

GroveCanada: The art of healing

Do It Yourself Medicine by artists Joseph & Sari
Grove

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For someone who needs a little help getting started with an anticancer protocol...

by Sari - Wednesday, November 30, 2016

<http://grovecanada.ca/for-someone-who-needs-a-little-help-getting-started-with-an-anticancer-protocol/>

1)Raw plant based diet...(read this free copy of a book to learn how to do it well)... This means NO sugar, No Dairy, No Meat, No gluten...(so no cottage cheese, no kefir or yogurt, no bread, no chicken, no maple syrup or honey...just no...)(but yes coffee & tea caffeine good, yes xylitol or stevia because potassiums are good, yes you can eat fruit, yes diet things are ok, yes trail mix is fine to snack on, yes avocados & bananas & hearts of palm & corn niblets etc...)(raw is because cooked veggies don't give enough energy & you will feel tired & give up or be dizzy...RAW gives energy...Cooked veggies are limp & lifeless inside you...)

2)Exercise...Daily...Really...Something like a long slow trail walk for 2 hours straight...every day...daily...really...this is your new job...you are about to become an athlete...really...2 hours...not 30 minutes...not one hour...a very very very long time...you will be exhausted after...like you cannot move...good...it will get easier...

3)Cancer is a parasite...A worm...It has to be removed from your body...ANTIPARASITICS are the first thing you are going to do...Run to the nearest health food store & buy what they sell you...Do it...Then do another one...While you are doing the local stuff, find out which ones are super strong & try to buy them locally...If not order them online...While you are waiting do another antiparasitic...Don't sit around waiting for orders to arrive...Just DO whatever you can get your hands on NOW...Humaworm.com is great, when you are ready to order one...(Call them & ask for assistance, they have Humana tea too & other neat stuff...They are kind)...At any given time in this journey you should either be doing an anti parasitic, or you should have just finished one & are waiting to gear up again...Really...All those over the counter dewormers are fine too-don't be snobby about that you have to go only herbal...If you can access Pyrantel Pamoate or Albenza or Valbenzen or Praziquantel or Ivermectin or something, great(the animal stuff is non-prescription & is the same as the human stuff btw)...

4)The Chart below shows 12 body parts...Each part has a MINUS element that cleans the part, & a PLUS element that feeds it...Cancer is a disease of EXCESS...Too much PLUS...So you need to CLEAN your body parts...One by one...You need at least one thing from EACH MINUS element...Of course, the body part where the cancer is will need extra attention...For example, if it is in your Liver, you need to make sure you get lots of Oxygen, the Minus element there...B17 is an Oxygen (fightingtogether.org sells B17 for about \$100 a bottle...Worth it...)

One of each MINUS item

5)Ok, so I know that you are feeling a little confused about all those Minus items...So I will give you an example of a full Minus protocol...

Zinc=You megadose Vitamin C powder daily

Manganese:You take Bloodroot capsules

Titanium:You ingest a little CBD oil daily

Potassium:You use Stevia liberally in all your hot drinks

Carbon:You use TONS of oil(oil is Carbon) to make your daily salad dressing on your daily salad

Selenium:You chop up raw garlic cloves real small & swallow a bunch daily with liquid

Oxygen:You eat the seeds of a whole Papaya daily(you can mix them into a papaya seed smoothie)

Iodine:You take at least one 12.5 mg Iodoral pill daily

Copper:You simmer 1/3 cup licorice root in 3 cups spring water for 15 minutes & drink the liquid daily

Magnesium:You take an Epsom Salt bath daily(& soak for a really long time...in nice, steamy hot water...Bonus points for sprinkling in essential oils like Lemon Eucalyptus!)

Boron:Get an all Boron Boron supplement & take that daily

Anticancer ideas...for the Do it Yourselfer in all of us...

Also! *Instructions for NIDI...(Non Invasive Diagnostic Imaging)

6)The list I gave you in 5)is just an idea...Each Minus element represents a myriad of things in the real world...Use what you like, what you can afford, what is available locally...Food is better than herbs, herbs are better than pills...If you are trying to make choices...There are many posts & books here on my blog at <http://www.grovecanada.ca> about all the many choices you have...The Facebook group [DIY Cancer Repair Manual](#) is another resource...

7)If you POSSIBLY can, educate yourself about black salve...It is VERY useful...Not just to remove tumours & lumps, but the salve kills cancer in a wide radius around it...When you apply the salve topically, any creatures hiding up at the surface of your skin die...The salve also draws anything in a pretty wide perimeter up to it, & kills it...You can do all the internal medicine in the world, & that darn worm will be hiding near to the surface & avoiding the medicines...But the salve will get it...All I can say is CONSIDER it...It is a game changer!

8)God helps...

9)I am going to add a few other examples of MINUS protocols to this list...After I get some sleep...So come back later, & there will be a few more ideas...Or use the SEARCH box on the blog to maybe help you find previous posts about protocols...Good night & God Bless...love sari(sounds like mary)

10)[Learn NIDI \(non invasive diagnostic imaging\)...](#)

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NIDI (Non Invasive Diagnostic Imaging):See the Biochemistry of a tumour, or anything else...



Added by GroveCanada
November 29, 2016, 3:22 pm → version: 1
Language: English
Average rating: by 0 user
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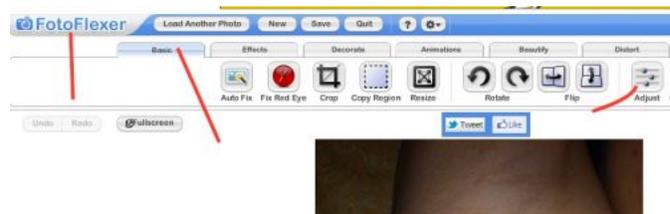
- Getting rid of a breast Cancer lump...
- A new way to understand how the human machine works...(& thus be able to repair it when things go wrong!)

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1

Take a picture...of where the tumour is...Close up...In good light...try for no shadows at all...Just where a tumour is, nothing else...(Note: You can take a farther away picture to get an overall idea of what is happening in your body, but to see underneath the skin, you need to be very close up, in very good light)...Any camera or cellphone camera will do...Upload the picture to your computer...If you don't have a computer, & only have a mobile phone, that is ok...If you are on an iPhone, get the free Puffin app from the app store...(Mac devices cannot see Flash websites without using the Puffin browser to get there...Android devices can...)

2



Go to

<http://www.fotoflexer.com>...This is a Free online Photo Editor, so anyone can use it, there is no download at all...Upload your photo, by choosing the upload button...Go to BASIC, & choose the ADJUST option, as seen in the picture...

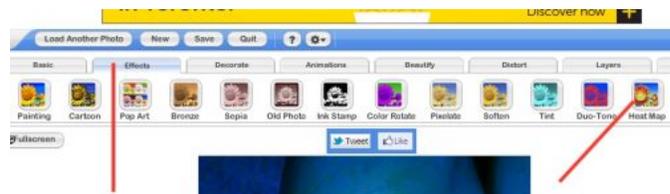
3



While in the ADJUST mode, SLIDE the HUE SLIDER ALL THE WAY TO THE LEFT...Then slide the SATURATION

SLIDER all the way to the RIGHT...As seen in the picture...Press DONE...(Note:ON a mobile device, instead of sliding, gently TAP the Slider to the left or right, to make it go to the end of the bar...You will have to enlarge the view a bit first to be able to do that accurately...Go slowly...)

4



Now go to EFFECTS...A horizontal bar comes up with a whole list of choices of things you can do...Hit the

MORE button at the FAR RIGHT, to get more choices...Hit the MORE button again, to get even more choices...You are looking for HEAT MAP...Choose HEAT MAP when you find it...Make sure to click DONE(or APPLY) when you are done...

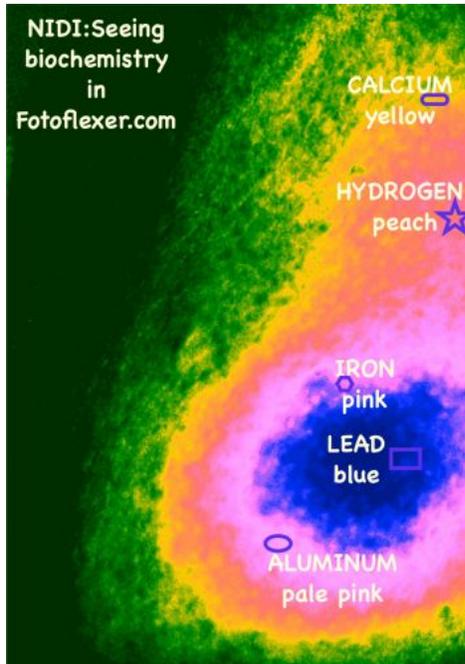
5



Now look for the COLOR ROTATE choice...It is a little to the left of the heat map choice...Click COLOR ROTATE

when you find it...(Make sure to click APPLY or DONE when you are done)...OK...That is ALL...You have your RESULT!

6



The picture shows what colour each element is...

Lead(can be from the heavy metal or can be from red meat or alcohol) blue,

Iron(can be from chicken or Kale or supplements) pink,

Aluminum(cholesterol) pale pink,

Hydrogen(Her2 marker) peach,

Calcium(Pr marker-can be from birth control drugs) yellow...

7

The Chart in the picture shows 12 body parts...(Gender is the Prostate gland in men, & Skene's gland in women...)Each part has a MINUS element & a PLUS element...Minus detoxes, Plus repairs...Cancer is a disease of EXCESS, so too much PLUS, not enough MINUS...So CHOOSE the MINUS elements to cure your cancer...From your Results picture from the FotoFlexer edit, see what PLUS elements are present...Now look at the Chart, & choose the OPPOSITE or MINUS element that corresponds to that Plus element...For lead blue, Zinc...For pink Iron, Manganese...For pale pink Aluminum, Titanium...For peach Hydrogen, Oxygen...For yellow Calcium, Iodine...

Grove Body Part Chart			
Organ (12)	Minus Element -	Plus Element +	F M
Thyroid	-1 Zinc	Lead +1	
Thymus	Manganes -2 e	Iron +2	
Lungs & Lymph Nodes	Titanium -3	Aluminum +3	
Heart	-4Potassium	Aurum+4	
Kidneys	-5 Carbon	Nitrogen+5	
Pancreas	-6Selenium	Sulphur+6	
Liver	-7Oxygen	Hydrogen+7	
Adrenal Gland	Iodine -8	Calcium +8	
Spleen	Copper -9	Phosphoru s +9	
Gallbladder	Magnesi -10 m	Mercury +10	
Colon	-11 Fluorine	Bismuth+11	
Gender F or M	Boron -12	Molybdenu m +12	

8

Know that the elements on the Chart can represent MANY different things in the real world...

if you are low in Zinc, that could mean high dose Vitamin C, or Vitamin D3, or Ginger root, or came camp powder, or saunas, or sunshine, or hot showers, or fruit...

If you are low in Manganese, that can mean bloodroot capsules, or Mugwort herb, or Black walnut hull(any decent anti parasitic contains black walnut hull by the way), or Nuts, or Moxibustion treatment(a Japanese treatment), or Nutmeg...

If you are low in Titanium that can mean hulled hemp seeds or basil leaves or Holy Basil supplement, or Frankincense tears or incense or oil, or Mint leaves or Oregano oil, or Chamomile tea, or CBD oil(Cannabidiol), or white willow bark extract, or aspirin...

if you are low in Oxygen that can mean B17 pills, or Apricot kernels, or Dandelion greens or root, or Milk thistle, or any decent liver supplement(like Hepa plus by Usana), or a Papaya seed smoothie(papaya seeds are high in Oxygen-blend with papaya & pineapple & banana & cloves & vanilla beans & aloe drink to make the seeds taste better-this is an anti parasitic recipe too!)

If you are low in Iodine that can mean eating Arame & other seaweeds, taking Iodoral pills(minimum 12.5 mg daily-up to 50 mg daily), Any liquid Iodine supplement, Kelp pills or liquid...

9

Make sure that you take all the other MINUS items on the chart...One of each...

For Copper use Licorice root(1/3 cup simmer in good water 3 cups drink daily)...Also for Copper drink coffee or tea(cafeinated, & at 6 cups daily you get medicinal benefit)...Copper can also be eating coriander seeds & eating Cilantro leaves...

For Fluorine use Moringa Oleifera(can go in a smoothie)...

For Boron, a supplement is fine, or Small flowered Willowherb is Boron too...Magnesium can mean Epsom salt baths(or orally)...

Xylitol & Stevia are high in Potassium so use them in your hot drinks liberally...

Carbons are all the oils...Castor oil is great...hemp oil...Flaxseed oil...Grapeseed oil...Any oil you like...Baking soda is also a Carbon...

Selenium can mean raw garlic(chop & swallow the cloves with liquid), or Pancreatic enzymes, or Sriracha sauce(mix sriracha sauce into a little orange juice & drink fast), or onions, or cayenne

pepper or any hot pepper, or black pepper, or chives & green onions, wasabi, horseradish, spicy things/tabasco...L-Lysine is also a selenium...Selenium supplements too...

10

Since Plus elements are in EXCESS with cancer...AVOID meat(Lead), sugar, gluten(Nitrogen), dairy(Calcium, Cheeses & yogurts & kefir & cottage cheese!(Phosphorus)...

Avoid supplements containing any of the Plus elements...

so:no probiotics which are Phosphorus,

no Iron,

No B12 which is Aurum,

No Bismuth which includes melatonin,

No antipsychotics which are also Lead,

No zeolites or bentonite clay which are Aluminum,

no maple syrup or honey products which are Sugar,

Liquids are Hydrogens so be careful with them(Her2+ is a Hydrogen marker),

No birth control drugs or HRT (hormone replacement therapy drugs or naturals)which are Calcium(progesterone)-(high dose oral contraceptives also include estrogen which is a Phosphorus)...

11

There is much more information about all these ideas on my blog & in my free books which are all available at <http://www.grovecanada.ca>...Please join our "DIY cancer repair manual" Facebook group, for support & to ask questions...

*If you would like Sari Grove to do the editing for you, friend her first, then send a picture via the private messages service on Facebook...

12

Don't forget to learn how to do the Lunapic edit & the Pixlr edit as well! (Lunapic checks for cancer, & Pixlr helps to track size changes!)

ps.If you have done edits yourself, & think others may benefit, please post the photos in the DIY Cancer repair manual

group...<https://www.facebook.com/groups/DIYCancerRepairManual/> Update your photos over time, so people can see change, & know how it is that you improved! (NIDI is relatively new, so the more documentation we have, the better it will be!)

Thanks, Sari Grove(Sari sounds like Mary)

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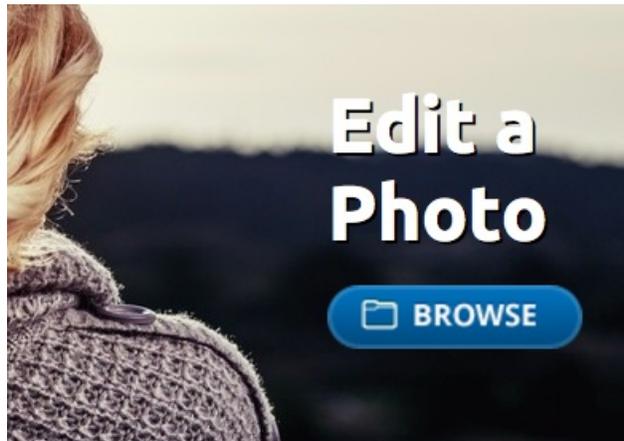
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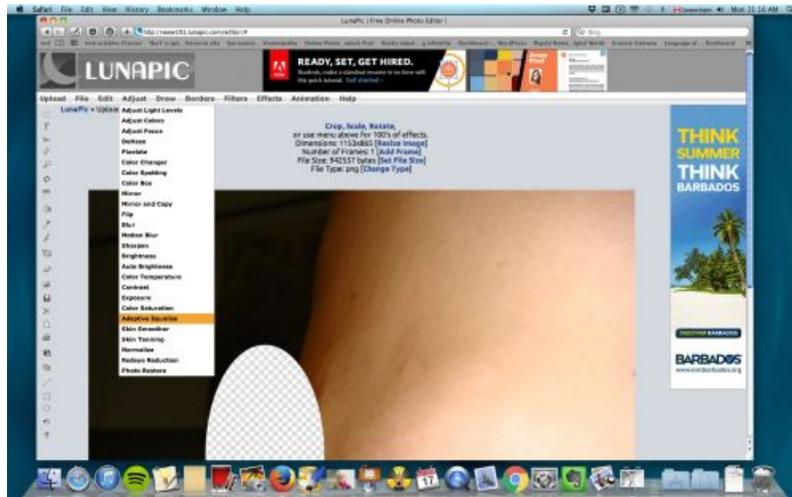
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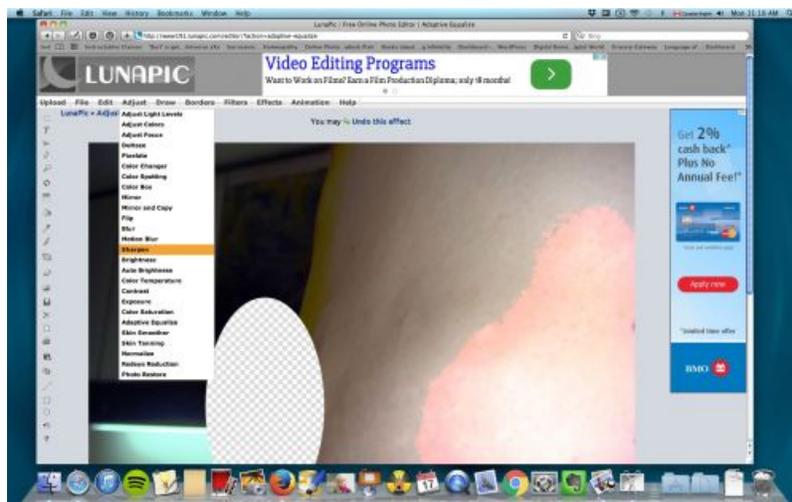
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2

Choose Adaptive Equalize from the drop down menu called ADJUST...



3



Choose Sharpen from the drop down menu called ADJUST...

4

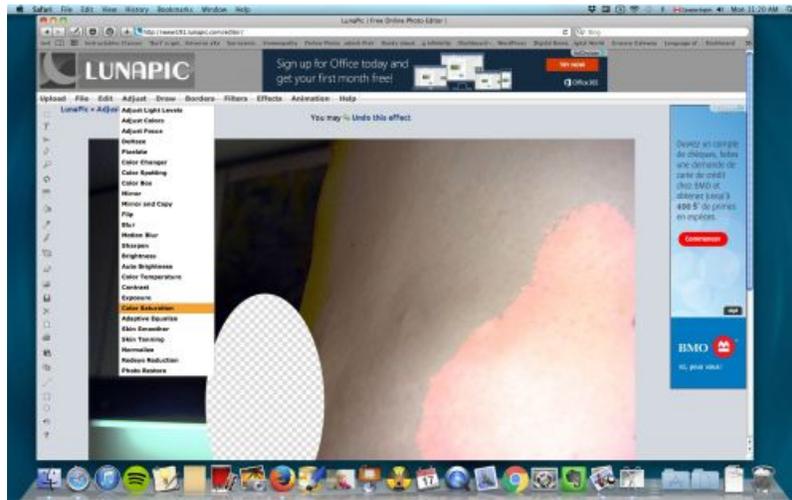


In SHARPEN slide the slider all the way to the right...On a mobile device, tap the slider at the far right to

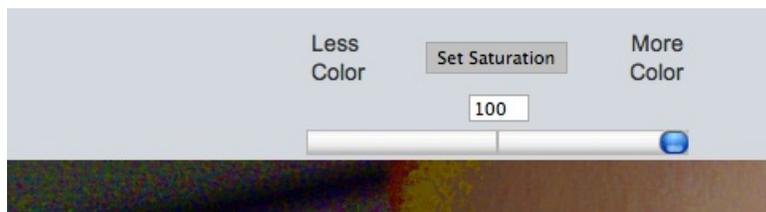
make it go there...click APPLY...

5

Choose COLOR SATURATION from the ADJUST menu...



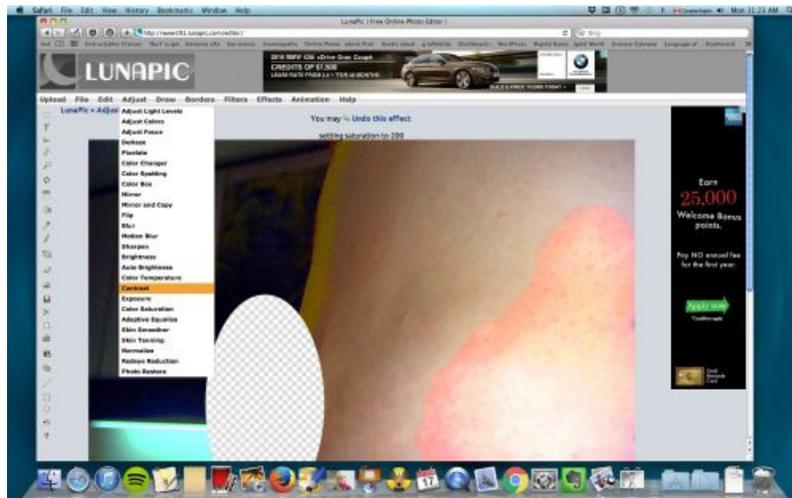
6



Move the slider all the way to the RIGHT...Or change the number in the box from 50 to 100...Click SET

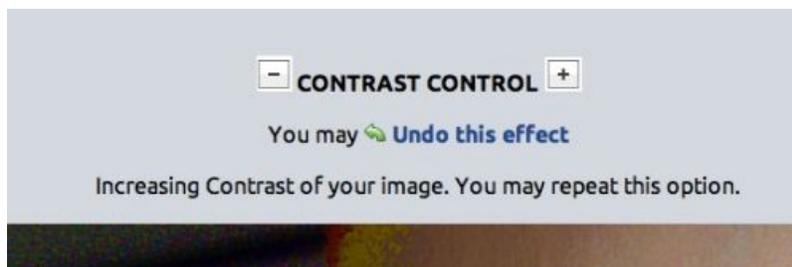
SATURATION when done...

7



Choose CONTRAST from the ADJUST menu...

8



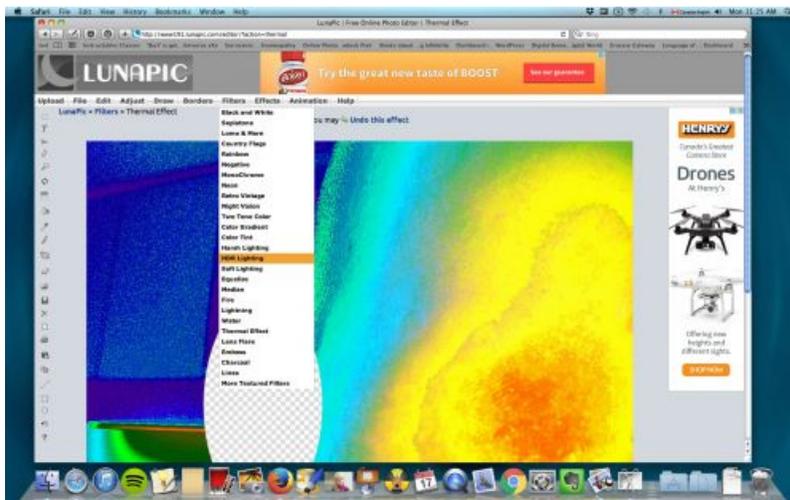
In CONTRAST, hit the + button 5 times in a row slowly... (wait for page to reload before hitting it again!!!)

9



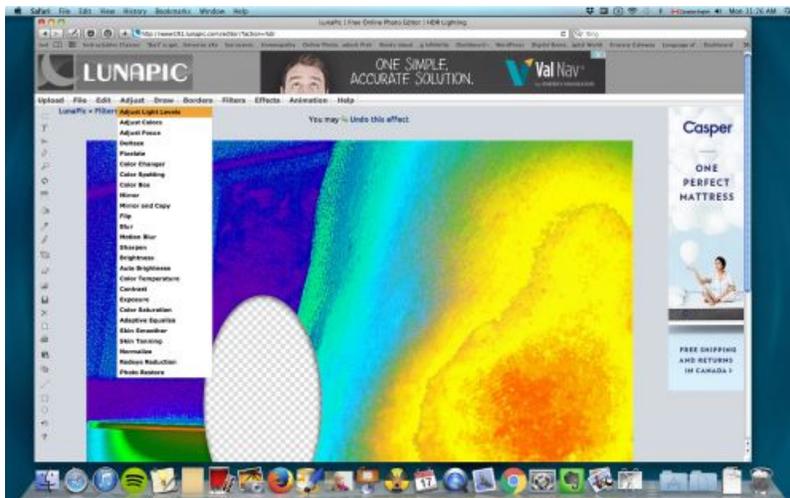
Now go to FILTERS & choose THERMAL EFFECT from the drop down Menu...

10



In FILTERS again, choose HDR LIGHTING from the dropdown menu...

11



LEVELS...

Now go back to ADJUST & choose the first choice which is ADJUST LIGHT

12



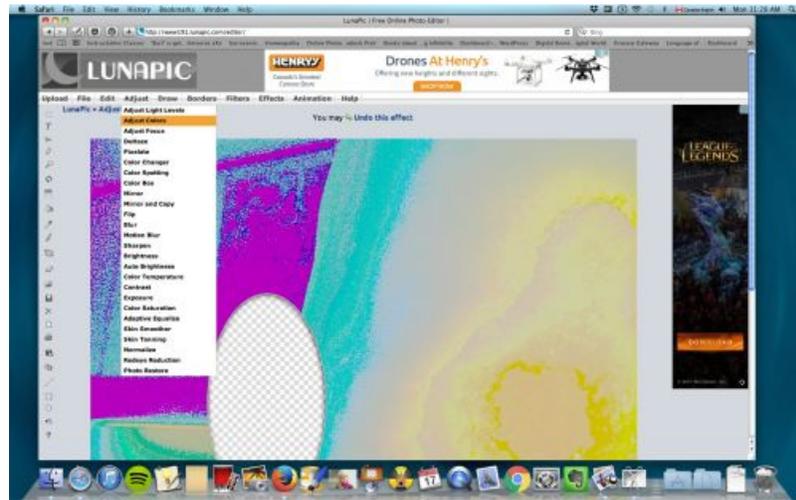
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LEFT...(on a mobile device, enlarge the picture, then TAP the bar at the far LEFT to make it go there)...

So Contrast, then Highlights, then Shadows, all the way to the LEFT please...

Click APPLY when done...(don't forget!)

13



Now in Adjust again, choose the second choice which is ADJUST COLORS...

14



In Adjust Colors, you are going to click ALL THREE choices, slowly, one after

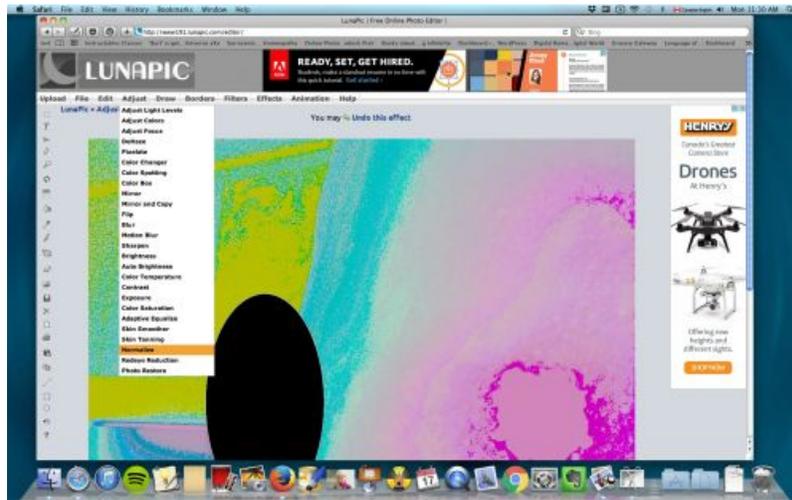
another...

So click in SWAP COLORS Red & Green, then Green & Blue, then Blue & Red...

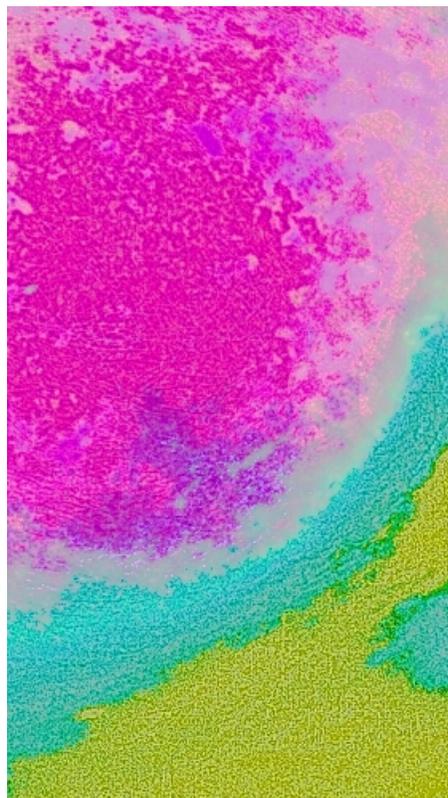
Click APPLY when done, don't forget!

15

Last step!!! In ADJUST again, choose NORMALIZE...



16



The colour PURPLE in Lunapic is Phosphorus which is a Cancer marker...(not the pink!) See the purple area in this breast lump? That is where the cancer is...(a tumour is usually just a fraction cancer & the rest is nothing to worry about)...Also note:Cancer does not always sit on a tumour-sometimes it sits in a corner near to a tumour...That is normal...Don't always expect the purple to be right on a tumour area... (Very Pale purple or mauve indicates high Phosphorus levels & a pre-cancer stage...Many doctors just call this cancer too...)

17

That purple area, the Phosphorus responds well to the Copper family, which includes for example:

Eating Cilantro leaves

Eating Coriander seeds

Drinking coffee(like 6 cups a day)

Drinking tea(strong & more is better again)

Buy a bag of licorice root from a herb store online...Take 1/3 cup licorice root, simmer in 3 cups good water for 15 minutes or so, then drink daily...This will make the purple in your

picture go away...You will be able to see it happen...When your lump is benign there will be no more purple in the picture...(I did this using licorice root by the way-other forms work too-capsules, tincture, just make sure it is very very strong daily...Not the dilute tea bags type of thing...This is medicine, not for taste sorry!)

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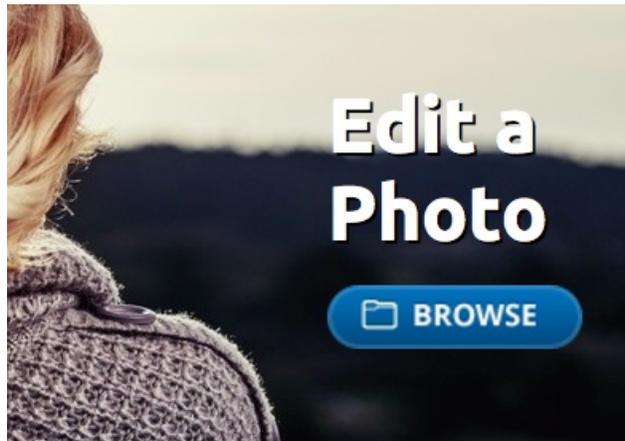
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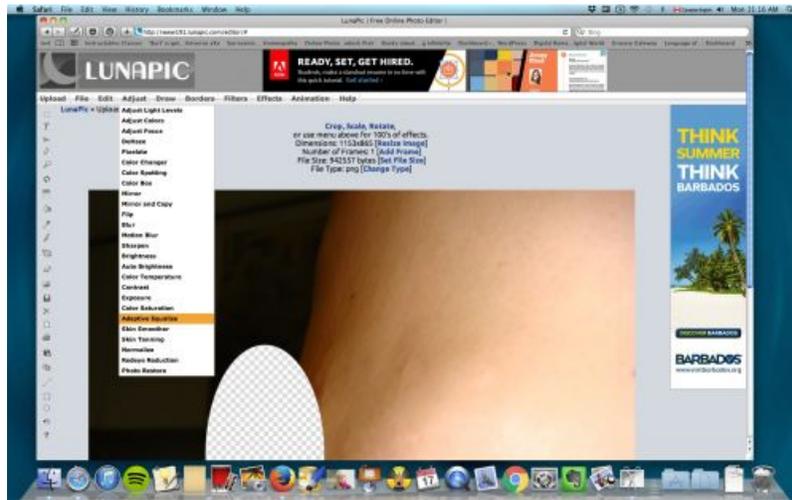
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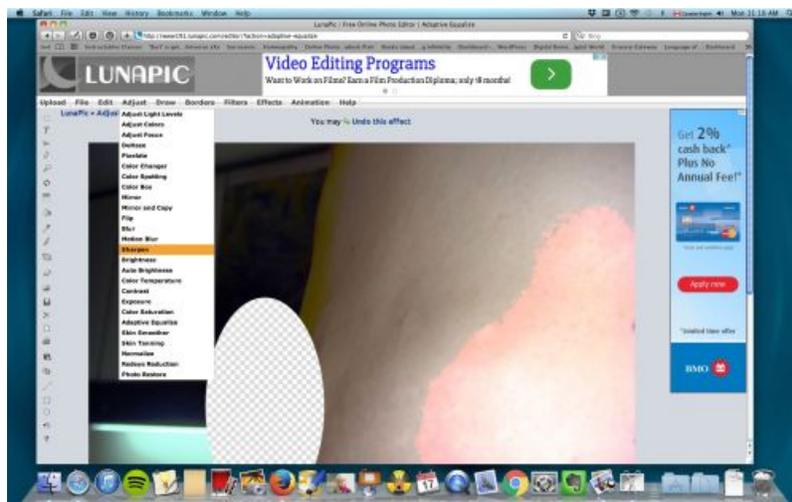
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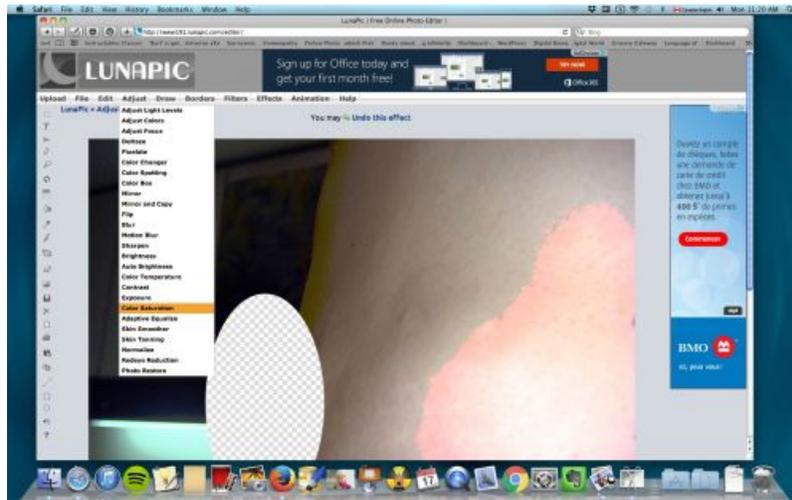


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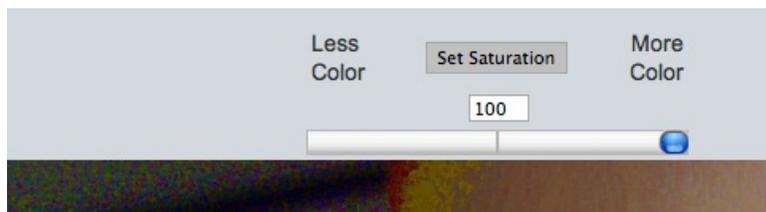
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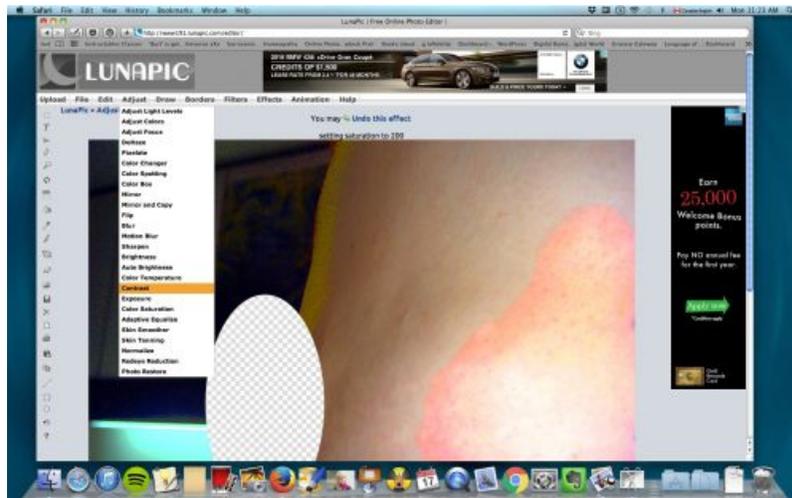
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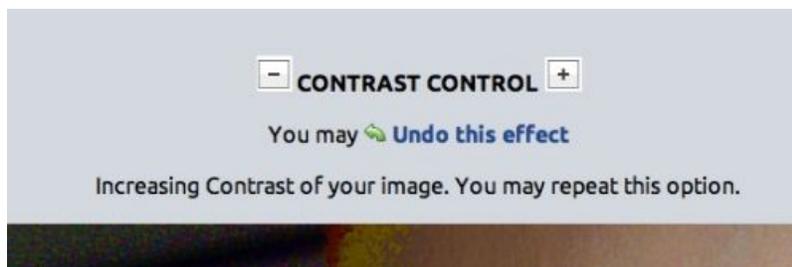
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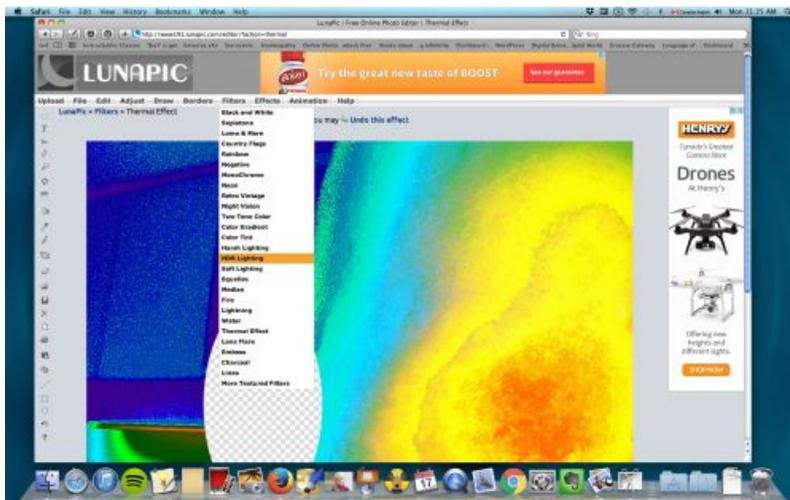
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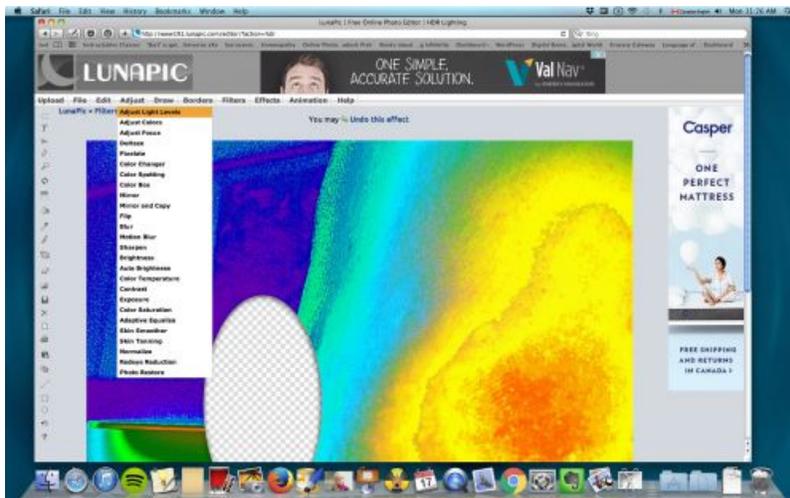
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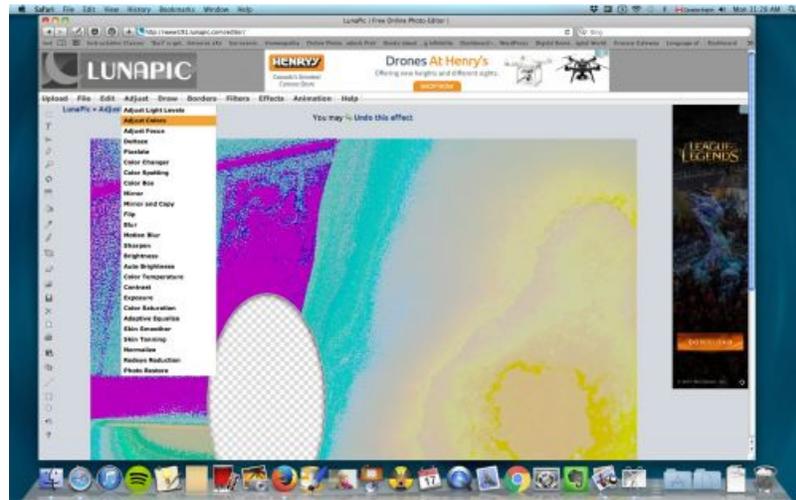
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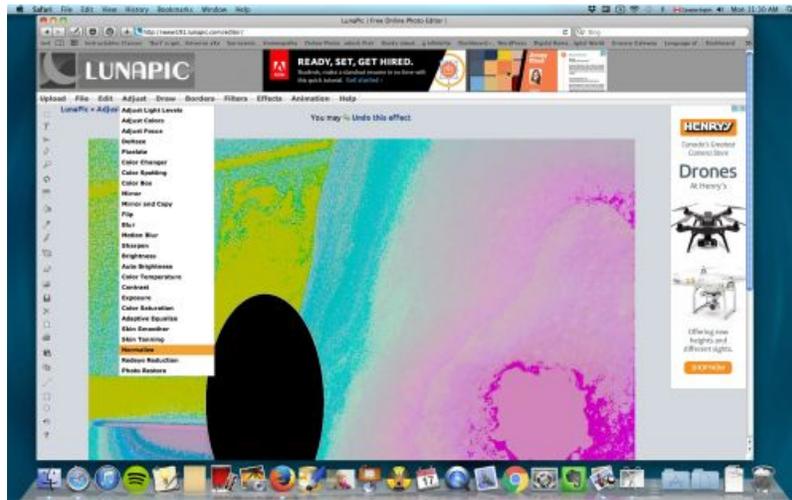
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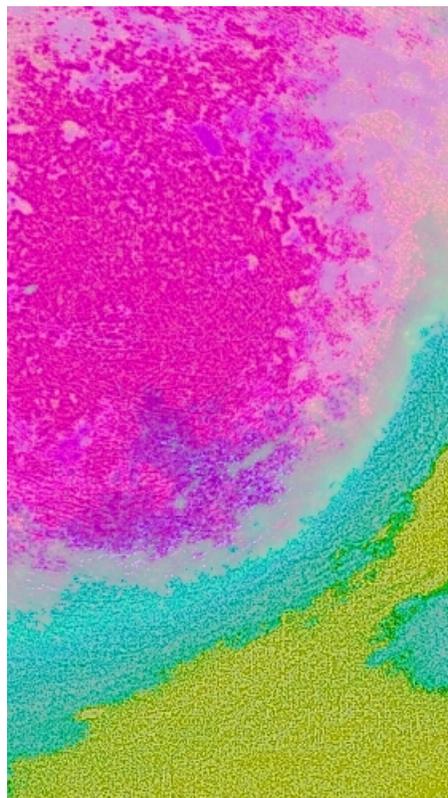
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The colour PURPLE in Lunapic is Phosphorus which is a Cancer marker...(not the pink!) See the purple area in this breast lump? That is where the cancer is...(a tumour is usually just a fraction cancer & the rest is nothing to worry about)...Also note:Cancer does not always sit on a tumour-sometimes it sits in a corner near to a tumour...That is normal...Don't always expect the purple to be right on a tumour area... (Very Pale purple or mauve indicates high Phosphorus levels & a pre-cancer stage...Many doctors just call this cancer too...)

17

That purple area, the Phosphorus responds well to the Copper family, which includes for example:

Eating Cilantro leaves

Eating Coriander seeds

Drinking coffee(like 6 cups a day)

Drinking tea(strong & more is better again)

Buy a bag of licorice root from a herb store online...Take 1/3 cup licorice root, simmer in 3 cups good water for 15 minutes or so, then drink daily...This will make the purple in your

picture go away...You will be able to see it happen...When your lump is benign there will be no more purple in the picture...(I did this using licorice root by the way-other forms work too-capsules, tincture, just make sure it is very very strong daily...Not the dilute tea bags type of thing...This is medicine, not for taste sorry!)

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- A new way to understand how the human machine works...(& thus be able to repair it when things go wrong!)
- NIDI (Non Invasive Diagnostic Imaging):See the Biochemistry of a tumour, or anything else...
- NIDI(Non Invasive Diagnostic Imaging):Part 2, Seeing if there is cancer present, how much & where...(Using Lunapic.com free photo editor)

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1

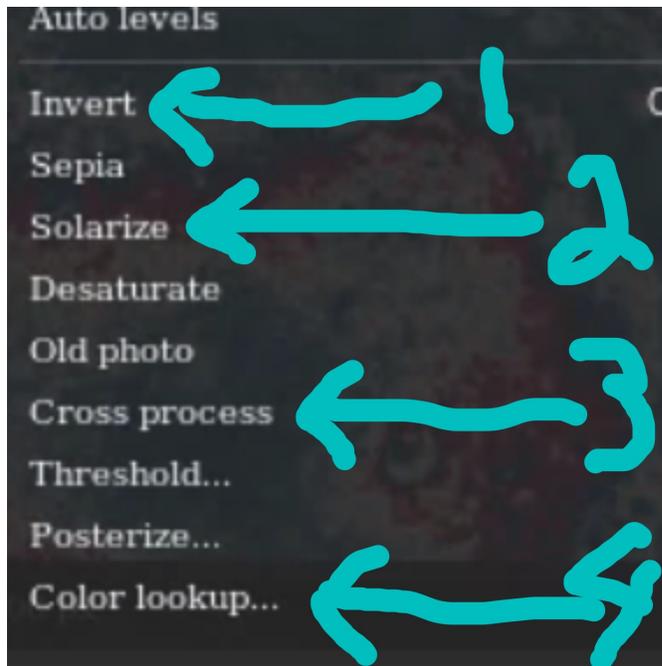
Take a picture with ANY camera you have including your cellphone camera...

***if you are on an iPhone or an iPad, you need to use the free PUFFIN app from the app store to access the free online photo editor you are going to use...

**If you are on an Android mobile phone you are fine...(Mac devices need Puffin to get onto flash websites)...

Go to Pixlr.com/editor & upload your picture there...(do this from PUFFIN if you are on an iPad or iPhone)!

2



Ok...

The picture shows the 4 steps you need to do to do this edit...All 4 steps are in the Dropdown menu called ADJUSTMENT...

Step 1) INVERT

Step 2)Solarize

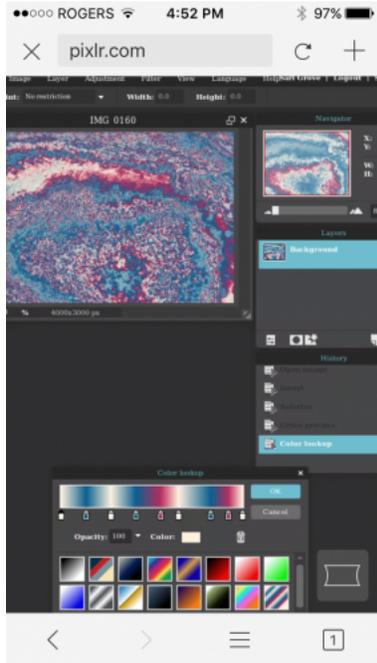
Step 3)Cross process

Step 4)Color Lookup ...**BY THE WAY...In COLOR LOOKUP there is an EXTRA thing you have to do...When you get to this step, go to**

the next tip to see what to do...

COLOR LookUP ...Ok, when you click on Color Lookup, underneath your photo, there will be a box that opens up, that has all sorts of different choices of what you can do...Scroll down the

3



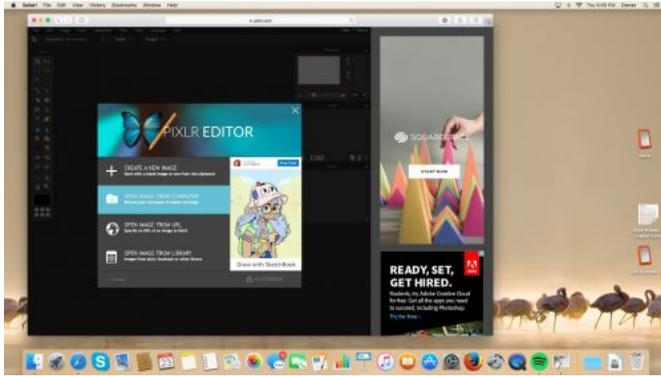
page to see your choices...Go to the next tip...

4



In Color lookup, in that box with choices, look for the choice I have circled in turquoise below...The red & blue box...(it's in the second row of choices on the right)...Choose that(click it)...Ok, now you are done!

5



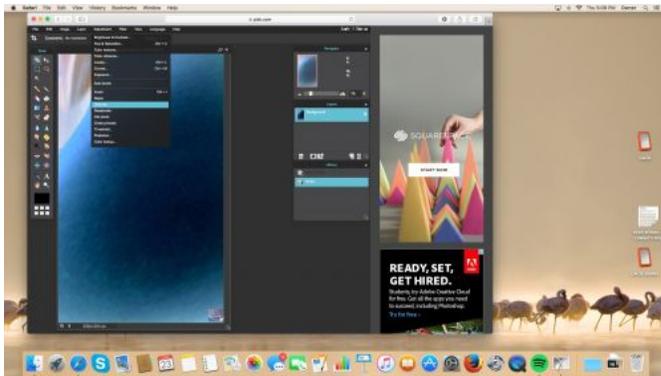
Here are the steps again, one by one, in pictures...Upload...

6



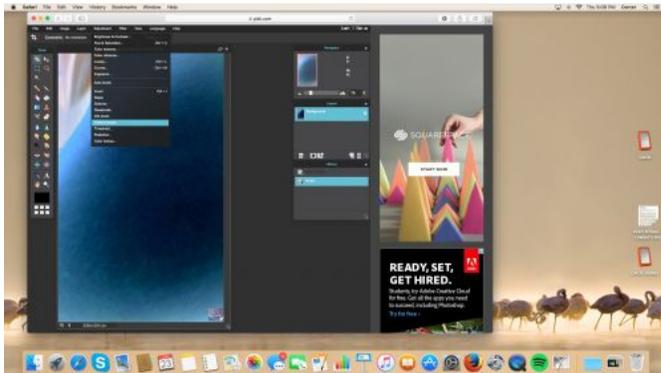
Invert...

7



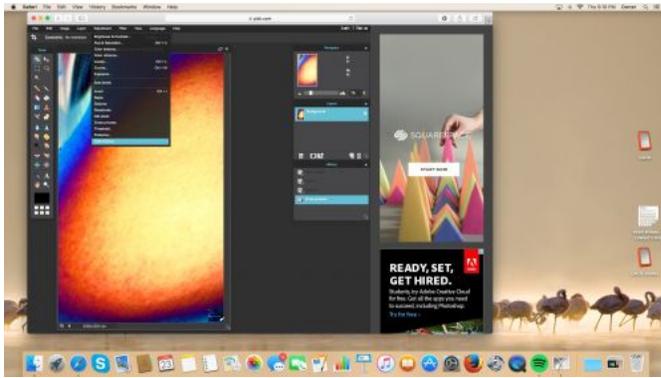
Solarize...

8



Cross process...

9



Color Lookup...

10



Color Lookup choose the red blue box in the second row at far right...(scroll down page to see popup box with choices)...

Done!

Results: The red areas will usually help to define the outer edge of where a tumour

is...

This can help you to track size changes over time...

The red by the way is Hydrogen...

So if you have had an injury to an area (say you were punched in the eye), you will see red where there is swelling or inflammation...

The body attempts to heal injuries by sending in Hydrogen...(which is why when you have a surgery to remove a lump, the area will get flooded with Hydrogen, which can be dangerous if there are still cancerous cells circulating because some parasites can live on water/hydrogen (like liver flukes)... This is why people sometimes get recurrence right on surgical sites...

Remove Hydrogen with Oxygens... B17 pills, apricot kernels, Papaya seeds, milk thistle, outdoor fresh air exercise for a long time, dandelion root, burdock root, seeds of citrus fruits (peel too), modified citrus pectin supplements... Cancer hates Oxygen so go big time on the Oxygens... Daily hours of far outdoor fresh air walking is my favourite way to get Oxygen...

ps... Don't drown your body with Hydrogen if you have cancer/parasites/worms... That means put away the gallons of water notion for the time being... Many parasites get killed by just dehydrating them... Go dry...(that means no alcohol too sorry)...

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