

BlogBooker

From Blog to Book.

www.grovecanada.ca

Contents

1	2014	7
1.1	December	7
1.1.1	An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump... (Grove Health Science Series Book 8) (2014-12-13 12:35)	7
1.1.2	Tweeting to myself on Twitter(that is not a euphemism)...(about Glaucoma, Smoke, & toothpaste)! (2014-12-13 23:34)	9
1.1.3	Facebook conversation about the 36 lbs. I lost recently on the raw plant based diet... (2014-12-14 08:21)	12
1.1.4	R.E.D.D. & Lake Tahoe & Toluene as a toxin... (2014-12-14 21:47)	14
1.1.5	Can you hear what your cat your human your swan is thinking? You may have had a concussion... (2014-12-15 16:01)	18
1.1.6	The reason why Christians started softening their stance on likenesses in "art"... (2014-12-15 23:16)	19
1.1.7	Front Loader washing machines (LG in this case)... (2014-12-25 23:15)	21
1.1.8	Mathematics & working with the Grove Body Part Chart in inventive ways:Brouillon/sketch pad/grisaille/raw (2014-12-27 16:23)	24
1.1.9	Chew, chew, chewing...Then drink something...Then swallow & drink some more... (2014-12-31 21:44)	28
2	2015	33
2.1	January	33
2.1.1	If your mail has been tampered with:LSD dissolved in Printer Inks... (2015-01-04 23:10)	33
2.1.2	Missing Parts:Where do body parts like the stomach, figure in on the Grove Body Part Chart? (ie:stomach tumour?) (2015-01-05 16:56)	35
2.1.3	Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump... By Sari Grove(free) (2015-01-09 17:01)	38
2.1.4	DIY Mammogram/MRI... (2015-01-10 00:54)	40
2.1.5	Our books, for free, on Smashwords, Scribd & Academia.edu...(*the Grove Health Science series by Joseph & Sari Grove) (2015-01-15 17:03)	45

2.1.6	What if you wanted to try to do your own chemo with things you could buy yourself? (2015-01-19 03:29)	51
2.1.7	So I joined a bunch of Facebook groups for lonely January, & here are some of the conversations I got to participate in...(alot of cancer healing stuff) (2015-01-22 03:18)	56
2.1.8	Significant progress in the getting rid of a DCIS lump! (frankincense & periwinkle) (2015-01-23 00:46)	64
2.1.9	Transverse Myelitis & Melatonin... (2015-01-24 01:33)	68
2.1.10	Cation, chitin, Molybdenum, Boron, chromosome 23, 12 item on grove body part chart (2015-01-25 19:57)	73
2.1.11	Just a quick hello from Jadzia & B'elanna Grove our intact lady bengal cats... (2015-01-26 02:06)	80
2.1.12	GENDER 12+ Bo 1- (bobo) (2015-01-31 11:43)	92
2.2	February	94
2.2.1	#SteveJobs #LindaMcCartney Eastman Kodak... (2015-02-04 06:54)	94
2.2.2	More comprehensive Grove Body Part Chart, Blog in order of beginning to end...(2 pdf files)! (2015-02-11 22:31)	97
2.2.3	If salmonella Typhi is Cancer & Tetanus is its new name then a Tetanus shot should be a form of cure? (2015-02-12 20:45)	101
2.2.4	Updated GroveBodyPart Chart including brain parts, functions & new row "gender"... (2015-02-12 22:45)	102
2.2.5	The Church of the Galatians(Our Lady of Perpetual Help)... (2015-02-13 22:00)	103
2.2.6	Book 1-Grove Body Part Chart:A Medical Arts Innovation(each organ contains 2 opposing elements) (2015-02-17 15:07)	104
2.2.7	Book 2-DO IT YOURSELF MEDICINE:A REPAIR MANUAL (2015-02-17 15:08)	105
2.2.8	Book 3-Algae+Rhythm, Algae-Rhyme:Apt Surgical Rotation App (2015-02-17 15:09)	106
2.2.9	Book 4-The Grove Health Science Series Book 4... (2015-02-17 15:10)	106
2.2.10	Book 5-Book V:The Brain (2015-02-17 15:11)	107
2.2.11	Book 6-RepoWoman;Book VI (2015-02-17 15:12)	108
2.2.12	Book 7-Lucky Book 7-Homework Textbook for the Keen Medical Mind (2015-02-17 15:13)	108
2.2.13	Book 8- Tutorials-Human Machine Works, & Rolling With the Tides, Breast Cancer Lump...8 (2015-02-17 15:17)	109
2.2.14	Raw Manuscript for Book number 9 of the Grove Health Science series...(from grove-canada.ca) (2015-02-17 15:21)	110
2.2.15	Start your DCIS detox by attacking the lightest metals first... (2015-02-18 16:34)	111
2.3	March	119
2.3.1	CBD Oil does NOT make you high, but does have medical properties for attacking a breast cancer lump! (2015-03-03 22:13)	119

2.3.2	Frankincense resin, Opoponax(Myrrh), & Lymph Node Detox deodorant:More weapons in the fight against a breast lump... (2015-03-04 21:35)	121
2.3.3	"If there is a fatal error, we will automatically deactivate the plug-in"...(ok, you know what to do!) (2015-03-06 01:49)	126
2.3.4	The baseline:Tracking size, & chemistry, of a breast lump, in pictures, while using CBD Oil... (2015-03-06 12:06)	131
2.3.5	" suicide is painless it brings on many changes and I can take or leave it if I please..." lyric Mike Altman (2015-03-08 13:57)	135
2.3.6	Ovarian Cysts, Ovarian Cancer, & a Pink Hummer in Rosedale! (2015-03-08 23:00) .	136
2.3.7	What "triple negative" or "triple positive" means in cancer talk as it relates to the grove body part chart? (2015-03-09 15:40)	146
2.3.8	Negatively Charged Hydrogen water, the Hunza people, & thoughts on cottage cheese... (2015-03-09 21:03)	149
2.3.9	Figuring out what exactly is in the novel chemo drug Ibrutinib & how to DIY alternatively & what does it address exactly? (2015-03-10 12:32)	155
2.3.10	The new improved Grove Body Part Chart with Valences & a Gender row with Molybdenum & Boron! (2015-03-10 22:27)	158

1. 2014

1.1 December

1.1.1 An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump... (Grove Health Science Series Book 8) (2014-12-13 12:35)

An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump...eBOOK \$1.13 <http://t.co/JSGTITZkbV>

— Sari Grove (@GroveCanada) December 15, 2014

An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump... (Grove Health Science Series Book 8)

This ebook is short & sweet...It contains two very important tutorials...The first, explains Sari Grove's medical theory, "The Grove Body Part Chart" which supposes that each body part has 2 opposing elements inside that must live in balance for health...One you "get" the chart, your DIY Medicine life will be so much simpler! The 2nd tutorial is a protocol Sari developed for herself to get rid of a breast cancer lump! This ebook is FREE starting Wed. Dec. 10-Sunday Dec. 14, 2014! (the rest of the time it's \$0.99 cents!)

ORDER NOW!

BOOK TRAILER VIDEO

[embed]<https://www.youtube.com/watch?v=dpGgbL0eA-Q>[/embed]

ABOUT THE BOOK

An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump...by Sari Grove

Sari Grove came up with a theory of how the body parts work...It became the Grove Body Part Chart...This short book explains the basics of that chart...

While writing Book 3 of the Grove health Science series, which ironically was about how to avoid surgery, Sari discovered a breast lump...Which of course turned out to be a dangerous one...Afraid of being a hypocrite, Sari decided to figure out how to get rid of this breast cancer lump & somehow dodge the surgery bullet...

It did take her Book 3, Book 4, Book 5 & finally Book 6, of research, trial & error, & alot of work, to figure out a solution...This short book contains a sort of tutorial format of the solution...

The 7 books of the Grove Health Science series get into topics mentioned in this book in depth & detail...This book was made as sort of a promotional book, shorter & sweeter...

Sari Grove also has a few blogs & websites online where you can read more about her & some of her newer ideas...

Be forewarned, this is an ARTIST who innovates in the Medical Arts...(At the time, it seemed like the only way one could think outside of the medicine box, was to BE outside of that box...)

"An introduction to how the human machine works & a short talk about getting rid of a breast cancer lump...by Sari Grove," also includes some of the preliminary work on mapping the brain parts & positing how the brain parts control one element each, in the body parts...

The Grove Body Part Chart & the Brain Parts theory have gotten alot of attention already(about 18,000 people have read the series so far), & conversations about the theories have been very supportive by peers in the Biology academic community...

PURCHASE NOW

ABOUT THE AUTHOR

Sari Grove

My Pedagogic Creed by John Dewey (1897) "I believe that when science and art thus join hands the most commanding motive for human action will be reached;

<http://www.grovecanada.ca>

Sari (2014-12-15 13:01:43)

You may note that the price in the Twitter Tweet mentions \$1.13 & the price lower down in the body of the Post mentions \$0.99 ... This is because it costs \$1.13 to Canadians in Canadian currency on the day I wrote the post, & to Americans in the United States, it is listed as \$0.99 cents... I am guessing as the Canadian dollar goes up & down relative to the American dollar, that the \$1.13 price should move up & down too... If this upsets you, rest assured, it upsets everyone else too...The whole currency market preys on doubt & gambling & insecurity & millions of dollars have been made on the whims of an up & down between two currencies... My advice is to buy low & sell high... Buy the Book when the American dollar is low in comparison to the Canadian one, so maybe buy when they are on par, so you will only pay \$0.99 Canadian... Then, even if the American dollar only rises a bit, the Canadian price will be more, & since you already have a copy of my book, you can then sell it for say, \$1.01 ... Thus earning TWO CENTS on the currency differential... & then you will have your two cents worth... LOL...(laughing out loud, or lots of love) Sari

1.1.2 Tweeting to myself on Twitter(that is not a euphemism)...(about Glaucoma, Smoke, & toothpaste)! (2014-12-13 23:34)

☒ (image is a still image from an animated short film by Sari Grove made using Blender 3d animation software...The still was grabbed using SimpleMovie software for Mac, export as picture, then you get a PCT file, which then I used "image Converter for jpg" a free online service to convert pct to jpg...)

So I sent this tweet out...

@GroveCanada: "When smoke gets in your eye...I see a correlation between people who cook & glaucoma...Especially in Africa where you cook over a fire..."

& then I thought about it, & tweeted this response to myself...

@GroveCanada: "which means that Fluorine, antagonist to Bismuth(smoke) should reduce glaucoma risk...Could we send our toothpaste to Africa?"

Ok, so it occurs to me I should I explain my Tweets...140 words or less is maybe a little brief when it comes to talking about glaucoma...On the other hand, maybe if medicine was forced to limit itself to a Twitter sensibility, it might not bore people so much...

'Dude, it's going to kill you!" might be more helpful than the paragraphs of obfuscatory language warning people about possible side effects of a drug...It's like watching the credits after a film...Most people leave...A few diligent good people sit dutifully & read the names of strangers who have helped to make the film possible...Yawn...

Anyways...

Ok, about glaucoma...

It really strikes people in poorer areas...Especially in Africa...

I was thinking that maybe that is because people in poorer areas might be more likely to cook their food over a real wood fire...

The smoke from that can be amazing...

Smoke is airborne charcoal...Bismuth on the Periodic Table of Elements...

On our Grove Body Part Chart, we have Bismuth in the Colon section...

Here... ☒ See the letters "BI"?

Bi stands for BISMUTH...

You will notice that the Bi Bismuth is in the PLUS element column of the Chart...

The letter F, is beside the Bi, & stands for FLUORINE...(Yes, like Fluoride, but Fluorine is the actual element-Fluoride is what they call it when it is in water, usually)...

F Fluorine is in the MINUS element column of our Chart...

Which means that Fluorine & Bismuth are opposites...

Now Glaucoma is an eye problem that happens very slowly over a very very long time...

It is a buildup of eye pressure, then fluids build up, & the cloggyness(is that a word?) around the eye & the cloggyness around the retinal nerve & the stem there & I am not going to be too technical here, well all that cloggyness builds up...

Eventually the cloggyness(yes I am sticking with cloggyness)causes the fluid pressure to like degradate(another iffy word) the giant nerve that feeds the eye, & stuff starts to like, well, degradate...Like rust...Mold...Too much water...Fall apart...Weaken...

Anyways, you start to go blind...

Now my idea about how glaucoma happens is that, well, smoke gets in your eye...For years & years you are cooking over an open fire...

You're inhaling alot of fire wood smoke too...Bismuth...Charcoal...Bi...

That Bismuth starts to clog things up...Over years & years...

Now that I think about it, or is it just the Bismuth, the clog, that is BLOCKING your vision PHYSICALLY...

Like you literally have Bismuth in your optical nerve?

That makes sense too...Bit of both then...(MY first was more from what I have read about glaucoma, but now that I think on it, the smoke in your optical nerve thing makes even more common sense...)

Anyways...

Fluorine is opposite to Bismuth...

I know that because I invented the Grove Body Part Chart...It's mine...

The whole idea, long story short, is that there are 2 elements that live in each body part that must be in balance as opposites for health...

Illness is imbalance...

So Glaucoma would be an imbalance of too much Bismuth not enough Fluorine...

hence the toothpaste Tweet...

North American toothpaste usually contains Fluoride...(Though I use non-fluoridated toothpaste, because our water supply here in Ontario is WAY too much Fluoride added & my teeth were getting thin in the front from it...)

So I was thinking if we introduce toothpaste from North America to poorer people who cook over fire in Africa, that the extra Fluoride from the toothpaste would help to mitigate some of the excess Bismuth in their system, possibly unclogging internally some of that charcoal clog in their optical nerve?

Ok, I am not being entirely serious, but still, the concept is right...

Plus, in North America, we have way too much toothpaste...

Smile...

 My cup runneth over image by Sari Grove made using Blender 3d animation software(yes, this is a still shot from an animated sequence of water being poured into a glass & running over the brim...You'll notice the glass is cracked or flawed in its centre...Also there is no actual water IN the glass, it is actually just hitting the brim & running over...This is NOT photography...The whole thing was "drawn" in Blender...The program uses Physics to calculate how water or any liquid should flow, though you temper that by adjusting things like for viscosity in real water...

Sari (2014-12-14 12:56:59)

<http://www.online-convert.com/> Online Convert is where I converted the PCT file picture of the Still Image from SimpleMovie into Jpg...

1.1.3 Facebook conversation about the 36 lbs. I lost recently on the raw plant based diet... (2014-12-14 08:21)

✖ So...

If you ever wondered why women are spending so much time on Facebook, & what all they are talking about, here is an excerpt of something I wrote when asked about the 36 lbs. of weight that seemed to have just fallen off my body when I began the raw plant based diet thing...

I should note, I WAS NOT TRYING TO LOSE WEIGHT...

It was just a side effect, an accident...

I did not restrict calories AT ALL...

So anyways...People want to know WHAT exactly I ate...Here that is...

"Giant bowl...

Shredded cabbage, shredded broccoli, shredded carrots, avocados, green apples, trail mix nuts with dried cranberries, sesame seeds, cherry tomatoes, really everything on the planet in the salad vegetable section, sprouts like those little sprouted mung beans I think they call them come in a package already sprouted for you , beans...

For salad dressing-olive canola oil a lot with some apple cider vinegar & horseradish mustard...

During the day, handfuls of nuts & raisins for snacks...

Absolutely no quantity restrictions, just no meat, no breads, no sugars, no dairy...

But I did it for health not weight loss-but the weight just fell off like wow fast...The raw stuff gives tons of energy, cooked vegetables not enough...

After 6 months, I stopped though...

I started grinding my teeth at night-apparently lack of B12 can do that...So your husband is right...It can be dangerous...

Didn't quit coffee or tea-THAT would be crazy!(smile)"

✖

Herbs, stale & antibiotics...

When you eat the herbal form of a medicine, like you take a pinch of Madagascar Periwinkle, the herb, it's like bits of dark grass pieces, you chew it a bit then swallow with some liquid-when you eat the herb straight like this, it travels all through your body gathering gunk it doesn't like, spreading its joy & beauty around, having an altogether good time & you get so healthy with the Iodine rush...

When you take a Vinpocetine PILL, which is the medicine derived from the herb Madagascar periwinkle, the Iodine thing, it travels PLOP down into your belly & sits there carving a hole there with its intensity & the pill maybe contains the BOTTOM parts of the herb like the stems & such which have a tendency to hit your ovaries very directly instead of gently like the herb format, so your ovaries get hit hard & you can feel that...

Now when you take TAMOXIFEN, which is the highest drug form of Madagascar Periwinkle, the prescription form of the Vinpocetine which you get over the counter, the tamoxifen hits your UTERUS like full force & can cause UTERINE lesions cause the Iodine is just so strong there...

Now women are taking Tamoxifen because they are in a CRISIS & need something in a big whole rush...So it is helping very much...Women are getting uterine lesions though cause it is a drug & it is an Iodine drug & that is so strong on your body...

Now if you go the herb route, you have to do this every day, like for a very long time...You have to buy the herb, & you have to chew it & swallow it & chewing is work & so is swallowing...Or you could boil it & make a tea & drink that...But boiling is work & waiting for it to boil is work & drinking it doesn't taste great plus drinking is work plus the waiting time of letting it cool off...

So this is why women(& men) opt for drugs...Because it's FASTER...

This is also why I am a supporter of the SLOW FOOD MOVEMENT...

I happen to be the slowest eater on the planet, so when the Slow Food movement began in Italy was an early adopter...(I was at VINITALY in Verona like in the early 1990s one summer with my mother for her wine agency business...She was scouting for new wine suppliers & I was dicking(cannot think of a better word forgive me) around wondering how she worked so hard cause I was exhausted...)

About staleness...In Canada things sit o the shelf for a long time...Drugs...Shipping times are extraordinary because it's cold & things are far...So drugs are often stale...(Probably good/safer when it comes to Tamoxifen though)...

So you could take a full round of antibiotics in Canada & still be chronically sick with a lung infection...

Stick some Cayenne pepper into your tea by the way, it works like antibiotics...

Antibiotics are basically garlic...Garlic gets stale fast...In fact you can eat raw garlic instead of antibiotics & you will get almost exactly the same results sometimes better with the garlic...Eat it with plain yogurt if you do cause wow it is hard to eat alone...

On our chart, garlic, antibiotics, Insulin, Cayenne pepper are ALL in the same SELENIUM family...

Se Selenium is in the Pancreas, a Minus element...(It's opposite is SULPHUR think Sugar)...

✕

1.1.4 R.E.D.D. & Lake Tahoe & Toluene as a toxin... (2014-12-14 21:47)

Grove Body Part Chart with brain parts

Organ	Minus Element	Plus Element
Thyroid	Frontal Lobe R Zinc	frontal lobe L Lead
Thymus	motor cortex I Manganese	motor cortex I Iron
Lung & Lymph Nodes	parietal lobe r Titanium	parietal lobe l Aluminum
Heart	medulla oblongata bottom Potassium	medulla oblongata top Aurum
Kidneys	Pons bottom Carbon	Pons Top Nitrogen
Pancreas	Occipital Lobe right Selenium	Occipital Lobe left Sulphur
Liver	cerebellum r Oxygen	cerebellum l Hydrogen
Adrenal Gland	pituitary gland r Iodine	pituitary gland r Calcium
Spleen	globus palladus front Copper	hypothalamus back Phosphorus
Gallbladder	broca's area front Magnesium	wernicke's area back Mercury
Colon	temporal lobe r pincal gland Fluorine	temporal lobe pincal gland left Bismuth

So there was a toxin spill at Lake Tahoe & people got sick & many died & the toxin was called TOLUENE & one of the illnesses is called R.E.D.D. ...

REDD is an acronym...

Anyways long story short here is my take on Toluene poisoning...

Toluene's chemical composition is CH3...

One Carbon...

Three Hydrogens...

Excess Carbon in the Kidneys is in the Down's Syndrome family of problems...Also Carbon Dioxide poisoning..You treat that with its opposite, Nitrogen...

Nitrogens are found in vegetables, plant based things, salads, green grass you sit on, & especially in Beets...Bodybuilding supplement stores carry Beet powder called ARGININE...It is way alot of Nitrogen...That is good for excess Carbons...Or just eat alot of Beets...Or Beet juice...

Now Hydrogen poisoning is in the family of hepatitis, Chronic fatigue syndrome, Alcoholism poisoning, Common Cold & Mononucleosis...They are all a wet drowning Liver...You treat those with Oxygen...Oxygen is OPPOSITE to Hydrogen in the Liver...I am using my Grove Body Part Chart(the one above also has brain parts so don't get too confused...)

Oxygen things are fresh mountain ski slope air, Goji berries, Dandelions, Milk thistle, Sundried tomatoes, the drug Colchicine is just like Saffron the thing you cook with but stronger...

In fact Saffron in high doses is medicinal too...5 grams of regular Saffron can kill you as can taking too much of any Oxygen thing, think Cyanide when you think Oxygen...

Cyanidins in grape skins & berries are also Oxygens by the way...

So pick your remedy...

That is what I think about Toluene poisoning...

Ken Wilber speaks more on that subject...His website is <http://www.KenWilber.com>

Update this Monday Morning 1:25 am:

The brain parts involved in Toluene CH₃ poisoning, are,

For the Carbon C excess in the Kidneys, the brain part is the Pons, & in the body parts the polarity of Carbon should be on the left side of the body, so the left Kidney would have the excess of Carbon predominantly...In the Pons, which sits just above the brain stem at the back of the head above the Medulla Oblongata which sits more centrally on the brain stem at the back of the head & neck area almost...The Pons controls the Kidneys...So any kind of therapeutic massage technique that addresses the back of the head above the neck area, but the lower part of the back of the head, would help the Pons to clean itself, & would stimulate better circulation to help the Pons rid itself of the excess Carbon from that first molecule of the Toluene...

See Book V:The Brain

for more about the brain parts as they relate to the body parts,

& also see

DIY medicine:A repair Manual for the introduction to the brain parts...

Note:It would be the RIGHT side of the PONS that controls CARBON output...

For the Hydrogen H excess in the Liver, the polarity would be on the right side of the Liver in the body, the right side is the Plus element dominant side & has the Hydrogen production...In the brain parts, the CEREBELLUM is in charge of the LIVER...IN the Cerebellum, the polarity of the brain parts would be that Hydrogen production would take place to the LEFT side of the Cerebellum...So the excess Hydrogen would be residing at the Left side of that brain part in the head in the brain...I like Saffron as an Oxygen thing that

is relatively safe to ingest(people do every day in food), that will easily transmit through the blood brain barrier & reach the cerebellum to Oxygenate it & remove some of that excess Hydrogen that is drowning that brain part...



Sari Grove

Follow Sari Grove's board Like "Places to Go" or "Recipes to Make" on Pinterest.

Update in response to a question on our Facebook Page...

" <http://www.integralworld.net/redd.html> I met two psychotherapists in Toronto at Whole Foods(their dog Gigi approached me!)...

(Blake Carter <http://ontario.psychotherapyandcounseling.ca/blake-carter> & Diana-sorry I don't have a link)...

& was chatting with them about how art & medicine intersect...

Ken Wilber was mentioned because his field is Integrative as well...

Anyways, my chart, the Grove Body Part Chart, is a way to approach ailments & understand them at a basic level...

Diana said that Ken Wilber was suffering from something called "REDD", the aftereffects of the Lake Tahoe spill...

I offered to look into Toluene poisoning using my chart to get in to what the illness affects...

Which resulted in my blog post...

But the link here takes you to Ken Wilber himself talking about the spill in more detail & his analysis

of the effects...He has more about that in various places which you can find by Googling his name & Lake Tahoe or REDD or Toluene...

(I should add two things here...Since Toluene is a CH₃ poisoning, that means it is Carbon & Hydrogen poisoning...

On my chart, Carbon is antagonized by Nitrogen, & Hydrogen is antagonized by Oxygen...

So if you were going to add Nitrogen & Oxygen to your diet, two powerful sources are:

1)for Nitrogen, Beet juice

2)for Oxygen:Apricot kernels..."

My Answer to a Facebook comment:"You're welcome! & Thank you! The more we all put our heads together, the better we can solve solvable problems...I'm sorry you have symptoms...I bet you can fix that...When you do, come back & tell what you did that worked...CFS chronic fatigue syndrome is very similar to the REDD problem(the Hydrogen excess), though minus the Carbon excess...A raw plant based diet for a little while will also boost your Nitrogen levels...The apricot kernels are a really strong source of Oxygen that will boost your energy...You can eat like 20 apricot kernels a day-they are nutty & a little bitter, but not totally terrible..."

Sari (2014-12-26 00:15:18)

Yoga is all about poses...Like being a supermodel & you pose for a photoshoot...Pose pose pose pose... (Bikram Yoga has about 27 poses...)(You have to remember 27 different outfit poses for your modelling photoshoot) Qi Gong is about animal movements & you make a sound like the animal...Grr you are a tiger & you pounce & you make the sound : "Grrr"... Tai Chi is about making the animal movement without making a sound...You are a spotted zebra running gently through the woods quietly without a noise of hoofs hitting the ground in long tall grass on a windy but warm summer day like good for sailing... Tae Kwan Do is all about the colour of your wind...Yellow stripe, brown stripe, ageing, time, experience...There are levels like Paschel's levels in life...You actually have to learn each level...Or not...Some people think that levels of maturity just happen as life goes on naturally & you don't have to force it... Karate is about fighting...Starting a fight...Picking a fight... Kung Fu is about ethics, like when do you fight, what moves are legal & which moves are not acceptable...Normally there are 5 acceptable things you can do when someone wrongs you, it is more defensive...There is a movie where the thief uses 6 moves & the defender uses only 5 moves & wins...This is because self-control, in a public venue like a movie, can win the respect of the audience, then you win by more votes...So even though a thief may be better at doing something, he still goes to jail because he broke the ethical law by using too many moves, too many cheats, too many machines instead of his own hands, too much money instead of paying her dues, & so on...Yes the meek can still inherit the earth in Kung Fu rules... P.S.

This is an opinion piece that is still a work in progress...

Sari (2015-01-14 15:25:15)

<http://www.integralworld.net/redd.html> I met two psychotherapists in Toronto at Whole Foods(their dog Gigi approached me!)...(Blake Carter & Diana)... & was chatting with them about how art & medicine intersect...Ken Wilber was mentioned because his field is Integrative as well...Anyways, my chart, the Grove Body Part Chart, is a way to approach ailments & understand them at a basic level...Diana said that Ken Wilber was suffering from something called "REDD", the aftereffects of the Lake Tahoe spill...I offered to look into Toluene poisoning using my chart to get in to what the illness affects...Which resulted in my blog post...But the link here takes you to Ken Wilber himself talking about the spill in more detail & his analysis of the effects...He has more about that in various places which you can find by Googling his name & Lake Tahoe or REDD or Toluene...(I should add two things here...Since Toluene is a CH3 poisoning, that means it is Carbon & Hydrogen poisoning...On my chart, Carbon is antagonized by Nitrogen, & Hydrogen is antagonized by Oxygen...So if you were going to add Nitrogen & Oxygen to your diet, two powerful sources are:1)for Nitrogen, Beet juice 2)for Oxygen:Apricot kernels...

Andrea (2015-02-11 16:04:06)

Great, thanks for sharing this blog. Want more.

1.1.5 Can you hear what your cat your human your swan is thinking? You may have had a concussion... (2014-12-15 16:01)

- Soundwaves are large...
-
- Thoughtwaves are smaller...
-
- Our brains are designed to hear soundwaves...
-
- When you get a concussion, your brain swells up...
-
- Sometimes you end up with a permanent swelling, edema, that stays that way...
-
- The swelling makes your brain smaller...
-
- If it makes your brain smaller anywhere near the hearing area, it affects what kind of waves you can hear...Because a concussed brain is now smaller, sometimes only the smaller thoughtwaves get through, where they did not before...

Ok, I could flesh that answer out a bit...

Christians were running around getting really angry about "artists" doing likenesses in art...

Not just naked people...

Anything that looked like something God had created...

So anyway...

The people who had spent a really really long time making their statue of their wife or of themselves or of a golden calf did not like having their "work" denigrated...

Also...The people who were busy making things that sort of contravened what the Old Testament said weren't exactly religious people...

So, like, they were dangerous...

Kind of like that big scary guy at that biker bar who sits in the corner...

He might be nice, he might be not nice, either way, I am not about to go up to him & tell him what I think of his realistic tattoos...

That they should be more abstract...

It is just not a smart thing to do...

But Christians were doing this sort of thing & getting into alot of major trouble...

So anyways, one of the Popes saw this happening & was like:"Ok, enough...Leave it alone...This is not worth it..."

So then other Popes afterwards continued in that tradition of softening their stance on that, & some of them wrote little books about it, to make sure Christians didn't go bugging that big guy at the bar anymore & getting beat up for it...

So that is how Christianity started to soften its stance on realism in art...

You got to choose your fights...Pick your priorities..Weigh your options...Is this worth it to me or not?

ON another topic, but still in the religion section of my brain...

The video below is excellent & if you go to the Youtube page for the Video, there is a link to the book, which I just bought...

or you could just click here & see the Amazon page directly without going first to Youtube (& buy the book...)

[embed]http://youtu.be/2l3hQ83LZNg[/embed]

1.1.7 Front Loader washing machines (LG in this case)... (2014-12-25 23:15)



So...

1)Look closely at the HANDLES of your water pressure on/off switches (ours are like handles)...Or take a picture & make it bigger on your computer...Or use your iPhone flashlight to see better...Or get a young person with big eyes to look & see which was on & off is...In the case in the picture, ON was to the LEFT at 9:00 pm...OFF was UP at Midnight...

2)Why? Because our handles (there are two), were both set to Full water pressure ON...9:00 pm on a clock...The water pressure in our building is so good that the water flowed very hard & fast & broke the Solenoid inside the plastic intake valve on the Cold water inflow...The Solenoid is a little door that keeps water from running into the machine when it doesn't want water...If the little door breaks you get leakage INSIDE the washing machine...(Front Loader Lg in this case)...

3)So...In Conclusion...The LG repairman (C. from Nova Scotia), set our (both) on off water handles to 5 minutes to midnight, where On is 9 pm & off is midnight...This means less noise & less likelihood of the Solenoid doorway inside the intake valve on the cold water intake place, less likelihood of it breaking & you get interior washing machine leakage...

4)What happens if your Solenoid is broken inside that plastic intake valve on the cold water intake(the one closest to the middle of the back of the washing machine on the LG model we have...) They have to unstack the dryer off the washer...Two people(preferably three)...They have to remove the top lid of the washing machine...Unplug some wires...Remove the broken intake valve & replace it with a new one...Put everything back together & restack the dryer onto the washer...(note:Unstacking & stacking is dangerous with one person because once a dryer fell on the one technician while attempting a solo lift)...(The whole job would have been far easier with 3 people who are technicians, or a homeowner with some savvy-that was me in this case...)

5)When the Installers install the washing machine, if they set the water pressure(using the on off handles) to 5 minutes to midnight they could avoid a broken solenoid doorway component inside the intake valve assembly(plastic)...

6)The installers (sent from Tasco where we buy our appliances mostly, & the Hudson's Bay company too, but not this time...), the installers upgraded the LG rubber hoses for cold & hot water going in to the washing machine to metal hoses...The problem with that is the heavier hoses, when the washing machine moves, UNSCREW themselves & cause an external leak onto your floor...In our case the kitchen...(Condo)...

7)Not intuitive or is it? So the 2 technicians(also I. from Fresno, California), removed the upgraded metal hoses by the retailer & put in new rubber LG from the manufacturer rubber hoses...The rubber hoses marry better to the plastic male valve that inserts itself in a threaded way into the female hoses who have just a thin metal head & the rest is light rubber...We were told to replace them every three years...

8) it was mandated in 2011 that all buildings in Ontario have to have a ONE WAY VALVE to prevent water from coming in to our building from other buildings...When people in our building leave to go to warmer climate, or to their cottage, the very high water pressure demand of daily jobs becomes a very very low water pressure demand...The change in gravity causes a suck, it sucks the water outtake from other buildings(in our case from 890 Yonge street where the dental clinic is)...So we get fluoride in our tap water, our drinking water, FROM the outspew of Fluoride that the dental clinic dumps down their sinks...This happens every holiday, & includes Sundays, when people in our building rest & don't wash as much for work(or cook & clean)...This is why the teeth of people in our building look thinner, why people have insomnia & or Crohn's disease & their breath smells inordinately minty fresh during what was supposed to be a holiday when you can let your breath go...

9)On the upside...Fluorine is an antidote to excess Bismuth caused by too smokey air caused by too much woodburning fires caused by excessive coldness in winter caused by living in Toronto or any other cold climate...(Our ceiling has a thin layer of soot on it from the fumes of our neighbour's fireplaces rising upwards)...

10)On a similar topic, of loving thy neighbour by not having washing machine leaks by lowering your water pressure handles on your cold & hot water on off switch handles...Please consider also loving thy neighbour by not making noise above 45 decibels during 9 am & 5 pm hours...Those who go above that decibel limit are breaking the law & can be prosecuted...



In this picture, the handles have the on off directions printed right on the handle in white writing on the red background...If you click on the picture you will be able to see the directions better...Notice that the on off directions on the cold & hot are different...So in this case, 5 minutes to midnight is in different directions...So THINK & LOOK BEFORE you touch...We use Park Lane Plumbing in Toronto who also does the plumbing work for George Brown College in Toronto, Ontario, Canada(& they also have a fashion design division & an ESL English as a Second Language division)...So, remember the ANGLE of 5 minutes to midnight & apply it to whatever direction you need to turn the handles...For example, mostly OFF except for a slice or wedge of cheese appropriate for one person...This reduces your water pressure so you don't bust your solenoid door & need an expensive or difficult repair...!

11)Task: Design a doorknob for a front loader washing machine that if the doorknob breaks off in your hand all you have to do is screw in a new doorknob or click in a new doorknob without having to replace the whole glass door & metal stainless steel silver colour frame! (We know this because when the plastic door handle of our front loading LG washer machine broke off in Joseph's hand, they could not repair the handle itself, they had to give us a whole new door, free labour, & free delivery, which cost LG about \$300 Canadian currency or more, plus they had to outsource the job to Tras appliance technicians, an authorized LG repairer but not the LG repairpeople, because the Lg people were so darn busy over this Christmas season...Way overbooked with these kind of repairs...Plus the poor call centre in Panama(for us that is where they were) had to use 3 different people to handle our call plus the manager had to get in on things, I mean the Supervisor...(to Comp the job)...(Tras had offered to comp us 15 % on the door part, then 15 % on the visit plus the labour, but that only took care of HST 13 % plus 2 % off the job, which is why we had to call back & say the design flaw of replacing a whole door when just a doorknob(so to speak) was broken) was not so good...

Sari (2014-12-25 23:31:11)

By the way...Did you know that if you are renting a space in Toronto for your business or for your residence, & the Landlord says they want to tear the building down to build condos or something else, that you are entitled to a MINIMUM of 15 thousand dollars in relocation money...Ask for it...If they say no, go to City Council when those meeting are & say that you know there is precedent in Toronto for a 15 thousand dollar payout to renters if they are being kicked out for new building construction or some other excuse...(They will get an easy to get permit for a low rise demonstration room condo display building, kick the resident renters out, then tear their own building down & now that the protesters are out of the way, they build a giant giant tall new building while threatening City Council members with fire or some other under the table wink wink threat so that the Bylaw density amendment has to go through for a way too tall new condo building...)

Sari (2014-12-25 23:54:58)

Coffee is a Copper... Sugar is a Sulphur... Water is a Hydrogen... Stainless steel taps are made of Zinc coating & Lead pipe on the inside... If you use too much boiling hot water to make coffee or tea or espresso or whatever hot boiled water, then you can strip the Zinc off the coating of the inside of your hot water tap & the Zinc metal will fall into your coffee or tea...Also, the Lead will flavour your hot beverage with Lead particulate...On the upside, you can pooh out heavy metals...If the metal is Zinc metal, eat a Lead based potato pancake(a Latke in Yiddish I think)...If the metal is Lead particulate, then you can take a Vitamin D pill, a Vitamin D3 drops, or eat some Ginger root, or as a last resort smoke an e-cigarette for the nicotine(but it will make your hair turn gray if you smoke too much because it can strip the potato pancake Lead based sheath of your hair strand... The neat thing about using real sugar in real coffee (instead of art.sweeteners) is that Copper Coffee + Sulphur Sugar= Calcium milk froth...

1.1.8 Mathematics & working with the Grove Body Part Chart in inventive ways:Brouillon/sketch pad/grisaille/raw (2014-12-27 16:23)

Mathematics & working with the Grove Body Part Chart in inventive ways:Brouillon/sketch pad/grisaille/raw

If you take Coffee & mix some Sugar into it you get a slight milk froth look on top of the hot liquid...More from Espresso Coffee & real Sugar...

We know that Coffee is a Copper...We know Sugar is a Sulphur...We know Froth is a Calcium...We know Water is a Hydrogen...We know Fire is an Oxygen...

So, then...

Using the symbols from the Periodic Table of Elements, we are going to write the coffee plus sugar mixture in symbols...

$Cu + S + H + O = Ca$ or in English, Copper plus Sulphur plus Hydrogen plus Oxygen equals Calcium

The Calcium is the fine layer of Froth you see on top of your Espresso Coffee when you add some real granulated sugar to it...

(We are ignoring everything but the Froth for the sake of argument)!

So...If you get Calcium Froth when you add Sugar/Sulphur to Copper/Cu/Coffee then...

Let's go backwards & see how to get Sugar/Sulphur...

Let's simplify...

In Math, if several things add up to something, then ...

Let's do this...

Ca - H - Cu - O = S

or

Calcium minus Hydrogen minus Copper minus Oxygen equals Sulphur...

So to get Sulphur/Sugar you need to subtract the water/hydrogen from the Calcium/milk froth

So like if you subtract the water from a glass of milk you are left with Sugar...

Um, but we have forgotten to account for the Copper & the Oxygen...

Ok, let's get into it...

Copper is a Minus element on our chart...Oxygen is also a Minus element on our chart...

If you ADD a Minus element to something you are really just subtracting...

So if you subtract a Minus element, then you are really ADDING...

Because a "+" & a "-" in Mathematics equals a Minus...

But two minuses in mathematics equals a plus... "- + - = +

This is how Math differs from ethics, or Philosophy of Law...(McGill 1988)

In ethics, two wrongs don't make a right...

But in religion (McGill summer Theology 1988), An eye for an eye can be considered fair, though turning the other cheek if slapped again can be considered decent...(now in early Theology(McGill 1987 New Testament, King James Version), the person who hits first is wrong...

So back to the Chemistry of Math...Or the Math in Chemistry, whichever you choose...

If an orange is made of Zinc & Sulphur then an Orange has Minus element Zinc & Plus element S...

So you get Sunshine/Zinc/VitaminD3/VitaminC & you also get S/Sulphur/Sugar/Fructose/Sweetness...

If you pour boiling hot water through a stainless steel tap, the tap is made of Zinc heavy metal & Plomb Lead heavy metal...

The boiling hot water is made of Fire/Oxygen & also Water Hydrogen...Fire/Oxygen is a Minus element & Hydrogen is a Plus element...

Now on our ©GroveBodyPartChart2014-present, The Minus elements get STRONGER as you go DOWN the chart from Top to Bottom...

The Plus elements are STRONGEST at the top of the Chart, & get weaker as you go down the body parts...

(there are 11 body parts on the Chart & 22 brain parts that PAIR because 22 pairs makes 11 teams, like 22 people who are paired, like married, make 11 teams...

Each Team in the brain handles a body part or organ in common parlance...

So like in the Spleen there are 2 brain parts controlling each SIDE of the Spleen...

Each side of the Spleen makes one thing or element...

1)In the female the Left side of the body is dominant, & the right side of the brain...

2)In the female the back side of the body is dominant & the front side of the brain...

3)In the female the bottom of the brain is dominant & the top of the body parts, like the topside of the feet, or the top of the foot, where the pretty toenails are...

In the male, of the species, human, the dominance is reversed in all 3 cases...

Now both male & female have all their parts, but the dominant side should be appropriate to gender...

Could the human animal be totally ambidextrous?

Possibly, if gender is also ambidextrous, ambivalent, hermaphroditic(presenting with both male & female organs), bisexual(preference for both sexes), Androgynous...

Please note the Castrati, the castrated ones, people who have had their testicles removed, does not necessarily make them Androgynous because merely removing one male part does not trigger necessarily a cascade of all male parts or male dominance being removed...

Is it better to be fully ambidextrous or is it better to have sidedness dominance in Gender?

One would assume that sidedness dominance in Gender is better because it offers gender clarity between male & Female...

If one ingests Zinc heavy metal due to over-stripping the Zinc metal off a stainless steel galvanized pipe tap, then that gritty feel in your mouth is actually Zinc heavy metal...

Since Zinc is antagonized by Plomb Lead on our Chart, then ingesting something gentle & edible with Lead Plomb Pb in it should remove that Zinc heavy metal from your body...

For example eating a Lead Plomb Pb based Potato Pancake(latke in Yiddish/german), should GRAB the Zinc heavy metal particle from your body & you should be able to pooh it out!

Then you will see a shiny piece of your sink tap metal Zinc in your poop...

Conversely if you are drinking water that has a high Lead Plomb Pb heavy metal content in it & you have sluggish feel MS Multiple Sclerosis, then eating a Zinc filled Orange should remove the Lead Pb from your system...

But be careful...Oranges have Sulphur sugar in them too, so you may be raising your Sugar S Sulphur fructose levels in your Pancreas...

Cayenne Pepper is a Selenium...

Ginger root can be chewed & swallowed & is a Zinc...

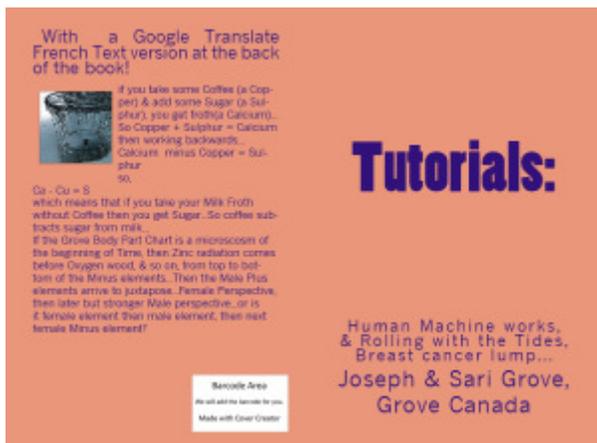
Cottage Cheese, Nexium, Probiotics, Botox, Yogurt are all in the Phosphorus P family as is Mold

Sari (2015-03-03 20:21:51)

Omigosh...NO BOTHER!!! I'm thinking of the song 'the more we stick together the happier we will be'...I have found the more I help the more people help me...Instant karma! It's awesome... Both the Madagascar periwinkle & the Licorice root a daily dosage of just two teaspoons of each is a good amount...If you really want to pummel a lump & make it shrink faster, take more of the madagascar periwinkle, like 5 teaspoons a day, but know that it acts like real chemo, you feel tired & droopy & may sleep all day...Sundays maybe for that...Other tips? You can buy a bag of Frankincense resin for not much money-it's like hard nuggets...You put them in your mouth & chew them like gum, they get softer...When the flavour goes, you spit it out...It helps shrink things by lowering cholesterol...Apricot kernels you get a bag for like 18 \$ at a health food store & you can eat like 20 a day & ok they are bitter but they also

shrink things up & people have had alot of success getting rid of lumps with them...The kernels are Oxygen which lowers Hydrogen levels-much Cancer has necrosis which is caused by hypoxia, lack of oxygen, so Oxygen things are great...Last of course, IF you can find a source, sometimes you can find someone mail order online, look for HASH oil or Cannabis oil, they are the same thing...You take 1/3 the size of a grain of rice of the hash oil, put it in some heated peanut butter because it needs a fat to help your body absorb it, & eat it...There is tremendous evidence of this working in clinical trials, plus a billion people online...This is the only thing I haven't been able to try myself yet-I just ordered some, finally after a finding a source, but I am still waiting for them to accept my payment details...It ain't a paypal situation usually, unless you get a medical marijuana card, which is a pain to do, but cheaper & easier later...My blog & website & my free books where I track how I figured some stuff out are here if you want to read <http://www.grovecanada.ca> p.s. love to you both & hugs...

1.1.9 Chew, chew, chewing...Then drink something...Then swallow & drink some more... (2014-12-31 21:44)



This is an early version of what our 8th Book cover is going to look like...

I have been chewing:

Madagascar Periwinkle, the Iodine herb...

You sort of grab a pinch with your index finger & your thumb, stick it in your mouth, throw some liquid down in there to make it wet, chew it a little, throw some more liquid down there, then swallow it, then throw some more liquid down there to make it all go down...

I've been using Diet Pepsi Hydrogen + Copper + Potassium ...

You could also pick up the herb with a teaspoon, then you don't get the rest of the herb dirty with your hands...I find when you just take the herb straight without making it into a tea, it is faster & works stronger...

But you do have to use your swallowing muscles, so if you gag alot or are afraid of choking, then you could take an even tinier pinch, so tiny it is like a little bit of spinach, make it wet in your mouth & try to swallow that just like food...

I have been chewing:

Licorice root the herb, which comes in bigger pieces & is a little harder to chew & swallow but sure is stronger than when I cook it to make it into a tea...That makes it cheaper money wise...

Ginger Root Zinc, you can just break off a piece of the root, just a little round branch of the root, & put it into your mouth & chew that & swallow that with some liquid...I am still using Diet Pepsi for my liquid so far...(Though I cheat a bit & drink some juice for the sweet taste, just a quick sneaky gulp that's all)...

Garlic raw Selenium but it has been sitting in my fridge for a little while so it doesn't taste as strong...I took a bite of a garlic clove raw & chewed that, & added some liquid to my mouth, then put the rest of the clove into my mouth & chewed that fast & swallowed that fast to avoid the mouth burn...

Now I am drinking instant coffee Copper with boiled water Hydrogen + Oxygen with 3 Splenda Potassium & a Hot Straw Silicon(it is in the Salt & Mercury family on our Chart) & a little cheating again Homogenized milk Calcium...

I put two slow squirts of President's Choice Organics Honey Sulphur into my coffee to make myself feel better after all that hard work of chewing & swallowing difficult to eat things...

Then I put half a teaspoon-ish of Cayenne pepper Selenium family into my coffee to make me feel less guilty about the honey Sulphur...

I am pasting the first comment to this post into this post because it is so good!

"re:Human Machine works & rolling with the Tides, breast cancer lump...Book 8 in paperback version(has a Google translate in french version at the back of the book)..."

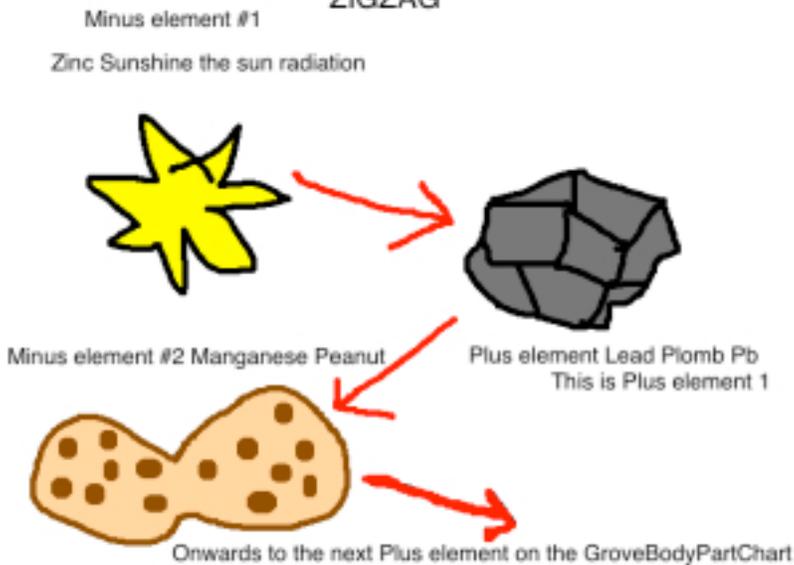
In answer to the question:" Do the female Minus elements all come first from top to bottom in the universe in the order of things from first to last, or did the world begin with first Minus element female then Plus element male, then female then male & so on? "

I would say, or I say, that, the universe is a macrocosm of the human body, or the human machine is a microcosm of the universe, so , knowing that in the body you need first a female element, like Zinc radiation sunshine, then a male element Lead Plomb Pb the boney skeleton, then in the universe in the Order of time, the Order of things, it should be the same..."

So if you Zig Zag down the Grove Body Part Chart you get the order of Elements through time, from the beginning of time...

So the beginning of time began with Zinc sunshine the Sun, then next the Male Plus element Lead Plomb like rocks or the human skeleton, then Zag back to the Minus female element Manganese then to Iron...

ZIGZAG



AS you ZIGZAG down our GroveBody Part Chart, you can see the Order of elements from the beginning of time too!

Sari Grove (2014-12-31 22:04:33)

re:Human Machine works & rolling with the Tides, breast cancer lump...Book 8 in paperback version(has a Google translate in french version at the back of the book)... In answer to the question:" Do the female Minus elements all come first from top to bottom in the universe in the order of things from first to last, or did the world begin with first Minus element female then Plus element male, then female then male & so on? " I would say, or I say, that, the universe is a macrocosm of the human body, or the human machine is a microcosm of the universe, so , knowing that in the body you need first a female element, like Zinc radiation sunshine, then a male element Lead Plomb Pb the boney skeleton, then in the universe in the Order of time, the Order of things, it should be the same...

Sari (2015-01-25 08:04:04)

My take is that those two chromosomes are broken, which means that they are not working...I think the looking at the new entity they form, 47, is a red herring...I'd focus on what 9 & 22 are & add those...Food is easier to talk about because it is safer...Drug level things can be dangerous to discuss in an open thread...Anyways...I think 9 is a Carbon based on syndromes of 9 damage looking like Carbon deficiency...I'd say 22 is a Fluorine for the same reason-22 excess syndromes look like excess Fluorine syndromes(ie:big ears)...So theoretically you have a Carbon & a Fluorine deficiency or damage...9 & 22...In food items Carbon is baking soda or oils...Fluorine occurs naturally in water...Also artificially in water...So though you said no food talk-baking soda in water could help to rebuild those broken chromosomes 9 & 22...Hope this helps a bit...

Sari (2015-01-25 08:06:53)

Chromosome 9 excess(3 instead of a pair for example) look like Down's Syndrome, which indeed is Carbon excess, Kidneys...

Sari (2015-01-25 08:09:59)

There are 23 pairs of chromosomes... One from each parent... Our Grove Body Part Chart shows 11 pairs... Which makes 22 chromosomes... Both charts are similar... Mine is just missing one element, number 23...

2. 2015

2.1 January

2.1.1 If your mail has been tampered with:LSD dissolved in Printer Inks... (2015-01-04 23:10)



Gingerbread Liquid hand soap 7 squirts in closed sink with tap water hot...

So, fill your sink with hot water & squirt 7 good squirts of a delicious smelling Liquid Hand soap like Gingerbread Latte from Scentuals...

As you look through your mail, notice if the ink on some of your mail or freebie magazines looks different at all...

You can wear disposable surgical gloves while doing this...

Why?

Because LSD is a very potent form of Titanium that can be dissolved into printer inks...

Later when you handle paper that has that ink printed on it, the Titanium will reverse osmote into your skin...

This is called a "contact High"...

Now the effect of Titanium on the human mind is such that what you read will become more "suggestible" to you...

For example, if the NDP distributed political postcards with those inks, the reader would be more suggested to vote NDP...

Now is this bad or good or just ho hum?

Well, if you have high cholesterol levels, tuberculosis, an overly retentive memory, are a chocolate-holic, or suffer from asthma, or eat way too many eggs, then maybe you will like this free gift of excess Titanium in your mail or political pamphlets...

If you have Alzheimer's disease, memory loss already, low cholesterol, cracked heels, don't eat eggs, you may not want extra Titanium in your diet because you are getting enough...

Now Titanium does help to get rid of parasites that cling to cholesterol/Aluminum...

Titaniums like LSD or marijuana can help a cement worker's lungs to breathe because Titaniums antagonize cement which is an Aluminum...

Anyways...

To find out if your mail has been "doctored" or not, fill your sink with soapy hot water & wash your hands frequently after touching your mail...

Or wash the gloves you are wearing, while wearing them...You can use regular dish gloves too...

If the water turns black pretty quickly, you may have some interesting inks...

Inks that have been changed with a suggestible drug like a Titanium will come off in a different way than regular inks...

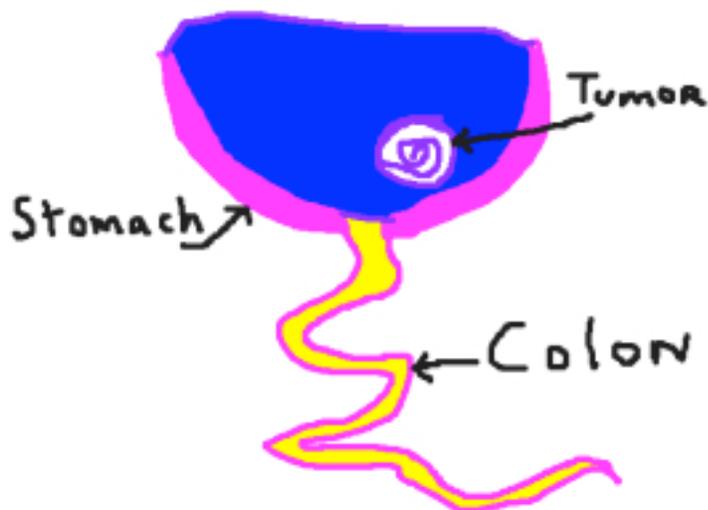
Also you will notice memory loss & a weird "high" feeling...

Maybe you like this, maybe you do not...Either way, it can be useful to be aware of this phenomenon...

Sari (2015-01-24 08:31:01)

Messing with your blood pressure... By the way, I'm not sure about several of the items listed in the article link & would not use this list as a shopping list for people with low blood pressure...Hawthorn for example is what people with high blood pressure use to lower it...It's a glaring flaw in the list that would make me turn elsewhere...Ginseng also lowers...The mechanism of licorice root is like coffee-not a true help for those with hypotension...ok...The other thing is that the body tends to return to its natural state if you leave it be...If you "tended" to be high blood pressure before the garlic, it should climb back up a bit naturally when you stop...Pushing it back up artificially could be dangerous for you...Just eat more meat & things you've been abstaining from...You'll be ok...

2.1.2 Missing Parts: Where do body parts like the stomach, figure in on the Grove Body Part Chart? (ie: stomach tumour?) (2015-01-05 16:56)



The recent Mayor of Toronto, Rob Ford, has a tumour in his stomach...But where is the stomach on the Grove Body Part Chart?

Grove Body Part Chart

Organ	Minus Element	Plus Element
Thyroid	Zinc	Lead
Thymus	Manganese	Iron
Lung & Lymph Nodes	Titanium	Aluminum
Heart	Potassium	Aurum
Kidneys	Carbon	Nitrogen
Pancreas	Selenium	Sulphur
Liver	Oxygen	Hydrogen
Adrenal Gland	Iodine	Calcium
Spleen	Copper	Phosphorus
Gallbladder	Magnesium	Mercury
Colon	Fluorine	Bismuth

Well, the stomach is a bag type area that processes stuff, food usually, down into your Colon...Like a sink, if the pipe below is blocked, the sink won't drain...If the pipe below the stomach isn't draining, a lump may show up in the stomach...But I would put a stomach lump into the Colon area of our Chart...

Meaning the excess Element is Bismuth(think charcoal), the element in lack is Fluorine(think Fluoride), & that handles the particulars of the location...

Since the lump has been deemed cancerous, then it also follows the rules particular to that chemistry...Cancers begin as a Calcium excess in the Adrenal Gland, & then progress to being a Phosphorus excess in the Spleen...

How did these excesses happen?

Well a Bismuth excess in the Colon could be triggered by eating a lot of barbecued foods with the charred black stuff gunking up your Colon...This could be exacerbated by flying in airplanes a lot, because the microwave type effect of sitting in an airplane causes whatever is in your stomach to cook into a hard lump of coal that is hard to pooh out...It gets stuck...

The excess Calcium in the Adrenal Gland can be caused by exposure to environments where that element is in excess...Strip clubs for instance have workers who are on high levels of birth control drugs which chemically are massive doses of Calcium...So strip clubs are a lair for Calcium excess, as are strippers & other prostitutes & sex trade workers...If the police or Mayor or other military personnel have to frequent these clubs as part of their job, this can cause an excess of Calcium biochemically...

Phosphorus excess can be triggered by Salmonella Typhi bacteria, which are a parasite that live on spoiled meat & other spoiled stuff...Phosphorus is also found in human ejaculate, cottage cheese, Probiotics, yogurt, drugs like Nexium for acid reflux, the snot that is up your nose, mold like the mold that lives in the grotto between your toilet tank & your toilet, mold on old yucky food...

Grove Body Part Chart with brain parts

Organ	Minus Element	Plus Element
Thyroid	Frontal Lobe R Zinc	frontal lobe L Lead
Thymus	motor cortex r Manganese	motor cortex l Iron
Lung & Lymph Nodes	parietal lobe r Titanium	parietal lobe l Aluminum
Heart	medulla oblongata bottom Potassium	medulla oblongata top Aurum
Kidneys	Pons bottom Carbon	Pons Top Nitrogen
Pancreas	Occipital Lobe right Selenium	Occipital Lobe left Sulphur
Liver	cerebellum r Oxygen	cerebellum l Hydrogen
Adrenal Gland	pituitary gland r Iodine	pituitary gland l Calcium
Spleen	globus palladus front Copper	hypothalamus back Phosphorus
Gallbladder	broca's area front Magnesium	wernicke's area back Mercury
Colon	temporal lobe r pineal gland Fluorine	temporal lobe left pineal gland Bismuth

What about in your brain?

In your brain, the Bismuth excess (of a stomach cancer) will make your Pineal Gland sleepy all the time...The excess calcium will make you slightly gender dysphoric affecting the Pituitary gland...The excess Phosphorus will make your Hypothalamus overfilled with Phosphorus which makes mold & can cause Parkinsonian symptoms, but also an overabundance of ejaculate(not in a good way)...

So what do you do?

Tutorials:

Human Machine works,
& Rolling with the Tides,
Breast cancer lump...
Joseph & Sari Grove,
Grove Canada

Human Machine works, & Rolling with the Tides, Breast Cancer Lump... by Joseph & Sari Grove, Grove Canada, is our new Paperback book...

You get a step by step tutorial on how the Grove Body Part Chart works, & you get the How to get rid of a Breast Cancer lump protocol...Plus at the end of the book is a Google translate version of the book into French...

Now you may think that a Breast Cancer lump removal protocol is wrong for a stomach cancer lump...Not really...

The basic protocol for getting rid of Cancer is the same throughout the body...The main difference is that you target the body part involved directly...

So in the Stomach, add some Fluorine in your diet to attack the excess Bismuth...(see our Chart above to see which element antagonizes what in each body part...)

In the Breast, that falls into the Lung Lymph Node section, so you are adding Titaniums to your diet...

Now what about something on your knee? Like the stomach, it doesn't seem to be on the map...

Well the Knee is dominated by joints, tendons, things that are made in the Gallbladder...So a lump on your knee is related to an excess of Mercury in your Gallbladder, so add some Magnesium to your diet to antagonize that...Same as for Gallstones...Lavender contains Magnesium...Exercise increases Magnesium & decreases Mercury...Mercury builds tendons & joints so don't go crazy...Too much Magnesium & you get arthritis...

Our books have been published through Amazon Createspace, Amazon Kindle Direct Publishing, Smashwords, BookBaby, iTunes, Academia.edu, Infinite Monkeys- & on our SariGrove.com blog, our GroveCanada.com blog & a few other places...Some versions are free & some are not...We do not make a profit from any of our books, though making the world a better place to live is profit unto itself...

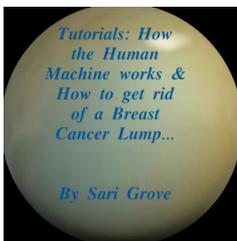
Sari (2015-01-24 14:13:43)

Sari Grove The two main herbs I take(the primaries) are: Madagascar Periwinkle(vinpocetine iodine family, it is also in regular chemo drugs)... & Licorice Root(highly absorbable Copper that causes Phentypic reversion of Cancer cells-that means Cancer cells revert back to normal-Copper is also a regular component of chemo)...The way I take them I learned from Nigerian medicine(they take bitter lead this way)...You put a pinch or herb in your mouth, add some liquid, mash a bit, then swallow...It is stronger, cheaper & easier than boiling the herbs to make tea, & your herbs last longer... Like · More · Just now Sari Grove Ugh two typos..."Phenotypic" & Bitter "leaf"...Sorry...

Sari (2015-01-24 14:21:33)

Sari Grove I also chew Frankincense tears(the nuggets turn into gum-you spit it out when the flavour disappears...This method is from Oman)...

2.1.3 Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump... By Sari Grove(free) (2015-01-09 17:01)



<https://www.smashwords.com/books/view/509160>

Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump...

By Sari Grove(free ebook on Smashwords)

Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump...

An introduction to the Grove Body Part Chart & the refined protocol for getting rid of a breast cancer lump...

Includes a Google translate into french version at back of book...

Update:I have known for a while that Cancer relies on Necrosis, which is a condition where there is too much Hydrogen(think water) & not enough Oxygen...It's like a part of your body is drowning & rot forms...That's necrosis...But I had not really addressed that problem in my solutions...Then I started learning about some major successes in beating Cancer using something you can eat-Apricot Kernels...The chemical nature of Apricot Kernels(which you can buy at a health Food store-get "organic" & "bitter"), is OXYGEN...You eat about 20 of them per day, more or less depending on how crazy you are(Cyanide is an Oxygen thing which is great but could be dangerous if you overdose)...Anyways, I tried them & the very next day when I did my

DIY Mammogram picture I could see the lump was smaller...It was a pretty fast result...The testimonials & books about Apricot kernels for cancer, also called B17, or Laetrile, or Amygdalin, are overwhelming...Some people say it was the thing that solved their Cancer for them...I'm in...I'm a believer...I will update again after I have taken them for longer...

Oh also warning:Warning! I have been taking Licorice root for the Copper for a long time...Copper kills mold or Phosphorus & that is what makes cancer spreadable...I have not had any surgery so I was scared...Anyways...Long story short, if you take too much Licorice root, after a long time, you start to get some really deep & piercing emotional feelings...Fear, anxiety, sadness...It was overwhelming...I stopped taking the Licorice root for now, & have been eating more normal foods to try to get my emotions back in check...If you ever get into this situation, something like Pizza with all that melty cheese on it, should help rebalance back to normal...

<http://jnci.oxfordjournals.org/content/91/16/1376.full> This study links the Epstein Barr virus with breast cancer...What that means is that the Oxygen therapy provided by the Apricot Kernel protocol, is even more justified in the natural treatment of breast cancer...Why? because the Epstein Barr virus is a Hydrogen excess in the Liver...Hydrogen excess responds to Oxygen...If breast cancer is related to Hydrogen excess, & the study says it is, then the eating of say 20 Organic bitter Apricot kernels a day(your Oxygen), should clinically reduce tumours...

Sari (2015-01-17 04:21:10)

<http://breastcancerconqueror.com/category/httpbreastcancerconqueror-com7-essentials-5/> This Dr. really thinks that dental problems & Cancer are related...On the subject of breast cancer, add licorice root(capsules, tea, tincture, the herb, whatever you prefer) to your aunt's daily diet...The Copper in the Licorice root is highly absorbable & what it does is antagonize Phosphorus...Phosphorus is what makes Cancer malignant-a malignant tumour is Calcium Phosphate...A benign tumour is calcium Oxalate(oxalate is iron)...So by neutralizing Phosphorus you neutralize spread...Then all you are left with is a lump...I started with the tincture because it was the strongest...I took alot at the very beginning because I was scared...

Sari (2015-01-17 04:19:08)

Hi...So to neutralize Phosphorus you need a Copper...Licorice root is a Copper that the body absorbs well...Licorice root was also the basis for Deprenyl, a Parkinson's drug...It grows well in Hungary where the drug came to be...Parkinson's is a Phosphorus excess in the Spleen, but without the Calcium tumour factor Cancer has...Anyways, think of Phosphorus like mold-people put a copper penny into flower water to prevent mold-it's the same in the body...Phosphorus is what makes lumps spread...Which is why it was the first thing I addressed myself when choosing my attack...

Sari (2015-01-17 03:49:11)

http://s3.amazonaws.com/academia.edu.documents/5406330/Wang_Zhuo-libre.pdf?AWSAccessKeyId=AKIAJ56TQJ-RTWSMTNPEA &Expires=1421187519 &Signature=HErIdVG6tsYPxWob6B1g18C7yKo %3D So the link is to a PDF on Academia.edu written by Wang Zhuo & has pictures showing the difference between a malignant breast cancer lump & benign...Page 103 I think...

What if you wanted to try to do your own chemo with things you could buy yourself? | Artists innovating in the Medical Arts (2015-01-19 03:29:59)

[...] So I analyzed each category, & broke that down to what the active element is, using our Grove Body Part Chart as a reference... [...]

2.1.4 DIY Mammogram/MRI... (2015-01-10 00:54)



I hold the camera about 3 inches away from my breast, turned around, & press the button-it is a guess...You get better at guessing where your lump is after several tries...

Biopsy-1 DOCX file of this blog post to download for yourself to keep...

*Grove-DIY Mammogram: MRI: Biopsy PDF file format of this post, download free...

You need a Mac Computer with iPhoto & a Digital camera for this tutorial(I used an 8 megapixel point & shoot)...

Take a picture of your breast where the lump is, close-up, in good light, with Flash On, & set to MACRO...It may take a few tries to get the whole area into the picture...Hold camera about 2-3 inches away



from side of breast...(I have cropped the nipple out of this picture for modesty)...

Upload your pictures to your Mac iPhoto program, pick the best one, & Click ENHANCE...



In EFFECTS, BOOST your picture as much as possible...(For me this is 9 times)...



In ADJUST, SLIDE THE BLUE SLIDER ALL THE WAY TO BLUEST...



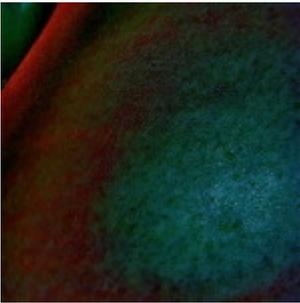
In ADJUST make SHARPNESS all the way to Sharpest...



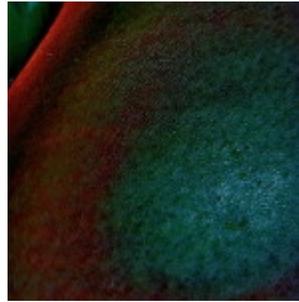
In Adjust make SHADOWS all the way to brightest...



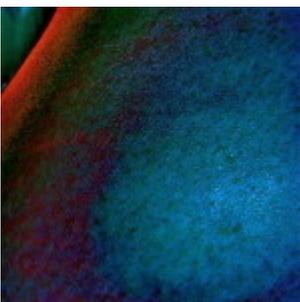
In Adjust Make HIGHLIGHTS all the way to brightest as well...



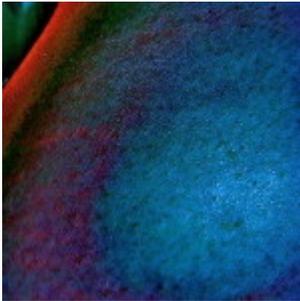
IN ADJUST MAKE DEFINITION all the way to sharpest as well...



In ADJUST make SATURATION all the way to most saturated...



In Adjust make CONTRAST all the way to most...



How to analyze...

If the lump is mainly all white, then it is just Calcium Oxalate which means it is made of calcium & Iron & it pretty benign...

The tiny dark spots in the lump indicate the presence of Phosphorus...The more dark spots there are the more Phosphorus there is & the more Phosphorus there is the more malignant the lump is...

If there is Phosphorus, know that Coppers like Licorice root antagonize that...If you start taking Licorice root capsules, tincture, teas, or even just chew & swallow Licorice root herb straight, this will lower your Phosphorus count immediately...Once you eradicate Phosphorus, all you are left with is a benign lump made of calcium & iron...

To get rid of the benign lump, take Madagascar Periwinkle herb(chew & swallow with some liquid), which is a great form of absorbable iodine...Iodine antagonizes Calcium...

To help to soften the lump you need to antagonize iron...Mugwort is an herb that is a Manganese herb which antagonizes Iron...This will soften the lump & help to shrink it...

Diet:

Herbs work best while you are on a raw plant based diet...Cut out glutens & dairy as well...

Exercise:

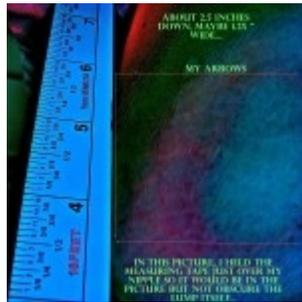
Walk 10 kilometres(6 miles a day) if you can...Exercise keeps your spirits up & help herbs to work their best & help your body to circulate & Oxygen is so important...

Additional supplements:

Vitamin D3 will speed up all processes...

Caffeine is fine as are artificial sweeteners...

Update: I added this picture to show how to take the measure...(Hint: Hold a measuring tape in your



picture when you take it...)

Make sure to set the Video resolution to 720p HD so you can actually READ the WORDS in the video...(it's a tiny wheel icon at the bottom right of the video screen-choose 720p when the little menu appears)

[embed]<https://www.youtube.com/watch?v=9SrMndnSN2o> &feature=youtu.be[/embed]

P.S. If you are not having success with your pictures, GET CLOSER TO YOUR BREAST WITH YOUR CAMERA...You don't have to see the whole breast & nipple in the picture, just exactly where your lump is...Try again!



Sari (2015-01-26 09:18:05)

I went to this lab as per doctor referral... The mammogram tore tissue at the top of both my breasts & carved an injury (internal wound) under the lump in my left breasts when the paddle squeezed the stone down over my heart... I couldn't take the subway home afterwards so my Mum came to pick me up... I had to postpone the core needle biopsy two weeks later because the internal scab hadn't healed yet under the lump & I had pain & was worried about my heart... I documented all of this on my blog with photographs(cropped) & later added it to my books... I also sent words to a medical malpractice lawyer as a witness & told some specific people... Your complaints process is too complex & does not protect the patient from reprisal from the lab... The fact that I cannot file officially without you sending them a copy has stopped me several times... It is bad law... Later an oncologist at Princess Margaret said I had nodes where the mammogram tore tissue under the skin at the top of

my breasts-she could feel them... I began my first Mammogram with one lump... I know have new nodes in 3 different places because of one Mammogram at Bluewaterinaging lab at Dufferin & Lawrence... I am not sure if the technician was out to get me or just violates all patients who go there... It is hard for me to believe that this person & this lab exists... My documentation is also in published books... Feel free to read them at your leisure for free at <http://www.grovecanada.ca> Go to the Books page to access free small Kindle versions... Book 3 tracks some of my experience s with Ontario Health care... Sari Grove GroveCanada Sent from my iPhone

The baseline:Tracking size, & chemistry, of a breast lump, in pictures, while using CBD Oil... | Artists innovating in the Medical Arts (2015-03-06 12:06:27)

[...] Ok, enough preamble...I am going to TRACK in this post, pictures of my lump (as taken with my DIY Mammogram/MRI instructions)... [...]

Sari (2015-01-22 17:01:35)

Generic anticancer ideas to research & do... Look into cannabis oil, Apricot kernels, Iodoral pills, raw plant based diet, daily 2 hour walk, vitamin D3,raw garlic, no sugar, no gluten, no dairy, faith...

Significant progress in the getting rid of a DCIS lump! (frankincense & periwinkle) | Artists innovating in the Medical Arts (2015-01-23 00:46:58)

[...] did I take the picture? In the Books & in some of my blog posts I explain how to DIY Mammogram using a digital camera & a Mac computer...It's easy & I do it all the [...]

Start your DCIS detox by attacking the lightest metals first... | Artists innovating in the Medical Arts (2015-02-18 16:35:18)

[...] Iodine:Iodine is found in the herb Madagascar Periwinkle...Again, just take a pinch of the herb, swish in some liquid & swallow...This is an affordable & effective way to get Iodine...This herb is used in real chemo...What it does is shrink the SIZE of Calcium lumps...There are many other ways to get daily Iodine in your diet...Madagascar Periwinkle herb is just the one I found to be MOST effective...You can take Iodoral tablets, eat Kelp & other sea vegetables, Poke root, Vinpocetine pills, eat sushi, eat seaweed...You can see your lump & its chemistry by yourself using my DIY Mammo/MRI/Biopsy lesson... [...]

CBD Oil does NOT make you high, but does have medical properties for attacking a breast cancer lump! | Artists innovating in the Medical Arts (2015-03-03 22:13:41)

[...] said I'd use my DIY Mammogram technique(go to the link to learn how for yourself), to track size & chemistry changes in the [...]

2.1.5 Our books, for free, on Smashwords, Scribd & Academia.edu...(*the Grove Health Science series by Joseph & Sari Grove) (2015-01-15 17:03)

Smashwords is the book publisher we use for under 10 megabyte versions of our books for free...This means you can even download them to your Kindle for iPhone, easily...So if you click on the book covers that takes you to the Smashwords page for each book, where you can choose which format you need...

If you want to see full bigger resolution versions of our books(still for free), our Scribd account has them & you can just read them online easily...Here is our Scribd profile address <https://www.scribd.com/grovecana>

da

We also have free versions on <https://independent.academia.edu/SariGrove> for the Academic community...These can also be read online easily...

My Amazon Author page has our books in Kindle & Paperback formats...

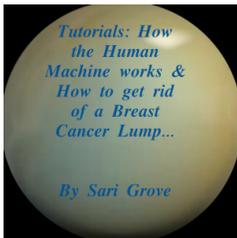
http://www.amazon.com/Sari-Grove/e/B00CDYF39Y/ref=sr_ntt_srch_lnk_1?qid=1421340855&sr=8-1

They aren't free but I did price them at the absolute minimum that Amazon's Createspace would let me...

Ok, so below are the books...They are in reverse order...So Book 8 of the Grove Health Science series is first...

Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump...

By Sari Grove

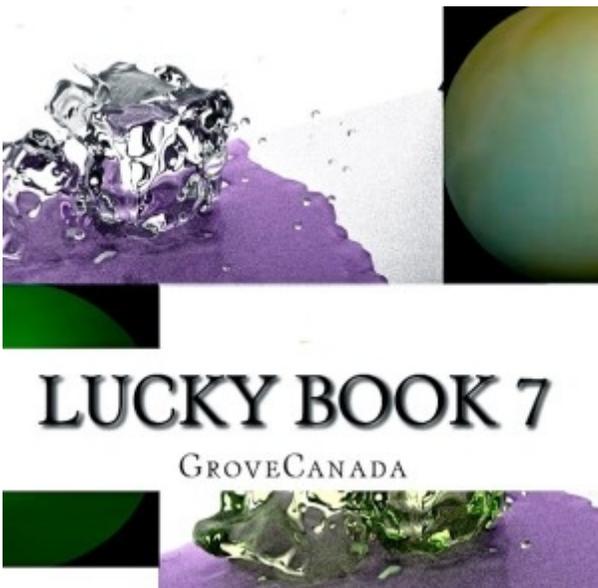


Price: Free! Words: 11,470. Language: English. Published: January 9, 2015. Category: Nonfiction » Health, wellbeing, & medicine » Cancer

Tutorials: How the Human Machine works & How to get rid of a Breast Cancer Lump... An introduction to the Grove Body Part Chart & the refined protocol for getting rid of a breast cancer lump... Includes a Google translate into french version at back of book...

Lucky Book 7:Homework Textbook for the Keen Medical Mind

By Sari Grove

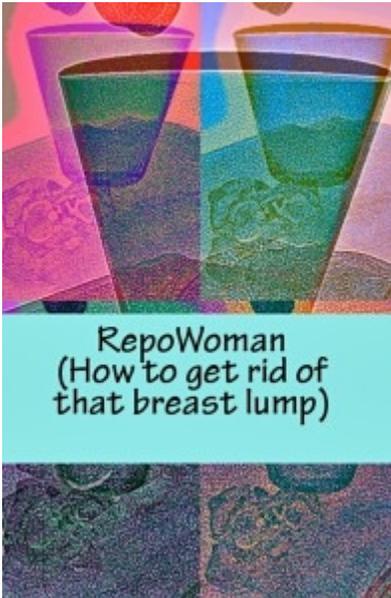


Price: Free! Words: 17,730. Language: English. Published: November 8, 2014. Category: Nonfiction » Health, wellbeing, & medicine » Medicine

"Lucky Book 7:Homework Textbook for the Keen Medical Mind" represents a summary of some of the big ideas from the Grove Health Science series... Step by Step DIY Mammogram in pictures... Removing a Brain or Body Part versus Damaging a Brain or Body Part...What are the effects one can expect? Examining Flow in the Body as it relates to Flow in the Universe & the beginning of things...

RepoWoman;Book VI...(getting rid of a breast lump)

By Sari Grove

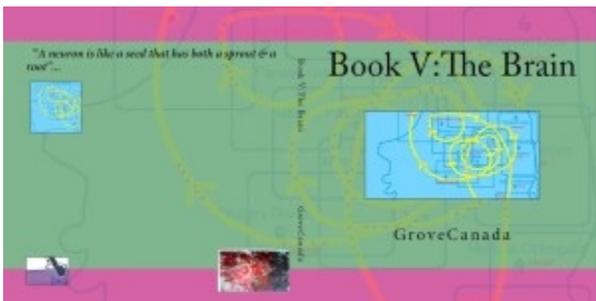


Price: Free! Words: 6,010. Language: English. Published: October 10, 2014. Category: Nonfiction » Art, Architecture, Photography » Crafts - Needlework/Crocheting

RepoWoman;Book VI...Nonsurgical breast cancer lump removal protocol...

Book V:The Brain

By Sari Grove

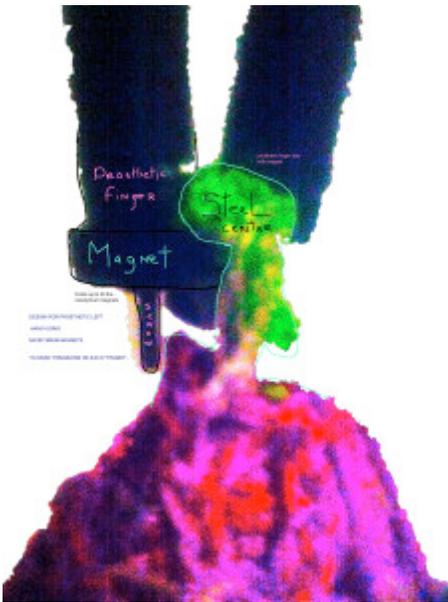


Price: Free! Words: 26,470. Language: English. Published: September 5, 2014. Category: Nonfiction » Art, Architecture, Photography » Fine art

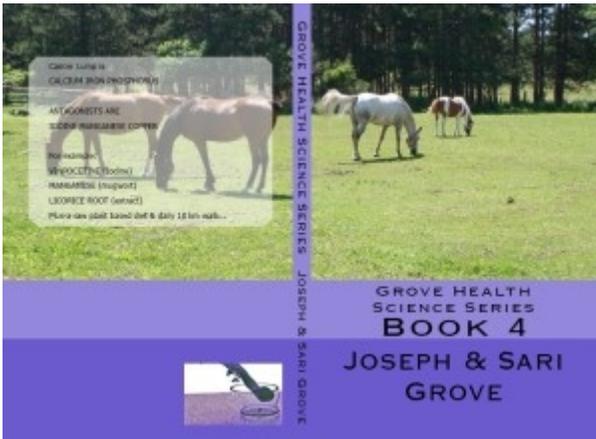
Current original manuscript describing the brain parts to body parts connections...Lack of sighted-ness...Workplace injuries...Book 5 of Grove Health Science Series...Manuscript is updated as new information becomes available...DIY Chemo for cancer...DIY Mammography...

Theory Engineer:Book V (Grove Health Science Series)

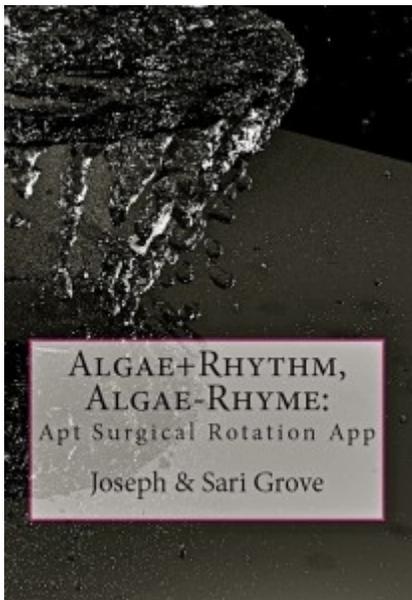
By Sari Grove



Price: Free! Words: 780. Language: Canadian English. Published: August 27, 2014. Category: Essay »
 Author profile
 Theory Engineer:Book VI (Grove Health Science Series) by J. Grove
 The Grove Health Science Series:Book 4
 By Sari Grove



Price: Free! Words: 26,680. Language: English. Published: June 21, 2014. Category: Nonfiction » Science and Nature » Life Sciences / Neuroscience
 Some topics in this Book: Oddball interviews about medical successes... *The assumption is that there are 22 brain parts that PAIR...The pairing should be in the Minus Plus format...So each paired couple of brain parts should have Minus & Plus designations...Female & Male possibly...This should straighten out some of the complexity of brain surgery for neurosurgeons...(& DIY Neurosurgeons LOL!!!
 Algae+Rhythm, Algae-Rhyme:Apt surgical rotation app
 By Sari Grove

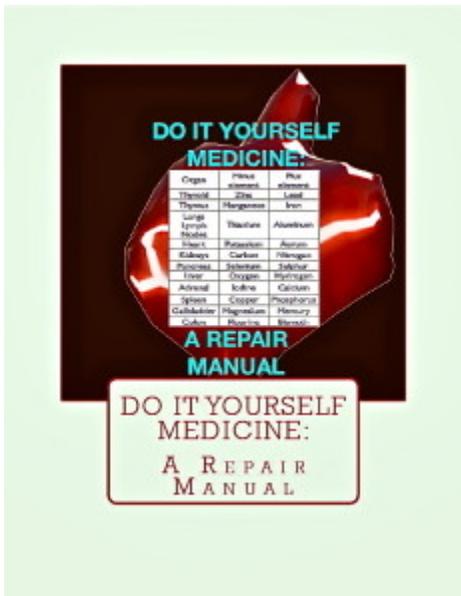


Series: Grove Health Sciences, Book 3. Price: Free! Words: 43,010. Language: English. Published: February 19, 2014. Category: Nonfiction » Science and Nature » Ecology and Environment

A book is an app that you read...Algae is one of the most pervasive things that grow in Nature...Rhythm & Rhyme are known mnemonic methods in Medical school...This is Book 3 in the Grove Health Sciences series...The main push forward here is the creating of Sidedness in the brain & body parts according to gender...Could women be natural lefties? Is the front of the body male dominant? Big ideas...

Do It Yourself Medicine: A Repair Manual

By Sari Grove



Series: Grove Health Sciences, Book 2. Price: Free! Words: 31,050. Language: English. Published: December 14, 2013. Category: Nonfiction » Health, wellbeing, & medicine » Medicine

The brain part connects to the body part... (sing to the tune of "the kneebone connects to the, thighbone, the thighbone connects to the, hipbone, the hipbone connects to the, ...) The Frontal lobe connects to the Thyroid gland, the Motor Cortex connects to the Thymus gland, The Parietal Lobe connects to the Lungs & Lymph Nodes... Note on Sidedness: (see long description for more)...

Grove Body Part Chart
By Sari Grove



Series: Grove Health Sciences, Book 1. Price: Free! Words: 18,800. Language: Canadian English. Published: August 20, 2013. Category: Nonfiction » Art, Architecture, Photography » Fine art

My name is Sari Grove and the Grove Body Part Chart is my medical theory...Basically, I break down the body into 11 essential organs & show how each organ has two elements inside, a Minus element & a Plus element, that live together as opposites...I tell which elements are what & where, tell what disease is what imbalance, & also give examples of where to find those elements in the real world...

Sari (2015-01-24 04:58:40)

About Blood Cancers: Japanese medicine uses Mugwort(*Artemisia Vulgaris*) extensively in moxibustion(it's a whole field, you have to look it up), but also you can get Mugwort as pure incense cones & just breathe it in your home air(really nice way to take a medicine)...Here in North America, we use Black Walnut hull powder/tincture/capsules for similar effect on the blood...

Sari (2015-01-25 14:08:57)

Also, coffee is a Copper, a component of mainstream chemo, an antagonist of Phosphorus...Since Phosphorus is what makes things spread, Coppers prevent spread & can even revert Cancer cells back to normal cells(phenotypic reversion)...So, however you take your coffee, front door or backdoor, it is sound science...Urine therapy has it's proponents- used to be in India people would go to let the Holy Bull pee on their eyes to heal blindness...In some cases, the bull pee had some good nutrients in it & it worked...Obviously the practice is now being credited with all sorts of healings...But, I mean, quality of life can mean not feeling degraded by medical treatments...

2.1.6 What if you wanted to try to do your own chemo with things you could buy yourself? (2015-01-19 03:29)

So the new thing in Cancer treatment is called Neoadjuvant therapy...What that means is maybe they give you chemo BEFORE you have any surgery to see if they can shrink or disappear your lump...

A lady went to Marseilles, France to the breast cancer centre there, had only 2 of the scheduled 8 neoadjuvant chemo sessions, & her 6.5 cm lump disappeared...She stopped the treatment, went home & started a raw plant based diet & exercise & added some herbs & stuff & didn't have any surgery...

So what if you cannot really afford to go to France for their chemo? Or what if you want to try to mimic what chemo does but with things you could source yourself?

I went to the site chemoth.com & looked at the page called type of chemo...There are 7 categories on their page...Two of them overlap, the Vinca alkaloids & the Aromatase Inhibitors both seem to be in the Iodine category, probably because of new naming of things or because Iodine is so pivotal in shrinking a tumour...

So I analyzed each category, & broke that down to what the active element is, using our Grove Body Part Chart as a reference...

Grove Body Part Chart

Organ	Minus Element	Plus Element
Thyroid	Zinc	Lead
Thymus	Manganese	Iron
Lung & Lymph Nodes	Titanium	Aluminum
Heart	Potassium	Aurum
Kidneys	Carbon	Nitrogen
Pancreas	Selenium	Sulphur
Liver	Oxygen	Hydrogen
Adrenal Gland	Iodine	Calcium
Spleen	Copper	Phosphorus
Gallbladder	Magnesium	Mercury
Colon	Fluorine	Bismuth

Then I added to the list, which real world Alternatives I had tried & were useful & easy to get &

there was research supporting its use, to each chemo element...

So say you wanted to build a DIY chemo protocol for yourself using all 7 elements of a regular chemo program...Get all 7 elements from my real world alternative list, & start using them every day...

Add that to your raw plant based diet, your daily 1-2 hour long walk, your morning Ginger root tea(for the Vitamin D-it is in the Zinc category on our chart), & you have the beginnings of a healthier body...

I have taken all of these alternative things myself, although I have been a little slack in taking them all at the same time or taking them on a regular basis...The Iodine things make me so tired I don't have the energy to exercise, & the Mugwort herb lowers my Iron so much I feel really sluggish too...The Hemp makes me a little bit kooky...I was fine with the Licorice root until I took too much & started feeling wildly emotional in a painful way...

I know intellectually all of these things work, I just need to get my act together & do it...I guess when you get chemo given to you at a hospital, you don't really have the ability to take it in small doses when you feel like it...

Anyways...I guess this post is as much for myself as for others...

What if you wanted to do your own chemo type thing at home with things you could buy yourself?

<u>Some Chemo drugs</u>	<u>Active Element</u>	<u>Real world Alternatives</u>
<u>Alkylating Agents</u>	<u>Oxygen</u>	<u>Apricot Kernels B17 Laetrile</u>
<u>Kinase Inhibitors</u>	<u>Copper</u>	<u>Licorice Root Tincture capsules Herb</u>
<u>Vinca Alkaloids</u>	<u>Iodine</u>	<u>Madagascar Periwinkle herb</u>
<u>Anthracyclines</u>	<u>Selenium</u>	<u>Garlic</u>
<u>Antimetabolites</u>	<u>Manganese</u>	<u>Mugwort herb</u>
<u>Aromatase Inhibitors</u>	<u>Iodine</u>	<u>Iodoral pills, Kelp, Seaweed</u>
<u>Topoisomerase Inhibitors</u>	<u>Titanium</u>	<u>Hemp Oil, Hulled Hemp seeds</u>

Chemo drugs taken from this site...

<http://chemoth.com/types>

www.grovecanada.ca

Alternatives by Sari Grove

what if you wanted to diy chemo?

Grove Body Part Chart		
Organ	Minus Element	Plus Element
Thyroid	Zinc	Lead
Thymus	Manganese	Iron
Lungs & Lymph Nodes	Titanium	Aluminum
Heart	Potassium	Aurum
Kidneys	Carbon	Nitrogen
Pancreas	Selenium	Sulphur
Liver	Oxygen	Hydrogen
Adrenal Gland	Iodine	Calcium
Spleen	Copper	Phosphorus
Gallbladder	Magnesium	Mercury
Colon	Fluorine	Bismuth
Gender	Boron	Molybdenum

New IMPROVED Grove Body Part Chart(notice GENDER is number 12 body part-that means the nasty bits, female, male)

Sari (2015-01-20 00:44:16)

Make a tea of the herb Madagascar Periwinkle, it is vinpocetine(iodine family)...The apricot kernels work-add them(they are Oxygen(...Licorice root tincture prevents spread(it's a Copper)...

Sari (2015-01-22 02:43:13)

(re:How to get rid of the Depo Provera shot if you already had one)... I took a product called HearAll from NaturalCare in Oregon...It has 3 of the top heavy metal chelators in it...It is actually for hearing...I didn't care...I bought it because it had the right ingredients for a heavy metal chelation which was suggested to me...This is how I began my journey in detoxifying from Depo Provera...Soon after I started taking the capsules, a large something appeared on my femoral artery at the top of my left thigh...I squeezed it & omigosh it was a blob of Depo...Anyways...There is more to detoxifying than just a product...Raw plant based diet...Exercise...Iodoral pills...Or eat things with Iodine like seaweed vegetables...It is scary dangerous stuff & to get rid of it you have to work hard...Get rid of it as soon as you can before things happen...(ovarian cysts, breast lumps, gender dysphoria, adrenal problems...)

Sari (2015-01-19 03:46:28)

Oh Cayenne pepper is also a Selenium like Garlic but is a little easier to take...Sprinkle a teaspoon of Cayenne Pepper into your soup bowl or into your coffee or tea in the morning...

Sari (2015-01-19 03:36:29)

Things that are not on the DIY chemo list... Baking soda is a Carbon...Oils like Olive oils are also Carbons...Carbons are good anticancer agents... Potassium is not on the list either...Hawthorn is a Potassium herb...Potassium is also anticancer... Magnesiums are also anticancer... As are Fluorines...(no Fluoride does NOT cause cancer, it actually helps to prevent it)...

Sari (2015-01-20 16:13:24)

I think there is a semantic distinction to be made...Necrosis & Apoptosis are not the same thing...Necrosis is cell death that is characteristic of cancer...It is usually caused by hypoxia, lack of oxygen...Which is why things like apricot kernels, a cyanide which is an oxygen, seem to work on getting rid of cancers...Apoptosis means you are killing cancer cells...It means the cancer is dying...Apoptosis is good...Necrosis is bad...In terms of the size thing, I have noticed that my lump (in my left breast) swells after I go for my daily 10 km walk...But then later, it shrinks up smaller...On a sidenote, today I have been watching video about a woman(Sharon Kelly) who got rid of her lung cancer tumours using cannabis oil mixed with coconut oil & a syringe(backdoor)...They did it this way so she wouldn't get the high feelings...Anyways...I'm looking into getting maybe some cannabis oil capsules-in the meantime, just taking Hemp oil... <http://momcanada.ca/index.php> Mom Canada will deliver cannabis oil capsules or other cannabis products like edible cookies & more right to your doorstep...

Sari (2015-01-20 14:43:35)

<https://m.youtube.com/watch?v=llw142jNoKw> the Sharin Kelly story... More at <http://cureyourowncancer.org> Lung Cancer tumours eradicated after cannabis oil (technique of syringe half mil or less with half coconut oil-backdoor)...

2.1.7 So I joined a bunch of Facebook groups for lonely January, & here are some of the conversations I got to participate in...(alot of cancer healing stuff) (2015-01-22 03:18)



So January is a lonely month...It is very cold here in Toronto, & dark, & well, lonely...So I joined a whole bunch of Facebook Groups & started trying to answer questions that people had asked...People seemed to appreciate my efforts to help, & I, in return, got to be useful, got to feel like I wasn't so lonely, & well, those two things were pretty big for me...

I joined a bunch of Natural healing groups, some cancer healing groups, some self-published authors groups, & a few more that I unjoined soon after because there was too much self-promotion going on...

Since I am still getting rid of a stupid breast lump, the natural alternative type groups were excellent for my condition...

So anyways...I realized today that some of the answers I was giving were pretty good & should save them somewhere...So that somewhere is here in this post...

This is January's commenting by me so far...(just My comments, nobody else's or their questions...)

About getting rid of Depo Provera...

I took a product called HearAll from NaturalCare in Oregon...It has 3 of the top heavy metal chelators in it...It is actually for hearing...I didn't care...I bought it because it had the right ingredients for a heavy metal chelation which was suggested to me...This is how I began my journey in detoxifying from Depo Provera...Soon after I started taking the capsules, a large something appeared on my femoral artery at the top of my left thigh...I squeezed it & omigosh it was a blob of Depo...Anyways...There is more to detoxifying than just a product...Raw plant based diet...Exercise...Iodoral pills...Or eat things with Iodine like seaweed vegetables...It is scary dangerous stuff & to get rid of it you have to work hard...Get rid of it as soon as you can before things happen...(ovarian cysts, breast lumps, gender dysphoria, adrenal problems...)

Foods for a leukemia remedy...

Oh...Hulled hemp seeds...They taste nutty...I only take a teaspoon but if you ate more, you'd probably get more dramatic effect...But they do really help...

More about leukemia remedies...

Feel free to write to me, as you scale mountains & fight this...In my own journey, honestly, the thing that got me in motion the best was switching to a raw plant based diet...(I did cheat with fish & seafood cause it was a big switch for me)...The 2nd thing that was significant was walking 10 km a day(I cheated too skipping days)...After those big deals, the herbs started working & I felt braver...Iodoral tablets are a no-brainer, easy, & just take them cause Iodine is a number one fighter...I also took a lot of Licorice root(a copper) to eradicate Phosphorus which is the spread factor...For leukemia, anything in the Manganese family, including handfuls of almonds...This cleans the blood...Recently I started apricot kernels(oxygen) & wow they are good & strong & you will notice them working...No sugar, no dairy, no gluten...(cheating does happen)...Plenty of sunshine or Ginger root cut & boil for tea...D3 helps speed the rest up-take alot(though too much & you go bipolar)...My mother is a Carol so I have an affinity for you! :)

You commented on Oliver Sacks's link.

Villagers in Kazakhstan Are Falling Asleep En Masse for No Apparent...

ht.ly

It's the depleted uranium...They dismiss it in the article because one village is affected & the other is not, but it could be in the air currents, a river, in ground...Narcolepsy is a known effect of Uranium exposure...They need to clean the area & give the villagers heavy metal chelation & other detox treatments...

Leukemia success battles...

David refused chemo and healed leukemia naturally

chrisbeatcancer.com

<http://www.chrisbeatcancer.com/david-refused-chemo-and-healed-leukemia-naturally/> Here's an uplifting story about a man named David who beat leukemia naturally(which is way worse than what you have)...It's a good site too & there are links to other success stories & the Drs & products they used...Godspeed you CAN do this!

herbs for leukemia...

I know Mugwort herb is used for leukemia, & myelodysplastic syndrome is sometimes seen as a pre-leukemia situation...I'd study remedies for leukemia since you will get more info...

things to do with the herb Sage...

Sage tea boosts memory & makes armpits less stinky...

Husband think Kefir is a dairy product, should not feed to child with autism...(& he's right)...
Husbands can be smart...

About dark circles under eyes...
Mine were Iron deficiency...

How to lower blood pressure naturally...
A lady in a health store was buying Hawthorne loose which she said she took to lower blood pressure...
YESTERDAY
You like The Truth About Cancer.

What to do about headaches...
For paint headaches, I eat raw garlic in a little plain yogurt...For glue headaches, I eat a whole bag of Goji berries...(garlic is a Selenium that lowers blood sugar)(Goji provide Oxygen)...Fresh air & exercise help if you force yourself...A raw plant diet for a little while can clean things out & help...

First line of attack against a breast lump...
Women have taken Iodoral pills (iodine) & some had their breast lumps dissolve...
The common mistake of confusing necrosis with apoptosis...

Apoptosis vs Necrosis - Difference and Comparison | Diffen
diffen.com

Hi...I was just re-checking too...It seems like doctors now are using both words interchangeably...There used to be a clear cut difference...Most clinical trials I read talk about some remedy being tested for apoptosis of cancer cells...necrosis used to be reserved as a bad thing-like gangrene...You may want to check with your doctor about this distinction...Necrosis can occur inside a tumour, causing it to swell, & that is not good...Apoptosis means the cancer cells are dying...At least, that is what used to be the distinction...I'd double check the meaning with your doctor...Here's an article I found just now that talks about this common confusion...http://www.diffen.com/difference/Apoptosis_vs_Necrosis Good luck & Godspeed...

About what to do for skin melanoma on dog...

I was just reading a comment about someone who applied Cannabis oil to their dog's skin cancer & it went away very quickly...(she said it was only 2 applications in 3 days, but it probably depends on how strong it is & how much you put on, plus if they lick it off or not, which apparently is ok if they do...)

Again about the necrosis apoptosis confusion of meaning...

I think there is a semantic distinction to be made...Necrosis & Apoptosis are not the same thing...Necrosis is cell death that is characteristic of cancer...It is usually caused by hypoxia, lack of oxygen...Which is why things like apricot kernels, a cyanide which is an oxygen, seem to work on getting rid of cancers...Apoptosis means you are killing cancer cells...It means the cancer is dying...Apoptosis is good...Necrosis is bad...In terms of the size thing, I have noticed that my lump (in my left breast) swells after I go for my daily 10 km walk...But then later, it shrinks up smaller...On a sidenote, today I have been watching video about a woman(Sharon Kelly) who got rid of her lung cancer tumours using cannabis oil mixed with coconut oil & a syringe(backdoor)...They did it this way so she wouldn't get the high feelings...Anyways...I'm looking into getting maybe some cannabis oil capsules-in the meantime, just taking Hemp oil...

You like Momcanada.(they ship cannabis products to Canadians)...

The Kelly Hauf Story: How she Beat Brain Cancer Naturally with Cannabis Oil
You like Cureyourcancer.org.
19 JANUARY

What to do for memory loss...

My cousin & his wife got through Harvard on chocolate...They eat a lot & try for the best...It boosts memory...

3 things to do to fight Cancer naturally...

Make a tea of the herb Madagascar Periwinkle, it is vinpocetine (iodine family)...The apricot kernels work-add them (they are Oxygen...Licorice root tincture prevents spread (it's a Copper)...

Is Multiple Sclerosis location based?

There are some cross correlations-cold areas, dark areas no sunlight, & areas where old lead pipes are still used...(MS responds to sunshine very well btw, as well as sunshine vitamins like Vit d3 & ginger root is a natural way to get that...)

Sciatica...

Actually that is how I fixed my sciatica...Upped my bilirubin levels with food which padded the stripped tendon...

What happens if your baby's mother tries to break up with you while she is pregnant...

Pregnancy can cause weird emotions...Tell her that...Tell her not to make any big decisions until the baby is born & her hormones get back to normal...

Really bad strep throat...

Grate raw garlic into a bit of honey & sprinkle in some Cayenne pepper...Take this often...Natural antibiotics...

Sciatica...

Eat...Comfort food...Sleep all day...

18 JANUARY

You like Chris Beat Cancer.

Ovarian Cysts?

I got rid of my cysts with Dr. Reckeweg R38 & R39...Birth control drugs cause cysts-you will also need to detox after you get the arm thing out...Iodine, raw plant diet, exercise & more...

Toddler with UTI...(urinary tract infection)...

Baking soda works but he won't drink it...The bath in baking soda suggestion is solid-put a whole box in the water & get him to soak or play in the bathtub for as long as you can...

Parkinson's disease...

Parkinson's is excess Phosphorus in the Spleen & Hypothalamus...Deprenyl is based on Licorice root which is a Copper...Studies have shown other Coppers like Coffee help too...I'd up Copper, drop Phosphorus-in the diet...

Toenail fungus & Candida...

I got rid of toenail fungus by accident...It is cold here 6 mos of the year...Sp I got some Vit D3 drops...It said 4 drops but I took 4 dropperfuls straight...After 3 days or so of my mistake my toenail fungus started to clear up...(warning too much D3 does make you nutty!)

Lead poisoning from scraping off old lead paint from house...

Lead responds to Vitamin C, Vitamin d3 (drops are good),Zinc...A fruit & raw plant based diet with plenty of olive oil for digestion would help too...Saunas, steams, & fresh air exercise too...(long walks on a trail)...

17 JANUARY

Ovarian cysts...

I got rid of mine with Dr. Reckeweg R38 & R39...I drank it straight from the bottle, didn't mix with water, they fell out in the toilet 48 hours later...(sorry)

16 JANUARY

Sari, rhymes with Mary...

Parkinson's & cancer...(both Phosphorus problems...)

Hi...So to neutralize Phosphorus you need a Copper...Licorice root is a Copper that the body absorbs well...Licorice root was also the basis for Deprenyl, a Parkinson's drug...It grows well in Hungary where the drug came to be...Parkinson's is a Phosphorus excess in the Spleen, but without the Calcium tumour factor Cancer has...Anyways, think of Phosphorus like mold-people put a copper penny into flower water to prevent mold-it's the same in the body...Phosphorus is what makes lumps spread...Which is why it was the first thing I addressed myself when choosing my attack...

Dental problems & cancer...

Essential #5: Embrace Biological Dentistry Archives - BreastCancerConqueror.com/ Healing Breast...
breastcancerconqueror.com

<http://breastcancerconqueror.com/category/httpbreastcancerconqueror-com7-essentials-5/> This Dr. really thinks that dental problems & Cancer are related...On the subject of breast cancer, add licorice root(capsules, tea, tincture, the herb, whatever you prefer) to your aunt's daily diet...The Copper in the Licorice root is highly absorbable & what it does is antagonize Phosphorus...Phosphorus is what makes Cancer malignant-a malignant tumour is Calcium Phosphate...A benign tumour is calcium Oxalate(oxalate is iron)...So by neutralizing Phosphorus you neutralize spread...Then all you are left with is a lump...I started with the tincture because it was the strongest...I took alot at the very beginning because I was scared...

Vote - Play Exchange

vote.playexchange.ca

My mother's good friend is one of the organizers for "Good Coins" which needs votes to win on the Play Exchange...If you have a minute to spare, please vote(you have 3 votes & can use them all for Good Coins)...Thank you so much! (leave a comment if you did vote so I can tell my Mom & she can tell her

friend)...<https://www.goodcoins.ca/portal/rewards?>

(by the way, if you get the GoodCoins app for iPhone, then you get the partner app called Moves, you can track like how far you walk, then collect GoodCoins for each walk, then use those coins to actually buy things in the GoodCoins store!!!)

(it's all about motivating you to be healthy & more eco-friendly but it is also neat & it works! Free too!)

necrosis...

Necrosis means cell death, & in Cancer it is usually caused by Hypoxia which means lack of Oxygen, so Apricot Kernels are a Cyanide which is in the Oxygen family, so by bringing Oxygen it helps to Oxygenate the tumour...

Apricot kernels...

I just started taking apricot kernels, but slowly to see if I have any problems...Almost immediately the lump in my left breast got smaller...The science of it works too-since cyanide is an Oxygen & Cancer likes Necrosis, a Hydrogen excess, the one antagonizes the other...

15 JANUARY

On losing your sense of taste & smell after taking Levaquin...

Ok so...Levaquin is a fluoroquinolone which means it is an antibiotic that also contains Fluorine...My mum in law I think had her response while on Cypro a strong antibiotic, but she also has a Polio type problem which causes Fluorine excess symptoms...So that combo seems to be the winner for losing taste & smell...Since the antagonist to antibiotics/selenium is Sulphur/Sugar, & the antagonist to Fluorine is Bismuth/ charcoal...Well, melatonin is in the Bismuth family & makes for a good sleep...Upping sugar levels isn't hard...That would be my chemical perspective, ballpark...

My mother in law had lost her sense of taste & smell...Years later, she got it all back, after a blood transfusion...Not sure how you could replicate that-there is a club here that serves fried chicken blood...(a blind friend's husband took her to see if it helped her eyesight...Transylvania club I think...)

Ovarian cysts...

I had ovarian cysts (a precursor) & got rid of them with Dr. Reckeweg R38 & R39...

My favorite place to have a solo art show...

After years of showing in a myriad of venues, I look back & think to myself that my favorite solo shows were at the beginning when I had them in my own studio...I could totally control the whole environment, serve cookies & hot apple cider, arrange the works for weeks before, do it at times when I felt up, the money came straight back to me...Better than any of the gallery shows, juried shows, library, cafe...Can't think of anything really unusual...(I mean unusual for an artist!)

Dogs & cancer & Apricot kernels...

While doing research for myself, I came across several stories of people giving their dogs ground apricot kernels in their food & having success...The kernels provide alot of Oxygen which seems to clear out the necrosis...

Fungal infection in eye...

If it is indeed fungal, then it will respond to liquid Vitamin D3 drops...Take them straight from the bottle, & take about 4 dropperfuls at a time(not drops)...This is more than the recommended dosage, but you need it, fast, for something so serious...

14 JANUARY

How to NOT get your bike stolen...

Somehow make the bike look crappy...I have a really great Gitane bike that I got secondhand, but the paint job is totally distressed & it doesn't look fancy at all...First bike that has not been stolen...(the shiny new ones went fast)...

Sari (2015-01-22 06:23:01)

Heavy metal chelators to detoxify from all birth control drugs including Depo Provera... Gingko biloba (St. John's wort) Copper... Vinpocetine Iodine madagascar periwinkle Hulled hemp seeds No breads please Butcher's broom sparteine Potassium

Sari (2015-01-22 06:52:15)

Sari Grove I had mild scoliosis & the orthopedist said to not do anything...when I turned 25 I found a doctor from China who had come to Canada for a short term who did electro acupuncture...The needles push the muscles that are misaligned back into place...It was \$1,500 over a year & a half(you wait a long time in between appointments for things to settle)...It corrected everything...He did not speak any English but he was a real doctor...Don't just go to any TCM traditional Chinese medicine practitioner ...Go to someone real...It will cost more today...

Johnk704 (2015-03-07 08:42:54)

you use disallowed a designer to make the style? Superb vocation! beddabgffgbf

Sari (2015-01-22 03:53:55)

<http://phoenixtearsfoundation.com> Hi... I was watching the video by Sharon Kelly about her using the cannabis oil mixed with coconut oil 1:1 & putting it into a syringe & her husband put it in, um, backdoor... Anyways, her lung tumours are gone... I was thinking of trying this because she said you don't get high when going through the backdoor so to speak... Can you recommend where I could get some Cannabis oil in Toronto, Ontario, Canada? (by any chance, if not, I found some places, just not so sure of quality)... I had a horrible Mammogram(they tore tissue at the tops of both breasts & carved a scab under the lump-I now have nodes from the Mammogram injury)... Then after my biopsy, when I drank water it seemed to go into my lungs instead of into my stomach...For 2 months I thought I was going to get pneumonia... When I got an oncologist appointment after requesting a woman, I got

a young man who was her assistant do all the prep work... Then when the oncologist arrived it was 5 minutes & she had another patient at the same time, she interrupted my mid-sentence to go check on them... It was awful... They did not tell me that DCIS is not Cancer...I was in terror until I did some research & found out what I had was a pre-cursor...Everyone kept telling me I was going to die...Turns out DCIS is not breast cancer... Anyways...because of all this I decided I don't want any part of any more protocols... No chemo, no radiation, no lumpectomy, no mastectomy, no tamoxifen... So I have been doing everything I can since Easter last year(2014)... I'd like to add cannabis oil to what I am doing... Anyways... Probably too much information, but if you have anything to send my way regarding breast lumps, DCIS, cannabis oil, the backdoor method, or anything else, that will help me in this journey... I pretty much know that this is a great idea having read alot about it already... So you don't have to waste your breath convincing me... The only thing is I don't want to get high... I am an artist, & am already pretty freethinking...Pot just screws me up further in that direction...Makes me way too kooky...I am a smart & fun person but getting high could send me to a mental hospital... But I think the backdoor method could work if there is no high involved? (I hear the suppositories are messy, so the syringe thing was better...) Thanks... Godspeed... Sari (rhymes with Mary)...

Sari (2015-01-23 00:11:25)

o I looked into Carnivora...It's from the Venus Flytrap plant...The active ingredient is Plumbagin...Plumbagin is a Copper...Studies support this & like most Coppers it is an effective anticancer agent...But there are side effects in the studies-probably because it is so strong...You could dumb it down & do licorice root or Ginkgo biloba, lesser Coppers but safer...Thanks for mentioning it- enjoy seeing new ideas that do work!

Sari (2015-01-23 15:27:42)

Advice to person with diagnosis... Sari Grove What wonderful answers! I'd add:put on some running shoes & a walking outfit right now, find the nearest ravine dirt walking trail & go alone for a long slow 2 hour walk...To clear your mind, get Oxygen, talk to God, be in nature, & relieve anxiety & depression...Come home, long bath, healthy dinner, watch mindless favorite tv shows, sleep(with melatonin if you can't)...Then repeat the walk as often as you can...This is what keeps me sane...

Sari (2015-01-23 14:04:58)

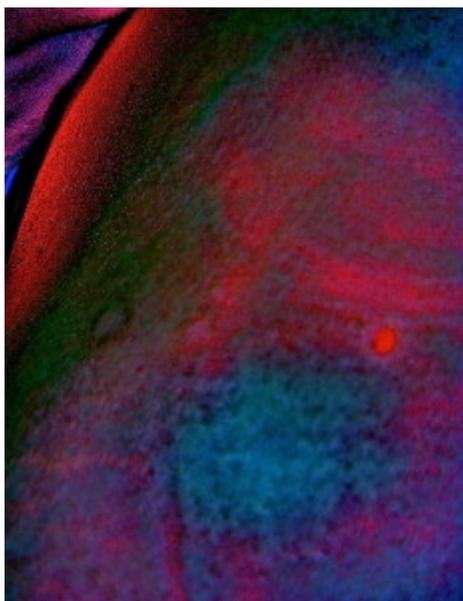
To group administrators on Facebook who are vetting me... Oh...Did I click join group & you are deciding whether to accept me? Hmm I see...Well...I'm not selling anything & I am not a scammer...I refused lumpectomy after diagnosis last Easter & have been attacking the lump with fury...I tracked my research & let people read my path via free access to my books & blog posts on my website...I do have paperback versions on Amazon but that is just to be able to have a hard copy available for those who are not digital-but everyone reads for free plus the price is the minimum Amazon will let me so there is no profit to me on sales...

Sari (2015-01-26 16:22:50)

Oh...I finally tracked down where the source of the wrong interpretation of the word "necrosis" was coming from... An Italian doctor whose English is not very good used the word necrosis to incorrectly describe cancer cell death which is apoptosis... It was a simple language error... Necrosis means death so he used that word in English to describe apoptosis... Since he is an oncologist, people read his website & started quoting that & now there are all sorts of websites written by non-English speakers & now even English speakers, using the word necrosis incorrectly... Ahem...

2.1.8 Significant progress in the getting rid of a DCIS lump! (frankincense & periwinkle)

(2015-01-23 00:46)



Ok so the picture shows a side view of my left boob with a crop so you don't see my nipple...What is so significant today is that what is usually a circular blob now has pieces missing from its edges...Which means that whatever I am doing is eating away at the circle blob that is supposed to be DCIS...Yay!

Ok...Some backstory...Go to our Books page & read our books for free to understand our medical theory & also get some history as to what I have been using to get rid of this thing...(book 3 is the beginning of that journey & is mentioned all the way through to book 8)...

How did I take the picture? In the Books & in some of my blog posts I explain how to DIY Mammogram using a digital camera & a Mac computer...It's easy & I do it all the time...It's a great way to track what works & what doesn't work...You can even see chemistry changes...I tell you what to worry about...

Now...Why am I having such great progress today in particular?

Ok, so I figured out IN THEORY how to get rid of a DCIS lump...(DCIS is not actually breast cancer yet, it is a pre stage where you have to be really careful...Women don't usually die of DCIS...It doesn't usually spread...It's only IF it becomes INVASIVE breast cancer that you have to worry...Doctors want to change the name DCIS to something less terrifying...Anyways...)

So I had the theory & I had tried it out & my theory worked...There was only one thing...I didn't like taking one of the herbs...It made me tired & depressed & sleep all day...So I slacked off a bit because KNOWING that I had an answer was very powerful for me...I was the BOSS of my life again...

But ok...I took all my other things...Which all did work as planned...But the thing that would shrink the Calcium part of the lump itself I wasn't taking...

Ok so push came to shove & last night I decided heck with it I've got to take this stuff...So I took some last night, again in the middle of the night, & again this morning...

Then I did something new...I walked down to a Health Supplement Natural place one block west of Bathurst street on the North side of Bloor(it's a giant superstore you cannot miss it but I cannot remember the name sorry)...

I bought 2 little bags of Frankincense resin... \$3.00 & \$3.50...Total cost...They call them Frankincense tears...Little hard nuggets of resin...

On the way home I took a bunch from the bag, popped them in my mouth & started to chew them...The hard resin turns into gum...I chewed the gum all the way home & then threw it away when all the taste was gone, the frankincense...This is how the people of Oman chew their Frankincense & they have the lowest incidence of cancer in the world...

Later I took my picture, the one you see at the top of this post...

The herb that I have been slack in taking is called Madagascar Periwinkle...It is a vinpocetine iodine type herb...I grab a pinch, put that in my mouth, swish with some Diet Coke & swallow...Twice...(please don't tell me Diet Colas cause cancer because that is just not true...All they do is add potassium to your diet which is not always a bad thing...)

Ahem...

So the combo of chewing the Frankincense Tears & taking the Madagascar Periwinkle herb is a winning combo!!!

(oh, I also took a weekly 50,000 IU Vitamin D capsule this morning which probably helped speed up matters & also kept me awake...)

I am still walking almost 2 hours every day...

I am still trying but cheating on a raw plant based diet...

I have found bread is a really bad cheat & oatmeal is not helpful either...

I learned today of a new Copper...The Venus Flytrap(in a product called Carnivora) contains plumbagin which is a Copper & is anticancer...I used Licorice root for my Copper but could have used Ginkgo Biloba for my Copper...(I cannot take anymore Copper now as I sort of overdid the licorice root & it made me deeply emotional in a painful way...)

I am still using the GoodCoins App & the Moves partner app to track my walking distances...Goodcoins actually gives me money each time I walk! They even have a store where you can spend it!

Research Notes(credits) & Links for January 2015...

Ginkgo biloba (St. John's wort) Copper...

Vinpocetine Iodine madagascar periwinkle

Hulled hemp seeds

No breads please

Butcher's broom sparteine Potassium

Chickweed for lipoma(it moves under the skin) similar to dandelion, parsley-Oxygen diuretic saffron

Broccoli walnuts raisins

Water lemon juice honey cayenne pepper

749 Dovercourt rd west of ossington north off Bloor 3.9 km frankincense

Plumbagin Venus flytrap copper Carnivora product...

<http://m.mutage.oxfordjournals.org/content/24/5/413.full> Venus Flytrap/Copper/anticancer(clinical trial)

http://www.healthy.net/Health/Article/Special_Report_Breast_Cancer_When_Its_Not_Cancer_at_All/2661/1 When it's not Cancer at all...DCIS (WDDTY)

<http://www.nytimes.com/2010/07/20/health/20cancer.html?pagewanted=all> Prone to error(Cancer)NY Times

<http://www.jesichashope.org/cancertreatments.html> Jessica's Hope alternative cancer treatments...

<http://www.cannabisoils.ca/products/> Sanatio Strauss-cannabis oil & tincture in Canada

<http://pccntoronto.ca/2012/03/28/video-holistic-and-herbal-two-approaches-to-diet-nutrition-and-the-treatment-of-prostate-cancer/> Holistic & herbal approaches to prostate cancer

<http://www.exploreyourhealth.ca/viewpage.cfm?PageID=16> Canadian Naturopathic Foundation(walking daily & diet can change your prognosis forever)

<http://vitalitymagazine.com/section/health-conditions/alternative-cancer-therapy/> Alternative cancer therapy

http://www.askdrjj.com/article_view.php?id=34 Toronto Naturopathic doctor Oncology

<http://www.registeredtorontonutritionist.ca/Blog/Entry/how-to-prevent-and-fight-cancer-with-natural-holistic-nutrition-toronto-nutritionist-cancer.html> Toronto Naturopathic Oncologist Nutrition expert

<http://www.thepracticalherbalist.com/herbal-library/herbal-encyclopedia/chickweed-skin-rejuvenator/> Chickweed(Oxygen) for Lipoma

<http://www.hitwebcounter.com/how-to/herbal-treatment-of-lipoma.php> h erbal treatment for Lipoma

<http://universitynaturalmedicine.org/research/library-portal/> Univer sity Natural medicine Library Portal

Sari (2015-01-23 07:10:47)

Ok so Professor Louise Jones has been talking about a new test to see if DCIS will progress...The thing they test for is this thing with a weird name...Trying to know what element their novel cancer marker is led me to check Google results on early studies-see below... Notice they focus on the Thyroid & bone...There's your clue... Lead is the Plus element in the Thyroid gland that builds bone-think potato carrot vitamin A lead...Zinc or sunshine or vitamin d3 or ginger root is what cancels out excess Lead...If Lead is the marker for invasiveness possibility & I bet it is then make sure to get some Ginger root into your antiDCIS program!!! Integrin $\alpha\beta6$ as a novel marker for diagnosis and metastatic ... <https://www.oapublishinglondon.com/.../> .. We examined the expression of integrin $\alpha\beta6$ in thyroid tissue specimens by immunohistochemistry and evaluated the ... Integrin $\alpha\beta6$ Promotes an Osteolytic Program in Cancer Cells by ... cancerres.aacrjournals.org/.../1598.abstra... by A Dutta - 2014 - Cited by 8 - Related articles Mar 1, 2014 - Here, we demonstrate that the $\alpha\beta6$ integrin is upregulated in human prostate cancer bone metastasis.

Sari (2015-01-23 03:14:18)

<http://www.simmsmanncenter.ucla.edu/> this centre in Los Angeles has an integrative approach...But there is a distinction to be made-alternative tends to mean instead of, complementary means with conventional medicine...All the alternative things we discuss in this group tend to be covered by alternative doctors...Regular oncologists might be interested in complementary therapies but they are not often even allowed to do alternative things unless they spent another 4-8 years getting certified on top of their MD...

Sari (2015-01-23 01:19:44)

http://www.naturalhealth365.com/food_news/ginkgo_biloba.html Ginkgo Biloba is indeed ANTicancer...

Sari (2015-01-23 13:39:52)

Mucormycosis can occur in people with high sugar levels, high iron levels, high Phosphorus & Calcium levels, high Hydrogen levels... So topically hydrogen peroxide(an Oxygen), povidone Iodine(An Iodine)...Internally then you need Manganese(Mugwort herb), Copper(St Johns wort, licorice root, ginkgo biloba, espresso coffee, tea), internal Iodines like Periwinkle herb & Iodoral pills Kelp , Bladderwrack, Poke root, Seaweed foods)...

Sari (2015-01-23 13:42:53)

Like · More · 1 hour ago Sari Grove:mucormycosis Ok so I looked into what the drug constituents are for standard care of this thing...It turns out Hypericin is a key component which is found in Hypericum which those who know is St. John's Wort...(it's in the Copper family which kill Phosphorus-Phosphorus is what makes a tumour malignant...)But you would need a high dose tincture of St. John's Wort to mimic a drug strength...(Licorice root tincture is also Copper as is Ginkgo Biloba as is Espresso coffee...)I'd throw them all at it (I tend to overdo things) ps.Raw garlic is a powerful antibiotic that won't hurt to keep doing just to keep sugar down... (Amphoriticin b, strepto-b, anthroquinones, hypericin, hypericum-my path through Wikipedia to figure out the drug for mucormycosis)

2.1.9 Transverse Myelitis & Melatonin... (2015-01-24 01:33)

So my theory about Transverse Myelitis is that it is a Fluorine excess...

on our Grove Body Part Chart, Bismuth is opposite to Fluorine

Now Melatonin is a Bismuth family drug...

So in theory, Melatonin should remyelite the stripped myelin

So I looked up to see if anyone else thought so too...

Yes...There is a study on a rat that shows melatonin remyelinated the white matter around the spine...

<http://www.ncbi.nlm.nih.gov/m/pubmed/20856166/...to>

-to my new gorgeous friend with transverse myelitis, please try taking one melatonin pill every night...

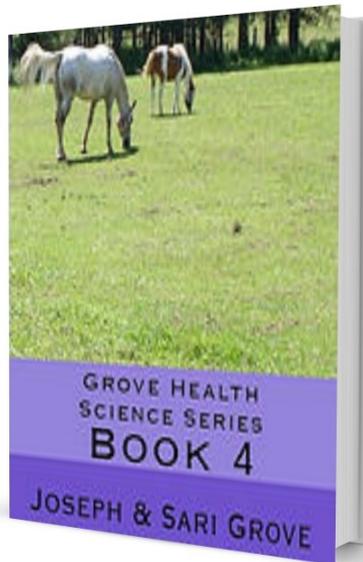
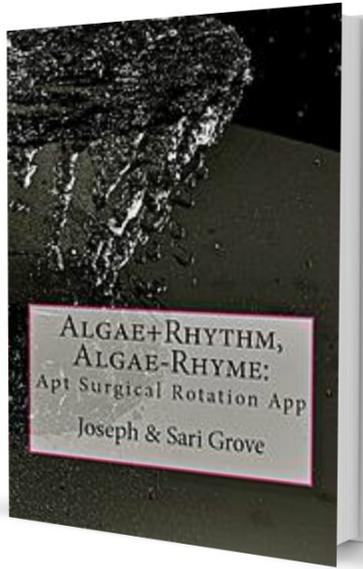
When the bottle is finished, please write to me grove@sent.com & tell me you are improved...

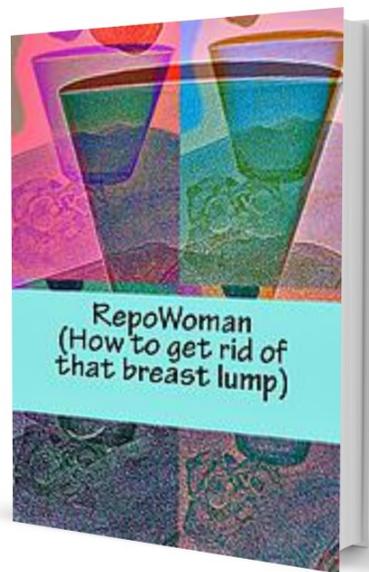
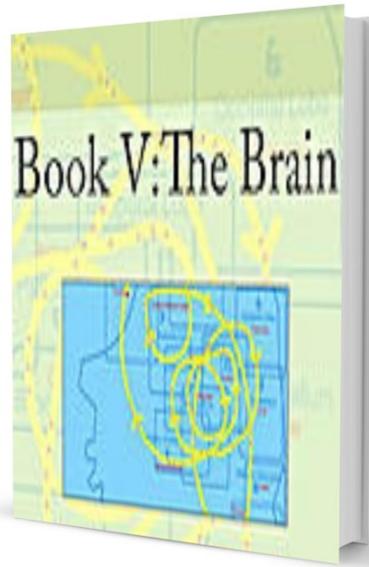
Ok...

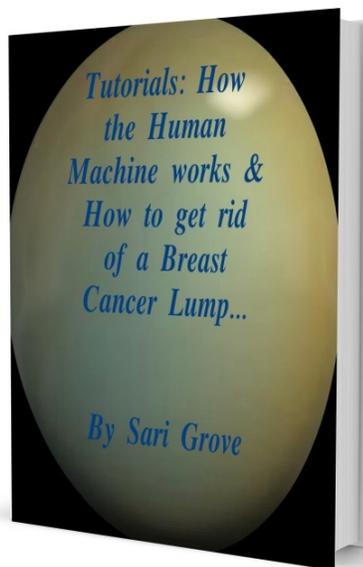
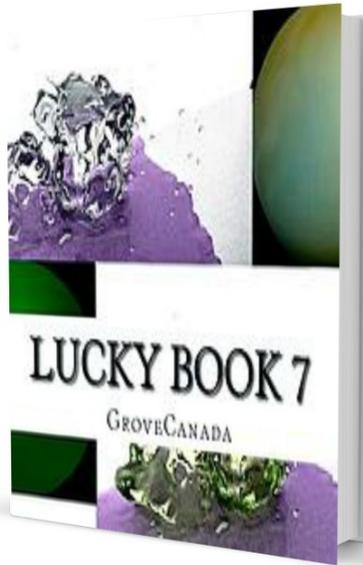
I am writing this post so you can see it...

Hugs, Sari

You can read (the now 8 books) The Grove health Science series of books for FREE on our BOOKS Page...







Sari (2015-01-24 02:57:11)

Low blood pressure, what to do? Ok so I got it for my cats...Taurine powder...Bengal cats tend to HCM hypertrophic cardiomyopathy...I sprinkle it on their food once in a while...It makes them purr a little louder & you can tell they're a little friskier...Read up on it & found the pet grade & the human grade Taurine powder was identical- just different recommended dosages of course...So I put some in my tea...I felt clearer...Better...So after that, whenever I feel

dizzy, I drop a teaspoon or more into some liquid...I haven't been to a doctor in a decade so I don't know my blood pressure change sorry...I think I used to be something like 80 over 60 does that sound logical? Our lady cats are 9 & 10, & I started Taurine off & on when they were kittens...If I had to guess I'd say my blood pressure was maybe 120 over 80 now...(God I forget how the numbers work-anyways, something like that-I don't pass out anymore at public events when I stand up suddenly-omigosh!!! Lol)

Sari (2015-01-25 07:15:00)

.That is a beautiful thing...While looking into the why of Coleus Forskohli's actions, I discovered that Forskolin(the active ingredient) is a Carbon Hydrogen Oxygen molecule...Which is a down up down molecule in terms of how it affects blood pressure...It does both...(There is a recipe for correcting leg paralysis called Hungary water which is rosemary & wine-also a down up type of recipe...)Anyways, thank you again-Seeing type molecules is truly fascinating...Don Quixote had a balm of rosemary,oil, salt & wine-boil all together...Also a complex healing recipe-paralysis?

Sari (2015-01-24 01:43:08)

<http://www.ncbi.nlm.nih.gov/m/pubmed/20856166/> Here is that study hotlinked properly... Hard to do that on an iPhone!

2.1.10 Cation, chitin, Molybdenum, Boron, chromosome 23, 12 item on grove body part chart (2015-01-25 19:57)

Cation, chitin, Molybdenum, Boron, chromosome 23, 12 item on grove body part chart (PDF file of my thought process to discover the 12 item on our grove body part chart...Currently I only have 11 body parts on the chart, but there should be 12...the 12th will be the Gender Organs...The chromosome pair that decides XX or XY, female or male...

So the 12th column of our chart(which I will have to add)will look something like:

Gender Parts:Molybdenum Mo (Plus element):Boron B (Minus element)

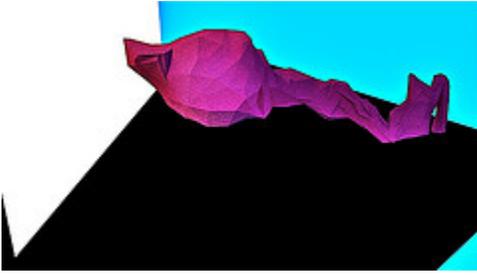
Molybdenum would sync with testosterone, & Boron would sync with Androgen(in hormone discussions)

like Calcium is a Progesterone,

& Estrogen is a Phosphorus...

The combination of Molybdenum & Boron together would be something like human growth hormone, the thing that makes you grow & be able to reproduce, the thing that brings life to that protozoa stuff on Mars, the thing in shrimp shells, green beans, avocado,-the shiny coating on a green beans, that organic edible plasticky stuff God's wrapping...

<https://www.flickr.com/photos/sarigrove/> Our photo stream on Flickr...



Notably in Turner's syndrome, the 23 chromosome is missing one element of the pair...

So in Turner's you see XO with the o implying Zero, instead of what it should be XX or XY...

Typically in Turner's syndrome, the X that is there is from the Mother(chromosome pairs are one from MOM & one from DAD)...So in the syndrome, mom donates the X, but Dad either donates nothing or the X or Y from the Dad is damaged...

Physically Turner's syndrome can be seen as a webbed neck(very thick & attached well to the shoulders almost more like a lizard)...Webbed toes in babies...It seen mostly in females & they are usually born sterile(not able to reproduce)...Human growth hormone is one thing they may give to someone with Turner's...

On our Grove Body Part Chart, chromosome 23 will be represented as the 12th body part on our chart...

I will have to draw up a new version...Stay tuned!

Update:Here is the new improved Grove Body Part Chart business card(front & back sides)...

I get mine printed at Vistaprint.ca & I lay out the grid there too...

Grove Body Part Chart

Organ	Minus Element	Plus Element
Thyroid	Zinc	Lead
Thymus	Manganese	Iron
Lungs & Lymph Nodes	Titanium	Aluminum
Heart	Potassium	Aurum
Kidneys	Carbon	Nitrogen
Pancreas	Selenium	Sulphur
Liver	Oxygen	Hydrogen
Adrenal Gland	Iodine	Calcium
Spleen	Copper	Phosphorus
Gallbladder	Magnesium	Mercury
Colon	Fluorine	Bismuth
Gender	Boron	Molybdenum

**"Artists innovating in the
Medical Arts"**

**Read our books for Free from
our website at
www.grovecanada.ca
The Grove Health Science Series
of Books**

**We are
GroveCanada
which means,
Joseph & Sari Grove
& our cats
email
grove@sent.com
phone(we prefer email)
416-924-9725
Toronto, Ontario, Canada**

Rough background notes(how I got to the ideas above sort of...):

Gingko biloba (St. John's wort) Copper...

Vinpocetine Iodine madagascar periwinkle

Hulled hemp seeds

No breads please

Butcher's broom sparteine Potassium

Chickweed for lipoma(it moves under the skin)
similar to dandelion, parsley
-Oxygen diuretic saffron

Broccoli walnuts raisins

Water lemon juice honey cayenne pepper

749 Dovercourt rd west of ossington north off
Bloor 3.9 km frankincense nuggets

Plumbagin Venus flytrap copper Carnivora
product...

Ginger root make sure!!! Vega one sugar free
energizer ginger turmeric

Learn feldenkraist!!

Flaxseed is manganese

chant

"nam myoho rengo kyo," (I am a
lotus flower is sort of what it
means-it means
more than that but I prefer to
ignore the religious meaning...)

I would say diet makes a great
deal of difference. More veggies
and fruits.

Rosemary oil wine salt balm of
don Quixote
Hungary water for paralysis
rosemary is mint titanium
wine red is hydrogen some oxygen
Forskolin is. CHO molecule
Toluene is a CH molecule

From Wikipedia entry on Rosemary
<http://en.wikipedia.org/wiki/Rosemary>
"Hungary water was first prepared
for the Queen of Hungary Elisabeth of Poland to "
... renovate vitality of paralyzed limbs ... "
and to treat gout.
It was used externally and prepared
by mixing
fresh rosemary tops into spirits
of wine.
Don Quixote mixes it in his

recipe of the miraculous balm
of Fierabras."

In Chronic myeloid leukemia,
9 Carbon
22 fluorine
Are both damaged
(Baking soda and water with
fluorine in it is a real
world substitute for
chromosome 9 & chromosome 22)...
(47 is the new chromosome formed
from the 9 & 22 fragments joining,
carbofluorine)
only supposed to be 23 pairs of
chromosomes or 46...so 47 is wrong!

9 Carbon 22 fluorine forms
extra chromosome carbon fluorine

In transverse myelitis
(are they really just mermaids)
Mermaid sirens song
to the siren this mortal coil Ear wax (war)
smash ships on the
rocks...Ulysses story...

Topaz citrine is
aluminum fluorine
Memory Thin skinned Kind
thin skinned sensitive

CF Turner syndrome 23
chromosome Is missing
the Y So just X From
mother Dad was sick
no y sex donation
You get a girl who
was supposed
to be a boy...
Dad's excess Phosphorus
also implies a lack somewhere
else-23rd chromosome ...
Sex male gene...
(Human growth hormone is
missing-accident at 8 years old) 12...

paralysis below knees both
mermaid syndrome...
Cannot have children...
Excess fluorine polio
(descending & amplifying
into BORON B)
leads to degradation of
23rd chromosome sex
reproduction impossible...
Water fluoride Scottish
alcohol drinking Winnipeg...

Girl first Then
boy Implies female dominance...
(the order of children)
Cadmium vs. Antimony//
Barium vs. Plutonium
Uranium bismuth
indium charcoal vs. Fluorine
chlorine water(fluoridated)

Testosterone Androgen
Both = avocado, saw palmetto,
toluene, coleus forskolin,
molecules that are
CHO Carbon AND Hydrogen & Oxygen
-give LIFE

Sent from my iPhone

end of rough notes...

Sari (2015-03-03 00:48:36)

Ginkgo Biloba, Butcher's broom, Vinpocetine-top 3 heavy metal detoxifiers that work for birth control detox...I know because that's what I took...

2.1.11 Just a quick hello from Jadzia & B'elanna Grove our intact lady bengal cats...
(2015-01-26 02:06)



Jadzia likes the warm pizza box under her bum...She also enjoys pizza as well...

Food choices happening right now still...

barbecue chicken whole from Longo's in Toronto

Wysong uretic feline Dry Food from Wooftown in Toronto

Ziwipeak canned cat food from new Zealand

Balance from Phytomet 1 drop per lb of weight in all wet food from SwallowhealthyDiet.com in England

Water from tap

Notes: Jadzia recently ate 4 pieces of pineapple off the top of a Hawaiian pizza...She also enjoys the milk in your cereal, & pepperoni...Ice cream vanilla flavour once in a blue moon...

B'elanna is not a fan of milk...B'elanna is not a fan of chicken liver...B'elanna is not a fan of carrots & Jadzia agrees on this one...neither really like Beet pulp & even as kittens found Beets not worth discussing...

Both snows appreciate a good finely chopped up steak once in a while but do not try to pass off cheap cold cuts as food...Sardines are interesting but honestly mummy a little gross looking...Sushi is a definite yes, though sashimi is better but could you chop it up a little bit...Organic food makes us cr-p too much, but helpful if we are having constipation issues due to GMO grains hidden in our foods...Taurine powder makes us purr louder...McDonald's hamburger patties are a yes, as are Wendy's, & Popeye's fried chicken is awesome we love the crispy fried breaded crust too...The breaded fried shrimp was a fun diversion...Shrimpo cocktail is a pretty definite yes, no sauce for us...



Reasons why my husband has to sleep on the couch...(hint:safety first)

“Quit
worrying
about your
health. It’ll go
away.” by
Robert Orben.

#TeamBossyGals twitter words

TeamBossyGals.com website

Good Ozone versus bad Ozone, Fireman fire station rosedale

Clouds should be Up there not down here...my interpretation

That theory where if you have icky Phosphorus & good Phosphorus, the body will select to process the good Phosphorus & theoretically excrete the icky Phosphorus...longshot

More likely is on 88...a nicely parallel number that connotes snakes & ladders...That the body will select the Good Phosphorus, & the bad Phosphorus will remain stuck in limbo, like The Walking Dead...(horror genre)

For example...

If you eat a lump of black disgusting moldy cheese by accident & it goes down & makes a home in your Spleen, then now you have a lump of black moldy cheese sitting in your spleen, nesting...

Now if you go to Sobey's & buy some extra delicious yummy strawberry flavoured yogurt Kefir (pronounced KAY-FUR), then that KEFIR will go down into your spleen & your spleen will say THAT is delicious!

At that point, since your Spleen is competitive, it will CHOOSE the Kefir as the thing it wants to work on, to digest...

It is an easy choice for the spleen, the kefir is delicious & travels well, the moldy cheese is stuck & hard & lump & gross who would want to eat that eh? gross-en-nating...

So...(by the way you can eat blue cheese if it is SUPPOSED to be that way ask your daily grocer at the whole foods market. they have a good cheese lady)...Seinfeld refers...tv show reference

So now your body gets Kefir energy & the lump stays put...

You now have energy to walk, to work, to carry on, but you ALSO have a cold dark lump of mold (scarily growing maybe NOT) in your spleen...**

A better decision

Instead of drinking the Phosphorus filled Kefir, & causing your spleen to choose that to digest OVER the lump in your spleen, why not choose something that GETS rid of the Lump first?

THEN AFTER you can have your Phosphorus GOOD Kafir...

For everything there is a time & season...All the season turn turn turn...On the merry go round of life...Turn turn turn...

Caliope...What goes up must come down spinning wheels turing all around you got no money you got no time ride a painted pony let the spinning wheels spin...

Did ya need...(male voice)

Ok music break over for now sorry get back to work, but music IS work, ok get back to music...

So the better choice is to remove the bullet first then eat a potato pancake...

They gave us Lead bullets Pb, we asked for Bismuth bullets Bi, we got Copper bullets Cu...

On our chart the Plus elements are male(dominant), the Minus elements are female(dominant)...

Disease have Gender dominance too...Multiple sclerosis is Lead poisoning which is excess Lead from tap water running too hot maybe through older once galvanized Lead with Zinc pipes...Men like potatoes which are Lead...Pb Plomb...

Women prefer coconut water which has some Zinc...(also has Carbon & Potassium female elements)(low on the water part which is Hydrogen so nice low male)

BIG PICTURE...If you have a lump of coal in your body, take it out first...Then, celebrate afterward!!!

DON'T celebrate first by drinking Kefir, then & only then, decide to try to remove the coal...It will be harder to see, because it will be coated in white pink yogurty stuff & now you are just making matters worse because the body will SELECT to digest the Kefir & just BYPASS the lump of coal...

Now you have made the lump of coal or whatever the lump is actually made of under a microscope (you have to look btw and thank you for that Zhang Zhuo...), anyways all thank yous aside, you have made the situation worse, not better...

since Better or worse is a rule, worse is not better, better is not worse, then worse is worse & don't do that to yourself...

so if you are NOT trying to remove your lump of coal or whatever, moldy in a bad way cheese, then you are doing worse to yourself & that is not good I don't like that because you are MY friend...

+if you are my enemy & you do worse I don't care because I don't care & goodbye sayonara to you not my problem...

Now how to get rid of the icky lump? Have a small cup of black coffee with sweetener & chat with a friend about it...

Then go watch the Australian men's Open Tennis championship in Geelong Australia...with Rod Laver!

Team Bossy Gals .com

1960s reference.time warp.mercury in retrograde...pluto...secret ancient chinese secret(how to do laundry with Borax)spit is a paralytic, scorpions in mouth will go tame from the spit which is Fluorine...Survivor

The new improved RECIPE for how to get rid of a lump that is stuck somewhere in your body or your brain which is part of your body but anyways, is...

In the hands of a neuro-scientist in Geelong, Australia...Initials B. E. (think beryllium Be)

Go ask him he won't bite...(warning you could die of a typographical error)...snakes

When detoxifying from heavy metals like birth control, start with the lightest metals first, which are at the BOTTOM of the Grove Body Part Chart...

Since the lightest metal on the chart is Molybdenum, Plus element, gender organ(s)(2), You need to start removing that excess element first, which is like the plastic natural skin on green beans...

Boron dissolves Molybdenum...Boric acid is the STRONGEST Minus element on our Chart(by the way did you know the new improved chart has 12 body parts/organs instead of 11? Yes , it's true...The new body part is called "gender"...It refers to those nasty bits that define whether we 'look' like a boy or a girl...A

girl will have Boron dominance, a boy will have Molybdenum dominance...Nigella Sativa Black Cumin seed has both male & female parts...Interestingly enough, Toluene also has male & female parts...Mo or B...

Coelus Forskolin also has both male & female nasty bits...Gender...Gonads & Ovaries...

Theoretically the body will select which one it needs & discard the rest...

This is called competition...

The brain is also competitive...if I order a small coffee at Tim Horton's with skim milk & sweeter, I will get a small black coffee with sweetener in it...No skim milk...Why? Because the brain is competitive...The lady at the cash register's brain registered sweetener which is an unusual choice for this Canadian company...The brain selected that flavour as the winning flavour...Despite the fact that skim milk is an Awesome choice, it was discarded & ignored...It is still in the Milk family, which is white in colour..The cashier was closer to coffee in colour than she was, like me, to milk, so she was HAPPIER to give me something she was familiar with...I was also happy NOT to get milk, because though I had ordered milk, it was only because my companion ordered a small coffee with double creme...I am not really supposed to ingest dairy on my diet plan, regime more like, but when in mixed company, ie:boy girl, I tend to compromise a bit for the sake of the group...

"The needs of the many outweigh the needs of the few..." Vulcan saying Mr. Spock

Organ	Minus Element	Plus Element
Thyroid	Zinc	Lead
Thymus	Manganese	Iron
Lungs & Lymph Nodes	Titanium	Aluminum
Heart	Potassium	Aurum
Kidneys	Carbon	Nitrogen
Pancreas	Selenium	Sulphur
Liver	Oxygen	Hydrogen
Adrenal Gland	Iodine	Calcium
Spleen	Copper	Phosphorus
Gallbladder	Magnesium	Mercury
Colon	Fluorine	Bismuth
Gender	Boron	Molybdenum

Concussion: Con-Cush-ion (pr.)

with-pillow(breast)-ions (colloq.)

stuff-on-my-cat.com (Jap.)

right frontal lobe hit=excess zinc production due to stimulation of right frontal lobe(not collapse or failure of organ)

thus control of left side of body, ier:hand is increased

visible mark=hill on right forehead

other effects=at left side of brain there seems to be a slight lack as the more zinc of the right side depletes the Lead Pb Plomb of the/de le/la cote (little hat sign), (ou(little backwards hay sign), (et(round hat sign), le accent aigu(on the u upside down smile sign, I mean right side up smile sign concave/convex to those who look)...

Top down in French...Let's start again with the introductions...

Bundling Bill Gates...synapses...

unlink zoo with sadness

link parenting with cleaning

reverse order...Happify.com

Zoo Steve Jobs, Linda McCartney, John Lennon, Yoko Ono...One legged female(hop-along)Blossom.=all in common, lowest common denominator-John McCain=they all eat frozen food dinners?

Save the Seals...Children's Miracle Foundation...Easter Seals/Mama's izza...(leaning tower of pisa)free association

Je suis Charlie...Je suis un sheepdog...Je suis un chien c'est quoi un sheep en fran-c-cedille-? ais, et?Automatistes Quebec

Old York New York Old France new France...The Big Smoke...

Alors le "fix" c'est que le main gauche et maintenant meilleure (n)! Dans les yeux(l'oeuil) du femme...

Gst 5 %, PST 8 %, HST 13 %=5+8+13=26 dollars accidental damages typo(s) , chaques 'typo' coutes(accent hay house balboa press)treize dollars, 50 %=26 divisees par 2 est 13...aigu iguille Brazil...cepalapod asterisk et obelisk

David Lash et David Chernos...Sunatanning Salon...Tal & short...Goodlite fitness...

Frank...20=autobus, 5=cafe aigu...petit noi at interressante (r, ait) Somali...e.

Parce que vous etes indifel, indifelle, infidelleious, Mark Rowlands=Olivar Sacks- Aemon Callahana, bneirama, Benihana, Phillipino, Phillipines, Vientiana, Catherine Deneuve, Are animals Moral? of course they are honey, just not you...

Don't joke with him...

William Faulkner the sound & the fury...

Lemon, lamon, the flaw is Kim Cattrall asked if Viagra was good for women? The suggestion is that it is...It is NOT good for women...

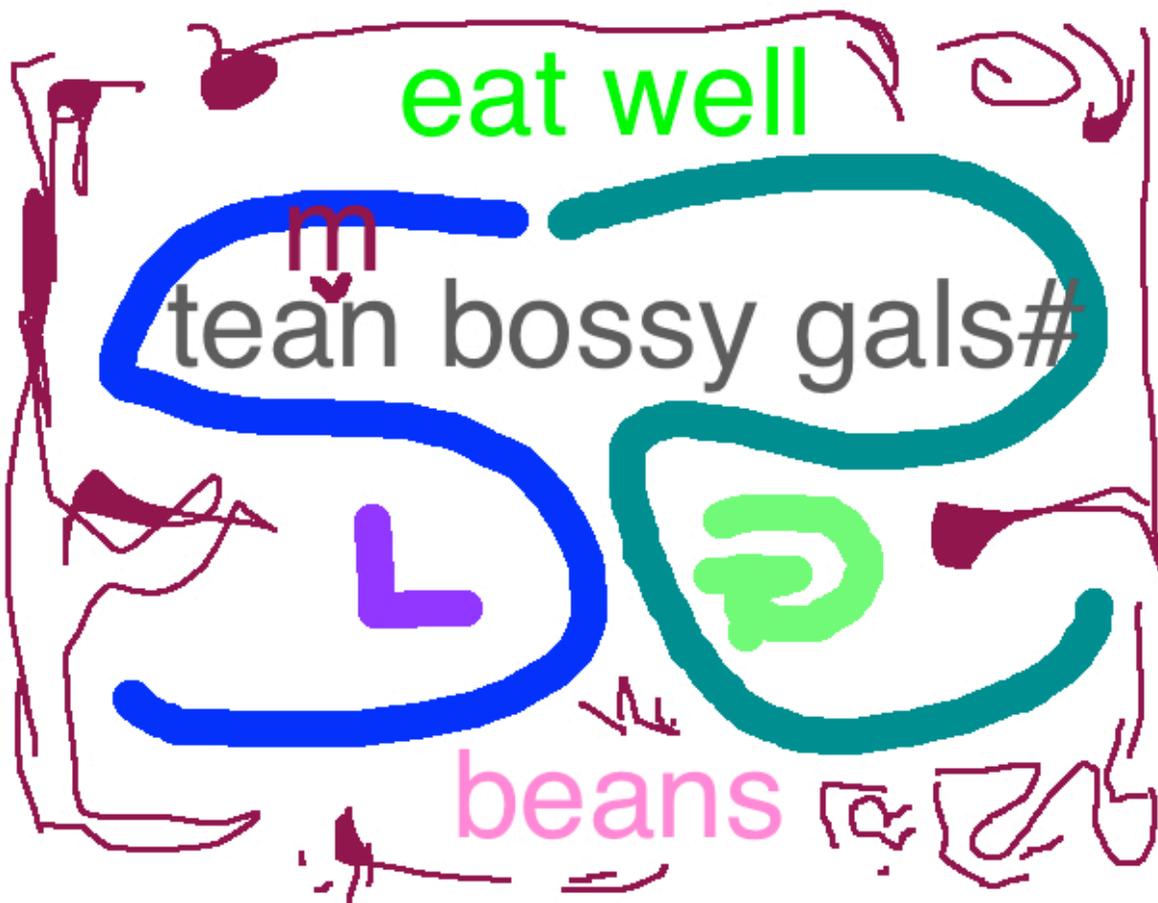
Why NOT? because Saw Palmetto or Coelus Forskolin or Molybdenum is a MALE dominant vegetable plant like Nigella sativa Black Cumin Black seed & with the HULLS ON it ALSO has a hard exterior layer like Bull's Balls or Colorado Koolaid, which are "prairie Oysters"...LJSB...LYndon Johnson sucks Balls...plays tennis...Vera. Alice doesn't live here anymore...Waitress...Busboy. Garcon, grenouille jambe de grenouille? NON...Je dit non...Nancy reagan dit non...Ronald reagan a dit oui...?? (reverse question mark espanol n

avec le horizontal s dessus)

Accent aigu...accent grave...umlaut...I am ranking emoticons...the character palette in fonts...emotions...the flood...licorice root floods my emotions with depth...like new york is the best & the worst, toronto is less so in range but now the highs are so much higher & the lows are so much lower, with depth comes breadth, no...not sexual innuendo now nor euphemism...THAT

That, the bigger the fish(horizontal measure) the bigger the danger(risk)...

Don't scratch the surface it is merely the tip of the Titanic titanic tobermpory tobermory oil oil the fish is still alive charlie, tokuda tokuda Tokuda High park, Central Park zoo, parallels, parralels are not so much, they are two snakes



so your left hadn si enahnce & your right frontal brain is enhanced & now you look like a girl...(hand)

dyslexia poop sorry air is bad heare farted...River street Humane society...

cats Sajo...Boy...Spotty. Chkotay...Chakotay...Balls down...balls are down...balls are down, horses have a retractable penis...

did you know? Sake it off...Shake it off...(ewe eeewe ewe ugh ewe ewe hippo birdie two eswes wes

ewes.Mo...Satcho..Satchmo Louis Armstorng Dad Frank Sinatra the Brat Pack, Dean Dean KJames dean,
rebel witout a cause...without. drunk & shriunk...

drubkn drunk & shrunk...means fire wire linkage...

injruy injury reheals itself with "lump", fire wire bonding at reheal on injury point...

licorice colour text font palette colour o

the smush at around the cross of the rib is

a blob of calcium bone cartilage

molybdenum(the b is silent means

nondominant)



HUNGARY-the coffee mill-tr

coffee mill-the Lothian Mews)

HUNGARY-the coffee mill-the Lothian N

i said oopse upside your head i said oops upside your head i said opps upside your head i said oopse upside
your head i said oops up side your head is said oops upside your head soccer...

"I said, Opps, Up, Side, Your, Head, I said , Ooiops, oops, upside your
head..." =Hoops...dentist...Pierre?charlotte? francois, ...furniture refinsiher...aix en
provence...arkashon...dauphin...finisher finit...Hat...accent...blue eyes dad's blue eye colour love...my
hat is the same colour as the way my dad's blue eye colour is supposed to be at the cottage...on his head,
the picture of my me sitting on his shoulders...please keep...blonde...on the cottage with the white shabby
dfenche fence crying behind it behind it the white horixzontal fence painted by hand hwhi wide slats...with
nails...and yeye eye...withnail & eye...and dirt with grass & hayseed mom in hat with picket fence i was
normal m normamm norman mailer...hat hair hay hair hat hair hay hair hat broom hilda...

You gotto get up every morning with a smile on your face & show the world what a, video fee, two
ladies, on rocking horses...

the horse rocks...paint job nice blue sheen metallic.props. blowfish. props. yes. hi...married...grove. euphemism. i am fine thank you how are you

fine. i

song lyric. beebop. muhammed ali again. ben johnson. steroids. calcium. food enhancers. nitrogen. hostility class.

vagina village. VV (VW)...drove...driven snow...as smooth as driven snow, antifreeze is BORON B. boring. BOrom boroom Im malloon walloon willy belge. snow sheperd tango sheba shandy sheba 's date is a boy!

Phew finally border collie? woops. big ballzac honre de balzac...honore, and all night long it was honour and offer...

on her and off her.

ugh.

cunnininnm cunninglingus, nunnalingus, cunna-lingus. oral sex. gaps...The Gap.Tiffany the Hive & grove...NLP neuro-linguistic programming, for. advertising. Team Bossy Gals...

Six degrees of separation...Kencin, Kevin Back, & cheese, burger. Burgher.

done! how would you like your fries? I would like fries with that wid dat. roll me one. no rolling papaers. stuck e-cigarettes have less fume but still pure nicotine but less paper stuff bismuth but more drug but less MOLYbDenum, how do you pronounce that word?

BOOOOOOO-ROn...Boron. chocolate.

Molly-Bdenum, denimum, levi's red tab jeans(tag lsd) Tom Hanks movie boots Footbalss Sidways...Boost s is my cat...

Boots...beans...SAJO=Sari plus Joseph love each other & are getting marreid to each other what year, .

1 994.

1993" studio 2007.

2 shows.

Dover E.

sale. tax?

16K x 4 years = capital gains...4 per year...no over. tax 13 %so...13 % of 16K equals. 25 dollars...16K 90

karats carrots, rabbits?

rarebit they eat moneky in africa. monkey. mexico almost too idiots i steal their moneky from them in a cage.

the organ grinder stephanie & roland and romaine is not black really just caramel coloured club waiter guy bartender. better job more music clubbling sister...roxanna. roxanne... we'r e black sari.

what you see is just illusion your surrounded by confusion teah your parents well doctor of sociopathology social worker mike silverman old prof grey advertsisng fill you barry brown max webber webber paul webbers thrill yout olicvvia b newton john nails are long manicure oj og oh oh i wanna know I wann a ...i hear his voicces in his head, i hear his voice in my head i hear i wanna feel you oh i wanna touch you, please near nerm, can you hear what I am saying what I hope...

translating for hy husband...Why cant hear him? smell deaf...hit in the head concussion soccer...

fuorine...BORon windshield washer fluid rampant at moore park ravine is Boron blue my lips are blue england oxord rowing tea blue lips jordan blue lips are cold is blue windshield washer fluid they gave hin blue winshield washer fluid in england at the boardinh school to drink...why? short pants...to KILLLLLLLLL HIM...

or my b maybe to save him from himself...Molybdenum...Perfromamcne enhanicng drugs are ghb growth hormone giraffe the f giraffe has a long neck...smile. mom looks good now almosy the same as before but better! new improved version of MOMMMMMY! t

Madeleine is a book about the nuns and two by two the nusn nuns nones get thee to a nunnery!

Our Lady of perpetual Elegance at St Clair & West of Mount Pleasant is NICE SCULPTURES!!! Magbn-fica is a book with picture AND a defribbilator!!!

I wenst skating on ice with SHOES on...just shoes no skates...it was OK!

anf and the cemetray has a PLOT for me it is a little tiny head space with a number 6 & joseph got a number 7 liucky socks samuel taylor coleridge.! I am Sira! sirrah siren...no i forget...green tourmaline reserved at my box in the snow on the ledge i left it there for safe keeping how do i put it inside my box?

safety deposit boxy for crremeated remains? oh gross it's not a drawer at leadt frozen food! corppp copse...

Periods. period. dot do t dot dot o tot ot t. anemia...dot. lblue eyes. borwn . brown . brown eyes blue. brown. are you srrious? and your eyes are nrbbrown.

my teeth are blonde. her teeth are ered. your teeth are brown. his teeth are black raven haired beauty. her tethh have lauren hutton . raisins. gap. hurceptin her ceptin leptin rabbit plastick coating on green beans is her lrabbit snowbll happy new year curly hair lilith lilith fair, lesbianism,. tennis martinia navratilova vavavavv ...Zoolander...mining. coal. Bi.

Anthracite...

and her hair was perfect... warren zevon...trader vic's.

News: Firwire firewire. ballsy.curly hair stays stuck better than straight hair...ugh perm. vidal ssas-
soon...4 hours long..she ran. to get help. parking lot attendant. pantyhose is yours. shirt. hawaiian. noula.
oula. st marin. martin. school capatain. mason. blond. e . nurse. long story. madame butterfly. M
england. violin. classical. piano. ugh. kicked out. F. deaf. flat. breathy. effy.

low. erkle. Chopin. chppy waves. hacking thru it. chopin. esque. mark hammer ishm mc hammer
stoned. high voice nasal. sex.

eek. yuck. fired. no paying him for that.

Sari (2015-01-31 07:50:29)

I owe 2,0180 dollars to the CRA canada revenue agency... 16K over 4 years is called capital gains tax. 4k x 4 paintings.
trade. the skim is that 13 % HST. 5 % GST good s and services taxes. pst seprsonal sales taxes (the chateau was
cold so is tole his thing his leather chateau inkblot thing versilles whatever castle frank subway station train rolling
elton johnis nice song finally...) Hst isharmosnised sales tax...coldpaly... elliot. heddge hog...elliot...subway... cold
darkness...new shoes on paolo nutini... mucisc. 50K? bmw. overspent.m dorian grey. wine chat alot. ate food.
kichen. checf. heaven hell. chinses. you are what you eat. cat on lap.

Sari (2015-01-31 08:04:51)

Kylie Minogue msgill mcgill hockey. baseball. june. april. (skipped may).polite. jane? june. jene. geane. geane.
gene therapy. christian science. xx xy oncotypeying. ugh. sil better. fluorine. F. PMH. wmch. uses. Boron. stringer.
stronger. cat on lap. belanna. belle. banana. (leard you. listening in on auido. dan the hill touch. classical. genre)
itunes? 40K. owing... out. so far. garth brooks> ? Mo?...um... donkeyhoti. don cervantes. poussin. et in arkadia
ego.ego to brutus. e tu . ? james spader. wine. short. show. legal la lwal. law. boys law. mes rea . reus. women's
reus. rea. Breck Girl uts cody black Crawford House is for Blondes lewis red Althouse Brunette

Sari (2015-01-26 17:41:10)

Today Jazia ate PINEAPPLE off a Hawaiian pizza from Pizza Hut... 4 pieces of pineapple... bengal cats are amazing...
Never cease to amaze me.... Pineapple... It's like she's my daughter...

2.1.12 GENDER 12+ Bo 1- (bobo) (2015-01-31 11:43)

whetherF H M Al Ti O C Bo = Cu

11 6 10 10 3 7 5 12 9

- + - + - - - - -

frankincense tears, zeolite rock(seal neck), cement black base, fire lighter bic (flint, grate, spit, whistle, blood sweat & tears), water hot boiled cold was flow clean taps hudson's bay

Ti B F H O Al

3 12 11 6 7 10

- - - + - +

snow, pine, resin, glue, blood of tree is nitrogen, sap, carve, willow, let, pot glass silicate sand salt Hg Nacl (Cl is chlorine rhymes with fluorine is just stronger fluorine)

Team Bossy Gals # hashtag hash=tree sap snow=owl turtles John McCain raccoons babies bears wolverine Detroit Michigan tree hug nose y 3 nests in trees ... ellipsis... mobius strip smile...reincarnation, i hate reincarnations... why not? do it now...just do it nike. skiing. cross country feldenkris pilates 8 fridays, saturday morning...

have i ever seen the rain coming down on a sunday day sunny day rainbow= burlington.

yes! grace. sunday's child is full of grace. malsiah. nurse. high fructose corn syrpu. cake.

silicone=salt=mercury=cartilage-tendon=joint(s) # # # bike...hands grease thak\s bye

TEAM BOSSY GALS Grove Body Part Chart

Organ 	Minus - Element	Plus + Element
Thyroid	1 Zinc	12 Lead
Thymus	Manganes 2 e	Iron 11
Lungs & Lymph Nodes	Titanium 3	Aluminum 10
Heart 4	Potassium	Aurum 9
Kidneys 5	Carbon	Nitrogen 8
Pancreas 6	Selenium	Sulphur 7
Liver 7	Oxygen	Hydrogen 6
Adrenal Gland	Iodine 8	Calcium 5
Spleen	Copper 9	Phosphoru s 4
Gallbladder 10	Magnesi m	Mercury 3
Colon 11	Fluorine	Bismuth 2
Gender FORM	Boron 12	Molybden u m 1

the chart now shows which metals are the lightest(hint start at he bottom right)...

2.2 February

2.2.1 #SteveJobs #LindaMcCartney Eastman Kodak... (2015-02-04 06:54)

Diagnosis:

Jobs- right kidney block

mccartney- left kidney block

cause- GMO grains

cure - Carbon family

TEAM BOSSY GALS
Grove Body Part Chart

Organ ©	Minus - Element	Plus + Element
Thyroid	1 Zinc	12 Lead
Thymus	Manganes 2 e	Iron 11
Lungs & Lymph Nodes	Titanium 3	Aluminum 10
Heart 4	Potassium	Aurum 9
Kidneys 5	Carbon	Nitrogen 8
Pancreas 6	Selenium	Sulphur 7
Liver 7	Oxygen	Hydrogen 6
Adrenal Gland	Iodine 8	Calcium 5
Spleen	Copper 9	Phosphoru s 4
Gallbladder	Magnesi m 10	Mercury 3
Colon 11	Fluorine	Bismuth 2
Gender	Boron	Molybden u m 1

the chart now shows which metals are the lightest(hint start at he bottom right)...

Male remedy - baking soda

Female remedy- olive oil

Credit- the chicken in the freezer with whipple surgery half done not by me...found block in kidneys right & left

Kidney became by association...then descent into pancreas, became impossible due to GMO grain seed assumptions made by GroveCanada team bossy gals # dot com

After Geelong, Australia consult with Brian Allen scientist...

If you have a cancer...

It is a sphere...

Heaviest metal in the middle...

Lightest metal on the outside...

So...

To dissolve the sphere, one must use the corresponding appropriate, female detoxifier...

Since we have added a 12 row to the grovebodypartchart, to account for 23 chromosomes (or 24), then we now have 12 body parts or organs, times two is 24 chromosomes, with each chromosome having a donation from the mother (minus element), & the father (plus element)...

So row 12 is called "Gender" & Minus element is Boron , Plus element Molybdenum ...

Molybdenum is an edible...

Boron is also edible...

Both are found on the shiny skin of green beans, albumen, Amniotic sac of a horse(Robert Vavra), & that shiny

Foggy coloured Sac you find lining the inside of an egg...

So if the lightest metal is molybdenum then dissolve that skin with something Boron first...

Continue with...

The lightest metal is at the Bottom of the chart...

The strongest female is at the bottom of the chart(think Stevie Nicks as Boron, or Wonder Woman as Boron)...

Then work your way Up the list/ chart, from bottom to top...

Then you are attacking the sphere/lump/cancer in the correct order...

The reason starting with IV Vitamin d didn't work exactly is because you are sending in your weakest female Zinc to attack your strongest male Lead Plomb Pb who is sitting in the middle of the prison, in the middle of the sphere, with guards all around...

Send your strongest female first, Your Boron, to attack the weakest male Molybdenum (the guy who played the lawyer on LA law Corbin Berenson)...

In marriage opposites attract...

A good marriage will cherish oppositeness...

The Valence of an element is whether it is Plus or Minus, Male or Female...

So begin your Cancer detox in this order...

Take or use or get or apply:

Boron 1

Fluorine 2

Magnesium 3

Copper 4

Iodine 5

Oxygen 6

Selenium 7

Carbon 8

Potassium 9

Titanium 10

Manganese 11

Zinc 12

Triplicates on the Periodic Table:

For example;

(Salt)bismuth, mercury, silicon...

salt is not one element actually it is made of Na salt +element & Chlorine Cl which is a minus - that rhymes with Fluorine & is a higher titration of such meaning same family but stronger...Like a son & a father...

Boron is found in borax(rhymes with the Lorax)! Also

Boric acid which I have heard you can drink in Geelong Australia but Should be diluted, like a lot ...(have not tried it need elf)? Sorry spell correct need elf should be "myself"...

Hydrogen Peroxide(oxygen),

Carbon salt(Carbon & NaCl salt chlorine) ,

Essential oil in (nice smell)

Liquid dish soap (something normal)

All 3 together maybe equals Boron cause that is bleach & that is what people use a lot to clean clothes!

So theoretically Boron is bleach which is pretty dangerous to drink but people accidentally do all the time from overdoing it on laundry soap in the machine or dishwasher soap in the dishwasher(run a load with Tang to " heal" the burnt frayed rubber - Tang has Sulphur sugar which heals overuse of Bleach Boron)...

If you have ingested bleach too much drink Tang...I like orange flavour best!

Note: In all detox there can be overdoing it...In that case, seek the Plus element of the Minus you overdid...

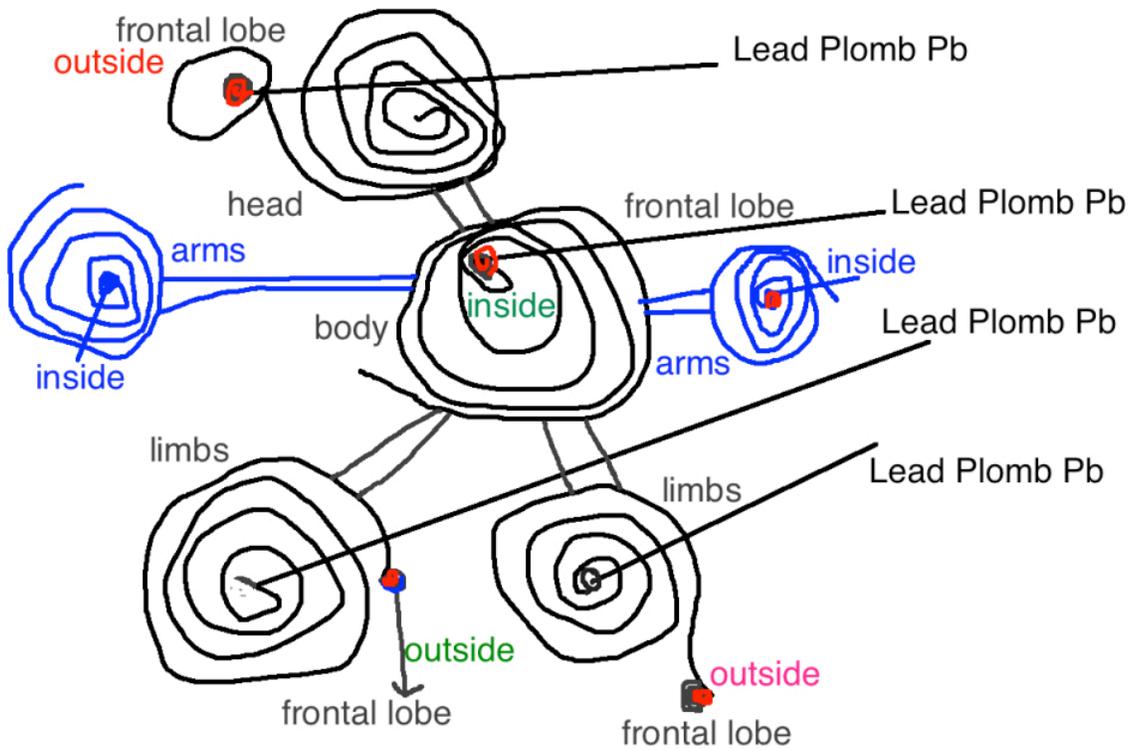
Overdosing licorice root copper causes severe emotional swings-Kefir is a Phosphate that counterbalances that...I needed 4 large hugs/jugs...(it's liquid yogurt)

Botox is calcium & phosphate & it sounds like the word buttocks...

2.2.2 More comprehensive Grove Body Part Chart, Blog in order of beginning to end...(2 pdf files)! (2015-02-11 22:31)

grovebodypartchart more this one is the chart with brain parts & valences(minus or plus)...

book 9 manuscript 9, 22, 47 this is a blog book of grovecanada.ca here in not reverse order (of time) so first to last post...



reversal of fortune inside human body we are pointing to Lead

where Lead is Pb Plomb

Ou Plomb est... (Accent graves, circonflexe) Aigu

If you have a cancer...(credit to scientist Brian Allen, Geelong, Australia)

Sari Grove

Date:

Wed, 4 Feb 2015 12:12 AM

If you have a cancer...

It is a sphere...

Heaviest metal in the middle...

Lightest metal on the outside...

So...

To dissolve the sphere, one must use the corresponding appropriate, female detoxifier...

Since we have added a 12 row to the grovebodypartchart, to account for 23 chromosomes (or 24), then we now have 12 body parts or organs, times two is 24 chromosomes, with each chromosome having a donation from the mother (minus element), & the father (plus element)...

So row 12 is called "Gender" & Minus element is Boron , Plus element Molybdenum ...

Molybdenum is an edible...

Boron is also edible...

Both are found on the shiny skin of green beans, albumen, Amniotic sac of a horse(Robert Vavra), & that shiny

Foggy coloured Sac you find lining the inside of an egg...

So if the lightest metal is molybdenum then dissolve that skin with something Boron first...

Continue with...

The lightest metal is at the Bottom of the chart...

The strongest female is at the bottom of the chart(think Stevie Nicks as Boron, or Wonder Woman as Boron)...

Then work your way Up the list/ chart, from bottom to top...

Then you are attacking the sphere/lump/cancer in the correct order..

The reason starting with IV Vitamin d didn't work exactly is because you are sending in your weakest female Zinc to attack your strongest male Lead Plomb Pb who is sitting in the middle of the prison, in the middle of the sphere, with guards all around...

Send your strongest female first, Your Boron, to attack the weakest male Molybdenum (the guy who played the lawyer on LA law Corbin Berenson)...

In marriage opposites attract...

A good marriage will cherish oppositeness...

The Valence of an element is whether it is Plus or Minus, Male or Female...

So begin your Cancer detox in this order...

Take or use or get or apply:

Boron 1

Fluorine 2

Magnesium 3

Copper 4
Iodine 5
Oxygen 6
Selenium 7
Carbon 8
Potassium 9
Titanium 10
Manganese 11
Zinc 12

Triplicates on the Periodic Table:

For example;

(Salt)bismuth, mercury, silicon...

salt is not one element actually it is made of Na salt +element & Chlorine Cl which is a minus - that rhymes with Fluorine & is a higher titration of such meaning same family but stronger...Like a son & a father...

Boron is found in borax(rhymes with the Lorax)! Also

Boric acid which I have heard you can drink in Geelong Australia but Should be diluted, like a lot ...(have not tried it need elf)? Sorry spell correct need elf should be "myself"...

Hydrogen Peroxide(oxygen),

Carbon salt(Carbon & NaCl salt chlorine) ,

Essential oil in (nice smell)

Liquid dish soap (something normal)

All 3 together maybe equals Boron cause that is bleach & that is what people use a lot to clean clothes!

So theoretically Boron is bleach which is pretty dangerous to drink but people accidentally do all the time from overdoing it on laundry soap in the machine or dishwasher soap in the dishwasher(run a load with Tang to " heal" the burnt frayed rubber - Tang has Sulphur sugar which heals overuse of Bleach Boron)...

If you have ingested bleach too much drink Tang...I like orange flavour best!

Note: In all detox there can be overdoing it...In that case, seek the Plus element of the Minus you overdid...

Overdosing licorice root copper causes severe emotional swings-Kefir is a Phosphate that counterbalances that...I needed 4 large hugs/jugs...(it's liquid yogurt)

Botox is calcium & phosphate & it sounds like the word buttocks...

Sari (2015-02-11 23:44:22)

Measles correction, caused by Aluminum excess in Lungs & Lymph Nodes...(listed as Sulphur excess in Book 2 & 3 in Kidneys)...

2.2.3 If salmonella Typhi is Cancer & Tetanus is its new name then a Tetanus shot should be a form of cure? (2015-02-12 20:45)

If salmonella Typhi is Cancer & Tetanus is its new name then a Tetanus shot should be a form of cure?

grovebodypartchart more PDF

Frontal lobe, right side of head 'n brain	12.Zinc	L,Thyroid: Bones	1.Lead Pb Plomb	Frontal Lobe, left side of head 'n brain
Motor Cortex left side of brain	11. Manganese	K,Thymus:Blood	2. Iron Fe	Motor Cortex right side of brain
Parietal Lobe left side of brain	10.Titanium is like LSD or hemp products...	J,Lung & Lymph Nodes:Muscle	3.Aluminum like eggs or chocolate	right side of brain parietal lobe
Medulla Oblongata right back low	9. Potassium	I, Heart, plugs valves	4.Aurum Au Gold Or <accent aigu sur O>	Medulla Oblongata left back low
Left Kidney in body	8.Carbon	H,Kidneys, nerves	5.Nitrogen like	Pons bottom of Pons, neurons
Front of Occipital Lobe,	7. eye left Selenium Se	G,Pancreas, eyes	6. eye right, Sulphur	Back of, Occipital Lobe
front of cerebellum	6.Oxygen	F,Liver, fluids	7.Hydrogen	back of cerebellum
right pituitary gland(true to side of head)	5.Iodine	E,Adrenal Gland, size	8.Calcium. Ca	left pituitary gland (true side of head)
globus palladus sits to front (pair)	4. Copper Cu	D,Spleen, snot	9. Phosphorus P	hypothalamus sits at rear(pair)
Front Broca's area	3. Magnesium Mg	C,Gallbladder	10.Salt, Hg Mercury, Silicon	back Wernicke's area
?front...Pineal Gland	2. Fluorine. F, chlorine	B,Colon	11.Bismuth, Indium	?back...Pineal Gland
Female. brain stem. where neck ends into brain. down hippocampus	1.Boron	A(anus?),Gender	12.Molybdenum, Iridium, Tar	Male. brain stem. where neck ends into brain. Up Hippocampus
Female, male is silent	Minus element Female dominant	Body Part, Organ	Plus element Male dominant	Male, female is silent

good new image file of chart

MRI(not) at suntanning salon intermediate heat 9 minutes (radiation)...

anus, rectum(edited-what rhymes with rectum, hint 'dam':'darn' near killed him), Gender bits, molybde-

num/Boron...Bo is bleach...M is like the shiny plastic thing that is around intestines...(see Kishka for reference at Yitz's deli)...It is a breaded dish which is stuffed into an intestine casing...

Nitrogen is stamina but also hostility class...

HIV / AIDS CureMovie 2: HIV-CureShow.org | Herpes Survival Kit (2015-02-13 00:33:08)

[...] Was Trying to Market Hangover Cure: ReportThis Herb From Your Kitchen Can Cure Numerous DiseasesIf salmonella Typhi is Cancer & Tetanus is its new name then a Tetanus shot should be a form of...body { background: [...]

Sari (2015-02-12 21:52:14)

MRI is like putting magnets on problem...It keeps things from travelling temporarily, while you attack...But the magnets, (neodymium) are also Iron based so be careful...Iron excess is not helpful...Temporary fix...IMO...(Though some have had success with new MRI technique of breast imaging)...Personally I don't like the dye, because the heads of blue flowers dyed drank the flower water, water drops in with dye, all fell off...So it may be lesser of 2 evils...Which IS sound reasoning...

2.2.4 Updated GroveBodyPart Chart including brain parts, functions & new row "gender"... (2015-02-12 22:45)

grovebodypartchart more PDF file: Pages A-E Or 7 of 7...

In India, they use clarified butter called Ghee as an anticancer attack...This is a Carbon...Negates excess Nitrogen...Problem with overdoing Ghee is you vomit...(upchuck the boogie-song Oops upside your head, I said oops upside your head)...On 2nd thought the puking might be useful in regurgitating lung cancer lumps...

Sari (2015-02-13 19:05:17)

<https://www.flickr.com/photos/sarigrove/16334998687/> Chart : GroveBodyPartChart

Sari (2015-02-13 19:01:02)

German measles is an Aluminum excess in the Lung Lymph Node area of our Grove Body Part Chart, (NOT to be

confused with Herpes which is a pre-Diabetes Sulphur Sugar excess in the Pancreas...)

2.2.5 The Church of the Galatians(Our Lady of Perpetual Help)... (2015-02-13 22:00)

So at the North side of St. Clair on the just West of Mount Pleasant is a church...

Someone once said:" Herbs don't work if you don't take them..."

If you are not taking your leprosy pills, ie:Olanzapine Zyprexa, a Lithium, Lead, Plomb Pb, based pill...

Then you may feel a little off...

Please do take your pills...10 mg...daily...Until that burn feeling goes away...

Related: The Lead rocks we found in the river of Moore Park Ravine were causing Lead overdose , like Multiple Sclerosis in the Rosedale inhabitants...

Now that the rocks have been removed, the people of Rosedale will feel better, but those who were depending on the Lead will have to go back to buying their pills at a drugstore...

It is not fair to private property owners that they should suffer at the hands of Public Health for so long...

Those who do pay their taxes should not be forced to be sick whilst those who don't get always a free ride...

It is time for those using illness as an excuse not to pay taxes to at the very least pay for their own medications & take it themselves...

Do It Yourself Medicine means taking responsibility for your own health... & wealth...Me included!

Off topic sort of but possibly not: Smell deafness or Noseblindness...

Symptoms: low blood pressure

Products in home in plain view: Artificial Sweeteners

Responds to:Taurine powder or Rockstar drinks with Taurine in them...(Note:Can contain drug level format of Cu Coppers as well)

Conclusion: Noseblind or smelldeaf is a result of excess Potassium in the Heart

Treat with:Aurum, Gold, Rockstar energy drinks, Taurine powder for pets & humans

Frontal lobe, right side of head 'n brain	12.Zinc	L,Thyroid: Bones	1.Lead Pb Plomb	Frontal Lobe, left side of head 'n brain
Motor Cortex left side of brain	11. Manganese	K,Thymus:Blood	2. Iron Fe	Motor Cortex right side of brain
Parietal Lobe left side of brain	10.Titanium is like LSD or hemp products...	J,Lung & Lymph Nodes:Muscle	3.Aluminum like eggs or chocolate	right side of brain parietal lobe
Medulla Oblongata right back low	9. Potassium	I, Heart, plugs valves	4.Aurum Au Gold Or <accent aigu sur O>	Medulla Oblongata left back low
Left Kidney in body	8.Carbon	H,Kidneys, nerves	5.Nitrogen like	Pons bottom of Pons, neurons
Front of Occipital Lobe,	7. eye left Selenium Se	G,Pancreas, eyes	6. eye right, Sulphur	Back of, Occipital Lobe
front of cerebellum	6.Oxygen	F,Liver, fluids	7.Hydrogen	back of cerebellum
right pituitary gland(true to side of head)	5.Iodine	E,Adrenal Gland, size	8.Calcium. Ca	left pituitary gland (true side of head)
globus palladus sits to front (pair)	4. Copper Cu	D,Spleen, snot	9. Phosphorus P	hypothalamus sits at rear(pair)
Front Broca's area	3. Magnesium Mg	C,Gallbladder	10.Salt, Hg Mercury, Silicon	back Wernicke's area
?front...Pineal Gland	2. Fluorine. F, chlorine	B,Colon	11.Bismuth, Indium	?back...Pineal Gland
Female. brain stem. where neck ends into brain. down hippocampus	1.Boron	A(anus?),Gender	12.Molybdenum, Iridium, Tar	Male. brain stem. where neck ends into brain. Up Hippocampus
Female, male is silent	Minus element Female dominant	Body Part, Organ	Plus element Male dominant	Male, female is silent

GroveBrain &BodyPartChart

Sari (2015-02-15 23:39:20)

Dilantin, melatonin, Indium metal, Indium tincture, Bismuth, charcoal, ash, soot, prohibition bitters are all good for relieving epilepsy Fluorine excess... Stella Artois beer is lower in fluoride than many other beers...

Sari (2015-02-15 23:32:53)

Anxiety, terror, deep emotions-Copper excess or overdose of-licorice root, cocaine, espresso, cilantro/coriander/anise...treat with Kefir liquid yogurt Phosphorus-like 4 large bottles family size , strawberry flavour was good, Sobey's at St. Clair east of Yonge south side!

2.2.6 Book 1-Grove Body Part Chart:A Medical Arts Innovation(each organ contains 2 opposing elements) (2015-02-17 15:07)

Book 1

[https://www.scribd.com/doc/149491639/Grove-Body-Part-Chart-A-Medical -Arts-Innovation-each-organ-contains-2-opposing-elements](https://www.scribd.com/doc/149491639/Grove-Body-Part-Chart-A-Medical-Arts-Innovation-each-organ-contains-2-opposing-elements)

Sari (2015-03-03 00:45:52)

So it's like going to a grocery store...You pick what you are attracted to, & maybe that will also be what your body needs...We have given you lists of all sorts of choices of things people do...Things we have chosen for ourselves usually...As you research, you will be attracted to certain things...Some may not be affordable...or comfortable...Your inner spirit will guide you to what is right for you...In the beginning, I & I think most people start with just like everything...A kitchen full of supplements & powders & a large credit card bill...Later you winnow it down to the stuff you really think works for you...I write about my own path on my site & in my books(free on my site)...Here is that link <http://www.grovecanada.ca> Artists innovating in the Medical Arts the future is about hybrid people...like artists in medicine GROVECANADA.CA

Sari (2015-03-03 18:44:28)

Oh Lord! My feeling is that the current plague of cancer is caused by the introduction of birth control drugs in the 60s...Japan blocked the sale of these drugs for the past 50 years, & they have the lowest cancer rates in the world...They also ingest large amounts of Iodine in their food which is another factor...So, from my point of view, no, you shouldn't take birth control while breastfeeding...If I had my druthers, I never would have touched the stuff myself...I am up a tree a bit myself a little with my own health & it is all because I was too dumb to know what I know now about birth control...It makes you fat, it makes you lazy, it makes you unhorny, it makes you manly, you feel depressed, & it is very very hard to get out of your body...If you possibly could use other methods besides a drug, your body & mind will thank you for that forever...The two main herbs I take are the Madagascar periwinkle for the iodine, & I also take Licorice root for the Copper...Copper attacks Phosphorus, remember the thing that makes a lump malignant is the Phosphate, so if you take a Copper, you get rid of the danger of the spread...Phosphorus spreads like mold...Is mold...Hint:You buy a bag of these herbs from a herb place(online is easy), & it is cheaper, & then you take a pinch & put it in your mouth, add some liquid & swallow...It is stronger & cheaper & more of a long term doable plan than capsules or teas or tinctures...

Negatively Charged Hydrogen water, the Hunsu people, & thoughts on cottage cheese... | Artists innovating in the Medical Arts (2015-03-09 21:03:54)

[...] So what does this mean in regards to our Grove Body Part Chart? [...]

2.2.7 Book 2-DO IT YOURSELF MEDICINE:A REPAIR MANUAL (2015-02-17 15:08)

<https://www.scribd.com/doc/190348340/DO-IT-YOURSELF-MEDICINE-A-REPAIR-MANUAL>

Sari (2015-03-03 00:21:29)

Sari Grove I see a new company called "Dumb it Down"...You bring your product to Dumb it Down & they make it dumber...I have a series of books that explain a new idea in medicine...I need someone to start this company, so I can hire them to dumb down my work...Please get in touch...I need help! (smile)

2.2.8 Book 3-Algae+Rhythm, Algae-Rhyme:Apt Surgical Rotation App (2015-02-17 15:09)

<https://www.scribd.com/doc/207388609/Algae-Rhythm-Algae-Rhyme-Apt-Surgical-Rotation-App>

Sari (2015-03-04 13:45:32)

I had some sort of chronic pneumonia thing...I went to the tanning salon in the lower level at Yonge & St. Clair mall & had an intermediate machine session for 9 minutes(I did pay for some cream too)...Anyways, 9 minutes later I was perfect, no lung problem...Total cost \$25...Cheaper than Florida!

The baseline:Tracking size, & chemistry, of a breast lump, in pictures, while using CBD Oil... | Artists innovating in the Medical Arts (2015-03-06 12:10:52)

[...] By the way, that red dot in the picture is a Moxibustion scar...Last year, in 2014, right after I discovered the lump, I went to a Traditional Chinese medicine Doctor TCM, who did acupuncture (surround the dragon), cupping, blood cupping, & Moxibustion to me...I talk about it in the 3rd Book in the Grove health Science series of Books... [...]

Sari (2015-03-03 17:05:50)

Breast cancer & Iodine... Ok so Iodine is CRUCIAL...It attacks Calcium which tumours are made of...benign tumours are calcium Oxalate(oxalate means iron)...Malignant ones are calcium Phosphate...But the driving size behind a lump is Calcium...Many people don't know that birth control drugs cause Calcium excess in the Adrenal Gland...Which is how we get into this predicament of all these calcium based tumours...Many women just take Iodoral pills every day(you can get up to a 50 mg dose)...Others take kelp...You can eat seaweed...Arame is a seaweed you can cook with...I take an herb called madagascar periwinkle for my Iodine, it is used in real chemo too...Iodine is your first line of defense & attack...Sooo Important...

2.2.9 Book 4-The Grove Health Science Series Book 4... (2015-02-17 15:10)

<https://www.scribd.com/doc/230605070/The-Grove-Health-Science-Series-Book-4>

Sari (2015-03-03 10:01:36)

Alzheimer's Sari Grove The presence of Aluminum does not account for iatrogenic effect...My take is people with excess Aluminum(cement dust is Aluminum), have asthma & other lung disorders...Includes high cholesterol...They medicate their whole lives with asthma drugs, cholesterol drugs, statins...The drugs cause those lesions in the brain & memory loss...The Aluminum that shows at autopsy was the driver but the memory loss is actually the drugs taken to address the first problem...iatrogenic...

Sari (2015-03-02 23:06:09)

My salad is a meal...broccoli shreds, cabbage shreds, carrot shred, avocado, cherry tomatoes, green apples, sundried tomatoes, trail mix, apple cider vinegar, olive oil, lemon juice, mushrooms...Giant bowl...

Sari (2015-03-05 11:37:02)

A little known side effect of cholesterol lowering drugs is restless leg syndrome...Which says to me that raising cholesterol might help(counter intuitively to most ideas)...

2.2.10 Book 5-Book V:The Brain (2015-02-17 15:11)

<https://www.scribd.com/doc/238792073/Book-V-The-Brain>

Sari (2015-03-02 22:49:48)

Things to take to fight or prevent breast cancer... Madagascar Periwinkle, Mugwort, Licorice Root, Vitamin D3, Frankincense, Hemp Oil, Cannabis Oil, Garlic pills, Iodine pills, Ginger root, Apricot kernels, Raw plant based diet, walk 2 hours a day, sunshine, rest, prayer, spend time with animals & nature & other people, music... Olive oil, flaxseeds, chia seeds, hulled hemp seeds, sundried tomatoes, Goji berries, avocados, broccoli, cabbage, green apples, apple cider vinegar, lemon juice, baking soda...

Sari (2015-03-04 21:04:41)

Fluoride is responsible for Polio, Amyotrophic Lateral Sclerosis, Seizure disorders including Epilepsy, Crohn's disease, Meningitis, Syringomyelia, the orphan illness Fabry which causes progressive hearing loss, Deafness...However I do not agree that fluoride causes cancer...Fluoride causes a "lack" in the body, it demyelinates things...Cancer is a disease of excess, too much Calcium, usually in women from the excess Calcium created by birth control drugs...The polio vaccine itself causes epilepsy...

Sari (2015-03-04 22:13:30)

Everything happens for a reason...Maybe it was good what you did...Maybe you quit at exactly the perfect time...Maybe it is all in God's calendar...The key is not to blame yourself for anything...You are a strong wonderful supergoddess who is in charge...No they don't like it when you call the shots...Omigosh...The EGOTISM was palpable...I had a female oncologist & because they are so in demand she strutted in like a Queen Bee...She asked if she could call me Sari...I asked if I could call her by her first name...She said people didn't do that...So I said no she

couldn't address me either by my first name...Call me Mrs. Grove...That was the beginning of the session...It only went downhill from there...That was the last time I saw a doctor...Almost a year ago...No way she was touching me...

Sari (2015-03-04 23:59:28)

The information about a benign tumour being Calcium Oxalate & a malignant tumour being Calcium Phosphate comes from a 66 page chemical analysis study which includes STOL microscope photographs(it's a powerful microscope new) which identifies the chemical components visually...Birth control drugs behave just like heavy metals in the body & are also detoxed in the same manner, using heavy metal detox protocols...In fact you have to use heavy metal detox protocols to get the birth control drug out of your system...

2.2.11 Book 6-RepoWoman;Book VI (2015-02-17 15:12)

<https://www.scribd.com/doc/242999160/RepoWoman-Book-VI>

Sari (2015-03-04 13:36:39)

http://www.nytimes.com/2011/02/09/health/research/09breast.html?page_wanted=1 & _r=0 New study say Lymph node removal may not be necessary...

Sari (2015-03-03 08:20:00)

The eyes connect to the Occipital lobe which connects to the Pancreas...So lowering blood sugar will be important...A high dosage garlic pill can do that, or lots of cayenne pepper, or raw garlic(take with a little plain yogurt to help with the burn)...A strong source of Iodine is important...Copper(I use licorice root)...I chew Frankincense resin-then spit out the gum later-it lowers cholesterol which tumours feed on...

Sari (2015-03-01 09:28:29)

There is a seaweed called Arame you get at Whole Foods...Make it with corn niblets & pearl onions & Braggs Aminos(it's like soya sauce)...The iodine in the seaweed cleans & corrects the Adrenal gland...Sushi is good too...

2.2.12 Book 7-Lucky Book 7-Homework Textbook for the Keen Medical Mind (2015-02-17 15:13)

<https://www.scribd.com/doc/246184521/Lucky-Book-7-Homework-Textbook-for-the-Keen-Medical-Mind>

Sari (2015-03-03 08:50:11)

Bare minimum-Apricot kernels are great for the liver & have been used successfully for breast cancer...You need a very strong daily source of Iodine which eats away at Calcium-Iodoral pills are used by many (like 50 mg)...A raw plant based diet is sooo crucial...Walking A lot like 2 hrs when you can really gets your body's energy circulating to heal itself plus the mood boost sends happy warriors out to do battle...

Sari (2015-03-02 22:28:48)

Gingko Biloba, Butcher's broom, Vinpocetine-top 3 heavy metal detoxifiers that work for birth control detox...I know because that's what I took...

Sari (2015-03-04 17:29:56)

I have noticed many people don't mention exercise when it comes to fighting Cancer... & yet for me, when I started taking long 2 hour walks, everything else I was doing started working...I really feel that doing something like a long slow walk if you can in Nature if not just wherever you can, is so important to general health, mood, & fighting this & all the stuff that comes with it...It also turns you into a Warrior...Plus you start to really look like one too!

2.2.13 Book 8- Tutorials-Human Machine Works, & Rolling With the Tides, Breast Cancer Lump...8 (2015-02-17 15:17)

<https://www.scribd.com/doc/256034347/Tutorials-Human-Machine-Works-Rolling-With-the-Tides-Breast-Cancer-Lump-8>

Sari (2015-03-02 21:56:49)

<http://www.naturalhealth365.com/oral-contraceptives-birth-control-pil-l-1279.html> Oral contraceptives cause breast cancer...see link... I have been saying this for years by the way...

Sari (2015-03-08 12:38:13)

Sari Grove As many have said, Hawthorn is a spice, it looks like tiny cloves, you can put it on cereal in the morning, just buy from a good bulk section of a health food store, not expensive & it lowers blood pressure...More important shift diet Emphasis to raw plant based(more raw vegetables & nuts & seeds), & start a daily walking plan-slowly build to 5 miles of walking...

Sari (2015-03-03 09:26:04)

That scorpion bite story & throat cancer is very interesting...One of the byproducts of smoking is Bismuth ingestion-ash, charcoal...A scorpion's bite is a paralytic, in fact it is similar to Fluorine...Dr. Reckweg of Germany uses Indian cobra venom, also a fluorine paralytic, in his anti-cancer formulations, to paralyze the tumour while delivering medicine...But Fluorine is also the element that cleans out Bismuth...Which is why that scorpion bite probably worked for the throat cancer...As an aside, most water is fluoridated as are most beers...If your father merely increases his water consumption he will get more fluoride, plus it will help flush stuck particulates...(This is a case of

Fluoride being a Good thing...Just to be Clear!!!)

Sari (2015-02-28 23:43:17)

Ok...So I was diagnosed DCIS Easter 2014 & have been working on my own lump since then...For shrinkage, the thing I have had the most success with is an herb that is actually a component of real chemo...It is called Madagascar Periwinkle & it works like an Iodine to break down Calcium...Calcium is the base of most lumps, benign or malignant...The only thing about the herb is that it makes you tired like real chemo...Which can feel depressing...It is not expensive, you can get a large bag of it from a local good herbalist store, & the way I take it to maximize effect is put a pinch in my mouth, add some liquid & just swallow it down...It is stronger that way than boiling it to make tea...The other thing I took alot of is Licorice root...Now this is not for shrinkage...Licorice root buys you time...A benign lump is Calcium Oxalate(oxalate means iron)...A malignant lump is Calcium Phosphate...The difference is the Phosphorus...So if you want to try to induce Phenotypic reversion(cancer cells revert back to normal cells), you need to obliterate all the Phosphorus...This also prevents spread...Coppers kill Phosphorus...Licorice root is a great Copper for that...I developed a way to take my own DIY Mammo pictures with a mac & a digital camera...So I can track what the lump looks like & the size & chemistry...When I started the Licorice root I could actually see the Phosphorus on my lump in my pictures...The day after I took some, it was a Licorice tincture back then I took, I could see the lump clearing up...Anyways...Those were my two favorite things to take...(I am on a break now-I need a bit of a rest from self-medicating)...Anyways...I hope this helps...I do have blog posts about much of this if anyone wants to try the DIY Mammo or anything...I do hope this helps...It is rare that I meet other women who are on a similar path...

Sari (2015-03-04 20:57:43)

I cheat with fish...It's high in Iodine which is really really important for fighting Cancers, & well, sometimes you need a little more than raw veggies...A tip I learned from helen hecker the nurse who beat breast cancer Just with a raw plant based diet is to have handfuls of almonds & raisins around if you feel snacky...I just get Euchre mix which is basically Trail mix...(make sure they don't sneak sugar in, it's crazy, but some trail mixes have added sugar)...

2.2.14 Raw Manuscript for Book number 9 of the Grove Health Science series...(from grovecanada.ca) (2015-02-17 15:21)

<https://www.scribd.com/doc/256034563/Grovecanada-ca-Website-Blog>

Sari (2015-03-04 08:38:13)

Sari Grove It's the Iodine in chemo that makes hair fall out...Since Calcium is its opposite, you'd think that drinking more milk or getting some other form of extra Calcium should boost hair growth...

Sari (2015-03-03 01:13:10)

PTSD: What I learned is the trauma caused a sudden demand for Iron from my system...Huge...That left a gap which linked to the event...Later, either a trigger of the event, or the trigger of being under stress, not eating properly, would also trigger the low iron spot...So not to denigrate the psychological work that needs to be done, but I found

it was very helpful to add a good very absorbable iron supplement...I was in effect iron anemic, but just in one specific place in my brain...

Sari (2015-03-02 01:42:25)

I know two people with Alzheimer's who took asthma drugs for years-which are similar to statin drugs, aspirin, & cholesterol lowering drugs, as well as cannabis...People who take any of these drugs long term show memory loss...From a predisposition perspective then one could correlate low cholesterol levels...

Sari (2015-03-05 00:08:48)

Heavy Metal Detox herbs... butcher's broom oxygen, ginkgo biloba copper, vinpocetine iodine, (chanka piedra oxygen-this is not a detox herb, it is a stone breaker herb that breaks kidney stones...)

2.2.15 Start your DCIS detox by attacking the lightest metals first... (2015-02-18 16:34)

Organ	Minus Element	Plus Element
Thyroid	Zinc	Lead
Thymus	Manganese	Iron
Lungs & Lymph Nodes	Titanium	Aluminum
Heart	Potassium	Aurum
Kidneys	Carbon	Nitrogen
Pancreas	Selenium	Sulphur
Liver	Oxygen	Hydrogen
Adrenal Gland	Iodine	Calcium
Spleen	Copper	Phosphorus
Gallbladder	Magnesium	Mercury
Colon	Fluorine	Bismuth
Gender	Boron	Molybdenum

So, the new thinking in DCIS (which stands for ductal carcinoma in situ) is that it is NOT really cancer, but just the pre-stage of it...

That it really shouldn't be called cancer at all...

& as such, that maybe a wait & see approach might be better than cutting things off right away...

Anyways...

Without knowing all of this, I sort of took this approach anyways...

Now I've been using my own Grove Body Part Chart as a way to approach my own detox...

The Minus elements SUBTRACT (or detoxify) & the Plus elements Feed (or nutritify)...

So it was pretty easy, just choose all the Minus elements on my chart as a detox protocol...

Which I've been doing...

Now two new things happened...

The first is I became aware that my chart was missing a row...

So I have added "Gender" as a row on the new Chart...This takes care of male appendages or female appendages in a neat way...The Male would be PLUS element dominant...The female Minus element dominant...

This last row also accounts for the 23 chromosomes in the human body idea-if there are now 12 rows of body parts, then that means there are 24 chromosomes mentioned, which allows for medicine's view that there are 23 chromosomes...My chart allows for 24, which I think is neater...

The two new elements are "Molybdenum" & "Boron"...Molybdenum is an edible element that you find as the shiny clear plasticky looking thing say on the outside of green beans or the shiny caseing on intestines...Not the skin, the dull thick stuff, but the shiny clear layer on top of the skin...

Boron is found in Bleach(it also occurs naturally on its own of course)

...Bleach can be made by combining Hydrogen Peroxide(an Oxygen) with Sodium Bicarbonate(a Carbon)...

Ok, so that extra row is new...

The second idea that is innovative specifically to getting rid of a DCIS breast lump, is the idea I got from a student Naturopath in one of my health Facebook groups...This is the innovative idea-when attempting a detox start with detoxing the lightest metals first...

Ok, so this means that on our Grove Body Part Chart, you should start your detox at the bottom of the page...

Why? because Lead, at the top of the page, is the Heaviest metal...

Molybdenum at the bottom is the LIGHTEST metal...Theoretically, a lump will have a skin that is the lightest metal, then all the way into the centre of the lump will be the hardest or heaviest metal...

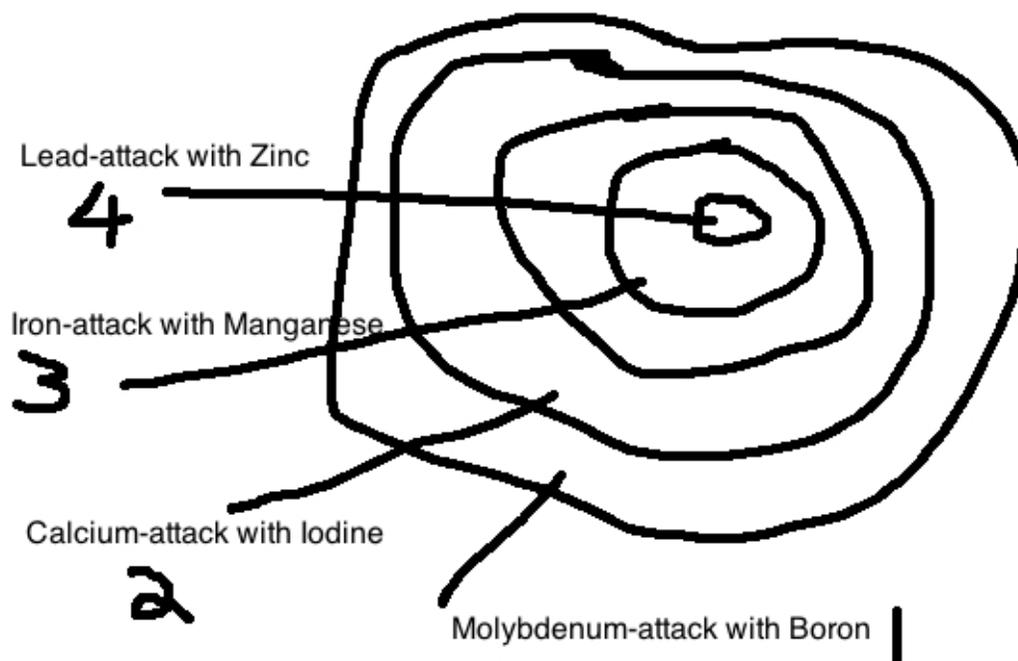
So when attacking a lump(or ANY TUMOR), you need to first remove the outer coating, then work your way in to the heaviest metals in the middle...

This CONTRADICTS detox protocols which start with trying to remove the Lead element first...

So, since Zinc is a Vitamin C element, which attacks Lead (see the Thyroid row), protocols which start with Vitamin C are flawed...They are trying to get at the heart of a lump first...

This new idea would be to use all the Minus elements, but start with Molybdenum, at the bottom of the list, & work your way upward, & finally Lead would be LAST...

An example of a DCIS Lump



So, say you had a DCIS lump like the one shown in the picture...

The DCIS lump in the picture contains a Molybdenum coating,

A Calcium layer,

an Iron layer,

& Lead at its core...

So your NEW thinking detox should start with 1)Boron, 2)Iodine, 3)Manganese 4)Zinc...IN THAT ORDER...

So start with the MINUS element at the bottom of the Chart & work your way up...

The Heaviest metals or Plus elements on our chart are at the top...The strongest female Minus elements are at the Bottom of the chart...

So whatever your DCIS lump is made of, start at the OUTSIDE of the lump & work your way in...

Now a sample protocol which includes ALL of the Minus elements as found in REAL world items

might look like this...

Boron: Boron is found in Bleach things...For example if you take a tiny sip of your Listerine whitening mouthwash you will be getting a tiny sip of Bleach...Boron is available as a supplement pill in doses of about 3 mg...(Or just buy a Boron supplement on Amazon...I will update when I find a better natural source I like for Boron)...

Fluorine: Fluorine is found in toothpastes...If you ate a tiny piece of fluoridated toothpaste you will be getting Fluorine...(or just drink alot of water-most water has fluoride in it)...

Magnesium: Magnesium is found in Epsom salts, both oral epsom salts & bath type epsom salts...Also in Lavender...Exercising increases Magnesium levels too, by lowering Mercury levels...So by walking 2 hours a day, you increase your Magnesium levels...Taking a bath in Lavender bath soap & shampoo also increases Magnesium levels...(watch for arthritis symptoms-that means you are getting too much Magnesium)...

Copper: Licorice root the herb can be eaten straight...Take a pinch of the herb, put some liquid in your mouth & swallow...This is the cheapest way to get a daily dose of Copper into your system...This is also one of the most important things you can do to prevent DCIS from becoming invasive...Since Phosphorus is the predictor for invasiveness, Copper lowers Phosphorus, so this is THE ONE Biggest thing you can do daily to prevent further problems...(Licorice root tincture is great & very strong-just a bit pricey...Licorice root capsules are pretty good too-but you are ingesting the gelatin capsule which you don't need really)...Copper changes the Lump's CHEMISTRY from malignant to benign..You can change a lump's chemistry without reducing its size...This is important to know because most people are obsessed with reducing size...But in fact it is CHEMISTRY that is important to change...You can live with a giant benign lump...A tiny malignant lump can be very dangerous...So try to change chemistry first!!!(Cilantro/Corander is a Copper you can eat like salad & acts on your brain...Good for cleaning out the brain of Phosphorus)...(Gingko Biloba is a GREAT COPPER too...)(Wheatgrass is a Copper...An herb called KROTAM is a very very strong copper...)

Iodine:Iodine is found in the herb Madagascar Periwinkle...Again, just take a pinch of the herb, swish in some liquid & swallow...This is an affordable & effective way to get Iodine...This herb is used in real chemo...What it does is shrink the SIZE of Calcium lumps...There are many other ways to get daily Iodine in your diet...Madagascar Periwinkle herb is just the one I found to be MOST effective...You can take Iodoral tablets, eat Kelp & other sea vegetables, Poke root, Vinpocetine pills, eat sushi, eat seaweed...You can see your lump & its chemistry by yourself using my DIY Mammo/MRI/Biopsy lesson...

Oxygen:For Oxygen I like Apricot Kernels the best...Just eat a few every day...It is in the inner nut of an apricot...You get a bag at a health food store...You can eat 2 to 3 a day or 20 to 30 a day...They are bitter but you can eat them without too much of a problem...The Oxygen clears up Necrosis which is too much Hydrogen...Necrosis is Hypoxia, a lack of Oxygen, so these are perfect for Oxygenating...A neat thing is by reducing the Hydrogen in & around your DCIS lump, it will appear smaller almost right away...Hydrogen is found in water & alcohol...(warning:too many apricot kernels can be toxic...so go easy...Cyanide is Oxygen, so be careful)...

Selenium:For Selenium, I like raw garlic...It is hard to eat garlic raw...You can grate it into a drop of honey or yogurt to make it easier to eat...So...Cayenne Pepper is in the Selenium family & is easier to take...Put cayenne Pepper in your tea, in your Coffee, in your soup, in everything...Daily...It acts like the garlic...Cayenne Pepper as your Selenium will also clear up pneumonia which is often a feature of DCIS

problems...Use a teaspoon at a time...(The essential oil MYRRH is a Selenium too-topical or oral)...

Carbon: For carbons you just need oil...I buy inexpensive Olive Canola Oil & use it prodigiously in my daily raw vegetable giant salad...Buy a big container...Use a lot...The combo of the raw vegetables & the oils will make your poop something to write home about...Mountains! This is very healthy & you will look gorgeous...(Note: Raw vegetables give tons of energy...cooked vegetables not so much...So your diet will be much easier to follow if you stick mostly to raw plant based things...if you go for cooked vegetables you might feel dizzy & give up...Know the difference between raw & cooked...!)(baking soda is a carbon)...

Potassium:A secret way of getting tons of Potassium is from artificial sweeteners...Whether it be Stevia or Splenda or Sugar twin or Sweet 'n Low, they all contain one molecule of Sulphur Sugar & 4 molecules of Potassium...So in your morning tea or coffee, choose one of those sweeteners...That will give you a good dose of Potassium...If you don't like sweeteners, you can also chew & swallow the spice called Hawthorn...It is Potassium too...Meats contain Cobalt which is Aurum on our chart, & Potassiums lower Aurum...This lowers blood pressure...(warning:too much Potassium can lower blood pressure significantly...Be on the watchout for lethargy & cut back accordingly)...

Titanium: Titanium is found in over the counter health store HEMP oil...I pour a swish into a cup in the morning, then add some Apple Cider Vinegar for taste, then drink it in one swig...The Hemp oil acts in the same way as the drug form cannabis oils but is legal...You also don't get the psychoactive effect...You can also get your Titanium from hulled hemp seeds, just a teaspoon or more a day...This lowers Aluminum cholesterol in the Lung Lymph Node area...This is an important thing to do since DCIS is in the Lung Lymph node area...(frankincense resin is a Titanium you can chew the resin then spit it out, or put resin in water overnight then drink the water-recommended the water way!) CBD oil is a Titanium...

Manganese:For Manganese, I take a pinch of the herb called Mugwort Artemisia Vulgaris & swallow it with liquid...It is a strong & easy thing to take this way...Also affordable...Japanese medicine uses Mugwort alot for breast lumps & there are many clinical trials in Western medicine showing its efficacy too...Manganese works by detaching the lump...Iron is what holds the lump in place & makes it hard...So Mugwort softens & detaches it...(bloodroot is a Manganese, as are nuts & seeds-you can buy Bloodroot capsules on ebay-it is pretty dangerous by the way...)...

Zinc:For Zinc I have been taking Vitamin D3 50,000 IU once a week...The only thing is this is quite strong & can make you have Bipolar type symptoms...So taper this off if you start acting crazy...Really...Another neat way to get Zinc fast is by going to a suntanning salon...I went for a 9 minute salon session at intermediate level (at a suntanning place in the Yonge & St. Clair Mall, basement level where the food court is), & it cleared up a pneumonia type thing that had been lingering all winter...Sunshine is Zinc...Vitamin C is Zinc...Ginger root is a great Zinc since it absorbs really well-this is maybe a better way than pills...Buy a Ginger root, cut up say 4 or 5 slices, boil in some water & drink that...Great! & very strong too! More affordable than pills too...

Last word:

Here is a version of the Grove Body Part Chart that includes brain parts...I am still working on making it more readable, bear with me...

Brain Part of Minus element	Minus element	Body Part	Plus element	Brain part of Plus element
Frontal lobe, right side of head 'n brain	12.Zinc	L,Thyroid: Bones	1.Lead Pb Plomb	Frontal Lobe, left side of head 'n brain
Motor Cortex left side of brain	11. Manganese	K, Thymus:Blood	2. Iron Fe	Motor Cortex right side of brain
Parietal Lobe left side of brain	10.Titanium is like LSD or hemp products...	J,Lung & Lymph Nodes:Muscle	3.Aluminum like eggs or chocolate	right side of brain parietal lobe
Medulla Oblongata right back low	9. Potassium	I, Heart, plugs valves	4.Aurum Au Gold Or <accent aigu sur O>	Medulla Oblongata left back low
Left Kidney in body	8.Carbon	H,Kidneys, nerves	5.Nitrogen like	Pons bottom of Pons, neurons
Front of Occipital Lobe,	7.eye left Selenium Se	G,Pancreas, eyes	6.eye right, Sulphur	Back of, Occipital Lobe
front of cerebellum	6.Oxygen	F,Liver, fluids	7.Hydrogen	back of cerebellum
right pituitary gland(true to side of head)	5.Iodine	E,Adrenal Gland, size	8.Calcium. Ca	left pituitary gland(true side of head)
globus palladus sits to front (pair)	4. Copper Cu	D,Spleen, snot	9. Phosphorus P	hypothalamus sits at rear (pair)
Front Broca's area	3. Magnesium Mg	C,Gallbladder	10.Salt, Hg Mercury, Silicon	back Wernicke's area
?front...Pineal Gland	2. Fluorine. F, chlorine	B,Colon	11.Bismuth, Indium	?back...Pineal Gland
Female. brain stem. where neck ends into brain. down hippocampus	1.Boron	A(anus?),Gender	12.Molybdenum, Iridium, Tar	Male. brain stem. where neck ends into brain. Up Hippocampus
Female, male is silent	Minus element Female dominant	Body Part, Organ	Plus element Male dominant	Male, female is silent

Grove Body Part Chart		
Organ	Minus Element	Plus Element
Thyroid	1 Zinc	2 Lead
Thymus	Manganes 3 e	Iron 4
Lungs & Lymph Nodes	Titanium 5	Aluminum 6
Heart 7	Potassium	8 Aurum
Kidneys	9 Carbon	10 Nitrogen
Pancreas 11	Selenium	12 Sulphur
Liver	13 Oxygen	14 Hydrogen
Adrenal Gland	Iodine 15	Calcium 16
Spleen	Copper 17	Phosphoru 18 s
Gallbladder	Magnesi 19 m	Mercury 20
Colon 21	Fluorine	22 Bismuth
Gender 23	Boron	Molybden 24 m

So the final chart has numbers assigned to each element...I was reading recently about chromosomes 9 & 22, & decided they would represent carbon 9, & Fluorine 22...Now our chart in order to sync up with conventional medicine has assigned carbon as 9 but Fluorine as 21 instead of 22...This is because all our Minus elements would be ODD numbers & all the Plus elements even...But this still works with conventional medicine because the labelling of chromosome 22 is not assigned in conventional medicine to a Minus or Plus, so easily could be Fluorine & Bismuth as a pair just reversed...So these numbers could work as universal labelling...Which is my intention...To make the Grove Body Part Chart a way for Do It Yourselfers as well as medical professionals to easily see chromosomes & disease & how to address them...To simplify medical decision-making...

P.S. here's a downloadable copyable chart with the protocol for detox in order...(doesn't have ALL the stuff, but you get the idea...Try to put your own Alternative treatments into the appropriate category on our Grove Body Part Chart...That will help you sort out what you are taking & why...)

DCIS alternative breast lump detox protocol...
by Sari Grove <http://www.grovecanada.ca>

Boron: Boron is found in Bleach things...For example if you take a tiny sip of your Listerine whitening mouthwash you will be getting a tiny sip of Bleach...

Fluorine: Fluorine is found in toothpastes...If you ate a tiny piece of fluoridated toothpaste you will be getting Fluorine...

Magnesium: Magnesium is found in Epsom salts, both oral epsom salts & bath type epsom salts...Also in Lavender...Exercising increases Magnesium levels too, by lowering Mercury levels...So by walking 2 hours a day, you increase your Magnesium levels...Taking a bath in Lavender bath soap & shampoo also increases Magnesium levels...[watch for arthritis symptoms-that means you are getting too much Magnesium]...

Copper: Licorice root the herb can be eaten straight...Take a pinch of the herb, put some liquid in your mouth & swallow...This is the cheapest way to get a daily dose of Copper into your system...This is also one of the most important things you can do to prevent DCIS from becoming invasive...Since Phosphorus is the predictor for invasiveness, Copper lowers Phosphorus, so this is THE ONE Biggest thing you can do daily to prevent further problems...(Cilantro/Corander is a Copper you can eat like salad & acts on your brain...Good for cleaning out the brain of Phosphorus)...

Iodine: Iodine is found in the herb Madagascar Periwinkle...Again, just take a pinch of the herb, swish in some liquid & swallow...This is an affordable & effective way to get Iodine...This herb is used in real chemo...What it does is shrink the SIZE of Calcium lumps...There are many other ways to get daily Iodine in your diet...Madagascar Periwinkle herb is just the one I found to be MOST effective...You can take Iodoral tablets, eat Kelp & other sea vegetables, Poke root, Vinpocetine pills, eat sushi, eat seaweed...You can see your lump & its chemistry by yourself using my DIY Mammo/MRI/Biopsy lesson...

Oxygen: For Oxygen I like Apricot Kernels the best...Just eat a few every day...It is in the inner nut of an apricot...You get a bag at a health food store...You can eat 2 to 3 a day or 20 to 30 a day...They are bitter but you can eat them without too much of a problem...The Oxygen clears up Necrosis which is too much Hydrogen...Necrosis is Hypoxia, a lack of Oxygen, so these are perfect for Oxygenating...A neat thing is by reducing the Hydrogen in & around your DCIS lump, it will appear smaller almost right away...Hydrogen is found in water & alcohol...

Selenium: For Selenium, I like raw garlic...It is hard to eat garlic raw...You can grate it into a drop of honey or yogurt to make it easier to eat...So...Cayenne Pepper is in the Selenium family & is easier to take...Put cayenne Pepper in your tea, in your Coffee, in your soup, in everything...Daily...It acts like the garlic...Cayenne Pepper as your Selenium will also clear up pneumonia which is often a feature of DCIS problems...Use a teaspoon at a time...

Carbon: For carbons you just need oil...I buy inexpensive Olive Canola Oil & use it prodigiously in my daily raw vegetable giant salad...Buy a big container...Use a lot...The combo of the raw vegetables & the oils will make your poop something to write home about...Mountains! This is very healthy & you will look gorgeous...[Note: Raw vegetables give tons of energy...cooked vegetables not so much...]

Potassium: A secret way of getting tons of Potassium is from artificial sweeteners...Whether it be Stevia or Splenda or Sugar twin or Sweet 'n Low, they all contain one molecule of Sulphur Sugar & 4 molecules of Potassium...So in your morning tea or coffee, choose one of those sweeteners...That will give you a good dose of Potassium...

Titanium: Titanium is found in over the counter health store HEMP oil...I pour a swish into a cup in the morning, then add some Apple Cider Vinegar for taste, then drink it in one swig...The Hemp oil acts in the same way as the drug form cannabis oils but is legal...You also don't get the psychoactive effect...You can also get your Titanium from hulled hemp seeds, just a teaspoon or more a day...This lowers Aluminum cholesterol in the Lung Lymph Node area...This is an important thing to do since DCIS is in the Lung Lymph node area...

Manganese: For Manganese, I take a pinch of the herb called Mugwort Artemisia Vulgaris & swallow it with liquid...It is a strong & easy thing to take this way...Also affordable...Japanese medicine uses Mugwort alot for breast lumps & there are many clinical trials in Western medicine showing its efficacy too...Manganese works by detaching the lump...Iron is what holds the lump in place & makes it hard...So Mugwort softens & detaches it...

Zinc: For Zinc I have been taking Vitamin D3 50,000 IU once a week...The only thing is this is quite strong & can make you have Bipolar type symptoms...So taper this off if you start acting crazy...Really...Another neat way to get Zinc fast is by going to a sunbathing salon...I went for a 9 minute salon session at intermediate level & it cleared up a pneumonia type thing that had been lingering all winter...Sunshine is Zinc...Vitamin C is Zinc...Ginger root is a great Zinc since it absorbs really well-this is maybe a better way than pills...Buy a Ginger root, cut up say 4 or 5 slices, boil in some water & drink that...Great & very strong tool

Sari (2015-02-19 02:00:21)

Note:using Listerine whitening mouthwash as your Boron does Not work...I will have to investigate Boric acid orally, or Hydrogen peroxide mixed with baking soda to make bleach...The other ingredients in the Listerine screw up the detox...

Sari (2015-02-28 01:05:42)

Sari Grove Apricot kernels are an Oxygen element...necrosis is a factor in many cancers, & necrosis is often caused by Hypoxia which is lack of Oxygen...So the kernels bring Oxygen to the area...They also will remove hydrogen from a tumour, which can make it smaller...I ate 20 kernels the first time I tried them & the next day took a picture of my lump-it was smaller already...They cost about \$18.99 for a bag at a health food store...I think they are a very useful part of any anti-cancer protocol...

Sari (2015-02-28 01:07:31)

My husband & I went to Winner's...They have these stretchy tank tops with a comfy shelf type thing & they're padded so you don't look flat...I wear one of these under all my tops or alone in summer...Haven't worn a bra bra in years...

Sari (2015-02-28 02:38:54)

Sari Grove "Convert cancer cells back to normal cells"...Yes, this is called Phenotypic Reversion...Licorice root has

been shown to do it in clinical trials by its Copper mechanism reverting Phosphorus-Phosphorus is what makes a lump malignant, so this is important...

Frankincense resin, Opoponax, & Lymph Node Detox deodorant:More weapons in the fight against a breast lump...
| Artists innovating in the Medical Arts (2015-03-05 17:53:49)
[...] A Detox Overview [...]

Sari (2015-02-25 23:29:00)

DCIS that does progress to invasive all share the presence of the molecule called Alpha V Beta 6...It is a Thyroid specific molecule, which means, on our Chart, it is a Lead molecule...So to eradicate Lead you need Zinc... In the Zinc family, I take 50,000 iu per week of Vitamin D 3, & I supplement with Vega One sugar free energizer powder with Ginger & Turmeric-both in the Zinc family too !

Sari (2015-02-27 22:14:26)

Sari Grove I swallow a pinch of these 3 herbs daily-Madagascar Periwinkle, Licorice root & Mugwort-one is for Iodine, one for Copper, one for Manganese...I eat a raw plant based diet & try for a daily 2 hour walk...I chew Frankincense resin(you spit out the gum when the flavour goes)...one 50,000 iu Vitamin d3/week...A shot of Hemp oil(the legal stuff) with Apple cider vinegar for taste...I also took Iodoral & Garlic pills in high doses at the beginning...Plenty of sunshine too...Sari Grove

2.3 March

2.3.1 CBD Oil does NOT make you high, but does have medical properties for attacking a breast cancer lump! (2015-03-03 22:13)

CBD oil does NOT make you high...

It is also called Cannabidiol...

I learned this after joining this website <http://buyweedonline.ca/> from the owner of the company, who called me minutes after signing up to see who I was, why I was ordering, & what I needed...

Before I go further, I just want to say that this was the most professional, polite, informative conversation & that this person & his company is just UNBELIEVABLE...

& THANK YOU! (if you happen to read this blog post)...

I ordered just under 3 grams of CBD oil, & I promised to track my progress with it here on my site, so we could all have a record of how this works...

I said I'd use my DIY Mammogram technique(go to the link to learn how for yourself), to track size & chemistry changes in the lump after using CBD oil...

& I will...

Payment by the way was very easily done using the e-transfer function of my online bank account service...

Price was terrific...

I even got help with my website...1)How to fix my menu problems so that it could look neater 2)that I need a subscribe button from Mailchimp on my front page 3)I need to consider monetizing my coaching as related to what I am doing right now

This company is a Class Act...

Regarding how to take the CBD oil, I discussed melting some peanut butter (& Maybe a little honey) in the microwave, then stirring in a half a grain size of rice of the CBD oil...(the CBD oil needs a fat to help it absorb into your body)...

& so the Journey begins...

I will keep you posted as things happen...

p.s. I am going to wait until the CBD oil arrives before I take my first pre-CBD oil picture...(Why? because when you have your period, your lump always swells up to huge, so if I take a picture now it will look really huge & maybe scare you...In a few days when it shrinks back down again...Don't want to freak anybody out!)

Sari (2015-03-04 03:30:30)

Cancer spreads via an element called Phosphorus...Like mold...You may know to put a Copper penny in flower water to prevent mold...Same with Cancer...A strong Copper not only eradicates mold but can cause phenotypic reversion where Cancer cells revert back to normal cells...I chose Licorice root for my Copper source since Copper supplements can be hard to absorb...St. Francis makes a good strong Licorice tincture-tincture is the fastest way to get a dose...A bottle can be bought at a health food store usually...I'd guzzle a good swig on day one & go from there...You need something fast to stop spread & reverse...The small bottles can cost \$18...But I don't know of a faster or cheaper method...I do know the Copper in licorice root works...Licorice root was also the basis for Deprenyl the Parkinson's drug...it grows well in Hungary...

Sari (2015-03-03 22:15:55)

Cannabidiol as potential anti-cancer drug <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3579246/> This good article talks about Cannabidiol's effects on various types of cancers including breast cancer...

Sari (2015-03-03 23:21:35)

Omigosh...NO BOTHER!!! I'm thinking of the song 'the more we stick together the happier we will be'...I have found the more I help the more people help me...Instant karma! It's awesome...Both the Madagascar periwinkle & the Licorice root a daily dosage of just two teaspoons of each is a good amount...If you really want to pummel a lump & make it shrink faster, take more of the madagascar periwinkle, like 5 teaspoons a day, but know that it acts like real chemo, you feel tired & droopy & may sleep all day...Sundays maybe for that...Other tips? You can buy a bag of Frankincense resin for not much money-it's like hard nuggets...You put them in your mouth & chew them like gum, they get softer...When the flavour goes, you spit it out...It helps shrink things by lowering cholesterol...Apricot kernels you get a bag for like 18 \$ at a health food store & you can eat like 20 a day & ok they are bitter but they also shrink things up & people have had alot of success getting rid of lumps with them...The kernels are Oxygen which lowers Hydrogen levels-much Cancer has necrosis which is caused by hypoxia, lack of oxygen, so Oxygen things are great...My blog & website & my free books where I track how I figured some stuff out are here if you want to read <http://www.grovecanada.ca> p.s. love to you both & hugs...UPDATE to this COMMENT: This afternoon I spoke with someone who sells CBD OIL Cannabidiol...he said that I DO NOT WANT Hash oil that I want CBD OIL because CBD oil does NOT get you high!!! Ok so I bought 3 grams of CBD oil, & am going to microwave some peanut butter then put half a grain of rice size into that because the oil needs fats to be absorbed by the body...he gave me a deal so it cost me \$150 canadian for 3 grams including shipping(because I said I would track my progress with my DIY Mammogram pictures & how the CBD oil was working for me...)

Sari (2015-03-03 23:33:54)

<http://www.golyolicbdoil.com/index.php?route=pavblog/blog&id=14> Another great article about CBD oil & breast cancer plus about why women should consider CBD oil treatment BEFORE doing anything else!!!!

Sari (2015-03-03 23:50:38)

(***) See this Business Coach website at <http://www.storybistro.com>) So today I'm buying CBD oil over the phone from a person in Vancouver which is the whole other coast in Canada...CBD oil has No psychoactive effect, it is for me to get rid of a dumb DCIS breast lump that appeared Easter 2014 & I refused regular treatments so I am doing all sorts of fun stuff...The owner of the company mentions the menu on my website needs tweaking & tell me how to do that, then he says I NEED to have a MailChimp subscribe button(which I put on this evening), & then says I need to figure out how to monetize this art in medicine thing that I am doing...So I am pretty sure the Universe is speaking to me pretty loud about getting my act together a bit...So that's what all I am up to now...Since you asked! (Neat thing:I got a discount on my CBD oil cause I said I'd track my lump removal progress with the oil on my blog, with my DIY Mammogram pictures, & links to his site...He said he'd do a giant article on me on his site if this all works out...Fingers crossed!) Sari Grove <http://www.grovecanada.ca>

2.3.2 Frankincense resin, Opoponax(Myrrh), & Lymph Node Detox deodorant:More weapons in the fight against a breast lump... (2015-03-04 21:35)

(but first a short digression for the artist in you...)



On my walk today, I was stopped by Suzy Spratt, who has written 3 new books...I bought them on the street, on the spot...

Suzy Spratt sold my Mum a silk scarf, handpainted, when I was 14 years old...On the scarf was the portrait of a pretty young woman who I thought looked like me...I still have that scarf & it still is in perfectly good condition...That was 34 years ago...So pretty much anything Suzy Spratt ever sells, I buy...

I'm not sure if these books are in stores or will be...Suzy is an artist who has always liked to sell directly to the public...You will have to take a stroll on Cumberland street or Yorkville avenue in Toronto & look for a very pretty woman who is selling handpainted scarves, or I guess now, her books...

Suzy Scott's 3 books...

Tales of the Scarf Lady of Yorkville

Doing the Hamster Wheel of Life

Starchild: The Girl who lived in the Attic and Flew on the Wings of a Swan

<http://www.abcra.ca/news/2014/10/14/yorkville-suzy> Here is an article that someone called BritGirl wrote about Suzy...The picture does not do Suzy justice...

The second part of my walk happened at <http://www.anarreshealth.ca/> Anarres Health(647-827-6968), where I met Tracey Tief, the Certified Natural Health Practitioner(which is not the same thing as a Naturopath by the way)...

This is what I got there...(It is located at 749 Dovercourt Road just a twitch North of Bloor on the East side-it is a tiny unassuming place, don't be put off, this place is the REAL deal...)

So in the picture, those chunks are Frankincense resin, which you can chew for a while then spit out the gum when it becomes flavourless...(I see Frankincense as a statin type thing in the Titanium category on my Chart, which lowers Aluminum levels like cholesterol...)You can also put a chunk of your Frankincense into some water overnight, then drink the infused water in the morning...

The little jar is DETOX deodorant to detox your LYMPH nodes...It is a cream Tracey makes herself that you just dab on each armpit...The ingredient list on this detox deodorant is sort of incredible & it smells incredible too...Here are some of the things inside:essential oils of-lemon, pink grapefruit, geranium, key lime, cypress, clove bud, coriander, oregano-all organic by the way...(*in a base of baking soda, corn starch & glycerin-also organic)...

Update:Lymph Detox Deodorant review:

I have been using this Lymph Detox deodorant for a week...I sort of fell in love with the smell & my husband was very happy about the smell to, so I "disobeyed" & used a whole bunch, just because I so enjoyed the essential oils smell as I took my walks...

Anyways, last night, after sashimi dinner with my husband, we came home & I noticed my left armpit was sweaty...

But it was sweaty IN THE MIDDLE of the armpit...

Tracey said my Lymph Nodes were blocked...I guess they really were...I realized last night that I had not perspired from the middle of my armpit in years...

I hadn't realized that...Until I felt what a normal armpit sweats like...

The deodorant has already declogged the armpit above where I have a DCIS lump in my left breast...That is awesome!

It is also significant for anyone who has a breast lump...

My blog where I track my progress with getting rid of this thing myself(with help from smart & kind people) is at grovecanada.ca

Thanks Tracey!

Sari Grove
GroveCanada

The teeny bottle contains about 5 ml of Opoponax which is in the Myrrh family(The Myrrh family falls into the Selenium Category of our Grove Body Part Chart & as such lowers sugar/sulphur levels in

the Pancreas)...I am to put a drop at night on my breast where the lump is to help shrink it...My feeling is that Myrrh lowers blood sugar, & that is how it helps shrinkage, & attacking Cancers which feed on Sugar...(Note:though I was told NOT to take this orally, you Can take this orally...But you will get punished by the lady who told you not to take this orally...I am not a very obedient patient...)



If you have to do just a few thing to fight your Cancer...

Read this...

"The bulk of a tumour, benign or malignant is made of Calcium Oxalate...A malignant one is Calcium Phosphate...

But the common thing is Calcium...The thing that eradicates calcium is Iodines...

Anything in the Iodine category, choose your poison...Kelp, seaweed, the herb Madagascar Periwinkle(my favorite), Iodoral pills, Iodine topically or orally-to shrink a benign or malignant lump you need something in the Iodine family...

It is a component of chemo...

To stop spread you have to address the Phosphorus...Phosphorus spreads like mold...

Coppers hit the Phosphorus & can reverse it...I like Licorice root for my Copper because it is affordable & you can get it easily & it comes in many different formats-tincture is strongest, but you can boil the herb for tea too...Those two things are my top two things...Iodine & Copper...

(regular copper pills don't absorb very well)...

I also put Frankincense tears(the resin nuggets) into a pitcher of water & drink it as my daily water the next day...Frankincense(is a Titanium) will enhance the effects of the CBD oil...

It is much cheaper to buy the resin than the oil as you have seen...You can also chew the resin & spit out the gum when the essence is gone...

Frankincense & CBD oil work like statins in a way-they lower cholesterol, which helps to shrink size too...Butcher's broom(is an Oxygen) comes in capsules & works like the Apricot kernels to bring Oxygen in...

This shrinks lumps by dehydrating them...Useful...I'd like to add that after a 2 hour walk-yes it is very far like 6 miles, my lump is always very much smaller...Exercising, but over a very long time, can have a significant effect of lumps...

Plus the fresh air is important...The CBD oil can make life very lazy, plus it can make you hungrier...Be careful...Exercise & diet are just so crucial..."

You can buy CBD oil in Canada from Ronald McChronald of <http://www.buyweedonline.ca> His CBD oil is high CBD but low THC so it will not have psychoaffective effects...(It does make you feel very relaxed though so only take about the size of half a grain of rice at a time-microwave some peanut butter & stir your CBD oil in that then eat...You need the fat to absorb the oil)...

Sari (2015-03-04 21:46:10)

I'm Sari Grove...Come visit my website(grovecanada.ca) where my books are free & you can read my blog too...I explain things better there...Birth control drugs increase Calcium in the Adrenal Gland...All lumps benign or malignant are based on calcium...Benign Calcium oxalate, malignant Calcium Phosphate...So the base of the lump is Calcium...The stuff that makes it spread is the Phosphorus...Phosphorus is like mold & is produced when Calcium

sits around for a while & starts to break down...

Sari (2015-03-04 21:51:59)

You can take the Myrrh Opoponax orally, just a few drops under the tongue, but PLEASE do NOT tell TRACEY because she totally disapproves of that & told me I must be submissive & do what she says & ONLY use it topically...But you Can take it internally, & shhh, I did!

Sari (2015-03-04 22:00:41)

You probably know more than you know...Alot is just taking back your own power, knowing that YOU are the expert of your own body...Nobody is smarter than you about your body...The "system" makes you feel like a mouse, & studies have shown people do better when they are allowed to control their own treatment...(It was a study called something like 'Self-efficacy is an excellent prognosticator of success in the treatment of Asian women post-surgically after Cancer...'.Which means basically that Asian women do better when they get to call the shots about their own treatment-I think this goes for everybody actually...Nobody likes to be the submissive I don't care what 50 shades of grey says...)

Sari (2015-03-04 22:28:31)

<http://www.buyweedonline.ca/oil-extract.html> CBD oil & Cancer...On my friend's Buy Weed Online in Canada site(highly recommended company for quality, service, price, shipping speed)...

Sari (2015-03-05 01:21:30)

I cut myself on a bicycle pedal while I was attending Harvard University...Someone told me to get a tetanus shot so I did...I went to their student hospital & despite the fact the hospital itself seemed a little messy & shabby for Harvard & the needle seemed maybe a little thick & the metal well worn, I let them inject me...So then I got really sick for three days with a very high fever so another student from Norway packed me up, got me a refund & put me on a plane home back to Canada...The cold air immediately made me better & I was fine...My feeling is that the Tetanus at that hospital was kept in a warm fridge & the solution itself was flawed...I wasn't sick because all Tetanus shots are bad intrinsically, I got sick because that particular hospital was cr-p, & their storage facilities were questionable & their needles were old...I think the same about vaccines...I think there are bad hospitals & sloppy technicians & really bad batches of too warm vaccines going out into the world...Bad mixes, human error & negligence too...Money is always a factor in bad production...But I don't think ALL vaccines are bad...I think we have to narrow this down to medical malpractice or laboratory malpractice which is harder to nail down...

2.3.3 "If there is a fatal error, we will automatically deactivate the plug-in"...(ok, you know what to do!) (2015-03-06 01:49)

"If there is a fatal error, we will automatically deactivate the plug-in"...

Finally...

A way out...

I had downloaded this Wordpress plug-in called "Exopin"...

Exopin's plug-in promised to help me monetize blog posts by putting in a buy button...

The buy button led to a transaction with PayPal, & the post itself is shipped off without you having to lift a finger...

Ok, sounds great!

But it doesn't work...Sigh...When I click on the set up PayPal account details, the page comes up saying,

exopin.com doesn't exist or something more businesslike...

Ok, fine...So I try to deactivate this plug-in so I can delete it...

Won't deactivate or delete or update or anything...

Finally, I go into the Code editor section of the plug-in, where all the code is laid out & you can edit it...

I wonder if I can somehow delete this Exopin thing by deleting pages of code or something, I don't know...

Then I see it...

"If there is a fatal error, we will automatically deactivate the plug-in"...

Aha...

If I edit this code of this plug-in & I do something weird to it, which really screws it up, it is called a Fatal Error, & it will all just self-destruct...

So I on purpose deleted the whole first page of code, pressed Update, & waited...

Oh Thank God, Fatal error, the bloody thing deleted itself!!! Yay Fatal error...(apparently not having a heading page for a plug-in is fatal! Good to know how to kill these things when we have to)!

I started thinking about what I had done...

Sabotaged something in order to get it to self-destruct...

When a person who has been diagnosed with an illness, chooses to use Alternative medicine to treat their condition, the public screams:"blasphemy, there is no such medicine but THIS MEDICINE that is sanctioned by tradition, blessed by doctors, & kissed by Big Money"...

When friends & family & neighbours & business associates, all sabotage your choice to use Alternative medicine, to say, treat your Cancer, they are planting seeds of the fatal error, the fatal error that will cause the plug-in, that person's life, to automatically self-destruct...

If you sabotage a program, enough to cause a fatal error, the program self-destructs...

Same with people...

If you sabotage a person long enough,

enough to cause a fatal error, some flaw in that program,

a flaw a person feels is so great the whole program, the whole life needs to end...

Yet that is what people do...

A person died recently after making some choices about her own medical care several years ago...

This person, over the course of those years, had to endure a steady barrage of the haters telling her she was going to die if she didn't go back to Traditional medicine...

And so on...

Sabotage...

Eventually the person being sabotaged feels they are indeed flawed...They see an error..Why error? Because if you are one person with one opinion, & there are many many many other people with an entirely different opinion than yours, then one dark day, you may start believing the voice of the many instead of your own voice...

The idea that one vote is not as good as 35 votes says to your inner mind that maybe they are right if rep. by pop. (representation by population)

So if for one second you believe the haters, then you now have an Error...

Conflict...

"The Needs of the Many outweigh the needs of the few"...(R.I.P. Mr. Spock)

So if the needs of the many say Traditional Medicine, & I say Alternative medicine, but I am the few,

then, logically, the many are right, I am wrong, I am in Fatal Error...

Now I self-destruct...

because the program self-destructs when it discovers a fatal error...

The beautiful young woman who died recently had been sabotaged by the traditional medicine bullies,

for so long,

did she stop believing her own message?

Did she find herself in Error?

When someone is climbing a mountain, you don't interrupt their concentration with insults or other noise,

because, they are doing something dangerous that requires their full attention & they maybe even need some help doing it...

... & yet this is what we do to people who have chosen to use other forms of medicine to try to heal their wounds?

We are causing them to make errors...

I'm climbing a mountain, you insult me, I miss a step, now I have broken my ankle...

Could cost me my life if I am near the top of that mountain with no way down...

The next time someone dies of Cancer or some other disease you can spell,

& it was after the newspaper says: "a 7 year fight with this or that ..."

but highlights words like: "BUT SHE CHOSE not to do anymore insert word like chemo or radiation or tamoxifen or & so on..."

& then they say a list of dumb sounding vitamins: "her protocol was gummy bear vitamin c & chewing gum made from beeswax"...

So the person who just died sounds like an idiot...

Then there is a statement from someone important because they have so many Initials or something from schools or Associations that they must be smarter than you the reader: "Saying, if she JUST DID WHAT WE TOLD HER TO DO, she would be alive today"...

Badam bump...

the mental subtext: "All Alternative medicine is idiocy, those who use it are idiots, & they will all die because, I got no money kickback from Big Pharma, 'cause they healed their Cancer with CBD Oil instead..."

Anyways...

The next time someone with Cancer says they are going rogue to the Alternative side,

tell them: "that's great and how can I help?"

G'Night Sweet Princess...

p.s. (R.I.P.) Jessica Ainscough, The Wellness Warrior, was a popular Aussie blogger, who fought with Cancer for 7 years after being diagnosed at the tender age of 22...

Sari (2015-03-08 16:35:54)

People with naturally low cholesterol levels are bleedy...(nose bleeds, Alzheimer's)...

Sari (2015-03-07 16:58:23)

So, like, my theory was, if cannabis is a statin, & cannabis works for cancer, then logically other statins should work too...Anyways, I just checked current studies & now there are some listed about Ibuprofen & aspirin indeed halting cancer spread to lymph nodes in breast cancer, & also preventing recurrence...I bet they work for all types of cancer, especially those that involve people with high cholesterol levels...Though I'd lean towards the CBD oil because pills don't work as well, because, they are, pills...

Sari (2015-03-07 17:40:32)

I should mention...While you are figuring out the CBD oil thing...You can buy Frankincense resin...They are hard nuggets, different grades, but all basically good...Health stores have them, Google Frankincense resin & your neighbourhood to find who does...You take the nuggets & put them in a pitcher of water, leave that overnight, then drink that as your daily water...The more you put in of course the stronger...It is a much much cheaper way of getting Frankincense, the oils are so costly...You can also put a nugget of resin in some boiled water & add stevia to make a tea...(lemon & cayenne pepper are good to add too)...So here's the thing...Frankincense is in the same family as Cannabidiol...Same family as statin drugs...It even gets you a little "high" if your water is strong-the tea method is quite strong too...When I drink the resin water, I can see my lump shrinking(I have a DIY Mammogram/MRI method to take pictures)...It's legal...It's affordable...It's available...I'd start now with that so at least you are doing something while you look for the oil...

Sari (2015-03-08 14:17:41)

The other thing is that when Johanna Budwig was doing her research in Germany in the 1950s, cottage cheese was a homemade watery thing that was relatively inert, as compared to the very high Calcium very high Phosphorus stuff we get today in the supermarket...Chemically today's cottage cheese is chockbang full of nutrients, unfortunately Calcium & Phosphorus are not helpful ones to getting rid of Cancer...(*unless you have done chemo & are trying to replace lost nutrients because the chemo was vociferous)...

Sari (2015-03-06 02:12:21)

Google "Frankincense resin" & your city...There should be a few who sell the resin...Within walking distance...If not, there are plenty of sellers on Amazon & all different qualities...For chewing the resin nuggets you want the yellow stuff with no dark colours that is bark...For putting in your water, the colour doesn't matter so much, but just not grungy...Many stores only sell the resin for incense & maybe it is not that clean so don't buy that because it is icky not for eating or drinking...There are sellers on ebay too...For the record, burning it is neat, it catches & burns a lovely light, & the smell & medicine are heavenly...

2.3.4 The baseline:Tracking size, & chemistry, of a breast lump, in pictures, while using CBD Oil... (2015-03-06 12:06)

I was told that CBD Oil is not psychoactive...

Ahem...

I am now wondering whether I was with someone who doesn't finish their sentences...

Something like:"CBD Oil is not psychoactive...COMPARED TO THE MAUI-WOWY STRAIN OVER HERE..."

Or maybe:"Compared to the Mongolian Monster Hash over there"...

Moreover, it is entirely possible, that someone who has just sold me CBD Oil, may have a brain bud problem...(Brain Buds are my new name for those receptors that live right beside your drug centre neurons...These are the neighbours of the Beast, 667...Those Brain taste buds that sensor when you feel stoned...I figure like those people who eat hot, spicy, food all the time, they burn out their taste buds & hot things no longer taste hot to them, well, this guy had burnt his brain buds & TO HIM the CBD Oil was not psychoactive, but to a mouse like me it was Tabasco sauce to my Brain Buds...

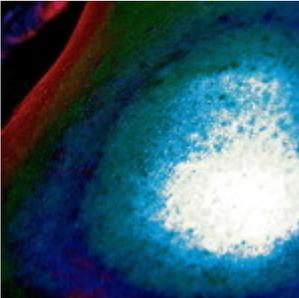
Anyways...CBD OIL is not exactly "not psychoactive"...

(Apology:Dear Ronald McChronald of <http://www.buyweedonline.ca> ...Where I bought the finest CBD oil in Canada...From the finest gentleman! I was only joking about what I wrote above...When I took my first dose of CBD oil & it finally hit me(I had a big meal at Whole Foods market just before taking it), I was, like, wow, this takes me back to university...(Sarah Lawrence College was like medical school for women-but DIY medical school if you get my drift)!

I do know you told me that I would have some relaxing effect...I am just playing around because I think you like me despite the fact that I ask questions then interrupt when people start to answer them...So I feel safe in teasing you...You are the best person in the whole world right now to me & my husband because of your allowing us to get CBD oil...Thank you! Sari Grove

Ok, enough preamble...I am going to TRACK in this post, pictures of my lump (as taken with my DIY Mammogram/MRI instructions)...

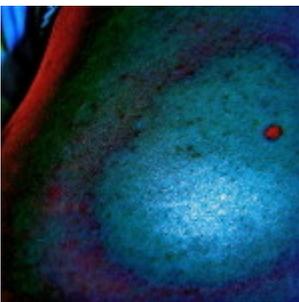
The picture right before I took my first dose of CBD Oil, was taken Thursday March 5, 2015...(& I had my period, so the lump is going to be much bigger than the rest of the month because that is what lumps do during a period, they swell like crazy...so bear that in mind-my starting picture is overly big & there will be some natural shrinkage in a few days...CBD Oil or not)...



Thursday, March 5, 2015(during period) Left breast lump, Sari Grove

Ok, so the CBD Oil arrived later on Thursday, March 5th, 2015, & I took it by: putting some Smooth peanut butter into a small cup, & microwaving it for 25 seconds on Reheat, then with the point of a steak knife, grabbing about a small lump of rice, like 2 grains size, of the CBD Oil & mixing it in with the point of the knife into the hot peanut butter...(very important to mix CBD Oil in some fat, because it needs the fat to help it absorb into your body...)

Here is what the lump looks like the next morning, Friday March 6, 2015 AFTER taking the CBD Oil...



Friday March 6, 2015 Morning, after First try at CBD Oil...(IOIL size taken, 2 grains of rice)

By the way, that red dot in the picture is a Moxibustion scar...Last year, in 2014, right after I discovered the lump, I went to a Traditional Chinese medicine Doctor TCM, who did acupuncture (surround the dragon), cupping, blood cupping, & Moxibustion to me...I talk about it in the 3rd Book in the Grove health Science series of Books...

It is actually helpful to have that little burn mark there because it helps me to track size change a bit...I can also hold a ruler up when I take the picture, but I don't always bother, rather choosing to just "know" when it is smaller by eyeballing it...

Someone once asked me about size & was dismayed that I don't really track it by:"It is One centimetre smaller" kind of celebrations...

Let's be honest...It shrinks when I eat my raw vegetable diet...It shrinks after I go for a 2 hour walk...It

shrinks after taking the Madagascar periwinkle, the Apricot Kernels, the Vitamin D3, some Frankincense water...

But it grows when I eat pasta...It grows when I eat oatmeal or bread or any glutens...It grows if I eat cheese or cottage cheese or kefir or milk...It grows if I eat chicken or beef or even tuna fish...

Depending on what I eat or don't, it changes size...

So saying it grew or shrunk by a centimetre seemed a little trite to me...

My goal was to get rid of it...My first goal actually was turn it from malignant to benign...I figured out how to do that at the end of Book 3...My first trip into Alternatively treating this dumb DCIS thing...(DCIS is NOT cancer but is considered a PRE-Cancer situation)

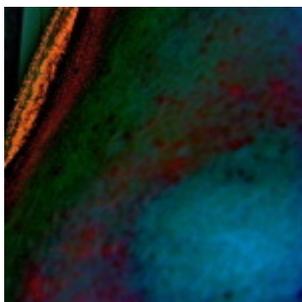
Ok...I will post here, as the days progress...

Saturday march 7th, 2015 11:27 am:

So I took a tiny bit of CBD oil yesterday, & at 4:00 am I woke up because Joseph was doing dishes in the middle of the night, so I decided to take another tiny bit...Here is the picture(you will notice the lump is smaller-this is in part due to my period ending, but the CBD oil is definitely working)...I am also drinking Frankincense resin nuggets' water daily-you take Frankincense resin (comes in nuggets) & stick it in a pitcher of water, leave overnight in fridge is fine, drink the water or heat it up & drink with some Stevia, & maybe even some lemon juice & cayenne pepper...

I am also using an aromatherapy DETOX the Lymph nodes deodorant which was made by Tracey Tief a Certified Natural Health Practitioner(not the same as a Naturopath) at AnarresHealth.ca...Tracey is an aromatherapy expert, but also teaches alternative methods of contraception & much more...

I also have Opoponax oil which you apply topically one drop to the place where your lump is...(It is in the Myrrh family which lower blood Sugar levels in the Pancreas)...

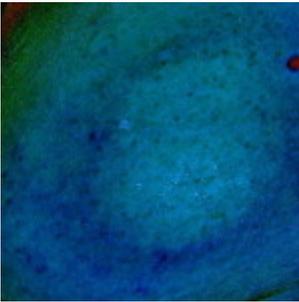


Lump March 7, 2015

after total 3 tiny doses of CBD oil.../3 days...

The lymph detox deodorant is really WORKING!!! My lymph nodes are unclogging after many years I realize of me not sweating from the middle part of my armpit...You don't know they are clogged until you experience the unclogging!

Also, the lump is definitely shrinking & the chemistry is much better! Looks far less complex today...Went for a big winter walk on a trail & some uphill climbing too-2hrs...Took 2 more doses of CBD oil, 2 nights in a row before bed...Eating raw plant based diet...Taking some Opoponax oil drops orally to lower blood sugar...Tea & coffee I am starting again for the extra energy I need to do my walks...Drinking water mixed with IRIS POWDER which is an Oxygen...(Oxygens dehydrate lumps, help to break them up, but also can make you horny...Aphrodisiacs...)



Tuesday March 10, 2015

Sari (2015-03-07 11:41:44)

On the upside, You took all that Ibuprofen which is a statin like CBD oil...I was positing that if CBD oil is a statin & works against Cancer, then statin drugs should work too...Turns out they are studying this now...If your Liver is clogged then it can definitely affect your Pancreas...Hospitals tests are just not sensitive enough-it could in fact be your Pancreas but the machines said no...Don't believe the machines...If it is your Pancreas, lowering blood sugar helps...Opoponax is in the Myrrh family that lower blood sugar...(I was just given some of the oil & you can use it topically or a drop orally)...Cayenne pepper & garlic also lower blood sugar...Apricot kernels are good for your liver problem-grind & put in some juice...(for taste)

Sari (2015-03-08 12:54:35)

No, I know the Budwig protocol...Flaxseed oil is tremendous, it is a Manganese which lowers Iron levels, it softens & detaches tumours...Bloodroot is a Manganese too-there are bloodroot capsules on ebay with graviola & chaparral & a few other things, that are quite powerful...But cottage cheese is a flag-I know Budwig is famous but the approach is a Trojan horse-the cottage cheese finds the tumour & the flaxseed oil detaches it...Personally I like just a straight flaxseed oil attack, leave the dangerous cottage cheese behind...It's like drinking milk with CBD oil-of course it will work, but you don't need the milk...The cottage cheese aspect can make tumours grow...

Sari (2015-03-06 16:40:44)

I stuck a bunch of Frankincense resin nuggets into a giant pitcher of water last night, & it's so great for breakfast to drink the spiked water! I should mention, yesterday when I drank the spiked water I felt a little stoned, I mean it makes sense Frankincense actually works just like cannabis, but I mean, you don't realize until you try it the stoned feeling...

Sari (2015-03-08 14:39:14)

<http://www.cancerbush.org.uk/Cancerbush.htm> Cancer Bush is so called because it is used to treat cancer in Africa... It contains ingredients that chemically line up on our Grove Body Part Chart as: 1)Nitrogen-so it boosts stamina in the Kidneys 2)Zinc-so it lowers Lead levels in the Thyroid 3)Selenium-it lowers blood sugar/sulphur in the Pancreas If your Cancer is Lead based with high blood sugar &, you live in a high Carbon dioxide environment then the Nitrogen will be good for you too...

Sari (2015-03-06 13:38:33)

My neighbour was taking a bisphosphonate drug that was inducing severe Fibromyalgia pain...I discovered the second ingredient was magnesium, which as a laxative, was depleting her body of myelin by the loss of nutrients, & causing the pain...So my take on fibromyalgia & arthritis is it can be brought on by too much magnesium...The same effect can be produced by overexercising...Fixing it is usually a combination of glucosamine & Msm Chondroitin...Or eat shrimp & meat...Unless it is an arthritis caused by being overweight that the knees are hurting...Then it's just a weight loss issue...I see the restless legs as being a cholesterol deficiency...So eggs...

2.3.5 " suicide is painless it brings on many changes and I can take or leave it if I please..." lyric Mike Altman (2015-03-08 13:57)

This is a 30 second video I made using Animoto's free online software for #InspireNigeriaProject...Inspire Nigeria Project welcomes your own videos about how to convince someone not to commit suicide...Just put in the hashtag #InspireNigeriaProject next to the link to your film short, in Twitter comment...

Mine is called "A Mother's Love" (which is the title of the music in the background also...)

IFRAME: https://s3.amazonaws.com/embed.animoto.com/play.html?w=swf/production/vp1&e=1425822510&f=O4bvCwvhgIXvROJlwW4Hw&d=0&m=b&r=360p&volume=100&start_res=360p&i=m&asset_domain=s3-p.animoto.com&animoto_domain=animoto.com&options=

A Mother's Love...

Sari (2015-03-08 15:26:51)

I had a terrible time after my biopsy...For 2 months after, when I drank water it went into my lungs instead of down the normal way...I thought I was going to get pneumonia...I am small size & I guess the holes didn't heal up...It seems it caused a lack of pressure problem for me...Anyways, I would not do a biopsy again...It also left a thin trail of whatever the lump is made of that I can actually feel...Like a straw of Calcium Phosphate...because of this, I ended up devising a DIY Mammogram/MRI thing where you use a Mac computer & a digital camera & take your own picture then edit it in iPhoto...Not hard to do & you can see the lump under the skin, see size changes & see chemistry changes...This is what I use to track whether or not something I am taking is helping or not...(I was diagnosed DCIS Easter 2014 & am Doing My Own Thing DMOT)! Sari Grove <http://grovecanada.ca/category/diy-mammogram/> DIY

Mammogram | Artists innovating in the Medical Arts Take a picture of your breast where the lump is, close-up, in good light, with Flash On, & set to MACRO & It may take a few tries to get the whole area into the picture & Hold camera about 4 inches away from & GROVECANADA.CA

2.3.6 Ovarian Cysts, Ovarian Cancer, & a Pink Hummer in Rosedale! (2015-03-08 23:00)

Today on my walk I saw a Pink Hummer! The license plate said: "beware of my pair"...The actual plate read: "TUTUMUCH"...I had a laugh as did the couple walking by at the same time...(sorry my iPhone camera seems to be set to Impressionist era-it refuses to take a picture in focus...Fog is its natural setting...Takes after me I guess...)



<http://www.reckeweg-india.com/product-details/R38-37.html> R38 is for the RIGHT Ovary...It is made by Dr. Reckeweg, a German doctor...It removes cysts from the right ovary...I did Not follow the directions on the bottle...I took a generous swig straight from the bottle...48 hours later, the cysts fell out when I had a pee...They look like little jellyfish...

<http://www.reckeweg-india.com/product-details/R39-38.html> R39 is for the LEFT Ovary...I also did not follow the directions on the bottle...One generous swig straight from the bottle...Note:I did take both R38 & R39 at the same time...So the 48 hour result was after taking BOTH...Total cost was 25 \$ a bottle...So \$50.00 total that maybe saved my life...

How did I know I had ovarian cysts? Sex hurt...

Did I go to a doctor & get an ultrasound? yes...The ultrasound came up NORMAL...No problems at all...But sex still hurt & I KNEW something was wrong...

Who told you about Dr. Reckeweg ? The owner of NATURAL SOLUTIONS in SHERWAY GARDENS, a mall in Mississauga...He had a woman before with ovarian cysts, he discovered Dr. Reckeweg R38 & R39 & it worked for this woman...WHEN I asked him one day(I asked everybody), he was ready with the answer...("Seek & Ye Shall Find" Jesus says)...

Comment on the ingredients in Dr. Reckeweg's formula's for ovarian cysts as it relates to our Grove Body Part Chart...

The first ingredient in Dr. Reckeweg's formula is Apis which means Bees...Bees are a Manganese on our chart(see Thymus), Manganese causes the cysts to detach due to the fact that the Manganese lowers iron...

The next ingredient is Arsenic, which is an Oxygen(see Liver) which dehydrates the cyst, making it smaller & easier to be expelled by the body...

Bryonia is a Copper which lowers Phosphorus...Copper can act as a laxative, but it also speeds up the metabolism, & of course eradicates Phosphorus which is like mold...

Sulphur the last ingredient is actually referring to a Selenium...(In Europe, Sulphur can refer to Selenium, it is a weird reversal of words since Selenium actually lowers Sulphur which usually means it lowers blood sugar levels...)Selenium lowers sugar & since sugar makes things sticky it help to unstick its core...Also since cysts feed on Sugar, Selenium starves it of food...

Ok so the ingredients are basically: Manganese, Oxygen, Copper, & Selenium...Why is that important? Well, the product worked...Which means that that particular recipe mix works for getting rid of ovarian cysts...Now Ovarian cancer is just ovarian cysts that have run rampant...Cysts become cancer...Like benign tumours can become malignant...But essentially they are very similar in property, just more...Which is why they are harder to get rid of once they become cancer...You need more stuff...

(Sidenote:Would I take the Dr. Reckeweg R38 & R39 if my ovarian cysts had already turned into ovarian cancer? Yes...Because the things you do for cysts & cancer are the same ideas, just cancer you have to do more...

Same with benign & malignant tumours anywhere...Study what people are doing to get rid of benign things, like benign breast tumours or benign ovarian cysts...

Those are things that should have been done to prevent your cysts or lumps from becoming malignant...But once something becomes malignant don't decide not to do all the things you should have done...

Go backwards & retrace your steps & do all those things now PLUS all the extra things you have to do for Cancer...

You never know, one of those dumb things that you overlooked might be extremely helpful...Just because something doesn't have an exotic name or come from a weird far away country, or it is not very expensive, doesn't mean it is no good...

People snob out when I say Licorice root...But it is a very powerful thing...Deprenyl the drug for Parkinson's disease is based on Licorice root...Simple things can work too...)

But what I am saying is that if your ovarian cysts have progressed to cancer, you should still include the Basics into your DIY protocol...

a Manganese, an Oxygen, a Copper, a Selenium...

Now not everybody is going to rush out & buy Dr. Reckeweg's R38 & R39...

Why not?

Because maybe you already have a pile of herbs at home & you are tired of buying every new thing...

Because maybe you don't want to take Arsenic or Bees or Bryonia which you've never heard of...

Maybe you don't like German doctors...

In any case, you could substitute in for things you do like...

For a Manganese: you could take Bloodroot(it comes in capsules too), you could take the herb Mugwort (it comes loose & you can eat it straight), you could take Manganese pills, you could eat nuts & seeds till you are blue in the face with nuts & seeds(high in Manganese), you could take Black walnut hull tincture(Manganese)...Works in your Thymus to clean your blood, detaches tumours by lowering iron, also makes lumps softer less hard...

For Oxygen:You could take Apricot Kernels, you could take Butcher's Broom, you could take Iris powder, you could eat Goji berries (alot), you could eat Dandelion greens(very bitter), you could eat Saffron(expensive), you could take Milk Thistle(traditional)...All this works in your Liver...

For Copper:Licorice root is my favorite copper, Ginkgo Biloba is a great Copper, Coffee & tea are Coppers...(Copper pills don't absorb well-I've tried it that way, nothing happens)!

For Selenium:In the Myrrh family there is one called Opoponax which is quite strong & acts like Selenium by lowering blood sugar levels fast-you can also apply Opoponax oil topically to lumps(just one drop), raw Garlic is a great selenium(it does burn to eat it though), Cayenne pepper is in the Selenium family but is way easier to take-put it in your coffee or tea or in all your soups or just whatever-use alot!(Did you know Insulin & Antibiotics are Selenium family? So is quinine...The stuff in Tonic Water...)

Ok that is the end of the copycat portion of this post...

If you have Cancer, anywhere, these are the things I recommend & have taken myself..

Licorice root: Tincture, capsules, tea, boil the herb & make your own tea, buy a bag of the herb & just swallow a teaspoon with some liquid straight(cheapest & fastest way to get it down)!(works in your SPLEEN)Warning:After ONE year of taking Licorice root daily I overdosed...Symptoms were wildly deep emotions coupled with panic, fear & anxiety...It was uncomfortable...I stopped taking the Licorice root then had to antidote with Kefir(which IS NOT RECOMMENDED for anti-cancer protocols but I was taking it to REVERSE the overdose of the GOOD licorice root)...

Madagascar Periwinkle:It's an Iodine that eats away at Calcium...All lumps are built on Calcium, malignant or benign...Iodine works in your Adrenal Gland where all that birth control drug(a calcium excess) is stored...Even if you took birth control drugs 20 years ago, they are still stuck there UNLESS you take IODINE to get it out...Really...(at the beginning I took 50 mg of Iodoral pill every day...I stopped after a while...I was getting my period way too often so I decided I had had enough)...I still eat seaweed salad whenever I can...

CBD Oil: I got mine from <http://www.buyweedonline.ca>...He only ships in Canada...My CBD oil is LOW THC which means no psychoactive effect...Costs more or less than about \$150 Canadian for about 3 grams...(This is the best in the country so you will need less of it-like half a grain of rice in some slightly microwaved smooth peanut butter because the oil needs to sit in fat for your body to absorb it)(It's a Titanium that lowers cholesterol in your Lung & Lymph Nodes)

Frankincense resin water:Buy some Frankincense Tears...(it's a resin nugget & is cheaper than buying the essential oil, like way cheaper)...Put some nuggets into a pitcher of water...Leave in fridge overnight...Drink that as your water the next day...Nuke it to make it hot, add some Stevia, drink as a tea...Squeeze a lemon if you want...Add some cayenne pepper if you want...It's also a Titanium like CBD Oil...Can make you feel a little high too...

I have a custom DETOX deodorant that detoxes my Lymph Nodes...I got mine from <http://www.Anarreshealth.ca> It is a beautiful & brilliant concoction...She will ship it far if you live far away...It is quite complex(the list of essential oils inside is long, you will see)...

Zinc:I have Vitamin D3 I take once per week...I got it on Amazon & it has 50,000 IU inside...This is enough to make you Bipolar if you are not careful so be careful...(if you start shopping like crazy & staying up all night , reduce your intake)!!!

Raw Plant based diet:Read Helen Hecker's book,

"My Raw Food Diet Cure and Secrets!" by Helen Hecker R.N.

Changed my life...

Walk:I walk almost 2 hours as often as I am able...(maybe 4 times a week if I can)...I walk in a forest, on a trail...It is important to walk in a nice natural place rather than on a sidewalk...I am lucky because this ravine trail runs through the city, so it is close by...Find a natural type trail & make that YOUR JOB...It is work...It is far to walk for a long time...It can be 10 km/6 miles...Get good walking clothing, a very warm earflap hat & double layer gloves for winter...In winter wear two pairs of pants like leggings with jeans over...Being cold is not sexy...

(Style notes)In the summer I wear Teva hiking sandals which are also waterproof-I come home & can rinse them in water to clean them...Hiking sandals are harder to walk in, especially on a trail, but your feet are very happy to be free & the extra muscles you use will make your legs look fabulous...Plus they are a little prettier than running shoes all the time...(secret girl idea:ankle bracelets make my ankles look a little better-I suffer from giant ankles due to years of playing basketball & turning them-if you wear a medicinal stone on your ankle bracelet like Pyrite you get iron which actually feeds your injured ankle-by the way, Iron is NOT useful for Cancer so don't go whole hog on Iron)...

*(more Style notes you can ignore if you want):I don't wear bras anymore...Joseph & I found that Winner's had a huge selection of padded tank tops that are stretchy...We bought one in every colour & I wear that as my "bra"...It's a loosey goosey shelf bra type thing which is why the pads help...Shelf bras do Nothing for your boobs, they totally flatten them out...But with the foam pads in the top, your chest looks a little more like it does in a normal bra...Rounded...These are comfy to wear bare in summer or under any top in winter & comfy enough to sleep in if you fall asleep in your clothing sometimes which will happen if you are doing the far walking...

Moves App: Download the Moves app to your iPhone...It tells you how far you have walked, how long it took, & how many steps...It does it automatically each day new even if you don't touch the App to open it...Awesome! Remember that walking on a trail is harder than walking on a sidewalk, so your distances will be less but your exertion more...Take it slow with the walking...Both on pace & distance...It took me months to get into any sort of normal shape...That is fine...I am a rock now...

Suntanning Bed:I had some sort of chronic pneumonia...I went to a suntanning place at Yonge & St. Clair in Toronto, Northeast corner in the basement of the Mall there where the food court is sort of...I took the INTERMEDIATE machine for 9 MINUTES...I paid extra for a small cup of cream...Total cost including the cream \$25...(get the cream-it is pricey but it really helps things to work better)...After 9 minutes my Pneumonia was GONE...Best 9 minutes that winter! Have not had to go back...Done!!!(plus my bum & the backs of my legs looked way sexier later in the bathroom at home!)

Butcher's broom:I am taking these capsules for the Oxygen...The Apricot kernels worked for Oxygen but I got tired of the bitter taste...I may switch to just Butcher's broom the herb or maybe Butcher's broom the powder...if you have a coffee grinder which I don't really(I have a manual one that is a bit tiresome) then grind your Apricot kernels & put them in some juice or other liquid you like...They taste better that

way...

Mugwort:I have taken alot of Manganese, as pills & as the herb Mugwort straight, & I no longer take anymore Manganese right now because I have taken enough...(You know you have taken enough because you start to lose your sense of smell...Joseph was always saying to me:"Can't you smell the cat poo in the litter box to clean it out???" No I couldn't...I lowered my iron so much I was losing my sense of smell...So I have quit it with the Manganese...But Artemisia Vulgaris(Mugwort) is good for an anti-cancer program...

Or just hang out with Bees because bee stings are naturally Manganese..By the way:Bloodroot capsules are available on ebay & they are also a MANGANESE thing...These capsules have a few other good things in them & would be for someone who wants something very very strong because their condition is very far along...Bloodroot can be dangerous so I recommend joining the Black Salve group on Facebook to talk to others who have taken bloodroot capsules orally...(Black salve is what they call Bloodroot applied topically usually & that is a very dangerous thing to do & can be very painful so be forewarned...)

Selenium:I have taken so many 1000 mg Garlic pills I don't take them anymore...Myrrh oil is a selenium as is Cayenne pepper & Garlic...Opoponax is a stronger oil in the Myrrh family...Oral or topical though I was told only topical by a certified natural health practitioner...But people do oral drops under the tongue & don't tell...

More:(Notice everything I mention is ALL THE MINUS elements on my chart?)

Magnesium:Epsom Salts baths are great for Magnesium...Cleans out the Gallbladder...

Potassium:Hawthorn is a Potassium(as is Stevia)...Lowers Blood pressure in your heart...

Fluorine:Is usually just in your tap water(& is good for anti-cancer...Fluorine is BAD for people with ALS, Crohn's deafness, Polio, Meningitis, Epilepsy, Seizure, or other paralysis disorders,including Syringomyelia, but is GOOD for people with Cancer...)Cleans out your Colon...(by the way the Tetanus shot is Fluorine so if you or your parents have epilepsy or any of the other disorders I mentioned are Fluorine sensitive, then be very careful about getting that shot-like maybe not)...

Boron:You can buy Boron supplements everywhere...Do not get the ones with Calcium or anything else inside...Single recipe formulas are better since you know what you are getting & if it works for you or not & what it does & so on...It is hard to know what to do when things you are taking are too complicated...It can also be dangerous cause you don't know what a side effect is from...(I have heard people taking Boric acid diluted but have not tried it myself-sounds scary)...

Carbon:Plenty of Olive canola oil(because it's cheap you will use alot-if you buy expensive Olive oil you will worry about price & not use enough) in your daily giant raw salad...Or put a teaspoon of baking soda in some liquid & drink...Baking soda is sodium biCARBONate...Same as any oil just in powder form...Cleans out your kidneys...

Things I haven't mentioned because I don't like them:The Budwig diet has cottage cheese in it...Cottage cheese made my lump bigger right away...It is a calcium Phosphorus food, & I know malignant lumps are made of calcium Phosphate...I think cottage cheese is a terrible idea...Same goes for Kefir...It's liquid

yogurt...It's in the DAIRY section...Avoid the dairy section if you have cancer...Just walk away...Coconut milk has more Calcium than cow milk though the label says 0 % Calcium(Coconut WATER on the other hand is fine)...Do NOT believe the labels...The Dairy people really want to sell you on milk...I got Blocked from a Facebook group because I had the gall to insult their precious Kefir...It's ok...I don't want to be influenced by people who are feeding their cancer with kefir...

I also don't like Collect powder...It has some very good ingredients in it but it has Shark Cartilage...That is just wrong...Sharks are endangered enough without people buying shark cartilage...Karma will get you...In your Cancer treatment remember that karma is involved...You cannot kill a shark for your Cancer treatment & expect to survive...There are limits...Plus the shark's wife will get you...C'mon, they are SHARKS...Don't mess with a shark...(watch Jaws again if you must)...

I think drinking your own urine is gross...It's about QOL...Quality of Life...It may work, it may not, but I don't want to drink my own urine...

The thing about IV Vitamin C is, is that Vitamin C, while a very good idea, is not very strong...It is a good start...But it is the weakest Minus element on my chart...(The Minus elements get stronger as you go down the list, the Plus elements get weaker as you go down the list...So the strongest Minus element, detoxifier, would be Boron...Which is why some fanatics are drinking bleach...Pretty dangerous, but strong...)

Cautions with CBD oil: CBD oil makes you hungry & sleepy...Which means you may eat more food & exercise less or not at all...Take some days off from the CBD oil to get unstoned a bit...Then get your exercise in...Seriously...Don't ignore the exercising & just take the drug...You need to schedule your CBD oil in, & schedule your exercise days in & make them a couple of days apart...Both won't work...

Diet:Cheat once in a while on your diet...You may need the B12...Don't go wild...if you need to go to a restaurant, go to a Japanese restaurant...Their food is high in Iodine & their fish is safer...It is a calming Zen experience too...Sashimi or sushi won't kill your raw plant based diet in the same way a "regular" restaurant might...Diet Cokes are fine & artificial sweeteners will not kill you or cause cancer that is just not true...(They will add potassium to your diet which is fine unless you have low blood pressure then watch out)...

Grove Body Part Chart		
Organ	Minus Element	Plus Element
Thyroid	1 Zinc	2 Lead
Thymus	Manganes 3 e	Iron 4
Lungs & Lymph Nodes	Titanium 5	Aluminum 6
Heart 7	Potassium	8 Aurum
Kidneys	9 Carbon	10 Nitrogen
Pancreas 11	Selenium	12 Sulphur
Liver	13 Oxygen	14 Hydrogen
Adrenal Gland	Iodine 15	Calcium 16
Spleen	Copper 17	Phosphoru 18 s
Gallbladder	Magnesi 19 m	Mercury 20
Colon	21 Fluorine	22 Bismuth
Gender	23 Boron	Molybden 24 m

Sari (2015-03-09 03:04:47)

Ginkgo Biloba is another Copper... <https://www.facebook.com/TheEdenPrescription/posts/442452965783814> It has been shown to reduce proliferative effects in Ovarian cancer as well...Very high strength of action! (I'd like to see you get on one Copper to stop spread)...Your IP6 Inositol Hexaphosphate seems to act like a traditional Manganese-lowers Iron & helps tumors to detach...This is the same action as Bloodroot capsules...Also Flaxseed oil...Mugwort Artemisinin as well...It should be useful to you however it seems to act better on estrogen negative cancers, but I think they are splitting hairs about that...

Sari (2015-03-08 23:11:07)

<https://www.facebook.com/groups/blacksalve/> Facebook group Black salve:join if you want to learn about BLOOD-ROOT CAPSULES...(I am not a fan of the topical black salve by the way which is very painful & only for the strongest humans)...

Sari (2015-03-08 23:15:37)

I did not mention, Magnesium:Epsom Salts baths are great for Magnesium...Cleans out the Gallbladder... Potassium:Hawthorn is a potassium(as is Stevia)...Lowers Blood pressure in your heart... Fluorine:Is usually just in your tap water(& is good for anti-cancer...Fluorine is BAD for people with ALS, Crohn's deafness, Polio, meningitis, epilepsy, seizure, or other paralysis disorders, but is GOOD for people with Cancer...)Cleans out your Colon... Boron:You can buy Boron supplements everywhere...Do not get the ones with Calcium or anything else inside...Single recipe formulas are better since you know what you are getting & if it works for you or not & what it does & so on...It is hard to know what to do when things you are taking are too complicated...It can also be dangerous cause you don't know what a side effect is from...(I have heard people taking Boric acid diluted but have not tried it myself-sounds scary)... Carbon:Plenty of Olive canola oil in your daily giant raw salad...Or put a teaspoon of baking soda in some liquid & drink...Baking soda is sodium biCARBONate...Same as any oil just in powder form...Cleans out your kidneys...

Sari (2015-03-09 01:27:17)

(my response to a question)... I don't know where you read that Licorice root was bad for cancer... There are many studies that show beyond a shadow of a doubt that Licorice root not only kills Cancer but reverses damage! The science is this:Copper kills Phosphorus...The thing that makes a lump or tumour or growth spread is Phosphorus...It is like mold...Exactly like mold...Coppers kill mold...Like a copper penny in a flower's water kills mold, it is the same thing... Licorice root is the best way to get Copper in the body...I took it for a year & it changed the chemistry of my lump from malignant to benign...I saw the change...This is my best advice for someone who is having spread...It changes the chemistry of the situation...It stops spread...There is plenty of wrong information out there...There are people who take probiotics & think they are fighting Cancer...Plenty of articles saying how probiotics are good for an anti-cancer diet...That is just plain wrong...I am sorry you read something about Licorice root that is incorrect... It is the Best thing to stop spread...There are other Copper things...Ginkgo Biloba is a Copper that Chinese medicine uses...Ginkgo Biloba is very very good...I did not choose that for myself so I cannot help with dosage or the how or the where...I did take briefly a long time ago as part of a heavy metal detox pill...So I do know it works...There is a plant called Kratom that is also a Copper... Have not tried it, but it is a very strong copper...St. John's Wort is a copper...More for the brain but it works...The plant venus Fly-trap is a Copper-it is used in some expensive cancer medicines, hard to get...Choose ANY COPPER you like that you feel comfortable with...Then take alot & take it every day so it loads up...Coffee has Copper, so does tea, including Green tea & matcha tea which is stronger... Copper will stop what is happening inside of you from progressing...It will also reverse the problem...It does NOT get rid of the growth...It changes the growth to benign though...So you will still have stuff to get rid of, but it will be benign...This BUYS YOU SOME TIME...(To get rid of a benign lump once you have changed its chemistry you need Iodines... The rest of my list on that blog post will help-pick things you like then find something in that category of element for yourself...You need to custom design your own program as opposed to buying into famous one size fits all type things...More expensive does not necessarily mean better...One woman cured herself with just the raw food diet...Another was heavy on the Apricot kernels...You have to find your way...I am sorry I am so late in trying to help you...Sari

Sari (2015-03-09 01:37:33)

Hi...Ovarian Cancer without the presence of ovaries is still caused by Ovarian cells that have become cancerous...So the chemistry of removing them is the same whether or not you have ovaries or not...Size is not always the most important thing to attack...if you alter the chemistry of what you have you can buy yourself some time...Anywhere in the body, a large benign lump can live there for years...But even the smallest malignant lump can be dangerous because of spread...

Sari (2015-03-09 01:43:32)

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4213782/> Here's a clinical trial involving Licorice root & Ovarian cancer...(glycyrrhizin is the word they use for licorice root)...

Sari (2015-03-09 12:02:15)

<http://www.pcrm.org/health/cancer-resources/diet-cancer/type/women-and-cancer-opportunities-for-prevention>
Cottage cheese, yogurt, dairy, are all estrogenic... Women with Ovarian cancer ate 3 times more dairy than women without... Licorice root is NOT estrogenic, nor is Dong Quai, ginseng, or ginkgo biloba, or hops-please be careful when reading!

Sari (2015-03-09 13:19:50)

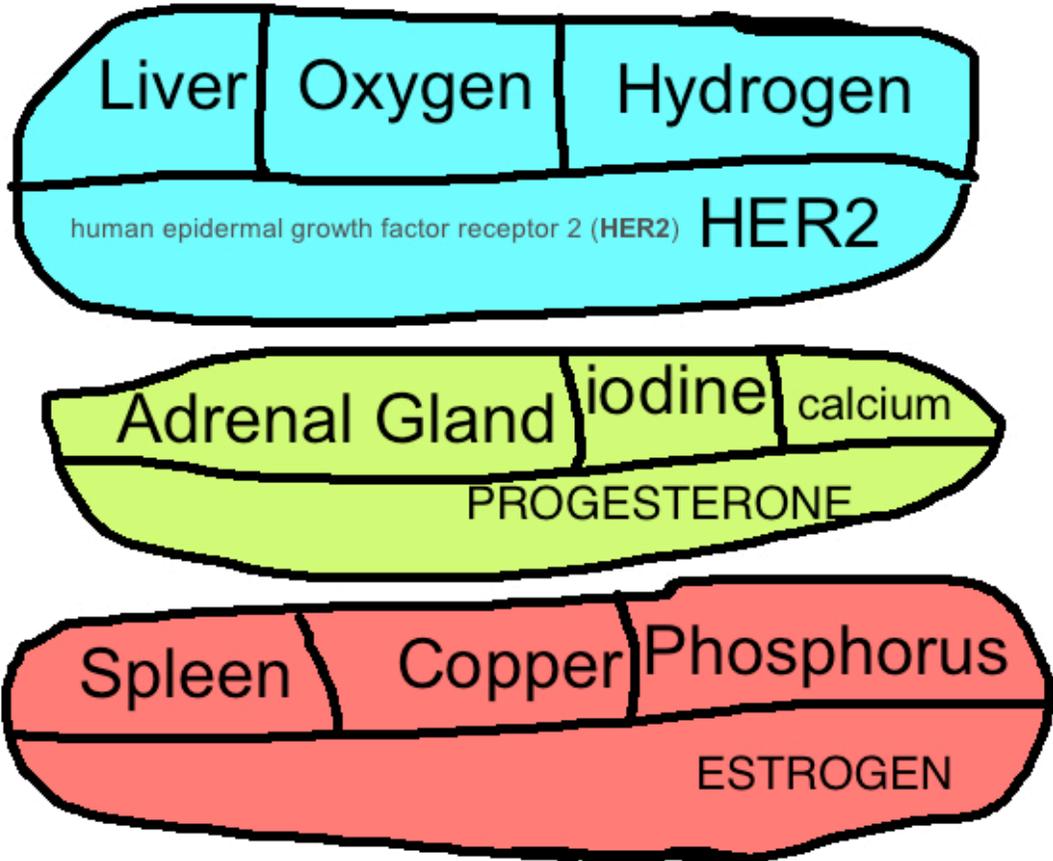
<http://us6.campaign-archive1.com/?u=330baadbef2b5c0baf7d50a7&id=c5131c7d5e&e=bffc627649> Cottage cheese, yogurt, kefir, dairy are just so wrong for a cancer treatment program...

Negatively Charged Hydrogen water, the Hunsas people, & thoughts on cottage cheese... | Artists innovating in the Medical Arts (2015-03-09 21:28:29)

[...] so in a recent post I said I did not like the Budwig diet because of the presence of cottage cheese which is a [...]

2.3.7 What "triple negative" or "triple positive" means in cancer talk as it relates to the grove body part chart? (2015-03-09 15:40)

what triple negative or positive means in cancer talk...



-So triple negative means that your treatment plan will not address your cancer very well if it targets the traditional 3 places to attack cancer, which are, the liver, the adrenal gland & the spleen...

-triple negative means your attack will not work very well if it attacks Phosphorus, calcium or hydrogen excess...

-triple negative means your approach to your cancer will not work too well if you take Coppers, Iodines, & Oxygens, because your tumor didn't show many markers for that...(But to be on the safe side, still include those things in your attack, just make sure if you are triple negative that you address the OTHER body parts on our chart...

Choose all the MINUS elements on our Chart to DETOX the body parts one by one...

Grove Body Part Chart		
Organ	Minus Element	Plus Element
Thyroid	1 Zinc	2 Lead
Thymus	Manganes 3 e	Iron 4
Lungs & Lymph Nodes	Titanium 5	Aluminum 6
Heart 7	Potassium	8 Aurum
Kidneys	9 Carbon	10 Nitrogen
Pancreas 11	Selenium	12 Sulphur
Liver	13 Oxygen	14 Hydrogen
Adrenal Gland	Iodine 15	Calcium 16
Spleen	Copper 17	Phosphoru 18 s
Gallbladder	Magnesi 19 m	Mercury 20
Colon 21	Fluorine	22 Bismuth
Gender 23	Boron	Molybden 24 m

Most cancers respond to cleaning out the Liver, Adrenal Gland & Spleen...This reflects the fact that birth control drugs hit the Liver, Adrenal Gland & Spleen the hardest & are responsible for the vast majority of cancers today...(MY OPINION based on facts that I have read over many years...But this is MY OPINION...)

However there are some cancers that are not directly related to birth control drugs...Thus they don't respond to traditional chemo because traditional chemo is like a birth control detox program...Copper, Iodine & Oxygen...Think Ginkgo Biloba, Kelp, & Apricot Kernels for those 3 things...In that order...

But if your cancer is Iron heavy, like leukemia...If your cancer is cholesterol heavy like a lung cancer...If your cancer is lead heavy like heavy metal Lead poisoning...Then you need to address THOSE body parts(organs)...

For Iron(irish people tend to be heavy in Iron), you need Manganese...For Aluminum(cholesterol)you need Titanium(like CBD oil or Frankincense or Mistletoe or Statins)...For Lead excess(old lead pipes & your water is poisoned), you need Zinc(Vitamin D3 or Ginger root or Ginseng or Wormwood Hops)...

Depending on what you eat especially, you will know what your Cancer is made of...

You eat alot of bread? It's in the Kidneys & you need carbon(oils or baking soda)...

Eat alot of sugar? It's in the Pancreas & you need a Selenium like garlic or Cayenne pepper or Myrrh oil(Opoponax is a good variety)...

Eat alot of pork? You need to address your Gallbladder with Magnesium...Epsom Salt baths are nice for that...

Are you working near an open wood burning fire alot? or do you smoke regular cigarettes with the paper attached?(not an e-cigarette which has no paper & is a clean burn) You will have Bismuth(ash) excess...You need Fluorine(just drink your overfluoridated tap water for that...or use fluoridated tooth-paste...)

Sari (2015-03-10 09:28:38)

Sari Grove I've been working in a theory to break the sac that contains the thing better...I think the element that makes clear plasticky sacs in the body(like around the intestines), is called "Molybdenum"...I think the element Boron breaks down Molybdenum...I have been looking at Boron pills but the ones I saw have Calcium added which I don't want...I know people have drunk diluted (very) Boric acid...Some, bleach dilute...Anyways...I will write on my blog when I try Boron...It is the shiny clear coating like on green beans...

Negatively Charged Hydrogen water, the Hunza people, & thoughts on cottage cheese... | Artists innovating in the Medical Arts (2015-03-09 23:10:10)

[...] In a another post I wrote this morning early, I investigated Triple negative breast cancer(or any cancer for that matter) & what this triple negative thing means... [...]

Sari (2015-03-10 00:23:01)

The Licorice Root is a wonderful thing...It stops spread in its tracks & reverses Cancer cells back to normal cells...I know I sound like an ad, but it really worked for me & I could see the difference...It changes the chemistry...When I first began, I took the Licorice tincture...Cost about \$15-18 per bottle(Canadian) & I would take like 4 dropperfulls 2x a day...It is alot that way...But I was scared of spread & wanted to load it up...Then I moved on to licorice capsules which are convenient but I am not crazy about the gelatin caps...So then I switched to the loose herb & boiling it...I'd put a handful into a pot & boil it & drink that with Stevia...I also had premade licorice tea which I's stick in with a bag of regular black tea...Then after a while I was just putting a pinch in my mouth & putting some liquid in, then swallowing it raw & straight...That method is actually pretty strong, plus it stays in your belly & keeps working even if you don't take it all the time...After a whole year of taking it daily, I finally took too much...I started feeling deeply emotional & maybe a little fearful or panicky...I realized it was enough...So now I am not taking it because I think I took my fill...The best is that Licorice root, unlike many at home remedies, makes you feel very energetic!!! Herbalists always say use a tiny amount of something...I always say I will, then take 10 times more...What I am saying is, he could take more...You won't to stop this thing in its tracks & feel confident about that...Fear is a terrible space to be in...This buys time...Then you can later at removing anything lumpy-lump but benign...! I just started using this

amazing LYMPH DETOX DEODORANT that this certified natural health practitioner named Tracey Tief makes here in Toronto...Last night I finally sweated from the middle of my armpit... <http://www.anarreshealth.ca/product/deodorant-detoxifying-cream>

2.3.8 Negatively Charged Hydrogen water, the Hunza people, & thoughts on cottage cheese... (2015-03-09 21:03)

Negatively Charged Hydrogen water,

was the thing that researchers discovered was the secret to,

the Hunza people,

living to 125 years old...

So they copied the elements in that water,

& turned it into a product you take while you drink water,

a pill,

& it makes that water have the same stuff in it as what the Hunza people drink...

So what does this mean in regards to our Grove Body Part Chart?

Organ	Minus Element	Plus Element
Thyroid	1 Zinc	2 Lead
Thymus	3 Manganese	4 Iron
Lungs & Lymph Nodes	5 Titanium	6 Aluminum
Heart	7 Potassium	8 Aurum
Kidneys	9 Carbon	10 Nitrogen
Pancreas	11 Selenium	12 Sulphur
Liver	13 Oxygen	14 Hydrogen
Adrenal Gland	15 Iodine	16 Calcium
Spleen	17 Copper	18 Phosphorus
Gallbladder	19 Magnesium	20 Mercury
Colon	21 Fluorine	22 Bismuth
Gender	23 Boron	24 Molybdenum

It means that the PLUS element HYDROGEN has a bunch of MINUS elements inside...

When I checked the ingredients quickly on the bottle a friend showed me,

I saw these Minus elements:

Zinc(in the form of Vitamin C)

Magnesium

Potassium

Sunflower Oil(which is Manganese & Carbon because sunflower seeds are a Manganese & Oils are Carbons)

So all those Minus elements on my chart made the normally positively charged Plus Element Hydrogen a negatively charged Hydrogen...

It was water with alot of Detox (minus elements detox)elements inside...

(Plus elements feed or nutrifify)...

Oh, yes, & I forgot Oxygen, of course...

So that was neat hearing that story about the Hunza people & finding out that Valences & electrons in normal people language also can sync up to my Grove Body Part Chart theorem...

It is one thing to develop a theory, it is another to find out it really works!

Credit for the story goes to a person I met on my daily very far Nature walk...

Thanks Richard! (apologies for my brusque exit...It was a steep hill & you were not being superficial enough conversation-wise for climbing a hill...Etiquette Note:When climbing a hill with a companion stick to light superficial conversation that does not involve religion or politics...)

Note:Two negatively charged hydrogen water drink recipes that I drink are:

1)Take Frankincense(Frankincense is a Titanium element on our chart) resin ("Tears" they are called)...Put in a pitcher of water...Leave in fridge overnight...Drink the water the next day...(Nuke it & add Stevia(potassium), lemon(Zinc), cayenne pepper(selenium) for Frankincense tea)...

2)Get a bag of Iris Powder...It is an Oxygen...Blue Flag Iris is the name of the flower...Put a teaspoon in some water & stir...It doesn't really melt into the water, but you can still drink it that way...Iris powder helps to break up stones or hard things in the body...(like the famous stonebreaker "Chanca Piedra", which is also an Oxygen...)

3)Oh I have more than 2...Grind some Apricot kernels(Oxygen) in a hand grind coffee grinder...if you use a non-electric grinder then you get all that arm exercise grinding...Put your grinds into some orange

juice(Zinc & Hydrogen)...drink that...(Apricot kernels are becoming a famous anti-cancer thing ever since a lady with breast cancer got rid of her tumours with 20-30 kernels a day...Combined with other things...But the kernels were key for her...)

(I also met Chris of DOGSLOVEWALKING.ca who had 2 self-confident white Westies, a warm & black & furry German Shepherd, & a smiling Bassenji in tow...)

The first lady dog walker I met we did not exchange names...But we did talk about airplanes & the ozone layer & what a nice day it was...(it really was)!(first above ZERO celsius day in a while for us all here in Toronto)! Oh & that with Global warming comes an equal & opposite reaction, Global Cooling...So it's really hot in France in summer, too hot, & then it's really freezing cold in Toronto...

Equal & Opposite reactions...We better patch up that Ozone layer before us Canadians freeze to death up here!

& thoughts on cottage cheese...

Ok, so in a recent post I said I did not like the Budwig diet because of the presence of cottage cheese which is a Phosphorus & as such, an estrogen stimulator, or estrogenic...Also that most lumps are Calcium Phosphate & Cottage cheese is a Phosphorus so that is wrong...Also my lump got way bigger after eating some cottage cheese, so I knew it was wrong...

However...

In another post I wrote this morning early, I investigated Triple negative breast cancer(or any cancer for that matter) & what this triple negative thing means...

Now when I think about it, Johanna Budwig was doing her research in the 1950s before the current onset of all the birth control drugs turned into this Cancer plague thing we see today...Today's cancers for the most part are made of the same stuff birth control drugs are made of-Calcium & Phosphorus...Which is why eating a Phosphorus like cottage cheese is so wrong...

But back when Johanna Budwig was trying to fix Cancer, she wasn't looking at people with birth control drug problems...The whole Calcium Phosphate thing with Liver involvement we have today...

She was looking at an earlier subset of Cancer...Those people who today get stuck in the triple negative pile which means their Cancer does not respond to normal chemo treatment that addresses the common cancers...

The triple negative people don't have Calcium, Phosphorus or Hydrogen to detox from in their tumors...(those are the 3 markers they look at)...

Those triple negative people have an excess, in an organ, but that excess is dominated by different elements...Maybe Iron which responds to Manganese(flaxseed oil)...Maybe Aluminum(cholesterol) which responds to Titanium(CBD oils)...Maybe Lead which responds to Zinc(like Vitamin C)...

Since the Budwig diet includes Flaxseed oil mixed in with Cottage cheese, as a regular thing, we can

see the die is addressing people with:

High Iron:Flaxseed(Linseed to some) is a Manganese thing

High Nitrogen:The Oil in the Flaxseed oil is a Carbon

High Copper:The Cottage cheese addresses high Copper levels...

So the people she was seeing had excess Iron,

excess Nitrogen(glutens fall into Nitrogen like eating too much bread),

& unusually those people had high Copper, or why else would she include the Phosphorus cottage cheese...

Now, I did not live in Germany in the 1950s so I have no idea what people ate back then, but apparently it was something that was high Iron, high Nitrogen, high Copper...

Maybe people ate meat, bread & coffee alot?

Long story short, I'd like to apologize for dissing the cottage cheese eaters...There are a myriad of people out there in this world & I do not know all of them...If their particular Cancer is not fed by Phosphorus, & they have high Copper levels, then the cottage cheese idea might work for them...I'd venture those are the Triple Negative people...

if you aren't a triple negative then there is Phosphorus in your lump & I still lean towards avoiding cottage cheese, kefir, & Milk & yogurt & calcium & moldy places(phosphorus is mold) or things...

But I am more willing to have an open mind...

I know there are a few rare people with Wilson's disease(too much Copper), who got Liver cancer(Hydrogen excess)-so that is something I didn't think could happen...(it is VERY rare though...Rare enough to know that Copper is a great anti-cancer thing!!!)

Also...A totally benign lump is just usually Calcium Oxalate...No Phosphorus...So those people could maybe eat Phosphorus estrogenic cottage cheese with impunity!

Tuesday March 10, 2015 update to this post:

First, I re-thought how the numbers could go on the new improved Grove Body Part Chart:

Here is a pdf file you could download of it to keep for yourself...New Grove Body Part Chart

Here is how it looks:So...

I put the numbers for each element in a different way than before...Let me explain...

The MINUS elements get stronger as you go down the page...So ZINC is just a MINUS ONE or -1 strength, but if you go down to Boron at the bottom, the strongest Minus element on the Chart, it is a Minus 12, or -12...

Now the Plus elements are the opposite...LEAD is at the top of the page & is the STRONGEST PLUS element...So I gave Lead the biggest Plus number +12...As you get to the bottom of the page, the weakest Plus element is Molybdenum Mo, so I assigned that the number +1, a low number...

Remember: Each body part(there are 12 body parts on the chart) contains 2 elements that live together as opposites...

Which means that in each organ, there is a Minus element & a Plus element...

Now back to Cottage cheese with Flaxseed oil...

If cottage cheese is Phosphorus then the number for Phosphorus on the chart is +9

If Flaxseed oil is both Manganese for the Flaxseed, so the number -2, but also Carbon for the oil is -5,

Then cottage cheese with flaxseed oil would be: +9, -2, -5

If we add & subtract those numbers the total value we are left with is $+9-2-5=+2$

So our morning Flaxseed Oil with Cottage cheese mixture might be only a weak Plus 2 in terms of the Valence of the energy...

Valence means is it detoxifying(a Minus number), or is it Feeding(a Plus number)...

So we are then Feeding the body at a rate of Plus two or +2

So that is not too bad actually...

If we just ate the cottage cheese that is a whopping Plus 9...But the Flaxseed oil lowers that significantly...So maybe that is how the Budwig diet gets away with serving dairy...

Grove Body Part Chart		
Organ (12)	Minus F Element -	Plus M Element +
Thyroid	-1 Zinc	Lead +1
Thymus	Manganese -2 e	Iron +2
Lungs & Lymph Nodes	Titanium -3	Aluminum +3
Heart	-4 Potassium	Aurum +4
Kidneys	-5 Carbon	Nitrogen +5
Pancreas	-6 Selenium	Sulphur +6
Liver	-7 Oxygen	Hydrogen +7
Adrenal Gland	-8 Iodine	Calcium +8
Spleen	-9 Copper	Phosphorus +9
Gallbladder	-10 Magnesium	Mercury +10
Colon	-11 Fluorine	Bismuth +11
Gender F or M	-12 Boron	Molybdenum +12

Sari (2015-03-10 10:30:26)

Inhaling a medicine will get at the area in the Lungs directly...Sort of like applying a salve topically to a skin tumor...Eating the CBD Oil will correct your whole body biochemistry-it will fix the imbalance in your whole body(a low THC oil does not have psychoactive effects & is a good starting place for someone who does not do cannabis on a regular basis...You load it into your body & you start to get used to the feeling & then after a little while you could maybe upgrade to something stronger...My CBD oil supplier recommended I don't have any THC because I was a beginner...I melt some smooth peanut butter in the microwave, stir in a grain of rice size of the CBD oil, well, then eat that with a spoon...I take it at night, then just sleep...(It does make you feel a little "different" but way less than the stoned feeling you get from a normal THC thing)...

Sari (2015-03-10 09:19:24)

Yes I have seen this before...Oral chemo then for some weird reason, steroids...I asked an oncologist online about this odd practice...(JustAnswer service)! He said the steroids are because the chemo drug is too strong & strips the gender bits...So they put steroids back in...My neighbour got a New breast lump from the steroid...But of course she did...Which is why I even paid money to ask the why...It is a strange & dangerous thing to mess with steroids that are known carcinogens...

Sari (2015-03-10 11:08:26)

http://www.sonophotodynamictherapy.com/sonophotodynamictherapy_breastcancer1.html Sound therapy, Light therapy, Laser therapy, combined with an oral pill that helps the waves, radio or photo, be absorbed into cancer

cells to break them up... Castor oil helps body to excrete broken up cells to be discarded...

Sari (2015-03-10 11:14:59)

http://www.dcscience.net/Chinesemedicine_cancer.pdf What Chinese medicine can do for Cancer ...Good article with recipes in ENGLISH!!!

Sari (2015-03-10 11:30:45)

http://www.tcmkey.com/mammary-c-33_52/ru-jie-xiao-pill-for-breast-disorders-p-308.html?zenid=ui3slptlne7ajlurt9qdool2 Chinese medicine has all sorts of pills & treatments for breast cancer available over the counter... Problem is most of the words are not familiar to English speakers so we are scared to buy them... This one for example contains a root(first ingredient-the clue is in the description it says it cleans out the liver-that tells me the first ingredient is an Oxygen..) *so that is an OXYGEN-cleans out Liver...Dong Quai(they spell it all sorts of ways)is like Tamoxifen is like kelp is like an Iodine is like Madagascar periwinkle herb...Turmeric is a Zinc family like Ginseng & Ginger...Zinc cleans out Lead poisoning...(old lead pipes for water cause that-change your sink pipes to new ones-copper is good)...

2.3.9 Figuring out what exactly is in the novel chemo drug Ibrutinib & how to DIY alternatively & what does it address exactly? (2015-03-10 12:32)

Someone mentioned a chemo drug Ibrutinib so I thought I'd investigate what it does exactly...

I like to see what is in "real" chemo then figure out what element that corresponds to on my Grove Body Part Chart, so I can mimic the process just with something I can do & buy myself...

So I see it is a unique chemo drug that selectively acts on the B class...

Immediately I think of B12, which I know is also Cobalt, or Copal Amber beads, or Taurine & I call it AURUM(the word from the Periodic table)...

Aurum is in the Heart, helps to make seals & valves, & its opposite is POTASSIUM...

I check which "THING" this chemo drug is supposed to attack...

Then I check disorders of that thing-this might hold a confirmation clues...Yes...When the thing that this chemo drug is attacking is in lack, it causes something called "X-linked agammaglobulinemia"...

Ok that means I am in the right body part...The heart...

X linked means it comes from your mother...

GammaGlobulin refers to your Aurum or B12 or Cobalt levels, pick your word...

-INEMIA, the ending of the word means that the B12 is MISSING...

So your Mom didn't eat enough B12 & you were born deficient in B12...

The chemo drug Ibrutinib attacks Cancer in the heart by LOWERING B12 (AURUM) which is in excess...Those people whose Mom maybe ONLY ate red meat...Or they themselves did...

I know Potassium antagonizes Aurum excess...

So I think Ibrutinib is a Potassium drug...

Thymus	Manganese 3 e	Iron 4
Lungs & Lymph Nodes	Titanium 5	Aluminum 6
Heart	Potassium 7	Aurum 8
Kidneys	Carbon 9	Nitrogen 10
Pancreas	Selenium 11	Sulphur 12
Liver	Oxygen 13	Hydrogen 14
Adrenal Gland	Iodine 15	Calcium 16
Spleen	Copper 17	Phosphorus 18 e
Gallbladder	Magnesium 19	Mercury 20

I am getting new business cards made...I use Vistaprint to design my cards online & they ship them to me...This is how I introduce people to my free books online...

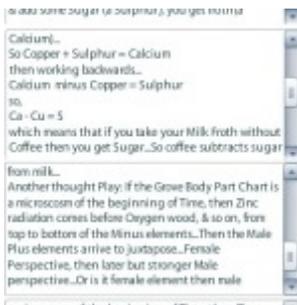
On this card in the picture I have decided to try numbering the elements...I started with Zinc number one, then Lead number 2 & so on...

This allows for 24 chromosomes...I know the human body supposedly has only 23 chromosomes...But I'm a baker's dozen kind of girl so let's add one for fun...

Plus 24 looks better on a binary chart...

Notice Minus elements are Odd numbers...Plus elements are EVEN numbers?

That is neat...Works for my art brain buds...(brain buds are my new term for neurons)...



The picture shows my "GRAB" from my Createspace cover design edit page...I couldn't copy & paste my own words so I had to use the Grab program to get my text back...

I decided the text was off topic a bit for the back of a book cover, so I wanted to delete it...But I wanted to save the text before doing so...

The text is a bit of free form thinking about the chemistry of coffee with sugar in it...or coffee with milk in it...Sugar is Sulphur on our chart by the way...

The second idea is about the beginning of time...An ongoing project of mine...Trying to figure out which elements came first in the world in the beginning of time if the human body & my chart are a microcosm of the progression of things...

Anyways...

Short answer...Hawthorn is a spice that is a Potassium spice...Eat it straight for Potassium...There...You have an alternative to Ibrutinib(I think)...I bet Ibrutinib is made of Hawthorn but really concentrated...Did you know they kill people in jail by injecting them with Potassium? It's a pretty dangerous substance...Hawthorn lowers blood pressure...

It also lowers B12 cobalt Aurum taurine & could cause HCM Hypertrophiccardiomyopathy which means large weak distended heart lowest blood pressure could die of the weakness of it...Which is why raw plant based diet people need sublingual B12 or some real protein once in a while...You will know you are B12 low if you start grinding your teeth...A sign of tooth grinding is sort of receding gums & stains from your tea where the gums receded...

(stupid thing I do:I have a tiny piece of sandpaper attached to a squishy thingy & I can "sand" lightly if I have tea stains on my teeth near to the gum line-saves me trips to the dentist for cleanings though quitting caffeine products works faster BUT I WAS SO TIRED without my tea & coffee...White teeth or energy for long walk? Hmmm?)

Oh...Stevia...The artificial sweetener...Loads of Potassium...Use it in your tea or coffee...Done...

Sari (2015-03-10 12:55:56)

Tamoxifen is similar to the Chinese Dong Quai which is similar to the herb Madagascar Periwinkle which is similar to Kelp tinctures, eating seaweed salads, cooking with sea vegetables like Arame, or taking Iodine either wet or in lodoral pills-these are all Iodine things... Pick your poison! (Warning:Too much Iodine can cause Grave's disease which is too skinny with bulging out eyes...Also early menopause if you aren't there yet...But don't worry...Most women today are so Iodine deficient you won't overdo for a very long time...)

Sari (2015-03-10 13:00:13)

Yes I think the possibility of ingesting even more toxins could be dangerous(I mean by smoking it)...I was thinking of my Frankincense tears, they are nuggets of resin, that you can ignite & they give off the Frankincense into the air as medicine...You can medicate the air you breathe that way but you are not directly inhaling it...Maybe something like CBD Oil incense to make the air quality medicated?

2.3.10 The new improved Grove Body Part Chart with Valences & a Gender row with Molybdenum & Boron! (2015-03-10 22:27)

GroveBodyPartChart-grovecanada2015(here is a small pdf file of the chart below you can download & print if you want)

Grove Body Part Chart

Organ (12)	Minus F Element -	Plus M Element +
Thyroid	-1 Zinc	Lead +1
Thymus	Manganes -2 e	Iron +2
Lungs & Lymph Nodes	Titanium -3	Aluminum +3
Heart	-4 Potassium	Aurum +4
Kidneys	-5 Carbon	Nitrogen +5
Pancreas	-6 Selenium	Sulphur +6
Liver	-7 Oxygen	Hydrogen +7
Adrenal Gland	Iodine -8	Calcium +8
Spleen	Copper -9	Phosphoru s +9
Gallbladder	Magnesi -10 m	Mercury +10
Colon	-11 Fluorine	Bismuth +11
Gender F or M	Boron -12	Molybdenu m +12

I just added Molybdenum
to my Grove Body Part Chart!

Then I have 24 elements which represent
24 chromosomes... (most
literature will tell you only 23, but I
threw one extra in for good
luck)

Molybdenum's partner & opposite in Valence
I decided is Boron...

They live together in the row I call "Gender"

So a man would be Molybdenum dominant...

A woman, Boron dominant...

Both genders have the other element as
a recessive gene...

neat eh?

My books began from this Chart...

Book 1 explains how it works...

In simple terms:

Each body part has 2 elements that live together
as opposites...

If they are in balance, you have health...

Illness is merely an imbalance, that can be
corrected by discovering
what is extra or missing...

adding one element will lower its opposite element...

Minus elements detoxify, Plus elements Feed...

All elements are from the periodic table-I
explain in the books where to
source them in the real world...

Sari (2015-03-10 23:11:52)

Possibly they mean that Graviola might not accidentally kill you, unlike Chemo, which seems to do that every once in a while, which really skews the statistics, so maybe the ad is true!!! (If 10,000 people die every once in a while from chemo, then graviola wins by 10,000 times...I should have been a mathematician!)

Sari (2015-03-10 23:36:28)

Bloodroot is a very strong thing...I'd say drug, because it is drug strength...I think it is something you use if you know you have a problem & have already tried other weaker solutions...The problem with very strong things is you can do a lot of damage to your body...The element from the Periodic table that bloodroot lines up with is Manganese...Manganese things lower iron levels which is very useful in cancers of the blood...The herb Mugwort(Artemisinin, or Artemisia Vulgaris-it has different names) is also a Manganese family element but it is much safer...Japanese medicine uses Mugwort extensively for Cancer treatments including Moxibustion...(they burn the Mugwort on your skin where the problem is)...Dr. Reckeweg of Germany uses Apis in his formulations which is actually from bees...Bees are naturally Manganese...A bee sting will lower Iron levels too...Nuts are Manganese...But I have not taken the bloodroot capsules myself...I looked at them on ebay & decided they were too scary...So my opinion needs a grain of salt added to it...Flaxseed oil is another Manganese...

gads

BlogBook v0.5,
L^AT_EX 2_ε & GNU/Linux.
<http://www.blogbooker.com>

Edited: March 11, 2015

