, sperm, egg, whatever, lice, spermatazoa, egga zoate,...

down to the back of 'my' throat...

However it did not KILL it satisfactorily, because of the MUTABILITY of SPECIES...

It moved to somewhere ELSE using the POTassium inhaled to dislodge it...

It was identified as a B12 feeder after taking LOVE DROPS (Damiana B12 active ingredient one of), & feeling it move inwards, deeper , into frontal right lobe area, where head was smashed in...

Thus we knew it could be killed or moved maybe with Potassium, "K" on periodic table...

So posit the snorting up nose to kill it...

So it did come back down nostril & ended up in back of throat-should have spit it out!(but swallowed it instead)...Sorry...

Too fast for me...(No spittoons either!)Interior designer needed hurry!

***ashtrays into spittoons!

Now...Is it killed or is it mutating into another realm? Back of throat?

Derek Zoolander , changes clothing but is the same creature in his Calendar...

A thing is the same thing but changes clothing depending on what the environment, location gives him or her or it...

Blood in stool, even microscopic amounts (occult test is blood from bum)...Can indicate someone is eating at your bum...

But really it might be somebody eating at your Prostate gland or your Skene's gland which is in the Vagina or Penis area of a person-eating through to the back area into your bum area otherwise called COLON area...

If so, then stop eating so much beans there may be bugs in them that you didn't see...

Like the Blackeyed peas...Is that a Blackeyed pea or is it a dead bug from the ground exploded & eaten by the Pea?

Either way peas could be dangerous to you unless you look closely inside them...

A microscope is just a looking glass ("Alice through the Looking Glass" is a book)...

a MAgnifying glass...

Glasses are Magnifying glasses too!

(The Myth of Sisyphus)-He walks up a mountain with a rock, the rock falls down the other side, He starts again back up the hill...Eventually the hill is smaller...Now they call it "Bandwidth" McGill University 1989 with D.M. ...

"She's a brick house" song New Jersey(Princeton)...Davison Inventions, Inventionland, Brooke Shields, Token-ism...My place...American & Canadian ARE different a bit...A lot!

Large cup=Higher blood pressure=High Aurum levels, so, prepare with Potassiums if need be, if not feeling well, or especially difficult...(um, like, not feeling well, cancer)...

MTHFR gene...High Blood pressure & high B12 levels...Increased risk of cancer...The Logic...

by Sari - Tuesday, March 29, 2016

<http://grovecanada.ca/mthfr-gene-high-blood-pressure-high-b12-levels-increased-risk-of-cancer-the-logic/>

Summary(from a comment I made in one of my Facebook groups, about MTHFR gene): I'll try to sum up what I have observed into something short form...

As background:People send me pictures to edit for them sometimes-I developed two ways to examine a lump or the area where a lump was or really just any picture of a trouble spot on the body, my editing methods look at biochemistry & malignancy...

There are instructions for how to do this yourself on my site for free, but many people just opt to have me edit for them...

So when I say I observed, it is from contact with real people one by one...Ok so...

The people I have encountered with the MTHFR gene all have extremely high b12 levels...I know that...High B12 levels are associated with high blood pressure...I know that too...The same people with the MTHFR gene are all people with more aggressive type cancers-triple negative, inflammatory, ulcerating tumours...

Ok...I also know that triple negative for instance is often associated to basal cell cancers...I know that basal cell cancers feed on B12...

Ok...So this is how I put it all together...

I am not working from outside sources...I am working just from observation, my own theories, research to see if my ideas from observation might be true, & logical conclusions from my observations...I also happen to know that Graviola & Hawthorne are extremely useful for most people with cancer, & since they are Potassium based medicines that lower B12 & blood pressure, I have also come to the conclusion that lowering blood pressure is beneficial to those with cancer...None of my ideas are far fetched & most can be backed up one by one, if you follow the logical steps...

This is the best I can do for you right now at 10:45 pm at night...Sleep well...Maybe in the morning I will have a blog post that has some studies you can read that cite some of the logical steps I took in formulating my opinions on this subject...

p.s. Just to add...Genes switch on & off all the time...They are not fixed...My feeling is that high B12, high blood pressure, switches on the MTHFR gene...Not that the gene "causes" things, but that leading a lifestyle of high blood pressure will switch that gene on, & changing that lifestyle will switch it off...This is the theory of Epigenetics...That we can go beyond genetics...That just because someone says you have a certain gene doesn't mean you cannot change it...Genes are not permanent...

The Logic:

We know that people with the MTHFR gene have extremely high B12 levels...We know that people with Hypertension(high blood pressure) also have extremely high B12 levels...We know that people with the MTHFR gene are at increased risk for Cancer...By these simple associations we can decide to treat those with the MTHFR gene with Potassiums that lower blood pressure & B12 levels...

Further...Triple negative cancers(more aggressive) are often associated with Basal cell cancers...Basal cell cancers like to feed on B12...

I have noticed that the women who have written to me to edit their pictures for them, the ones with the MTHFR gene, also have extremely high B12 levels...They also are in the group of the "more aggressive" cancers, either Triple negative or inflammatory or with ulcerating tumours...

Off topic slightly:***Anecdotally**, I have also noticed a size correlation with biochemistry-namely that the women who write me who have the largest breasts, also seem to have the highest B12 levels & blood pressure...Conversely the women with the smallest breasts, seem to have the lowest B12 levels & lowest blood pressure readings...(I am not sure if this is true across the board, just something interesting I have noticed over time...)*

Some studies...

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3523778/> The association of the MTHFR gene & Hypertension...Hypertension means high blood pressure...High blood pressure is characterized by High B12 levels, & low Potassium levels...(hence, to lower high blood pressure, use Potassiums like Graviola & Hawthorne...

<http://mthfr.net/the-integrative-approach-for-breast-cancer-prevention-mthfr-mutation-bigger-than-brca/2014/07/15/> MTHFR associated with increased risk of Cancer...

<http://www.cancer.ca/en/cancer-information/cancer-type/breast/breast-cancer/malignant-tumours/triple-negative-breast-cancer/?region=on> triple Negative cancers are often associated with Basal cell like cancers...

<http://www.ncbi.nlm.nih.gov/m/pubmed/26022245/> MTHFR gene associated with high blood pressure/hypertension...(which means Potassiums to lower blood pressure should be used- Graviola & Bawthorn berries for example, also Stevia)

My anticancer checklist...

by Sari - Thursday, April 02, 2015

<http://grovecanada.ca/my-anticancer-checklist/>

1. **Raw Plant based diet**
 2. **Walk 10 kilometres 3 times per week...(or walk 5 km 6 days a week)Try for a grand total of 30 km per week, however you split it up...Use the MOVES app from the iTunes store to track your walks automatically every time you carry your iPhone in your pocket...(no need to even tap ON it records when you move)...**
 3. **Quit sugar, quit glutens, quit dairy(& that includes yogurts & kefir & cheeses sorry), quit alcohol...**
 4. **Cheat on my protocol & any other you adopt-to give back autonomy to yourself & because you are a unique individual & these protocols tend to be set at highest possible standards-so cheating will always be somewhat necessary...For example: eat a little fish once in a while as a cheat on your raw plant based diet...**
 5. **If you can possibly get your medicine in food format first, herb format second, tincture format third, & pill format last...I put pill formats last because pills tend to land in your stomach & maybe carve a hole there instead of gently swarming into your body like an herb might, attacking where it needs to attack...Case in point: The herb Madagascar Periwinkle is just like Tamoxifen, but if you boil it & drink it as a tea or just eat the herb raw or slightly steamed it does a world of good all over your body...Tamoxifen which is the pill form of the herb can land & just carve lesions into your uterus...It is also easier to overdose when you take a pill...**
 6. **Licorice root tincture made by St. Francis (Copper)**
 7. **Madagascar Periwinkle herb, I get mine from Herbies Herbs online...(Iodine)**
 8. **Butcher's Broom capsules made by Natures Way(Oxygen)**
 9. **Boswellia(Titanium family) capsules made by AOR (I got mine from Noah's Natural Foods)**
 10. **Stop using whatever deodorant you are using...Replace that with this homemade salve that will have medicine embedded in it that will go into your Lymph Nodes...1 tablespoon organic corn starch, 1 tablespoon baking soda, 2-3 tablespoons organic vegetable glycerin...To this basic salve ADD the contents of 5 50,000 IU Vitamin D3 capsules(I got mine on Amazon-it's in the ZINC family on our Chart), & also add a generous pour of CLOVE essential oil(an anti-parasitic in the Titanium family)...You can also rub this salve on wherever your "lump/s" is/are...**
 11. **Bath in Epsom Salts(Magnesium)**
 12. **In the morning pour a shot of FLAX(Manganese) oil(Carbon) into a glass with some Apple Cider Vinegar(Zinc) for taste...Drink that fast...**
 13. **Use STEVIA(Potassium) as your sweetener in any hot drinks or whatever...(Note:If you have high blood pressure then add HAWTHORN, also a Potassium, to the things you put in your mouth daily)**
 14. **Use a very generous pour of whatever salad or cooking OIL(Carbon) you prefer into your daily salads or whatever...**
 15. **Eat raw garlic if you are able to(Selenium), or sprinkle a teaspoon of Cayenne(Selenium**
-

- family) Pepper into your soups or teas...Or take 1000 mg Garlic pills...Or take Lysine pills...Or take Selenium pills...These are all Selenium family like antibiotics or insulin or quinines...
16. Green tea(Copper)...I think regular teas & coffees are fine too since they are also Copper family, but some say they have chemicals in them...
 17. You can take Magnesium supplements internally if you tend to be high in Mercury, but please stop taking the Magnesium if you are poohing too much(hemorrhoids appear or anal bleeding), experiencing jaw pain or any other arthritic type pain...
 18. Fluorine is actually fine for an anticancer protocol(the fluoridation in your tap water), but it can interfere with sleep patterns...If you drink too much water & are getting too much Fluoride & cannot sleep then pop one or more MELATONIN pills...Don't go overboard on the Melatonin or your eyes will start to feel grungy or like there is stuff in them...If you tend to get the common cold or even pneumonia then cut back on water...Large amounts of water can flood your Liver preventing Oxygen from doing its work...Cancer hates Oxygen, so don't drown your Liver...You need loads of extra Oxygen to get rid of cancers...
 19. Boron supplement...If you can get Boron through your food do that also...
 20. VegaOne sugar free energizer powder contains Ginger & Turmeric...Or just boil some ginger root slices & drink that...Add some Turmeric to your diet...Both are in the Zinc family on the Grove Body Part Chart...
 21. [Join our Facebook Group DIY Cancer Repair Manual](#)
-

My left eye shows the breast lump! My right eye shows Liver, Gallbladder wow & more!(Iridology, Do it yourself day)

by Sari - Friday, February 19, 2016

<http://grovecanada.ca/my-left-eye-shows-the-breast-lumpiridology-do-it-yourself-day/>

<http://paleoedge.com/how-nutrition-can-help-concussions/#comment-17022> Nutrition post-concussion...Dr. Daniel Amen mentioned...(Spect scan fame)

My number one recommendation for post-concussion recovery is Taurine powder...

Concussion raises Potassium levels in the medulla Oblongata & the Heart in a dangerous way which can affect the heart...

In the hospital, immediate supplementation of Taurine powder in juice(it is tasteless), can prevent heart failure...

Taurine acts like B12 which raises the dangerously low levels of blood pressure that high potassium causes...

Potassium & B12(Aurum Au) are opposites...

The Grove Brain Part Chart can be seen on our website...

at grovecanada.ca

Grove Health Science(9 books now) can be read free on the site...

We are artists who are re-writing medicine to improve comprehension for those who are looking to DIY...

Background:

I was punched in the right eye in January, by a police officer...

He had handcuffed my right wrist, & the cuff was cutting off all circulation to my hand, my heart, my arm...

When I realized he was trying to hurt me, & that my life was in danger, I flailed...

Another police officer was on top of me, as I lay on the ground...

When I flailed with my left leg, that is when the crazy man punched me as hard as he could in the right eye...

I was in St. Joseph's hospital for 3 weeks...

This began because there is a traffic sign on my mother's street that says no traffic between 7 am & 9 am in the morning...

One would assume that local traffic was excepted, because then how would you leave your own home to go to work if you couldn't use your own road between 7-9 am?

Usually there is a secondary sign saying "Local Traffic allowed or excepted" somewhere else...I know this law...

So when I saw an insane policeman standing in the middle of my mother's street stopping non-local traffic, I knew I was legally allowed to be driving there...

I also did not feel like being stopped on my way downtown...

So I put the car in reverse, & reversed into my neighbour's driveway...

However...

When the cops saw that, they decided I was an escaped convict or something, went into high adrenaline mode, & set out to hunt me down & capture me...

They jumped in their vehicle & sped two chevrons(like 20 feet) in the shortest most ridiculous display of men with badges & too many weapons at their disposal...

"Escaped Convict" obviously, must be trapped...

One officer exited his vehicle in a hurry & proceeded to shout through the window of my car...(Toyota Matrix, Sundance Metallic, nice car, mine)...

What I saw was a crazy angry adrenaline pumped man with weapons screaming at me to open my window...

I have been taught not to open my vehicle window if my life is in danger...Mum taught me that...

I said no I am not going to open my window...

He was so agitated...He obviously thought I was a dangerous criminal...

The other one came over to the other side of the car, now I was surrounded...He played good cop...

"Ma'am..." open your window...They seemed fixated on that goal...I pressed the slide down a bit button & the window on the far side, passenger side, went down a bit...

I realized my mistake as good cop poked his head in...Now they could get to me...

I decided to run to my neighbour's front door, ring the doorbell, & knock to get help...

I did, & shouted loud:"help, help"...

I was being harassed by two policemen, & I wanted witnesses & assistance...

But my neighbour's were in Florida of course, it was still winter, & my shouts out to Eglinton went empty into the cold windy air...

Good cop went to touch me, to grab me physically...You see they saw wealthy homes, & they thought I was trespassing...They didn't know I was local, that I knew this neighbour's family since I was a baby, & that my mother lived on the same street...

I screamed : "Don't touch me" as he continued to approach...As he approached closer I screamed : "Rape" at the top of my lungs, to try & attract some attention from passerby...

Not a blink from the dark haired Spanish looking lady who crossed the street, pretending to mind her own business-not wanting to get involved...Gee...Thanks, ma'am...

Good cop grabs me, & now he wants my keys:"Give me your keys" ...My keys, why do you want my keys? Give me your keys...

He grabs my hand & squeezes hard on the outside to crush my hand so my keys will fall out...I go a little blind with pain, & there is a moment where the crushing of my hand compresses the key chain into the palm of my hand & hurts a nerve there, & I release on to the ground...

Keys go flying actually...

Then he handcuffs my right wrist...Obviously I have to be arrested or something for being a good legal citizen...

Crosses my mind this is either terrorism, police corruption, police brutality, just two insane guys trying to hurt a woman, misogyny, abuse of power...

Turns out they get a hundred bucks for every car they pull over that drives between 7-9 am...A hundred bucks...They were doing all of this in the hopes of getting a hundred bucks from me...

Apparently, though my Mum was always legal, they had been stopping her for years & extracting a hundred dollars from her each time...

She just paid...Used to the abuse...

Anyways...Handcuff was too small for my wrist...Left leg of mine tried to maybe , oh could it possibly my knee could bend the wrong way & kick him in the head? No, knees don't go that way, unfortunately I could not get myself free nor kick him in the head, nothing...

But the act of trying brought the punch, hard, out for blood...

This guy was out to kill...Nutso...

I smelled slightly marijuana from good cop...Maybe ecstasy or some other recreational drug on second cop...

Were they high? It was morning...Had they done a shift at a strip bar the next before? Had they been drugged?

15 or so more officers arrived at the "scene"...I yelled when they were asking for assistance for a female officer through their walkie talkie...

One out of the 15 did show up & rifled my purse...They found I was totally legal, had all my right cards & such, & they had done this to a good honest citizen...

Female officer told them they had to take me to a hospital when they saw my eye... was already swelling up like the elephant man...

In the police car I saw them deleting files...Was this video? They were driving & doing stuff on their computer screen...It was old & not very sophisticated...

The camera was turned off in the back seat so no records of the damage to my eye I guess for their superiors to see...

They were erasing the incident...

I heard them when they were putting left handcuff on trying to agree what had happened...Good cop(the one who punched me, & who was really violent)kept saying to bad cop(the one who stands in middle of the road pulling over cars)what the "story" was...They were already trying to cover their tracks, to get their story straight...

He said:"Ok, this is what happened" ...He knew already he was wrong...

Bad cop would not agree...he just looked at good cop, like, man, you just handcuffed & punched this girl...I am on top of her, missionary position...

This is wrong...

Good cop was white irish looking...Bad cop was Indian, beige orange complexion...

They did not say a word to me in the police car, & took me into the hospital emergency ward, where the people there had no idea what had happened...

Lady comes in with a severely damaged eye...In handcuffs...With policemen...

Did I look like a criminal? No...I think they knew the criminals were the cops...

But nobody asked...if a child comes in beat up, & a parent is there, who looks violent...Don't they wonder if the parent had done it?

I wonder why the hospital did not question the damage to my eye vis a vis the presence of two police officers...

Or does OHIP not pay for them to think...?(Ohip is the socialized medicine program in the province of Ontario where I live in Canada...)

I was given a CT scan for my eye, & an X-ray for a possible fracture to my wrist...

Then I spent 3 weeks in the hospital...

No charges, no contact from the police, no apology, no explanation, nothing...Nada...

They beat me up & left...

Division 13, Toronto...

How lovely...beat a lady up & no apology...It's a Jian Ghomeshi story(well known Canadian who beats women up for pleasure(during sex he likes to choke & hit them) & the courts just let him go free no punishment)...

Long story short, that is why the sclera(the whites) of my eye is so red in the picture below...I took these pictures after I got out of the hospital...

Blood vessels were still burst in places...

Two cords behind my eye had been detached, the ones that hold the eye in place, the tendons or cartilage...Lifting my eye to look up was a problem for me when I was examined by an ophthalmologist in hospital...

When I got home from hospital, when I got up to pee in the mornings, I was walking into the right wall a bit...Nauseous & a little dizzy...

Great, I had a slight concussion...

I tucked in, got some supplements, B12, Taurine powder, best multivitamin I could buy, & started ordering delicious foods from Uber eats every night to boost my system...

Taurine & b12 are for concussion...

if you have had any cancer, be careful with B12/taurine though, it can be dangerous...

I slept alot & ate food mostly...

Thank you Uber eats...Grocery shopping & cooking was too much...

Ok...That is why I am looking at eye charts now...

Iridology...

More about that below...

Sari Grove, Saturday April 9, 2016 9:14 am

My right eye showed blockages in several places...(I will be detoxing those areas again!!!)

http://herbalpicnic.blogspot.ca/p/iridology_15.htmlThis link shows both right & left eye charts...

after 5 minutes of looking at the chart & my left eye picture...

I was reading about Iridology, the study of the Iris...

Out of curiosity I downloaded a left eye chart & took a picture of my left eye...

The brown spots in my left eye line up wow exactly with my own body's troublesome areas...

Note the brown spot in the breast area of my eye in particular...That is the first thing I noticed...

(That is where my lump is...)

Neat!

(there is an iridology group on Facebook by the way, & many resources online...)

left eye

left iridology chart

<http://altered-states.net/barry/newsletter407/> I have borrowed the left eye iridology chart from this website...(Dear Iridology expert-if this is wrong of me to have used your chart please notify me & I will take it down from this post immediately & accept my sincere apologies...)

Update on Saturday April 9th, 2016:

Left

right

My research told me that Licorice root stops & reverses the spread aspect of cancer...

by Sari - Monday, June 22, 2015

<http://grovecanada.ca/my-research-told-me-that-licorice-root-stops-reverses-the-spread-aspect-of-cancer/>

"Hi...In my studies I found that a benign tumour was calcium Oxalate(oxalate means iron)...A malignant tumour was Calcium Phosphate...So the main difference between benign & malignant was the Phosphorus...I knew that things with Copper destroy Phosphorus from my studies into Parkinson's disease-Parkinson's disease is just excess Phosphorus-so I had a head start with knowing to look for a Copper...On a hunch from my brother, I started looking into Licorice...I researched & found it was indeed a great way to get Copper into the body...I went to a health food store & the manager showed me St. Francis Licorice root tincture...[I had been taking my own pictures of my lump & editing them in such a way as I could see the size & chemistry...](#)I could see the Phosphorus itself...I knew what it looked like by comparing my photos to photos online of lumps under a microscope where you could see the Phosphorus...When I first took the Licorice root tincture I took about 4 dropperfuls...The next day I took another picture, edited it, & could see immediately the Phosphorus was clearing up...After that I continued buying the St. Francis licorice root tincture...Later I added licorice root tea...Then I bought licorice root the herb & was boiling it & drinking the strong tea...I also took licorice root capsules which are not expensive...For a while I was just swallowing the herb straight with some liquid...I did this for over a year...There are studies I found later that say the Licorice root causes Phenotypic reversion which means it reverses cancer cells back to normal cells...I feel it changes a lump from malignant back to benign...It doesn't change the size, but changes the chemistry to make it safe...You can live with a benign lump for the rest of your life...(Iodoral or any other source of Iodine will shrink the benign lump...)You can get St. Francis licorice root tincture I think pretty easily...Licorice root capsules seem to be easy to get too...The tea as well...It's up to you which format you take...Make sure it's strong & just keep taking it...Once I understood how it worked & started taking it my fear of spread went away...It was a wonderful thing...The licorice root itself looks like a twig...A stick...The tincture was the strongest format I could find...But at \$15-20 a bottle, it might get expensive over the long term...Depends on your budget...Ask at your local health food store-they should have many different formats, not expensive...My books & blog are free at <http://www.grovecanada.ca> & you can do a search for licorice to find posts or more about it from my own research..."

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

My response to a question about the components of tumours...(it became a speech about ethics or something, sigh)

by Sari - Sunday, July 12, 2015

<http://grovecanada.ca/my-response-to-a-question-about-the-components-of-tumours-it-became-a-speech-about-ethics-or-something-sigh/>

"I address the very most basic components...

Generally speaking progesterone birth control is a Calcium element...We are in the Adrenal Gland...

Calcium breaks down over time, using its friend & partner, Iodine, its opposite...

The next element on the chart, the next body part or organ, is the Spleen...

The broken down Calcium & Iodine flow into the Spleen, & now we have Phosphorus...

Excess Phosphorus, since the birth control drug has been added to the body in large quantity...

This Phosphorus can live in the Spleen, & will only break down if there is sufficient Copper to do so...

In the blood, up in the Thymus gland, we possibly have the female overly hungry, eating large amounts of meat for example, raising her Iron levels exponentially...

The progesterone birth control mimics a state of pregnancy, so the hunger is also forced by the drug...

Now, in the most simple terms, we have Calcium, Phosphorus, & Iron in excess...

This is all conjecture on my part...

However...

There is more...

While "on" birth control, sexual intercourse may occur with one's husband or partner...

There can be accidental fertilizations while on birth control drugs, that create some sort of ovarian cyst situation...

These cysts can detach, in particular, with things like Dr. Reckeweg's R38, & R39, formulations, which are designed for each ovary specifically...

The cysts detach, & fall out when urinating, approximately 48 hours after drinking the tinctures...

Now we have somewhat fertilized zygotes entering the toilet water, being flushed down, & entering our general water supply...

These are eggs that have accidentally met sperm, despite the presence of the birth control drug-so the embryo does not grow, however, there is something there...

When these things enter the water supply, one wonders, where do they go?

The parasite theory of cancer, Hulda Clark's, finishes off the puzzle...

But what are these parasites?

Do we now have in our ecosystem, microembryos, flailing about in our water, the product of marriage couplings, while on birth control drugs, then flushed out as cysts?

Which then appear as parasites under a microscope?

Are they parasites or are they our mistakes?

These parasites come back to us, bite in, seek a home shelter, driven by biology, & nestle in our breast tissue...

Then the body responds naturally with an outpouring of iron & calcium & Phosphorus to "breastfeed" its "child" ...

The thing we call malignancy...

Other tumours, from silicone implants or other invasive chemistries follow a more logical pattern that we can bear to speak about...

But the indignity of birth control drugs, mis-fertilizations, "cyst" removals, then later "parasite" infestations has been veiled in euphemism & embarrassment...

Hence the continuing "mystery" of this thing called cancer...

As the future arrives & women become more & more transparent, we will see better...

It is happening now...

Then we can finally heal...

I feel that as women enter the health care professions, & take leadership roles in other professions as well that were previously male dominant, we will be able to finally make decisions about our own health...

The vast majority of women have been contraceptized without really even knowing of the consequences...

The vast majority of male doctors who have prescribed these problematic drugs have not been held accountable for the atrocities women face today as a consequence..."

Here is the link to the study I used to source my information about standard breast cancer lump morphology...

benign-calcium oxalate(iron and calcium)

malignant-calcium phosphate(calcium iron & phosphorus)

so the distinction between the two is phosphorus, which I antagonize with copper- use licorice root as the copper...any format

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3223513/>

Tissue refractive index as a marker for disease...

Have a good morning, & a lovelier week!

re:

silicone breast implants with tumours hiding behind them eating the silicone-yes, silicone is something that gums up the gallbladder so I would detox with the magnesium family...)

Cheers,

Sari

Myasthenia Gravis & other excess Iron type syndromes...

by Sari - Tuesday, October 27, 2015

<http://grovecanada.ca/myasthenia-gravis-other-excess-iron-type-syndromes/>

Sari Grove: For a Myasthenia type predisposition, that manifests as excess Iron in the Thymus & blood...

Lowering Iron levels naturally involves any real world thing in the Manganese family...

This includes bloodroot, Mugwort herb, Moxa & Japanese Moxibustion therapy, Nutmeg, Opiates including Homeopathic Opium drops, Nuts & seeds in the diet, Flaxseeds & Flaxseed oil...

N. U. Barr...Artist...

by Sari - Friday, April 03, 2015

<http://grovecanada.ca/n-u-barr-artist-r-i-p-2006/>

The artist N. U. Barr went to the Rainbow Bridge in 2006...(Noubar Sabag)

He left behind 300 paintings in oil & watercolour...

Watch a short (2 minute) selection of beautiful artworks by the artist N U Barr...

[Visit the Shop page to see more beautiful artworks by artist Noubar Sabag...](#)

SABAG o@ca.on.york_county.toronto.globe_and_mail 2006-11-01 published

SABAG, O. Nubar

The Sabag family is saddened to announce the passing of Nubar SABAG on Monday, October 30, 2006, after a severe stroke. Nubar was born in Aleppo on November 29, 1920. An avid lover of music and an internationally renowned artist, he captured life, texture and colour in over one thousand paintings during his lifetime. With many awards to his credit, his prize-winning works have been displayed in museums such as the Hermitage and the Sao Paulo Museum of Modern Art. A wonderful husband, caring father, joyful grandfather and a kind, patient, noble human being, Nubar will be dearly missed by family and many Friends. He is survived by his wife Ida, son Shahe, grand-daughter Kaya and daughter-in-law Janet. A memorial service will be held for Nubar at 2 p.m. on Friday, November 3, 2006, in the Chapel at the Trull Funeral Home and Cremation Centre, 2704 Yonge Street (5 blocks south of Lawrence), 416-488-1101. Private cremation to follow. In lieu of flowers, donations may be made "in memory of Nubar Sabag" to the Sunnybrook Foundation, 2075 Bayview Avenue, Toronto, M4N 3M5. The family thanks the Sunnybrook's Emergency Room and Intensive Care Unit staff for their kind support and compassionate care-giving.

<http://www.canadianheadstones.com/on/view.php?id=398530> **You may view a picture of the headstone at this link for Noubar O. Sabag...**

Nail fungus! Ew...

by Sari - Friday, June 03, 2016

<http://grovecanada.ca/nail-fungus-ew/>

Get some Liquid Vitamin D drops...

Drink the whole bottle in one shot...

Wait...

The toenails will start to grow in healthy again...

Cut all icky parts off...

Do not repeat until at least one whole week later , & if & only if, you think you need more...

A whole bottle is a very strong dosage & you Can overdose on Vitamin D!

So be careful...

P.s. Overdosing on Vitamin D can cause bipolar behaviour , manic, insomnia, spending too much money, talking too much...

p.p.s. If you do take too much D, antidote with Vitamin A...You will also need to take several to counteract the D...One or two won't be enough...Keep taking A until you slow back down again...

Also! <http://www.emtrix.ca> get the \$39.99 tube of Emtrix from the shelf at Shoppers Drug Mart- foot section...Several times a day, squirt a copious amount under the affected toenail(s) & on top too...Wear open toed sandals if you can while doing this...Trim off any growth as much as possible to remove the ick...

Emtrix works! It is worth every penny & buy a new tube of you run out!

Negatively Charged Hydrogen water, the Hunza people, & thoughts on cottage cheese...

by Sari - Monday, March 09, 2015

<http://grovecanada.ca/negatively-charged-hydrogen-water-the-hunsa-people-thoughts-on-cottage-cheese/>

Negatively Charged Hydrogen water,

was the thing that researchers discovered was the secret to,

the Hunza people,

living to 125 years old...

So they copied the elements in that water,

& turned it into a product you take while you drink water,

a pill,

& it makes that water have the same stuff in it as what the Hunza people drink...

So what does this mean in regards to our [Grove Body Part Chart?](#)

It means that the PLUS element HYDROGEN has a bunch of MINUS elements inside...

When I checked the ingredients quickly on the bottle a friend showed me,

I saw these Minus elements:

Zinc(in the form of Vitamin C)

Magnesium

Potassium

Sunflower Oil(which is Manganese & Carbon because sunflower seeds are a **Manganese & Oils are Carbons**)

So all those Minus elements on my chart made the normally positively charged Plus Element Hydrogen a **negatively charged Hydrogen...**

It was water with alot of Detox (minus elements detox)elements inside...

(Plus elements feed or nutritify)...

Oh, yes, & I forgot **Oxygen**, of course...

So that was neat hearing that story about the **Hunza** people & finding out that **Valences & electrons in normal people language also can sync up to my Grove Body Part Chart theorem...**

It is one thing to develop a theory, it is another to find out it really works!

Credit for the story goes to a person I met on my daily very far Nature walk...

Thanks Richard! (apologies for my brusque exit...It was a steep hill & you were not being superficial enough conversation-wise for climbing a hill...**Etiquette Note:When climbing a hill with a companion stick to light superficial conversation that does not involve religion or politics...**)

Note:Two negatively charged hydrogen water drink recipes that I drink are:

1)Take **Frankincense(Frankincense is a Titanium element on our chart)** resin ("Tears" they are called)...Put in a pitcher of water...Leave in fridge overnight...Drink the water the next day...(Nuke it & add Stevia(potassium), lemon(Zinc), cayenne pepper(selenium) for Frankincense tea)...

2)Get a bag of **Iris Powder**...It is an **Oxygen**...Blue Flag Iris is the name of the flower...Put a teaspoon in some water & stir...It doesn't really melt into the water, but you can still drink it that way...Iris powder helps to break up stones or hard things in the body...(like the famous stonebreaker "**Chanca Piedra**", **which is also an Oxygen...**)

3)Oh I have more than 2...Grind some **Apricot kernels(Oxygen)** in a hand grind coffee grinder...if you use a non-electric grinder then you get all that arm exercise grinding...Put your grinds into some orange juice(**Zinc & Hydrogen**)...drink that...(Apricot kernels are becoming a famous anti-cancer thing ever since a lady with breast cancer got rid of her tumours with 20-30 kernels a day...Combined with other things...But the kernels were key for her...)

(I also met Chris of DOGSLOVEWALKING.ca who had 2 self-confident white Westies, a warm & black & furry German Shepherd, & a smiling Bassenji in tow...)

The first lady dog walker I met we did not exchange names...But we did talk about airplanes & the ozone layer & what a nice day it was...(it really was)!(first above ZERO celsius day in a while for us all here in Toronto)! Oh & that with Global warming comes an equal & opposite reaction, Global Cooling...So it's really hot in France in summer, too hot, & then it's really freezing cold in Toronto...

Equal & Opposite reactions...We better patch up that Ozone layer before us canadians freeze to death up here!

& thoughts on cottage cheese...

Ok, [so in a recent post](#) I said I did not like the Budwig diet because of the presence of cottage cheese which is a Phosphorus & as such, an estrogen stimulator, or estrogenic...Also that most lumps are Calcium Phosphate & Cottage cheese is a Phosphorus so that is wrong...Also my lump got way bigger after eating some cottage cheese, so I knew it was wrong...

However...

[In a another post I wrote this morning early](#), I investigated Triple negative breast cancer(or any cancer for that matter) & what this triple negative thing means...

Now when I think about it, Johanna Budwig was doing her research in the 1950s before the current onset of all the birth control drugs turned into this Cancer plague thing we see today...Todays cancers for the most part are made of the same stuff birth control drugs are made of-Calcium & Phosphorus...Which is why eating a [Phosphorus like cottage cheese](#) is so wrong...

But back when Johanna Budwig was trying to fix Cancer, she wasn't looking at people with birth control drug problems...The whole Calcium Phosphate thing with Liver involvement we today...

She was looking at an earlier subset of Cancer...Those people who today get stuck in the [triple negative pile](#) which means their Cancer does not respond to normal chemo treatment that addresses the common cancers...

The triple negative people don't have Calcium, Phosphorus or Hydrogen to detox from in their tumors...(those are the 3 markers they look at)...

Those triple negative people have an excess, in an organ, but that excess is dominated by different elements...Maybe Iron which responds to Manganese(flaxseed oil)...Maybe Aluminum(cholesterol) which responds to Titanium(CBD oils)...Maybe Lead which responds to Zinc(like Vitamin C)...

Since the Budwig diet includes Flaxseed oil mixed in with Cottage cheese, as a regular thing, we can see the die is addressing people with:

High Iron:Flaxseed(Linseed to some) is a Manganese thing

High Nitrogen:The Oil in the Flaxseed oil is a Carbon

High Copper:The Cottage cheese addresses high Copper levels...

So the people she was seeing had excess Iron,

excess Nitrogen(glutens fall into Nitrogen like eating too much bread),

& unusually those people had high Copper, or why else would she include the Phosphorus cottage cheese...

Now, I did not live in Germany in the 1950s so I have no idea what people ate back then, but apparently it

was something that was high Iron, high Nitrogen, high Copper...

Maybe people ate meat, bread & coffee alot?

Long story short, I'd like to apologize for dissing the cottage cheese eaters...There are a myriad of people out there in this world & I do not know all of them...If their particular Cancer is not fed by Phosphorus, & they have high Copper levels, then the cottage cheese idea might work for them...I'd venture those are the Triple Negative people...

*if you aren't a triple negative then there is Phosphorus in your lump & I still lean towards avoiding cottage cheese, kefir, & Milk & yogurt & calcium & moldy places(phosphorus is mold) or things...

But I am more willing to have an open mind...

I know there are a few rare people with Wilson's disease(too much Copper), who got Liver cancer(Hydrogen excess)-so that is something I didn't think could happen...(it is VERY rare though...Rare enough to know that Copper is a great anti-cancer thing!!!)

Also...A totally benign lump is just usually Calcium Oxalate...No Phosphorus...So those people could maybe eat Phosphorus estrogenic cottage cheese with impunity!

Tuesday March 10, 2015 update to this post:

First, I re-thought how the numbers could go on the new improved Grove Body Part Chart:

Here is a pdf file you could download of it to keep for yourself...[New Grove Body Part Chart](#)

Here is how it looks:So...

I put the numbers for each element in a different way than before...Let me explain...

The MINUS elements get stronger as you go down the page...So ZINC is just a MINUS ONE or -1 strength, but if you go down to Boron at the bottom, the strongest Minus element on the Chart, it is a Minus 12, or -12...

Now the Plus elements are the opposite...LEAD is at the top of the page & is the STRONGEST PLUS element...So I gave Lead the biggest Plus number +12...As you get to the bottom of the page, the weakest Plus element is Molybdenum Mo, so I assigned that the number +1, a low number...

Remember: Each body part(there are 12 body parts on the chart) contains 2 elements that live together as opposites...

Which means that in each organ, there is a Minus element & a Plus element...

Now back to Cottage cheese with Flaxseed oil...

If cottage cheese is Phosphorus then the number for Phosphorus on the chart is +4

If Flaxseed oil is both Manganese for the Flaxseed, so the number -2, but also Carbon for the oil is -5,

Then cottage cheese with flaxseed oil would be: +4, -2, -5

If we add & subtract those numbers the total value we are left with is $+4 -2 -5 = -3$

So our morning Flaxseed Oil with Cottage cheese mixture might be MINUS THREE -3 in terms of the Valence of the energy...

Valence means is it detoxifying(a Minus number), or is it Feeding(a Plus number)...

So we are then DETOXING the body at a rate of MINUS 3

So that is actually pretty good...IF I HAVE ASSIGNED MY NUMBERS CORRECTLY ON THE GROVE BODY PART CHART...AND IF, THE COTTAGE CHEESE & THE FLAXSEED OIL ACT AS ONE UNIT, MEANING THEY ARE BLENDED TOGETHER SO WELL THAT THEY DO SERVE TO CANCEL EACH OTHER OUT, OTHERWISE THE COTTAGE CHEESE COULD FIND ONE SIDE OF YOUR TUMOR AND MAKE IT BIGGER, & THEN THE FLAXSEED OIL COULD CARVE INTO THE OTHER SIDE MAKING A DENT, THEN YOU HAVE GROWTH ON ONE SIDE & A HOLE ON THE OTHER...The problem with that is that growth, due to the cottage cheese landing by itself on one side of a tumor is dangerous-growth would be a straight PHOSPHORUS growth which is exactly what makes a tumour spread...

If we just ate the cottage cheese that is a Plus 5...

But the Flaxseed oil lowers that significantly...In fact it brings it to a MINUS Valence...

So maybe that is how the Budwig diet gets away with serving dairy...

I still think it's a dangerous proposition...As I still think any Kefir is dangerous too...Cheese, yogurt, milk, coconut milk(can be higher in calcium than cow milk), goat milk-all I consider dangerous when fighting cancer anywhere...

On the other hand, living dangerously is not something to be dismissed altogether!

Wabi Sabi is a Japanese principle in art of ephemerality, rust & decay...What that means is that laminating a hockey card might preserve it forever, but Wabi Sabi says don't do it because letting things biodegrade is a better choice, letting things wilt is better, decay is natural, Nature reclaims itself & let her, live & let live but also live & let die...(isn't that a James Bond movie title?)



Nest for a Trumpeter swan

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/nest-for-a-trumpeter-swan/>

Nest for a Trumpeter swan...

(I should mention, these were designed for freezing cold winter weather...The swans sit on the ice of Lake Ontario in the winter...This is because when they are land, people come by with their dogs & the swans get scared...So they backtrack to the ice & sleep there...

When I put some of my test nests down on the ground near the water, the nests get hard from the very low temperatures...So what appears to be a tripping hazard, is not actually...

The Sisal rope was an earlier prototype, I did switch to a water-resistant rope that I was able to knot at a much tighter weave...

Also, putting some hay on top of the nest is a nice luxury...

I also took some of the thick colourful plastic wild bird seed bags that were now empty, & knotted them together into a flat circle shape, & used that UNDER a swan nest...This made the whole thing warmer...

My biggest problem was human predators...Parks & recreation people coming by & deciding to "clean" up by throwing the nest into the garbage bin...

These people even destroy natural swan nests, which should be illegal, but when a government agency does something illegal they call that a "Permit" ...

It's like when ambulances or police cars speed, or the children of diplomat's kill somebody while drunk driving...It is all ok, because they work for the government...

Anywhoo...)

There is a how to on Instructables (see GroveCanada there)...

<http://www.instructables.com/id/How-to-make-a-Trumpeter-Swan-Nest/>

Sisal rope prototype...

This one is water-resistant ropes at 750 feet in diameter 3/8 of an inch...(I made 8 different ones to get the design right...) About 43 to 48 inches in diameter...by Sari Grove, with help from swan fanatics...(also got help from Pepsi art grants)...

Newsletter Sign-Up

by Sari - Monday, March 09, 2015

<http://grovecanada.ca/newsletter-sign-up/>

[Sign up for our NEWSLETTER HERE](#)

(what you get is an email with the newest Blog Post in it & the one before it & just links to the previous few(the last 5)!

(It will say Artists Innovating in the Medical Arts & there will be a picture with the words Bridging the Gap between Art & medicine...)

[Here is an example of our very first "Newsletter"](#) (it's really just our blog posts, but organized in a nicer way maybe, collated with more posts to choose from, & bundled neatly to arrive in your email box instead of you having to come to my site(grovecanada.ca) to see what is happening...The new blog post will get sent at 4:00 am the morning after it appears on the blog...

I don't touch this list myself at all...It is all set up to be automatic so I won't be looking at your email address or name or particulars, or doing anything with them...I mean, they will exist in my MailChimp database, but I'm not going to use them...

NIDI (Non Invasive Diagnostic Imaging)

by Sari - Tuesday, June 28, 2016

<http://grovecanada.ca/nidi/>

<http://grovecanada.ca/wp-content/uploads/2016/06/Grove DIY Anticancer Manual -pdffiller.pdf>

NIDI (Non Invasive diagnostic imaging)3 audio files with instructions on how to do your own diagnostic imaging...by Sari Grove

by Sari - Thursday, August 25, 2016

<http://grovecanada.ca/nidi-non-invasive-diagnostic-imaging3-audio-files-with-instructions-on-how-to-do-your-own-diagnostic-imaging-by-sari-grove/>

Fotoflexer edit instructions in audio form...(Sari Grove talking, below)

(shows Lead(can be from red meat, vitamin a or heavy metal too), iron(from chicken, iron supplements, kale), Aluminum(cholesterol), Hydrogen(her2+-from liquids), Calcium/progesterone-from birth control drugs & Hormone replacement therapy-men are exposed from partner or mother or water supply...) Use this editor to track your biochemistry...**Correction: "I say click APPLY instead of click "DONE" (I just confused the word apply with Done no biggie)...**

Lunapic edit instructions(malignant or benign?)(Purple is Phosphorus/malignant usually...Key lime is Mercury)...Use this editor to track how you are killing the parasite called cancer...

Pixlr.com/editor instructions (red indicates usually edges of a mass or congestion-use this to track size changes...)

NIDI...Non invasive diagnostic imaging...Free...

by Sari - Monday, August 22, 2016

<http://grovecanada.ca/nidi-non-invasive-diagnostic-imaging-free/>

Here are 4 pics...1)An original photo taken by a person of their breast area(I shaded out the nipple just now for modesty)2)Fotoflexer edit shows 5 elements of biochemistry- Lead blue, Iron pink, Aluminum whitish, Hydrogen peach, Calcium yellow...Note- Calcium is a progesterone marker, Hydrogen is a Her2 marker(though a positive reading depends on quantity)...3)Lunapic looks for purple Phosphorus which is a cancer marker...Late stage cancers may show key lime which is a Mercury marker...4) Pixlr editor is used to track size changes- red is usually at edges of tumours...I call these edits " NIDI" for non invasive diagnostic imaging...I developed them for myself, but have been doing them for others too for over a year now...(all different cancers)...

NIDI=Non Invasive Diagnostic Imaging...created by Sari Grove, artist!

by Sari - Saturday, May 14, 2016

<http://grovecanada.ca/nidinon-invasive-diagnostic-imaging/>

Sari's Note: For those in a hurry, here are all 3 edits, Fotoflexer(for chemistry), Lunapic(to see cancer), Pixlr(size changes), in one video!

[YouTube Video](#)

Note:The Lunapic edit shown in the video is the mobile phone version of Lunapic...If you are on a desktop computer the edit will be easier...

In a hurry? Just use the take screenshot instructions for all 3 on your iPhone...Hold top button down, then press & release big circle button...Saves to your Photos library on iphone...

<http://grovecanada.ca/pixlr-com-to-track-size-of-a-lump-over-time-work-in-progress/>

- **NIDI=Non Invasive Diagnostic Imaging**

(video shows how to do the Lunapic edit to check for cancer in a lump on an iPhone!)

<http://grovecanada.ca/how-to-see-a-lump-in-your-breast-by-sari-grove/>This post explains the editing methods in more detail & how to interpret your results...

Note(on an iPhone)*Get a free Flash app from App Store , like Puffin...Then you can do fotoflexer on iPhone...Just enlarge screen when trying to move Hue & Saturation sliders...You can't slide on iPhone, so just tap where you want circle to go on slider to get it to slide...Not hard, just 4 steps, go slow...

Here are two ways at looking at a lump under the skin, or looking at where a lump was...

Bonus:You can run your MRI pictures or your CT scan pictures through just like a normal picture too...!

Fotoflexer looks at the chemistry of the area or the lump...(yes, you can also edit from ultrasound pictures & brain scans & MRI, & CT scans...)

Fotoflexer edit from a brain scan(it was black & white)

Lunapic tells you if there is Cancer present, where it is, & how much...

Lunapic edit from a brain scan...The faint purple areas are the cancer...

Fotoflexer is 4 steps...

Lunapic is 15 steps...

Take your picture very close up, in good light, & hold still...The better the picture, the closer, the better the results...

Here is the Fotoflexer edit in words:Pictures follow...

Upload your picture to fotoflexer.com

In Basics, choose Adjust...Move HUE slider to the Left, Move Saturation slider to the Right, click Done...

In Effects, click More at far top left to see more choices come up, look for HEAT MAP, click that, click APPLY...

In Effects look for COLOR ROTATE, click that, click APPLY...

DONE!

Upload to Fotoflexer.com then in Basics choose Adjust

Move HUE all the way to left, Move Saturation all the way to right...

In EFFECTS choose Heat Map(click MORE at top to see Heat map as a choice)

After Applying Heat map, go to COLOR ROTATE, click APPLY as well, then SAVE you are DONE!

This is the Fotoflexer edit to check for biochemistry...[Read DIY Cancer Repair Manual to figure out your results...](#)

Troubleshooting:If you are not getting decent results from doing the basic Fotoflexer edit, you may have **Lead poisoning**...The Lead blocks the editor from seeing under the skin...Do the edit again, but before you start, in Basics, Choose Contrast, & up the contrast a little bit so there is more light on the picture(it sees under the skin better this way)...Then follow the regular 4 steps...You may then show tons of Blue...This is Lead...You need to do a heavy metal chelation...(heavymetalsdefense.com is excellent)(also use ginkgo biloba, Vinpocetine, butchers broom- all three- to chelate)...(Prandin B powder from Canada helps too- or copy individual ingredients from that recipe yourself)...Eat Cilantro, Basil, & fruit, to lower Lead too...

Here are the in words instructions for the Lunapic edit that looks for malignancy...

Upload a picture to Lunapic.com

In ADJUST choose ADAPTIVE EQUALIZE, apply

In Adjust choose SHARPEN, slide all the way to the right, apply

In Adjust choose colour saturation, slide all the way to the right(or change number from 50 to 100 in little box)click SET SATURATION

In Adjust choose CONTRAST-Click the PLUS+ button 5 times in a row slowly(let it load before each click)

Now go to FILTERS...Choose Thermal Effect, apply

In Filters again choose HDR LIGHTING, apply

Now Back to ADJUST, choose Adjust LIGHT LEVELS-Slide all three bars to the LEFT(Contrast, Highlights, Shadows)

In Adjust again choose Adjust COLORS...Click on All three choices at bottom (swap red & green, blue & red, red & blue) click APPLY

Last step in Adjust choose NORMALIZE!

Any purple in picture is dangerous...Cancer...Phosphorus...

In FILTERS choose Thermal Effect, then HDR Lighting(steps 5 & 6)

SWAP all 3 colour choices in Adjust Colors(In ADJUST)...then APPLY

Last step! In ADJUST choose NORMALIZE...Purple indicates presence of Phosphorus Malignancy...

Visit this post to see TWO VIDEOS on how to do the edits on a desktop computer step by step!!!
<http://grovecanada.ca/two-ways-to-see-a-lump-under-the-skin-biochemistry-malignancy-imaging-do-it-yourself/>

Pixlr.com is an edit method to track size of a lump, tumour or mass...It also sees areas of congestion ...

Here is how to do Pixlr.com edits:

Go to Pixlr.com/editor

upload your picture

In Adjustment choose these 4 steps...

Invert

Solarize

Cross Process

Color Lookup (in Color Lookup choose the Last Color choice in the second row on the far right- click Ok when done)...

Extra: You can see different things in Pixlr, when you get to the last step called Color Lookup by clicking each different Color choice...Check it out to get an idea...The one I chose seemed to show the most, but flipping through the other Color choices gives you an idea of what is happening under the skin...

Comments:"Yes...Now that I have an iPhone that is up to date, I do many of the edits on it...If you download the free Puffin app from the iTunes store (on your iPhone), it allows you to go to flash websites...So you can do all 3 edits on the iPhone...To save the finished pictures, you hold down the top button on the phone, then press the round button at the bottom, it makes a clicking sound, & saves a screenshot of the whole screen...Photo goes into Photos library..." from Sari

No dairy, no colostrum, no milk, no yogurt(if you have cancer)...No GcMaf!

by Sari - Saturday, June 04, 2016

<http://grovecanada.ca/no-dairy-no-colostrum-no-milk-no-yogurt-if-you-have-cancer-no-gcmf/>

Many Swiss patients died after GcMaf injections(cancer patients)...The autistic children got severely worse...The FDA there shut them down because the facility was unhygienic & they were violating standards for making medicines...They charged \$7,000.00 to someone here in Canada, who got it from Japan- she had an immediate histamine reaction to it & resold it to someone else...I realize their gobbledygook sounds very intelligent, but please, people have had their tumours double in size from this stuff...Yogurt, cow breast milk, really? You all should know better...This is what cancer feeds on...Considering how many sick people were swindled out of their savings it is no wonder things have happened to those who made it , sold it, or recommended it...Dairy!!!! You have got to be kidding me!

Note:Any other supplements like 4LifeTransfer Factor which contains colostrum as well as eggs, are also a big NO!

p.s.& if you are eating cottage cheese or any other dairy, including as part of the Budwig diet...Please stop!!!

No-weld essence of Bee

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/no-weld-essence-of-bee/>

This was my first step in developing the no-weld armature concept...I don't use so much copper strapping anymore...You can see how the wings ended up flopping too in the finished piece...

- bee recipe
 - 2 parts white cement
 - 1 part aggregate
 - -the aggregate is aragonite sand plus alkaline resistant 3/4" glass fibres
 - -Latex adhesive milk liquid plus water in one part as well
 - I added Eco-House mineral silicate paint in blue to the mix for colour & underpainted a bee design on the body(stripey purple blue)
 - -the gold is real gold powder from Exclusive Paints on Chesswood(new location) mixed with more latex adhesive milk brushed on with an Herban Cowboy shaving brush (unused before) put on AL FRESCO not after...
 - The extra latex adhesive milk(Sutton Garden & Building Supply gave me extra strength) I over-added makes the bee move-it is more pliable than a regular 25% to 75% water mix, also more waterproof...
 -
 - But the wings do move or adjust to temperature differences, you will note the pictures look different...Hot weather can make cement crack due to dehydration & lack of "milk" in adequate proportion to climate severity...I put 50% milk instead of standard 1/4, 'cause Canada is fierce!
 - Winter March news: The bee is even stronger than before it likes its garden & is covered in dirt from spray, dog, & watering, as well as snow, from well, snowfall...
 - So the mix works & yay! (Dog likes "Essence of Bee" too)...
 -
 - Thanks to Nick Nicholson Ferrocement Instructor for teaching me that elegance can occur in cement! (ok, I dropped the Perlite from my recipe 'cause it makes it lighter in weight but also more fragile/less flexible...
 -
 - I also dropped the white silicate sand because though it makes it stronger it does make it heavier...
 -
 - Personally also the Perlite makes it look lumpy in texture & the white silica sand is a little boring to work with...Bees are not lumpy at the wing, & certainly not boring...Ok that is a value judgement...They are a little lumpy & boring sometimes, but that's ok!)
-

No-weld Knots & grapes

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/no-weld-knots-grapes/>

This grape is called "Semillon Grape with Noble Rot" ...This grape rots on the vine, & then the resulting sweetness left over in the very ripe grape, makes the great Sauterne wines...(think Chateau D'Yquem...)(My mother owns a wine agency called Lorac Wine inc. , Lorac is Carol backwards...)

[earlier try at the grape...This one came out too droopy. I was told by Joseph & my mother...!](#)

"Noble Rot" three sculptures in one...

No-weld magnetics prosthetic hand

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/no-weld-magnetics-prosthetic-hand/>

Some of the things that I did along the way of trying to make a left hand prosthetic...

In the beginning, before I put the Plasti-Dip rubber into the plastic tubing to hug around the mechanical aspect of the left hand...

Demo of the two finger prosthetic-video above...

first try at the left hand prosthetic

the wrist that supports the hand...(got covered in marble & made into a sculpture...both were too heavy)...
materials:armatures inside the marble...steel rods, bolts, copper strapping, aluminum mesh, copper wire, not welded but threaded instead! (Sari's idea)...

This time I am going to cover this armature in black Plasti-Dip, a flexible rubber coating that will still allow the joints to move...The point of this complex armature is that it bends at all the finger joints & at the wrist...I really don't know if I will be able to make prosthetics that can be usable, but I figure it doesn't hurt to try, right?

Sari's Homemade marble recipe: Circa 1850 powdered resin, Aragonite sand, 3/4" alkaline resistant glass fibres, water...On top of no-weld armature: 10-24 threaded steel rods, bolts, 1/2 inch copper strapping, wrap with aluminum screen mesh tied on with copper wire...Last step: patina al fresco with real gold powder & resin with water...Notes: I cooked the piece later in the oven on low, which made the marble set better...Warnings: wear a respirator when working, the glue fumes are headache...

(the gold one)It's made of homemade marble...On top of a no weld armature design that I came up with 'cause Joseph wouldn't let me weld...A gallerist broke the hand one day when she picked up the hand part (it's in 2 parts) & dropped it because she was surprised by the weight of it...The inside is heavy due to the steel rods & bolts & aluminum mesh screening...Also marble is heavy...But I left the break because it shows how an integral steel armature keeps marble from shattering...It is an important difference when a sculpture has an internal armature that is solid...lasts longer & is easier to fix when dropped...Covered in a real gold powder mixed with latex adhesive milk, brushed in al fresco (while marble was soft still)...It

Do It Yourself Medicine by artist Joseph & Sam Grove - <http://groveccanada.ca/>

also went into the oven at 300 degrees Fahrenheit for several visits...I found out, while trying to repair the crack, that cooking the marble turns it into sort of porcelain...So it seems that porcelain is really just cooked marble...Neat eh? (accidents always happen for a reason don't they? Never would have discovered this if the marble hadn't gotten dropped)...

Notes:Ok so Powdered resin means powdered glue...You can actually use liquid glue too...Liquid glue is way easier to find in stores! Aragonite sand is calcium carbonate sand-you get this at pet stores, I got mine from Petsmart in the reptile section...Aragonite is a form of marble, so Aragonite sand is basically marble dust...But buying a bag of marble dust is really not easy at all...So go to the fish reptile section of your pet store & look for calcium carbonate sand or aragonite sand...That is marble! The alkaline resistant glass fibres are another strange beast...You can find these either at a sculptor supply house or from a company that specializes in cement supplies...The cement guys have the 3/4 inch version...The sculptor suppliers will have shorter one likes 1/2 inch...The glass fibres really help your marble hold together better, even just while you are applying it...It really is worth finding...It makes your sculpture a million times stronger...

Material Choices: M---, that is a question I ask myself all the time...Myself, I started with traditional materials...My mother stuck me in a ceramics lab at a local Y when I was just a dumpling...

There were real potters there...I learned the feel of clay, how to turn something on a wheel, how to make patinas & how they turn out if you fire them...Clay is hard & you learn that many shapes are not practical...It slumps...Colour is hard to guess...But it is a good learning ground for touch...That stays with you...Years later I wanted to be more serious...

I got several large pieces of alabaster, I mean LARGE...I got a chisel & hammer & decided I was going to carve pieces of a human body, to be strewn all over an outdoor garden...Carving like that is very robust, very physical...But wow you have to sand things...Sanding takes like months...I didn't like the sanding part...Plus I was frustrated that arms & legs couldn't protrude-they break if they are not tight into the work...Some more years later a product called Winterstone came out...It is basically a concrete type powder you mix with water...You build like a frame, an armature, then put mesh on that, then cover that mesh with the Winterstone...It comes ready to go...It is nice...This was more flexible for me...But it got expensive & I thought maybe I could figure out how to make the powder myself...Found out they call this "Ferrocement" ...

There are books & groups you can join for Ferrocement...It is another "accepted" medium...I learned & designed my own custom mix, then I learned how to make an armature without welding...Then I decided to use my knowledge to make marble instead of cement...Cultured marble is also accepted...

But my husband thought my armatures were so cool he said I should leave them bare...No marble or cement...But I wanted colour so I started knotting coloured rope onto the frames...Which is sort of accepted as an art form, there are steel & nylon sculptures, but it is still a little out there...I am out on that limb right now, trying to decide whether I should go further with the rope & steel or whether it is too out there...In the meantime, I still have a homemade marble sculpture that for some reason I am covering parts of it with artificial grass & moss...

Do it Yourself Medicine by artists Joseph & Sam GROVE <http://sari Grove.com>

It is looking a bit now like those outdoor garden landscape sculptures-which are very chic right now- the ones with real grass & moss! So I am getting more ridiculous & less "accepted" in my media as I move forward...I think possibly this is how that progression works...I am actually careful about perceptions that way...

I like to be original but not so much that it is just weird...Polymer clay is really really cool to work with if you want to make prosthetics or miniatures...But yes, some artists are snobby about polymer- it is a niche group...Two part epoxies like Apoxie Sculpt are very much like Winterstone- a concrete type material...I love that stuff too! A little pricey for a large work ...Blowing glass is HARD...Wood is a niche too-I feel guilty about using wood so didn't really go there...Made a cheese board once...A lot of sanding too...Bronze is a million dollars...You work in wax then often someone else casts for you...Then artists snob out that you didn't pour the bronze yourself...
Read More about the Spare hand...

This is a thumb & index finger prototype...I am starting again, again...

New magnetic spare hand

A spare hand project, some of the prototypes...(for someone who is missing their left hand, born that way...

Thanks to Gwylm Owen @iliteratepoet on twitter for helping me come to the newer lighter more simplistic spare hand design...Gwylm spent many hours researching prosthetic hands for me, which helped me to coalesce the concepts...

[new magnetic spare hand version blog post](#)

<http://sari Grove.com/2013/02/11/sparrycarry-looking-for-a-name-for-a-prosthetic-hand-that-helps-you-to-carry-things-a-spare-hand/>

No-weld screen Daffodil

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/no-weld-screen-daffodil/>

***size 10-24 galvanized steel rods threaded, *same size bolts (*although one size up may be easier to thread), *1/2 inch copper strapping (comes in a box in the plumbing section of your hardware store)**

The secret to making a cool No-Weld armature...

The key is the copper strapping, it bends...

By inserting your rods into the holes in the strapping & bolting them in, you can make all sorts of cool shapes...

(My invention because Joseph wouldn't let me weld...)

<http://www.creationsculpture.co.uk/>

Creation Sculpture, Steve Blaylock...Here is an example of welded steel sculpture...Wonderful!

Noche de Muscado...Fritulli...Noix de Muscade...

by Sari - Thursday, April 16, 2015

<http://grovecanada.ca/noche-de-muscado-fritulli-noix-de-muscade/>

Nutmeg...

tiny walnut shaped filled doughnuts...

mmr means measles mumps rubella vaccine...

measles= kidney. With excess Nitrogen...shot will be Carbon...

mumps.= pancreas. With excess Sulphur. Vaccine will be Selenium...

rubella=chicken pox=shingles=herpes. Presents in Liver. Needle will contain Oxygen.

method of diagnoses -process of elimination...

Non Verbal learning disorder, the Corpus Callosum, & Boron increases Alpha wave brain activity...

by Sari - Thursday, July 02, 2015

<http://grovecanada.ca/non-verbal-learning-disorder-the-corpus-callosum-boron-increases-alpha-wave-brain-activity/>

The Corpus Callosum in people with non- verbal learning disorder displays extra material present...

-on my Grove Brain Body Part Chart, I label that as Molybdenum...

Since Molybdenum is antagonized by Boron, Boron should help people with

Non verbal learning disorders...

https://books.google.ca/books?id=Ar_QGUc2aCwC&pg=PA194&lpg=PA194&dq=boron+increased+alpha+brain+wavelengths&source=bl&ots=Nj9NGsf0GG&sig=GfLj3TYMMUd9sQk1NzSLISsHNpY&hl=en&sa=X&ei=HgOWVfaWAs_eoATFlpHQCO&ved=0CDUQ6AEwAg#v=onepage&q=boron%20increased%20alpha%20brain%20wavelengths&f=false

(about the link) Boron supplementation increases Alpha wave brain activity...

Here is a study that showed higher Molybdenum levels in people with Learning Disorders...

http://www.researchgate.net/profile/Taoufik_Zoubeidi/publication/256467487_Learning_disorder_and_blood_concentration_of_heavy_metals_in_the_United_Arab_Emirates/links/00b7d5269a493340d5000000.pdf

This study looked at Copper deficiency in sheep & cattle...They believe it is caused by Molybdenum in the fertilizers...High Molybdenum is linked to low Copper...Boron, which I mentioned earlier is an antagonist to Molybdenum is actually in the Copper family, but just way stronger...<https://www.agric.wa.gov.au/copper-deficiency-sheep-and-cattle>

Not comfortable with the Budwig diet, but who am I to judge?

by Sari - Wednesday, December 02, 2015

<http://grovecanada.ca/not-comfortable-with-the-budwig-diet-but-who-am-i-to-judge/>

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3257729/> An analysis of the Bill Henderson anticancer protocol which leans on the Budwig diet a bit...

Grove Body Part Chart

So Flaxseed Oil is a combination of two things: Flaxseed & Oil, which on our chart, would be, respectively, Manganese, & Carbon...

Manganese has a strength of Minus 2, & Carbon is Minus 5...

Minus means they are detox type elements...(Plus means they are repair type elements)...

Cottage Cheese is a Phosphorus primarily...Plus 4...

So if you eat Flaxseed oil mixed with cottage cheese, which is a component of the Budwig diet, then you are getting this formula: Manganese -2 Carbon -5 Cottage cheese Plus 4...

So your equation is $-2 -5 +4 = -3$ So the total contribution biochemically to your body is a detox value of Minus 3...

So eating flaxseed oil with cottage cheese actually detoxes you more than it feeds you!

So that is healthy...

However...

Most anticancer diets forbid any form of dairy, including calcium things & cheeses...

For good reason:the signature of malignancy is Phosphorus...(cancer creatures love to eat Phosphorus & also give off a Phosphorus signature if you are looking for them...[You can see this in our editing method here...](#))

Cottage cheese, theoretically, according to Dr. Budwig, changes biochemically when mixed with flaxseed oil...

That detox value of Minus 3(total) would be similar to just ingesting a Titanium(like hulled hemp seeds)...

But in practice, when examining photographs of people who have done the Budwig diet for years, shows

Phosphorus buildup...

If the cottage cheese is indeed changed by the flaxseed oil, we should not be seeing Phosphorus buildup in people doing the Budwig diet...

But we do...

Which says to me that the cottage cheese is still acting like cottage cheese in the body...

Which says to me that it is dangerous...

If salmonella typhi bacterium(typhus)(the most common thing that is just so ubiquitous & easy to ingest) love to eat Phosphorus...

If your body is full of Phosphorus(in your Spleen), Salmonella will more readily hop into your mouth...

Later they show up in scans & get called "Cancer"...

A 30 day antiparasitic cocktail like Humaworm (<http://www.humaworm.com>) may be enough to get rid of these parasites...

Maybe...

But if you are eating cottage cheese at the same time, that may take longer or be much much harder to do...

My two cents worth...

On the other hand, the rest of the diet(Budwig) seems nice...The Bill Henderson protocol seems nice too...

So maybe the use of cottage cheese is mitigated by the lack of other things like red meat or ice cream or doughnuts...

Trade offs...

nut midline carcinoma threadworm...14 year old boy

by Sari - Monday, September 05, 2016

<http://grovecanada.ca/nut-midline-carcinoma-threadworm-14-year-old-boy/>

[Sari Grove http://www.jto.org/article/S1556-0864\(15\)33047-1/pdf](http://www.jto.org/article/S1556-0864(15)33047-1/pdf) First I would read this & take notes...

[Sari Grove](#) how long ago did they diagnose?

[Sari Grove](#) Send me a picture of his right lung where the tumour is supposed to be...Or upload here...or email grove@sent.com Start him on liquid Kelp or any other iodine you have...If you have not already...(just got home from Ottawa, sorry, difficult trip...train...memorial reception...angst...)

[Sari Grove](#) Key points- squamous= Sugar...Start pancreatic enzymes immediately with raw garlic, cayenne pepper, black pepper, cruciferous vegetable diet, selenium...These are selenium family on my chart which lower blood sugar fast...Choose highest dosages that can be tolerated...To the point of hypoglycaemia...(then stop at that dosage)

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 11:38](#)

[Sari Grove](#) Sarcomas- Bismuth...Choose Moringa Oleifera powder (Fluorine family on chart)...Dose that also to oral tolerance...(in order to lower Bismuth aspect of tumour)...Liquids absorb faster than solids...

[Like](#) · [Reply](#) · [Yesterday at 11:40](#)

[Sari Grove](#) For Lymphoma aspect-Hydrogen family...Dose with Oxygens- Ground apricot kernels at 2 per 10 lbs of body weight...Hide in unsweetened applesauce (for taste)...(watch for overdose, back off dosage/ lower if side effects occur- headache usually)

[Like](#) · [Reply](#) · [Yesterday at 11:42](#)

[Sari Grove](#) For lung area- Aluminum (cholesterol aspect)...Dose with Titaniums...Cloves chew eat swallow(organic)...Burn Frankincense Tears in bedroom area for fume...This can be inhaled...Eat Basil, Mint, Oregano, in large amount...Eat hulled hemp seeds in large amount...White willow bark can be drunk as tea or as supplement...(precursor to aspirin)

[Like](#) · [Reply](#) · [Yesterday at 11:46](#)

[Sari Grove](#) Order Two Feathers black salve now from Rob Roy(over phone)...Begin him eating this salve several times a day, or blend into a smoothie(tastes good & minty) several times a day...Topical application optional depending on what Rob Roy advises...

[Like](#) · [Reply](#) · [Yesterday at 11:48](#)

[Sari Grove](#) Get Humaworm formula for 14 year old(call & ask for correct formula), get Humana tea too...Get anything else Lee Ann recommends to get...(tell her your budget if you are on one)...Start whichever program ships first(arrives where you are first)...Just start...I probably would buy antiparasitics locally while waiting for Two feathers & Humaworm to ship...No delay- start any antiparasitics you can get your hands on today now! Start the better stuff when they get there...

[Like](#) · [Reply](#) · [Yesterday at 11:52](#)

[Sari Grove](#) Order heavymetalsdefense.com powder now...(You will need about 10 bottles for 10 months)...This removes heavy metals, without screwing up the body like most chelators will...

[Heavy Metals Defense - HeavyMetalsDefense.com](http://HeavyMetalsDefense.com)

heavymetalsdefense.com

[Like](#) · [Reply](#) · [Remove Preview](#) · [1](#) · [Yesterday at 11:54](#)

[Sari Grove](#) St. Francis Licorice root extract is the best I know...Another 10 bottles of that will last maybe 10 days...Drink one whole bottle a day...If that is too strong, lower dosage to ability to handle it...(It is in Ottawa, Ontario, Canada, so be prepared to wait for shipment)...

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 11:55](#)

[Sari Grove](#) In the meantime, get a bag of local Licorice root, boil some spring water, then simmer 1/3 cup root into 3 cups water...Drink daily...

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 11:56](#)

[Sari Grove](#) Herbies Herbs carries Madagascar Periwinkle herb(Toronto herbalist but has online store will ship)...Periwinkle is the base of Vinca based chemo...Do same method with Periwinkle as with Licorice...Simmer, drink...this is Iodine(Licorice is copper)

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 11:58](#)

[Sari Grove](#) Eat coriander seeds & cilantro leaves...(for copper)

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 11:59](#)

[Sari Grove](#) Raw plant based diet NOW!!!!

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 11:59](#)

[Sari Grove](#) <http://grovecanada.ca/.../03/22My-Raw-Food-Diet-Cure22.pdf> this raw plant based diet...

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 12:00](#)

[Sari Grove](#) No sugar no gluten no dairy no meat

[Like](#) · [Reply](#) · [2](#) · [Yesterday at 12:00](#)

[Sari Grove](#) Everything Minus column yes...Everything Plus column No...

[Like](#) · [Reply](#) · [2](#) · [Yesterday at 12:01](#)

[Sari Grove](#) Take a picture of lung area close up(only right lung where affected)...Either upload here, message it to me, or do the NIDI yourself...See my blog for how <http://www.grovecanada.ca>

[DIY Medicine...](#)

by Joseph & Sari Grove

grovecanada.ca

[Like](#) · [Reply](#) · [Remove Preview](#) · [Yesterday at 12:02](#)

[Sari Grove](#) Friend me before messaging so I see message with picture

[Like](#) · [Reply](#) · [Yesterday at 12:05](#)

Write a reply...

[Sari Grove](#) Join your boy to this group now so he can participate actively himself...Proxy remedies don't work as well as first person...He needs to be the boss of things...

[Like](#) · [Reply](#) · [2](#) · [Yesterday at 12:04](#)

[Sari Grove](#) Get him to clean his mouth out to within an inch of his life...Oil pulling, gargling, essential oil mouthwashes, tongue cleaning- whatever it takes, get his tongue pink (instead of white), & his throat sparkly...

[Like](#) · [Reply](#) · [2](#) · [Yesterday at 12:05](#)

[Sari Grove](#) Pray like there is no tomorrow even if you have never been religious in your life...Get help from every single animal human plant friend wall internet you know...Ask, Seek, Knock,

[Like](#) · [Reply](#) · [2](#) · [Yesterday at 12:07](#)

[Like](#) · [Reply](#) · [20 hrs](#)

Write a reply...

[Sari Grove](#) Be prepared to cheat rebel do your own thing be skeptical criticize walk out argue if you have to...Half of what people tell you could be wrong...Sort through the muck...Even alternative drugs & hospitals can be a scam- don't fall for it...

[Like](#) · [Reply](#) · [2](#) · [Yesterday at 12:08](#)

[Sari Grove](#) Do not set anyone up as a guru including myself...He is the expert of his own body...Do it yourself Cancer repair manual is about validating the person...

[Like](#) · [Reply](#) · [2](#) · [Yesterday at 12:10](#)

[Sari Grove](#) The smarter the Doctor the more hubris they bear(egotism)...If they have not love they are nothing...Don't be swayed by smarts without love...

[Like](#) · [Reply](#) · [Yesterday at 12:11](#)

[Sari Grove](#) If everyone in the whole family does all the protocols too, things work faster...(he learned his habits somewhere)

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 12:11](#)

[Sari Grove](#) Re: you are awesome comment...Yes I know...But you will be even more awesome than me when you do all these things & more...& your boy will be the awesomest when he wins...

[Like](#) · [Reply](#) · [2](#) · [Yesterday at 12:14](#)

Write a reply...

[Sari Grove](#) Exercise boosts magnesium & spirits & zen & if he can walk with his family 10 kilometres a day that is his new job...(get him some cool running shoes & some for yourself- wear two pairs of socks so no blisters)

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 12:15](#) · [Edited](#)

[Sari Grove](#) Ps.Don't forget to sleep alot

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 12:14](#)

[Sari Grove](#) Some gaps in my comments...Use this chart for some ideas & get head around chart when you have thinking pondering time...

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 12:17](#)

[Sari Grove](#) Keratin also over expresses in NUT lung tumours...This is Mercury family on chart...Magnesium is its opposite in Minus column...Exercise raises magnesium lowers Mercury...Another reason for him to walk far this minute...(music helps early walking skills)

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 12:23](#)

[Sari Grove](#) In the event that any of this is too regimented, feel free to cheat in any way you want(we are talking food here, not relationship advice), take days off, & basically ignore all good sense once in a while...

[Like](#) · [Reply](#) · [Yesterday at 12:25](#)

[Sari Grove](#) Yes...Hence the heavy metals Defense product...(I thought heavy metals already)

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 12:28](#)

[Sari Grove](#) Removing the heavy metal burden from his blood now will help to relieve the burden deep in his bones...Harsher chelators might be dangerous...

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 12:29](#)

Write a reply...

[Sari Grove](#) Lead doesn't show up in tests unless it is right after ingestion...

[Like](#) · [Reply](#) · [1](#) · [Yesterday at 12:26](#)

[Sari Grove](#) It is called Pica when people start consuming odd things for the mineral content...Horses crib-chew on fences...

Turmeric

Ginger

Prostate cancer

Threadworm (Inchworm? glowworm? Firefly)in lung...from prostate...

Magnesium

Key words...

penis calcium size adrenal gland

ejaculate phosphorus spleen

mercury gallbladder intestines kishka

to colon bowels

balls testicles prostate squeezes gland muscle...squeezing tension maker...

O-7

by Sari - Tuesday, June 09, 2015

<http://grovecanada.ca/?p=1310>

800° Fire (Oxygen)

Candle Flame

Leah Gryfe's Bagels

Jake's Avenue

Aroma st. John Haruni

* Hydrogen +6

H

On January 13th, 2016 , I was beaten up by two police officers...

by Sari - Saturday, January 30, 2016

<http://grovecanada.ca/on-january-13th-2016-i-was-beaten-up-by-two-police-officers/>

Australia Law

Going North, on our street , the sign says...

Resolved • Response time 58 minutes 22 Apr 2016

Going North, on our street , the sign says local traffic only, & another sign says not between 4 & 6 pm...Which means local traffic is allowed to drive between 4 & 6 pm, but not other traffic...Going south on our street, the sign says no traffic between 7 & 9 am, & another sign says bikes are allowed...The spirit of the law on our street, is that local traffic is allowed to drive when they need to drive , on their own street...The letter of the law does not stipulate that local traffic is allowed to drive south between 7 & 9 am...Just because they did not bother to put up another local traffic only sign going south, does that mean that the spirit of the law is dead?

JA: Dealing with a traffic incident can be frustrating, but getting the right information is crucial.

Fortunately, the attorneys you'll meet here have a lot of experience with this, and it would be my pleasure to match you with the best fit. Have you consulted a lawyer yet?

Customer: No I have not...

JA: Please tell me everything you can about this issue so the Lawyer can help you best. Is there anything else the Lawyer should be aware of?

Customer: I was not charged with anything...But they handcuffed me & beat me up & I was in hospital for 3 weeks...I am still recovering...This was January 13, 2016...I have been told I should sue the police...

JA: OK. Got it. I'm sending you to a secure page on JustAnswer so you can place the \$5 fully-refundable deposit now. While you're filling out that form, I'll tell the Lawyer about your situation and then connect you two.

Customer reply 22 Apr 2016

<http://grovecanada.ca/on-janua...>

Customer reply 22 Apr 2016

That link, was just notes I made, after I got out of the health centre...Be aware I had a contra coupe concussion...From the blow to my eye...

3 months & 10 days after getting punched in the eye by police (HDR photo enhanced to show damage still)...right eye...(Black marks show Lead probably from ground where they pinned me down & handcuffed me)

Sunday April 24th, 2016 Update to this post:

Leon

Solicitor and Notary

Avg. question only CA\$58

BEc Dip Ed, Dip Law (SAB) MTax (UNSW)

<http://my.justanswer.com/question/guest/22361b9bd5fa4744b6ba8c191a8f94d2> My private link to this JUST ANSWER conversation with solicitor LEON! (amazing service & fast & thorough!)

"Leon
Solicitor
Good Morning

My name is Leon and I am a NSW Solicitor. Thank you for your question, and will do my best to assist you with your question. Please understand this is not legal advise Please understand this is not legal advice but a guide to assist you.

You should report the police actions and if you have photos of your injuries send them in with the complaints. This is horrible.

The medical reports from the hospital will back up your injuries and any loss of income you should be compensated for as well.

In relation to the signs etc you should raise this with the department of roads that deal with this and have this rectified. But you should definitely take the police to task and report them and if you have a claim the officers should also be sued.

Contact your local solicitor that practices in Criminal Law and have them give you more details advice.

I hope this makes sense and is of assistance. If there is nothing further

thank you for using my services.

If I have missed anything, or you have any further questions please let me know

If there is anything else in the future please do not hesitate to ask.

Please do not forget to leave positive feedback.

Regards

Leon "

GroveCanada.Ca
DIY Diagnostic Imaging
Sari Grove
<http://www.grovecanada.ca>

Note to Uber(Rafael)Friday April 8, 2016 3:30 pm

"Thanks Rafael, (Uber)

The issue is resolved...I didn't see the very tiny "Pitch" button at the bottom of the screen at the far right...I ended up taking an Uber to head office & they showed me what I had missed...For me the email instructions were not specific enough about where the request a Pitch car button was...I thought it was enter the promo code PitchTo, then just request an Uber car & it would automatically be a Pitch car because of the code being entered...I didn't understand that there was one more specific button that would appear...

Might be because a police officer punched me in the eye in January...Police brutality has a way of messing with your eyesight sometimes apparently...They were mad because I reversed when I saw their money trap...They have been stopping vehicles on my mother's street & charging \$100 for driving between 7-9 am ...They have been charging local traffic too...Which is illegal...But people don't know & just pay...When I saw them trying to trap me, I reversed my car...Knowing they were illegal...They handcuffed me & beat me up...I was in hospital 3 weeks...Then they reported the situation falsely & got my license suspended...They said I was nuts...Which is why I am taking Ubers now...It's ok...If I see them again, it is probably safer for me not to be driving...I don't take kindly to corrupt policemen...

Sari

GroveGroveCanada.ca On Thu, Apr 7, 2016, at 02:19 PM, Rafael (Uber Support) wrote:"

Driving my car....

Was stopped by a police officer...

Who was looking for non- local traffic...

On my home street...

Between 7-9 am...

They were looking for a kill...

Handcuffed so tight to cut off circulation to my heart...

Punched in the eye so hard have been in hospital since then...

Will get out Wednesday...

Email to a friend(Thursday February 4th, 2016):

"Hi A.,

thanks for your messages....

I am out of the hospital & back at the condo downtown...

Still a little groggy from the medicines they gave me...

My arm & eye are much better...

Unbelievable situation-I was driving down Old Forest Hill road when I saw a police trap...

Reversed into the S.'s driveway...

These two cops jump into their car & speed towards me, frantic, like they are catching a wanted criminal...

This is all because they thought between 7-9 am cars are not allowed to drive on their own street...

The law is actually Local Traffic only, but they obviously didn't bother to check...

They were hunting...

Literally screaming at me through the window of my car...

Terrorizing me...

So I went to the S.'s door to ring their doorbell to get help...

They pinned me to the ground as I yelled: "Help help, don't touch me..."

Nobody heard my screams...

One on top of me, the other handcuffs me so tight it cuts off all circulation to my heart...

I realize these guys are just hungry for a kill...

I struggled, & the second one punches me in the eye so hard...

Then, they handcuff me, both hands...

This is Division 13 cops...

Then a bunch of police come from 42 division...

One female officer arrives I think from 52 division...

A tow truck cop arrives to tow my car...

Then they re-handcuff me even tighter behind my back...

Go through my purse...

Find out I am totally legal all the way around...

Drive me to St. Joseph's hospital...

Deleting files on their computer(I think maybe there were video files or recordings, but I saw them delete while they were driving me...They also turned off camera on my face in backseat-damage was so bad to my eye)...

Police brutality 101...

3 weeks later, I am ok enough to be at home...

Anyways...

How does one call the police on the police? (which means I am going to have to let this go)...

Sari"

Note

Update:February 26th, 2016:What is interesting is one officer smelled of marijuana when he touched me...(Titanium element causing schizophrenia-used extensively by strippers to forget their "Johns")...The other officer smelled of Ecstasy-he jumped on top of me in the missionary position-go figure(Heroin element that is snorted with Cocaine in lapdance clubs)...Interesting, because these drugs are used in "Adult Entertainment clubs in Toronto, & that is where you get them...Also interesting because it means the police are getting "freebies" of lapdance & sex from women in these clubs in exchange for legal & physical protection...Which is why these clubs continue to operate in Toronto so called "legally" ...In fact sex in a strip club is still illegal but these off duty cops are so drugged up & unfaithful to their wives & children that they turn a blind eye...Heroin/Ecstasy is hidden in cocaine but also easily put in a drink or just airborne...It is called GHB the date rape drug when it is in a drink...It causes lapdancers & sexual slaves to be docile & it causes the "Johns" to passively allow disgusting women to rub their filthy crotches all over, with their leaking toxic breast implants, & the men just go bankrupt liquidating all their assets & resorting to credit card cash when they run out...The Heroin in the Cocaine or in the air or just by skin contact with a whore, is enough to cause Contact skin transmission by Reverse Osmosis...Yes, just by touching an exotic dancer you are doing drugs...You are also getting large doses of Cancerous causing Phosphorus, from all the male ejaculate on their skin, in the air, & in the club itself...You bring that home to your wife & children & they get parasites too...Contact

HUMAWORM for their antiparasite remedies immediately if your police officer son or husband has been exposed...Marijuana & Cocaine & Heroin are all easily transmissible by skin contact...If you touch an exotic dancer, you are now on drugs too...This is why the laws in Toronto have been bent & broken so many times...The police work "off duty" in these clubs to make an extra buck, then get their brainwaves brainwashed by the combo of drug exposure & sexual addicts...The criminal element in adult entertainment clubs is rampant...Jail is just another note on most peoples resumes there...Beware...health hazard...

On the edges of my mind...Anti-Cancer therapies to consider...or have considered already...

by Sari - Sunday, March 15, 2015

<http://grovecanada.ca/on-the-edges-of-my-mind-anti-cancer-therapies-to-consider-or-have-considered-already/>

Sono-Photo Dynamic Therapy...

It involves the principle of: You swallow a pill that is high in Oxygen...The pill travels to your tumour location...You lay in a machine bed & they pump light waves & sound waves at you as well as targeted light waves to the region in question with a laser...The combination breaks tumours & stones down into tiny excretable pieces...Theoretically Sono-Photo Dynamic Therapy is a Non-surgical route to dissolving tumours in the body...

I do use **sound** though...I use RockMyRun iPhone App to stream music for free while I am doing my 2 hours of walking...

Joseph uses Grooveshark on our desktop Mac & also Grooveshark for iPod...The iPod is stuck into a small dock speaker thing, so our Grooveshark playlist can play(free or pay \$5/month for no ads)...

Our tv set is sometimes set to Channel 738 which is Spa music for our cats when we leave the condo...

So soundwaves are a part of our life a little already...

Essential oil Aromatherapy Treatment...

Some of the essential oils that are used Anti-Cancer towards the breast & lungs & lymph nodes...

Thyme Oil, Frankincense oil, Mistletoe oil, Cannabidiol Oil CBD oil(high CBD low Thc), Mint oil...(You can take them straight orally-like a few drops under the tongue, you can mix with equal parts Coconut oil & massage on pulse points forehead back of neck on roof of mouth in nostrils, you can use topically mixed with an oil...)

[I use a Lymph Node Detox Deodorant made with a complex recipe](#) of (all organic I think) essential oils...My armpits are finally BREATHING, this deodorant has unblocked my Lymph Nodes already!(I put alot on actually to accomplish this faster)...

The Hoxsey Formula...

<http://www.docevaonline.com/articles/hoxsey.html>

Here is what the ingredients of the Hoxsey Formula do, as regarding our Grove Body Part Chart parameters...

Do It! Fearson Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

Barberry root bark (10 mg.) -is an OXYGEN

Buckthorn Bark (20 mg.) -is a Copper

Burdock root (10 mg.) - this is another OXYGEN

Cascara sagrada (5 mg.) -this is a CARBON

Red clover blossoms (20 mg.) -this is an IODINE

Licorice root (20 mg.) -is a COPPER

Poke root (10 mg.) -is an IODINE

Prickly ash bark (5 mg.) -is a TITANIUM

Queen's delight root (10 mg.) -is a MAGNESIUM

*Bloodroot-is a MANGANESE

*(added for external use only)

On the Grove Body Part Chart, there are now NUMBERS...

For example...

If you took Sodium biCarbonate, which is basically a CARBON, & its number value is Minus Five...

Add that to Hydrogen PerOXIDE, which is basically an OXYGEN, with value MINUS SEVEN...

Add Minus five to Minus seven, you get Minus Twelve...

-5+-7=-12

Then you will notice that MINUS TWELVE is the number assigned to BORON...

-& YES it is true, if you add baking soda(sodium bicarbonate) to Hydrogen peroxide, that you will get Bleach or Boron...

So the Number system in the picture seems to work chemically too! YAY!

The strongest Minus element is Boron at -12...

The strongest Plus element is Lead(Plumbum Pb)at Plus 12...

See how the numbers work? (if not write me at grove@sent.com & I will explain better)...

Optic Neuritis & Multiple Sclerosis...

by Sari - Monday, August 10, 2015

<http://grovecanada.ca/optic-neuritis-multiple-sclerosis/>

Optic Neuritis is correlated with

Multiple Sclerosis,

so if you treat it that way,

with high dose Vitamin D3(50,000 IU per week),

high dose Vitamin C,

Boiled Ginger root tea often,

Turmeric,

Sunshine,

Fruit, you might be able to prevent further progress & maybe even reverse symptoms if you start right away...

Also I'd cut out

red meat

&

alcohol...

MS is associated with

Lead poisoning so a

heavy metal detox would be useful...

(Ginkgo Biloba,

Butcher's broom,

Vinpocetine

are

top 3 heavy metal chelators)...

MS responds to high dose Vitamin D3, vitamin C, sunshine, fruit diets, light therapy, even tanning beds...Ginger root, Galangal(ginger family), Ginseng...

Opting out of the oncological 50 Shades of Grey submissive dominant patient doctor bullsh-t...

by Sari - Wednesday, March 11, 2015

<http://grovecanada.ca/opting-out-of-the-oncological-50-shades-of-grey-submissive-dominant-patient-doctor-bullsh-t/>

Last year I went for my first mammogram, my first ultrasound, my first core needle biopsy, & my first oncologist appointment...One of the things I noticed was I didn't get to see my own pictures...

Yes, you can request things after the rush part, but the way it worked was "they" looked at your photos & video & "they" told you what you had based on their parameters...

I noticed that my opinion about just about anything was not interesting for anybody...So last year I opted out of all the bullsh-t...

[I figured out a way to take my own pictures...](#)

[I figured out a way to alter the course of the path of my dumb lump...](#)

I feel healthier than I have in 20 years, maybe ever, & I feel happy that I am not going through this 50 Shades of Grey submissive position thing that is going on with women & their men doctors...(or the submissive thing with a dominant type female doctor-which was one of the new flavours of people I got to try)...

About:

A the end of [Book 3 of my series, I discovered how to turn a malignant lump to a benign lump...](#)

NOT how to get rid of the lump itself, but how to change its chemistry...

I also devised a way to [take my own pictures to track size & chemistry changes for myself...](#)

Once I figured out how to disarm the grenade in my breast, I stopped worrying about eradicating the lump itself...

The whole size shrinkage dilemma thing...

I just wanted to kill the "mold" that could make it spread...Phosphorus...Mold...

My theory was that Copper kills mold...My brother helped me to choose a Copper thing that the body absorbs well...We chose Licorice root...

It worked & I could see my lump's chemistry clearing up...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

I had read a giant paper about what cancer looks like & what the Phosphorus part looks like & I had seen real pictures of the Phosphorus on a lump so I knew what to look for in my own pictures...

When I started with Licorice root tincture(I used St. Francis), within maybe even 24 hours, my picture showed the lump surface was clearing...

I took Licorice root in some form or other for the whole year...That was my biggest discovery...

[Now I am just working on getting rid of a relatively safe benign lump...](#)

ps.I was told by a woman that she thinks Licorice root is estrogenic...

I even saw studies that said so much...

For the record about that-Licorice root is a Copper like Coffee or Tea...

[Estrogens, like Phosphorus based things, like mold, like ejaculate\(sorry\), are the total opposite to Copper...](#)

I have no idea which scientists decided that Copper makes mold worse but they are wrong...

Please any & all feel free to visit my site & my blog & my free books if you want to read stuff, more-
grovecanada.ca

[march11,2015blog-book](#)Here is a free download of ALL the blog posts on this(relatively) new blog up until March 10, 2015 about...(I have several blogs where I write down my thoughts about things, have been doing this for years, but this one is the newest information...) It's an 11 megabyte file in PDF format with about 164 pages of posts...(all spread out it's not that long really)

Osteopath diagnosed areas of brain with elements in excess(post a concussion January 2016)...I formulate nutritional advice based on that...(Using Grove Brain & Body Part Charts)...

by Sari - Friday, August 19, 2016

<http://grovecanada.ca/osteopath-diagnosed-areas-of-brain-with-elements-in-excess-i-formulate-nutritional-advice-based-on-that-using-grove-brain-body-part-charts/>

Today I went to see an Osteopath who had extra knowledge in the field of neurological osteopathy...The diagnostics she gave me(which brain parts were in excess/inflammation), helped me to formulate an nutritional supplement program for myself...(Cost: 1 hour \$160 Canadian currency-totally worth it!)

Comment: So based on her diagnostics today(of my brain, post-concussion January 2016), I need to(these are my ideas):

Take Oxygens:Like Ginseng (I have a Ginseng drink which is made locally)...

Take Leads::Like Vitamin A & beta Carotene (I have a supplement called Sunsafe RX which is actually an oral sunscreen-but it mainly contains Vitamin A & beta Carotene so I am going to use that)...

Take Titaniums: Like Boswellia & diffuse Frankincense essential oil (I have some Boswellia capsules left over, might buy some Frank essential oil to diffuse at night)

Take Bismuths:Like Melatonin(I have Dream Water which is a melatonin drink...)

[Katharine Liberatore is the Osteopath at Satori Health & wellness in Toronto who has done extra study in neurological osteopathy...](#)

<https://www.impacttestonline.com/impacttestdemo/> The link takes you to an IMpact online concussion test (free)...You do this Before getting a concussion! (then after, you can see how the test results have changed)...

Here are my results post-concussion: (I was punched in the eye by a police officer(longer story)-so yes, obviously my visuals would be affected...)

Our 8 Kindle books...Grove health Science...They are sequential...So you should probably read them in order...

by Sari - Wednesday, August 12, 2015

<http://grovecanada.ca/our-8-kindle-books-grove-health-science-they-are-sequential-so-you-should-probably-read-them-in-order/>

[Grove Body Part Chart:A Medical Arts innovation \(Grove Health Science Series Book 1\) \[Kindle Edition\] Sari Grove \(Author\), Joseph Grove \(Editor\)](#)

[Do It Yourself Medicine:A Repair Manual \(Grove Health Science Series Book 2\) \[Kindle Edition\] Sari Grove \(Author\), Joseph Grove \(Author\), Justin Wood \(Editor\)](#)

[Algae+Rhythm, Algae-Rhyme:Apt Surgical Rotation App: Book 3 Grove Health Science Series... \[Kindle Edition\]](#)

[Grove Health Science Series:Book 4 \[Kindle Edition\]](#)

[Book V:The Brain \(Grove Health Science Series 5\) \[Kindle Edition\]](#)

[RepoWoman:Book VI \(Grove Health Science 6\) \[Kindle Edition\]](#)

[Lucky Book 7:Homework Textbook for the Keen Medical Mind \(Grove Health Science Series\) \[Kindle Edition\]](#)

[An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump... \(Grove Health Science Series Book 8\) \[Kindle Edition\]](#)

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Our books, for free, on Smashwords, Scribd & Academia.edu...(*the Grove Health Science series by Joseph & Sari Grove)

by Sari - Thursday, January 15, 2015

<http://grovecanada.ca/our-books-for-free-on-smashwords-scribd-academia-edu-the-grove-health-science-series-by-joseph-sari-grove/>

Smashwords is the book publisher we use for under 10 megabyte versions of our books for free...This means you can even download them to your Kindle for iPhone, easily...So if you click on the book covers that takes you to the Smashwords page for each book, where you can choose which format you need...

If you want to see full bigger resolution versions of our books(still for free), our Scribd account has them & you can just read them online easily...Here is our Scribd profile address <https://www.scribd.com/grovecanada>

We also have free versions on <https://independent.academia.edu/SariGrove> for the Academic community...These can also be read online easily...

My Amazon Author page has our books in Kindle & Paperback formats...

http://www.amazon.com/Sari-Grove/e/B00CDYF39Y/ref=sr_ntt_srch_lnk_1?qid=1421340855&sr=8-1

They aren't free but I did price them at the absolute minimum that Amazon's Createspace would let me...

Ok, so below are the books...They are in reverse order...So Book 8 of the Grove Health Science series is first...

Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump...
By Sari Grove

Price: Free! Words: 11,470. Language: English. Published: January 9, 2015. Category: Nonfiction » Health, wellbeing, & medicine » Cancer

Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump... An introduction to the Grove Body Part Chart & the refined protocol for getting rid of a breast cancer lump... Includes a Google translate into french version at back of book...

Lucky Book 7:Homework Textbook for the Keen Medical Mind
By Sari Grove

Price: Free! Words: 17,730. Language: English. Published: November 8, 2014. Category: Nonfiction » Health, wellbeing, & medicine » Medicine

"Lucky Book 7:Homework Textbook for the Keen Medical Mind" represents a summary of some of the big ideas from the Grove Health Science series... Step by Step DIY Mammogram in pictures... Removing a Brain or Body Part versus Damaging a Brain or Body Part...What are the effects one can expect?

Examining Flow in the Body as it relates to Flow in the Universe & the beginning of things...
RepoWoman;Book VI...(getting rid of a breast lump)
By Sari Grove

Price: Free! Words: 6,010. Language: English. Published: October 10, 2014. Category: Nonfiction » Art, Architecture, Photography » Crafts - Needlework/Crocheting
RepoWoman;Book VI...Nonsurgical breast cancer lump removal protocol...
Book V:The Brain
By Sari Grove

Price: Free! Words: 26,470. Language: English. Published: September 5, 2014. Category: Nonfiction » Art, Architecture, Photography » Fine art
Current original manuscript describing the brain parts to body parts connections...Lack of sightedness...Workplace injuries...Book 5 of Grove Health Science Series...Manuscript is updated as new information becomes available...DIY Chemo for cancer...DIY Mammography...
Theory Engineer:Book V (Grove Health Science Series)
By Sari Grove

Price: Free! Words: 780. Language: Canadian English. Published: August 27, 2014. Category: Essay » Author profile
Theory Engineer:Book VI (Grove Health Science Series) by J. Grove
The Grove Health Science Series:Book 4
By Sari Grove

Price: Free! Words: 26,680. Language: English. Published: June 21, 2014. Category: Nonfiction » Science and Nature » Life Sciences / Neuroscience
Some topics in this Book: Oddball interviews about medical successes... *The assumption is that there are 22 brain parts that PAIR...The pairing should be in the Minus Plus format...So each paired couple of brain parts should have Minus & Plus designations...Female & Male possibly...This should straighten out some of the complexity of brain surgery for neurosurgeons...(& DIY Neurosurgeons LOL!!!
Algae+Rhythm, Algae-Rhyme:Apt surgical rotation app
By Sari Grove

Series: Grove Health Sciences, Book 3. Price: Free! Words: 43,010. Language: English. Published: February 19, 2014. Category: Nonfiction » Science and Nature » Ecology and Environment
A book is an app that you read...Algae is one of the most pervasive things that grow in Nature...Rhythm & Rhyme are known mnemonic methods in Medical school...This is Book 3 in the Grove Health Sciences series...The main push forward here is the creating of Sidedness in the brain & body parts according to gender...Could women be natural lefties? Is the front of the body male dominant? Big ideas...
Do It Yourself Medicine:A Repair Manual
By Sari Grove

Series: Grove Health Sciences, Book 2. Price: Free! Words: 31,050. Language: English. Published: December 14, 2013. Category: Nonfiction » Health, wellbeing, & medicine » Medicine
The brain part connects to the body part... (sing to the tune of "the kneebone connects to the, thighbone, the thighbone connects to the, hipbone, the hipbone connects to the, ...) The Frontal lobe connects to the

Thyroid gland, the Motor Cortex connects to the Thymus gland, The Parietal Lobe connects to the Lungs & Lymph Nodes... Note on Sidedness: (see long description for more)...

Grove Body Part Chart

By Sari Grove

Series: Grove Health Sciences, Book 1. Price: Free! Words: 18,800. Language: Canadian English.

Published: August 20, 2013. Category: Nonfiction » Art, Architecture, Photography » Fine art

My name is Sari Grove and the Grove Body Part Chart is my medical theory...Basically, I break down the body into 11 essential organs & show how each organ has two elements inside, a Minus element & a Plus element, that live together as opposites...I tell which elements are what & where, tell what disease is what imbalance, & also give examples of where to find those elements in the real world...

Ovarian Cancer...Raw food diet, Gallbladder Cleanse...

by Sari - Saturday, April 02, 2016

<http://grovecanada.ca/ovarian-cancer-raw-food-diet-gallbladder-cleanse/>

This is the story of someone who cured Ovarian cancer...

Of note: A grapefruit, olive oil, Epsom salt gallbladder cleanse...

A raw food diet... [Helen Hecker's My raw food diet secrets & cure\(exellent book on how to go raw\)](#)

Yes, it is possible...

P.s.Access bars is also mentioned...A way to free up from limiting beliefs...

<http://www.bars.accessconsciousness.com/about-access-bars.asp>

Note: Also- Dr. Reckeweg's products called " R38" & " R39" , help things to detach from ovaries...One is for the right ovary, one is for the left ovary...Drink both bottles straight for ovarian cancer...It will cause tumours to detach...They will fall out when you pee...Repeat treatment until clear...(note: recommended dosage is much lower than one whole bottle- but that is for cysts not cancer)...

As always:For all cancers, I recommend starting Licorice root extract to kill the cancer...It works very quickly & reverses malignant to benign...Note:It does not shrink tumours, it changes their chemistry...You can live forever with a benign tumour...But the smallest malignant one can kill...Focus on changing the chemistry of your tumours...Licoeirce root extract is easy to buy, few side effects, very effective...Take a gulp a day, at least...The more you take the faster it works...

More:" <http://www.reckeweg-india.com/product-details/R39-38.html> This is R39 from Dr. Reckeweg, a German doctor(homeopathic)...You also need R38...They are liquid...in bottles...R39 is for the left ovary...R38 is for the right ovary...There are many other sellers online...It costs about \$25 a bottle...You need one for each ovary & they are different...So R38 & R39 Dr. Reckeweg...Instead of diluting them in water you can just drink it straight from the bottle...It works faster that way...It causes tumours to eject...If she is lucky, they will fall out when she pees...Tremendous remedy...(She can drink a whole bottle at one time if she wants a very fast result)..." from Sari Grove

Ovarian Cysts, Ovarian Cancer, & a Pink Hummer in Rosedale!

by Sari - Sunday, March 08, 2015

<http://grovecanada.ca/ovarian-cysts-ovarian-cancer-a-pink-hummer-in-roosedale/>

Today on my walk I saw a **Pink Hummer!** The license plate said: "**beware of my pair**" ...The actual plate read: "**TUTUMUCH**" ...I had a laugh as did the couple walking by at the same time...(sorry my iPhone camera seems to be set to Impressionist era-it refuses to take a picture in focus...Fog is its natural setting...Takes after me I guess...)

<http://www.reckeweg-india.com/product-details/R38-37.html> R38 is for the RIGHT Ovary...It is made by Dr. Reckeweg, a German doctor...It removes cysts from the right ovary...I did Not follow the directions on the bottle...I took a generous swig straight from the bottle...48 hours later, the cysts fell out when I had a pee...They look like little jellyfish...

<http://www.reckeweg-india.com/product-details/R39-38.html> R39 is for the LEFT Ovary...I also did not follow the directions on the bottle...One generous swig straight from the bottle...Note:I did take both R38 & R39 at the same time...So the 48 hour result was after taking BOTH...Total cost was 25\$ a bottle...So \$50.00 total that maybe saved my life...

How did I know I had ovarian cysts? Sex hurt...

Did I go to a doctor & get an ultrasound? yes...The ultrasound came up NORMAL...No problems at all...But sex still hurt & I KNEW something was wrong...

Who told you about Dr. Reckeweg ? The owner of NATURAL SOLUTIONS in SHERWAY GARDENS, a mall in Mississauga...He had a woman before with ovarian cysts, he discovered Dr.

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Reckeweg R38 & R39 & it worked for this woman...WHEN I asked him one day(I asked everybody), he was ready with the answer...("Seek & Ye Shall Find" Jesus says)...

Comment on the ingredients in Dr. Reckeweg's formula's for ovarian cysts as it relates to our Grove Body Part Chart...

The first ingredient in Dr. Reckeweg's formula is Apis which means Bees...Bees are a **Manganese** on our chart(see Thymus), Manganese causes the cysts to detach due to the fact that the Manganese lowers iron...

The next ingredient is Arsenic, which is an **Oxygen**(see Liver) which dehydrates the cyst, making it smaller & easier to be expelled by the body...

Bryonia is a **Copper** which lowers Phosphorus...Copper can act as a laxative, but it also speeds up the metabolism, & of course eradicates Phosphorus which is like mold...

Sulphur the last ingredient is actually referring to a **Selenium**...(In Europe, Sulphur can refer to Selenium, it is a weird reversal of words since Selenium actually lowers Sulphur which usually means it lowers blood sugar levels...)Selenium lowers sugar & since sugar makes things sticky it help to unstick its core...Also since cysts feed on Sugar, Selenium starves it of food...

Ok so the ingredients are basically: Manganese, Oxygen, Copper, & Selenium...Why is that important? Well, the product worked...Which means that that particular recipe mix works for getting rid of ovarian cysts...Now Ovarian cancer is just ovarian cysts that have run rampant...Cysts become cancer...Like benign tumours can become malignant...But essentially they are very similar in property, just more...Which is why they are harder to get rid of once they become cancer...You need more stuff...

(Sidenote:Would I take the Dr. Reckeweg R38 & R39 if my ovarian cysts had already turned into ovarian cancer? Yes...Because the things you do for cysts & cancer are the same ideas, just cancer you have to do more...

Same with benign & malignant tumours anywhere...Study what people are doing to get rid of benign things, like benign breast tumours or benign ovarian cysts...

Those are things that should have been done to prevent your cysts or lumps from becoming malignant...But once something becomes malignant don't decide not to do all the things you should have done...

Go backwards & retrace your steps & do all those things now PLUS all the extra things you have to do for Cancer...

You never know, one of those dumb things that you overlooked might be extremely helpful...Just because something doesn't have an exotic name or come from a weird far away country, or it is not very expensive, doesn't mean it is no good...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

People snob out when I say Licorice root...But it is a very powerful thing...Deprenyl the drug for Parkinson's disease is based on Licorice root...Simple things can work too...)

But what I am saying is that if your ovarian cysts have progressed to cancer, you should still include the Basics into your DIY protocol...

a Manganese, an Oxygen, a Copper, a Selenium...

Now not everybody is going to rush out & buy **Dr. Reckeweg's R38 & R39...**

Why not?

Because maybe you already have a pile of herbs at home & you are tired of buying every new thing...

Because maybe you don't want to take Arsenic or Bees or Bryonia which you've never heard of...

Maybe you don't like German doctors...

In any case, you could substitute in for things you do like...

For a Manganese: you could take Bloodroot(it comes in capsules too), you could take the herb Mugwort (it comes loose & you can eat it straight), you could take Manganese pills, you could eat nuts & seeds till you are blue in the face with nuts & seeds(high in Manganese), you could take Black walnut hull tincture(Manganese)...Works in your Thymus to clean your blood, detaches tumours by lowering iron, also makes lumps softer less hard...

For Oxygen:You could take Apricot Kernels, you could take Butcher's Broom, you could take Iris powder, you could eat Goji berries (alot), you could eat Dandelion greens(very bitter), you could eat Saffron(expensive), you could take Milk Thistle(traditional)...All this works in your Liver...

For Copper:Licorice root is my favorite copper, Ginkgo Biloba is a great Copper, Coffee & tea are Coppers...(Copper pills don't absorb well-I've tried it that way, nothing happens)!

For Selenium:In the Myrrh family there is one called Opoponax which is quite strong & acts like Selenium by lowering blood sugar levels fast-you can also apply Opoponax oil topically to lumps(just one drop), raw Garlic is a great selenium(it does burn to eat it though), Cayenne pepper is in the Selenium family but is way easier to take-put it in your coffee or tea or in all your soups or just whatever-use alot!(Did you know Insulin & Antibiotics are Selenium family? So is quinine...The stuff in Tonic Water...)

Ok that is the end of the copycat portion of this post...

If you have Cancer, anywhere, these are the things I recommend & have taken myself...

Licorice root: Tincture, capsules, tea, boil the herb & make your own tea, buy a bag of the herb & just

swallow a teaspoon with some liquid straight(cheapest & fastest way to get it down)!(works in your SPLEEN)Warning:After ONE year of taking Licorice root daily I overdosed...Symptoms were wildly deep emotions coupled with panic, fear & anxiety...It was uncomfortable...I stopped taking the Licorice root then had to antidote with **Kefir(which IS NOT RECOMMENDED for anti-cancer protocols** but I was taking it to REVERSE the overdose of the GOOD licorice root)...

Madagascar Periwinkle:It's an Iodine that eats away at Calcium...All lumps are built on Calcium, malignant or benign...Iodine works in your Adrenal Gland where all that birth control drug(a calcium excess) is stored...Even if you took birth control drugs 20 years ago, they are still stuck there UNLESS you take IODINE to get it out...Really...(at the beginning I took 50 mg of Iodoral pill every day...I stopped after a while...I was getting my period way too often so I decided I had had enough)...I still eat seaweed salad whenever I can...

CBD Oil: I got mine from <http://www.buyweedonline.ca>...He only ships in Canada...My CBD oil is LOW THC which means no psychoactive effect...Costs more or less than about \$150 Canadian for about 3 grams...(This is the best in the country so you will need less of it-like half a grain of rice in some slightly microwaved smooth peanut butter because the oil needs to sit in fat for your body to absorb it)(It's a **Titanium** that lowers cholesterol in your Lung & Lymph Nodes)

Frankincense resin water:Buy some Frankincense Tears...(it's a resin nugget & is cheaper than buying the essential oil, like way cheaper)...Put some nuggets into a pitcher of water...Leave in fridge overnight...Drink that as your water the next day...Nuke it to make it hot, add some Stevia, drink as a tea...Squeeze a lemon if you want...Add some cayenne pepper if you want...It's also a **Titanium** like CBD Oil...Can make you feel a little high too...

I have a custom DETOX deodorant that detoxes my Lymph Nodes...I got mine from <http://www.Anarreshealth.ca> It is a beautiful & brilliant concoction...She will ship it far if you live far away...It is quite complex(the list of essential oils inside is long, you will see)...

Zinc:I have Vitamin D3 I take once per week...I got it on Amazon & it has 50,000 IU inside...This is enough to make you Bipolar if you are not careful so be careful...(if you start shopping like crazy & staying up all night , reduce your intake)!!!

Raw Plant based diet:Read Helen Hecker's book,

["My Raw Food Diet Cure and Secrets!" by Helen Hecker R.N.](#)

Changed my life...

Walk:I walk almost 2 hours as often as I am able...(maybe 4 times a week if I can)...I walk in a forest, on a trail...It is important to walk in a nice natural place rather than on a sidewalk...I am lucky because this ravine trail runs through the city, so it is close by...Find a natural type trail & make that YOUR JOB...It is work...It is far to walk for a long time...It can be 10 km/6 miles...Get good walking clothing, a very warm earflap hat & double layer gloves for winter...In winter wear two pairs of pants like leggings with jeans over...Being cold is not sexy...

Do It Yourself Medicine by artists Joseph & Sam Grove <http://grovecanada.ca/>

*(Style notes)In the summer I wear Teva hiking sandals which are also waterproof-I come home & can rinse them in water to clean them...Hiking sandals are harder to walk in, especially on a trail, but your feet are very happy to be free & the extra muscles you use will make your legs look fabulous...Plus they are a little prettier than running shoes all the time...(secret girl idea:ankle bracelets make my ankles look a little better-I suffer from giant ankles due to years of playing basketball & turning them-if you wear a medicinal stone on your ankle bracelet like Pyrite you get iron which actually feeds your injured ankle-by the way, Iron is NOT useful for Cancer so don't go whole hog on Iron)...

***(more Style notes you can ignore if you want):I don't wear bras anymore...Joseph & I found that Winner's had a huge selection of padded tank tops that are stretchy...We bought one in every colour & I wear that as my "bra" ...It's a loosey goosey shelf bra type thing which is why the pads help...Shelf bras do Nothing for your boobs, they totally flatten them out...But with the foam pads in the top, your chest looks a little more like it does in a normal bra...Rounded...These are comfy to wear bare in summer or under any top in winter & comfy enough to sleep in if you fall asleep in your clothing sometimes which will happen if you are doing the far walking...

Moves App: Download the Moves app to your iPhone...It tells you how far you have walked, how long it took, & how many steps...It does it automatically each day new even if you don't touch the App to open it...Awesome! Remember that walking on a trail is harder than walking on a sidewalk, so your distances will be less but your exertion more...Take it slow with the walking...Both on pace & distance...It took me months to get into any sort of normal shape...That is fine...I am a rock now...

Suntanning Bed:I had some sort of chronic pneumonia...I went to a suntanning place at Yonge & St. Clair in Toronto, Northeast corner in the basement of the Mall there where the food court is sort of...I took the INTERMEDIATE machine for 9 MINUTES...I paid extra for a small cup of cream...Total cost including the cream\$25...(get the cream-it is pricey but it really helps things to work better)...After 9 minutes my Pneumonia was GONE...Best 9 minutes that winter! Have not had to go back...Done!!!(plus my bum & the backs of my legs looked way sexier later in the bathroom at home!)

Butcher's broom:I am taking these capsules for the Oxygen...The Apricot kernels worked for Oxygen but I got tired of the bitter taste...I may switch to just Butcher's broom the herb or maybe Butcher's broom the powder...if you have a coffee grinder which I don't really(I have a manual one that is a bit tiresome) then grind your Apricot kernels & put them in some juice or other liquid you like...They taste better that way...

Mugwort:I have taken alot of Manganese, as pills & as the herb Mugwort straight, & I no longer take anymore Manganese right now because I have taken enough...(You know you have taken enough because you start to lose your sense of smell...Joseph was always saying to me:"Can't you smell the cat poo in the litter box to clean it out???" No I couldn't...I lowered my iron so much I was losing my sense of smell...So I have quit it with the Manganese...But Artemisia Vulgaris(Mugwort) is good for an anti-cancer program...

Or just hang out with Bees because bee stings are naturally **Manganese**..By the way:**Bloodroot capsules** are available on ebay & they are also a MANGANESE thing...These capsules have a few other good things in them & would be for someone who wants something very very strong because their condition is very far along...Bloodroot can be dangerous so I recommend joining the **Black Salve group on**

Facebook to talk to others who have taken bloodroot capsules orally...(Black salve is what they call Bloodroot applied topically usually & that is a very dangerous thing to do & can be very painful so be forewarned...)

Selenium:I have taken so many **1000 mg Garlic pills** I don't take them anymore...Myrrh oil is a selenium as is Cayenne pepper & Garlic...Opoponax is a stronger oil in the Myrrh family...Oral or topical though I was told only topical by a certified natural health practitioner...But people do oral drops under the tongue & don't tell...

More:(Notice everything I mention is ALL THE MINUS elements on my chart?)

Magnesium:Epsom Salts baths are great for Magnesium...Cleans out the Gallbladder...

Potassium:Hawthorn is a Potassium(as is Stevia)...Lowers Blood pressure in your heart...

Fluorine:Is usually just in your tap water(& is good for anti-cancer...Fluorine is BAD for people with ALS, Crohn's deafness, Polio, Meningitis, Epilepsy, Seizure, or other paralysis disorders,including Syringomyelia, but is GOOD for people with Cancer...)Cleans out your Colon...(by the way the Tetanus shot is Fluorine so if you or your parents have epilepsy or any of the other disorders I mentioned are Fluorine sensitive, then be very careful about getting that shot-like maybe not)...

Boron:You can buy Boron supplements everywhere...Do not get the ones with Calcium or anything else inside...Single recipe formulas are better since you know what you are getting & if it works for you or not & what it does & so on...It is hard to know what to do when things you are taking are too complicated...It can also be dangerous cause you don't know what a side effect is from...(I have heard people taking Boric acid diluted but have not tried it myself-sounds scary)...

Carbon:Plenty of Olive canola oil(**because it's cheap you will use alot**-if you buy expensive Olive oil you will worry about price & not use enough) in your daily giant raw salad...Or put a teaspoon of baking soda in some liquid & drink...**Baking soda is sodium biCARBONate**...Same as any oil just in powder form...Cleans out your kidneys...

Things I haven't mentioned because I don't like them:The Budwig diet has cottage cheese in it...**Cottage cheese made my lump bigger right away**...It is a calcium Phosphorus food, & I know malignant lumps are made of calcium Phosphate...I think cottage cheese is a terrible idea...Same goes for Kefir...It's liquid yogurt...It's in the DAIRY section...Avoid the dairy section if you have cancer...Just walk away...Coconut milk has more Calcium than cow milk though the label says 0% Calcium(Coconut WATER on the other hand is fine)...Do NOT believe the labels...The Dairy people really want to sell you on milk...I got Blocked from a Facebook group because I had the gall to insult their precious Kefir...It's ok...I don't want to be influenced by people who are feeding their cancer with kefir...

I also don't like Collect powder...**It has some very good ingredients in it but it has Shark Cartilage**...That is just wrong...Sharks are endangered enough without people buying shark cartilage...Karma will get you...In your Cancer treatment remember that karma is involved...You cannot kill a shark for your Cancer treatment & expect to survive...There are limits...Plus the shark's wife will get you...C'mon, they are SHARKS...Don't mess with a shark...(watch Jaws again if you must)...

Do It Yourself Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

I think drinking your own urine is gross...**It's about QOL...Quality of Life**...It may work, it may not, but I don't want to drink my own urine...

The thing about IV Vitamin C is, is **that Vitamin C, while a very good idea, is not very strong**...It is a good start...But it is the weakest Minus element on my chart...(The Minus elements get stronger as you go down the list, the Plus elements get weaker as you go down the list...So the strongest Minus element, detoxifier, would be Boron...Which is why some fanatics are drinking bleach...Pretty dangerous, but strong...)

Cautions with CBD oil: **CBD oil makes you hungry & sleepy**...Which means you may eat more food & exercise less or not at all...Take some days off from the CBD oil to get unstoned a bit...Then get your exercise in...Seriously...Don't ignore the exercising & just take the drug...You need to schedule your CBD oil in, & schedule your exercise days in & make them a couple of days apart...Both won't work...

Diet: Cheat once in a while on your diet...You may need the B12...Don't go wild...if you need to go to a restaurant, go to a Japanese restaurant...Their food is high in Iodine & their fish is safer...It is a calming Zen experience too...Sashimi or sushi won't kill your raw plant based diet in the same way a "regular" restaurant might...Diet Cokes are fine & **artificial sweeteners will not kill you** or cause cancer that is just not true...(They will add potassium to your diet which is fine unless you have low blood pressure then watch out)...

Ovarian Cysts...

by Sari - Sunday, September 20, 2015

<http://grovecanada.ca/ovarian-cysts-2/>

I used Dr. Reckweg R38, & R39, one bottle for each ovary, to get rid of ovarian cysts...(about \$25/bottle)...I drank a swig of each(instead of drops in water as per instructions), & 48 hours later they fell out when I peed in the morning...I have used these formulations off & on (maybe every 6 months) to make sure no cysts were there...Dr. Reckweg products are found all over the world & on the internet...Your local health food store might order them for you too if you ask...

(Got mine from Natural Solutions in Sherway Gardens, Mississauga, Ontario)...

Just Google " Dr. Reckweg R38 R39 ovarian cysts" to find out more & where to buy them in your area...

Just buy from a dealer who seems reputable or have your local health food store owner order it for you to ensure the Dr. Reckweg R38 & R39 are the freshest possible...When you get the two bottles, take a drink from each bottle...Just put it to your mouth & suck a bit(it has a control top)...This way you get a stronger hit than if you dilute it in water like they say...(but you can do it that way too-I just had success with drinking it straight- & I took more than the recommended dosage at one time)...They literally just fell out two days later in the bathroom...If they are bigger or resistant you might need more...But it really really works & I haven't seen anything that works in this manner otherwise...It has bees inside...Bees...(apis mellifica)...The bees cause the cyst to detach...(a powerful manganese that releases iron)...Quite amazing...Good luck...Feel free to message me (on Facebook), if you have any questions down the road...

Ovarian Cysts...

by Sari - Monday, August 10, 2015

<http://grovecanada.ca/ovarian-cysts/>

I took Dr. Reckeweg R38 & R39 for ovarian cysts...

Each bottle about \$25...One for each ovary...

I just drank a swig straight from each bottle...

Cysts came out 48 hours later...

Easy to find online...

(It was recommended to me by the owner of Natural Solutions in Sherway gardens in Mississauga, Ontario, Canada...)

Ovarian cysts...How I got rid of them...easy!

by Sari - Wednesday, July 08, 2015

<http://grovecanada.ca/ovarian-cysts-how-i-got-rid-of-them-easy/>

Omigosh...I had Ovarian Cysts...

I had an ultrasound, but they said it was normal...But I knew, because, well, sex with my husband, hurt...I knew there was something there...

One day in a health shoppe([Natural Solutions in Sherway gardens in Mississauga](#)),

I mentioned it to the owner & he said:"Oh yes, I had a lady who had ovarian cysts, we researched it, & we ordered her these two tinctures made by Dr. Reckeweg...(German homeopathic doctor, kinda famous)..."

"Anyways", he says"it cleared up the whole problem, let me order them for you" ...\$25 each bottle...One for the right ovary, one for the left ovary...

I got them home & took a long swig of each...(that was not the instructions-it was something about 15 drops in water-but I wanted a strong hit!) Anyways...

48 hours later I went for my morning pee...Happened to look down, & lo & behold, there were these tapioca like jellyfish clear egg things in the toilet water...

I had ejected the cysts! Anyways...

That is how I got rid of my ovarian cysts...(I did reorder every once in a while to make sure I was clear...You never know if they are lurking...)

**Pages 46-56 of Grove Health Science Book 3 are about
"Handedness" (which hand you prefer to use)...& the brain...**

by Sari - Friday, April 08, 2016

<http://grovecanada.ca/pages-46-56-of-grove-health-science-book-3-are-about-handednesswhich-hand-you-prefer-to-use-the-brain/>

This link takes you to SCRIBD where the Book 3 is embedded & you can enter the number 46 into the search bar & click & it will take you there...The bit about sidedness ends about page 56...So only 10 big easy pages of reading...

<https://www.scribd.com/doc/207388609/book-3-Algae-Rhythm-Algae-Rhyme-Apt-Surgical-Rotation-App#fullscreen>

Pain: Too much Magnesium, or too little?

by Sari - Saturday, November 07, 2015

<http://grovecanada.ca/painiatrogenic-effect-from-excess-magnesium-supplementation/>

If you have existing pain, & it is caused by an excess, pressing on nerves, magnesium lowers bilirubin in the Gallbladder, which removes excess that may be clogging up cartilaginous areas...

On the other side of arthritis, are people who have no pre-existing pain, but take magnesium supplements because they are told to...

If pain begins where there was none before, it is a sign that magnesium levels were fine & the supplement is eating into cartilage...It is a classical sign of overdoing magnesium...Because people are taking so many supplements, they often don't realize the supplements themselves are the culprit...

If the person with the new pain has been taking magnesium for a while, it is easy to recognize...(jaw pain is classical magnesium overdose- also pain after taking osteoporosis drugs is magnesium overdose...)

Pain while doing a detox protocol like Gerson Therapy(anticancer)...

Comment:Sounds like a Herxheimer reaction...After 8 months of detox, your Gallbladder was stuffed with excreted toxins, & it wasn't able to process it all, so it caused the back pain...

Lowering bilirubin there unclogged the channels, magnesium is a laxative, relieved the pressure...I just assumed everybody doing an anticancer detox was taking magnesium...It was the first thing I took, even before I knew something was wrong...

(I was feeding Trumpeter swans in winter near a marina where people emptied their boat toilets yearly straight into the lake- instead of into the marina's tank...A common practice when boat owners get older & doing the water tank method becomes too difficult to do...

High mercury levels in the water...I had to step in one winter cause there were rocks & the swan couldn't feed from my hand...Came home all Mercury garbled- it's like instant dyslexia...Your Emails look like code...Started magnesium then & Epsom salt baths(magnesium too)...The jaw pain appeared later...Tortuous ...

That's how I know...But if people aren't taking magnesium here(a group of people doing Gerson Therapy), at all, it is definitely important to clean that gallbladder out! Exercising daily like a very far walk also lowers bilirubin which is like taking magnesium...

I notice in all my (anticancer)groups, not a lot of exercising is mentioned...Just rebounding which is only half an hours worth usually total...

Cleaning out the Gallbladder:

Magnesium cleans out the Gallbladder specifically...

(if you have pain that goes away with magnesium),

If your pain is responding to it, & then returning, you could either carefully increase your dosage of magnesium until the pain does not return, add some more exercise to your day since exercise lowers bilirubin in gallbladder & ups magnesium, or maybe add an Epsom salt bath soak(Epsom salts are magnesium sulfate)...

There are specific gallbladder cleanses that make you drink olive oil with lemon juice a couple of times a day, with oral Epsom salts(ask your pharmacist to order you some)...

Eating lots of Parsley will help your Colon the next body part down, & Neem leaf helps there too...

Then a Boron supplement cleans the next thing down that line called Skene's gland which is the female prostate..

Paradoxical Situations...How can you have high Copper & Cancer at that same time? Is it possible?

by Sari - Tuesday, April 05, 2016

<http://grovecanada.ca/paradoxical-situations-how-can-you-have-high-copper-cancer-at-that-same-time-is-it-possible/>

This is the response I gave to a question about how to raise Copper levels...

Background:Someone had a hair analysis test that apparently said high Copper levels...Later Cancer appeared...

My explanation is why this situation is almost impossible...

There are 12 body parts(far left side)...

The one called Gender just means Prostate gland for men & for women it is called Skene's gland which is the female prostate...Each body part contains 2 elements...

A Minus element & a Plus element...

These should live together, in balance, as opposites...

Minus items clean or detox...

Plus items repair or feed...Disease is imbalance...Excess of one, lack of the other...

If you look down at the Spleen body part-you will see the Minus element is Copper & the Plus element is Phosphorus...Now Cancer is characterized by very high Phosphorus...

Phosphorus in hormones is called estrogen...

Cancer creatures, the parasite, love to eat Phosphorus...

So when your Phosphorus levels get high, these parasites show up to much on you...

Which is why people use the Copper family to kill Cancer...

& other parasites too, like the Salmonella Typhi bacteria(Typhus, the Black Plague)...People with exceedingly high Copper levels, like what is seen in the illness called Wilson's disease, don't get Cancer...

Wilson's disease is very serious & the high Copper causes all sorts of other problems, however, Cancer is not something they usually have to deal with...

(I say usually because there is always an exception to every rule)...

Do It Yourself Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

So what I am saying, is it is very unusual for someone with high Copper levels to get Cancer...If someone has cancer, then raising Phosphorus levels would feed the Cancer further & be very dangerous...I also would not bet my life based on a hair analysis test...I just wouldn't...

There are too many possibilities for mistakes...

Not to mention the very common misconception that Copper & ceruloplasmin are the same thing... Articles on the net that say Copper is dangerous for cancer, are actually referring to a Clinica trial which involved lowering CERULOPLASMIN...

Not copper...Ceruloplasmin is a Copper binder...

It binds Copper...I have had people tell me they have high Copper only to find out it was Ceruloplasmin that was being tested...

I would not embark on self-treating based on the hair analysis test...

Mainly because it is very unusual for someone with high Copper to get Cancer...

if indeed it is high Copper, is it high Copper in the hair, or is it high Copper in the Spleen where it matters, or is it high Copper in the blood which also matters? There are other ways to check what is happening before proceeding...

I could edit a picture for you & see what your Phosphorus levels are at...

Short answer:To lower Copper you could drink tons of milk & eat lots cheese & drink Kefir...For someone with cancer, that could kill them...

Parietal Lobe does connect to the Lung & Lymph Node system topically!

by Sari - Sunday, June 07, 2015

<http://grovecanada.ca/?p=1291>

If you put Canola Macadamia nut oil Blonde Hair Repair from Paul Mitchell into the spritz bottle 'cuz u ran out...

Yes, it does go to the hair & roots & Parietal Lobe, & then , later, it comes out of your chest, hairs...Ha!

GroveBrainPartChart

Mayonnaise is excellent, as is Arnica Album 1 M homeopathic Boiron Qi Natural Foods, on Egg & Al near s, si, e. of...

To cure heal, cuts & wounds due to, excess Boswellia Carteri right side attacks...

Frankincense left side attacks...

The Mayo Clinic is helmann's favourite dip for celery sticks! (cite Andrew Warhol pluzee)

OZ=The Wizard of Oz- *CAMH centre for addiction 'n mental health* _

So:If you put stuff on the top of your head where the parietal lobe is it comes out your chest where your lungs 'n lymph nodes are... ! of

Parkinson's disease...(Licorice Root)!

by Sari - Monday, September 21, 2015

<http://grovecanada.ca/parkinsons-disease-licorice-root/>

Licorice root is the basis for the Deprenyl drug(from Hungary where it grows)...Parkinson's is excess Phosphorus in the Spleen & Globus Palladus...Often caused by early trauma, decades later the Spleen degenerates to the extent that it affects the brain-unless there was head trauma, then it is more direct...It is the Copper in Licorice root that dissolves the excess Phosphorus which is like a slow eating mold...All Coppers will help...Licorice root tincture & tea daily is a very good start...

PART 2 ongoing saga of black salving a breast lump by Sari Grove...

by Sari - Friday, February 26, 2016

<http://grovecanada.ca/part-2-ongoing-saga-of-black-salving-a-breast-lump-by-sari-grove/>

<http://grovecanada.ca/black-salve-on-breast-lump-ongoing-post/> Here is PART 1 of the black salve saga if you want to go backwards & start from the start...

*****Please Note: I am mentally going a bit wacky, between the aftermath of the holiday season, my 19th wedding anniversary, black salving, & getting [beat up by policemen](#) & ending up in a Health centre for 3 weeks...(thank you St. Joseph's for the excellent care)...So if this post has a few non sequiturs, this is normal...*

<https://www.facebook.com/groups/blacksalve/> This is one group I belong to...I should add, Ginkgo Biloba is another name for Licorice root, & if you empty the capsules into tea or coffee or your juice or smoothies, it tastes just fine & is water absorbable so it mixes well...The tiny group [DIY Cancer repair manual](#) that I admin has other links & info about stuff that maybe I have not mentioned here, but it is getting complex with 63 members so I recommend the [Naturally Shrinking it](#) group for better clarity about shrinking things...(I have progressed to Black salving, which, because I took a mersyndol pill pain killer, can cause memory loss-my bad!)

Sari Grove Black Salve is called BIOSURGERY...It was developed at Harvard University, & evolved into today's MOH's technique...Moh's surgeons require additional training in Moh's surgery(plastic surgeons/cosmetic surgery practitioners may have Moh's certification-ASK)...Once a tumour or lump is indeed benign & all systems are relatively stable, IF one has time & is willing, they can begin removal of the benign lump...I do have more information on my site about how that works...I am "in progress" right now & doing very well thank you very much...I am consulting a neurologist about the brain aspects of all this...(Remarks:Female neurologists often go under the name "Psychiatrist", which is a female designation for a woman who has studied the brain extensively but has been given this derogatory word to describe her knowledge...Psychiatry is just neurology without diagnostic imaging usually...If your psychiatrist can read a CT scan report, she is probably underpaid & overqualified for just "talk" therapy...Use her to help with the emotional & physical aspects of Black Salving if you chose DIY biosurgery... Frederic Mohs

Please Note remarks(**BRAIN**): Left side of head is controlled by right side of brain...Right eye is controlled by left side of brain...Right nostril is controlled by other side of brain...In the three dimensions(think sculpture), the top of the brain & the bottom of the brain, the sides of the brain left & right, & the front & the back of the brain...Those are the 3 dimensions of the brain to consider...The head is outside the brain & is totally opposite...In all 3 ways, totally opposite...This gives it strength...The 4th dimension is TIME...Time means over time the brain changes, flows...If you spend time on one side of the brain, the other side will get LESS time spent on it...If you eat food & it travels in your body like a mouse being digested by a snake, the travelling of the mouse through the snakes body goes from organ to organ...This FLOW or Feng shui(Happy Year of the Monkey everyone-choose health or wealth but you

Don't get both, it is one or the other:warning!)...Also(The Chinese new year system is a cookbook!)...Next...So if the mouse in the gallbladder of the snake, then it moves to the COLON of the snake, it is over Time, in FLOW, FLOWING through the body of the snake...If the mouse has eaten cheese, then the Spleen of the snake will get cheese...If the mouse has eaten grass, then the Kidneys of the snake will get grass...

In a correct anticancer protocol, one begins with the outer part of the tumour & works their way inward...So...

Use the Grove Body Part Chart & go backwards in a zig zag pattern (reverse Fibonacci spiral)up the chart...Later use the brain part chart to hit the brain parts...Start with the FEET or SOUL SOLE of the body...It is safer, theoretically...

https://insights.hotjar.com/static/app/html/browser_not_supported.htmlThere are 4 main ways to communicate on the internet...Chrome(language translation feature-Dads), Firefox(always works-Sons), Internet Explorer(complexity & Do it yourselfers-Moms), & or Safari(ease of use-Daughters)...Make sure you are using the right one for the right job...

Mace...The sculpture called

Threaded rods with bolts screwed through copper wire plumbing strapping covered in mesh screen tied on with copper wire:War Toy

rhinoceros ubu roi rt

is no longer in our artist's studio...However, we do have the prosthetic hand prototype final, as well as prosthetic hand copy 3 edition on hand(pun intended)...The sculpture called "War Toy" was used to make the fist portion of the 2 part sculpture...Mace is also the word used to refer to a war toy attached to a chain that is then laced through a hole in a wood piece-it is swung at the victim's head repeatedly to drive nails into the skull...originally the nails were reversed in the War Toy/Mace, which I have not done...Instead choosing the soft blunt edged "Dandelion" look which God & Mother Nature & Jesus prefer better...(yes, I just said that)...!Comment: A dandelion is a much better choice of weapon if you need one...It blows gently & lightly into the wind, separating as it blows, into tiny little pollinated pieces of fluff, floating, sinking, "WE're all stars now, in the boat show" Marilyn Mason...

http://www.altcancer.net/cansema_pain.htmThis link explains what to do about pain...When you black salve with Amazon deep tissue salve...I did NOT need pain killers with the Zenith herbals black salve/bloodroot salve...Also-the Bloodroot capsules can lower Iron levels if you have already done a Mugwort protocol from RepoWoman Book 6 DIY Chemo, or Moxibustion Japanese style, or Manganese supplements in excess, or Nutmeg in excess, or Opium or Poppies in excess...

Friday February 26th, 2016 Clove oil made Amazon deep tissue salving weep!

Recurrence questions:(Sari)

"I have observed in all of my Facebook groups that the ladies who return are the ones who have had

lumpectomy, mastectomy, or other standard treatment...The Black salve groups are dominated by people who say they salved & had no recurrence...Those who salved may have gotten a new spot somewhere else, but this is greatly reduced in those who take the bloodroot capsules & do other alternative complementary detox therapies like oral chelation, raw plant based diet, exercise, & recommended supplements as well as restraining from the big 5: gluten, sugar, dairy, phosphorus, meat...IMHO(in my honest opinion)"

Side effects:Have on hand some gentle Iron pills & some Melatonin...If you start to feel dizzy or vomity, take the iron with some food...If you start to feel like an insomniac, or your brain feels weak, or your eyes are twitchy, or you are seizure prone or have had previously a concussion, take the Melatonin(more than one)...Use your wisdom when salving...If pain gets out of control, wash it off...Take some mersyndol or whatever alternative you like...Topically MSM at 70% to 30% organic cloves with a little water(let sit & shake) has been mentioned as a pain relief liquid...I put Clove oil on mine today which helps to numb the area but also it made it weep which was really cool...(a foggy liquid with maybe some blood but dead blood, some phosphorus, some clear liquid, some white yuck maybe calcium)...

Long story you can skip if you want(optional)**Cleaning the air in the home:** a whole root (looks like a giant head with hair)Celery root, olive canola oil, tap water (fluoridated)to cover head, large stainless steel pot with handle, leftover grease sauce from cooking a boneless chicken with rosemary(sauce is worcester sauce, oil, water), half a stick of lactantia no-salt butter, boil on high, simmer on low, then boil on high, simmer on low(this is the Principle of **Hyper/Hypo-thermia** therapy-to kill the celery root head one must alternate the current between high & low...By shocking the celery root head by changing the subject off & on repeatedly, it dies...Yes, you are trying to kill a plant! *Celery root is an excellent source of both BORON Bo & MOLYBDENUM Mo...*)When you boil the soup the Celery root head gives off Boron Bo into the air...The Molybdenum/bean stays in the pot...By boiling the soup you are separating the Boron from the Molybdenum...If you eat celery root, you get both...If you boil celery root, you release Boron into the air, thus cleaning the airspace...If you then DISCARD the bean/root/leftover, you do not have to eat the Molybdenum part...This CLEARS the airspace in the home(of paint fume, grout fume, etc)...Boil on 6 to keep it rolling...Note: Celery is in the Bean family, which addresses the GENDER body part on the Grove Body & Brain Part Chart...In the FEMALE it addresses SKENE's GLAND , the BORON Bo aspect...In the MALE it addresses the Prostate Gland, the Molybdenum Mo aspect...In women Boron is dominant & molybdenum is non-dominant...In men, Boron is NON-dominant, & Molybdenum is dominant...If your NON-dominant side is dominant, please CORRECT that...You may put the pot of celery root mush in your bathroom to clear the air there too...The Boron will continue to reverse osmote, & the Molybdenum aspect(the MUSH) will comfort your husband...

Anthrax:"You gotta believe" This "Metal" musical band group uses low Bass(Base)notes that vibrate real low & make you pooh...Good "**to pooh to**" music...(they probably wrote the song on the can!)

People with big hearts tend to have Basal cell tendencies...Generous spirits, large breasts, higher blood pressure...In an Anticancer decision situation do NOT overlook the fact that aspartame/POTASSIUM K, is an excellent KILLER of Basal cells(AURUM on the Grove Body Part Chart & the Grove Brain Part Chart)...Please Note:Aspartame in some boiled water applied to a breast wound will kill Basal cells/Aurum Au feeders on the surface of the skin...Ingesting aspartame in tea will do it internally...Use wisely & with discretion...**Ridiculous thought:**Snorting aspartame if basal cells are up the nose may prevent things from crawling up to your brain(speculative no proof)...

Lead Pb Plombum in EYELINER pencils like Rimmel Trespassing Taupe eyeliner/eyeshadow pencil stick in one, can attract Melanoma type cells...Use Goldenseal/ZINC Zn type things to remove!

Squamous cells live in the Pancreas & feed on sugar...Cayenne Pepper/Selenium Se in your smoothie drink will kill them...

Lyme disease:is a Mercury excess in the Gallbladder region...Use Magnesiums Mg/exercise to kill ticks from deer...Epsom salts are a handy bath made of Magnesium Mg...(oral epsom salts can be gotten from a pharmacist from behind the counter, or they will order for you if you are nice...)

Summary:**Lead Pb (melanoma), Aurum Au(basal cell), Sugar Su(squamous cell), Mercury Hg(Lyme disease-tick bite, bullet shaped target rash camping history farm with deer Victoria Secret Models antelope)**, all appear commonly together in AGGRESSIVE type cancers...This does NOT mean that the other elements or body & brain parts can be ignored...This just means that these people have MORE stuff to worry about...Sorry...

Warning:Using Snake venom as topical pain control while Salving can cause seizure...Especially if there is recent Concussion...Also especially if dentists work nearby & your water supply does not have siphons(legally all CONDO bldgs & other structures in Toronto must have Siphons on pipes to prevent backlash-if you don't know, ask...If they lie, sue...If your Sunday morning tap water is filled with fluoride gunk from the dentist's office up the street, you know there are no siphons on your pipes!) to prevent weekend backlash of dental fluoride being sucked into your home tap water supply(condominium building risk)...

Dear HerbHealers.com

I used the Amazon Deep tissue salve with excellent results thank you...

After I salved superficially with The Zenith herbals salve, the lump moved closer to the surface...

Then I salved with the Amazon deep tissue salve, & it weeped/dissolved! yay!

I am going to Florida March 15, 2016 for a break for 2 weeks then will start again when I get back to Toronto, Ontario, Canada...

The topical pain relief (3 the new ones)I used one...The Izulant...I have a slight concussion & maybe used too much...

My fault! Had a slight "seizure" type moment one morning...It's ok, I have Indium drops, melatonin, Bismuth, activated charcoal on hand...

So it was good to know that the formulation was good & strong-Thank you!

Usually when stuff arrives in Canada it is very weak...Great your

shipping is fast!

Plastic bottles are smart too! (had some Indian cobra venom burst on me here in a glass bottle)...

There are blog posts on my site about the salving...

I am still just part of the way through...

Did take a Mersyndol the night I used the deep tissue salve...Helpful!
(a little memory loss though-so I will be careful-I had salved a 2 inch
6 centimetre area on my left breast, so I was cautious about the pain...

It appears the Zenith Herbals salve is less painful but takes much
longer to work...

The Amazon deep tissue salve works faster but is more painful...

I tried Ingrid Naiman's Golden Myrrical salve this time after salving
once for 24 hours...

I think she must have high blood pressure, because the salve she made
seemed to have a tendency towards that...

Basal cells was the impression I got from the salve...(It did the work,
but the artist's signature was present)...

Not sure if I can get in touch with her directly...If you do know Ingrid
Naiman, please tell her that she needs more Potassium in her
diet...Hawthorn, Stevia, Coconut water, bananas-that sort of thing...

Thanks so much,

feel free to write whenever,

I don't usually bite!

Sari

--

GroveCanada.Ca

DIY Diagnostic Imaging

Sari Grove

<http://www.grovecanada.ca>

About **BORON**...

(optional, only for IV drug users, & other at risk people like those who have EVER been in a STRIP club)

p.s.Heroin users, Ecstasy users, Izulant users, Indian Cobra Venom users, Morphine users:Please eat BEANS to correct...Like the HUNZA people do...This is called the PULSE family...Chickpeas, Hummus, Kidney Beans, Lentils-PERU specializes in the PULSE family...They live a very long time...Peruvians!

"bleeding" png by GroveCanada Sony Dsc t-100 digital camera 8 megapixels Henry's camera Toronto, Queen & Dundas street, Ontario, Canada...Taken with Macro on, Flash off, in bathroom mirror, with camera facing left mammary gland, visual spect scope screen towards mirror so human can sight in the mirror area of speculation!

Visuals:Blood in area of wound...Red...Edited in iPhoto using Snow Leopard operating system 10.6.8 Macintosh computer desktop...Enhance, Boost 9 times, saturation up to the right, sharpen to right, contrast right, blue all the way left, enhance to right, definition to right, sharpness to right, contrast to right, do not saturate skin tones is checked (the box)...

<http://grovecanada.ca/part-3-bloodroot...sing-bio-surgery/> Part 3 of the Bloodroot salve BIO-surgery...for Do it yourselfers!



Part 3...Bloodroot salving notes...(removing a lump from your body using Bio-Surgery)

by Sari - Sunday, March 13, 2016

<http://grovecanada.ca/part-3-bloodroot-salving-notes-removing-a-lump-from-your-body-using-bio-surgery/>

<http://grovecanada.ca/part-2-ongoing-saga-of-black-salving-a-breast-lump-by-sari-grove/> HERE IS PART DEUX PART TWO OF THE BLOODROOT BLACK SALVE JOURNEY TO REMOVE OR DISSOLVE A BREAST LUMP...

<https://www.naturalhealthyconcepts.com/dms0-cream-aloe-vera-rose.html> **This is the unbelievable DMSO CREAM, I used to heal after each salving...It is available from several different retailers so find one near you...(originally recommended by Zenith Herbals...Their Bloodroot salve discussion group on Facebook is superb! Join!)**

large mark is from direct moxibustion(once), two small holes are from core needle biopsy(once)

fotoflexer shows calcium yellow hydrogen peach

lunapic shows purple phosphorus (cheese)

So, after the big success(see Part 2 of this black salve story), I decided to take a break & heal up the wound...I have been using DMSO CREAM with Aloe(see link at beginning of this post), which is a repairer(the aloe) & antibiotic(DMSO is like garlic) type cream in one...It is a miracle cream...Zenith Herbals sells this cream, as do some retailers closer to Canada...

I used the Golden Myrrical cream after this salve & Before using the MSM cream with aloe, which sort of stops the salve from reacting further & keeps the mark where you were...What this means is that if you want to take a break from salving, but keep the spot where it was closest to the skin, you can use this salve in between...

Personally, I am not sure that I will do this again...I think I'd rather just guess at the spot to re-enter, rather than marking the spot by stopping the process midway...But it is useful to have Golden Myrrical(Ingrid Naiman's invention)salve on hand in your fridge, if the Amazon deep tissue salve gets out of hand...(it is really strong!)

Also note: I have been eating much more like a "normal " person, so both my Fotoflexer edit & my Lunapic edit are showing that...Though my lump was benign when I began salving(after 2 years of hard work to get it that way), I forgot that cells can be in my body NOT near the lump...So I have been taking [Pranin B powder](#) & [Heavy Metals Defense](#) Powder to clean out my whole system further...

Started salving again using the Amazon Deep Tissue Salve...Tuesday March 15, 2106...I have been salving, then letting it heal, then salving again...Going in

bits...<http://www.herbhealers.com/store/salve-deep-tissue.html>

march 15, 2016 amazon deep tissue salve again...

I still don't have tegaderm to cover the salve, so I am using again a piece of a baggie (plastic food grade) cut out, with sensitive skin tape in a criss cross, to cover the salve...This actually works pretty great!

plastic baggie cut to size with sensitive skin tape on top...

So this morning, I woke up, & the deep tissue salve hadn't really done very much, so I resalved again, in a much bigger way...Probably going to take a quarter of a Mersyndol (strongest pain killer you can get over the counter from a pharmacist)...

trying again with amazon deep tissue salve

So, the next few days, I salved, then resalved, & was only getting a superficial reaction...I have been trying to get the salve to grab the lump in my breast...This salve I switched back to the Zenith herbals black salve...It hurt more than usual, I took a few mersyndol pills, & got this result so far...(I should mention, some of these earlier salves I did get stuff leaking out from the lump, & bits coming off, but nothing huge...)

resalved with Zenith herbals black salve...

So after salving, I rub the area with Clove oil, which then produces this effect...

OOze after applying clove oil

You get tumour oozing out of the scab...Ew gross, but kinda cool!

Eschars leave perfect holes...

I am letting this salve heal up, & will try again in a few days...Am still trying to figure out how to get the whole lump going, not just small bits...

Tuesday March 29th...I got bored with just these superficial reactions, so I got on the phone & ordered 3 jars of the Two Feathers Black salve...This is the Rolls Royce of black salves...

You take it internally (I am going to take 2 bits of it daily for 6 weeks), & you can start salving after about 7 days of internal use...

Here is the link to the Two feathers site...<http://www.healingformula.net/>

The owner also has a Facebook page here...<https://www.facebook.com/robert.roy.9022?fref=ts>

I should mention, to order the Two Feathers black salve, you have to call personally & speak to this lovely owner named Rob Roy who will guide you through the process...Remarkable already!! Such a

beautiful spirit!



Pdf or DocX file of DIY Cancer Repair:Emergency (for when they say there is nothing more they can do & want you to go to hospice)!

by Sari - Sunday, April 24, 2016

<http://grovecanada.ca/pdf-or-docx-file-of-diy-cancer-repairemergency-for-when-they-say-there-is-nothing-more-they-can-do-want-you-to-go-to-hospice/>

DIY Cancer repair-Emergency [DIY Cancer repair-Emergency](#) [DIY Cancer repair-Emergency](#) PDF of
DIY Cancer repair:Emergency

[DIY Cancer repair-Emergency](#)DOcX file of DIY Cancer repair :Emergency

Continue with Licorice root extract to kill the Cancer...Colloidal Silver is a natural antibiotic that will get rid of infection...You can take spoonfuls of it...(it lowers blood sugar)...Holy Basil deals with inflammation...Large amounts of Milk thistle will remove fluid & mucus...Castor oil will remove any glutens blocking kidneys & will help remove toxins...If you added the tanning salon as part of your weekly routine, it would help boost general health & the radiotherapy would help tremendously all around as a boost to your immune system (& mood)...Restrain on fluids...This will help dry up your lungs...Stick to a raw plant based diet eating plenty of nuts & raisins for snacks & trail mix...Try to go out every day for a very long walk with music if you can...Force yourself & eventually it will become a part of your daily routine...Exercise & fresh air is crucial...You could also swim in a saltwater pool...Ginger root is excellent for removing Lead...Tiny sips of apple cider vinegar will kill a staphylococcus infection(Lead based)...You can eat a giant bunch of basil too & it will reduce inflammation...The raw plant based diet alone will work wonders...But pull back on fluids...This will help your liver...

09:14

Also, get an extra strength fluoride based mouthwash...Swish & swirl & hold it in your mouth for 20 minutes...Do this several times a day to kill bacteria in your throat & mouth...

11:24

& megadose vitamin c powder...I think Lead is a huge component of this, so vitamin c will clear that out too...

With the colloidal silver you can also add Lysine as an antibiotic...Just with antibiotic type things, people have gotten rid of ulcerating tumours...Take a whole lot to get a chemotherapeutic effect...

Pen & Paper Amaryllis

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/pen-paper-amaryllis/>

So...It began when my mum gave me & Joseph 3 giant white Amaryllis bulbs in a big green glass vase...Huge...I started drawing the bulbs as they bloomed, & then sent the sketches to my mum by email, by way of saying thanks...

Then, I needed bigger paper...Went to Grand & Toy & got a giant cardboard folder, & a giant pad of paper & a neat black pen (that came with a carabiner attached to a stretchy thing)...

Went home & did a giant pen sketch of the new blooms...

Took a photo of that sketch with my little sony dsc-t100 8 megapixel teeny camera from Henrys...

Uploaded that to Mac Snow Leopard from Sigma...

Then opened that sketch file in the free Mac Paintbrush application...

Went over all my lines again in black to make them bolder...(just with my mouse in hand)...

Then took that bolder sketch & stuck it in the online program called Psykopaint.com...

With the plain clear brush on the Van Gogh setting went over all lines again, to smush up the look a bit...

Threw in some scattered white scumbles...

Downloaded that file...

Uploaded that to Posterjack.ca ...Sent my mum a poster of this sketch...Went straight to her house as a thank you for the flowers...

The little sketch below uses the same method as the bigger sketch to the left...This one is just one of the blooms close-up...I threw some colour in the background using the Psykopaint program because the original was drawn on lined paper (with ballpoint...)

Buy Postcards on Zazzle (of the AMARYLLIS one, the sepia toned one-not the purple)click below...http://www.zazzle.ca/blooming_bulbs_postcards-23922522204712795

Personal answer from Sari to a question about CT scans & radiation...(from the DIY Cancer Repair Manual Facebook group)

by Sari - Saturday, July 16, 2016

<http://grovecanada.ca/personal-answer-from-sari-to-a-question-about-ct-scans-radiation-from-the-diy-cancer-repair-manual-facebook-group/>

"My mum had a lumpectomy years ago, before it was normal...They were doing mastectomy...She refused...Afterwards she got radiation & that was all...She was fine with it...So, I cannot really say negative things about radiation, except for the fact that it really depends where you go & who does it & how they do it...I have seen people get burns & worse & do really poorly & that is just awful...if done carefully & in moderation & in the very best facility you can find with the very best radiologist, it seems to keep things at bay...My mother spent all of her money on personal trainers & gyms over the years(until the present which is a very long time) & that was how she did that...Her body is fantastic from all the working out...But she did have a new primary(probably because she did not really modify her diet that much), & had another lumpectomy...Then she decided that the appearance was not great & she could not do more radiation, did not want chemotherapy, so she decided to have a prophylactic mastectomy with natural reconstruction from her belly with a tummy tuck at the same time...Again she had the finest plastic surgeon doing this extensive natural reconstruction...She looks beautiful & her tummy is small finally too...So, it is possible that the radiation was not really sufficient to clean up her whole system...But it did help for many years...I have noticed that some people do well with some treatments & some people do not...So it seems to be that not all radiation is good & not all chemo or surgery or drugs are good...Nor are they bad...It is who is giving or doing them , how well it is done, where you go, how dosages are adjusted...Low dose tamoxifen can be useful...Some people react badly to CT scan dyes...Some do not...Some Ct scan technicians use higher amounts of radiation-the scan machine is new & very very strong...Some machines are older, some are weaker, the imaging may not be as good, but you get less radiation...In canada, where it is cold 6 months of the year & people are cold & live in the dark, radiation is not really a fear...In a hot climate, where sunshine & heat is abundant, radiation may be dangerous...Vitamin D3 is found in sunshine & radiation...Vitamin D3 is an antiparasitic, & removes lead from the body...So radiation is useful for very hard to treat cancers where the parasite is feeding off of Lead...Melanoma for example...The sun does not cause cancer, what it does is it detoxes the body, forcing deep problems to rise up to the surface...People with melanoma for example, have underlying deep problems, deep into the bone, that rise up to the skin level...The sun brings it up away from internal organs...But they associate the sun to the cancer & blame the sun...In fact it is only when they see the skin cancer that they start cleaning up their lives...So this was a blessing in disguise...I don't think radiation is bad, but in excess, like anything else it can cause problems...Radiation can cause problems if it is so strong that it actually lacerates the skin...Put too much citrus essential oil on your armpits & you may get a cut...Citrus essential oils act like the sun too...But they can actually cut through the skin...if they cut & create a wound, the body rushes in to repair the wound, sending calcium & iron & maybe even some phosphorus...Now you have a new lump...This is how excess radiation can be dangerous...Excess radiation can also cause bipolar symptoms which will land you in the psych ward...Thyroxine drugs act like radiation too-so be careful when you start getting manic, spending too much money, talking

incessantly...You are overdosing...I had a brain Ct scan in January...It went fine...I don't think I had any side effects from the scan itself...But it was winter...It was to check on a concussion...Not for cancer...But they did mention no brain metastases, which I had not known they would do...I didn't think there were any anyways...But I guess it was nice to know...The aloe type thing they injected me with here to enlarge my brain blood vessels I think allowed some toxins into my brain that might not have gotten there...I did a detox right away after because I got scared about that...Aloe can act like cholesterol in the body, so a Boswellia capsule will help afterwards...Each person is different & unique, so you cannot really make a blanket statement about whether or not radiation or CT scans are good or bad...If you suspect a brain tumour, that may be the only way to see...On the other hand, if you suspect a stroke, the additional radiation from the computed tomography(many many pictures strung together), can make a stroke situation worse(broken blood vessel)...I usually like to treat for worse case scenarios without doing extensive diagnostics if possible...if it looks like a duck & walks like a duck & sounds like a duck, it probably is a duck...Avoid hospitals & imaging labs & doctors as much as possible, because transmission of disease can happen in all these disease ridden centres...ie: You catch all sorts of things when going in to a hospital or cancer centre or imaging lab...Not to mention the negative vibe from people who see death & doom all day long...Doctors get sick too-that should be enough of a warning to stay away..."

Photo taken with iPhone 4S

by Sari - Friday, July 17, 2015

<http://grovecanada.ca/?p=1513>

Photo taken with iPhone 4S

Skull

Herbal

Homeopathic

Photon Sound Beam XII machine(Rife category), Portable Ultrasound machine with TENS?

by Sari - Wednesday, August 24, 2016

<http://grovecanada.ca/photon-sound-beam-xii-machinerife-category-portable-ultrasound-machine-with-tens/>

Yesterday, I went to <https://perfectbalancetherapies.com/> to use their Photon Sound Beam XII machine...

Sharon Walsh showed me how to use the machine(basically you turn it on, & then hold these two glass tubes near to where your lump is, with skin contact-the tubes emit alternating bursts of current, which buzz your skin a bit but does not hurt)...It was half an hour, & cost me \$40...

I did it all myself...

For those who may not know already, I had a malignant lump Easter 2014...I made it benign...(that's the whole licorice root emphasis you may notice)...

I am now trying different modalities to get rid of said lump...(not crazy about the word tumour-yes British spelling, we are Canadians eh!))...

Went home & did notice the whole thing had shrunk enough to feel the shrink...Wondered if I could somehow do this myself...(without having to go use someone else's machine)...

<http://www.tenspros.com/ultratens-ii-ultrasound-tens-combo-du6012.html>

Found this machine which is a portable ultrasound machine with TENS function-the TENS means you stick a connected patch on the place & the ultrasound is stronger there...

Am wondering if anyone has tried home ultrasound?

p.s.I found Perfect Balance Therapies by Googling my location(Toronto) & Rife machines...If you are looking for someone who may have a Rife or other sound beam machine you could try...

Update: Hmmm...Probably not the portable ultrasound unit with the TENS...Transcutaneous electrical stimulation is contraindicated for this type of thing...Ultrasound is a known, to work though...

This one... <http://www.tenspros.com/us-pro-2000-portable-ultrasound-du3035.html>

Pixlr.com to track SIZE of a lump over time...(*work in progress)

by Sari - Thursday, May 19, 2016

<http://grovecanada.ca/pixlr-com-to-track-size-of-a-lump-over-time-work-in-progress/>

PIXLR.com for size

TO CHECK FOR SIZE OF A LUMP

***(KEEP THESE TO TRACK CHANGE OVER TIME)follow these 4 short steps in PIXLR.com**

1)OPEN IMAGE

2)FILTER:MIMIC HDR

3)FILTER:SHARPEN

4)FILTER:HEAT MAP 2 (slide ALL the way TO LEFT which gives the number "2")

pixlr.com for fun

optional:FANCY WAY(Just having fun here):

OPEN IMAGE...

ADJUSTMENT:invert,

FILTER:mimic hdr,

FILTER:sharpen,

FILTER:heat map 79,

ADJUSTMENT:hue left,

ADJUSTMENT:invert,

Troubleshooting:

If you don't get results with the first method do the second method...

If you want to see better, use MACRO before taking your picture...

If you want to see better, stand in much better light before taking your picture...

If you want to see better, turn the FLASH on your camera...(you will have to pull back a little, not so close up, so the light from the Flash bulb won't flare the image & give you a giant white yellow circle where you are trying to see...

iPhone cameras actually take a decent picture...You can download free camera apps that help your iPhone take an even better picture...Some have Macro, flash, stabilization etc...This can help an ok picture become much much better...

You will get better at this...Take your time & try again...

Hold a measuring tape near to your lump before you take the picture-this will help you gauge size over time...(But you will get a "feel" for size changes just visually...Keep your pictures & compare them over time...)

You may get different results (your results don't look like mine)because your original picture was taken with a different camera, different lighting, different lens...That's ok!

Comments(excerpt):

"So, yes, the quiriness seems to depend on the original photograph...But what you are seeing is indeed

your lump...The picture I used was an old one of mine-I had taken the photo using a **Sony DSC-T100 point & shoot digital 8 megapixel camera, with Macro on, & Flash on, about 4-5 inches away so the flash wouldn't flare the picture...**Tracking size changes for me was a comparative thing I did mostly visually...I'd take a picture, edit, then after taking a supplement or walking far, I'd **redo the picture** the next day...

You can see size change yourself just by looking at the difference between the two pictures...
Even if the pictures are not identical, you get a feel for "it got bigger" it got smaller" etc...

The less lazy way to do this is **to hold a measuring tape** to your breast(or wherever) & somehow get it into the picture...This is harder to do yourself...(You need 3 hands)...Theoretically you could draw a small measuring tape onto a piece of white cardboard & tape it to your breast , then take the picture yourself...Or if you can grab a husband(or a friend, a wife, someone nice), he can hold the measuring tape, or you can hold it, while he takes a picture...

There are programs that measure things in pictures for you, but I have not found a Macro one yet...I will look again..!"

Or...Do this...(If you don't have Photoshop don't fret...There are many free photo editors that will stick two pictures together, or lay one picture on top of another(& you adjust transparency so you can see through one to the other...ie: see lump through image of measuring tape...)

"To find the size on a photo taken with a microscope you use the following technique:
Take a photo of the object.
Without adjusting magnification take a picture of a ruler
Import both photos to photoshop(Sari's note:or some free online editor)
Superimpose the photo of the ruler over the photo of the object using a opacity of around 50%
You can now measure the length of the object."

I got this (photographing a measuring tape)idea & excerpt from here
<http://blog.perunature.com/2013/03/how-to-measure-distance-to-object-in.html>

NEWER:

Free Form:If you are having trouble seeing your lump, try a free form edit...

This means, go through all of these steps in PIXLR.com's free photo editor...

At each step, mess with the sliders to try to see more under the skin...

Just pick the adjustment that allows you to see more...

Adjust each one...

Open Image

Brightness & Contrast

Hue & Saturation

Color Balance

Color Vibrance

Exposure

Auto Levels

Invert

Solarize

Cross Process
Color lookup

EASIER METHOD TO CHECK SIZE IN PIXLR(SHORTER VERSION)

Published on May 26, 2016

NIDI (Non Invasive Diagnostic Imaging)by Sari Grove of <http://www.GroveCanada.ca>

Go to Pixlr.com/editor

Upload a picture of where your lump, mass or tumour is...

(Picture will be better if you use a higher megapixel camera, if you use Flash or good bright light, if you use MACRO setting on Lens, if you get really close up like 4 inches away, if picture is in focus-hold still...)

In ADJUSTMENT:

- 1)Invert
 - 2)Solarize
 - 3)Cross process
 - 4)Color Lookup (choose color pattern from choices)
- File, Save...
-

Pixlr.com/editor, Fotoflexer, Lunapic=NIDI (non invasive diagnostic imaging)...

by Sari - Saturday, June 11, 2016

<http://grovecanada.ca/pixlr-comeditor-fotoflexer-lunapicnidi-non-invasive-diagnostic-imaging/>

Sari Grove in response to a question about NIDI(non invasive diagnostic imaging)...

The Pixlr.com/editor is new...It is an attempt to gauge size changes...Usually the outside of a tumour has a red outline in Pixlr so that makes it easier to see if things are getting smaller or bigger...Fotoflexer looks at biochemistry...I adapted Fotoflexer from iPhoto- I used iPhoto for myself while tracking changes in my own lump...I had begun to identify what different colours & their positions were in iPhoto...After a lady wrote about what I was doing (healbreastcancernaturally.com blog), I realized that iPhoto was not universal...So I translated what I knew to Fotoflexer which is online...The colours & what they stand for , are from my own long term observations...Taking pictures, editing, & observing colour changes depending on what supplement I took or what I ate...Lunapic came from another person (Tiffany Karesa who has the group Naturally Shrinking it), who just wanted to know if there was cancer or not...I already knew how to see it, but the colour was either light green or dark green- too subtle...Do in Lunapic, I sorted through to make the difference be very visible- cancer which has a Phosphorus visual signature- comes up as purple...Pre-Cancer is mauve...This came from my third book where I learned the differential between benign & malignant was Phosphorus...

Please submit any comments about your customer experience today at Uber head Office...

by Sari - Thursday, April 07, 2016

<http://grovecanada.ca/please-submit-any-comments-about-your-customer-experience-today-at-uber-head-office/>

Keith Cochrane came over to talk to me personally about the fact that I had gone to so much trouble to try to participate in the Uber PitchTo promotion, due to my not knowing that it was like finding a needle in haystack...

My wait time to speak to an attendant for help was reasonable & I enjoyed the efficiency of the iPad sign in process, with the electronic board with our names up on the wall-which hinders impatience with the process...

The couch where I sat was clean & quite comfortable for myself to sit quietly & read while intermittently pressing the request Uber Pitch car for a while...

I enjoyed talking to the other go gettters who arrived after me...

Tom, another inventor, gave me a lift back to my place, & I ended up taking him out to lunch to chat further about our projects & as a thank you for the free ride...

Dan & Allen let us both try their Virtual Reality eyewear & I enjoyed seeing a slice of the Cirque du Soleil in 3d...

All in all an excellent experience...

I did not get an Uber Pitch car, nor did Tom, or Dan & Allen...

However I got to meet some of the Uber employees at head office Toronto, I made a new friend & possible business associate, & I learned about a new technology...

Far more important than pitching an idea to a world weary person who is probably tired of hearing money asks & yearns to just go home...

My idea can be found on my website at grovecanada.ca & my books can be read for free there too...

If anyone is curious...

Look for the book DIY Cancer Repair Manual for details on the idea...

It involves do it yourself diagnostic imaging...

Coming soon as an App in the Apple store...

Thank you for the nice day,

Sari Grove

(sari sounds like mary)



Please visit my friend's new site Nubarr.com to preview works of art by his father...

by Sari - Monday, July 27, 2015

<http://grovecanada.ca/please-visit-my-friends-new-site-nubarr-com-to-preview-works-of-art-by-his-father/>

[Preview of art works for September showing...](#)(Truly beautiful works of art)...

Pneumonia...

by Sari - Saturday, October 17, 2015

<http://grovecanada.ca/pneumonia/>

When my husband & I had some sort of weird chronic pneumonia thing(husband's bar buddy brought it from visiting his Dad in a hospital)...We tried everything...Husband even took antibiotics, which didn't fix it entirely...Then he started putting Cayenne Pepper in everything he ate or drank...That worked for him...Me, after taking a whole lot of garlic pills high dose was also still not cured...My solution happened after 9 minutes on an " intermediate" level tanning bed at a reputable tanning salon...I did put the lotion on, & for \$25 dollars(Canadian), I walked out with clean lungs...

Pneumothorax: The word you might learn after getting a core needle breast biopsy 'cause you are small breasted & they hit your chest wall with the needle...

by Sari - Sunday, July 12, 2015

<http://grovecanada.ca/pneumothoraxthe-word-you-might-learn-after-getting-a-core-needle-breast-biopsy-cause-you-are-small-breasted-they-hit-your-chest-wall-with-the-needle/>

Pneumothorax...

When they puncture your breast to make the two core needle biopsy holes & the needle hits the chest wall & maybe makes a small puncture & you can a teeny tiny lung collapse effect because the needle hit the chest wall, & for two months after the biopsy you are drinking water & it seems to be going into your lungs instead of down your water pipe & you think you might get pneumonia & are confused...

Pneumothorax...That's the word for that when that happens during a biopsy on a smallbreasted woman whose lump is close to the chest wall...

Ask me how I know...

To find out if there is a pneumothorax in your chest wall from a breast biopsy they can do a chest X ray or better yet but more expensive so you will have to twist their arm, a CT scan which is a series of pictures from many perspectives that then forms a 3 dimensional image...

A serious pneumothorax can be stitched up...or you could just take Arnica pills, drink Aloe, & plot your revenge! (i think the massage event last week massaged into the pneumothorax from last year's biopsy(probably only one I will ever have)...

On the upside I would never have known the word if it didn't hurt recently...Silver lining to every cloud my math teacher says...

Pan Am games are on in Toronto & the drug dealers have to speed in their cars at night to make deliveries...Casualty of soccer is this raccoon boy tike, his father was found dead earlier in the day...

Policies...

by Sari - Wednesday, August 19, 2015

<http://grovecanada.ca/policies/>

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- -
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 - *ask me if you are not sure, Sari Grove grove@sent.com pretty much I say ok to just about everything though...*
 -
 - **Can we learn how you want to be credited?**
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-

- • **If we can leave a comment or review, can we easily learn what your policy is and what is or isn't okay?**
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Thank yous are appreciated...

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The types of information collected here automatically include things like your IP address, location, pages visited, and browser type. We use Statcounter for this...

*"It began when I started getting weird comments on a much earlier website & wanted to know where they were coming from...Turns out someone in Moscow, Russia...I actually took down the whole site(it was a GoDaddy site)...Scary comments scare me, especially from someone in a foreign country where it is hard to find people so they feel they can get away with things...We are now with a very very safe web host called HostAwesome...I felt the GoDaddy site was attracting the wrong kind of people...The Wordpress.org site template & all the plug-ins is also well designed..."

Sari Grove

policy help & legalese heavily borrowed from [The Artist's J.D.](#) (The Law, Less Scary)

Updates + Date Last Updated **Wed. Aug. 26th, 2015**

These terms of service and privacy policy will be periodically reviewed and updated to reflect the current functions of the site.

Disclaimer:Please know;

that this site is not the same as working one-on-one with a professional
that I cannot guarantee that users will get the same result
that our site is for educational and informational purposes only
that we attempt to include accurate information but that information may not be 100% accurate
that users should use the site/the information at their own risk
that I am an artist(which doesn't mean a lack of credentials in other fields necessarily, but that I choose to present from the artists' perspective & content is creative in nature...(out of the box thinking in any field including medicine is the artist's domain)...

Disclaimer help comes from The Artist's J.D.

Word of Warning

GroveCanada.Ca is an educational and informational resource for you as a creative human on many topics that might impact your artistic life...

We do our best to provide information that is applicable regardless of where you live, but we cannot make any promises or guarantees that this information will be applicable where you live...(variations in climate, culture, laws, supply & demand)

On the blog, we may use examples that seem eerily similar to things happening in your life... But everyone is unique. Because of that this site is not a replacement for working with one-on-one with an artist...And there will be times where you should probably most definitely consult with an artist to learn how topics/examples covered here actually apply to your life...

Policies about Pictures you have sent to edit:

"Yes...Thank you...I usually lose pictures quickly(life is messy-Garth Brooks, typical artist syndrome)..."

I will store files of pictures if the person is working with me to research a new technique...ie: the Lunapic edit...But that is a peer thing...Always on approval & with permission...Even then I misplace things...

If some specifically says to use a picture, then I might...Not always...

generally speaking I prefer to delete everything right away...

I usually assume people should store their own pictures & keep them in files to track progress...Safer that

way if I delete them...

I also mention to only send me modest pictures if possible-edit nipples out or anything that might be beyond medicine...If nipple has to be involved then fine...Close up is better...I prefer not to see anything that crosses over into anything beyond clinical...

My husband does not look at any of the pictures...At all...

he does consult me verbally if I am stuck on something, but not visuals & not personal matters unless it is medically necessary for him to know a detail that I cannot understand...

We work best together by not working together...I do my thing & he does his...But we keep our work separate so we have different opinions on things...

Different people too...Him, mostly men...Me, mostly women...

There is sometimes crossover if someone is gender confused...(gay, lesbian, transgendered)...At that point we switch to protect ourselves...ie:someone who prefers men as a sexual thing will talk to me-just for safety -for ourselves...

I am a Virgo if that helps...Virgin when I got married...Total prude...Total...I even edit my own pictures to be less sexual...(ridiculous I know)...

Sari"

Progesterone, Estrogen, Cancer...

by Sari - Saturday, May 14, 2016

<http://grovecanada.ca/progesterone-estrogen-cancer/>

Let me clarify...Estrogen is a Phosphorus...Progesterone is a Calcium...Malignant tumours most commonly are Calcium Phosphate...To remove Calcium you need Iodines...To remove Phosphorus you need Coppers(yes, Copper- those studies are about Copper binders, not Copper- it is a huge misunderstanding...Coppers lower Phosphorus aka estrogen...to be clear)...Receptors of progesterone & progesterone are the same concept- there is progesterone aka Calcium in the tumour...To say that adding progesterone lowers estrogen is like saying drinking milk lowers your yogurt levels- milk is a Calcium, yogurt is a Phosphorus...Adding progesterone is like drinking milk...This is not a good idea if you have tumours...You need Iodines if you are PR+...

Capsol-T:<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3901999/>

Capsol-T contains green tea(a Copper to lower estrogen phosphorus, & Capsaicum, a selenium which lowers blood sugar)...An excellent anticancer combo!

Prostate Cancer, Glaucoma, Diabetes...Men!

by Sari - Friday, December 11, 2015

<http://grovecanada.ca/prostate-cancer-glaucoma-diabetes-men/>

1. Prostate Cancer: Solve with Boron

Glaucoma:Solve with Fluorine

Diabetes:Solve with Selenium

Colon Cancer is Bismuth excess treatable with Fluorines like Parsley, Fluorine rinses & toothpastes(Rembrandt is a high Fluorine toothpaste, Listerine rinses, Parsley has natural fluorine as does the Pufferfish, Anaesthetics, GHB the date rape drug)- refrain from barbecued food, ash, soot, Indium metal, car exhaust, wood burning fire, burnt things, melatonin...Lymph node swelling is Aluminum/ Cholesterol excess...Responds to Titanium family like chewing & eating the Vanilla Bean, Vanillin, Frankincense, chamomile, comfrey, aspirin, hulled hemp seed, hemp oil, CBD oil...

On the way from the Colon to the Lymph Nodes, is the Liver...Anaerobic environment there can allow eggs to grow(wetness, Hydrogen, necrosis)... Marnie Newton discovered a recipe called Humaworm that is able to eradicate the asymptomatic larvae that can hide in the Liver...It is based on Dr. Hulda Clark's 3 part antiparasitic Wormwood/Artemisinin/Zinc, Black Walnut Hull/Manganese, Clove/Titanium, but also includes the key Licorice Root/Copper, & the Carbon/Marshmallow as a demulcent...

Blind people can refer to:

Retinitis Pigmentosa- retina excess Magnesium low Bilirubin Mercury Gallbladder, Broca's Area, Wernicke's area

Macular degeneration: Cornea, excess Zinc Vitamin C infrared light gamma rays computer screens tv sunshine....Treat with Lead Lithium based things like Vitamin A, beta carotene, carrots carrot juice...

Glaucoma: excess Bismuth Charcoal causing pressure...Treat with Fluorine like parsley, toothpaste, rembrandt toothpaste, listerine, fluoride rinses....Remove smoke from home or move....

Blind people (with Glaucoma)(or blindness due to high blood sugar levels or diabetes),May have higher Bismuth levels which increase hearing ability...(& concurrent low fluorine)

Night shift workers May have hearing loss due to high Workplace fluorine levels...(& concurrent low

bismuth)...

If a high bismuth level blind person hooks up with a high fluorine level night shift worker, then children may have normal Colon function...(column)...

High Bismuth is correlated to high cancer/ Hashimoto's Thyroiditis/high Calcium...High fluorine is correlated to high Graves disease/ high Iodine/...

Prostate gland & Skene's Gland...

by Sari - Wednesday, August 10, 2016

<http://grovecanada.ca/prostate-gland-skenes-gland/>

Gender means Prostate gland in men & Skene's gland in women...(In the brain, the Corpus Callosum & the Cerebral Aqueduct, are the two brain parts controlling "Gender")...re:On the grove body part chart...in pic

Prostitutes, Lapdancers, strippers, exotic dancers, illegal aliens, tax evaders, drug addicts & dealers, how they come into Canada...

by Sari - Friday, February 26, 2016

<http://grovecanada.ca/prostitutes-lapdancers-strippers-exotic-dancers-illegal-aliens-tax-evaders-drug-addicts-dealers-how-they-come-into-canada/>

On STUDENT VISAS...

Check out all the Language schools in Toronto to see where the illegal activity hangs out in Canada when they are not actually giving lapdances, dealing drugs, committing crimes, pickpocketing, robbing houses, conning you out of money, working for banks & credit card companies to embezzle from clients, & so on...

As long as they take one course at a "Language School" they can get student visas, & get them extended indefinitely...

African sunset

Q & A about DIY Cancer Repair Manual...

by Sari - Thursday, January 07, 2016

<http://grovecanada.ca/auto-draft-4/>

Q:When I change the angle of my picture taking slightly, my editing results come up differently?(DIY Imaging in Fotoflexer)...

A:If there is not enough light in the picture, you see fewer things...

Slight angle changes are huge at Macro settings...

Some people send me pics that only show Calcium...

Then I enhance, add contrast, & brightness, & all of a sudden the blue lead shows up & a few other colours...

I think it has to do with the light...

iPhones do well because they are pre-set to dark scenes...

Regular cameras need Macro & flash for a good picture...

Q:Do you recommend Copper for all Cancers or just breast cancers?(the Licorice root)

A:Copper seems to kill life forms very well...Perhaps the signature of life is Phosphorus & Copper snuffs that out...

It seems to work for everybody with Cancer...

The answer is slightly more complex...

I think I addressed it in one of my books & on my blog...

You address the Cancer...Copper...

You address the lump...Iodine(eats Calcium)...

You make it detach with a manganese...(the Iron)

Then you remove its food group by identifying which body part it is in...

Use our chart to figure that out...

Or: lungs...If it is in the lungs it is eating Aluminum...So you need Titaniums to starve it...

But if it is Colon cancer that metastasized to lungs, you treat it like colon cancer...(Bismuth excess, so starve it with Fluorine)...

Then you one by one detox each body part to make sure each one is clean...

If you start with Boron & work your way up the chart, only Minus elements, then you are killing the lump from the outside in...

Since Lead is at the centre of the lump, starting with Zincs means you might not reach the Lead...

Molybdenum would be the outside of a lump, so starting with Boron makes better sense...

Kill outside of lump first then work your way in...

Probably why starting with Zinc(like Vitamin c) is not the best first move...

But a common move...

DIY Cancer Repair Manual is an Amazon Kindle book by Joseph & Sari Grove

Use the search function on this site to find our free books here...

Q:What do you think about Flaxseeds?

A:To help people a bit better, without a lot of fuss...Flaxseeds lower Iron..Iron is a component of both benign & malignant tumours...When you lower Iron, tumours detach...They also soften...That is why flaxseed is good...The gobbledygook using words like xenoestrogen or plant estrogen just confuses the issue heartlessly...Flaxseeds are a MANGANESE element-you can also just take a Manganese supplement & get similar results...(though food based medicine is always better because pills get stuck & don't absorb as well, plus food based things are cheaper, more accessible, & more fun to eat!)



Question & Answer about recurrence of Breast cancer...(Triple Negative)

by Sari - Thursday, January 07, 2016

<http://grovecanada.ca/question-answer-about-recurrence-of-breast-cancer-triple-negative/>

Question & Answer period with Sari Grove:

Q:I have recurrence at surgical site, is this common?

A:Yes it is common...My very first suggestion to stop & reverse spread, is to get some Licorice root...Go to your nearest health food store today & buy what they have...Tincture, tea, capsules, raw herb...Whatever you can get & start taking it immediately...Lots...I will explain the chemistry later...Write to me after you have some Licorice root in your body...This will stop all progression & then we can get more specific...Most important thing you can do right now love...

Q:What is the importance of Licorice root?

A:Ok, so malignancy is Phosphorus...The difference between benign & malignant is the Phosphorus...Coppers kill Phosphorus...The creature called cancer eats Phosphorus but also gives off a Phosphorus signature visually...Which is how my DIY editing technique sees cancer...(upload a picture & I will edit it for you)...Licorice root is a Copper...It absorbs well, is easy to find in many formats, is cheap, & side effects are pretty well documented...Also Chinese medicine has been using it for centuries for cancer so we know it works...When you take pictures, edit them, & look, you can see the presence of Phosphorus if you have cancer present...When you take the Licorice root, you can actually see the next day the cancer retreating...Eventually you have a totally benign site...It does NOT shrink tumours, it changes their chemistry which is different...To shrink lumps benign or malignant you need the Iodines to eat away at Calcium...You also need Manganese to lower the Iron level to make it detach & soften...But the most dangerous thing about cancer creatures is they spread & multiply & eat & grow...The Licorice root stops & reverses that trend...There are other good Coppers like cilantro, wheatgrass, spirulina, chlorella, plant caffeines, caffeine, st johns wort, chicory, coffee, tea, green tea-but I like to keep it simple at the start so people are doing ALOT of one thing...Take too many supplements & people take such low doses you don't get a targeted hit...It is simpler & cheaper to just start with one main thing in each group of things you need to do...You can off course expand as you please, but I like to keep my core recommendations clear...

Q:My liquorice root extract says 40 drops in a glass 3 times a day, is that enough?

A:Start with the recommended dosage of the Licorice root extract & see how you feel first...

<http://grovecanada.ca/triple-negative-breast-cancer-imaging/> Here is a recent blog post with some triple negative imaging I exited to show biochemistry...

Q:What delivery system should I use for the Vitamin C?

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

A: Yes Megadosing Vitamin C is appropriate for triple negative to lower the high Lead levels in the Thyroid...I'd start with Megadosing orally first & see if you can fix the Lead problem that way first before you get into needles & big money...Hit it hard...You can take up to 20,000 mg an hour for 3 hours without hurting yourself...That is a lot- a doctor cured his pneumonia in 3 hours that way though...Always start least invasive...Ginger root is in that category too...You can just buy the root, peel, & eat it...Very powerful...Even better than Vitamin C but you have to eat a lot...Ginseng is same category...Sunshine, infrared lightbulbs, tanning beds(yes really), all lower Lead too...Vitamin d3 too...Big dose..(stop if you start getting bipolar by the way)

Q: What about hydrogen peroxide therapy?

A: Hydrogen peroxide is an Oxygen...Also correct for triple negative...But before IV, try other Oxygens first...Liquid Milk thistle is easy to take...A good Oxygen...Apricot kernels 15-30 a day(in unsweetened applesauce)...Burdock root is in Essiac tea & Humaworm antiparasitic recipe...Take both just as a catch all...(not expensive either & good safety policy!)

Q: What type of Vitamin C?

A: The details of what you choose should be your own...Whichever Vitamin C type you like or prefer- many prefer Liposomal...What is important is to take a lot-take so much that you are getting diarrhea...Then that is how much...It is a very weak medicine actually, so you have to megadose it for it to work...Few side effects too...Just the diarrhea...

Q: I am taking 5000 Vitamin D?

A: Ok so your Vitamin D3...You can take 50,000 iu per week...You are taking 5000 x 7=35000...To give you an idea...So you could raise that up-just be aware that it can cause bipolar type symptoms-kookiness, shopping too much, talking incessantly...If that happens then lower the dosage...

Q: Where do I buy apricot seeds?

A: Apricot kernels can be found at local health food stores if you are lucky...Sometimes you have to go to several & ask before finding them...

Q: Is B17 in pill better or worse than the apricot kernels?

A: Food is always better than a pill if you have to choose...So kernels will be better than a pill form...But if you cannot find kernels then go with the pill...& that is just great too...No taste issues either...

Q: Do you like Ozone steam cabinet therapy for triple Negative breast cancer?

A: Ozone steam cabinet totally awesome for you...Go whole hog on that...

[DIY Cancer Repair Manual by Joseph & Sari Grove](#)

Sari Grove

Do It Yourself Medicine by artists Joseph & Sam GROVE - <http://grovecanada.ca/>

Q:But I heard Copper was bad for triple negative cancers?
A:<http://grovecanada.ca/misleading-studiesbeware-of-the-anti-copper-philosophy/>

Misleading studies:Beware of the anti-Copper philosophy...

A:<http://grovecanada.ca/conversations-about-copper-cancer/>

Conversations about Copper & Cancer... | DIY Medicine...

A:Your Naturopathic Oncologist has bought into the misleading studies that are poorly written...They say Copper, but mean "Ceruloplasmin" which is the opposite...A Copper BINDER...Somewhere along the line the writers have dropped the word BINDER & false information gets passed along...if people ACTUALLY read the Clinical trials they will see it is Ceruloplasmin not Copper they are lowering...It is a HUGE mistake that people make when they just read the headlines...Sorry...

Q:I live in a high coal industry area?

A:Coal causes very high Bismuth levels...No don't freak out on me, but the antidote to high Bismuth is actually Fluorine...Which is why 5FU Fluorouracil is used for chemo in these types of cases...(Colon cancer is high Bismuth, as is Lung cancer in some environmental cases & even breast cancer...)So gargle with a strong Fluoride rinse daily for 20 minutes...Parsley is a very high Fluoride food...Swimming in natural waters like Florida, the water has much natural Fluorine inside...Tap water too...(don't shoot the messenger!!!)

Question:How did I come up with the whole "How to see a lump in your breast or anywhere else photo editing method?"

by Sari - Friday, August 21, 2015

<http://grovecanada.ca/questionhow-did-i-come-up-with-the-whole-how-to-see-a-lump-in-your-breast-or-anywhere-else-photo-editing-method/>

The Minus column detoxes...The Plus column feeds...

an example of a fotoflexer edit with my comments

one day when lump was really small iPhoto edit

Recently was asked, how I came up with the whole '[How to see a lump in your breast or anywhere else photo editing idea'](#)...

here's what I answered...

"Necessity is the Mother of Invention...

Well, ok...

During my first & only oncologist appointment, I asked what the cells were made of...

I made the mistake of having the core needle biopsy...

They accidentally pierced my chest wall, causing a hole called a pneumothorax...

I didn't know what this was until recently(year & a half later)...

All I knew was for 2 months I drank water & it went into my lungs...

Had no idea there could be a hole...

Thought it was a weird pressure issue...

Anyways...

The oncologist assistant(they do most of the appt & the doctor only shows up for 5 minutes at the end like a Queen Bee)...

says: " abnormal cells" ...

I thought that was idiotic considering what I had been through to get a live tissue sample...

So I started researching the chemistry of lumps benign & malignant...

What were they made of & what did they look like...

At the same time I had been taking pictures & trying to see if I could see the lump under the skin by changing the tint colour...

I started having some success almost right away...

I could see things by oversaturating the picture, overcontrast, oversharpeness, then changing the overall tint to blue...

I was able to see the lump under the skin & even what it looked like inside of it...

So I was able to compare my pictures with those pictures I saw online...

Sure enough I could see what Phosphorus looked like in their pictures(SLIM microscopy)...

& turns out my pictures had similar features...

That's when I started believing that maybe in fact my lump was something worse than benign...

I could see Phosphorus...

Later, I started to make my editing process better...

I streamlined it & wrote about it in my books & blog...(books are free [downloads from my site](#)-or pricey in paperback on Amazon-that is for the future...maybe history...)

Anyways...

A lady who has a site <http://www.healbreastcancernaturally.com> (named Dolores)one day out of the blue [wrote a whole entire blog post about the whole editing process...](#)

& how great I was...

Empowered & happy I started chatting back & forth just through the comments on her blog...

She expressed the fact that not everybody had a Mac to use iPhoto...

I had tried before to find something online & free for other people...

But this time I was on a mission...

I spent hours & days just trying out editing programs to see if I could get any results...

Nothing really good enough...

Finally I went back to the free editing program that I have used online off & on for years...

Fotoflexer...

I decided that maybe I could not duplicate the iPhoto program, but maybe I could get different results...

Liberated, I messed around with it a bit, & came up with what I have now...

Heat map is actually a feature of several photo edit programs, but I didn't find the colours friendly enough for me to understand...

When I changed the Heat map with the Color Rotate feature, which is only on Fotoflexer(so far haven't found it elsewhere),

I found the colours easier for me to understand...

I don't read red & blue primary as easily as the pinks & peach tones...

I think this is a female thing...

The male thermogram colours I have the same problem with-I just don't relate...

It's like a men's clothing store-my brain goes to sleep...

Anyways...

I knew several of the elements that normally appear in iPhoto edits, so I was able to cross reference them in my Fotoflexer results...

They were in the same location, just a different colour, so I knew pretty much what was what...

(I had spent the year trying out foods or alternative medicines or exercise, one at a time, taking before & after pictures, & that was how I came to know that if I ate eggs for example, that the new blue ring in my lump picture must be cholesterol)(which I call Aluminum-that is the element from the periodic table of elements that is the predecessor to cholesterol)...

I mean, I am still trying to refine this more...

There are chemicals I cannot see still...Sulphur/sugar,
Nitrogen/glutens...Bismuth...Molybdenum...Aurum...Lead...

(you can Feel Bismuth-if the lump feels bumpy instead of smooth in a gravelly way that is Bismuth...Melatonin which is Bismuth family will cause this too...Fluorine antagonizes Bismuths by the way)...

(but if the bumps are more like little nodes on the lump that is Iron...different feel...)

(Nitrogens/glutens will make a lump get big fast...That goes down as soon as you ingest a carbon like oil or baking soda...You will poop out the Nitrogens...)

I have noticed that aggressive cancers are characterized by high cholesterol & high Nitrogen...The triple negative or the metaplastic ones...They call that high choline & high glutamate...Antagonize choline with Titaniums like Frankincense or even just Mint leaves which are cheaper to eat...Antagonize Glutamate Nitrogens with carbons like all oils-take your pick & slather generously on your salad or vegetables, or just drink baking soda in water-with lemon some people do...

The Phosphorus is tricky too...In my pictures in iPhoto it looks like purple ants-I can tell from the colour & from the shape...

But when people write to me with their pictures, I am having trouble seeing Phosphorus...

Maybe it is not there...

In Fotoflexer, I think it is dark green...

But things can muck that up, make it look dark green-like the lighting of the shot or the flash or lack of flash...

I am hoping as we go along that people will continue helping me to figure this out, & maybe we can refine it more...

Sometimes I think of monetizing it, but then maybe the beauty of it will be lost...

Thanks for asking,

I am going to stick this into a blog post, so others can get the answer too...

Thanks,

Sari Grove

p.s.computer programmers are welcome to take a shot at making a program that just does this type of photo editing...I can work with you to help you refine it if you like...

Write me at grove@sent.com if you are interested...or you don't have to be a programmer...Just someone who wants to help...or we could just leave it as is...you never know...

Question: Why is my breast lump swelling while I do my Detoxing?

by Sari - Friday, November 20, 2015

<http://grovecanada.ca/questionwhy-is-my-breast-lump-swelling-while-i-do-my-detoxing/>

Swelling of lump while doing Alternative anticancer medicine:

Comments:

When you exercise, during the workout, it swells up...

The next day it should shrink back to much smaller though...

When you are stressed out, like a diagnostic imaging day, it all swells up...

Then the next day when nobody is looking it shrinks down again...(which is why test results are often worse than they should be)...

The licorice root extract when you take it, burns right away-you will feel it getting hot as it works...It is quite amazing...

Scary at the beginning...

But amazing to feel it burning away...

Tumour will swell as it gets hit with the extract, then will start to die off the next day...if you are hitting it hard every day, you may not be getting a rest day for it to shrink back down again...It is important for you to know what is happening & be confident in your own decisions & instincts...

If you think this is die off swelling then follow your hunch...When in doubt ask God..."God, is the swelling a die off, please confirm?"

[Keep taking the pictures like I showed you](#) & see for yourself what is happening chemically...

Feel free to keep sharing with me what they look like if you are scared...I'm self-employed, so I got time...

You have to know that changing the chemistry is more important than shrinkage...

I used the licorice root to change chemistry...You can live with a giant benign lump...Shrinking a lump is a different thing...

Shrinking it doesn't change it to benign...Shrinking just makes it smaller, but even a tiny thing , if malignant, can be dangerous...

Iodines shrink it by attacking calcium...But you have to stick with the Iodine for a long time & it is hard to do...Iodines can make you sleepy, make you have a period all the time, put you into early menopause...

I have had some trouble with the Iodines too...So I focussed on making the lump safe...Chemically...

Shrinkage is something much much more long term...You get comfortable with it...Psychologically...

I do have [a fridge full of black salve supplies](#), if I do decide to remove it finally...(It appears to be a way to remove lumps where the women don't get recurrences-the biological surgery of the salve is so clean there is no cutting into healthy flesh-it only draws the lump out-perfect margins...You have to be brave though...)

Quizzes

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/quizzes/>

Grove Body Part Chart

Question #1: Parkinson's disease is an excess of what element in the Spleen?

Question #2: Cancer is an excess of what element in the Adrenal Gland?

Question #3: Epilepsy is an excess of what element in the Colon?

Question #4: Arthritis is an excess of what element in the Gallbladder?

Question #5: Downs' Syndrome is an excess of what element in the Kidneys?

Question #6: Alzheimer's disease is an excess of what element in the Lungs & Lymph Nodes?

Question #7: Bipolar disorder is an excess of what element in the Thyroid?

Question #8: Hypertrophic Cardio Myopathy is an excess of what element in the Heart?

Question #9: High blood pressure is an excess of what element in the heart?

Question #10: Asthma & Tuberculosis are an excess of what element in the Lung & Lymph nodes?

Question #11: Multiple Sclerosis is an excess of what element in the Thyroid Gland?

Question #12: Diabetes is an excess of what element in the Pancreas?

Question #13: ADHD Autism is an excess of what element in the Gallbladder?

Question #14: The Common Cold & Chronic Fatigue Syndrome are an excess of what element in the Liver?

Question #15: Kidney Blockages feature an excess of what element in the Kidneys?

Grove Body Part Chart Part 2

Question #1: Which answer contains the greatest amount of manganese?

Question #2: Which body part processes iron?

Question #3: Which element lowers blood sugar in the Pancreas?

Question #4: Which element can cause memory loss, schizophrenia & Alzheimer's?

Question #5: Asthma is an excess of what element in the Lungs & Lymph Nodes?

Question #6: Which element corrects Parkinson's disease?

Question #7: Which element corrects Cancer?

Question #8: Epilepsy is caused by an excess of which element in the Colon?

Question #9: Joint Pain & Arthritis are an excess of what element?

Question #10: The Common Cold & Chronic Fatigue Syndrome are an excess of which element?

Question #11: Which food contains the highest amount of Iodine?

Question #12: Which answer contains the most Zinc?

Question #13: Which element lowers iron levels in the Thymus?

Question #14: Which thing contains the most amount of mercury that builds cartilage in the gallbladder?

Question #15: Which element contains alot of Oxygen to treat the common cold?

R.E.D.D. & Lake Tahoe & Toluene as a toxin...

by Sari - Sunday, December 14, 2014

<http://grovecanada.ca/r-e-d-d-lake-tahoe-toluene-as-a-toxin/>

So there was a toxin spill at Lake Tahoe & people got sick & many died & the toxin was called TOLUENE & one of the illnesses is called R.E.D.D. ...

REDD is an acronym...

Anyways long story short here is my take on Toluene poisoning...

Toluene's chemical composition is CH₃...

One Carbon...

Three Hydrogens...

Excess Carbon in the Kidneys is in the Down's Syndrome family of problems...Also Carbon Dioxide poisoning...You treat that with its opposite, Nitrogen...

Nitrogens are found in vegetables, plant based things, salads, green grass you sit on, & especially in Beets...Bodybuilding supplement stores carry Beet powder called ARGININE...It is way alot of Nitrogen...That is good for excess Carbons...Or just eat alot of Beets...Or Beet juice...

Now Hydrogen poisoning is in the family of hepatitis, Chronic fatigue syndrome, Alcoholism poisoning, Common Cold & Mononucleosis...They are all a wet drowning Liver...You treat those with Oxygen...Oxygen is OPPOSITE to Hydrogen in the Liver...I am using my Grove Body Part Chart(the one above also has brain parts so don't get too confused...)

Oxygen things are fresh mountain ski slope air, Goji berries, Dandelions, Milk thistle, Sundried tomatoes, the drug Colchicine is just like Saffron the thing you cook with but stronger...

In fact Saffron in high doses is medicinal too...5 grams of regular Saffron can kill you as can taking too much of any Oxygen thing, think Cyanide when you think Oxygen...

Cyanidins in grape skins & berries are also Oxygens by the way...

So pick your remedy...

That is what I think about Toluene poisoning...

Ken Wilber speaks more on that subject...His website is <http://www.KenWilber.com>

Update this Monday Morning 1:25 am:

The brain parts involved in Toluene CH₃ poisoning, are,

For the Carbon C excess in the Kidneys, the brain part is the Pons, & in the body parts the polarity of Carbon should be on the left side of the body, so the left Kidney would have the excess of Carbon predominantly...In the Pons, which sits just above the brain stem at the back of the head above the Medulla Oblongata which sits more centrally on the brain stem at the back of the head & neck area almost...The Pons controls the Kidneys...So any kind of therapeutic massage technique that addresses the back of the head above the neck area, but the lower part of the back of the head, would help the Pons to cleans itself, & would stimulate better circulation to help the Pons rid itself of the excess Carbon from that first molecule of the Toluene...

[See Book V:The Brain](#)

for more about the brain parts as they relate to the body parts,

& also see

[DIY medicine:A repair Manual](#) for the introduction to the brain parts...

Note:It would be the RIGHT side of the PONS that controls CARBON output...

For the Hydrogen H excess in the Liver, the polarity would be on the right side of the Liver in the body, the right side is the Plus element dominant side & has the Hydrogen production...In the brain parts, the CEREBELLUM is in charge of the LIVER...IN the Cerebellum, the polarity of the brain parts would be that Hydrogen production would take place to the LEFT side of the Cerebellum...So the excess Hydrogen would be residing at the Left side of that brain part in the head in the brain...I like Saffron as an Oxygen thing that is relatively safe to ingest(people do every day in food), that will easily transmit through the blood brain barrier & reach the cerebellum to Oxygenate it & remove some of that excess Hydrogen that is drowning that brain part...

Sari Grove

[Follow Sari Grove's board Like "Places to Go" or "Recipes to Make" on Pinterest.](#)

Update in response to a question [on our Facebook Page...](#)

" <http://www.integralworld.net/redd.html> I met two psychotherapists in Toronto at Whole Foods(their dog Gigi approached me!)...

(Blake Carter <http://ontario.psychotherapyandcounseling.ca/blake-carter> & Diana-sorry I don't have a link)...

& was chatting with them about how art & medicine intersect...

Ken Wilber was mentioned because his field is Integrative as well...

Anyways, my chart, the Grove Body Part Chart, is a way to approach ailments & understand them at a basic level...

Diana said that Ken Wilber was suffering from something called "REDD", the aftereffects of the Lake Tahoe spill...

I offered to look into Toluene poisoning using my chart to get in to what the illness affects...

Which resulted in my blog post...

But the link here takes you to Ken Wilber himself talking about the spill in more detail & his analysis of the effects...He has more about that in various places which you can find by Googling his name & Lake Tahoe or REDD or Toluene...

(I should add two things here...Since Toluene is a CH₃ poisoning, that means it is Carbon & Hydrogen poisoning...

On my chart, Carbon is antagonized by Nitrogen, & Hydrogen is antagonized by Oxygen...

So if you were going to add Nitrogen & Oxygen to your diet, two powerful sources are:

1)for Nitrogen, Beet juice

2)for Oxygen:Apricot kernels..."

My Answer to a Facebook comment:"You're welcome! & Thank you! The more we all put our heads together, the better we can solve solvable problems...I'm sorry you have symptoms...I bet you can fix that...When you do, come back & tell what you did that worked...CFS chronic fatigue syndrome is very similar to the REDD problem(the Hydrogen excess), though minus the Carbon excess...A raw plant based diet for a little while will also boost your Nitrogen levels...The apricot kernels are a really strong source of Oxygen that will boost your energy...You can eat like 20 apricot kernels a day-they are nutty & a little bitter, but not totally terrible..."

Radioactive seed localization prevents lymphadema! (North York General Hospital)

by Sari - Wednesday, June 15, 2016

<http://grovecanada.ca/radioactive-seed-localization-prevents-lymphadema-north-york-general-hospital/>

North York General Hospital here in Canada pioneered radioactive seed localization...They insert 4 seeds into your armpit, later, they remove them & check them for cancer...This is instead of removing lymph nodes to check...It prevents lymphadema & unnecessary removal...My mum's cleaning lady just had it done...It is brand new! (which is why Googling it might not be helpful)...

Randy Bachman: Guide Dogs of Israel...

by Sari - Tuesday, June 09, 2015

<http://grovecanada.ca/?p=1300>

1/3 of a Lithium pill equals 8 hours of sleep for a normal woman!

Lead+12

Li+12.1 Lithium

1/3 of 10 mg. of O.Z. = (8hrs. 8hrs. 8hrs.)hours

potatoes

1/8=3 hrs. *1.25mg

1/4=6 hrs. * 2.5 mg

1x 10 mg= 24 hrs of sleep, for a woman

Olanzapine Zyprexa Lithium Carbamate Optimal-Night checkmark

1/3 of a olanzapine zyprexa pill equals 8 hours of sleep for a normal woman.

Rational approaches to Medical Genres...(Thank you to Michael Crichton)

by Sari - Saturday, December 05, 2015

<http://grovecanada.ca/rational-approaches-to-medical-genres-thank-you-to-michael-crichton/>

I am a member of Doctors Without Borders...Medecins Sans Frontiers...Philosophically I have to embrace good medicine from all fields, Allopathic, Homeopathic, Naturopathic, Kambo, Native, & so on...I do not discriminate by genre, but by good or bad...There is good medicine in all cultures & there is bad too...All Alternative medicine is not all good- I mean to say, there are bad doctors in alternative as well...But also to say- a person can be both bad at something & good at something...Depending on the day...There are grey areas...It is hypocritical to use conventional doctors for treatment then advocate avoiding them completely if that was not your own path...Isn't it? Hindsight may be 20/20, but unless someone has only used Alternative medicine themselves, it is hard to be hardline about advocating only that path to others...What have been the benefits from conventional medicine that you have taken? What are you thankful for from those doctors? I think a rational balanced approach is more sane than a black & white argument...Author Michael Crichton teaches in his books that seeing both sides of an argument helps to further the path of rational decisions...Extremism is a dangerous place to live- especially if it is not true to personal history...Getting sick is not necessarily the fault of the doctors...Blame needs to be readjusted a bit if appropriate...There are choices people made along the way...Long before doctors got involved...Functional medicine looks at cause...If what caused the illness is not the result of Iatrogenic effect then what is? If Iatrogenic effect, then why did you allow it to happen in the first place? Peer pressure? Cultural alienation? Job dissatisfaction? These flaws in familial, societal, & religious groups need to be addressed as well...Doctors are merely members of a microcosm of humans...There are other microcosms that need repair too...If we are to fully understand where blame should lie & where repairs need to begin or restitution need to be gotten from...(dangling participle it is 2:08 am here)...

Raw Manuscript for Book number 9 of the Grove Health Science series...(from grovecanada.ca)

by Sari - Tuesday, February 17, 2015

<http://grovecanada.ca/raw-manuscript-for-book-number-9-of-the-grove-health-science-series-from-grovecanada-ca/>

<https://www.scribd.com/doc/256034563/Grovecanada-ca-Website-Blog>

Recipe for homemade dry or wet cat or dog food...

by Sari - Thursday, August 11, 2016

<http://grovecanada.ca/recipe-for-homemade-dry-or-wet-cat-or-dog-food/>

Cat food recipe (works for dogs too!)...For anybody else who is tired of commercial pet foods being low quality...Ok...So...You can mess around with quantities...

Here is the base: 1/4 lb chicken thigh ground, 1/4 lb turkey thigh ground, cook these two first ingredients on low heat in a frying pan then add the next ingredients, a really generous helping of creamed herring (comes in a glass jar-blend it somehow to make it mush), a really generous helping of Ghee (clarified butter), 3 raw eggs,

**** (Note: Turns out our intact female bengal cats do not really like beef or beef tallow that much!)*

optional: ask your butcher for the fat he cuts off the steak in the morning-he will give it to you & grind it for free too-render it into beef tallow-that means put it in a pan over another pot filled with water & over very low heat for several hours let it cook, then pour off into a jar & keeps in fridge for months without molding...) Then put some of that beef tallow into your mix...Ok...

At this point you have food that any pet will eat...BUT...You can go further...Get some mini silicone ice cube trays or chocolate/candy silicone mold trays from a kitchen store or Amazon...Pack these trays with your food & stick in the freezer...The next day, empty these frozen bite size pieces into a baggie...You now have frozen bite size treats in a baggie in your freezer for when you need pet food...Just serve frozen, they defrost fast...or you can go FURTHER! Take these frozen bite size treats & spray canola oil spray on a cookie sheet or glass pan...Or nonstick pan...

Stick in oven at 175 degrees fahrenheit for 3 hours...Now you have Bite sized DRY Cat or dog food!!! Awesome! ps. You can add vitamins & supplements if you want...Like Taurine powder is good...You can add a grain like baby oatmeal or cornmeal...

A recipe that a pet food chef made for us: (WOOFTOWN chef in Toronto, Cheryl, will make custom pet food for your pet)...

Recipe: duck breast/or turkey ground 1 lb (duck costs much more), 4 mackerel fillets, 1 lb ground chicken, 2 eggs, 30 grams apple, 12 cranberries, 85 grams cottage cheese, 5 grams hemp oil, 15 grams pet kelp...15 gram goose fat...Grind it all into a paste after cooking & put in mini ice cube trays...Dump into a freezer baggie when done & serve frozen-they melt fast...

Recovering from Concussion...

by Sari - Saturday, May 21, 2016

<http://grovecanada.ca/recovering-from-concussion/>

Mutant BCAA 9.7 powder 1 scoop (BCAA stands for Branched Chain Amino Acids)...They contain at a minimum Leucine(Hydrogen on the Grove Body Part Chart which feeds the Liver-like drinking water)...Isoleucine(also affects the Liver like Hydrogen-water does)...Valine is a Phosphorus on the Grove Body Part chart that feeds the Spleen...

<https://shop.iammutant.com/shop/eu/supplements/mutantbcaa97.html>

Orange Naturals men's(fine for women too) Powder 1 scoop http://orangenaturals.com/nd_shake/men/

Natural Spring Water (from Shoppers Drug Mart)

Glucosamine with Chondroitin 3 capsules (these are basically from bovine cartilage which is a Mercury on the Grove Body Part Chart which replenishes the Gallbladder, & the shells of shrimp which are Calcium carbonate a calcium on the Grove Body Part Chart which replenishes the Adrenal Gland)...

These three are all Aluminums on the Grove Body Part chart which replenish the Lungs & Lymph Nodes...1)Cacao powder tablespoon, 2)Maca powder tblsp., 3)Cinnamon powder tblsp.,with sweetener (sugar free), drop of milk, boiled water

Progressive Women's Vitamin 3 capsules <https://www.progressivenutritional.com/products/active-women/>

Some Orange juice to swallow capsules...

Ruby Luxe Infrared lightbulbs 250 watts one behind head & another at face...

Research

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/research/>

[YouTube Video](#)

Hi...I'm Sari Grove...The Grove Body Part Chart is my medical arts theory...Did you know the medical arts are an art? Ars medecina from the Greek word for medicine means the art of healing...Think Leonardo Da Vinci...

[Sari's art Showing at WAMSOC\(Women's Art Museum Society of Canada\)\(It's over now but still onsite- Sari Grove was the opening show for this website launch...WAMSOC wants to build a Women's Art Museum in Canada...Help them!](#)

[YouTube Video](#)

Slideshow with just the brain part to body part pictures from the book by Joseph & Sari Grove...background music The Doctor by Clearside...

Donate to Haliburton Wolf Centre

<http://www.haliburtonforest.com/activities/wolves/wolves-overview>

While reading the Mark Rowlands Book "The Philosopher & the Wolf", Sari figured out that Parkinson's disease was a late progressive spleen injury that created a Phosphorus(think mold) overload eventually in the brain...Grateful to Brenin the Wolf(in the book), Sari encourages those reading her books for free, to donate to a wolf centre as a thank you for a wolf's contribution to medical history...

<http://issuu.com/grovecanada/docs/sushi/1?e=1362481/5757547>

Response to a Thermographer...

by Sari - Wednesday, July 13, 2016

<http://grovecanada.ca/response-to-a-thermographer/>

NIDI

Actually, the methods that I explain are not only free, but they see more than what thermography is showing...One edit shows cancer, how much there is & where it is...One edit shows the chemistry of a lump including Her2 & Pr+...(& three other elements- Lead, Aluminum cholesterol, & Iron)...The newest method shows the edges of a mass which can help to track size...I am a professional artist, & am skilled at visual imagery...I developed these methods myself...For myself...& used them to track my progress along the way...You can do these edits daily if you want...I did not do thermography because it was so expensive & it didn't really show enough...If you have not tried this (Actually, the methods that I explain are not only free, but they see more than what thermography is showing...One edit shows cancer, how much there is & where it is...One edit shows the chemistry of a lump including Her2 & Pr+...(& three other elements- Lead, Aluminum cholesterol, & Iron)...The newest method shows the edges of a mass which can help to track size...I am a professional artist, & am skilled at visual imagery...I developed these methods myself...For myself...& used them to track my progress along the way...You can do these edits daily if you want...I did not do thermography because it was so expensive & it didn't really show enough...If you have not tried this (I call it NIDI for non invasive diagnostic imaging), then I consider it rather baseless to make a judgement...That I do edits for free to help people get going, would allow anyone to see for themselves...This is another tool in the toolkit...I did not get another biopsy or mammogram after I developed these tools...If someone is suggesting I should do that, I think that is dangerous advice...Not really sure what I need to go to a doctor for, considering there are no other diagnostic tools they can help me with...Thermography won't show anything I cannot see already...g), then I consider it rather baseless to make a judgement...That I do edits for free to help people get going, would allow anyone to see for themselves...This is another tool in the toolkit...I did not get another biopsy or mammogram after I developed these tools...If someone is suggesting I should do that, I think that is dangerous advice...Not really sure what I need to go to a doctor for, considering there are no other diagnostic tools they can help me with...Thermography won't show anything I cannot see already...

More about the DIY Imaging:

You can do all the imaging yourself if you want...Instructions are all over my site & in my free books...But yes...If you send me a picture of where the problem is or was, I upload the picture to either Fotoflexer.com or Lunapic.com or to [Pixlr.com/editor...There](http://Pixlr.com/editor...) are 4 steps in Fotoflexer...15 steps in Lunapic...& about 5 steps in Pixlr(Pixlr there are a few different ways to do it if you cannot see anything the first time)...Fotoflexer is able to see 5 different chemical elements including Her2 & Pr+...Lunapic just looks for Cancer (Er+ Phosphorus)...Pixlr can see the edges if it is a really good picture so it can help to track size changes...Even with a decent picture it can see areas of congestion & inflammation...None of these methods use an infrared camera or any specialized machine...Which is why they can be done

yourself, for free, with a camera, & an internet connection...



Restrain water?

by Sari - Friday, July 15, 2016

<http://grovecanada.ca/restrain-water/>

If you have Epstein-Barr virus, Shingles, Liver flukes, Certain types of cancer, Bone pain from Cancer, a "wet Liver" from Cirrhosis or hepatitis...

You may have liver flukes...

"With Liver flukes, they feed on Hydrogen...Which is in liquids like water...They don't like Oxygen...So, protocols that include lots of juicing, liquids, water, can help them to thrive & multiply...So...Especially with Liver flukes, you want to restrain on Hydrogens, & increase Oxygens...Which means that 13 juice a day programs are not for you...Oxygens are apricot kernels or B17 pills, Milk thistle, cyanidins in general which include the seeds of grapefruits & grapes & lemons & oranges & their peels too-which you can also buy in pill format in modified fruit pectin supplements...Dandelion root & greens...Fresh air & fresh air long slow walks especially on a nature trail...Yes...Many people believe religiously in the 8 glasses of water a day thing, but that doesn't work if you have what Chinese medicine calls a "wet liver" ...People with wet livers don't need to make them more wet...They need to dehydrate actually..."

If you choose apricot kernels for your Oxygen, you can do 1 per every 10 lbs of body weight...Or 2 for every 10 lbs of body weight if you want to go faster, or the condition is more serious...So 150 lbs equals 15 apricot kernels daily...Or 30 apricot kernels daily maximum...

Hide your apricot kernels in unsweetened applesauce to make them easier to eat...(you can grind them in a coffee grinder beforehand to make them even easier to eat)...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Results...Blood from Biopsy needle puncture wound does show up in Ultrasound radiation video screen live with DNA results missing white!

by Sari - Friday, July 17, 2015

<http://grovecanada.ca/?p=1511>

Results...Blood from Biopsy needle puncture wound does show up in Ultrasound radiation video screen live with DNA results missing white!

KMH Labs College...

In the rainbow, orange red yellow white blue green bluegreen turquoise whitewhite...

red black

blue brown

yellow crimson

violet white

white white

white white

all the clouds are cumuloft, walking in spaaaaaace,

Omigod your skin is soft, I love your faaaaaace,

grey's anatomy to flow feng shui grove body part chart Grolier Grove encyclopaedias art books publishers Elsevier Createspace Amazon Smashwords...

DNA results=missing Mo Molybdenum white, grey is high high Hydrogen H

patient=S.G2 (SG1=STARGATEATLANTIS the planetarium for old folks)

Cinesphere oh.

Rockstar Recovery drink...

by Sari - Friday, January 08, 2016

<http://grovecanada.ca/?p=2534>

The Language school harbors sexual slave trade workers otherwise known as exotic dancers which means wh-res...The Phosphorus levels from the male ejaculate on their bodies comes off in the city water supply , flows downwards into the tap water because siphons have not been put on in all taps in the condominium buildings...These prostitutes live upstairs in the buildings above the English Language schools & only wake up at 4 pm in the afternoon to start their sexual for money work...The reason they take classes at the language school, usually just one, is because they get a STUDENT VISA for that expense, which allows them to work illegally in the country for up to 4 years...Taxes on their cash earnings of course are not paid at all...Cocaine use is a given...Ecstasy use is a given(Heroin in pill form)...Marijuana use is a given...They give bl-w jobs(sometimes with a condom), hand jobs, allow their vaginas to be penetrated digitally(fingers), they allow intercourse(sometimes with a condom), kissing(saliva), breast sucking(transference of Shingles is highly likely), they have breast implants(the vast majority-which provide estrogenic chemicals to their body causing cancer & other mental sexual deviant states)...Massage parlour workers charge 40-60 for hand jobs(rub & a tug-they do not wear gloves nor do they apply condom)...Massage parlour workers ("exotic")charge about \$150 for bl-w job with body massage let them finger their c-nt & suck t-ts & are mostly Asian but many Russian wh-res as well...All these "exotic" workers/dancers/lapdancers/strippers/masseurs are quite young & notable will be that they are 15 to 20 years younger than your spouse...Massage parlour ho-kers tend to be healthier, no breast implants, no cocaine addiction because massage is a healing art...LapDancers tend to be stupider about health because they are not pimped out by an establishment that cares about health...A lapdancer with a law degree will know how to evade all the laws of your country...Do not be surprised by this-criminals go to university all the time in the Czech republic because it is free & they need to learn how to get around laws...This makes them difficult to put in jail or even to find because they switch countries approximately every 4 years...Czech Republic 4 years, Germany 4 years, Canada 4 years, Spain 4 years & so on...

Contains:(of note)

Caffeine(a Copper family- extremely anticancer antiestrogenic)

Taurine (Aurum B12)(Ok, so B12 Aurum [on the Grove Body Part Chart](#) is NOT anticancer actually...BASAL cells form due to high blood pressure(hypertension-hyper means more, hypo the opposite means less-so hypertension means more tense, as in more pressure, high Aurum B12 taurine will enable pressure in heart to be higher...Not a bad thing just a thing...)**BUT-If you have been ingesting large amounts of diet drinks then you may have high Potassium levels which will offset the B12 Aurum...(artificial sweeteners are high in Potassium-which IS anticancer)...**

Ginseng (Zinc family)-anticancer lowers lead levels in the Thyroid gland & bones & frontal lobe, in particular the left frontal lobe area...

Prickly Pear Extract-give me some time...will return to this later!

Milk Thistle seed (Oxygen)-anticancer, lowers Hydrogen levels in the Liver, provides Oxygen, dehydrates tumours...

25 calories-so will not be feeding a parasite...(is anticancer)

Was arguing with my husband about him drinking energy drinks...(he has insomnia)...

He bought them anyway...(he likes the B12, for him it is restorative...Also the Milk thistle helps his Liver which sometimes is smothered in beer)...

This one tasted good...Citrusy...Like Iced tea...

Read the ingredients of note...

Wow! (may be repeating myself here, sorry, woke up early...)

Caffeine is a Copper which in high doses lowers estrogen therapeutically...

Milk Thistle lowers Hydrogen & boosts Oxygen to the Liver...

Ginseng lowers Lead levels in the Bones...

Not a bad drink at all if you want a boost but are on some sort of anticancer plan...

Learn something new every day...

New thought:Walking clockwise in a circle uses the creative side of your brain & relaxes you if you are stressed...

Walking counterclockwise uses the logical side of your brain & may help you to work but may also stress you out if you are already overtired from overthinking...

Behaviour of Breast lumps according to food elements...(from the Grove Body Part Chart & [the Grove Brain Part Chart](#))

Calcium makes it actually bigger in size...

Nitrogen(glutens)makes it temporarily much bigger in size especially at the base(area furthest from the skin surface)...

Iodine makes it actually smaller in size...

Carbon removes temporary gluten Nitrogen size increase at base of lump...

Aurum B12 taurine makes it sprout up very quickly...(i.e.: overnight a lump appears somewhere on your body)...Potassiums make that new sprout disappear quickly...

Iron creates hard nodes on the lump & makes it adhere to surrounding tissue...Manganese makes the lump dis-attach from surrounding tissue & flattens out hard nodes on the surface of lump...

Bismuth makes the lump feel gravelly & textured & uneven & abnormal...Fluorine makes the lump feel smooth to the touch & regular & more normal...

Lead(like Vitamin A, or the heavy metal from old water pipes, or from alcohol, or from red meat, or from potatoes or dirt)clogs up bones & makes them inflexible...Zinc family elements like sunshine & vitamin c & vitamin d3 & oranges & other fruits, & infrared lightbulbs & saunas, & ginger root & ginseng, & tanning beds, unclogs Bones & allows them to be pliable & bendy...(the tree that bends with the wind does not break)...

Phosphorus like what is present in ubiquity(& **I apologize for this statement**)airborne in strip clubs via the proliferation of men's ejaculate randomly(**yes I just said that**), causes higher attractability of Salmonella Typhi bacteria to the Spleen, which in turn brings parasites into the body where before they would not want to enter...(this is key because Cancer is a parasitic disease-so once you raise Phosphorus levels, you are in severe danger of parasites entering your body)...Strip clubs, lap dance parlours, common bawdy houses(**like Filmore's in Toronto where you can have intercourse with Veronica from Czech Republic for \$700 in the upper lounge which only costs \$10 to get in with a minimum one lap dance charge of 3 minutes(one song) for \$20 dollars...**)(**once there you can have full sex with her & even get your own set of parasites so you too can have Cancer!**)

Note: Veronica from the Czech Republic is a tall skin dirty blonde haired prostitute who has a serious Coke addiction...She has also been known to mind F-ch the men who pay her for sex into liquidating all their marriage assets...She has been known to not only break up marriages but bankrupt the wife...Reportedly the last husband was shaken down for 100,000.00 dollars Canadian currency...The husband is now homeless...Veronica has been in Canada on an expired student visa for over 4 years, working as a whore at Filmores Tavern...Taxes were not paid on any of the money taken from the unwitting husband...Last seen in Barcelona, Spain with her sister...Reports that this thief has moved back to the Czech Republic after fouling up Canada with her stink...

)...Note:If your husband has been having lap dances, then you, the wife can get parasites from the raised Phosphorus levels he brings home from being in that common bawdy house/aka Adult entertainment club (which really should be called Adultery entertainment club but they ran out of hundreds(**the police had to be bribed first**) to pay for the last three letters of the word adult-ery...)

p.s. Not true: Veronica Zemanova the dark haired fake breasted porn star from the Czech Republic is the mother of the Romanian whore(the family moved due to the fame of the mother's exhibitionist sex for money films), Veronica who works "legally" on a Canadian "work permit" as an "exotic dancer" at Filmore's "Adult Entertainment Club"(common bawdy house)...This is why the young copulator was imported into Canada by our Canadian government...She had an excellent f-ck genealogical resume thanks to her hard working porn star mother's genes & culture...(if you wonder how foreign disease got

into Canadian women)...

PARASITES:I am quoting something I read recently: "(Spoiler alert-do not read this comment necessarily...Adult conversation herein...Could cause hurt feelings) I should mention this, & I apologize for doing so...If, for example, an unhappy husband spends time in an "Adult Entertainment Club", he is exposed to a huge amount of airborne biochemicals, in particular, high levels of Phosphorus from the (& I apologize for this word), ejaculate in the air & furnishings etc...If said theoretical husband has perhaps a lap dance or more with a "dancer"(though dancing is not really what they do), then those particles are magnified & the transmission is amplified to the face, hands etc wherever there has been contact...When he comes home, he transmits that to you, dear wife...Dear wife, who may have been ignored for years, & already predisposed to getting sick due to unhappiness, stress, children burdens, money burdens, birth control drugs you were forced to take, bad food, bad environment, dirty car air, dirty airplane air...Will now be VERY attractive to Salmonella Typhi bacterium-parasites quite common in every household...Salmonella love to eat Phosphorus, so those high Phosphorus levels theoretical unfaithful hubby brings home will make birth control drugged wife very attractive as a meal...& That is how the wife gets mysterious parasites...Sometimes...Theoretically...(Not saying this is so in this particular case-but if said husband is speaking of leaving, he may be the one that brought home the parasites in the first place...Check his financials, his text messages, his emails, his late nights at work, for hints as to maybe how you got these mysterious & deadly creatures...Your local friendly happy hooker aka lap dancer may be the messenger...)Written only in the sincerest hope that this is not true for you...A friend..."

https://bryanasands.wordpress.com/2016/01/05/porn-can-be-addictive-a-ted-talk/?blogsub=confirming#blog_subscription-6

How wives get Cancer(from their husbands who visit strip clubs, massage spas, & lap dance taverns):The Brass Rail Tavern in Toronto specializes in having women grind their naked bodies on your husband's lap until he hands over all his money & agree to go upstairs to the "Upper Brass" lounge for some real intercourse, for more money of course...

Dances are \$20 for 20 minutes but it will be \$220.00 or \$330.00 later that your husband gets to leave...That does not even pay for his drinks either, or the skin cancer he will later get on his face due to the excess Phosphorus ejaculate in the lounge areas landing on his skin & attracting parasites later..."Girls" will give their cellphone numbers to your husband in order to text message him when they will be available for a dance sex or more...The bartender will be happy to charge your wife's credit card for any purchase of cash in exchange for a 10 percent cut...

This means your husband can put \$1000.00 on his credit card bill in exchange for \$900.00 cash in his hand so he can pay for sex at the club...CIBC Visa will allow all charges for lap dances & sex to go through, despite the fact that American Express & MasterCard(Bank of Montreal) will not because they deem this retailer unsafe, criminal & dubious of nature...So make sure your husband does not use the Canadian Imperial Bank of Commerce credit card or he will be able to pay for his hookers at the Brass Rail on his CIBC credit card...Or worse, yours...

A string of lap dances at the Zanzibar club on Yonge street will typically cost \$330.00 because the place

is seedier which means the "ladies" will do more filthy work for you...

Sunshine "Health" & Massage Spa on Bloor street has women who will give you a "rub & a tug" for \$153.00 give or take a few dollars for HST...Yes the Municipal government is taking a cut of your husband's hand job because Mayor Rob Ford(of stomach cancer fame) thought that was fun(also he was so fat he couldn't reach his own d-ck)...Filmore's shows up on your credit card bill as "Fils Tavern" so you won't know it is Filmores...

If you call or text the hookers at these establishments enough times you can get your husband banned from the whole club...Just hope they speak enough English...Most are imports, hand picked by our Canadian government for the sexual pleasure of the menfolk here...Wonder how good looking those single male Syrian refugees are going to be? Maybe they are trying to find mates for all the foreign hookers we are now stuck with & nobody local wants to marry or breed with...

The mutability of species:a species of worm will change as it enters different caves in your body...Same worm, different day...

Esophageal cancer:Connects to the **gallbladder & Flesh eating disease** caused by wearing old ski boots that have been sitting in someone else's basement for 10 years & you rebought them at Ski Swap at Yonge 'n Eglinton...In Toronto...**Mercury overload(too much pork eating & salty pig's ears)** ...**Magnesium deficiency(not enough skiing)**...Those boot are made for walking, & that's just what they'll do, one of these days these boots are gonna walk all over you...Dump dump dump dump...

Tip: Cardassians wear ski boots too on Star trek...

Viagra:Sildenafil; Has potential for curing Cirrhosis of the Liver, as it is an Oxygen in high dose, causes your lip to split if you take too much, dehydration, your brain turns to wood like a tree...Similar items include the drug Colchicine from the Autumn Crocus root causing to the stamen of the Crocus which is called the Saffron...Colchicine is used for gout Nitrogen excess(GMO glutens stuck in your kidneys), despite the fact that baking soda with water works better...Hydrogen excess causes flooding of the d-ck(penis) & vagina(c-nt), so you need an Oxygen to refloat that boat...Liquid Milk thistle makes you horny too...Masturbation leads away from good intercourse with your husband...Although it does do half the work for him if he already tired...(is)Warning:Viagra can cause brain stupidity, severe mouth dryness leading to alcoholism(due to needing to rewet your whistle)...Use with caution...

Loose & Soft, problem solving...

Cortisone cream is a Lead family element...Builds bones...Thyroid gland...so do potatoes...

Beans are a Molybdenum element...

Unsophisticatedly refined...That's me...That's me...(Claude Cooper Bukowski...Hair...the play, the musical, the film, the reality...)

Ryding Auto Body: All Parking Pillars should be round (not square or rectangular)

by Sari - Sunday, August 30, 2015

<http://grovecanada.ca/ryding-auto-bodyall-parking-pillars-should-be-round-not-square-or-rectangular/>

Sari Grove happy Ryding Auto Body customer

Ryding Auto Body

Great location that is easy to find & see from the road!

Right next door to California Sandwiches so my mother who hadn't eaten could dash in quick for a delicious salad...Parking right in front...

Two minutes in the driveway & mark was outside assessing the damage...(Passenger door got dented as a square parking pillar does not respond well to a curve turn to the right around it-because parking pillars should all be ROUND with no corners!!!

new buildings know this-pecially tight parking lots under condominiums...

While I was on the iPhone with Desjardins Insurance Mark patiently waited for the all ok & heads up as to when the evaluator was coming in...My mum chatted happily with Mark about insurance deductibles on a Mercedes (high end cars are much more), & a story of a 24 year old Ferrari my mum's friend was possibly purchasing...

The body work which involved replacing the whole passenger door then blending in the paint colour (Sundance metallic a tricky shade)...Also around the wheel, the body had to be fixed too-not even sure what Ryding did here because it looks so good...

The body work was done quickly, with no tiring phone calls back & forth...

Approvals were all done on Day One, Yay!

When the work was done, a phone call voicemail, & the next day I hopped on the subway at Wellesley station, rode south all the way down & back up again to Eglinton West subway station, then happily walked(summer day)up Marlee to Ridelle, Ridelle to Dufferin, then down to Castlefield, where Mario the lunch truck owner was serving up hot slices of fresh pizza...

Mark offered to buy me one, but instead I opted for the Mmmm Veal sandwich & 3 packages in the well thought out Mennonite trail mix which mario gave me a dollar off...

(the trail mix is in a long thin tube sort of shape so with one hand(if you are stopped at a red light, you can pour it into your mouth-which is great if you are low blood sugar from all the walking!)

I didn't get a rental car while my car was in the shop(Toyota Matrix) because Ryding is in a safe part of town & walking to & from there is a pleasure & subways & family are close by...(I grew up in Forest Hill not far away)...

The price for all that work was fair & I only ended up having to pay a \$500 deductible, which I did with Zoe, who was kind & patient & friendly & helpful...

Do It! Personal Medicine by artists Joseph & Sam GROVE - <http://grovecanada.ca/>

It was so enjoyable I forgot I had had such a stupid accident...Beware of rectangular or square shaped parking pillars!!! They catch you when you least expect it!

The job was done so fast even my husband wasn't mad at me for not having the use of our car...

He subway-ed it up to Scarborough Town centre one day, & to be honest, it was fine & easier than sitting in traffic...

We got plenty of exercise without our car, & a few lifts from Mom, Thanks Mom!

Sari & Joseph Grove...

by Sari - Saturday, September 12, 2015

<http://grovecanada.ca/sari-joseph-grove/>

Sari & Joseph Grove

Sari...You have moved Ginkgo Biloba from Copper, to Selenium, now to Aluminum family...?

by Sari - Wednesday, August 10, 2016

<http://grovecanada.ca/sari-you-have-moved-ginkgo-biloba-from-copper-to-selenium-now-to-aluminum-family/>

Ugh...Ginkgo Biloba has eluded me for years...Couldn't pin it down...I THOUGHT it was a Copper...I was wrong...Finally, recently, I pinned down that they use it for Tinnitus...Ringing in the ears...Ringing in the ears is caused by excess Titanium(like acetaminophen)...I know that Titaniums are fixed by Aluminums...So, finally, have put Ginkgo Biloba into the Aluminum family...It was a mistake...My problem was that I couldn't fathom that it was a Plus element...Because so often it is called a detox item...

Scalar Energy Sessions...

by Sari - Tuesday, December 08, 2015

<http://grovecanada.ca/?p=2334>

<https://www.selfhealgo.com/> Scalar Energy healing(by photograph)

I signed up for Scalar Energy sessions...For free...For one month...Here is some of the literature that I have edited for them(explained)...The bold words are my answers to the questions...My words sort their words into families of elements that can be seen on the Grove Body Part Chart...Then their actions can be better understood as a grouping...

List of Autoimmune Disorders:

Addison disease **High Calcium low iodine**
Ankylosing spondylitis
Antiphospholipid syndrome
Autoimmune hepatitis **high hydrogen low oxygen**
Celiac disease **high nitrogen low carbon**
Graves disease **high iodine low calcium**
Guillain-Barre syndrome
Hashimoto thyroiditis **high calcium low iodine**
Multiple sclerosis **high Lead low Zinc**
Myasthenia gravis **High Iron low Manganese**
Pernicious anemia **Low Iron high Manganese**
Primary biliary cirrhosis, Sclerosing cholangitis (see Autoimmune-associated liver diseases) **High Hydrogen Low Oxygen**
Reiter syndrome
Rheumatoid arthritis (RA) and Juvenile RA (JRA) **High Mercury low Magnesium (*or high magnesium low mercury in the other type of arthritis)**
Scleroderma **high Lead low Zinc**
Sjögren syndrome
Systemic lupus erythematosus (SLE) **High Lead low Zinc**
Type 1 Diabetes Mellitus **High Sugar low Selenium**

24 chromosomes(Minus elements 12 +Plus elements 12 =equals 24 chromosomes total on the chart...)12 body parts...12 brain parts...Each brain part has two (2)controllers...Each body part has two (2) sides...Minus elements come first in the FLOW of things from top to bottom...(minus to plus to the next minus to the next plus & so on-see squiggly line)...Body begins at top of chart, ends at bottom of chart-this is the order of how an embryo is formed...Also the world...Light(Zinc), then

Rock(Lead), then...Manganese, then Iron...

Grove Body Part Chart

Grove Brain Part Chart-Connect the brain part to the body part here, then consult the body part chart to see which elements are active there in that body part...

Vitamin A, beta carotene **Lead**
Vitamin A, retinal **Lead**
Vitamin A, retinoic acid **Lead**
Vitamin A, retinol **Lead**
Vitamin B1, thiamine **Titanium**
Vitamin B2, riboflavin **Aluminum**
Vitamin B3, niacin **Zinc**
Vitamin B5, pantothenic acid **Aluminum**
Vitamin B6, pyridoxine **Zinc**
Vitamin B7, biotin **Aluminum**
Vitamin B8, inositol **Selenium**
Vitamin B9, folic acid **Iron**
Vitamin B12, methylcobalamin **Aurum**
Vitamin B15, pangamic acid **Selenium?**
Vitamin B17, amygdalin **Oxygen**
Vitamin C, Whole Vit C Complex **Zinc**
Vitamin D2, ergocalciferol **Zinc?**
Vitamin D3, cholecalciferol **Zinc**
Vitamin E, tocopherol **Carbon**
Vitamin K1, phylloquinone **Calcium?**
Vitamin K2, menaquinone **Calcium?**
Choline **Aluminum**

<https://www.selfhealgo.com/mina-bissell-experiments-that-point-to-a-new-understandin>

[g-of-cancer/?awt_l=PS8kM&awt_m=3n0d89c_XYBdAJH](https://www.selfhealgo.com/mina-bissell-experiments-that-point-to-a-new-understandin-of-cancer/?awt_l=PS8kM&awt_m=3n0d89c_XYBdAJH) **self heal go**

Mina-Bissell

-experiments-that-point-to-a-new-understanding-of-cancer

7 Chakra areas...

Sari's take on it...

2 brain plus "The left frontal lobe controls right thyroid and is a plus contractor" <a Plus Contractor means it contracts or manages or creates contracts or deals with Plus elements in there>, minus frontal lobe

The Thyroid is a Body part otherwise known as an organ...

The right frontal lobe and the right eye are in sync...both are stimulated by the left hand

...which is the left bone...**right frontal lobe,**

right eye symptom

check dis

tended eye indicates

low Lead levels for example,

left thyroid gland side, left hand bone...

injury to tooth bone left side injury to breast bone left side also weakeness hole or left side inhale smoke nicotine zinc causes hole at left side lefty female left side of body active left side of mouth lefty female dentist overdoes left side of mouth causes injury lesbianism... injury to left breast, injury to left tooth, indicates injury to frontal lobe right side, injury to thyroid gland left side, injury to right eye, indicates low Lead levels in brain

eat a multivitamin high in Vitamin A usually and beta carotene pill to o(or carrot juice)...

taurine fish oil green tea carnitine lee transcend gym fat measure scalpel distortion (ass-msm cream fat ass-iodine put, topical bugs is attracted to b12 herring fish canisource grand cru so stevia diet drinks put in water licorice root in water then in food worked too...scalar energy is broadcasting radio at your brain holosync bill harris...centre pointe)

gingko biloba multivitamin lutein cod liver oil bill stone triumph of the wall

the bone is the limb that the thyroid contracts...

the bone if operated can contract the thyroid and hence also the frontal lobe...

it works both ways...

Aluminum(Benadryl antishistmaine diphendrimate hydrochlorid whatever or bourbon vanilla beans or bourbon vanillin from charred ash of sugar of white oak wood 3 years minimum), Sugar(MSM cream), Hydrogen(walking dog or apricot kernels or essiac tea burdock root or grapes or avocado or chablis wine resveratol), can make Lymph nodes under the neck swollen...(contract)

Sugar depletes to |Titanium when charred with fire Oxygen...+7 sugar added oxygen fire -7 = 0 but over time the bourbon degrades to titanium b

Because of the addition of more oxygen over time from the white oak wood but also from the natural titanium in the white oak wood like birch bark is titanium too...vanillin is the natural titanium in white oak barrels woods...Titanium -3

pseudoephedrine is copper for sinuses they say on benadryl package...

noriepinephrine is aurum

adrenalin is iron

Anthrax can affect the lungs & lymph nodes under the neck, the pancreas, & the liver...

Hence we can say that anthrax can be antidoted by Titanium, Selenium, & Oxygen...

Sources of Titanium are:Vanilla beans 3.49\$ Dave Young fruit market, sources of selenium are

MSM methylsulfonylmethate **MSM massage rub**

Qi Natural foods eglinton \$16.99 ish, sources of Oxygen are eucalyptus essential oil, avocado, coconut water, fresh air walking Austin dog,

under

ried toma

toes, raisins, g

rapes, apricot kernels, burdock

root, **essiac tea**

, humaworm antiparasitic, resveratrol in wine Chablis National Club Toronto bay street 2nd tuesday of every month...

Charcoal CAUSES pneumonia in lungs...

kinky hair syndrome is phosphorus excess...

coarse hair syndrome is hydrogen excess...

exposure to anthrax causes coarse hair excess hydrogen then kinky hair phosphorus as it biodegrades(becomes less-plus elements are less as you go from top to bottom of charts)...

24 chromosomes

2 body plus minus liver hydrogen oxygen

2 limbs plus minus stomach hot(too much minus) or cold(too much plus)

1 nowhere (Holy Spirit leads you-a flaw in the carpet leads to humility on the part of the artist- mistakes lead to recurring visits (law) friendship possibility or enmity possibility/ familiarity breeds contempt)

from Toronto working life to spa work transition...(idea)

Hi...I was thinking my Mum & I could come from Bal Harbour to West Palm Beach for the end of the 2nd week in February to the end of the first week in January...

We would start Florida with first 2 weeks in February in Bal harbour apartment to prepare, then 3 weeks at Hippocrates Life Transformation , then another 2 weeks back at Bal Harbour apartment for rest...

Then back to Toronto for back to work...

What do you think?

It's about 2 grand a week per person American...

30% more for us Canadians...

so 6 grand a week per person, times 2 = 12000 .00

plus 30% currency exchange to canadian...

1800-00 more per person due to low canadian dollar rates...

so extra 3600 for 2 people...

so total cost for 2= 15600 for 3 weeks upfront...

cost per person 6000+1800=7800.00

Se-6

by Sari - Tuesday, June 09, 2015

<http://grovecanada.ca/?p=1314>

Selenium Se-6

penicillin

every 4 hours

(means at night too)so if they say every 4 hours that includes the night so take every 4 hours & you have to wake up at night during the 12 hours(Duran Duran wolf Sky) in order to take your antibiotic penicillin pill too!(garlic is the exact same thing but usually less in strength)

GroveBrainPartChart

"Love Runs Out" by OneRepublic sister to Beyonce? is a song they play at the Brass Rail Tavern to lure you in!

refers to Lady Marmalade who sang another song...Voulez Vous Couchez avec moi Ce Soir (In African Canadian which means usually they came from Jamaica or one of the Islands) "Island Girl" by the Beach Boys...ibid;they are derivative

The Brass Rail tiger at the Metro Toronto Zoo & the peacock at High Park Zoo who came back (male they have the fancy tail-this is from the news I heard from Joseph my husband btw by the way means stay off my husband please you lapdancers...next-)

***ostrich they run fast & can mythologically carry people-because their wings were chopped off by African people so they could eat them faster-this is illegal in Canada by the way!

at the Copa copocabana barry manilow i

I'm a fanilow justin Bieber I'm a Anne Frank Fanilow...Bieberlicious....Pizza Libretto...

Scarborough Arts Library... ! Spotify is \$9.99 a month but first 3 months is trial period...0.1 cents I think...

Voltaire El Dorado U.T.S. class of 1984 animal farm book I went there...



See About Sari Grove's Books on BookLaunch

by Sari - Saturday, May 16, 2015

<http://grovecanada.ca/the-grove-health-science-book-series/see-about-sari-groves-books-on-booklaunch/>

Seizures?

by Sari - Saturday, January 02, 2016

<http://grovecanada.ca/seizures/>

Flashing lights can trigger seizures-Get a multivitamin with lots of Vitamin A inside to prevent that...

Large doses of melatonin can prevent seizure-there is a drug form of melatonin in Israel called Circadin(it is just much stronger)...

You can also take Indium drops(similar family as melatonin)...

Daily, some activated charcoal in all your water is also the same chemical group...

Fluoride is a trigger, so all your water & toothpaste & mouthwashes need to be fluoride free...

Also get the best multivitamin with plenty of Vitamin A inside...

If you want to add additional supplements you can add Chasteberry Vitex...

5HTP at night to sleep...

Raw egg with banana smoothies will also boost your system...

Seizures are a deficit situation, so try not to go too long without eating...

Avoid foods that give you diarrhea, which increase nutrient loss...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Sep3rd-6th, and also Nov26th-29th...POP-up Gallery shows...Noubar O. Sabag

by Sari - Thursday, May 28, 2015

<http://grovecanada.ca/?p=1260>

WHEN:

Sep3rd-6th,

and also Nov26th-29th...

WHAT:

[POP-up Gallery shows...](#)

WHO:

[Noubar O. Sabag](#)

WHERE:

Shingles, Hodgkin's Lymphoma, Epstein-Barr Virus, Colon to Liver to Lung to Brain cancers, Cancer Bone pain...

by Sari - Friday, April 08, 2016

<http://grovecanada.ca/shingles-hodgkins-lymphoma-epstein-barr-virus-colon-to-liver-to-lung-to-brain-cancers-cancer-bone-pain/>

From the facebook Group DIY Cancer Repair Manual: **Marnie Newton (facebook) is an expert in the cause of Cancer...Her tack is identifying the parasite behind this word...For example...I saw what looked to be Liver fluke egg shape in a picture of someone who had been diagnosed with Hodgkin's Lymphoma...It was a massive hunch...Flash forward to the present, Marnie just told me that Hodgkin's Lymphoma is associated with Epstein-Barr virus...Bear with me...I happen to know that Epstein-Barr virus is associated with Shingles...& I happen to know that Shingles is in the Liver...Which means that Marnie was confirming for me & for the person in question, that what we had seen was indeed related to the Liver...What this means is that though our protocol for Hodgkin's was to address the Liver, by confirming our hunch, we could go much further in this direction...Fully commit...The reason I had been hedging my bets a little, is because conventional medicine targets the location of the Cancer (LYMPH-oma), & so I was looking to clean out the Lymph nodes, as an insurance policy, in case conventional was right...But what we have found is that something like a Liver fluke can travel from the Colon, up to the Liver, to the Lungs & finally to the brain...Along the way it can be mistaken for many things...The one thing that seems to be a clue, is that if you are doing everything possible, but still aren't getting better, & don't know why, you probably have this elusive creature...**

<http://www.flordis.com.au/product/legalon> Legalon is a Sylimarin product which means Milk Thistle which is an Oxygen on the Grove Body Part Chart...

Use for applications involving Liver flukes, Hepatitis, Cirrhosis, Impotence, Epstein-Barr Virus, Shingles, Chicken Pox, Pain in Bones Cancer, Her+ positive, Alcoholism, Pneumonia, Common Cold, Depression, Hodgkin's Lymphoma, (Colon Cancer, Liver Cancer, Lung Tumours) explanation; these liver fluke worms can travel up the colon to the liver & into the lungs finally into the brain, they can remain asymptomatic for years-use HUMAWORM antiparasitic to kill the worms <http://www.humaworm.com> ...For consultation on Liver flukes as cause of these particular cancers, or for identification of what parasite or worm is causing your own unique cancer-please contact MARNIE NEWTON on FACEBOOK...

Liver flukes Shingles Hodgkin's disease Bone pain...

<http://lifestylemarkets.com/vitamins-and-supplements/minerals/iodine/oceans-pure-100-natural-sea-kelp-500ml/> This very high in Iodine product from a brown North Atlantic Ocean Nova Scotia sea kelp, can be put all over the body including older explanted tumour sites...Internally too, just go slow...It is strong...

Comment: "Things hide in the Liver...The Liver is an unusual beast...Hydrogens like water feed it, &

Oxygens like fresh air, clean it...The problem with many regimens is they neglect the Liver...How is that possible you say? Well...Cancer really like anaerobic situations...It does not like Oxygen...Now water, yes water, drowns out Oxygens...So...If you are drinking tons fo water daily, with your supplements to swallow them, drinking all sorts of green juices, drinking drinking teas & water because you have been told water is the answer to all good health then...You are drowning your Liver...You are suffocating out all the Oxygen...You are creating a perfect anaerobic environment...Liver flukes hide very well & are often asymptomatic until you start getting bone pain...We have found that humaworm antiparasitic does kill them if they are lurking...Lurking means you have done all the right things, but still aren't feeling better...Here is a link to the site <http://www.humaworm.com> Friend Mary Agnes(on Facebook) if you have any questions about Humaworm, coffee enemas(helpful to remove the dead bodies-sorry gross)...(please know that Mary Agnes speaks Spanish so her English albeit excellent is slightly broken)...Marnie Newton(on Facebook) is an expert on the cause of Cancer...With a pile of info on Liver flukes & more...Marnie is in Sydney, Australia, so there are time zone issues to consider...Please also write to Marnie directly...If you have passed a parasite or worm & want to know which one it is...Well...Take a picture...Marnie also consults with parasitologists about this...Amazing resource...Humaworm came from Marnie...

Note:Dan Webb(on Facebook) will help you out of cachexia, being too skinny, after your detox is over...Raw eggs! This is how you can safely gain weight back...AFTER cancer treatment...

Shop: Art by Noubar Sabag

by Sari - Wednesday, April 22, 2015

<http://grovecanada.ca/shop-art-by-n-u-barr/>

The most beautiful artworks...By Canadian artist Noubar Sabag!

Price:Please send an email to info@nubarr.com to inquire or make an offer or to possibly see them in person if you are in the Toronto area...(The artworks are in Toronto, Ontario, Canada...)

Name:This Canadian artist's full name is Noubar Sabag, but he signed N U Barr on these works...

[see a PDF file here: Biography of artist Noubar Sabag\(*signing N U Barr\)](#)

Here is an article about the artist, that I found orphaned in an Armenian Diaspora forum...

Toronto: Painter Took His Art Around Globe
PAINTER TOOK HIS ART AROUND GLOBE
John Goddard, Toronto Star

The Toronto Star
November 15, 2006 Wednesday

Nubar Sabag left a trail of paintings across the world "like a comet," his son says.

After a long career as a painter, photographer and lover of the arts, Sabag died Oct. 30 following a severe stroke at 85.

"He left a band of paintings across different places, in homes and galleries, from Armenia, across the Mediterranean, to North America," says his son and only child Shahe Sabag, president and CEO of Toronto-based Dumont Nickel Inc.

Sabag, who also signed his name variously as Sabbaghian, Sabbagh and N.U. Barr, was born of Christian Armenian descent in the desert town of Aleppo in northern Syria.

His father Fares was from Aleppo. His mother Arousiak arrived there on foot during World War I fleeing the Armenian genocide by the Turkish army. When they married, the couple was poor.

"He started playing violin and mandolin when he was very young, and sang in choirs," his son says, adding that he would also tutor

others on what he had learned. "Obviously he was driven to learn - a self-taught, Renaissance person continually absorbing knowledge." By the time Sabag was 14, his father had died, prompting the boy to seek work as a photographer's assistant to help support his mother and brothers. He continued the trade in Aleppo as an adult.

"When I was a kid," his son recalls, "he had a studio and was the semi-official photographer for dignitaries and visiting heads of state. I remember these big two-foot-by-three-foot photographs all over the place."

Sabag also painted. Exhibitions in Alexandria, Damascus and Leningrad displayed his work, mostly landscapes, and in some cases awarded him prizes. Armenian monasteries continue to hang his work in Florence.

His highest accolade came in 1963, at the age of 42, when he was featured among six prize-winners at the Sao Paulo, Brazil, biennial art expo.

That same year, he spent time as a guest of Kuwait's royal family painting a series of works for an exhibition on the country. The day before the show was to open, U.S. President John Kennedy was assassinated in Dallas, Texas.

"All the top dignitaries ended up having to go to special services elsewhere," Shahe Sabag recalls of that shocking day. "But the show opened and it was a success."

Soon afterward, the family left Syria, increasingly uncomfortable as Christians in a Muslim country. Sabag, his wife Ida, and their young son moved to Beirut as a stepping stone to somewhere else. When Canada granted them immigration papers in 1968, the three came to Toronto.

"We arrived with \$300 or \$400, and a big crate with a couple of large carpets and some paintings," the son recalls.

Within a month or two, Sabag landed a job in the camera department at Eaton's department store. For a couple of years, he also taught art classes at the then Ontario College of Art and for 20 years at Northern Secondary School. And he continued painting.

"He would paint anywhere," the son says of Sabag's lifelong vocation.

"He never had a formal studio."

Shahe Sabag says he did not inherit his father's artistic gift but that art enriched the whole family's life. His father's love of the arts infected others, too, he says.

One day, his parents were having the apartment repainted, the son recalls. Sabag was working on a canvas in one room. An Italian-born house painter was working on one of the walls. Both were listening to opera.

"And at the end of the day, the painter asked if, instead of cash payment, he could take the painting?"

"I love that image," the son says: Two men working with their respective paints, and when their jobs were done, bartering their finished products.

GRAPHIC: Nubar Sabag was awarded many medallions for various exhibitions from all around the world. His highest accolade came in 1963, at the age of 42, when he was featured among six prizewinners at the Sao Paulo, Brazil, biennial art expo. Along with a passion for photography, he specialized in painting landscapes. He left his artwork in homes and galleries, from Armenia to North America.

Armenian painter Nubar Sabag loved the arts. He died Oct. 30. Along with a passion for photography, he specialized in painting landscapes. He left his artwork in homes and galleries, from Armenia to North America. Armenian painter Nubar Sabag loved the arts. He died Oct. 30.

Please note: The following is just a teaser of artworks by the artist Nubar Sabag...Some are on reserve, others are just there for show...The whole collection of 300 paintings is quite incredible & extensive, & we are working to make a place to show them all to you-in person especially & online too...(update: works are being cleaned, varnished, & framed...right now...May 2015...If you'd like to do a massive show in your gallery or other venue please contact Sari at grove@sent.com or info@nubarr.com...Note: the nubarr.com address is brand new, so contact sari if you don't get an answer right away...)

So this is just a snippet for now...

Number Nineteen

Number Thirty Five

Number Thirty Six

Do It! Pearson Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

Number One Hundred & Eighteen

Number Two Hundred & Forty Two

Short opinion on melatonin & fluorine & cancer...

by Sari - Monday, October 26, 2015

<http://grovecanada.ca/short-opinion-on-melatonin-fluorine-cancer/>

Politely...

I don't agree melatonin is anticancer...

Nor do I think fluorine causes calcification...

But you know I already disagree, so we'll just agree to disagree...

Fluorine is used as chemo for colon cancer...(Fluorouracil is a Fluorine based drug that is used in chemotherapy to treat various types of Cancer, colon cancer, breast cancer, liver cancer, & more...In 1957, it was discovered that Fluorine was effective in killing cancer cells...Uracil helped to carry the drug...

What is significant to note is that melatonin & fluorine are opposites...& Fluorine has been used to kill cancers for over 50 years...This causes me to doubt all the newfangled literature in praise of melatonin...How can fluorine be known to kill cancers, & melatonin, it's opposite, do the same thing?)

Melatonin, being in the Bismuth family, like ash, charcoal, & soot, will constipate, & causes lumps to become more textured, as opposed to smooth, which is more desirable...

Hydrochloric acid therapy (chlorine & fluorine are similar), is anticancer...You can nebulize drops of Hydrochloric acid mixed with water(I know someone who used a product called "I mist you 2" to get their HCL), into your lungs to help tumours detach...(people cough them up, really)...

Melatonin is great to help people to sleep...Addictive because the sleep is so delicious...But it doesn't shrink tumours nor change chemistry to benign...

Worse, it makes them more irregular in texture, if you palpate your lump after taking melatonin for a week, you will notice the surface is no longer smooth...When you stop the melatonin, it becomes more smooth to the feel again...

Lack of smoothness to a lump scares surgeons into recommending surgery right away...If you are trying to avoid surgery, they want that lump to feel as smooth as possible to the touch...Melatonin causes irregularity to lumps...

This has been my own observation...

I have read the studies about melatonin & cancer...

I am not convinced...I know fluorine & melatonin are opposites, & I know fluorine has a proven track record as being anticancer...

I also know I had to stop the melatonin myself, when a doctor palpated the lump & explained the problem...When I stopped, the lump became smoother to feel again...

I cannot endorse melatonin as anticancer...

Nor can I vilify Fluorine...

Much as I'd like to...

Sari Grove

grovecanada.ca

So what would you recommend as an anticancer protocol?

Here is my chart...The Minus elements detox...Each one represents a whole family of things you can find in real world items- choose the ones in each family you like...That's the short answer...

Grove Body Part Chart

If you have brain involvement, find the brain part, which body part it links to, then check the body part chart for which Minus element you need...

Grove Brain Part Chart

Significant progress in the getting rid of a DCIS lump! (frankincense & periwinkle)

by Sari - Friday, January 23, 2015

<http://grovecanada.ca/significant-progress-in-the-getting-rid-of-a-dcis-lump-frankincense-periwinkle/>

Ok so the picture shows a side view of my left boob with a crop so you don't see my nipple...What is so significant today is that what is usually a circular blob now has pieces missing from its edges...Which means that whatever I am doing is eating away at the circle blob that is supposed to be DCIS...Yay!

Ok...Some backstory...Go to our [Books page](#) & read our books for free to understand our medical theory & also get some history as to what I have been using to get rid of this thing...(book 3 is the beginning of that journey & is mentioned all the way through to book 8)...

How did I take the picture? In the Books & in some of my blog posts I explain how to [DIY Mammogram](#) using a digital camera & a Mac computer...It's easy & I do it all the time...It's a great way to track what works & what doesn't work...You can even see chemistry changes...I tell you what to worry about...

Now...Why am I having such great progress today in particular?

Ok, so I figured out IN THEORY how to get rid of a DCIS lump...(DCIS is not actually breast cancer yet, it is a pre stage where you have to be really careful...Women don't usually die of DCIS...It doesn't usually spread...It's only IF it becomes INVASIVE breast cancer that you have to worry...Doctors want to change the name DCIS to something less terrifying...Anyways...)

So I had the theory & I had tried it out & my theory worked...There was only one thing...I didn't like taking one of the herbs...It made me tired & depressed & sleep all day...So I slacked off a bit because KNOWING that I had an answer was very powerful for me...I was the BOSS of my life again...

But ok...I took all my other things...Which all did work as planned...But the thing that would shrink the Calcium part of the lump itself I wasn't taking...

Ok so push came to shove & last night I decided heck with it I've got to take this stuff...So I took some last night, again in the middle of the night, & again this morning...

Then I did something new...I walked down to a Health Supplement Natural place one block west of Bathurst street on the North side of Bloor(it's a giant superstore you cannot miss it but I cannot remember the name sorry)...

I bought 2 little bags of Frankincense resin...\$3.00 & \$3.50...Total cost...They call them Frankincense tears...Little hard nuggets of resin...

On the way home I took a bunch from the bag, popped them in my mouth & started to chew them...The hard resin turns into gum...I chewed the gum all the way home & then threw it away when all the taste

was gone, the frankincense...This is how the people of Oman chew their Frankincense & they have the lowest incidence of cancer in the world...

Later I took my picture, the one you see at the top of this post...

The herb that I have been slack in taking is called Madagascar Periwinkle...It is a vinpocetine iodine type herb...I grab a pinch, put that in my mouth, swish with some Diet Coke & swallow...Twice...(please don't tell me Diet Colas cause cancer because that is just not true...All they do is add potassium to your diet which is not always a bad thing...)

Ahem...

So the combo of chewing the Frankincense Tears & taking the Madagascar Periwinkle herb is a winning combo!!!

(oh, I also took a weekly 50,000 IU Vitamin D capsule this morning which probably helped speed up matters & also kept me awake...)

I am still walking almost 2 hours every day...

I am still trying but cheating on a raw plant based diet...

I have found bread is a really bad cheat & oatmeal is not helpful either...

*I learned today of a new Copper...The Venus Flytrap(in a product called Carnivora) contains plumbagin which is a Copper & is anticancer...I used Licorice root for my Copper but could have used Ginkgo Biloba for my Copper...(I cannot take anymore Copper now as I sort of overdid the licorice root & it made me deeply emotional in a painful way...)

I am still using the [GoodCoins App](#) & the Moves partner app to track my walking distances...Goodcoins actually gives me money each time I walk! They even have a store where you can spend it!

Research Notes(credits) & Links for January 2015...

Gingko biloba (St. John's wort) Copper...

Vinpocetine Iodine madagascar periwinkle

Hulled hemp seeds

No breads please

Butcher's broom sparteine Potassium

Chickweed for lipoma(it moves under the skin) similar to dandelion, parsley-Oxygen diuretic saffron

Broccoli walnuts raisins

Water lemon juice honey cayenne pepper

749 Dovercourt rd west of ossington north off Bloor 3.9 km frankincense

Plumbagin Venus flytrap copper Carnivora product...

<http://m.mutage.oxfordjournals.org/content/24/5/413.full> Venus Flytrap/Copper/anticancer(clinical trial)

http://www.healthy.net/Health/Article/Special_Report_Breast_Cancer_When_Its_Not_Cancer_at_All/2661/1 When it's not Cancer at all...DCIS (WDDTY)

<http://www.nytimes.com/2010/07/20/health/20cancer.html?pagewanted=all> Prone to error(Cancer)NY Times

<http://www.jesichashope.org/cancertreatments.html> Jessica's Hope alternative cancer treatments...

<http://www.cannabisoils.ca/products/> Sanatio Strauss-cannabis oil & tincture in Canada

<http://pccntoronto.ca/2012/03/28/video-holistic-and-herbal-two-approaches-to-diet-nutrition-and-the-treatment-of-prostate-cancer/> Holistic & herbal approaches to prostate cancer

<http://www.exploreyourhealth.ca/viewpage.cfm?PageID=16> Canadian Naturopathic Foundation(walking daily & diet can change your prognosis forever)

<http://vitalitymagazine.com/section/health-conditions/alternative-cancer-therapy/> Alternative cancer therapy

http://www.askdrjj.com/article_view.php?id=34 Toronto Naturopathic doctor Oncology

<http://www.registeredorontonutritionist.ca/Blog/Entry/how-to-prevent-and-fight-cancer-with-natural-holistic-nutrition-toronto-nutritionist-cancer.html> Toronto Naturopathic Oncologist Nutrition expert

<http://www.thepracticalherbalist.com/herbal-library/herbal-encyclopedia/chickweed-skin-rejuvenator/> Chickweed(Oxygen) for Lipoma

<http://www.hitwebcounter.com/how-to/herbal-treatment-of-lipoma.php> herbal treatment for Lipoma

<http://universitynaturalmedicine.org/research/library-portal/> University Natural medicine Library Portal
<http://www.expertise.com/home-and-garden/home-remodeling-for-disability-and-special-needs> Home remodelling guide for Disability & Special Needs...

Smoothness in Lumps is desirable...(so don't take Melatonin if you have cancer)

by Sari - Saturday, May 30, 2015

<http://grovecanada.ca/smoothness-in-lumps-is-desirable/>

<http://www.TCMAnticancer.ca> TCM stands for Traditional Chinese medicine...

I went there, & had a quickie consult with a lady doctor...

Turns out, smoothness in breast lumps is a very important desirable trait...

I knew this but I DIDN'T REALLY KNOW THIS...

You know what I mean?

Anyways, if yours feels bumpy, here's what to do...

Stop taking the melatonin!!!

I knew melatonin was wrong, but I just really loved the sleeping part of it...

Melatonin is great for feeding your Pineal gland, & your Colon, & it is antiseizure, antiepilepsy, antiCrohns disease, antiIBS, antiinsomnia, antifluorine, antipolio, antimeningitis, antiangelsyndrome...

However...It is NOT anticancer & it is certainly not TCManticancer...

If you feel your lump yourself or get a friend to feel it, & it feels bumpy instead of smooth, stop taking the melatonin...

Ok...I am not going to complicate things by saying anything more...Though I could...

Thank you, <http://www.TCMAnticancer.ca> for helping me to figure out my smoothness problems...

I am going to be so smooth from now on, promise!!!

"I was taking melatonin & it caused the breast lump to palpate(feel) gravelly & textured...I had this checked with a TCM traditional Chinese medicine doctor...She explained that a desirable lump should feel smooth not textured...Anyway, I quit the melatonin & the lump became smooth..."

Newer comments(I was answering some questions):

Ok...If you have a known paradoxical effect to Melatonin...I would have quit at that point...(paradoxical effect means it does the opposite of what it is supposed to do)...

In terms of it inducing menopause or being opposite to estrogen, that is also a paradoxical association...Estrogen boosts melatonin down the line, which indicates they are friends...To imply melatonin lowers estrogen is a pretty far fetch, though it is mentioned in the article(an article I am not going to link to, because that might confuse people) in several ways...

Chemically melatonin is similar to Bismuth, charcoal, like soot, or the stuff you get from barbecuing foods...Which makes me wonder at its core how it could be a detox thing...Studies on barbecued food, the charcoal grit, are pretty prevalent...

But charcoal is also used for poisoning(to grab a poison you have ingested & encapsulate it safely)...

I have seen many of the Cancer articles that love melatonin(despite me not agreeing with them, I do read them)...

The night shift argument is very loose in my mind- there are just so many other correlatives that could come into play...I do think sleep is important...Good deep dream sleep...

I've been using the Holosync brainwave entrainment programs to settle my brainwaves...(iTunes app but there is a free demo tape online too- you listen with earphones...They really work...The full audio set is \$179 I think though(there is an easy payment plan though), so I have been stalling on buying it)...

I am a little hesitant with this information you have linked to(an article that says melatonin is anticancer) because...

1) Melatonin has been shown to delay menopause not induce it, & I am confused at where you got that information

2) probiotics increase Phosphorus, Ceruloplasmin, Estrogen, & I don't think that they should be

prescribed across the board(especially to someone who is fighting cancer)

3)You didn't respond well to melatonin, & are confused yourself, even before I stuck my nose in it(says that a supplement is maybe not for you if you are not sure about why you are taking it anyways)...

4)I know that melatonin increased size & texture of my own breast lump(in pictures)

5)I know when I stopped, I had immediate improvement(also in pictures)

6) I know that soot & charcoal & Bismuth are not anticancer usually & melatonin is most similar chemically- they both handle excess Fluorine in the Pineal Gland...But,

7) I will examine this closer & promise to write about it further...

My mother who is a survivor said immediately when I spoke out loud about this just now :

" Of course it is not anticancer"

She is old school...It is " new school" who are putting forth these newer(controversial) possibilities...

Myself, I only touch it if I crave the delicious sleep it gives me...But I know I am " cheating"... I cheat on many things...But I know when I am...I don't see it as a detox...However, the way charcoal is antipoison might be a factor...Perhaps the melatonin is grabbing poisons, which then allows the body to function better...

Also in cases of over fluoridation of water supply(especially in water that night shift workers drink) perhaps it is creating balance...Nurses may be exposed to intense fluorine levels in hospitals, not to mention other powerful cleaning fluids...Might explain how the melatonin works- it is correcting a severe imbalance, deficiency...

Here's the study about melatonin & menstrual cycle...(even they think it's anticancer! But none of these studies really explain the mechanism of their conclusions...)

Worth more study...I'm on it! Thanks...

<http://menopause-aid.blogspot.ca/2015/01/reverse-menopause-with-melatonin.html?m=1>

Note from Sari Grove:I will update this post as I find out more...

High doses of melatonin can have a contraceptive effect! In Europe they actually use melatonin as a contraceptive...Which means, if you have been taking high doses of melatonin, & your period has ceased, it is possible that that is not menopause but the melatonin stopping the period...Theoretically the periods might return with cessation of melatonin...

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

So I joined a bunch of Facebook groups for lonely January, & here are some of the conversations I got to participate in...(alot of cancer healing stuff)

by Sari - Thursday, January 22, 2015

<http://grovecanada.ca/so-i-joined-a-bunch-of-facebook-groups-for-lonely-january-here-are-some-of-conversations-i-got-to-participate-in-alot-of-cancer-healing-stuff/>

So January is a lonely month...It is very cold here in Toronto, & dark, & well, lonely...So I joined a whole bunch of Facebook Groups & started trying to answer questions that people had asked...People seemed to appreciate my efforts to help, & I, in return, got to be useful, got to feel like I wasn't so lonely, & well, those two things were pretty big for me...

I joined a bunch of Natural healing groups, some cancer healing groups, some self-published authors groups, & a few more that I unjoined soon after because there was too much self-promotion going on...

Since I am still getting rid of a stupid breast lump, the natural alternative type groups were excellent for my condition...

So anyways...I realized today that some of the answers I was giving were pretty good & should save them somewhere...So that somewhere is here in this post...

This is January's commenting by me so far...(just My comments, nobody else's or their questions...)

About getting rid of Depo Provera...

I took a product called HearAll from NaturalCare in Oregon...It has 3 of the top heavy metal chelators in it...It is actually for hearing...I didn't care...I bought it because it had the right ingredients for a heavy metal chelation which was suggested to me...This is how I began my journey in detoxifying from Depo Provera...Soon after I started taking the capsules, a large something appeared on my femoral artery at the top of my left thigh...I squeezed it & omigosh it was a blob of Depo...Anyways...There is more to detoxifying than just a product...Raw plant based diet...Exercise...Iodoral pills...Or eat things with Iodine like seaweed vegetables...It is scary dangerous stuff & to get rid of it you have to work hard...Get rid of it as soon as you can before things happen...(ovarian cysts, breast lumps, gender dysphoria, adrenal problems...)

Foods for a leukemia remedy...

Oh...Hulled hemp seeds...They taste nutty...I only take a teaspoon but if you ate more, you'd probably get more dramatic effect...But they do really help...

More about leukemia remedies...

Feel free to write to me, as you scale mountains & fight this...In my own journey, honestly, the thing that got me in motion the best was switching to a raw plant based diet...(I did cheat with fish & seafood cause it was a big switch for me)...The 2nd thing that was significant was walking 10 km a day(I cheated too skipping days)...After those big deals, the herbs started working & I felt braver...Iodoral tablets are a no-brainer, easy, & just take them cause Iodine is a number one fighter...I also took a lot of Licorice root(a copper) to eradicate Phosphorus which is the spread factor...For leukemia, anything in the Manganese family, including handfuls of almonds...This cleans the blood...Recently I started apricot kernels(oxygen) & wow they are good & strong & you will notice them working...No sugar, no dairy, no gluten...(cheating does happen)...Plenty of sunshine or Ginger root cut & boil for tea...D3 helps speed the rest up-take alot(though too much & you go bipolar)...My mother is a Carol so I have an affinity for you! :)
You commented on Oliver Sacks's link.

Villagers in Kazakhstan Are Falling Asleep En Masse for No Apparent...

ht.ly

It's the depleted uranium...They dismiss it in the article because one village is affected & the other is not, but it could be in the air currents, a river, in ground...Narcolepsy is a known effect of Uranium exposure...They need to clean the area & give the villagers heavy metal chelation & other detox treatments...

Leukemia success battles...

David refused chemo and healed leukemia naturally

chrisbeatcancer.com

<http://www.chrisbeatcancer.com/david-refused-chemo-and-healed-leukemia-naturally/> Here's an uplifting story about a man named David who beat leukemia naturally(which is way worse than what you have)...It's a good site too & there are links to other success stories & the Drs & products they used...Godspeed you CAN do this!

herbs for leukemia...

I know Mugwort herb is used for leukemia, & myelodysplastic syndrome is sometimes seen as a pre-leukemia situation...I'd study remedies for leukemia since you will get more info...

things to do with the herb Sage...

Sage tea boosts memory & makes armpits less stinky...

Husband think Kefir is a dairy product, should not feed to child with autism...(& he's right)...

Husbands can be smart...

About dark circles under eyes...

Mine were Iron deficiency...

How to lower blood pressure naturally...

A lady in a health store was buying Hawthorne loose which she said she took to lower blood pressure...

YESTERDAY

You like The Truth About Cancer.

What to do about headaches...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

For pain headaches, I eat raw garlic in a little plain yogurt...For glue headaches, I eat a whole bag of Goji berries...(garlic is a Selenium that lowers blood sugar)(Goji provide Oxygen)...Fresh air & exercise help if you force yourself...A raw plant diet for a little while can clean things out & help...

First line of attack against a breast lump...

Women have taken Iodoral pills (iodine) & some had their breast lumps dissolve...
The common mistake of confusing necrosis with apoptosis...

Apoptosis vs Necrosis - Difference and Comparison | Diffen diffen.com

Hi...I was just re-checking too...It seems like doctors now are using both words interchangeably...There used to be a clear cut difference...Most clinical trials I read talk about some remedy being tested for apoptosis of cancer cells...necrosis used to be reserved as a bad thing-like gangrene...You may want to check with your doctor about this distinction...Necrosis can occur inside a tumour, causing it to swell, & that is not good...Apoptosis means the cancer cells are dying...At least, that is what used to be the distinction...I'd double check the meaning with your doctor...Here's an article I found just now that talks about this common confusion...[http://www.diffen.com/difference/Apoptosis vs Necrosis](http://www.diffen.com/difference/Apoptosis_vs_Necrosis) Good luck & Godspeed...

About what to do for skin melanoma on dog...

I was just reading a comment about someone who applied Cannabis oil to their dog's skin cancer & it went away very quickly...(she said it was only 2 applications in 3 days, but it probably depends on how strong it is & how much you put on, plus if they lick it off or not, which apparently is ok if they do...)

Again about the necrosis apoptosis confusion of meaning...

I think there is a semantic distinction to be made...Necrosis & Apoptosis are not the same thing...Necrosis is cell death that is characteristic of cancer...It is usually caused by hypoxia, lack of oxygen...Which is why things like apricot kernels, a cyanide which is an oxygen, seem to work on getting rid of cancers...Apoptosis means you are killing cancer cells...It means the cancer is dying...Apoptosis is good...Necrosis is bad...In terms of the size thing, I have noticed that my lump (in my left breast) swells after I go for my daily 10 km walk...But then later, it shrinks up smaller...On a sidenote, today I have been watching video about a woman(Sharon Kelly) who got rid of her lung cancer tumours using cannabis oil mixed with coconut oil & a syringe(backdoor)...They did it this way so she wouldn't get the high feelings...Anyways...I'm looking into getting maybe some cannabis oil capsules-in the meantime, just taking Hemp oil...

You like Momcanada.(they ship cannabis products to Canadians)...

The Kelly Hauf Story: How she Beat Brain Cancer Naturally with Cannabis Oil
You like Cureyourowncancer.org.
19 JANUARY

What to do for memory loss...

My cousin & his wife got through Harvard on chocolate...They eat a lot & try for the best...It boosts memory...

3 things to do to fight Cancer naturally...

Make a tea of the herb Madagascar Periwinkle, it is vinpocetine(iodine family)...The apricot kernels work-

add them(they are Oxygen(...Licorice root tincture prevents spread(it's a Copper)...

Is Multiple Sclerosis location based?

There are some cross correlations-cold areas, dark areas no sunlight, & areas where old lead pipes are still used...(MS responds to sunshine very well btw, as well as sunshine vitamins like Vit d3 & ginger root is a natural way to get that...)

Sciatica...

Actually that is how I fixed my sciatica...Upped my bilirubin levels with food which padded the stripped tendon...

What happens if your baby's mother tries to break up with you while she is pregnant...

Pregnancy can cause weird emotions...Tell her that...Tell her not to make any big decisions until the baby is born & her hormones get back to normal...

Really bad strep throat...

Grate raw garlic into a bit of honey & sprinkle in some Cayenne pepper...Take this often...Natural antibiotics...

Sciatica...

Eat...Comfort food...Sleep all day...

18 JANUARY

You like Chris Beat Cancer.

Ovarian Cysts?

I got rid of my cysts with Dr. Reckeweg R38 & R39...Birth control drugs cause cysts-you will also need to detox after you get the arm thing out...Iodine, raw plant diet, exercise & more...

Toddler with UTI...(urinary tract infection)...

Baking soda works but he won't drink it...The bath in baking soda suggestion is solid-put a whole box in the water & get him to soak or play in the bathtub for as long as you can...

Parkinson's disease...

Parkinson's is excess Phosphorus in the Spleen & Hypothalamus...Deprenyl is based on Licorice root which is a Copper...Studies have shown other Coppers like Coffee help too...I'd up Copper, drop Phosphorus-in the diet...

Toenail fungus & Candida...

I got rid of toenail fungus by accident...It is cold here 6 mos of the year...Sp I got some Vit D3 drops...It said 4 drops but I took 4 dropperfuls straight...After 3 days or so of my mistake my toenail fungus started to clear up...(warning too much D3 does make you nutty!)

Lead poisoning from scraping off old lead paint from house...

Lead responds to Vitamin C, Vitamin d3 (drops are good),Zinc...A fruit & raw plant based diet with plenty of olive oil for digestion would help too...Saunas, steams, & fresh air exercise too...(long walks on a trail)...

17 JANUARY

Ovarian cysts...

I got rid of mine with Dr. Reckeweg R38 & R39...I drank it straight from the bottle, didn't mix with water, they fell out in the toilet 48 hours later...(sorry)

16 JANUARY

Sari, rhymes with Mary...

Parkinson's & cancer...(both Phosphorus problems...)

Hi...So to neutralize Phosphorus you need a Copper...Licorice root is a Copper that the body absorbs well...Licorice root was also the basis for Deprenyl, a Parkinson's drug...It grows well in Hungary where the drug came to be...Parkinson's is a Phosphorus excess in the Spleen, but without the Calcium tumour factor Cancer has...Anyways, think of Phosphorus like mold-people put a copper penny into flower water to prevent mold-it's the same in the body...Phosphorus is what makes lumps spread...Which is why it was the first thing I addressed myself when choosing my attack...

Dental problems & cancer...

Essential #5: Embrace Biological Dentistry Archives - BreastCancerConqueror.com/ Healing Breast...
breastcancerconqueror.com

<http://breastcancerconqueror.com/category/httpbreastcancerconqueror-com7-essentials-5/> This Dr. really thinks that dental problems & Cancer are related...On the subject of breast cancer, add licorice root(capsules, tea, tincture, the herb, whatever you prefer) to your aunt's daily diet...The Copper in the Licorice root is highly absorbable & what it does is antagonize Phosphorus...Phosphorus is what makes Cancer malignant-a malignant tumour is Calcium Phosphate...A benign tumour is calcium Oxalate(oxalate is iron)...So by neutralizing Phosphorus you neutralize spread...Then all you are left with is a lump...I started with the tincture because it was the strongest...I took alot at the very beginning because I was scared...

Vote - Play Exchange

vote.playexchange.ca

My mother's good friend is one of the organizers for "Good Coins" which needs votes to win on the Play Exchange...If you have a minute to spare, please vote(you have 3 votes & can use them all for Good Coins)...Thank you so much! (leave a comment if you did vote so I can tell my Mom & she can tell her friend)...<https://www.goodcoins.ca/portal/rewards?>

(by the way, if you get the **GoodCoins app for iPhone**, then you get the **partner app called Moves**, you can track like how far you walk, then collect GoodCoins for each walk, then use those coins to actually buy things in the GoodCoins store!!!)

(it's all about motivating you to be healthy & more eco-friendly but it is also neat & it works! Free too!)

necrosis...

Necrosis means cell death, & in Cancer it is usually caused by Hypoxia which means lack of Oxygen,so Apricot Kernels are a Cyanide which is in the Oxygen family, so by bringing Oxygen it helps to Oxygenate the tumour...

Apricot kernels...

I just started taking apricot kernels, but slowly to see if I have any problems...Almost immediately the lump in my left breast got smaller...The science of it works too-since cyanide is an Oxygen & Cancer likes Necrosis, a Hydrogen excess, the one antagonizes the other...

15 JANUARY

On losing your sense of taste & smell after taking Levaquin...

Ok so...Levaquin is a fluoroquinolone which means it is an antibiotic that also contains Fluorine...My mum in law I think had her response while on Cypro a strong antibiotic, but she also has a Polio type problem which causes Fluorine excess symptoms...So that combo seems to be the winner for losing taste & smell...Since the antagonist to antibiotics/selenium is Sulphur/Sugar, & the antagonist to Fluorine is Bismuth/ charcoal...Well, melatonin is in the Bismuth family & makes for a good sleep...Upping sugar levels isn't hard...That would be my chemical perspective, ballpark...

My mother in law had lost her sense of taste & smell...Years later, she got it all back, after a blood transfusion...Not sure how you could replicate that-there is a club here that serves fried chicken blood...(a blind friend's husband took her to see if it helped her eyesight...Transylvania club I think...)

Ovarian cysts...

I had ovarian cysts (a precursor) & got rid of them with Dr. Reckeweg R38 & R39...

My favorite place to have a solo art show...

After years of showing in a myriad of venues, I look back & think to myself that my favorite solo shows were at the beginning when I had them in my own studio...I could totally control the whole environment, serve cookies & hot apple cider, arrange the works for weeks before, do it at times when I felt up, the money came straight back to me...Better than any of the gallery shows, juried shows, library, cafe...Can't think of anything really unusual...(I mean unusual for an artist!)

Dogs & cancer & Apricot kernels...

While doing research for myself, I came across several stories of people giving their dogs ground apricot kernels in their food & having success...The kernels provide alot of Oxygen which seems to clear out the necrosis...

Fungal infection in eye...

If it is indeed fungal, then it will respond to liquid Vitamin D3 drops...Take them straight from the bottle, & take about 4 dropperfuls at a time(not drops)...This is more than the recommended dosage, but you need it, fast, for something so serious...

14 JANUARY

How to NOT get your bike stolen...

Somehow make the bike look crappy...I have a really great Gitane bike that I got secondhand, but the paint job is totally distressed & it doesn't look fancy at all...First bike that has not been stolen...(the shiny new ones went fast)...

So I was having some problems with taking the CBD Oil...(*getting rid of a DCIS breast lump)

by Sari - Sunday, March 29, 2015

<http://grovecanada.ca/so-i-was-having-some-problems-with-taking-the-cbd-oil-getting-rid-of-a-dcis-breast-lump/>

So after about 2 weeks of taking the CBD oil (I got mine from <http://buyweedonline.ca> **who I wholeheartedly recommend**), I stopped taking it...I may start again, but I need a break...(the strain I used was NON-psychoactive High Cannabidiol but very LOW THC -which is the stoned part)...

Here's why I stopped:

1)It was making me **too tired to get any exercise**...I'd wake up & not feel like going for my giant walks outside...My giant walks outside are Sooo important for my health, for my mood, for seeing people, for detoxing...But I didn't feel like doing them because the CBD oil was making me so lazy...

2)**I was really hungry** for all the wrong foods for me...The CBD oil was making me hungry...A normal reaction, but when you are detoxing, it can be dangerous...What you put into your mouth is really important when trying to get rid of lumps in your body...I was eating proteins again, craving meat & fish & yummy stuff, & I wasn't sticking really to my raw plant based diet goals...A little slippage is fine but I was slipping way too much...

3)The CBD Oil, like many painkillers, statin drugs, cholesterol lowering drugs & sleeping pills **was CONSTIPATING**...The way this class of drug works to constipate you is by reducing your muscle ability...It makes your muscles weaker...So when you try to pooh, the muscles cannot push well...Stuff gets stuck...Long story short is that being constipated is actually pretty dangerous if you want to prevent or treat or reverse cancers or pre-cancers which is what DCIS means...Poohing good-Not poohing Bad...

4)It is really expensive if you want to do it right...I bought 3 grams worth for \$150.00 to try it...The recommended dosage for treating cancers or something similar is around 60 grams in 90 days at one gram of CBD Oil per day...At \$50 per gram, times 60 grams, that will bring you to \$3,000.00 ...Ok...It is do-able...But I was not ready to commit to this program because of the too tired, too hungry, too constipated, problems...Plus there was more...

5)I could feel the CBD oil in my brain...I could feel myself the next day feeling stupider...I was noticing some early signs of memory loss...Memory loss scares me because who I am is all about my memories...My memory is one of the things that define me...I was scared to lose who I am...Without my brains I was just good-looking...Not enough in this competitive world...Not anymore...

6)Now this doesn't bother me so much but it was a tiny factor...It is illegal still in Canada...The oil...You can get a prescription for medical marijuana but not for the oil...In Canada, smoking cannabis for pain is legal but eating the CBD Oil(I put it in some microwaved peanut butter for better body absorption before eating it), is still illegal, even though that is how you are supposed to take it to get rid of cancers...I don't

care that much about the illegal thing, but to some folks this is stigmatic...Meaning that your parents or your friends might frown on the fact that you are using an illegal substance...It's dumb but you can feel people change the conversation when you mention you are taking Cannabis Oil...Some people, not all...(Even the super cool ones sometimes)...

8)Since it's hard to get, it's expensive & there are some cautions with how to take it & how to avoid the sleepy, hungry, constipated, memory loss, problems, as well as the legality issues-it makes CBD Oil harder to recommend to OTHER people to take...In my journey I have tried to allow other people in, so that as I learn they can learn too...As I cure myself, others can cure themselves too...The harder your protocol, the harder it is for other people to copy you...It is something to consider because as we march to this Alternative drummer we might like to bring some friends along for the ride...Many of use like to set an example, to lead the way...

Update:

<https://www.sciencebasedmedicine.org/medical-marijuana-as-the-new-herbalism-part-2-cannabis-does-not-cure-cancer/> (warning: this article has a slightly negative tone to it, but that is mainly because the internet is so crazy positive about CBD oil so I guess the author was reacting to that)...**

**I found this interesting article about CBD Oil, written by a breast cancer doctor...What it basically says is that though CBD oil does work, it takes ALOT of CBD oil to get an effect...What is interesting to me is this reiterates a little of what I was thinking...Yes, I had a good reaction to the CBD oil, but it was not as dramatic an effect as say the effect I had from ingesting Frankincense by chewing the resin(spit out the gum later don't swallow)...I also had a significant effect from [applying the Frankincense topically in my homemade salve...](#) Frankincense is cheaper, legal, easier to get(like WAY easier), & had a more pronounced effect on shrinkage than the CBD oil did...For me...

HOWEVER...Something unusual...I noticed the CBD oil cleaned out my brain...How did I know this? First, when I was "on" it, I could feel it travelling into my brain...Cleaning out the pathways there...I was actually worried that it was erasing memories while that was happening...But...AFTER stopping the CBD oil, I got some neck soreness...As I was massaging the back of my neck, on the left side, (my lump is in the left breast by the way), I felt "stuff" or something in my neck...I think this is "gunk" for lack of a better word, that the CBD oil cleared out from my brain...This says to me that CBD oil has a particular affinity for the brain...Meaning it is probably really great for people with brain tumours...It seems to really work on the brain very well...*

(I found this also with the difference between **Licorice root & Cilantro...The Licorice root worked well on my breast area, the Cilantro worked well on my brain area...Same with **Madagascar Periwinkle & liquid tinctures of Vinpocetine**...The periwinkle worked on my breast, whereas the **Kelp tincture** had an affinity for my ovaries...How do I know this? You can feel them working when you take them...Just take your experiments one at a time so you can notice & feel & record effects & differences...Later you will have a notebook of sorts of what targets where...)*

The phenomenon of WHERE exactly an herb works was explained to me by a Homeopath...Parts of a plant affect different areas of the body...My observation has been that the top of the plant affects more the brain, the top of the human, whereas the roots of the plant reach lower parts of the body...So when you

take a fresh leafy herb you attack the top of your body, the brain, more...When you get the stems or bottom parts of the plant, it attacks lower parts of the body...I found that tinctures or pills can often contain the BOTTOM parts of a plant...Fresh herbs often contain the fresh tops of a plant...I found this important because when I was taking the same substance, the herb part would go to my breast which I wanted, but the tincture or pill form might attack my ovaries which I did not want...

I think this is why Tamoxifen, which is a drug form of an herb, attacks the ovarian area...It does not work that well for the breast areas...Which is why I think that taking the herb **Madagascar periwinkle**, FRESH, straight into your mouth & swallow a pinch, is MORE effective than taking a the drug...**If you are trying to target things in your upper body...**(Drugs can often contain leftover stems & bits of herbs, because you don't SEE what's in them...When you buy fresh herbs, [the herbalist will try to make it the fresh bits](#), not just the dusty crumbly bits at the bottom...Because you can SEE what you are buying...Makes a difference...!

Sari Grove on September 3, 2015 at 1:47 am said:

Check your cholesterol levels...People with high cholesterol intake or known high cholesterol from tests, will respond well to the cholesterol lowering acting of marijuana...Those with already low cholesterol levels will only benefit marginally from marijuana/cannabis use...The side effects of CBD oil for example can include constipation(which can hamper a detox program), lethargy(which impedes an exercise program), & memory loss(which can lead to using only the CBD oil as a tool, instead of a more multifaceted intelligent approach)...The side effect of the increased hunger, can off rail a raw plant based diet approach into a more protein, sugar or cholesterol hungry, American Standard diet...The side effects of CBD oils are not being discussed in anti cancer conversations...Using CBD oil when one is already low cholesterol can be detrimental...It is not a catch all cure as it is often touted...

Reply ?

Sari Grove on September 3, 2015 at 1:55 am said:

Sorry several typos above, I am on an iPhone...

Not " acting" but ' action' ...

Not " cute" but ' route' ...

To add: If one has taken too much CBD oil or other marijuana based medicine, one may need to recover by antidoting...

Things like Aloe Vera juice, L- Carnitine, Maca, Cacao, Cinnamon- can replace levels that have been overly lowered by taking say CBD oil when it was not necessary...(& only in those cases)...Arnica Montana heopathic can also patch things up...

It should also be noted that CBD oil can impeded wound healing from surgery, biopsy, mammogram injury...Use with caution if injuries have not healed...

Reply ?

Sari Grove on September 3, 2015 at 1:56 am said:

” homeopathic”, ” impede”...

More(update)(Note:People take Citicholine before taking CBD oil to avoid the "high" feeling)Question was about does citicholine affect cancer?

- Citicoline falls into the " Aluminum" elements on my chart...THC is a " Titanium"... They are opposites...Aluminum family boosts memory, builds muscle, heals wounds...THC lowers cholesterol, thins the blood, kills mycoplasma infections...The two work together as opposites & should be in balance...Titaniums are a Minus or detox element...Aluminums are a Plus or repair feeding healing element...

- [Sari Grove](#) Sorry, I didn't exactly answer the question...Cholesterol, Choline, Citicholine, are all similar...In excess, they can feed Mycoplasma which like to feed on cholesterol things...Mycoplasma may lead to pneumonia infections, & later the thing we call cancer-in particular lung & aggressive types...Which is why THC is useful...THC lowers cholesterol & eats Mycoplasma...Theoretically too much choline could be a bad idea, cancerwise...It is all a question of balance...Knowing when to stop...Anything in excess is dangerous...But citicholine excretes quickly so you'd have to take alot to generate an excess-plus if you are taking it with THC that will account for it already...Choline & glutamates are markers of aggressive cancers...So it is a valid question...



So you get bad news during your oncologist appointment...(reasons why he/she could be wrong)...

by Sari - Tuesday, August 25, 2015

<http://grovecanada.ca/so-you-get-bad-news-during-your-oncologist-appointment-reasons-why-heshe-could-be-wrong/>

I got nodes from my first & only mammogram!

Tissue tore & 3 months later oncologist says she feels nodes in my breast...I said yes I know, they weren't there until I did a mammogram...

No comment...This year after some research I found an imaging lab who was willing to check things with just an ultrasound no mammogram...

So I did that this year...So then the report comes back that there are 2 "trails" that weren't there in the first ultrasound...I said yes, because the first ultrasound was Before the core needle biopsy where they punctured twice & suctioned out lump tissue dragging two straws out...What they were seeing in this year's ultrasound were the two trails from last year's biopsy...

I also mentioned the pneumothorax that I got from the biopsy, which apparently happens if you are small breasted, the lump is close to the chest wall...

The needle can pierce the "pleura" by accident...Then for 2 months you drink water & it goes into your lungs...Pneumothorax...

Sounds like a Dr. Seuss animal...So no more biopsies for me either...Today I investigated something called a Bio Signature testing where they tell you all the hormone levels in your body...Am running out of diagnostic tools that don't hurt me more...All I am saying is take it all with a grain of salt...

Trust Yourself...They always overdiagnose since they are only really looking for bad things & if you only look in the sewer you may miss the sky...

They neglected to mention the lump is smaller than last year...I just noticed it myself when I was trying to read the images...Gee...That was kinda important news...

Stick with it kid, it gets better...

<http://www.wddty.com/the-one-in-five-cases-of-breast-cancer-that-aren-t-there.html>

Read the last sentence in this post on WDDTY...I have had to reread it several times...It means, I think, that surgery, if the DCIS becomes invasive, reduces the risk of recurrence within 10 years,

Do It! Foulson Medicine by artists Joseph & Sam GROVE - <http://grovecanada.ca/>

but does not change the risk of death...Or something like that...I'd have to look up the original study they are working from...But it clarifies the hunch that I had too...Surgery just cuts off the tip of the iceberg...Either way, a systemic rebalancing of hormones, antiparasitics, & exercise need to happen...For me, surgery would get in the way of the detox because it is hard to detox if you have to repair damage from cutting...

So you just found a lump in your breast, what should you do?

by Sari - Wednesday, December 30, 2015

<http://grovecanada.ca/so-you-just-found-a-lump-in-your-breast-what-should-you-do/>

<http://grovecanada.ca/diy-cancer-repair-manual/> There is a free version of our short short book called DIY Cancer Repair Manual here...

It will also be free January 1st to 5th, 2016 on Amazon Kindle sites...

It contains 2 DIY Diagnostic Imaging techniques(you take your own picture, edit it in a free program online & you can see chemistry, size & malignancy status)...

It also has a beginner style DIY Alternative anticancer protocol, from our unique perspective...

(we've simplified the human body into a chart-& it sorts through medicines that way too)...

Personally, I had a violent first mammogram that created new nodes due to the rupturing of tissue...

The biopsy caused a pneumothorax, where they pierced my pleura by accident-water was going into my lungs for 2 months each time I drank!

It is very hard to get them to ONLY do an ultrasound, but if you call around to labs, you will find one who is willing to let you do just that...

They will also want to operate on you right away, & will scare you into thinking that you must or you will die...

I was diagnosed IDC (invasive ductal carcinoma) 2 years ago & had neither surgery, drugs, nor chemo nor radiation...

I went all alternative...

so...

It is possible...

There are many others...

don't get scared into things...

So you want to go "alternative" with your cancer treatment but you don't know where to start...

by Sari - Thursday, August 20, 2015

<http://grovecanada.ca/so-you-want-to-go-alternative-with-your-cancer-treatment-but-you-dont-know-where-to-start/>

So you want to go "alternative" with your cancer treatment but you don't know where to start...

I can help with that...

I will try & make this as simple as possible...

Below is my Grove Body Part Chart...

There are 12 "body parts" listed under the column "Organ"...(Gender refers to the Prostate gland in men, & in women it is called Skene's gland & sits in the same location...)

Each body part contains a MINUS element & a PLUS element...

Minus elements CLEAN the body part...

Plus elements FEED the body part...

Cancer is a disease of EXCESS, so it requires DETOX or CLEANING...

Ok, so...To keep it simple...A solid alternative anticancer protocol would be to simply choose the entire MINUS column...

Everything in the Minus column is a detoxer...

So you will be cleaning out each body part systematically...

What are the numbers?

Ok, so the numbers are how strong an element is...

The STRONGEST MINUS element is -12 Boron...

The strongest PLUS element is +12 Lead...

The elements in the Minus & Plus pile are opposites...

So if you raise one, you will also lower the other...Like a seesaw...

The elements on the chart are from the Periodic Table of elements...In the real world you will find these elements in real things with different names...After a while you will start to know which element is what in the real world & what it does & what its side effects are...It is handy to know this because there are so many words being thrown at you in alternative cancer treatment protocols, if you are able to figure out what things are on the Grove Body Part Chart, you will be able to simplify your own choices for a protocol...

Please Note:The elements to **AVOID** when detoxifying the body & brain from Cancer are **ALL the PLUS elements...**(Remember, EACH element represents a FAMILY of things in the real world...For example, Calcium is found in all dairy products, Coral, Chasteberry Vitex/Vitus Agnus Castus, & Vitamin K2...Calcium is a PLUS element, with a strength of +5, which means it is less strong than a potato at +12, but more strong than a Bean or Pulse like a Chickpea at +1...So when choosing your foods, understand that if you must eat PLUS elements, choose the weakest ones...A bean has less strength than a potato...So it will feed the parasites less...)

Corrected for Sugar

Ok, so I will give an example of a Minus protocol in real world words...(note: these are all families of things that live in the real world...Don't take these words literally...Zinc is just a catch all phrase for all those things like ginger root, vitamin C, vitamin D3, turmeric, sunshine etc....Each one represents a myriad of things in the real world...For simplicity, I group them into categories)...

You are looking for:

Zinc

Manganese

Titanium

Potassium

Carbon

Selenium

Oxygen

Iodine

Copper

Magnesium

Fluorine

Boron

These are all the MINUS elements...The cleansing elements...

Ok, so here are some examples:

Zinc: Vitamin D3 50,000 iu/week, Ginger root boiled tea, megadose Vitamin C, Camu Camu powder, Wormwood, fruit, Apple cider vinegar, sunshine, heat, saunas, steam, tanning beds(really- especially in winter climates)

Note:What got rid of my pneumonia

(probably caught from my husband, who caught it from a friend who had visited his dad in a hospital & probably picked up a Staphylococcus infection which is a LEAD excess on the Grove Body Part Chart-excess lead comes from old galvanized steel pipes degrading & losing their Zinc coating which brings them down to just Lead)

was 9 minutes in an intermediate level tanning bed(a Zinc on the Grove Body Part Chart) with their lotion on my whole front side...(cost about \$25 total Canadian currency-at a tanning salon downstairs at Yonge & St. Clair in Toronto-North East corner basement of mall)

My husband's pneumonia responded to Cayenne Pepper(a Selenium on the Grove Body Part Chart) in everything he ate or drank...Like a giant teaspoon...(in soup, tea, coffee...) Another innovative Zinc family element:RubyLux 250 watt Infrared light bulb which can go into ANY light fixture-put it on your desk for while you are on the computer-shine it on your face to reduce swelling from dentistry, also helps to lower Lead levels in your whole body including those that cause toenail fungus...

Manganese:Bloodroot capsules, Mugwort herb,all Nuts, Pumpkin seeds , Manganese pills, ground Flaxseeds, Black walnut hull powder, Nutmeg, Flaxseed oil, sesame seeds, poppy seeds, homeopathic opium, Moxibustion, moxa, mugwort incense, Clove cigarettes, Nutmeg, Mugwort incense cones, Mugwort cigarettes, the Lily flower...

Titanium:CBD oil, *Frankincense essential oil(chew the resin & spit it out, or oral or topical), Mint leafs, Clove powder or Clove oil, Serrapeptase (has affinity for Lung & Lymph nodes as well as Cystic Fibrosis-also cleans Parietal lobe in brain)...Clove incense...Vanilla Beans- you can just chew them raw & swallow(about\$3.49 Canadian currency for 2 at a grocery store, look behind the counter or ask(Dave Young grocery store at Eglinton near Bathurst has them)...(Mesenchymal cells feed on cholesterol which Titanium lowers)...

For brain tumours: Diffuse Frankincense oil in your room at night...(Sacred Frankincense from Young Living is one I know works)...Also rub on bottom of feet at night & at back of neck where head meets spine...(also diffuse, orange, lemon, clove, lavender at other times)...

***You can put a few drops in some water, or some coconut water, or some aloe juice...You can also buy**

Frankincense resin(the yellow bits) & chew them until they lose flavour then spit it out-that is how they do it in Oman(no cancer in Oman!)-it's cheaper when you chew it actually-I know the oil is expensive...sigh...But cheaper than CBD oil which acts in a similar fashion...You can also buy Boswellia pills as a supplement & that is just Frankincense too...You can also put the resin into a pitcher of water overnight, then drink that water the next day-Frankincense water-it tastes good!(you can put stevia & lemon juice in it too)

Vega One All in One Nutritional powder Chocolate flavour is high in Titanium(from the hemp seeds)-it also contains many excellent Minus items(detoxifying items)...If you want to take a multivitamin every day that won't interfere with your anticancer protocol, this powder is the one...Get a giant tub & have some when you run out of food & are too tired from hunger to go shopping! (Their sugar free energizer powder with ginger & turmeric is a great booster for when you are first diagnosed & feel run down due to unhappiness-also it lowers Lead levels in the bones)...

BuyWeedOnline.ca sells CBD oil online to Canadians, & you can pay using online banking e-transfer, & the CBD oil will be discreetly & quickly shipped to you for your medical needs...The seller calls himself Ronald, & is trustworthy...It costs about \$50 Cdn currency a gram, & is the finest quality, from where it is grown & made & sold legally, in British Columbia, Canada...You take a nail's head amount, & dip it into slightly microwaved peanut butter(a tablespoon), & stir them together, & eat it...If you do not have high cholesterol at all, it will not benefit you greatly...People with low cholesterol, do not really need their cholesterol lowered much further, which is what CBD oil(Cannabidiol) does...This stock is High CBD low THC, for people who do not want to get stoned, but do have Cancer...

Potassium:Stevia, Hawthorne, Coconut water, Bananas, (artificial sweeteners are one molecule sugar with 4 molecules potassium by the way- yes, even the ones that get vilified by natural blogs- biggest danger is overly lowering blood pressure- beta blockers are also potassium- blood pressure lowering drugs)...(Basal cells feed on B12/Taurine/Cobalt-all high blood pressure markers, which Potassium lowers)...Diet sodas have tons of potassium in them by the way...

Potassium: Stevia lowers "Aurum"(from the Grove Body Part Chart), which in layperson's terms is B12, Cobalt, the thing that raises blood pressure, Taurine, but also the thing that bugs are attracted to...Well, in particular, in dogs, they'd call that "heart worm" ...The triple negative group would also have high Aurum (B12 blood pressure) levels...As well as several other types of cancers, including those found in people who eat a lot of fish, especially raw fish...Anyways...You can buy giant bags of Stevia & sprinkle it in your food, your drink & even in your dog's food...Not too much-potassium can lower blood pressure so much your heart can stop...If you take too much, or your dog does, then add back some fish to your or his/her diet...

Novel drug:**PNC 27** is made of fruit fly & moth...The fruit fly is biochemically similar to anthocyanin...The moth is similar to saponins...Anthocyanins are like Oxygens, like what you find in things that clean the liver-Milk thistle, dandelion, apricot kernels, goji berries, berries, sundried tomatoes, fresh air...Saponins are like Titaniums-found in Vanilla Beans, Comfrey, Frankincense, chamomile, thyme...Saponins clean out the Lungs & lymph nodes & lower cholesterol...So PNC 27 might be especially effective for people with Liver problems & high cholesterol...

Carbon:Olive oil, Flaxseed oil(the flaxseed in this oil is a Manganese by the way), Grapeseed oil,

Baking Soda, any cooking oils

Selenium: Garlic, Garlic pills, Cayenne Pepper, Pancreatic enzymes, Spicy things like Sriracha sauce, lysine, antibiotics, insulin, pepper, MSM (Methylsulfonylmethane) cream(mix MSM with Iodine & apply topically- absorbs better)(Squamous cells eat sugar which Seleniums lower)...

Oxygen: Apricot kernels(grind & put in unsweetened applesauce), Butcher's broom, Arsenicum Album, seeds of apples or lemons or oranges, Blue Flag iris powder or tincture, Fresh air, Apple seeds, Ozone injections, hydrogen peroxide(you can nebulize this too), Eucalyptus oil(nebulize or apply topically)

Apricot kernels oxygenate the Liver & in the brain the Cerebellum...This is very useful in dehydrating tumours, clearing up areas of hypoxia, & also starving microbes that feed on Hydrogen...

Iodine: Iodoral pills 12.5 mg a day, Madagascar periwinkle herb, Vinpocetine pills, Poke root, Kelp tincture, seaweed salad, Japanese food in general, sea vegetables like Arame, Detoxadine(iodine), Tamoxifen, Pau d'arco herb

Copper: Green tea, Copper pills, Licorice root tincture(St. Francis), Gingko Biloba(powerful heavy metal chelator), Chromium, Caffeine(yes, caffeine has Copper in it-GOOD-don't do it if you don't want to but don't argue with me about it, there Is a reason why Starbucks is so successful right now!), Yerba mate, matcha, wheatgrass, ecogallinatechingallate ecgc...Cilantro is a fabulous Copper that is just great to eat!!!! Cilantro extract, liquid chlorophyll, Copper in multivitamins...

"I took various forms of Licorice root for over a year...When I found out that Phosphorus distinguished malignant from benign, I set out to obliterate Phosphorus...I knew Coppers could do that from my studies in Parkinson's disease(which is just excess Phosphorus in the Spleen & Globus Palladus)...My brother helped me choose Licorice root as the Copper I'd use...I had been editing photos to show chemistry of the lump, & could actually see the Phosphorus(looks like tiny purple ants)...I got some St. Francis Licorice root tincture & gulped maybe 1/4 of the bottle...The next day, I took & edited more pictures, & sure enough the purple ants were clearing up...That was when I began to lose my fear & feel like I could win...Later I found some clinical studies that said Licorice root could cause phenotypic reversion- revert malignant back to benign...So my own theories were supported by others...You can live with a giant benign lump indefinitely...Most people set the goal to shrink it, which can be very difficult...But if you set the goal to change its chemistry to benign...Well..." Sari Grove

Gingko Biloba: You can empty a Gingko Biloba capsules onto your pet's wet or dry food to get some Copper into their daily diet...It is a stimulant, so be aware of that...

Cocaine: Cocaine is also a Copper...If you have parasites that have gone up your nose or into your brain from up your nose(aspirating them), then possibly you could snort Cocaine, though it is usually illegal, very expensive, quality is questionable, & can be dangerous...Plastic surgeons use medical grade cocaine when they do nose jobs or nose repair, so you could ask one of them for some for your nasal or brain cancer...

Magnesium: Epsom Salt baths, oral epsom salts(get from your pharmacist), Magnesium pills, Lavender, Glutathione is what they call it sometimes, Whey Protein they call it also, exercise

Fluorine:Parsley, toothpaste(sorry, I was a non-fluoride girl too, believe me...But Fluorine actually unclogs things...In the good old days fluoride was a bit of a miracle...)most large bodies of water have natural fluorine in them go for a swim...Listerine mouth wash, Hydrochloric acid(therapy-drops in water, drink or nebulize)(Melanoma likes to eat the Bismuth family which is lowered by Fluorine including the chemo drug Fluorouracil which can be used topically on melanomas...DIYselfers can find fluorine in many other places, to apply topically & also ingest orally...This is not the time to be anti- fluoride if you have melanomas)...Moringa Oleifera is also a great new Fluorine!

Boron:I have not found a better way to get Boron than in a supplement sorry...I will add something when I find something...The supplement I took had potassium, apple cider vinegar(it's a Zinc), & Boron all at once...Borax is another way to get Boron...You can put 1/4 cup of laundry Borax into your bathwater to get your Boron...For your pet, crush an all Boron supplement pill under a spoon, & stir into their wet or dry food...

Ecstasy(MDMA) is a heroin copycat in a pill that is so strong it acts like Boron...Side effects include profuse sweating for extended periods of time, dry mouth for extended periods of time(like a week or more), trance like state, very very submissive behaviour, paralysis long term(you do not do anything with your life at all), & slavery(you are so submissive you end up caged mentally, or working in an adult entertainment club as a sexual slave, or as a drug addicted user with no funds since you drained them all to pay for your habit)...However, Ecstasy, the street drug in pill form, has applications for prostate & ovarian cancers...It lowers Molybdenum levels in the Cerebral Aqueduct in the brain, & in the Prostate in the male, & in Skene's Gland in the female(the female prostate is called Skene's gland)...It should be used as a last resort...Start with a legal Boron supplement available at Health food stores([Qi Natural Foods at Eglinton & Allen road is an excellent source](#))...

For everybody: Humaworm is an all around antiparasitic blend...Everyone with any type of Cancer should take it...Here is the link to what is in it <https://humaworm.com/formula.html>

Ok so there is a short list of ideas...Feel free to substitute...(the following are just some more ideas & examples to consider...)

For example...(these 4 things are in Zenith Herbals Bloodroot capsules)...

Galangal is in the Ginger family=it's a ZINC

Chaparall is in the Selenium family

Graviola is in the Potassium family

Bloodroot-a Manganese

"A Beta Blocker drug is essentially Potassium...It lowers blood pressure...It makes the heart slightly larger, probably due to its anti diuretic effect, so by holding on water the heart swells a bit which lowers overall pressure...Potassiums are actually very useful anticancer tools, in particular for basal cell

types, which comprise 75% of the more aggressive types...Graviola for instance is a Potassium...Too much potassium can lower blood pressure excessively & can cause you to be very sluggish...Piece of trivia: artificial sweeteners are 1 molecule sugar & 4 molecules potassium...Stevia is also high in potassium, as is Hawthorn..." (Sari Grove)

The bloodroot capsules work specifically like this: Bloodroot (a Manganese) lowers Iron in the Thymus which makes blood- Iron is a component of both benign & malignant tumours...Galangal(Ginger family) is a Zinc that lowers Lead in the Thyroid gland which builds bone...Chaparral is a Selenium family that lowers blood sugar in the Pancreas...Graviola is a Potassium that lowers Aurum(blood pressure) in the Heart...The Zenith Herbals bloodroot capsules are double strength...So, yes, I think they would be a very helpful component to a serious anticancer regime...

Now that's not all...

The best diet you can choose for an anticancer protocol is a Raw Vegetable diet...

[Here's a link to how to do that...](#) It's a book by a nurse who cured her breast cancer **JUST** by going raw...Buy it...It is a digital download...Going raw is a big step...Read this book...It got me to go raw...Until I went raw, the herbs were not really working to their full potential...I also lost 50 lbs...50 lbs...Without dieting...(no calorie control, no portion control, not trying to lose weight actually)...(The book is called My Raw food cure & diet secrets by Helen Hecker RN)...

Ok, next big thing is exercise...Here is something that is free & pretty easy to do...Walk...I started a year & half ago...Just walking...I'd listen to music...I found a nice trail in the city that made me happy...The first time I did the walk it took me something like 3 hours...I was out of shape...Now it takes me maybe an hour & a half...But my distance is almost 12 kilometres now on trail...(trails are harder than sidewalk)...I used to walk maybe 8 kilometres with plenty of breaks to pat people's dogs, chat, take pictures, or maybe stop for a drink or lunch or sit around reading Facebook messages in the sun...

Walking every day is like a full time job...You will need cute outfits, good running shoes, earphones & a music playing device is helpful if you need motivation(I use the app called Rock My Run-it has playlists of upbeat music pre-chosen so I don't have to choose & I don't get bored...I pay about \$5 a month now for their premium service...But I did use it for free for a long time before that...

Walk...Seriously...It is going to take probably 2 hours, maybe longer for a good walk...You will be exhausted at the end...You may not be able to feel your feet-they can feel a little numb at the end of a good walk when you are still out of shape...

Walk...You don't have to walk fast...At all...But do it every single day if you can...I cannot decide which is more important, the diet or the walking...I am guessing maybe the walking...because it fixes depression, anxiety, panic, fear & you get to talk to God who is going to be your very best closest friend while you do all of this...

You don't have to walk with other people & make it a group thing...It is very Zen to walk alone...I smile & say hello to people as I walk by them...They smile back & say hello...That is pretty

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

good...For socializing...You don't need too much more...(I do try to pat people's dogs though because that really makes me feel happy inside...Don't pat people's dogs without asking permission first...In case the dog is a biter...Doesn't happen often...)

Walk...

You will start to look like an athlete...Your body will get sexy again...People will tell you that you are glowing...

Walk...Walk far...

Ok, that is it for advice now...If you need extra help besides what is on this website or what is in my books([free very small size downloads at NoiseTrade of all our books...](#)(or look for the Free Books page in the Menu of this website for more choices of how to read our books)...oh, I forgot to give you an email address...here it is grove@sent.com...If you need help ask...I got time...

Big Cool Important thing to learn how to do:[If you have a lump somewhere & want to see what it looks like at home, whenever you want to, read this post...](#)(I took pictures of my "lump" & edited them myself with this technique & kept track of size & chemistry changes all the way along up to the present...)

Things to consider:

Birth control drugs are made of Calcium & Phosphorus...The vast majority of malignant tumours are made of Calcium & Phosphorus...

Treat all cancers at their most base level as if they are made of Calcium & Phosphorus...That means you need Iodine & Copper for sure...Then find out what body part your tumour is living in...Clean out THAT body part in particular...Use our Chart, The Grove Body Part Chart to decide what to use...For example, if the tumour is in your Liver, see that Oxygen is the Minus, & Hydrogen is the Plus...So you need Oxygen, the Minus to detox the Liver...Choose an Oxygen...Apricot kernels are a great Oxygen for the Liver...

You are what you eat & so is your tumour...If you eat eggs everyday then your tumour will be high in cholesterol(which we call Aluminum on our Chart)...If you eat bread everyday then your tumour will be high in glutens which we call Nitrogen on our Chart...Triple Negative breast cancers tend to be high in those two things...Choline & Glutamate, otherwise known as cholesterol & gluten, otherwise known on the Grove Body Part Chart as Aluminum & Nitrogen...So you need to specifically add the correct Minus element to your protocol...Titanium & Carbon are the Minus elements for that...(but do not neglect the standard procedure for all cancers, Iodine & Copper)...

Iron is a component of both benign & malignant tumours that makes them hard...

Melatonin is in the Bismuth** family & makes a tumour feel bumpy...Bumpy when you feel your lump is NOT good...SMOOTH is what you want our lump to feel like...Though I love melatonin, be very careful how & when & how much you use to help you sleep...Sometimes you just have to

sleep...But know that it will make your lump feel bumpy & rough & that scares doctors into saying things like: "You MUST have surgery" ...

**** (things with fluoride in them remove Bismuth (which makes your lump feel smooth again after you took all that melatonin cause the sleeping was so delicious)...Dentists have liquid swish drinks with fluoride in them...Just saying...)**

In response to a question about Caffeine...

"Caffeine is just another source of Copper...It is chemically opposite to Phosphorus...Birth control drugs are Calcium & Phosphorus which cause a heavy load on the Adrenal Gland & the Spleen...That heavy load is why people are walking around with compromised immune systems right now...(there are other reasons of course too, but the birth control drug pressure on our bodies is possibly the most significant new factor since the 60s...) Acquired Immune Deficiency Syndrome (AIDS) is just adrenal gland failure...Which is why the Iodine family is crucial- it cleans out the Calcium from the Adrenal gland...But yes, too much of anything, either way, can cause imbalance...Which is why you have to be careful not to overdo a detox program, why you should cheat a little on everything people say, take detox vacations where you slack off, & why you may have to take some "opposite" stuff later to fix the fact that you were overzealous...Too much caffeine or Copper family & you may need to start drinking Kefir to put back some of the good Phosphorus you got rid of...Coffee enemas are a way to get Copper-I didn't use them myself because I was on a raw plant based diet with tons of oil & apple cider vinegar & my colon was pretty darn cleaned out just from that...Also I am lazy... But some people feel they are integral...(Gee, now I think I should try them...hmm...) If you are uncomfortable with something, it's not right for you...Use your spidey senses...A billion people will tell you to quit caffeine...New studies show coffee & tea are great at fighting cancers...

(this person asking had already had some surgery done)-But again, for you, after surgery, it may be too harsh...Surgery means you need to do a lot of repairing too...A nice thing to do which repairs is to drink Aloe Vera juice every day...It heals up where they have cut, but also does some cleaning out work...Mix it with Mangosteen juice or Acai juice for some flavour..."

Ovarian Cysts; Buy Dr. Reckeweg, R38, & R39...Each bottle costs about \$25 dollars...Take a generous swig of each...If you are lucky, the cysts will fall out in the toilet when you pee 48 hours later...Repeat every few months to make sure all are gone...I would also do several rounds in the case of Ovarian cancer since cancer develops from cysts...(the Dr. Reckeweg formulas for ovarian cysts contain bees! Very high dose Manganese which causes Iron to lower & cysts detach!)

If you have a brain tumour or brain cancer, see the Grove Brain Body Part Chart...Find the closest brain part to where your tumour is, then find the corresponding Minus element to take for that part...(see top of page for newer brain part chart)

Grove Brain & Body Part Chart

Anti-parasitics: Unda 17 is a Swedish liquid mix that helps to get rid of parasites...

Artemesia Complex by Knowledge Products helps to get rid of old dead parasite shells after you have

done several rounds of a regular antiparasitic protocol(wormwood, black walnut hull, clove- is the 3 part protocol Dr. Hulda Clark invented for that)...Some people use diatomaceous earth to get rid of parasites-I did not try this but many say it is great)...

Parasites & Cancer & Candida seem to all go hand in hand & are perhaps interchangeable...My theory is the Salmonella Typhi Bacterium(Typhus) is to blame...I write about that in one of my books...(Book 3)...

lymph detox deodorant recipe: 1 tablespoon organic corn starch, 1 tablespoon baking soda, 2-3 tablespoons organic vegetable glycerin-ok this is the salve base...To this add your favourite essential oils, frankincense, pink grapefruit, orange, lemon, clove, coriander, thyme, eucalyptus, mint...Apply to underarms daily...Rub on parts of the body that need detox attention, like varicose veins, lumpy areas, sore areas...

E-Cadherin is A Titanium marker...Titaniums break down Aluminum/cholesterol...Statin drugs are Titanium...In metaplastic breast cancer, e-cadherin an inhibitor of change in cancer, may be low...Which is why the Titanium Statin family is useful there...Also lowering Aluminum cholesterol levels in other ways...Hulled hemp seeds are a nice natural Statin...

Epidermal growth factor receptor (egfr) is an Aluminum/ cholesterol that is opposite to e-Cadherin in nature...

Estrogen markers are Phosphorus...they need Copper...

Progesterone markers are Calcium...They need Iodines...

Her2 markers are Hydrogen...They need Oxygens like apricot kernels...

Additional Notes:

"Titanium is found in all statin drugs, Mint leafs, baby aspirin, CBD oil, Frankincense essential oil/Boswellia serrata supplements, comfrey, chamomile...No not the heavy metal!!! In tumour markers Titanium is called E-Cadherin...If levels are low that is very Not good...Aggressive cancers have low e-cadherin...So yup, take something in that family...Also lower cholesterol/Aluminum intake(not the heavy metal again)...Eggs are cholesterol...(if you are taking any calcium supplements at all)Yes stop the calcium...Stop the calcium...stop the calcium...All tumours whether benign or malignant have calcium...Birth control drugs are calcium(& phosphorus btw)...Progesterone means calcium..." love sari

Titanium is also in Iscador(injections)

Sari Grove

Boswellia capsules, Iodoral pills, Licorice root tincture, Bloodroot capsules(Zenith herbals), raw plant based diet, no sugar, no dairy, no gluten, walk 2 hrs daily, Boron. Apple cider vinegar, ginkgo biloba, Vinpocetine, Mugwort, green tea, apricot kernels, Hepa plus by Usana, Paragone antiparasitics, hawthorn, frankincense (chew the nuggets then spit out the gym), vitamin d3 , vitamin c, ginger root simmer into tea...

p.s. On my chart, substitute the word Sulphur(if you still see it) for the word Sugar...It's a mistake...I am human...It's a big one though, please forgive me...

[How to get rid of a breast cancer lump tutorial on Tildee by Sari Grove...](#)

Risky business: Breast implants(3x more likely to die of lung cancer, 2x more likely to die of brain cancer, immune system malfunction, chronic fatigue, infection, mold, rare lymphoma...), Any birth control drug(try Vitus Agnus Castus instead- herbal celibacy inducer), Acrylic nails & acrylic nail salons (BPA is highly phosphorus estrogenic)...

***Generally you take Artemisia, also called Wormwood, while also taking Black walnut hull tincture, & Clove capsules...This is the 3 part antiparasitic protocol designed by Dr. Hulda Clark, & they are very effective all together...The parasite theory of Cancer is very pervasive & I believe everybody should participate in the 3 part strategy...

Can I black salve my Lymph node tumour under my armpit?

The reason there is reticence here is because the lymph nodes under the armpit are such a sensitive area pain wise...So philosophically, many would try all the other possible lymph detox methods first, Moxibustion, acupuncture, lymph detox massage, raw diet, essential oils topically & orally, daily very long walks for exercise to get everything going- just everything you can possibly think of, saunas, steam baths, nebulizing eucalyptus oil, baking soda therapy, Hydrochloric acid therapy, mega dosing vitamin c- you want to throw the kitchen sink at it, before deciding to black salve there- because it is such a tender area...

Note: Black salve refers to Bloodroot salve, A Manganese thing...

Black salve capsules (Zenith Herbals) contain double strength bloodroot/ manganese, galangal/zinc, chaparral/selenium, graviola/potassium...A great way to get someone going in their alternative anticancer treatment in just one pill a day!(you can take more)...

CBD oil(I got mine from buyweedonline.ca): "What I was saying, is that if you are already very low cholesterol, it doesn't change things as significantly as someone who is high cholesterol...THC acts like a cholesterol lowering drug, which aggressive tumours feed on...For someone like me, I was able to get effect from eating hulled hemp seeds daily, hemp oil, Frankincense oil & chewing Frankincense tears(you spit the gum out after)...You can even chew vanilla beans which has a similar effect...Aspirin acts in the same way too..."

Alternatives to CBD oil (Titanium group): Hulled hemp seeds from Whole Foods or pretty much anywhere, Hemp oil too- any health food store...Frankincense essential oil is always around- topical quality...Plenty of people in these groups(Facebook groups), say for internal Frankincense oil , to order from so & so brand because it is purer & they are probably right...Frankincense tears can be found locally though I dont know where you live- you can also find a plethora of suppliers for the Frankincense tears online...Just get the nice fresh yellow looking ones if you are going to chew them...Vanilla beans often

come in a small clear tube at your grocery store...You can scrape out the brown goop from the bean after cutting them open in two, & just eat that, then chew the pod until there is no more flavour & spit that out...(you can swallow the pods too- perfectly edible)...

Just the basics:

You need an Iodine in your mix, some Licorice root tincture to prevent & reverse spread, & a Manganese...(You can get herb forms of these three things from Herbies Herbs in Toronto- they will ship to you for cheap...You can order Madagascar Periwinkle herb(Iodine), Licorice root herb(Copper), & Mugwort herb(Manganese)...Order like the small amounts to start...Take 1/3 of a cup of each herb, dump all in a pot, cover with water & more, simmer 15 minutes, & drink the black liquid...This was my DIY chemo recipe...It is very good...(not tastewise sorry)...But it covers the basic bases...Not an expensive protocol...Easy to do...

Grove Brain Part Chart

Comments about THC, CBD oil, Cannabis, Marijuana & various forms of cancer...

THC lowers cholesterol which aggressive cancers like to feed on...

A triple positive person may respond to THC, but may not have the significant results because their cancer is not feeding on their cholesterol, which may in fact be low already...

I believe that THC is beneficial across the board, just more beneficial to those with higher cholesterol levels...

For those who say their tumours grew while on THC, I think it was not that the THC fed the cancer, just that it eradicated something that was not a problem to begin with...So the cancer just continued to feed on the hormones it was already feeding on...

Many people while doing a THC substance as medicine do several other things that influence outcome- they do it exclusively as a wonder cure, they stop exercising, they eat because it makes them hungrier, they sleep all day...Then when they check their tumour they say it has grown & blame the THC...I do not think this is a fair or correct evaluation of the process...

p.s. Since THC also constipates, this affects their evaluation of outcome...

Sari Grove

EGFR Epidermal growth factor receptor is the Cancer marker that the THC products target...Very

effectively...EGFR is a cholesterol type marker...Often over expressed in lung cancer but also in aggressive breast cancers(like the triple negatives)...

While you are sourcing your oil, you should be doing all the things in that same family of medicine...For example, eating a giant bowl of hulled hemp seeds for breakfast...Chewing & swallowing the spice called Clove...Chewing & swallowing the Vanilla Bean(they come in tubes at grocery stores)...Ingesting Frankincense oil...You can chew Frankincense tears(the nuggets) too- but spit out the gum when the flavour is gone(minty)...Over the counter hemp oil shots(mix with apple cider vinegar for taste)...All these things lower the EGFR market-epidermal growth factor receptor...In another category of medicine to stop spread & reverse it: hit wheatgrass, spirulina, liquid chlorophyll, green tea extract & tea, matcha, Licorice root extract, chromium, boron, Yerba mate...This family stops spread...

The missing pieces:

(again!)

Have you been doing any of the following category? :wheatgrass, spirulina, liquid chlorophyll, matcha, green tea extract, green tea, chromium, boron, yerba mate, plant caffeine, licorice root extract? (Note: The studies about Copper are actually about Ceruloplasmin which is a Copper binder- its opposite, Phosphorus- so if you are restraining on the Copper family because of that flawed study, know that it is wrong & you absolutely need Copper to stop & reverse spreading...This might be your missing piece because it seems many were misled by that one misreported badly written study...

1)On the first page of this website [is a post that explains how to see under your skin with your own camera & a simple free editing program...](#) If you have cancer anywhere in your body, or you are worried & want to prevent getting cancer, or you have had surgery & want to see what is happening-please go to that post & watch the short video & learn how to take & edit your own pictures...

For places like the lungs, you can take pictures from the front or from the back(you may need help from a friend for your back-though with a bathroom mirror & some stretching I have done it)...Make sure your

picture is very close-up, in good light, & hold still for a few seconds before pressing the take picture button...

*****If you only have an iPhone** do not despair...Go to the App store...Download the **Puffin app**...That allows you to access the Fotoflexer(it uses Flash) program on an iPhone...If you use the **Camera+** app for iPhone to take your picture, the picture will be better(more clarity, & you can edit it to make it sharper before you upload to Fotoflexer online)...**Photoshop Express** is another editing app for iPhone that I use to make pictures even more sharp before uploading to Fotoflexer...

Take a picture before & the day after taking a new alternative treatment...That will tell you if it is working or not...Be aware that stress & exercise initially causes a lump to swell up soon after exercising, but then the next day it will be much much smaller...So wait to take your pictures after exercising or stress...(this is why diagnostic pictures are often so disappointing-the stress & exercise of getting to the appointment causes lumps to swell temporarily...)

(Warning:The path that I took was to avoid all surgery...No chemo, no radiation, no Tamoxifen...So the following post is from that perspective, that bias...

This path is **NOT(I may have been a little harsh here-you can use this program-just be more gentle with yourself)** for people who have done surgery, chemo, radiation or tamoxifen...You can still learn from reading, but this path is too severe for those who have already gone through the severity of conventional medicine...

It is VERY difficult to do a detox after surgery because after surgery your body needs to heal, to feel loved & to be fed...Chemo can be very debilitating...Radiation can be something to get used to-not in a good way...So once again, the following is for people who are trying to avoid cut, poison, burn as they call it...If you have any of the cut, poison, burn options, then you need to go slower...gentler...easier...Ok?
)

About that:" Yes...I put that warning in because once people have had surgery or radiation or chemo, they've already covered some of their bases already...

Radiation will have covered what I call the "Zinc" category- so that is the whole Vitamin D3, megadose Vitamin C, ginger root, galangal - all that stuff that lowers Lead levels in bone & Thyroid gland...

Chemo is usually in the Iodine category- so you will have already have gotten a fair dose of that if your chemo was pretty standard...So you may have already covered two bases...If you have had any surgeries or biopsies, you may have some repair & healing to do...

Which means be careful with the whole blood thinning Titanium category like CBD oil, Iscador, Frankincense, aspirin- that category can increase bleediness & prevent healing of wounds, so that has to be taken into account...

Comment about being careful about what you read on the Internet:

Yeah!Like with Cloves...What they say about things being estrogenic is just plain wrong...On the internet,

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

you get one bad study poorly written & the whole planet just copies the info...Licorice root does not boost estrogen, neither does Red Clover, Ginkgo Biloba, Dong Quai, Black Cohosh- yet you will find all sorts of wrong about them...Coppers kill cancer, but one dumb study misreported the word Ceruloplasmin as Copper, so everybody copied & now the internet says Copper is bad...They are referring to Ceruloplasmin as Copper, but it is not...It is a Copper BINDER...That means its opposite...The mistake is rampant, & can kill people...The one night shift study in melatonin & cancer is so poorly set up & flawed, yet the whole internet is ablaze with untruths about melatonin being anticancer...The chemistry just doesn't work...Fluorine is used often in chemo for colon, lung, breast cancer- a drug called Fluorouracil, but fluorine gets a bad rap every day...People forget that all these so called clinical trials can get easily published on medical sites with just a credit card payment...

Melatonin & Progesterone:

Sari Grove

Melatonin raises serotonin...Serotonin raises estrogen...But Dr. Veronique Desaulniers recommends it in her book & there is a study of night shift workers that people cite...The flaw there is: Dr. V. used black salve to remove her tumour...It contains the caustic Zinc Chloride which would lower melatonin levels exponentially & raise fluorine levels...That would have made melatonin very attractive to her biochemically...It worked for her, & now it's in her program...But not everybody has done black salve...So their levels will be very very different...Same with the night shift worker study...Night shift workers would have radically high fluorine & radically low melatonin...So it worked for them too...But not everyone is a night shift worker...Those are serious biases...As long as you know why you are doing something, then that is safe...But thinking something like melatonin is anticancer based on the night shift worker study or the experience of someone who used black salve(no offence intended), is naive...Personally I love melatonin...Great sleep...But I don't think it is anticancer...I do think sleep is important...Melatonin made my lump gritty & bumpy...When I quit it became smooth & more even...It was definitely not anticancer for me...But I will take it when I am insomniac ...I know how to antidote its effect too if I have to...Progesterone acts like Calcium in the body...You could drink milk & get a similar effect for less money...Or bathe in it(milk bath)...Will make lump grow(but not malignant- just size)...

In response to a question about Hodgkins Lymphoma:(People friend me on Facebook then we can chat via Facebooks messaging service-here is an excerpt...)

- You should do a 30 day run of Humaworm...It is an antiparasitic remedy that is probably the best on the market... For hodgkins lymphoma you need to specifically address the Liver...So-Apricot kernels(an Oxygen that lowers Hydrogen in the Liver), Milk thistle, Dandelion greens, Goji berries, all berries, sundried tomatoes-if you want a supplement there is Hepa Plus by Usana which is very good...Burdock root is excellent...I see you already take milk thistle...Great...Take more! (Empty supplements out of their capsules & put them in a glass & add some liquid & drink- they will hit you faster & better than inside the capsules-plus there is less swallowing to do that way)...I dont see any Coppers in your list...(sorry, this laptop is acting up-there may be typos-it wants to type in a different language-will try to fix this soon)...For Coppers, I love Licorice root-

extract, capsules, herb, tea-get alot...It kills malignancy, stops spread & reverses damage...Also wheatgrass, spirulina, liquid chlorophyll, chlorella, cilantro, fennel, green tea, black tea, coffee, st. johns wort...<http://grovecanada.ca/so-you-want-to-go-alternative-with-your-cancer-treatment-but-you-dont-know-where-to-start/>

So you want to go “alternative” with your cancer treatment but you don’t know where to start... I...

So you want to go "alternative" with your cancer treatment but you don't know where to start... I can help with that... I will try & make this as

grovecanada.ca

- 17:34

[Sari Grove](#)

Id like you to take some pictures, close up, & edit them yourself using my instructions in this blog post...Do the Fotoflexer edit...Then go to the instructions for malignancy to the Lunapic blogpost...Then you will be able to see what is happening chemically now & also how much malignancy or cancer is there...Then we will know better how to proceed...Both are easy & free to do...The second one is longer(15 steps)...The first is only 4 steps...Take pictures where you are worried about...

- 17:34

[Sari Grove](#)

<http://grovecanada.ca/how-to-see-a-lump-in-your-breast-by-sari-grove/>

How to see a lump in your breast(or anywhere else)...by Sari Grove | Artists innovating in the...

Instructions for how to see a lump under your skin in your body: How to do it...(Basic Instructions) Take a picture with your camera set to Macro Flash on

grovecanada.ca

Dangerous items:Anything in the PLUS element column could be dangerous to someone with Cancer...

If you still have Cancer present, for example, Bentonite clay(an Aluminum like Zeolite), which repairs damage, can reactivate malignancy that is relatively dormant...Please wait until you are ALL CLEAR before beginning a repair protocol with bentonite clay...

Dangerous if you still have Malignancy present:HRT:Hormone replacement therapies like the Lifewave patches, Chasteberry Vitex for panic due to excess Copper usage, Wild Yam supplements for wound

repair & replacement of sexuality loss(also Aluminum), Soy Isoflavones(a Phosphorus) which can relieve arthritic like damage due to taking too much glutathione/magnesium supplements or exercising too much...

Shaving:Cutting yourself brings Hydrogen in loads to the area of the wound...This can feed Liver flukes, which can stay relatively asymptomatic in your body, but present one day as Shingles rash when you cut or injure yourself somewhere...Chronic fatigue syndrome, Epstein-Barr disease, chicken pox, Herpes, Liver Cancers-are all related to Liver flukes...Treat any of those problems with an Oxygen like Eucalyptus(you can nebulize it), or Burdock root, or very very fresh Oxygenated air walks or mountain climbing or skiing or snowboarding...Or Liquid Milk thistle...You will need to heal the wound as well...However, just because you have healed the wound, does not mean you have killed the Liver fluke...In some ways the rash may be a gift-it tells you flukes are present & you need to go hard & heavy on the Oxygens...Apricot kernels in unsweetened applesauce are a great start...(The Humaworm anti-parasitic protocol has also been successful at removing Liver flukes...)

Surgery:Is cutting as well, which brings Hydrogen to the wound area...Hydrogen can feed any stray Cancer cells...Post-operatively, you may want to Oxygenate your diet to clean your Liver out fully...A Liver cleanse kit is a good idea...Or you could do this before surgery, & maybe be able to avoid surgery by killing off parasites Before doing something more invasive...A lump is a response to a wound...often a wound is caused by a parasite eating into your skin...They create a hole...Then your body sends in a repair team which may cause a lump to appear...However, the lump is not necessarily the cancer...The cancer is the creature eating holes in your body...So removing a lump may not remove the cancer...Your first priority should be to kill the parasites...You can live with lumps...

Facebook comments:Licorice root murders the thing they call Cancer, the Phosphorus, the estrogen creature...I am a huge fan...It has few side effects, is cheap, you can take a lot, & it is easy to get in many formats- hugely effective...Iodine shrinks Calcium which is the bulk of lumps, it also corrects many problems that people with Cancer don't talk about like gender dysphoria, weight problems, & lack of sex drive & sexiness...Green tea is an excellent daily drink & plenty should be drunk...Works like the Licorice root...Rosemary is an Oxygen, so it dehydrates tumours which can cause excellent & very fast shrinkage which is very encouraging, it also is good for the Liver...In my work, The Grove Body Part Chart, I sort elements into each body part, tell you where you can find them in the real world, then you choose the ones you prefer...Oxygens are important anticancer...If you happen to live on a Rosemary patch, you might choose that as your preferred Oxygen...I am taking liquid Milk thistle right now as my Oxygen because I can't seem to get apricot kernels anymore locally...Also I am tired of swallowing pills...I love essential oils but my wallet tired of them...So you have many choices...Hepa Plus by Usana is an excellent Liver supplement which contains several good Oxygens...Thunder God vine is another Oxygen...Of course fresh air daily walks might be the best Oxygen...

(brain Tumour at back of head near neck)Diffuse intrinsic pontine glioma...

This brain tumour lives in the Pons...Which controls the Kidneys...So the blockage can be alleviated by removing all glutens from the diet, & increasing Carbons which are all the oils...So Castor oil packs, Flaxseed oil orally, & massages in Grapeseed or Apricot oils to increase total body flow...Frankincense oil crosses the blood brain barrier- so application at back of head near top of neck nightly as well as oral drops...Liquid Iodine...Licorice root extract...Both orally daily...No sugar, no dairy, pull away from

meat...

Contradictions: The word phytoestrogen should not be used to describe many of the substances... Flaxseed for instance is a Manganese that lowers Iron in the Thymus that makes blood... Soybeans on the other hand, are a Phosphorus thing, that does actually raise estrogen in the Spleen... Seaweed is an Iodine that lowers Calcium in the Adrenal Gland, & like all Iodines, is closest to Tamoxifen & the other drugs in that category- though technically Calcium is not estrogen but progesterone- so saying even Tamoxifen is anti-estrogenic is not exactly precise... True anti-estrogens are things that lower Phosphorus- which is the most important family the Copper family, which includes- Licorice root, spirulina, chlorella, chlorophyll, cilantro/ coriander, chicory, coffee, tea, green tea, fennel... I think the majority of predisposition to cancers is caused by the Calcium Phosphate based birth control drugs, & then chemical constituents in our environment- which lead to attracting parasites, which then get called the ominous cancer... Greater emphasis needs to be placed on antiparasitics(Humaworm is an excellent 30 day one- for pets too)...

Melatonin: raises blood sugar, raises estradiol- I do not recommend Melatonin at all as part of an anticancer protocol... (despite all the nebulous night shift worker studies & studies of "blind" people, which by the way, blindness can be caused by so many different causes that a study that refers just to blind people should be red flagged immediately...) Also melatonin is chemically opposite to Fluorine which IS used anticancer frequently... THAT alone should tell you that melatonin is Not anticancer... That its opposite is used for Colon, Breast, Lung & other Cancers...

So you want to try my DIY Thermogram method but you don't have a Mac iPhoto program...

by Sari - Sunday, May 10, 2015

<http://grovecanada.ca/so-you-want-to-try-my-diy-thermogram-method-but-you-dont-have-a-mac-iphoto-program/>

Here are two posts about taking your own breast lump pictures to see size changes & chemistry changes...But both involve mac's iPhoto editing program...

[DIY mammogram](#)

[DIY Thermogram](#)

if you don't have a Mac, I found something that might be of help...(after much extensive searching & trial & error)...

[It is the FOTOFLEXER.com online Photo program...](#)

Here are steps you can do there yourself...

1)First take a picture of where your lump is about 4 inches away, set to MACRO, FLASH ON...I used a 8 megapixel camera (Sony DSC-T100)...

*here is a link to the camera I use, on Amazon <http://www.amazon.com/Sony-Cybershot-DSC-T100-Digital-Optical/dp/B000M4KXIS> they are really cheap now!

2) Upload that to Fotoflexer(hint:crop out your nipple first if you don't want to upload a full breast picture online)...

3)In BASIC, choose ADJUST, then move the slider for HUE all the way to the left, & the slider for SATURATION all the way to the right...

4)In EFFECTS choose HEAT MAP...(if you can't see Heat Map choose More at the far right, it will appear)...

5)Optional: if you want to get fancy, choose COLOR ROTATE also in EFFECTS...(if you can't see color rotate as a choice click MORE at the far right)...

Ok...From experience-if I were to analyze the colours in the final Color Rotated picture above...

the light pink area in the centre would be Iron...(antagonize with a manganese-mugwort, manganese, nuts, bloodroot, flaxseed oil)...

the darker pink area would be Hydrogen...(antagonize with Oxygens like Apricot kernels, Goji berries, butcher's broom, dandelion, milk thistle, arsenicum album homeopathic 200...)

the yellow area around that would be Aluminum...(antagonize with a Titanium like Cannabis oil, Frankincense/Boswellia, hulled hemp seeds, hemp oil)...

the green area would be Calcium...antagonize with Iodines like Madagascar Periwinkle, kelp, Iodoral, seaweed salad, sea vegetables like Arame, vinopocetine, poke root...

any dark purple spots would be Phosphorus...antagonize with Copper like licorice root, Boron, ginkgo biloba...

Compare:(this is what the same picture looks like as edited in Mac iPhoto program...

Please Note:An iPhone camera does NOT seem to be strong enough to do your original picture taking...

I used an 8 megapixel point & shoot digital camera in good light...set on Macro setting...with Flash always on...4 inches away...

If you are too close , the picture will be overexposed from the flash(too white)...

If you are too far away you won't be able to see your lump under the skin...Be patient & keep trying...Once you get the hang of it you will be able to check your lump every day...I take pictures before & after trying a new alternative treatment...Wait a day after trying something new...The next day you will be able to see shrinkage or chemistry(colour) changes in your pictures...

Keep notes...Eventually you will know what treatment does what...

You will also notice what colour things are...

For example- after eating eggs, the cholesterol level of your lump rises...I call this element "Aluminum" on my Grove Body Part Chart...It appears as a blue ring around the reflective white spot that Iron things make...Once you start to know what colour things are, & what they are, you will know how to get rid of them...

Dark purple spots tend to be Phosphorus...

A grey milky region is Hydrogen...Attack that with Oxygens...Like Apricot Kernels...

p.s. 2 things I have been taking that are great-

1)Apricot Kernels

2)a supplement that contains Apple Cider Vinegar, Potassium & Boron...

Combine that with an Iodoral pill daily & you have a simpler pared down lie of attack that is actually quite powerful...

(I should mention that starving is a REALLY big problem for Cancer sufferers-about 70% end up dying of starvation instead of from the Cancer...

So, You have to eat...You have to take breaks from detoxifying...

As long as you are taking something in the Copper family you can prevent spread indefinitely-which is why I took the Licorice root for over a year...

Boron is in the Copper family too, just WAY stronger...You can take that as your Copper...)

love Sari...

fotoflexer.com adjust hue saturation then heat map then color rotate

Work in progress: I am still checking the new Fotoflexer free online program results, so please take my colour to element ideas with a grain of salt right now...I have been using iPhoto edit program to do my own mammogram/thermograms, & the colours that come up in Fotoflexer are new to me...I will get more solid about which colour is which element in the future, as I use the Fotoflexer program more...In the meantime, just be wary of me! (smile)

Solving Cancer by Body Part using Grove Body Part Chart & Grove Brain Part Chart for guidance!

by Sari - Saturday, April 09, 2016

<http://grovecanada.ca/solving-cancer-by-body-part-using-grove-body-part-chart-grove-brain-part-chart-for-guidance/>

This post will be updated each time I add a Body or brain part...EACH BRAIN PART IS ACTUALLY A PAIR OF PARTS...THE PAIR CAN BE ATTACHED AS FOR EXAMPLE LEFT SIDE & RIGHT SIDE, OR CAN BE TWO SEPARATE PARTS WITH NAMES THAT SOUND DIFFERENT BUT THEY WORK IN CONCERT...

Each Pair of brain parts controls a body part...Each body part is actually "sided" as well, for example left kidney or right kidney...

Within each body part, are elements...If a woman is left side dominant in the body, then the Left side of her body, will have MINUS element dominance, which means that her Left side should contain more MINus elements than PLus elements...

The Theory is that MINus elements are specific more to females, & that Plus elements are specific more to Males...

Hence...MINus elements should be dominant in females, & Plus elements should be NON-dominant in females...

MINus & Plus could be called Yin & Yang or Female & Male for the sake of argument, these are just labels, like how you identify parts in a screw store...(hardware store, get your mind out of the gutter!)

Helen Hecker's book in pdf format "[My Raw Food Diet Cure \(& secrets\)](#)" THIS IS HOW TO EAT, WHAT TO EAT, IF YOU HAVE CANCER

BRAIN TUMOUR:

I am still working on this, but here are some new things...<http://grovecanada.ca/solving-cancer-by-body-part-using.../> This post has some more traditional ideas & things...<http://grovecanada.ca/basic-anticancer-things-to-do-now/> A free PDF of our 9th book is here, scroll down a little...It has the do it yourself editing methods(you can edit the black & white CT scans/brain scans to see where cancer is, how much, & biochemistry of it...Just run them through like any normal photo...This is free & can be done yourself with computer & internet connection, no downloads...Also some previous ideas about anticancer philosophy... <http://grovecanada.ca/diy-cancer-repair-manual/>

Solving Cancer by Body Part using Grove Body Part Chart & Grove Brain Part...

GROVECANADA.CA

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Edit

Sari Grove Also, here is my source for CBD oil in Canada...<http://www.buyweedonline.com> It is high

CBD low THC Cannabidiol...If you tell Ronald I sent you, or your friend, he will be nicer...(possible discount)...You pay by e-transfer bank account online-very safe, but that is only method-he has no backwards access by the way, it is all encrypted on both ends...Price is around \$50 a gram if you buy 3 grams to start...That is with a generous discount though...Highest quality they grow it there...Delivery was 2 days across Canada...A nail's head drop into some slightly microwaved peanut butter(you need the fat to help it absorb correctly), then stir it in fast & eat...30 minutes later you feel it...Do at bedtime...

www.buyweedonline.com - The Latest Buy weed News and Information

BUYWEEDONLINE.COM

BRAIN PARTS:*(I will sort this post better maybe later, ok?)*

MS is in the frontal lobe...Multiple Sclerosis(& Lupus & Lead poisoning & Hashimoto's Thyroiditis)

Liver flukes Shingles Hodgkin's disease Bone pain...

A conversation with myself about LEAD poisoning results from FOTOFLEXER edit...AS related to a Cancer diagnosis from LUNAPIC edit...

"Sari Grove

So...lemon, turmeric, ginger, vitamin C...let's say that is 4 Zinc family items...So say we now have 4 X -1 = -4 ...If we are trying to subtract a Plus 12 Lead, then let us multiply the times you do your Zinc by 3 times per day...So, lemon, turmeric, ginger, vitamin C, three times per day = -12...That should subtract a Plus 12 Lead...

You will have diarrhea...That is ok...Puking is ok too...It happens...It is your body rejecting cr-p you have inhaled or eaten by accident-ie: fumes

particle board off-gasses glue...if it has urea formaldehyde that is a problem...Urea-Formaldehyde free laminate exists...Check your supplier & switch if you can to urea-formaldehyde free wood laminate

IF Your home water has mold(mouth tastes dirty after tasting/drinking tap water)...That is Phosphorus...Licorice root(Copper -9) capsules work too for that...

Copper pipes would work too...Copper shower head etc. ...Maybe you could replace shower head with a Copper fixture-easier fix...

The Aches-Away transdermal Copper patches work! I got 7 patches from England...You can wear them topically on sites...(parts of body where tumour/trouble is...)

I will try not to kill my husband or divorce him...Promise...

Bulb in light fixture behind the head is working very well...I am using a photographic umbrella lamp light fixture...They do more things than regular fixtures...

They already got me it's ok...(re:Toronto Police Division 13, punched me in the eye, St. Joseph's hospital,

3 weeks, January 2016...)

FDA is American...In Canada it is different...They don't care...Like herding cats...Laws are just a suggestion here...

Our Prime Minister is Justin Trudeau...French...Quebec province...It's like the Vatican there...They make their own rules...

like

13:13

Sari Grove

xx"

ALS is in the Pineal gland...

KIDNEYS & PONS in brain...

Mycoplasma is in the Pons...Ebola is in the Pons too...Kidneys...treat with carbons(oils)(baking soda)

Comment about trying to RAISE TESTOSTERONE LEVELS: "Reishi mushrooms, Maitake Plus, are NITROGENS N on the Grove Body Part Chart ...Nitrogen N is a PLUS item...Plus items raise red blood cell count...Minus items lower red blood cell count...Minus items raise white blood cell count...Minus items lower red blood cell count...You were trying to raise boost testosterone which is a N Nitrogen...The mushrooms do that...So you are achieving your goal..."

Brucellosis is in the Hypothalamus...& Spleen...Treat Brucellosis with Copper family...

Lyme disease is in Wernicke's area...Treat with glutathione/magnesium family on periodic table of elements...Mg

Mold in your city water supply is Phosphorus-Hypothalamus again...Eat Licorice root capsules, take Copper pills or use something like Aches-Away transdermal Copper patches(my new favorite thing!) if you are on a feeding tube & cannot swallow easily...

Von Hippel-Lindau syndrome:Excess calcium in Pituitary Gland & Adrenal Gland...**treat with Iodine Protocol , read "the Iodine Crisis" by Lynne Farrow...**

Thyroid Gland: IN the brain the pair is the Frontal LObe left & right side...

Easiest fix: "Oh...I forgot I think...You can take little swigs of Apple cider vinegar(Zinc family on our chart)...Straight from the bottle...Braggs...The little bottles taste better...Less brown stuff...(the Mother they call that)...removes Lead..."

*How the thyroid gets mucked up:*Lead poisoning, Melanoma, Hashimoto's thyroiditis, Roundupweed killer use, Radiator fluid leak, Tattoo Inks(including the organic vegan ones), laminate wood flooring that has urea formaldehyde in the glue holding the particles of wood together in the floor pieces, old water pipes, dirty imaging labs, dirty hospitals, coffee shops in hospitals, Staph infections from visiting people

in hospitals, doctor's office old magazines(staph gives you pneumonia), pedicure place tools & water(lead gives you toenail fungus), Lithium drugs, anti-epilepsy drugs like olanzapine zyprexa, alcohol contains Lead, Rimmel thick eyeliner sticks(make-up), artist supplies(paint, pencils...)...**FLU VACCINE WORM(not killed & infests your thyroid causing thyroid cancer)**, Chest XRay laboratory(they use Lead to cover things, Lead in the glass, Lead to protect themselves from the radiation, Lead in the sheath that covers parts of you...)

How to solve the Thyroid problems:**I actually wrote some pointers for someone with Thyroid cancer in this section that involve other body parts...**

Tell a doctor to diagnose you with Hashimoto's thyroiditis...Then ask them to prescribe Thyroxine(a Zinc on our chart) for you...Then take it...It will clean out your thyroid gland...

Drink apple cider vinegar now...It will clean Lead out of thyroid now...(you can dilute or olive oil as salad dressing or add lemon juice more potent)...

Get Humaworm <http://www.humaworm.com> & start when you get it so you can kill vaccine worm causing cancer symptoms...

Wormwood/Artemisinin is a Zinc too...In most decent antiparasitics...

Coppers...**Copper pills, Licorice root extract capsules herb...**

I am wearing an **Aches-Away transdermal Copper patch** right now on my breast...You could wear them on your chest where your thyroid is...

Coffee tea good, coppers, cilantro, copper food, chlorella, spirulina, copper plants,

Note: (**IF** Someone told you Copper was wrong...tell them this)***"**It's high Ceruloplasmin that is dangerous, not copper...YOU didn't read the clinical trial...it's a mistake...**"

Then, Use the search box on my site...type in copper...Read...

Stop drinking liquids(why:restraining on liquid will prevent of parasites or worms, it will also help

oxygenate the liver, it will also start a liver fluke which are often asymptomatic & really hard to get rid of or diagnose)...the juicing... Just eat your vegetables the normal way

Put Licorice into my search box...You will get posts about that too...

You can drink liquid milk thistle for your liver...

If you **empty stuff out of capsules** you avoid capsules...They get in the way...Hard to swallow...You don't need the gel caps themselves...You can empty stuff from capsules into glass , add liquid, drink...But taste is questionable...

Apple cider vinegar just teaspoon in a little something like water or juice or in your salad with olive oil...

Vega One all in one nutritional powder is safe for you...Chocolate flavour is best...(not just taste)

THYMUS:

Problems in Thymus include:Multiple Myeloma...Leukemia...hemachromatosis...high iron over-clotting...too many red blood cells...malaria...

(Multiple Myeloma & the rest...)Responds to Manganese family...We are in the Thymus Gland & Motor Cortex in the brain...Blood...Manganese supplements, Bloodroot capsules & bloodroot salve, nuts & seeds, pumpkin seeds, sesame seeds, poppy seeds, homeopathic opium, Mugwort herb, Moxa, Moxibustion (Japanese herbal medicine), Mugwort incense...This is the category that works for multiple myeloma which is the next one down or below melanoma...

Lungs & Lymph Nodes(& Parietal lobe in brain)

Charlotte's Web is a hemp oil with a tiny amount of THC inside...This is a Titanium on the Grove Body Part Chart...Titaniums can cause memory loss, constipation, lazyness, & have application mainly for those with higher than normal cholesterol levels in their tumours or muscles...Those with low cholesterol will not benefit as much...Vanilla is a Titanium as well, as are Hulled hemp seeds...<https://cwbotanicals.com/>

Comment about Cannabidiol: High CBD, Low THC..."They grow it in British Columbia

Canada...Possibly the finest quality you can buy...The seller was hugely educated, & only sells directly to people he interviews personally over the phone about why & what & how & what for...I paid by e-bank transfer online & it was shipped across Canada & arrived two days later...\$150 Canadian currency for 3 grams-a deal since I agreed to mention results on my blog & or otherwise give word...I was biased against doing CBD oil, but I was able to see some use for it...In my case, effects were slim due to my already lowered cholesterol from other lower strength parallel herbs & supplements & foods...When side effects became more prominent than results, I stopped...Which is what I do with everything...When the benefits do not outweigh the hazards...I was also becoming psychologically addicted...Recreational desires beyond medical need...'When you get to the other side of the lake, leave the boat behind'...Buddhist saying...something like that...I'm not a Buddhist..."

<http://www.buyweedonline.ca> Buy Weed Online (seller's name: *Ronald McChronald*)

Liver: In the Brain CEREBELLUM (one side or the other is the pair)

For Her2 + you need Oxygen family: Milk thistle, dandelion greens, apricot kernels, raw saffron, sundried tomatoes, Hepa Plus by Usana pills, all of which you are already doing...For ER+ you need the Copper family(which is why it is so dangerous whatever that group guy is quoting...I have had to explain the misinformation a thousand times already in several groups...I have many links of posts I have written on my site, but it just gets too be too much to stem the tide of misinformation on the net sometimes)...Anyways...

Spleen: IN the Brain the pair is Globus Palladus & Hypothalamus...

For Er+ which is Phosphorus, you need its opposite which are the Coppers...Coppers kill bacteria like Salmonella Typhi Bacteria(Typhus the Black Plague)...So they are pretty important...Copper pills, copper transdermal patches, licorice root extract, coffee, tea, green tea, green tea extract, ginkgo biloba, coffee enemas sometimes, chlorella, spirulina, Heavy Metals Defense powder(health ranger store)...A decent antiparasitic like Humaworm (humaworm.com) will make sure all parasites die & get flushed out...

"I picked up a raccoon that had been hit by a car, wrapped him in my long sweater, put him on my bicycle seat, & rolled him using the bike seat as a gurney, to the veterinary emergency clinic here in Toronto...3 days later I got something...A year later I got a lump in my left breast...Raccoon roundworm is actually pretty dangerous...Though when I inspected an egg, under magnifying glass then took a photo on Macro & edited it, it looked very much like a Salmonella Typhi bacterium(Typhus the Black Plague)...Core needle biopsy said Invasive Ductal carcinoma intermediate grade...Cancer...It's benign now 2 years later...(lump appeared just before Easter 2014 ish...)I used Coppers like Licorice Root extract to kill the parasite..."

https://www.facebook.com/groups/448750418613708/permalink/588157698006312/?comment_id=588169184671830Dan Webb is the expert here in this group when it comes to parasites...

12 Brain Parts (paired)

Gallbladder:IN the brain, the pair is Broca's Area & Wernicke's Area...

Magnesium lowers mercury(bilirubin levels not so much the heavy metal)...(all mercury is not

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

bad...GOOD Mercury in the body helps to build cartilage-think pork, salt, glucosamine, msm chondroitin sulfate)...

ALL forms of exercise Increase magnesium levels...(with Cancer you need to lower Mercury, even good mercury)

<http://www.e-bikeboard.com/en-ca/> Take a look at this E-Bikeboard! It is electric but you will get a bit of exercise driving it...Control, upper body, balance...Instead of driving in a car everywhere, why not take a less polluting format? Just a fun new thing!

The original Bikeboard is a Davison Invention...Half Bike, Half skateboard, non-electric...(I am currently working with Davison Inventions on a project...More details later...)

Something you may not know about artificial sweeteners...

by Sari - Monday, November 02, 2015

<http://grovecanada.ca/something-you-may-not-know-about-artificial-sweeteners/>

Artificial sweeteners are basically one molecule of sugar & 4 molecules of potassium...

Now that is not the big deal...

Yes, I know you think they are terrible & will kill you & so on, but anyway...

You probably feel safer with Stevia, which is also very high in potassium...

Ok, so potassium is also in Beta Blockers which lower blood pressure in the heart...

Potassium & Aurum(think Cobalt or B12 or Taurine) live as opposites in the heart...

So Taurine things raise blood pressure...

Potassium things lower blood pressure...

Now Basal type breast cancers like to feed on Aurum(Taurine B12)...

So potassium things like Graviola or Hawthorn work for that type...

Basal cell carcinomas too- feed on Aurum, shrink back on Potassiums...

Anyways...

I've been sucking on Bach Rescue Pastilles...

The primary ingredient is Star of Bethlehem flower which acts like Digitalis(a heart booster drug that is mainly like Taurine Aurum or much B12)...

Unusually some sort of protrusion developed on the site where I was pocketing these pastilles in my mouth...

The Taurine...

So, knowing Star of Bethlehem was a taurine, & knowing potassium in theory was its opposite, logically something high in potassium should dissolve this protrusion...

Long story short I found some Diet Gingerale in my mum's fridge...

Held it in my mouth for a while, thinking the high potassium from the artificial sweeteners should work...

And it did!!!

New stupid protrusion obediently dissolved...

Now I know you are saying: " Could have been the Ginger?"

Well...I am guessing the Ginger did help...

But considering that Taurine & Potassium are indeed opposites, it really makes sense that it was the potassium in the Diet Gingerale that was the main protagonist...

What I am saying is that I think artificial sweeteners, due to their high potassium content, should be very useful in Basal type breast cancers & other aggressive, triple negative & metastatic breast cancers(of which about 75% are in fact Basal like)...

Interesting eh?

Thought that might make your head spin a bit...(to the left probably)!

More from Sari Grove on Facebook:"Stevia is very high in Potassium...Potassium antagonizes Aurum(B12, Cobalt, the thing that can make blood pressure too high)...Basal type breast cancers like to feed on the things that feed high blood pressure...Potassiums lower blood pressure like beta Blockers(heart drugs) do...75% of aggressive breast cancers like metastatic, triple negative, are basal type...So ingesting potassiums will help lower the food that those basal cells like to feed on...(Though if you already have low blood pressure, potassiums will just lower it further & could make you feel sluggish)...Anyways, long story short, stevia is anticancer...(ironically for all those artificial sweetener haters out there-artificial sweeteners are also very high in potassium...hey, don't shoot the messenger!!!)"

Not only is Stevia ok, it is anticancer! (Yay)...Fine for baking too...

If you do happen to eat too much regular sugar or fruit or honey, what you can do is eat some raw garlic, have some sriracha sauce with lemon & water, have some cayenne pepper or anything spicy in some liquid, take a Lysine pill or pancreatic enzyme pill(like Wobenzyme)...All those things lower blood sugar back down again...(pancreas area)

STEVIA:

It is good medicine& tastes good! (if for some reason, you overdo the stevia, know that anything Taurine will bring you back...Potassium lowers blood pressure...So taurine raises it back up again, so does B12...You can get taurine powder(I give some to my bengal cats because they tend to be low blood pressure, & I take some of the same stuff myself if I am too low)...But in a pinch you can drink clam juice(available at grocery stores, is very salty, but high in Taurine)...Shellfish is high in Taurine too...Like tins of smoked mussels or oysters-or fresh raw oysters or steamed mussels...This is only if you overdo the

stevia...(You will know if you are really sluggish...)



Soot:Soot Suits soot suit Bismuth charcoal Bi Tungsten Indium wrong order...

by Sari - Tuesday, June 09, 2015

<http://grovecanada.ca/?p=1303>

Wood(bamboo chopsticks Weeping Willow Tree-Poplar/popular 'a tree grows in brooklyn' book) Oxygen
Fire 800degrees F candle fire flame Charcoal Soot Ash (Wednesday) Lent(pancakes puffuchkes Sweden
Swe soccer) Bismuth Bi on the Periodic Table of Elements (Grove Body Part Chart +2 Plus two) Indium
(Germany for Epilepsy remedy cure stops seizures called Melatonin in the United States of America)
Tungsten "Flint" Clint Eastwood(match strike a mach Lucky Strikes matches)...

Bi=+2 (male)

Sorting out herbal supplements...

by Sari - Sunday, August 28, 2016

<http://grovecanada.ca/sorting-out-herbal-supplements/>

Here is a list of substances that I was sent, with some questions about them...

So I sorted a few into where they would fit into the Grove Body & Brain part charts...

Beside the substance, I have written in pink where they would fit on the chart...

Minus elements detox & clean, Plus elements repair & feed...

Find the substance's family on the chart to see where it stands...

<https://www.facebook.com/groups/DIYCancerRepairManual/> Join DIY Cancer repair Manual to discuss...(a Facebook group run by GroveCanada.ca, administrator is Sari Grove)

Start your DCIS detox by attacking the lightest metals first...

by Sari - Wednesday, February 18, 2015

<http://grovecanada.ca/start-your-dcis-detox-by-attacking-the-lightest-metals-first/>

So, the new thinking in DCIS (which stands for ductal carcinoma in situ) is that it is NOT really cancer, but just the pre-stage of it...

That it really shouldn't be called cancer at all...

& as such, that maybe a wait & see approach might be better than cutting things off right away...

Anyways...

Without knowing all of this, I sort of took this approach anyways...

Now I've been using my own Grove Body Part Chart as a way to approach my own detox...

The Minus elements SUBTRACT (or detoxify) & the Plus elements Feed (or nutrify)...

So it was pretty easy, just choose all the Minus elements on my chart as a detox protocol...

Which I've been doing...

Now two new things happened...

The first is I became aware that my chart was missing a row...

So I have added "Gender" as a row on the new Chart...This takes care of male appendages or female appendages in a neat way...The Male would be PLUS element dominant...The female Minus element dominant...

This last row also accounts for the 23 chromosomes in the human body idea-if there are now 12 rows of body parts, then that means there are 24 chromosomes mentioned, which allows for medicine's view that there are 23 chromosomes...My chart allows for 24, which I think is neater...

The two new elements are "Molybdenum" & "Boron"...Molybdenum is an edible element that you find as the shiny clear plasticky looking thing say on the outside of green beans or the shiny casing on intestines...Not the skin, the dull thick stuff, but the shiny clear layer on top of the skin...

Boron is found in Bleach(it also occurs naturally on its own of course)

...Bleach can be made by combining Hydrogen Peroxide(an Oxygen) with Sodium Bicarbonate(a Carbon)...

Ok, so that extra row is new...

The second idea that is innovative specifically to getting rid of a DCIS breast lump, is the idea I got from a student Naturopath in one of my health Facebook groups...This is the innovative idea-when attempting a detox start with detoxing the lightest metals first...

Ok, so this means that on our Grove Body Part Chart, you should start your detox at the bottom of the page...

Why? because Lead, at the top of the page, is the Heaviest metal...

Molybdenum at the bottom is the LIGHTEST metal...Theoretically, a lump will have a skin that is the

lightest metal, then all the way into the centre of the lump will be the hardest or heaviest metal...

So when attacking a lump(**or ANY TUMOR**), you need to first remove the outer coating, then work your way in to the heaviest metals in the middle...

This **CONTRADICTS** detox protocols which start with trying to remove the Lead element first...

So, since Zinc is a Vitamin C element, which attacks Lead (see the Thyroid row), protocols which start with Vitamin C are flawed...They are trying to get at the heart of a lump first...

This new idea would be to use all the Minus elements, but start with Molybdenum, at the bottom of the list, & work your way upward, & finally Lead would be LAST...

So, say you had a DCIS lump like the one shown in the picture...

The DCIS lump in the picture contains a Molybdenum coating,

A Calcium layer,

an Iron layer,

& Lead at its core...

So your **NEW** thinking detox should start with 1)Boron, 2)Iodine, 3)Manganese 4)Zinc...**IN THAT ORDER...**

So start with the **MINUS** element at the bottom of the Chart & work your way up...

The Heaviest metals or Plus elements on our chart are at the top...The strongest female Minus elements are at the Bottom of the chart...

So whatever your DCIS lump is made of, start at the **OUTSIDE** of the lump & work your way in...

Now a sample protocol which includes **ALL** of the Minus elements as found in **REAL** world items might look like this...

Boron: Boron is found in Bleach things...For example if you take a tiny sip of your Listerine whitening mouthwash you will be getting a tiny sip of Bleach...Boron is available as a supplement pill in doses of about 3 mg...(Or just buy a Boron supplement on Amazon...I will update when I find a better natural source I like for Boron)...

Fluorine: Fluorine is found in toothpastes...If you ate a tiny piece of fluoridated toothpaste you will be getting Fluorine...(or just drink alot of water-most water has fluoride in it)...

Magnesium: Magnesium is found in Epsom salts, both oral epsom salts & bath type epsom salts...Also in Lavender...Exercising increases Magnesium levels too, by lowering Mercury levels...So by walking 2 hours a day, you increase your Magnesium levels...Taking a bath in Lavender bath soap & shampoo also increases Magnesium levels...(watch for arthritis symptoms-that means you are getting too much

Magnesium)...

Copper: Licorice root the herb can be eaten straight...Take a pinch of the herb, put some liquid in your mouth & swallow...This is the cheapest way to get a daily dose of Copper into your system...This is also one of the most important things you can do to prevent DCIS from becoming invasive...Since Phosphorus is the predictor for invasiveness, Copper lowers Phosphorus, so this is THE ONE Biggest thing you can do daily to prevent further problems...(Licorice root tincture is great & very strong-just a bit pricey...Licorice root capsules are pretty good too-but you are ingesting the gelatin capsule which you don't need really)...Copper changes the Lump's CHEMISTRY from malignant to benign...You can change a lump's chemistry without reducing its size...This is important to know because most people are obsessed with reducing size...But in fact it is CHEMISTRY that is important to change...You can live with a giant benign lump...A tiny malignant lump can be very dangerous...So try to change chemistry first!!!(Cilantro/Corander is a Copper you can eat like salad & acts on your brain...Good for cleaning out the brain of Phosphorus)...(Gingko Biloba is a GREAT COPPER too...)(Wheatgrass is a Copper...An herb called KROTAM is a very very strong copper...)

Iodine:Iodine is found in the herb Madagascar Periwinkle...Again, just take a pinch of the herb, swish in some liquid & swallow...This is an affordable & effective way to get Iodine...This herb is used in real chemo...What it does is shrink the SIZE of Calcium lumps...There are many other ways to get daily Iodine in your diet...Madagascar Periwinkle herb is just the one I found to be MOST effective...You can take Iodoral tablets, eat Kelp & other sea vegetables, Poke root, Vinpocetine pills, eat sushi, eat seaweed...You can see your lump & its chemistry by yourself using my [DIY Mammo/MRI/Biopsy lesson...](#)

Oxygen:For Oxygen I like Apricot Kernels the best...Just eat a few every day...It is in the inner nut of an apricot...You get a bag at a health food store...You can eat 2 to 3 a day or 20 to 30 a day...They are bitter but you can eat them without too much of a problem...The Oxygen clears up Necrosis which is too much Hydrogen...Necrosis is Hypoxia, a lack of Oxygen, so these are perfect for Oxygenating...A neat thing is by reducing the Hydrogen in & around your DCIS lump, it will appear smaller almost right away...Hydrogen is found in water & alcohol...(warning:too many apricot kernels can be toxic...so go easy...Cyanide is Oxygen, so be careful)...

Selenium:For Selenium, I like raw garlic...It is hard to eat garlic raw...You can grate it into a drop of honey or yogurt to make it easier to eat...So...Cayenne Pepper is in the Selenium family & is easier to take...Put cayenne Pepper in your tea, in your Coffee, in your soup, in everything...Daily...It acts like the garlic...Cayenne Pepper as your Selenium will also clear up pneumonia which is often a feature of DCIS problems...Use a teaspoon at a time...(The essential oil MYRRH is a Selenium too-topical or oral)...

Carbon: For carbons you just need oil...I buy inexpensive Olive Canola Oil & use it prodigiously in my daily raw vegetable giant salad...Buy a big container...Use a lot...The combo of the raw vegetables & the oils will make your poop something to write home about...Mountains! This is very healthy & you will look gorgeous...(Note: Raw vegetables give tons of energy...cooked vegetables not so much...So your diet will be much easier to follow if you stick mostly to raw plant based things...if you go for cooked vegetables you might feel dizzy & give up...Know the difference between raw & cooked...!)(baking soda is a carbon)...

Potassium: A secret way of getting tons of Potassium is from artificial sweeteners...Whether it be Stevia or Splenda or Sugar twin or Sweet 'n Low, they all contain one molecule of Sulphur Sugar & 4 molecules of Potassium...So in your morning tea or coffee, choose one of those sweeteners...That will give you a good dose of Potassium...If you don't like sweeteners, you can also chew & swallow the spice called **Hawthorn**...It is Potassium too...Meats contain Cobalt which is Aurum on our chart, & Potassiums lower Aurum...This lowers blood pressure...(warning: too much Potassium can lower blood pressure significantly...Be on the watchout for lethargy & cut back accordingly)...

Titanium: Titanium is found in over the counter health store HEMP oil...I pour a swish into a cup in the morning, then add some Apple Cider Vinegar for taste, then drink it in one swig...The Hemp oil acts in the same way as the drug form cannabis oils but is legal...You also don't get the psychoactive effect...You can also get your Titanium from hulled hemp seeds, just a teaspoon or more a day...This lowers Aluminum cholesterol in the Lung Lymph Node area...This is an important thing to do since DCIS is in the Lung Lymph node area...(frankincense resin is a Titanium you can chew the resin then spit it out, or put resin in water overnight then drink the water-recommended the water way!) **CBD oil is a Titanium...**

Manganese: For Manganese, I take a pinch of the herb called Mugwort *Artemisia Vulgaris* & swallow it with liquid...It is a strong & easy thing to take this way...Also affordable...Japanese medicine uses Mugwort alot for breast lumps & there are many clinical trials in Western medicine showing its efficacy too...Manganese works by detaching the lump...Iron is what holds the lump in place & makes it hard...So Mugwort softens & detaches it...(bloodroot is a Manganese, as are nuts & seeds-you can buy Bloodroot capsules on ebay-it is pretty dangerous by the way...)...

Zinc: For Zinc I have been taking Vitamin D3 50,000 IU once a week...The only thing is this is quite strong & can make you have Bipolar type symptoms...So taper this off if you start acting crazy...Really...Another neat way to get Zinc fast is by going to a suntanning salon...I went for a 9 minute salon session at intermediate level ([at a suntanning place in the Yonge & St. Clair Mall, basement level where the food court is](#)), & it cleared up a pneumonia type thing that had been lingering all winter...Sunshine is Zinc...Vitamin C is Zinc...Ginger root is a great Zinc since it absorbs really well-this is maybe a better way than pills...Buy a Ginger root, cut up say 4 or 5 slices, boil in some water & drink that...Great! & very strong too! More affordable than pills too...

Last word:

Here is a version of the Grove Body Part Chart that includes brain parts...I am still working on making it more readable, bear with me...

So the final chart has numbers assigned to each element...I was reading recently about chromosomes 9 & 22, & decided they would represent carbon 9, & Fluorine 22...Now our chart in order to sync up with conventional medicine has assigned carbon as 9 but Fluorine as 21 instead of 22...This is because all our Minus elements would be ODD numbers & all the Plus elements even...But this still works with conventional medicine because the labelling of chromosome 22 is not assigned in conventional medicine to a Minus or Plus, so easily could be Fluorine & Bismuth as a pair just reversed...So these numbers could work as universal labelling...Which is my intention...To make the Grove Body Part Chart a way for Do It Yourselfers as well as medical professionals to easily see chromosomes & disease & how to address

them...To simplify medical decision-making...

P.S. here's a downloadable copyable chart with the protocol for detox in order...(doesn't have ALL the stuff, but you get the idea...Try to put your own Alternative treatments into the appropriate category on our Grove Body Part Chart...That will help you sort out what you are taking & why...)

Starting an Anticancer regime...

by Sari - Thursday, February 25, 2016

<http://grovecanada.ca/starting-an-anticancer-regime/>

<http://grovecanada.ca/grovebrainpartchartup-12/#comment-4666>The flow of how to k---...Krill Oil Iodine Carbon, Image of Brain when you take something like Krill Oil female Minus element...

begin anticancer regime with Mo Molybdenum & wiggle your way up the chart, following the turquoise blue line...(water from Turks & Caicos colour!)

Instagram Sari_Grove GroveCanada https://www.instagram.com/sari_grove/

ABOUT DIATOMACEOUS EARTH(From Facebook DIY Medicine Page):"Diatomaceous earth is very similar to Boron...Borax...Laundry detergent...Bleach is Hydrochloric acid combined with , No wait-Hydrogen Peroxide combined with Baking soda(sodium bicarbonate) is, makes bleach...Bleach is HCL hydrochloric acid...Ok, no I was correct the first time...If you look at the Chart in the picture, sodium bicarbonate(CARBON -5) if you add that to hydrogen peroxide(OXYGEN -12) equals -12 MINUS Twelve which makes BLEACH...(we are ignoring the water in the hydrogen peroxide & the salt in sodium bicarbonate baking soda because they are just additives)...Ok, so lets start again...Diatomaceous earth is Boron -12 on the chart which is Bleach...(Tofu by the way is Phosphorus +4)...(Salt is a Mercury but less strong in quantity but till a strength of +3 like Mercury but there are fewer +3s in the mix...same strength but fewer of them...Eat alot of Salt & you get Mercury, or something like that)..." p.s.theory; Mace is just Nutmeg in spray powder format...

RECIPE FOR antiCACHEXIA: Heavy Metals Defense Powder contains (BORON BORAX DIATOMACEOUS EARTH)dehydrated seaweed, seawater extract, grape seed powder, clean chlorella, Hawaiian spirulina...Serving size is about 1 tablespoon & there are about 50 tablespoons at least in the bottle...I bought it online at Mike Adams the Health Ranger store & it did not cost very much considering how good it is...Tastes really great in orange juice with pulp, banana, 3 raw eggs (didn't use the shells), & blended with an electrolux blender stick in their smoothie container "glass" ...

image credit R.T. thanks, Africa, 2016 february...

You need to begin right away...

Here is a drink recipe to start daily...

<http://grovecanada.ca/anticancer-drink/>

here is a starter on an alternative protocol...philosophically...

<http://grovecanada.ca/so-you-want-to-go-alternative-with-your-cancer-treatment-but-you-dont-know-where-to-start/>

here is how to do the imaging-two different methods-learn both!

<http://grovecanada.ca/two-ways-to-see-a-lump-under-the-skin-biochemistry-malignancy-imaging-do-it-yourself/>

that should get you started!

p.s.Get on a RAW Plant based diet...Read Helen Hecker's Book My raw food diet secret & cure(digital download) for help with that...No meat, no sugar, no dairy, no cheese or any other phosphorus item like Kefir or Yogurt, things with the word milk in it beware, switch to Stevia, Caffeine products are fine & actually good...

“My Raw Food Diet Cure & Secrets”, by Helen Hecker R.N. (A Nurse cures her breast cancer with Just a raw food diet!) <http://www.rawfooddietscure.com>

Stomach pain, persistent...Using NIDI to see better(non invasive diagnostic imaging)...

by Sari - Saturday, July 16, 2016

<http://grovecanada.ca/stomach-pain-persistent-using-nidi-to-see-betternon-invasive-diagnostic-imaging/>

iPhone 6S with Flash on

Pixlr.com/editor

Also Pixlr.com/editor alternate view

Another Pixlr.com/editor edit

Fotoflexer.com (blue lead, Pink iron, White aluminum, Yellow calcium, Peach hydrogen)

Lunapic.com (purple)

I took another photo with a Sony DSC-T100 digital camera(8 megapixels to see if I could see anything more...)Set to MACRO, with Flash on...

Here is what I got...

Pixlr (with Sony camera)

original Sony dsc-t100 Macro, Flash...

Fotoflexer(sony camera)

Lunapic(with sony camera)

Conclusion/Discussion: The person has pain in the belly area...It has been off & on for about a week...The Pixlr edits show a definite area of inflammation, consistent with probably some type of mass...The Fotoflexer edit shows that the mass has complexity, several different types of element...The Lunapic edit shows that there is purple present in both tries...Purple indicates that there might be the tiniest bit of cancer present...

So...It is possible there is a mass in the stomach that may have a tiny bit of cancer at its edge...

Recommendation is to start Licorice root capsules to kill that tiny bit of cancer first...Check with new pictures in a week to see if all purple is gone...

Once all purple is gone, then getting rid of the mass itself is a new project...

We will cross that bridge when we get to it...

Theory: The Gallbladder, which is very close by, may be blocked... Perhaps later, additional magnesium can be added as a supplement, or possibly Epsom Salt baths (magnesium sulfate)...

Summer is here!(secrets of the season)...

by Sari - Thursday, August 04, 2016

<http://grovecanada.ca/summer-is-heresecrets-of-the-season/>

[Sunsafe RX sunscreen you eat\(& is good for your skin\)\(Makes your skin look pretty & keeps you from burning\)](#)

[Pranin B smoothie boosters breakfast in a hurry add a banana & some juice & blend!\(Contains Moringa Oleifera!\)](#)

[Mozy Q bug repellent you eat\(all herbal!\)\(it works!\)](#)

[Fused Instant Coffee by Rain\(has added antioxidants!!!\)\(no jangly jitters!\)put it raw into your smoothie to avoid the milk dilemma\)](#)

[Spanish Saffron 1 ounce tin-eat it raw to lose water weight\(Saffron is a diuretic & Cleans the LIVER!\)](#)

[Australian Gold Bronzing dry oil SPRAY !Tanning Intensifier\(in the sun for 5 minutes & you see great colour!\)](#)

[Wella No-Ammonia hair colour \(Cosmetic World at Yonge & Bloor\)\(for first gray hairs-mix with hydrogen peroxide "10"\)for do it yourselfers who don't want their gray hairs to show...NO AMMONIA means no frizzies...](#)

<https://www.facebook.com/dcbpets/> **Dr. Chris Brown is the vet behind BONDI VET television show! Watch it!!!!(ON CBC is Toronto, Ontario, Canada-filmed in Australia)**

Mutant Branch Chain Amino Acids BCAA (at Popeyes)

Sunday's child is full of grace...

by Sari - Sunday, August 23, 2015

<http://grovecanada.ca/sundays-child-is-full-of-grace/>

I was born on a Sunday, September 18, 1966 at 3 pm...Tea time...My favorite time of day is teatime...Is your favorite time of day the time you were born too?

T-shirt messages I have seen as I walk by sidewalk prophets:

Drama often obscures the real issues(I took this to mean that psychiatric issues are sometimes just a matter of you don't like your job, aren't getting paid enough & other real life problems...)

Trust Yourself(I took this to mean that the "two trails" the ultrasound radiologist saw were actually the two trails from the core needle biopsy going in & leaving a hard straw of cells when they pulled out...That's how I saw it & told my GP that is what I thought they were seeing...Trust Yourself meant to me to trust myself about that particular call...)

If you are who you say you are have no fear(I took this to mean that if I was so great at figuring out medical things that I should have no fear about trying to get rid of a breast lump without going through lumpectomy surgery-I saw this t-shirt message at a crucial time post-Easter 2014 just when I had to make some important "no" decisions)...

Sign on a blackboard outside a restaurant:

Doing what you like is Freedom, Liking what you do is Happiness...(As an artist I have freedom because I do what I like...People who have taken more "regular" type jobs that pay well, but LIKE what they do, maybe have Happiness...It is possible that I might be happier if I earned more money...But it is possible that people who earn a lot of money, while liking what they do, might have more freedom if they did what they liked...This was just my take on it when I was analyzing job options for an out of work friend...Don't take me literally...Prophetic sidewalk messages tend to mean whatever you need them to mean at that moment in time...)

Heals up cuts, injuries, damage from biopsies, sores, wounds, pneumothorax(hole in chest wall that happens if biopsy needle pierces chest wall when lady is small breasted & lump is close to chest wall- Ahem, this was me...)

Arnica Montana homeopathic pills

Greens Supplement that I have been taking off & on...(Handy Energy boost & good AntiCancer effect & easy to mix in water & tastes fine & excellent mix of greens)

Amazing Grass Green Superfood Lemon Lime Energy

If you feel panic or anxiety...

GABA...I am using AOR Classic series 60 vegi-caps 600 mg each capsule...I am taking at least 4 a day right now...Sometimes 8 if I have exercised too much & burned through all my food...Awesomely grateful...(warning:it is actually a "Phosphorus" on my chart-only taking it cause I overdid the Copper...just rebalancing from detox...Repeat:GABA is NOT a detox...)

The Minus column detoxes...The Plus column feeds...

how the chart works...

The chart has 12 body parts or organs...Going vertically down the page...(Gender is the prostate gland in men & Skene's gland in women)...Each body part has TWO elements a Minus element & a Plus element...They work together...Minuses subtract as in detox or cleanse...Pluses feed & repair & heal...They are opposites...So raising one can lower the other or vice versa like a seesaw...Look at the Thymus...It shows Manganese & Iron...They are opposites...We know Bloodroot is a Manganese...So its opposite is Iron...The numbers are just the strength of that element...The strongest Minus element is Boron -12...The strongest Plus element is Lead +12...Which is why if you want to remove Lead+12 with a Zinc(like Vitamin C), Zinc is only a -1...So you need alot of Vitamin C to remove Lead...hence IV Vitamin C or megadosing...My books are all free on my site-there are smaller versions to download too if you have a phone with Kindle on it...

<http://www.wddty.com/the-one-in-five-cases-of-breast-cancer-that-aren-t-there.html>

Surgery, Her2+, Hydrogen, Androgynous?

by Sari - Friday, September 02, 2016

<http://grovecanada.ca/?p=3858>

"Surgery increases the rush of Hydrogen to the surgical site which can result in excess Hydrogen pooling at the cut wound area, which can allow stray cells to migrate..."

Reasons why surgery can cause spread at wound site...

(an excerpt from a comment in the DIY Cancer Repair Manual Facebook group)...

Her2+ means Hydrogen is already over-expressing...

(Hydrogen is an Androgen in hormone world)...

(When you over-express Androgens , you feel ambivalent about the world, "Androgynous")...

Swanee

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/swanee/>

Hi, I'm Sari...Last name Grove...This site shows some of my works of art, & some of how I do them, & probably some things that aren't really art related, like our bengal cats, but they are, because they bring me joy & that makes my art more joyful...The works here are mostly since 2010 & forward...I take things down from the internet a while after they sell, mostly so whoever bought them gets sort of the privilege of having them, exclusive rights to look at them because they supported me financially...Some of the things here are sold, but still too fresh & I still have this 'show off' desire hanging in...

"Swanee" (sold) is a 5 foot long, around 100 lbs, of a custom concrete recipe Sari made, on top of 25 feet of rolled & shaped chicken wire, with a couple of coat hangers in the neck part...(armature secrets)

Sari's Custom Concrete mix is:

2 parts white cement to 1 part aggregate:

(that 1 part aggregate is in 4 parts itself- so,

25% Perlite,

25% Aragonite sand,

25% white silica sand,

25% alkaline resistant glass fibres...)

Then 1 part liquid, which is 75% water to 25% latex adhesive (Milk)...

Covered in Eco-House special eco no VOC concrete sealer...

The black bill has added black cement powder paint integrally...

The nest is 750 feet of water-resistant rope woven on a hula hoop by hand...The rock was there already...

began late 2010- done early 2012

Read More about this sculpture

ECO-HOUSE.com

PROFESSIONALS IN THE SELLING OF ART BUSINESS:

CONSIGNMENT:Sari Grove can let a work of art out on Consignment, however the policy is not more than 1/3 of a discount(& sometimes less depending on your reputation, experience & membership in established professional associations) is made to the proposed seller...(Translation: your commission cannot exceed ONE THIRD of the SELLING PRICE...) (AUCTION HOUSES,ART DEALERS or ART GALLERIES need NOT bother if their COMMISSION ASK is more than 33.33%(One third) of the price of the art...) Preference will be given to Businesses who buy works of art outright without consignment necessity...Additional preference given to those businesses who continually buy over a long term...Discounts (or commissions, however you want to word it) are not given across the board to NON-

ARTS PROFESSIONALS...However each collector is different & circumstances will be considered...Each art work is different too, so prices may vary for various reasons including market supply & demand...

[Read the Instructable about How To
CUSTOM CONCRETE BY SARI](#)

[How to make a Trumpeter Swan Outdoor Sculpture with my Custom Concrete recipe... by GroveCanada](#)

Swans

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/swans/>

Trumpeter Swans at Bluffer's Park Toronto Dec. 27, 2013 eating wild bird seed...

If you live in Toronto, please bring wild bird seed to Bluffer's Park anytime between November & April, because it is so cold & the trumpeter swans & other waterbirds need extra food!(this is Jan 2, 2014, temperature was minus 16 degrees celsius)(they got 8 x 15 kilograms red ribbon wild bird seed)...

About Minus 16 degrees Celsius...

About Minus 20 degrees Celsius...This is the same location, the Tuesday after the Thursday when the first film was taken...This is what the Bay & Lake Ontario look like...This is where the waterbirds, the mink, the squirrel, live between November & April...A little cruel huh?

<http://www.canadiantire.ca/en/pdp/scotts-high-energy-suet-0428607p.html#.UuJ6lij0C> U

Scotts High Energy Suet

Regular \$1.99

<http://www.clickorlando.com/news/Swan-feeders-installed-at-Lake-Eola-park/15881590>

Swan feeders installed at Lake Eola park

Swans with cygnets in Stratford, Ontario, Canada

by Sari - Monday, June 27, 2016

<http://grovecanada.ca/swans-with-cygnets-in-stratford-ontario-canada/>

Talcum powder(Baby powder), Breast Implants, Cancer, Depression, Suicide, & Sex trade workers...

by Sari - Wednesday, February 24, 2016

<http://grovecanada.ca/talcum-powderbaby-powder-breast-implants-cancer-depression-suicide-sex-trade-workers/>

Talcum powder(Baby Powder) contains Talc, which is usually made of magnesium, silicon, & oxygen...

Silicon in & of itself can muck up your Gallbladder(& Wernicke's area of the brain)...(mercury family on the Grove Body Part Chart)

Talc can also have Tremolite aspects to it which is an Asbestos type thing...Asbestos is sort of the more fibrous parts of silicon...

Think of sand, that is a silicon thing...Salt & silicon & mercury are all related, just different strengths, so they affect the same brain & body part...

When they mine for Silicon, for Talc, some of that mineral will have fibrous parts in it which is Asbestos...

There are several different types of asbestos...

Say you have Aluminum silicate asbestos that corrupts your Johnson & Johnson baby powder...The aluminum aspect will gum up your Lungs & Lymph nodes & parietal lobe in the brain...This can cause lung cancer & brain cancer...

Silicone(& saline as well)breast implants often cause lung & brain cancer...Fatal...Onset is usually on average 8 years after getting any type of implant...

It doesn't matter what type of implant because the coating around all the types is similar...

Breast Implants leach into the body indefinitely...No matter how long you have them, they continue to biodegrade & leach into the body...

Women who have illness symptoms or worse after getting implants have found that all symptoms & diseases regress immediately upon explantation...

30% of women who get breast implants have them removed immediately or within a year of getting them...(Lord, I will have to hunt for this number, I am quoting from memory-really sorry...will add link when I can find it again)

Having an immediate reaction after breast implants are inserted is a really bad sign...It means your body

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

is immediately rejecting them...That means the toxins in the implants do not go well with your body...Even if you remove them & replace them, your chances of serious disease down the road is almost certain...

It is known that breast implants cause increased risk of serious depressive mood disorders & suicide...Statistically more women commit suicide who have implants...

But the women who have implants who do not commit suicide may find themselves in the most depressive career paths like lapdancing or prostitution...Highly intelligent females after getting breast implants will become so depressed that they cannot see the light at the end of the tunnel & agree to do the lowest of jobs-servicing men sexually for money...Multiple times a day, for years...

Most women in the sex trade have breast implants or want them but cannot afford them...They do not know that they may eventually die from them...They think they will make more money if they are implanted...They think men will love them & marry them if they are implanted...

Silicone in affecting the Gallbladder, eventually trickles down to the Colon, & then to Skene's gland in the female & the prostate gland in the male...When the prostate gland is mucked up(or Skene's gland), sexual perversion can be seen as a mood disorder in the brain area called the Cerebral Aqueduct(male), Corpus Callosum (female)...THIS can also cause Ovarian cancer...Fibroids...Cysts...uterine...Endometriosis(thickening of the skin in the uterus-mucking up is my Canadianism term)...

[What Doctors Don't Tell You...](#) Talcum powder & Ovarian cancer...(Silicon in Talcum powder...Relates to Silicone in breast implants...My association...Sari Grove)

Tamoxifen is an Iodine that lowers calcium(Pr+ progesterone)in the Adrenal Gland...& Pituitary Gland in the brain...

by Sari - Tuesday, June 14, 2016

<http://grovecanada.ca/tamoxifen-is-an-iodine-that-lowers-calciumpr-progesteronein-the-adrenal-gland-pituitary-gland-in-the-brain/>

Tamoxifen is an Iodine that lowers calcium(Pr+ progesterone) in the Adrenal Gland...& Pituitary Gland in the brain...

So what it does is it helps to shrink tumours, both benign & malignant, which are made partially of Calcium...

Ground flaxseed is a Manganese that lowers iron in the Thymus gland(& Motor Cortex) & blood-Iron is also a component of both benign & malignant-by lowering Iron you help tumours to detach, unstick, & it also makes them less hard...(bloodroot is another much stronger manganese)...

DIM (diindolylmethane) works in the Pancreas & lowers blood sugar...(& in Occipital Lobe)

So all of these things mentioned are great, but quite different...

Estrogen actually lives in the Spleen(produced there), & is called Phosphorus on my chart...Coppers actually antagonize Phosphorus-I used licorice root for copper because it is highly absorbable-coffee is another copper-that's why they use it in gerson in their enemas...(& in the Globus Palladus & Hypothalamus)

Green tea & its extract are other coppers(egcg)...Cilantro is a copper you can just eat bunches of... Grove Brain Body Chart

Tempesta oil Painting

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/tempesta-oil-painting/>

Tempesta

A family of 4 Mute Swans who live on Lake Ontario...Drawn from memory into a Venn Diagram arrangement...Painted in Canadian made walnut oil paints without using any brushes...No turpentines were used either...Lovingly stretched by hand & attached to the hand put together Florida pine tongue & groove wood bars with black steel tacks at the back & copper tacks at the finished 2-1/4" sides...Length 48 inches horizontal...

Height is 36 inches upwards vertical...Finished in January of 2011...

A family of 4 Mute Swans who live on Lake Ontario...Drawn from memory into a Venn Diagram arrangement...Painted in Canadian made walnut oil paints without using any brushes...

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***(Some of the yellow tones have been now retouched with some real gold powder(from Exclusive paints on Chesswood in Toronto) mixed with eco-dammar, 2012)...(because I felt the whole was slightly too much of yellow, which I love, but not everyone is a blonde, nor a fan of mellow yellow, like me...)**

?

Buy a Tempesta peel 'n stick print

OILS, PAINTING, ECO-FRIENDLY, HANDSTRETCH

Testosterone, Progesterone, Estrogen, Androgen...(& NumberNine of Grove Health Science)

by Sari - Thursday, July 23, 2015

<http://grovecanada.ca/testosterone-progesterone-estrogen-androgen/>

ADvertising:& *NumberNine* of Grove Health Science is coming soon to Amazon!(NumberNine is the title of our Ninth book in the series...It will cost approximately \$81.93 or more or less, & has about 452-3 pages from this blog...Basically the whole blog EXCEPT for this post, which is brand new today...)

Sorting out what is what & which is which in the Body Parts:

Liver:Hydrogen/Oxygen...Testosterone...

Adrenal Gland:Calcium/Iodine...Progesterone(culture test, bacteria, salmonella typhi bacterium)

Spleen:Phosphorus/Copper...Estrogen(parasite test)

Gallbladder:Mercury/Magnesium...Androgen(c. difficile, clostridium difficile)

Prostate Gland or Skene's Gland(m or f):Tapeworm is Molybdenum excess Mo, treat with hydrogen peroxide(Oxygen) with baking soda(Carbon)=(Bleach or Boron Bo ie)...Gender

Please note: Flies like Nitrogen...(like what you find in vegetables...)

Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Thank you Nimbus! (water filter, shower filter, air filters! I am overjoyed!!!)

by Sari - Thursday, August 25, 2016

<http://grovecanada.ca/thank-you-nimbus-water-filter-shower-filter-air-filters-i-am-overjoyed/>

Air filter, Shower filter, Water tap. Under the sink filter

<http://nimbuswatersystems.com/>

Robert from Nimbus Water systems came to our condo to see what we needed(water-wise)...He tested our air quality too...

We are now just so happy!

Ok...

So...

We got a separate tap at our kitchen sink that is attached to an under the sink water filter container...So we can now have very clean & pure filtered water come from that tap! (& it is!)(No more lugging heavy bottled water containers from the store)...

We got two Hepa Air filters-one for the living room & one for the bedroom...Last night, I noticed that the air seemed "clearer" as I looked from one side of the living room to the other...This morning, when I woke up, I noticed I didn't have the usual morning headache & sluggishness...

We also got a shower head filter that installs behind the regular shower head...My before sleep shower was so delicious, you don't realize how bad your water is until you get a chance to experience clean water!

I am, just, so , happy!

I can't tell you how much it is worth it to have clean water & air!!! (I should mention, I have a big birthday coming up, & I decided to gift myself these things-because the only way to get gifts that you want is to buy them for yourself! LOL)!

Thank you...Stolen secrets of how someone closed an ulcerating breast wound...

by Sari - Monday, July 25, 2016

<http://grovecanada.ca/thank-you-stolen-secrets-of-how-someone-closed-an-ulcerating-breast-wound/>

There is someone who has had success closing an ulcerating breast tumour...

I have taken the liberty of sharing this precious information, if there are any who are having the same sort of trouble...(hence the post title "Stolen secrets")(I admit it, I am a thief!)

I will add the person's name, if I get permission to post...

But thank you to that person...Very much...& God Bless...

Here is what she has been doing:

Food Grade Hydrogen Peroxide...3% Topical applications

Occasional Baking soda mixed with apple cider vinegar...(topical also)

Young Living Sacred Frankincense oil

mixed with

Young Living Thieves Oil

mixed with

Fractionated Coconut Oil

one drop of each Essential oil with about a tablespoon of the diluting oil put right on the ulceration & also the closed parts of the tumour...Residual goes on feet(soles)-once per day or more often...

The (prescription) homeopathic combination remedies are from Guna:

[?https://www.facebook.com/teamguna/?](https://www.facebook.com/teamguna/?)

A few drops each day of each of these: Micox, Anti il 1, Lympho, Cell...

<http://shop.gunainc.com/?logoutSuccessful=Logout+effettuato+correttamente>

For international shipping (outside the U.S.) please contact us at info@gunainc.com

TOLL FREE 888-486-2835

BUY 27.00 \$

MICOX Micox

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

For the temporary relief of symptoms related to dysbiosis secondary to yeast overgrowth such as: skin rashes, itching, gas and bloating...

Ask your doctor about LOW DOSE CYTOKINES

GUNA - ANTI IL 1

ACUTE PAIN AND FEVER RELIEF

Anti il 1

GUNA-LYMPHO

For the temporary relief of symptoms due to lymphatic congestion and lymphadenopathy such as: swelling, tender lymph nodes Lympho

GUNA-CELL

For the temporary relief of symptoms due to aging, such as: Loss of Memory, Forgetfulness, General weakness and Loss of stamina Cell

Please join the facebook group called Naturally Shrinking It, to see the original post...(you have to join to see the link below to the post)...(use the search word "ulcerated" to find the post if you cannot)...

<https://www.facebook.com/groups/NaturallyShrinkingIt/permalink/728650763944564/>

That Sarcoma, Triple Negative & inflammatory & aggressive or ulcerating fungating breast cancers, are really caused by Lyme disease...

by Sari - Monday, May 30, 2016

<http://grovecanada.ca/that-sarcoma-triple-negative-inflammatory-aggressive-or-ulcerating-fungating-breast-cancers-are-really-caused-by-lyme-disease/>

Ok...New information from P.P. in Africa...

P.P. was reading this blog <https://trustyourselftrusttheuniverse.wordpress.com/2015/01/01/burt-is-getting-closer/>

& noticed that Burt's Sarcoma pictures looked alot like her sister's tumour, which had been diagnosed Triple Negative breast cancer...I have seen this type of tumour three times before myself...

Each time the diagnosis was nebulous, changed, & targeting the problem was difficult...

, with this new information we can move forward...

Lyme disease lives in the Gallbladder & responds to the Magnesium family...

Oral epsom salts, bathing in epsom salts(magnesium sulfate), & glutathione(bodybuilder's word for magnesium)...

from Lyme would be its progression into the Colon, just after the gallbladder...

responds to Fluorines...

Like Moringa Oleifera powder, or any other fluorine you can think of...

Chlorine & fluorine are similar chemically by the way...Fluorine mouthwashes can be held in the mouth for 20 minutes, gargle then spit...

For anyone with a fast growing aggressive type of tumour, a diagnosis of triple negative, inflammatory breast cancer, or sarcoma, or fungating ulcerating tumours, consider adding Magnesium & Fluorine to your protocol , now!

(p.s. yes I know fluorine kills things-it is an anti-helminthic, which kills maggots)...

Grove Brain Body Part Chart

The

by Sari - Wednesday, March 25, 2015

<http://grovecanada.ca/?p=870>

The baseline: Tracking size, & chemistry, of a breast lump, in pictures, while using CBD Oil...

by Sari - Friday, March 06, 2015

<http://grovecanada.ca/the-baselinetracking-size-chemistry-of-a-breast-lump-in-pictures-while-using-cbd-oil/>

I was told that CBD Oil is not psychoactive...

Ahem...

I am now wondering whether I was with someone who doesn't finish their sentences...

Something like: "CBD Oil is not psychoactive... COMPARED TO THE MAUI-WOWY STRAIN OVER HERE..."

Or maybe: "Compared to the Mongolian Monster Hash over there" ...

Moreover, it is entirely possible, that someone who has just sold me CBD Oil, may have a brain bud problem... (Brain Buds are my new name for those receptors that live right beside your drug centre neurons... These are the neighbours of the Beast, 667... Those Brain taste buds that sensor when you feel stoned... I figure like those people who eat hot, spicy, food all the time, they burn out their taste buds & hot things no longer taste hot to them, well, this guy had burnt his brain buds & TO HIM the CBD Oil was not psychoactive, but to a mouse like me it was Tabasco sauce to my Brain Buds...

Anyways... CBD OIL is not exactly "not psychoactive" ...

(Apology: Dear Ronald McChrondal of <http://www.buyweedonline.ca> ... Where I bought the finest CBD oil in Canada... From the finest gentleman! I was only joking about what I wrote above... When I took my first dose of CBD oil & it finally hit me (I had a big meal at Whole Foods market just before taking it), I was, like, wow, this takes me back to university... (Sarah Lawrence College was like medical school for women-but DIY medical school if you get my drift)!

I do know you told me that I would have some relaxing effect... I am just playing around because I think you like me despite the fact that I ask questions then interrupt when people start to answer them... So I feel safe in teasing you... You are the best person in the whole world right now to me & my husband because of your allowing us to get CBD oil... Thank you! Sari Grove

Ok, enough preamble... I am going to TRACK in this post, pictures of my lump (as taken with my [DIY Mammogram/MRI instructions](#))...

The picture right before I took my first dose of CBD Oil, was taken Thursday march 5, 2015... (& I had my period, so the lump is going to be much bigger than the rest of the month because that is what lumps do during a period, they swell like crazy... so bear that in mind-my starting picture is overly big & there

will be some natural shrinkage in a few days...CBD Oil or not)...

Thursday, March 5, 2015(during period) Left breast lump, Sari Grove

Ok, so the CBD Oil arrived later on Thursday, March 5th, 2015, & I took it by: putting some Smooth peanut butter into a small cup, & microwaving it for 25 seconds on Reheat, then with the point of a steak knife, grabbing about a small lump of rice, like 2 grains size, of the CBD Oil & mixing it in with the point of the knife into the hot peanut butter...(very important to mix CBD Oil in some fat, because it needs the fat to help it absorb into your body...)

Here is what the lump looks like the next morning, Friday March 6, 2015 AFTER taking the CBD Oil...

Friday March 6, 2015 Morning, after First try at CBD Oil...(1OIL size taken, 2 grains of rice)

By the way, that red dot in the picture is a Moxibustion scar...Last year, in 2014, right after I discovered the lump, I went to a Traditional Chinese medicine Doctor TCM, who did acupuncture (surround the dragon), cupping, blood cupping, & Moxibustion to me...I talk about it in the [3rd Book in the Grove health Science series of Books...](#)

It is actually helpful to have that little burn mark there because it helps me to track size change a bit...I can also hold a ruler up when I take the picture, but I don't always bother, rather choosing to just "know" when it is smaller by eyeballing it...

Someone once asked me about size & was dismayed that I don't really track it by:"It is One centimetre smaller" kind of celebrations...

Let's be honest...It shrinks when I eat my raw vegetable diet...It shrinks after I go for a 2 hour walk...It shrinks after taking the Madagascar periwinkle, the Apricot Kernels, the Vitamin D3, some Frankincense water...

But it grows when I eat pasta...It grows when I eat oatmeal or bread or any glutens...It grows if I eat cheese or cottage cheese or kefir or milk...It grows if I eat chicken or beef or even tuna fish...

Depending on what I eat or don't, it changes size...

So saying it grew or shrunk by a centimetre seemed a little trite to me...

My goal was to get rid of it...My first goal actually was turn it from malignant to benign...I figured out how to do that at [the end of Book 3](#)...My first trip into Alternatively treating this dumb DCIS thing...(DCIS is NOT cancer but is considered a PRE-Cancer situation)

Ok...I will post here, as the days progress...

Saturday march 7th, 2015 11:27 am:

So I took a tiny bit of CBD oil yesterday, & at 4:00 am I woke up because Joseph was doing dishes in the middle of the night, so I decided to take another tiny bit...Here is the picture(you will notice the lump is smaller-this is in part due to my period ending, but the CBD oil is **definitely working**)...I am also drinking Frankincense resin nuggets' water daily-you take Frankincense resin (comes in nuggets) & stick it in a pitcher of water, leave overnight in fridge is fine, drink the water or heat it up & drink with some Stevia, & maybe even some lemon juice & cayenne pepper...

I am also using an aromatherapy DETOX the Lymph nodes deodorant which was made by Tracey Tief a Certified Natural Health Practitioner(not the same as a Naturopath) [at AnarresHealth.ca](http://AnarresHealth.ca)...Tracey is an aromatherapy expert, but also teaches alternative methods of contraception & much more...

I also have Opoponax oil which you apply topically one drop to the place where your lump is...(It is in the Myrrh family which lower blood Sugar levels in the Pancreas)...

Lump March 7, 2015
after total 3 tiny doses of CBD oil.../3 days...

The lymph detox deodorant is really WORKING!!! My lymph nodes are unclogging after many years I realize of me not sweating from the middle part of my armpit...You don't know they are clogged until you experience the unclogging!

Also, the lump is definitely shrinking & the chemistry is much better! Looks far less complex today...Went for a big winter walk on a trail & some uphill climbing too-2hrs...Took 2 more doses of CBD oil, 2 nights in a row before bed...Eating raw plant based diet...Taking some Opoponax oil drops orally to lower blood sugar...Tea & coffee I am starting again for the extra energy I need to do my walks...Drinking water mixed with IRIS POWDER which is an Oxygen...(Oxygens dehydrate lumps, help to break them up, but also can make you horny...Aphrodisiacs...)

Tuesday March 10, 2015

I continue to track my Progress in pictures with the CBD oil, here...

["Continuing to track the effect of CBD oil\(non-psychoactive\), on a DCIS breast lump..."](#)

The basic theory:Grove Body Part Chart

by Sari - Saturday, January 02, 2016

<http://grovecanada.ca/the-basic-theorygrove-body-part-chart/>

The Order of Things(The squiggly line shows how things flow through the body...Zinc first, then Lead, then Titanium...It is the DNA spiral)(also the Fibonacci spiral, the order of things from the beginning of time)(just blew your mind didn't I?)

The basic theory is not hard...

All it is is this:Each body part contains two elements that live together in balance as opposites...

One element cleans & detoxes the body part, the other element feeds & repairs it...

Imbalance is disease...So the chart just shows 12 body parts, & the 2 elements in each one...

(The numbers are just how strong or how weak each element is...)

(Elements are from the Periodic table & represent whole families of things in the real world...

So Zinc can mean sunshine, or Vitamin C, or Vitamin D3, or Ginger)...

For people doing an anticancer protocol, they need to focus on taking all the MINUS elements-the detox ones...

One for each body part...

[DIY Cancer Repair Manual is free on Amazon Kindle sites until January 5th, 2016...](#)

Christmas Tree in Burlington Vermont, photo taken by Sari's Mum

The brain is competitive...The brain can generate new pathways...Exercise can help those new paths to form...(Ideas from Dr. Norman Doidge's new book)!

by Sari - Saturday, March 14, 2015

<http://grovecanada.ca/the-brain-is-competitive-the-brain-can-generate-new-pathways-exercise-can-help-those-new-paths-to-form-ideas-from-dr-norman-doidges-new-book/>

http://www.amazon.ca/Brains-Way-Healing-Discoveries-Neuroplasticity-ebook/dp/B00KWG9L2A/ref=sr_1_1?s=books&ie=UTF8&qid=1426361321&sr=1-1

"The Brain's Way of Healing: Remarkable Discoveries and Recoveries from the Frontiers of Neuroplasticity" is by Dr. Norman Doidge

Ideas: The brain is competitive...The brain can generate new pathways...Exercise can help those new paths to form...(Ideas from Dr. Norman Doidge's new book)!

The brain is competitive...

What this means is that if you try to do 2 tasks at once, that engage 2 different parts of your brain, that one of those brain parts will engage & the other brain part will disengage...

The brain will want to choose one brain part to operate, & the one that is considered a lower priority will disengage(or not be engaged at all to begin with more likely)...

So if you want to boil water while speaking french, your brain chooses which one you will do first...It selects maybe the action of setting a dial to high to make your pot of water boil...

If you want to speak french as well, in fact the brain will wait until you finish the dial turning tasks, & then allow you to speak french...

This is called "being competitive" ...Competition...

If I sell you shoes today, then tomorrow you will not buy shoes from my neighbour...

Or maybe you will buy more shoes tomorrow, but you already have a pair from me...

"For every action there is an equal & opposite reaction" Einstein wrote...

My husband, Joseph Grove, repeated a theory to me, that for every global warming there is global cooling...

That if there is incredibly hot summer one summer in the South of France, that there will maybe be

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

incredibly cold winter weather 7 years later in Toronto...(just an example, that is NOT a real factoid, I just made it up)...

So...

In the brain one might posit that if one particular brain part dominates, that another particular brain part might be recessive...

One could also posit that if one particular body part is in excess of one element, that somewhere else in the body, there is an organ with a deficiency...

Which means that someone with say hemochromatosis, excess iron in the Thymus gland on our Chart, That, that person might have a deficiency of say Bismuth in the Colon...

Possibly...

Which means that if you are Detoxing one body part, that you may not or should not detox all the body parts, or even one other part...

If you have any sort of Cancer you have excess of Calcium, excess of Phosphorus...Those 2 elements for sure...

So you need to address those 2 items first...

How?

Iodine, & Copper...

Find some suitable real world items...(that contain Iodine & Copper)...

Now if the brain is competitive, then it will prefer to do one thing at a time...

So say you take 2 medications at the same time-the brain might choose to only process one of those medications, then discard the other one because the brain's attention span prefers one at a time actions...

So might it not be better to take just ONE medication, wait a day, then take the SECOND medication, wait...

Then you might be able to see effect & side effect...

Better or worse readings...

If you take a mouthful of 40 pills every morning then you have no idea what is working or not, & your brain may not either...

It might be better to take ONE different pill every day for 40 days...

Then those healing substances get a chance to work solo...

Instead of getting discarded as very expensive pee...

Much of Alternative medicine has this hodgepodge throw everything at it at once approach...

What that means is if someone heals or dies, nobody seems to be sure of what exactly healed or killed them...

Also:If you take a downer type thing with an upper type thing, a depressant with a stimulant-you can serious screw up your inner brain bandwidth...

People died after drinking alcohol with Red Bull...Why? Alcohol is a depressant & caffeine is a stimulant...

The brain tends to choose the alcohol(Hydrogen) first...But it will switch after onto the Caffeine(Copper)...

So you get this weird rollercoaster feeling of going down down down, then suddenly up up up...

Falling then climbing...

Like that, taking too many herbs at once confuses the brain...That is not good...

If you are taking a myriad of herbs & supplements & medicinal foods, consider taking them on different days or even different weeks...

Schedule it out so you can watch for overdosing, side effect, & good effect...

You need to KNOW what is working & how & why & when...

Keeping a written record with pictures is very useful especially if you are taking any CBD oil(I take CBD oil high in Cannabidiol low in THC bought from <http://www.buyweedonline.ca>) type thing that might cause a tad of memory straining...

What is your tumour/lump/DCIS/Cancer/Cyst Made of?

[Well, if you try our DIY Thermogram/Mammogram/Ultrasound/Biopsy Alternative technique, then you can SEE for YOURSELF...](#)

Here is an example of a result...

The shiny reflective white area in the centre of the lump is IRON(think protein from fish)...

The BLUE next circle around the shiny is ALUMINUM...(think cholesterol from eggs)...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

The green area is Calcium...It is green in the picture because I have changed tints in the edit process...(In real life it is white-ish like Milk)

Any tiny dark spots in the lump itself would be called Phosphorus(or ESTROGEN to people who don't know my Chart)...

So my "lump" (DCIS), is showing I need to lower Iron, lower Aluminum, & Lower calcium...Maybe lower some Phosphorus some more too...

To lower iron:Take Manganese pills or the herb Mugwort or Bloodroot or get stung by a bee or eat alot of nuts

To lower Aluminum:Eat some high CBD (Cannabidiol)oil that is Low THC(not psychoactive)so you don't become schizophrenic, take in drops of Frankincense oil, or mistletoe, or chamomile, or thyme, all these are Titanium elements that lower cholesterol(they lower Aluminum on my Chart)...

To lower Phosphorus take any Copper you like:Ginkgo Biloba, Licorice root, Jasmine tea, Black tea, Coffee, Green tea, Matcha tea, & so on in the Copper category...(Chinese remedies for the Spleen will also contain Copper)...

Chinese medicine almost alwast uses Licorice root as part of an anti-cancer protocol...(which is why rumours that Licorice root is estrogenic are so completely misinformed)...Caffeine is another Copper that has FALSE publicity written about it...Caffeine is NOT estrogenic, meaning Coffee does not spread mold, it STIFLES mold...Saying something is estrogenic means it raises Phosphorus...

Everyone knows Copper kills mold, so I don't see how they think Copper spreads mold...

Someone once said that 'Reading health stories could be dangerous, you could die of a misprint...'

I agree, & say the same even for my own writing...

The Breast Cancer lump...

by Sari - Tuesday, August 11, 2015

<http://grovecanada.ca/the-classical-breast-cancer-lump-a-benign-breast-lump-is-classically-calcium-oxalate-oxalate-means-iron-bloodroot-is-a-manganese-which-eats-iron-iodine-things-eat-calcium-a-malignant-breast/>

A benign breast lump is classically Calcium Oxalate(Oxalate means Iron)...Bloodroot is a Manganese, which eats Iron...Iodine things eat Calcium...A malignant breast cancer lump is Calcium Phosphate...So it is the Phosphorus that differentiates the two...Coppers eat Phosphorus...Coppers include: licorice root, green tea, ginkgo biloba, caffeine things, Copper supplements, wheatgrass, matcha tea...Coppers can change the chemistry of a lump from malignant to benign...They don't eradicate size...But they do prevent & reverse spread...Other unique components depend on what a person eats & drinks, often...But the basic chemistry seems to be common...So a systemic Iodine, Manganese, Copper approach was my own main thrust...

Regarding the sticky post which explains how to see your own lump([It's at the top of the first page of this website grovecanada.ca](#)):([here's a shorter PDF you can download with the how to see a lump basic instructions...](#))

If you need help or want an opinion (anybody welcome) feel free to write me here in Facebook or directly at grove@sent.com I've been occasionally editing pictures for people & telling what I see & how I proceeded with whatever is there...This is relatively new so we are learning together...Eventually it will become more solid as a helpful diagnostic tool...(I usually crop the nipple out before posting examples-if you send pics that might make you feel better too)...

The Church of the Galatians(Our Lady of Perpetual Help)...

by Sari - Friday, February 13, 2015

<http://grovecanada.ca/the-church-of-the-galatiansour-lady-of-perpetual-help/>

So at the North side of St. Clair on the just West of Mount Pleasant is a church...

Someone once said:" Herbs don't work if you don't take them..."

If you are not taking your leprosy pills, ie:Olanzapine Zyprexa, a Lithium, Lead, Plomb Pb, based pill...

Then you may feel a little off...

Please do take your pills...10 mg...daily...Until that burn feeling goes away...

Related: The Lead rocks we found in the river of Moore Park Ravine were causing Lead overdose , like Multiple Sclerosis in the Rosedale inhabitants...

Now that the rocks have been removed, the people of Rosedale will feel better, but those who were depending on the Lead will have to go back to buying their pills at a drugstore...

It is not fair to private property owners that they should suffer at the hands of Public Health for so long...

Those who do pay their taxes should not be forced to be sick whilst those who don't get always a free ride...

It is time for those using illness as an excuse not to pay taxes to at the very least pay for their own medications & take it themselves...

Do It Yourself Medicine means taking responsibility for your own health...& wealth...Me included!

Off topic sort of but possibly not: Smell deafness or Noseblindness...

Symptoms: low blood pressure

Products in home in plain view: Artificial Sweeteners

Responds to:Taurine powder or Rockstar drinks with Taurine in them...(Note:Can contain drug level format of Cu Coppers as well)

Conclusion: Noseblind or smelldeaf is a result of excess Potassium in the Heart

Treat with:Aurum, Gold, Rockstar energy drinks, Taurine powder for pets & humans

GroveBrain&BodyPartChart



The effects of Turkey Tail mushroom liquid extract on a breast lump...

by Sari - Friday, May 27, 2016

<http://grovecanada.ca/the-effects-of-turkey-tail-mushroom-liquid-extract-on-a-breast-lump/>

<http://www.fungi.com/product-detail/product/host-defense-turkey-tail-extract-2-fluid-oz.html>

Turkey Tail mushroom liquid extract...

before Turkey Tail mushroom liquid extract in Pixlr May 27 (friday 2016)

Pixlr edit: Open Image, In ADJUSTMENT: Invert, Solarize, Cross process, Color Look up (chose blue red theme)... Then in FILTER-Mimic HDR, Heat Map...

Picture cropped... Left breast, outside area... Flash, Macro, sony dsc-t100 8 megapixel camera...

Here is another BEFORE picture taken with an iPhone 6S... Same edit in Pi

iPhone 6S before turkey tail mushroom extract liquid edited in Pixlr

xlr...

8 dropperfuls taken of Turkey Tail Liquid Extract... at one time 3:57 pm Friday May 27, 2016...

iPhone 6s before picture

8 more dropperfuls taken soon after... (I get bored...)

8 more dropperfuls soon after... (just to make sure I can see results!)

Saturday 11:47 am morning after Turkey Tail mushroom liquid extract

So... The next day, I did another picture...

Using this Pixlr edit process;

Pixlr edit: Open Image, In ADJUSTMENT: Invert, Solarize, Cross process, Color Look up (chose blue red theme)... Then in FILTER-Mimic HDR, Heat Map...

I am not impressed... I think possibly the extract is a low dilution... This means too much alcohol as

compared to how many turkey tail mushrooms are crammed in there...

Picture looks worse, bigger...Lump is supposed to shrink...

I have ordered Turkey Tail mushroom powder, from Herbies Herbs in Toronto, & will continue taking pictures & editing to check progress...Here in this post...

Ok...So...I took the full bottle of liquid extract Turkey Tail mushroom the first 2 days...Lump got much bigger...I thought maybe it was the alcohol, so I switched to Turkey Tail mushroom powder...

I used a very generous amount of Turkey Tail mushroom powder(like 2 cups), & blended that into a drink...

I wanted to see effects right away...

I usually do this when starting something new, so I know right off the bat if it helps or it hurts...Saves me grief later...

Anyways...There was no need for before & after pictures...The lump in my left breast became enormous...Stayed that way for several days...Joseph palpated the lump & agreed it was much bigger...I checked manually too...The size change was obvious...

End of experiment...

I didn't continue further...

This was not at all the desired result...

As I had first suspected, the mushroom family is a Nitrogen element, which boosts stamina, grows neurons, makes you smarter...

Nitrogens are grains, glutens, oats, breads, pastas, crusts, but also various vegetables...

Nitrogens are highly useful for Down's Syndrome which is a Carbon excess...Arginine powder is made of Beets, & is great for Down's...Or just eat beets & beet juice...Makes you smarter...(not memory, smarts)...

But Nitrogens are repair feed heal types of things...They are not detox dissolve shrink tumour types of things...

I knew this but got swayed when an herbalist mentioned Turkey Tail mushrooms for dissolving a now benign tumour...

I got excited & pushed my own misgivings aside...

Oh well...

No real harm done...I am back on a stricter diet for the moment to shrink lump back down & it is...

On the upside, I do feel a little smarter...I developed this new Pixlr edit to track size of a lump or mass or tumour, & have been more engaged in my work...

I also discovered a Korean Red Ginseng drink that provides lots of Oxygen to my body (as Ginseng will do), & does shrink things!

I also took a pile of my mum's Vitamin D3, just to get things back to normal a little faster...(Since I figured out how to do all 3 edits on my iPhone, I can stay at mum's house for visits & still help people to do their pictures in Fotoflexer, Lunapic, Pixlr...See the NIDI post for how to do your own Non Invasive Diagnostic Imaging)!

<http://grovecanada.ca/nidinon-invasive-diagnostic-imaging/>

Adding my answer to the question in the Comments:

"Yes...A benign lump can get bigger & smaller depending on what you eat, how much you eat, & how much exercise you get...

Taking the wrong supplement can also make it get bigger quickly-the Turkey Tail mushroom powder was really the wrong supplement!!!

Yes...I am on it...I go back to a raw plant based diet if I have had a problem...I exercise more...I use its opposite-so on the Grove Body Part Chart, opposite to Nitrogens(mushrooms) is carbons-oils...

So I drink a shot or two of whatever oil I have in the house-add some apple cider vinegar for taste...That deals better with glutens & Nitrogens...

Glutens(Nitrogen family) can make lumps big fast...Bread, pasta, rice...

So add a good amount of oil if you have had any...

or baking soda in water-baking soda is a carbon too..."

Comment:...I have known mushrooms were the wrong thing ever since I heard about them...They are Nitrogens which build neurons & stamina...Athletes use them...Mushrooms also boost testosterone...Chinese medicine loves mushrooms because they are always looking for testosterone boosters...I knew all this...Then I hired a Master herbalist who recommended Turkey Tail mushrooms...He used words like polysaccharide k...I was swayed because the other products he had sold

me were so good...I read all the internet literature & ordered the best stuff...Took before pictures & edited them to see under the skin...The after picture was a disappointing much bigger...I thought maybe it was the alcohol in the liquid extract...Ordered turkey tail mushroom powder...That experiment ended rather quickly as the lump in my breast enlarged hugely right away, & below it started to feel something too...Definitely a dangerous thing! Went back to the literature & noticed much of it was people who had done mushrooms While doing Chemo...Even the owner of Fungi Perfecti , his story, was his mother did mushrooms During chemo...So it is more of a complementary thing to offset harsh chemo...an opposite...

The gentle Black Salve that doesn't hurt! (Two Feathers)

by Sari - Sunday, August 28, 2016

<http://grovecanada.ca/the-gentle-black-salve-that-doesnt-hurt-two-feathers/>

<http://www.healingformula.net/>

Comments: So, about the Two Feathers salve...It seems to work tremendously well when you eat it, which you are supposed to do for 7 days before salving with it...Internally it is quite complex(18 ingredients, though I don't know exactly what they are), & is a combination of gentle but powerful...Topically though it does not have any Zinc Chloride in it...So it is entirely pain free...However...I just don't know how it can cause a tumour to eject through the skin without the zinc chloride...I think it works more by dissolving tumours internally...The salve pulls lumps, including a benign lump, up to the surface,& away from the body-but...I think the Zenith herbals salve is a better salve for external use...The owner of two feathers Robert Roy has as he says helped over 80,000 people over the years-he sits by the phone answering personally 12 hours a day...So he would be the one to talk to directly...I just don't know enough about it, & besides the book "Ha I laugh in the face of cancer" by Susan Liberty Hall, I don't have enough person to person info directly to share experiences...I am guessing because of the cost...Yesterday, I put a giant blob of the two feathers black salve into a morning smoothie for my husband & I (without telling him)...It tastes very very good hidden in one of Dan Webb's raw egg smoothies(raw egg, banana, orange juice, ice), & he didn't suspect anything...I am thrilled about this because I have been worried about his health but it is very hard to get someone else on a health bandwagon...

[YouTube Video](#)

I think it has applications for people who are scared of Zinc Chloride...Internally very powerful...Enemas & douches too...Topically no pain...(but does it work? topically? not sure exactly myself...But it is a very good start...Plus taking the 18 ingredients internally is sort of a comprehensive all in one anticancer treatment...so maybe that makes it worth the price...if it is the ONLY thing you can afford...)

"probably the best use of this Two Feathers salve! It tastes good so it can be hidden in a smoothie...How many of us have people we want to medicate & they not only don't cooperate but eat ice cream rebelliously when we try? (this could be snuck into hospices in a smoothie & nobody need know better...)"

The German paradox...

by Sari - Tuesday, April 12, 2016

<http://grovecanada.ca/?p=3067>

"German quark is usually sold in plastic tubs with most or all of the whey."

Citation from:https://en.wikipedia.org/wiki/Quark_%28dairy_product%29

Whey...

This is significant...

The difference between German "quark", which some in other countries might refer to as cottage cheese, chemically...

However, the fact that German Quark is sold with most or all of the Whey, means that there is a significant chemical difference between the 1953 cottage cheese/quark that Dr. Johanna Budwig (a pharmacist) ate, & what we eat today...

Whey is a Magnesium element...It is a laxative...It lowers Bilirubin, which helps to clean out the Gallbladder...

Without the whey, quark or cottage cheese is missing the magnesium component...

So if you eat cottage cheese today, in 2016, 53 years later(it was in 1953 that Dr. J. Budwig developed her quark theories), in Canada, then...

You are eating whey-less quark...or cottage cheese...

What you are eating is a Calcium product that has been modified to break down into a Phosphorus element...

Heat, Oxygen, will break things down...

Phosphorus lives in the Spleen...It is also the differential between a malignant tumour & a benign tumour...

If there is Phosphorus present it is malignant...

When you eat a Phosphorus food, & you have Cancer, then you are feeding Cancer...

Which is why most people avoid all cheese when they have Cancer...

It should be noted that Dr. Johanna Budwig did not have Cancer herself...

Dr. Budwig was recommending a Phosphorus food for people with Cancer, despite the fact that she did not have Cancer...

This is problematic, especially from the perspective that Dr. Budwig was a pharmacist...

Recommending a pharmaceutical, or anything else, without having tried it yourself, while attempting to cure the thing itself in yourself, is a form of hypocrisy, is it not?

Too many negatives...

If you recommend chemotherapy but would not do it yourself for your own cancer? Are you not a hypocrite?

Can someone recommend cottage cheese or quark for curing cancer if they have not had cancer?

Did Dr. Johanna Budwig, of Germany, have Cancer herself, & did she cure it by eating cottage cheese & or quark?

No...

Dr. Budwig did not have Cancer...

The fact that eating cottage cheese or quark, while you have Cancer, could very much kill you, is an interesting paradigm, coming out of Germany...

!908-2003...Dr. Budwig's era in Germany...Right in the middle of that was Nazi Germany...

There are some ethical issues to consider here...

Why, if Jewish people tend to get Cancer, would German people recommend the very thing that causes Cancer as a food group?

This is a cultural paradox...

A religious question...

Are there people in this world recommending exactly the wrong thing, knowing that it will kill those people faster?

GcMaf is colostrum based...Yogurt too...People in Switzerland died from taking GcMaf...People with cancer...Colostrum & yogurt are like quark & cottage cheese...Things that kill people with cancer faster...

B12 will kill people with cancer faster too...Recently I was in a forum, where someone whose last name was something very close to "Hitler" was recommending to her "patients" that they take high dose B12

injections...This would kill people with the MTHFR gene much faster...

Of course, on Facebook, the so called "doctor" did not use her real name, but chose a more common name so people would not know her true nature...

A deeper Google search allowed me to find out the source of the problem...

Last name sounding like "Hitler" ...Lack of ethic...

Kind of like the study telling people to avoid Copper if they have Cancer...Copper kills cancer...The study came out of the South...You know the South, where the KKK is allowed to post highway signs & billboards because they appropriated the freedom of speech ideas into hate literature...

Where people wear white sheets & conical dunce caps to show their narrow mindedness & small town inbred pig eyes...(no offence to pigs intended)...

Those who repeat or quote or recommend hate pharmaceuticals or foods to sick or dying people are murderers...

When you kill a sick person on purpose, it becomes very hard to sue or get your money back...

GcMAF was a scam...They killed people...Children with autism when violent...So much more dangerous & violent than before...The children injected with GcMaf (colostrum)got bacterial infections...

The reason all those so called doctors died who were banking on selling colostrum to sick people was that they were killing people...

It was karma...

Those who live by the sword will die by the sword...

You reap what you sow...

Old testament...

I will come back as the Lion, Jesus said...(Not as the Lamb anymore)

People will die...

The Hudson's Bay Company(Yonge & Bloor in Toronto):getting you ready for your wedding guest needs

by Sari - Sunday, August 30, 2015

<http://grovecanada.ca/the-hudsons-bay-companyyonge-bloor-in-torontogetting-you-ready-for-your-wedding-guest-needs/>

After my facial massage(with back massage & Decleor plant based products)with Berzaf

Hudson's Bay Company...

People who mattered to me!

THANK YOU!

Deborah at Dior:Make-Up artist, who stayed until 6:30 pm (store closed at 6:00 pm)on a Sunday, to finish teaching how, & applying make-up to show different products look...Taught how to lift corners of mouth with highlighter glow melting twisting stick, explained bronzer in a circle pattern makes the face rounder(good for a long horse face like mine!), chose a clear with sheeny white lip moisturizer which is low key for a blonde & a good dry lip health choice, picked a subtle burgundy colour lipliner stick with brush to gently brush in a little colour to the lips, & finally Gave a free sample of delectable mascara which could last a month or two-enough to get me through the fall wedding events...Skilled...

Miri: In the shoe department who patiently took a few pictures of me in the Ivanka Trump Peacock blue "Pretty Woman" suede-like boots with zippers in two places...Who brought in a second opinion to confirm I could wear the boots (low heel) with a navy & silver beaded dress to the floor...Walked away intelligently to let me think for myself about the decision...Brought me little foot stockings so my feet would slide in easily, then we tossed the after...(yes, I know this is standard care, but I still appreciate these details)...Professional & made the decision for me quick & not painful...Agreed the boots were a fabulous & original choice for a formal dress that would be seen in a country setting at night where it might be cold...Loved that the shank of the boot was slim, so people would see the peacock blue dusty colour if I lifted the skirt of the dress up at all when walking...Smart...

Aida:Formal Dress Floor on 2(prom dresses, wedding guest dresses, bridesmaid dresses, cocktail dresses);Several days of patiently giving opinions on several long formal dresses...Helped with the shoe problem...Didn't mind as customers stopped to compliment & admire the final dress choice & allowed us all to chat about things like earring choices, the Nubra(adhesive cups so the see-through back area wouldn't be marred by a horizontal bra strap)...Was there when needed & quietly left to do other work while the hard thinking had to be done...Remembered me by name(on another day) "Hi Sari" when I approached the area where the change rooms were...Lovely...

Berzaf:A free 30 minute facial massage with neck massage & extremity rub for new Decleor clients corrected a neck injury that I had had acupuncture for but still hadn't healed...After that first session, I went for my 12 kilometer Nature walk & finally my neck pain wasn't bothering me...I decided to come

back for a full hour & 15 minute session...During the full session, while I lay still with the mask on my face, I felt my pulse beating with good flow as my hands rested on my stomach...My heart was pumping well after the vigorous & sensitive massage which had evidently cleared up my Lymph Nodes & flow problems...Beautiful...

Svetlana at Decleor who went above & beyond the call of duty, by generously giving out her own beauty tips, introducing me to other star employees who could help me with my needs, not muscling in on competition but instead embracing a team effort & allowing her peers to step in if that was more correct...A Team Player...

There was so much more that the above-mentioned people did that was good, thank you so much for making my experience at the Bay Yonge & Bloor memorable...

My brother's wedding on September 12 will be more of a dream than a chore for me now that I am better prepared...

I hope my husband likes how I look! (after almost 19 years of marriage I was getting a little too casual about my looks!)

Thanks again,

Sari Grove

GroveCanada

<http://www.GroveCanada.ca>

The new improved Grove Body Part Chart with Valences & a Gender row with Molybdenum & Boron!

by Sari - Tuesday, March 10, 2015

<http://grovecanada.ca/the-new-improved-grove-body-part-chart-with-valences-a-gender-row-with-molybdenum-boron/>

[idiotica.pdf](#) (here is a small pdf file of the chart, you can download & print if you want-I named it idiotica because after I published this post & sent out a newsletter, I discovered I had reversed the order of the numbers in the Plus elements so this post didn't actually make sense...I have now corrected the chart & the numbers & replaced the files, but that is how the file got that name...My husband prefers the more simple term "moron" when I screw up basic things...It has now become affectionate after all these years & when I hear "Moron" in a Mall I run to my husband...The things you do for love!)

Basics:

Grove Body Part Chart

12 Body Parts

12 MINUS elements

12 Plus elements

Minus elements detoxify

Plus elements feed

Minus elements get STRONGER as you go DOWN the page

Plus elements are STRONGEST at the TOP of the page & get WEAKER as you go down

Minus elements tend to be dominant in females

Plus elements tend to be dominant in males

All Elements are from the Periodic Table of Elements

Elements REPRESENT families of things in the real world

Read our [BOOKS for free on this site](#) or download them free from Smashwords to understand the chart better & to see how it applies to real world things & illnesses...

The Books are not free on Amazon because Amazon has to get money back for the Paper & the Ink-we

however do NOT make a profit if you buy one of the paperback or Kindle versions of the book there

Talking points:

"I just added Molybdenum
to my Grove Body Part Chart!

Then I have 24 elements which represent
24 chromosomes...(most
literature will tell you only 23, but I
threw one extra in for good
luck)

Molybdenum's partner & opposite in Valence
I decided is Boron...

They live together in the row I call "Gender"

So a man would be Molybdenum dominant...

A woman, Boron dominant...

Both genders have the other element as
a recessive gene...

neat eh?

My books began from this Chart...

Book 1 explains how it works...

In simple terms:

Each body part has 2 elements that live together
as opposites...

If they are in balance, you have health...

Illness is merely an imbalance, that can be
corrected by discovering
what is extra or missing...

adding one element will lower its opposite element...

Minus elements detoxify, Plus elements Feed...

All elements are from the periodic table-I
explain in the books where to
source them in the real world...

The possibility of misdiagnosis in breast lump imaging...

by Sari - Wednesday, August 19, 2015

<http://grovecanada.ca/the-possibility-of-misdiagnosis-in-breast-lump-imaging/>

What if it was just a Fibroadenoma?

When I look at the ultrasound picture from last year, then the newer picture, & compare that to a wikipedia view of a fibroadenoma, I see a fibroadenoma...

They always say a fibroadenoma is moveable & the first thing my GP said was wow it moves!

Note:I wasn't working on shrinking it as much as making sure that I altered the chemistry from [benign to malignant](#)...(hence only a 0.5 cm change in size-smaller)...

April 14, 2014

4 cm

July 9, 2015 3.5 cm

I mean look below at the reference photo of a fibroadenoma...Doesn't the picture above look exactly the same?

photo credit below:Fibroadenoma in ultrasound

Heinohans (wikipedia)

Fibroadenoma of breast

Fibroadenoma in ultrasound

Heinohans

Fibroadenoma of breast from wikipedia

Afterthoughts:Ok, so I know you are going to say:"well, but the core needle biopsy..."

The core needle biopsy pierced through my chest wall when it was done & left me with a hole there called a pneumothorax...

Since no one told me what had happened, I was left for 2 months wondering why when I drank water it went into my lungs...

The only way I found out I wasn't crazy(people kept telling me it was impossible the biopsy had caused me to have this water into my lungs phenomenon), was a year & a half later I had a breast massage, & it opened up a hole there...

Started having the same symptoms again...Finally looked it up...

Yes, you can get a hole in the chest wall from a biopsy if you are small breasted & the lump is close to the chest wall...

So all I am saying is this...

If a biopsy can pierce my chest wall & leave a hole there & nobody warned me about this & nobody comforted me after about my symptoms, is it not possible that the lab I went to was inept & that my diagnosis may have also been inept?

I mean in the old days, if a police officer wrote one thing wrong on a speeding ticket, the whole ticket was void & you didn't have to pay...

In the same way is it not possible that with a massive screw up like a hole in my lungs, that the actual lab work on the specimen sample was crummy too?

Considering I also had tissue injury & new injury nodes formed 3 months after the violent assault of the mammogram, it is not beyond belief that my diagnosis was awry too...

Awry means wrong by the way...Just checking...

Instead of telling me the lump was smaller by 0.5 cm, they told me they saw two new "trails" that I should worry about...I told my GP that what they had failed to remember was that AFTER the first ultrasound, I had a core needle biopsy, which is TWO needle punctures deep into the thing...

Could it not be possible that those two trails were just the signature of the biopsy needle going in twice???

Oh Lord, my father warned us about socialized medicine here in Canada...

I swear Van Gogh could do a painting of the potato eaters again but this time they would be lab technicians eating potatoes...

With socialized medicine all these people can only afford to eat potatoes, which is why their neurons aren't firing on all stations...

My goodness, people wait 6 months to 2 years for an MRI here...

Let's bring back 'pay cash directly for medical services'...

I feel like most of my tax money is just going into red tape boondoggles, & maybe potatoes...

The only people providing sensitive medical care here right now in Ontario are the Naturopaths, Homeopaths, & Chinese medicine

practitioners-they are the only ones getting paid upfront too...

<http://www.eimedical.com/blog/bid/76503/Ultrasound-Basics-How-to-read-an-ultrasound-image>

You can edit your own ultrasound photos using [the instructions in the post How to see your own lump](#) (how to see a lump in your breast or anywhere else)...It's at the top of the page of this website-first post...

Mine shows lots of yellow calcium...(need more iodine)...lots of whitish pink Iron(need more bloodroot manganese)...some peachy hydrogen(need some Oxygen apricot kernels)...the dark green areas could be phosphorus -still working on being sure about that sorry...need to check in iPhoto too...

Hmm...My iPhoto edit comes up with lots of Blue(in iPhoto Blue is Aluminum/cholesterol, & white(in iPhoto the white is Iron)...Interesting...Must be all the normal food I ate while staying at my mum's house this year...(7 weeks + about 3 weeks)...

<http://www.eimedical.com/blog/bid/76503/Ultrasound-Basics-How-to-read-an-ultrasound-image>

The problem with the Budwig diet...

by Sari - Tuesday, August 23, 2016

<http://grovecanada.ca/the-problem-with-the-budwig-diet/>

Flaxseed oil is great...

Flaxseeds are manganese things which lower iron in the blood & thymus & motor cortex...All tumours, benign & malignant have an Iron component, so manganese things are great...

Bloodroot is a manganese too...

Oils are carbons, which lower Nitrogens like gmo glutens, in the Kidneys, Pons in the brain...So great too...

So Flaxseed oil is a very good thing...

I just drank shots of Flaxseed oil mixed with either lemon juice or apple cider vinegar for taste...It absorbs just fine...

The problem with the Budwig diet is just the dairy, the cottage cheese, quark, kefir, yogurt, anything people are using-some have less Calcium & less phosphorus(the people using raw & handmade), the German stuff has whey in it which is magnesium(so is a little better), but all tumours have a calcium component, so Calcium makes them grow...

Malignant tumours have a Phosphate component, so Phosphorus in cottage cheese will make that cancer grow...

Check the calcium & Phosphorus levels of whatever you are taking-the lower the better...(Zero is best though, which is why I don't like dairy for anticancer regimes)...

I recommend the raw plant based diet from the book My raw food diet cure & secrets by nurse Helen Hecker who cured her breast cancer JUST by going raw plant based... Here is a free copy of her book...<http://grovecanada.ca/wp-content/uploads/2016/03/22My-Raw-Food-Diet-Cure22.pdf>

The Quad screen maternal test could be used as a marker for Cancer levels...

by Sari - Monday, March 16, 2015

<http://grovecanada.ca/the-quad-screen-maternal-test-could-be-used-as-a-marker-for-cancer-levels/>

The Quad screen maternal test(usually a blood test, but I think urine can be used too though is not considered as accurate), measures 4 different things...Hence the word "Quad" for four...

The four things the Quad screen measures are called:

Inhibin A, (this measures what I call "Titanium" on my Grove Body Part Chart" ...Titanium is like Statin drugs, or cannabis, or chamomile, Frankincense-all serve to Lower cholesterol levels in the Lung Lymph Node system...So a High Inhibin A reading means High Titanium & Low Cholesterol...Low cholesterol has been correlated to Down's Syndrome as well as Alzheimer's disease...So High Inhibin A levels can indicate Down's Syndrome...

But also, LOW Inhibin A levels indicate High Activin levels(its opposite), so High Activin levels can indicate high cholesterol but also **specifically Ovarian cancer has low Inhibin A & high Activin levels...(which means that any Statin drug including Cannabis Oil would specifically target Ovarian cancer, since its marker, Inhibin A, looks at cholesterol levels...**

AFP alpha fetoprotein tumor marker, High levels indicate excess Hydrogen in the Liver(like as seen in fetal alcohol syndrome),(or could indicate Liver tumours)

HCG Human Chorionic Gonadotropin, High levels indicate high levels of Calcium **which can indicate benign or malignant tumours-since both base types are made of Calcium,**

& UE3 Unconjugated Estriol...High levels of estriol can indicate high levels of Phosphorus which could be Parkinson's disease or spreading cancers(**the "spread" factor in cancer is defined by Phosphorus levels**)...

So, theoretically, someone with cancer or someone who wants to check their levels to see if they are awry, could theoretically order a Quad screen maternal test to test the levels of Aluminum, Hydrogen, Calcium & Phosphorus in their blood or urine...

Please note that 3 of the 4 tests indicate an EXCESS of a PLUS element if the level is HIGH...

However the Inhibin A test, if it comes out High, indicates LOW Activin levels, or a Deficit of Activin meaning a deficit of cholesterol...

Inhibin A refers to a DETOX element, Titanium...

Too high levels of Titanium can indicate Alzheimer's disease...

Do It For Your Medicine by artists Joseph & Sam GROVE - <http://grovecanada.ca/>

(A LOW Inhibin A level could)...

This also means that people with Ovarian cancer should lower their cholesterol levels since this test is considered a marker for Ovarian cancer...

The reason I did not upgrade Snow leopard Desktop was because of Pencil, a 2d computer animation program...

by Sari - Wednesday, July 22, 2015

<http://grovecanada.ca/the-reason-i-did-not-upgrade-snow-leopard-desktop-was-because-of-pencil-a-2d-computer-animation-program/>

This is a short animated film produced by GroveCanada made in Pencil...

It explains the Grove Body Part Chart visually & with audio...

[Vimeo Video](#)

The reason why Christians started softening their stance on likenesses in "art" ...

by Sari - Monday, December 15, 2014

<http://grovecanada.ca/the-reason-why-christians-started-softening-their-stance-on-likenesses-in-art/>

The reason why Christians started softening their stance on likenesses in art...

Answer...They were getting killed...

Ok, I could flesh that answer out a bit...

Christians were running around getting really angry about "artists" doing likenesses in art...

Not just naked people...

Anything that looked like something God had created...

So anyway...

The people who had spent a really really long time making their statue of their wife or of themselves or of a golden calf did not like having their "work" denigrated...

Also...The people who were busy making things that sort of contravened what the Old Testament said weren't exactly religious people...

So, like, they were dangerous...

Kind of like that big scary guy at that biker bar who sits in the corner...

He might be nice, he might be not nice, either way, I am not about to go up to him & tell him what I think of his realistic tattoos...

That they should be more abstract...

It is just not a smart thing to do...

But Christians were doing this sort of thing & getting into alot of major trouble...

So anyways, one of the Popes saw this happening & was like:"Ok, enough...Leave it alone...This is not worth it..."

So then other Popes afterwards continued in that tradition of softening their stance on that, & some of them wrote little books about it, to make sure Christians didn't go bugging that big guy at the bar anymore

& getting beat up for it...

So that is how Christianity started to soften its stance on realism in art...

You got to choose your fights...Pick your priorities..Weigh your options...Is this worth it to me or not?

ON another topic, but still in the religion section of my brain...

The video below is excellent & if you go to the Youtube page for the Video, there is a link to the book, which I just bought...

[or you could just click here & see the Amazon page directly without going first to Youtube \(& buy the book...\)](#)

The Repair phase comes after the Cancer Detox phase...(well, it did for me)!

by Sari - Tuesday, September 22, 2015

<http://grovecanada.ca/the-repair-phase-comes-after-the-cancer-detox-phase-well-it-did-for-me/>

So after detoxing for about a year & a half, I overdid it...

Which meant I had to go backwards & put back some of the nutrients I had lost...

Plus I had some repairing to do...

Detox doesn't repair...

I had to repair skin sag from the 50 lbs I lost, damage from the biopsy(a pneumothorax is when they pierce the pleura by accident- if your lungs fill up with fluid when you drink, that is an accident from a biopsy needle), I had to repair the new panic anxiety emotion from overdoing the Licorice root(a whole year of that)...

So I had some repairing to do...

While repairing, I did not do any more detoxing...

Things I have noticed...

Arginine makes my hair really healthy...(a Nitrogen)(took this to give my brain smarts a boost, plus for extra stamina)

Carnitine boosts my memory ...(an Aluminium)(my memory was a little off from the CBD oil)

My " Macaccino" made with Maca powder, Cacao powder, & Cinnamon powder(teaspoon of each on mug of hot water) heals up chest & lung type wounds- like from a biopsy there!(all are Aluminiums)

Tryptophan is the best for panic & anxiety feelings...(a Phosphorus)

Taurine powder makes my breasts bigger...(it raises blood pressure, which is helpful for me)...(have noticed that people with higher blood pressure have bigger breasts too)...(An Aurum)

Bone broth(Korean restaurants have this on their regular menu) increases collagen, elasticity, skin sag from weight loss, especially in the upper thigh areas...(another Aluminium- these were all to fix the hole in my chest from the biopsy needle)

Arnica Montana homeopathic 1M Boiron actually fixed my chest hole the best...Got a bunch from Well.ca cause stores only usually carry 1-2 tubes maximum & well.ca you can prefer more!

Aloe Vera juice, despite it being a repair healing thing, seems to be shrinking the benign lump, probably due to its laxative effect...(yet it is an Aluminum family member too)...

Vega One all in one nutritional powder has enough Kelp in it to also do some lump shrinkage, even though it is more of a repair phase energy booster thing than a detox thing!

The best thing about the Repair phase is eating real food again!!!?

(p.s. I turned 49 on Sept.18...Don't I look great? Joseph is 44...Not too shabby either! We will be married 19 years on December 11...?Wow!)

The road less travelled...

by Sari - Friday, February 05, 2016

<http://grovecanada.ca/the-road-less-travelled/>

I was reading this poem by Robert Frost today...

THE ROAD NOT TAKEN

Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood
And looked down one as far as I could
To where it bent in the undergrowth;

Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,

And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads on to way,
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.

The shortest list to get rid of cancer...(4 things only)

by Sari - Tuesday, August 04, 2015

<http://grovecanada.ca/the-shortest-list-to-get-rid-of-cancer-4-things-only/>

The 2 most important things I did...1)[Iodoral pills \(minimum 12.5 mg a day for the Iodine\)](#)

2)[St. Francis Licorice root tincture](#)(for the Copper, a key component of most chemo protocols which stops & reverses spread)...

The 2 other things that I do are:

raw vegetable diet,

walk 10 km per day...

If you want to be thorough, just choose all the MINUS elements on the Chart...

Oxygen works in the Liver

(slightly) Longer list of ideas...

Every day take an Iodoral pill for the Iodine at least 12.5 mg, add to that a daily swig of Licorice root tincture for the Copper...Iodine eats calcifications, Copper eats Phosphorus which makes tumours spread...As often as possible take a 2 hour walk...Eat a raw vegetable diet as much as you are able(with lots of Oil on your salads to increase digestion-with Apple cider vinegar for the Vitamin D)...Blood root capsules(not the ones with the caustic zinc chloride in them-I got mine from Zenith) are a Manganese that eat Iron-they also usually contain Galangal which eats Lead, Chaparral which eats Sugar, & Graviola which lowers blood pressure...You can also chew Frankincense resin(spit out the resin when flavour is gone)-it lowers cholesterol...Sunshine, saunas, swimming in a seawater pool...Learn to eat Japanese food because it is so high in Iodine...

More:A typical malignant tumour is Calcium Iron & Phosphorus...Iodine lowers Calcium(Like Iodoral pills)...Manganese lowers Iron(like bloodroot capsules-I use Zenith)...Coppers lowers Phosphorus(I use Licorice root herb)...Size is from Calcium, hardness is from Iron, & spread is from Phosphorus...If you cover the other two bases, Iodine & Copper, then just raise Iron a bit say by adding chicken or fish to your diet, you won't get size increase or spread...make sure to do Dr. Hulda Clark's anti parasite protocol once in a while too-wormwood, cloves, black walnut hull...

The Sun doesn't cause Skin Cancer...(birth control drugs do!)

by Sari - Wednesday, September 16, 2015

<http://grovecanada.ca/the-sun-doesnt-cause-skin-cancer-birth-control-drugs-do/>

So the sun works like a facial...

When you get a facial, the next day you often break out in pimples...

The facial didn't cause the pimples, it just caused a detox reaction & all the gunk under the surface came up...

The sun is Vitamin D...

Vitamin D is great as an anticancer medicine...

It is just so contradictory & confusing that allopathic medicine keeps telling people that the sun causes cancer...

What they really should be telling people is that all the birth control drugs cause cancer...But then they would get sued for all the birth control drugs they have already prescribed...

Theories about triple negative breast cancer...(Aluminum/cholesterol, Aurum/B12, Nitrogen/glutens)

by Sari - Monday, July 18, 2016

<http://grovecanada.ca/theories-about-triple-negative-breast-cancer-aluminumcholesterol-aurumb12-nitrogenglutens/>

Triple negative means that when they test the hormone receptor status of the biopsy sample, it shows not very much Hydrogen Her2, Progesterone Pr (Calcium), or Estrogen (Er Phosphorus)...

So what exactly is the cancer feeding on? (*That cancer is a parasite)...

Well, I have some ideas...

Women often send me pictures to edit for them, & they tell me their history & other medical type data...

Visually, I have made some associations, correlations...

Please forgive me for this one, I have no other way to explain it...

I have noticed that women with much larger breasts tend to have much higher B12 levels as well...(On the chart it is called AURUM, or Gold, which is related to Cobalt...Copal Amber beads raise b12...Notice the similarity between the word Copal & Cobalt? Cobalamin...)

Those women with the much larger breasts with the very high B12 levels also have tended to be in the Triple Negative group...

Ok...

So the first thing to do is you are Triple Negative might be to lower those B12 levels...(Aurum)...Use the Potassium family...(Hawthorn berries, Graviola, Stevia, Xylitol, Coconut water, bananas, Potassium salts)...

These women also have the MTHFR gene mutation...

We know triple Negative overexpresses EGFR, which on the chart is Aluminum or cholesterol...So these are people with excellent memories(students or people with multiple degrees from university, often)-because excess cholesterol is a memory booster...Either that or they know they have high cholesterol already or it shows up when I edit their pics...

Excess Aluminum is dealt with Titaniums like Cannabidiol (buyweedonline.ca sells CBD oil at about \$50 dollars a gram, from British Columbia Canada-best quality low THC High CBD, but only ships within

Canada sorry...)But Titaniums also include:Holy Basil, Basil, Hulled hemp seeds, hemp oil, Frankincense essential oil & Frankincense tears, Comfrey, Chamomile, Mint, peppermint...

Now the next element below the heart on the Chart is/are the Kidneys...Nitrogens...Think glutens for Nitrogens that cause problems...We know that women with triple negative hormone status also are high in this category...Nitrogens...Maybe they are eating lots of bread? Pasta? Glutens, Pizza crust?

There is a tendency for people with less money to eat more glutens to fill up because they are cheaper...Spaghetti is a cheap meal...Again, we are maybe looking at students, but not only...People who have had poor eating habits...

There might be a socio-economic indicator here...Either way, Nitrogens are problematic too...

Carbons lower Nitrogens...So those are all oils...Olive oil, & so on...Grapeseed oil...Whatever oil you like...Use copious amounts on your salads & in your cooking...

Of course, everything else that people with cancer do have to be done too...The chart mentions a bunch...

Anticancer chart by Sari Grove

Theories of detox(from cancer)...

by Sari - Sunday, August 23, 2015

<http://grovecanada.ca/theories-of-detoxfrom-cancer/>

http://books.noisetrade.com/sarigrove?fb_action_ids=10152973163027466&fb_action_types=og.likes

***Cool thing-([Free tiny versions of our Grove health science series books...](#) By the way...)

I feel dizzy while taking the bloodroot capsules?

It's the Manganese in bloodroot, it lowers Iron...Take too much & you get classical symptoms of Iron anemia...But most tumours benign or malignant have an Iron component which makes them hard...Manganese deals with that...

Are cancer & parasites & candida all related?

In my research, the parasites(in cancer) look like Salmonella Typhi bacterium, which feed on the same thing that Candida does(Phosphorus)...

How do you get rid of parasites?

Most anti-parasitic formulas contain the 3 part profile developed by Dr. Hulda Clark...1)Wormwood 2)Black Walnut Hull 3)Clove ...You can buy all 3 separately or get a 3 in one...I have done both ways several times(not in a row), because you want to be sure...It's easier if you get a 3 in one...(Note: quirky thing-I found if I empty the capsules into a liquid they work better than if I just swallow the capsules...I think I may have a problem digesting capsules)...

I am confused about Artemisinin, Wormwood, & Mugwort which wikipedia says is also Artemisinin?

There are two distinct herbs that are in the Artemisia family that seem to get confused(me included)..One is Wormwood that is Zinc family & reduces lead levels...One is Mugwort that is in Manganese family that reduces iron levels...They are very close...Traditionally the thing called Wormwood is the antiparasitic one Dr. Hulda Clark mentions, which lowers lead levels...Artemisia Annuia is Wormwood(Zinc)...Mugwort is Artemisia Vulgaris(Manganese)...

I am finding it hard to sort out all the herbs & supplements to take for an anticancer protocol?

Here is my Grove Body Part Chart if this helps...There is a more complex one with brain parts too on my site(scroll down to the bottom of this page & you will see the larger Grove brain body part chart if someone needs that...(It is the basis for all my books, the chart)...

The Minus column detoxes...The Plus column feeds...

How does the Chart work?

The chart has 12 body parts or organs...Going vertically down the page...(Gender is the prostate gland in men & Skene's gland in women)...Each body part has TWO elements a Minus element & a Plus element...They work together...Minuses subtract as in detox or cleanse...Pluses feed & repair & heal...They are opposites...So raising one can lower the other or vice versa like a seesaw...Look at the Thymus...It shows Manganese & Iron...They are opposites...We know Bloodroot is a Manganese...So its opposite is Iron...The numbers are just the strength of that element...The strongest Minus element is Boron -12...The strongest Plus element is Lead +12...Which is why if you want to remove Lead+12 with a Zinc(like Vitamin C), Zinc is only a -1...So you need alot of Vitamin C to remove Lead...hence IV Vitamin C or megadosing...My books are all free on my site-there are smaller versions to download too if you have a phone with Kindle on it...

Why did you choose the Latin word for some of the elements from the Periodic table of elements & the English word for others?

I chose to use the word Aurum on my chart instead of Gold because I thought the word gold was a trigger for some people...(too much Aurum can cause high blood pressure, so you have to be careful with words...My family doctor is Dr. Seuss though)...

I am sorry for asking you to again explain how the chart works...?

No it is good...I have some problems with thinking that people can read my mind...Sometimes I delete basics from my explanations because I assume the contents of my brain are an open book...Must be cause I fell on the back of my head as a child(wanted to be a firewoman at the age of 2-1/2 & used to slide down our bannister at top speeds...don't really want to be a firewoman anymore-though I like their calendars smile...

Tell me about aggressive cancers?

Ok...So recently I discovered some differences between standard breast cancers which are estrogen(Phosphorus) progesterone(calcium) & Her2(hydrogen) positive & the more aggressive ones like triple negative & metaplastic...The more aggressive ones also have high choline(aluminum) & high glutamate(Nitrogen) as an extra feature...In English that means high cholesterol & high glutens...So besides the " normal" things I recommend for the standard types which are most common, I'd throw in extra attention to cholesterol & glutens for the more aggressive types...I have a blog post I just wrote which has the basics on it...Hang on...Let me get it...

Also there is another marker e-cadherin ...E-Cadherin inhibits cholesterol, so if it is low that is not good...Here's the blog post

<http://grovecanada.ca/so-you-want-to-go-alternative-with-your-cancer-treatment-but-you-dont-know-where-to-start/>

I have been cheating...My husband & my mother both force me to eat food...6 months of the year here is

Do It Yourself Medicine by artists Joseph & Sam GROVE - <http://grovecanada.ca/>

winter, so I sort of knew winter was going to be a bust...Then my mom got (deleted this cause my mum actually said not to mention it anymore-she's ok now though!) for 7 weeks, & I moved into her house to take care of her...Diet out the window...Came back home & my husband was on a diet of alcohol & bar food...My diet lost heart again...I did lose 50 lbs though on my 6 month raw vegetable diet([Helen Hecker's book My raw food diet secrets & cure](#))..Plus I overdid the detox sort of, so I've been coasting a bit...Pretty sure I am all clear...Still doing some antiparasitic supplements to clear out any Herxheimer type leftovers...Bugs scare the heck out of me...(I am pretty sure cancer & bugs are not a coincidental occurrence!)

Things I can do for metastasized breast cancer in particular?

Just to reiterate, Coppers, Titaniums, & Carbons would be things to make sure one gets with metastasized BC along with the standard Iodines, & antiparasitic rounds & well, just all everything else you are already doing...Proteins are tough...I got to be B12 deficient- dentist caught it- was grinding my teeth...Taurine powder or clam juice fixes that a bit...

What about Basal cell carcinoma?

I do have some answers for Basal Cell Carcinoma...But you're not going to like them...Mostly because it involves Fluorine...Most people are anti-fluorine these days...I was too...Except for the fact that Fluorine is very useful for cleaning out Bismuth...Bismuth is found in soot, charcoal, airborne exhaust from cars, the paper that burns & you inhale it either from cigarettes or marijuana, wood burning fires, barbecued foods & barbecuing...In lumps or tumours, Fluorine makes them smooth which is desirable...Bismuth family makes them gravelly, uneven , textured, by feel or look...Parsley is high in fluorine, but of course fluoridated toothpaste is a no-brainer...I am sorry...I bet you don't use fluoride...Also melatonin is in the bismuth family...If you do take melatonin, know that the bumpiness is reversible if you then ingest a fluorine...Mouthwashes from the dentist also have fluorine...Don't overdo the fluorine it is very strong on my chart...Next one is Boron...Boron is the strongest "Minus" element on my chart...Cleans out Molybdenum which can clog the Cerebral Aqueduct...Molybdenum can also clog Skene's gland which is the female prostate...So Boron...Those two things make skin & the shiny coating on top of skin-so are specifically involved with bcc(basal cell carcinoma)...That's my theory anyway...Actually pretty new...(I added a 12th row to my chart when I found I only had 22 chromosomes on my first chart-oops...Now I have 24-which is one extra for the baker!)

What is this chart?

The Grove Body Part Chart is earlier in the comments...The Grove brain 'n Body Part Chart is slightly bigger-has the brain parts too...The first one is easier to understand...The second one is for people with brain problems or imbalances as I prefer to call them...Here is the second one...It is pretty new so still a little rough around the edges sorry..

Grove Brain 'n Body Part Chart

Downregulation of E-Cadherin enhances proliferation of head and neck cancer through transcriptional regulation of EGFR. - PubMed - NCBI

Fri, 21 Aug 2015 9:51 AM

<http://www.ncbi.nlm.nih.gov/m/pubmed/21939503/>

Statin-induced mevalonate pathway inhibition attenuates the growth of mesenchymal-like cancer cells that lack functional E-cadherin mediated cell cohesion : Scientific Reports

Fri, 21 Aug 2015 9:34 AM

<http://www.nature.com/articles/srep07593>

Restoring E-cadherin expression increases sensitivity to epidermal growth factor receptor inhibitors in lung cancer cell lines. - PubMed - NCBI

Fri, 21 Aug 2015 9:28 AM

<http://www.ncbi.nlm.nih.gov/m/pubmed/16424029/>

Ginkgo "causes cancer" scare? | Jonathan Treasure

Fri, 21 Aug 2015 6:01 AM

<http://jonathantreasure.com/ginkgo-causes-cancer-scare/>

BMC Cancer | Full text | Metabolic characterization of triple negative breast cancer

Wed, 19 Aug 2015 8:20 AM

Choline glutamate

<http://www.biomedcentral.com/1471-2407/14/941>

Biology, Metastatic Patterns, and Treatment of Patients with Triple-Negative Breast Cancer

Wed, 19 Aug 2015 8:16 AM

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2919761/>

<http://pubs.acs.org/doi/abs/10.1021/nn505729m> "Triple-Punch" Strategy for Triple Negative Breast Cancer Therapy with Minimized Drug Dosage and Improved Antitumor Efficacy

<http://grovecanada.ca/so-you-want-to-go-alternative-with-your-cancer-treatment-but-you-dont-know-where-to-start/> My blog post(Joseph & Sari Grove grovecanada.ca)

About Black Salve, Bloodroot capsules(Zenith Herbals, also Black salve Discussion group on Facebook, & Black salve Bloodroot capsules group on Facebook)

Since bloodroot is a Manganese element, it will react with Iron elements...iron is a component of both benign & malignant tumours...This is important because if bloodroot reacts to iron, which it does & should, then what people are calling "cancer" is not exactly correct...A tumour which is benign will also have an iron component...But it is not cancer...It is a tumour however...Many people forget that benign tumours are not cancerous...Just because bloodroot is reacting to something does not mean that it is necessarily cancerous...I know the theory is that it only reacts to cancer...But I think I might disagree on this point...I think it only reacts to TUMOURS...benign or malignant...It will find a tumour...But I do not think that it is only finding cancerous tumours...This seems to be a word of mouth thing that has propagated...But the chemistry doesn't necessarily bear witness...You may have benign tumours on your chest...Or underneath...But I am not sure they are actually malignant tumours or masses that one could call cancer...technically "cancer" should react to a Copper...The thing that spreads that defines malignant from benign is the Phosphorus which is why I am so obsessed with it/getting rid of it...

But what about Zinc Chloride? In the black salve?

Zinc is a Minus element on our chart -1 weakest minus element...Chlorine or chloride is a member of the Fluorine family but stronger...Fluorine is very strong on the chart -11...Chlorine acts like Fluorine but is stronger...So add them together & you get

Zn -1 Cl-11= -12

-12 is the strength of Boron -12...Strongest element on the chart...So Zinc Chloride is like Borax...In strength...Caustic...

The Zinc removes Lead(bone)...The Chlorine removes deep Bismuth(skin)...So Zinc chloride has the capacity to eat through skin & even bone...That is a pretty dangerous thing to put on your skin or near to a bone...

Theories about Black Salve...?

Bloodroot as a Manganese reacts to Iron...Zinc reacts to Lead...Chloride reacts to Bismuth...The other ingredients also-Selenium reacts to Sulphur...Potassium reacts to Aurum...I know this is gobblygook to many, but what I am saying is this...A benign tumour is Calcium Oxalate-standard...Just a lump of calcium with Iron around it to make it hard...A malignant tumour is Calcium Phosphate which is calcium some iron around that & phosphorus-standard...(this is just basic lumps-there are more components usually but just trying for clarity...) But common to all the black salves from different companies is the bloodroot & the zinc chloride usually...Ok what I am saying is that Bloodroot will find Iron...Iron is in both benign & malignant tumours...Just because the salve found a lump with iron in it doesn't make the lump malignant...Yes it found a tumour...But no, I just don't think that tumour Has to be "cancer"...I see the word of mouth thing going around that black salve only finds cancer...But so far, it seems, people are not actually certain of this...Is this because yes the salve is finding tumours we didn't know about? & people are forgetting that not all tumours are malignant? It concerns me because if the salve is reacting to Iron, which it should by its chemical nature, then presence of iron is not conclusive for cancer...It can be cancer but it can also not be cancer...It can just be a benign tumour...Not something that is normal to the body, but not necessarily with the malignant Phosphorus component...If this is so, then people should not immediately freak out that they have cancer if the salve reacts to something...of course this is just my opinion based on chemical analysis...Am I wrong?

How did you figure out the Grove Brain'n Body Part Chart?

Necessity is the Mother of Invention...(short answer-long answer-[read my free books](#))

I don't understand the brain body part chart?

It's the same as the little chart earlier in the comments-just I added what side of the body an element will likely be, that is the left right notes, then I added the brain parts that connect to which body part, & what side of the brain also an element will likely be in...The snakey line shows the flow or progression of

elements from the top of the body to the bottom, or the front of the brain to the back...(the brain actually spirals in its flow like a snail...the Fibonacci spiral...) Brain research was my goal as a child...It seemed like the last frontier in medicine...

Free tiny versions of the 8 grove health science series books?

http://books.noisetrade.com/sarigrove?fb_action_ids=10152973163027466&fb_action_types=og.likes

(link above)Here are tiny free downloadable versions of my so far 8 books(Grove health Science series)...Number 9 is in the works-it's mostly on my blog right now, the research... ?

They call Canadians SnowBirds because we tend to fly south in the winter...

by Sari - Monday, November 30, 2015

<http://grovecanada.ca/they-call-canadians-snowbirds-because-we-tend-to-fly-south-in-the-winter/>

Monday November 3, picture taken by Sari's mother in Bal Harbour, Florida 2015 U.S.A.

Picture taken by Sari's husband Joseph Grove in Burlington Ontario in 2011 Canada

Between November & April, Canadians tend to fly south for the winter...

Our Native Trumpeter Swans do so too...

Please be kind to the Snowbirds...

If they happen to fly in...

A little corn, some wild bird seed, a croissant would be nice...

The swans would like some food too...

Think for yourself: Melatonin & Cancer

by Sari - Thursday, November 12, 2015

<http://grovecanada.ca/think-for-yourselfmelatonin-cancer/>

Melatonin increases Serotonin...

Serotonin increases Estrogen...

Estrogen increases Cancer...

Thus, logically, Melatonin increases Cancer...

You may have read the night shift worker study which purports to sell you on the idea that somehow Melatonin is anticancer...

But the logic is not there...

Biochemically...

It just doesn't make sense...

Did you know Melatonin also raises blood sugar?

Cancer loves to feed on sugar...

If you are trying to fight Cancer, & have been told to take Melatonin, please, think for yourself...

More: I did not have surgery, so have been able to monitor things as I take them... Melatonin caused a worsening to the lump... This was confirmed by palpation, by a lady Chinese medicine Doctor (TCM anticancer centre Toronto), palpation means by feel...

That night shift worker study is very loose- there are so many correlatives that could have skewed the result...

Biochemically, melatonin raises serotonin, which raises estrogen, which can raise cancer... Melatonin also raises blood sugar...

That one night shift study has spawned a plethora of copycat studies & links on the Internet...

Yet despite all this, they still say they are confused or puzzled by the findings...

I'd be very careful about jumping on the melatonin bandwagon... Dr. Veronique Desaulniers, who endorses it, used black salve which contains the caustic Zinc Chloride which would have lowered her

melatonin levels exponentially...So it works for her specific case...

But I just don't see the reasoning behind it for everyone, unless they are insomniacs(the night shift workers in the melatonin study everyone cites), who have excessively high Fluorine levels...

Most people forget that Fluorouracil, a fluorine drug(opposite to melatonin in nature) is used extensively in chemo for colon cancer, as well as use for breast cancer, lung cancer, & a few other types...

So the evil fluoride is tried & true anticancer, while the glorified melatonin is a serious question mark...

When I stopped, my lump returned to a smoother less bumpy feel to palpate...Bumpy is not desirable...For those who still have lumps they can feel, check the smooth versus bumpiness factor if you are taking melatonin...

I went back to fluoridated toothpaste when I discovered all this..."

Letter to an integrative oncologist:

I am concerned about melatonin use in the Alternative groups I am a member of...

It is being used without chemotherapy, as a detox medicine...

The major study that spawned this following is the night shift worker study, where it is not emphasized plainly, that this group in particular would have been severely depleted in melatonin...

The people in my anticancer groups are not necessarily for the most part night shift workers, nor are they necessarily deficient in melatonin...

Melatonin has been known to raise serotonin, which can boost estrogen...Melatonin is also known to raise blood sugar levels...

In concordance with chemotherapy, it provides some balance, but again, that point is not necessarily emphasized in the studies...To the layperson, they may assume melatonin is also doing a "detox" type of thing...

In my own experience, melatonin caused the lump in my breast to palpate as gritty & textured...

This was confirmed by a TCM anticancer doctor, also by palpation...

When melatonin was ceased, the lump became smooth to the feel...

It is also known that melatonin & fluorine are opposites when it comes to the Pineal gland...

Melatonin can constipate, fluorine can laxate...

But further, we know that fluorouracil is used to antagonize colon cancer, breast cancer, lung cancer &

more...

If we know fluorouracil is tried , tested & true, in combating cancer, then why would its opposite biochemically do the same thing?

It doesn't make sense...

Another Dr., Dr. Veronique Desaulniers, who used black salve to remove her tumour, which includes as ingredient the caustic Zinc Chloride, touts melatonin as being anticancer...However, by nature Zinc Chloride would have lowered her melatonin levels as well exponentially, biasing her experience for those who did not do this method...

When studies cite "breast cancer" patients in trials, they do not necessarily mention if surgery had been done or not...

Since in this day & age surgery is usually the norm, one would assume that most of the breast cancer patients in melatonin trials had already undergone some type of surgery...

Surgery alone can lower melatonin levels...

If one compared a person who had undergone surgery, with one who had not, their melatonin levels could be differentiated just based on that fact...

But this is not often mentioned when melatonin is being sold as anticancer...

There are plenty of uses for melatonin in treating ALS, seizure disorders, IBS(Crohn's), & hearing loss...As well as fluorine poisoning...

But the case is truly paradoxical when it comes to cancer treatment...

B12 may be useful in concordance with chemotherapy, it may also be useful in vegans who are severely B12 deficient who have cancer...

But by itself, B12 is not touted as anticancer...Not in the same way as melatonin is...

I think this is dangerous...I also think for people with Colon cancer in particular, it could make their cancer progress further...

I mention this because I found a colon cancer "survivor" taking melatonin supplements as part of her treatment...

Perhaps the surgery caused the need for this...But it should be made clear that it is not a detox drug...More of a repair & replace substance...

Thoughts? What do you think Dr.?

<http://www.supplements-and-health.com/tryptophan-side-effects.html> Tryptophan is a precursor to Melatonin...scroll down to read how Tryptophan is implicated & may trigger cancer...If tryptophan can induce cancer, & tryptophan is a precursor to melatonin, then how can melatonin possibly be anticancer? (the answer is-only if you hold a patent on a novel way to use melatonin-then you benefit from touting that it is anticancer...It is NOT)...(Note:The list of novel melatonin patents recently filed is too long to even mention here...)

Thobors...(a French bakery in Toronto, near to Allen road & Eglinton)!

by Sari - Saturday, March 12, 2016

<http://grovecanada.ca/thobors/>

Omelettes Paysans...eggs, cooked, oeufs cuits, tomates, champignons, beurre salée, (ghee), frittata, legumes mixtes, epices

Cafe decaffeinate, cappuccino, eau, fluorine un petit peu...

Gateau Millefeuille, sucre pas mal, pas trop,

vers d'eau filtre charbonneau

abricots patisseries excellent

du pain brun avec raisins et noix (walnuts) morceau

Pour la maison, mon marie: Croque Monsieur deux (jambon et fromage)

TNBC...Triple Negative Breast Cancer...

by Sari - Saturday, April 02, 2016

<http://grovecanada.ca/tNBC-triple-negative-breast-cancer/>

Beta Blockers improve outcomes in TNBC...There are many links if you Google that phrase- or ask your oncologist...

Basal Cell Cancers are almost always Triple Negative...

Basal cells like to eat B12...

B12 is something you would take to raise low blood pressure...

A Beta Blocker is a potassium drug that lowers B12...

On the Grove Body Part Chart, B12 is called Aurum...Gold in Latin...Yes, gold boosts blood pressure...

Graviola & Hawthorne berries or just Potassium, are alternatives to the drugs...

More recently:(Friday April 8, 2016)

about preventing brain metastasis...

"Paw Paw? By Nature's Sunshine. Developed by Dr Jerry Laughin from Purdue Univ...(best in my opinion)to prevent mets,mostly brain mets." (person's name withheld for the moment-until permission is granted)

Sari Grove "Thank you...That makes sense...The Medulla Oblongata, which control the heart, sits at the back of the head, where the brain stem hits the head...So, in fact, it is one of the first entry points, for things that might be swimming upstream...Theoretically...Paw Paw is a Potassium remedy that lowers Blood pressure...Since B12 raises blood pressure, Paw Paw lowers b12...By lowering B12, you lower Basal cells' favorite food...Basal cells are fast travellers...By stifling their favorite food with Paw Paw(a natural Beta Blocker that handles hypertension), you prevent metastasis to the brain...Nice...Thank you...Again..."

Tomatoes SOS.

by Sari - Wednesday, July 29, 2015

<http://grovecanada.ca/tomatoes-sos/>

"Tomatoes SOS.":that's what the yellow stickie note said stuck to the top of the plastic lid stuck to the plastic container that contained plum tomatoes skinned cooked & now spoiled & smelly...

I thought it meant...Was a warning...eat these tomatoes quickly S.O.S. !(or else they will spoil & you will have to throw them out)...

My mother explained:"No...SOS. means 'Sauce'..."

I realized we were speaking phonetic English...

Yesterday we were in Amherst, Buffalo...Which is not the same place as the Ivy league school we visited when I was casing out Ivy League schools...

That one is in Massachusetts...

It is a one hour drive from Toronto to the Border at Buffalo, which is in New York State, in the United States, of America...

But it was really 2 hours total by the time we got to a place for lunch, which was called "Squire on Main" it was fabulous...(we had Ahi Tuna al Panko which means flour & water & egg maybe to make the pearl rice rub stick to it then lightly seared or fried, just the outside part to make it crispy, sort of ala shake & bake)...

Then to Buffalo MRI up the street(actually along the street 'cause I think we were on the horizontal east west at that point)...For the MOST FABULOUS MRI experience...(wow I said fabulous twice sorry, cannot find my thesaurus)...

Then to Camillo's bakery along the same street for 2 double espressos & a free sample of some sort of coffee cake & a look see at their cool tins & their converted hayloft barn upstairs...(just a look up, we did not trek up the stairs)...

A drive thru Amherst a bit, we saw 3 banks, & they have this drive thru ATM experience which is neat...(I have not seen this before)...

It was a beautiful day, so we then drove instead of directly back home, we drove to Niagara on the Lake which is back on the Canada side because you aren't allowed to buy anything in Buffalo if you only stay less than 24 hours-well you are but then maybe they might stop you & ask what that Marianra sauce & pasta is in your back seat & then you have to fill out a form & feel intimidated by the sunglasses wearing border guards...

Do It! Fearless Medicine by artists Joseph & Sam GROVE - <http://grovecanada.ca/>

I mean the border crossing both ways was nice & easy & no line-ups really cause it was a Tuesday morning, & or they knew we were coming & made everyone else leave 'cause they knew we had an important appointment, but still it was the most tension producing moment of our day even including all the driving back & forth, the money to pay for things, the American quarters \$1.00 tollbooth(bring some)(or American \$1 bills), & even the whole noisy table moving brain scan type jazzy music with weird singing odd MRI experience...(good but unusual if you have never sat in an MRI room before)...

Neat thing was the internet while sitting in the waiting room...I checked for MOHS microsurgery specialists in Amherst, & turns out there are a bunch & the first website I clicked on had an excellent article about Mohs microsurgery that I would not have looked at if I was still at home in Canada looking at the sites of Canadian local facilities...

Made the decision to postpone the whole "black salve" thing until this Lifewave thing Patches was more fully explored...

Medical ADD is a problem when you have access...What I mean is medical tourism philosophically, try one thing, get bored, try another thing, get bored, then announce nothing works! That is just not good science...

So I am going to continue with these Lifewave patches for a while...

Niagara on the Lake is just shy inside Canada & is sooo beautiful awww...

Greaves (greavesjams.com I think), has teapots for like either \$14.95 Or 20 something & that is what Joseph had when I met him in 1996 April 12...A brown betty teapot...made me love him again...

Didn't buy one cause I couldn't decide which colour but Mum bought a big jar of Orange Greaves marmalade for a friend then a little jar for us...(Joseph likes Michael Graves' work, the architect, which my Mum said was not really relevant as a comment)...

Then my Mum went on a hat trying on bing & finally bought a black & white one for \$27 dollars & it is really really nice & straw with a good size brim & pretty like a British lady's horse races hat...It was made in China & is mostly made of paper 90% & the rest is polyester...There were many many hats in this Niagara on the Lake place which makes me think the women have lots of long hair there or there is good sunshine...

My mum says it is a microclimate, & I said probably because all the water there "on the Lake" part, moderates the cold that you get nearby in Amherst, Buffalo just across the border...

There was a giant wooden furniture place called Wall's & the only thing about that is that wooden furniture can rot in about 10 years if left outside which is why were looking again...

There was also Mori's Garden, which had nice hedgy looking bushy outdoor plants which were green with a nice limey look to their two toned leaves, sort of maybe like how eucalyptus might look if it moved to Niagara from Australia or New Zealand...

Do It! Poulson Medicine by artists Joseph & Sari GROVE - <http://grovecanada.ca/>

Then we did not have ice cream nor buy the cross obsidian bead necklace at the not for profit fair trade museum type shop, nor did we have tea because it was getting later & stores were closing & we still had to drive home because the dog was at home & needed maybe to poo or be tucked in...

But then we decided to go to Jordan a tiny village mostly owned by the Cave Springs winery people because there is a restaurant there called On the Twenty that is on the 20th sideroad there in Jordan, plus at exit 55 there is a Petro Canada gas station that is open late, plus we had to eat again because that is safer than driving hungry home in traffic if there was some, plus the light was wrong for driving it was right in our eyes & that is not good...

Turns out this restaurant was, like, unbelievable good & not too crowded & wow nice people & good art & a view that was spectacular & we sat by the window & the people were a pretty nice view too!

The sparkling wine from Cave Springs is called Dolomite & I said because Ontario is built on a geological rock called Dolomite...(magnesium based rock & pretty rare in the world)...

Then we did not stay overnight across the street even though we were a bit tired...But considered it...

Since my mum has a 407 transponder, we took the 407 route & that was worth it because no traffic & no scary big trucks pummeling by...

Home, dog, sleep, & this morning we had breakfast outside because it is finally summer here in Toronto...

Funny how one day can feel like a thousand years of vacation...(We went for the MRI in Amherst cause it takes like a year & half to get one here, & their MRI is open not claustrophobic & because you pay upfront about \$465 US, you get really good service & the place is like deluxe...)

I didn't want to go initially but it turns out it was the best 12 hour vacation I have had in a long time!

Too bad about the spoiled Tomatoes SOS. !(But sometimes you get tired of eating leftovers don't you?)

by Sari Grove

Tooth grinding...

by Sari - Thursday, September 17, 2015

<http://grovecanada.ca/tooth-grinding/>

When I was grinding, it turns out it was linked to B12 deficiency from the raw plant based diet...I added back a little protein, Taurine powder, & it corrected...

Sari & Joseph Grove

Top 8 blog posts from this blog...

by Sari - Saturday, October 03, 2015

<http://grovecanada.ca/top-8-blog-posts-from-this-blog/>

<http://grovecanada.ca/wp-content/uploads/kalins-pdf/Artists%20innovating%20in%20the%20Medical%20Arts.pdf>

I am still working on Book 9 of the Grove Health Science series...

Today I tried a plug-in for Wordpress that grabs specific blog posts & compiles them into a PDF file...(Kalin PDF Creation Station)

So I grabbed these 8 posts:(these were the top 8 most visited blog posts as recorded by Statcounter)...

How to see a lump in your breast(or anywhere else)...by Sari Grove 3

So you want to go "alternative" with your cancer treatment but you don't know where to start...
..... 17

Misleading studies:Beware of the anti-Copper philosophy... 27

Frankincense resin, Opoponax(Myrrh), & Lymph Node Detox deodorant:More weapons in the fight against a breast lump... 39

Where I got my CBD Oil in Canada, & what did I discover about its effects... 43

Question:How did I come up with the whole "How to see a lump in your breast or anywhere else photo editing method?" 47

The Repair phase comes after the Cancer Detox phase...(well, it did for me)! 52

The possibility of misdiagnosis in breast lump imaging... 55

I am not sure if I will use this to make a book...

I discovered a flaw in my Grove Body Part Chart recently, the word "Sulphur" should be "Sugar"...

This is not just a typo...This was me, knowing Sulphur was involved with blood sugar in the Pancreas, but totally reversing its effect...Sulphur actually Lowers Blood sugar...Sugar obviously Raises blood sugar...It is a pretty big mistake...I have corrected it in my newer chart images, but my books & older blog posts still contain the flaw...

Do It For Your Health by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Which will require some work to correct...

Sigh...It happens...I'm sorry...But now I cannot just republish blog posts easily...

So be aware of that every time you see the word Sulphur in my work, I mean Sugar...

Until I fix every instance of the mistake...

Big AntiCancer Hint: Apricot Kernels are high in Oxygen so they shrink tumours fast by dehydrating them...They also clean out your Liver, if you have a cold, herpes, Shingles, Chicken pox, orchni ftigue syndrome, all Liver centred problems...How to eat 20 apricot kernels- put them in some unsweetened applesauce...Hides the bitter taste...Watch your tumour shrink fast! Really!

Topical Salve for Fibroid & breast Mass...

by Sari - Saturday, March 12, 2016

<http://grovecanada.ca/topical-salve-for-fibroid-breast-mass/>

smells like garlic, mustard, seaweed, castor oil, beeswax, potassium, licorice root...Shrinks lumps & bumps everywhere, can be used in abdominal area tummy too...Leave it on & don't wash off...Sticky...Does dry eventually under clothing...Wear comfy top...Washes out of clothing...Can be smelled by other people so be prepared to be told you stink! LOL! (laughing out loud! lots of love!)

Transverse Myelitis & Melatonin...

by Sari - Saturday, January 24, 2015

<http://grovecanada.ca/transverse-myelitis-melatonin/>

So my theory about Transverse Myelitis is that it is a Fluorine excess...

*on our Grove Body Part Chart, Bismuth is opposite to Fluorine

Now Melatonin is a Bismuth family drug...

So in theory, Melatonin should remyelite the stripped myelin

So I looked up to see if anyone else thought so too...

Yes...There is a study on a rat that shows melatonin remyelinated the white matter around the spine...

<http://www.ncbi.nlm.nih.gov/m/pubmed/20856166/...to>

-to my new gorgeous friend with transverse myelitis, please try taking one melatonin pill every night...

When the bottle is finished, please write to me grove@sent.com & tell me you are improved...

Ok...

I am writing this post so you can see it...

Hugs, Sari

[You can read \(the now 8 books\) The Grove health Science series of books for FREE on our BOOKS Page...](#)

Triple Negative breast cancer grows on B12 & shrinks on potassium...

by Sari - Sunday, May 15, 2016

<http://grovecanada.ca/triple-negative-breast-cancer-grows-on-b12-shrinks-on-potassium/>

I have been studying triple negative breast cancer...Basal cells...MTHFR gene mutation...

There are some correlations with hypertension(high blood pressure), high B12 levels, & (apologies for this one-)larger size breasts...

Anyways...

This pointed me to potassium type therapies which lower those types of levels...

Potassium salts(a powder), Hawthorne berries(potassium too), Graviola(also a potassium)...At a drug level, Beta Blockers are potassiums too...Whole leaf Stevia extract is also potassium...

It seems the triple negative grows on B12 which potassiums lower...

Here's a study they did using the drug form beta blockers(potassiums)...

<http://www.ncbi.nlm.nih.gov/pubmed/23912960>

(Therapeutic effect of β -blockers in triple-negative breast cancer postmenopausal...
NCBI.NLM.NIH.GOV|BY BOTTERI E , ET AL.)

Triple Negative breast cancer, inflammatory breast cancer, fungating ulcerating tumours...& LYME DISEASE!

by Sari - Monday, May 23, 2016

<http://grovecanada.ca/triple-negative-breast-cancer-inflammatory-breast-cancer-fungating-ulcerating-tumours-lyme-disease/>

After looking at pictures of people with ulcerating breast tumours who are either triple negative, inflammatory or otherwise in an aggressive problem that isn't being controlled by the basic anticancer protocols...I am coming to some correlative conclusions...They all have Lead poisoning in their pictures, albeit from different sources when asked for any chemical or natural exposure...Lead poisoning is appearing from these sources(from real people I have spoken to):Radiator fluid exposure, Roundup weed killer, Living in a house with a bad weird smell(could be dead animal rotting, could be mold), old farmhouse with Lead paint, old pipes that are Lead still or galvanized pipes that have been stripped of their Zinc coating from use, formaldehyde in floor tiles(the thing that holds the tile together-buy only formaldehyde free artificial tiles)...Tattoo inks seem to cause Lead problems as well...I have also seen Lead in pictures due to the use of progesterone cream-& this was Natural progesterone cream, so be aware...Now the Lead is just a Pre-Condition that causes blockages & imbalances...The next step is acquiring a worm or parasite who is hungry...So the second parallel I have seen with those who have these terrifically aggressive situations is that there is undiagnosed Lyme disease...You can die of Lyme disease...My advice for anyone with the aggressive stuff going on is to immediately order the Humaworm antiparasitic & do also their Lyme disease treatment...Their Liver flush, Lung flush & Colon cleanse, will wipe out any tick maggots or worms that are invading...A decent coffee enema (or chamomile tea with lemon juice if you get anxious with coffee)will remove the dead stuff as you detox...

<http://www.humaworm.com>

<http://connersclinic.com/lymes-disease/> A practitioner who specializes in Lyme disease treatment...

Triple Negative breast cancer...Imaging...

by Sari - Sunday, January 03, 2016

<http://grovecanada.ca/triple-negative-breast-cancer-imaging/>

Our 9th book is free right now on all Amazon Kindle sites, until January 5th, 2016...

Look for DIY Cancer Repair Manual on your country's Kindle site...[or here are some links...](#)

Here are two edits we did of Triple Negative breast cancer, using Lunapic editing for malignancy, & Fotoflexer for biochemistry...

In the first photo-those tiny purple traces indicate malignancy...

The second photo shows the biochemistry of Triple negative...

[DIY Cancer Repair Manual](#) explains what those colours mean & what to do about them...

(original picture taken & edited from this

link) http://annonc.oxfordjournals.org/content/23/suppl_6/vi23/F1.expansion.html

Lunapic edit for malignancy purple

Fotoflexer edit for biochemistry

The whitish pink is Aluminum on the Grove Body Part Chart, which represents cholesterol in the real world...This element seems quite high in triple negative...(use Titaniums like Vanilla beans, Frankincense tears, Hemp oil, hulled hemp seeds & mint leaves to lower this level...(megadose)

The peach colour around that is Hydrogen(use Oxygens to get rid of that...Like Liquid Milk thistle(a lot), apricot kernels (15-30/day), Butdock root(in Essiac tea or Humaworm antiparasitic- take both)...

The next colour is Yellow Calcium(use Iodines like Liquid Kelp in large quantity daily)....

The purple Phosphorus in the Lunapic edit is lowered with Coppers- use Licorice root(massive amounts), & Gingko Biloba, as well as Cilantro, Chicory, coffee, tea, green tea, spirulina, chlorella & wheatgrass to lower...

The areas of Blue in the Fotoflexer edit(last picture) indicate Lead which could be from old water pipes, eating red meat, alcohol, lead paint, or very high Vitamin A levels(or use of Lithium or other antipsychotic drugs)...Antagonize with Zincs like Ginger root, infrared light, sunshine(yes tanning beds help to lower lead too), Megadose vitamin c, high Vitamin d3, fruits, Wormwood(artemisinin)...The presence of Lead is more typical in triple negative cancers than in triple positive ones by the way...

Please also note: People mistakenly believe that triple negative cancers have no hormone receptors... That is not true as evidenced by the pictures... Her2 is Hydrogen, Progesterone is Calcium, & Estrogen is Phosphorus...

What is obviously different in triple negative is the huge presence of Aluminum, what in the real world is referred to as cholesterol...

Triple positive breast cancers do not show the high cholesterol feature usually...

Also, basal cell cancers & triple negative have much in common... Basal cells are high Aurum on our chart which causes very high blood pressure... Potassiums lower Aurum(think B12), so Graviola(a potassium), Hawthorn(also potassium), & even Stevia(is a Potassium)... Coconut Water(not milk), & bananas are also high potassium...

Triple positive people do not usually have the high Aurum signature either...

So triple negative does Not mean No hormones... It just means there are Also other things the Cancer will feed on, if you do eradicate the triple hormones first...

Which means that regular therapies for triple positive cancers still apply to the triple negatives... The triple negatives just have to do MORE... Like lower cholesterol & blood pressure too... Which are not typical features for the triple positives...

I hope this clarifies...

I see many triple negative people Not doing things they should because they think they don't have to...

Lowering hormone levels still apply... But then. Do more...

Categories: triple negative breast cancer

Tags: triple negative breast cancer



Triple Negative means pretty clear Liver, Adrenal Gland, Spleen...(but)Heart, Kidneys, Pancreas:Needs some Work!

by Sari - Friday, July 17, 2015

<http://grovecanada.ca/triple-negative-means-all-clear-liver-adrenal-gland-spleen-heart-kidneys-pancreasneeds-some-work/>

<http://www.biomedcentral.com/1471-2407/14/941>

This was a good article(link above) on the differences chemically between Er+ & so on & the more aggressive rarer types...If you want to skim read it: the triple negatives tend to have higher choline & higher glutamate levels...Think cholesterol & Glutens...So extra focus for those people on things like Frankincense & Oils/baking soda..."Metabolic Presentation of Triple Negative Breast Cancer" ... (Er+ people just have high Phosphorus(as well as other normal cancer markers) which is addressed by Coppers such as Yerba Mate or the Matcha tea for example...)http://www.biomedcentral.com/1471-2407/14/941

Metabolic characterization of triple negative breast cancer BIOMEDCENTRAL.COM

Triple Negative means pretty clear Liver, Adrenal Gland, Spleen...(but)Heart, Kidneys, Pancreas:Needs some Work!

More:just reading a medical paper about molecules in triple negative breast cancer versus triple positive...The triple positive over express in choline(think egg yolks), & glutamate(think glutens)...So to add to your approach you could target if you haven't already-choline by using Titaniums like Frankincense or hulled hemp seeds...For glutamates use Carbons like all oils or baking soda...Clove oil or clove powder would also hit choline...

They often call Licorice root " glycyrrhizin" when referring to it in clinical trials...One study mentions that 92% of breast cancer cell lines do respond to it, including the more aggressive types like triple negative breast cancers...From what I have read, & I do & will read more, the more aggressive " negative" types are not truly completely " negative" insofar as they do still respond partially to treatments that work for the much more common 80% or more triple positives...It appears the more aggressive types have extra markers like choline cholesterol, glutamate glutens, sugars, & the cobalt B12 family...I think even the terminology triple negative is misleading because it implies that standard anti cancer detox care like Iodine, Manganese, & Copper, won't be applicable or help...But studies show traditional approaches do help partially, it is just that there are other markets that need also to be addressed...What I am saying is that the more aggressive cancers have more markers that need to be addressed...That the aggressive ones respond, but that one has to cover more bases...

Trying to stabilize...After a year & a half of detox, lump is basically stable & benign...

by Sari - Wednesday, August 26, 2015

<http://grovecanada.ca/a-possible-daily-weekly-monthly-maintenance-plan-after-a-year-a-half-of-alternative-type-anticancer-detoxing/>

Trumpeter swans Burlington Marina Lasalle Park photo by Joseph Grove

Note:I was trying to establish a maintenance plan for myself, after a year & a half of detoxing...I feel the lump in my breast is basically now benign & my pictures reflect that too...This post started off good, but descends as I try to deal with day to day normal life...Trying to eat "normal" food again...Trying to do "normal" things again...

Daily Maintenance:

[Iodoral pill 12.5 mg a day:Iodine\(to remove calcium\)-Adrenal Gland/Pituitary Gland](#)

Amazing Grass Green Energy powder drink(full of greens vegetables & has some added plant caffienes like Yerba Mate & Matcha)-for Copper(to remove Phosphorus)-Spleen/Globus Palladus-Hypothalamus pair

[Bloodroot Capsules\(from Zenith herbals, sourced from Malaysia-takes 3 weeks to get to Canada\)-contain Galangal/Zinc\(removes Lead\)Thyroid/Frontal lobe, Bloodroot/Manganese\(removes iron\)Thymus blood/Motor Cortex, Chaparral/Selenium\(removes Sulphur sugar\)Pancreas/Occipital Lobe, Graviola/Potassium\(removes B12 Aurum Cobalt\) heart/Medulla Oblongata...](#)

Weekly Maintenance:

[Artemisia Complex by Knowledge products to remove any parasites or parasite shells that lingered...](#)

nope, ran out of these...Qi Natural Foods at Eglinton & Allen road had these but now I am living back downtown-further away...will find something else maybe...Here's the downtown store...[Qi Natural Foods...](#)

Monthly maintenance:

Facial Massage with Upper body Shiatsu & Lymph detox massage by Berzaf of [Decleor at the Bay Yonge/Bloor](#) in Toronto...To help the brain area to shrink back to a normal size & drain off excess gunk in my upper body region, & increase flow...(Svetlana does facial massage too)...It is amazing & helps your face to drop the extra skin that is left after you lost all that weight detoxing...

Today I added:

Vega One All in One Nutritional Plan powder in coconut almond(just in case I need to eat & don't have any food around, or breakfast quick & have to run)...**Nope:Turns out my throat closed up when I had 2 scoops on two separate tries...Says Non-GMO but my throat only closes for GMO grains, so...(Had a similar problem with a Sisu multivitamin that said non-GMO but my throat closed up-turns out it was the only product from Sisu that came to British Columbia, Canada from the UNited States that didn't go through their rigorous laboratory testing...)**

ParaCleanse:It is capsules & tincture-comes in a kit-gets rid of parasites, worms, all those nasties...You can't be too sure when it comes to these! It is a 15 day round...Then you take a week off...Then do it again...**It is called**<http://www.renewlife.com/paragone.html> **PARAGONE by RENEWLIFE & after only taking 2 capsules at night & one swig of the black walnut hull tincture, I think this morning I saw something unusual in my stool(I know gross)...I am probably just imagining things but I "feel" this is really working...(The lady at H & H on Yonge street North of Wellesley, east side, said people saw worms in their stools after taking this! I'm impressed!)**
Vermifuge...Antehelminthic...antiparasitic...awesome!

A Hep complex: It has all sorts of neat things for your Liver...Been worried about my Liver...Pills...**It is called Hepa Plus by Usana & I can feel it working also...The heat rash under my armpit has dried up...**

I will hotlink these notes later when I am not so tired...Just updating this post a bit for now while I still have some energy...

Had a foot massage today & a calf massage too...helps to drain all the extra stuff...My legs feel better...My feet are a little smaller...Great! Place is called "Dream" at Yonge & Wellesley...Spa...**It is actually called "[Dream Tips & Beauty](#)"...571 Yonge street north of Wellesley, east side...Dora did my foot & calf massage(with hot stone too)...**

Swarovski...will replace pave crystals that have fallen out of your Swarovski jewellery...Neat! (Joseph gave me their swan necklace for our 18th anniversary...Dec. 11th by the way...& I like Swarovski...)

D & M shoe store also at Yonge & Wellesley has Naot, Mephisto, Birkenstock sandals on sale now...Get ready for NEXT summer NOW...(doesn't hurt to look forward to things!)

Transcend Gym on Yonge south of Bloor by at least 5 giant blocks, east side, second floor level, Lee, does BioSignature hormone testing...costs about \$150 for the test...\$50 later to explain & give a supplement counsel...Fascinating stuff...Lovely person...Lifts weights you wouldn't believe a human could lift...**It is actually called [Transcend Health \(Mind Body Soul\)](#)...**

Bubble tea on Yonge maybe near College street west side...Bubbles(black tapioca turnip), Green tea, Pink Grapefruit, Aloe...Cost \$6.00 taste wonderful Place:Delightful & clean Service:amazing...health benefits:Bubble tea is good for when you feel wounded, cut, had surgery, biopsy, cut yourself, that kind of thing...Also good if you are feeling schizo, high, or just have low cholesterol like me...**It is actually called "[ShareTea](#)"...**

[Rusk sheer brilliance](#) is a hair polisher you put on dry hair to make it look all smooth &

conditioned...Winner's has it often & it is much cheaper to buy there if they do...Short clear-white bottle with pull up nozzle dispenser-neat! (good hair is so important for feeling healthy & is healthier)...**Designer Collection™ Sheer Brilliance™ Smoothing and Shining Polisher**

Dong Quai Tea by Triple Leaf Tea company is a way to get Iodine into your body without taking a pill like **Iodoral** or doing the **Nascent Iodine drops** in some water every morning...Or eating seaweed salad daily(which is great by the way)...Or cooking up sea vegetables like Arame or Kelp...**Oh so it seems like they have renamed this tea that I have & repackaged it-It is now called Sugar balance and Women's Tonic with with Dong**

Quai-<http://www.amazon.com/Triple-Leaf-Tea-1-34-Ounce-20-Count/dp/B000LKZTOQ> Oops, turns out I didn't need more licorice root which was in this tea...I have had over a year of licorice root(for Copper) so now when I drink it, it makes me feel panicky...Maybe give this box away...

Today I had a green energy freshly pressed juice from Freshii across from the Hudson's Bay Company on Bloor street west of Yonge south side...Apple, lemon, cucumber, kale, spinach, & a few more things...Problem with juicing is you always have to pee, which is difficult if you are on foot far from home...Feel guilty about the wasted pulp too...Noise of the machine is also a concern...Plus some safety issues...

<http://www.horseandbuggybrands.com> Mennonites who make great trail mix that comes in a pour into your mouth long thinner bag...

Today I was very **low in cholesterol**(feeling a little out of centre after all the hulled hemp seeds in the nutritional powder drinks I have been sampling), so I decided I needed to eat eggs...But I was also **low in mercury** from the excess Magnesium in these vitamin powders too(you get pain in your neck or joints when too much magnesium is around)...So I needed something with Mercury(the good mercury that builds cartilage)...So I had a sausage & egg biscuit sandwich(ok, I wasn't low in glutens but the biscuit was fine & easier to eat than a sit down meal)...At Starbucks at the corner of Yonge & Wellesley where I was to return the two tubs of Vega One powder that said non-GMO but made my throat close up which means something was GMO not sure if it was the peas or the flaxseed or what...Had a banana too...Turns out the sandwich was pretty healthy despite sounding like it wasn't...Felt better...

But then I went to pick up our Toyota Matrix from **Ryding Auto Body Shop** & suddenly felt hungry again(stress & fatigue)...Bought a veal sandwich for Joseph with the mennonite trail mix(3)...Came home & ate 2/3rds of it...Yum that was good too...Nap time I am exhausted...

On the upside a friend cancelled a big appointment today so my afternoon is free for napping & maybe another bath...Wow I am tired...My spam filter was catching important emails meaning I wasn't seeing them...Found one from MARCH 2015...Apologies to anyone who emailed to grove@sent.com & hasn't gotten a response...I didn't get it...Trying to make amends now...

Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump... By Sari Grove(free)

by Sari - Friday, January 09, 2015

<http://grovecanada.ca/tutorials-how-the-human-machine-works-how-to-get-rid-of-a-breast-cancer-lump-by-sari-grovesfree/>

<https://www.smashwords.com/books/view/509160>

Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump...

By Sari Grove(free ebook on Smashwords)

Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump...

An introduction to the Grove Body Part Chart & the refined protocol for getting rid of a breast cancer lump...

Includes a Google translate into french version at back of book...

Update:I have known for a while that Cancer relies on Necrosis, which is a condition where there is too much Hydrogen(think water) & not enough Oxygen...It's like a part of your body is drowning & rot forms...That's necrosis...But I had not really addressed that problem in my solutions...Then I started learning about some major successes in beating Cancer using something you can eat-Apricot Kernels...The chemical nature of Apricot Kernels(which you can buy at a health Food store-get "organic" & "bitter"), is OXYGEN...You eat about 20 of them per day, more or less depending on how crazy you are(Cyanide is an Oxygen thing which is great but could be dangerous if you overdose)...Anyways, I tried them & the very next day when I did my DIY Mammogram picture I could see the lump was smaller...It was a pretty fast result...The testimonials & books about Apricot kernels for cancer, also called B17, or Laetrile, or Amygdalin, are overwhelming...Some people say it was the thing that solved their Cancer for them...I'm in...I'm a believer...I will update again after I have taken them for longer...

Oh also warning:Warning! I have been taking Licorice root for the Copper for a long time...Copper kills mold or Phosphorus & that is what makes cancer spreadable...I have not had any surgery so I was scared...Anyways...Long story short, if you take too much Licorice root, after a long time, you start to get some really deep & piercing emotional feelings...Fear, anxiety, sadness...It was overwhelming...I stopped taking the Licorice root for now, & have been eating more normal foods to try to get my emotions back in check...If you ever get into this situation, something like Pizza with all that melty cheese on it, should help rebalance back to normal...

<http://jnci.oxfordjournals.org/content/91/16/1376.full> This study links the Epstein Barr virus with breast cancer...What that means is that the Oxygen therapy provided by the Apricot Kernel protocol, is even more justified in the natural treatment of breast cancer...Why? because the Epstein Barr virus is a Hydrogen excess in the Liver...Hydrogen excess responds to Oxygen...If breast cancer is related to Hydrogen excess, & the study says it is, then the eating of say 20 Organic bitter Apricot kernels a day(your Oxygen), should clinically reduce tumours...

Tweeting to myself on Twitter(that is not a euphemism)...(about Glaucoma, Smoke, & toothpaste)!

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/tweeting-to-myself-on-twitter-glaucoma-smoke-toothpaste/>

(image is a still image from an animated short film by Sari Grove made using Blender 3d animation software...The still was grabbed using SimpleMovie software for Mac, export as picture, then you get a PCT file, which then I used "image Converter for jpg" a free online service to convert pct to jpg...)

So I sent this tweet out...

@GroveCanada: "When smoke gets in your eye...I see a correlation between people who cook & glaucoma...Especially in Africa where you cook over a fire..."

& then I thought about it, & tweeted this response to myself...

@GroveCanada: "which means that Fluorine, antagonist to Bismuth(smoke) should reduce glaucoma risk...Could we send our toothpaste to Africa?"

Ok, so it occurs to me I should I explain my Tweets...140 words or less is maybe a little brief when it comes to talking about glaucoma...On the other hand, maybe if medicine was forced to limit itself to a Twitter sensibility, it might not bore people so much...

'Dude, it's going to kill you!' might be more helpful than the paragraphs of obfuscatory language warning people about possible side effects of a drug...It's like watching the credits after a film...Most people leave...A few diligent good people sit dutifully & read the names of strangers who have helped to make the film possible...Yawn...

Anyways...

Ok, about glaucoma...

It really strikes people in poorer areas...Especially in Africa...

I was thinking that maybe that is because people in poorer areas might be more likely to cook their food over a real wood fire...

The smoke from that can be amazing...

Smoke is airborne charcoal...Bismuth on the Periodic Table of Elements...

On our Grove Body Part Chart, we have Bismuth in the Colon section...

Here...See the letters "BI"?

Bi stands for BISMUTH...

You will notice that the Bi Bismuth is in the PLUS element column of the Chart...

The letter F, is beside the Bi, & stands for FLUORINE...(Yes, like Fluoride, but Fluorine is the actual element-Fluoride is what they call it when it is in water, usually)...

F Fluorine is in the MINUS element column of our Chart...

Which means that Fluorine & Bismuth are opposites...

Now Glaucoma is an eye problem that happens very slowly over a very very long time...

It is a buildup of eye pressure, then fluids build up, & the clogginess(is that a word?) around the eye & the clogginess around the retinal nerve & the stem there & I am not going to be too technical here, well all that clogginess builds up...

Eventually the clogginess(yes I am sticking with clogginess)causes the fluid pressure to like degradate(another iffy word) the giant nerve that feeds the eye, & stuff starts to like, well, degradate...Like rust...Mold...Too much water...Fall apart...Weaken...

Anyways, you start to go blind...

Now my idea about how glaucoma happens is that, well, smoke gets in your eye...For years & years you are cooking over an open fire...

You're inhaling alot of fire wood smoke too...Bismuth...Charcoal...Bi...

That Bismuth starts to clog things up...Over years & years...

Now that I think about it, or is it just the Bismuth, the clog, that is BLOCKING your vision PHYSICALLY...

Like you literally have Bismuth in your optical nerve?

That makes sense too...Bit of both then...(MY first was more from what I have read about glaucoma, but now that I think on it, the smoke in your optical nerve thing makes even more common sense...)

Anyways...

Fluorine is opposite to Bismuth...

I know that because I invented the Grove Body Part Chart...It's mine...

The whole idea, long story short, is that there are 2 elements that live in each body part that must be in balance as opposites for health...

Illness is imbalance...

So Glaucoma would be an imbalance of too much Bismuth not enough Fluorine...

hence the toothpaste Tweet...

North American toothpaste usually contains Fluoride...(Though I use non-fluoridated toothpaste, because our water supply here in Ontario is WAY too much Fluoride added & my teeth were getting thin in the front from it...)

So I was thinking if we introduce toothpaste from North America to poorer people who cook over fire in Africa, that the extra Fluoride from the toothpaste would help to mitigate some of the excess Bismuth in their system, possibly unclogging internally some of that charcoal clog in their optical nerve?

Ok, I am not being entirely serious, but still, the concept is right...

Plus, in North America, we have way too much toothpaste...

Smile...

My cup runneth over image by Sari Grove made using Blender 3d animation software(yes, this is a still shot from an animated sequence of water being poured into a glass & running over the brim...You'll notice the glass is cracked or flawed in its centre...Also there is no actual water IN the glass, it is actually just hitting the brim & running over...This is NOT photography...The whole thing was "drawn" in Blender...The program uses Physics to calculate how water or any liquid should flow, though you temper that by adjusting things like for viscosity in real water...

<http://ipi.oregonstate.edu/mic/food-beverages/tea> Tea is an excellent source of Fluorine- if you have Glaucoma & want to add something easy to your daily routine...The older tea leaves contain more fluoride, so seek them out...Green, Oolong, Black, are all good...Consider morning eye baths of tea on your sink...(Fill sink with hot pot of steeped tea, let cool a bit, put face in water with eyes open...Roll eyes around whole underwater...Repeat...)



Do It Yourself Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Two tails are really 2 needle trails pushed through a breast lump...(scaring the patient by implying biopsy trails are new growths)

by Sari - Tuesday, July 14, 2015

<http://grovecanada.ca/two-tails-are-really-2-needle-trails-pushed-through-a-breast-lump-scaring-the-patient-by-implying-biopsy-trails-are-new-growths/>

before 50 lb weight loss

I had a breast ultrasound last week...

I refused the mammogram, so all I had was an ultrasound...

Afterwards I treated myself to a massage...

After the massage I felt a pain under my breast, that felt very similar to the pain I had last year(2014) after the breast

core needle biopsy(2 needle punctures)...

I went home & Googled the symptoms I felt last year after the breast biopsy...

Found out that sometimes the needle can pierce the Pleura, the chest wall, & cause a tiny bit of lung collapse, or the Pleura

fills up with fluid, or something like that...

The feeling like you are going to get pneumonia...

So today my family doctor calls & says he has got results back from the ultrasound...

They compared it to last year's pictures which were taken BEFORE the biopsy...

So they say that there are 2 new "tails" that are different from last year...

Duh...Of course there are two new "tails"...

The breast biopsy flings through a lump & pushes out the other side of said lump...

Twice pushing out lump material into a tail formation...

Duh of course there are two tails that are new...I HAD A BREAST BIOPSY THAT CAUSED THEM...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Anyways, he's like: "They want you to speak to a specialist" ...he means they want me to have a lumpectomy right away & go

to

some guy to book the appointment for surgery, because that is ALL that is going to happen there promise (not an intelligent discussion of all the myriad of options I have)...

I say: "First, let's take a look at the hole in my chest caused by the biopsy..."

"I'd like to see the dimensions of this hole & why exactly it opened up during a massage a year & a half later..."

"& for the record, I am not having any new surgery until we make sure that hole is patched up to my lungs..."

So I went for a chest X-ray to see that pneumothorax hole...

& I didn't worry about these two stupid tails they are seeing, I know how they got there...

That's not cancer "growing" ...That's the result of plunging a needle twice through a lump...

How stupid is this world becoming that this is not obvious?

You catch more flies with honey, you catch more flies with honey...

Keep telling me this...

Let me be nice tomorrow...

12:30 pm going to have a little chat about "tails" & biopsies & spreading fear that should be apologies for Iatrogenic effect...

I am not going to be told that cancer is spreading when in reality things are fine...

Lord give me strength...

What a day...

Please support Doctors Without Borders in Toronto with a monthly donation...

I do...

Two ways to see a lump under the skin...(biochemistry & malignancy imaging-Do It Yourself!!!)

by Sari - Wednesday, February 17, 2016

<http://grovecanada.ca/two-ways-to-see-a-lump-under-the-skin-biochemistry-malignancy-imaging-do-it-yourself/>

[YouTube Video](#)

[DIY Cancer Repair Manual](#) [DIY Cancer Repair Manual](#) by Joseph Sari Grove(this short book has the two editing methods instructions inside...

Mobile cameras actually take pretty good pictures because they are calibrated to expect low light & shakey moving...

If you take your picture with a regular digital camera, you will have better success in good light, hold still, if you can set it to MACRO(for very close up), & try it with the FLASH on...

If the Flash flares the picture, it won't work, so turn it off, or move the camera back a little so the flash doesn't cause a light flare...

Take the picture very close, to where your lump is...If your lump has been removed, you can still check the area for activity...I have found you can check just about anywhere on the body, close up, for activity...For lungs, take the picture from your back/behind...For uterine, take the picture at your belly area, left or right...

This is not a thermogram, so taking pictures from far away, like the whole body at one time, will not see under the skin...

This first video shows how to see BIOCHEMISTRY of a Lump under the skin...

Note:if lump has been removed, picture will show systemic biochemistry, which is crucial, because removing lumps does not change imbalances in the body...Knowing what the imbalances are are the first step in correcting them...

You can also use photos of moles, weird growths, warts...

It can see into the lungs(take picture from back), into the Colon(take picture near belly button)...All

pictures should be taken in good light, hold steady, very close up...iPhone cameras are fine...

Note: Both edits can be done from existing MRI images, CT scans, Mammograms, Brain scans, Ultrasound pictures...Do edits as normal...

From Thermography pictures: In Fotoflexer, upload, & chose Color Rotate in Effects...Done!!!

In Lunapic: Start After the Thermal Effect step...So your first step in Lunapic is HDR effect...Then proceed with all the rest of the steps...

[YouTube Video](#)

This is an edit to see if malignancy is present...ONLY malignancy shows in this one...It will show up as purple if present...Note:Light mauve indicates pre-cancer conditions like DCIS...These are warning signs to correct the imbalance...

[PLEASE VISIT THIS POST FOR FULL EXPLANATIONS OF THE COLOURS YOU GET IN THESE EDITS...](#)

CONTACT SARI GROVE USING FACEBOOK MESSAGES TO UPLOAD A PICTURE THERE FOR HER TO EDIT...She can help with getting started with all this...(Pictures close-up please...Feel free to edit out personal parts if they are not relevant to look at(for modesty)...

NOTE:IF YOU HAVE THERMOGRAM IMAGES ALREADY, SKIP THE THERMAL EFFECT FUNCTION IN THE LUNAPIC EDIT, & SKIP ALL THE STEPS IN THE FOTOFLEXER EDIT EXCEPT COLOR ROTATE...

IF YOU HAVE CT SCAN XRAYS ALREADY DO BOTH EDITS NORMALLY..

From Sari(Why you should take Licorice root if you have any type of Cancer):

"What I found in my studies was that the difference between a benign tumour & a malignant tumour was the presence of Phosphorus...

As many know, Coppers kill Phosphorus things...

With help from my brother

(my father was a neuro-ophthalmological surgeon who taught surgeons),

so both my brother & I have a knack, as well as help from my husband

(his grandfather was a wartime Oxford educated army physician-we settled on Licorice root...

We began our study with extract...

The theory was that we could reverse malignant to benign...

We devised a way to observe lump chemistry using a camera & a photo editor program(we teach how to do that yourself on our site-first 2 posts-free)...

Observing the lump before & after using Licorice root extract(4 dropperfuls for a day), we were able to see immediate clearing of Phosphorus...

I was of course, testing all this for myself...

After a year of taking various forms of licorice root I was left with a benign lump(writing this february 2016)...

(Easter 2014 it was called Invasive Ductal carcinoma intermediate grade by core needle biopsy, mammogram & ultrasound)...

I did not have lumpectomy & am happily living a normal life...

I of course did other standard anticancer things, but the licorice root was key to me being able to say no to the rushed surgery they always want to do(lumpectomy is a hurried thing)...Other Coppers work...

However we did not have similar excellent results with just plain Copper supplements...

But maybe if they were taken in larger quantity for a long time we would have...

(there is more about all this on my site if you type licorice into the search box)...

I do endorse all sources of Copper though including the plain old variety...I just had success with choosing Licorice root...

But Copper kills Phosphorus based life which Cancer shows up as in our edits-it is its visual chemical signature...

(our other edit tests for malignancy by just looking for the presence of Phosphorus)...

(salmonella typhi bacteria are phosphorus by the way-Typhus, the Black Plague...)

Here is an example of a commentary I might make after doing the two edits of your picture:

Ok, so in the first picture I posted(edited in Fotoflexer for chemistry)...The Blue spot in the armpit is in the Lead family...

This can be just from red meat or alcohol, but can also indicate a gathering of the heavy metal in the Lymph node area of the armpit-it can be from weed killer, radiator fluid, an old house with old lead paint, mold, older water pipes-a number of environmental things...

You can use something like Heavy Metals Defense powder in a smoothie to chelate this(Mike Adams' Health Ranger store has this powder/capsules)...

Do It! Toulson Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

Also Vitamin C family & Vitamin D3 family as well as ginger root & ginseng & Camu Camu powder(oh & infrared bulbs) do well to remove Lead from the body...

The next area of concern is the larger areas of the whitish pink colour-on my chart it is called Aluminum but in the real world it is called Cholesterol...

You lower cholesterol with Titaniums like Mint(even the essential oil), Holy Basil(like a supplement), Boswellia(capsules), Frankincense oil or chewing the nuggets(then spit them out later), Oregano, CBD oil, hulled hemp seeds & hemp oil...Yellow is Calcium which responds to the Iodine family like Iodoral pills, Liquid Kelp, Seaweed, Lugol's Iodine, also Vinpocetine, & herbs like Madagscar Periwinkle, Essiac tea, Dong Quai(Triple leaf tea company makes a sugar balance tea with dong quai which is great)... The peach tones are Hydrogen which respond to Oxygens like Milk thistle, Apricot seeds, in fact the seeds of apples lemons grapefruits too, Dandelion greens, Arsenicum Album homeopathic, Rosemary, Eucalyptus oil...

Small pink area just around the Blue is Iron...

That responds to Manganese things like bloodroot, nuts, Mugwort herb, Moxa & Moxibustion therapy, Black walnut hull, also antiparasitic kits like Humaworm...

In the second picture(Lunapic edit), it only looks for Phosphorus...

It shows as purple...if present, use Coppers to remove that-like Colloidal Copper(internal & topical), Licorice root extract(licorice root is Copper too & absorbs very very well), transdermal copper patches are a neat way to get Copper too, chlorella, cilantro, spirulina, coffee, tea, green tea, green tea extracts, St John's wort...

If you want to take a picture yourself of the areas of concern, I can edit them for you...Just in case the thermogram picture colours are at all changed by the light they used, or their technology...Always better to do your own pictures...

Updated GroveBodyPart Chart including brain parts, functions & new row "gender" ...

by Sari - Thursday, February 12, 2015

<http://grovecanada.ca/updated-grovebodypart-chart-including-brain-parts-functions-new-row-gender/>

[grovebodypartchart more](#) PDF file: Pages A-E Or 7 of 7...

In India, they use clarified butter called Ghee as an anticancer attack...This is a Carbon...Negates excess Nitrogen...Problem with overdoing Ghee is you vomit...(upchuck the boogie-song Oops upside your head, I said oops upside your head)...On 2nd thought the puking might be useful in regurgitating lung cancer lumps...

Users

by Sari - Thursday, November 05, 2015

<http://grovecanada.ca/users/>

[wpc-users]

Using baking soda for Lyme disease & Triple Negative breast cancers...

by Sari - Sunday, June 05, 2016

<http://grovecanada.ca/using-baking-soda-for-lyme-disease-tripke-negative-breast-cancers/>

Antigen receptor TLR2 was found in wild mice who were immune to Lyme disease...

We have previously correlated Lyme disease, sarcoidosis, Sarcoma, Triple negative breast cancer, & inflammatory breast cancer...

Antigen receptor2 works in the Kidneys...

Knowing that Carbons like baking soda , & Nitrogens like mushrooms, live as opposites in balance in the Kidneys...

We might theorize that using baking soda daily(Carbon), would help protect us & or remedy us, from Lyme disease...

Links that explain this train of thought:

<https://sites.google.com/a/sarcoidosisaustralia.com/sarcoidosis-support-australia/home/why-sarcoidosis-and-lyme>

<Http://www.medicalnewstoday.com/articles/150479.php?page=3>

<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0005704>

ValentineGrove mp3 published by GroveCanada

by Sari - Tuesday, April 19, 2016

<http://grovecanada.ca/valentinegrove-mp3-published-by-grovecanada/>

Varicose veins & lymph detox deodorant...

by Sari - Sunday, May 10, 2015

<http://grovecanada.ca/varicose-veins-lymph-detox-deodorant/>

so I've mentioned Lymph detox deodorant before...

[here](#)

but the product was hard to get & pricey to make yourself...

I stumbled upon Crawford Street Lemon Creme deodorant recently, which has the same essential oils in it as the incredible Lymph detox deodorant from Anarres Health...

<http://www.crawfordskincare.com/products/lemon-deodorant-cream>

now you can get this Crawford St lemon creme deodorant at Whole Foods Market in Hazelton Lanes(\$14.99 Canadian)!

I know this essential oil mix really cleans out your armpit lymph nodes(I started perspiring from the Middle of my armpits where before I only sweated from the outer edges-The whole middle of my armpits were blocked, my lymph nodes were blocked- probably from using regular anti-perspirants)!

anyways...

I was wearing shorts & on a hunch smeared this detox deodorant all over a giant varicose vein area on my left leg...

(for years, I have been trying to get rid of this dumb varicose vein, caused by Depo Provera, the dumbest thing I have ever taken)...

lo & behold...Almost immediately the essential oils burrowed in & started cleaning out the vein...

Amazing! Plus it is transparent so I can smear it on & nobody can see it!

I just had to mention this phenomenon cause varicose veins are such a heartache...so hard to get rid of...

the deodorant smells amazing too...

If you or a loved one is worried about or has DCIS, breast cancer, or any other pre or cancer, then get them to switch to this deodorant...

Your lymph nodes will thank you...

For those with stubborn varicose veins, smear some on when you wear shorts or whenever...Omigosh, I think we finally have something here that works!

Yay!

p.s. I've been staying at my Mum's house cause she got sick with painful shingles...(get the shingles vaccine-I did...It costs over \$200 in Toronto but you only get this shot once in your life & I promise you you don't want to experience the kind of pain my Mum was in...)

*by the way, for shingles, do anything that cleanses out your Liver...

Anyways:I was suntanning on my Mum's deck & had no suntan cream...So I rubbed her Canola oil on my face, legs, belly, arms, everywhere...Wow! Totally got a gorgeous brown tan! My legs are finally brown like I have admired in others...I may not go back to suntan oils...

p.p.s.rub some of the Lemon deodorant creme under your toenails to get rid of toenail fungus...Also take a 50,000 iu of Vitamin D3 once a week to rid your body of the fungus internally, so your toenails grow in normal...(Liquid Vitamin D3, 4 dropperfuls a day, works very quickly against toenail fungus by the way-just be careful...too much Vitamin D3 can make you a little bipolar!(manic)

Here are the ingredients for the Crawford Street Lemon Creme Deodorant that I have swiped from their website:(please, if you are from Crawford street & want me to remove this paragraph, I will-I just thought you put so much good stuff into this deodorant people should know!!!)

Update:I am going to add my own words to the ingredient list in **bold**, to tell you which element on the Grove Body Part Chart is represented by that substance in the detox deodorant below:

Cetearyl alcohol **hydrogen**, Sodium cetearyl sulfate **mercury**, Cocos nucifera (Coconut) oil **carbon**, Butyrospermum parkii (Shea butter) **manganese**, Theobroma cacao (Cocoa butter), Sodium bicarbonate **carbon**, Cornstarch **nitrogen**, Citrus limonum (Lemon) oil **zinc**, Citrus racemes (Grapefruit) oil **zinc**, Citrus aurantifolia (Lime) oil **zinc**, Citrus sinensis (Sweet orange) oil **zinc**, Lavandula angustifolia (Lavender) oil **magnesium**, Pelargonium graveolens (Geranium) oil **aluminum**, Melaleuca alternifolia (Tea tree) oil **titanium**, Coriandrum sativum (Coriander) oil **Copper**, Cupressus sempervirens (Cypress) oil **aluminum**, Syzygium aromaticum L. (Clove bud) oil **titanium**, Origanum compactum benth (Oregano) oil **titanium**.

You will notice this lymph detox deodorant has alot from the Zinc family which removes Lead, some Copper to remove Phosphorus, Carbon removes Nitrogen, Titanium removes Aluminum...

Sidenote:The Aluminum family absorbs odours...These are herbal Aluminums which are much gentler than what you find in most anti-perspirants...Salt is in the mercury family & is a preservative...Nitrogen provides a base...Magnesium removes Mercury...

[Take a look at our \\$20 DIY medicine course if you want to learn more about all this...\(The \\$20 goes to GinkgoTree for hosting the course-nothing goes to us\)...](#)

Please note: the words in bold refers to families of elements, from the Periodic table of elements-which I use for my grove body & brain part charts-they are NOT referring to heavy metals in the least...

Visualizing an Anticancer protocol...(using the Grove Body Part Chart)

by Sari - Monday, January 04, 2016

<http://grovecanada.ca/visualizing-an-anticancer-protocol-using-the-grove-body-part-chart/>

The first chart(below) on the left shows 12 body parts(Gender is prostate gland for men, Skene's gland for women-the female prostate)...Each body part has 2 elements...A Minus element that cleans it...A Plus element that feeds it...

The second chart on the right shows things in the real world that represent the MINUS element(detox element) in each body part...Taking each of those things would be a good start to an anticancer protocol...

If you have brain involvement, look at the Grove Brain part chart...Figure out which part of the brain your tumour is in...Then see the corresponding body part...From there, go back to the Grove Body Part Chart & look at what is inside that body part...Those two elements will be active in your brain part...The Minus one will detox it, the Plus one will feed it...If you have a tumour you need the Minus element to target your brain tumour...

For example:You have a Multiform glioblastoma in your left Temporal lobe...

The Temporal Lobe on the chart says Colon...

The Colon on the bOdy part chart says Fluorine & Bismuth...

You need the Fluorine family to remove your tumour ...

For example 5Fu, Fluorouracil, is a fluorine based drug they use for Colon cancer...It will also work on the Temporal Lobe...

If you are Alternative then research things that contain Fluoride...

Listerine mouthwash for example-gargle with that daily...

Parsley is a high Fluorine food...

The Pufferfish contains Fluorine...

Florida is a high Fluorine state geologically as are many sea islands, go live on one for a while...

Anesthetics are fluorine...The date rape drug is Fluorine...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Anything that acts as a paralytic was fluorine, including Indian Cobra venom...(yes you can buy this as a medicine, or adopt a Cobra as a pet!)

People with ALS (Lou Gehrig's disease), hearing loss or deaf, Crohn's disease, epilepsy-are all high Fluorine-make friends with one or visit their ward in a hospital or volunteer at a centre for epileptics or children with seizure disorders or deafness...

Voice talk by Sari Grove about how she came up with the NIDI idea(non invasive diagnostic imaging)*8 min.

by Sari - Thursday, August 25, 2016

<http://grovecanada.ca/voice-talk-by-sari-grove-about-how-she-came-up-with-the-nidi-ideanon-invasive-diagnostic-imaging8-min/>

How Sari came up with the whole NIDI thing(non invasive diagnostic imaging)-below, listen

Fotoflexer edit instructions in audio form...(Sari Grove talking, below)

(shows Lead(can be from red meat, vitamin a or heavy metal too), iron(from chicken, iron supplements, kale), Aluminum(cholesterol), Hydrogen(her2+-from liquids), Calcium/progesterone-from birth control drugs & Hormone replacement therapy-men are exposed from partner or mother or water supply...)

Lunapic edit instructions(malignant or benign?)(Purple is Phosphorus...Key lime is Mercury)

Pixlr.com/editor instructions (red indicates usually edges of a mass or congestion-use this to track size changes...)

Von Willebrand disease...

by Sari - Monday, September 07, 2015

<http://grovecanada.ca/von-willebrand-disease/>

Considering that Von Willebrand mimics effects of excessive statin use, L-Carnitine would seem to be a logical supplement that would be very helpful...The goal is actually to raise cholesterol, so supplements & foods that achieve this will help stop the bleediness quality of the syndrome...

On the brain part chart below, Von Willebrand disease affects the Parietal Lobe, which controls the Lung & Lymph Nodes...(3rd line from the top)

Grove Brain Part Chart

So on the Body Part Chart, look for the Lung & Lymph Nodes to see the two elements involved...

Ok, so we see Titanium(in excess in Willebrand disease), & DEFICIT of Aluminum(think cholesterol or choline)...

Here...

The Minus column detoxes...The Plus column feeds...

So we need to boost Aluminum...In cases of Willebrand disease & any other illness that is a Titanium excess & Aluminum deficit...For example, Alzheimer's disease, Schizophrenia, & memory loss due to statin use, would also fall into this same category...

Now let's look for cholesterol boosters in the real world...

L-Carnitine is one...

Maca root powder...

Cacao powder...

Cinnamon powder...

Phosphatidyl choline...

Eggs...

Lecithin...

Bee Pollen...(& Beeswax)

Do It! Foulson Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

Any foods that BOOST cholesterol...

Also stay away from statins, aspirin, marijuana, painkillers or any other Titanium type things...

Vote

by Sari - Saturday, December 13, 2014

<http://grovecanada.ca/vote/>

<http://apps.appmakr.com/groveTheGroveBodyPartChartisnowavailableintheAppMakrMarket!Clickhere...>

(Please NOTE...The APP is NOW available at h.bwell.mobi/grove instead of just bwell.mobi/grove...In the video & in the competition entry I was PAYING \$9 dollars a month for the App to be in the Infinite Monkeys Monkey market, but due to slow attention, I decided to revert back to the FREE version of the App which means it appears online at the h.bwell.mobi/grove address but NOT in the MONKEY MARKET at the original address...I may change it back, but I don't really want to be paying for stuff if people don't want it...or there are too many Apps in the world already & I am just cluttering...)

Oh...wait...FROM YOUR IPHONE, I mean, from my iPhone(or whatever mobile device you have), the bwell.mobi/grove address DOES work!!! Yay!

It's just to view the App from a desktop that you have to add the "h" before the bwell.mobi/grove part to see it now...(me stopped paying \$9 dollars a month to Infinite Monkeys to have the App in the Monkey Market)...

The forms on the App were created in Wufoo...wufoo.com

[Support GroveBodyPartChart App by voting at ChallengePost ends Feb.28,2104](#) *(it's over relax...go back to doing nothing)...*

backstory...

ChallengePost hosts challenges...Competitions really...If you win you get stuff...& money...& stuff...

So the challenge I entered was this...Actually I forget the exact title, it was long...

It was something like this...

Clinical Trial Patient Engagement App...

No wait, that is exactly what it was called...

The idea was you were supposed to make an App, like for an iPhone or something, that helped people who were in Clinical trials to stay in the Clinical trial...

Now, if you know me you would say:"Sari, you are a subversive, you would NEVER encourage people to stay in Clinical trials...You'd be the guy with the protest sign telling them to get the heck out! Run for your lives...You'd be telling them about testing on animals & humans & prisoners of war & such & such & so..."

Ok, that is true...

But I wanted to participate...Why? because it was sort of up my alley subjectwise...

Ok honestly, mainly because I didn't know how to build an App & this was a good excuse for me to spend alot of time learning how...

I love love love learning new things...But sometimes you have to justify the time spent by saying something like:"I could win alot of money on this or something"...

(private secret:YOU NEVER NEVER win these things...Not these types of competitions...They are all rigged for insiders...People who build apps for a living...

People who run pharmaceutical trials...The competition is just a promotion type tool to get people involved or to steal your ideas or promote a product or drug or company or something even Challenge Post itself...As long as you KNOW that you will be fine...

I just enter because I like the activity of doing something difficult...Just for myself...Plus I can meet people outside my field...Or in my field...)

Anyways, I built this...

h.bwell.mobi/grove

If you click on the link it takes you to a page that is the APP & you can play with it right from your screen...

You will notice I have never built an App before...

As it happens, my iMac Snow leopard desktop computer is apparently too obsolete to be able to download the APP building tools that are available for developers right now, or even then...

The real tools where you can make a monkey fart if you click a button on its tail or something...

So what I am calling an App is really just a simplistic thing that doesn't really involve coding or anything too difficult in that way...

What I spent my time doing was on Layout, & Content, & Icons, & Flow, & all the inside stuff that I am pretty good at...

That actually was much more time consuming & attention sucking than I had thought...

It gave me a FEEL for building an APP from a superficial perspective...

If I could get my hands on an App builder program where I could code, at this point, having understood the basics of what Apps need & like, I could probably get into that now...

Anyways...

Oh I even had to produce a competition video to go with my App...I made like 40 different versions-obsessive intense is my name, overdoing things is my game!

In the end, I realized that my App was really just a tiny website, & that a real App was the monkey farting kind where you click its tail & that you coded yourself...

I was just an imposter...& everyone knew it...

Oh well...In the art school I like to call Life I did learn something...

*I was able to download an earlier version of a real App coding program, in order to try out its first lesson on coding an App...

When I tried to follow the very first beginner lesson on coding an App, I discovered this-that IF ONE COMMA IS IN THE WRONG PLACE YOU ARE SCREWED...

The whole entire program won't run...One comma...

I realized that App coding people were spending their days searching for that lost comma...

"Oh, lost comma, where are you, where are you"...

You write a whole program for an App to make that monkey fart when you click its tail, & if you lose a comma the whole entire program won't run the App won't work you get ERROR message you are a failure in life both personally financially but also you are fat & ugly & will never amount to anything because you forgot a comma you dumb idiot...

So I learned that I was NOT the type of person to want to be chasing commas for the rest of her life...

I was not going to upgrade my computer, download the new developer coding program to make an App...

I was not going to hunt commas for a lifetime...

I am not a coder...

(Possibly if I was chasing the ELLIPSIS my all time favorite punctuation tool, can you tell?, maybe)...

But time may prove me wrong...

(If you see me stealthily trying to buy a bigger computer in order to learn coding please stop me I know not what I do...)

Here is the very long competition entry blah blah blah I had to write...It's also at the link at the top of this post which you didn't click on so I am putting it here too...

Oh here is the video...

(actually there is another version of the video that uses Ryan Huston's song "Do what you love" which Joseph & I liked better, but I couldn't get in touch with Ryan Huston to make sure it was legal & ok to use his song for the video, even though he had provided through Animoto & it was on the net almost everywhere for free I just couldn't be sure...

The Chantelle Barry song "Fly Away" I PAID for a license for, from Animoto Pro account, so I was absolutely certain it was legal to use...(Actually one of the organizers at Challenge Post was ASTONISHED I got a Chantelle Barry song, even though I honestly had never heard of her, I just picked the song because my App has all these swan icons & the song was FLY Away...)

[Vimeo Video](#)

The official name is "GroveBodyPartChart" if you search on Google Play or the Infinite Monkey store(just listed them for this competition)...

The official address is h.bwell.mobi/grove (type into your mobile device's address bar to get GroveBodyPartChart)...

Sorry, I could have used the word Grove for the name, but it would have been impossible to find it in a search...So the longer name searches faster & better...

*How specifically this App, Grove Body Part Chart, increases engagement & value for patients enrolled in clinical trials... well, the first thing, right off the bat, that increases engagement in anything is understanding...

Understanding what is being talked about, understanding what a Clinical Trial is trying to do, understanding what a disease is, its causes, & understanding possible remedies or antidotes, empowers the clinical trial participant immediately, making them feel like they are part of a team trying to solve a

problem, rather than an unwilling or unwitting guinea pig...

So how do you give understanding?

Well, traditionally you have to educate...One of the most tried & true methods of educating is the book...People know books...They are familiar with the format...Books are not scary...Books are a proven way to learn...

The nice thing about books is that the learning can be done at one's own pace, whenever one has time... Another aspect of the book format is that there is perceived value...Give someone a book & they know it has a worth in the open market...A game might not have an established price tag yet? People see games in App stores & they see a price like 99 cents or \$1.99 ...

But a 250 page book with illustrations has some sort of accepted value...When you give someone a book they know that it might cost anywhere from 10 dollars to 40 dollars...Perceived value, in an APP, increases the likelihood that the receiver feels that they have received something of value...Something special, that they can keep...

Something that nobody else has, outside of the trial... So we are giving the clinical trial participant a delightful gift...They are getting two real books that they can read while sitting in a waiting room or on the bus or in a coffee shop... They are getting real knowledge...

The video talk is a nice way to learn the basics, if one does not feel in the mood to read... The Chart, The Grove Body Part Chart, is a new & fresh way of looking at the body parts, & how each part has 2 elements inside that must live in balance for health...

When you watch the Video talk, very quickly you get to see a very simple way of understanding some big mysterious diseases... Cancer, AIDS, the Common Cold, Diabetes...Very simply you learn where they fall on the chart, excess of which element, in what organ, & what element could rectify that imbalance... This information is original & has not been seen before...It is the result of work by Sari Grove, & will be brand new fresh to a clinical trial participant... Those receiving the Grove Body Part Chart App will be excited to learn these new ideas in medicine & will be more likely to feel that they can speak intelligently about their participation in whatever clinical trial they are in...

Medicine has become so obscure, pharmacology obtuse...It seems that the only way people are making money in the healing fields is by making answers more complicated...This is exhausting for the clinical trial participant...Everything is different...Nobody can even spell the names of their medications...

So this APP, my 2 books & the video talk, gives it all away for free...The books themselves sell for just under 100 dollars on Amazon if you bought both with shipping etc....So it is a great freebie gift to any Clinical Trial participant...

But even better, you are giving armor to the participant...Armor to ask a better question, armor to ask why this & not that, armor to be belligerent if need be...The fighters, in the patient demographic are the ones who survive...The ones with more information, with more education, the ones who get what is happening & who can say no as well as yes, are the ones who live... We are just giving them some

ammunition to fight that disease with...Education!

Sure this could have been a game...But the word App is just today's gimmick...People need real answers...Why did this happen to me? How can I fix it myself? Many people fall through the gaps because they don't like doctors or hospitals...Those fall through the gaps people often end up in Clinical Trials....

They are already renegade types...They will like this App, the real information they are getting... Nothing engages better than true authentic information...Nothing increases value for patients enrolled in clinical trials like giving some real value to them... Your competition comes right at the cusp, right at the beginning where I am starting to share my theories with the world...It is solid & true & original & encourages people to use the ideas as stepping stones rather than carved in stone...

Listen to the VideoTak on the App first to see how engaged you are...I promise it will be as juicy as the delicious meal you are going to have after...

I hope I have explained myself sufficiently for this competition...I did not set out to write my books for this competition, but the serendipity of the timing points to the possibility that this may be both a ray of sunshine for new clinical trial participants, as well as for me to get my ideas out there into the real world where they can actually heal folk!!! Sari Grove

This app includes mobile versions of my 2 books, Grove Body Part Chart:A Medical Arts Innovation, &, Do it Yourself Medicine:A Repair Manual...You also get a video talk about the new ideas in the books, which are designed to make medicine simpler & more approachable for a Do it Yourselfer type of person...I can't think of anything more useful to a patient in a clinical trial than a good book...Especially one that demystifies the whole process!

ABOUT:

Read Grove Body Part Chart:A Medical Arts Innovation, & Do it Yourself Medicine:A Repair Manual FREE! Two Canadian artists have re-defined the Medical Arts by creating a chart that tells you what your imbalance is, what its antidote is, & where to find that element in the real world...The body is broken down into 11 organs & each organ is shown to have 2 elements that must live in balance for health...Finally understand your own health! Simple yet powerful information! The first book explains the basics, & goes through many common ailments, their specific imbalance, & things in the real world that contain the element you need to rebalance your body...The second book gets into some more complicated problems, using the Grove Body Part Chart as well... Once you get the idea, you will be using these ideas to analyze things you have been told by doctors & remedies you have been given...For example, Cancer is a Calcium excess in the Adrenal Gland & its opposite element is Iodine...

The VideoTalk explains the core of the CHART...Once you "get" the idea you will be curing diseases all over the place!

There is a link to Paperback versions of the books, if you are going to be somewhere where internet access is limited...

But why buy the books when you can read them for free online? (Save some trees too!)

Reading a book is one of the best & easiest things to do while waiting in a waiting room for your appointment...Why not read a book that makes medicine a no-brainer? With all the complexity of medicine & pharmacology today, it is no wonder people get discouraged...Self-efficacy is an excellent prognosticator for health...Giving this app to clinical trial patients not only engages their mind & cures boredom, but it gives a real way to look at the body & how balance is key to health...Real world examples are given as hints to where you can correct your own imbalances...But the main idea is to give back power to the patient...Do it Yourself Medicine is the future & the future is NOW! Sari Grove(author)

Device compatibility: I have the oldest iPhone on the planet & I am able to access both books to read them from the Scribd site through my App...

Scribd also has a mobile app which is free to download from the App store, if someone wants to access the books in my App from there...But I am pretty sure the books can be read on almost any device, old & new... Sari p.s.I made the Book icons a little punchier for effect-than they were in the screencast example...(books hosted by Scribd.com which has excellent mobile pdf reading abilities)...

RECENT EDITS TO THE APP:

So, I have changed the Icons a bit again...

I have also added 2 online QUIZZES, which you can do online & get your results...The questions & answers are all in the Books, so if you do the Quizzes first, you will want to read the books after...

If you do the Quizzes after reading the books, it will reinforce what you have learned...

if you just do the Quizzes & don't read the books at all, by seeing all the correct answers, when you press Submit, you will learn anyways what all the Correct answers are...(hosted by Wufoo.com)

I also added an Icon that says "RIGHTBRAIN" ...This takes you to a 10 minute short 3d animated film that goes with the books, but is really imagination based, with fun sounds & images...(Hosted by Vimeo now since they created mobile versions of my videos for me-the youtube version exists but has audio sync issues that I cannot control without re-editing the film)...

It's a nice mental diversion...Uses the "OTHER" side of the brain, the one that likes colourful pictures & abstracts...(IN the very middle of the film there is a short explanation of the medical theory, but it is really brief & not boring at all)...

More:Added a EMAIL button...(In case someone wants to write to me...You never know)...It pops up to a contact form produced by Wufoo.com(who are excellent & intuitive not boring & boring)...

I have submitted the App to Google Play App store, iTunes store, & the Infinite Monkey Market, but that might take 2 weeks(think 6 weeks) to all get there if approved...

If you go on a desktop to h.bwell.mobi/grove you can also hit HTML5 & view everything live from your

desktop including full page reading of the books...So if people want to go home later & continue reading in big they can...Or watch the movies in big, etc. ...

Last minute edits: I traded all the generic icons for ones I made myself! Wow Looks way better!

I also changed the header to text more in focus on a real cloud backdrop...(nope it loaded too slow, back to just text)

Instead of the name of the APP GroveBODYPARTCHART as the header, I put Information that provides the KEY to the content...I figure it is more important to tell the message than to advertise the app...Authentic wins hands down for me...(nope changed the header to the APP address which is neat & useful)

I made the movie here less than a minute finally...Attention spans are short...(nope re-edited the movie to the length of the cool song I found 3:05)

The audio track was recorded separately from the visual to speed that all up...(nope, dropped my voice which was boring & nasally-caught a cold from the husband while doing this work)

I added a WELCOME message to the APP after recording the video...

here it is:(nope I edited it & made it more obnoxious considering people are probably tired of fluff)...

Welcome...

This is GroveBodyPartChart

the MOBILE APP...

Since this is a DIY Medicine Application, it is possible that you are having a health problem or you know someone who is...

I am very sorry to hear that...

I am here to help...

Here you will find a 23 minute VideoTalk that explains my very very basic medical chart...

Once you "get" that, you are on your way...

Book 1 is called Grove Body Part Chart:A Medical Arts Innovation...

It explains the whole chart better, & then tells you what excess or imbalance is what in which disease & where to find its opposite element, its antidote or remedy in the real world...

In the 2nd Book, called Do it Yourself Medicine:A repair Manual, I talk about some more complicated

imbalances which cause diseases...

The books are full of great art done by me! because art is a great way to relax your brain from all that logical thinking(read boring thinking)...

There is a movie called RightBrain which is 10 minutes in 3d animation also done by me, which really gets your brain out of that too much thinking mode...

Which might happen from reading...

The Quizzes are fun to see if you really got the books into your head...

Plus it's a fast way to get answers,'cause if you click Submit it tells you which are the correct answers...

You can Contact me by pressing the Contact button & I totally will answer you as fast as I can...(Be prepared, I am Canadian, so fast is like the speed of snow melting here...)

The Paperbacks button takes you to the Amazon page for my books, if you want to have a real book in your hands...

Don't feel pressured to buy...

I love trees...

My married last name is Grove & I still love Mr. Grove very much(& have been Mrs. Grove for over 17 years now!)...

You may be scared...

That's normal...

Fear is good...

It protects you from doing stupid things...

You may be around alot of doctors & nurses & technicians & they are all strangers & they all apparently want to see you naked & stick needles into you...

This is why fear is good...

You may just want to flee...

That may be a good idea...

Please don't let me be the one to tell you to ignore your fears...

They are real...

The best I can do is give you answers about medicine & health that nobody else has told you before because I hadn't thought them up yet...

With these answers you will have superpowers...

The superpower of being smarter than everyone else around you...

Now that you are going to be smarter, you will be able to make decisions about your own health, FOR YOURSELF...

It's your body, why should somebody else be the expert on it?

If you think something about something, & someone tells you you are wrong about that, because they went to this school or that school, then that makes you feel weak...

Weak is not good for your immune system or health...

I want you to know that even without reading my books or watching my videos or anything at all, that you are the EXPERT of your own body...

I don't care how crazy people say your ideas are...

It's your body & your ideas & everybody else is just wrong...

Ask a lot of questions, get a second opinion, get a 3rd opinion, in fact keep getting opinions until you get one you like...

Your health is the number one thing in your life...

This is not a time to get the on sale quickie price...Beware of words like "prophylactic surgery"...

Removing parts of your body is pretty final, especially if there isn't anything wrong yet...

Genetics is a funny thing...

Your Mum could have a love of peanut butter but you can be born just altogether hating peanuts...

So just cause a parent had one thing doesn't mean you will get it too...

Even if studies say so...

Because a genetic marker can be there & just do NOTHING at all...

Sure you might have a predisposition...

But if you figure out what that predisposition is exactly, you can STEER your boat away from that ICEBERG! I am here to help...

Help you steer your boat away from an Iceberg...

Personally I think people are taking way too many drugs & not feeding swans enough...

Personally I think that alot of new diseases are caused by all this drug taking...

I like to feed swans in winter, between November & April, because it makes me happy inside & it helps to save their lives...

I think if more people did stuff for nature, for animals & trees & fresh oxygen air, that more people would be healthy & happy...

My goal is to get people to take the power back from the so called experts including myself(which is a bit of a bind isn't it philosophically) & Do it Yourself their Medicine alot more...

Ok I'm not saying to go rogue...

I'm just saying that there are some things we can do & understand about health that might be able to be done without so much outside help...

Sari Grove, Tuesday February 4th, 2014 p.s.if you are a woman then maybe a woman doctor might be more comfortable for you...If you are 85 years old, you might prefer an 85 year old doctor...If you speak Spanish you might want a doctor who is fluent in Spanish...This is important...Don't be afraid to say:"This is what I am comfortable with & this is not"...Don't be afraid to run away...There are some scary things about medicine...If you want to run away & live in Tijuana, or Paris or Peru, then that might be a really really fun & good & healthy idea...Escape is always a fun way out...bring my books or this App...Just in case you missed something! :)

(The above message is now different...You will have to get the APP to read what it says now...HAHAHA)

The song in the Competition video is called DO WHAT YOU LOVE and it is by singer songwriter RYAN HUSTON...(This video is in the APP as well, when you click SUBMIT on QUIZ number 1, you get the video...with the song to inspire you & instructions on the APP itself)...

Afterworks: Though on a desktop screen the icons looked great, we discovered (we is Joseph Grove my husband & I), that, the icons were too small & the writing underneath them was too small, on a mobile...So the newer screenshot picture shows Icons with writing ON the icon itself...I am not re-recording the video just to show the newer icons, though it is significant for readability...(nope, we did re-record a video, like 7 times)

This may change again if they are still unreadable...(it did)

Sorry...If I cannot get it better before the deadline, I will still keep editing...(I'm not really sorry, just a Canadian habit)

After all, the App is useful, whether or not it wins or loses, it will still live...(said by a loser)

Let's keep making it better anyways...(because I am a perfectionist who is driving husband crazy with this working all the time)

Please write to me if you have any expert suggestions...(not really, just send me compliments or money...I don't actually like suggestions...)

Sari

BUILD HISTORY: Last night I thought I was done, but discovered that the ICONS were totally unreadable... feb.7, 2014 10:02 am...I rebuilt all the ICONS on the front page & now you can read them... changed background to a whitish ice scene for readability contrast... video re-recorded with new look... sigh, done for now... sari(this message should be repeated over 80 times, because that is how many builds I did before losing count)...

Screen has been updated once again post-entry video... february 11th, 7:20 am, 2014...

Instead of a 23 minute video talk, I inserted a 23 minute MP3 talk, with just an image of my GroveBodyPartChart...

My seeing challenged friend has no need to load a heavy load video that she cannot see...

The MP3 embed is a lighter load to a Mobile device, has a play button, & can be listened to without needing to look...

The image of the chart should be sufficient to explain the audio file...

I think this is an improvement, though can be reversed if not...

Please keep telling me of problems or updates as needed...

If there is anything that violates terms of your needs in the APP, please inform me asap, & I can remove the offending parts...

I do not wish to disqualify myself based on a misunderstanding or a technicality...

Sari Grove

p.s. The song (Fly Away by Chantelle Berry) is licensed for commercial use & I have fully paid up to Animoto as an account member, for the use of the songs available in their repertoire...In terms of the fact that Doris day did the song, Lenny Kravitz did the song & various others, you'd have to question the singer songwriter herself about her own particular licenses as derivatives...However I have been with

Do It! Pearson Medicine by artists Joseph & Sari Grove - <http://grovecanada.ca/>

Animoto for many years & I can vouch for the fact that their music is good...I consider the Chantelle Barry version to be an improvement, & as such, some good music to listen to...A bad derivative is not something I'd have chosen...

[View latest version](#)

[Visit project website](#)

Created by

[SariG](#) Toronto, Ontario, Canada

[Vikram](#)

[GroveCanada](#) Toronto, Ontario, Canada

Other information

Date entered: January 29, 2014

Submitter Type: Team

App Status: New

Primary Platform: Android, iOS, Blackberry, Windows Mobile, Web/Mobile Web, Windows PC, and Mac

Here's the Quiz 2 Page you get when you click the middle bird...

Warnings...About...All the3 alternative stuff I've been doin' ...

by Sari - Thursday, June 04, 2015

<http://grovecanada.ca/?p=1283>

<http://grovecanada.ca/audiobook/> A "Theodora Talk " by Sari Grove & the cats...AUDIO ONLY

Warnings...About...All the3 alternative stuff I've been doin'...:

Apricot Kernels:dehydration Oxygen Liver Left side

Iodoral:Burns your skin Iodine Adrenal Gland Left side

Boswellia:Vulnerable to cuts Titanium Lungs & Lymph Nodes Left side

Please make donations to the Guide Dogs of Israel if you hgave been are being will be helped by GroveCanada, because they need money like \$20,000.00 more dollars in Canadian currency to pay for, a Guide Dog for say a person who lost their sight & maybe also their arm, in winning a war, against people who were trying to kill off, all the funny people...

<http://www.ca.israelguidedog.org>

Water + Copper level electricity = equals Hydrogen Peroxide ...

by Sari - Monday, June 15, 2015

<http://grovecanada.ca/water-copper-level-electricity-equals-hydrogen-peroxide/>

Water + Copper level electricity = equals Hydrogen Peroxide ...

Water is H₂O...

Two Hydrogen molecules or chromosomes and One Oxygen molecule or chromosome...

Hydrogen is labelled H+6 on the GroveBodyPartChart...

Oxygen is O-7...

So Two Hydrogens & One Oxygen would be: 2 x H+6 & 1 x O-7...

So that mathematic would be; 2 x H+6 & 1 x O-7 = +12 & -7 = +5

So Water would have a power of Plus 5 on the GroveBodyPartChart...

Now if you electrified that Water+5 with an electricity current at the Power of Copper which is Cu-9 on the grovebodypartchart then you would have an equation of water+5 & Cu-9 = -4 ...

This means that whatever element you have made by running an electric current with a Copper power or a strength of Copper through that water will have a power of Minus Four or -4 ...

We know that if you take water & run Copper strength electricity through it that it makes Hydrogen Peroxide...

How do we know this? because we know this from standing on the shoulders of chemists pharmacists mathematicians before us...

So we know that:

Two Hydrogens & one O & one Cu = HO which is the nomenclature for Hydrogen Peroxide that our forefathers & foremothers used...**if you look at wikipedia it will say that hydrogen peroxide is h₂ o₂ which is basically the same thing as HO what I am saying...Because the RATIO of one hydrogen to one oxygen is the same ratio as 2 hydrogens to two oxygens...*

HO means one hydrogen & one Oxygen...

So when we added the MINUS ELEMENT Copper Cu-9 to the water which we know already is two hydrogens & one Oxygen ...

We ADDED a MINUS...

When you add a Minus thing to something it Minuses the whole equation...

So by adding the Minus element Copper we Minused the total value of the water...

When we Minused that water we ended up with only one Hydrogen & One Oxygen...

so copper is a pretty big Minus! On the chart it is Minus Nine -9 !

So we went from HHO to HO !

Water is Hydrogen Hydrogen Oxygen...

Add the Minus element Copper...

Now you have only One Hydrogen & you still have One Oxygen...

Why?

because you have added a very strong Minus element Copper...

Oxygen is also a Minus element...

By adding a very strong Minus element to water you have made the water more Minus!

Oxygen is not as much of a Minus element as Copper is in strength...

On the grovebodypartchart the strongest Minus element is

Boron-12...

The weakest Minus element is Zinc-1...

The strongest Plus element is Lead+12...

The weakest Plus element is Molybdenum+1...

So as you go down the chart the Minus elements get stronger & the Plus elements get weaker...

So oxygen is -7...

**If the human body is a microcosm of the beginning of time then the flow of elements in the body should also reflect the flow of elements from the beginning of time...

For example: If Zinc is the first element in the body (the sun makes Zinc family things like vitamin d3 & vitamin c & ginger root & pink grapefruits)...Then Zinc would be the FIRST element in the world...The SUN...

Then if Lead is the second element in the body, then Lead also could be the 2nd element in the world...Lead like dust...

In the body then the 3rd element is Manganese & now you start to see the pattern of the spiral...

Minus element then Plus element then Minus element then Plus element...The spiral forms the body the spiral forms a planet the spiral...Or the loose looking spiral which is DNA DeoxyriboNucleicAcid...Here is a picture of the flow of the elements or chromosomes in the body & in the order of the beginning of time...

GroveBrainBodyRepair Chart

So if you want to make water less "WET" you can run an electrical current through it with a strength of Copper & your water will still be wet but less wet than it was before...

Wetness is a sign or symptom of much Hydrogen...

Dryness or LESS wetness is a sign or symptom of more Oxygen...

The Plus elements are Male the Minus elements are female...

Men tend to be Plus element dominant & Minus element recessive...

Women tend to be Minus element dominant & Plus element recessive...

If your water is very wet then it means it might have a lot of Hydrogen the heavy Plus element that is on our chart Plus Six +6...

So if you want to make your water less wet then you could run a current through it with a strength of Copper-9 & your water would become less wet & more dry & that is what you can buy at a drugstore called Hydrogen Peroxide in a bottle...

If you run an electrical current through your body's water then it makes your body's water less wet & more dry...This is called electroacupuncture...

By making the water in your body less wet you can dry out your wet Liver...

Oxygen & Hydrogen live together as opposites in your Liver....

If you have drowned or have found somebody who has drowned then theoretically by running an electrical current of Copper strength through their body's water supply you could dry out their wet Liver & maybe bring them back to life...

This would be called "Saving Someone's Life"...

That might be an instance where electroacupuncture knowledge would be handy at the beach Lifeguard station...Plus of course a portable electroacupuncture kit...

GroveBodyPartChart

GroveBrainBodyRepair Chart

In the picture GroveBrainBodyRepair Chart:

Brain Parts there are 12 locations total...If there are two brain parts mentioned in one location the first is the one that controls the Minus element...The second brain part mentioned in a location controls the Plus element...

If there is only one Brain part mentioned in a location then the Left side of that brain part controls the Right side of the Body Part...If the Brain Part goes Front to Back then the Front part of that brain part controls the BACK of the body part...If the brain part goes Top to Bottom then the TOP of that Brain Part controls the Bottom of the Body Part...

Please Note that the 3 main parts of the Human are the Head the Body & the Limbs...Hence the Brain Parts the Body Parts & the Limbs which we have not talked about much lately though in Book 4 of the Grove Health Science Series the arm is mentioned & there is a picture of maybe how to rebuild an arm...

Body Parts there are 12 locations total...

Minus elements there are 12 locations total...

Plus elements there are 12 locations total...

The squiggly line in the picture shows the FLOW-so the squiggly line starts with Zinc then flows to Lead then flows to Manganese & so on...

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

In the picture the elements have been reduced in name to their ABBREVIATION which appears on the Periodic Table of Elements...Some of these abbreviations come from Latin words...*For example Aurum is Au on the Periodic Table of Elements & in English you might say "Gold" ...*

The numbers assigned to each element or chromosome are either + or - & each one has its own assigned number ranging from -12 to +12...

Skene's Gland refers to a thing called sometimes the female prostate & both Skene's gland & the male prostate gland sit in the private part area sometimes referred to as the genital area...The place where the bum or bowels or rectum or poop area is is in a DIFFERENT room...But if you go into that poop room & tap on the wall where the Skene's gland or the Prostate gland is depending if you are male or female can "hear" you tapping...

Wendy Moore Clinic Toronto

by Sari - Monday, April 11, 2016

<http://grovecanada.ca/wendy-moore-clinic-toronto/>

Clean office & waiting room with tv on good station & plenty of chairs with empty ones so you don't have to sit beside people if you don't feel like it...5th floor location means air quality is away from ground floor food & First floor gift shop where public might bring in airborne bacteria...Facilities in the St. Joseph's building include a pharmacy that is selectively stocked so you are not confused by redundant products...The gift shop has things that you actually want to buy & can try on...Services of the Wendy Moore Clinic include a front area wait in line designation, so people cannot bud in front of others & irritate you...Concierge desk is at elbow height that can be leaned on...OHIP card must be presented at each visit to front desk people...This forces human interaction each time, which is useful in case computers are down & memory needs to be used...Value:Because visits are covered by the Ontario Health Insurance Plan OHIP, it feels like each appointment is free...However, one could check to see how much you would have to pay out of pocket cash if you were not covered by OHIP...A General Practitioner visit in Toronto can be had at a medical clinic for \$60 cash...I assume a specialist would cost more...Ask...If you are from out of town or have no OHIP card yet...

[Wendy Moore Clinic](#)

Bragg's apple cider vinegar removed a staph infection I got from eating a sandwich at a Second Cup in St. Joseph's hospital...Staph is LEAD poisoning in bacterial form...

Wernicke Korsakoff syndrome...

by Sari - Monday, July 20, 2015

<http://grovecanada.ca/wernicke-korsakovkorsakoff-syndrome-by-joseph-grove/>

Sun, 19 Jul 2015 7:55 PM (13 hours 22 minutes ago)

Show Raw Message

Wernikes korsakov syndrome

Excess Thiamine leads to excess potassium low blood pressure

Seizure disorder later

Dosed with LSD unknowingly

Saje sage Franklin

Wernicke K

The grateful Dead (Sari's work begins)

korsakoff Titanium Thiamine excess

Thimanine deficiency Thimanine Thiamine TITANIUM deficiency...

Leads to Titanium overdose or addiction...

Why?

Ok so Wernicke Korsakoff syndrome is a QiGong pronounced ChiGong conundrum...

It is a bounce to bounce pop art popopop art thing...

A THIAMINE EXCESS is a Titanium excess on the Grove Map above...

Lungs & Lymphs are full of Titanium...

Grovey

Wernicke Korsakoff Syndrome is excess Titanium in the Lung Lymph Node section of the Map...

Treat with Aluminum things elements like Eggs or Arnica pills Boiron 1M homeopathic or Agave like what you find in Reposado tequila...

In the brain, the Parietal Lobe, Right side of brain, controls the LEFT lung & Lymph nodes, Lymphs(rhymes with Nymphs &)

...TFS The Toronto French School friends & family...

Do It Yourself Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca/>

Je me souviens...

Other notes Alternatives:

**remember that Nutmeg, Noix de Muscade, pumpkin seeds organic are Manganese & dangerous possibly to those with Wernicke Korsakoff Syndrome)...*

***remember that Syphillis is...my eyes are dim...excess Nitrogen in the Pons area Kidneys, true crossover brain to body to limbs topical application of carbon baking soda salve or better yet , paste-ie: with water? or powder spray on makeup artist MUA...*

Should be in Pons top or bottom um...ok right side kidney right inflamed is Nitrogen excess...Boy...then in Pons if it is top to bottom brain part then, Top? Top of Pons is location of Syphillus in brain stem area back of head above Medulla Oblongata...

possible:excess Hydrogen no , excess Nitrogen yes...

The Mumsy The Jabberwocky was here...

Dr. Seuss, T.S. Eliot, Dum Dada Boom the Thunder said, The Jabberwocky...I don't like green eggs & ham...UTSAV?

What "triple negative" or "triple positive" means in cancer talk as it relates to the grove body part chart?

by Sari - Monday, March 09, 2015

<http://grovecanada.ca/what-triple-negative-or-triple-positive-means-in-cancer-talk-as-it-relates-to-the-grove-body-part-chart/>

-So triple negative means that your treatment plan will not address your cancer very well if it targets the traditional 3 places to attack cancer, which are, the liver, the adrenal gland & the spleen...

-triple negative means your attack will not work very well if it attacks Phosphorus, calcium or hydrogen excess...

-triple negative means your approach to your cancer will not work too well if you take Coppers, Iodines, & Oxygens, because your tumor didn't show many markers for that...(But to be on the safe side, still include those things in your attack, just make sure if you are triple negative that you address the OTHER body parts on our chart...

Choose all the MINUS elements on our Chart to DETOX the body parts one by one...

Most cancers respond to cleaning out the Liver, Adrenal Gland & Spleen...This reflects the fact that birth control drugs hit the Liver, Adrenal Gland & Spleen the hardest & are responsible for the vast majority of cancers today...(MY OPINION based on facts that I have read over many years...But this is MY OPINION...)

However there are some cancers that are not directly related to birth control drugs...Thus they don't respond to traditional chemo because traditional chemo is like a birth control detox program...Copper, Iodine & Oxygen...Think Ginkgo Biloba, Kelp, & Apricot Kernels for those 3 things...In that order...

But if your cancer is Iron heavy, like leukemia...If your cancer is cholesterol heavy like a lung cancer...If your cancer is lead heavy like heavy metal Lead poisoning...Then you need to address THOSE body parts(organs)...

For Iron(irish people tend to be heavy in Iron), you need Manganese...For Aluminum(cholesterol)you need Titanium(like CBD oil or Frankincense or Mistletoe or Statins)...For Lead excess(old lead pipes & your water is poisoned), you need Zinc(Vitamin D3 or Ginger root or Ginseng or Wormwood Hops)...

Depending on what you eat especially, you will know what your Cancer is made of...

You eat alot of bread? It's in the Kidneys & you need carbon(oils or baking soda)...

Eat alot of sugar? It's in the Pancreas & you need a Selenium like garlic or Cayenne pepper or Myrrh

oil(Opoponax is a good variety)...

Eat alot of pork? You need to address your Gallbladder with Magnesium...Epsom Salt baths are nice for that...

Are you working near an open wood burning fire alot? or do you smoke regular cigarettes with the paper attached?(not an e-cigarette which has no paper & is a clean burn) You will have Bismuth(ash) excess...You need Fluorine(just drink your overfluoridated tap water for that...or use fluoridated toothpaste...)

What did I do when I got Cancer?

by Sari - Tuesday, June 14, 2016

<http://grovecanada.ca/what-did-i-do-when-i-got-cancer/>

My DIY chemo was:

1/3 cup Licorice root(Coppers eat estrogens/Phosphorus which cancer feeds on), 1/3 cup Mugwort(Manganese eats Iron which is a component of benign & malignant tumours), 1/3 cup Madagascar Periwinkle(Iodine or Vinpocetine is used in real chemo & eats Calcium which shrinks the size down)...

I did 50,000 iu per week Vitamin D3...

Humaworm...

Bloodroot capsules...

Two Feathers black salve internally & topically(will resume in the fall when summer bikini weather is over here)...

Hepa Plus by Usana(for Oxygens, Liver)...

Apricot kernels (Oxygens),

Camu Camu powder,

Raw plant based diet based on Helen Hecker's book <http://grovecanada.ca/wp-content/uploads/2016/03/22My-Raw-Food-Diet-Cure22.pdf> ,

Walking 10 km a day(if I was able),

Boron(you can also take small flower Willowherb for Boron),

Fluorine(gargles with fluorine mouthwash but you can take Moringa Oleifera for fluorine),

Magnesium(oral & regular Epsom salts), Cannabidiol (didn't do much for me but not negative),

Frankincense,

Lymph detox salve <http://www.anarreshealth.ca/product/deodorant-detoxifying-cream>,

Opoponax(Myrrh family),

Potassiums (stevia is a potassium by the way, as is Xylitol, as are Hawthorne berries & Graviola),

Hemp oil & hulled hemp seeds,

Apple cider vinegar,

Ruby luxe infrared lightbulbs,

Moxibustion treatment,

blood cupping,

acupuncture,

lymph detox massage,

Nutmeg,

Iodoral,

Liquid kelp & seaweeds,

Japanese food & fish & seafood when I had to cheat (B12 deficient after 6 months raw)....

Garlic pills &

pancreatic enzymes & sriracha sauce,

Plenty of oils,

horseradish mustard,

suntanning with coconut oil,

tanning salon visit in winter when I had pneumonia,

coffee & tea & cold brew coffee & (Fused instant Coffee by Rain)

plant caffeine(green powders),

Pranin B powder(guava, lemon, spirulina, chlorella, holy basil),

Heavy metals Defense powder(health ranger store)...

I had IDC Easter 2014...3.5 cm lump...

Do It! Pearson Medicine by artists Joseph & Sam GROVE <http://grovecanada.ca> | 1

6 months later, with my own imaging, <http://grovecanada.ca/nidinon-invasive-diagnostic-imaging/> I felt it was benign...

But I continued, to make sure any circulating cells were killed- but I was more relaxed after 6 months...

It is now 2 & a half years later, & I have a benign lump that I will try again to eject this fall with that Two Feathers black salve...

It is able to pull up a benign lump- unlike the other black salves(which I did try)...

I tracked my ideas & research along the way on my blogs & in some of my books(free on my site at <http://www.grovecanada.ca>)...I also leaned on people in my small group called DIY Cancer Repair Manual...

I may have missed things- I tried so many- I am mostly noting the things which were solidly good...

Things I forgot to mention I will add here:

Castor oil(drank it!)

What does Iodine do if you have a tumour & how do you take it?

by Sari - Friday, May 27, 2016

<http://grovecanada.ca/what-does-iodine-do-if-you-have-a-tumour-how-do-you-take-it/>

Grove Brain Body Part Chart

The Iodine family antagonizes calcium...Tumours, whether benign or malignant will contain calcium...So Iodine is crucial to making tumours smaller...Smaller does not mean that it changes the chemistry...

It just means smaller...A smaller tumour can still be dangerous & have cancer present...Most people in this day & age are Iodine deficient & calcium in excess...Progesterone drugs like birth control drugs increase calcium levels...

But water supply in certain geographical areas can just be naturally high in calcium chloride-Minnesota's bedrock near lake Superior is very high in calcium chloride...

if you check your water, you may find it is naturally high in calcium...This can cause tumours...Old style photography chemicals were also high in calcium...

Herbals like Chasteberry Vitex are calcium plants...For Iodines you can get liquid forms at health food stores, they will often contain Kelp & seaweed...

These actually absorb very well & are less harsh on the stomach than more concentrated formats...You can also eat kelp & seaweed...Iodoral is a pill which is convenient & comes in 12.5 mg or 50 mg doses...You can use a pill splitter to lower the dose...Some people have found the Lugol's can burn the throat-even diluted in water...

Madagascar periwinkle is an Iodine herb-as are the periwinkle herb family...They say the madagascar variety of periwinkle is the strongest-& they use that one in chemo...They call it Vinpocetine(the iodine part)when they refer to that herb's chemistry...But you can also buy Vinpocetine in a pill for convenience...Vinpocetine again acts like Iodine but is gentler on the stomach...Poke root & red clover are other iodine herbs...

Essiac tea, the 8 ingredient kind, contains Iodine herbs...If you want to start something fast, you can just drink a healthy dose of Liquid kelp daily-which is readily available at health food stores...

It is easy to spike a drink with liquid kelp...

(It does taste a little kelpy so drinking it straight is a fast gulp)...You can also get kelp pills...Since most people are very deficient in Iodine, a layered approach is solid & more complex...Take a few different kinds...Eat seaweed salad...Roasted kelp snacks...Sea vegetables like Arame are delicious with corn niblets, onions, & tomatoes, & drop of sea salt...



What have YOU been taking on your anticancer path? be careful...

by Sari - Saturday, July 23, 2016

<http://grovecanada.ca/what-have-you-been-taking-on-your-anticancer-path-be-careful/>

I was asked about someone's protocol this morning...An anticancer program...I thought I'd post some of my notes for others to see...

NOT(probiotics): Are you taking probiotics because you previously were on antibiotics? Probiotics are not specifically a detox element- they are usually to repair & feed because a deficit was created previously...I mention this because they are in the Phosphorus family- which works exactly opposite to the Licorice root you are taking...They may hamper progress...

NOT(cod liver oil): Cod Liver oil is another feed & repair element...Not detox...The high levels of Vitamin A in the cod liver oil can have a detrimental effect on your progress...(unless you are bipolar, then you need them)

Yes(Magnesium): Magnesium is awesome- cleans Mercury from your gallbladder...Excellent...

Not so much:(Multivitamins):Multivitamins can be iffy- depends on the ingredients- they usually are high in vitamin A which is not useful to you right now...Iron you don't need either...

If you must/Red wine at a wedding:If it is very expensive fabulously dry red wine & you just have to have a glass, do...If it is cheap sweet plonk, pass...Not worth the grief...The better reds are high in Oxygen, cyanidins...Later eat some apricot kernels or B17, & swallow some pancreatic enzymes or selenium to lower your Hydrogen & blood sugar levels...Do an extra long walk tomorrow to make up for the extra food you will cheat with...(smile)

About cheat days: You Have to cheat once in a while...Like once a week...Day of rest...So don't beat yourself up over it...Just know what you ate & know how to fix that...

Ok, so the Plus elements on the Chart are things you might cheat with...

Their corresponding Minus element is what you take the next day or later that night to fix the cheat...

Lead is in red meat-use Zincs to clean that up-so megadose vitamin c or d3 or eat ginger root for zincs...

Iron is in chicken-use manganese to clean that up...

Like Flaxseeds, nuts, seeds, nutmeg, bloodroot capsules or tonic, mugwort herb or incense...

Aurum is B12- like fish & seafood...Use potassiums for that...

Hawthorne, graviola, stevia, artificial sweeteners are high in potassium too-so sugar free chocolate actually is high potassium...

Nitrogens are glutens like bread or pasta...Use carbons which are all oils or baking soda...

Sugars are cleaned out with seleniums like garlic, pancreatic enzymes, cayenne pepper...

Hydrogens like liquids are removed with Oxygens like apricot kernels...

Calciums like milks are removed with iodines...

Cheese are Phosphorus & are removed with Coppers like licorice root...

Pork is a Mercury so remove with magnesiums...

Barbecue ash or soot is a Bismuth-remove with Moringa oleifera a fluorine-or gargle with listerine(fluorine)...

Beans & hummus the pulse family is molybdenum & is removed with Boron like small flowered willowherb , boron supplement, Borax diluted in water.

Oh Aluminum is cholesterol things like eggs & souffles...Remove with Titaniums like your frankincense cream, hulled hemp seeds, cbd oils...Vanilla beans, comfrey, chamomile, mint...

Ok so some more notes on what to take or not to take as anticancer remedies(I went through someone's program & sorted through what was useful & what was not...Thank you anonymous person for letting me share my notes about this with others...):

Mushrooms & their extracts are NO(Beta Glucans): • Ok, so mushrooms are Nitrogens...A PLUS item on my chart which means they feed & repair...Provide stamina & build neurons...However...Mushroom are not a detox item...

High dose Vitamin D3: Great! (Zinc on my chart)

Boswellia(Frankincense):Great! (Titanium on my chart)

Vitamin K2(NO):don't take anymore K2...It acts like calcium...

Liposomal(or other) Vitamin C:Great(zinc on my chart)

B12(NO):You don't need B12...Unless you are B12 deficient...But even then...B12 is also a PLUS

element...Gives energy, feeds & repairs...But not a detox...(Aurum on chart-Heart)

Artemisinin(Wormwood):Great...Artemisinin is a zinc...(Thyroid)

Black seeds & Black seed oil: Great...Manganese on chart(lowers iron in blood...)

Curcumin or Turmeric: Curcumin or turmeric is another Zinc...great...but you can eat ginger root too because it is cheaper...zinc family too...

Quercetin: great...also Zinc family...

N A C N-acetyl-cysteine: n acetyl cysteine is a memory builder, repairs muscle & wounds...Not detox though...(aluminum on chart)

DIM: Dim is in the selenium family...The active ingredient...sulfur...great...

IP6, Inositol, Pancreatic Enzymes: these are also selenium family that lower blood sugar...great...(pancreas)

Probiotics(not): probiotics are phosphorus...Not detox at all...Spleen...

Moringa Oleifera powder: • moringa is a fluorine & great! (cleans Colon)

Wheatgrass & Spirulina powders: great...wheatgrass & spirulina are Coppers, clean out Spleen great...

Iodines: (YES):Iodines make me tired too...Depressed...I keep Iodoral pills on hand for when I feel like taking Iodine...It is tough to take...

Cannabis oil(Cannabidiol or CBD OIL)-Cannabis is a Titanium that lowers aluminum cholesterol...Good...Has many side effects & often is pricey & slim improvements...Makes you sluggish, constipated & lazy to exercise...memory loss...It's ok...You can also have a giant bowl of hulled hemp seeds for breakfast...Eat Mint & Vanilla beans...Take Holy Basil...Anoint with Frankincense...I didn't last long on cannabidiol...I hate constipation! (Plus I couldn't edit my books-memory loss)(also stopped exercising...)Good for people who tend to have high Cholesterol...People with low natural cholesterol don't benefit as much...

Essiac tea: essiac is good, not too strong though...but good...

Apricot Kernels: • apricot kernels are Oxygens...Perfect!(20 -40 mg per 10 lbs of body weight per day B17 pills, or 1-2 kernels per 10 lbs of body weight)

Essential Oils: Frankincense is Titanium great, Myrrh is selenium great...Thyme is also Titanium...great

Diet raw organic vegan: raw plant based diet is what I always recommend!

Large amounts of juices: Note:Hydrogen is a PLus element & is found in liquids including water &

Do It For Your Health by artists Joseph & Sam Grove - <http://grovecanada.ca/>

juices...Hydrogens neutralize Oxygens(ie your apricot kernels)...Large amounts of juicing can increase Hydrogen which is not good...Juices can also raise glucose levels quickly...I don't usually recommend large amounts of liquids... (including water)(water is a food)

Black pepper, & Olive oil: black pepper is a selenium great...olive oil is a carbon also great

Nuts: Nuts are manganese eat as many as you want all day long...

Organic goat cheese:Goats cheese is a phosphorus...not good, don't...

Eggs: (eggs are aluminum cholesterol-go easy on them, as a treat more)

Pulse family(chick peas, hummus):(pulse family chick peas are molybdenum-take more Boron or small flowered willowherb with these(Boron)

Sweet potato: (sweet potato is an aluminum, fine...not detox, but you gotta eat!))

Fish:(fish is B12...good cheat food because of the Iodine...The B12 you can lower with potassiums later...)

Red Meat: (red meat is Lead family...)

Red wine: (good red wine has some Oxygens which are good, but sugar & hydrogen not so good...If you indulge, use Minus elements after to subtract...so seleniums & oxygens)

Potatoes: (potatoes are Lead family...not the worst though...salt free ones are better...raw potatoes are nice & crispy...)

Coffee:More than 6 cups of coffee a day is very medicinal...Go back to coffee...It is a Copper...Kills cancer specifically...(I use Fused by Rain instant coffee-you can dump into a smoothie too-just the grains)

Exercise like walking the dog:Give your dog extra rewards for joining you...

What if you wanted to try to do your own chemo with things you could buy yourself?

by Sari - Monday, January 19, 2015

<http://grovecanada.ca/what-if-you-wanted-to-try-to-do-your-own-chemo-with-things-you-could-buy-yourself/>

So the new thing in Cancer treatment is called Neoadjuvant therapy...What that means is maybe they give you chemo BEFORE you have any surgery to see if they can shrink or disappear your lump...

A lady went to Marseilles, France to the breast cancer centre there, had only 2 of the scheduled 8 neoadjuvant chemo sessions, & her 6.5 cm lump disappeared...She stopped the treatment, went home & started a raw plant based diet & exercise & added some herbs & stuff & didn't have any surgery...

So what if you cannot really afford to go to France for their chemo? Or what if you want to try to mimic what chemo does but with things you could source yourself?

I went to the site chemoth.com & looked at the page called type of chemo...There are 7 categories on their page...

So I analyzed each category, & broke that down to what the active element is, using our [Grove Body Part Chart as a reference...](#)

Then I added to the list, which real world Alternatives I had tried & were useful & easy to get & there was research supporting its use, to each chemo element...

So say you wanted to build a DIY chemo protocol for yourself using all 7 elements of a regular chemo program...Get all 7 elements from my real world alternative list, & start using them every day...

Add that to your raw plant based diet, your daily 1-2 hour long walk, your morning Ginger root tea(for the Vitamin D-it is in the Zinc category on our chart), & you have the beginnings of a healthier body...

I have taken all of these alternative things myself, although I have been a little slack in taking them all at the same time or taking them on a regular basis...The Iodine things make me so tired I don't have the energy to exercise, & the Mugwort herb lowers my Iron so much I feel really sluggish too...The Hemp makes me a little bit kooky...I was fine with the Licorice root until I took too much & started feeling wildly emotional in a painful way...

I know intellectually all of these things work, I just need to get my act together & do it...I guess when you get chemo given to you at a hospital, you don't really have the ability to take it in small doses when you feel like it...

Anyways...I guess this post is as much for myself as for others...

For example anastrozole is an aromatase inhibitor which means it inhibits Phosphorus(estrogen) in the Spleen...The active element in that type of chemo should be COPPER(because Coppers inhibit Phosphorus)& a real world alternative might be found in Licorice root tincture or Ginkgo Biloba...

**Comment:Candida or Thrush is an excess of Phosphorus in the Spleen which manifests as a slimy feeling on the tongue, the tongue can have a whitish deposit on it too-like cheese...Fluconazole is a drug that treats Candida...Theoretically, Fluconazole & Anastrozole should be chemically similar-both attack Phosphorus so should be in the Copper family...(but I suspect that Fluconazole is actually a Fluorine based drug-now that I had to take some recently...Will update this post as I take a second look at some of the things I said earlier here...Sari Grove update comment July 12, 2015)*

New IMPROVED Grove Body Part Chart(notice GENDER is number 12 body part-that means the nasty bits, female, male)

Update march 11, 2015:

<https://www.facebook.com/groups/DIYCancerRepairManual/> Please join us Do it yourselfers, the group is called DIY Cancer repair, all are welcome...

More chemo alternatives:

adriamycin/doxorubin=anthracycline antitumor antibiotic=Selenium family on our Chart(pancreas)for people who ate alot of sugar...

Herceptin (trastuzumab), HER2 Positive (breast & stomach they use it for now)is:OXYGEN family on our chart(LIVER)for people who drank alot of water or alcohol or swim or live in Vancouver in the rain or scuba dive or are fish...

What is the lump under the skin made out of? (Her2+? Pr+?) Seeing under the skin using Fotoflexer.com to determine biochemistry...

by Sari - Friday, June 24, 2016

<http://grovecanada.ca/what-is-the-lump-under-the-skin-made-out-of-her2-pr-seeing-under-the-skin-using-fotoflexer-com-to-determine-biochemistry/>

1 Upload Picture to Fotoflexer.com

2 In BASIC:Choose ADJUST

3 SLIDE HUE slider all the way to LEFT, slide Saturation slider all the way to the RIGHT, click Apply Done!

In EFFECTS:Choose HEAT MAP (**Note:Click the MORE button at the top right corner to see more choices including the Heat Map choice**)

APPLY heat Map

Choose COLOR ROTATE in EFFECTS (to the left a bit of the Heat Map choice in horizontal choices bar)

APPLY (Color Rotate)

Your resulting picture in Fotoflexer.com, what the colours represent...

Hormone Receptor Status:estrogen is purple in Lunapic(Do Fotoflexer edit for progesterone calcium & hydrogen Her2+or-)

[The free book DIY Cancer repair Manual explains the colours better...](#)

[How to look for the presence of cancer in Lunapic.com](#)

[Tracking size change using Pixlr.com/editor](#)

[Videos with the three edits, step by step...NIDI \(it is called\)...](#)

[All 3 NIDI methods on one page!\(size, chemistry, cancer\)](#)

What to do if you discover a totally wrong, false, just incorrect, bad, Clinical Trial?

by Sari - Friday, March 13, 2015

<http://grovecanada.ca/what-to-do-if-you-discover-a-totally-wrong-false-just-incorrect-bad-clinical-trial/>

You send them a letter by email to complain, correct & ask for a correction, an apology, & damages...

Dalia Somjen...

From:

"Joseph & Sari Grove" <grovecanada@fastmail.fm>

To:

limor@tasmc.health.gov.il

Cc:

grovecanada@gmail.com

Date:

Fri, 13 Mar 2015 9:04 AM (less than a minute ago)

Show Raw Message Show full header

Dr. Rona Limor

Role

Director

Unit

Endocrinology Research Laboratory

Email

limor@tasmc.health.gov.il

Hello...

A person here in North America quoted to me something she read online...

She said that Licorice root is estrogenic...

I told her this was false because Licorice root acts like Coppers by eradicating Phosphorus from the Spleen...

That estrogens act like Phosphorus, thus Coppers like Licorice root ANTAGONIZE estrogens...

It is not rocket science & there are many studies on the effects of Licorice root to support it for an anti-cancer therapy...

But Somjen D, who was the lead on one trial says that Licorice root is estrogenic...

The study is obscure enough for most readers to miss...

But apparently some have decided that licorice root is estrogenic, which is False...

I am not sure why this trial came to that reverse conclusion & I am not sure if the source of the bad information is this particular study, but I'd like some answers...

This is coming out of your laboratory & you are potentially killing someone who is already starting to die from ovarian cancer that is progressing...

She is "Alternative" so drugs cannot be recommended or given...She needs a Copper to stop the spread, & the best one I could offer was Licorice root because it works & is affordable enough for someone out of pocket...

But your study or a study just like yours has put out the word that Licorice root is estrogenic...

I also found a list that includes licorice root, Dong Quai & several other very effective anti-cancer Chinese herbs...

If this is political or religious in nature then I advise you to cease & desist...

Medically, the Chinese have been treating cancer very well for centuries...

If there is religious bias in your studies or conclusions you had better put your lab technicians in step...

There is no room for racism in clinical studies if this is the case...

Furthermore, the conclusion of that licorice root study suggests it could be used to donate extra estrogen to post-menopausal women...

This is an entirely ludicrous proposition...

Just because you are in Israel & I am in Canada, does not mean I cannot fly over there & ring someone's neck for putting out a flawed study...

I have been to Ben Gurion University of the Negev, & I am quite aware that there are better laboratories in Israel than the ones in Tel Aviv...

Sari Grove

p.s. I'd like to see a correction of that licorice root study being made public, an apology, & possible damages for any harm that already occurred or will occur...

Have a nice day...

Joseph & Sari Grove

<http://www.grovecanada.ca>

(Our website with access to our books for free!)

Comment:

"I'd like to address 2 things, because they are important..."

1)**Phytoestrogens & estrogens are not the same thing** & I have found studies & research online that confuse them-probably due to the fact that the researcher's native language is not English...

I am seeing on the internet lists of anti-cancer medicines being listed as estrogenic-in particular the Chinese herbs...

This new "factoid" that we are seeing is that THC is estrogenic...This seems to be a conclusion made by people whose "problem" has progressed after taking cannabis in whatever form or oil or whatever...

Now there are plenty of studies out there that have established that cannabis has PHYTO-estrogenic activity-meaning that it attacks cancer...But here we have people saying that cannabis could be estrogenic, or thc is estrogenic, or the butane or whatever, & I think this is dangerous to say...

JUST because cancer has progressed does NOT necessarily mean that it is caused by medicine you are taking...

Ovarian cancer is particularly stubborn, & if you don't take the thing you need, or the surgery, or the chemo, or the radiation, or whatever Alternative herb, then the thing could progress...

I am not sure that we can link cannabis with high thc to cancer progressing just because someone has made that conclusion...

Cancer can progress in spite of doing something that may be right...which comes to my next point...

2)**Ovarian cancer is hard to get rid of...We know this...**

People who have gone through the traditional route-surgery, chemo, radiation, tamoxifen, have made it through, but it was difficult...This was with very strong techniques that are very dangerous to take...

Alternative medicine is my favourite, but it will have to be targeted & very very strong...

Probably expensive...**I usually opt out of traditional medicine if I can, but in this particular case, it might actually be wiser to get some strong real chemo...**

[Or figure out a DIY chemo program & do it yourself...](#)

Either way it is going to have to be a nuclear attack...In this case..."

What to do now if you have cancer...

by Sari - Friday, July 01, 2016

<http://grovecanada.ca/what-to-do-now-if-you-have-cancer/>

Anticancer chart by Sari Grove

Corrections:(August 2017)- Ok, so Licorice root extract brands have proven to be highly variable...It is safer & cheaper to just buy a bag of raw Licorice root, & simmer in boiled Spring water for 15 minutes & drink...

Next correction: Ginkgo Biloba turns out to be Not in the Copper family, but in the Aluminum cholesterol family...It boosts memory...Raises cholesterol for those who have deficiencies like retinitis pigmentosa...Similar to aloe Vera, bentonite clay, zeolites- Ginkgo Biloba appears to be a detox element, but is in fact more repair & feed...Use for Alzheimer's...Sorry about the mistake...I know some have been using it as a Copper...I did too...

1)Ok...So I can take a look at how you are doing...[By editing a photo that you take...](#)

2)I usually start with a photo...I edit it in 3 different programs...That gives us a place to start from...

3)The first thing I recommend for spread, including bone metastasis, is Licorice root...The extract format is the strongest...It stops spread & reverses it...If you have a health food store near where you are look for St Francis brand or Orange Naturals...If you can get some quickly, start taking that fast...

4)People have begun with half a bottle day of the St Francis tincture for 10 days...That will nip things in the bud ...

5)Concurrently if you can get some B17, or apricot kernels, that deals with the bones specifically...

6)Licorice root is a root...Not a candy...

7)How much do you weigh?

8)You can grind them in a coffee grinder & mix with unsweetened applesauce for taste...at 135 lbs, you take 1-2 for every 10 lbs of body weight...So you can take 13.5 a day or more...(start with 13.5)Apricot Kernels...

9)You will also need Iodines...Iodoral to start...

10)It is a pill form of Iodine...Start at 12.5 mg a day & work your way up to 50 mg a day...

11)While waiting for your order, get some liquid kelp locally & start guzzling it...Large amounts...You need heavy loads of Iodine...

12)When you feel detox symptoms, you can drink pink Himalayan salt with water to handle that...(if you overdo the iodine)

13)Order Humaworm antiparasitic , the 30 day treatment ...To kill the parasite...Affordable...Their Humana tea too...

14)The Licorice root eats estrogen...That's why...

15)If you can also get bloodroot capsules from Zenith herbals...They take a while to ship but are very strong...Doublestrength...

16)Alternative medicine is much milder than regular medicine...The only danger is that you don't take enough...

17)The Licorice root is for the estrogen...Iodines shrink tumours...Which is different

18)The apricot kernels will deal with the bone areas...Some of these creatures feed on Hydrogens- the kernels are Oxygens, cyanidins, which dry up the hydrogen areas & starve them...

19)Each supplement you take will target a different body part...

20)

21)(I thought Licorice root was estrogenic?) No...internet Mumbo jumbo...Licorice root kills the parasite...Very specifically...

22)It lowers Phosphorus which is estrogen...Causes phenotypic reversion where malignant reverts back to benign...(Licorice root)

23)After you kill the parasite, then you can repair the bone...(bone metastasis)...But you can't start repair until you kill all parasites...

24)Which is why the Licorice root goes first...Humaworm antiparasitic contains it too- which should be taken as soon as possible too...Because there may be progression, you will need the antiparasitic too...The Humaworm.com is the strongest recipe...

25)How long should it take? As long as it takes for you to order, wait for shipment, & start taking things...This has to be done quickly...The faster you start, the faster this will happen...

26)Depends on you...

27)Raw plant based

diet...<http://grovecanada.ca/wp-content/uploads/2016/03/22My-Raw-Food-Diet-Cure22.pdf>

28)Bone is made of several things...Once you kill all & any creatures, you can carefully start to repair damage...It is dangerous because the things that repair are also food for parasites...If you kill the creatures/ cancer first, the bone will naturally be able to start repairing itself...That is a first step...Remove the thing that is chewing on the bone...

29) to be continued...

30)If you have EVER taken a birth control drug, Fertility drugs, any kind of progesterone including cream & natural forms, then you need to REMOVE that from your body now...The 3 things that do this are Ginkgo Biloba , Vinpocetine(Iodine family that removes progesterone Calciums & thus shrinks tumours), & Butcher's Broom(Oxygen family that lowers Hydrogen in Liver & thus reduces necrosis & Hypoxia areas as well as stopping bone metastases)...

Butcher's Broom is famous as a heavy metal detox herb...

31)Pitcher plant is in the Zinc family that removes Lead...Use for melanoma, smallpox, staphylococcus, streptococcus,Lead poisoning, pneumonia, multiple sclerosis,lupus...

32)here is an example of a simple protocol that covers each body part systematically: (each Minus element on grove body part chart)

ginger root-Zinc

bloodroot-manganese

white Willow bark extract- titanium

stevia- potassium

Castor oil- Carbon

ginseng-Oxygen

kelp- iodine

licorice root-copper

magnesium- magnesium

moringa oleifera- fluorine

small flowered Willowherb- Boron

33)

34)So don't forget to take some Magnesium...

35) Make sure to take some Selenium too: that family includes Pancreatic Enzymes, Garlic pills, or just eat tons of garlic both raw & cooked (raw is much much better)

36) Get your spouse, boyfriend, girlfriend, family, on board... If they eat healthy & exercise too that helps you... If they don't, that hurts you...

Where I got my CBD Oil in Canada, & what did I discover about its effects...

by Sari - Monday, May 25, 2015

<http://grovecanada.ca/where-i-got-my-cbd-oil-in-canada-what-did-i-discover-about-its-effects/>

My review of CBD Oil from Buy Weed Online .ca

"I tried & tried to source CBD Oil (Cannabis oil), to address a breast lump(DCIS is what it is called by diagnosis)...Found out the oil, which is low THC(no stone), is not yet legal in Canada, though smoking it for pain use is...But eating it, as an anti-cancer treatment, has not been made legal yet...

I finally found buyweedonline.ca as a source, & I am just so grateful...

What was unbelievably wonderful was getting a phone call, just moments after signing up with my details...Ronald McChronald spoke to me at length & straightened out for me what I was needing...Other companies had implied hash oil would work, which was NOT what I needed...I just didn't know the difference between all the choices, & Ronald patiently explained the processes & the rationale behind using his Cannabis Oil-people using this medically aren't wanting to feel stoned, because many are beginners with pot & cannot handle all that psychoactive stuff going on...

Besides getting me the most high quality CBd oil, 2 short days wait from Vancouver to Toronto, Ronald made sure I was going to take it correctly-I microwave a bit of peanut butter, then stir a nail's head's worth into the hot fat, then eat with a tablespoon...(You need a bit of fat for the CBd oil to be absorbed by your body)...

Well, besides all that, Ronald took the time to look at my website(because I mentioned I'd be documenting the progress of the CBd oil on my lump), & he helped me to fix a massive flaw in the Menu (an updating Wordpress glitch I had not noticed)...

Ronald gave me some solid business advice for my own career, which has helped me to kickstart some new exciting projects, but also altered my own mind paradigm...

Ronald is a brilliant business person, genius perhaps, but also kind & generous...Interacting with his company impressed me so much in so many ways, I consistently mention Buy Weed Online .ca whenever someone in own medical Facebook groups(I joined several when I was faced with this question Easter 2014) asks for a source for CBD oil or marijuana for pain...

Results?

As has been shown in Clinical trials & anecdotal evidence, CBD oil consistently shrinks tumours, & mine was no exception to the rule...

Myself, I developed a DIY Mammogram/Thermogram method, where I could see a lump using a digital camera & a photo editing program...(those who want to try their own DIY thing can see instructions on my site at grovecanada dot ca if you'd like-my books are free there too if you want to read)...

So I can really see size & chemistry changes right away...

The CBD oil works right away...What I was able to see, is even after just one use, the very next day you will observe shrinkage & chemistry change...In terms of chemistry change, I see an immediate lowering of cholesterol levels in the lump...I can see that because in my photos, different chemicals show up as different colours, & I have learned to identify what colour ring in the picture is what element...

So the effect of cholesterol lowering is immediately evident...Which is important because cholesterol feeds lumps...

It is also interesting because people with high cholesterol could use CBD oil to address that problem... In terms of side effects, I noted the CBD oil seems to have the same side effects as statin drugs, painkillers & also the same as Frankincense(Boswellia) capsules-which are all in the same family... These were-sleepiness during the day, extra hungriness for high protein food, & some constipation... For someone preventing or fighting cancers, knowing the side effects should help people to avoid them by-

- 1)taking breaks in the protocol so you get some daytime exercise...
- 2)taking some breaks so you don't stray too far off your raw plant based diet(many like this for cancer treatment)
- 3)taking breaks to let your poop schedule come back-& also maybe add a shot of flaxseed/canola/olive oil with lemon juice or apple cider vinegar in the morning to offset the constipation thing...

Conclusion:Buy Weed Online .ca has been a life saver for me...Ronald is a wonderful entrepreneur & I predict more great things for this person...CBD Oil is definitely a boon for women trying to get rid of DCIS breast lumps non-surgically...

Update:The full recommended protocol for the CBD Oil is actually quite intense...About 60 grams in 90 days is what has been mentioned in studies...Myself, I took only 3 grams of CBD Oil initially, in order to see if it worked or not, & what the side effects were...It did work for me...However, I was not at the stage where I was ready to do the full protocol...Possibly because I think it might cost me about \$3,000.00 right now, & also maybe because I am slightly fearful about memory loss, or maybe becoming a recreational user(no judgements here)...Since walking 10 km 3 times a week, & a raw plant based diet are important to me, I was maybe afraid that I would stop both...Or maybe it was the constipation-which for someone who is prone to that anyway, is not healthy...

But I really think this thing is right for people who have pre or actual cancers...The Low THC CBD OIL...I think Buy weed online .ca is the best source here in Canada...I love paying by online etransfer & I love not having to meet someone in person in a scary neighbourhood...I love getting a clean package in the mail like a normal person...

I may do the full CBD oil protocol in the future...When I am ready...If that happens, I know who I am ordering from...Until then, I can only recommend...& I do...

Thanks so much Ronald for being there for me at this difficult time in my life,
S.G."

[DIY Thermogram](#)

[DIY Mammogram](#)

[Heal Breast cancer Naturally](#)

CBD Oil is TITANIUM on our Chart

CBD Oil acts on the PARIETAL lobe on our Brain chart...

Note: I noticed the CBD Oil from Buy weed online .ca has an affinity for the Brain...(you can feel it)...I know someone whose wife took the CBd oil for a whole year & eradicated her brain tumour...I believe it because it really acts on the brain...

While waiting for my bloodroot capsules & black salve to arrive, I made my own salve to apply to a "lump" area...

by Sari - Wednesday, July 08, 2015

<http://grovecanada.ca/while-waiting-for-my-bloodroot-capsules-black-salve-to-arrive-i-made-my-own-salve-to-apply-to-a-lump-area/>

My blood root capsules from [Zenith herbals](#) ship from Malaysia...Their Black salve ships from Australia...I'm in Canada...So, while waiting, I felt like making my own salve of sorts...I'll post results if I get any! At the very least it will give me practice applying a salve, putting a gauze or something on it(I used those circular cotton squares women use to remove make-up-then put on a snug tank top with a shelf bra attached inside it to hold it all in place)...

Sari's experimental Salve to apply topically to the breast lump area...(or wherever you have a lump)...

Organic Corn Starch 1 teaspoon

Baking Soda 1 teaspoon

organic vegetable Glycerin like 2 teaspoons

Those first 3 things are the base for your Salve(or even Lymph node detox deodorant)...

Then really add whatever you want...Essential oils are nice too like pink grapefruit, clove, orange, lemon...

This is what I used today...

Iodoral 3 x 12.5 mg tablets crushed on a plate with the back of a spoon (Iodine)

Manganese 5 x 10 mg tablets crushed (manganese)

Wobenzym (it's a pancreatic enzyme tablet-basically it's just garlic mixed with papaya) 3 crushed tablets(Selenium & Zinc)

Boswellia capsules emptied 3 (from AOR) (titanium)

Vitamin D3 50,000 iu x 2 emptied capsules (Zinc)

See on our Chart what those elements do in the body(& brain)...

Update:Turns out my homemade salve shrunk my breast lump & an added benefit was that I didn't have to take any of the detox supplements internally...This is very important to me right now, because after a year & a half of biotherapy(supplements, diet, exercise), I can't really take too many more whole body

Do It Yourself Medicine by artists Joseph & Sam Grove - <http://grovecanada.ca/>

internal supplements...I lost 50 lbs & cannot really lose much more...Plus the detox stuff can mess with your mind & emotions...Also make you have your period all the time, or just throw you into early menopause...So using a topical salve is a nice local treatment & more powerful than one would assume from a topical...

**On a sideways note, here is a comment I made in a Facebook group to someone who had not had any surgery & whose breast lump was getting out of hand...*

"Hello...First for pain relief, if you heat some coconut oil, add some CBD oil to that, stir very well while hot, then add some Vitamin E to that, & freeze, you get a nice topical pain relief formula that you can apply directly...

This comes from a post yesterday in the Black Salve Discussion Group...Ok, next, you need to be taking a strong Iodine daily if you are not...

Iodine antagonizes Calcium which means it shrinks the benign base which is what these things actually are mostly made of...The Cancer portion of most tumours is much smaller than people think...

Layer several Iodines, like Iodoral 12.5-50 mg a day(work up to tolerance), Kelp tincture, Vinpocetine capsules, Fucoidan, Seaweed, Poke root tincture-Iodine is crucial...Next or maybe even prior, you need a series of Coppers to stop & reverse spread...

There are many powerful Coppers that Chinese medicine uses to antagonize Phosphorus spread, which is what malignancy is made of...

I am going to say two powerful ones, & if you Google them, it may say that they are estrogenic...That is not true...There seems to be a huge amount of false information regarding traditional Chinese medicines for cancer, & that they are estrogenic...

Not only is it false, it is entirely the opposite...Coppers are used in most Chemotherapy protocols...Licorice root tincture, capsules, the herb itself swallowed raw, or boil the herb for a very strong tea...It causes Phenotypic reversion which means it reverts cancer cells back to normal cells...

I took it for over a year so I am not just giving advice because I Googled it...I also wrote 5 books after my own diagnosis, to document all the things I figured out & tried-which are free to read on my site...Anyways...Ginkgo Biloba is a Copper too...Very powerful...You can also just take a strong Copper supplement, but sometimes they don't absorb that well...But if the whole "estrogenic" stuff written falsely about Licorice root scares you, then go for regular Copper supplements...

But get some Copper...Green tea & any any catechin extracts are also Coppers...Iron is another component of both benign & Malignant...Iron is antagonized by Manganese...Mugwort(Artemisinin) is a Manganese...However, Bloodroot is an even more powerful Manganese...

You can get Bloodroot capsules without the caustic Zinc Chloride inside(Zenith Herbals has them & runs the Facebook group-wich means you can talk to them after you take something they make)...

I urge you to start taking Bloodroot capsules...They also contain Galangal(a Zinc that eats lead), Chaparral(a selenium that eats Sulphur), & Graviola(a potassium that eats Aurum)...You might consider a topical escharotic salve but that requires research, professional help if you can get it(ie:a Naturopath who knows escharotics, maybe Dr. Veronique Desaulniers could coach you-she did Black Salve herself)...

Please forgive this long post, & my impertinence at answering questions that you have not asked...I realize you were just asking about pain...I apologize...Godspeed on your healing path...I pray that you will have continued wisdom in making decisions...Sari

Why do I have an imbalance, a lump, Cancer?

by Sari - Wednesday, September 16, 2015

<http://grovecanada.ca/why-do-i-have-an-imbalance-a-lump-cancer/>

Often imbalances occur decades earlier when someone took birth control pills briefly...They simmer as Calcium excess in the Adrenal Gland, & surface later as lumps & bumps as the Calcium biodegrades down to Phosphorus in the Spleen...Truth is the appearance of lumps is usually the inner organs purging & pushing stuff to the surface...Nine times out of ten it seems there were birth control drugs early in life...They don't excrete...You have to do a heavy metal detox to get them out-ie: ginkgo biloba, vinpocetine, butcher's broom...The other contributing factor if no birth control drugs were taken seems to be high Calcium levels in the well water, or farm water supply...

Common & aggressive types of Cancer...(parasites, viruses & bacterium are implicated- who love to feed off the excess & imbalances that the birth control drugs caused)...

Well the Salmonella Typhi bacterium likes to feed on Phosphorus(common estrogen positive cancers), & also gives off a Phosphorus signature under SLIM microscopy(spectral light interference microscope)...So the mouse mammary tumour virus(implicated in many cancers) giving off a choline(cholesterol), glutamate(gluten) signature would indicate that is its favorite foods...Since choline & glutamate overexpression(excess) occurs in the more aggressive(triple negative) cancers, lowering those 2 areas should be a priority, it seems...

To stop spread:

Are you taking anything in this family? Ginkgo biloba, green tea, Licorice root, Matcha, Yerba Mate, chromium, wheatgrass, chlorophyll? This category specifically stops spread & can reduce the pressure...Green tea extract supplements work too.

More:

The birth control drugs, short or long term, elevate Calcium in the Adrenal Gland, & Phosphorus in the Spleen...Which cause a whole host of benign cysts & lumps & bumps...The problem is that parasites & viruses, like the common Salmonella Typhi(Thyphus) bacteria love to eat Phosphorus...If you happen to ingest a Salmonella bacterium which is not hard to do, it will happily feed on your lumps & bumps...Now you have a slowly evolving bump, a bump that has a parasite eating & growing into it, slowly changing this food into itself...Now you have " malignancy" ...

WOW! Big lump shrinkage recently(after 2 months of letting go of my detox plan)...

by Sari - Thursday, May 21, 2015

<http://grovecanada.ca/wow-big-lump-shrinkage-recentlyafter-2-months-of-letting-go-of-my-detox-plan/>

today, thursday may 21, 2015 noon-ish

Yellow is the lump, that is now mostly made of calcium...(the green is just where the flash highlights the area around the lump...Should be normal flesh...)

[DIY Thermogram instructions using free Fotflexer online software & a digital camera\(mine is sony dsc-t100 8 megapixel, I have also found out recently that the iPhone 6 camera set to HDR AUTO with FLASH ON will take a good mammo picture-take picture 3-4 inches away from where lump is...\)](#)

DIY Mammogram in iPhoto

In iPhoto, this is what that same lump picture looks like...Here in iPhoto, the green represents calcium...

(the red dot-far right- is a scar from Moxibustion Japanese medicine technique using burning Mugwort herb-you will note in all my pictures the position of that red dot relative to the lump...It helps me to approximate size changes since Macro photography is hard to scale measure-wise...)

diy thermogram in Fotoflexer

So like WOW! Considerable shrinkage recently & the chemistry of the lump is now mostly just simple Calcium...

What I have been doing lately???

The recent list:

I walked 10.5 kilometres on Monday, then 6.6 km on Wednesday(yesterday)...(running shoes Brooks Adrenaline for women)

I have been taking one quarter of an Iodoral tablet sort of daily(I am not religiously fanatic about things that I call daily)...So 12.5 mg Iodoral(it's just Iodine in a pill)...

I have been taking one **20 mg** Vinpocetine capsule (sort of)daily...(Iodine)

I giant swig of Kelp tincture sort of daily-ish...(Iodine)

I drank a bottle of [cold brewed coffee made by Two Bears...](#)(lots of Copper from the strong Caffeine)...

I rubbed some [Lymph Detox Deodorant on my armpits, made by Anarres Health...](#)

I put several drops of Frankincense essential oil(from the Health Shoppe at St. Clair, south two blocks, east side of Yonge, in Toronto) under my tongue...(it's a Titanium)

I put several drops of Clove essential oil (from Whole Foods market health section-Hazelton lanes, Toronto)under my tongue...(It's an anti-parasitic Titanium)...

I've been eating alot of giant pink grapefruits(peel whole thing by cutting peel off with a big knife(*if fruit gets caught in the cut off peel parts, eat quickly in the kitchen by scraping your teeth along inside of peel) then cut up fruit chunks-instead of old way of cutting in half & eating with serrated spoon)...

Mum took this with new iPhone 6 camera in Rogers store North of Lawrence on Avenue road east side

I've been getting sunshine & fresh air(Prince Edward County trip)& have been socializing a bit...

About Deodorant/Salve from Sari:

"Sari Grove

<http://grovecanada.ca/green-tea-frankincense-essential-oil-vitamin-d3clove-oil-salve-more-anticancer-ideas/> *So you can buy a Lymph Detox deodorant/salve with essential oils in it, but it can be hard to find...(10 essential oils usually)...I started making my own...You mix the base-tablespoon baking soda, tablespoon corn starch organic, 2-3 tablespoons organic vegetable glycerin...Ok then you can add whatever you want for detox...Frankincense oil, Clove oil, Myrrh oil, Lemon oil, Orange oil, Pink grapefruit oil, split open Vitamin D3 capsules(50,000 iu) & put them in! The "real" mix is made by Anarres health as lymph detox deodorant, also Crawford street makes lemon creme deodorant same ingredients basically-but these are hard for you to get...It is easy to make your own & fun! Use this as deodorant, you can also add more glycerin to make it thinner apply on breasts & varicose veins! (Alcohol like vodka has Lead in it-that is what makes lump blue in picture-so you need the high dose Vitamin D3 in your salve to lower Lead levels-or use the Lemon essential oil, orange & pink grapefruit essential oil for the D3)...*

Wrong thinking, weird reactions, & group mentalities...

by Sari - Monday, January 26, 2015

<http://grovecanada.ca/?p=452>

So I discovered some very wrong thinking & wanted to find the source of it...

I tracked down the source of this widespread thinking to...

A study by The Journal of Dairy Science...

Go figure...

Most people would not have checked the citation...

So here goes, this is what I have been hearing...

This is the WRONG thought...

The Journal of Dairy Science published a study saying mice fed Kefir(a Calcium Phosphorus liquid fermented yogurt drink) had their breast cancer tumours KILLED by the kefir...(these are my own words, I don't want to quote verbatim because I want to make sure you don't buy into this study)...That the KEFIR stopped the cancer in the breast of these mice in its tracks...

This study is mentioned on a site called DrAXE.com

Now that sounds very powerful doesn't it? Makes you want to go buy some nice kefir from the dairy section & kill your breast cancer tumour...

Now of course there is another study saying Kefir kills candida overgrowth...Oh Lord it's a miracle...Let me guess who funded the study? Gee was it published in the Journal of Dairy Science again!

Wow...Those rascals...Now I am going to religiously preach to all who can hear that Not only does kefir stop breast cancer but it kills Candida...

Plus I am going to drink some of that sweet goodness myself, because I hate breast cancer & I hate candida...

SO ANYWAYS...

KEFIR IS A DAIRY PRODUCT...

KEFIR CONTAINS A GENEROUS AMOUNT OF CALCIUM & PHOSPHORUS...

CANCER FEEDS ON CALCIUM & PHOSPHORUS...

CANDIDA FEEDS ON CALCIUM & PHOSPHORUS...

The things that dissolve calcium are in the Iodine family...

The things that dissolve Phosphorus are in the Coppers like the Licorice family...

The Journal of Dairy Science has a vested interest in selling dairy products like kefir...

Anyways...

I got into an argument with the administrator of an Alternative DCIS treatment group on Facebook & she has now blocked me from the group & unfriended & blocked me from her page as well...

I should note that this is after I gave free entry to all the members to my books for free, as well that I spent a long time in personal talks telling my private story that I don't share with just anybody...

All this rampant hostility has arrived because I said that Kefir is NOT good for treating DCIS because it is a Phosphorus & what makes a lump malignant is Phosphorus...

Women really love their liquid yogurt...

It's like yoga...God forbid I don't do yoga & say some Buddhist mantra afterwards...You get shunned...(just kidding)...

Anyways...

It's bunk...

The probiotic thing is bunk...(probiotics are also Phosphorus)

The Kefir thing is bunk...

Don't even get me started on cottage cheese which is a main component of the Budwig diet...

Cottage cheese is a Phosphorus too...

I tested it out on myself...

The very next day my lump grew & I could see it in my pictures...

What is key to the Budwig diet is the FLAXSEED which is tremendously good & IS anticancer because it is a MANGANESE & that lowers IRON in the THYMUS gland...

Ok...

Don't bother arguing with me about all this...I don't care what so & so said...I don't feel like "proving" this to you...If you want to continue with your head in the ground & just listen to studies published by a DAIRY journal promoting KEFIR then go ahead...

Be on your way...

*& to the lady who seemed to be so kind to me, who milked me for personal information, I want to say this...

If I tell you I almost got pneumonia after getting a core needle biopsy & that for 2 months after I was drinking water & it was misdirecting into my lungs, what part of that tells you that I should have ANOTHER CORE NEEDLE BIOPSY TO CHECK THAT MY LUMP IS BENIGN OR NOT"???

Furthermore...If I tell you the biopsy spread a straw of muck up from my breast in a threadlike formation that I can see & feel, again, why would I do another core needle biopsy?

Last...

If I show you & your members how to see the chemistry of your own lumps yourself at home, why would you insult me further by saying I need to have my research validated by an outside oncological surgeon who does NOT EVEN HAVE a way to easily see benign or malignant yet without CUTTING into me???

Go...

Go...

be on your way...

SHOO...

I don't give my blood & sweat & tears to be insulted, challenged & tried at the Cross of lady groups who cannot even before to read a Clinical Trial themselves but rely on third party word of mouth that traces back to dubious sources...

probiotics schmobiotics...I love yogurt & I always will, same for cottage cheese...But Phosphorus is NOT what you need for an anticancer diet...

Good Day Ladies...

MRI injection dyes are not safe, despite more wrong studies...So no I am not getting injected to second guess my own work...

oh no

Do It Yourself Medicine by artist Joseph & Sari GROVE <http://grovecanada.ca/>

You are invited to see some really great art at the Artscape Wychwood Barns Sept 2-6, 2015:NUBARR

by Sari - Monday, August 10, 2015

<http://grovecanada.ca/you-are-invited-to-see-some-really-great-art-at-the-artscape-wychwood-barns-sept-2-6-2015nubarr/>

YOU ARE INVITED!

My good friend is having a show of his father's(Nubarr's) works of art...(his internationally famous artist/teacher father)!

I can tell you that the art is fabulous, & my friend is a terrific host...

This will be an opportunity to see some incredible art up close, & for the collector, to acquire something memorable for their art collection...

Please visit this link to find out a little more about the art & the artist...

<http://canadianart.ca/galleries/nubarr-gallery/>

The main website address for the gallery is <http://www.Nubarr.com...>

Please DO come!!!

I hope to see you there, Sari Grove

Say hi if you come out to the show! (Sari sounds like Mary)

You are not crazy, just addicted...(Common mental health problems)

by Sari - Wednesday, August 05, 2015

<http://grovecanada.ca/you-are-not-crazy-just-addicted-common-mental-health-problems/>

You're addicted to cigarettes...It triggers Bipolar symptoms(manic mostly)...Psychiatrists put you on Lithium...**Solution:Quit smoking cigarettes**

Also:Vitamin A things correct the imbalance caused by cigarettes...Drink lots of carrot juice...Eat potatoes...Eat sweet potatoes which are incredible for nutrients...Most multi-vitamin contain Vitamin A...

You're addicted to coffee...It triggers insomnia(can't sleep at night)...Psychiatrists put you on sleeping pills...**Solution:Quit drinking coffee**

Also:A very strong probiotic supplement pill can patch up damage done by drinking coffee...Probiotics can also deal with the panic & anxiety that coffee drinking can create...

You're addicted to alcohol...It triggers depression(maybe suicidal)...Psychiatrists put you on anti-depressants...**Solution:Quit drinking alcohol**

Also:Oxygen is the best way to correct depression...Make sure you get plenty of Oxygen every day-plan a very long walk into every days schedule-better if it is in a green area...Sundried tomatoes are an Oxygen rich food...3-5 Apricot Kernels a day are very high in Oxygen(get them at a health food store-they are the bitter inside nut of an apricot)...Any liver cleanse supplement helps with depression...

You're addicted to marijuana...It triggers schizophrenic symptoms & memory loss(you can't learn new job skills)...Psychiatrists put you on anti-psychotics...**Solution:Quit smoking marijuana**

Also:To patch up your brain you need to Raise cholesterol...Eggs, chocolate, high cholesterol foods-all help to boost memory...

You're addicted to dieting...It triggers PTSD Post Traumatic Stress Disorder symptoms(holding on to past events, not able to let things go)...Psychiatrists put you on Iron pills...**Solution:Quit dieting...**

Also:Start eating normally & add a multi vitamin athletic powder smoothie to your every day diet to correct nutritional deficits...

You are what you eat...& your tumour is too...

by Sari - Wednesday, June 24, 2015

<http://grovecanada.ca/you-are-what-you-eat-your-tumour-is-too/>

In Alberta you will find in the soil a bug named Thiobacillus Ferrooxidans...

This bug likes to eat Iron & Sulphur...(when you read the word Sulphur think Sugar)...

Which means that the people in Alberta are eating meat & dessert...(bear with the broad generalizations here)...

Meat loads up your Iron & desserts load up your Sulphurs...

If you have a lump in your breast & you are a meat & dessert eater, then your lump will have Iron & Sulphur to get rid of...

To get rid of Iron you need Manganese...You can actually just take a Manganese supplement & that will do it...(Don't take too many & stop if your heart feels weak)...

To get rid of Sulphur you need a Selenium...You can get a 1,000 mg Garlic pill & take that daily...(pancreatic enzymes are a mix of garlic & papaya by the way)...

Now you are lowering both your Iron & your Sulphur(blood sugar) levels...

This is cleaning out your blood(Your Thymus gland) & your Pancreas...

More:If you eat bread often you will have high Nitrogen levels...Carbons eradicate Nitrogen...Carbons are found in oils like Canola oil or Olive oil or Grapeseed oil but also baking soda which is Sodium biCARBONate...I take a generous pour of any oil I have on hand (with some apple cider vinegar inside just for taste) & drink that fast in the morning for my Carbon...

[If you want to see what your lump is made of, see my easy to follow directions here...](#) (If you have any questions about how to see your own lump, write to me directly, Sari Grove at grove@sent.com I am happy to help...)

inside a lump

Zeolites? Cause lung Cancer?

by Sari - Friday, August 21, 2015

<http://grovecanada.ca/zeolites-cause-lung-cancer/>

Sari Grove

So, from a page given to me by a friend where Zeolites & Cancer were discussed, I followed the trail to a Dr. , who commented on Zeolites & Cancer(mesothelioma), then I went to read the original study on a herbalist website JonathanTreasure.com ...Apparently the non-powdered form of Zeolite, when inhaled, is correlated to mesothelioma (lung cancer)...Not the powdered form they sell for oral use, but still, it does cause a pause...Most of the info online is advertising & it is difficult to find any real people who say they have had results...I'd be cautious about using it for Cancer...

ps.Zeolites are Aluminum on the Grove Body Part Chart...So is cement...

Aloe Vera juice is in a similar family to the zeolites but it does not have the precipitate (the powdered rock) in it...They do both work in a similar fashion...Aloe is used for healing wounds or burns or correcting damage...But by strengthening muscle & feeding the body, it also has laxative effects...It is mainly a healer, but the laxative effect can be quite cleansing...If you have had any surgery or biopsy or damage from a mammogram(bruising or torn tissue) or radiation concerns, the aloe will help...I am a little concerned about zeolites, so I do not take them orally...You can however buy large zeolite rocks to put in your home & they clean out cat litter smell & bathroom smell or paint smell...I use them for that...I get mine from a few sources GreatSouth.net is one source...

Zinc Chloride is a 3 part mix of zinc, fluorine, & calcium, that makes -7 Oxygen O...

by Sari - Monday, September 05, 2016

<http://grovecanada.ca/zinc-chloride-is-a-3-part-mix-of-zinc-fluorine-calcium-that-makes-7-oxygen-o/>

- 1)lavender
- 2)cedarwood
- 3)*rose geranium
- 4)water
- 5)apple cider vinegar
- 6)oil
- 7)essential
- 8)anti-tick remedy

*hybrid

New **Zinc Chloride= Zinc-1 + Fluorine-11 + Calcium+5 > -12 + +5 = correction; =-7 Oxygen...**

wrong line:+7? Sugar (:))formerly known as Sulphur Su...

GroveCanada:The art of healing

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